45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:16:05 | 10km:00:32:14 | 15km: 00:47:52 | 20km:01:03:47 | 21km:01:07:18 | 25km:01:19:58 | 30km:01:36:09 | 35km:01:52:02 | 40km:02:08:10									
1	2	**SZEMEREI Levente**	WARSZAWA		HUN	2000	M20	1	02:15:32	02:15:29	1
2	5	**MEVSHA Mykola**	WARSZAWA		UKR	1994	M20	2	02:16:38	02:16:36	2
		5km:00:16:06 | 10km:00:32:15 | 15km: 00:47:57 | 20km:01:03:50 | 21km:01:07:18 | 25km:01:19:59 | 30km:01:36:02 | 35km:01:52:08 | 40km:02:08:55									
3	6	**SHAFAR Vitalyi**	WARSZAWA		UKR	1982	M40	1	02:16:53	02:16:51	3
		5km:00:15:38 | 10km:00:31:43 | 15km: 00:47:46 | 20km:01:03:48 | 21km:01:07:18 | 25km:01:19:58 | 30km:01:36:02 | 35km:01:52:16 | 40km:02:09:15									
4	17	**OLEJARZ Artur**	WARSZAWA	MKL Szczecin	POL	1988	M30	1	02:17:48	02:17:45	4
		5km:00:16:06 | 10km:00:32:15 | 15km: 00:48:07 | 20km:01:04:07 | 21km:01:07:37 | 25km:01:20:17 | 30km:01:36:39 | 35km:01:53:05 | 40km:02:10:17									
5	16	**NASH Dan**	WARSZAWA		GBR	1994	M20	3	02:19:19	02:19:16	5
		5km:00:16:30 | 10km:00:33:06 | 15km: 00:49:41 | 20km:01:06:13 | 21km:01:09:49 | 25km:01:22:47 | 30km:01:39:22 | 35km:01:55:27 | 40km:02:12:03									
6	13	**NOEL Enzo**	WARSZAWA		BEL	1995	M20	4	02:19:57	02:19:56	6
		5km:00:16:15 | 10km:00:33:09 | 15km: 00:49:46 | 20km:01:06:35 | 21km:01:10:14 | 25km:01:23:25 | 30km:01:40:08 | 35km:01:56:29 | 40km:02:12:56									
7	14	**ZARADZKI Yohan**	WARSZAWA		BEL	1994	M20	5	02:20:06	02:20:05	7
		5km:00:16:15 | 10km:00:33:08 | 15km: 00:49:44 | 20km:01:06:36 | 21km:01:10:13 | 25km:01:23:25 | 30km:01:40:06 | 35km:01:56:29 | 40km:02:12:55									
8	10	**KELLER David**	WARSZAWA	TV Oerlikon	SUI	1992	M30	2	02:21:29	02:21:27	8
		5km:00:17:00 | 10km:00:34:08 | 15km: 00:50:49 | 20km:01:07:28 | 21km:01:11:06 | 25km:01:24:14 | 30km:01:41:05 | 35km:01:57:31 | 40km:02:14:20									
9	9	**GEMPERLI Elias**	WARSZAWA	LC Franenfield / Hoka	SUI	1995	M20	6	02:24:41	02:24:39	9
		5km:00:17:03 | 10km:00:34:19 | 15km: 00:51:04 | 20km:01:08:17 | 21km:01:11:47 | 25km:01:24:48 | 30km:01:41:53 | 35km:01:58:50 | 40km:02:16:43									
10	1	**JENKEI Peter**	WARSZAWA		HUN	1992	M30	3	02:26:32	02:26:30	10
		5km:00:16:51 | 10km:00:34:09 | 15km: 00:50:58 | 20km:01:08:04 | 21km:01:11:47 | 25km:01:25:23 | 30km:01:43:00 | 35km:02:00:40 | 40km:02:18:43									
11	7095	**CAREY Andrew**	GLASGOW	Cambuslang Harriers	GBR	2001	M20	7	02:27:46	02:27:44	11
		5km:00:18:25 | 10km:00:36:19 | 15km: 00:53:47 | 20km:01:11:02 | 21km:01:14:45 | 25km:01:28:16 | 30km:01:45:36 | 35km:02:02:44 | 40km:02:20:04									
12	6255	**POCZWARDOWSKI Kamil**	SZCZUTOWO	Szczutowo Biega	POL	1984	M30	4	02:28:31	02:28:29	12
		5km:00:17:56 | 10km:00:36:01 | 15km: 00:53:23 | 20km:01:10:33 | 21km:01:14:20 | 25km:01:28:09 | 30km:01:45:36 | 35km:02:02:43 | 40km:02:20:23									
13	7788	**KUŁAK Piotr**	KRAKÓW	UKS Chempion Bełchatów	POL	1989	M30	5	02:29:38	02:29:36	13
		5km:00:17:31 | 10km:00:35:12 | 15km: 00:52:48 | 20km:01:10:31 | 21km:01:14:20 | 25km:01:28:13 | 30km:01:45:57 | 35km:02:03:50 | 40km:02:22:00									
14	3529	**ŻUCHOWSKI Daniel**	KRAKÓW	PGE Energetic Running	POL	1988	M30	5	02:29:39	02:29:36	13
		5km:00:17:30 | 10km:00:35:11 | 15km: 00:52:46 | 20km:01:10:28 | 21km:01:14:19 | 25km:01:28:09 | 30km:01:45:56 | 35km:02:03:49 | 40km:02:21:58									
15	8071	**ŁAGUNA Kacper**	WARSZAWA		POL	1988	M30	7	02:31:07	02:31:04	15
		5km:00:17:19 | 10km:00:35:07 | 15km: 00:52:47 | 20km:01:10:30 | 21km:01:14:19 | 25km:01:28:11 | 30km:01:45:56 | 35km:02:03:51 | 40km:02:22:33									
16	2277	**MACKRELL Peter**	BURNLEY	Clayton-Le-Moors Harriers	GBR	1982	M40	2	02:32:47	02:32:45	16
		5km:00:17:45 | 10km:00:35:12 | 15km: 00:52:47 | 20km:01:10:30 | 21km:01:14:20 | 25km:01:28:10 | 30km:01:46:24 | 35km:02:05:08 | 40km:02:24:17									
17	19	**JAGIELSKA Ewa**	WARSZAWA	FUZ Internet	POL	1982	K40	1	02:34:43	02:34:41	1
		5km:00:18:27 | 10km:00:36:39 | 15km: 00:54:41 | 20km:01:12:48 | 21km:01:16:43 | 25km:01:30:51 | 30km:01:49:07 | 35km:02:07:11 | 40km:02:26:14									
18	51	**KOPEĆ Wojciech**	OLSZTYNEK	Kopcioge Team	POL	1986	M30	8	02:34:43	02:34:41	17
		5km:00:18:26 | 10km:00:36:38 | 15km: 00:54:40 | 20km:01:12:47 | 21km:01:16:43 | 25km:01:30:50 | 30km:01:49:07 | 35km:02:07:10 | 40km:02:26:14									
19	3031	**BUCKLE Stephen**	DUNSTABLE		GBR	1981	M40	3	02:35:02	02:34:59	18
		5km:00:18:17 | 10km:00:36:38 | 15km: 00:54:41 | 20km:01:12:46 | 21km:01:16:41 | 25km:01:31:33 | 30km:01:49:57 | 35km:02:08:17 | 40km:02:26:51									
20	6114	**PYRZAK Paweł**	WARSZAWA	Bieganiepo40.pl	POL	1985	M30	9	02:36:43	02:36:40	19
		5km:00:18:35 | 10km:00:37:26 | 15km: 00:56:12 | 20km:01:14:45 | 21km:01:18:43 | 25km:01:32:57 | 30km:01:51:14 | 35km:02:09:25 | 40km:02:28:25									
21	8	**NYZHNYK Olga**	WARSZAWA		UKR	1990	K30	1	02:37:09	02:37:07	2
		5km:00:18:26 | 10km:00:36:39 | 15km: 00:54:42 | 20km:01:12:49 | 21km:01:16:43 | 25km:01:30:50 | 30km:01:49:15 | 35km:02:08:14 | 40km:02:28:24									
22	7	**NEMCHENKO Marina**	WARSZAWA		UKR	1996	K20	1	02:38:14	02:38:12	3
		5km:00:18:25 | 10km:00:36:39 | 15km: 00:54:42 | 20km:01:12:47 | 21km:01:16:43 | 25km:01:30:51 | 30km:01:49:20 | 35km:02:08:45 | 40km:02:29:02									
23	3060	**TYMIŃSKI Paweł**	MIŃSK MAZOWIECKI		POL	1983	M40	4	02:39:25	02:39:21	20
		5km:00:18:57 | 10km:00:38:09 | 15km: 00:56:56 | 20km:01:15:42 | 21km:01:19:45 | 25km:01:34:19 | 30km:01:53:04 | 35km:02:11:45 | 40km:02:30:47									
24	8070	**BORAWSKI Paweł**	PUCK		POL	1986	M30	10	02:40:47	02:40:44	21
		5km:00:18:55 | 10km:00:38:10 | 15km: 00:56:58 | 20km:01:15:43 | 21km:01:19:46 | 25km:01:34:21 | 30km:01:53:09 | 35km:02:12:00 | 40km:02:31:45									
25	3800	**SMITH Jonathan**	THAMES DITTON	Ranelagh Harriers	GBR	1985	M30	11	02:41:25	02:41:12	22
		5km:00:18:47 | 10km:00:38:01 | 15km: 00:56:49 | 20km:01:15:56 | 21km:01:20:03 | 25km:01:35:09 | 30km:01:54:23 | 35km:02:13:53 | 40km:02:33:06									
26	3474	**RYCHLICZEK Cristian**	LINS		BRA	1991	M30	12	02:41:30	02:41:28	23
		5km:00:19:08 | 10km:00:38:30 | 15km: 00:57:21 | 20km:01:16:14 | 21km:01:20:22 | 25km:01:35:17 | 30km:01:53:59 | 35km:02:12:35 | 40km:02:32:30									
27	2510	**ZAWADZKI Wit**	BIESTRZYKÓW	MATNER RUNNING TEAM	POL	1981	M40	5	02:42:33	02:42:30	24
		5km:00:18:33 | 10km:00:37:27 | 15km: 00:56:20 | 20km:01:15:20 | 21km:01:19:25 | 25km:01:34:13 | 30km:01:53:28 | 35km:02:12:48 | 40km:02:33:25									
28	15	**VANDENBUSSCHE Hanna**	WARSZAWA		BEL	1987	K30	2	02:42:34	02:42:32	4
		5km:00:18:26 | 10km:00:37:10 | 15km: 00:55:49 | 20km:01:14:38 | 21km:01:18:43 | 25km:01:33:08 | 30km:01:52:25 | 35km:02:12:28 | 40km:02:33:13									
29	6217	**KOLMAJER Rafał**	BYDGOSZCZ	TEAMOCHAL	POL	1981	M40	6	02:42:52	02:42:48	25
		5km:00:19:04 | 10km:00:38:23 | 15km: 00:57:21 | 20km:01:16:14 | 21km:01:20:24 | 25km:01:35:28 | 30km:01:54:53 | 35km:02:14:16 | 40km:02:34:11									
30	5138	**FARROW Adam**	LONDON		GBR	1995	M20	8	02:43:10	02:43:07	26
		5km:00:19:07 | 10km:00:38:13 | 15km: 00:56:59 | 20km:01:15:43 | 21km:01:19:47 | 25km:01:34:21 | 30km:01:53:08 | 35km:02:11:59 | 40km:02:34:12									
31	8087	**MARYSIAK Adam**	ŻAGAŃ	34 bkpnc	POL	1988	M30	13	02:43:25	02:43:24	27
		5km:00:17:58 | 10km:00:36:40 | 15km: 00:54:42 | 20km:01:12:49 | 21km:01:16:45 | 25km:01:31:16 | 30km:01:51:27 | 35km:02:12:16 | 40km:02:34:03									
32	3375	**MAZUREK Paweł**	LUBLIN	Sii Running Team	POL	1980	M40	7	02:43:28	02:43:25	28
		5km:00:19:10 | 10km:00:38:24 | 15km: 00:57:21 | 20km:01:16:19 | 21km:01:20:28 | 25km:01:35:36 | 30km:01:54:56 | 35km:02:14:18 | 40km:02:34:33									
33	3	**ERDELYI Zsofia**	WARSZAWA		HUN	1987	K30	3	02:43:35	02:43:32	5
		5km:00:19:07 | 10km:00:38:29 | 15km: 00:57:25 | 20km:01:16:13 | 21km:01:20:21 | 25km:01:35:29 | 30km:01:54:39 | 35km:02:14:21 | 40km:02:35:00									
34	18	**COLIVA Benedetta**	WARSZAWA	Lammari	ITA	2001	K20	2	02:44:02	02:43:59	6
		5km:00:18:25 | 10km:00:37:20 | 15km: 00:56:16 | 20km:01:15:21 | 21km:01:19:32 | 25km:01:35:07 | 30km:01:54:54 | 35km:02:14:46 | 40km:02:35:01									
35	7811	**WOTH Michael**	MUNICH	adidas Runners Munich	GER	1982	M40	8	02:44:11	02:44:06	29
		5km:00:18:56 | 10km:00:38:08 | 15km: 00:57:21 | 20km:01:16:21 | 21km:01:20:36 | 25km:01:35:54 | 30km:01:55:16 | 35km:02:14:41 | 40km:02:35:08									
36	12019	**GRABOWIEC Arkadiusz**	WARSZAWA	Power Training	POL	2000	M20	9	02:44:21	02:44:17	30
		5km:00:18:34 | 10km:00:37:50 | 15km: 00:56:59 | 20km:01:16:16 | 21km:01:20:32 | 25km:01:35:37 | 30km:01:55:07 | 35km:02:14:58 | 40km:02:35:30									
37	7045	**ZAWIERUCHA Hubert**	BIELINY	Dream Team Wokół Łysej Góry	POL	1987	M30	15	02:44:24	02:44:21	31
		5km:00:19:59 | 10km:00:39:48 | 15km: 00:59:19 | 20km:01:18:46 | 21km:01:22:58 | 25km:01:38:05 | 30km:01:57:23 | 35km:02:16:31 | 40km:02:35:59									
38	3218	**ANTROPIKAS Robertas**	VILNIUS	Love Streams Running	LTU	1989	M30	14	02:44:26	02:44:20	32
		5km:00:19:25 | 10km:00:38:47 | 15km: 00:58:11 | 20km:01:17:41 | 21km:01:21:51 | 25km:01:37:04 | 30km:01:56:37 | 35km:02:16:08 | 40km:02:35:49									
39	6207	**ZYCH Mariusz**	WARSZAWA	Biegaj Pod Okiem Tenera	POL	1981	M40	9	02:44:27	02:44:21	33
		5km:00:19:49 | 10km:00:39:27 | 15km: 00:58:57 | 20km:01:18:23 | 21km:01:22:37 | 25km:01:37:33 | 30km:01:56:44 | 35km:02:16:05 | 40km:02:35:50									
40	6556	**DOL Eric**	LONDON		GBR	1989	M30	16	02:45:47	02:45:43	34
		5km:00:19:30 | 10km:00:39:14 | 15km: 00:59:17 | 20km:01:18:50 | 21km:01:23:02 | 25km:01:38:21 | 30km:01:58:00 | 35km:02:17:19 | 40km:02:37:04									
41	7222	**BAL Jakub**	KRAKÓW		POL	1989	M30	17	02:46:01	02:45:59	35
		5km:00:19:07 | 10km:00:38:11 | 15km: 00:56:59 | 20km:01:15:43 | 21km:01:19:48 | 25km:01:34:23 | 30km:01:53:29 | 35km:02:13:51 | 40km:02:36:15									
42	8068	**MARIAŃSKI Piotr**	SIERPC		POL	1985	M30	18	02:46:08	02:46:04	36
		5km:00:19:50 | 10km:00:39:43 | 15km: 00:59:17 | 20km:01:18:46 | 21km:01:22:57 | 25km:01:38:05 | 30km:01:57:20 | 35km:02:16:42 | 40km:02:36:53									
43	5019	**KARDAS Arkadiusz**	SIEMIANOWICE ŚLĄSKIE	TS AKS ChoRzów	POL	1989	M30	19	02:46:46	02:46:44	37
		5km:00:18:57 | 10km:00:38:13 | 15km: 00:57:01 | 20km:01:16:17 | 21km:01:20:29 | 25km:01:35:30 | 30km:01:55:21 | 35km:02:15:11 | 40km:02:37:08									
44	8065	**GAWLIK Sławek**	KRAKÓW	DYNAFIT TEAM POLAND	POL	1984	M30	20	02:47:08	02:47:05	38
		5km:00:18:59 | 10km:00:38:54 | 15km: 00:58:54 | 20km:01:18:47 | 21km:01:22:59 | 25km:01:38:09 | 30km:01:57:38 | 35km:02:17:37 | 40km:02:38:16									
45	2858	**KĘPKA Adrian**	WIEKOWO	Darłowskie Charty	POL	1995	M20	10	02:47:18	02:47:13	39
		5km:00:19:25 | 10km:00:38:53 | 15km: 00:58:21 | 20km:01:17:55 | 21km:01:22:09 | 25km:01:37:39 | 30km:01:57:38 | 35km:02:17:56 | 40km:02:38:42									
46	7374	**ŚLUSARSKI Przemysław**	BYDGOSZCZ		POL	1984	M30	21	02:47:22	02:47:16	40
		5km:00:19:29 | 10km:00:38:54 | 15km: 00:58:00 | 20km:01:17:22 | 21km:01:21:32 | 25km:01:36:54 | 30km:01:56:44 | 35km:02:16:54 | 40km:02:38:07									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:19:57 | 10km:00:39:52 | 15km: 00:59:38 | 20km:01:19:15 | 21km:01:23:29 | 25km:01:38:46 | 30km:01:58:24 | 35km:02:17:59 | 40km:02:38:21									
47	8085	**WYCHOWAŁEK Martyna**	ŁÓDŹ	#PLANBIEGANIE	POL	1994	K20	3	02:47:31	02:47:26	7
		5km:00:18:34 | 10km:00:37:32 | 15km: 00:56:53 | 20km:01:16:15 | 21km:01:20:26 | 25km:01:35:42 | 30km:01:55:52 | 35km:02:16:27 | 40km:02:38:11									
48	6357	**DROB Marek**	URSZULIN	Banda Grudnia	POL	1986	M30	22	02:47:44	02:47:40	41
		5km:00:19:37 | 10km:00:40:01 | 15km: 00:59:59 | 20km:01:19:38 | 21km:01:23:46 | 25km:01:38:46 | 30km:01:58:23 | 35km:02:17:59 | 40km:02:38:40									
49	4156	**NIEDŹWIADEK Kamil**	WARSZAWA	Niedźwiadki Running Team	POL	1989	M30	23	02:47:51	02:47:47	42
		5km:00:19:53 | 10km:00:39:50 | 15km: 00:59:37 | 20km:01:19:14 | 21km:01:23:28 | 25km:01:38:45 | 30km:01:58:23 | 35km:02:17:59 | 40km:02:38:42									
50	4086	**WOJEWODA Marcin**	KOŁO	Koło Biega	POL	1981	M40	10	02:47:55	02:47:49	43
		5km:00:20:04 | 10km:00:40:17 | 15km: 01:00:16 | 20km:01:20:03 | 21km:01:24:20 | 25km:01:39:51 | 30km:01:59:43 | 35km:02:19:31 | 40km:02:39:34									
51	7840	**MALINOWSKI Piotr**	WARSZAWA	NatWest Running Team	POL	1985	M30	24	02:48:18	02:48:13	44
		5km:00:18:44 | 10km:00:38:26 | 15km: 00:57:52 | 20km:01:17:35 | 21km:01:21:54 | 25km:01:37:33 | 30km:01:57:41 | 35km:02:17:53 | 40km:02:38:56									
52	11	**CLERC-BEKELE Alemitu**	WARSZAWA		SUI	1976	K40	2	02:48:29	02:48:27	8
		5km:00:20:13 | 10km:00:40:34 | 15km: 01:00:36 | 20km:01:20:37 | 21km:01:25:01 | 25km:01:40:36 | 30km:02:00:32 | 35km:02:20:20 | 40km:02:40:02									
53	7239	**TRAWIŃSKI Andrzej**	WARSZAWA	JTENDO	POL	1975	M40	11	02:48:36	02:48:29	45
		5km:00:20:14 | 10km:00:40:23 | 15km: 01:00:18 | 20km:01:20:05 | 21km:01:24:22 | 25km:01:39:52 | 30km:01:59:43 | 35km:02:19:32 | 40km:02:39:34									
54	7445	**MLĄCKI Alan**	KOŁBIEL	Team Kopeć	POL	1992	M30	25	02:48:36	02:48:32	46
		5km:00:20:31 | 10km:00:40:47 | 15km: 01:00:24 | 20km:01:20:01 | 21km:01:24:14 | 25km:01:39:34 | 30km:01:59:26 | 35km:02:19:18 | 40km:02:39:49									
55	6471	**RYBCZAK Paweł**	WARSZAWA	ACCENTURE	POL	1988	M30	26	02:48:47	02:48:40	47
		5km:00:19:49 | 10km:00:39:43 | 15km: 00:59:20 | 20km:01:18:49 | 21km:01:23:00 | 25km:01:38:13 | 30km:01:57:33 | 35km:02:17:17 | 40km:02:39:03									
56	6554	**TURBAK Paweł**	SULĘCIN	Turbak Running Team	POL	1999	M20	11	02:48:47	02:48:42	48
		5km:00:20:14 | 10km:00:40:28 | 15km: 01:00:31 | 20km:01:20:40 | 21km:01:25:01 | 25km:01:40:37 | 30km:02:00:32 | 35km:02:20:13 | 40km:02:40:09									
57	10400	**KONOPKO Joanna**	SUWAŁKI		POL	1988	K30	4	02:48:53	02:48:46	9
		5km:00:20:17 | 10km:00:40:30 | 15km: 01:00:31 | 20km:01:20:40 | 21km:01:25:01 | 25km:01:40:38 | 30km:02:00:33 | 35km:02:20:17 | 40km:02:40:15									
58	8020	**WINIARSKI Michał**	WARSZAWA	Kondycja Piaseczno	POL	1985	M30	27	02:49:03	02:48:57	49
		5km:00:19:05 | 10km:00:38:27 | 15km: 00:57:51 | 20km:01:17:52 | 21km:01:22:15 | 25km:01:38:10 | 30km:01:58:32 | 35km:02:19:01 | 40km:02:40:04									
59	5066	**WU Chi Ming**	LONDON		HKG	1976	M40	12	02:49:12	02:49:08	50
		5km:00:21:09 | 10km:00:42:12 | 15km: 01:03:00 | 20km:01:23:54 | 21km:01:28:01 | 25km:01:42:57 | 30km:02:02:19 | 35km:02:21:41 | 40km:02:41:05									
60	6285	**WAWRZYNEK Łukasz**	KRĘCZKI	STELLANTIS ACTIVE TEAM	POL	1991	M30	28	02:49:26	02:49:17	51
		5km:00:18:32 | 10km:00:37:50 | 15km: 00:57:08 | 20km:01:16:46 | 21km:01:21:01 | 25km:01:36:48 | 30km:01:57:21 | 35km:02:18:08 | 40km:02:39:55									
61	6346	**RATCLIFFE Jonathan**	LONDON	Herne Hill Harriers	GBR	1967	M50	1	02:49:26	02:49:21	52
		5km:00:19:04 | 10km:00:38:27 | 15km: 00:57:45 | 20km:01:17:18 | 21km:01:21:33 | 25km:01:36:56 | 30km:01:57:01 | 35km:02:17:05 | 40km:02:39:58									
62	2620	**EGIERSZDORFF Filip**	LONDYN	The Stragglers	POL	1976	M40	13	02:49:28	02:49:24	53
		5km:00:20:00 | 10km:00:40:18 | 15km: 01:00:27 | 20km:01:20:29 | 21km:01:24:50 | 25km:01:40:29 | 30km:02:00:38 | 35km:02:20:31 | 40km:02:40:50									
63	4119	**YI Li**	PALO ALTO	BURN	USA	1971	M50	2	02:49:37	02:49:32	54
		5km:00:20:18 | 10km:00:40:50 | 15km: 01:00:59 | 20km:01:20:40 | 21km:01:25:05 | 25km:01:40:47 | 30km:02:00:40 | 35km:02:20:32 | 40km:02:40:50									
64	12	**MEILI Rahel**	WARSZAWA	STB Leichtathletic	SUI	1990	K30	5	02:49:47	02:49:43	10
		5km:00:19:56 | 10km:00:40:08 | 15km: 00:59:58 | 20km:01:19:36 | 21km:01:23:58 | 25km:01:39:42 | 30km:01:59:40 | 35km:02:19:47 | 40km:02:40:37									
65	5145	**PERRINS Ian**	LONDON		GBR	1985	M30	29	02:49:50	02:49:42	55
		5km:00:19:04 | 10km:00:39:07 | 15km: 00:58:58 | 20km:01:18:42 | 21km:01:22:59 | 25km:01:38:34 | 30km:01:58:48 | 35km:02:19:16 | 40km:02:40:42									
66	7465	**ROJEWSKI Paweł**	ŁÓDŹ	EVErRUN	POL	1987	M30	30	02:50:12	02:50:03	56
		5km:00:19:09 | 10km:00:38:22 | 15km: 00:57:22 | 20km:01:16:18 | 21km:01:20:27 | 25km:01:35:36 | 30km:01:56:02 | 35km:02:17:14 | 40km:02:40:36									
67	6567	**KALIŃSKI Przemysław**	WARSZAWA	Biegaj z Ursusem	POL	1982	M40	14	02:50:20	02:50:16	57
		5km:00:20:03 | 10km:00:40:35 | 15km: 01:00:50 | 20km:01:20:56 | 21km:01:25:16 | 25km:01:41:02 | 30km:02:01:15 | 35km:02:21:22 | 40km:02:41:51									
68	4378	**MROCZEK Marek**	KRAKÓW		POL	1984	M30	31	02:50:47	02:50:39	58
		5km:00:19:50 | 10km:00:39:57 | 15km: 01:00:00 | 20km:01:20:03 | 21km:01:24:25 | 25km:01:40:11 | 30km:02:00:23 | 35km:02:20:29 | 40km:02:41:25									
69	7198	**KRZESZEWSKI Rafał**	WARSZAWA	Biegaj Pod Okiem Trenera	POL	1990	M30	32	02:50:54	02:50:48	59
		5km:00:19:35 | 10km:00:39:34 | 15km: 00:59:22 | 20km:01:19:11 | 21km:01:23:39 | 25km:01:39:51 | 30km:02:00:42 | 35km:02:21:36 | 40km:02:42:45									
70	8086	**ŚLĘCZKA Damian**	RZESZÓW	Podkarpacka Okręgowa Izba Inżynierów Budownictwa	POL	1980	M40	16	02:50:59	02:50:55	60
		5km:00:19:56 | 10km:00:39:49 | 15km: 00:59:29 | 20km:01:19:09 | 21km:01:23:24 | 25km:01:40:02 | 30km:02:00:03 | 35km:02:20:20 | 40km:02:41:24									
71	5279	**SOBCZAK Tomasz**	BRZEG DOLNY		POL	1981	M40	15	02:51:08	02:50:54	61
		5km:00:20:32 | 10km:00:40:54 | 15km: 01:01:05 | 20km:01:21:04 | 21km:01:25:23 | 25km:01:41:08 | 30km:02:00:54 | 35km:02:20:33 | 40km:02:41:32									
72	3934	**DOLBY Shaun**	STOCKTON-ON-TEES		GBR	1990	M30	33	02:51:17	02:51:09	62
		5km:00:20:25 | 10km:00:40:48 | 15km: 01:01:09 | 20km:01:21:31 | 21km:01:25:59 | 25km:01:42:00 | 30km:02:02:19 | 35km:02:22:08 | 40km:02:42:26									
73	5264	**KOWALCZYK Piotr**	WARSZAWA	KAZIKI	POL	1981	M40	17	02:51:22	02:51:15	63
		5km:00:20:04 | 10km:00:40:17 | 15km: 01:00:16 | 20km:01:20:03 | 21km:01:24:20 | 25km:01:39:51 | 30km:01:59:43 | 35km:02:19:31 | 40km:02:39:34									
74	4210	**VAHTER Kait**	TALLINN	TREENING PARTNER	EST	1976	M40	18	02:51:56	02:51:53	64
		5km:00:19:53 | 10km:00:39:50 | 15km: 00:59:37 | 20km:01:19:14 | 21km:01:23:28 | 25km:01:38:45 | 30km:01:58:23 | 35km:02:17:59 | 40km:02:38:42									
75	7986	**WÓJCIK Krzysztof**	WARSZAWA	Klub Sportowy Atleta	POL	1991	M30	34	02:52:07	02:52:00	65
		5km:00:20:01 | 10km:00:40:14 | 15km: 01:00:16 | 20km:01:20:05 | 21km:01:24:26 | 25km:01:40:11 | 30km:02:00:21 | 35km:02:20:36 | 40km:02:41:41									
76	10708	**KOZUB Adrian**	DALESZYCE	DREAM TEAM WOKÓŁ ŁYSEJ GÓRY	POL	1992	M30	35	02:52:18	02:52:10	66
		5km:00:20:15 | 10km:00:40:36 | 15km: 01:00:54 | 20km:01:20:47 | 21km:01:25:08 | 25km:01:40:59 | 30km:02:01:18 | 35km:02:21:47 | 40km:02:43:09									
77	2247	**LESZCZYŃSKI Mateusz**	KRAKÓW		POL	1989	M30	37	02:52:35	02:52:30	67
		5km:00:19:07 | 10km:00:38:24 | 15km: 00:57:46 | 20km:01:17:20 | 21km:01:21:31 | 25km:01:36:55 | 30km:01:57:46 | 35km:02:19:23 | 40km:02:42:27									
78	7684	**MCCLUNG Joshua**	BIRMINGHAM		USA	1984	M30	36	02:52:35	02:52:28	68
		5km:00:19:10 | 10km:00:38:40 | 15km: 00:58:18 | 20km:01:18:17 | 21km:01:22:40 | 25km:01:38:34 | 30km:01:59:46 | 35km:02:21:06 | 40km:02:43:34									
79	13028	**RUDNIKOWSKI Maciej**	DARŁOWO	Darłowskie Charty / bieguzdrowiskowy.pl	POL	1974	M40	19	02:52:53	02:52:48	69
		5km:00:20:53 | 10km:00:41:50 | 15km: 01:02:25 | 20km:01:23:00 | 21km:01:27:29 | 25km:01:43:24 | 30km:02:03:34 | 35km:02:23:24 | 40km:02:43:50									
80	3477	**JANKOWSKI Mateusz**	ELBLĄG	Godlewski Runners	POL	1991	M30	38	02:52:58	02:52:51	70
		5km:00:20:38 | 10km:00:41:24 | 15km: 01:01:58 | 20km:01:22:29 | 21km:01:26:57 | 25km:01:42:59 | 30km:02:03:32 | 35km:02:23:39 | 40km:02:44:03									
81	10701	**ŁOSAK Adrian**	DALESZYCE	DREAM TEAM WOKÓŁ ŁYSEJ GÓRY	POL	1981	M40	20	02:52:59	02:52:52	71
		5km:00:20:17 | 10km:00:40:48 | 15km: 01:01:06 | 20km:01:21:31 | 21km:01:26:01 | 25km:01:42:04 | 30km:02:02:24 | 35km:02:22:36 | 40km:02:43:39									
82	12054	**OLBRYCH Bartłomiej**	BINAROWA	KS Ryglice Sekcja Biegowa	POL	1987	M30	39	02:53:07	02:53:02	72
		5km:00:17:30 | 10km:00:35:51 | 15km: 00:54:25 | 20km:01:14:01 | 21km:01:18:24 | 25km:01:34:46 | 30km:01:57:05 | 35km:02:19:17 | 40km:02:42:38									
83	5032	**KRZYSZTOŃ Mateusz**	ŻYRZYN	Gloria Victis	POL	1988	M30	40	02:53:07	02:53:05	73
		5km:00:20:42 | 10km:00:41:31 | 15km: 01:01:58 | 20km:01:22:13 | 21km:01:26:34 | 25km:01:42:19 | 30km:02:02:19 | 35km:02:23:48 | 40km:02:44:42									
84	6280	**GRZESZKOWIAK Wojciech**	SZCZECIN	ROWERPLUS.PL	POL	1987	M30	41	02:53:18	02:53:09	74
		5km:00:20:17 | 10km:00:40:42 | 15km: 01:01:00 | 20km:01:21:20 | 21km:01:25:48 | 25km:01:41:56 | 30km:02:02:25 | 35km:02:22:48 | 40km:02:44:15									
85	13022	**BORYSIUK Arkadiusz**	KAMIEŃ POMORSKI	Elite Nieruchomości	POL	1986	M30	42	02:53:31	02:53:29	75
		5km:00:20:59 | 10km:00:41:56 | 15km: 01:02:48 | 20km:01:23:27 | 21km:01:27:59 | 25km:01:44:10 | 30km:02:04:43 | 35km:02:25:02 | 40km:02:45:08									
86	3279	**DĄBEK Kamil**	MIĘDZYCHÓD	Biegacze na haju/12tri.pl	POL	1994	M20	12	02:53:43	02:53:38	76
		5km:00:20:05 | 10km:00:40:24 | 15km: 01:00:35 | 20km:01:20:43 | 21km:01:25:07 | 25km:01:40:46 | 30km:02:01:23 | 35km:02:22:10 | 40km:02:43:55									
87	3990	**ŁOBODA Łukasz**	RABA WYŻNA	Centrum Edukacji i Sportu Ellida	POL	1977	M40	22	02:53:49	02:53:46	77
		5km:00:19:24 | 10km:00:39:35 | 15km: 00:59:59 | 20km:01:20:20 | 21km:01:24:43 | 25km:01:40:37 | 30km:02:01:16 | 35km:02:22:11 | 40km:02:44:13									
88	10629	**LEWDOROWICZ Wojciech**	KADY	Sam Sobie Klubem	POL	1977	M40	21	02:53:56	02:53:45	78
		5km:00:20:26 | 10km:00:40:58 | 15km: 01:01:30 | 20km:01:22:03 | 21km:01:26:32 | 25km:01:42:42 | 30km:02:03:20 | 35km:02:23:41 | 40km:02:44:37									
89	4190	**WĘGLARZ Waldemar**	RABKA-ZDRÓJ		POL	1977	M40	23	02:53:56	02:53:48	79
		5km:00:20:26 | 10km:00:40:50 | 15km: 01:01:19 | 20km:01:21:45 | 21km:01:26:10 | 25km:01:42:16 | 30km:02:02:51 | 35km:02:23:32 | 40km:02:45:00									
90	10616	**FLORCZAK Adam**	ŁÓDŹ		POL	1979	M40	24	02:54:07	02:54:02	80
		5km:00:19:33 | 10km:00:39:32 | 15km: 00:59:16 | 20km:01:18:49 | 21km:01:23:01 | 25km:01:38:22 | 30km:01:58:30 | 35km:02:19:49 | 40km:02:43:55									
91	8069	**WIKTORSKI Mieszko**	WROCŁAW		POL	1981	M40	25	02:54:11	02:54:06	81
		5km:00:20:45 | 10km:00:41:10 | 15km: 01:01:38 | 20km:01:22:44 | 21km:01:27:10 | 25km:01:43:14 | 30km:02:03:38 | 35km:02:24:15 | 40km:02:45:16									
92	7054	**KRÓL Dawid**	PRZYSZOWA		POL	1998	M20	13	02:54:31	02:54:15	82

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:20:54 | 10km:00:41:53 | 15km: 01:02:39 | 20km:01:23:29 | 21km:01:27:59 | 25km:01:44:12 | 30km:02:04:58 | 35km:02:24:58 | 40km:02:45:33									
93	8088	**PRZYWARA Piotr**	BUDY GŁOGOWSKIE	Mtu Aero Engines Polska	POL	1982	M40	26	02:54:41	02:54:35	83
		5km:00:20:03 | 10km:00:40:08 | 15km: 00:59:57 | 20km:01:20:00 | 21km:01:24:20 | 25km:01:40:48 | 30km:02:01:17 | 35km:02:22:24 | 40km:02:44:47									
94	2569	**KOŁAKOWSKI Marek**	ZAMBRÓW		POL	2003	M20	14	02:54:55	02:54:47	84
		5km:00:20:03 | 10km:00:40:38 | 15km: 01:01:19 | 20km:01:21:40 | 21km:01:26:06 | 25km:01:42:14 | 30km:02:02:44 | 35km:02:23:10 | 40km:02:45:06									
95	10120	**PIASTA Dariusz**	WARSZAWA		POL	1972	M50	3	02:54:56	02:54:47	84
		5km:00:20:19 | 10km:00:40:48 | 15km: 01:01:33 | 20km:01:22:07 | 21km:01:26:35 | 25km:01:42:46 | 30km:02:03:24 | 35km:02:24:00 | 40km:02:45:31									
96	7589	**BANEVICIUS Martynas**	VILNIUS		LTU	1994	M20	14	02:54:56	02:54:47	84
		5km:00:20:43 | 10km:00:41:21 | 15km: 01:01:29 | 20km:01:21:45 | 21km:01:26:08 | 25km:01:42:03 | 30km:02:02:27 | 35km:02:23:11 | 40km:02:45:15									
97	15548	**SZARŁOWICZ Jakub**	KATOWICE	EY Runners | ULKS Lipinki	POL	1991	M30	43	02:54:59	02:54:54	87
		5km:00:20:11 | 10km:00:40:40 | 15km: 01:01:01 | 20km:01:21:26 | 21km:01:25:55 | 25km:01:41:59 | 30km:02:02:34 | 35km:02:23:39 | 40km:02:45:39									
98	7116	**BRESKA Daniel**	BYTÓW		POL	1976	M40	27	02:54:59	02:54:52	88
		5km:00:19:31 | 10km:00:39:15 | 15km: 00:59:19 | 20km:01:19:34 | 21km:01:24:02 | 25km:01:40:08 | 30km:02:01:04 | 35km:02:22:23 | 40km:02:45:07									
99	6610	**SNAITH Rob**	BEVERLEY	East Hull Harriers	GBR	1979	M40	28	02:55:04	02:54:54	89
		5km:00:20:53 | 10km:00:41:52 | 15km: 01:02:39 | 20km:01:23:28 | 21km:01:27:58 | 25km:01:44:13 | 30km:02:04:56 | 35km:02:25:40 | 40km:02:46:13									
100	2695	**WEBBER Daniel**	MILTON KEYNES	Marshall Milton Keynes AC	GBR	1976	M40	29	02:55:13	02:55:08	90
		5km:00:20:26 | 10km:00:40:48 | 15km: 01:00:49 | 20km:01:20:40 | 21km:01:25:00 | 25km:01:40:35 | 30km:02:00:39 | 35km:02:20:43 | 40km:02:45:52									
101	4306	**TOMKIEWICZ Paweł**	IWONICZ ZDRÓJ	PODIUM	POL	1992	M30	44	02:55:14	02:55:08	90
		5km:00:20:56 | 10km:00:41:52 | 15km: 01:02:52 | 20km:01:23:41 | 21km:01:28:13 | 25km:01:44:23 | 30km:02:04:55 | 35km:02:25:34 | 40km:02:46:12									
102	6994	**GRABEK Maciej**	WYSOKA	Ślęzak Team	POL	1992	M30	45	02:55:19	02:55:13	92
		5km:00:20:53 | 10km:00:41:51 | 15km: 01:02:35 | 20km:01:23:18 | 21km:01:27:51 | 25km:01:43:56 | 30km:02:04:35 | 35km:02:25:02 | 40km:02:46:23									
103	12081	**PAWLIN Mateusz**	WARSZAWA	Trizarza	POL	1991	M30	46	02:55:31	02:55:22	93
		5km:00:20:53 | 10km:00:41:56 | 15km: 01:02:59 | 20km:01:24:03 | 21km:01:28:37 | 25km:01:45:03 | 30km:02:06:09 | 35km:02:27:29 | 40km:02:47:24									
104	3639	**STACHOWIAK Sebastian**	CZERNIEJEWO	Strefa Biegania Patryk Bogucki	POL	1979	M40	30	02:55:34	02:55:23	94
		5km:00:19:36 | 10km:00:40:02 | 15km: 01:00:24 | 20km:01:20:56 | 21km:01:25:27 | 25km:01:41:40 | 30km:02:02:43 | 35km:02:23:48 | 40km:02:45:56									
105	3829	**WALSH Jack**	LONDON		GBR	1996	M20	16	02:55:36	02:55:33	95
		5km:00:20:30 | 10km:00:41:12 | 15km: 01:01:48 | 20km:01:22:29 | 21km:01:27:00 | 25km:01:43:20 | 30km:02:04:17 | 35km:02:25:12 | 40km:02:46:32									
106	3942	**AIDIETIS Darius**	VILNIUS		LTU	1978	M40	31	02:55:40	02:55:35	96
		5km:00:20:57 | 10km:00:42:02 | 15km: 01:02:42 | 20km:01:23:25 | 21km:01:27:56 | 25km:01:44:10 | 30km:02:04:54 | 35km:02:25:12 | 40km:02:46:28									
107	3813	**HUBER Jérôme**	BADEN		SUI	1998	M20	17	02:55:53	02:55:45	97
		5km:00:19:42 | 10km:00:39:34 | 15km: 00:59:50 | 20km:01:20:06 | 21km:01:24:30 | 25km:01:40:36 | 30km:02:02:01 | 35km:02:23:38 | 40km:02:46:15									
108	3521	**MANKOWSKI Sebastian**	NORRKÖPING	Dabrowski Team	SWE	1982	M40	32	02:56:01	02:55:51	98
		5km:00:20:29 | 10km:00:41:09 | 15km: 01:01:35 | 20km:01:22:03 | 21km:01:26:32 | 25km:01:42:40 | 30km:02:03:43 | 35km:02:24:47 | 40km:02:46:40									
109	8039	**WALCZAK Paweł**	KOSZALIN		POL	1989	M30	48	02:56:01	02:55:56	99
		5km:00:20:46 | 10km:00:41:28 | 15km: 01:02:02 | 20km:01:22:39 | 21km:01:27:06 | 25km:01:43:08 | 30km:02:03:45 | 35km:02:24:37 | 40km:02:46:22									
110	7112	**WÓJTOWICZ Paweł**	LUBLIN		POL	1972	M50	4	02:56:03	02:55:57	100
		5km:00:20:54 | 10km:00:41:52 | 15km: 01:02:39 | 20km:01:23:28 | 21km:01:27:59 | 25km:01:44:14 | 30km:02:04:57 | 35km:02:25:48 | 40km:02:46:55									
111	6658	**GRZYB Daniel**	SZYNWAŁD	BKB Czarna Perła	POL	1988	M30	47	02:56:04	02:55:53	101
		5km:00:20:53 | 10km:00:41:53 | 15km: 01:02:48 | 20km:01:23:41 | 21km:01:28:13 | 25km:01:44:35 | 30km:02:05:33 | 35km:02:26:24 | 40km:02:47:25									
112	10761	**PUC Krystian**	RZESZÓW		POL	1987	M30	49	02:56:14	02:56:08	102
		5km:00:20:54 | 10km:00:41:58 | 15km: 01:02:54 | 20km:01:23:52 | 21km:01:28:25 | 25km:01:44:36 | 30km:02:05:13 | 35km:02:25:51 | 40km:02:47:05									
113	6645	**KANIA Piotr**	WARSZAWA		POL	1978	M40	33	02:56:17	02:56:09	103
		5km:00:21:21 | 10km:00:42:17 | 15km: 01:03:13 | 20km:01:24:14 | 21km:01:28:47 | 25km:01:45:08 | 30km:02:05:51 | 35km:02:26:15 | 40km:02:46:58									
114	8090	**KORZENIEWSKI Michał**	WARSZAWA		POL	1989	M30	49	02:56:19	02:56:08	104
		5km:00:21:11 | 10km:00:42:18 | 15km: 01:03:18 | 20km:01:24:20 | 21km:01:28:52 | 25km:01:45:16 | 30km:02:06:04 | 35km:02:26:39 | 40km:02:47:13									
115	6911	**KOBIERSKI Kamil**	RZESZÓW	BorgWarner Running Team	POL	1979	M40	34	02:56:25	02:56:10	105
		5km:00:21:31 | 10km:00:42:35 | 15km: 01:03:18 | 20km:01:23:47 | 21km:01:28:09 | 25km:01:44:10 | 30km:02:04:53 | 35km:02:25:29 | 40km:02:46:53									
116	7925	**WRÓBLEWSKI Seweryn**	ULASEK	Kb Wyszków	POL	1983	M40	35	02:56:28	02:56:16	106
		5km:00:20:58 | 10km:00:42:08 | 15km: 01:02:58 | 20km:01:23:58 | 21km:01:28:29 | 25km:01:44:50 | 30km:02:05:53 | 35km:02:26:45 | 40km:02:47:35									
117	7861	**CZERNIAWSKI Adam**	WARSZAWA		POL	1990	M30	51	02:56:35	02:56:26	107
		5km:00:20:54 | 10km:00:41:50 | 15km: 01:02:39 | 20km:01:23:26 | 21km:01:27:56 | 25km:01:44:11 | 30km:02:05:02 | 35km:02:25:58 | 40km:02:47:18									
118	2226	**ŁAZARCZYK Adrian**	ŁOMIANKI		POL	2000	M20	18	02:56:39	02:56:24	108
		5km:00:20:25 | 10km:00:41:20 | 15km: 01:01:54 | 20km:01:22:40 | 21km:01:27:11 | 25km:01:43:46 | 30km:02:04:56 | 35km:02:26:20 | 40km:02:47:25									
119	2548	**BUCHALIK Arkadiusz**	CZELADŹ		POL	1973	M50	5	02:56:41	02:56:30	109
		5km:00:20:04 | 10km:00:40:21 | 15km: 01:00:34 | 20km:01:20:44 | 21km:01:25:05 | 25km:01:40:47 | 30km:02:01:23 | 35km:02:22:31 | 40km:02:46:37									
120	10532	**MIKA Artur**	KRAKÓW	Miki Team	POL	1981	M40	36	02:56:43	02:56:39	110
		5km:00:20:53 | 10km:00:41:54 | 15km: 01:02:42 | 20km:01:23:35 | 21km:01:28:09 | 25km:01:44:23 | 30km:02:05:11 | 35km:02:26:01 | 40km:02:47:11									
121	3390	**TYBURSKI Piotr**	WARSZAWA	Kuźnia Triathlonu	POL	1972	M50	6	02:56:44	02:56:34	111
		5km:00:21:00 | 10km:00:42:03 | 15km: 01:02:58 | 20km:01:23:56 | 21km:01:28:30 | 25km:01:44:51 | 30km:02:05:53 | 35km:02:27:01 | 40km:02:48:02									
122	7249	**WYSOCKI Bartosz**	WARSZAWA	Sales&More	POL	1988	M30	52	02:56:47	02:56:37	112
		5km:00:20:54 | 10km:00:41:50 | 15km: 01:02:39 | 20km:01:23:26 | 21km:01:27:56 | 25km:01:44:11 | 30km:02:05:02 | 35km:02:25:58 | 40km:02:47:18									
123	2558	**ASTRAUSKAS Gediminas**	VILNIUS		LTU	1986	M30	53	02:56:48	02:56:38	113
		5km:00:19:52 | 10km:00:39:42 | 15km: 00:59:20 | 20km:01:18:49 | 21km:01:23:08 | 25km:01:38:46 | 30km:01:59:40 | 35km:02:21:15 | 40km:02:46:23									
124	7036	**SZTANDUR Mateusz**	KRAKÓW	ITMBW Kraków	POL	1990	M30	54	02:56:57	02:56:51	114
		5km:00:20:31 | 10km:00:41:10 | 15km: 01:01:37 | 20km:01:22:00 | 21km:01:26:30 | 25km:01:42:37 | 30km:02:03:21 | 35km:02:24:19 | 40km:02:47:11									
125	8082	**BIEGUN Marcin**	BIELSKO-BIALA	Mistrz Amator	POL	1974	M40	37	02:57:01	02:56:57	115
		5km:00:20:08 | 10km:00:41:58 | 15km: 01:03:00 | 20km:01:24:00 | 21km:01:28:34 | 25km:01:44:56 | 30km:02:05:57 | 35km:02:27:16 | 40km:02:48:11									
126	2827	**TRACZYK Szymon**	ŁÓDŹ		POL	1999	M20	19	02:57:04	02:56:59	116
		5km:00:20:27 | 10km:00:40:48 | 15km: 01:00:49 | 20km:01:20:37 | 21km:01:24:59 | 25km:01:40:37 | 30km:02:00:58 | 35km:02:22:13 | 40km:02:46:14									
127	8089	**KLIDZIA Krzysztof**	FOLKESTONE		GBR	1965	M50	7	02:57:10	02:57:04	117
		5km:00:20:52 | 10km:00:41:52 | 15km: 01:02:36 | 20km:01:23:24 | 21km:01:27:58 | 25km:01:44:09 | 30km:02:04:56 | 35km:02:25:16 | 40km:02:47:30									
128	7897	**TAJCHMAN Jarosław**	RZESZÓW	Akademia biegacza Matylda Kowal	POL	1983	M40	38	02:57:11	02:57:04	117
		5km:00:20:43 | 10km:00:41:38 | 15km: 01:02:15 | 20km:01:23:01 | 21km:01:27:32 | 25km:01:43:41 | 30km:02:04:25 | 35km:02:25:18 | 40km:02:47:16									
129	6894	**FANTIN Simone**	LONDON		GBR	1990	M30	56	02:57:14	02:57:07	119
		5km:00:20:48 | 10km:00:41:34 | 15km: 01:02:15 | 20km:01:22:55 | 21km:01:27:25 | 25km:01:43:33 | 30km:02:04:25 | 35km:02:25:36 | 40km:02:47:39									
130	10467	**GŁAZOWSKI Jacek**	SZCZECIN	LUNA Niechorze	POL	1972	M50	8	02:57:16	02:57:09	120
		5km:00:20:40 | 10km:00:41:25 | 15km: 01:01:58 | 20km:01:22:31 | 21km:01:26:56 | 25km:01:42:58 | 30km:02:03:33 | 35km:02:23:56 | 40km:02:47:01									
131	7365	**ŻEBROWSKI Jacek**	KIERŹLINY		POL	1984	M30	58	02:57:18	02:57:12	121
		5km:00:20:37 | 10km:00:41:51 | 15km: 01:02:48 | 20km:01:23:43 | 21km:01:28:16 | 25km:01:44:37 | 30km:02:05:35 | 35km:02:26:31 | 40km:02:48:01									
132	3418	**MAZURKIEWICZ Mateusz**	IŁAWA		POL	1984	M30	57	02:57:21	02:57:10	122
		5km:00:21:25 | 10km:00:42:29 | 15km: 01:03:26 | 20km:01:24:40 | 21km:01:29:28 | 25km:01:45:55 | 30km:02:06:49 | 35km:02:27:23 | 40km:02:48:05									
133	3668	**MASIULIS Vitas**	VILNIUS	Volvere Run	LTU	1991	M30	58	02:57:25	02:57:12	123
		5km:00:20:09 | 10km:00:41:02 | 15km: 01:01:37 | 20km:01:22:18 | 21km:01:26:47 | 25km:01:43:03 | 30km:02:04:10 | 35km:02:25:21 | 40km:02:47:30									
134	8011	**STRODS Kaspars**	LONDON		GBR	1994	M20	20	02:57:26	02:57:20	124
		5km:00:20:16 | 10km:00:40:57 | 15km: 01:01:41 | 20km:01:22:51 | 21km:01:27:19 | 25km:01:43:38 | 30km:02:04:35 | 35km:02:25:29 | 40km:02:47:10									
135	2450	**JĘDRACHOWICZ Maciej**	ŁOWICZ	Straż Marszałkowska	POL	1988	M30	55	02:57:36	02:56:53	125
		5km:00:21:04 | 10km:00:42:06 | 15km: 01:03:00 | 20km:01:23:58 | 21km:01:28:29 | 25km:01:44:53 | 30km:02:05:57 | 35km:02:26:39 | 40km:02:48:29									
136	6637	**GŁOGOWSKI Piotr**	WARSZAWA	Naprzód Młociny	POL	1973	M50	9	02:57:38	02:57:30	126
		5km:00:20:57 | 10km:00:41:53 | 15km: 01:02:39 | 20km:01:23:23 | 21km:01:27:54 | 25km:01:44:06 | 30km:02:04:53 | 35km:02:25:41 | 40km:02:47:56									
137	3159	**TWARDOWSKI Tomasz**	WARSZAWA		POL	1984	M30	61	02:57:43	02:57:33	127
		5km:00:21:00 | 10km:00:42:05 | 15km: 01:03:02 | 20km:01:23:58 | 21km:01:28:33 | 25km:01:44:56 | 30km:02:05:56 | 35km:02:26:35 | 40km:02:47:59									
138	10014	**RAUER Adam**	MYSŁOWICE		POL	1979	M40	40	02:57:46	02:57:42	128
		5km:00:21:04 | 10km:00:42:06 | 15km: 01:03:00 | 20km:01:23:58 | 21km:01:28:29 | 25km:01:44:53 | 30km:02:05:57 | 35km:02:26:39 | 40km:02:48:29									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:21:22| 10km:00:42:22| 15km: 01:03:19 | 20km:01:23:46 | 21km:01:28:13 | 25km:01:44:35 | 30km:02:05:41 | 35km:02:26:48 | 40km:02:48:21									
139	6711	**GRZELAK Łukasz**	TORUŃ		POL	1992	M30	60	02:57:46	02:57:27	129
		5km:00:20:46| 10km:00:41:48| 15km: 01:02:23 | 20km:01:22:57 | 21km:01:27:29 | 25km:01:43:34 | 30km:02:04:29 | 35km:02:25:40 | 40km:02:47:47									
140	7295	**KĘDZIOR Maciek**	WARSZAWA	DRUŻYNA SZPIKU	POL	1983	M40	39	02:57:49	02:57:40	130
		5km:00:21:21| 10km:00:42:16| 15km: 01:03:01 | 20km:01:24:01 | 21km:01:28:36 | 25km:01:44:55 | 30km:02:05:55 | 35km:02:27:09 | 40km:02:48:43									
141	2107	**BADYSZ Artur**	REGUŁY	Rozbiegane Michałowice	POL	1973	M50	10	02:57:59	02:57:48	131
		5km:00:21:01| 10km:00:42:08| 15km: 01:03:04 | 20km:01:23:57 | 21km:01:28:32 | 25km:01:44:53 | 30km:02:05:54 | 35km:02:27:12 | 40km:02:48:45									
142	4041	**BJÄREBORN Christoffer**	BROMMA	Team Bjäreborn	SWE	1974	M40	41	02:58:01	02:57:52	132
		5km:00:20:15| 10km:00:40:55| 15km: 01:01:33 | 20km:01:22:18 | 21km:01:26:54 | 25km:01:43:10 | 30km:02:04:15 | 35km:02:25:38 | 40km:02:48:07									
143	2338	**SANDY William**	ANDOVER		GBR	2001	M20	21	02:58:03	02:57:56	133
		5km:00:20:52| 10km:00:41:56| 15km: 01:02:59 | 20km:01:24:01 | 21km:01:28:37 | 25km:01:45:02 | 30km:02:06:10 | 35km:02:27:29 | 40km:02:48:46									
144	2625	**MARCZAK Przemysław**	WARSZAWA		POL	1987	M30	62	02:58:09	02:57:58	134
		5km:00:20:51| 10km:00:42:07| 15km: 01:03:07 | 20km:01:24:03 | 21km:01:28:38 | 25km:01:45:03 | 30km:02:06:03 | 35km:02:27:17 | 40km:02:48:55									
145	3883	**DAWSON Jack**	LONDON		GBR	1997	M20	22	02:58:14	02:58:11	135
		5km:00:20:59| 10km:00:42:04| 15km: 01:02:40 | 20km:01:23:25 | 21km:01:27:53 | 25km:01:43:58 | 30km:02:04:59 | 35km:02:26:27 | 40km:02:48:32									
146	7932	**OLESIŃSKI Ernest**	LEGNICA	Free Team	POL	1978	M40	43	02:58:17	02:58:14	136
		5km:00:20:59| 10km:00:42:12| 15km: 01:04:18 | 20km:01:25:37 | 21km:01:30:12 | 25km:01:46:39 | 30km:02:08:37 | 35km:02:29:29 | 40km:02:51:03									
147	7898	**SUPERNAK Łukasz**	ŁAZY		POL	1978	M40	42	02:58:19	02:58:10	137
		5km:00:20:58| 10km:00:42:04| 15km: 01:02:59 | 20km:01:23:59 | 21km:01:28:31 | 25km:01:44:53 | 30km:02:05:54 | 35km:02:27:12 | 40km:02:49:18									
148	7609	**ŁOJEWSKI Marcin**	WARSZAWA	Biegowy Wariat Running Team	POL	1991	M30	63	02:58:20	02:58:15	138
		5km:00:20:23| 10km:00:40:49| 15km: 01:01:03 | 20km:01:21:18 | 21km:01:25:45 | 25km:01:42:03 | 30km:02:03:13 | 35km:02:25:02 | 40km:02:48:39									
149	8081	**BRYL Marcin**	WARSZAWA		POL	1979	M40	44	02:58:29	02:58:24	139
		5km:00:20:40| 10km:00:41:26| 15km: 01:02:01 | 20km:01:22:31 | 21km:01:26:58 | 25km:01:43:10 | 30km:02:04:11 | 35km:02:25:25 | 40km:02:48:32									
150	3629	**RYBA Patryk**	SOKOŁÓW MAŁOPOLSKI		POL	1993	M30	64	02:58:30	02:58:25	140
		5km:00:20:59| 10km:00:42:01| 15km: 01:02:58 | 20km:01:23:52 | 21km:01:28:24 | 25km:01:44:42 | 30km:02:05:33 | 35km:02:26:26 | 40km:02:48:45									
151	6088	**KUROWSKI Łukasz**	TCZEW		POL	1981	M40	45	02:58:37	02:58:28	141
		5km:00:21:01| 10km:00:42:06| 15km: 01:03:04 | 20km:01:24:00 | 21km:01:28:34 | 25km:01:44:57 | 30km:02:06:04 | 35km:02:27:13 | 40km:02:48:47									
152	6191	**WATANABE Masaru**	OSAKA		JPN	1976	M40	47	02:58:45	02:58:40	142
		5km:00:21:05| 10km:00:42:09| 15km: 01:03:05 | 20km:01:24:04 | 21km:01:28:38 | 25km:01:44:58 | 30km:02:06:12 | 35km:02:27:47 | 40km:02:49:35									
153	12501	**MIZIŃSKI Paweł**	WARSZAWA	IMR Team	POL	1978	M40	46	02:58:47	02:58:37	143
		5km:00:20:57| 10km:00:42:00| 15km: 01:02:57 | 20km:01:24:00 | 21km:01:28:30 | 25km:01:44:51 | 30km:02:05:51 | 35km:02:27:01 | 40km:02:48:43									
154	7237	**GURZĘDA Ryszard**	OSTROŁĘKA	TriUnlimited	POL	1990	M30	65	02:58:55	02:58:46	144
		5km:00:20:58| 10km:00:42:04| 15km: 01:02:59 | 20km:01:23:59 | 21km:01:28:31 | 25km:01:44:53 | 30km:02:05:54 | 35km:02:27:12 | 40km:02:49:18									
155	3886	**MAZUR Kamil**	SOSNOWIEC		POL	1988	M30	66	02:59:03	02:58:52	145
		5km:00:20:57| 10km:00:42:02| 15km: 01:02:57 | 20km:01:23:56 | 21km:01:28:28 | 25km:01:44:50 | 30km:02:05:54 | 35km:02:27:04 | 40km:02:49:14									
156	8059	**ŚLESZYŃSKI Mariusz**	PIASECZNO	Kondycja	POL	1992	M30	67	02:59:03	02:58:56	146
		5km:00:20:54| 10km:00:42:05| 15km: 01:03:01 | 20km:01:23:58 | 21km:01:28:32 | 25km:01:44:54 | 30km:02:05:57 | 35km:02:27:14 | 40km:02:49:43									
157	6660	**CHAMIAREUSKI Dzmitry**	GDAŃSK	run4fun		1994	M20	23	02:59:09	02:58:55	147
		5km:00:20:54| 10km:00:41:58| 15km: 01:02:55 | 20km:01:23:51 | 21km:01:28:25 | 25km:01:44:48 | 30km:02:05:49 | 35km:02:27:08 | 40km:02:49:36									
158	7376	**GOGOL Mariusz**	BIAŁYSTOK		POL	1991	M30	68	02:59:15	02:59:03	148
		5km:00:21:11| 10km:00:42:17| 15km: 01:03:13 | 20km:01:24:21 | 21km:01:28:59 | 25km:01:45:21 | 30km:02:06:32 | 35km:02:27:47 | 40km:02:49:28									
159	7630	**O'NEILL Paul**	CLARE		IRL	1984	M30	69	02:59:16	02:59:09	149
		5km:00:19:34| 10km:00:39:50| 15km: 00:59:51 | 20km:01:20:10 | 21km:01:24:37 | 25km:01:41:06 | 30km:02:02:58 | 35km:02:25:25 | 40km:02:49:06									
160	6969	**WASIEWICZ Adam**	WARSZAWA	Nie mój cyrk, moje małpy.	POL	1983	M40	48	02:59:18	02:59:04	150
		5km:00:20:57| 10km:00:41:49| 15km: 01:02:32 | 20km:01:23:18 | 21km:01:27:48 | 25km:01:43:57 | 30km:02:05:08 | 35km:02:26:37 | 40km:02:49:25									
161	6873	**IVANOU Viktar**	WARSZAWA	Mikkeler Running Club Minsk		1988	M30	70	02:59:27	02:59:15	151
		5km:00:21:26| 10km:00:42:34| 15km: 01:03:33 | 20km:01:24:25 | 21km:01:29:02 | 25km:01:45:31 | 30km:02:06:38 | 35km:02:27:49 | 40km:02:49:29									
162	6105	**ZMIJA Patryk**	SOSNOWIEC	Bartek Trenuje Team	POL	1986	M30	71	02:59:33	02:59:25	152
		5km:00:21:28| 10km:00:42:48| 15km: 01:04:10 | 20km:01:25:31 | 21km:01:30:02 | 25km:01:46:41 | 30km:02:07:45 | 35km:02:28:43 | 40km:02:50:18									
163	3896	**BARTCZAK Marcin**	BISZTYNEK	Drużyna ML	POL	1982	M40	49	02:59:38	02:59:31	153
		5km:00:21:01| 10km:00:42:05| 15km: 01:03:00 | 20km:01:23:58 | 21km:01:28:32 | 25km:01:44:49 | 30km:02:05:52 | 35km:02:27:06 | 40km:02:49:31									
164	2992	**BEECH Daniel**	CAERPHILLY		GBR	1992	M30	73	02:59:39	02:59:30	154
		5km:00:20:52| 10km:00:41:56| 15km: 01:02:46 | 20km:01:23:50 | 21km:01:28:25 | 25km:01:44:53 | 30km:02:05:57 | 35km:02:27:24 | 40km:02:50:03									
165	3870	**TALAGA Dawid**	OLKUSZ	KS OLKUSZ	POL	1989	M30	72	02:59:39	02:59:29	155
		5km:00:21:35| 10km:00:43:09| 15km: 01:04:23 | 20km:01:25:40 | 21km:01:30:14 | 25km:01:46:39 | 30km:02:07:44 | 35km:02:29:07 | 40km:02:50:19									
166	10335	**DZIURDA Kamil**	MARIANÓWKA		POL	1994	M20	24	02:59:47	02:59:36	156
		5km:00:21:38| 10km:00:43:10| 15km: 01:04:47 | 20km:01:26:06 | 21km:01:30:44 | 25km:01:47:21 | 30km:02:08:38 | 35km:02:29:29 | 40km:02:50:48									
167	6893	**KURIATA Łukasz**	WARSZAWA	Aerospace Runners	POL	1986	M30	74	02:59:47	02:59:36	156
		5km:00:21:33| 10km:00:43:07| 15km: 01:04:46 | 20km:01:26:04 | 21km:01:30:43 | 25km:01:47:16 | 30km:02:08:24 | 35km:02:29:06 | 40km:02:50:30									
168	7825	**KUROWSKI Maciej**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1980	M40	51	02:59:51	02:59:42	158
		5km:00:21:37| 10km:00:43:11| 15km: 01:04:49 | 20km:01:25:40 | 21km:01:30:07 | 25km:01:46:09 | 30km:02:07:17 | 35km:02:28:36 | 40km:02:50:22									
169	8252	**KRZESZEWSKI Jacek**	PIASECZNO		POL	1989	M30	75	02:59:51	02:59:38	159
		5km:00:21:33| 10km:00:43:08| 15km: 01:04:47 | 20km:01:26:05 | 21km:01:30:43 | 25km:01:47:20 | 30km:02:08:35 | 35km:02:29:23 | 40km:02:50:30									
170	14016	**ZAPIÓR Hubert**	BRZESKO		POL	1993	M30	77	02:59:54	02:59:45	160
		5km:00:21:06| 10km:00:42:14| 15km: 01:03:14 | 20km:01:24:22 | 21km:01:28:43 | 25km:01:45:24 | 30km:02:06:42 | 35km:02:28:09 | 40km:02:50:39									
171	4053	**MOKRZAŃSKI Michał**	WARSZAWA		POL	1983	M40	50	02:59:54	02:59:40	161
		5km:00:21:03| 10km:00:41:48| 15km: 01:02:31 | 20km:01:23:16 | 21km:01:27:48 | 25km:01:43:54 | 30km:02:04:48 | 35km:02:26:06 | 40km:02:49:29									
172	7133	**PIOTRKOWSKI Adam**	MŁAWA	brak	POL	1982	M40	53	02:59:54	02:59:46	162
		5km:00:21:29| 10km:00:42:54| 15km: 01:04:22 | 20km:01:25:54 | 21km:01:30:51 | 25km:01:47:20 | 30km:02:08:38 | 35km:02:30:00 | 40km:02:51:10									
173	10293	**SKOWRON Sebastian**	SKARŻYSKO KAMIENNA		POL	1982	M40	52	02:59:55	02:59:45	163
		5km:00:21:31| 10km:00:43:02| 15km: 01:04:31 | 20km:01:25:55 | 21km:01:30:31 | 25km:01:46:54 | 30km:02:07:49 | 35km:02:28:48 | 40km:02:50:32									
174	8074	**WOJCIESZKO Piotr**	WROCŁAW		POL	1981	M40	53	02:59:55	02:59:46	164
		5km:00:20:42| 10km:00:41:47| 15km: 01:02:36 | 20km:01:23:25 | 21km:01:27:55 | 25km:01:44:11 | 30km:02:05:19 | 35km:02:27:10 | 40km:02:50:02									
175	6916	**PIASTSIUK Aliaksandr**	GRODNO		POL	1975	M40	55	02:59:56	02:59:48	165
		5km:00:20:59| 10km:00:42:05| 15km: 01:03:01 | 20km:01:23:59 | 21km:01:28:31 | 25km:01:44:54 | 30km:02:05:55 | 35km:02:27:15 | 40km:02:49:43									
176	2292	**ANDREYEUSKI Pavel**	WARSZAWA	Irbis team		1990	M30	76	02:59:57	02:59:39	166
		5km:00:21:18| 10km:00:42:22| 15km: 01:03:05 | 20km:01:24:05 | 21km:01:28:48 | 25km:01:45:26 | 30km:02:06:33 | 35km:02:28:16 | 40km:02:50:34									
177	3426	**TOCHOWICZ Sebastian**	IRA TWP.		USA	1973	M50	11	03:00:02	02:59:48	167
		5km:00:21:27| 10km:00:42:37| 15km: 01:03:53 | 20km:01:25:01 | 21km:01:29:40 | 25km:01:46:21 | 30km:02:07:35 | 35km:02:28:53 | 40km:02:50:32									
178	4384	**WOLSKI Konrad**	ZDUNY	UKS GOK Zduny	POL	1990	M30	79	03:00:05	02:59:53	168
		5km:00:21:01| 10km:00:42:12| 15km: 01:04:18 | 20km:01:25:37 | 21km:01:30:12 | 25km:01:46:39 | 30km:02:08:37 | 35km:02:29:29 | 40km:02:51:03									
179	6493	**MACKOJĆ Krzysztof**	KOŁOBRZEG	EL-MACKOJĆ	POL	1973	M50	12	03:00:16	03:00:07	169
		5km:00:19:51| 10km:00:40:13| 15km: 01:00:49 | 20km:01:21:37 | 21km:01:26:06 | 25km:01:43:18 | 30km:02:05:00 | 35km:02:27:14 | 40km:02:50:06									
180	4307	**NIEWĘGŁOWSKI Adam**	WARSZAWA		POL	1979	M40	57	03:00:26	03:00:15	170
		5km:00:21:34| 10km:00:43:10| 15km: 01:04:48 | 20km:01:26:06 | 21km:01:30:44 | 25km:01:47:20 | 30km:02:08:26 | 35km:02:29:12 | 40km:02:51:27									
181	10043	**GÓRSKI Albin**	NOWA SUCHA	PSP Sochaczew	POL	1985	M30	80	03:00:30	03:00:20	171
		5km:00:21:33| 10km:00:43:08| 15km: 01:04:45 | 20km:01:26:02 | 21km:01:30:41 | 25km:01:47:17 | 30km:02:08:27 | 35km:02:29:30 | 40km:02:51:13									
182	7524	**IWANOWSKI Piotr**	WARSZAWA	TriWawa	POL	1980	M40	56	03:00:31	03:00:05	172
		5km:00:21:19| 10km:00:42:53| 15km: 01:04:31 | 20km:01:25:40 | 21km:01:30:11 | 25km:01:46:37 | 30km:02:07:36 | 35km:02:28:51 | 40km:02:50:51									
183	2720	**TARNOWSKA Aleksandra**	KATOWICE		POL	2001	K20	4	03:00:32	02:59:59	11
		5km:00:22:29| 10km:00:44:43| 15km: 01:06:50 | 20km:01:28:36 | 21km:01:33:20 | 25km:01:50:00 | 30km:02:10:59 | 35km:02:31:32 | 40km:02:51:32									
184	6621	**BROL Dominika**	SIEMIANOWICE ŚLĄSKIE		POL	1986	K30	6	03:00:32	03:00:22	12
		5km:00:21:31| 10km:00:43:09| 15km: 01:04:46 | 20km:01:26:04 | 21km:01:30:43 | 25km:01:47:19 | 30km:02:08:37 | 35km:02:30:05 | 40km:02:51:27									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:21:35 | 10km:00:43:10 | 15km: 01:04:48 | 20km:01:26:04 | 21km:01:30:44 | 25km:01:47:21 | 30km:02:08:39 | 35km:02:30:09 | 40km:02:51:30									
185	2282	**SZYMAŃSKI Paweł**	SZCZECIN	Fizjobiegacze Szczecin	POL	1986	M30	81	03:00:33	03:00:25	173
		5km:00:21:34 | 10km:00:43:11 | 15km: 01:04:46 | 20km:01:26:05 | 21km:01:30:44 | 25km:01:47:19 | 30km:02:08:34 | 35km:02:30:08 | 40km:02:51:27									
186	2270	**GRINAVECKIS Justas**	VILNIUS	Million Steps	LTU	1994	M20	25	03:00:35	03:00:24	174
		5km:00:20:11 | 10km:00:40:31 | 15km: 01:00:36 | 20km:01:20:52 | 21km:01:25:23 | 25km:01:41:56 | 30km:02:03:58 | 35km:02:26:55 | 40km:02:50:30									
187	10517	**LIŚKIEWICZ Hubert**	MICHAŁÓW	My Endurance Coaching	POL	1998	M20	26	03:00:37	03:00:26	175
		5km:00:21:32 | 10km:00:43:05 | 15km: 01:04:33 | 20km:01:25:57 | 21km:01:30:31 | 25km:01:47:13 | 30km:02:08:27 | 35km:02:29:39 | 40km:02:51:24									
188	6704	**SERAFIN Piotr**	WOŁÓW	35minut.pl	POL	1978	M40	59	03:00:37	03:00:29	176
		5km:00:20:55 | 10km:00:41:55 | 15km: 01:02:37 | 20km:01:23:26 | 21km:01:27:57 | 25km:01:44:12 | 30km:02:05:14 | 35km:02:27:05 | 40km:02:50:23									
189	8014	**LEE Robert**	LEICESTER		GBR	1980	M40	60	03:00:39	03:00:31	177
		5km:00:21:16 | 10km:00:42:40 | 15km: 01:03:56 | 20km:01:25:06 | 21km:01:29:45 | 25km:01:46:30 | 30km:02:07:48 | 35km:02:29:18 | 40km:02:51:21									
190	3860	**BARTCZAK Andrzej**	KALISZ		POL	1970	M50	13	03:00:40	03:00:25	178
		5km:00:21:37 | 10km:00:43:18 | 15km: 01:04:59 | 20km:01:26:39 | 21km:01:31:17 | 25km:01:47:48 | 30km:02:08:51 | 35km:02:30:03 | 40km:02:51:23									
191	5260	**BĄK Mariusz**	KRASNYSTAW	Krasnystaw Biega	POL	1976	M40	61	03:00:51	03:00:39	179
		5km:00:21:13 | 10km:00:42:24 | 15km: 01:03:24 | 20km:01:24:39 | 21km:01:29:16 | 25km:01:45:55 | 30km:02:07:17 | 35km:02:28:47 | 40km:02:51:14									
192	10396	**WANDYCZ Marcin**	LUBAŃ	Kolka Team Lubań	POL	1986	M30	77	03:00:54	02:59:45	180
		5km:00:21:25 | 10km:00:43:06 | 15km: 01:04:18 | 20km:01:25:33 | 21km:01:30:06 | 25km:01:46:51 | 30km:02:07:53 | 35km:02:29:05 | 40km:02:50:29									
193	3136	**SŁOWIKOWSKI Daniel**	ŚWIEBODZIN	Jedz i Trenuj	POL	1976	M40	62	03:00:56	03:00:40	181
		5km:00:21:32 | 10km:00:43:05 | 15km: 01:04:33 | 20km:01:25:57 | 21km:01:30:31 | 25km:01:47:13 | 30km:02:08:27 | 35km:02:29:39 | 40km:02:51:24									
194	3738	**KAŁPOWICZ Tomasz**	WROCŁAW	Dali nogi gadżeta	POL	1976	M40	63	03:00:58	03:00:44	182
		5km:00:21:05 | 10km:00:42:19 | 15km: 01:03:26 | 20km:01:24:50 | 21km:01:29:58 | 25km:01:46:43 | 30km:02:08:31 | 35km:02:29:53 | 40km:02:51:25									
195	7514	**KAZNOWSKI Michał**	JÓZEFOSŁAW		POL	1987	M30	82	03:00:58	03:00:31	183
		5km:00:21:58 | 10km:00:43:27 | 15km: 01:04:33 | 20km:01:25:47 | 21km:01:30:27 | 25km:01:47:04 | 30km:02:08:22 | 35km:02:29:49 | 40km:02:51:14									
196	8237	**SZPECHT Filip**	WARSZAWA		POL	1980	M40	58	03:00:59	03:00:17	184
		5km:00:22:48 | 10km:00:45:09 | 15km: 01:04:47 | 20km:01:26:52 | 21km:01:31:03 | 25km:01:47:05 | 30km:02:07:07 | 35km:02:27:21 | 40km:02:50:11									
197	7752	**KURHANAU Dzianis**	MINSK	RunStudio		1984	M30	83	03:01:00	03:00:49	185
		5km:00:21:27 | 10km:00:42:35 | 15km: 01:03:33 | 20km:01:24:26 | 21km:01:29:03 | 25km:01:45:34 | 30km:02:06:49 | 35km:02:28:18 | 40km:02:50:59									
198	6615	**KOCEMBA Kamil**	KOBIERNICE	Kęckie Harpagany	POL	1986	M30	84	03:01:06	03:01:00	186
		5km:00:21:06 | 10km:00:42:37 | 15km: 01:03:52 | 20km:01:25:36 | 21km:01:30:12 | 25km:01:46:53 | 30km:02:08:16 | 35km:02:29:35 | 40km:02:51:34									
199	3153	**VASILIAUSKAS Adas**	VILNIUS	Million steps	LTU	1982	M40	64	03:01:07	03:00:56	187
		5km:00:21:12 | 10km:00:42:18 | 15km: 01:03:13 | 20km:01:24:22 | 21km:01:29:04 | 25km:01:45:55 | 30km:02:07:20 | 35km:02:28:51 | 40km:02:51:22									
200	7944	**ALEKSEIENKO Oleksii**	WARSZAWA	Team Żórawski	UKR	1982	M40	65	03:01:21	03:01:14	188
		5km:00:21:01 | 10km:00:42:05 | 15km: 01:03:00 | 20km:01:23:59 | 21km:01:28:32 | 25km:01:44:54 | 30km:02:05:55 | 35km:02:27:14 | 40km:02:50:43									
201	2798	**DURDA Mariusz**	LYNDHURST		POL	1974	M40	66	03:01:34	03:01:19	189
		5km:00:21:34 | 10km:00:43:20 | 15km: 01:04:45 | 20km:01:26:03 | 21km:01:30:40 | 25km:01:47:22 | 30km:02:08:49 | 35km:02:30:04 | 40km:02:51:30									
202	7650	**RYGIELSKI Arkadiusz**	IŁAWA		POL	1988	M30	85	03:01:33	03:01:30	190
		5km:00:19:05 | 10km:00:39:51 | 15km: 01:01:04 | 20km:01:22:34 | 21km:01:27:06 | 25km:01:43:56 | 30km:02:05:39 | 35km:02:27:43 | 40km:02:51:37									
203	2159	**OLEJNIK Bartosz**	OPOCZNO		POL	1993	M30	86	03:01:48	03:01:41	191
		5km:00:21:06 | 10km:00:42:16 | 15km: 01:03:19 | 20km:01:24:21 | 21km:01:28:59 | 25km:01:45:26 | 30km:02:06:46 | 35km:02:28:09 | 40km:02:51:13									
204	10183	**PANICZKO Sławomir**	BIAŁYSTOK	Klub Płetwonurków SKALAR Białystok	POL	1974	M40	67	03:02:14	03:02:02	192
		5km:00:21:07 | 10km:00:42:11 | 15km: 01:03:11 | 20km:01:24:16 | 21km:01:28:52 | 25km:01:45:24 | 30km:02:06:42 | 35km:02:28:21 | 40km:02:52:06									
205	2106	**KONRAD Marcin**	ZAWIERCIE	BRACIA TEAM ZAWIERCIE	POL	1982	M40	68	03:02:13	03:02:04	193
		5km:00:21:02 | 10km:00:42:32 | 15km: 01:03:42 | 20km:01:25:07 | 21km:01:29:47 | 25km:01:46:31 | 30km:02:07:58 | 35km:02:29:27 | 40km:02:51:56									
206	6270	**SZCZEPANIK Piotr**	KRAKÓW	AZS AWF KRAKÓW MASTERS	POL	1983	M40	69	03:02:21	03:02:13	194
		5km:00:21:18 | 10km:00:42:29 | 15km: 01:03:24 | 20km:01:24:27 | 21km:01:28:59 | 25km:01:45:23 | 30km:02:06:33 | 35km:02:27:56 | 40km:02:51:13									
207	7283	**KUBIT Piotr**	STRZYŻÓW		POL	1984	M30	87	03:02:20	03:02:13	194
		5km:00:20:54 | 10km:00:42:05 | 15km: 01:03:02 | 20km:01:23:59 | 21km:01:28:34 | 25km:01:44:56 | 30km:02:06:07 | 35km:02:27:53 | 40km:02:51:44									
208	6844	**PAWLACZYK Szymon**	BYDGOSZCZ		POL	1985	M30	88	03:02:27	03:02:14	196
		5km:00:21:30 | 10km:00:43:05 | 15km: 01:04:44 | 20km:01:26:02 | 21km:01:30:40 | 25km:01:47:17 | 30km:02:08:34 | 35km:02:30:05 | 40km:02:52:20									
209	6906	**GULUMSER Emir**	ANKARA		TUR	1987	M30	89	03:02:41	03:02:31	197
		5km:00:21:32 | 10km:00:43:08 | 15km: 01:04:44 | 20km:01:26:02 | 21km:01:30:40 | 25km:01:47:18 | 30km:02:08:32 | 35km:02:29:44 | 40km:02:52:21									
210	2879	**BRAMOWICZ Jacek**	GDAŃSK		POL	1984	M30	90	03:02:43	03:02:33	198
		5km:00:21:06 | 10km:00:42:15 | 15km: 01:03:04 | 20km:01:23:59 | 21km:01:28:32 | 25km:01:45:02 | 30km:02:06:32 | 35km:02:28:43 | 40km:02:52:09									
211	2432	**ZAKRZEWSKI Patryk**	DUBLIN	Dominikanie	POL	1978	M40	70	03:02:38	03:02:34	199
		5km:00:21:40 | 10km:00:43:15 | 15km: 01:04:54 | 20km:01:26:13 | 21km:01:30:50 | 25km:01:47:27 | 30km:02:08:44 | 35km:02:30:17 | 40km:02:52:33									
212	2767	**ZYSK Tomasz**	WARSZAWA	Black Hat Team	POL	1989	M30	91	03:02:51	03:02:35	200
		5km:00:21:28 | 10km:00:43:02 | 15km: 01:04:23 | 20km:01:25:50 | 21km:01:30:32 | 25km:01:47:36 | 30km:02:09:11 | 35km:02:30:55 | 40km:02:53:20									
213	4305	**BOCHENEK Miłosz**	TWORÓG		POL	1979	M40	71	03:06:03	03:02:37	201
		5km:00:21:59 | 10km:00:43:47 | 15km: 01:05:09 | 20km:01:26:31 | 21km:01:31:10 | 25km:01:47:50 | 30km:02:09:18 | 35km:02:30:48 | 40km:02:53:02									
214	7715	**PŁANETA Marcin**	TARNOBRZEG	Witar Tarnobrzeg	POL	1971	M50	14	03:03:01	03:02:47	202
		5km:00:21:03 | 10km:00:42:27 | 15km: 01:03:35 | 20km:01:24:45 | 21km:01:29:21 | 25km:01:46:07 | 30km:02:07:22 | 35km:02:28:56 | 40km:02:52:18									
215	5080	**KLINICKI Tomasz**	IŁAWA	IŁAWSKIE DZIKI # PND	POL	1977	M40	72	03:03:14	03:03:03	203
		5km:00:21:31 | 10km:00:43:06 | 15km: 01:04:41 | 20km:01:26:00 | 21km:01:30:35 | 25km:01:47:18 | 30km:02:08:37 | 35km:02:30:06 | 40km:02:52:59									
216	3174	**KLONOWSKI Mariusz**	ŁOCHOWO	Primigenius	POL	1982	M40	73	03:04:16	03:03:06	204
		5km:00:20:51 | 10km:00:42:10 | 15km: 01:03:39 | 20km:01:25:00 | 21km:01:29:35 | 25km:01:46:28 | 30km:02:08:15 | 35km:02:29:57 | 40km:02:53:26									
217	6871	**JAŁOCHA Tomasz**	GUTOWO MAŁE		POL	1975	M40	74	03:03:20	03:03:10	205
		5km:00:21:03 | 10km:00:42:43 | 15km: 01:04:08 | 20km:01:26:01 | 21km:01:30:43 | 25km:01:47:21 | 30km:02:08:52 | 35km:02:30:53 | 40km:02:53:50									
218	7012	**WROŃSKI Artur**	TYCHY	COIG SA - BUSINESS INTELLIGENCE TEAM	POL	1980	M40	75	03:04:03	03:03:13	206
		5km:00:20:37 | 10km:00:41:37 | 15km: 01:02:45 | 20km:01:24:10 | 21km:01:28:55 | 25km:01:45:54 | 30km:02:07:41 | 35km:02:29:30 | 40km:02:53:04									
219	3666	**MARSZAŁEK Radosław**	PŁOCK	Biegaj z Dymkiem	POL	1990	M30	92	03:03:29	03:03:16	207
		5km:00:21:19 | 10km:00:42:35 | 15km: 01:03:43 | 20km:01:24:52 | 21km:01:29:25 | 25km:01:46:01 | 30km:02:07:45 | 35km:02:29:33 | 40km:02:53:16									
220	7572	**SZYMAŃSKI Krzysztof**	SOSNOWIEC	#1TEAM Play / Harpagan Sosnowiec	POL	1979	M40	76	03:03:26	03:03:16	207
		5km:00:21:54 | 10km:00:43:50 | 15km: 01:05:30 | 20km:01:26:41 | 21km:01:31:20 | 25km:01:47:54 | 30km:02:09:08 | 35km:02:30:41 | 40km:02:53:31									
221	5172	**TOKARZ Kamil**	PTASZKOWA		POL	1993	M30	93	03:03:27	03:03:18	209
		5km:00:21:37 | 10km:00:43:13 | 15km: 01:04:50 | 20km:01:26:05 | 21km:01:30:46 | 25km:01:47:20 | 30km:02:08:39 | 35km:02:30:07 | 40km:02:53:04									
222	3660	**KOSIOREK Adam**	MOKOBODY	BSaC Mokobody	POL	1970	M50	15	03:03:35	03:03:22	210
		5km:00:21:19 | 10km:00:42:32 | 15km: 01:03:33 | 20km:01:24:27 | 21km:01:28:58 | 25km:01:45:25 | 30km:02:06:52 | 35km:02:28:46 | 40km:02:52:29									
223	7909	**VINT Mirjam**	TALLINN	Treeningpartner	EST	1977	K40	3	03:03:34	03:03:22	13
		5km:00:21:11 | 10km:00:42:16 | 15km: 01:03:13 | 20km:01:24:23 | 21km:01:29:03 | 25km:01:45:55 | 30km:02:07:35 | 35km:02:29:33 | 40km:02:53:06									
224	3407	**BŁACHOWIAK Jakub**	LESZNO	Strefasportu.pl MW Invest	POL	1989	M30	94	03:03:48	03:03:25	211
		5km:00:21:23 | 10km:00:42:55 | 15km: 01:04:32 | 20km:01:25:40 | 21km:01:30:13 | 25km:01:46:40 | 30km:02:08:00 | 35km:02:29:56 | 40km:02:53:12									
225	7914	**STOLARCZYK Radosław**	WARSZAWA		POL	1983	M40	77	03:03:37	03:03:26	212
		5km:00:20:57 | 10km:00:42:05 | 15km: 01:03:01 | 20km:01:23:59 | 21km:01:28:35 | 25km:01:45:09 | 30km:02:06:35 | 35km:02:28:34 | 40km:02:52:40									
226	2453	**LYON Alex**	LONDON		GBR	1992	M30	95	03:03:48	03:03:35	213
		5km:00:21:16 | 10km:00:43:00 | 15km: 01:04:29 | 20km:01:25:50 | 21km:01:30:31 | 25km:01:47:16 | 30km:02:08:35 | 35km:02:30:28 | 40km:02:53:45									
227	6766	**MOZOŁA Paweł**	SULIMÓW		POL	1988	M30	95	03:03:55	03:03:35	213
		5km:00:21:37 | 10km:00:43:10 | 15km: 01:04:38 | 20km:01:25:53 | 21km:01:30:33 | 25km:01:47:14 | 30km:02:09:08 | 35km:02:31:10 | 40km:02:53:42									
228	2190	**ŚWITAŁA Marcin**	WEJHEROWO	CHABOWSKI TEAM	POL	1976	M40	78	03:03:46	03:03:41	215
		5km:00:22:13 | 10km:00:44:06 | 15km: 01:05:48 | 20km:01:27:32 | 21km:01:32:13 | 25km:01:49:14 | 30km:02:10:49 | 35km:02:32:28 | 40km:02:54:07									
229	15514	**BUCZEK Emilian**	CHEŁM		POL	1989	M30	97	03:03:54	03:03:44	216
		5km:00:21:32 | 10km:00:43:06 | 15km: 01:04:45 | 20km:01:26:03 | 21km:01:30:42 | 25km:01:47:19 | 30km:02:08:37 | 35km:02:30:12 | 40km:02:53:37									
230	4348	**MYSICKI Piotr**	WĘGRÓW		POL	1982	M40	79	03:04:06	03:03:45	217
		5km:00:21:33 | 10km:00:43:30 | 15km: 01:04:49 | 20km:01:25:55 | 21km:01:30:34 | 25km:01:47:09 | 30km:02:08:28 | 35km:02:30:39 | 40km:02:53:46									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:20:52 | 10km:00:42:08 | 15km: 01:03:40 | 20km:01:24:57 | 21km:01:29:33 | 25km:01:46:24 | 30km:02:07:57 | 35km:02:30:00 | 40km:02:53:26									
231	3228	**KUBACKI Bartosz**	SZUBIN		POL	1978	M40	80	03:04:57	03:03:46	218
		5km:00:21:29 | 10km:00:43:05 | 15km: 01:04:40 | 20km:01:25:59 | 21km:01:30:38 | 25km:01:47:16 | 30km:02:08:34 | 35km:02:30:06 | 40km:02:53:21									
232	7157	**KANCIAŁA Łukasz**	WARSZAWA	SAINT-GOBAIN SQUAD	POL	1982	M40	81	03:04:06	03:03:50	219
		5km:00:20:04 | 10km:00:40:39 | 15km: 01:01:37 | 20km:01:23:14 | 21km:01:27:57 | 25km:01:44:58 | 30km:02:06:59 | 35km:02:29:37 | 40km:02:53:32									
233	7645	**PAUL?KAS Juozas**	VILNIUS		LTU	1984	M30	98	03:04:01	03:03:52	220
		5km:00:19:24 | 10km:00:38:52 | 15km: 00:58:26 | 20km:01:17:49 | 21km:01:22:01 | 25km:01:37:19 | 30km:01:57:34 | 35km:02:19:19 | 40km:02:47:22									
234	7726	**KERR Will**	BRADFORD		GBR	1976	M40	82	03:04:18	03:04:08	221
		5km:00:21:13 | 10km:00:42:08 | 15km: 01:02:51 | 20km:01:23:47 | 21km:01:28:24 | 25km:01:44:57 | 30km:02:06:58 | 35km:02:29:33 | 40km:02:53:35									
235	7196	**ORCHOWSKI Thomas**	WARSZAWA		POL	1992	M30	99	03:04:44	03:04:12	222
		5km:00:21:59 | 10km:00:43:55 | 15km: 01:05:31 | 20km:01:26:47 | 21km:01:31:26 | 25km:01:48:11 | 30km:02:09:28 | 35km:02:31:31 | 40km:02:54:02									
236	7134	**PARKASIEWICZ Bartłomiej**	ZIELONKA		POL	1997	M20	27	03:04:32	03:04:14	223
		5km:00:21:03 | 10km:00:42:31 | 15km: 01:03:42 | 20km:01:25:00 | 21km:01:29:39 | 25km:01:46:41 | 30km:02:08:37 | 35km:02:30:57 | 40km:02:54:31									
237	6004	**ZUCHLKE Tomasz**	KATOWICE		POL	1983	M40	83	03:04:28	03:04:16	224
		5km:00:21:29 | 10km:00:43:05 | 15km: 01:04:38 | 20km:01:25:47 | 21km:01:30:19 | 25km:01:46:32 | 30km:02:08:05 | 35km:02:30:12 | 40km:02:54:24									
238	10753	**ZYGMUNT Jakub**	TOMASZÓW MAZOWIECKI		POL	1998	M20	28	03:04:35	03:04:19	225
		5km:00:21:03 | 10km:00:42:08 | 15km: 01:03:02 | 20km:01:24:02 | 21km:01:28:33 | 25km:01:44:58 | 30km:02:08:42 | 35km:02:30:13 | 40km:02:54:07									
239	7117	**MERERAND Rait**	VIIMSI		EST	1978	M40	84	03:04:29	03:04:23	226
		5km:00:21:24 | 10km:00:42:30 | 15km: 01:03:24 | 20km:01:24:25 | 21km:01:29:00 | 25km:01:45:23 | 30km:02:06:41 | 35km:02:28:32 | 40km:02:54:24									
240	7080	**ŚLIWA Grzegorz**	KRAKÓW	AZS AWF KRAKÓW MASTERS	POL	1984	M30	100	03:04:37	03:04:27	227
		5km:00:19:43 | 10km:00:39:20 | 15km: 00:58:54 | 20km:01:18:26 | 21km:01:22:39 | 25km:01:37:59 | 30km:01:57:40 | 35km:02:20:00 | 40km:02:50:47									
241	4302	**PLUTA Daniel**	WARSZAWA	TEAM PLUTT	POL	1985	M30	101	03:04:43	03:04:39	228
		5km:00:21:31 | 10km:00:43:06 | 15km: 01:04:46 | 20km:01:26:05 | 21km:01:30:41 | 25km:01:47:23 | 30km:02:08:37 | 35km:02:31:02 | 40km:02:54:14									
242	3653	**WOWRA Piotr**	MIKOŁÓW		POL	1988	M30	102	03:04:57	03:04:43	229
		5km:00:21:20 | 10km:00:42:57 | 15km: 01:03:32 | 20km:01:24:49 | 21km:01:29:02 | 25km:01:45:23 | 30km:02:06:35 | 35km:02:28:04 | 40km:02:52:46									
243	2185	**ZALEWSKI Dominik**	SKOKI	New Balance Run Club	POL	1991	M30	103	03:05:10	03:04:57	230
		5km:00:22:24 | 10km:00:44:54 | 15km: 01:07:15 | 20km:01:29:20 | 21km:01:33:57 | 25km:01:50:49 | 30km:02:12:03 | 35km:02:33:22 | 40km:02:55:33									
244	7896	**BRZEGOWY Michał**	KRAKÓW		POL	1991	M30	104	03:06:00	03:05:09	231
		5km:00:21:52 | 10km:00:43:33 | 15km: 01:05:07 | 20km:01:26:58 | 21km:01:31:43 | 25km:01:48:41 | 30km:02:10:31 | 35km:02:32:40 | 40km:02:55:32									
245	2005	**WEŁPA Łukasz**	WARSZAWA	BWRUNNERS	POL	1990	M30	105	03:05:33	03:05:14	232
		5km:00:21:35 | 10km:00:43:10 | 15km: 01:04:44 | 20km:01:26:06 | 21km:01:30:44 | 25km:01:47:24 | 30km:02:09:09 | 35km:02:31:43 | 40km:02:55:25									
246	3847	**INDRELI?NAS Klaudijus**	KAUNAS	Kauno BMK	LTU	1977	M40	85	03:05:25	03:05:14	232
		5km:00:22:32 | 10km:00:45:01 | 15km: 01:07:03 | 20km:01:28:57 | 21km:01:33:42 | 25km:01:50:55 | 30km:02:12:47 | 35km:02:34:31 | 40km:02:56:05									
247	3913	**TSIANTZIS Konstantinos**	THESSALONIKI PILEA		GRE	1975	M40	86	03:05:40	03:05:23	234
		5km:00:21:20 | 10km:00:42:44 | 15km: 01:03:55 | 20km:01:25:08 | 21km:01:29:47 | 25km:01:46:37 | 30km:02:08:20 | 35km:02:31:03 | 40km:02:55:21									
248	6895	**MATNER Anita**	LWÓWEK ŚLĄSKI	Wosiek Team	POL	1993	K30	7	03:05:32	03:05:23	14
		5km:00:21:52 | 10km:00:43:37 | 15km: 01:05:00 | 20km:01:27:07 | 21km:01:31:41 | 25km:01:48:13 | 30km:02:09:35 | 35km:02:31:38 | 40km:02:54:58									
249	7033	**JANUSZEWSKI Radosław**	BYDGOSZCZ	Team Rudnik	POL	1996	M20	29	03:05:40	03:05:25	235
		5km:00:21:41 | 10km:00:43:50 | 15km: 01:05:40 | 20km:01:27:25 | 21km:01:32:08 | 25km:01:49:03 | 30km:02:10:46 | 35km:02:32:50 | 40km:02:55:37									
250	3540	**MAJEWSKI Marek**	WARSZAWA	ORANGE POLSKA	POL	1975	M40	87	03:05:37	03:05:27	236
		5km:00:20:44 | 10km:00:41:38 | 15km: 01:02:09 | 20km:01:23:01 | 21km:01:27:32 | 25km:01:43:55 | 30km:02:05:54 | 35km:02:30:09 | 40km:02:55:16									
251	7665	**GARDZIEL Jerzy**	JULIANÓW	Kondycja Piaseczno	POL	1973	M50	16	03:05:37	03:05:30	237
		5km:00:21:43 | 10km:00:43:47 | 15km: 01:05:19 | 20km:01:26:41 | 21km:01:31:21 | 25km:01:48:08 | 30km:02:09:52 | 35km:02:31:39 | 40km:02:55:10									
252	2026	**BRAEKKEN Bard**	OSLO		NOR	1971	M50	17	03:06:06	03:05:42	238
		5km:00:21:12 | 10km:00:42:38 | 15km: 01:04:07 | 20km:01:25:28 | 21km:01:30:07 | 25km:01:47:02 | 30km:02:09:07 | 35km:02:32:01 | 40km:02:55:29									
253	7980	**LETKOWSKI Dariusz**	WARSZAWA	Gapmont Running Team	POL	1978	M40	88	03:06:34	03:05:42	238
		5km:00:22:09 | 10km:00:44:17 | 15km: 01:05:57 | 20km:01:27:35 | 21km:01:32:18 | 25km:01:49:19 | 30km:02:11:14 | 35km:02:33:06 | 40km:02:55:53									
254	3265	**MAŃKA Krzysztof**	WARSZAWA	Bieganie pod Sokolim Okiem	POL	1983	M40	89	03:06:03	03:05:46	240
		5km:00:22:00 | 10km:00:43:57 | 15km: 01:05:36 | 20km:01:27:24 | 21km:01:32:05 | 25km:01:49:07 | 30km:02:11:16 | 35km:02:32:47 | 40km:02:55:57									
255	7260	**WYROSTEK Krzysztof**	CHEŁM	LOKO Chełm biega	POL	1971	M50	18	03:05:58	03:05:46	240
		5km:00:22:00 | 10km:00:44:09 | 15km: 01:06:05 | 20km:01:28:06 | 21km:01:32:54 | 25km:01:49:45 | 30km:02:11:46 | 35km:02:33:36 | 40km:02:56:15									
256	7435	**PIETRZYK Wojciech**	KRAKÓW		POL	1977	M40	90	03:06:11	03:05:58	242
		5km:00:21:33 | 10km:00:43:09 | 15km: 01:04:56 | 20km:01:26:06 | 21km:01:30:43 | 25km:01:47:27 | 30km:02:09:03 | 35km:02:31:12 | 40km:02:55:17									
257	10565	**SAMBOR Waldemar**	SZCZECIN	DUŻO I DOBRE	POL	1993	M30	106	03:06:16	03:06:02	243
		5km:00:20:58 | 10km:00:41:58 | 15km: 01:02:49 | 20km:01:23:43 | 21km:01:28:14 | 25km:01:44:26 | 30km:02:05:38 | 35km:02:27:06 | 40km:02:52:47									
258	10679	**BŁĄDEK Piotr**	KAMIEŃ		POL	1986	M30	107	03:06:12	03:06:05	244
		5km:00:21:29 | 10km:00:43:04 | 15km: 01:04:40 | 20km:01:25:58 | 21km:01:30:37 | 25km:01:47:16 | 30km:02:09:04 | 35km:02:32:06 | 40km:02:56:23									
259	5062	**KUBICA Adam**	BYSTRA	Pędzące Nożyce Bystra	POL	1978	M40	91	03:06:32	03:06:16	245
		5km:00:22:19 | 10km:00:44:36 | 15km: 01:06:43 | 20km:01:28:40 | 21km:01:33:21 | 25km:01:50:21 | 30km:02:12:18 | 35km:02:34:11 | 40km:02:56:43									
260	7324	**POŁAWSKI Arkadiusz**	CHYLICE		POL	1978	M40	92	03:06:54	03:06:21	246
		5km:00:21:50 | 10km:00:43:28 | 15km: 01:04:47 | 20km:01:26:01 | 21km:01:30:40 | 25km:01:47:17 | 30km:02:08:45 | 35km:02:30:37 | 40km:02:55:12									
261	2126	**DĘBICKI Mariusz**	WRZEŚNIA		POL	1975	M40	93	03:06:39	03:06:25	247
		5km:00:21:57 | 10km:00:44:13 | 15km: 01:06:33 | 20km:01:28:41 | 21km:01:33:29 | 25km:01:50:36 | 30km:02:12:40 | 35km:02:34:41 | 40km:02:56:59									
262	6361	**ŚLĄZEK Wiktoria**	WARSZAWA	Kulki Cebulki	POL	1991	K30	8	03:07:02	03:06:42	15
		5km:00:21:57 | 10km:00:44:13 | 15km: 01:06:33 | 20km:01:28:41 | 21km:01:33:29 | 25km:01:50:36 | 30km:02:12:40 | 35km:02:34:41 | 40km:02:56:59									
263	4370	**TORRES Michael**	RZESZOW		USA	1982	M40	94	03:06:54	03:06:46	248
		5km:00:22:55 | 10km:00:45:51 | 15km: 01:08:44 | 20km:01:31:15 | 21km:01:36:04 | 25km:01:52:50 | 30km:02:14:07 | 35km:02:35:14 | 40km:02:57:29									
264	6375	**LUZAR Rafał**	OPOLE		POL	1979	M40	95	03:07:37	03:06:49	249
		5km:00:19:59 | 10km:00:40:46 | 15km: 01:01:53 | 20km:01:23:41 | 21km:01:28:19 | 25km:01:45:23 | 30km:02:08:57 | 35km:02:33:10 | 40km:02:57:08									
265	5068	**LIEVEN Menno**	CAPELLE AAN DEN IJSSEL		NED	1982	M40	96	03:06:56	03:06:55	250
		5km:00:21:52 | 10km:00:43:45 | 15km: 01:05:26 | 20km:01:26:47 | 21km:01:31:27 | 25km:01:48:19 | 30km:02:10:28 | 35km:02:32:53 | 40km:02:56:19									
266	4191	**JAWORSKI Paweł**	GDAŃSK		POL	1988	M30	108	03:07:18	03:07:01	251
		5km:00:21:30 | 10km:00:43:23 | 15km: 01:04:42 | 20km:01:26:35 | 21km:01:31:13 | 25km:01:48:00 | 30km:02:10:26 | 35km:02:33:07 | 40km:02:57:06									
267	7277	**MIKULSKI Jacek**	WARSZAWA	Adidas Runners Warsaw	POL	1972	M50	19	03:07:32	03:07:14	252
		5km:00:22:01 | 10km:00:44:08 | 15km: 01:06:03 | 20km:01:28:03 | 21km:01:32:51 | 25km:01:50:03 | 30km:02:12:10 | 35km:02:34:29 | 40km:02:57:29									
268	7310	**STANKIEWICZ Dominik**	WARSZAWA	Muzyk Sportowy	POL	1989	M30	109	03:07:30	03:07:15	253
		5km:00:21:58 | 10km:00:44:07 | 15km: 01:06:03 | 20km:01:28:04 | 21km:01:32:52 | 25km:01:50:06 | 30km:02:12:11 | 35km:02:34:31 | 40km:02:57:30									
269	7671	**BIAŁEK Aleksandra**	KRAKÓW	Weganizmy	POL	1995	K20	5	03:07:33	03:07:16	16
		5km:00:21:34 | 10km:00:43:09 | 15km: 01:04:47 | 20km:01:26:06 | 21km:01:30:43 | 25km:01:47:23 | 30km:02:09:53 | 35km:02:32:51 | 40km:02:57:04									
270	7344	**PTASZNIK Grzegorz**	STALOWA WOLA	PZU Sport Team	POL	1971	M50	20	03:07:38	03:07:27	254
		5km:00:22:33 | 10km:00:45:10 | 15km: 01:07:44 | 20km:01:30:03 | 21km:01:35:17 | 25km:01:52:29 | 30km:02:14:50 | 35km:02:36:41 | 40km:02:58:18									
271	6289	**TAŁANDA Daniel**	GARWOLIN		POL	1987	M30	110	03:08:11	03:07:28	255
		5km:00:21:18 | 10km:00:42:30 | 15km: 01:03:42 | 20km:01:24:55 | 21km:01:29:35 | 25km:01:46:37 | 30km:02:09:04 | 35km:02:32:13 | 40km:02:56:57									
272	7956	**DOROCIAK Kamil**	WARSZAWA	BieganiePo40.pl	POL	1978	M40	97	03:07:55	03:07:42	256
		5km:00:22:34 | 10km:00:45:17 | 15km: 01:07:56 | 20km:01:30:29 | 21km:01:35:54 | 25km:01:53:01 | 30km:02:15:22 | 35km:02:37:08 | 40km:02:58:41									
273	7669	**MIODUSZEWSKI Bogusław**	LEGIONOWO		POL	1988	M30	111	03:08:30	03:07:57	257
		5km:00:22:19 | 10km:00:44:58 | 15km: 01:07:04 | 20km:01:29:24 | 21km:01:34:08 | 25km:01:51:35 | 30km:02:13:54 | 35km:02:36:31 | 40km:02:59:01									
274	14528	**SUKTA Wojciech**	WROCŁAW		POL	1989	M30	112	03:08:23	03:08:05	258
		5km:00:22:30 | 10km:00:45:00 | 15km: 01:07:41 | 20km:01:29:59 | 21km:01:34:49 | 25km:01:52:17 | 30km:02:14:41 | 35km:02:36:40 | 40km:02:58:54									
275	7278	**GDANIEC Jakub**	WROCŁAW	CUBU ARCHITEKCI	POL	1984	M30	112	03:08:26	03:08:05	258
		5km:00:21:35 | 10km:00:43:15 | 15km: 01:04:37 | 20km:01:25:53 | 21km:01:30:31 | 25km:01:47:14 | 30km:02:09:01 | 35km:02:31:56 | 40km:02:57:11									
276	6295	**CHABER Paweł**	WARSZAWA	Petarda Mokotów	POL	1985	M30	114	03:08:31	03:08:06	260

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:22:13 | 10km:00:44:51 | 15km: 01:06:57 | 20km:01:29:19 | 21km:01:34:03 | 25km:01:51:30 | 30km:02:13:50 | 35km:02:35:59 | 40km:02:58:34									
277	2733	**BUJOCZEK Leszek**	KRAKÓW	AZS AWF Kraków Masters	POL	1975	M40	98	03:08:34	03:08:10	261
		5km:00:21:36 | 10km:00:43:46 | 15km: 01:05:43 | 20km:01:27:29 | 21km:01:32:13 | 25km:01:49:07 | 30km:02:10:45 | 35km:02:32:54 | 40km:02:56:53									
278	6830	**GULB?K Kristian**	VALBY		DEN	1973	M50	21	03:08:15	03:08:10	261
		5km:00:21:13 | 10km:00:42:19 | 15km: 01:03:21 | 20km:01:25:09 | 21km:01:29:55 | 25km:01:47:10 | 30km:02:10:08 | 35km:02:33:38 | 40km:02:57:57									
279	7166	**MASALSKIS Mantas**	VILNIUS	Million Steps	LTU	1987	M30	115	03:08:27	03:08:17	263
		5km:00:21:01 | 10km:00:42:14 | 15km: 01:03:09 | 20km:01:24:13 | 21km:01:28:48 | 25km:01:45:22 | 30km:02:07:29 | 35km:02:30:51 | 40km:02:56:43									
280	7595	**KUBILUS Robert**	ŁAPALICE	MJR	POL	1970	M50	22	03:08:29	03:08:17	263
		5km:00:22:18 | 10km:00:44:55 | 15km: 01:07:03 | 20km:01:29:20 | 21km:01:34:05 | 25km:01:51:32 | 30km:02:13:50 | 35km:02:36:00 | 40km:02:58:37									
281	6979	**GAWEŁ Piotr**	ŁOMIANKI		POL	1978	M40	99	03:08:38	03:08:18	265
		5km:00:21:01 | 10km:00:42:23 | 15km: 01:03:51 | 20km:01:25:55 | 21km:01:30:42 | 25km:01:48:19 | 30km:02:11:33 | 35km:02:35:03 | 40km:02:58:41									
282	7480	**MICHALIK Rafał**	PIASECZNO	Amazfit	POL	1991	M30	116	03:08:24	03:08:18	265
		5km:00:19:38 | 10km:00:40:19 | 15km: 01:01:14 | 20km:01:22:00 | 21km:01:26:35 | 25km:01:43:50 | 30km:02:06:50 | 35km:02:30:37 | 40km:02:56:14									
283	5248	**KOWAL Piotr**	STALOWA WOLA		POL	1995	M20	30	03:08:25	03:08:22	267
		5km:00:22:29 | 10km:00:44:59 | 15km: 01:07:42 | 20km:01:30:00 | 21km:01:34:51 | 25km:01:52:23 | 30km:02:14:52 | 35km:02:37:27 | 40km:02:59:27									
284	3404	**DZIENDZIEL Piotr**	BIELSKO-BIAŁA		POL	1989	M30	117	03:08:46	03:08:24	268
		5km:00:22:27 | 10km:00:44:58 | 15km: 01:07:25 | 20km:01:29:25 | 21km:01:34:08 | 25km:01:51:12 | 30km:02:13:34 | 35km:02:35:54 | 40km:02:58:34									
285	2178	**FOLWARSKI Grzegorz**	RABA WYŻNA		POL	1976	M40	100	03:08:49	03:08:25	269
		5km:00:22:14 | 10km:00:44:55 | 15km: 01:07:01 | 20km:01:29:26 | 21km:01:34:16 | 25km:01:51:39 | 30km:02:13:53 | 35km:02:35:53 | 40km:02:58:31									
286	10449	**DONAJ Łukasz**	KOŚCIAN		POL	1992	M30	118	03:08:52	03:08:29	270
		5km:00:22:05 | 10km:00:44:10 | 15km: 01:06:03 | 20km:01:27:53 | 21km:01:32:41 | 25km:01:49:54 | 30km:02:12:10 | 35km:02:35:04 | 40km:02:58:32									
287	7741	**OLEK Artur**	RYKI	biegusiem.pl	POL	1975	M40	101	03:08:45	03:08:32	271
		5km:00:22:19 | 10km:00:44:57 | 15km: 01:07:03 | 20km:01:29:22 | 21km:01:34:06 | 25km:01:51:33 | 30km:02:13:52 | 35km:02:36:01 | 40km:02:58:38									
288	7945	**ŁUKOMSKI Janusz**	WARSZAWA	PKO Bank Polski	POL	1978	M40	102	03:08:51	03:08:33	272
		5km:00:21:31 | 10km:00:43:08 | 15km: 01:04:44 | 20km:01:26:02 | 21km:01:30:42 | 25km:01:47:18 | 30km:02:08:40 | 35km:02:31:40 | 40km:02:58:15									
289	2926	**SIWEK Zbigniew**	CHEŁMEK	SzopaMebleNaturalne	POL	1976	M40	103	03:08:51	03:08:40	273
		5km:00:21:58 | 10km:00:43:55 | 15km: 01:05:37 | 20km:01:27:22 | 21km:01:32:04 | 25km:01:49:07 | 30km:02:11:22 | 35km:02:34:09 | 40km:02:58:03									
290	12503	**SYCHNIAK Agnieszka**	ŁÓDŹ	AkademiaBiegacza.pl	POL	1980	K40	4	03:09:01	03:08:48	17
		5km:00:22:17 | 10km:00:44:51 | 15km: 01:06:59 | 20km:01:29:17 | 21km:01:34:03 | 25km:01:51:30 | 30km:02:13:47 | 35km:02:35:30 | 40km:02:58:52									
291	2454	**FALKEVIK Espen**	BJOERNEMYR	Nesodden IF	NOR	1981	M40	104	03:09:12	03:08:49	274
		5km:00:20:42 | 10km:00:41:48 | 15km: 01:02:42 | 20km:01:23:51 | 21km:01:28:25 | 25km:01:45:08 | 30km:02:07:16 | 35km:02:31:46 | 40km:02:57:32									
292	6549	**PAULENKA Yury**	WROCLAW			1983	M40	105	03:09:05	03:08:54	275
		5km:00:22:03 | 10km:00:44:41 | 15km: 01:06:48 | 20km:01:29:06 | 21km:01:33:51 | 25km:01:51:19 | 30km:02:13:38 | 35km:02:35:46 | 40km:02:58:46									
293	10020	**SAJDOK Kamil**	TARNOWSKIE GÓRY	Srebni biegacze Tarnowskie góry	POL	1987	M30	119	03:09:29	03:08:56	276
		5km:00:22:14 | 10km:00:44:47 | 15km: 01:06:40 | 20km:01:28:33 | 21km:01:33:12 | 25km:01:50:28 | 30km:02:12:37 | 35km:02:35:03 | 40km:02:58:36									
294	4395	**DERLATKA Maciej**	WARSZAWA		POL	1983	M40	106	03:09:22	03:08:57	277
		5km:00:22:26 | 10km:00:45:06 | 15km: 01:07:11 | 20km:01:29:30 | 21km:01:34:14 | 25km:01:51:40 | 30km:02:13:52 | 35km:02:36:26 | 40km:02:59:20									
295	6279	**NOWAK Grzegorz Paweł**	POZNAŃ	Cytadela by Night	POL	1989	M30	120	03:09:20	03:09:07	278
		5km:00:22:35 | 10km:00:45:11 | 15km: 01:07:41 | 20km:01:30:22 | 21km:01:35:12 | 25km:01:52:37 | 30km:02:14:58 | 35km:02:36:59 | 40km:02:59:26									
296	4396	**KLATA Jan**	WARSZAWA		POL	1973	M50	23	03:09:35	03:09:08	279
		5km:00:22:21 | 10km:00:44:41 | 15km: 01:07:01 | 20km:01:29:23 | 21km:01:34:15 | 25km:01:52:02 | 30km:02:14:53 | 35km:02:37:28 | 40km:02:59:54									
297	7084	**JACHIMIAK Michał**	PIASECZNO		POL	2000	M20	31	03:09:26	03:09:08	279
		5km:00:21:47 | 10km:00:44:15 | 15km: 01:06:03 | 20km:01:28:07 | 21km:01:32:52 | 25km:01:50:13 | 30km:02:12:35 | 35km:02:35:09 | 40km:02:59:10									
298	3296	**KASZOWSKI Marcin**	GLIWICE		POL	1976	M40	107	03:09:27	03:09:11	281
		5km:00:22:41 | 10km:00:46:08 | 15km: 01:08:46 | 20km:01:31:20 | 21km:01:36:13 | 25km:01:53:39 | 30km:02:16:04 | 35km:02:38:23 | 40km:03:00:04									
299	2502	**CHOLEWIŃSKI Paweł**	ŚRODA ŚLĄSKA	Średzcy Biegacze	POL	1984	M30	121	03:09:39	03:09:15	282
		5km:00:21:49 | 10km:00:43:23 | 15km: 01:04:49 | 20km:01:26:17 | 21km:01:30:48 | 25km:01:48:07 | 30km:02:11:16 | 35km:02:34:22 | 40km:02:59:11									
300	4346	**HOCKEN Jonny**	UK	Aliwal Troop	GBR	1998	M20	32	03:10:04	03:09:23	283
		5km:00:21:50 | 10km:00:43:32 | 15km: 01:05:08 | 20km:01:26:53 | 21km:01:31:37 | 25km:01:48:31 | 30km:02:10:08 | 35km:02:32:16 | 40km:02:58:12									
301	5280	**KACZYŃSKI Aleksander**	ŁAPY	3t białystok	POL	1982	M40	108	03:09:37	03:09:25	284
		5km:00:21:31 | 10km:00:43:07 | 15km: 01:04:45 | 20km:01:26:00 | 21km:01:30:41 | 25km:01:47:18 | 30km:02:09:21 | 35km:02:33:22 | 40km:02:58:38									
302	8080	**STASZEWSKI Wojciech**	WARSZAWA	KS Staszewscy	POL	1967	M50	24	03:09:44	03:09:26	285
		5km:00:21:28 | 10km:00:43:16 | 15km: 01:04:51 | 20km:01:27:16 | 21km:01:32:04 | 25km:01:50:03 | 30km:02:13:12 | 35km:02:36:10 | 40km:02:59:44									
303	7258	**MOSKWA Sławomir**	JAWISZOWICE	Zadyszka Oświęcim	POL	1986	M30	122	03:09:45	03:09:27	286
		5km:00:22:22 | 10km:00:44:58 | 15km: 01:07:25 | 20km:01:29:58 | 21km:01:34:52 | 25km:01:52:29 | 30km:02:14:56 | 35km:02:37:31 | 40km:02:59:58									
304	10402	**STEC Michał**	DĘBICA		POL	1987	M30	123	03:10:52	03:09:29	287
		5km:00:21:01 | 10km:00:42:14 | 15km: 01:03:09 | 20km:01:24:13 | 21km:01:28:48 | 25km:01:45:22 | 30km:02:07:29 | 35km:02:30:51 | 40km:02:56:43									
305	6059	**TWAROWSKI Karol**	TORUŃ	PARKRUN TORUŃ	POL	1979	M40	109	03:09:53	03:09:31	288
		5km:00:22:28 | 10km:00:44:59 | 15km: 01:07:39 | 20km:01:29:58 | 21km:01:34:52 | 25km:01:52:21 | 30km:02:14:52 | 35km:02:37:17 | 40km:02:59:46									
306	2694	**MATCZAK Mateusz**	WARSZAWA	SH Running Team	POL	1987	M30	124	03:09:52	03:09:32	289
		5km:00:21:58 | 10km:00:44:04 | 15km: 01:05:38 | 20km:01:27:34 | 21km:01:32:18 | 25km:01:49:29 | 30km:02:12:03 | 35km:02:34:56 | 40km:02:59:22									
307	6339	**IZDEBSKI Michał**	WARSZAWA	Aktywna Warszawa	POL	1988	M30	124	03:09:56	03:09:32	289
		5km:00:22:26 | 10km:00:44:56 | 15km: 01:07:39 | 20km:01:29:55 | 21km:01:34:44 | 25km:01:52:14 | 30km:02:14:47 | 35km:02:37:22 | 40km:02:59:59									
308	7391	**DRZEWIECKI Damian**	PIASTÓW		POL	1986	M30	126	03:10:10	03:09:37	291
		5km:00:22:43 | 10km:00:45:30 | 15km: 01:07:50 | 20km:01:30:08 | 21km:01:34:54 | 25km:01:52:23 | 30km:02:14:41 | 35km:02:37:07 | 40km:03:00:15									
309	7677	**ZIMNY Oskar**	WARSZAWA	Weekendowy Reset	POL	1982	M40	110	03:09:56	03:09:37	291
		5km:00:22:18 | 10km:00:44:52 | 15km: 01:07:02 | 20km:01:29:22 | 21km:01:34:05 | 25km:01:51:34 | 30km:02:13:50 | 35km:02:36:01 | 40km:02:59:26									
310	13051	**DĄBROWSKI Tomasz**	RZESZÓW	Carpathian Runners	POL	1987	M30	127	03:09:55	03:09:38	293
		5km:00:21:27 | 10km:00:43:01 | 15km: 01:04:38 | 20km:01:26:25 | 21km:01:30:58 | 25km:01:47:26 | 30km:02:10:08 | 35km:02:33:31 | 40km:02:58:58									
311	2014	**NOWAK Radosław**	ŚWINOUJŚCIE	West Coast Team Świnoujście	POL	1980	M40	111	03:10:12	03:09:40	294
		5km:00:22:30 | 10km:00:44:50 | 15km: 01:07:05 | 20km:01:29:13 | 21km:01:34:03 | 25km:01:51:08 | 30km:02:13:13 | 35km:02:35:44 | 40km:02:59:29									
312	8223	**WILK Jacek**	WARSZAWA	Siemens Healthcare	POL	1969	M50	25	03:10:00	03:09:50	295
		5km:00:21:23 | 10km:00:43:11 | 15km: 01:05:08 | 20km:01:27:14 | 21km:01:31:55 | 25km:01:49:23 | 30km:02:11:53 | 35km:02:34:44 | 40km:02:59:26									
313	3226	**WOJTASIEWICZ Paweł**	KATOWICE	Hager Sport Team	POL	1982	M40	112	03:10:16	03:09:51	296
		5km:00:22:27 | 10km:00:44:57 | 15km: 01:07:40 | 20km:01:29:59 | 21km:01:34:51 | 25km:01:52:21 | 30km:02:14:33 | 35km:02:36:36 | 40km:02:59:33									
314	7384	**KARASIŃSKI Radosław**	TARNOBRZEG	KarasTeam	POL	1979	M40	112	03:10:06	03:09:51	296
		5km:00:22:42 | 10km:00:45:07 | 15km: 01:07:47 | 20km:01:30:07 | 21km:01:34:59 | 25km:01:52:27 | 30km:02:14:59 | 35km:02:37:33 | 40km:03:00:06									
315	7946	**KRZEMPEK Aleksander**	WARSZAWA	Bieganiepo40.pl	POL	1973	M50	26	03:10:16	03:09:55	298
		5km:00:22:29 | 10km:00:44:59 | 15km: 01:07:42 | 20km:01:30:02 | 21km:01:34:53 | 25km:01:52:23 | 30km:02:14:54 | 35km:02:37:27 | 40km:02:59:59									
316	7594	**SHAKAVETS Aliaksandr**	MINSK			1997	M20	33	03:11:41	03:09:56	299
		5km:00:22:38 | 10km:00:45:01 | 15km: 01:06:44 | 20km:01:28:26 | 21km:01:33:10 | 25km:01:50:50 | 30km:02:13:39 | 35km:02:36:32 | 40km:02:59:49									
317	3610	**PRAŻMOWSKI Marcin**	RZESZÓW	Maratończyk Zabrnie	POL	1974	M40	114	03:10:30	03:09:57	300
		5km:00:22:33 | 10km:00:45:15 | 15km: 01:07:59 | 20km:01:30:33 | 21km:01:35:27 | 25km:01:53:02 | 30km:02:15:08 | 35km:02:37:17 | 40km:03:00:14									
318	6755	**PANCHIERZ Marcin**	SIEMIANOWICE ŚLĄSKIE	42k Pro Team	POL	1989	M30	128	03:10:07	03:10:01	301
		5km:00:20:23 | 10km:00:41:34 | 15km: 01:02:49 | 20km:01:24:06 | 21km:01:28:44 | 25km:01:45:37 | 30km:02:08:24 | 35km:02:33:47 | 40km:02:59:38									
319	7444	**NIZIŃSKA Magdalena**	WYSZKÓW	KB Wyszków	POL	1983	K40	5	03:10:34	03:10:01	18
		5km:00:22:37 | 10km:00:44:50 | 15km: 01:06:54 | 20km:01:29:04 | 21km:01:33:49 | 25km:01:51:05 | 30km:02:13:26 | 35km:02:36:16 | 40km:02:59:53									
320	4350	**ZAMŁYŃSKI Bartosz**	WROCŁAW		POL	1990	M30	129	03:10:54	03:10:03	302
		5km:00:22:50 | 10km:00:45:42 | 15km: 01:08:09 | 20km:01:30:42 | 21km:01:35:33 | 25km:01:53:09 | 30km:02:15:32 | 35km:02:37:39 | 40km:03:00:21									
321	6095	**ZACHMYC Damian**	POZNAŃ		POL	1984	M30	130	03:10:20	03:10:04	303
		5km:00:22:44 | 10km:00:45:26 | 15km: 01:08:07 | 20km:01:30:44 | 21km:01:35:39 | 25km:01:53:15 | 30km:02:15:51 | 35km:02:38:45 | 40km:03:00:49									
322	2124	**KONRAD Artur**	ZAWIERCIE	BRACIA TEAM ZAWIERCIE	POL	1977	M40	115	03:10:26	03:10:06	304

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:05| 10km:00:46:02| 15km: 01:08:41 | 20km:01:31:12 | 21km:01:36:08 | 25km:01:53:34 | 30km:02:15:58 | 35km:02:38:18 | 40km:03:00:41									
323	7476	**OGORZAŁEK Łukasz**	WĄBRZEŹNO	Start Team Wąbrzeźno	POL	1978	M40	116	03:10:43	03:10:13	305
		5km:00:22:34| 10km:00:45:16| 15km: 01:08:00 | 20km:01:30:36 | 21km:01:35:29 | 25km:01:53:06 | 30km:02:15:40 | 35km:02:37:54 | 40km:03:00:49									
324	14505	**KOZŁOWSKI Włodzimierz**	SUŁKOWICE	KS START PUŁASKI	POL	1980	M40	117	03:11:11	03:10:14	306
		5km:00:23:02| 10km:00:45:47| 15km: 01:07:48 | 20km:01:29:46 | 21km:01:34:34 | 25km:01:51:41 | 30km:02:13:51 | 35km:02:36:31 | 40km:03:00:15									
325	3575	**GNAP Iwona**	WARSZAWA		POL	1991	K30	9	03:10:45	03:10:14	19
		5km:00:22:34| 10km:00:45:16| 15km: 01:08:00 | 20km:01:30:36 | 21km:01:35:29 | 25km:01:53:06 | 30km:02:15:40 | 35km:02:37:54 | 40km:03:00:49									
326	2862	**WEBBER Wendy**	MILTON KEYNES	Marshall Milton Keynes Athletics Club	GBR	1978	K40	6	03:10:37	03:10:19	20
		5km:00:21:46| 10km:00:44:19| 15km: 01:07:02 | 20km:01:29:27 | 21km:01:34:21 | 25km:01:52:00 | 30km:02:14:49 | 35km:02:37:20 | 40km:03:00:13									
327	7711	**KAZIECZKO Jakub**	BYDGOSZCZ		POL	1994	M20	34	03:11:08	03:10:26	307
		5km:00:22:47| 10km:00:45:42| 15km: 01:08:25 | 20km:01:30:52 | 21km:01:35:44 | 25km:01:53:17 | 30km:02:15:40 | 35km:02:37:50 | 40km:03:00:41									
328	8010	**HERMANN Tomasz**	OLSZTYN	Szkolenia BHP RODO / Są Wolniejsi / ALE TEAM	POL	1978	M40	118	03:11:02	03:10:32	308
		5km:00:22:36| 10km:00:45:25| 15km: 01:08:02 | 20km:01:30:40 | 21km:01:35:31 | 25km:01:53:05 | 30km:02:15:30 | 35km:02:37:53 | 40km:03:01:02									
329	7989	**SZYMONIAK Artur**	POZNAŃ	Naramowice Biegają	POL	1982	M40	119	03:10:48	03:10:33	309
		5km:00:22:20| 10km:00:44:59| 15km: 01:07:10 | 20km:01:29:26 | 21km:01:34:11 | 25km:01:51:24 | 30km:02:13:44 | 35km:02:36:18 | 40km:03:00:08									
330	5201	**BERA Sylwester**	HUTA KOSZARY	DreamTeam Wokół Łysej Góry	POL	1977	M40	120	03:10:49	03:10:34	310
		5km:00:22:16| 10km:00:44:59| 15km: 01:07:07 | 20km:01:29:31 | 21km:01:34:16 | 25km:01:51:42 | 30km:02:14:06 | 35km:02:36:37 | 40km:03:00:29									
331	6661	**IDZIAK Marcin**	DOBRZYKOWICE		POL	1979	M40	121	03:10:55	03:10:38	311
		5km:00:22:21| 10km:00:45:02| 15km: 01:07:45 | 20km:01:30:06 | 21km:01:34:58 | 25km:01:52:29 | 30km:02:14:58 | 35km:02:37:33 | 40km:03:00:45									
332	3135	**KISIELA Marek**	SMOLEC		POL	1975	M40	122	03:11:00	03:10:39	312
		5km:00:21:42| 10km:00:43:48| 15km: 01:05:59 | 20km:01:28:08 | 21km:01:32:59 | 25km:01:50:09 | 30km:02:12:43 | 35km:02:35:59 | 40km:03:00:17									
333	10035	**KUCZYŃSKI Krzysiek**	WROCŁAW		POL	1978	M40	123	03:11:01	03:10:42	313
		5km:00:22:20| 10km:00:45:02| 15km: 01:07:30 | 20km:01:29:54 | 21km:01:34:46 | 25km:01:52:21 | 30km:02:14:46 | 35km:02:37:16 | 40km:03:00:30									
334	2378	**PARADYSZ Piotr**	KRAKÓW		POL	1993	M30	131	03:11:15	03:10:44	314
		5km:00:22:34| 10km:00:45:15| 15km: 01:08:01 | 20km:01:30:36 | 21km:01:35:30 | 25km:01:53:06 | 30km:02:15:34 | 35km:02:38:04 | 40km:03:00:56									
335	3353	**SVART?S Simen**	OSLO		NOR	1995	M20	35	03:10:50	03:10:44	314
		5km:00:21:01| 10km:00:42:09| 15km: 01:03:31 | 20km:01:24:14 | 21km:01:28:38 | 25km:01:44:57 | 30km:02:07:43 | 35km:02:30:30 | 40km:03:00:18									
336	3754	**BARTOSZEWICZ Jan**	BIAŁYSTOK		POL	1982	M40	124	03:11:25	03:10:51	316
		5km:00:23:19| 10km:00:45:42| 15km: 01:07:57 | 20km:01:30:30 | 21km:01:35:21 | 25km:01:52:45 | 30km:02:15:07 | 35km:02:37:41 | 40km:03:00:52									
337	7267	**KRUPICKA Katarzyna**	WROCŁAW	Góral z Mazur Running Team	POL	1991	K30	10	03:11:06	03:10:55	21
		5km:00:22:39| 10km:00:45:16| 15km: 01:08:02 | 20km:01:30:37 | 21km:01:35:34 | 25km:01:53:23 | 30km:02:16:01 | 35km:02:38:35 | 40km:03:01:30									
338	2792	**RESZKA Rafał**	LUBLIN		POL	1993	M30	132	03:11:24	03:11:03	317
		5km:00:21:25| 10km:00:42:57| 15km: 01:04:28 | 20km:01:25:51 | 21km:01:30:30 | 25km:01:47:28 | 30km:02:10:33 | 35km:02:34:10 | 40km:03:00:28									
339	8241	**KOWALIK Daniel**	WARSZAWA	Klub Judo Lemur	POL	1982	M40	125	03:11:39	03:11:05	318
		5km:00:22:08| 10km:00:44:45| 15km: 01:06:43 | 20km:01:28:43 | 21km:01:33:30 | 25km:01:50:49 | 30km:02:13:27 | 35km:02:36:32 | 40km:03:00:33									
340	7407	**KOTLENGA Przemysław**	IŁAWA	Iława Biega	POL	1980	M40	126	03:12:38	03:11:10	319
		5km:00:21:00| 10km:00:42:30| 15km: 01:03:30 | 20km:01:24:47 | 21km:01:29:24 | 25km:01:46:09 | 30km:02:09:13 | 35km:02:33:26 | 40km:02:59:44									
341	7710	**AULEYTNER Janusz**	WARSZAWA	PKO BP SA	POL	1975	M40	127	03:11:31	03:11:14	320
		5km:00:22:16| 10km:00:44:55| 15km: 01:07:06 | 20km:01:29:33 | 21km:01:34:29 | 25km:01:52:10 | 30km:02:14:44 | 35km:02:37:22 | 40km:03:00:53									
342	7777	**RÓZGA Grzegorz**	WAŁCZ	TEAM TERMINATORUN	POL	1994	M20	36	03:11:45	03:11:15	321
		5km:00:22:20| 10km:00:44:44| 15km: 01:06:28 | 20km:01:28:24 | 21km:01:33:03 | 25km:01:50:09 | 30km:02:13:03 | 35km:02:36:29 | 40km:03:00:58									
343	2121	**MIELNICZUK Mirosław**	WARSZAWA	Adidas Runners	POL	1975	M40	128	03:11:47	03:11:28	322
		5km:00:21:55| 10km:00:44:02| 15km: 01:05:56 | 20km:01:27:48 | 21km:01:32:35 | 25km:01:49:53 | 30km:02:12:12 | 35km:02:34:44 | 40km:03:00:05									
344	6419	**PETRYLA Giedrius**	VILNIUS		LTU	1985	M30	133	03:17:35	03:11:33	323
		5km:00:22:46| 10km:00:44:29| 15km: 01:06:12 | 20km:01:27:50 | 21km:01:32:34 | 25km:01:49:48 | 30km:02:12:40 | 35km:02:36:06 | 40km:03:00:47									
345	7550	**BOTTY Gilbert**	MAASTRICHT		NED	1973	M50	27	03:11:56	03:11:35	324
		5km:00:22:29| 10km:00:45:01| 15km: 01:07:42 | 20km:01:30:00 | 21km:01:34:53 | 25km:01:52:22 | 30km:02:14:54 | 35km:02:37:37 | 40km:03:01:33									
346	4078	**SARNACKI Łukasz**	WYSZKÓW	KB WYSZKÓW	POL	1987	M30	134	03:12:42	03:11:53	325
		5km:00:22:00| 10km:00:43:47| 15km: 01:05:30 | 20km:01:27:31 | 21km:01:32:18 | 25km:01:49:36 | 30km:02:12:11 | 35km:02:34:49 | 40km:03:02:25									
347	5105	**TYNUS Grzegorz**	FRYDMAN		POL	1978	M40	129	03:12:30	03:11:54	326
		5km:00:23:17| 10km:00:46:59| 15km: 01:09:38 | 20km:01:32:13 | 21km:01:37:06 | 25km:01:54:28 | 30km:02:16:48 | 35km:02:39:10 | 40km:03:01:59									
348	15511	**CHMIEL Krzysztof**	WOŁOMIN	Zabiegany Wołomin	POL	1987	M30	135	03:12:16	03:12:04	327
		5km:00:21:24| 10km:00:42:41| 15km: 01:04:04 | 20km:01:25:52 | 21km:01:30:42 | 25km:01:48:23 | 30km:02:12:06 | 35km:02:36:07 | 40km:03:01:03									
349	6491	**LEŚNIEWSKI Majkel**	RAWICZ	MLT	POL	1991	M30	136	03:12:27	03:12:07	328
		5km:00:22:31| 10km:00:45:01| 15km: 01:07:42 | 20km:01:29:59 | 21km:01:34:52 | 25km:01:52:27 | 30km:02:14:55 | 35km:02:37:28 | 40km:03:01:46									
350	7284	**IWAN Kamil**	HUTA NOWA	Dream Team Wokół Łysej Góry	POL	1988	M30	136	03:12:21	03:12:07	328
		5km:00:22:17| 10km:00:45:01| 15km: 01:07:07 | 20km:01:29:25 | 21km:01:34:10 | 25km:01:51:38 | 30km:02:13:55 | 35km:02:36:14 | 40km:03:01:13									
351	6505	**SELKE Radosław Lucjan**	MILANÓWEK	wsparcietreningowe.pl	POL	1985	M30	138	03:12:15	03:12:08	330
		5km:00:19:49| 10km:00:39:49| 15km: 00:59:50 | 20km:01:34:23 | 21km:01:42:47 | 25km:01:59:08 | 30km:02:19:38 | 35km:02:40:24 | 40km:03:02:11									
352	4342	**STYCZYŃSKI Grzegorz**	RADOM		POL	1981	M40	130	03:12:49	03:12:09	331
		5km:00:22:54| 10km:00:45:59| 15km: 01:08:48 | 20km:01:31:29 | 21km:01:36:20 | 25km:01:53:53 | 30km:02:16:20 | 35km:02:38:35 | 40km:03:02:01									
353	15523	**PIWOŃSKA Julita**	EŁK	Woodrun	POL	1978	K40	7	03:12:24	03:12:10	22
		5km:00:21:32| 10km:00:43:13| 15km: 01:05:00 | 20km:01:27:09 | 21km:01:31:55 | 25km:01:49:33 | 30km:02:12:21 | 35km:02:36:17 | 40km:03:01:22									
354	10804	**NAPIÓRKOWSKI Mariusz**	WARSZAWA		POL	1983	M40	131	03:19:38	03:12:11	332
		5km:00:24:32| 10km:00:49:07| 15km: 01:12:20 | 20km:01:35:04 | 21km:01:39:47 | 25km:01:56:42 | 30km:02:18:28 | 35km:02:40:13 | 40km:03:02:46									
355	10594	**DEKA Tomasz**	SOCHACZEW		POL	1981	M40	132	03:12:33	03:12:15	333
		5km:00:22:19| 10km:00:44:56| 15km: 01:07:04 | 20km:01:29:23 | 21km:01:34:07 | 25km:01:51:34 | 30km:02:13:52 | 35km:02:36:02 | 40km:03:01:11									
356	3033	**DYDYNSKI Dawid**	LUBIN		POL	1997	M20	37	03:12:47	03:12:16	334
		5km:00:22:38| 10km:00:45:21| 15km: 01:08:02 | 20km:01:30:36 | 21km:01:35:40 | 25km:01:53:15 | 30km:02:15:51 | 35km:02:38:46 | 40km:03:02:21									
357	6345	**DUDAS Arkadiusz**	ŁÓDŹ	Atlas Running Team	POL	1994	M20	38	03:15:59	03:12:24	335
		5km:00:22:51| 10km:00:45:42| 15km: 01:08:27 | 20km:01:31:00 | 21km:01:35:50 | 25km:01:53:07 | 30km:02:15:41 | 35km:02:38:26 | 40km:03:01:49									
358	10082	**TKACZYK Jakub**	RZECZENIA		POL	2001	M20	39	03:12:45	03:12:27	336
		5km:00:22:06| 10km:00:44:24| 15km: 01:06:33 | 20km:01:29:38 | 21km:01:34:17 | 25km:01:51:11 | 30km:02:13:50 | 35km:02:36:44 | 40km:03:01:47									
359	6743	**WIŚNIEWSKI Dominik**	ŻNIN		POL	1998	M20	39	03:13:00	03:12:27	336
		5km:00:22:32| 10km:00:45:13| 15km: 01:07:57 | 20km:01:30:33 | 21km:01:35:27 | 25km:01:53:07 | 30km:02:15:52 | 35km:02:38:43 | 40km:03:02:25									
360	8120	**VETRILA Stefan**	WARSZAWA	Accenture Runners Club	MDA	1989	M30	139	03:13:05	03:12:33	338
		5km:00:22:33| 10km:00:45:15| 15km: 01:07:59 | 20km:01:30:33 | 21km:01:35:27 | 25km:01:53:08 | 30km:02:15:52 | 35km:02:38:45 | 40km:03:02:40									
361	3294	**OTOK Arkadiusz**	WARSZAWA		POL	1983	M40	133	03:12:52	03:12:34	339
		5km:00:21:53| 10km:00:44:11| 15km: 01:06:34 | 20km:01:28:42 | 21km:01:33:30 | 25km:01:50:47 | 30km:02:13:44 | 35km:02:36:57 | 40km:03:01:50									
362	10380	**KRASICKI Michał**	RAWICZ	Runnin-gym	POL	1977	M40	134	03:12:53	03:12:35	340
		5km:00:22:03| 10km:00:44:24| 15km: 01:06:48 | 20km:01:29:18 | 21km:01:34:07 | 25km:01:51:49 | 30km:02:14:59 | 35km:02:38:10 | 40km:03:02:17									
363	7125	**BARAN Michał**	GOŁDAP	15. Pułk Przeciwlotniczy	POL	1990	M30	140	03:12:59	03:12:41	341
		5km:00:22:19| 10km:00:44:56| 15km: 01:07:03 | 20km:01:29:26 | 21km:01:34:13 | 25km:01:51:37 | 30km:02:14:17 | 35km:02:37:46 | 40km:03:02:29									
364	5197	**SUMIŃSKI Mariusz**	JABŁONNA	flexisolutions.pl	POL	1980	M40	135	03:13:19	03:12:42	342
		5km:00:22:58| 10km:00:45:56| 15km: 01:08:38 | 20km:01:31:19 | 21km:01:36:15 | 25km:01:53:53 | 30km:02:16:22 | 35km:02:38:51 | 40km:03:02:07									
365	3358	**KOSTUR Marek**	BRĄSWAŁD		POL	1976	M40	136	03:13:13	03:12:48	343
		5km:00:22:25| 10km:00:44:57| 15km: 01:07:39 | 20km:01:29:59 | 21km:01:34:50 | 25km:01:52:22 | 30km:02:14:50 | 35km:02:37:25 | 40km:03:01:51									
366	10130	**PERCZYŃSKI Jakub**	ŁOCHOWO		POL	1989	M30	141	03:13:13	03:12:56	344
		5km:00:22:33| 10km:00:44:59| 15km: 01:07:08 | 20km:01:29:34 | 21km:01:34:22 | 25km:01:51:07 | 30km:02:12:46 | 35km:02:35:37 | 40km:03:02:07									
367	2170	**BARAŃSKI Jakub**	KRAKÓW	Motorola Solutions Krakow	POL	1985	M30	142	03:13:35	03:12:57	345
		5km:00:23:29| 10km:00:46:49| 15km: 01:09:51 | 20km:01:32:58 | 21km:01:37:57 | 25km:01:56:00 | 30km:02:18:42 | 35km:02:41:06 | 40km:03:03:27									
368	2351	**NOWAK Marcin**	WARSZAWA		POL	1980	M40	137	03:13:56	03:12:59	346
		5km:00:23:47| 10km:00:46:54| 15km: 01:10:13 | 20km:01:32:52 | 21km:01:37:44 | 25km:01:55:24 | 30km:02:17:14 | 35km:02:39:37 | 40km:03:03:00									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:22:54 | 10km:00:45:33 | 15km: 01:08:15 | 20km:01:30:53 | 21km:01:35:47 | 25km:01:53:28 | 30km:02:16:16 | 35km:02:39:37 | 40km:03:03:24									
369	7055	**MISZTAL Marcin**	HUTA NOWA	Dream Team Wokół Łysej Góry	POL	1980	M40	137	03:13:15	03:12:59	346
		5km:00:23:07 | 10km:00:46:11 | 15km: 01:09:00 | 20km:01:31:49 | 21km:01:36:45 | 25km:01:54:40 | 30km:02:17:33 | 35km:02:39:56 | 40km:03:02:59									
370	7336	**PAPADOPOULOS Stergios**	XANTHI	OSB - Xanthi Runners	GRE	1977	M40	139	03:13:49	03:13:06	348
		5km:00:23:17 | 10km:00:46:42 | 15km: 01:09:51 | 20km:01:32:59 | 21km:01:38:00 | 25km:01:55:44 | 30km:02:18:31 | 35km:02:40:40 | 40km:03:03:34									
371	10132	**FILIPOWSKI Jacek**	RADOM	Run For Fun	POL	1977	M40	140	03:13:44	03:13:07	349
		5km:00:23:14 | 10km:00:46:23 | 15km: 01:09:18 | 20km:01:32:16 | 21km:01:37:16 | 25km:01:55:02 | 30km:02:17:50 | 35km:02:40:10 | 40km:03:03:15									
372	7373	**ROWBOTHAM Stephen**	ROTHERHAM	Real Fitness Race Team	GBR	1968	M50	28	03:13:46	03:13:09	350
		5km:00:22:35 | 10km:00:45:18 | 15km: 01:07:39 | 20km:01:29:48 | 21km:01:34:33 | 25km:01:51:52 | 30km:02:14:20 | 35km:02:37:19 | 40km:03:02:45									
373	7004	**SANT Daniel**	BARNSLEY		GBR	1997	M20	41	03:13:46	03:13:16	351
		5km:00:22:17 | 10km:00:43:37 | 15km: 01:05:14 | 20km:01:26:36 | 21km:01:31:23 | 25km:01:48:32 | 30km:02:11:23 | 35km:02:35:44 | 40km:03:01:55									
374	5270	**ZAJĄC Stefan**	WARSZAWA		POL	1986	M30	143	03:20:06	03:13:19	352
		5km:00:22:01 | 10km:00:44:13 | 15km: 01:06:14 | 20km:01:28:30 | 21km:01:33:19 | 25km:01:50:42 | 30km:02:13:21 | 35km:02:36:09 | 40km:03:02:03									
375	8245	**ROŻNOWSKI Dariusz**	WARSZAWA	Drużyna B.R.	POL	1970	M50	29	03:13:37	03:13:22	353
		5km:00:23:53 | 10km:00:48:23 | 15km: 01:13:50 | 20km:01:36:58 | 21km:01:42:01 | 25km:01:59:51 | 30km:02:22:28 | 35km:02:43:50 | 40km:03:04:31									
376	3366	**BYSZEWSKI Przemysław**	LONDON		POL	1984	M30	144	03:14:18	03:13:23	354
		5km:00:22:01 | 10km:00:44:58 | 15km: 01:07:28 | 20km:01:29:57 | 21km:01:34:51 | 25km:01:52:29 | 30km:02:15:16 | 35km:02:38:36 | 40km:03:02:34									
377	2187	**MURDEN Philip**	DÜSSELDORF		GER	1986	M30	145	03:13:43	03:13:24	355
		5km:00:23:12 | 10km:00:46:06 | 15km: 01:08:56 | 20km:01:31:30 | 21km:01:36:22 | 25km:01:53:46 | 30km:02:15:59 | 35km:02:38:25 | 40km:03:02:28									
378	2559	**PODWYSOCKI Tomasz**	WARSZAWA	Vamos Racing Team	POL	1987	M30	146	03:14:13	03:13:33	356
		5km:00:22:53 | 10km:00:45:55 | 15km: 01:08:42 | 20km:01:31:36 | 21km:01:36:36 | 25km:01:54:30 | 30km:02:17:22 | 35km:02:40:23 | 40km:03:03:57									
379	5139	**GOGOLA Łukasz**	BĘDZIN	Biegowa Kuźnia	POL	1979	M40	141	03:14:14	03:13:33	356
		5km:00:22:42 | 10km:00:45:24 | 15km: 01:08:06 | 20km:01:30:41 | 21km:01:35:38 | 25km:01:53:14 | 30km:02:15:49 | 35km:02:38:50 | 40km:03:03:16									
380	10403	**SMOŁUCH Marcin**	MASŁOWICE		POL	1985	M30	147	03:13:55	03:13:34	358
		5km:00:22:18 | 10km:00:44:55 | 15km: 01:07:02 | 20km:01:29:21 | 21km:01:34:04 | 25km:01:51:32 | 30km:02:13:50 | 35km:02:36:14 | 40km:03:02:19									
381	15018	**KUŹNICKI Konrad**	WARSZAWA		POL	1987	M30	148	03:13:58	03:13:38	359
		5km:00:22:34 | 10km:00:45:17 | 15km: 01:07:59 | 20km:01:30:36 | 21km:01:35:29 | 25km:01:53:10 | 30km:02:15:55 | 35km:02:38:48 | 40km:03:02:57									
382	6778	**JASKOT Artur**	WARSZAWA		POL	1985	M30	149	03:14:14	03:13:43	360
		5km:00:22:34 | 10km:00:45:11 | 15km: 01:07:42 | 20km:01:30:07 | 21km:01:34:55 | 25km:01:52:32 | 30km:02:15:11 | 35km:02:38:06 | 40km:03:02:09									
383	3568	**SZMELA Piotr**	RZESZÓW		POL	1995	M20	42	03:14:07	03:13:44	361
		5km:00:22:39 | 10km:00:45:26 | 15km: 01:08:13 | 20km:01:30:59 | 21km:01:35:52 | 25km:01:53:45 | 30km:02:16:51 | 35km:02:40:01 | 40km:03:03:44									
384	6028	**GUMIENNY Tomasz**	GNIEZNO	Bridgestone	POL	1975	M40	142	03:14:16	03:13:44	361
		5km:00:22:17 | 10km:00:44:57 | 15km: 01:07:41 | 20km:01:30:03 | 21km:01:34:53 | 25km:01:52:24 | 30km:02:14:55 | 35km:02:37:29 | 40km:03:02:37									
385	2895	**GRZĄBKA Paweł**	KRAKÓW	#ADAMCZERWIŃSKITEAM	POL	1985	M30	150	03:14:06	03:13:45	363
		5km:00:22:35 | 10km:00:45:17 | 15km: 01:07:50 | 20km:01:30:28 | 21km:01:35:17 | 25km:01:53:00 | 30km:02:16:00 | 35km:02:39:08 | 40km:03:03:16									
386	7522	**TABAK Konrad**	WROCŁAW	GVT	POL	1983	M40	143	03:14:12	03:13:46	364
		5km:00:22:53 | 10km:00:45:54 | 15km: 01:08:44 | 20km:01:31:36 | 21km:01:36:35 | 25km:01:54:30 | 30km:02:17:22 | 35km:02:40:24 | 40km:03:03:57									
387	3630	**SZWAJCA Michał**	SOSNOWIEC		POL	1978	M40	144	03:14:29	03:13:48	365
		5km:00:22:19 | 10km:00:45:02 | 15km: 01:07:05 | 20km:01:29:26 | 21km:01:34:09 | 25km:01:51:48 | 30km:02:13:52 | 35km:02:37:45 | 40km:03:03:58									
388	6168	**BŁASZCZYK Bartłomiej**	OŻARÓW MAZOWIECKI		POL	1999	M20	43	03:14:13	03:13:55	366
		5km:00:22:34 | 10km:00:45:19 | 15km: 01:07:57 | 20km:01:30:32 | 21km:01:35:26 | 25km:01:53:06 | 30km:02:15:53 | 35km:02:39:05 | 40km:03:03:13									
389	3887	**MACIOSZEK Krystyna**	ZIELONA GÓRA	Creotech	POL	1987	K30	11	03:14:30	03:13:56	23
		5km:00:22:58 | 10km:00:45:59 | 15km: 01:08:55 | 20km:01:31:48 | 21km:01:36:46 | 25km:01:54:44 | 30km:02:17:41 | 35km:02:40:59 | 40km:03:04:28									
390	2822	**GRZESIK Paweł**	WARSZAWA	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	POL	1995	M20	44	03:14:37	03:13:57	367
		5km:00:22:46 | 10km:00:45:34 | 15km: 01:08:29 | 20km:01:31:21 | 21km:01:36:25 | 25km:01:54:15 | 30km:02:17:14 | 35km:02:39:53 | 40km:03:03:16									
391	7940	**GOWIN Przemek**	WARSZAWA		POL	1985	M30	151	03:14:43	03:14:02	368
		5km:00:20:52 | 10km:00:42:19 | 15km: 01:03:40 | 20km:01:26:02 | 21km:01:30:50 | 25km:01:49:05 | 30km:02:12:17 | 35km:02:37:03 | 40km:03:03:12									
392	10461	**DURYS Jarosław**	ŻYCHLIN	OSP KRSG ŻYCHLIN	POL	1975	M40	145	03:14:05	03:14:03	369
		5km:00:22:57 | 10km:00:46:01 | 15km: 01:08:58 | 20km:01:31:56 | 21km:01:36:49 | 25km:01:54:41 | 30km:02:17:32 | 35km:02:40:33 | 40km:03:04:07									
393	5163	**ZIÓŁKOWSKI Włodek**	BYDGOSZCZ		POL	1984	M30	152	03:14:44	03:14:13	370
		5km:00:22:49 | 10km:00:46:06 | 15km: 01:09:08 | 20km:01:32:15 | 21km:01:37:14 | 25km:01:55:05 | 30km:02:18:05 | 35km:02:40:46 | 40km:03:04:11									
394	3700	**SADECKI Karol**	BYDGOSZCZ		POL	1988	M30	153	03:15:35	03:14:15	371
		5km:00:23:01 | 10km:00:46:02 | 15km: 01:08:25 | 20km:01:31:07 | 21km:01:35:59 | 25km:01:53:57 | 30km:02:16:48 | 35km:02:39:49 | 40km:03:03:38									
395	6103	**PRUCHNIAK Robert**	WARSZAWA	Lipiec Running Team	POL	1971	M50	30	03:14:51	03:14:19	372
		5km:00:22:32 | 10km:00:45:13 | 15km: 01:07:54 | 20km:01:30:33 | 21km:01:35:28 | 25km:01:53:07 | 30km:02:15:49 | 35km:02:39:05 | 40km:03:03:41									
396	2477	**KALINOWSKI Piotr**	WARSZAWA		POL	1978	M40	146	03:15:38	03:14:21	373
		5km:00:23:14 | 10km:00:46:23 | 15km: 01:09:18 | 20km:01:32:16 | 21km:01:37:16 | 25km:01:55:02 | 30km:02:17:50 | 35km:02:40:10 | 40km:03:03:15									
397	36	**ŁOJKO Michał Esteban**	DRZONKÓW	Rajtarowianka Drzonków	POL	1987	M30	154	03:14:53	03:14:23	374
		5km:00:22:34 | 10km:00:45:16 | 15km: 01:08:00 | 20km:01:30:36 | 21km:01:35:30 | 25km:01:53:10 | 30km:02:15:54 | 35km:02:38:46 | 40km:03:03:33									
398	10533	**BARAN Dominik**	GARWOLIN		POL	1982	M40	147	03:14:41	03:14:26	375
		5km:00:21:31 | 10km:00:43:06 | 15km: 01:04:44 | 20km:01:26:03 | 21km:01:30:40 | 25km:01:47:36 | 30km:02:10:45 | 35km:02:35:11 | 40km:03:03:17									
399	3842	**LOVE Peter**	WARSZAWA		CAN	1970	M50	31	03:14:39	03:14:30	376
		5km:00:20:59 | 10km:00:42:05 | 15km: 01:02:59 | 20km:01:24:05 | 21km:01:28:40 | 25km:01:46:03 | 30km:02:10:05 | 35km:02:34:02 | 40km:03:03:16									
400	13507	**DRAB Michał**	WARSZAWA	Orsted Warsaw Runners	POL	1982	M40	148	03:14:47	03:14:31	377
		5km:00:21:15 | 10km:00:42:34 | 15km: 01:03:57 | 20km:01:25:40 | 21km:01:30:24 | 25km:01:48:17 | 30km:02:11:22 | 35km:02:36:08 | 40km:03:03:24									
401	2755	**PALYHA Kateryna**	KRAKÓW	AZS AWF Kraków Masters	UKR	1987	K30	12	03:15:25	03:14:34	24
		5km:00:23:35 | 10km:00:47:05 | 15km: 01:10:36 | 20km:01:33:45 | 21km:01:38:47 | 25km:01:56:38 | 30km:02:19:10 | 35km:02:41:24 | 40km:03:04:36									
402	3286	**PAWLAK Konrad**	KALISZ	SUPERMARATON KALISZ	POL	1983	M40	149	03:15:15	03:14:35	378
		5km:00:22:55 | 10km:00:45:59 | 15km: 01:08:54 | 20km:01:31:47 | 21km:01:36:45 | 25km:01:54:43 | 30km:02:17:39 | 35km:02:40:56 | 40km:03:04:07									
403	6208	**TABAK Krystian**	WARSZAWA		POL	1982	M40	150	03:15:22	03:14:38	379
		5km:00:23:04 | 10km:00:46:04 | 15km: 01:08:48 | 20km:01:31:22 | 21km:01:36:21 | 25km:01:54:18 | 30km:02:17:14 | 35km:02:40:15 | 40km:03:04:20									
404	2796	**DEENEY Richard**	DUBLIN		IRL	1988	M30	155	03:14:57	03:14:43	380
		5km:00:22:28 | 10km:00:45:00 | 15km: 01:07:44 | 20km:01:30:08 | 21km:01:34:58 | 25km:01:52:44 | 30km:02:15:47 | 35km:02:39:18 | 40km:03:04:25									
405	6970	**KOWALCZYK Karol**	WARSZAWA		POL	1984	M30	156	03:15:29	03:14:48	381
		5km:00:22:55 | 10km:00:45:59 | 15km: 01:08:54 | 20km:01:31:48 | 21km:01:36:45 | 25km:01:54:44 | 30km:02:17:35 | 35km:02:40:57 | 40km:03:04:34									
406	3007	**FABISIAK Rafał**	KONSTANCIN-JEZIORNA		POL	1980	M40	151	03:15:10	03:14:51	382
		5km:00:22:47 | 10km:00:45:17 | 15km: 01:07:39 | 20km:01:29:54 | 21km:01:34:40 | 25km:01:52:12 | 30km:02:14:43 | 35km:02:38:21 | 40km:03:03:56									
407	10244	**WALOSZEK Franciszek**	TUREK	KB Maraton Turek	POL	1974	M40	152	03:15:45	03:14:58	383
		5km:00:22:38 | 10km:00:44:37 | 15km: 01:06:37 | 20km:01:28:35 | 21km:01:33:17 | 25km:01:50:50 | 30km:02:14:00 | 35km:02:38:16 | 40km:03:03:35									
408	8140	**GAJOWY Marek**	LINCOLN		POL	1983	M40	152	03:16:06	03:14:58	383
		5km:00:22:28 | 10km:00:45:00 | 15km: 01:07:44 | 20km:01:30:08 | 21km:01:34:58 | 25km:01:52:44 | 30km:02:15:47 | 35km:02:39:18 | 40km:03:04:25									
409	3240	**DZIUBA Arkadiusz**	KRAKÓW		POL	1985	M30	157	03:15:26	03:15:03	385
		5km:00:21:40 | 10km:00:43:54 | 15km: 01:06:25 | 20km:01:29:16 | 21km:01:34:14 | 25km:01:52:14 | 30km:02:16:02 | 35km:02:39:51 | 40km:03:04:35									
410	4064	**NORMONTIENE Nadezda**	VILNIUS	F.O.C.U.S. running	LTU	1982	K40	8	03:15:07	03:15:03	25
		5km:00:20:55 | 10km:00:41:49 | 15km: 01:02:32 | 20km:01:23:23 | 21km:01:27:52 | 25km:01:44:06 | 30km:02:05:07 | 35km:02:29:07 | 40km:03:03:45									
411	8192	**ŚWIĄTONIOWSKI Tomasz**	GŁOGÓW MAŁOPOLSKI		POL	1993	M30	157	03:15:16	03:15:03	385
		5km:00:22:12 | 10km:00:44:12 | 15km: 01:05:56 | 20km:01:27:39 | 21km:01:32:26 | 25km:01:49:33 | 30km:02:11:54 | 35km:02:34:49 | 40km:03:00:37									
412	2682	**MANDALIA Minesh**	LONDON		GBR	1991	M30	159	03:15:28	03:15:05	387
		5km:00:23:36 | 10km:00:47:05 | 15km: 01:10:19 | 20km:01:33:34 | 21km:01:38:30 | 25km:01:56:23 | 30km:02:19:11 | 35km:02:41:42 | 40km:03:05:11									
413	6394	**ADAMCZYK-NOWAK Beata**	BYTOM	Miechowicka Grupa Biegowa	POL	1974	K40	9	03:15:55	03:15:12	26
		5km:00:23:26 | 10km:00:46:53 | 15km: 01:10:06 | 20km:01:33:11 | 21km:01:38:08 | 25km:01:55:54 | 30km:02:18:49 | 35km:02:41:32 | 40km:03:04:55									
414	3160	**CZYNIENIK Łukasz**	WARSZAWA	Team Karaś	POL	1983	M40	154	03:15:50	03:15:18	388

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:06 | 10km:00:46:15 | 15km: 01:09:25 | 20km:01:32:45 | 21km:01:37:51 | 25km:01:56:11 | 30km:02:19:13 | 35km:02:42:38 | 40km:03:05:49									
415	7737	**MARUSZAK Piotr**	PUŁAWY		POL	1986	M30	160	03:16:08	03:15:20	389
		5km:00:22:27 | 10km:00:44:56 | 15km: 01:07:41 | 20km:01:30:00 | 21km:01:34:51 | 25km:01:52:22 | 30km:02:15:45 | 35km:02:39:47 | 40km:03:04:51									
416	6909	**GRENDA Artur**	DOBRZANY	Dobrzany	POL	1978	M40	155	03:15:45	03:15:21	390
		5km:00:22:37 | 10km:00:45:20 | 15km: 01:07:53 | 20km:01:30:27 | 21km:01:35:19 | 25km:01:53:04 | 30km:02:16:01 | 35km:02:40:02 | 40km:03:04:58									
417	15541	**BIENIEK-UGNIEWSKA Joanna**	NOWY DWÓR MAZOWIECKI	Sunfit Studio	POL	1981	K40	10	03:15:51	03:15:27	27
		5km:00:23:36 | 10km:00:47:10 | 15km: 01:10:40 | 20km:01:33:59 | 21km:01:39:00 | 25km:01:56:51 | 30km:02:19:55 | 35km:02:42:48 | 40km:03:06:04									
418	6294	**ŁABĘDŹ Adrian**	RAJSZEW		POL	1997	M20	45	03:16:11	03:15:27	391
		5km:00:22:57 | 10km:00:46:04 | 15km: 01:08:55 | 20km:01:31:46 | 21km:01:36:43 | 25km:01:54:42 | 30km:02:17:37 | 35km:02:40:57 | 40km:03:05:18									
419	7105	**RUTKOWSKI Piotr**	WARSZAWA		POL	1984	M30	161	03:16:11	03:15:28	392
		5km:00:20:58 | 10km:00:42:02 | 15km: 01:02:59 | 20km:01:24:10 | 21km:01:28:57 | 25km:01:46:59 | 30km:02:09:35 | 35km:02:35:17 | 40km:03:03:37									
420	8072	**FILIPKOWSKI Piotr**	WARSZAWA		POL	1977	M40	156	03:15:38	03:15:29	393
		5km:00:23:45 | 10km:00:46:43 | 15km: 01:09:44 | 20km:01:32:25 | 21km:01:37:16 | 25km:01:55:07 | 30km:02:17:56 | 35km:02:41:03 | 40km:03:05:07									
421	4374	**CHODZIŃSKI Dariusz**	LUBLIN		POL	1983	M40	157	03:16:45	03:15:34	394
		5km:00:21:25 | 10km:00:42:58 | 15km: 01:04:35 | 20km:01:25:40 | 21km:01:30:11 | 25km:01:46:27 | 30km:02:08:23 | 35km:02:34:38 | 40km:03:05:06									
422	2119	**KAZNOWSKI Bartosz**	LONDON		GBR	1994	M20	46	03:16:01	03:15:39	395
		5km:00:21:34 | 10km:00:43:59 | 15km: 01:06:15 | 20km:01:28:41 | 21km:01:33:33 | 25km:01:51:14 | 30km:02:14:23 | 35km:02:38:05 | 40km:03:04:37									
423	7597	**LAHTI Kaj**	KUNGSBACKA	DRT Kungsbacka	SWE	1967	M50	32	03:16:00	03:15:43	396
		5km:00:24:21 | 10km:00:48:40 | 15km: 01:11:41 | 20km:01:34:32 | 21km:01:39:50 | 25km:01:57:16 | 30km:02:20:10 | 35km:02:42:57 | 40km:03:06:09									
424	3516	**HOFFMAN Sebastian**	ŁOMIANKI		POL	1974	M40	158	03:16:43	03:15:59	397
		5km:00:23:37 | 10km:00:47:11 | 15km: 01:09:53 | 20km:01:32:27 | 21km:01:37:20 | 25km:01:55:15 | 30km:02:18:32 | 35km:02:41:40 | 40km:03:05:45									
425	7018	**PEŁDIAK Mateusz**	KROSNO	KB Athletic Zręcin / Pawko Runner Team	POL	1989	M30	162	03:17:32	03:16:00	398
		5km:00:22:30 | 10km:00:45:13 | 15km: 01:07:52 | 20km:01:30:32 | 21km:01:35:26 | 25km:01:53:05 | 30km:02:16:07 | 35km:02:40:07 | 40km:03:05:21									
426	8133	**NICIŃSKI Konrad**	WARSZAWA	Lipiec Running Team	POL	1980	M40	159	03:16:35	03:16:01	399
		5km:00:23:33 | 10km:00:47:05 | 15km: 01:10:36 | 20km:01:34:00 | 21km:01:39:03 | 25km:01:57:25 | 30km:02:20:37 | 35km:02:43:31 | 40km:03:06:30									
427	2162	**SPAŁEK Tomasz**	WIELUŃ		POL	1982	M40	160	03:16:55	03:16:02	400
		5km:00:22:12 | 10km:00:44:55 | 15km: 01:07:12 | 20km:01:29:36 | 21km:01:34:27 | 25km:01:52:10 | 30km:02:14:57 | 35km:02:38:38 | 40km:03:04:55									
428	6440	**ZHENG Haojie**	WARSZAWA		CHN	1980	M40	161	03:16:29	03:16:18	401
		5km:00:21:55 | 10km:00:44:19 | 15km: 01:06:04 | 20km:01:28:13 | 21km:01:33:04 | 25km:01:50:20 | 30km:02:12:50 | 35km:02:36:19 | 40km:03:04:09									
429	7923	**STEFAŃSKI Konrad**	PIASECZNO	-	POL	1977	M40	161	03:16:34	03:16:18	401
		5km:00:23:12 | 10km:00:46:41 | 15km: 01:10:05 | 20km:01:33:24 | 21km:01:38:35 | 25km:01:57:01 | 30km:02:20:24 | 35km:02:43:48 | 40km:03:06:38									
430	10484	**MROCZEK Ireneusz**	WYSZKÓW		POL	1971	M50	33	03:16:56	03:16:21	403
		5km:00:22:47 | 10km:00:45:26 | 15km: 01:08:01 | 20km:01:30:43 | 21km:01:35:37 | 25km:01:53:49 | 30km:02:17:15 | 35km:02:41:48 | 40km:03:06:40									
431	10758	**PIECZONKA Paweł**	RZESZÓW	Lebioda _Running_team	POL	1985	M30	163	03:17:37	03:16:25	404
		5km:00:23:06 | 10km:00:46:27 | 15km: 01:08:37 | 20km:01:32:01 | 21km:01:37:03 | 25km:01:55:30 | 30km:02:18:47 | 35km:02:42:05 | 40km:03:06:30									
432	7113	**DOROTA Zbigniew**	OLESZYCE	SPARTANIE DZIECIOM	POL	1972	M50	34	03:19:22	03:16:30	405
		5km:00:22:50 | 10km:00:45:46 | 15km: 01:08:41 | 20km:01:31:39 | 21km:01:36:41 | 25km:01:54:38 | 30km:02:18:02 | 35km:02:41:35 | 40km:03:05:57									
433	7326	**SZYMAŃSKI Bartłomiej**	WODUKAJMY	adidas runners warsaw	POL	1975	M40	163	03:17:08	03:16:30	405
		5km:00:23:34 | 10km:00:47:12 | 15km: 01:10:53 | 20km:01:34:17 | 21km:01:39:24 | 25km:01:57:39 | 30km:02:21:02 | 35km:02:44:00 | 40km:03:06:56									
434	2257	**JASKÓLSKA-MADEJEK Magda**	WARSZAWA	Vege Runners	POL	1991	K30	13	03:17:07	03:16:31	28
		5km:00:23:18 | 10km:00:47:19 | 15km: 01:10:36 | 20km:01:33:49 | 21km:01:38:48 | 25km:01:56:42 | 30km:02:19:41 | 35km:02:42:03 | 40km:03:05:46									
435	6973	**PRZYCHODZKI Łukasz**	ŁAJSKI	Team Kopeć	POL	1981	M40	164	03:17:08	03:16:34	407
		5km:00:23:26 | 10km:00:46:35 | 15km: 01:09:42 | 20km:01:32:55 | 21km:01:38:00 | 25km:01:56:11 | 30km:02:19:30 | 35km:02:42:40 | 40km:03:06:37									
436	6118	**MIKOWSKI Mariusz**	ELBLĄG	Team-Karaś	POL	1981	M40	165	03:17:13	03:16:37	408
		5km:00:23:34 | 10km:00:47:10 | 15km: 01:10:41 | 20km:01:34:12 | 21km:01:39:17 | 25km:01:57:38 | 30km:02:20:47 | 35km:02:43:25 | 40km:03:06:45									
437	7516	**WOLAŃSKI Karol**	POZNAŃ		POL	1985	M30	164	03:17:25	03:16:40	409
		5km:00:22:18 | 10km:00:44:56 | 15km: 01:07:02 | 20km:01:29:23 | 21km:01:34:05 | 25km:01:51:32 | 30km:02:13:52 | 35km:02:37:10 | 40km:03:04:48									
438	8210	**RASCHINSKIY Aleksandr**	WARSZAWA	Mikkeller Running Club	POL	1990	M30	165	03:17:07	03:16:48	410
		5km:00:23:05 | 10km:00:46:58 | 15km: 01:11:07 | 20km:01:34:57 | 21km:01:39:56 | 25km:01:58:21 | 30km:02:21:42 | 35km:02:44:50 | 40km:03:07:36									
439	15551	**TKACZYK Piotr**	WARSZAWA	Vege Runners	POL	1992	M30	166	03:17:22	03:16:49	411
		5km:00:21:45 | 10km:00:43:56 | 15km: 01:06:03 | 20km:01:28:03 | 21km:01:32:55 | 25km:01:50:21 | 30km:02:13:47 | 35km:02:38:06 | 40km:03:05:04									
440	3186	**NIKOLOSKI Zlatko**	LONDON		GBR	1978	M40	166	03:17:22	03:16:58	412
		5km:00:22:28 | 10km:00:44:48 | 15km: 01:06:50 | 20km:01:29:09 | 21km:01:33:52 | 25km:01:51:19 | 30km:02:14:35 | 35km:02:39:13 | 40km:03:05:45									
441	15563	**SMODEREK Adam**	WROCŁAW		POL	1988	M30	167	03:17:49	03:17:16	413
		5km:00:22:31 | 10km:00:45:14 | 15km: 01:07:56 | 20km:01:30:31 | 21km:01:35:26 | 25km:01:53:06 | 30km:02:15:53 | 35km:02:38:47 | 40km:03:05:50									
442	10117	**KULASIEWICZ Mariusz**	CZĘSTOCHOWA		POL	1977	M40	167	03:17:53	03:17:18	414
		5km:00:21:34 | 10km:00:43:37 | 15km: 01:05:27 | 20km:01:28:02 | 21km:01:32:54 | 25km:01:53:10 | 30km:02:16:23 | 35km:02:40:41 | 40km:03:06:44									
443	7700	**SOBCZAK Witold**	POZNAŃ	KB Szamotuły/ Vege Runners	POL	1977	M40	168	03:17:52	03:17:25	415
		5km:00:22:19 | 10km:00:44:59 | 15km: 01:07:43 | 20km:01:30:04 | 21km:01:34:55 | 25km:01:52:27 | 30km:02:14:57 | 35km:02:38:30 | 40km:03:06:15									
444	3879	**GAJEWSKI Maciej**	CZANIEC	#AdamCzerwińskiTeam	POL	1995	M20	47	03:17:48	03:17:29	416
		5km:00:20:54 | 10km:00:42:06 | 15km: 01:03:18 | 20km:01:25:01 | 21km:01:29:48 | 25km:01:47:10 | 30km:02:11:22 | 35km:02:37:39 | 40km:03:05:57									
445	2805	**CEJROWSKI Andrzej**	STRASZYN	Straszyn biega	POL	1986	M30	168	03:17:51	03:17:33	417
		5km:00:22:51 | 10km:00:46:08 | 15km: 01:09:10 | 20km:01:32:15 | 21km:01:37:17 | 25km:01:55:07 | 30km:02:18:09 | 35km:02:41:49 | 40km:03:06:54									
446	6707	**PIŁAT Wojciech**	ŁOCHOWO		POL	1984	M30	169	03:18:59	03:17:41	418
		5km:00:23:32 | 10km:00:47:00 | 15km: 01:10:23 | 20km:01:33:30 | 21km:01:38:30 | 25km:01:56:36 | 30km:02:19:52 | 35km:02:42:58 | 40km:03:07:16									
447	8103	**SZUMLAK Krzysztof**	OPOLE		POL	1984	M30	170	03:18:46	03:17:44	419
		5km:00:22:17 | 10km:00:44:41 | 15km: 01:07:04 | 20km:01:29:24 | 21km:01:34:16 | 25km:01:52:07 | 30km:02:15:12 | 35km:02:39:29 | 40km:03:05:43									
448	6702	**HOLBROW Guy**	BRISTOL	London Fields Triathlon Club	GBR	1967	M50	35	03:18:02	03:17:46	420
		5km:00:23:20 | 10km:00:46:54 | 15km: 01:10:15 | 20km:01:33:01 | 21km:01:37:59 | 25km:01:55:56 | 30km:02:18:47 | 35km:02:42:31 | 40km:03:07:18									
449	7841	**ŻOŁNIERZ Tomasz**	PRZEMYŚL		POL	1985	M30	171	03:18:48	03:17:46	420
		5km:00:23:22 | 10km:00:46:51 | 15km: 01:10:12 | 20km:01:33:26 | 21km:01:38:25 | 25km:01:56:35 | 30km:02:19:54 | 35km:02:43:08 | 40km:03:07:22									
450	7272	**KRUPA Jarosław**	MOKOBODY	BSC Mokobody	POL	1968	M50	36	03:18:36	03:17:47	422
		5km:00:23:35 | 10km:00:47:10 | 15km: 01:10:45 | 20km:01:34:12 | 21km:01:39:16 | 25km:01:57:34 | 30km:02:20:36 | 35km:02:43:38 | 40km:03:07:28									
451	10475	**SZABLIŃSKA-PIERNIK Joanna**	OLSZTYN	PersonalTriathlon.pl	POL	1989	K30	14	03:18:32	03:17:49	29
		5km:00:23:25 | 10km:00:46:33 | 15km: 01:09:30 | 20km:01:32:25 | 21km:01:37:26 | 25km:01:55:20 | 30km:02:18:43 | 35km:02:42:39 | 40km:03:07:29									
452	10417	**MACZUGA Krzysztof**	RZESZÓW	Ślęzak Team	POL	1992	M30	172	03:18:40	03:17:59	423
		5km:00:23:58 | 10km:00:48:10 | 15km: 01:12:16 | 20km:01:36:05 | 21km:01:41:10 | 25km:01:59:39 | 30km:02:22:57 | 35km:02:45:48 | 40km:03:08:22									
453	6448	**POMORSKI Paweł**	EDYNBURG		POL	1996	M20	48	03:19:11	03:18:02	424
		5km:00:23:33 | 10km:00:46:40 | 15km: 01:10:01 | 20km:01:32:35 | 21km:01:37:26 | 25km:01:55:06 | 30km:02:17:45 | 35km:02:40:41 | 40km:03:06:48									
454	3926	**SCHERZ Alexander**	OBERWIL		SUI	1972	M50	37	03:19:19	03:18:04	425
		5km:00:22:49 | 10km:00:45:48 | 15km: 01:08:49 | 20km:01:31:42 | 21km:01:36:43 | 25km:01:54:42 | 30km:02:17:55 | 35km:02:41:29 | 40km:03:07:16									
455	3372	**IRILLI Emiliano**	TIVOLI	TIVOLI MARATHON	ITA	1974	M40	169	03:18:53	03:18:05	426
		5km:00:19:57 | 10km:00:40:33 | 15km: 01:01:57 | 20km:01:24:03 | 21km:01:28:48 | 25km:01:47:52 | 30km:02:13:32 | 35km:02:39:33 | 40km:03:06:29									
456	6612	**KIRKUP Joseph**	BEVERLEY	East Hull Harriers	GBR	1987	M30	173	03:18:16	03:18:06	427
		5km:00:23:39 | 10km:00:47:10 | 15km: 01:10:46 | 20km:01:34:19 | 21km:01:39:19 | 25km:01:57:50 | 30km:02:21:19 | 35km:02:45:10 | 40km:03:08:03									
457	4103	**JASEK Maciej**	ZIELONA GÓRA	Drużyna Gazety Zielona Góra	POL	1975	M40	170	03:18:54	03:18:08	428
		5km:00:23:37 | 10km:00:47:47 | 15km: 01:11:27 | 20km:01:35:00 | 21km:01:40:02 | 25km:01:58:23 | 30km:02:22:01 | 35km:02:44:45 | 40km:03:08:04									
458	7468	**LACH Przemysław**	WARSZAWA		POL	1992	M30	174	03:19:26	03:18:12	429
		5km:00:23:09 | 10km:00:47:37 | 15km: 01:11:27 | 20km:01:33:58 | 21km:01:38:42 | 25km:01:56:17 | 30km:02:19:09 | 35km:02:42:42 | 40km:03:07:33									
459	2572	**NAŁĘCZ Mateusz**	CZERNICE BOROWE		POL	1994	M20	49	03:23:26	03:18:25	430
		5km:00:23:31 | 10km:00:46:58 | 15km: 01:10:12 | 20km:01:33:27 | 21km:01:38:29 | 25km:01:56:33 | 30km:02:19:44 | 35km:02:42:50 | 40km:03:07:24									
460	6156	**GŁADYSZ Grzegorz**	GLIWICE	Inżynieria Biegania	POL	1975	M40	171	03:19:04	03:18:25	430

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:23 | 10km:00:47:02 | 15km:01:10:26 | 20km:01:34:06 | 21km:01:39:10 | 25km:01:57:25 | 30km:02:20:45 | 35km:02:44:00 | 40km:03:07:55									
461	6866	**RAJCHERT Joanna**	LUDWIKÓW		POL	1978	K40	11	03:19:03	03:18:25	30
		5km:00:23:36 | 10km:00:47:02 | 15km:01:10:14 | 20km:01:33:48 | 21km:01:38:47 | 25km:01:57:18 | 30km:02:20:53 | 35km:02:44:49 | 40km:03:08:34									
462	10270	**MALEWICZ Grzegorz**	LUBAŃ		POL	1982	M40	172	03:19:36	03:18:28	432
		5km:00:22:08 | 10km:00:44:12 | 15km:01:05:50 | 20km:01:27:28 | 21km:01:32:13 | 25km:01:49:29 | 30km:02:12:26 | 35km:02:37:22 | 40km:03:05:42									
463	6501	**MACIOPA Michał**	WARSZAWA	Bemowo Biega	POL	1976	M40	172	03:18:53	03:18:28	432
		5km:00:22:41 | 10km:00:45:12 | 15km:01:08:05 | 20km:01:30:57 | 21km:01:35:47 | 25km:01:53:22 | 30km:02:16:56 | 35km:02:40:58 | 40km:03:07:22									
464	3851	**PIELA Wojciech**	WROCŁAW	KB Sobótka	POL	1982	M40	174	03:19:45	03:18:32	434
		5km:00:24:24 | 10km:00:48:53 | 15km:01:13:00 | 20km:01:38:46 | 21km:01:43:43 | 25km:02:02:05 | 30km:02:26:01 | 35km:02:48:39 | 40km:03:09:44									
465	8263	**MASLA Ivan**	LIDA	Ultrarun Veras	POL	1986	M30	175	03:19:31	03:18:34	435
		5km:00:22:05 | 10km:00:44:37 | 15km:01:07:07 | 20km:01:30:04 | 21km:01:34:59 | 25km:01:52:57 | 30km:02:16:59 | 35km:02:41:24 | 40km:03:07:42									
466	10358	**PITUCHA Jacek**	LUBLIN		POL	1978	M40	175	03:18:56	03:18:40	436
		5km:00:22:36 | 10km:00:45:19 | 15km:01:08:01 | 20km:01:31:07 | 21km:01:36:13 | 25km:01:54:24 | 30km:02:18:31 | 35km:02:42:29 | 40km:03:07:49									
467	7252	**ŚWIDZIŃSKI Tomasz**	KRAKÓW	Ergo Hestia	POL	1976	M40	175	03:19:01	03:18:40	436
		5km:00:23:32 | 10km:00:47:10 | 15km:01:10:36 | 20km:01:34:05 | 21km:01:39:09 | 25km:01:57:19 | 30km:02:20:38 | 35km:02:44:24 | 40km:03:08:55									
468	8139	**CHACIŃSKI Marcin**	DOBCZYN		POL	1977	M40	177	03:19:25	03:18:41	438
		5km:00:23:35 | 10km:00:47:11 | 15km:01:10:45 | 20km:01:34:17 | 21km:01:39:18 | 25km:01:57:46 | 30km:02:21:19 | 35km:02:45:18 | 40km:03:08:59									
469	2099	**KUJAWA Rafał**	BIELSKO-BIAŁA	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	POL	1987	M30	176	03:19:31	03:18:47	439
		5km:00:22:56 | 10km:00:46:38 | 15km:01:10:27 | 20km:01:34:08 | 21km:01:39:15 | 25km:01:57:44 | 30km:02:21:54 | 35km:02:46:10 | 40km:03:09:43									
470	6272	**VEREMCHUK Yuliia**	WARSZAWA	TEAMOCHAL #Biegam bo lubię	UKR	1987	K30	15	03:19:29	03:18:48	31
		5km:00:23:40 | 10km:00:47:17 | 15km:01:10:47 | 20km:01:34:16 | 21km:01:39:20 | 25km:01:57:47 | 30km:02:21:20 | 35km:02:45:09 | 40km:03:08:40									
471	7151	**FILIPKOWSKI Filip**	WARSZAWA		POL	1979	M40	178	03:19:33	03:18:48	440
		5km:00:23:49 | 10km:00:47:31 | 15km:01:10:51 | 20km:01:34:34 | 21km:01:39:39 | 25km:01:58:14 | 30km:02:21:55 | 35km:02:45:04 | 40km:03:08:46									
472	2420	**STACHOWSKI Damian**	IMIELIN	Zabiegani Imielin	POL	1985	M30	177	03:19:43	03:18:50	441
		5km:00:19:48 | 10km:00:41:04 | 15km:01:02:42 | 20km:01:24:02 | 21km:01:28:38 | 25km:01:46:38 | 30km:02:11:35 | 35km:02:37:14 | 40km:03:05:46									
473	15003	**EL HAMDAOUI Mohamed**	THIONVILLE		MAR	1990	M30	178	03:21:08	03:18:52	442
		5km:00:21:23 | 10km:00:43:13 | 15km:01:05:31 | 20km:01:28:38 | 21km:01:33:46 | 25km:01:51:46 | 30km:02:15:22 | 35km:02:39:28 | 40km:03:06:15									
474	5206	**DORAN Marc**	LIVERPOOL		GBR	1987	M30	178	03:19:15	03:18:52	442
		5km:00:23:36 | 10km:00:47:10 | 15km:01:10:44 | 20km:01:34:12 | 21km:01:39:20 | 25km:01:57:45 | 30km:02:21:20 | 35km:02:45:17 | 40km:03:08:58									
475	10283	**PASZEK Jacek**	KATOWICE		POL	1978	M40	179	03:19:36	03:18:53	444
		5km:00:23:08 | 10km:00:46:42 | 15km:01:10:00 | 20km:01:33:15 | 21km:01:38:14 | 25km:01:56:33 | 30km:02:20:10 | 35km:02:43:35 | 40km:03:08:19									
476	7997	**KOWALCZYK Żaneta**	KŁODAWA		POL	1996	K20	6	03:19:36	03:18:54	32
		5km:00:23:23 | 10km:00:47:04 | 15km:01:10:28 | 20km:01:33:55 | 21km:01:39:00 | 25km:01:57:24 | 30km:02:21:05 | 35km:02:44:55 | 40km:03:08:47									
477	4387	**STACHURSKI Daniel**	WARSZAWA		POL	1976	M40	180	03:19:42	03:18:57	445
		5km:00:22:45 | 10km:00:45:27 | 15km:01:08:09 | 20km:01:30:47 | 21km:01:35:41 | 25km:01:53:18 | 30km:02:15:55 | 35km:02:39:20 | 40km:03:06:48									
478	7762	**KOCLĘGA Marcin**	ZAWIERCIE		POL	1983	M40	181	03:19:20	03:19:02	446
		5km:00:23:36 | 10km:00:47:08 | 15km:01:10:43 | 20km:01:34:13 | 21km:01:39:18 | 25km:01:57:45 | 30km:02:21:18 | 35km:02:45:19 | 40km:03:08:58									
479	7947	**ZARODKIEWICZ Dawid**	WĘŻEWO	Zasuwaj	POL	1989	M30	180	03:19:48	03:19:05	447
		5km:00:23:50 | 10km:00:48:19 | 15km:01:12:57 | 20km:01:37:05 | 21km:01:42:10 | 25km:02:00:13 | 30km:02:23:03 | 35km:02:45:20 | 40km:03:08:42									
480	2952	**MACHOWSKI Dariusz**	PRZEMYŚL	BlokB	POL	1970	M50	38	03:20:03	03:19:07	448
		5km:00:22:12 | 10km:00:44:23 | 15km:01:07:01 | 20km:01:29:22 | 21km:01:34:08 | 25km:01:51:48 | 30km:02:14:28 | 35km:02:38:25 | 40km:03:05:54									
481	8052	**SOĆKO Kamil**	BIAŁA PODLASKA		POL	1985	M30	181	03:20:04	03:19:07	448
		5km:00:23:08 | 10km:00:46:42 | 15km:01:10:00 | 20km:01:33:15 | 21km:01:38:14 | 25km:01:56:33 | 30km:02:20:10 | 35km:02:43:35 | 40km:03:08:19									
482	7015	**WYCZAWSKI Piotr**	RZESZÓW	Czarnecki Run Team/Rzeszowskie Gazele i Gepardy	POL	1970	M50	39	03:20:12	03:19:10	450
		5km:00:23:38 | 10km:00:47:12 | 15km:01:10:46 | 20km:01:34:19 | 21km:01:39:23 | 25km:01:57:52 | 30km:02:21:28 | 35km:02:45:23 | 40km:03:09:03									
483	6527	**WIECZYŃSKI Patryk**	TORUŃ	Runcross Rozgarty	POL	1992	M30	182	03:19:56	03:19:11	451
		5km:00:20:45 | 10km:00:42:07 | 15km:01:04:03 | 20km:01:25:55 | 21km:01:30:39 | 25km:01:48:53 | 30km:02:13:34 | 35km:02:38:20 | 40km:03:07:13									
484	15504	**SNOWACKI Mariusz**	TORUŃ	projekt259.com	POL	1976	M40	182	03:19:48	03:19:16	452
		5km:00:23:18 | 10km:00:46:30 | 15km:01:10:02 | 20km:01:32:38 | 21km:01:37:29 | 25km:01:55:57 | 30km:02:19:08 | 35km:02:43:12 | 40km:03:08:45									
485	3635	**KOBUS Radosław**	LUBLIN		POL	1980	M40	182	03:19:36	03:19:16	452
		5km:00:22:43 | 10km:00:45:44 | 15km:01:09:10 | 20km:01:32:40 | 21km:01:37:48 | 25km:01:56:26 | 30km:02:20:22 | 35km:02:44:18 | 40km:03:08:49									
486	8190	**DE FILIPPO Martin**	WARSAW		ARG	1975	M40	182	03:19:53	03:19:16	452
		5km:00:22:19 | 10km:00:44:59 | 15km:01:07:44 | 20km:01:30:34 | 21km:01:35:33 | 25km:01:53:42 | 30km:02:17:36 | 35km:02:41:32 | 40km:03:07:38									
487	7948	**NIEMIRA Michał**	WARSZAWA		POL	1984	M30	183	03:20:03	03:19:21	455
		5km:00:22:15 | 10km:00:44:46 | 15km:01:07:29 | 20km:01:29:48 | 21km:01:34:39 | 25km:01:52:16 | 30km:02:15:43 | 35km:02:39:53 | 40km:03:07:37									
488	8083	**TOMCZYK Piotr**	WARSZAWA		POL	1983	M40	185	03:19:28	03:19:24	456
		5km:00:19:57 | 10km:00:40:25 | 15km:01:01:06 | 20km:01:22:31 | 21km:01:27:08 | 25km:01:44:26 | 30km:02:12:23 | 35km:02:39:21 | 40km:03:07:50									
489	3307	**MŁYNARCZYK Jan**	WARSZAWA	AKS POLONIA WARSZAWA	POL	1980	M40	186	03:20:15	03:19:25	457
		5km:00:23:36 | 10km:00:47:12 | 15km:01:10:32 | 20km:01:33:52 | 21km:01:38:55 | 25km:01:57:14 | 30km:02:20:40 | 35km:02:44:37 | 40km:03:09:14									
490	7354	**PERGOŁ Marek**	BORKOWO ŁOSTOWICKIE	adidas Runners Tricity	POL	1972	M50	40	03:20:22	03:19:25	457
		5km:00:22:43 | 10km:00:45:44 | 15km:01:09:10 | 20km:01:32:40 | 21km:01:37:48 | 25km:01:56:26 | 30km:02:20:22 | 35km:02:44:18 | 40km:03:08:49									
491	12102	**BARTECKA Sabina**	ŻORY	IM Inspiration/ Super TRI Żory	POL	1977	K40	12	03:19:48	03:19:26	33
		5km:00:22:43 | 10km:00:45:26 | 15km:01:08:05 | 20km:01:30:54 | 21km:01:35:48 | 25km:01:54:01 | 30km:02:17:24 | 35km:02:41:07 | 40km:03:08:54									
492	2501	**BERSHEDA Yurii**	WARSZAWA	ADIDAS RUNNERS WARSAW	UKR	1996	M20	50	03:20:21	03:19:29	459
		5km:00:23:35 | 10km:00:47:12 | 15km:01:10:43 | 20km:01:34:16 | 21km:01:39:18 | 25km:01:57:46 | 30km:02:21:21 | 35km:02:45:19 | 40km:03:09:21									
493	2308	**BERNATOWICZ Paweł**	WARSZAWA		POL	1997	M20	51	03:20:15	03:19:31	460
		5km:00:23:28 | 10km:00:47:09 | 15km:01:10:57 | 20km:01:34:43 | 21km:01:39:54 | 25km:01:58:31 | 30km:02:22:15 | 35km:02:46:00 | 40km:03:09:40									
494	7386	**MAZUR Michał**	GDYNIA		POL	1987	M30	184	03:20:11	03:19:31	460
		5km:00:23:33 | 10km:00:47:06 | 15km:01:10:41 | 20km:01:34:06 | 21km:01:39:09 | 25km:01:57:20 | 30km:02:20:38 | 35km:02:43:54 | 40km:03:08:27									
495	3151	**GACZYŃSKI Maciej**	WARSZAWA		POL	1985	M30	185	03:20:16	03:19:32	462
		5km:00:20:40 | 10km:00:41:27 | 15km:01:02:30 | 20km:01:23:33 | 21km:01:28:15 | 25km:01:53:13 | 30km:02:18:53 | 35km:02:45:36 | 40km:03:09:35									
496	12072	**MACIEJOWICZ Michał**	WARSZAWA	KalinowskiTeam	POL	1984	M30	186	03:19:45	03:19:37	463
		5km:00:23:16 | 10km:00:46:45 | 15km:01:10:16 | 20km:01:33:41 | 21km:01:38:39 | 25km:01:57:10 | 30km:02:21:00 | 35km:02:45:20 | 40km:03:09:24									
497	6794	**BORDERIES Raphaël**	CHÂLONS-EN-CHAMPAGNE		FRA	2000	M20	52	03:20:16	03:19:37	463
		5km:00:23:37 | 10km:00:47:11 | 15km:01:10:44 | 20km:01:34:02 | 21km:01:39:05 | 25km:01:57:13 | 30km:02:20:29 | 35km:02:44:09 | 40km:03:09:06									
498	12026	**KARPIŃSKI Tomasz**	SUWAŁKI		POL	1994	M20	53	03:20:21	03:19:38	465
		5km:00:23:45 | 10km:00:47:16 | 15km:01:10:47 | 20km:01:34:17 | 21km:01:39:24 | 25km:01:57:50 | 30km:02:21:25 | 35km:02:45:18 | 40km:03:09:06									
499	8100	**STOPA Rafał**	RADOM	Biegiem Radom!	POL	1979	M40	187	03:20:22	03:19:38	465
		5km:00:22:56 | 10km:00:46:20 | 15km:01:09:52 | 20km:01:33:22 | 21km:01:38:26 | 25km:01:56:46 | 30km:02:20:40 | 35km:02:44:34 | 40km:03:09:44									
500	6282	**SZYMAŃSKA Agnieszka**	ŁOMIANKI	BWRUNNERS	POL	1977	K40	13	03:20:25	03:19:42	34
		5km:00:24:51 | 10km:00:49:27 | 15km:01:13:56 | 20km:01:38:21 | 21km:01:43:34 | 25km:02:02:34 | 30km:02:26:18 | 35km:02:48:58 | 40km:03:10:41									
501	6824	**OLCZAK Janusz**	WARSZAWA	WARSAW SENIOR RUNNERS TEAM	POL	1964	M50	41	03:21:17	03:19:50	467
		5km:00:22:40 | 10km:00:45:59 | 15km:01:10:01 | 20km:01:33:32 | 21km:01:38:39 | 25km:01:56:52 | 30km:02:20:18 | 35km:02:44:02 | 40km:03:08:52									
502	3298	**GRZYB Jakub**	WARSZAWA		POL	1991	M30	187	03:20:27	03:19:53	468
		5km:00:22:57 | 10km:00:46:01 | 15km:01:08:55 | 20km:01:31:48 | 21km:01:36:47 | 25km:01:54:48 | 30km:02:18:36 | 35km:02:43:13 | 40km:03:08:59									
503	8124	**NIEDŹWIEDŹ Michał**	ŁÓDŹ	ŁÓDŹ RUNNING TEAM	POL	1994	M20	54	03:20:33	03:19:53	468
		5km:00:22:32 | 10km:00:45:25 | 15km:01:08:22 | 20km:01:31:14 | 21km:01:36:16 | 25km:01:54:36 | 30km:02:18:52 | 35km:02:43:12 | 40km:03:09:11									
504	4392	**PRZEKLASA Krzysztof**	KARCZEW	Orange Polska	POL	1977	M40	188	03:20:21	03:20:00	470
		5km:00:24:00 | 10km:00:48:01 | 15km:01:11:55 | 20km:01:36:00 | 21km:01:41:14 | 25km:02:00:01 | 30km:02:23:54 | 35km:02:46:43 | 40km:03:09:53									
505	10525	**SUSKI Marcin**	KRAKÓW	Lepiej Biegać	POL	1985	M30	188	03:20:17	03:20:01	471
		5km:00:22:12 | 10km:00:44:33 | 15km:01:06:44 | 20km:01:28:47 | 21km:01:33:33 | 25km:01:50:51 | 30km:02:13:59 | 35km:02:39:00 | 40km:03:07:57									
506	2758	**PUT Adam**	CHRZANÓW		POL	1977	M40	189	03:21:16	03:20:06	472

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:05 | 10km:00:49:42 | 15km: 01:14:25 | 20km:01:38:44 | 21km:01:44:00 | 25km:02:02:38 | 30km:02:26:17 | 35km:02:49:23 | 40km:03:11:10									
507	10422	**DELA Adam**	ŁÓDŹ		POL	2003	M20	55	03:21:21	03:20:08	473
		5km:00:22:16 | 10km:00:44:55 | 15km: 01:07:00 | 20km:01:29:26 | 21km:01:34:07 | 25km:01:51:36 | 30km:02:14:39 | 35km:02:39:28 | 40km:03:07:51									
508	3637	**SEMENIUK Piotr**	WARSZAWA	Adidas Runners Warsaw!	POL	1973	M50	42	03:20:32	03:20:08	473
		5km:00:23:34 | 10km:00:47:10 | 15km: 01:10:44 | 20km:01:34:10 | 21km:01:39:18 | 25km:01:57:47 | 30km:02:21:23 | 35km:02:44:00 | 40km:03:08:15									
509	4233	**TROMZA Yauheni**	OLSZTYN			1987	M30	189	03:20:52	03:20:09	475
		5km:00:23:26 | 10km:00:46:52 | 15km: 01:10:21 | 20km:01:33:53 | 21km:01:38:56 | 25km:01:57:20 | 30km:02:20:55 | 35km:02:44:52 | 40km:03:09:47									
510	7399	**LICZNIERSKA Alina**	PLEWISKA		POL	1982	K40	14	03:21:29	03:20:20	35
		5km:00:23:09 | 10km:00:46:10 | 15km: 01:09:11 | 20km:01:32:13 | 21km:01:37:10 | 25km:01:54:54 | 30km:02:18:20 | 35km:02:42:46 | 40km:03:09:03									
511	2859	**KMIEĆ Marek**	RZESZÓW		POL	1988	M30	190	03:21:07	03:20:23	476
		5km:00:23:37 | 10km:00:47:13 | 15km: 01:10:47 | 20km:01:34:22 | 21km:01:39:24 | 25km:01:57:56 | 30km:02:21:27 | 35km:02:45:21 | 40km:03:09:55									
512	6313	**MAC COURT Brian**	WARSZAWA		IRL	1996	M20	56	03:21:09	03:20:26	477
		5km:00:22:31 | 10km:00:45:13 | 15km: 01:07:57 | 20km:01:30:35 | 21km:01:35:28 | 25km:01:53:09 | 30km:02:15:52 | 35km:02:39:20 | 40km:03:07:43									
513	2918	**KNAPIK Tomasz**	TYCHY		POL	1988	M30	191	03:21:04	03:20:30	478
		5km:00:20:55 | 10km:00:41:58 | 15km: 01:02:52 | 20km:01:23:50 | 21km:01:28:22 | 25km:01:44:57 | 30km:02:11:12 | 35km:02:39:21 | 40km:03:08:46									
514	3820	**WILCZAK Grzegorz**	SOKOŁÓW MAŁOPOLSKI	BorgWarner Running Team	POL	1992	M30	192	03:20:44	03:20:31	479
		5km:00:24:17 | 10km:00:48:45 | 15km: 01:12:57 | 20km:01:37:02 | 21km:01:42:08 | 25km:02:00:46 | 30km:02:24:03 | 35km:02:47:06 | 40km:03:10:34									
515	7521	**SZPOT Łukasz**	WARSZAWA		POL	1986	M30	192	03:21:31	03:20:31	479
		5km:00:23:42 | 10km:00:47:00 | 15km: 01:10:05 | 20km:01:34:08 | 21km:01:39:07 | 25km:01:56:58 | 30km:02:19:58 | 35km:02:43:54 | 40km:03:09:17									
516	10090	**WOŁK Mariusz**	RAWA MAZOWIECKA	#zaliniametyteam	POL	1992	M30	194	03:20:57	03:20:32	481
		5km:00:24:20 | 10km:00:48:01 | 15km: 01:11:54 | 20km:01:35:36 | 21km:01:40:49 | 25km:01:59:33 | 30km:02:23:05 | 35km:02:46:44 | 40km:03:10:36									
517	10457	**STRZAŁKOWSKI Maciej**	ŁAŃCUT		POL	1980	M40	190	03:21:47	03:20:33	482
		5km:00:23:47 | 10km:00:47:36 | 15km: 01:10:56 | 20km:01:34:30 | 21km:01:39:31 | 25km:01:58:03 | 30km:02:21:34 | 35km:02:45:26 | 40km:03:10:02									
518	8260	**WALKER Justin**	WARSAW		USA	1980	M40	191	03:21:10	03:20:34	483
		5km:00:24:12 | 10km:00:48:29 | 15km: 01:13:12 | 20km:01:37:20 | 21km:01:42:28 | 25km:02:01:12 | 30km:02:24:52 | 35km:02:47:58 | 40km:03:11:09									
519	10254	**CYNAR Tomasz**	GŁOGÓW MAŁOPOLSKI		POL	1982	M40	192	03:21:40	03:20:44	484
		5km:00:24:24 | 10km:00:48:39 | 15km: 01:12:17 | 20km:01:35:27 | 21km:01:40:28 | 25km:01:58:44 | 30km:02:22:13 | 35km:02:45:42 | 40km:03:10:19									
520	3032	**CHYRA Marcin**	WARSZAWA		POL	1998	M20	57	03:22:28	03:20:45	485
		5km:00:21:14 | 10km:00:42:45 | 15km: 01:04:39 | 20km:01:26:44 | 21km:01:31:36 | 25km:01:49:31 | 30km:02:13:22 | 35km:02:41:20 | 40km:03:09:15									
521	5117	**KOBAYASHI Kensuke**	FUKUOKA		JPN	1967	M50	43	03:20:54	03:20:49	486
		5km:00:23:30 | 10km:00:47:15 | 15km: 01:10:29 | 20km:01:33:51 | 21km:01:38:53 | 25km:01:57:22 | 30km:02:21:37 | 35km:02:45:38 | 40km:03:10:32									
522	3802	**MACHURA Marcin**	STEBLÓW	Spec Instal run	POL	1985	M30	195	03:21:55	03:20:50	487
		5km:00:23:30 | 10km:00:47:50 | 15km: 01:11:51 | 20km:01:35:30 | 21km:01:40:39 | 25km:01:58:57 | 30km:02:22:31 | 35km:02:46:00 | 40km:03:10:11									
523	10564	**PIASEK Piotr**	DZBENIN	Triunlimited	POL	1965	M50	44	03:22:09	03:20:51	488
		5km:00:22:54 | 10km:00:45:52 | 15km: 01:08:46 | 20km:01:31:40 | 21km:01:36:42 | 25km:01:54:45 | 30km:02:18:42 | 35km:02:43:18 | 40km:03:09:41									
524	3467	**MACIĄG Krzysztof**	WARSZAWA		POL	1975	M40	193	03:21:35	03:20:53	489
		5km:00:24:06 | 10km:00:48:17 | 15km: 01:12:10 | 20km:01:36:03 | 21km:01:41:07 | 25km:01:59:31 | 30km:02:22:48 | 35km:02:45:59 | 40km:03:10:15									
525	2293	**GOŁĄBEK Paweł**	GDAŃSK		POL	1986	M30	196	03:23:04	03:20:55	490
		5km:00:23:52 | 10km:00:47:39 | 15km: 01:11:23 | 20km:01:35:02 | 21km:01:40:07 | 25km:01:58:57 | 30km:02:23:21 | 35km:02:46:50 | 40km:03:11:04									
526	6342	**MERCHEL Mirosław**	KRUKI	KS Arco Ławy	POL	1976	M40	194	03:21:53	03:20:57	491
		5km:00:21:46 | 10km:00:44:08 | 15km: 01:06:14 | 20km:01:28:52 | 21km:01:33:50 | 25km:01:52:18 | 30km:02:17:55 | 35km:02:43:42 | 40km:03:09:59									
527	6314	**KUBIAK Sławomir**	WARSZAWA		POL	1977	M40	195	03:21:23	03:21:04	492
		5km:00:22:44 | 10km:00:45:56 | 15km: 01:09:26 | 20km:01:32:54 | 21km:01:37:51 | 25km:01:56:33 | 30km:02:20:02 | 35km:02:44:08 | 40km:03:09:55									
528	7774	**GAŁĄZKA Tomasz**	BŁONIE		POL	1978	M40	195	03:21:55	03:21:04	492
		5km:00:20:57 | 10km:00:42:06 | 15km: 01:03:11 | 20km:01:24:32 | 21km:01:29:19 | 25km:01:46:50 | 30km:02:10:51 | 35km:02:37:47 | 40km:03:07:59									
529	8166	**MRÓZ Michał**	WARSZAWA		POL	1988	M30	197	03:21:16	03:21:04	492
		5km:00:23:34 | 10km:00:47:12 | 15km: 01:10:44 | 20km:01:34:15 | 21km:01:39:21 | 25km:01:57:42 | 30km:02:21:20 | 35km:02:45:20 | 40km:03:10:05									
530	6076	**KOCHANOWSKI Michał**	WARSZAWA		POL	1990	M30	198	03:21:42	03:21:05	495
		5km:00:23:48 | 10km:00:48:14 | 15km: 01:12:35 | 20km:01:36:20 | 21km:01:41:22 | 25km:01:59:56 | 30km:02:23:40 | 35km:02:47:05 | 40km:03:10:59									
531	7921	**SOSZKA Przemysław**	MIETNE		POL	1980	M40	197	03:22:06	03:21:05	495
		5km:00:22:42 | 10km:00:45:48 | 15km: 01:08:45 | 20km:01:31:40 | 21km:01:36:38 | 25km:01:54:38 | 30km:02:18:16 | 35km:02:42:36 | 40km:03:09:19									
532	3974	**HOLMES Michael**	BAD SODEN AM TAUNUS		GBR	1973	M50	45	03:21:32	03:21:08	497
		5km:00:23:30 | 10km:00:47:04 | 15km: 01:10:38 | 20km:01:34:09 | 21km:01:39:13 | 25km:01:57:41 | 30km:02:21:16 | 35km:02:45:16 | 40km:03:10:21									
533	10785	**NOWAK Jerzy**	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	POL	1964	M50	46	03:22:00	03:21:12	498
		5km:00:22:34 | 10km:00:45:15 | 15km: 01:07:59 | 20km:01:30:34 | 21km:01:35:28 | 25km:01:53:09 | 30km:02:16:29 | 35km:02:43:36 | 40km:03:10:28									
534	6455	**POGORZELEC Wojciech**	CHEŁM		POL	1995	M20	58	03:21:46	03:21:14	499
		5km:00:24:09 | 10km:00:48:25 | 15km: 01:12:46 | 20km:01:37:00 | 21km:01:42:15 | 25km:02:00:41 | 30km:02:23:45 | 35km:02:46:46 | 40km:03:10:56									
535	10485	**BANASZKIEWICZ Łukasz**	KOLUSZKI		POL	1993	M30	199	03:23:24	03:21:15	500
		5km:00:23:40 | 10km:00:47:13 | 15km: 01:10:37 | 20km:01:33:53 | 21km:01:38:59 | 25km:01:57:22 | 30km:02:21:00 | 35km:02:44:58 | 40km:03:09:56									
536	6238	**TURZYNSKI Maciej**	WARSZAWA		POL	1972	M50	47	03:21:59	03:21:18	501
		5km:00:23:56 | 10km:00:48:24 | 15km: 01:13:01 | 20km:01:37:09 | 21km:01:42:15 | 25km:02:00:55 | 30km:02:24:10 | 35km:02:47:26 | 40km:03:11:52									
537	2458	**BAREIŠA Andrius**	KAUNAS	Šešios trim	LTU	1994	M20	59	03:22:20	03:21:25	502
		5km:00:22:28 | 10km:00:44:58 | 15km: 01:07:42 | 20km:01:29:58 | 21km:01:34:51 | 25km:01:52:21 | 30km:02:15:37 | 35km:02:38:57 | 40km:03:09:25									
538	8050	**ABUCEWICZ Marek**	WROCŁAW	Silesia Marathon Club	POL	1973	M50	48	03:21:47	03:21:25	502
		5km:00:24:28 | 10km:00:48:53 | 15km: 01:13:15 | 20km:01:37:35 | 21km:01:42:47 | 25km:02:01:33 | 30km:02:25:02 | 35km:02:48:15 | 40km:03:11:50									
539	7150	**WĘGRZYN Jakub**	DOBCZYCE	Rozbiegane Dobczyce	POL	2001	M20	60	03:23:19	03:21:29	504
		5km:00:24:23 | 10km:00:47:07 | 15km: 01:09:51 | 20km:01:32:36 | 21km:01:37:27 | 25km:01:56:30 | 30km:02:20:37 | 35km:02:45:11 | 40km:03:11:29									
540	6836	**WÓŁKIEWICZ Piotr**	PRUSZKÓW		POL	1999	M20	61	03:22:57	03:21:31	505
		5km:00:23:36 | 10km:00:47:11 | 15km: 01:10:43 | 20km:01:34:10 | 21km:01:39:19 | 25km:01:57:45 | 30km:02:21:21 | 35km:02:45:20 | 40km:03:10:45									
541	2130	**KAZIK Piotr**	CZĘSTOCHOWA		POL	1985	M30	200	03:22:19	03:21:35	506
		5km:00:24:32 | 10km:00:48:40 | 15km: 01:12:31 | 20km:01:36:19 | 21km:01:41:25 | 25km:01:59:49 | 30km:02:23:14 | 35km:02:46:39 | 40km:03:10:58									
542	8169	**PIGŁAS Adam**	WARSZAWA		POL	1981	M40	198	03:23:19	03:21:41	507
		5km:00:21:34 | 10km:00:43:09 | 15km: 01:04:48 | 20km:01:26:03 | 21km:01:30:44 | 25km:01:48:11 | 30km:02:14:52 | 35km:02:41:36 | 40km:03:10:22									
543	2079	**GŁUCHOWSKI Adrian**	SOCHACZEW	MOYA	POL	1984	M30	201	03:21:51	03:21:42	508
		5km:00:24:27 | 10km:00:49:03 | 15km: 01:13:20 | 20km:01:37:34 | 21km:01:42:42 | 25km:02:01:22 | 30km:02:25:05 | 35km:02:48:13 | 40km:03:11:36									
544	8116	**ORZECHOWSKA Milena**	WILKÓW POLSKI	Arkadiusz Gardzielewski Running Team	POL	1994	K20	7	03:22:34	03:21:47	36
		5km:00:23:24 | 10km:00:46:53 | 15km: 01:10:22 | 20km:01:33:35 | 21km:01:38:35 | 25km:01:56:43 | 30km:02:20:07 | 35km:02:43:40 | 40km:03:09:44									
545	6792	**COLES John**	PAVENHAM		GBR	1986	M30	202	03:22:44	03:21:50	509
		5km:00:21:36 | 10km:00:43:23 | 15km: 01:05:42 | 20km:01:28:59 | 21km:01:34:03 | 25km:01:52:29 | 30km:02:16:57 | 35km:02:42:48 | 40km:03:10:29									
546	2582	**MOSE Douglus**	WARSZAWA	MOSE	KEN	1980	M40	199	03:22:10	03:21:58	510
		5km:00:23:55 | 10km:00:47:26 | 15km: 01:10:49 | 20km:01:34:16 | 21km:01:39:14 | 25km:01:57:31 | 30km:02:21:00 | 35km:02:44:53 | 40km:03:10:50									
547	2883	**SARNICKI Łukasz**	WROCŁAW	Mocna Grupa Cezara	POL	1991	M30	203	03:22:46	03:21:59	511
		5km:00:23:19 | 10km:00:47:05 | 15km: 01:10:37 | 20km:01:34:04 | 21km:01:39:06 | 25km:01:57:26 | 30km:02:21:24 | 35km:02:45:41 | 40km:03:11:23									
548	7532	**MICHLEWICZ Krzysztof**	WARSZAWA		POL	1986	M30	203	03:22:35	03:21:59	511
		5km:00:20:57 | 10km:00:42:00 | 15km: 01:02:59 | 20km:01:24:52 | 21km:01:29:41 | 25km:01:47:56 | 30km:02:12:46 | 35km:02:39:43 | 40km:03:10:01									
549	7727	**BASAJ Filip**	WARSZAWA		POL	1989	M30	205	03:22:13	03:22:01	513
		5km:00:22:15 | 10km:00:44:53 | 15km: 01:07:00 | 20km:01:29:23 | 21km:01:34:05 | 25km:01:51:35 | 30km:02:15:33 | 35km:02:41:46 | 40km:03:10:08									
550	8205	**GĄSIOR Maksymilian**	PIASECZNO		POL	2001	M20	62	03:22:24	03:22:01	513
		5km:00:24:26 | 10km:00:48:58 | 15km: 01:13:05 | 20km:01:37:03 | 21km:01:42:13 | 25km:02:00:44 | 30km:02:24:09 | 35km:02:47:04 | 40km:03:11:06									
551	3062	**MARYNOWSKI Adam**	KRAKÓW	Motorola Solutions Kraków	POL	1980	M40	200	03:22:57	03:22:02	515
		5km:00:22:31 | 10km:00:45:17 | 15km: 01:08:03 | 20km:01:31:15 | 21km:01:36:56 | 25km:01:56:06 | 30km:02:21:11 | 35km:02:45:43 | 40km:03:11:44									
552	6115	**KAMIŃSKI Artur**	OLSZTYN	PersonalTriathlon.pl	POL	1980	M40	200	03:22:23	03:22:02	515

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:52 | 10km:00:48:19 | 15km:01:12:15 | 20km:01:35:56 | 21km:01:40:57 | 25km:01:59:33 | 30km:02:22:53 | 35km:02:46:08 | 40km:03:11:10									
553	2141	**STĘPIEŃ Andrzej**	WARSZAWA	Exorigo Upos S.A.	POL	1976	M40	202	03:24:18	03:22:03	517
554	3718	**PROCHWICZ Michał**	WARSZAWA		POL	1981	M40	203	03:22:23	03:22:04	518
		5km:00:22:20 | 10km:00:44:56 | 15km:01:07:02 | 20km:01:29:21 | 21km:01:34:05 | 25km:01:51:36 | 30km:02:14:51 | 35km:02:41:49 | 40km:03:10:11									
555	2104	**ŁAZARSKI Tomasz**	ŁASIN		POL	1973	M50	49	03:23:13	03:22:07	519
		5km:00:23:43 | 10km:00:48:08 | 15km:01:12:47 | 20km:01:36:51 | 21km:01:42:02 | 25km:02:00:42 | 30km:02:23:57 | 35km:02:47:11 | 40km:03:11:21									
556	6263	**MIODOŃSKI Piotr**	OŚWIĘCIM		POL	1987	M30	206	03:23:59	03:22:07	519
		5km:00:25:01 | 10km:00:49:11 | 15km:01:13:13 | 20km:01:37:29 | 21km:01:42:36 | 25km:02:00:55 | 30km:02:24:03 | 35km:02:47:16 | 40km:03:11:21									
557	10023	**KRAJEWSKI Dariusz**	DYWITY		POL	1976	M40	204	03:23:32	03:22:12	521
		5km:00:24:29 | 10km:00:48:56 | 15km:01:13:07 | 20km:01:37:09 | 21km:01:42:20 | 25km:02:01:01 | 30km:02:24:34 | 35km:02:48:02 | 40km:03:12:07									
558	8181	**ZHENG Karel**	PRAGUE		CZE	1996	M20	63	03:22:59	03:22:12	521
		5km:00:23:52 | 10km:00:47:53 | 15km:01:12:33 | 20km:01:36:29 | 21km:01:41:33 | 25km:02:00:10 | 30km:02:23:54 | 35km:02:47:27 | 40km:03:11:58									
559	2946	**CZEPIGA Jan**	RUDA ŚLĄSKA		POL	1972	M50	50	03:22:57	03:22:14	523
		5km:00:23:35 | 10km:00:47:13 | 15km:01:10:42 | 20km:01:34:14 | 21km:01:39:21 | 25km:01:57:47 | 30km:02:21:28 | 35km:02:45:33 | 40km:03:11:19									
560	6034	**WASZKIEWICZ Marcin**	OLSZTYN	Są Wolniejsi	POL	1983	M40	205	03:23:25	03:22:14	523
		5km:00:24:40 | 10km:00:49:18 | 15km:01:13:51 | 20km:01:38:14 | 21km:01:43:27 | 25km:02:02:18 | 30km:02:26:12 | 35km:02:48:46 | 40km:03:11:58									
561	4144	**KRAJEWSKI Marcin**	KLEŚNISKA		POL	1977	M40	206	03:23:03	03:22:16	525
		5km:00:23:34 | 10km:00:47:08 | 15km:01:10:42 | 20km:01:34:13 | 21km:01:39:17 | 25km:01:57:46 | 30km:02:21:23 | 35km:02:45:18 | 40km:03:10:50									
562	3086	**ATANASOV Kristian**	STEVENAGE		BUL	1998	M20	64	03:22:58	03:22:18	526
		5km:00:22:12 | 10km:00:44:28 | 15km:01:06:25 | 20km:01:28:16 | 21km:01:32:55 | 25km:01:50:18 | 30km:02:14:44 | 35km:02:41:03 | 40km:03:09:56									
563	6316	**KUREK Michał**	KRAKÓW	Wolski Kolektyw Biegowy	POL	1985	M30	207	03:22:40	03:22:20	527
		5km:00:22:18 | 10km:00:44:56 | 15km:01:07:03 | 20km:01:29:21 | 21km:01:34:07 | 25km:01:51:50 | 30km:02:16:33 | 35km:02:42:14 | 40km:03:10:02									
564	6221	**ORMOND Oliver**	LONDON		GBR	1997	M20	65	03:24:20	03:22:26	528
		5km:00:23:24 | 10km:00:46:37 | 15km:01:09:38 | 20km:01:32:58 | 21km:01:38:00 | 25km:01:56:20 | 30km:02:20:08 | 35km:02:45:03 | 40km:03:11:08									
565	6429	**TOMCZAK Michał**	PŁOCK		POL	1989	M30	208	03:22:57	03:22:26	528
		5km:00:22:37 | 10km:00:45:20 | 15km:01:08:01 | 20km:01:30:36 | 21km:01:35:29 | 25km:01:53:10 | 30km:02:17:02 | 35km:02:45:27 | 40km:03:12:39									
566	7928	**ŁUBIŃSKI Krzysztof**	WARSZAWA		POL	1972	M50	51	03:23:01	03:22:28	530
		5km:00:22:32 | 10km:00:45:13 | 15km:01:07:45 | 20km:01:30:04 | 21km:01:34:47 | 25km:01:52:13 | 30km:02:14:57 | 35km:02:40:20 | 40km:03:09:55									
567	7844	**BODZIAKOWSKI Bartosz**	MAKÓW MAZOWIECKI	LKS Maków	POL	1980	M40	207	03:23:18	03:22:29	531
		5km:00:23:53 | 10km:00:47:34 | 15km:01:10:55 | 20km:01:34:15 | 21km:01:39:16 | 25km:01:58:02 | 30km:02:21:22 | 35km:02:45:14 | 40km:03:11:15									
568	2016	**WASIEWSKI Krzysztof**	KWIDZYN		POL	1975	M40	208	03:23:01	03:22:30	532
		5km:00:22:36 | 10km:00:45:19 | 15km:01:08:01 | 20km:01:30:35 | 21km:01:35:30 | 25km:01:53:17 | 30km:02:17:34 | 35km:02:42:42 | 40km:03:10:09									
569	3670	**BIAŁECKI Piotr**	WARSZAWA	Orange Polska	POL	1984	M30	209	03:23:20	03:22:31	533
		5km:00:24:21 | 10km:00:48:25 | 15km:01:13:12 | 20km:01:37:15 | 21km:01:42:21 | 25km:02:00:53 | 30km:02:24:10 | 35km:02:47:20 | 40km:03:11:40									
570	3304	**JEZIERSKI Tomasz**	TCZEW		POL	1975	M40	209	03:23:17	03:22:33	534
		5km:00:23:53 | 10km:00:47:34 | 15km:01:10:55 | 20km:01:34:17 | 21km:01:39:19 | 25km:01:57:45 | 30km:02:21:21 | 35km:02:45:27 | 40km:03:11:41									
571	3350	**ŠTARK Jiří**	BRNO		CZE	1979	M40	210	03:24:08	03:22:39	535
		5km:00:24:16 | 10km:00:48:29 | 15km:01:12:33 | 20km:01:36:37 | 21km:01:41:42 | 25km:02:00:22 | 30km:02:23:38 | 35km:02:46:54 | 40km:03:11:42									
572	6002	**DIBELKA Kamil**	DĘBNO	Mięczaki wolą czteropaki	POL	1993	M30	210	03:23:12	03:22:39	535
		5km:00:22:54 | 10km:00:46:08 | 15km:01:09:31 | 20km:01:33:02 | 21km:01:38:07 | 25km:01:56:25 | 30km:02:20:19 | 35km:02:45:11 | 40km:03:11:43									
573	3581	**JASKÓLSKI Bartłomiej**	OSTROŻEŃ PIERWSZY		POL	2001	M20	66	03:23:46	03:22:40	537
		5km:00:24:36 | 10km:00:49:29 | 15km:01:13:42 | 20km:01:37:57 | 21km:01:43:17 | 25km:02:02:18 | 30km:02:26:09 | 35km:02:50:12 | 40km:03:13:03									
574	12033	**BABIUCH Marek**	WARSZAWA	sekcja biegowa OIL Warszawa	POL	1962	M60	1	03:24:56	03:22:43	538
		5km:00:23:15 | 10km:00:46:40 | 15km:01:11:45 | 20km:01:36:05 | 21km:01:40:53 | 25km:02:00:11 | 30km:02:24:17 | 35km:02:48:09 | 40km:03:12:10									
575	2984	**SZAŁAJKO Paweł**	HUMNISKA		POL	1978	M40	211	03:23:18	03:22:43	538
		5km:00:22:47 | 10km:00:45:43 | 15km:01:08:55 | 20km:01:32:14 | 21km:01:37:14 | 25km:01:55:37 | 30km:02:19:28 | 35km:02:43:53 | 40km:03:10:24									
576	10603	**SAFARYN Maciej**	BIAŁYSTOK		POL	1972	M50	52	03:23:21	03:22:45	540
		5km:00:23:28 | 10km:00:47:12 | 15km:01:10:55 | 20km:01:34:28 | 21km:01:39:30 | 25km:01:58:00 | 30km:02:21:34 | 35km:02:45:28 | 40km:03:10:38									
577	2441	**JĘDRZEJAK Tomasz**	RASZKÓW	Raszków	POL	1989	M30	211	03:23:09	03:22:45	540
		5km:00:23:47 | 10km:00:47:35 | 15km:01:10:58 | 20km:01:34:23 | 21km:01:39:25 | 25km:01:57:42 | 30km:02:21:14 | 35km:02:46:01 | 40km:03:12:14									
578	6912	**KUŹNIK Kasper**	WARSZAWA		POL	1998	M20	67	03:23:38	03:22:45	540
		5km:00:25:04 | 10km:00:49:05 | 15km:01:12:40 | 20km:01:35:55 | 21km:01:41:11 | 25km:01:59:44 | 30km:02:23:26 | 35km:02:47:15 | 40km:03:12:04									
579	6889	**GAPSKI Marcin**	WARSZAWA	Aerospace Runners	POL	1984	M30	212	03:23:55	03:22:47	543
		5km:00:23:37 | 10km:00:47:58 | 15km:01:12:02 | 20km:01:36:05 | 21km:01:41:11 | 25km:02:00:03 | 30km:02:23:47 | 35km:02:47:12 | 40km:03:12:20									
580	3599	**AMROGOWICZ Daniel**	WROCŁAW		POL	1975	M40	212	03:23:41	03:22:52	544
		5km:00:23:33 | 10km:00:47:07 | 15km:01:10:42 | 20km:01:34:10 | 21km:01:39:16 | 25km:01:57:45 | 30km:02:21:20 | 35km:02:45:07 | 40km:03:11:10									
581	8236	**GIERAK Kris**	WARSZAWA	#teamBUNIO	POL	1980	M40	213	03:24:03	03:22:53	545
		5km:00:23:34 | 10km:00:47:18 | 15km:01:11:13 | 20km:01:35:18 | 21km:01:40:19 | 25km:01:58:45 | 30km:02:23:05 | 35km:02:47:22 | 40km:03:12:29									
582	3724	**BRIX Johannes**	MUNICH		GER	2002	M20	68	03:23:38	03:22:54	546
		5km:00:23:53 | 10km:00:48:11 | 15km:01:12:09 | 20km:01:36:04 | 21km:01:41:17 | 25km:01:59:57 | 30km:02:23:36 | 35km:02:47:06 | 40km:03:11:57									
583	4062	**KOSEWSKA Barbara**	WARSZAWA		POL	1984	K30	16	03:23:42	03:23:00	37
		5km:00:23:19 | 10km:00:46:39 | 15km:01:09:57 | 20km:01:33:09 | 21km:01:38:09 | 25km:01:56:14 | 30km:02:19:28 | 35km:02:44:01 | 40km:03:11:23									
584	4072	**CHMIEL Przemysław**	WARSZAWA	Albatrosy	POL	1978	M40	214	03:23:49	03:23:01	547
		5km:00:24:04 | 10km:00:48:29 | 15km:01:13:01 | 20km:01:37:31 | 21km:01:42:45 | 25km:02:01:31 | 30km:02:25:04 | 35km:02:48:19 | 40km:03:12:15									
585	6243	**OSOWSKI Kajetan**	LUBLIN		POL	1992	M30	213	03:23:45	03:23:02	548
		5km:00:23:36 | 10km:00:47:09 | 15km:01:10:42 | 20km:01:34:12 | 21km:01:39:15 | 25km:01:57:43 | 30km:02:21:21 | 35km:02:45:35 | 40km:03:11:51									
586	6381	**SADOWSKA Monika**	WARSZAWA		POL	1981	K40	15	03:23:49	03:23:02	38
		5km:00:24:06 | 10km:00:48:02 | 15km:01:11:51 | 20km:01:35:33 | 21km:01:40:41 | 25km:01:59:13 | 30km:02:23:19 | 35km:02:47:27 | 40km:03:12:12									
587	10399	**WANDYCZ Mariusz**	LUBAŃ		POL	1989	M30	214	03:24:13	03:23:05	549
		5km:00:24:01 | 10km:00:48:07 | 15km:01:12:49 | 20km:01:36:59 | 21km:01:42:01 | 25km:02:00:44 | 30km:02:24:19 | 35km:02:48:12 | 40km:03:12:59									
588	8240	**GALL Rafał**	WARSZAWA	RAMASPORT.PL	POL	1975	M40	215	03:23:41	03:23:08	550
		5km:00:23:27 | 10km:00:46:05 | 15km:01:09:01 | 20km:01:31:52 | 21km:01:36:52 | 25km:01:54:49 | 30km:02:17:48 | 35km:02:42:10 | 40km:03:10:19									
589	2138	**HOŃKA Michał**	KRAPKOWICE		POL	1979	M40	216	03:23:22	03:23:10	551
		5km:00:21:14 | 10km:00:42:42 | 15km:01:04:17 | 20km:01:25:57 | 21km:01:30:38 | 25km:01:47:45 | 30km:02:11:52 | 35km:02:41:29 | 40km:03:11:56									
590	10552	**KOWALSKI Damian**	STARY KRAKÓW	KB Spoko Sławno	POL	1993	M30	215	03:23:47	03:23:12	552
		5km:00:23:57 | 10km:00:48:00 | 15km:01:12:16 | 20km:01:36:14 | 21km:01:41:22 | 25km:01:59:48 | 30km:02:23:32 | 35km:02:47:33 | 40km:03:12:30									
591	8170	**DZIWOKI Marek**	RYBNIK	Rybnicka Grupa Biegowa ?Pędzimy Razem?	POL	1972	M50	53	03:24:46	03:23:13	553
		5km:00:23:40 | 10km:00:46:58 | 15km:01:09:52 | 20km:01:32:41 | 21km:01:37:39 | 25km:01:55:32 | 30km:02:19:14 | 35km:02:44:25 | 40km:03:11:45									
592	6817	**WRÓBEL Piotr**	POZNAŃ		POL	1980	M40	217	03:24:34	03:23:14	554
		5km:00:23:17 | 10km:00:47:04 | 15km:01:10:56 | 20km:01:34:41 | 21km:01:39:44 | 25km:01:58:18 | 30km:02:22:33 | 35km:02:46:45 | 40km:03:12:07									
593	10788	**WOSIAK Małgorzata**	ŁÓDŹ	Beauty Sport	POL	1990	K30	17	03:23:59	03:23:15	39
		5km:00:23:40 | 10km:00:47:15 | 15km:01:10:47 | 20km:01:34:15 | 21km:01:39:21 | 25km:01:57:52 | 30km:02:22:03 | 35km:02:46:41 | 40km:03:12:28									
594	2561	**KŁÓSKIEWICZ Piotr**	WARSZAWA		POL	1986	M30	216	03:24:25	03:23:15	555
		5km:00:23:13 | 10km:00:46:49 | 15km:01:10:17 | 20km:01:33:30 | 21km:01:38:33 | 25km:01:56:46 | 30km:02:20:26 | 35km:02:44:46 | 40km:03:11:10									
595	10185	**KUUSINEN Adrian**	WARSZAWA		POL	1989	M30	217	03:24:11	03:23:25	556
		5km:00:23:26 | 10km:00:46:41 | 15km:01:09:48 | 20km:01:33:00 | 21km:01:38:02 | 25km:01:56:28 | 30km:02:20:34 | 35km:02:45:10 | 40km:03:11:26									
596	3819	**BĄK Bartosz**	RZESZÓW	BorgWarner Running Team	POL	1990	M30	217	03:23:44	03:23:25	556
		5km:00:22:31 | 10km:00:45:10 | 15km:01:09:11 | 20km:01:32:16 | 21km:01:37:19 | 25km:01:56:04 | 30km:02:21:21 | 35km:02:45:43 | 40km:03:12:02									
597	8213	**RUSLOV Vladyslav**	KYIV		UKR	1974	M40	218	03:24:32	03:23:27	558
		5km:00:25:11 | 10km:00:49:50 | 15km:01:14:01 | 20km:01:38:26 | 21km:01:43:23 | 25km:02:01:39 | 30km:02:25:02 | 35km:02:48:06 | 40km:03:12:50									
598	3779	**KOTRA Grzegorz**	KRAKÓW		POL	1995	M20	69	03:24:24	03:23:29	559
		5km:00:23:53 | 10km:00:47:56 | 15km:01:12:05 | 20km:01:36:12 | 21km:01:41:23 | 25km:02:00:16 | 30km:02:24:09 | 35km:02:47:25 | 40km:03:12:18									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:33| 10km:00:48:49| 15km: 01:13:53 | 20km:01:37:41 | 21km:01:42:50 | 25km:02:01:25 | 30km:02:24:55 | 35km:02:48:29 | 40km:03:13:23									
599	6975	**ONYSZKO Tomasz**	WARSZAWA	Predica	POL	1975	M40	219	03:24:46	03:23:30	560
		5km:00:24:33| 10km:00:48:49| 15km: 01:13:53 | 20km:01:37:41 | 21km:01:42:50 | 25km:02:01:25 | 30km:02:24:55 | 35km:02:48:29 | 40km:03:13:23									
600	10110	**GURDEK Marcin**	WADOWICE		POL	1978	M40	220	03:24:40	03:23:31	561
		5km:00:21:51| 10km:00:44:11| 15km: 01:06:43 | 20km:01:29:08 | 21km:01:34:01 | 25km:01:51:47 | 30km:02:15:54 | 35km:02:41:34 | 40km:03:10:39									
601	10710	**ABRAHAMOWICZ Jakub**	RYBNIK		POL	1988	M30	219	03:24:25	03:23:34	562
		5km:00:24:13| 10km:00:48:28| 15km: 01:13:07 | 20km:01:37:20 | 21km:01:42:32 | 25km:02:01:09 | 30km:02:24:58 | 35km:02:48:50 | 40km:03:13:06									
602	6086	**BECKERS Chris**	UTRECHT		NED	1984	M30	220	03:24:34	03:23:36	563
		5km:00:24:24| 10km:00:48:22| 15km: 01:12:59 | 20km:01:37:06 | 21km:01:42:13 | 25km:02:02:56 | 30km:02:24:51 | 35km:02:48:38 | 40km:03:12:51									
603	2819	**SZUŚCIK Michał**	GLIWICE	Inżynieria Biegania	POL	1991	M30	221	03:24:24	03:23:38	564
		5km:00:23:35| 10km:00:47:10| 15km: 01:10:43 | 20km:01:34:14 | 21km:01:39:18 | 25km:01:57:45 | 30km:02:21:23 | 35km:02:45:20 | 40km:03:11:48									
604	7206	**ŁAKOMY Piotr**	GLIWICE		POL	1985	M30	221	03:24:10	03:23:38	564
		5km:00:22:35| 10km:00:45:59| 15km: 01:09:04 | 20km:01:32:01 | 21km:01:36:54 | 25km:01:54:55 | 30km:02:18:41 | 35km:02:44:26 | 40km:03:11:53									
605	7981	**GAJEWSKI Piotr**	ZŁOTÓW		POL	1987	M30	221	03:25:37	03:23:38	564
		5km:00:25:31| 10km:00:50:13| 15km: 01:14:02 | 20km:01:37:49 | 21km:01:42:56 | 25km:02:01:24 | 30km:02:24:52 | 35km:02:48:21 | 40km:03:13:13									
606	2298	**GRUSZKA Wiktor**	GDAŃSK	Biegam Bo Lubie Gdańsk	POL	1963	M60	2	03:24:39	03:23:43	567
		5km:00:23:52| 10km:00:48:22| 15km: 01:12:59 | 20km:01:37:01 | 21km:01:42:05 | 25km:02:00:27 | 30km:02:24:02 | 35km:02:47:23 | 40km:03:12:28									
607	3760	**JAKOWIECKA Aleksandra**	ZWIERZYNIEC	Deloitte Adventure Team	POL	1997	K20	8	03:24:49	03:23:44	40
		5km:00:23:38| 10km:00:47:16| 15km: 01:10:43 | 20km:01:34:49 | 21km:01:39:58 | 25km:01:58:33 | 30km:02:22:47 | 35km:02:47:01 | 40km:03:13:08									
608	7695	**MACIEJOWSKI Michał**	ŚWIĘTOCHŁOWICE		POL	1987	M30	224	03:25:03	03:23:47	568
		5km:00:22:42| 10km:00:46:08| 15km: 01:09:42 | 20km:01:33:38 | 21km:01:38:54 | 25km:01:58:09 | 30km:02:23:03 | 35km:02:47:35 | 40km:03:13:12									
609	10774	**HARASIM Adrian**	SIEDLCE		POL	1995	M20	70	03:24:42	03:23:48	569
		5km:00:23:53| 10km:00:48:24| 15km: 01:13:02 | 20km:01:37:10 | 21km:01:42:14 | 25km:02:00:56 | 30km:02:24:10 | 35km:02:47:27 | 40km:03:12:33									
610	8225	**KOŚCIELNY Aleksander**	RZESZÓW		POL	1976	M40	221	03:24:35	03:23:48	569
		5km:00:23:42| 10km:00:47:23| 15km: 01:10:54 | 20km:01:34:47 | 21km:01:39:59 | 25km:01:58:27 | 30km:02:22:07 | 35km:02:46:04 | 40km:03:12:12									
611	2816	**WOŹNIAK Andrzej**	BRZEG DOLNY		POL	1968	M50	54	03:24:45	03:23:50	571
		5km:00:23:52| 10km:00:48:13| 15km: 01:12:13 | 20km:01:35:56 | 21km:01:41:05 | 25km:01:59:30 | 30km:02:23:27 | 35km:02:47:40 | 40km:03:12:51									
612	3746	**GIDZINSKI Paweł**	WARSZAWA		POL	1987	M30	225	03:24:16	03:23:54	572
		5km:00:22:32| 10km:00:45:00| 15km: 01:07:44 | 20km:01:30:05 | 21km:01:34:56 | 25km:01:52:31 | 30km:02:16:35 | 35km:02:43:29 | 40km:03:12:08									
613	2712	**MISIAK Adrian**	ŁĘCZYCA	ET Promo	POL	1980	M40	222	03:24:15	03:23:56	573
		5km:00:22:18| 10km:00:44:57| 15km: 01:07:04 | 20km:01:29:24 | 21km:01:34:08 | 25km:01:51:50 | 30km:02:16:08 | 35km:02:43:14 | 40km:03:11:45									
614	6401	**KOWALSKI Rafał**	WIELICZKA	Kuba Piech Team	POL	1991	M30	226	03:25:00	03:23:59	574
		5km:00:24:10| 10km:00:48:19| 15km: 01:12:50 | 20km:01:37:04 | 21km:01:42:14 | 25km:02:00:59 | 30km:02:24:46 | 35km:02:48:04 | 40km:03:12:54									
615	2235	**MANJURA Tomasz**	CHORZÓW	CSC Adventure Academy	POL	1994	M20	71	03:24:58	03:24:05	575
		5km:00:24:44| 10km:00:49:29| 15km: 01:13:34 | 20km:01:37:18 | 21km:01:42:29 | 25km:02:01:08 | 30km:02:24:53 | 35km:02:48:42 | 40km:03:13:33									
616	2072	**PRUSAKIEWICZ Katarzyna**	WARSZAWA		POL	1988	K30	18	03:24:44	03:24:06	41
		5km:00:22:26| 10km:00:45:08| 15km: 01:08:00 | 20km:01:31:41 | 21km:01:36:51 | 25km:01:55:49 | 30km:02:20:16 | 35km:02:46:00 | 40km:03:12:51									
617	2742	**ZIELIŃSKA Malwina**	ŚWIĘTOCHŁOWICE	Sklep biegacza	POL	1994	K20	9	03:25:01	03:24:07	42
		5km:00:24:44| 10km:00:49:15| 15km: 01:13:34 | 20km:01:37:19 | 21km:01:42:28 | 25km:02:01:07 | 30km:02:24:54 | 35km:02:48:41 | 40km:03:13:33									
618	15004	**BĄK Mateusz**	GARWOLIN		POL	2000	M20	72	03:25:16	03:24:09	576
		5km:00:24:44| 10km:00:49:20| 15km: 01:13:44 | 20km:01:37:59 | 21km:01:43:15 | 25km:02:03:03 | 30km:02:26:32 | 35km:02:50:23 | 40km:03:14:30									
619	5272	**PAPRZYCKI Romuald**	WARSZAWA	Norbullo Team biega naturalnie	POL	1967	M50	55	03:24:53	03:24:10	577
		5km:00:23:34| 10km:00:47:09| 15km: 01:10:25 | 20km:01:33:50 | 21km:01:38:55 | 25km:01:57:16 | 30km:02:21:13 | 35km:02:45:57 | 40km:03:12:29									
620	8218	**MAŁYSKA Michał**	LUBLIN		POL	1993	M30	227	03:26:27	03:24:13	578
		5km:00:25:01| 10km:00:50:17| 15km: 01:14:54 | 20km:01:38:49 | 21km:01:43:57 | 25km:02:02:19 | 30km:02:26:18 | 35km:02:49:30 | 40km:03:13:59									
621	15530	**MAZUR Sebastian Piotr**	BRUMUNDDAL		NOR	1974	M40	223	03:24:47	03:24:14	579
		5km:00:22:49| 10km:00:45:33| 15km: 01:08:44 | 20km:01:32:13 | 21km:01:37:18 | 25km:01:56:15 | 30km:02:21:22 | 35km:02:46:03 | 40km:03:13:10									
622	2549	**ZWIRUK Karol**	WARSZAWA	Szybkie Kopyto Ultra	POL	1977	M40	223	03:25:09	03:24:14	579
		5km:00:23:52| 10km:00:48:21| 15km: 01:13:00 | 20km:01:37:08 | 21km:01:42:13 | 25km:02:00:54 | 30km:02:24:09 | 35km:02:47:25 | 40km:03:12:32									
623	7181	**RÓŻYCKI Grzegorz**	BIELAWA		POL	1977	M40	223	03:25:09	03:24:14	579
		5km:00:23:53| 10km:00:48:20| 15km: 01:13:01 | 20km:01:37:07 | 21km:01:42:13 | 25km:02:00:54 | 30km:02:24:09 | 35km:02:47:25 | 40km:03:12:32									
624	12065	**NOWORYTA Bartosz**	KRAKÓW	Klub DELFINEK	POL	1979	M40	226	03:25:47	03:24:18	582
		5km:00:23:37| 10km:00:47:40| 15km: 01:11:54 | 20km:01:36:34 | 21km:01:41:40 | 25km:02:00:21 | 30km:02:23:37 | 35km:02:47:23 | 40km:03:13:06									
625	2091	**KACZMARCZYK Adam**	WARSZAWA		POL	1974	M40	227	03:25:43	03:24:27	583
		5km:00:24:40| 10km:00:49:24| 15km: 01:13:36 | 20km:01:37:54 | 21km:01:42:58 | 25km:02:01:48 | 30km:02:25:54 | 35km:02:49:25 | 40km:03:14:29									
626	3717	**SOŁOWIEJ Łukasz**	WARSZAWA	OIRP WARSZAWA	POL	1981	M40	228	03:25:26	03:24:30	584
		5km:00:23:52| 10km:00:48:17| 15km: 01:12:57 | 20km:01:37:07 | 21km:01:42:12 | 25km:02:00:52 | 30km:02:24:08 | 35km:02:47:24 | 40km:03:12:57									
627	7881	**CIEŚLIŃSKI Jacek**	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1966	M50	56	03:25:41	03:24:31	585
		5km:00:23:59| 10km:00:48:16| 15km: 01:12:48 | 20km:01:37:02 | 21km:01:42:12 | 25km:02:00:49 | 30km:02:24:38 | 35km:02:48:30 | 40km:03:13:33									
628	3763	**BŁOŃSKI Wojciech**	SOKOŁÓW PODLASKI	TEAM BLONSKY	POL	1973	M50	57	03:25:14	03:24:35	586
		5km:00:23:49| 10km:00:47:44| 15km: 01:11:41 | 20km:01:35:36 | 21km:01:40:48 | 25km:01:59:30 | 30km:02:23:40 | 35km:02:47:52 | 40km:03:13:13									
629	5073	**CZAPLIŃSKI Jacek**	KOSZALIN	nice_runs_ultra	POL	1981	M40	229	03:24:52	03:24:38	587
		5km:00:20:58| 10km:00:42:27| 15km: 01:04:08 | 20km:01:27:20 | 21km:01:32:32 | 25km:01:52:32 | 30km:02:18:58 | 35km:02:45:49 | 40km:03:13:25									
630	10621	**STĘPIEŃ Zenon**	KIELCE	UKSM EKIPA BIELACHY	POL	1963	M60	3	03:24:52	03:24:39	588
		5km:00:21:05| 10km:00:42:28| 15km: 01:03:24 | 20km:01:24:42 | 21km:01:29:23 | 25km:01:46:48 | 30km:02:12:39 | 35km:02:43:41 | 40km:03:12:42									
631	2643	**KRZYŻEWSKI Kamil**	KROSNO	Kocham Dysię	POL	1990	M30	228	03:25:31	03:24:41	589
		5km:00:24:47| 10km:00:49:47| 15km: 01:14:06 | 20km:01:38:04 | 21km:01:43:19 | 25km:02:02:08 | 30km:02:25:50 | 35km:02:49:08 | 40km:03:13:43									
632	10156	**DAWIDZIAK Arkadiusz**	OLEŚNICA	Garmin Wrocław	POL	1985	M30	229	03:24:56	03:24:42	590
		5km:00:21:38| 10km:00:43:29| 15km: 01:05:37 | 20km:01:29:03 | 21km:01:33:51 | 25km:01:52:23 | 30km:02:17:01 | 35km:02:44:17 | 40km:03:13:40									
633	4410	**BLACHARZ Sławomir**	LIPKÓW		POL	1983	M40	230	03:25:39	03:24:42	590
		5km:00:23:52| 10km:00:48:15| 15km: 01:12:58 | 20km:01:37:03 | 21km:01:42:08 | 25km:02:00:53 | 30km:02:24:35 | 35km:02:48:40 | 40km:03:13:47									
634	6646	**SZEWC Tomasz**	TARNOBRZEG		POL	1980	M40	231	03:25:29	03:24:43	592
		5km:00:23:30| 10km:00:47:02| 15km: 01:10:30 | 20km:01:33:57 | 21km:01:39:01 | 25km:01:57:17 | 30km:02:20:35 | 35km:02:45:09 | 40km:03:13:16									
635	6984	**WISNIEWSKI Tymon**	WRZEŚNIA	Enea Team	POL	1987	M30	230	03:25:27	03:24:43	592
		5km:00:23:33| 10km:00:47:08| 15km: 01:10:42 | 20km:01:34:11 | 21km:01:39:18 | 25km:01:57:44 | 30km:02:21:20 | 35km:02:45:20 | 40km:03:12:11									
636	10066	**POCIECH Marek**	KORYTÓW		POL	1962	M60	4	03:25:34	03:24:44	594
		5km:00:23:27| 10km:00:47:01| 15km: 01:10:36 | 20km:01:34:04 | 21km:01:39:11 | 25km:01:57:38 | 30km:02:21:13 | 35km:02:44:55 | 40km:03:12:11									
637	4067	**KUTKA Mikołaj**	WARSZAWA		POL	1995	M20	73	03:25:30	03:24:45	595
		5km:00:24:16| 10km:00:48:36| 15km: 01:13:17 | 20km:01:37:24 | 21km:01:42:31 | 25km:02:01:08 | 30km:02:24:33 | 35km:02:48:27 | 40km:03:13:56									
638	6922	**MATERSKA Marta**	WARSZAWA		POL	1984	K30	19	03:25:55	03:24:45	43
		5km:00:24:34| 10km:00:49:08| 15km: 01:13:30 | 20km:01:37:58 | 21km:01:43:16 | 25km:02:02:24 | 30km:02:26:52 | 35km:02:50:54 | 40km:03:14:51									
639	10414	**KURASZ Tomasz**	DALESZYCE	DREAM TEAM WOKÓŁ ŁYSEJ GÓRY	POL	1981	M40	232	03:25:00	03:24:46	596
		5km:00:23:40| 10km:00:47:34| 15km: 01:11:10 | 20km:01:34:51 | 21km:01:40:04 | 25km:01:58:56 | 30km:02:23:01 | 35km:02:47:24 | 40km:03:13:26									
640	10548	**KARASZEWSKI Norbert**	BIAŁE BŁOTA	1. Wojskowy Szpital Polowy	POL	1987	M30	231	03:26:57	03:24:47	597
		5km:00:24:38| 10km:00:48:54| 15km: 01:12:57 | 20km:01:36:55 | 21km:01:41:57 | 25km:02:00:13 | 30km:02:23:40 | 35km:02:49:40 | 40km:03:14:12									
641	10251	**OKRĄGŁY Emil**	SEROCK	TRIZARZA	POL	1982	M40	233	03:25:22	03:24:53	598
		5km:00:22:37| 10km:00:45:20| 15km: 01:08:03 | 20km:01:30:41 | 21km:01:35:33 | 25km:01:53:35 | 30km:02:18:29 | 35km:02:44:10 | 40km:03:13:07									
642	6808	**GRZYBOWSKI Paweł**	WARSZAWA		POL	1990	M30	232	03:25:31	03:24:53	598
		5km:00:23:32| 10km:00:47:10| 15km: 01:10:43 | 20km:01:34:15 | 21km:01:39:20 | 25km:01:57:41 | 30km:02:21:29 | 35km:02:46:06 | 40km:03:13:10									
643	14519	**STACHURSKI Arek**	WARSZAWA	Pawko Runner Team	POL	1986	M30	233	03:26:04	03:24:55	600
		5km:00:23:53| 10km:00:47:51| 15km: 01:11:33 | 20km:01:35:03 | 21km:01:40:06 | 25km:01:58:28 | 30km:02:22:07 | 35km:02:46:49 | 40km:03:13:49									
644	3048	**SIEWIERKIEWICZ Rafał**	AVED?RE	Hvidovre Triathlon Club	POL	1975	M40	234	03:25:22	03:24:57	601
		5km:00:21:43| 10km:00:44:08| 15km: 01:06:55 | 20km:01:30:00 | 21km:01:35:33 | 25km:01:54:29 | 30km:02:19:25 | 35km:02:45:12 | 40km:03:12:47									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:35 | 10km:00:47:03 | 15km:01:10:27 | 20km:01:33:52 | 21km:01:38:55 | 25km:01:57:18 | 30km:02:21:15 | 35km:02:45:29 | 40km:03:12:49									
645	7937	**RIEFF Tomasz**	WARSZAWA		POL	1983	M40	234	03:25:43	03:24:57	601
		5km:00:24:33 | 10km:00:48:53 | 15km:01:13:12 | 20km:01:37:18 | 21km:01:42:31 | 25km:02:01:28 | 30km:02:26:13 | 35km:02:51:27 | 40km:03:15:21									
646	2765	**SOBOTA Jacek**	BIAŁYSTOK		POL	1975	M40	236	03:26:15	03:25:07	603
		5km:00:24:51 | 10km:00:49:32 | 15km:01:14:03 | 20km:01:37:59 | 21km:01:43:13 | 25km:02:01:43 | 30km:02:25:20 | 35km:02:48:46 | 40km:03:13:47									
647	3558	**CZEPEK Andrzej**	NOWE MIASTO LUBAWSKIE	Kurzętnik Biega	POL	1970	M50	58	03:26:08	03:25:09	604
		5km:00:23:33 | 10km:00:46:55 | 15km:01:09:52 | 20km:01:32:48 | 21km:01:37:43 | 25km:01:55:39 | 30km:02:19:35 | 35km:02:44:54 | 40km:03:13:34									
648	6553	**ETMAŃSKI Radek**	IŁAWA	#8rb/iławskie_dziki/PnD	POL	1980	M40	237	03:25:54	03:25:10	605
		5km:00:23:39 | 10km:00:48:53 | 15km:01:13:12 | 20km:01:37:18 | 21km:01:42:31 | 25km:02:01:28 | 30km:02:26:13 | 35km:02:51:27 | 40km:03:15:21									
649	3082	**UROWSKI Wojciech**	CHARZYKOWY	ENDURE TEAM	POL	1979	M40	238	03:25:43	03:25:11	606
		5km:00:22:35 | 10km:00:45:39 | 15km:01:09:00 | 20km:01:32:20 | 21km:01:37:28 | 25km:01:56:22 | 30km:02:21:13 | 35km:02:46:41 | 40km:03:13:53									
650	3949	**JAKUSIK Jacek**	GDAŃSK	Grupa Malbork	POL	1965	M50	59	03:26:00	03:25:13	607
		5km:00:22:57 | 10km:00:45:32 | 15km:01:08:03 | 20km:01:30:42 | 21km:01:35:37 | 25km:01:53:27 | 30km:02:17:00 | 35km:02:43:08 | 40km:03:12:03									
651	3538	**JANOWSKI Tomasz**	CHEŁMNO	Medos Chełmno	POL	1988	M30	234	03:26:32	03:25:20	608
		5km:00:24:39 | 10km:00:49:12 | 15km:01:13:06 | 20km:01:37:09 | 21km:01:42:15 | 25km:02:00:33 | 30km:02:23:51 | 35km:02:47:51 | 40km:03:13:44									
652	3927	**KRUKOWSKI Jakub**	POZNAŃ		POL	1986	M30	234	03:26:20	03:25:20	608
		5km:00:24:51 | 10km:00:49:22 | 15km:01:13:35 | 20km:01:37:34 | 21km:01:42:50 | 25km:02:01:34 | 30km:02:25:32 | 35km:02:49:31 | 40km:03:14:26									
653	7438	**OGIŃSKI Norbert**	ALEKSANDRÓW ŁÓDZKI		POL	1997	M20	74	03:26:28	03:25:24	610
		5km:00:24:39 | 10km:00:49:07 | 15km:01:13:21 | 20km:01:37:23 | 21km:01:42:32 | 25km:02:01:10 | 30km:02:24:49 | 35km:02:48:44 | 40km:03:15:13									
654	3947	**KOZINA Daniel**	ZAWOJA		POL	1999	M20	75	03:26:36	03:25:26	611
		5km:00:23:40 | 10km:00:46:46 | 15km:01:09:58 | 20km:01:33:37 | 21km:01:38:37 | 25km:01:56:54 | 30km:02:20:45 | 35km:02:45:38 | 40km:03:14:10									
655	8162	**WACH Monika**	WARSZAWA	Żórawski Team	POL	1979	K40	16	03:26:21	03:25:26	44
		5km:00:23:51 | 10km:00:47:59 | 15km:01:11:51 | 20km:01:35:26 | 21km:01:40:33 | 25km:01:59:16 | 30km:02:23:44 | 35km:02:48:33 | 40km:03:14:31									
656	7409	**PISZEWSKI Arkadiusz**	IŁAWA	IŁAWA BIEGA/#PNDRUNINGTEAM	POL	1972	M50	60	03:26:44	03:25:27	612
		5km:00:24:42 | 10km:00:48:37 | 15km:01:12:30 | 20km:01:37:24 | 21km:01:42:29 | 25km:02:00:41 | 30km:02:23:55 | 35km:02:47:20 | 40km:03:14:02									
657	3713	**ŁUCZYNA Grzegorz**	WARSZAWA	Pod Kocią Łapą	POL	1987	M30	236	03:26:45	03:25:31	613
		5km:00:24:40 | 10km:00:49:27 | 15km:01:13:52 | 20km:01:38:20 | 21km:01:43:39 | 25km:02:02:43 | 30km:02:27:24 | 35km:02:51:29 | 40km:03:15:28									
658	2337	**RODEWALD Piotr**	POZNAŃ		POL	1981	M40	239	03:26:04	03:25:32	614
		5km:00:23:45 | 10km:00:47:13 | 15km:01:10:32 | 20km:01:34:13 | 21km:01:39:16 | 25km:01:57:42 | 30km:02:21:30 | 35km:02:46:06 | 40km:03:13:44									
659	3301	**JANCZAK Piotr**	WARSZAWA		POL	1986	M30	237	03:26:22	03:25:34	615
		5km:00:23:30 | 10km:00:47:05 | 15km:01:10:40 | 20km:01:34:09 | 21km:01:39:15 | 25km:01:57:42 | 30km:02:21:20 | 35km:02:45:51 | 40km:03:14:04									
660	2032	**KLIMEK Andrzej**	WARSZAWA		POL	1979	M40	240	03:27:54	03:25:40	616
		5km:00:24:12 | 10km:00:48:19 | 15km:01:12:52 | 20km:01:37:23 | 21km:01:42:39 | 25km:02:01:44 | 30km:02:26:23 | 35km:02:50:50 | 40km:03:15:08									
661	3277	**PORĘBA Lech**	WYSZKÓW	KB Wyszków	POL	1963	M60	5	03:26:55	03:25:44	617
		5km:00:24:36 | 10km:00:49:17 | 15km:01:13:52 | 20km:01:38:12 | 21km:01:43:30 | 25km:02:02:19 | 30km:02:25:48 | 35km:02:49:16 | 40km:03:14:33									
662	7742	**SZURLEJ Paulina**	HACZÓW		POL	1985	K30	20	03:26:58	03:25:45	45
		5km:00:25:05 | 10km:00:49:42 | 15km:01:14:29 | 20km:01:38:55 | 21km:01:44:07 | 25km:02:02:42 | 30km:02:26:57 | 35km:02:50:39 | 40km:03:15:01									
663	3412	**PERZANOWSKI Dawid**	MIŃSK MAZOWIECKI		POL	2001	M20	76	03:26:52	03:25:46	618
		5km:00:23:53 | 10km:00:48:31 | 15km:01:13:01 | 20km:01:37:17 | 21km:01:42:26 | 25km:02:01:12 | 30km:02:25:21 | 35km:02:49:45 | 40km:03:14:48									
664	4016	**SZCZEŚNIAK Mateusz**	SWINOUJSCIE		POL	1999	M20	76	03:27:01	03:25:46	618
		5km:00:23:52 | 10km:00:47:02 | 15km:01:11:17 | 20km:01:33:44 | 21km:01:38:39 | 25km:01:56:28 | 30km:02:19:42 | 35km:02:44:49 | 40km:03:14:19									
665	2657	**KUKLA-KUKLEWICZ Michał**	PŁOCK		POL	1995	M20	78	03:26:48	03:25:49	620
		5km:00:24:41 | 10km:00:49:10 | 15km:01:13:37 | 20km:01:37:40 | 21km:01:42:54 | 25km:02:01:29 | 30km:02:25:29 | 35km:02:50:14 | 40km:03:15:18									
666	12005	**WOJTKOWIAK Piotr**	CHOCIANÓW	AKS Wybiegani Polkowice	POL	1991	M30	238	03:26:27	03:25:50	621
		5km:00:24:28 | 10km:00:49:07 | 15km:01:13:29 | 20km:01:37:45 | 21km:01:42:57 | 25km:02:01:50 | 30km:02:25:55 | 35km:02:50:12 | 40km:03:15:07									
667	12015	**GRĄDZIK Marcin**	WARSZAWA	PGB Sportowa Paczka	POL	1990	M30	239	03:26:49	03:25:53	622
		5km:00:23:54 | 10km:00:48:18 | 15km:01:12:57 | 20km:01:37:00 | 21km:01:42:10 | 25km:02:00:56 | 30km:02:24:47 | 35km:02:49:17 | 40km:03:14:52									
668	5210	**CZAKO Andras**	WARSZAWA		HUN	1981	M40	241	03:27:10	03:25:55	623
		5km:00:24:26 | 10km:00:48:40 | 15km:01:12:43 | 20km:01:36:49 | 21km:01:41:55 | 25km:02:00:33 | 30km:02:24:18 | 35km:02:48:50 | 40km:03:14:39									
669	7288	**MUSIAŁ Anna**	WARSZAWA		POL	1998	K20	10	03:26:42	03:25:57	46
		5km:00:23:32 | 10km:00:47:07 | 15km:01:10:39 | 20km:01:34:09 | 21km:01:39:14 | 25km:01:57:39 | 30km:02:22:03 | 35km:02:47:54 | 40km:03:15:35									
670	6355	**WEISS Krzysztof**	ŚWIDNICA		POL	1980	M40	242	03:27:07	03:25:59	624
		5km:00:23:43 | 10km:00:48:08 | 15km:01:12:48 | 20km:01:36:58 | 21km:01:42:03 | 25km:02:00:47 | 30km:02:24:24 | 35km:02:48:46 | 40km:03:14:56									
671	3988	**DOŁŻYŃSKI Krzysztof**	LUBLIN	Latające Klapki Kubota	POL	1986	M30	240	03:26:56	03:26:02	625
		5km:00:23:55 | 10km:00:48:25 | 15km:01:12:59 | 20km:01:37:10 | 21km:01:42:15 | 25km:02:00:55 | 30km:02:24:10 | 35km:02:47:38 | 40km:03:13:36									
672	6653	**SKOCZYLAS Mateusz**	RAMISZÓW		POL	1987	M30	241	03:27:01	03:26:06	626
		5km:00:23:54 | 10km:00:48:21 | 15km:01:13:02 | 20km:01:37:12 | 21km:01:42:16 | 25km:02:00:58 | 30km:02:24:28 | 35km:02:48:52 | 40km:03:15:08									
673	4385	**MISZKURKA Maciej**	WARSZAWA	P&G Running Team	POL	1982	M40	243	03:27:24	03:26:07	627
		5km:00:24:40 | 10km:00:49:18 | 15km:01:13:48 | 20km:01:38:26 | 21km:01:43:37 | 25km:02:02:25 | 30km:02:26:09 | 35km:02:49:44 | 40km:03:15:07									
674	10091	**GURDA Michał**	KRAKÓW	#AdamCzerwińskiTeam	POL	1988	M30	242	03:26:55	03:26:08	628
		5km:00:23:57 | 10km:00:48:04 | 15km:01:12:12 | 20km:01:36:19 | 21km:01:41:30 | 25km:02:00:25 | 30km:02:24:41 | 35km:02:49:25 | 40km:03:15:04									
675	6312	**PODLEWSKI Tomasz**	JAROTY	TEAM KOPEĆ	POL	1978	M40	244	03:27:06	03:26:12	629
		5km:00:23:54 | 10km:00:48:12 | 15km:01:12:14 | 20km:01:35:59 | 21km:01:41:05 | 25km:01:59:31 | 30km:02:23:27 | 35km:02:47:42 | 40km:03:14:05									
676	8135	**RZASA Piotr**	KRAKÓW	GO APTIV!	POL	1992	M30	243	03:27:07	03:26:12	629
		5km:00:21:15 | 10km:00:42:25 | 15km:01:04:04 | 20km:01:26:02 | 21km:01:31:26 | 25km:01:52:22 | 30km:02:20:25 | 35km:02:47:26 | 40km:03:15:16									
677	7000	**OŁUBEK Robert**	ŻORY	HRmax Żory	POL	1975	M40	245	03:27:26	03:26:13	631
		5km:00:24:29 | 10km:00:48:56 | 15km:01:13:07 | 20km:01:36:52 | 21km:01:41:56 | 25km:02:00:25 | 30km:02:23:48 | 35km:02:47:50 | 40km:03:15:05									
678	7778	**MIKOŁAJCZAK Arkadiusz**	JAROCIN		POL	1990	M30	244	03:26:35	03:26:13	631
		5km:00:22:28 | 10km:00:44:59 | 15km:01:07:42 | 20km:01:30:29 | 21km:01:35:31 | 25km:01:54:10 | 30km:02:21:03 | 35km:02:45:40 | 40km:03:14:20									
679	10748	**GŁOS Adam**	MYSŁOWICE		POL	1980	M40	246	03:27:25	03:26:14	633
		5km:00:24:39 | 10km:00:49:18 | 15km:01:13:51 | 20km:01:38:19 | 21km:01:43:40 | 25km:02:02:42 | 30km:02:27:31 | 35km:02:50:51 | 40km:03:15:20									
680	4351	**GRUNWALD Artur**	WŁOCŁAWEK		POL	1976	M40	247	03:27:34	03:26:16	634
		5km:00:24:27 | 10km:00:49:05 | 15km:01:13:32 | 20km:01:38:07 | 21km:01:43:19 | 25km:02:02:29 | 30km:02:26:59 | 35km:02:51:30 | 40km:03:15:53									
681	7750	**KOWALSKI Krzysztof**	KIEŹLINY	Tlenowa Radość Team	POL	1983	M40	248	03:27:14	03:26:17	635
		5km:00:24:14 | 10km:00:47:53 | 15km:01:11:27 | 20km:01:34:59 | 21km:01:40:03 | 25km:01:58:43 | 30km:02:23:08 | 35km:02:47:48 | 40km:03:15:05									
682	8224	**RAK Zbigniew**	RZESZÓW		POL	1979	M40	248	03:27:21	03:26:17	635
		5km:00:24:47 | 10km:00:49:24 | 15km:01:14:00 | 20km:01:38:27 | 21km:01:43:47 | 25km:02:02:51 | 30km:02:27:31 | 35km:02:51:48 | 40km:03:15:41									
683	13011	**GAJEWSKI Michał**	WARSZAWA		POL	1980	M40	250	03:27:45	03:26:19	637
		5km:00:25:13 | 10km:00:50:42 | 15km:01:15:22 | 20km:01:40:11 | 21km:01:45:35 | 25km:02:04:54 | 30km:02:29:02 | 35km:02:52:37 | 40km:03:16:36									
684	3983	**OVALLE Jorge**	SAN FRANCISCO		MEX	1991	M30	245	03:29:35	03:26:20	638
		5km:00:25:49 | 10km:00:51:16 | 15km:01:15:40 | 20km:01:39:20 | 21km:01:44:17 | 25km:02:02:43 | 30km:02:26:07 | 35km:02:49:56 | 40km:03:15:13									
685	2554	**LISIAK Bartosz**	MUROWANA GOŚLINA		POL	1983	M40	251	03:27:07	03:26:23	639
		5km:00:23:31 | 10km:00:47:10 | 15km:01:10:45 | 20km:01:34:15 | 21km:01:39:21 | 25km:01:57:57 | 30km:02:22:43 | 35km:02:47:41 | 40km:03:14:20									
686	5266	**STAL Katarzyna**	WARSZAWA	KS Staszewscy	POL	1983	K40	17	03:27:34	03:26:23	47
		5km:00:24:45 | 10km:00:49:28 | 15km:01:14:11 | 20km:01:38:46 | 21km:01:44:05 | 25km:02:03:12 | 30km:02:27:27 | 35km:02:51:11 | 40km:03:15:40									
687	3035	**KAMIŃSKI Paweł**	WARSZAWA	12tri.pl	POL	1984	M30	246	03:26:59	03:26:24	640
		5km:00:22:32 | 10km:00:45:17 | 15km:01:08:16 | 20km:01:31:28 | 21km:01:36:29 | 25km:01:55:16 | 30km:02:19:53 | 35km:02:45:18 | 40km:03:13:50									
688	4089	**STELMACH Dariusz**	OTWOCK		POL	1984	M30	246	03:27:28	03:26:24	640
		5km:00:24:43 | 10km:00:49:25 | 15km:01:13:59 | 20km:01:38:26 | 21km:01:43:46 | 25km:02:02:51 | 30km:02:27:27 | 35km:02:51:46 | 40km:03:16:21									
689	2713	**GĘBAL Adam**	WARSZAWA		POL	1987	M30	248	03:27:02	03:26:26	642
		5km:00:22:35 | 10km:00:45:31 | 15km:01:08:49 | 20km:01:33:04 | 21km:01:38:06 | 25km:01:56:48 | 30km:02:21:38 | 35km:02:47:36 | 40km:03:14:43									
690	3922	**BOLECHOWSKI Michał**	WARSZAWA		POL	1991	M30	249	03:27:59	03:26:27	643
		5km:00:23:44 | 10km:00:47:52 | 15km:01:12:08 | 20km:01:36:24 | 21km:01:41:34 | 25km:02:01:11 | 30km:02:25:30 | 35km:02:50:10 | 40km:03:15:51									

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:45| 10km:00:49:25| 15km: 01:13:20 | 20km:01:37:07 | 21km:01:42:17 | 25km:02:00:44 | 30km:02:24:18 | 35km:02:48:41 | 40km:03:15:13									
691	7248	**OLEARCZYK Aleksander**	BUJAKÓW		POL	2005	M20	79	03:29:07	03:26:28	644
		5km:00:24:58| 10km:00:49:24| 15km: 01:13:54 | 20km:01:38:09 | 21km:01:43:22 | 25km:02:02:11 | 30km:02:26:17 | 35km:02:50:22 | 40km:03:15:41									
692	2556	**PASEK Paweł**	KRAKÓW		POL	1991	M30	250	03:27:32	03:26:30	645
		5km:00:22:44| 10km:00:45:49| 15km: 01:08:51 | 20km:01:32:04 | 21km:01:37:04 | 25km:01:55:16 | 30km:02:20:14 | 35km:02:46:03 | 40km:03:15:33									
693	2601	**MCCONNELL Joe**	WARSZAWA		GBR	1989	M30	251	03:27:27	03:26:32	646
		5km:00:22:29| 10km:00:45:12| 15km: 01:08:03 | 20km:01:31:01 | 21km:01:36:07 | 25km:01:54:48 | 30km:02:19:38 | 35km:02:45:49 | 40km:03:14:04									
694	6854	**GATZKI Christian**	STARACHOWICE		GER	1976	M40	252	03:26:57	03:26:32	646
		5km:00:22:31| 10km:00:45:44| 15km: 01:09:17 | 20km:01:32:53 | 21km:01:38:05 | 25km:01:56:59 | 30km:02:21:29 | 35km:02:47:46 | 40km:03:15:21									
695	10668	**KOWALCZYK Krystian**	KOŃSKIE		POL	1992	M30	252	03:27:10	03:26:33	648
		5km:00:23:58| 10km:00:48:21| 15km: 01:13:00 | 20km:01:37:08 | 21km:01:42:15 | 25km:02:01:05 | 30km:02:25:05 | 35km:02:49:56 | 40km:03:15:51									
696	4373	**JANCZEWSKI Bolesław**	WARSZAWA		POL	1979	M40	253	03:27:32	03:26:37	649
		5km:00:24:42| 10km:00:49:23| 15km: 01:14:00 | 20km:01:38:32 | 21km:01:43:54 | 25km:02:02:58 | 30km:02:27:25 | 35km:02:51:28 | 40km:03:15:52									
697	3460	**KAZBERUK Jarosław**	WASILKÓW		POL	1964	M50	61	03:27:51	03:26:39	650
		5km:00:23:18| 10km:00:46:42| 15km: 01:10:20 | 20km:01:33:47 | 21km:01:38:47 | 25km:01:57:15 | 30km:02:20:49 | 35km:02:44:42 | 40km:03:14:47									
698	13515	**HOFFMANN Nikodem**	BIELSKO-BIAŁA		CZE	1989	M30	253	03:32:51	03:26:40	651
		5km:00:23:01| 10km:00:46:35| 15km: 01:10:07 | 20km:01:33:53 | 21km:01:39:04 | 25km:01:57:36 | 30km:02:21:25 | 35km:02:45:19 | 40km:03:14:06									
699	8269	**BRZOZOWSKI Jakub**	POMIECHÓWEK		POL	1992	M30	253	03:27:14	03:26:40	651
		5km:00:24:28| 10km:00:49:07| 15km: 01:13:38 | 20km:01:38:06 | 21km:01:43:25 | 25km:02:02:32 | 30km:02:27:02 | 35km:02:51:21 | 40km:03:16:07									
700	3204	**KLIMCZAK Paweł**	WARSZAWA		POL	1980	M40	254	03:28:03	03:26:42	653
		5km:00:23:36| 10km:00:47:12| 15km: 01:10:46 | 20km:01:34:19 | 21km:01:39:24 | 25km:01:57:54 | 30km:02:21:32 | 35km:02:47:25 | 40km:03:14:47									
701	2687	**SZCZEPNY Damian**	LONDYN		POL	1995	M20	80	03:27:27	03:26:43	654
		5km:00:24:12| 10km:00:48:39| 15km: 01:13:20 | 20km:01:38:13 | 21km:01:43:29 | 25km:02:02:42 | 30km:02:27:30 | 35km:02:52:09 | 40km:03:16:39									
702	2415	**ALFRINK Stef**	STOCKHOLM		NED	1992	M30	255	03:27:30	03:26:44	655
		5km:00:24:52| 10km:00:49:30| 15km: 01:14:06 | 20km:01:38:31 | 21km:01:43:54 | 25km:02:02:58 | 30km:02:27:29 | 35km:02:51:44 | 40km:03:16:12									
703	3840	**STĘPNIAK Iga**	POZNAŃ		POL	1988	K30	21	03:27:43	03:26:45	48
		5km:00:20:14| 10km:00:41:36| 15km: 01:03:47 | 20km:01:26:19 | 21km:01:31:19 | 25km:01:50:13 | 30km:02:16:23 | 35km:02:43:39 | 40km:03:12:51									
704	6040	**PONICKI Sebastian**	RABKA-ZDRÓJ		POL	1996	M20	81	03:28:23	03:26:47	656
		5km:00:23:35| 10km:00:47:12| 15km: 01:10:32 | 20km:01:34:03 | 21km:01:39:05 | 25km:01:57:30 | 30km:02:21:16 | 35km:02:46:26 | 40km:03:14:47									
705	7269	**GRYSZKA Paweł**	CHORZÓW		POL	1983	M40	255	03:27:22	03:26:47	656
		5km:00:24:56| 10km:00:49:28| 15km: 01:14:16 | 20km:01:38:43 | 21km:01:43:58 | 25km:02:02:27 | 30km:02:26:13 | 35km:02:50:40 | 40km:03:15:48									
706	6589	**PRICE Victoria**	BRUSSELS		GBR	1988	K30	22	03:28:17	03:26:49	49
		5km:00:22:33| 10km:00:45:21| 15km: 01:08:46 | 20km:01:31:45 | 21km:01:36:53 | 25km:01:56:06 | 30km:02:19:52 | 35km:02:45:31 | 40km:03:14:26									
707	4158	**PAWLYTA Michał**	ELBLĄG	KM PSP Elbląg	POL	1983	M40	256	03:27:23	03:26:50	658
		5km:00:23:55| 10km:00:48:25| 15km: 01:12:57 | 20km:01:37:08 | 21km:01:42:13 | 25km:02:00:53 | 30km:02:24:12 | 35km:02:48:09 | 40km:03:15:03									
708	7369	**ZIELIŃSKI Bartłomiej**	MIŃSK MAZOWIECKI		POL	1993	M30	256	03:27:49	03:26:56	659
		5km:00:24:58| 10km:00:49:31| 15km: 01:14:20 | 20km:01:39:07 | 21km:01:44:17 | 25km:02:03:11 | 30km:02:27:52 | 35km:02:52:43 | 40km:03:17:13									
709	10015	**BARTMAŃSKI Andrzej**	KATOWICE		POL	1986	M30	257	03:28:29	03:27:00	660
		5km:00:23:53| 10km:00:48:20| 15km: 01:13:00 | 20km:01:37:10 | 21km:01:42:13 | 25km:02:00:54 | 30km:02:24:12 | 35km:02:48:34 | 40km:03:15:16									
710	4417	**ZABIELSKI Marek**	RADZYŃ PODLASKI		POL	1993	M30	258	03:27:57	03:27:02	661
		5km:00:24:30| 10km:00:49:09| 15km: 01:13:22 | 20km:01:37:25 | 21km:01:42:38 | 25km:02:01:34 | 30km:02:25:37 | 35km:02:49:34 | 40km:03:15:23									
711	3646	**BURY Andrzej**	GORZÓW WIELKOPOLSKI		POL	1965	M50	62	03:28:22	03:27:04	662
		5km:00:23:48| 10km:00:47:58| 15km: 01:11:43 | 20km:01:35:18 | 21km:01:40:17 | 25km:01:58:34 | 30km:02:22:03 | 35km:02:46:49 | 40km:03:15:17									
712	7764	**ATROSHKIN Igor**	PIASECZNO			1987	M30	259	03:27:48	03:27:04	662
		5km:00:25:02| 10km:00:49:38| 15km: 01:14:25 | 20km:01:38:51 | 21km:01:44:07 | 25km:02:03:14 | 30km:02:27:56 | 35km:02:52:49 | 40km:03:17:14									
713	10274	**DZIÓB Radosław**	WIELICZKA	CRACOVIA	POL	1975	M40	257	03:28:31	03:27:06	664
		5km:00:23:13| 10km:00:46:19| 15km: 01:10:00 | 20km:01:33:25 | 21km:01:38:33 | 25km:01:57:22 | 30km:02:21:28 | 35km:02:47:42 | 40km:03:14:44									
714	7791	**KOSZCZUK Łukasz**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1983	M40	257	03:27:47	03:27:06	664
		5km:00:24:50| 10km:00:49:25| 15km: 01:14:02 | 20km:01:38:34 | 21km:01:43:56 | 25km:02:03:00 | 30km:02:27:27 | 35km:02:51:31 | 40km:03:15:56									
715	3652	**LATUSEK Krzysztof**	TYCHY		POL	1979	M40	259	03:28:17	03:27:07	666
		5km:00:24:50| 10km:00:49:28| 15km: 01:14:10 | 20km:01:38:33 | 21km:01:43:50 | 25km:02:02:35 | 30km:02:26:40 | 35km:02:50:36 | 40km:03:15:57									
716	4139	**SIARKIEWICZ Tomasz**	RABA WYŻNA		POL	1990	M30	260	03:28:44	03:27:07	666
		5km:00:22:56| 10km:00:46:15| 15km: 01:09:35 | 20km:01:33:11 | 21km:01:38:20 | 25km:01:57:08 | 30km:02:22:11 | 35km:02:47:49 | 40km:03:15:20									
717	7343	**WÓDKOWSKI Łukasz**	POZNAŃ		POL	1981	M40	259	03:27:29	03:27:07	666
		5km:00:23:56| 10km:00:48:21| 15km: 01:12:26 | 20km:01:36:35 | 21km:01:41:49 | 25km:02:00:27 | 30km:02:24:09 | 35km:02:48:45 | 40km:03:15:46									
718	3948	**BRUDEREK Tomasz**	JABŁONNA	Primum Currere	POL	1978	M40	261	03:28:01	03:27:08	669
		5km:00:25:03| 10km:00:49:52| 15km: 01:14:39 | 20km:01:39:08 | 21km:01:44:36 | 25km:02:03:45 | 30km:02:28:23 | 35km:02:52:40 | 40km:03:16:35									
719	6435	**MERDA Katarzyna**	WEST DRAYTON		POL	1986	K30	23	03:28:09	03:27:08	50
		5km:00:24:43| 10km:00:49:21| 15km: 01:13:30 | 20km:01:37:38 | 21km:01:42:56 | 25km:02:01:52 | 30km:02:26:10 | 35km:02:50:40 | 40km:03:16:17									
720	7505	**MYSZKIEWICZ-KURKIEWICZ Agnieszka**	WARSZAWA	PZU Sport Team	POL	1982	K40	18	03:28:19	03:27:08	50
		5km:00:25:04| 10km:00:49:52| 15km: 01:14:39 | 20km:01:29:37 | 21km:01:44:36 | 25km: | 30km: | 35km:02:52:42 | 40km:03:16:36									
721	10682	**NOWAK Mirosław**	KONSTANTYNÓW ŁÓDZKI		POL	1976	M40	262	03:28:10	03:27:10	670
		5km:00:24:24| 10km:00:48:20| 15km: 01:12:03 | 20km:01:35:41 | 21km:01:40:53 | 25km:01:59:54 | 30km:02:24:51 | 35km:02:49:58 | 40km:03:16:01									
722	6378	**PRÜFER Paweł**	KOSIECZYN		POL	1972	M50	63	03:28:39	03:27:10	670
		5km:00:25:03| 10km:00:49:39| 15km: 01:14:24 | 20km:01:38:50 | 21km:01:44:05 | 25km:02:02:42 | 30km:02:26:33 | 35km:02:50:11 | 40km:03:15:29									
723	4216	**HORAJECKI Bartosz**	STALOWA WOLA	Log in English	POL	1991	M30	261	03:28:29	03:27:11	672
		5km:00:23:21| 10km:00:46:45| 15km: 01:09:49 | 20km:01:33:10 | 21km:01:38:11 | 25km:01:56:45 | 30km:02:20:47 | 35km:02:45:18 | 40km:03:14:16									
724	6469	**PRZEKOPIAK Paweł**	WARSZAWA		POL	1975	M40	263	03:27:49	03:27:12	673
		5km:00:25:02| 10km:00:49:34| 15km: 01:13:53 | 20km:01:38:01 | 21km:01:43:12 | 25km:02:02:01 | 30km:02:26:17 | 35km:02:50:24 | 40km:03:16:05									
725	7763	**CZARNECKI Marcin**	MARKI		POL	1986	M30	262	03:29:14	03:27:13	674
		5km:00:20:05| 10km:00:40:51| 15km: 01:01:54 | 20km:01:24:22 | 21km:01:29:50 | 25km:01:50:36 | 30km:02:19:47 | 35km:02:48:39 | 40km:03:16:29									
726	4165	**KUZMOVYCH Oleh**	TERNOPIL		UKR	1990	M30	263	03:28:45	03:27:15	675
		5km:00:27:13| 10km:00:53:49| 15km: 01:19:56 | 20km:01:45:24 | 21km:01:50:54 | 25km:02:09:35 | 30km:02:33:13 | 35km:02:55:02 | 40km:03:17:16									
727	8144	**ZAWISZA Damian**	WARSZAWA		POL	2000	M20	82	03:30:35	03:27:16	676
		5km:00:24:34| 10km:00:49:16| 15km: 01:13:42 | 20km:01:38:16 | 21km:01:43:27 | 25km:02:02:39 | 30km:02:27:10 | 35km:02:51:40 | 40km:03:16:15									
728	7901	**WITKOWSKI Andrzej**	WARSZAWA		POL	1977	M40	264	03:28:27	03:27:19	677
		5km:00:24:21| 10km:00:48:57| 15km: 01:13:11 | 20km:01:37:20 | 21km:01:42:27 | 25km:02:01:16 | 30km:02:25:28 | 35km:02:50:01 | 40km:03:15:51									
729	7908	**KORENOVSKYY Orest**	LVIV	Sancerre	UKR	1982	M40	264	03:28:48	03:27:19	677
		5km:00:24:46| 10km:00:49:26| 15km: 01:14:12 | 20km:01:38:38 | 21km:01:43:55 | 25km:02:02:58 | 30km:02:27:39 | 35km:02:52:31 | 40km:03:17:34									
730	5275	**ZIENKIEWICZ Tomasz**	ULAN-MAJORAT		POL	1995	M20	83	03:28:52	03:27:22	679
		5km:00:22:18| 10km:00:44:56| 15km: 01:07:02 | 20km:01:29:22 | 21km:01:34:04 | 25km:01:51:34 | 30km:02:15:20 | 35km:02:42:25 | 40km:03:14:35									
731	7418	**STOLARZ Adam**	WARSZAWA		POL	1997	M20	83	03:27:41	03:27:22	679
		5km:00:25:04| 10km:00:50:14| 15km: 01:14:43 | 20km:01:39:25 | 21km:01:44:45 | 25km:02:03:47 | 30km:02:27:42 | 35km:02:51:50 | 40km:03:16:47									
732	7915	**SŁOMIŃSKI Przemysław**	WARSZAWA		POL	1983	M40	266	03:29:45	03:27:23	681
		5km:00:24:44| 10km:00:49:30| 15km: 01:14:04 | 20km:01:38:27 | 21km:01:43:42 | 25km:02:02:45 | 30km:02:27:12 | 35km:02:51:45 | 40km:03:16:39									
733	13021	**KWIATKOWSKI Mikołaj**	WARSZAWA		POL	1992	M30	264	03:29:07	03:27:26	682
		5km:00:23:25| 10km:00:46:56| 15km: 01:10:08 | 20km:01:33:32 | 21km:01:38:36 | 25km:01:57:44 | 30km:02:22:45 | 35km:02:48:37 | 40km:03:15:38									
734	6248	**FILUTOWSKI Paweł**	WARSZAWA	brak	POL	1979	M40	267	03:28:21	03:27:28	683
		5km:00:23:46| 10km:00:47:32| 15km: 01:11:11 | 20km:01:34:57 | 21km:01:40:08 | 25km:01:58:52 | 30km:02:23:10 | 35km:02:47:32 | 40km:03:15:20									
735	6763	**DŻUGAN Witold**	WARSZAWA		POL	1967	M50	64	03:28:16	03:27:29	684
		5km:00:24:55| 10km:00:49:31| 15km: 01:14:20 | 20km:01:38:48 | 21km:01:44:00 | 25km:02:02:59 | 30km:02:27:44 | 35km:02:52:33 | 40km:03:17:25									
736	6841	**BARANOWSKI Karol**	BIAŁYSTOK		POL	1983	M40	268	03:28:58	03:27:29	684

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:51 | 10km:00:47:58 | 15km: 01:12:07 | 20km:01:36:00 | 21km:01:41:18 | 25km:02:00:12 | 30km:02:24:41 | 35km:02:49:56 | 40km:03:16:09									
737	10211	**KOLCZYŃSKI Jakub**	ZGIERZ	Honda Team	POL	1982	M40	269	03:28:15	03:27:30	686
		5km:00:24:15 | 10km:00:48:36 | 15km: 01:13:16 | 20km:01:37:43 | 21km:01:43:04 | 25km:02:02:07 | 30km:02:26:37 | 35km:02:50:51 | 40km:03:16:11									
738	3589	**JAGIELSKI Szymon**	ŁASIN		POL	1977	M40	270	03:28:23	03:27:31	687
		5km:00:23:35 | 10km:00:47:10 | 15km: 01:10:44 | 20km:01:34:12 | 21km:01:39:20 | 25km:01:57:51 | 30km:02:22:48 | 35km:02:48:33 | 40km:03:15:54									
739	7167	**MAJEWSKA Ewa**	WARSZAWA		POL	1977	K40	19	03:28:18	03:27:37	52
		5km:00:24:06 | 10km:00:48:30 | 15km: 01:13:06 | 20km:01:37:19 | 21km:01:42:28 | 25km:02:01:09 | 30km:02:25:27 | 35km:02:50:38 | 40km:03:16:23									
740	6032	**GÓRSKI Michał**	RACIBÓRZ	EasyRun Racibórz	POL	1991	M30	265	03:28:30	03:27:38	688
		5km:00:25:01 | 10km:00:50:14 | 15km: 01:14:54 | 20km:01:38:50 | 21km:01:43:57 | 25km:02:02:19 | 30km:02:26:17 | 35km:02:49:47 | 40km:03:15:54									
741	8242	**CIEŚLAK Paweł**	WARSZAWA	Triathletic	POL	1985	M30	265	03:29:52	03:27:38	688
		5km:00:24:51 | 10km:00:49:57 | 15km: 01:14:30 | 20km:01:39:06 | 21km:01:44:22 | 25km:02:03:38 | 30km:02:28:35 | 35km:02:52:39 | 40km:03:17:11									
742	14020	**PATECKI Łukasz**	KRAKÓW	parkalot.io	POL	1987	M30	267	03:29:46	03:27:45	690
		5km:00:24:38 | 10km:00:49:15 | 15km: 01:13:31 | 20km:01:37:46 | 21km:01:43:03 | 25km:02:02:07 | 30km:02:26:35 | 35km:02:51:13 | 40km:03:16:33									
743	10308	**BABINIEC Wojtek**	BRZEG		POL	1980	M40	271	03:29:00	03:27:46	691
		5km:00:24:03 | 10km:00:48:33 | 15km: 01:13:11 | 20km:01:37:28 | 21km:01:42:35 | 25km:02:01:22 | 30km:02:26:05 | 35km:02:50:21 | 40km:03:16:20									
744	3321	**CHORODYNSKA Danuta Małgorzata**	ROMA	Tivoli Marathon	POL	1974	K40	20	03:28:32	03:27:46	53
		5km:00:24:33 | 10km:00:49:11 | 15km: 01:13:32 | 20km:01:38:16 | 21km:01:43:37 | 25km:02:02:44 | 30km:02:27:22 | 35km:02:52:08 | 40km:03:17:08									
745	2966	**KUBASZEWSKI Mirosław**	WARSZAWA		POL	1963	M60	6	03:29:03	03:27:48	692
		5km:00:24:55 | 10km:00:50:03 | 15km: 01:14:53 | 20km:01:39:29 | 21km:01:44:52 | 25km:02:04:04 | 30km:02:28:44 | 35km:02:52:35 | 40km:03:17:22									
746	3609	**MAGDA Dawid**	RZESZÓW	BorgWarner Running Team	POL	1990	M30	268	03:29:15	03:27:48	692
		5km:00:23:44 | 10km:00:47:49 | 15km: 01:11:46 | 20km:01:35:29 | 21km:01:40:43 | 25km:01:59:16 | 30km:02:23:17 | 35km:02:47:47 | 40km:03:15:38									
747	7681	**FIJOŁEK Łukasz**	ALEKSANDRÓW		POL	1983	M40	272	03:28:33	03:27:48	692
		5km:00:23:54 | 10km:00:48:21 | 15km: 01:12:59 | 20km:01:37:07 | 21km:01:42:13 | 25km:02:00:57 | 30km:02:24:10 | 35km:02:48:43 | 40km:03:16:19									
748	4184	**CZAPIEWSKI Krzysztof**	WARSZAWA	Tripassion	POL	1985	M30	269	03:28:48	03:27:52	695
		5km:00:25:04 | 10km:00:49:38 | 15km: 01:14:22 | 20km:01:38:57 | 21km:01:44:13 | 25km:02:02:59 | 30km:02:27:12 | 35km:02:51:31 | 40km:03:17:04									
749	2452	**SICHNIEWICZ Krzysztof**	DZIERŻONIÓW		POL	1979	M40	273	03:29:24	03:27:53	696
		5km:00:24:19 | 10km:00:49:09 | 15km: 01:13:54 | 20km:01:38:28 | 21km:01:43:46 | 25km:02:02:53 | 30km:02:27:26 | 35km:02:51:36 | 40km:03:16:58									
750	3040	**WALDER William**	HORSHAM		GBR	1988	M30	270	03:28:56	03:27:59	697
		5km:00:23:57 | 10km:00:47:41 | 15km: 01:10:38 | 20km:01:33:42 | 21km:01:38:36 | 25km:01:56:39 | 30km:02:20:57 | 35km:02:47:07 | 40km:03:15:29									
751	4561	**ŚLUGAJ Rafał**	WARSZAWA		POL	1982	M40	274	03:32:39	03:28:01	698
		5km:00:25:18 | 10km:00:50:22 | 15km: 01:15:04 | 20km:01:39:32 | 21km:01:44:45 | 25km:02:03:50 | 30km:02:28:07 | 35km:02:52:43 | 40km:03:17:38									
752	8177	**PERKOWSKI Aleksander**	SOKÓŁKA		POL	1994	M20	85	03:30:05	03:28:02	699
		5km:00:23:38 | 10km:00:47:12 | 15km: 01:10:45 | 20km:01:34:15 | 21km:01:39:18 | 25km:01:58:15 | 30km:02:23:02 | 35km:02:48:39 | 40km:03:16:04									
753	3839	**YOUNG Ian**	PRESTWICK		GBR	1976	M40	275	03:28:46	03:28:04	700
		5km:00:27:17 | 10km:00:52:51 | 15km: 01:17:30 | 20km:01:41:18 | 21km:01:46:25 | 25km:02:05:05 | 30km:02:29:17 | 35km:02:53:02 | 40km:03:17:54									
754	2037	**NIEZGODA Wiktor**	WARSZAWA		POL	1995	M20	86	03:32:42	03:28:05	701
		5km:00:21:22 | 10km:00:42:46 | 15km: 01:03:53 | 20km:01:25:33 | 21km:01:30:08 | 25km:01:46:51 | 30km:02:12:54 | 35km:02:41:59 | 40km:03:15:44									
755	3050	**LOVLUND Kare Swan**	ALTA	Bossekop UL	NOR	1982	M40	276	03:28:14	03:28:05	701
		5km:00:24:19 | 10km:00:48:59 | 15km: 01:13:39 | 20km:01:38:21 | 21km:01:45:25 | 25km:02:04:11 | 30km:02:28:40 | 35km:02:52:57 | 40km:03:17:53									
756	7817	**POPERECHNYI Dmytro**	WARSZAWA		UKR	1986	M30	271	03:34:23	03:28:08	703
		5km:00:24:55 | 10km:00:49:43 | 15km: 01:14:37 | 20km:01:39:18 | 21km:01:44:21 | 25km:02:03:57 | 30km:02:28:07 | 35km:02:52:32 | 40km:03:18:07									
757	10259	**SARWAS Paweł**	MALBORK		POL	1983	M40	277	03:29:50	03:28:09	704
		5km:00:24:00 | 10km:00:48:10 | 15km: 01:12:13 | 20km:01:36:19 | 21km:01:41:28 | 25km:02:00:11 | 30km:02:24:19 | 35km:02:49:19 | 40km:03:16:33									
758	10379	**SZWEDA Michał**	KATOWICE		POL	1986	M30	272	03:30:17	03:28:09	704
		5km:00:23:38 | 10km:00:47:16 | 15km: 01:10:56 | 20km:01:34:52 | 21km:01:40:16 | 25km:01:59:35 | 30km:02:24:44 | 35km:02:50:31 | 40km:03:17:13									
759	6584	**MASARCZYK Piotr**	SZCZERBICE		POL	1980	M40	277	03:28:55	03:28:09	704
		5km:00:25:18 | 10km:00:49:59 | 15km: 01:14:34 | 20km:01:39:00 | 21km:01:44:18 | 25km:02:03:19 | 30km:02:28:13 | 35km:02:52:52 | 40km:03:18:09									
760	3172	**HASEK Patryk**	SOLEC KUJAWSKI		POL	1994	M20	87	03:29:20	03:28:10	707
		5km:00:21:48 | 10km:00:45:29 | 15km: 01:12:49 | 20km:01:39:23 | 21km:01:44:51 | 25km:02:03:49 | 30km:02:28:13 | 35km:02:52:18 | 40km:03:17:02									
761	3198	**MORLEY Dean**	LONDON	STRAGGLERS	GBR	1964	M50	65	03:28:18	03:28:10	707
		5km:00:24:34 | 10km:00:48:58 | 15km: 01:13:24 | 20km:01:37:45 | 21km:01:43:04 | 25km:02:02:27 | 30km:02:26:56 | 35km:02:51:43 | 40km:03:17:33									
762	6080	**RAGUS-SUSZCZYŃSKA Agnieszka**	WARSZAWA		POL	1993	K30	24	03:29:20	03:28:12	54
		5km:00:22:50 | 10km:00:45:31 | 15km: 01:08:02 | 20km:01:30:39 | 21km:01:35:29 | 25km:01:53:40 | 30km:02:18:36 | 35km:02:44:46 | 40km:03:13:50									
763	2418	**JAWORSKI Sebastian**	TCZEW	Silky Coders Team	POL	1989	M30	273	03:28:29	03:28:14	709
		5km:00:24:33 | 10km:00:49:11 | 15km: 01:13:40 | 20km:01:37:57 | 21km:01:43:12 | 25km:02:02:11 | 30km:02:26:51 | 35km:02:51:23 | 40km:03:17:16									
764	2486	**WAWRZYNOWICZ Sylwester**	TORUŃ		POL	1979	M40	279	03:29:31	03:28:16	710
		5km:00:24:52 | 10km:00:49:38 | 15km: 01:14:27 | 20km:01:38:56 | 21km:01:44:17 | 25km:02:03:32 | 30km:02:28:17 | 35km:02:52:58 | 40km:03:17:49									
765	10319	**OSOWSKI Marcin**	ANDRYCHÓW	AZS Śląskiej Wyższej Szkoły Medycznej w Katowicach	POL	1988	M30	274	03:29:36	03:28:22	711
		5km:00:25:08 | 10km:00:49:39 | 15km: 01:13:58 | 20km:01:38:06 | 21km:01:43:17 | 25km:02:02:08 | 30km:02:26:23 | 35km:02:50:31 | 40km:03:17:38									
766	4272	**KRZACZEK Dominik**	PIASECZNO		POL	1998	M20	88	03:30:20	03:28:23	712
		5km:00:22:35 | 10km:00:45:17 | 15km: 01:08:00 | 20km:01:30:35 | 21km:01:35:29 | 25km:01:53:13 | 30km:02:16:45 | 35km:02:42:38 | 40km:03:15:30									
767	3095	**SZYDŁO Maciej**	WARSZAWA		POL	1994	M20	89	03:28:58	03:28:26	713
		5km:00:24:33 | 10km:00:48:46 | 15km: 01:12:37 | 20km:01:36:07 | 21km:01:41:08 | 25km:01:59:50 | 30km:02:23:28 | 35km:02:48:22 | 40km:03:15:43									
768	8136	**FABISIAK Jeremi**	KONIN		POL	1994	M20	89	03:30:14	03:28:26	713
		5km:00:23:53 | 10km:00:47:56 | 15km: 01:11:42 | 20km:01:35:28 | 21km:01:40:40 | 25km:01:59:21 | 30km:02:23:25 | 35km:02:47:47 | 40km:03:14:29									
769	2231	**MRÓZEK Robert**	ŻORY	HRmax Żory	POL	1979	M40	280	03:29:23	03:28:27	715
		5km:00:24:45 | 10km:00:49:33 | 15km: 01:14:13 | 20km:01:38:44 | 21km:01:44:06 | 25km:02:03:00 | 30km:02:27:28 | 35km:02:52:27 | 40km:03:18:00									
770	8178	**BROWN Jonathan**	WARSZAWA		IRL	1988	M30	275	03:29:36	03:28:27	715
		5km:00:23:24 | 10km:00:47:16 | 15km: 01:11:02 | 20km:01:35:06 | 21km:01:40:21 | 25km:01:59:27 | 30km:02:23:47 | 35km:02:48:26 | 40km:03:15:39									
771	7719	**KLUSZCZYŃSKI Rafał**	WARSZAWA		POL	1973	M50	66	03:29:20	03:28:30	717
		5km:00:24:23 | 10km:00:49:01 | 15km: 01:13:40 | 20km:01:38:08 | 21km:01:43:27 | 25km:02:02:28 | 30km:02:27:09 | 35km:02:51:57 | 40km:03:17:34									
772	10328	**SUMOREK Mariusz**	KOŃSKOWOLA	Ognisko TKKF "CHEMIK" PUŁAWY	POL	1986	M30	276	03:30:01	03:28:31	718
		5km:00:24:13 | 10km:00:48:39 | 15km: 01:13:20 | 20km:01:38:09 | 21km:01:43:28 | 25km:02:02:41 | 30km:02:27:29 | 35km:02:52:08 | 40km:03:17:50									
773	5043	**JANSEN Lennart**	AMSTERDAM		NED	1992	M30	276	03:29:18	03:28:31	718
		5km:00:24:23 | 10km:00:48:48 | 15km: 01:13:19 | 20km:01:37:46 | 21km:01:43:08 | 25km:02:02:13 | 30km:02:26:51 | 35km:02:51:53 | 40km:03:17:27									
774	4361	**WITECKI Sebastian**	WARSZAWA		POL	1978	M40	281	03:30:17	03:28:32	720
		5km:00:21:49 | 10km:00:44:04 | 15km: 01:06:31 | 20km:01:28:38 | 21km:01:33:29 | 25km:01:51:08 | 30km:02:15:57 | 35km:02:43:30 | 40km:03:16:38									
775	3010	**MORZYSZEK Bartłomiej**	ŁÓDŹ		POL	1998	M20	91	03:30:20	03:28:35	721
		5km:00:24:18 | 10km:00:48:46 | 15km: 01:12:57 | 20km:01:37:07 | 21km:01:42:24 | 25km:02:01:26 | 30km:02:26:09 | 35km:02:51:14 | 40km:03:17:32									
776	5092	**ČEREŠKA Ričardas**	PANEV?ŽYS	BK Maratomanija	LTU	1966	M50	67	03:30:01	03:28:36	722
		5km:00:24:36 | 10km:00:49:23 | 15km: 01:13:54 | 20km:01:38:21 | 21km:01:43:36 | 25km:02:02:56 | 30km:02:27:24 | 35km:02:52:12 | 40km:03:17:40									
777	6441	**POŁEĆ Wojciech**	SKIERNIEWICE		POL	1988	M30	278	03:30:11	03:28:36	722
		5km:00:25:09 | 10km:00:50:06 | 15km: 01:14:27 | 20km:01:38:42 | 21km:01:43:40 | 25km:02:02:30 | 30km:02:27:00 | 35km:02:50:20 | 40km:03:17:00									
778	3047	**TOMINAGA Shiho**	FUKUOA		JPN	1981	K40	21	03:29:46	03:28:38	55
		5km:00:24:40 | 10km:00:49:20 | 15km: 01:13:34 | 20km:01:37:06 | 21km:01:42:12 | 25km:02:00:42 | 30km:02:25:01 | 35km:02:50:02 | 40km:03:17:03									
779	7991	**KUSZ Paweł**	WARSZAWA	NeOn Team	POL	1984	M30	279	03:29:23	03:28:39	724
		5km:00:24:38 | 10km:00:49:04 | 15km: 01:13:28 | 20km:01:37:43 | 21km:01:42:55 | 25km:02:01:34 | 30km:02:26:06 | 35km:02:51:20 | 40km:03:17:41									
780	6403	**MASIONIS Povilas**	VILNIUS		LTU	1990	M30	280	03:37:28	03:28:40	725
		5km:00:23:02 | 10km:00:46:35 | 15km: 01:09:53 | 20km:01:33:20 | 21km:01:38:29 | 25km:01:57:22 | 30km:02:21:17 | 35km:02:47:19 | 40km:03:16:22									
781	10231	**KRUK Mariusz**	ZIĘTEK		POL	1991	M30	281	03:29:50	03:28:43	726
		5km:00:25:19 | 10km:00:50:00 | 15km: 01:14:48 | 20km:01:39:27 | 21km:01:44:43 | 25km:02:03:58 | 30km:02:28:30 | 35km:02:52:44 | 40km:03:18:04									
782	6397	**SCHARMANN Nathalie**	HANNOVER		GER	1991	K30	25	03:30:09	03:28:44	56

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:00| 10km:00:49:37| 15km: 01:14:23 | 20km:01:38:48 | 21km:01:44:07 | 25km:02:03:10 | 30km:02:27:52 | 35km:02:52:42 | 40km:03:18:07									
783	6981	**BOGUSKI Damian**	WARSZAWA		POL	1997	M20	92	03:30:03	03:28:44	727
784	2322	**STĘPIEŃ Wojciech**	POLKOWICE		POL	2000	M20	93	03:30:37	03:28:46	728
		5km:00:25:40| 10km:00:51:15| 15km: 01:16:33 | 20km:01:41:28 | 21km:01:46:50 | 25km:02:06:19 | 30km:02:31:09 | 35km:02:55:24 | 40km:03:18:23									
785	2706	**PYKA Jakub**	WROCŁAW		POL	1998	M20	93	03:30:20	03:28:46	728
		5km:00:24:53| 10km:00:49:25| 15km: 01:13:34 | 20km:01:37:58 | 21km:01:43:12 | 25km:02:02:12 | 30km:02:26:42 | 35km:02:51:43 | 40km:03:17:44									
786	3058	**SZYMAŃSKI Arkadiusz**	WARSZAWA		POL	1990	M30	282	03:29:39	03:28:47	730
		5km:00:23:26| 10km:00:47:00| 15km: 01:10:34 | 20km:01:34:04 | 21km:01:39:10 | 25km:01:57:39 | 30km:02:21:38 | 35km:02:48:18 | 40km:03:16:59									
787	3261	**UCHACZ Rafał**	KRAKÓW		POL	1972	M50	68	03:29:47	03:28:48	731
		5km:00:23:52| 10km:00:48:17| 15km: 01:12:34 | 20km:01:36:19 | 21km:01:41:18 | 25km:01:59:37 | 30km:02:23:08 | 35km:02:47:26 | 40km:03:17:10									
788	10045	**MATUSZEK Bartosz**	GNIEZNO		POL	1992	M30	283	03:29:58	03:28:49	732
		5km:00:22:04| 10km:00:44:43| 15km: 01:07:15 | 20km:01:29:25 | 21km:01:34:29 | 25km:01:52:31 | 30km:02:15:42 | 35km:02:42:14 | 40km:03:18:05									
789	10703	**KOPIŃSKI Daniel**	TOMASZÓW MAZOWIECKI		POL	1986	M30	284	03:30:08	03:28:50	733
		5km:00:24:31| 10km:00:49:12| 15km: 01:13:42 | 20km:01:38:06 | 21km:01:43:24 | 25km:02:02:17 | 30km:02:27:07 | 35km:02:51:59 | 40km:03:17:49									
790	5176	**BIS Marcin**	WARSZAWA		POL	1982	M40	282	03:30:27	03:28:50	733
		5km:00:24:51| 10km:00:49:17| 15km: 01:13:29 | 20km:01:37:37 | 21km:01:42:53 | 25km:02:01:51 | 30km:02:26:28 | 35km:02:51:46 | 40km:03:17:40									
791	7470	**LACH Włodzimierz**	MIŁOCHNIEWICE		POL	1966	M50	69	03:30:16	03:28:50	733
		5km:00:24:59| 10km:00:49:36| 15km: 01:12:49 | 20km:01:36:42 | 21km:01:41:44 | 25km:02:00:24 | 30km:02:23:39 | 35km:02:49:56 | 40km:03:17:48									
792	7728	**PTASIUK Weronika**	ŁAŃCUT	Janusz&Grażyna	POL	1998	K20	11	03:30:07	03:28:50	57
		5km:00:25:06| 10km:00:49:40| 15km: 01:14:24 | 20km:01:38:51 | 21km:01:44:07 | 25km:02:03:08 | 30km:02:27:52 | 35km:02:52:44 | 40km:03:18:08									
793	3880	**MARZEC Mateusz**	WARSZAWA		POL	1994	M20	95	03:30:34	03:28:51	736
		5km:00:25:19| 10km:00:50:34| 15km: 01:15:21 | 20km:01:39:49 | 21km:01:45:07 | 25km:02:04:03 | 30km:02:28:29 | 35km:02:52:50 | 40km:03:18:00									
794	5075	**NAGORSKI Robert**	OLSZTYN	HERNE HILL HARRIERS	GBR	1963	M60	7	03:29:23	03:28:51	736
		5km:00:23:28| 10km:00:46:27| 15km: 01:09:04 | 20km:01:32:01 | 21km:01:37:04 | 25km:01:55:47 | 30km:02:21:18 | 35km:02:46:24 | 40km:03:16:34									
795	3502	**PADOŁ Krzysztof**	OWIŃSKA	Azyl Biegacza	POL	1979	M40	283	03:29:57	03:28:53	738
		5km:00:24:44| 10km:00:49:23| 15km: 01:13:59 | 20km:01:38:27 | 21km:01:43:46 | 25km:02:02:52 | 30km:02:27:31 | 35km:02:52:17 | 40km:03:18:07									
796	6952	**SZAFLARSKI Jeremiasz**	TARNÓW		POL	1992	M30	285	03:29:28	03:28:53	738
		5km:00:21:46| 10km:00:44:05| 15km: 01:06:20 | 20km:01:28:41 | 21km:01:33:40 | 25km:01:51:27 | 30km:02:16:12 | 35km:02:44:37 | 40km:03:15:38									
797	8119	**WOJEWODA Tomasz**	WARSZAWA		POL	1993	M30	285	03:30:07	03:28:53	738
		5km:00:25:03| 10km:00:49:46| 15km: 01:14:33 | 20km:01:39:03 | 21km:01:44:19 | 25km:02:03:21 | 30km:02:28:03 | 35km:02:52:49 | 40km:03:18:10									
798	10704	**KAŹMIERCZAK Łukasz**	WARSZAWA	MES-Projekt	POL	1994	M20	96	03:30:21	03:28:57	741
		5km:00:24:52| 10km:00:49:34| 15km: 01:14:17 | 20km:01:38:49 | 21km:01:44:04 | 25km:02:03:08 | 30km:02:27:51 | 35km:02:52:40 | 40km:03:18:20									
799	6992	**KRZESNIAK Karol**	ZAGÓRZYCE DWORSKIE	G.O.A.T. TEAM MICHAŁOWICE	POL	1983	M40	284	03:30:25	03:28:58	742
		5km:00:25:03| 10km:00:49:49| 15km: 01:14:29 | 20km:01:39:03 | 21km:01:44:17 | 25km:02:03:24 | 30km:02:27:56 | 35km:02:52:45 | 40km:03:18:13									
800	5252	**BEDNARSKI Wojciech**	WARSZAWA	Road Runner	POL	1982	M40	285	03:29:57	03:28:59	743
		5km:00:23:54| 10km:00:48:17| 15km: 01:13:00 | 20km:01:36:58 | 21km:01:42:02 | 25km:02:00:48 | 30km:02:24:06 | 35km:02:48:51 | 40km:03:17:32									
801	6458	**SZYMANCZYK Igor**	WARSZAWA		POL	1993	M30	287	03:30:05	03:29:00	744
		5km:00:24:45| 10km:00:49:25| 15km: 01:13:57 | 20km:01:38:31 | 21km:01:43:48 | 25km:02:02:56 | 30km:02:27:33 | 35km:02:52:10 | 40km:03:17:53									
802	3902	**BUKOWSKI Konrad**	SUWAŁKI		POL	1993	M30	288	03:29:54	03:29:02	745
		5km:00:24:46| 10km:00:49:29| 15km: 01:14:07 | 20km:01:38:30 | 21km:01:43:47 | 25km:02:02:49 | 30km:02:27:29 | 35km:02:52:35 | 40km:03:18:03									
803	6341	**SHEVCHENKO Maksim**	MINSK		UKR	1984	M30	288	03:30:14	03:29:02	745
		5km:00:25:00| 10km:00:49:41| 15km: 01:14:02 | 20km:01:38:17 | 21km:01:43:36 | 25km:02:02:44 | 30km:02:27:28 | 35km:02:52:14 | 40km:03:18:00									
804	6980	**MAŁEK Tomasz**	ZIELONKA		POL	1990	M30	290	03:29:37	03:29:04	747
		5km:00:22:37| 10km:00:45:20| 15km: 01:08:00 | 20km:01:30:40 | 21km:01:35:58 | 25km:01:53:36 | 30km:02:17:25 | 35km:02:45:20 | 40km:03:15:04									
805	4018	**SYZONOV Oleh**	WARSZAWA		UKR	1970	M50	70	03:33:16	03:29:05	748
		5km:00:24:38| 10km:00:49:03| 15km: 01:13:16 | 20km:01:37:33 | 21km:01:42:48 | 25km:02:01:56 | 30km:02:25:56 | 35km:02:52:12 | 40km:03:17:49									
806	8220	**KIEDA Aleksandra**	BIAŁYSTOK		POL	1990	K30	26	03:29:58	03:29:05	58
		5km:00:23:58| 10km:00:48:24| 15km: 01:13:04 | 20km:01:37:13 | 21km:01:42:18 | 25km:02:01:05 | 30km:02:25:47 | 35km:02:51:00 | 40km:03:17:13									
807	10617	**POROWSKI Łukasz**	ŁAPY		POL	1987	M30	291	03:30:30	03:29:06	749
		5km:00:24:03| 10km:00:47:54| 15km: 01:11:37 | 20km:01:36:07 | 21km:01:41:17 | 25km:02:00:00 | 30km:02:24:09 | 35km:02:50:01 | 40km:03:17:13									
808	2528	**PETRYKOWSKI Grzegorz**	ŻORY	HRmax Żory	POL	1969	M50	71	03:30:24	03:29:10	750
		5km:00:25:05| 10km:00:49:42| 15km: 01:14:28 | 20km:01:38:55 | 21km:01:44:13 | 25km:02:03:14 | 30km:02:27:57 | 35km:02:52:47 | 40km:03:18:11									
809	6222	**FALKOWSKI Dawid**	TORUŃ		POL	1992	M30	292	03:29:59	03:29:10	750
		5km:00:24:00| 10km:00:48:28| 15km: 01:13:08 | 20km:01:37:14 | 21km:01:42:20 | 25km:02:01:02 | 30km:02:25:39 | 35km:02:51:09 | 40km:03:18:18									
810	2047	**IWAŃCZUK Łukasz**	CHEŁM	Chełm Biega	POL	1984	M30	293	03:30:01	03:29:11	752
		5km:00:22:43| 10km:00:44:48| 15km: 01:07:03 | 20km:01:29:35 | 21km:01:34:25 | 25km:01:52:19 | 30km:02:16:35 | 35km:02:44:01 | 40km:03:15:47									
811	10419	**CIUPAK Rafał**	LEŚNA	Be Active Leśna	POL	1980	M40	286	03:30:19	03:29:12	753
		5km:00:23:54| 10km:00:48:23| 15km: 01:12:35 | 20km:01:38:06 | 21km:01:43:20 | 25km:02:02:26 | 30km:02:26:52 | 35km:02:51:24 | 40km:03:17:34									
812	5287	**MAKARYCZEW Andrzej**	CHEŁM		POL	1967	M50	72	03:29:27	03:29:12	753
		5km:00:22:25| 10km:00:45:02| 15km: 01:07:30 | 20km:01:30:00 | 21km:01:34:57 | 25km:01:52:38 | 30km:02:17:52 | 35km:02:44:48 | 40km:03:15:58									
813	10468	**ROSŁOŃSKI Maciej**	WARSZAWA		POL	1986	M30	294	03:30:40	03:29:14	755
		5km:00:24:56| 10km:00:49:35| 15km: 01:13:37 | 20km:01:37:23 | 21km:01:42:35 | 25km:02:01:14 | 30km:02:25:16 | 35km:02:50:14 | 40km:03:17:03									
814	2759	**DRABIŃSKI Mariusz**	JAWORZNO		POL	1989	M30	294	03:29:17	03:29:14	755
		5km:00:19:52| 10km:00:40:01| 15km: 01:00:37 | 20km:01:23:51 | 21km:01:28:59 | 25km:01:48:48 | 30km:02:17:00 | 35km:02:48:02 | 40km:03:18:18									
815	6963	**RADZISZEWSKI Grzegorz**	WARSZAWA		POL	1976	M40	287	03:30:20	03:29:14	755
		5km:00:24:29| 10km:00:49:22| 15km: 01:13:55 | 20km:01:38:28 | 21km:01:43:49 | 25km:02:03:01 | 30km:02:27:38 | 35km:02:52:05 | 40km:03:18:10									
816	7159	**LISEWSKI Adam**	TORUŃ		POL	1990	M30	294	03:30:21	03:29:14	755
		5km:00:24:54| 10km:00:49:40| 15km: 01:14:23 | 20km:01:38:55 | 21km:01:44:11 | 25km:02:03:16 | 30km:02:27:59 | 35km:02:52:37 | 40km:03:18:04									
817	2735	**WOLSKI Krzysztof**	WARSZAWA		POL	1982	M40	288	03:30:40	03:29:15	759
		5km:00:24:53| 10km:00:49:32| 15km: 01:14:19 | 20km:01:38:45 | 21km:01:43:59 | 25km:02:03:03 | 30km:02:27:43 | 35km:02:52:39 | 40km:03:18:15									
818	6618	**KICZYŃSKI Grzegorz**	WARSZAWA		POL	1978	M40	288	03:32:22	03:29:15	759
		5km:00:25:30| 10km:00:50:38| 15km: 01:15:44 | 20km:01:40:11 | 21km:01:45:23 | 25km:02:04:21 | 30km:02:28:35 | 35km:02:52:49 | 40km:03:18:08									
819	7471	**BORKOWSKI Tomasz**	KUTNO		POL	1992	M30	297	03:30:28	03:29:16	761
		5km:00:24:38| 10km:00:49:00| 15km: 01:14:28 | 20km:01:38:35 | 21km:01:43:49 | 25km:02:02:47 | 30km:02:27:25 | 35km:02:53:42 | 40km:03:18:15									
820	2357	**KOBĘDZA Karol**	TORUŃ		POL	1990	M30	298	03:30:23	03:29:17	762
		5km:00:24:55| 10km:00:49:41| 15km: 01:14:24 | 20km:01:38:57 | 21km:01:44:14 | 25km:02:03:16 | 30km:02:28:00 | 35km:02:52:38 | 40km:03:18:05									
821	7922	**NOWAK Patryk**	WARSZAWA		POL	1992	M30	298	03:30:14	03:29:17	762
		5km:00:23:53| 10km:00:48:21| 15km: 01:13:05 | 20km:01:37:34 | 21km:01:42:49 | 25km:02:01:52 | 30km:02:26:27 | 35km:02:51:12 | 40km:03:17:35									
822	4084	**KARCHEUSKI Yan**	WARSZAWA	Volki		1990	M30	300	03:30:13	03:29:18	764
		5km:00:23:53| 10km:00:48:19| 15km: 01:12:42 | 20km:01:36:39 | 21km:01:41:49 | 25km:02:00:23 | 30km:02:24:04 | 35km:02:47:46 | 40km:03:17:27									
823	5096	**KOWALSKI Daniel**	PUSZCZYKOWO	U Stefana Team	POL	1976	M40	290	03:30:45	03:29:18	764
		5km:00:25:02| 10km:00:49:33| 15km: 01:14:18 | 20km:01:38:47 | 21km:01:44:04 | 25km:02:03:12 | 30km:02:27:51 | 35km:02:52:46 | 40km:03:18:21									
824	6798	**KOWALSKI Łukasz**	RODAKI		POL	1996	M20	97	03:30:23	03:29:20	766
		5km:00:24:45| 10km:00:49:26| 15km: 01:13:58 | 20km:01:38:30 | 21km:01:43:49 | 25km:02:02:56 | 30km:02:27:33 | 35km:02:52:27 | 40km:03:18:06									
825	3804	**BANAŚ Michał**	KIELCE		POL	1997	M20	98	03:30:29	03:29:21	767
		5km:00:24:43| 10km:00:49:23| 15km: 01:14:00 | 20km:01:38:25 | 21km:01:43:45 | 25km:02:02:52 | 30km:02:27:30 | 35km:02:52:21 | 40km:03:18:20									
826	10606	**BOBKA Filip**	NOWY TARG		POL	1998	M20	99	03:39:14	03:29:22	768
		5km:00:23:50| 10km:00:49:28| 15km: 01:15:38 | 20km:01:39:49 | 21km:01:44:45 | 25km:02:03:30 | 30km:02:28:23 | 35km:02:52:56 | 40km:03:18:28									
827	6220	**SŁOCKI Jarosław**	ŁOMIANKI		POL	1968	M50	73	03:30:30	03:29:23	769
		5km:00:24:43| 10km:00:49:23| 15km: 01:13:57 | 20km:01:38:26 | 21km:01:43:46 | 25km:02:02:49 | 30km:02:27:27 | 35km:02:52:29 | 40km:03:18:19									
828	2911	**ZALEWSKI Piotr**	PAWŁOWICE		POL	1983	M40	291	03:30:31	03:29:25	770
		5km:00:24:14| 10km:00:48:34| 15km: 01:13:00 | 20km:01:37:25 | 21km:01:42:41 | 25km:02:01:50 | 30km:02:27:02 | 35km:02:52:26 | 40km:03:18:15									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:53 | 10km:00:48:11 | 15km:01:12:50 | 20km:01:36:54 | 21km:01:42:02 | 25km:02:00:49 | 30km:02:25:15 | 35km:02:50:20 | 40km:03:17:32									
829	10272	**KOZIK Przemysław**	ŚWIDWIN		POL	1983	M40	292	03:30:32	03:29:26	771
		5km:00:25:04 | 10km:00:49:42 | 15km:01:14:26 | 20km:01:38:51 | 21km:01:44:12 | 25km:02:03:17 | 30km:02:27:59 | 35km:02:52:53 | 40km:03:18:29									
830	2268	**KRUSZEWSKI Mariusz**	BIAŁYSTOK		POL	1974	M40	293	03:30:49	03:29:29	772
		5km:00:25:27 | 10km:00:49:48 | 15km:01:13:53 | 20km:01:38:01 | 21km:01:43:16 | 25km:02:02:07 | 30km:02:26:33 | 35km:02:51:31 | 40km:03:17:42									
831	7340	**CHOJECKI Dariusz**	LUBLIN	4MOVE TEAM	POL	1972	M50	74	03:31:58	03:29:29	772
		5km:00:24:04 | 10km:00:48:30 | 15km:01:12:25 | 20km:01:36:16 | 21km:01:41:28 | 25km:02:00:52 | 30km:02:25:47 | 35km:02:51:23 | 40km:03:18:07									
832	6787	**LASKA Michał**	KRAKÓW	B3T Brzyski Tri Team	POL	1981	M40	294	03:30:16	03:29:30	774
		5km:00:21:43 | 10km:00:44:39 | 15km:01:07:40 | 20km:01:30:57 | 21km:01:35:57 | 25km:01:54:33 | 30km:02:19:14 | 35km:02:49:22 | 40km:03:17:32									
833	3765	**ŁOHUTKO Przemek**	WARSZAWA		POL	1983	M40	295	03:30:12	03:29:35	775
		5km:00:25:10 | 10km:00:50:03 | 15km:01:14:36 | 20km:01:39:05 | 21km:01:44:21 | 25km:02:03:29 | 30km:02:28:03 | 35km:02:52:46 | 40km:03:18:33									
834	15545	**KIJAK Krzysztof**	WROCŁAW	RS-SERWIS RUNNING TEAM	POL	1978	M40	296	03:30:12	03:29:36	776
		5km:00:25:00 | 10km:00:49:36 | 15km:01:14:24 | 20km:01:38:57 | 21km:01:44:12 | 25km:02:03:15 | 30km:02:27:56 | 35km:02:52:51 | 40km:03:18:25									
835	7950	**KULCZYK Marcin**	GDYNIA	Ultra Way Team	POL	1977	M40	296	03:31:00	03:29:36	776
		5km:00:23:33 | 10km:00:47:08 | 15km:01:10:42 | 20km:01:35:21 | 21km:01:40:57 | 25km:02:00:44 | 30km:02:26:24 | 35km:02:52:25 | 40km:03:18:32									
836	3792	**GAWLIK Tomasz**	PSZCZYNA		POL	1972	M50	75	03:30:19	03:29:37	778
		5km:00:24:32 | 10km:00:49:04 | 15km:01:13:42 | 20km:01:38:12 | 21km:01:43:31 | 25km:02:02:41 | 30km:02:27:31 | 35km:02:52:35 | 40km:03:18:27									
837	10280	**HOLINKO Edmund**	RADOM		POL	1957	M60	8	03:30:35	03:29:38	779
		5km:00:24:57 | 10km:00:49:38 | 15km:01:14:20 | 20km:01:38:48 | 21km:01:44:04 | 25km:02:03:01 | 30km:02:27:38 | 35km:02:52:30 | 40km:03:18:19									
838	3073	**KOSMALA Tomasz**	WARSZAWA		POL	1985	M30	301	03:31:18	03:29:45	780
		5km:00:24:06 | 10km:00:48:25 | 15km:01:12:43 | 20km:01:37:08 | 21km:01:42:26 | 25km:02:01:31 | 30km:02:26:17 | 35km:02:51:52 | 40km:03:18:09									
839	3069	**STAKNYS Eimantas**	VILNIUS		LTU	1984	M30	302	03:31:14	03:29:48	781
		5km:00:24:57 | 10km:00:49:34 | 15km:01:14:21 | 20km:01:38:47 | 21km:01:44:05 | 25km:02:03:07 | 30km:02:27:49 | 35km:02:52:41 | 40km:03:18:05									
840	1330	**ARAŹNY Zbigniew**	WARSZAWA	Trucht Tarchomin Team	POL	1971	M50	76	03:31:13	03:29:52	782
		5km:00:24:43 | 10km:00:49:22 | 15km:01:13:59 | 20km:01:38:28 | 21km:01:43:48 | 25km:02:02:52 | 30km:02:27:29 | 35km:02:52:33 | 40km:03:18:48									
841	2503	**PIOTROWSKI Bogdan**	WARSZAWA		POL	1980	M40	298	03:30:56	03:29:52	782
		5km:00:24:25 | 10km:00:48:49 | 15km:01:12:53 | 20km:01:36:51 | 21km:01:41:59 | 25km:02:00:18 | 30km:02:23:41 | 35km:02:47:26 | 40km:03:17:27									
842	6876	**WAŁĘSA Miłosz**	NOWY TOMYŚL		POL	1986	M30	303	03:30:58	03:29:52	782
		5km:00:22:45 | 10km:00:45:50 | 15km:01:08:54 | 20km:01:32:07 | 21km:01:37:15 | 25km:01:56:05 | 30km:02:21:31 | 35km:02:47:52 | 40km:03:17:37									
843	6789	**WOJTKOWSKI Maciej**	WARSZAWA		POL	1976	M40	299	03:30:28	03:29:55	785
		5km:00:22:34 | 10km:00:45:38 | 15km:01:08:34 | 20km:01:31:48 | 21km:01:36:56 | 25km:01:55:33 | 30km:02:20:17 | 35km:02:46:46 | 40km:03:16:58									
844	3978	**LILJA Hampus**	UDDEVALLA		SWE	1988	M30	304	03:30:47	03:29:56	786
		5km:00:23:45 | 10km:00:47:05 | 15km:01:10:18 | 20km:01:34:03 | 21km:01:39:34 | 25km:01:57:58 | 30km:02:22:18 | 35km:02:49:12 | 40km:03:17:56									
845	2934	**OLCHAWSKI Sławomir**	DĘBNO		POL	1979	M40	300	03:30:44	03:30:00	787
		5km:00:25:15 | 10km:00:50:07 | 15km:01:15:03 | 20km:01:39:36 | 21km:01:44:59 | 25km:02:04:09 | 30km:02:29:15 | 35km:02:54:14 | 40km:03:19:45									
846	8113	**BORKOWSKI Michał**	WARSZAWA		POL	1986	M30	305	03:31:09	03:30:00	787
		5km:00:25:31 | 10km:00:51:43 | 15km:01:16:52 | 20km:01:42:09 | 21km:01:47:25 | 25km:02:07:03 | 30km:02:32:03 | 35km:02:55:05 | 40km:03:19:25									
847	10545	**JAKUBIK Filip**	LESZNO	Obstacle Center	POL	2001	M20	100	03:33:04	03:30:04	789
		5km:00:24:44 | 10km:00:49:23 | 15km:01:14:00 | 20km:01:38:27 | 21km:01:43:48 | 25km:02:02:52 | 30km:02:27:30 | 35km:02:52:33 | 40km:03:18:10									
848	2518	**BIENIAK Krzysztof**	WARSZAWA	Krav Maga Warszawa	POL	1971	M50	77	03:31:08	03:30:04	789
		5km:00:25:11 | 10km:00:50:09 | 15km:01:14:24 | 20km:01:38:40 | 21km:01:43:52 | 25km:02:02:52 | 30km:02:27:02 | 35km:02:51:45 | 40km:03:17:45									
849	7089	**PIÓRKOWSKI Jarosław**	SKIERNIEWICE		POL	2001	M20	100	03:31:37	03:30:04	789
		5km:00:23:36 | 10km:00:47:27 | 15km:01:11:24 | 20km:01:35:25 | 21km:01:40:41 | 25km:01:59:25 | 30km:02:23:34 | 35km:02:47:57 | 40km:03:17:16									
850	6547	**GOŁĄBOWSKI Maciej**	WARSZAWA		POL	1987	M30	306	03:30:54	03:30:06	792
		5km:00:22:51 | 10km:00:45:47 | 15km:01:08:44 | 20km:01:31:48 | 21km:01:36:51 | 25km:01:55:46 | 30km:02:20:42 | 35km:02:47:29 | 40km:03:18:18									
851	8114	**PAŁCZYŃSKI Bartłomiej**	WARSZAWA		POL	1989	M30	307	03:31:01	03:30:08	793
		5km:00:24:47 | 10km:00:49:55 | 15km:01:14:43 | 20km:01:39:12 | 21km:01:44:22 | 25km:02:03:40 | 30km:02:28:19 | 35km:02:53:11 | 40km:03:18:57									
852	8112	**BRZEZIŃSKI Łukasz**	BYDGOSZCZ		POL	1990	M30	308	03:31:17	03:30:10	794
		5km:00:25:05 | 10km:00:49:58 | 15km:01:14:48 | 20km:01:39:33 | 21km:01:44:51 | 25km:02:04:07 | 30km:02:28:45 | 35km:02:53:08 | 40km:03:18:56									
853	3686	**ZABŁOŃSKI Arkadiusz**	WARSZAWA	Bractwo Biegowe BGK	POL	1969	M50	78	03:31:34	03:30:14	795
		5km:00:25:49 | 10km:00:51:30 | 15km:01:16:23 | 20km:01:40:59 | 21km:01:46:23 | 25km:02:05:41 | 30km:02:29:55 | 35km:02:53:52 | 40km:03:18:52									
854	8009	**KAPŁON Jacek**	WARSZAWA	NatWest Running Team	POL	1987	M30	309	03:32:13	03:30:14	795
		5km:00:21:30 | 10km:00:43:05 | 15km:01:04:43 | 20km:01:26:04 | 21km:01:30:41 | 25km:01:48:08 | 30km:02:12:45 | 35km:02:41:26 | 40km:03:16:51									
855	4364	**WADZIŃSKI Kamil**	WARSZAWA	#AWSzybciejTeam	POL	1989	M30	310	03:30:29	03:30:15	797
		5km:00:24:40 | 10km:00:49:55 | 15km:01:14:37 | 20km:01:39:08 | 21km:01:44:33 | 25km:02:03:57 | 30km:02:28:50 | 35km:02:54:03 | 40km:03:19:56									
856	6351	**ZYŚK Arkadiusz**	ŁAWY	KS ARCO Ławy	POL	1975	M40	301	03:31:12	03:30:16	798
		5km:00:23:36 | 10km:00:47:13 | 15km:01:10:52 | 20km:01:34:19 | 21km:01:39:28 | 25km:01:58:30 | 30km:02:24:22 | 35km:02:51:01 | 40km:03:18:56									
857	10040	**LESZKO Rafał**	KRAKÓW		POL	1987	M30	311	03:31:02	03:30:17	799
		5km:00:24:39 | 10km:00:49:21 | 15km:01:13:56 | 20km:01:38:23 | 21km:01:43:43 | 25km:02:02:48 | 30km:02:27:26 | 35km:02:52:26 | 40km:03:19:11									
858	10549	**ZABOREK Piotr**	WARSZAWA		POL	1976	M40	302	03:31:28	03:30:18	800
		5km:00:25:01 | 10km:00:50:15 | 15km:01:15:07 | 20km:01:39:53 | 21km:01:45:14 | 25km:02:04:48 | 30km:02:29:35 | 35km:02:54:28 | 40km:03:19:38									
859	6204	**PROROK Michał**	OPOLE		POL	1990	M30	312	03:32:05	03:30:22	801
		5km:00:24:45 | 10km:00:49:27 | 15km:01:14:03 | 20km:01:38:29 | 21km:01:43:51 | 25km:02:02:58 | 30km:02:27:35 | 35km:02:52:35 | 40km:03:18:57									
860	7402	**WIECZOREK Mariusz**	WARSZAWA		POL	1976	M40	303	03:31:24	03:30:24	802
		5km:00:24:29 | 10km:00:48:46 | 15km:01:12:58 | 20km:01:37:14 | 21km:01:42:35 | 25km:02:01:55 | 30km:02:27:09 | 35km:02:52:05 | 40km:03:19:06									
861	3027	**KUFEL Krystian**	WARSZAWA		POL	1982	M40	304	03:31:38	03:30:25	803
		5km:00:23:39 | 10km:00:47:44 | 15km:01:11:15 | 20km:01:35:02 | 21km:01:40:11 | 25km:01:58:58 | 30km:02:23:45 | 35km:02:50:40 | 40km:03:18:30									
862	4176	**ROMAN Radu**	SIGHETU MARMATIEI		ROU	1985	M30	313	03:31:44	03:30:27	804
		5km:00:23:55 | 10km:00:48:21 | 15km:01:13:03 | 20km:01:37:10 | 21km:01:42:18 | 25km:02:00:59 | 30km:02:25:34 | 35km:02:50:50 | 40km:03:18:36									
863	6388	**LEWONIEC Szymon**	STARGARD		POL	1984	M30	314	03:31:20	03:30:29	805
		5km:00:24:52 | 10km:00:49:02 | 15km:01:13:20 | 20km:01:37:44 | 21km:01:43:00 | 25km:02:02:09 | 30km:02:27:02 | 35km:02:52:20 | 40km:03:19:04									
864	15522	**MACIANTOWICZ Wojciech**	WROCŁAW		POL	1976	M40	305	03:32:00	03:30:32	806
		5km:00:24:17 | 10km:00:48:27 | 15km:01:12:34 | 20km:01:36:46 | 21km:01:41:57 | 25km:02:00:36 | 30km:02:24:29 | 35km:02:49:36 | 40km:03:18:47									
865	6457	**KWAŚNIEWSKI Krzysztof**	WARSZAWA	Trener Forest	POL	1970	M50	79	03:31:21	03:30:35	807
		5km:00:24:56 | 10km:00:49:33 | 15km:01:14:19 | 20km:01:38:46 | 21km:01:44:03 | 25km:02:03:05 | 30km:02:27:48 | 35km:02:52:40 | 40km:03:19:02									
866	2945	**PODRAŻKA Kamil**	WARSZAWA		POL	1990	M30	315	03:32:01	03:30:37	808
		5km:00:24:21 | 10km:00:49:02 | 15km:01:13:40 | 20km:01:38:21 | 21km:01:43:40 | 25km:02:02:49 | 30km:02:27:22 | 35km:02:52:22 | 40km:03:19:08									
867	3176	**SIMOPOULOS Anestis**	KOMOTINI		GRE	1972	M50	80	03:31:41	03:30:42	809
		5km:00:25:14 | 10km:00:50:37 | 15km:01:15:46 | 20km:01:41:02 | 21km:01:46:27 | 25km:02:05:56 | 30km:02:30:35 | 35km:02:55:08 | 40km:03:19:46									
868	3252	**FURTAK Wiktor**	MŁYNKA		POL	1998	M20	102	03:32:34	03:30:44	810
		5km:00:23:30 | 10km:00:46:57 | 15km:01:10:16 | 20km:01:33:57 | 21km:01:39:00 | 25km:01:57:27 | 30km:02:21:56 | 35km:02:47:49 | 40km:03:18:07									
869	2093	**WIEPRZOWSKI Łukasz**	WARSZAWA	Lekarska Grupa Kolarska	POL	1983	M40	306	03:31:34	03:30:46	811
		5km:00:24:17 | 10km:00:48:55 | 15km:01:13:17 | 20km:01:37:34 | 21km:01:42:51 | 25km:02:01:57 | 30km:02:26:45 | 35km:02:51:40 | 40km:03:18:56									
870	6788	**CZUBAK Witold**	IŁŻA	IłżaPędzi	POL	1978	M40	307	03:31:47	03:30:47	812
		5km:00:23:57 | 10km:00:48:25 | 15km:01:13:07 | 20km:01:37:20 | 21km:01:42:32 | 25km:02:01:05 | 30km:02:25:33 | 35km:02:50:46 | 40km:03:18:50									
871	10536	**SWEKLEJ Adam**	BIAŁA PODLASKA	PZU Sport Team	POL	1974	M40	308	03:31:39	03:30:48	813
		5km:00:24:38 | 10km:00:48:56 | 15km:01:13:08 | 20km:01:37:21 | 21km:01:42:32 | 25km:02:01:23 | 30km:02:26:18 | 35km:02:52:05 | 40km:03:19:08									
872	7515	**ANTONIUK Marcin**	KRAŚNIK	LAMART	POL	1975	M40	308	03:31:45	03:30:48	813
		5km:00:24:56 | 10km:00:49:35 | 15km:01:14:21 | 20km:01:38:46 | 21km:01:44:00 | 25km:02:02:41 | 30km:02:27:17 | 35km:02:52:18 | 40km:03:19:10									
873	2151	**ZAWADZKI Rafał**	ŁBISKA	ChojnowSKI RUN	POL	1975	M40	310	03:32:11	03:30:49	815
		5km:00:25:00 | 10km:00:49:39 | 15km:01:14:25 | 20km:01:38:52 | 21km:01:44:09 | 25km:02:03:13 | 30km:02:27:54 | 35km:02:52:45 | 40km:03:19:09									
874	6692	**MALINOWSKI Tomasz**	JEGŁOWNIK	Plawgo Team	POL	1973	M50	81	03:32:05	03:30:49	815

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:37| 10km:00:49:22| 15km: 01:14:13 | 20km:01:39:00 | 21km:01:44:25 | 25km:02:03:51 | 30km:02:28:36 | 35km:02:53:19 | 40km:03:19:31									
875	6717	**BILIŃSKI Tomasz**	OLEŚNICA		POL	1989	M30	316	03:35:10	03:30:57	817
		5km:00:24:41| 10km:00:49:25| 15km: 01:13:38 | 20km:01:37:56 | 21km:01:43:09 | 25km:02:03:04 | 30km:02:27:27 | 35km:02:52:30 | 40km:03:19:28									
876	6545	**HERBA Grzegorz**	LUBOTYŃ	KS GRYF KIETRZ	POL	1977	M40	311	03:31:54	03:30:58	818
		5km:00:25:26| 10km:00:50:45| 15km: 01:15:43 | 20km:01:40:34 | 21km:01:45:36 | 25km:02:04:35 | 30km:02:28:27 | 35km:02:52:40 | 40km:03:19:04									
877	10471	**GRYBKO Mariusz**	MIĘDZYRZECZ	Seco/Warwick	POL	1989	M30	317	03:32:26	03:31:01	819
		5km:00:23:34| 10km:00:47:10| 15km: 01:10:39 | 20km:01:34:05 | 21km:01:39:01 | 25km:01:56:29 | 30km:02:34:25 | 35km:02:56:25 | 40km:03:21:06									
878	8196	**ZDEB Przemek**	WARSZAWA		POL	1981	M40	312	03:31:43	03:31:01	819
		5km:00:23:35| 10km:00:47:12| 15km: 01:10:46 | 20km:01:34:24 | 21km:01:39:25 | 25km:01:57:54 | 30km:02:22:09 | 35km:02:48:30 | 40km:03:18:27									
879	4290	**NIEWIAROWSKI Adam**	BORZĘCIN MAŁY		POL	1979	M40	313	03:31:47	03:31:05	821
		5km:00:23:25| 10km:00:46:56| 15km: 01:09:57 | 20km:01:33:07 | 21km:01:38:03 | 25km:01:56:32 | 30km:02:21:14 | 35km:02:48:07 | 40km:03:17:44									
880	10165	**GOLIAN Sebastian**	LUBLIN	Solwit + biegusiem.pl	POL	1985	M30	318	03:31:53	03:31:07	822
		5km:00:25:57| 10km:00:51:28| 15km: 01:17:15 | 20km:01:43:27 | 21km:01:49:02 | 25km:02:08:49 | 30km:02:33:42 | 35km:02:57:47 | 40km:03:21:23									
881	12062	**BIELECKI Jakub**	KRAKÓW		POL	1982	M40	314	03:33:23	03:31:10	823
		5km:00:25:55| 10km:00:51:33| 15km: 01:16:56 | 20km:01:42:12 | 21km:01:47:59 | 25km:02:07:08 | 30km:02:31:40 | 35km:02:55:54 | 40km:03:20:42									
882	7993	**MIELCARZ Michał**	BŁONIE	KREJZI TIM BŁONIE	POL	1978	M40	315	03:32:58	03:31:20	824
		5km:00:24:44| 10km:00:49:26| 15km: 01:14:03 | 20km:01:38:35 | 21km:01:43:57 | 25km:02:03:06 | 30km:02:27:52 | 35km:02:52:58 | 40km:03:19:25									
883	10080	**GĄSIOR Michał**	WARSZAWA		POL	1991	M30	319	03:32:26	03:31:21	825
		5km:00:24:19| 10km:00:48:45| 15km: 01:12:24 | 20km:01:36:24 | 21km:01:41:37 | 25km:02:00:43 | 30km:02:25:48 | 35km:02:51:28 | 40km:03:19:42									
884	7197	**SZKAŁUBA Artur**	WARSZAWA		POL	1982	M40	316	03:34:01	03:31:21	825
		5km:00:23:01| 10km:00:46:37| 15km: 01:09:42 | 20km:01:32:55 | 21km:01:38:03 | 25km:01:57:33 | 30km:02:24:00 | 35km:02:49:21 | 40km:03:18:03									
885	7735	**LABUDDA Zygfryd**	SZCZECIN		POL	1961	M60	9	03:31:57	03:31:21	825
		5km:00:24:42| 10km:00:49:24| 15km: 01:13:57 | 20km:01:38:26 | 21km:01:43:47 | 25km:02:02:53 | 30km:02:27:35 | 35km:02:53:12 | 40km:03:19:50									
886	7995	**BARTKOWIAK Jan**	WARSZAWA		POL	1992	M30	319	03:33:37	03:31:21	825
		5km:00:24:27| 10km:00:49:07| 15km: 01:13:44 | 20km:01:38:48 | 21km:01:44:04 | 25km:02:03:01 | 30km:02:27:17 | 35km:02:52:36 | 40km:03:19:35									
887	4296	**MAKLAKOV Dmitri**	GDAŃSK	Swift Club		1991	M30	321	03:32:50	03:31:26	829
		5km:00:23:34| 10km:00:47:10| 15km: 01:10:45 | 20km:01:34:19 | 21km:01:39:23 | 25km:01:58:03 | 30km:02:23:19 | 35km:02:50:19 | 40km:03:19:11									
888	6958	**DOLIŃSKI Konrad**	BEŁCHATÓW	RajSport Active	POL	1994	M20	103	03:32:33	03:31:28	830
		5km:00:24:04| 10km:00:48:37| 15km: 01:12:45 | 20km:01:36:40 | 21km:01:41:57 | 25km:02:00:52 | 30km:02:25:09 | 35km:02:50:53 | 40km:03:19:18									
889	10088	**ZADZIARNOUSKI Taras**	WARSZAWA			1994	M20	104	03:32:39	03:31:29	831
		5km:00:24:39| 10km:00:49:21| 15km: 01:13:26 | 20km:01:37:37 | 21km:01:42:58 | 25km:02:01:57 | 30km:02:26:35 | 35km:02:51:26 | 40km:03:18:26									
890	4187	**TKACZYK Jarosław**	WARSZAWA		POL	1983	M40	317	03:32:52	03:31:29	831
		5km:00:25:32| 10km:00:50:33| 15km: 01:15:05 | 20km:01:39:42 | 21km:01:45:09 | 25km:02:04:23 | 30km:02:29:01 | 35km:02:53:02 | 40km:03:20:28									
891	8206	**KŁOS Aleksander**	WARSZAWA	Trimasters	POL	1995	M20	105	03:32:12	03:31:30	833
		5km:00:24:28| 10km:00:49:07| 15km: 01:13:44 | 20km:01:38:48 | 21km:01:44:04 | 25km:02:03:01 | 30km:02:27:17 | 35km:02:52:36 | 40km:03:19:35									
892	7943	**NOWAK Maciej**	SULEJÓWEK		POL	1965	M50	82	03:32:48	03:31:31	834
		5km:00:24:43| 10km:00:49:23| 15km: 01:13:58 | 20km:01:38:26 | 21km:01:43:45 | 25km:02:02:50 | 30km:02:27:29 | 35km:02:52:25 | 40km:03:19:14									
893	10395	**STASIAK Robert**	PIESZYCE		POL	1977	M40	318	03:33:24	03:31:35	835
		5km:00:24:39| 10km:00:49:21| 15km: 01:13:26 | 20km:01:37:37 | 21km:01:42:58 | 25km:02:01:57 | 30km:02:26:35 | 35km:02:51:26 | 40km:03:18:26									
894	6716	**PRUSIK Andrzej**	OLSZTYN	Bieganie Pod Sokolim Okiem	POL	1967	M50	83	03:32:46	03:31:36	836
		5km:00:24:04| 10km:00:48:17| 15km: 01:12:06 | 20km:01:36:04 | 21km:01:41:09 | 25km:01:59:45 | 30km:02:23:55 | 35km:02:49:17 | 40km:03:17:25									
895	10223	**BORCZYŃSKI Grzegorz**	CZOŁOWO		POL	1977	M40	319	03:32:42	03:31:37	837
		5km:00:23:40| 10km:00:47:24| 15km: 01:11:19 | 20km:01:35:05 | 21km:01:40:11 | 25km:01:58:44 | 30km:02:23:23 | 35km:02:51:06 | 40km:03:19:44									
896	6383	**WOSIAK Marcin**	ŁÓDŹ		POL	1990	M30	322	03:32:39	03:31:38	838
		5km:00:24:43| 10km:00:49:23| 15km: 01:13:58 | 20km:01:38:26 | 21km:01:43:45 | 25km:02:02:50 | 30km:02:27:29 | 35km:02:52:25 | 40km:03:19:14									
897	10454	**JAKRZEWSKI Hubert**	KAMIONKI		POL	1988	M30	323	03:32:47	03:31:41	839
		5km:00:25:22| 10km:00:51:01| 15km: 01:16:18 | 20km:01:41:11 | 21km:01:46:36 | 25km:02:06:04 | 30km:02:30:58 | 35km:02:55:47 | 40km:03:21:05									
898	2863	**KOWALUNAS-BEM Olga**	KRAKÓW	LPP TEAM	POL	1983	K40	22	03:33:51	03:31:45	59
		5km:00:24:52| 10km:00:49:27| 15km: 01:14:07 | 20km:01:38:46 | 21km:01:43:59 | 25km:02:03:03 | 30km:02:27:46 | 35km:02:53:10 | 40km:03:20:46									
899	8172	**PARYS Michał**	WOŁOMIN		POL	1982	M40	320	03:33:12	03:31:47	840
		5km:00:25:22| 10km:00:50:38| 15km: 01:15:16 | 20km:01:39:53 | 21km:01:45:14 | 25km:02:04:22 | 30km:02:29:04 | 35km:02:54:18 | 40km:03:20:34									
900	6738	**ŁYŻWA Dominik**	KRAKÓW		POL	1991	M30	324	03:33:39	03:31:48	841
		5km:00:24:33| 10km:00:49:06| 15km: 01:13:46 | 20km:01:38:18 | 21km:01:43:42 | 25km:02:02:40 | 30km:02:27:13 | 35km:02:52:11 | 40km:03:19:14									
901	2155	**ZIELIŃSKI Bartosz**	MASŁÓW PIERWSZY		POL	1985	M30	325	03:32:44	03:31:49	842
		5km:00:24:46| 10km:00:49:29| 15km: 01:14:03 | 20km:01:38:33 | 21km:01:43:47 | 25km:02:02:55 | 30km:02:27:34 | 35km:02:52:37 | 40km:03:19:51									
902	4132	**SOBOLEWSKI Sławomir**	WARSZAWA		POL	1975	M40	321	03:32:58	03:31:51	843
		5km:00:24:47| 10km:00:48:18| 15km: 01:12:01 | 20km:01:35:30 | 21km:01:40:45 | 25km:01:59:49 | 30km:02:25:47 | 35km:02:52:49 | 40km:03:20:00									
903	7769	**PODRAŻKA Dariusz**	PARMA	LKS DAR PLACENCJA	POL	1981	M40	321	03:32:37	03:31:51	843
		5km:00:24:34| 10km:00:49:15| 15km: 01:14:26 | 20km:01:38:36 | 21km:01:43:54 | 25km:02:03:05 | 30km:02:27:19 | 35km:02:51:48 | 40km:03:18:49									
904	2436	**COLEMAN Michael**	BELFAST	Patrick Sarsfields GAA Club	IRL	1979	M40	323	03:33:13	03:31:53	845
		5km:00:24:57| 10km:00:49:49| 15km: 01:14:37 | 20km:01:39:31 | 21km:01:44:51 | 25km:02:04:04 | 30km:02:29:10 | 35km:02:54:18 | 40km:03:20:31									
905	4114	**HAŁKA Justyna**	ŁOBEZ		POL	1980	K40	23	03:33:37	03:31:53	60
		5km:00:24:41| 10km:00:49:11| 15km: 01:13:50 | 20km:01:38:01 | 21km:01:43:11 | 25km:02:02:16 | 30km:02:27:29 | 35km:02:53:28 | 40km:03:20:01									
906	8104	**GROT Filip**	WAARSZAWA		POL	2005	M20	106	03:32:01	03:31:54	846
		5km:00:26:25| 10km:00:52:24| 15km: 01:17:38 | 20km:01:42:49 | 21km:01:48:13 | 25km:02:07:36 | 30km:02:32:19 | 35km:02:56:41 | 40km:03:21:28									
907	7518	**KRUSZEWSKI Cezary**	WARSZAWA		POL	1986	M30	326	03:34:42	03:31:56	847
		5km:00:25:11| 10km:00:50:11| 15km: 01:15:01 | 20km:01:39:45 | 21km:01:44:57 | 25km:02:03:51 | 30km:02:28:31 | 35km:02:53:24 | 40km:03:19:58									
908	6917	**DERYŁO Tomasz**	WARSZAWA		POL	1983	M40	324	03:33:55	03:31:57	848
		5km:00:23:45| 10km:00:48:03| 15km: 01:12:24 | 20km:01:36:45 | 21km:01:42:02 | 25km:02:01:11 | 30km:02:26:51 | 35km:02:52:57 | 40km:03:20:17									
909	3184	**IGNATOWSKI Michał**	BYCHAWA		POL	1999	M20	107	03:32:47	03:31:58	849
		5km:00:24:51| 10km:00:49:37| 15km: 01:14:18 | 20km:01:39:02 | 21km:01:44:15 | 25km:02:03:22 | 30km:02:28:09 | 35km:02:53:12 | 40km:03:19:49									
910	10789	**BERCAL Robert**	BABICA		POL	1976	M40	325	03:33:22	03:31:59	850
		5km:00:24:13| 10km:00:48:06| 15km: 01:12:15 | 20km:01:36:22 | 21km:01:41:36 | 25km:02:00:52 | 30km:02:26:43 | 35km:02:52:35 | 40km:03:20:04									
911	6590	**BOROWY Marcin**	WARSZAWA		POL	1998	M20	108	03:33:24	03:31:59	850
		5km:00:25:40| 10km:00:50:45| 15km: 01:15:48 | 20km:01:40:38 | 21km:01:46:00 | 25km:02:05:34 | 30km:02:30:15 | 35km:02:54:56 | 40km:03:20:50									
912	5278	**RUDNIK Marcin**	WARSZAWA		POL	1980	M40	326	03:32:45	03:32:07	852
		5km:00:25:18| 10km:00:50:22| 15km: 01:14:52 | 20km:01:39:24 | 21km:01:44:34 | 25km:02:03:27 | 30km:02:27:55 | 35km:02:52:48 | 40km:03:20:15									
913	7845	**JAGADEESH Prateek**	LONDON		NZL	1996	M20	109	03:34:52	03:32:08	853
		5km:00:24:52| 10km:00:49:34| 15km: 01:14:00 | 20km:01:38:28 | 21km:01:43:47 | 25km:02:02:55 | 30km:02:27:29 | 35km:02:52:25 | 40km:03:19:46									
914	1008	**WALASEK Paweł**	WARSZAWA	Markowi Biegacze	POL	1973	M50	84	03:33:04	03:32:13	854
		5km:00:24:46| 10km:00:49:20| 15km: 01:14:10 | 20km:01:38:37 | 21km:01:43:49 | 25km:02:02:52 | 30km:02:27:31 | 35km:02:52:55 | 40km:03:20:29									
915	3534	**BACH Tomasz**	GDAŃSK	LOTOS Running Team	POL	1994	M20	110	03:33:56	03:32:13	854
		5km:00:23:49| 10km:00:48:18| 15km: 01:12:57 | 20km:01:37:05 | 21km:01:42:11 | 25km:02:00:51 | 30km:02:24:06 | 35km:02:48:25 | 40km:03:19:01									
916	10232	**WÓJCIK Sylwester**	KORCZEW		POL	1996	M20	111	03:33:16	03:32:17	856
		5km:00:23:48| 10km:00:48:18| 15km: 01:12:53 | 20km:01:37:03 | 21km:01:42:08 | 25km:02:00:48 | 30km:02:24:08 | 35km:02:48:45 | 40km:03:19:43									
917	12112	**TKACZYK Łukasz**	WARSZAWA	KAZIKI	POL	1991	M30	327	03:33:15	03:32:17	856
		5km:00:24:42| 10km:00:49:22| 15km: 01:13:56 | 20km:01:38:21 | 21km:01:43:36 | 25km:02:02:49 | 30km:02:27:27 | 35km:02:52:31 | 40km:03:20:22									
918	8258	**WARDECKI Grzegorz**	WARSZAWA	12tri	POL	1983	M40	327	03:33:25	03:32:20	858
		5km:00:24:21| 10km:00:48:43| 15km: 01:12:55 | 20km:01:36:54 | 21km:01:42:08 | 25km:02:00:45 | 30km:02:25:09 | 35km:02:50:25 | 40km:03:19:25									
919	3532	**HAINSWORTH Edward**	PARIS		GBR	1992	M30	328	03:35:12	03:32:23	859
		5km:00:24:41| 10km:00:49:22| 15km: 01:13:58 | 20km:01:38:23 | 21km:01:43:45 | 25km:02:02:49 | 30km:02:27:27 | 35km:02:52:32 | 40km:03:20:31									
920	7145	**KAWKA Paulina**	WARSZAWA		POL	1991	K30	27	03:33:32	03:32:25	61

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:56 | 10km:00:49:40 | 15km: 01:14:26 | 20km:01:38:51 | 21km:01:44:09 | 25km:02:03:24 | 30km:02:28:38 | 35km:02:54:33 | 40km:03:21:22									
921	4341	**RYĆ Dariusz**	URSZULIN		POL	1982	M40	328	03:33:49	03:32:28	860
		5km:00:24:56 | 10km:00:49:40 | 15km: 01:14:26 | 20km:01:38:51 | 21km:01:44:09 | 25km:02:03:24 | 30km:02:28:38 | 35km:02:54:33 | 40km:03:21:22									
922	7454	**JÄGER Robert**	MUNICH	THW München-Ost	GER	1980	M40	329	03:34:18	03:32:30	861
		5km:00:25:26 | 10km:00:50:47 | 15km: 01:16:01 | 20km:01:41:26 | 21km:01:46:42 | 25km:02:06:18 | 30km:02:31:15 | 35km:02:56:32 | 40km:03:21:47									
923	8146	**TABAKA Zbigniew**	GOSZCZANÓW	KS Sieradz Biega	POL	1981	M40	330	03:34:50	03:32:32	862
		5km:00:24:20 | 10km:00:48:54 | 15km: 01:13:25 | 20km:01:37:51 | 21km:01:43:08 | 25km:02:02:18 | 30km:02:27:06 | 35km:02:51:55 | 40km:03:19:40									
924	10803	**SZPINDA Sebastian**	BIŁGORAJ	Biłgoraj Ultra Trail	POL	1979	M40	331	03:35:28	03:32:34	863
		5km:00:23:04 | 10km:00:46:33 | 15km: 01:10:53 | 20km:01:35:22 | 21km:01:40:29 | 25km:02:00:20 | 30km:02:26:15 | 35km:02:53:27 | 40km:03:21:22									
925	7094	**KAMIŃSKI Michał**	GDAŃSK	SILKY TEAM	POL	1979	M40	331	03:34:55	03:32:34	863
		5km:00:24:21 | 10km:00:49:31 | 15km: 01:14:35 | 20km:01:39:29 | 21km:01:44:53 | 25km:02:04:30 | 30km:02:30:01 | 35km:02:55:07 | 40km:03:20:56									
926	10189	**WYDERKA Dariusz**	ALEKSANDRÓW ŁÓDZKI		POL	1992	M30	329	03:33:15	03:32:36	865
		5km:00:23:18 | 10km:00:46:43 | 15km: 01:10:02 | 20km:01:33:35 | 21km:01:38:38 | 25km:01:56:56 | 30km:02:20:43 | 35km:02:46:06 | 40km:03:20:38									
927	4054	**SMODEREK Jarosław**	WARSZAWA		POL	1986	M30	329	03:33:18	03:32:36	865
		5km:00:22:54 | 10km:00:45:57 | 15km: 01:08:51 | 20km:01:31:47 | 21km:01:36:46 | 25km:01:54:45 | 30km:02:19:06 | 35km:02:46:02 | 40km:03:16:49									
928	15537	**KARWASZ Paulina**	LUBIEWO	KS Sieradz Biega	POL	1992	K30	28	03:34:59	03:32:41	62
		5km:00:24:19 | 10km:00:48:57 | 15km: 01:13:34 | 20km:01:38:12 | 21km:01:43:27 | 25km:02:02:50 | 30km:02:27:56 | 35km:02:53:23 | 40km:03:20:34									
929	2038	**SOBOCIŃSKI Michał**	WARSZAWA	Play	POL	1978	M40	333	03:34:16	03:32:42	867
		5km:00:25:32 | 10km:00:50:20 | 15km: 01:15:32 | 20km:01:40:44 | 21km:01:45:59 | 25km:02:06:23 | 30km:02:31:03 | 35km:02:55:57 | 40km:03:21:44									
930	10599	**AUGUSTYNIAK Rafał**	ŁÓDŹ		POL	1994	M20	112	03:34:02	03:32:47	868
		5km:00:24:35 | 10km:00:49:34 | 15km: 01:13:58 | 20km:01:38:26 | 21km:01:43:42 | 25km:02:02:48 | 30km:02:27:30 | 35km:02:52:35 | 40km:03:20:10									
931	7437	**CICHAWA Jonatan**	ŁÓDŹ		POL	1996	M20	112	03:35:07	03:32:47	868
		5km:00:26:03 | 10km:00:51:42 | 15km: 01:17:00 | 20km:01:42:52 | 21km:01:48:18 | 25km:02:08:30 | 30km:02:33:49 | 35km:02:58:25 | 40km:03:22:23									
932	4153	**LUNDBERG Anton**	STOCKHOLM		SWE	1982	M40	334	03:33:57	03:32:51	870
		5km:00:24:18 | 10km:00:48:50 | 15km: 01:12:52 | 20km:01:37:29 | 21km:01:42:48 | 25km:02:02:00 | 30km:02:26:59 | 35km:02:52:21 | 40km:03:20:06									
933	7648	**POŻAROWSZCZYK Adam**	WARSZAWA		POL	1985	M30	331	03:33:31	03:32:51	870
		5km:00:22:55 | 10km:00:46:00 | 15km: 01:08:54 | 20km:01:31:47 | 21km:01:36:45 | 25km:01:54:42 | 30km:02:19:21 | 35km:02:49:06 | 40km:03:21:42									
934	10087	**MICHALIK Rafał**	GARWOLIN	TRUCHTACZ.PL	POL	1985	M30	332	03:34:03	03:32:55	872
		5km:00:24:40 | 10km:00:49:20 | 15km: 01:13:55 | 20km:01:38:21 | 21km:01:43:43 | 25km:02:02:48 | 30km:02:27:28 | 35km:02:52:32 | 40km:03:20:50									
935	10304	**GÓRALSKI Jarosław**	KUTNO	Kutno Biega	POL	1969	M50	85	03:35:03	03:32:57	873
		5km:00:25:49 | 10km:00:51:42 | 15km: 01:17:26 | 20km:01:43:08 | 21km:01:48:36 | 25km:02:08:20 | 30km:02:33:00 | 35km:02:57:14 | 40km:03:21:56									
936	8127	**GRABOWSKI Karol**	ZĄBKI	Biegam bo lubię Team Ząbki	POL	1975	M40	335	03:33:13	03:32:57	873
		5km:00:22:23 | 10km:00:45:01 | 15km: 01:07:13 | 20km:01:29:32 | 21km:01:34:23 | 25km:01:52:04 | 30km:02:18:20 | 35km:02:45:23 | 40km:03:16:40									
937	3906	**KUZMINSKI Bartosz**	DUBLIN		POL	1980	M40	336	03:33:19	03:32:59	875
		5km:00:22:06 | 10km:00:45:21 | 15km: 01:10:15 | 20km:01:35:42 | 21km:01:41:23 | 25km:02:01:51 | 30km:02:28:20 | 35km:02:54:28 | 40km:03:21:34									
938	6083	**BLOMFIELD Stephen**	NORWICH	NORFOLK GAZELLES	GBR	1965	M50	86	03:34:29	03:33:00	876
		5km:00:24:53 | 10km:00:49:30 | 15km: 01:14:17 | 20km:01:38:43 | 21km:01:43:58 | 25km:02:03:01 | 30km:02:27:48 | 35km:02:52:57 | 40km:03:20:05									
939	8091	**KRÓL Kamil**	PIASECZNO	IM Inspiration	POL	1995	M20	114	03:34:25	03:33:00	876
		5km:00:24:59 | 10km:00:49:37 | 15km: 01:14:24 | 20km:01:38:54 | 21km:01:44:12 | 25km:02:03:15 | 30km:02:27:56 | 35km:02:52:49 | 40km:03:21:03									
940	3821	**PITTNER Andrzej**	RZESZÓW	BorgWarner Running Team	POL	1989	M30	333	03:34:06	03:33:02	878
		5km:00:24:23 | 10km:00:48:50 | 15km: 01:13:15 | 20km:01:37:27 | 21km:01:42:45 | 25km:02:01:45 | 30km:02:26:33 | 35km:02:52:07 | 40km:03:20:23									
941	6924	**ANDRYSIAK Tomasz**	OPORÓW		POL	1993	M30	334	03:34:18	03:33:07	879
		5km:00:25:11 | 10km:00:49:46 | 15km: 01:14:30 | 20km:01:38:36 | 21km:01:43:49 | 25km:02:02:48 | 30km:02:27:25 | 35km:02:53:43 | 40km:03:20:54									
942	8143	**KARABIN Jarosław**	WARSZAWA	Warka Klondaik Rowerologia Team	POL	1982	M40	337	03:33:55	03:33:07	879
		5km:00:23:28 | 10km:00:47:04 | 15km: 01:10:29 | 20km:01:34:14 | 21km:01:39:11 | 25km:01:57:38 | 30km:02:23:03 | 35km:02:50:13 | 40km:03:19:46									
943	7440	**MACHNICKI Rafał**	RYKI	Wypracowane	POL	1987	M30	335	03:33:30	03:33:09	881
		5km:00:22:19 | 10km:00:45:29 | 15km: 01:08:12 | 20km:01:30:51 | 21km:01:36:04 | 25km:01:55:16 | 30km:02:20:00 | 35km:02:45:34 | 40km:03:19:37									
944	2354	**SIEJKOWSKI Tomasz**	GŁOGÓW	KGHM ZGRUN-ŚLĘZAK TEAM	POL	1975	M40	338	03:33:53	03:33:10	882
		5km:00:23:47 | 10km:00:47:28 | 15km: 01:10:50 | 20km:01:34:22 | 21km:01:39:30 | 25km:01:58:23 | 30km:02:23:08 | 35km:02:49:26 | 40km:03:19:51									
945	7739	**DEIMANTE Zane**	RIGA		LAT	1990	K30	29	03:35:12	03:33:10	63
		5km:00:25:43 | 10km:00:51:14 | 15km: 01:16:23 | 20km:01:41:14 | 21km:01:46:35 | 25km:02:06:00 | 30km:02:30:55 | 35km:02:55:52 | 40km:03:22:01									
946	6201	**GULYAS Genia**	LONDON		HUN	1979	K40	24	03:34:31	03:33:12	64
		5km:00:24:34 | 10km:00:49:10 | 15km: 01:13:48 | 20km:01:38:11 | 21km:01:43:33 | 25km:02:02:38 | 30km:02:27:17 | 35km:02:52:18 | 40km:03:20:23									
947	12070	**FIJAŁKOWSKI Marek**	WARSZAWA		POL	1973	M50	87	03:34:51	03:33:15	883
		5km:00:25:18 | 10km:00:51:02 | 15km: 01:15:58 | 20km:01:40:58 | 21km:01:46:15 | 25km:02:05:50 | 30km:02:30:49 | 35km:02:55:49 | 40km:03:21:56									
948	10198	**SPYRA Kamil**	SZYMOCICE	4 K. P.K.S. SPYROWKA	POL	1986	M30	336	03:33:51	03:33:18	884
		5km:00:22:17 | 10km:00:44:47 | 15km: 01:07:31 | 20km:01:29:48 | 21km:01:34:40 | 25km:01:53:24 | 30km:02:20:08 | 35km:02:48:47 | 40km:03:20:31									
949	7044	**SEREINIG René**	KRAUBATH AN DER MUR		AUT	1991	M30	337	03:33:46	03:33:22	885
		5km:00:22:41 | 10km:00:45:23 | 15km: 01:08:12 | 20km:01:31:51 | 21km:01:37:05 | 25km:01:57:04 | 30km:02:23:40 | 35km:02:50:57 | 40km:03:21:32									
950	6149	**MALCZYK Artur**	WARSZAWA		POL	1979	M40	339	03:34:14	03:33:26	886
		5km:00:23:47 | 10km:00:48:05 | 15km: 01:12:39 | 20km:01:37:29 | 21km:01:42:52 | 25km:02:02:24 | 30km:02:27:53 | 35km:02:53:32 | 40km:03:21:19									
951	3175	**WASILEWSKI Piotr**	GŁOSKÓW	Neon Team	POL	1978	M40	340	03:34:28	03:33:29	887
		5km:00:24:13 | 10km:00:48:40 | 15km: 01:13:03 | 20km:01:37:30 | 21km:01:42:49 | 25km:02:01:53 | 30km:02:26:59 | 35km:02:52:40 | 40km:03:20:45									
952	3770	**RESPONDEK Michał**	RYDUŁTOWY		POL	1989	M30	338	03:34:42	03:33:32	888
		5km:00:25:14 | 10km:00:50:11 | 15km: 01:15:00 | 20km:01:39:48 | 21km:01:45:02 | 25km:02:04:12 | 30km:02:28:51 | 35km:02:53:46 | 40km:03:20:29									
953	6405	**WYSOCKI Piotr**	WARSZAWA		POL	2000	M20	115	03:34:06	03:33:34	889
		5km:00:22:20 | 10km:00:44:51 | 15km: 01:07:33 | 20km:01:30:23 | 21km:01:35:27 | 25km:01:54:01 | 30km:02:20:43 | 35km:02:51:01 | 40km:03:21:58									
954	3114	**STRONG Declan**	LONDON	YFR	GBR	1997	M20	116	03:35:53	03:33:35	890
		5km:00:25:53 | 10km:00:51:45 | 15km: 01:17:33 | 20km:01:42:21 | 21km:01:47:48 | 25km:02:07:44 | 30km:02:31:57 | 35km:02:55:37 | 40km:03:21:00									
955	3969	**KAŁUSKI Łukasz**	OPOLE		POL	1977	M40	341	03:43:31	03:33:35	890
		5km:00:29:57 | 10km:00:57:38 | 15km: 01:22:03 | 20km:01:46:15 | 21km:01:51:36 | 25km:02:10:41 | 30km:02:35:09 | 35km:02:58:59 | 40km:03:23:11									
956	10321	**BURSZTA Bartłomiej**	SZCZUKA	13 WOG	POL	1983	M40	342	03:35:37	03:33:39	892
		5km:00:24:47 | 10km:00:49:23 | 15km: 01:14:26 | 20km:01:40:56 | 21km:01:46:19 | 25km:02:05:47 | 30km:02:30:51 | 35km:02:56:33 | 40km:03:22:28									
957	7142	**SIEDLECKI Łukasz**	WARSZAWA	Bieganiepo40.pl	POL	1985	M30	339	03:37:58	03:33:42	893
		5km:00:23:56 | 10km:00:48:02 | 15km: 01:11:55 | 20km:01:35:55 | 21km:01:41:05 | 25km:01:59:57 | 30km:02:24:47 | 35km:02:51:32 | 40km:03:21:25									
958	7687	**STRZELECKI Piotr**	CHEŁMŻA	Sportergis	POL	1979	M40	343	03:35:12	03:33:42	893
		5km:00:24:57 | 10km:00:49:42 | 15km: 01:14:29 | 20km:01:39:00 | 21km:01:44:18 | 25km:02:03:17 | 30km:02:28:05 | 35km:02:53:18 | 40km:03:21:33									
959	1037	**DĄBROWSKI Mirosław**	WARSZAWA	-	POL	1967	M50	88	03:35:13	03:33:44	895
		5km:00:24:54 | 10km:00:49:46 | 15km: 01:14:35 | 20km:01:39:23 | 21km:01:44:44 | 25km:02:04:26 | 30km:02:29:45 | 35km:02:55:36 | 40km:03:22:11									
960	3420	**MACIEJEWSKI Marcel**	POZNAŃ		POL	1987	M30	340	03:34:48	03:33:44	895
		5km:00:23:46 | 10km:00:47:32 | 15km: 01:11:12 | 20km:01:35:12 | 21km:01:40:22 | 25km:01:59:31 | 30km:02:24:44 | 35km:02:51:31 | 40km:03:21:34									
961	12116	**DENEKA Andrzej**	BANIOCHA	BANIOCHA RUN	POL	1976	M40	344	03:35:00	03:33:45	897
		5km:00:24:36 | 10km:00:49:15 | 15km: 01:13:50 | 20km:01:38:18 | 21km:01:43:37 | 25km:02:02:42 | 30km:02:27:22 | 35km:02:52:23 | 40km:03:21:30									
962	3803	**STĘPIEŃ Grzegorz**	OPOLE		POL	1977	M40	344	03:36:55	03:33:45	897
		5km:00:25:40 | 10km:00:51:21 | 15km: 01:16:31 | 20km:01:41:48 | 21km:01:47:14 | 25km:02:06:50 | 30km:02:31:51 | 35km:02:57:06 | 40km:03:23:04									
963	15505	**WILK Sylwester**	NOWY PRAŻMÓW		POL	1981	M40	346	03:38:41	03:33:46	899
		5km:00:27:06 | 10km:00:53:34 | 15km: 01:18:43 | 20km:01:43:32 | 21km:01:48:50 | 25km:02:09:00 | 30km:02:33:08 | 35km:02:57:21 | 40km:03:22:50									
964	6847	**BUJNAK Marek**	SVIDNIK		SVK	1982	M40	347	03:35:21	03:33:47	900
		5km:00:24:46 | 10km:00:49:30 | 15km: 01:14:11 | 20km:01:38:41 | 21km:01:43:54 | 25km:02:02:40 | 30km:02:27:14 | 35km:02:53:40 | 40km:03:22:01									
965	3290	**HAŁYS Bartłomiej**	ZAGÓRZE	Kańczucka Grupa Biegowa	POL	1991	M30	341	03:35:00	03:33:48	901
		5km:00:23:57 | 10km:00:48:15 | 15km: 01:12:47 | 20km:01:37:06 | 21km:01:42:16 | 25km:02:01:12 | 30km:02:26:32 | 35km:02:53:19 | 40km:03:21:59									
966	3274	**SZCZOTKA Paweł**	WARSZAWA	NORDEA	POL	1972	M50	89	03:34:50	03:33:52	902
		5km:00:24:37 | 10km:00:49:07 | 15km: 01:13:24 | 20km:01:37:49 | 21km:01:43:12 | 25km:02:02:19 | 30km:02:27:09 | 35km:02:52:30 | 40km:03:21:01									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:10 | 10km:00:50:28 | 15km: 01:15:41 | 20km:01:40:45 | 21km:01:46:25 | 25km:02:05:51 | 30km:02:31:21 | 35km:02:56:34 | 40km:03:22:30									
967	4359	**PIETREK Daniel**	KOSOROWICE	Uniwersytet Opolski	POL	1976	M40	348	03:35:18	03:33:52	902
		5km:00:24:47 | 10km:00:49:26 | 15km: 01:13:59 | 20km:01:38:25 | 21km:01:43:45 | 25km:02:02:51 | 30km:02:27:31 | 35km:02:52:39 | 40km:03:21:04									
968	8248	**BŁOTNICKI Michał**	WARSZAWA	Accenture Runners Club Poland	POL	1983	M40	348	03:34:54	03:33:52	902
		5km:00:24:11 | 10km:00:48:28 | 15km: 01:13:24 | 20km:01:37:34 | 21km:01:42:52 | 25km:02:01:53 | 30km:02:26:34 | 35km:02:51:29 | 40km:03:20:26									
969	3822	**ZAWADZKI Grzegorz**	GLOGOW MALOPOLSKI	BorgWarner Running Team	POL	1983	M40	350	03:34:50	03:33:53	905
		5km:00:24:44 | 10km:00:49:24 | 15km: 01:13:59 | 20km:01:38:26 | 21km:01:43:47 | 25km:02:02:56 | 30km:02:27:31 | 35km:02:54:38 | 40km:03:23:02									
970	3967	**FAFIŃSKI Michał**	LUBAWA	Biegam U KOLESI	POL	1979	M40	351	03:35:00	03:33:55	906
		5km:00:25:34 | 10km:00:51:14 | 15km: 01:16:28 | 20km:01:41:34 | 21km:01:47:03 | 25km:02:06:40 | 30km:02:31:41 | 35km:02:56:28 | 40km:03:22:40									
971	2977	**JANKOWSKI Mateusz**	WARSZAWA		POL	2000	M20	117	03:35:22	03:33:58	907
		5km:00:25:10 | 10km:00:50:01 | 15km: 01:15:08 | 20km:01:40:16 | 21km:01:45:49 | 25km:02:05:49 | 30km:02:31:23 | 35km:02:57:03 | 40km:03:23:04									
972	2075	**DRANKOWSKI Tomasz**	WARSZAWA		POL	1989	M30	342	03:37:47	03:33:59	908
		5km:00:24:40 | 10km:00:49:18 | 15km: 01:13:51 | 20km:01:38:19 | 21km:01:43:39 | 25km:02:02:43 | 30km:02:27:22 | 35km:02:52:23 | 40km:03:20:01									
973	14011	**GAWRON Adrian**	SOCHACZEW		POL	1998	M20	118	03:35:14	03:34:00	909
		5km:00:24:28 | 10km:00:49:18 | 15km: 01:13:30 | 20km:01:38:11 | 21km:01:43:35 | 25km:02:03:06 | 30km:02:28:25 | 35km:02:53:55 | 40km:03:21:28									
974	2224	**IRACKI Damian**	WARSZAWA		POL	1994	M20	118	03:39:40	03:34:00	909
		5km:00:24:49 | 10km:00:49:20 | 15km: 01:13:09 | 20km:01:36:46 | 21km:01:41:49 | 25km:02:00:06 | 30km:02:23:46 | 35km:02:51:04 | 40km:03:22:27									
975	3072	**KONOREV Andrej**	VILNIUS	Lithuanian Blind Sports Federation	LTU	1993	M30	343	03:34:12	03:34:01	911
		5km:00:22:24 | 10km:00:44:59 | 15km: 01:07:45 | 20km:01:30:06 | 21km:01:35:01 | 25km:01:53:01 | 30km:02:18:47 | 35km:02:47:31 | 40km:03:19:23									
976	6488	**ZHENG Haishan**	TARCZYN		POL	1980	M40	352	03:34:26	03:34:07	912
		5km:00:24:46 | 10km:00:49:26 | 15km: 01:14:50 | 20km:01:39:08 | 21km:01:44:30 | 25km:02:04:05 | 30km:02:30:21 | 35km:02:55:43 | 40km:03:22:18									
977	6641	**KALTENBERG Janusz**	JAROSŁAW		POL	1968	M50	90	03:35:40	03:34:07	912
		5km:00:24:16 | 10km:00:47:59 | 15km: 01:11:18 | 20km:01:34:26 | 21km:01:39:22 | 25km:01:58:06 | 30km:02:23:00 | 35km:02:48:42 | 40km:03:20:47									
978	10287	**JAGIEŁŁO Konrad**	MILEJÓW		POL	1980	M40	353	03:35:55	03:34:10	914
		5km:00:24:55 | 10km:00:49:29 | 15km: 01:14:15 | 20km:01:41:00 | 21km:01:46:05 | 25km:02:04:29 | 30km:02:28:18 | 35km:02:52:49 | 40km:03:21:02									
979	2422	**STRAKOSZ Marcin**	NOWY SĄCZ		POL	1981	M40	354	03:35:44	03:34:17	915
		5km:00:25:07 | 10km:00:50:35 | 15km: 01:15:47 | 20km:01:40:45 | 21km:01:46:11 | 25km:02:05:50 | 30km:02:31:25 | 35km:02:56:49 | 40km:03:23:16									
980	5063	**PIZARRO Francisco**	SANTIAGO		CHI	1982	M40	355	03:43:03	03:34:20	916
		5km:00:25:45 | 10km:00:51:08 | 15km: 01:15:38 | 20km:01:39:48 | 21km:01:45:00 | 25km:02:04:12 | 30km:02:29:42 | 35km:02:55:02 | 40km:03:23:02									
981	7469	**KUĆMIERCZYK Tomasz**	WILCZA	Zatyrani Gratisownia.pl Gmina Pilchowice	POL	1990	M30	344	03:36:05	03:34:21	917
		5km:00:25:58 | 10km:00:51:51 | 15km: 01:17:36 | 20km:01:42:54 | 21km:01:48:23 | 25km:02:07:52 | 30km:02:33:14 | 35km:02:58:07 | 40km:03:23:38									
982	4209	**KRZYWICKI Adam**	WARSZAWA	BWRUNNERS	POL	1985	M30	345	03:36:20	03:34:24	918
		5km:00:26:11 | 10km:00:52:39 | 15km: 01:18:08 | 20km:01:43:01 | 21km:01:48:22 | 25km:02:08:14 | 30km:02:33:00 | 35km:02:57:51 | 40km:03:23:17									
983	7879	**PAWELEC Filip**	WARSZAWA		POL	1981	M40	356	03:37:43	03:34:25	919
		5km:00:26:27 | 10km:00:52:29 | 15km: 01:17:50 | 20km:01:42:57 | 21km:01:48:21 | 25km:02:07:32 | 30km:02:31:56 | 35km:02:57:15 | 40km:03:23:02									
984	7855	**VAN LAVIEREN Oscar**	WARSZAWA		NED	1983	M40	357	03:36:57	03:34:27	920
		5km:00:25:03 | 10km:00:49:52 | 15km: 01:14:33 | 20km:01:39:21 | 21km:01:44:32 | 25km:02:04:03 | 30km:02:29:14 | 35km:02:54:44 | 40km:03:22:32									
985	10267	**JASIŃSKI Leszek**	SADÓW	Lucky Losers	POL	1976	M40	358	03:35:46	03:34:28	921
		5km:00:24:22 | 10km:00:49:14 | 15km: 01:13:59 | 20km:01:38:44 | 21km:01:44:02 | 25km:02:03:24 | 30km:02:28:51 | 35km:02:54:46 | 40km:03:22:54									
986	3836	**OSIŃSKA Agnieszka**	GŁOGÓW	Kghm Zg Run	POL	1980	K40	25	03:35:11	03:34:28	65
		5km:00:25:04 | 10km:00:50:33 | 15km: 01:16:44 | 20km:01:42:30 | 21km:01:48:03 | 25km:02:08:18 | 30km:02:34:03 | 35km:02:59:14 | 40km:03:24:07									
987	8032	**ZYGOŃ Krzysztof**	WARSZAWA		POL	1989	M30	346	03:36:40	03:34:29	922
		5km:00:25:25 | 10km:00:51:05 | 15km: 01:16:44 | 20km:01:42:23 | 21km:01:48:00 | 25km:02:08:14 | 30km:02:33:44 | 35km:02:58:32 | 40km:03:23:40									
988	7852	**TOMASZEWSKA Agata**	GDAŃSK		POL	1993	K30	30	03:35:22	03:34:30	66
		5km:00:25:57 | 10km:00:51:55 | 15km: 01:17:39 | 20km:01:43:10 | 21km:01:48:39 | 25km:02:08:24 | 30km:02:33:36 | 35km:02:58:26 | 40km:03:23:36									
989	2741	**ŁOPATA Piotr**	KOSTRZYN NAD ODRĄ	Telemond-holding	POL	1984	M30	347	03:36:27	03:34:31	923
		5km:00:23:33 | 10km:00:47:45 | 15km: 01:12:18 | 20km:01:37:00 | 21km:01:42:25 | 25km:02:02:04 | 30km:02:28:25 | 35km:02:54:48 | 40km:03:22:49									
990	6283	**BERZINS Maris**	RIGA	Virsotne/MARMOT	LAT	1980	M40	359	03:35:04	03:34:32	924
		5km:00:24:42 | 10km:00:49:20 | 15km: 01:13:50 | 20km:01:38:13 | 21km:01:43:32 | 25km:02:02:49 | 30km:02:27:53 | 35km:02:53:54 | 40km:03:22:32									
991	3892	**MAJER Bogusława**	WARSZAWA	Vege runners	POL	1983	K40	26	03:35:41	03:34:35	67
		5km:00:25:10 | 10km:00:49:49 | 15km: 01:14:33 | 20km:01:39:17 | 21km:01:44:26 | 25km:02:03:15 | 30km:02:28:12 | 35km:02:53:53 | 40km:03:22:38									
992	13036	**KRYNICKI Wojciech**	WARSZAWA	Live Well at Citi	POL	1978	M40	360	03:35:47	03:34:37	925
		5km:00:24:48 | 10km:00:49:30 | 15km: 01:14:05 | 20km:01:38:31 | 21km:01:43:52 | 25km:02:02:57 | 30km:02:27:34 | 35km:02:53:27 | 40km:03:22:35									
993	5245	**WIŚNIEWSKI Piotr**	WARSZAWA		POL	1996	M20	120	03:37:38	03:34:37	925
		5km:00:25:54 | 10km:00:51:51 | 15km: 01:17:39 | 20km:01:44:46 | 21km:01:50:14 | 25km:02:10:16 | 30km:02:36:41 | 35km:03:02:31 | 40km:03:25:01									
994	10421	**PYDYNKOWSKI Łukasz**	DZIAŁDOWO		POL	2000	M20	121	03:36:34	03:34:41	927
		5km:00:31:35 | 10km:01:04:11 | 15km: 01:43:04 | 20km: | 21km: | 25km: | 30km: | 35km: | 40km:03:17:41									
995	4222	**CIÓŁKOWSKI Albert**	WARSZAWA		POL	1996	M20	121	03:43:01	03:34:41	927
		5km:00:25:35 | 10km:00:51:12 | 15km: 01:16:50 | 20km:01:42:15 | 21km:01:47:35 | 25km:02:07:15 | 30km:02:32:40 | 35km:02:57:37 | 40km:03:23:47									
996	14502	**WÓJCIK Dorota**	OŚWIĘCIM		POL	1981	K40	27	03:36:28	03:34:55	68
		5km:00:27:13 | 10km:00:52:58 | 15km: 01:18:29 | 20km:01:44:03 | 21km:01:49:44 | 25km:02:09:54 | 30km:02:35:21 | 35km:03:00:25 | 40km:03:24:55									
997	3731	**KACZMARCZYK Łukasz**	KRAKÓW		POL	1991	M30	348	03:36:48	03:34:56	929
		5km:00:24:48 | 10km:00:49:30 | 15km: 01:14:05 | 20km:01:38:31 | 21km:01:43:52 | 25km:02:02:57 | 30km:02:27:34 | 35km:02:53:27 | 40km:03:22:35									
998	7210	**PIOTROWICZ Tomasz**	KURZĘTNIK	Kurzetnik biega	POL	1976	M40	361	03:35:55	03:34:56	929
		5km:00:24:40 | 10km:00:49:20 | 15km: 01:14:04 | 20km:01:38:26 | 21km:01:43:48 | 25km:02:02:59 | 30km:02:27:46 | 35km:02:52:47 | 40km:03:22:43									
999	2681	**PIWOWARSKA Agnieszka**	SŁOMNIKI		POL	1993	K30	31	03:36:24	03:34:57	69
		5km:00:25:21 | 10km:00:51:17 | 15km: 01:16:05 | 20km:01:40:46 | 21km:01:46:08 | 25km:02:05:22 | 30km:02:30:47 | 35km:02:56:01 | 40km:03:22:51									
1000	5313	**CHRZANOWSKI Łukasz**	WARSZAWA		POL	1989	M30	349	03:38:56	03:35:02	931
		5km:00:26:32 | 10km:00:53:01 | 15km: 01:19:01 | 20km:01:44:02 | 21km:01:49:29 | 25km:02:08:26 | 30km:02:31:55 | 35km:02:56:07 | 40km:03:23:03									
1001	4421	**PARZYCH Sławomir**	GAUDYNKI		POL	1990	M30	350	03:37:32	03:35:03	932
		5km:00:23:53 | 10km:00:47:50 | 15km: 01:12:19 | 20km:01:36:36 | 21km:01:42:07 | 25km:02:05:04 | 30km:02:30:54 | 35km:02:56:22 | 40km:03:24:22									
1002	10516	**TWORKOWSKI Kamil**	OŁAWA		POL	1999	M20	123	03:40:30	03:35:07	933
		5km:00:25:58 | 10km:00:51:27 | 15km: 01:16:27 | 20km:01:40:49 | 21km:01:46:12 | 25km:02:05:42 | 30km:02:30:31 | 35km:02:55:30 | 40km:03:22:37									
1003	10510	**KRAWIEC Robert**	WARSZAWA		POL	1990	M30	351	03:37:31	03:35:09	934
		5km:00:24:14 | 10km:00:48:35 | 15km: 01:12:56 | 20km:01:37:31 | 21km:01:42:40 | 25km:02:01:50 | 30km:02:27:36 | 35km:02:55:18 | 40km:03:23:11									
1004	2361	**PODDUBNY Tomasz**	STARE BABICE		POL	1979	M40	362	03:36:17	03:35:09	934
		5km:00:24:57 | 10km:00:49:35 | 15km: 01:14:17 | 20km:01:38:51 | 21km:01:44:08 | 25km:02:03:25 | 30km:02:28:26 | 35km:02:54:04 | 40km:03:22:28									
1005	10230	**SPYRKA Rafał**	SIEDLEC		POL	1978	M40	363	03:36:38	03:35:10	936
		5km:00:25:07 | 10km:00:50:06 | 15km: 01:14:58 | 20km:01:39:42 | 21km:01:45:09 | 25km:02:04:44 | 30km:02:30:00 | 35km:02:55:49 | 40km:03:23:34									
1006	6107	**VAITK?NIEN? Ieva**	DRUSKININKAI	Million Steps	LTU	1988	K30	32	03:36:59	03:35:12	70
		5km:00:25:39 | 10km:00:50:53 | 15km: 01:15:16 | 20km:01:39:26 | 21km:01:44:42 | 25km:02:03:26 | 30km:02:27:33 | 35km:02:52:57 | 40km:03:21:59									
1007	3478	**SZYKULSKI Tomasz**	WARSZAWA		POL	1994	M20	124	03:36:56	03:35:14	937
		5km:00:22:52 | 10km:00:45:55 | 15km: 01:08:51 | 20km:01:32:17 | 21km:01:37:33 | 25km:01:57:24 | 30km:02:24:34 | 35km:02:52:23 | 40km:03:22:44									
1008	7716	**PANUS Peter**	NETTETAL		GER	1974	M40	364	03:36:02	03:35:16	938
		5km:00:23:09 | 10km:00:46:43 | 15km: 01:10:38 | 20km:01:35:14 | 21km:01:40:37 | 25km:02:00:33 | 30km:02:26:57 | 35km:02:54:16 | 40km:03:22:59									
1009	7136	**TERESZKIEWICZ Joanna**	WARSZAWA	Syrenka Warszawa	POL	1987	K30	33	03:36:53	03:35:17	71
		5km:00:26:59 | 10km:00:52:53 | 15km: 01:18:25 | 20km:01:43:10 | 21km:01:48:29 | 25km:02:07:45 | 30km:02:32:12 | 35km:02:56:42 | 40km:03:23:31									
1010	16503	**SŁONINA Mariusz**	WARSZAWA	Ready for Space	POL	1984	M30	352	03:38:11	03:35:23	939
		5km:00:26:04 | 10km:00:51:59 | 15km: 01:17:29 | 20km:01:43:22 | 21km:01:48:58 | 25km:02:09:02 | 30km:02:34:16 | 35km:02:59:05 | 40km:03:24:30									
1011	8227	**FARNSWORTH Eve**	BIRSTOL		GBR	1996	M20	125	03:37:43	03:35:24	940
		5km:00:24:36 | 10km:00:49:13 | 15km: 01:13:50 | 20km:01:38:23 | 21km:01:43:42 | 25km:02:03:04 | 30km:02:28:35 | 35km:02:54:10 | 40km:03:23:10									
1012	2913	**VIENIUS Audrius**	VILNIUS		LTU	1994	M20	126	03:36:46	03:35:31	941

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:51 | 10km:00:49:45 | 15km:01:14:36 | 20km:01:39:18 | 21km:01:44:37 | 25km:02:04:11 | 30km:02:29:42 | 35km:02:55:47 | 40km:03:23:04									
1013	7871	**PAPROCKI Marcin**	KRAKÓW	AZS AWF Kraków Masters	POL	1976	M40	365	03:36:39	03:35:31	941
		5km:00:24:34 | 10km:00:49:16 | 15km:01:13:52 | 20km:01:38:25 | 21km:01:43:40 | 25km:02:03:00 | 30km:02:29:04 | 35km:02:56:37 | 40km:03:24:25									
1014	5111	**ALBIŃSKI Tomasz**	WARSZAWA	Running Frogs	POL	1978	M40	366	03:36:50	03:35:34	943
		5km:00:22:28 | 10km:00:45:48 | 15km:01:10:03 | 20km:01:34:53 | 21km:01:40:15 | 25km:01:59:52 | 30km:02:25:51 | 35km:02:52:34 | 40km:03:22:16									
1015	8029	**GWIZDAŁA Tomasz**	WARSZAWA		POL	1983	M40	366	03:36:10	03:35:34	943
		5km:00:24:30 | 10km:00:49:27 | 15km:01:15:08 | 20km:01:40:55 | 21km:01:46:27 | 25km:02:06:58 | 30km:02:33:28 | 35km:02:59:08 | 40km:03:24:48									
1016	5018	**JAKUĆ Dariusz**	WARSZAWA		POL	1981	M40	368	03:36:57	03:35:35	945
		5km:00:26:10 | 10km:00:51:37 | 15km:01:17:21 | 20km:01:43:05 | 21km:01:48:43 | 25km:02:08:42 | 30km:02:34:13 | 35km:02:59:12 | 40km:03:24:31									
1017	6988	**LASOŃ-NIEJADLIK Anna**	KRAKÓW		POL	1988	K30	34	03:37:43	03:35:35	72
		5km:00:24:48 | 10km:00:49:10 | 15km:01:13:39 | 20km:01:37:58 | 21km:01:43:05 | 25km:02:02:01 | 30km:02:26:49 | 35km:02:53:05 | 40km:03:22:56									
1018	7102	**ZOŃ Wojciech**	WOJNICZ		POL	1981	M40	368	03:37:03	03:35:35	945
		5km:00:22:02 | 10km:00:43:56 | 15km:01:06:04 | 20km:01:28:17 | 21km:01:33:04 | 25km:01:50:35 | 30km:02:15:50 | 35km:02:46:03 | 40km:03:22:16									
1019	10719	**PRYZHANKOU Siarhei**	WARSZAWA		POL	1986	M30	353	03:36:58	03:35:38	947
		5km:00:26:13 | 10km:00:52:08 | 15km:01:17:48 | 20km:01:43:10 | 21km:01:48:38 | 25km:02:08:17 | 30km:02:33:49 | 35km:02:58:54 | 40km:03:24:45									
1020	3130	**BAK Marcin**	TUMLIN WYKIEŃ	B&Ś family Runners	POL	1978	M40	370	03:38:03	03:35:39	948
		5km:00:26:13 | 10km:00:52:07 | 15km:01:17:48 | 20km:01:43:13 | 21km:01:48:38 | 25km:02:08:17 | 30km:02:33:49 | 35km:02:58:55 | 40km:03:24:45									
1021	3115	**BĄK Dawid**	TUMLIN WYKIEN	B&Ś family RUNNERS	POL	2002	M20	127	03:38:04	03:35:40	949
		5km:00:24:26 | 10km:00:48:58 | 15km:01:13:07 | 20km:01:37:39 | 21km:01:43:02 | 25km:02:03:10 | 30km:02:29:54 | 35km:02:56:38 | 40km:03:24:09									
1022	10538	**SKONIECZKA Kamil**	RUDA ŚLĄSKA		POL	1992	M30	354	03:39:59	03:35:41	950
		5km:00:24:33 | 10km:00:49:19 | 15km:01:13:50 | 20km:01:38:27 | 21km:01:43:52 | 25km:02:03:00 | 30km:02:27:53 | 35km:02:54:17 | 40km:03:23:21									
1023	4033	**ZĘBIK Tomasz**	CIESZYN		POL	1981	M40	371	03:37:08	03:35:43	951
		5km:00:24:18 | 10km:00:49:02 | 15km:01:13:37 | 20km:01:38:00 | 21km:01:43:18 | 25km:02:02:39 | 30km:02:27:30 | 35km:02:52:31 | 40km:03:23:29									
1024	5267	**BALA Mariusz**	ELBLĄG		POL	1979	M40	371	03:36:40	03:35:43	951
		5km:00:24:01 | 10km:00:48:28 | 15km:01:13:40 | 20km:01:37:37 | 21km:01:42:51 | 25km:02:01:58 | 30km:02:26:22 | 35km:02:52:41 | 40km:03:23:06									
1025	6197	**PIKUL Michał**	KRAKÓW		POL	1981	M40	373	03:36:37	03:35:44	953
		5km:00:25:14 | 10km:00:50:38 | 15km:01:15:45 | 20km:01:41:08 | 21km:01:46:40 | 25km:02:06:36 | 30km:02:32:20 | 35km:02:58:01 | 40km:03:24:36									
1026	10764	**STRÓŻIŃSKI Mariusz**	ŁÓDŹ		POL	1972	M50	91	03:37:13	03:35:46	954
		5km:00:25:43 | 10km:00:51:50 | 15km:01:17:25 | 20km:01:43:03 | 21km:01:48:39 | 25km:02:08:44 | 30km:02:34:36 | 35km:03:00:16 | 40km:03:25:22									
1027	10771	**CHMIEL Piotr**	WĘGRÓW	PTT Delta	POL	1989	M30	355	03:37:17	03:35:47	955
		5km:00:24:54 | 10km:00:49:45 | 15km:01:14:48 | 20km:01:39:45 | 21km:01:45:00 | 25km:02:04:38 | 30km:02:30:23 | 35km:02:55:52 | 40km:03:24:31									
1028	7257	**MILCZAREK Ryszard**	OLSZTYN	Pszczółkowski Team	POL	1973	M50	92	03:37:13	03:35:49	956
		5km:00:26:08 | 10km:00:52:02 | 15km:01:17:56 | 20km:01:44:09 | 21km:01:49:43 | 25km:02:10:11 | 30km:02:36:43 | 35km:03:01:55 | 40km:03:25:41									
1029	6939	**BUCZYŃSKI Arkadiusz**	MIĘDZYGÓRZE		POL	1974	M40	374	03:37:39	03:35:50	957
		5km:00:26:31 | 10km:00:53:31 | 15km:01:19:09 | 20km:01:45:16 | 21km:01:50:56 | 25km:02:11:10 | 30km:02:36:42 | 35km:03:01:05 | 40km:03:25:45									
1030	3089	**WIĘZOWSKI Łukasz**	SOSNOWIEC		POL	1984	M30	356	03:38:22	03:35:52	958
		5km:00:23:17 | 10km:00:47:24 | 15km:01:11:26 | 20km:01:35:39 | 21km:01:40:56 | 25km:02:00:23 | 30km:02:25:45 | 35km:02:52:01 | 40km:03:22:14									
1031	4142	**GOSK Karol**	WARSZAWA		POL	1980	M40	375	03:37:33	03:35:52	958
		5km:00:26:21 | 10km:00:52:25 | 15km:01:18:42 | 20km:01:44:21 | 21km:01:49:52 | 25km:02:10:07 | 30km:02:35:27 | 35km:03:00:05 | 40km:03:25:21									
1032	10041	**JAGODZIŃSKI Marcin**	KIELCE		POL	1975	M40	376	03:38:01	03:35:53	960
		5km:00:24:49 | 10km:00:49:26 | 15km:01:14:12 | 20km:01:38:44 | 21km:01:43:55 | 25km:02:04:06 | 30km:02:29:19 | 35km:02:56:26 | 40km:03:24:12									
1033	10735	**LUSZTYN Marek**	WARSZAWA		POL	1977	M40	376	03:37:24	03:35:53	960
		5km:00:24:42 | 10km:00:49:23 | 15km:01:14:00 | 20km:01:38:29 | 21km:01:43:48 | 25km:02:03:00 | 30km:02:27:59 | 35km:02:53:36 | 40km:03:23:21									
1034	7074	**SANKALA Wiesław**	PSZÓW		POL	1978	M40	376	03:36:58	03:35:53	960
		5km:00:24:47 | 10km:00:49:19 | 15km:01:13:55 | 20km:01:38:44 | 21km:01:44:21 | 25km:02:04:04 | 30km:02:30:13 | 35km:02:56:56 | 40km:03:24:28									
1035	7525	**PIANA Nicolo**	STUTTGART		ITA	1980	M40	379	03:37:26	03:35:58	963
		5km:00:27:30 | 10km:00:53:05 | 15km:01:19:02 | 20km:01:45:17 | 21km:01:50:39 | 25km:02:10:03 | 30km:02:37:32 | 35km:03:02:51 | 40km:03:26:18									
1036	3756	**ZIUBIŃSKI Damian**	WARSZAWA		POL	2000	M20	128	03:44:25	03:36:00	964
		5km:00:25:01 | 10km:00:49:44 | 15km:01:14:36 | 20km:01:39:11 | 21km:01:44:29 | 25km:02:04:10 | 30km:02:29:43 | 35km:02:55:56 | 40km:03:23:57									
1037	10751	**BEDNARZ Rafał**	KRAKÓW		POL	1991	M30	357	03:37:30	03:36:01	965
		5km:00:24:42 | 10km:00:49:34 | 15km:01:14:02 | 20km:01:38:26 | 21km:01:43:43 | 25km:02:02:46 | 30km:02:27:34 | 35km:02:54:21 | 40km:03:23:49									
1038	4291	**JAROSZ Marcin**	FALENTY	Nationale-Nederlanden Running Team	POL	1982	M40	380	03:37:15	03:36:04	966
		5km:00:24:34 | 10km:00:49:18 | 15km:01:14:28 | 20km:01:38:59 | 21km:01:44:18 | 25km:02:03:33 | 30km:02:28:18 | 35km:02:55:12 | 40km:03:23:44									
1039	6064	**GÓRCZYŃSKI Michał**	WARSZAWA	KSStaszewscy	POL	1977	M40	381	03:37:30	03:36:06	967
		5km:00:25:15 | 10km:00:50:57 | 15km:01:16:07 | 20km:01:41:38 | 21km:01:47:00 | 25km:02:06:33 | 30km:02:31:25 | 35km:02:57:27 | 40km:03:24:31									
1040	7555	**MAGDA Łukasz**	GUZÓW		POL	1984	M30	358	03:37:16	03:36:07	968
		5km:00:25:22 | 10km:00:49:50 | 15km:01:14:26 | 20km:01:39:43 | 21km:01:44:56 | 25km:02:04:00 | 30km:02:28:54 | 35km:02:54:32 | 40km:03:23:19									
1041	3395	**KAŁUSZYŃSKI Paweł**	RADZYŃ PODLASKI	Orange Polska	POL	1979	M40	382	03:37:33	03:36:08	969
		5km:00:22:36 | 10km:00:45:23 | 15km:01:08:21 | 20km:01:31:25 | 21km:01:36:44 | 25km:01:55:12 | 30km:02:19:39 | 35km:02:47:09 | 40km:03:18:57									
1042	5200	**HEMON Marek**	KONSTANCIN-JEZIORNA		POL	1981	M40	383	03:36:59	03:36:11	970
		5km:00:27:09 | 10km:00:53:46 | 15km:01:19:05 | 20km:01:45:14 | 21km:01:51:00 | 25km:02:10:35 | 30km:02:35:37 | 35km:03:00:21 | 40km:03:25:22									
1043	10009	**MAKOWSKI Sebastian**	CZĘSTOCHOWA	Klub Biegacza RTV EURO AGD	POL	1994	M20	129	03:39:26	03:36:13	971
		5km:00:24:54 | 10km:00:49:30 | 15km:01:14:18 | 20km:01:38:46 | 21km:01:43:59 | 25km:02:03:20 | 30km:02:28:27 | 35km:02:55:14 | 40km:03:23:27									
1044	8251	**TARNOWSKI Maciej**	WARSZAWA		POL	1983	M40	384	03:37:40	03:36:13	971
		5km:00:25:28 | 10km:00:51:15 | 15km:01:16:48 | 20km:01:42:28 | 21km:01:48:01 | 25km:02:08:03 | 30km:02:33:39 | 35km:02:59:19 | 40km:03:25:01									
1045	10167	**WALICKI Wojciech**	LUBLIN		POL	1970	M50	93	03:37:51	03:36:17	973
		5km:00:26:05 | 10km:00:51:41 | 15km:01:16:34 | 20km:01:41:41 | 21km:01:47:10 | 25km:02:06:40 | 30km:02:31:53 | 35km:02:57:05 | 40km:03:24:15									
1046	6997	**RĘPALSKA Agata**	KROŚCIENKO WYŻNE		POL	1986	K30	35	03:37:50	03:36:17	73
		5km:00:24:24 | 10km:00:48:47 | 15km:01:11:57 | 20km:01:35:44 | 21km:01:41:01 | 25km:02:00:18 | 30km:02:25:43 | 35km:02:52:37 | 40km:03:22:33									
1047	7394	**PALIY Andrei**	SZCZYTNO	Amatar		1984	M30	359	03:39:17	03:36:18	974
		5km:00:25:14 | 10km:00:50:30 | 15km:01:15:20 | 20km:01:40:04 | 21km:01:45:33 | 25km:02:04:58 | 30km:02:29:58 | 35km:02:55:25 | 40km:03:23:42									
1048	4406	**WASIELEWSKI Marek**	WARSZAWA		POL	1988	M30	360	03:44:59	03:36:20	975
		5km:00:25:03 | 10km:00:49:45 | 15km:01:14:34 | 20km:01:39:05 | 21km:01:44:19 | 25km:02:03:21 | 30km:02:28:19 | 35km:02:54:19 | 40km:03:24:40									
1049	2085	**KOZŁOWSKI Bartłomiej**	RZESZÓW		POL	1994	M20	130	03:37:40	03:36:26	976
		5km:00:22:03 | 10km:00:44:57 | 15km:01:07:57 | 20km:01:31:34 | 21km:01:36:48 | 25km:01:56:14 | 30km:02:22:22 | 35km:02:49:37 | 40km:03:23:06									
1050	2969	**BODZIACHOWSKI Marcin**	WARSZAWA	JacekBiega Running Team / Eracent Running Team	POL	1981	M40	385	03:36:45	03:36:29	977
		5km:00:25:31 | 10km:00:51:12 | 15km:01:16:50 | 20km:01:42:28 | 21km:01:48:00 | 25km:02:07:47 | 30km:02:33:05 | 35km:02:58:32 | 40km:03:25:24									
1051	6845	**KUPTEL Robert**	BIELSK PODLASKI	Komisja Nadzoru Finansowego	POL	1975	M40	386	03:38:55	03:36:30	978
		5km:00:24:21 | 10km:00:48:55 | 15km:01:13:12 | 20km:01:37:33 | 21km:01:42:47 | 25km:02:01:49 | 30km:02:26:29 | 35km:02:51:37 | 40km:03:22:35									
1052	3753	**BALCERZYK Łukasz**	KALISZ		POL	1994	M20	131	03:37:24	03:36:32	979
		5km:00:24:40 | 10km:00:49:21 | 15km:01:13:32 | 20km:01:38:00 | 21km:01:43:22 | 25km:02:02:47 | 30km:02:28:14 | 35km:02:55:35 | 40km:03:24:41									
1053	7147	**GRZYWACZ Tomasz**	WARSZAWA	Bieganie Pod Sokolim Okiem	POL	1981	M40	387	03:37:43	03:36:32	979
		5km:00:24:59 | 10km:00:49:40 | 15km:01:14:13 | 20km:01:38:40 | 21km:01:44:02 | 25km:02:03:15 | 30km:02:28:15 | 35km:02:54:21 | 40km:03:23:29									
1054	10177	**STAROŃ Zdzisław**	RAWA MAZOWIECKA		POL	1975	M40	388	03:37:26	03:36:33	981
		5km:00:25:24 | 10km:00:50:14 | 15km:01:14:55 | 20km:01:39:25 | 21km:01:44:39 | 25km:02:03:38 | 30km:02:28:21 | 35km:02:53:36 | 40km:03:24:03									
1055	7016	**PSZCZÓŁKOWSKI Artur**	WARSZAWA		POL	1974	M40	389	03:37:27	03:36:36	982
		5km:00:24:27 | 10km:00:48:58 | 15km:01:13:30 | 20km:01:37:56 | 21km:01:43:11 | 25km:02:02:13 | 30km:02:26:40 | 35km:02:52:30 | 40km:03:23:47									
1056	6266	**MACIEJCZYK Mateusz**	POLANÓW		POL	1990	M30	361	03:37:25	03:36:37	983
		5km:00:23:06 | 10km:00:46:11 | 15km:01:08:47 | 20km:01:31:37 | 21km:01:36:37 | 25km:01:56:36 | 30km:02:23:14 | 35km:02:51:27 | 40km:03:23:02									
1057	5204	**MYSKO Taras**	RIVNE		UKR	1991	M30	362	03:37:27	03:36:38	984
		5km:00:26:05 | 10km:00:52:22 | 15km:01:18:00 | 20km:01:43:27 | 21km:01:48:52 | 25km:02:08:50 | 30km:02:34:15 | 35km:02:59:51 | 40km:03:25:49									
1058	2583	**WĘGRZYNOWICZ Jakub**	LUBIN		POL	1996	M20	132	03:39:02	03:36:40	985

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:53| 10km:00:48:49| 15km: 01:12:49 | 20km:01:36:56 | 21km:01:42:14 | 25km:02:01:47 | 30km:02:27:38 | 35km:02:53:55 | 40km:03:23:36									
1059	2443	**COLEMAN Matthew**	KAISERSLAUTERN		USA	1992	M30	363	03:41:00	03:36:51	986
		5km:00:24:25| 10km:00:49:19| 15km: 01:14:33 | 20km:01:40:25 | 21km:01:46:01 | 25km:02:07:25 | 30km:02:33:20 | 35km:02:59:14 | 40km:03:25:25									
1060	6356	**SPELINA Charles**	LONDON		GBR	1984	M30	364	03:42:11	03:36:55	987
		5km:00:26:14| 10km:00:52:21| 15km: 01:18:07 | 20km:01:43:46 | 21km:01:49:22 | 25km:02:09:13 | 30km:02:34:40 | 35km:03:00:05 | 40km:03:25:50									
1061	2183	**WĘGRZYN Justyna**	DOBRZYKOWICE		POL	1980	K40	28	03:40:28	03:36:57	74
		5km:00:23:12| 10km:00:46:36| 15km: 01:10:32 | 20km:01:34:09 | 21km:01:39:13 | 25km:01:57:42 | 30km:02:22:06 | 35km:02:52:57 | 40km:03:23:47									
1062	7042	**KASPERSKI Artur**	CHOCIANÓW	Zdyszaaani Chocianów	POL	1977	M40	390	03:37:34	03:36:57	988
		5km:00:24:18| 10km:00:48:56| 15km: 01:13:34 | 20km:01:38:09 | 21km:01:43:31 | 25km:02:02:53 | 30km:02:27:58 | 35km:02:53:42 | 40km:03:23:24									
1063	7264	**CEWIŃSKA Ida**	WARSZAWA	Trimasters Warszawa	POL	1994	K20	12	03:38:31	03:36:58	75
		5km:00:25:02| 10km:00:49:38| 15km: 01:14:24 | 20km:01:38:55 | 21km:01:44:13 | 25km:02:03:24 | 30km:02:28:57 | 35km:02:55:07 | 40km:03:24:33									
1064	7781	**WARNER Matthew**	BEDFORD		CAN	1998	M20	133	03:38:19	03:37:00	989
		5km:00:23:54| 10km:00:48:12| 15km: 01:12:58 | 20km:01:37:27 | 21km:01:42:43 | 25km:02:02:01 | 30km:02:27:32 | 35km:02:54:22 | 40km:03:24:08									
1065	7924	**BĄK Magdalena**	JÓZEFÓW		POL	1983	K40	29	03:38:07	03:37:01	76
		5km:00:25:40| 10km:00:51:46| 15km: 01:17:51 | 20km:01:43:51 | 21km:01:49:19 | 25km:02:09:15 | 30km:02:34:25 | 35km:03:00:00 | 40km:03:25:55									
1066	3408	**BOGUCKI Aleksander**	WARSZAWA		POL	1990	M30	365	03:41:23	03:37:02	990
		5km:00:24:43| 10km:00:49:16| 15km: 01:14:03 | 20km:01:38:43 | 21km:01:43:58 | 25km:02:03:59 | 30km:02:30:04 | 35km:02:57:20 | 40km:03:25:52									
1067	2027	**KWIATKOWSKI Tomasz**	WARSZAWA	Aktywna Warszawa	POL	1978	M40	391	03:38:48	03:37:06	991
		5km:00:23:54| 10km:00:48:21| 15km: 01:12:57 | 20km:01:37:05 | 21km:01:42:13 | 25km:02:01:12 | 30km:02:26:15 | 35km:02:53:11 | 40km:03:24:11									
1068	6417	**RAGAN Grzegorz**	JĘDRZEJÓW	GMP SERVICE TEAM	POL	1974	M40	391	03:38:03	03:37:06	991
		5km:00:23:35| 10km:00:47:06| 15km: 01:10:21 | 20km:01:33:31 | 21km:01:38:34 | 25km:01:56:51 | 30km:02:22:04 | 35km:02:50:02 | 40km:03:22:41									
1069	8122	**HUGE Francois**	WARSZAWA	CFE POLSKA	BEL	1980	M40	391	03:37:46	03:37:06	991
		5km:00:24:31| 10km:00:49:13| 15km: 01:13:51 | 20km:01:38:23 | 21km:01:43:37 | 25km:02:02:57 | 30km:02:28:57 | 35km:02:55:38 | 40km:03:24:24									
1070	3968	**DROŹDZIEL Mariusz**	WARSZAWA		POL	1981	M40	394	03:38:24	03:37:08	994
		5km:00:26:09| 10km:00:52:24| 15km: 01:18:20 | 20km:01:43:56 | 21km:01:49:15 | 25km:02:08:54 | 30km:02:33:38 | 35km:02:58:39 | 40km:03:25:39									
1071	5221	**KULAK Przemysław**	BEŁCHATÓW	No Pie No Sledgehammer Team	POL	1986	M30	366	03:40:17	03:37:09	995
		5km:00:25:53| 10km:00:51:05| 15km: 01:16:19 | 20km:01:41:57 | 21km:01:47:16 | 25km:02:06:54 | 30km:02:32:11 | 35km:02:57:37 | 40km:03:24:59									
1072	7784	**WIERCIOCH Bożena**	CYGANKA	Orange Polska	POL	1978	K40	30	03:39:03	03:37:10	77
		5km:00:25:31| 10km:00:51:21| 15km: 01:16:54 | 20km:01:42:32 | 21km:01:48:07 | 25km:02:08:07 | 30km:02:33:51 | 35km:02:59:36 | 40km:03:26:14									
1073	3281	**WIADERNY Łukasz**	WARSZAWA		POL	1990	M30	367	03:39:21	03:37:12	996
		5km:00:24:41| 10km:00:50:33| 15km: 01:15:52 | 20km:01:41:32 | 21km:01:47:01 | 25km:02:06:56 | 30km:02:32:20 | 35km:02:57:43 | 40km:03:24:59									
1074	6131	**SMERECZAŃSKI Nazar**	BIAŁYSTOK		POL	1991	M30	368	03:40:26	03:37:16	997
		5km:00:24:52| 10km:00:50:25| 15km: 01:15:58 | 20km:01:41:21 | 21km:01:46:49 | 25km:02:06:56 | 30km:02:32:55 | 35km:02:59:27 | 40km:03:26:14									
1075	3674	**GADOMSKA Anna**	WARSZAWA	PZU Sport Team	POL	1981	K40	31	03:39:19	03:37:17	78
		5km:00:24:04| 10km:00:48:24| 15km: 01:12:25 | 20km:01:36:32 | 21km:01:41:47 | 25km:02:01:34 | 30km:02:27:57 | 35km:02:56:32 | 40km:03:25:47									
1076	6891	**LADEGAARD Anders**	HOERSHOLM		DEN	1967	M50	94	03:38:43	03:37:20	998
		5km:00:25:29| 10km:00:50:47| 15km: 01:16:15 | 20km:01:41:57 | 21km:01:47:24 | 25km:02:07:31 | 30km:02:34:07 | 35km:02:59:41 | 40km:03:26:29									
1077	6877	**WAŁĘSA Natalia**	NOWY TOMYŚL		POL	1989	K30	36	03:38:49	03:37:21	79
		5km:00:25:04| 10km:00:49:59| 15km: 01:15:02 | 20km:01:40:26 | 21km:01:45:51 | 25km:02:05:58 | 30km:02:31:46 | 35km:02:57:58 | 40km:03:25:32									
1078	10406	**RAZIK Tadeusz**	RAWICZ		POL	1952	M70	1	03:38:48	03:37:23	999
		5km:00:25:11| 10km:00:50:04| 15km: 01:14:42 | 20km:01:39:30 | 21km:01:44:55 | 25km:02:04:12 | 30km:02:29:10 | 35km:02:55:24 | 40km:03:24:46									
1079	7926	**KURMANOV Yevhenii**	WARSZAWA	U-tri	UKR	1992	M30	369	03:42:29	03:37:24	1000
		5km:00:24:05| 10km:00:48:31| 15km: 01:13:12 | 20km:01:37:35 | 21km:01:42:50 | 25km:02:01:54 | 30km:02:27:04 | 35km:02:54:00 | 40km:03:24:43									
1080	10241	**KASZA Jan**	CHROBERZ	Strzelec Chroberz 10ŚBOT	POL	1978	M40	395	03:38:17	03:37:30	1001
		5km:00:25:52| 10km:00:51:32| 15km: 01:17:04 | 20km:01:42:28 | 21km:01:47:57 | 25km:02:07:42 | 30km:02:33:04 | 35km:02:58:31 | 40km:03:25:19									
1081	2489	**ATKINSON Katherine**	HOVE		GBR	1991	K30	37	03:39:10	03:37:30	80
		5km:00:26:23| 10km:00:52:44| 15km: 01:18:12 | 20km:01:43:31 | 21km:01:48:58 | 25km:02:09:12 | 30km:02:35:01 | 35km:03:00:33 | 40km:03:26:23									
1082	3480	**HACZYK Piotr**	ŻARKI LETNISKO		POL	1967	M50	95	03:40:19	03:37:31	1002
		5km:00:26:08| 10km:00:51:54| 15km: 01:17:39 | 20km:01:43:31 | 21km:01:49:08 | 25km:02:09:00 | 30km:02:34:31 | 35km:02:59:58 | 40km:03:26:12									
1083	3063	**KRITIKOPOULOS Lazaros**	PEANIA	AMEINIAS O PALLINEUS	GRE	1967	M50	96	03:39:37	03:37:32	1003
		5km:00:25:20| 10km:00:50:13| 15km: 01:14:46 | 20km:01:39:18 | 21km:01:44:34 | 25km:02:03:47 | 30km:02:29:07 | 35km:02:54:58 | 40km:03:24:26									
1084	2631	**HÄRLIN Richard**	URSHULT		SWE	1979	M40	396	03:38:42	03:37:34	1004
		5km:00:26:07| 10km:00:51:29| 15km: 01:17:27 | 20km:01:43:08 | 21km:01:48:44 | 25km:02:08:44 | 30km:02:33:57 | 35km:02:59:17 | 40km:03:25:46									
1085	3574	**SOKOŁOWSKA Emilia**	SŁUPSK		POL	1993	K30	38	03:40:11	03:37:34	81
		5km:00:25:04| 10km:00:49:51| 15km: 01:15:02 | 20km:01:40:33 | 21km:01:46:24 | 25km:02:06:54 | 30km:02:33:18 | 35km:02:59:59 | 40km:03:26:50									
1086	3335	**RADWAŃSKI Krzysztof**	KOŁO	SP3 Koło	POL	1974	M40	397	03:38:48	03:37:38	1005
		5km:00:26:49| 10km:00:50:50| 15km: 01:16:22 | 20km:01:42:04 | 21km:01:47:40 | 25km:02:07:52 | 30km:02:33:44 | 35km:03:00:02 | 40km:03:26:49									
1087	6237	**WOJCIECHOWSKI Marek**	POZNAŃ		POL	1994	M20	134	03:39:56	03:37:38	1005
		5km:00:22:26| 10km:00:44:57| 15km: 01:07:40 | 20km:01:30:02 | 21km:01:34:52 | 25km:01:53:17 | 30km:02:21:38 | 35km:02:50:58 | 40km:03:24:27									
1088	6859	**KRZOSEK Michał**	LUBLIN		POL	1985	M30	370	03:38:01	03:37:38	1005
		5km:00:25:14| 10km:00:50:10| 15km: 01:15:05 | 20km:01:40:00 | 21km:01:45:26 | 25km:02:04:57 | 30km:02:30:11 | 35km:02:56:05 | 40km:03:25:46									
1089	3013	**SKOCKI Bartłomiej**	KURZĘTNIK		POL	1979	M40	398	03:38:41	03:37:40	1008
		5km:00:26:14| 10km:00:52:44| 15km: 01:18:48 | 20km:01:44:37 | 21km:01:50:12 | 25km:02:10:25 | 30km:02:36:04 | 35km:03:01:17 | 40km:03:26:28									
1090	6202	**SOSNA Kazimierz**	BIERUŃ		POL	1959	M60	10	03:40:31	03:37:44	1009
		5km:00:24:01| 10km:00:48:22| 15km: 01:12:59 | 20km:01:37:14 | 21km:01:42:27 | 25km:02:01:28 | 30km:02:27:23 | 35km:02:54:49 | 40km:03:25:31									
1091	7918	**JAGIEŁA Adam**	BYDGOSZCZ	TKKF Kolejarz Bydgoszcz	POL	1981	M40	399	03:38:44	03:37:45	1010
		5km:00:26:06| 10km:00:52:18| 15km: 01:17:07 | 20km:01:42:23 | 21km:01:47:41 | 25km:02:07:05 | 30km:02:32:07 | 35km:02:58:14 | 40km:03:26:06									
1092	13034	**KARP Szymon**	READING		POL	1991	M30	371	03:39:48	03:37:46	1011
		5km:00:25:03| 10km:00:49:46| 15km: 01:14:40 | 20km:01:39:28 | 21km:01:44:50 | 25km:02:04:20 | 30km:02:32:20 | 35km:02:59:07 | 40km:03:26:00									
1093	7540	**KŁOS Julian**	PŁOCK	PGB Sportowa Paczka	POL	1980	M40	400	03:39:05	03:37:46	1011
		5km:00:25:28| 10km:00:51:23| 15km: 01:17:19 | 20km:01:42:55 | 21km:01:48:23 | 25km:02:08:24 | 30km:02:34:14 | 35km:02:59:55 | 40km:03:26:36									
1094	15529	**KAJDAS Sylwia**	KOBYŁKA	Zabiegany Wołomin	POL	1974	K40	32	03:39:51	03:37:52	82
		5km:00:24:57| 10km:00:49:39| 15km: 01:14:13 | 20km:01:39:14 | 21km:01:44:31 | 25km:02:04:15 | 30km:02:30:34 | 35km:02:57:44 | 40km:03:25:57									
1095	2732	**WICIK Piotr**	BARCZĄCA		POL	1994	M20	135	03:39:23	03:37:53	1013
		5km:00:26:31| 10km:00:53:00| 15km: 01:19:01 | 20km:01:44:37 | 21km:01:50:02 | 25km:02:09:36 | 30km:02:35:11 | 35km:03:00:12 | 40km:03:26:44									
1096	4412	**URBAŃSKI Robert**	TOMASZÓW MAZOWIECKI	Wanda Panfil Team	POL	1969	M50	97	03:40:20	03:37:53	1013
		5km:00:25:35| 10km:00:51:21| 15km: 01:16:28 | 20km:01:41:41 | 21km:01:47:02 | 25km:02:06:57 | 30km:02:32:56 | 35km:02:59:17 | 40km:03:26:27									
1097	10131	**JAKUBOWSKA Jagoda**	GDAŃSK		POL	1987	K30	39	03:41:17	03:37:56	83
		5km:00:23:58| 10km:00:48:01| 15km: 01:12:11 | 20km:01:36:35 | 21km:01:41:50 | 25km:02:04:57 | 30km:02:30:41 | 35km:02:57:43 | 40km:03:25:50									
1098	13043	**PUKAS Bartłomiej**	SILICE		POL	1987	M30	372	03:39:38	03:37:57	1015
		5km:00:25:36| 10km:00:49:51| 15km: 01:14:25 | 20km:01:38:20 | 21km:01:43:36 | 25km:02:02:38 | 30km:02:27:28 | 35km:02:53:22 | 40km:03:24:09									
1099	2509	**PODLUTSKIY Yegor**	WARSZAWA			1985	M30	372	03:44:20	03:37:57	1015
		5km:00:23:46| 10km:00:48:14| 15km: 01:12:52 | 20km:01:37:05 | 21km:01:42:07 | 25km:02:00:51 | 30km:02:26:52 | 35km:02:53:45 | 40km:03:24:35									
1100	10059	**MAKUCHOWSKI Arkadiusz**	SZCZECIN		POL	1989	M30	374	03:39:05	03:38:00	1017
		5km:00:24:27| 10km:00:49:09| 15km: 01:13:42 | 20km:01:38:15 | 21km:01:43:30 | 25km:02:02:32 | 30km:02:27:12 | 35km:02:52:19 | 40km:03:24:18									
1101	6234	**SULIK Paweł**	WARSZAWA		POL	1971	M50	98	03:39:23	03:38:00	1017
		5km:00:26:29| 10km:00:52:41| 15km: 01:18:19 | 20km:01:44:07 | 21km:01:49:44 | 25km:02:09:59 | 30km:02:35:43 | 35km:03:01:04 | 40km:03:26:48									
1102	12505	**WIECZOREK Piotr**	KRAKÓW		POL	1989	M30	375	03:40:09	03:38:05	1019
		5km:00:26:31| 10km:00:52:43| 15km: 01:18:11 | 20km:01:43:44 | 21km:01:49:05 | 25km:02:08:43 | 30km:02:34:01 | 35km:02:59:20 | 40km:03:26:10									
1103	8247	**MAŚLAK Radomił**	KWIRYNÓW	Stare Babice Biegają	POL	1972	M50	99	03:40:29	03:38:05	1019
		5km:00:25:16| 10km:00:50:27| 15km: 01:15:39 | 20km:01:41:03 | 21km:01:46:38 | 25km:02:06:37 | 30km:02:32:23 | 35km:02:58:41 | 40km:03:26:40									
1104	2841	**SIADZKOU Anton**	MINSK	Nike Run Club		1991	M30	376	03:39:33	03:38:06	1021

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowoś: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
1105	6036	**GÓRNY Mirosław**	BIELSKO-BIALA		POL	1965	M50	100	03:39:31	03:38:06	1021
		5km:00:22:54| 10km:00:46:22| 15km: 01:09:51 | 20km:01:33:21 | 21km:01:38:24 | 25km:01:57:35 | 30km:02:23:51 | 35km:02:53:15 | 40km:03:24:53									
1106	4042	**MEJER Krzysztof**	RUDA ŚLĄSKA		POL	1969	M50	101	03:39:38	03:38:07	1023
		5km:00:25:20| 10km:00:49:48| 15km: 01:14:05 | 20km:01:38:19 | 21km:01:43:37 | 25km:02:03:08 | 30km:02:28:54 | 35km:02:55:56 | 40km:03:25:55									
1107	7622	**KRAWCZYK Aleksandra**	WARSZAWA	Coco Bongo Pink Team	POL	1984	K30	40	03:39:37	03:38:08	84
		5km:00:24:52| 10km:00:49:32| 15km: 01:14:19 | 20km:01:38:44 | 21km:01:44:05 | 25km:02:03:10 | 30km:02:29:23 | 35km:02:57:49 | 40km:03:26:40									
1108	7623	**OWCZARSKI Dominik**	WARSZAWA	Coco Bongo Pink Team	POL	1984	M30	377	03:39:37	03:38:08	1024
		5km:00:24:55| 10km:00:49:32| 15km: 01:14:20 | 20km:01:38:48 | 21km:01:44:08 | 25km:02:03:10 | 30km:02:29:22 | 35km:02:57:51 | 40km:03:26:25									
1109	3320	**BUDZIŃSKI Michał**	SIERADZ	RAJSPORT ACTIVE	POL	1985	M30	378	03:40:29	03:38:09	1025
		5km:00:26:31| 10km:00:52:49| 15km: 01:19:08 | 20km:01:45:02 | 21km:01:50:38 | 25km:02:10:41 | 30km:02:36:18 | 35km:03:01:23 | 40km:03:27:14									
1110	7268	**WEREDA Paweł**	WARSZAWA	Trener Biegania.pl	POL	1970	M50	102	03:43:04	03:38:10	1026
		5km:00:25:51| 10km:00:51:27| 15km: 01:16:27 | 20km:01:41:18 | 21km:01:46:38 | 25km:02:06:28 | 30km:02:31:54 | 35km:02:57:39 | 40km:03:26:00									
1111	6636	**TROCHIMCZUK Rafał**	WARSZAWA	xxxxx	POL	1980	M40	401	03:43:21	03:38:11	1027
		5km:00:25:53| 10km:00:51:20| 15km: 01:17:04 | 20km:01:43:11 | 21km:01:48:48 | 25km:02:09:16 | 30km:02:34:55 | 35km:02:59:45 | 40km:03:26:10									
1112	7256	**MAŃK Paweł**	MARKI	Markowi Biegacze	POL	1974	M40	401	03:39:02	03:38:11	1027
		5km:00:23:45| 10km:00:47:28| 15km: 01:10:40 | 20km:01:34:01 | 21km:01:39:06 | 25km:01:57:33 | 30km:02:21:12 | 35km:02:48:13 | 40km:03:23:32									
1113	6127	**GROCHOWSKI Patryk**	GDYNIA		POL	1992	M30	379	03:40:57	03:38:13	1029
		5km:00:22:48| 10km:00:46:09| 15km: 01:09:48 | 20km:01:33:39 | 21km:01:38:52 | 25km:01:58:11 | 30km:02:24:08 | 35km:02:52:49 | 40km:03:24:29									
1114	2210	**SZYJKA Krzysztof**	WARSZAWA	MES-Projekt	POL	1975	M40	403	03:39:13	03:38:19	1030
		5km:00:23:25| 10km:00:46:59| 15km: 01:10:46 | 20km:01:35:01 | 21km:01:40:14 | 25km:01:59:45 | 30km:02:26:44 | 35km:02:54:40 | 40km:03:26:17									
1115	7363	**KSIĄŻEK Patryk**	WARSZAWA	PWPW	POL	1981	M40	403	03:40:00	03:38:19	1030
		5km:00:25:36| 10km:00:51:01| 15km: 01:16:13 | 20km:01:41:23 | 21km:01:46:50 | 25km:02:06:27 | 30km:02:31:47 | 35km:02:57:43 | 40km:03:25:34									
1116	8467	**SHAKHVOROST Andrii**	KRAKÓW	Run Base Kyiv	POL	1987	M30	380	03:40:15	03:38:20	1032
		5km:00:25:52| 10km:00:51:40| 15km: 01:17:17 | 20km:01:42:59 | 21km:01:48:32 | 25km:02:08:35 | 30km:02:34:39 | 35km:03:00:37 | 40km:03:27:01									
1117	7755	**SKOCZYLAS Filip**	BIELSKO-BIAŁA		POL	1994	M20	136	03:39:09	03:38:25	1033
		5km:00:24:19| 10km:00:48:34| 15km: 01:13:11 | 20km:01:37:28 | 21km:01:42:37 | 25km:02:01:33 | 30km:02:26:52 | 35km:02:53:30 | 40km:03:25:06									
1118	6831	**FIDO Patryk**	SMĘGORZÓW		POL	1996	M20	137	03:41:02	03:38:28	1034
		5km:00:25:31| 10km:00:50:55| 15km: 01:15:55 | 20km:01:40:43 | 21km:01:46:00 | 25km:02:05:35 | 30km:02:30:32 | 35km:02:56:49 | 40km:03:25:54									
1119	10336	**JAKUBIK Michał**	LESZNO		POL	1978	M40	405	03:41:29	03:38:29	1035
		5km:00:25:31| 10km:00:51:43| 15km: 01:16:53 | 20km:01:42:01 | 21km:01:47:25 | 25km:02:07:03 | 30km:02:32:08 | 35km:02:57:46 | 40km:03:26:24									
1120	4423	**HENRYCH Bartosz**	WARSZAWA		POL	1973	M50	103	03:41:05	03:38:32	1036
		5km:00:25:45| 10km:00:51:35| 15km: 01:17:14 | 20km:01:43:17 | 21km:01:48:44 | 25km:02:08:40 | 30km:02:34:18 | 35km:03:00:50 | 40km:03:27:31									
1121	3000	**SERJAPINS Aleksejs**	RIGA		LAT	1991	M30	381	03:39:49	03:38:35	1037
		5km:00:24:29| 10km:00:48:33| 15km: 01:12:39 | 20km:01:36:52 | 21km:01:41:56 | 25km:02:01:12 | 30km:02:26:27 | 35km:02:54:29 | 40km:03:26:23									
1122	3251	**MAZUR Cezary**	GDAŃSK		POL	1988	M30	381	03:41:29	03:38:35	1037
		5km:00:25:27| 10km:00:50:32| 15km: 01:15:38 | 20km:01:40:53 | 21km:01:46:14 | 25km:02:06:07 | 30km:02:31:52 | 35km:02:58:14 | 40km:03:26:18									
1123	3790	**BIENIASZ Anna**	BOGUCHWAŁA	AZS UJ CM	POL	2000	K20	13	03:40:37	03:38:35	85
		5km:00:26:28| 10km:00:52:36| 15km: 01:18:42 | 20km:01:44:25 | 21km:01:49:54 | 25km:02:10:02 | 30km:02:35:27 | 35km:03:00:58 | 40km:03:27:27									
1124	8231	**KRÓL Tomasz**	CZELADŹ		POL	1973	M50	104	03:42:17	03:38:35	1037
		5km:00:26:11| 10km:00:51:40| 15km: 01:16:54 | 20km:01:42:06 | 21km:01:47:35 | 25km:02:07:31 | 30km:02:32:57 | 35km:02:58:56 | 40km:03:26:35									
1125	3915	**SIDIRA Elisavet**	THESSALONIKI		GRE	1976	K40	33	03:39:54	03:38:37	86
		5km:00:25:36| 10km:00:51:19| 15km: 01:16:33 | 20km:01:41:41 | 21km:01:47:12 | 25km:02:06:46 | 30km:02:31:37 | 35km:02:56:36 | 40km:03:25:40									
1126	6324	**WIDŁAK Janusz**	WARSZAWA		POL	1973	M50	105	03:39:55	03:38:38	1040
		5km:00:26:39| 10km:00:52:33| 15km: 01:18:22 | 20km:01:44:31 | 21km:01:50:02 | 25km:02:10:14 | 30km:02:36:13 | 35km:03:01:26 | 40km:03:27:22									
1127	2036	**CYNTA Maciej**	OLSZTYN	KOZAK SPORT TEAM	POL	1989	M30	383	03:40:08	03:38:39	1041
		5km:00:26:45| 10km:00:52:53| 15km: 01:18:52 | 20km:01:44:21 | 21km:01:49:45 | 25km:02:09:20 | 30km:02:34:43 | 35km:02:59:52 | 40km:03:26:38									
1128	10092	**JURKOWSKI Dariusz**	WYSOKIE		POL	1988	M30	384	03:40:23	03:38:40	1042
		5km:00:24:38| 10km:00:49:14| 15km: 01:13:48 | 20km:01:38:20 | 21km:01:43:33 | 25km:02:02:48 | 30km:02:28:51 | 35km:02:57:08 | 40km:03:27:11									
1129	3701	**LEWTAK Marta**	BIAŁA PODLASKA		POL	1983	K40	34	03:40:48	03:38:42	87
		5km:00:26:14| 10km:00:52:20| 15km: 01:17:58 | 20km:01:43:50 | 21km:01:49:35 | 25km:02:10:18 | 30km:02:36:34 | 35km:03:02:00 | 40km:03:27:48									
1130	3951	**KOTINIS Apostolos**	ATHENS	RAFINA RUNNERS	GRE	1975	M40	406	03:40:49	03:38:44	1043
		5km:00:26:08| 10km:00:51:54| 15km: 01:17:40 | 20km:01:43:32 | 21km:01:49:08 | 25km:02:09:00 | 30km:02:34:31 | 35km:03:00:00 | 40km:03:26:43									
1131	2116	**PODPORA Tomasz**	WARSZAWA		POL	1988	M30	385	03:39:55	03:38:48	1044
		5km:00:24:41| 10km:00:49:23| 15km: 01:13:57 | 20km:01:38:26 | 21km:01:43:46 | 25km:02:02:51 | 30km:02:27:54 | 35km:02:54:31 | 40km:03:25:26									
1132	3993	**GŁOWACKI Maksymilian**	WARSZAWA		POL	2002	M20	138	03:40:16	03:38:49	1045
		5km:00:24:52| 10km:00:49:30| 15km: 01:14:13 | 20km:01:38:38 | 21km:01:43:54 | 25km:02:02:56 | 30km:02:27:46 | 35km:02:53:45 | 40km:03:26:26									
1133	4371	**CHUKHRAI Andrii**	LVIV		UKR	1987	M30	386	03:41:36	03:38:50	1046
		5km:00:26:31| 10km:00:53:07| 15km: 01:19:30 | 20km:01:45:30 | 21km:01:50:52 | 25km:02:10:45 | 30km:02:35:44 | 35km:03:00:21 | 40km:03:27:34									
1134	6158	**DOLGOV Dmitrii**	WARSZAWA		POL	1986	M30	386	03:40:44	03:38:50	1046
		5km:00:25:30| 10km:00:51:06| 15km: 01:16:36 | 20km:01:42:14 | 21km:01:48:07 | 25km:02:08:25 | 30km:02:34:34 | 35km:03:00:37 | 40km:03:27:19									
1135	2040	**SOKOŁOWSKI Sławomir**	KĘTY		POL	1978	M40	407	03:41:29	03:38:52	1048
		5km:00:26:26| 10km:00:52:53| 15km: 01:18:50 | 20km:01:44:34 | 21km:01:50:10 | 25km:02:13:11 | 30km:02:38:09 | 35km:03:02:44 | 40km:03:27:47									
1136	7553	**MANNINEN Joona**	HELSINKI		FIN	1991	M30	388	03:40:29	03:38:53	1049
		5km:00:26:09| 10km:00:52:19| 15km: 01:18:07 | 20km:01:44:04 | 21km:01:49:39 | 25km:02:09:42 | 30km:02:35:01 | 35km:02:59:51 | 40km:03:27:13									
1137	3167	**KORONKIEWICZ Karol**	PIASTÓW	TriFriends.pl	POL	1964	M50	106	03:40:37	03:38:54	1050
		5km:00:26:03| 10km:00:52:00| 15km: 01:17:50 | 20km:01:44:32 | 21km:01:50:02 | 25km:02:10:15 | 30km:02:36:25 | 35km:03:01:56 | 40km:03:27:40									
1138	7904	**KRZYSZCZAK Przemysław**	WOŁOMIN		POL	1989	M30	389	03:43:14	03:38:55	1051
		5km:00:28:27| 10km:00:55:51| 15km: 01:21:14 | 20km:01:47:02 | 21km:01:52:30 | 25km:02:12:30 | 30km:02:37:37 | 35km:03:01:56 | 40km:03:28:35									
1139	6056	**MACIEJCZYK Piotr**	WARSZAWA		POL	1979	M40	408	03:39:43	03:38:56	1052
		5km:00:23:34| 10km:00:47:12| 15km: 01:11:00 | 20km:01:35:07 | 21km:01:40:22 | 25km:02:00:20 | 30km:02:27:59 | 35km:02:56:15 | 40km:03:27:07									
1140	2193	**LIPINSKI Edward**	QUEENS	3RunPL	POL	1962	M60	11	03:42:36	03:38:57	1053
		5km:00:25:24| 10km:00:50:11| 15km: 01:15:41 | 20km:01:40:35 | 21km:01:45:54 | 25km:02:06:08 | 30km:02:31:49 | 35km:02:58:28 | 40km:03:26:45									
1141	2493	**BRATUŚ Andrzej**	PRZYBORÓW	AMS Nowa Sól	POL	1977	M40	409	03:40:30	03:38:57	1053
		5km:00:25:35| 10km:00:51:08| 15km: 01:16:31 | 20km:01:41:47 | 21km:01:47:13 | 25km:02:07:20 | 30km:02:33:18 | 35km:02:59:33 | 40km:03:27:06									
1142	15019	**KULS Michał**	WARSZAWA	Yellows Software House	POL	1983	M40	410	03:40:29	03:38:58	1055
		5km:00:24:45| 10km:00:49:26| 15km: 01:14:26 | 20km:01:39:54 | 21km:01:45:21 | 25km:02:05:24 | 30km:02:32:30 | 35km:02:59:34 | 40km:03:27:48									
1143	2917	**TYLER Charles**	LONDON		GBR	1993	M30	390	03:42:41	03:38:58	1055
		5km:00:25:55| 10km:00:52:10| 15km: 01:17:48 | 20km:01:43:29 | 21km:01:49:02 | 25km:02:09:02 | 30km:02:35:23 | 35km:03:01:17 | 40km:03:28:05									
1144	10233	**KHADDOUR Ali**	BYDGOSZCZ		POL	1985	M30	391	03:40:21	03:38:59	1057
		5km:00:24:37| 10km:00:49:18| 15km: 01:13:43 | 20km:01:37:51 | 21km:01:42:47 | 25km:02:01:16 | 30km:02:25:01 | 35km:02:51:05 | 40km:03:27:05									
1145	7098	**KOCOŃ Rafał**	WARSZAWA	Emeryci Drink Team	POL	1984	M30	391	03:41:30	03:38:59	1057
		5km:00:26:24| 10km:00:52:45| 15km: 01:18:34 | 20km:01:44:06 | 21km:01:49:38 | 25km:02:09:20 | 30km:02:35:03 | 35km:03:00:54 | 40km:03:27:37									
1146	5238	**RADZIMIRSKA Magdalena**	WARSZAWA		POL	1996	K20	14	03:42:15	03:39:01	88
		5km:00:25:43| 10km:00:51:02| 15km: 01:15:40 | 20km:01:40:31 | 21km:01:45:52 | 25km:02:05:39 | 30km:02:31:24 | 35km:02:57:52 | 40km:03:27:34									
1147	7427	**GAINOT Stephane**	WARSZAWA		FRA	1978	M40	411	03:40:07	03:39:03	1059
		5km:00:24:33| 10km:00:49:18| 15km: 01:13:55 | 20km:01:38:18 | 21km:01:43:39 | 25km:02:03:03 | 30km:02:28:14 | 35km:02:54:02 | 40km:03:25:07									
1148	4403	**BORYS Andrzej**	ŁAZY		POL	1978	M40	412	03:40:48	03:39:05	1060
		5km:00:25:06| 10km:00:51:21| 15km: 01:16:31 | 20km:01:42:47 | 21km:01:48:22 | 25km:02:09:28 | 30km:02:35:52 | 35km:03:02:43 | 40km:03:28:36									
1149	3066	**BAR Bartosz**	CHORĄGWICA	#AdamCzerwińskiTeam	POL	1981	M40	413	03:41:14	03:39:08	1061
		5km:00:25:55| 10km:00:51:48| 15km: 01:17:34 | 20km:01:43:41 | 21km:01:49:24 | 25km:02:09:52 | 30km:02:36:26 | 35km:03:02:19 | 40km:03:28:12									
1150	3631	**WARIANEK Radosław**	KIELCE		POL	1986	M30	393	03:41:05	03:39:09	1062
		5km:00:25:52| 10km:00:51:49| 15km: 01:17:37 | 20km:01:43:35 | 21km:01:49:18 | 25km:02:09:33 | 30km:02:35:44 | 35km:03:01:40 | 40km:03:28:04									

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:01 | 10km:00:51:50 | 15km: 01:17:39 | 20km:01:43:28 | 21km:01:48:59 | 25km:02:09:02 | 30km:02:34:45 | 35km:03:00:32 | 40km:03:27:45									
1151	6062	**SKOWRON Maciej**	KIERZ NIEDŹWIEDZI		POL	1993	M30	393	03:41:03	03:39:09	1062
		5km:00:23:42 | 10km:00:48:01 | 15km: 01:12:23 | 20km:01:36:46 | 21km:01:41:48 | 25km:02:00:34 | 30km:02:24:45 | 35km:02:51:39 | 40km:03:24:08									
1152	10554	**KILIAN Paweł**	RZESZÓW		POL	1984	M30	395	03:40:27	03:39:11	1064
		5km:00:25:59 | 10km:00:51:53 | 15km: 01:17:44 | 20km:01:44:21 | 21km:01:49:42 | 25km:02:10:00 | 30km:02:36:13 | 35km:03:02:03 | 40km:03:28:02									
1153	5229	**NOWAK Łukasz**	WARSZAWA		POL	1980	M40	414	03:41:20	03:39:11	1064
		5km:00:24:53 | 10km:00:49:31 | 15km: 01:14:18 | 20km:01:38:52 | 21km:01:44:06 | 25km:02:03:09 | 30km:02:27:50 | 35km:02:55:13 | 40km:03:27:14									
1154	10243	**KROEMER Rafał**	GDAŃSK	OLO Team	POL	1977	M40	415	03:40:41	03:39:12	1066
		5km:00:25:26 | 10km:00:51:16 | 15km: 01:16:48 | 20km:01:42:25 | 21km:01:48:00 | 25km:02:08:01 | 30km:02:33:38 | 35km:02:59:20 | 40km:03:27:14									
1155	3432	**FRANCZAK Tomasz**	LUBLIN	Running Team Lubelaky	POL	1979	M40	415	03:40:47	03:39:12	1066
		5km:00:25:04 | 10km:00:50:09 | 15km: 01:15:22 | 20km:01:40:37 | 21km:01:46:01 | 25km:02:06:36 | 30km:02:32:19 | 35km:02:59:03 | 40km:03:27:49									
1156	2623	**SIERAŃSKI Jan**	WARSZAWA		POL	1994	M20	139	03:40:21	03:39:13	1068
		5km:00:25:50 | 10km:00:51:30 | 15km: 01:17:03 | 20km:01:42:27 | 21km:01:48:00 | 25km:02:08:11 | 30km:02:34:09 | 35km:03:00:07 | 40km:03:27:23									
1157	6298	**MAŁOLEPSZY Jacek**	KONIN		POL	1991	M30	396	03:41:06	03:39:13	1068
		5km:00:25:28 | 10km:00:51:18 | 15km: 01:16:49 | 20km:01:42:27 | 21km:01:48:02 | 25km:02:08:04 | 30km:02:33:41 | 35km:02:59:21 | 40km:03:27:15									
1158	7111	**SZPYT Grzegorz**	LUBLIN		POL	1978	M40	417	03:40:46	03:39:13	1068
		5km:00:27:31 | 10km:00:54:08 | 15km: 01:20:06 | 20km:01:45:59 | 21km:01:51:35 | 25km:02:11:41 | 30km:02:36:43 | 35km:03:02:04 | 40km:03:28:23									
1159	10638	**PIEKARSKI Bartłomiej**	WARSZAWA	Adidas Runners Warsaw	POL	1996	M20	140	03:42:45	03:39:15	1071
		5km:00:26:22 | 10km:00:52:36 | 15km: 01:18:47 | 20km:01:44:40 | 21km:01:50:16 | 25km:02:10:39 | 30km:02:37:04 | 35km:03:02:39 | 40km:03:28:24									
1160	8256	**MUGDA Sebastian**	WARSZAWA		POL	1981	M40	418	03:41:52	03:39:15	1071
		5km:00:26:24 | 10km:00:52:50 | 15km: 01:18:40 | 20km:01:44:26 | 21km:01:49:57 | 25km:02:10:07 | 30km:02:36:02 | 35km:03:02:03 | 40km:03:27:54									
1161	2659	**MICHAŁOWICZ Bartłomiej**	WARSZAWA		POL	1980	M40	419	03:42:22	03:39:16	1073
		5km:00:25:40 | 10km:00:51:39 | 15km: 01:17:26 | 20km:01:43:37 | 21km:01:49:26 | 25km:02:09:52 | 30km:02:36:25 | 35km:03:02:19 | 40km:03:28:12									
1162	8006	**LIPKOWSKI Jarosław**	WARSZAWA		POL	1976	M40	420	03:41:23	03:39:18	1074
		5km:00:26:29 | 10km:00:52:19 | 15km: 01:18:47 | 20km:01:44:49 | 21km:01:50:25 | 25km:02:10:48 | 30km:02:37:03 | 35km:03:02:33 | 40km:03:28:50									
1163	3015	**LESIECKI Piotr**	ZABRZE	Szalone ślimaki	POL	2004	M20	141	03:42:44	03:39:19	1075
		5km:00:26:29 | 10km:00:52:19 | 15km: 01:18:46 | 20km:01:44:49 | 21km:01:50:25 | 25km:02:10:48 | 30km:02:37:05 | 35km:03:02:33 | 40km:03:28:48									
1164	3016	**LESIECKI Tomasz**	ZABRZE	Szalone ślimaki	POL	1975	M40	421	03:42:45	03:39:20	1076
		5km:00:25:56 | 10km:00:51:51 | 15km: 01:17:41 | 20km:01:43:41 | 21km:01:49:22 | 25km:02:09:54 | 30km:02:36:27 | 35km:03:02:27 | 40km:03:28:21									
1165	5268	**FABISIAK Paweł**	WYSZKÓW		POL	1980	M40	421	03:41:16	03:39:20	1076
		5km:00:26:31 | 10km:00:52:58 | 15km: 01:19:05 | 20km:01:45:06 | 21km:01:50:47 | 25km:02:10:56 | 30km:02:36:42 | 35km:03:02:00 | 40km:03:28:29									
1166	7862	**GAJEWIAK Adam**	WARSZAWA		POL	1974	M40	423	03:42:00	03:39:21	1078
		5km:00:26:26 | 10km:00:53:03 | 15km: 01:19:26 | 20km:01:45:37 | 21km:01:51:24 | 25km:02:11:52 | 30km:02:37:36 | 35km:03:02:33 | 40km:03:28:30									
1167	15539	**TROJANOWSKI Krzysztof**	OPOCZNO	LKS FENIKS OPOCZNO	POL	1980	M40	424	03:42:02	03:39:23	1079
		5km:00:24:19 | 10km:00:49:02 | 15km: 01:13:56 | 20km:01:39:07 | 21km:01:44:36 | 25km:02:04:46 | 30km:02:31:21 | 35km:02:58:32 | 40km:03:27:25									
1168	6444	**KOT Wioleta**	WARSZAWA		POL	1982	K40	35	03:40:09	03:39:23	89
		5km:00:25:04 | 10km:00:49:41 | 15km: 01:14:28 | 20km:01:39:01 | 21km:01:44:18 | 25km:02:03:20 | 30km:02:29:31 | 35km:02:56:27 | 40km:03:27:22									
1169	6759	**TKACZUK Tomasz**	BIAŁYSTOK	MD Run Training	POL	1989	M30	397	03:40:43	03:39:23	1079
		5km:00:26:29 | 10km:00:53:03 | 15km: 01:19:29 | 20km:01:45:40 | 21km:01:51:25 | 25km:02:11:53 | 30km:02:37:38 | 35km:03:02:36 | 40km:03:28:32									
1170	10794	**WDÓWKA Przemysław**	OPOCZNO		POL	1977	M40	425	03:42:01	03:39:24	1081
		5km:00:22:30 | 10km:00:45:04 | 15km: 01:07:43 | 20km:01:30:10 | 21km:01:35:08 | 25km:01:54:04 | 30km:02:20:55 | 35km:02:51:18 | 40km:03:24:28									
1171	6573	**EADE Chris**	SEAFORD		GBR	1986	M30	398	03:39:45	03:39:24	1081
		5km:00:28:16 | 10km:00:55:59 | 15km: 01:19:53 | 20km:01:43:17 | 21km:01:48:29 | 25km:02:07:48 | 30km:02:32:32 | 35km:02:57:40 | 40km:03:25:30									
1172	3506	**GRZYWNA Robert**	WARSZAWA		POL	1981	M40	426	03:43:19	03:39:27	1083
		5km:00:25:51 | 10km:00:51:38 | 15km: 01:17:09 | 20km:01:42:29 | 21km:01:47:53 | 25km:02:07:36 | 30km:02:33:10 | 35km:02:58:57 | 40km:03:27:15									
1173	2677	**KINDELA Kamil**	WARSZAWA	Dziki z Markiefki	POL	1992	M30	399	03:41:25	03:39:29	1084
		5km:00:23:51 | 10km:00:48:23 | 15km: 01:13:01 | 20km:01:37:33 | 21km:01:42:53 | 25km:02:02:12 | 30km:02:27:33 | 35km:02:54:00 | 40km:03:25:50									
1174	6183	**SINNEMA André**	SOEST		NED	1985	M30	400	03:40:32	03:39:31	1085
		5km:00:27:06 | 10km:00:53:28 | 15km: 01:19:02 | 20km:01:44:27 | 21km:01:49:50 | 25km:02:09:44 | 30km:02:34:34 | 35km:03:00:17 | 40km:03:27:14									
1175	2584	**KRAWCZYK Łukasz**	WARSZAWA		POL	1985	M30	401	03:43:13	03:39:34	1086
		5km:00:26:29 | 10km:00:53:00 | 15km: 01:19:43 | 20km:01:45:47 | 21km:01:51:27 | 25km:02:11:18 | 30km:02:36:42 | 35km:03:01:53 | 40km:03:27:50									
1176	5271	**PAŹDZIOR Rafał**	LUBLIN		POL	1987	M30	402	03:42:06	03:39:35	1087
		5km:00:25:33 | 10km:00:51:29 | 15km: 01:17:10 | 20km:01:42:52 | 21km:01:48:28 | 25km:02:08:50 | 30km:02:34:52 | 35km:03:01:00 | 40km:03:28:16									
1177	6068	**JAGIELSKA Magdalena**	WARSZAWA	Poławiaczki pereł, KS Staszewscy	POL	1972	K50	1	03:41:20	03:39:35	90
		5km:00:25:48 | 10km:00:51:45 | 15km: 01:17:23 | 20km:01:42:17 | 21km:01:48:06 | 25km:02:07:28 | 30km:02:32:19 | 35km:02:57:57 | 40km:03:27:52									
1178	4405	**SZYMAŃSKI Maciej**	WARSZAWA		POL	1979	M40	427	03:41:36	03:39:38	1088
		5km:00:29:25 | 10km:00:57:42 | 15km: 01:25:30 | 20km:01:51:24 | 21km:01:57:03 | 25km:02:16:30 | 30km:02:41:02 | 35km:03:05:08 | 40km:03:28:53									
1179	3935	**ŠPOK Marek**	JANOVICE		CZE	2002	M20	142	03:47:28	03:39:39	1089
		5km:00:24:49 | 10km:00:49:52 | 15km: 01:14:28 | 20km:01:39:10 | 21km:01:44:23 | 25km:02:03:45 | 30km:02:29:37 | 35km:02:56:49 | 40km:03:27:31									
1180	15021	**CHUMAKOV Dmytro**	ŁÓDŹ		UKR	1991	M30	403	03:40:54	03:39:42	1090
		5km:00:24:36 | 10km:00:49:35 | 15km: 01:14:17 | 20km:01:39:06 | 21km:01:44:28 | 25km:02:03:54 | 30km:02:30:09 | 35km:02:57:58 | 40km:03:27:14									
1181	7541	**KOSTRZEWSKI Rafał**	WARSZAWA	PGB Sportowa Paczka	POL	1987	M30	403	03:41:48	03:39:42	1090
		5km:00:25:28 | 10km:00:51:56 | 15km: 01:17:24 | 20km:01:33:00 | 21km:01:48:36 | 25km:02:08:55 | 30km:02:34:55 | 35km:02:59:12 | 40km:03:27:33									
1182	2101	**STYKOWSKI Robert**	WARSZAWA	Maratończyk.pl	POL	1977	M40	428	03:41:30	03:39:43	1092
		5km:00:24:44 | 10km:00:49:18 | 15km: 01:14:08 | 20km:01:38:35 | 21km:01:43:49 | 25km:02:02:54 | 30km:02:27:41 | 35km:02:53:49 | 40km:03:24:36									
1183	7189	**BACH Maciej**	PRUSZCZ GDAŃSKI		POL	1987	M30	405	03:41:30	03:39:45	1093
		5km:00:25:52 | 10km:00:53:02 | 15km: 01:18:30 | 20km:01:44:10 | 21km:01:49:39 | 25km:02:09:46 | 30km:02:35:10 | 35km:03:00:44 | 40km:03:27:56									
1184	5109	**PAWLAK Zbigniew**	OPOLE		POL	1980	M40	429	03:42:08	03:39:50	1094
		5km:00:19:22 | 10km:00:39:58 | 15km: 01:01:12 | 20km:01:23:58 | 21km:01:28:58 | 25km:01:48:37 | 30km:02:15:24 | 35km:02:58:05 | 40km:03:27:26									
1185	6940	**CHORTASZKO Artur**	BIELSKO-BIALA		POL	1979	M40	429	03:39:58	03:39:50	1094
		5km:00:26:01 | 10km:00:51:54 | 15km: 01:17:42 | 20km:01:43:50 | 21km:01:49:36 | 25km:02:10:01 | 30km:02:36:36 | 35km:03:02:17 | 40km:03:28:33									
1186	7490	**POŁOM Rafał**	WROCŁAW	NOA	POL	1986	M30	406	03:41:44	03:39:50	1094
		5km:00:24:44 | 10km:00:49:21 | 15km: 01:13:37 | 20km:01:37:54 | 21km:01:43:13 | 25km:02:02:18 | 30km:02:27:30 | 35km:02:56:50 | 40km:03:27:26									
1187	5041	**JÓŹWIK Sylwester**	STARACHOWICE		POL	1977	M40	431	03:41:32	03:39:53	1097
		5km:00:25:14 | 10km:00:50:32 | 15km: 01:15:41 | 20km:01:40:33 | 21km:01:45:59 | 25km:02:05:23 | 30km:02:30:34 | 35km:02:56:02 | 40km:03:24:23									
1188	8097	**CHRAPKOWSKI Paweł**	WARSZAWA	BieGramy	POL	1979	M40	432	03:45:08	03:39:54	1098
		5km:00:26:33 | 10km:00:53:12 | 15km: 01:19:29 | 20km:01:45:29 | 21km:01:50:59 | 25km:02:10:59 | 30km:02:36:51 | 35km:03:02:26 | 40km:03:29:26									
1189	7593	**PĘKAŁA Mikołaj**	KOSZALIN		POL	2001	M20	143	03:42:29	03:39:55	1099
		5km:00:24:34 | 10km:00:49:00 | 15km: 01:13:12 | 20km:01:37:15 | 21km:01:42:24 | 25km:02:01:24 | 30km:02:26:54 | 35km:02:54:26 | 40km:03:27:10									
1190	5223	**OLBROMSKI Łukasz**	WARSZAWA		POL	1980	M40	433	03:41:13	03:39:58	1100
		5km:00:26:05 | 10km:00:51:59 | 15km: 01:17:54 | 20km:01:43:46 | 21km:01:49:24 | 25km:02:09:45 | 30km:02:35:50 | 35km:03:01:54 | 40km:03:28:51									
1191	6681	**SILO Julia**	DARTFORD	Central Park Athletics	GBR	1981	K40	36	03:41:41	03:39:58	91
		5km:00:25:07 | 10km:00:50:37 | 15km: 01:15:26 | 20km:01:40:29 | 21km:01:45:52 | 25km:02:05:33 | 30km:02:31:23 | 35km:02:58:56 | 40km:03:28:27									
1192	7957	**KORWIN-KOSSAKOWSKI Stanisław**	WARSZAWA		POL	1987	M30	407	03:41:48	03:39:58	1100
		5km:00:25:17 | 10km:00:50:21 | 15km: 01:15:07 | 20km:01:40:00 | 21km:01:45:27 | 25km:02:05:11 | 30km:02:31:14 | 35km:02:57:53 | 40km:03:27:30									
1193	10164	**JAROSIEWICZ Sebastian**	MORĄG	KosteraTeam	POL	1990	M30	408	03:41:12	03:39:59	1102
		5km:00:26:01 | 10km:00:51:53 | 15km: 01:17:43 | 20km:01:43:53 | 21km:01:49:37 | 25km:02:10:03 | 30km:02:36:36 | 35km:03:02:30 | 40km:03:28:23									
1194	7949	**ZGODA Mateusz**	WARSZAWA	Naprzód Młociny	POL	1993	M30	409	03:41:54	03:40:00	1103
		5km:00:27:06 | 10km:00:54:08 | 15km: 01:20:15 | 20km:01:46:10 | 21km:01:51:47 | 25km:02:11:53 | 30km:02:38:22 | 35km:03:04:04 | 40km:03:29:34									
1195	4416	**FAESSLER Annika**	RAVENSBURG		GER	2001	K20	15	03:42:23	03:40:07	92
		5km:00:25:08 | 10km:00:51:06 | 15km: 01:16:55 | 20km:01:42:41 | 21km:01:48:11 | 25km:02:08:21 | 30km:02:34:32 | 35km:03:00:45 | 40km:03:28:09									
1196	10773	**OWCZAREK Izabela**	GŁOGÓW	ŚlęzakTeam	POL	1974	K40	37	03:41:51	03:40:08	93

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
1197	4404	**BUDZANOWSKI Mikołaj**	KRAKÓW		POL	1971	M50	107	03:42:41	03:40:08	1104
		5km:00:26:34| 10km:00:53:06| 15km: 01:19:36 | 20km:01:45:50 | 21km:01:51:35 | 25km:02:12:14 | 30km:02:37:47 | 35km:03:02:59 | 40km:03:29:20								
1198	2764	**PACHUT Oskar**	WARSZAWA	ATS	POL	1996	M20	144	03:42:22	03:40:11	1105
		5km:00:25:18| 10km:00:50:54| 15km: 01:16:13 | 20km:01:41:09 | 21km:01:46:31 | 25km:02:06:03 | 30km:02:31:05 | 35km:02:59:31 | 40km:03:28:16								
1199	6317	**SZECÓWKA Andrzej**	PORAJ	as wśród mas	POL	1973	M50	108	03:42:27	03:40:13	1106
		5km:00:26:33| 10km:00:52:49| 15km: 01:18:47 | 20km:01:44:28 | 21km:01:49:57 | 25km:02:10:19 | 30km:02:36:40 | 35km:03:02:30 | 40km:03:28:49								
1200	13013	**OKRUSZEK Łukasz**	WARSZAWA		POL	1986	M30	410	03:41:12	03:40:15	1107
		5km:00:23:19| 10km:00:46:55| 15km: 01:10:31 | 20km:01:34:04 | 21km:01:39:11 | 25km:01:58:18 | 30km:02:24:21 | 35km:02:52:02 | 40km:03:26:10								
1201	16011	**ZAWADA Paweł**	WARSZAWA	Biegam Na Tarchominie	POL	1986	M30	410	03:41:42	03:40:15	1107
		5km:00:25:02| 10km:00:49:38| 15km: 01:14:18 | 20km:01:38:37 | 21km:01:43:48 | 25km:02:02:47 | 30km:02:27:45 | 35km:02:54:52 | 40km:03:27:08								
1202	3092	**SOL Joan**	CALDES DE MONTBUI		AND	1981	M40	434	03:41:10	03:40:15	1107
		5km:00:23:37| 10km:00:47:38| 15km: 01:12:05 | 20km:01:37:22 | 21km:01:42:54 | 25km:02:02:50 | 30km:02:29:08 | 35km:02:57:05 | 40km:03:27:25								
1203	6130	**MATUSZEWSKI Łukasz**	WARSZAWA	Biegowy Wariat Running Team	POL	1986	M30	410	03:41:35	03:40:15	1107
		5km:00:23:31| 10km:00:46:57| 15km: 01:11:07 | 20km:01:36:45 | 21km:01:42:18 | 25km:02:03:17 | 30km:02:31:28 | 35km:02:59:59 | 40km:03:28:37								
1204	10635	**SZYCHALEWSKI Arkadiusz**	POGÓRZE		POL	1980	M40	435	03:41:37	03:40:16	1111
		5km:00:25:07| 10km:00:49:48| 15km: 01:14:28 | 20km:01:39:08 | 21km:01:44:24 | 25km:02:03:51 | 30km:02:29:27 | 35km:02:55:52 | 40km:03:26:32								
1205	7448	**KAWALEC Katarzyna**	BRZOSTEK		POL	1980	K40	38	03:41:49	03:40:17	94
		5km:00:24:53| 10km:00:49:40| 15km: 01:14:26 | 20km:01:39:32 | 21km:01:45:02 | 25km:02:05:26 | 30km:02:32:29 | 35km:03:00:01 | 40km:03:28:30								
1206	7890	**UŁASIUK Małgorzata**	DĄBROWICA MAŁA	F45 Poland	POL	1993	K30	41	03:42:20	03:40:20	95
		5km:00:26:07| 10km:00:52:38| 15km: 01:18:23 | 20km:01:43:52 | 21km:01:49:31 | 25km:02:09:36 | 30km:02:36:33 | 35km:03:02:17 | 40km:03:28:55								
1207	10016	**RAICHAKOVSKI Andriy**	WARSZAWA		POL	1983	M40	436	03:45:30	03:40:21	1112
		5km:00:27:02| 10km:00:53:54| 15km: 01:20:10 | 20km:01:46:27 | 21km:01:51:53 | 25km:02:12:06 | 30km:02:38:28 | 35km:03:04:34 | 40km:03:30:05								
1208	2962	**MAJKOWSKI Grzegorz**	BRZOZÓW		POL	1990	M30	413	03:40:32	03:40:22	1113
		5km:00:21:33| 10km:00:43:04| 15km: 01:05:29 | 20km:01:30:46 | 21km:01:35:59 | 25km:01:56:40 | 30km:02:27:21 | 35km:02:58:29 | 40km:03:29:58								
1209	3577	**BOROŃ Ryszard**	NOWA IWICZNA		POL	1960	M60	12	03:43:29	03:40:24	1114
		5km:00:25:32| 10km:00:51:08| 15km: 01:16:27 | 20km:01:41:53 | 21km:01:47:19 | 25km:02:07:14 | 30km:02:33:14 | 35km:03:00:06 | 40km:03:28:13								
1210	10374	**ZAMOŹNIEWICZ Mariusz**	ŁÓDŹ		POL	1979	M40	437	03:43:14	03:40:30	1115
		5km:00:26:29| 10km:00:53:08| 15km: 01:19:18 | 20km:01:44:45 | 21km:01:50:15 | 25km:02:10:11 | 30km:02:35:55 | 35km:03:01:21 | 40km:03:28:17								
1211	10614	**GOJOWY Michał**	JASTRZĘBIE-ZDRÓJ		POL	1990	M30	414	03:43:34	03:40:30	1115
		5km:00:23:47| 10km:00:49:12| 15km: 01:14:03 | 20km:01:38:59 | 21km:01:44:29 | 25km:02:04:29 | 30km:02:30:06 | 35km:02:56:23 | 40km:03:27:45								
1212	3858	**ROGALA Mariusz**	REYKJAVIK	Zabiegani Reykjavik	ISL	1989	M30	415	03:44:47	03:40:32	1117
		5km:00:29:32| 10km:00:57:39| 15km: 01:25:21 | 20km:01:52:28 | 21km:01:58:06 | 25km:02:17:36 | 30km:02:41:02 | 35km:03:04:33 | 40km:03:30:04								
1213	5211	**APTOWICZ Jacek**	OLSZTYN		POL	1983	M40	438	03:41:19	03:40:32	1117
		5km:00:24:39| 10km:00:49:23| 15km: 01:13:52 | 20km:01:38:26 | 21km:01:43:49 | 25km:02:03:12 | 30km:02:28:49 | 35km:02:56:48 | 40km:03:28:18								
1214	5186	**WIĄZEK Justyna**	RAWA MAZOWIECKA		POL	1994	K20	16	03:43:23	03:40:35	96
		5km:00:26:17| 10km:00:52:09| 15km: 01:17:51 | 20km:01:43:23 | 21km:01:49:00 | 25km:02:09:38 | 30km:02:36:50 | 35km:03:02:26 | 40km:03:29:41								
1215	6700	**GOŁUCHOWSKI Oliwier**	SOSNOWIEC	Ostro Run Team	POL	2003	M20	145	03:42:27	03:40:36	1119
		5km:00:25:54| 10km:00:51:52| 15km: 01:17:39 | 20km:01:43:57 | 21km:01:49:41 | 25km:02:10:09 | 30km:02:36:39 | 35km:03:02:34 | 40km:03:28:30								
1216	3244	**MCMAHON Brendan**	PARTEEN		IRL	1964	M50	109	03:43:14	03:40:37	1120
		5km:00:26:24| 10km:00:52:42| 15km: 01:17:58 | 20km:01:43:16 | 21km:01:48:56 | 25km:02:09:26 | 30km:02:35:59 | 35km:03:01:47 | 40km:03:28:10								
1217	3907	**WILDER George**	LONDON		GBR	1996	M20	146	03:40:42	03:40:39	1121
		5km:00:24:16| 10km:00:50:41| 15km: 01:15:31 | 20km:01:40:07 | 21km:01:45:24 | 25km:02:04:36 | 30km:02:30:52 | 35km:02:58:47 | 40km:03:28:34								
1218	5120	**WEAVER Eddie**	LONDON		GBR	1990	M30	416	03:48:13	03:40:40	1122
		5km:00:24:32| 10km:00:50:05| 15km: 01:15:20 | 20km:01:41:12 | 21km:01:46:46 | 25km:02:07:00 | 30km:02:32:01 | 35km:02:58:31 | 40km:03:28:01								
1219	10146	**BAGIŃSKI Ryszard**	SULEJÓW	Tri Aktywny Piotrków	POL	1971	M50	110	03:42:13	03:40:43	1123
		5km:00:24:58| 10km:00:50:31| 15km: 01:15:51 | 20km:01:41:36 | 21km:01:47:09 | 25km:02:07:22 | 30km:02:33:56 | 35km:03:00:42 | 40km:03:28:47								
1220	7059	**FABISIAK Andrzej**	SULEJÓWEK	Zarażeni Bólem	POL	1964	M50	111	03:42:35	03:40:47	1124
		5km:00:24:55| 10km:00:49:53| 15km: 01:14:24 | 20km:01:39:17 | 21km:01:44:40 | 25km:02:04:51 | 30km:02:32:11 | 35km:02:59:18 | 40km:03:29:01								
1221	10262	**JANUSZEWSKI Krzysztof**	GDYNIA	Biegam, bo lubię :)	POL	1972	M50	112	03:46:45	03:40:48	1125
		5km:00:25:15| 10km:00:50:24| 15km: 01:15:43 | 20km:01:41:01 | 21km:01:46:24 | 25km:02:06:40 | 30km:02:33:00 | 35km:02:59:23 | 40km:03:28:42								
1222	2018	**SKOWROŃSKA Patrycja**	WARSZAWA		POL	1994	K20	17	03:43:06	03:40:49	97
		5km:00:26:43| 10km:00:53:01| 15km: 01:18:40 | 20km:01:44:28 | 21km:01:50:09 | 25km:02:10:37 | 30km:02:36:48 | 35km:03:02:47 | 40km:03:29:52								
1223	4092	**SOBCZYK Grzegorz**	WIELUŃ	Wieluń Biega	POL	1983	M40	439	03:42:46	03:40:49	1126
		5km:00:26:51| 10km:00:52:48| 15km: 01:18:40 | 20km:01:44:27 | 21km:01:49:59 | 25km:02:10:12 | 30km:02:36:30 | 35km:03:02:22 | 40km:03:29:03								
1224	7031	**HIBINO Kohei**	LONDON		JPN	1994	M20	147	03:41:04	03:40:50	1127
		5km:00:21:49| 10km:00:43:50| 15km: 01:05:41 | 20km:01:27:48 | 21km:01:32:40 | 25km:01:50:52 | 30km:02:19:14 | 35km:02:50:26 | 40km:03:23:27								
1225	5246	**SZYMUŚ Krystian**	JAROSŁAW		POL	1994	M20	148	03:45:04	03:40:53	1128
		5km:00:25:55| 10km:00:50:47| 15km: 01:14:27 | 20km:01:38:19 | 21km:01:43:35 | 25km:02:02:49 | 30km:02:28:17 | 35km:02:55:43 | 40km:03:27:09								
1226	3925	**HADASZ Małgorzata**	ZABRZE		POL	1999	K20	18	03:44:33	03:40:55	98
		5km:00:28:10| 10km:00:55:29| 15km: 01:22:33 | 20km:01:49:20 | 21km:01:55:06 | 25km:02:16:04 | 30km:02:42:40 | 35km:03:07:31 | 40km:03:31:05								
1227	15525	**SZCZOTKO Maciej**	WOŁOMIN	Zabiegany Wołomin	POL	1981	M40	440	03:42:23	03:41:00	1129
		5km:00:25:00| 10km:00:49:40| 15km: 01:14:25 | 20km:01:38:52 | 21km:01:44:13 | 25km:02:03:16 | 30km:02:27:58 | 35km:02:54:07 | 40km:03:27:20								
1228	15012	**EKPE Joseph**	LONDON		GBR	1974	M40	441	03:43:40	03:41:01	1130
		5km:00:23:13| 10km:00:46:56| 15km: 01:11:04 | 20km:01:35:23 | 21km:01:40:30 | 25km:02:00:35 | 30km:02:26:10 | 35km:02:55:02 | 40km:03:28:24								
1229	4173	**GOŁĄB Adrian**	GŁOGOCZÓW	En passant	POL	1996	M20	149	03:43:26	03:41:04	1131
		5km:00:26:05| 10km:00:52:19| 15km: 01:18:00 | 20km:01:43:24 | 21km:01:48:52 | 25km:02:08:51 | 30km:02:34:15 | 35km:03:00:20 | 40km:03:28:37								
1230	7661	**SZYMKOWSKI Dawid**	WARSZAWA		POL	1991	M30	417	03:43:01	03:41:04	1131
		5km:00:26:05| 10km:00:51:53| 15km: 01:17:30 | 20km:01:42:56 | 21km:01:48:28 | 25km:02:08:26 | 30km:02:34:38 | 35km:03:01:15 | 40km:03:29:20								
1231	5218	**JURCZAK Andrzej**	DOBRE MIASTO	Dobromiejski Klub Biegacza Odcisk	POL	1963	M60	13	03:43:44	03:41:05	1133
		5km:00:26:22| 10km:00:52:52| 15km: 01:19:05 | 20km:01:45:09 | 21km:01:50:47 | 25km:02:10:55 | 30km:02:36:42 | 35km:03:02:00 | 40km:03:28:43								
1232	10782	**SYGA Adam**	NURZYNA	TOWARZYSTWO BIESIADNO SPORTOWE	POL	1970	M50	113	03:43:25	03:41:07	1134
		5km:00:25:48| 10km:00:51:43| 15km: 01:17:28 | 20km:01:43:34 | 21km:01:49:14 | 25km:02:09:01 | 30km:02:35:19 | 35km:03:02:06 | 40km:03:29:53								
1233	3012	**WOLAK Paweł**	NOWE MIASTO LUBAWSKIE	OrkaMasters Iława	POL	1999	M20	150	03:42:11	03:41:10	1135
		5km:00:25:11| 10km:00:50:11| 15km: 01:15:04 | 20km:01:40:06 | 21km:01:45:26 | 25km:02:04:57 | 30km:02:31:10 | 35km:02:59:32 | 40km:03:29:41								
1234	2331	**GRYCIUK Adam**	LA FRETTE SUR SEINE		POL	1981	M40	442	03:41:48	03:41:13	1136
		5km:00:22:20| 10km:00:45:13| 15km: 01:08:19 | 20km:01:31:43 | 21km:01:36:51 | 25km:01:56:43 | 30km:02:24:27 | 35km:02:55:32 | 40km:03:28:05								
1235	2830	**STRYJEK Janusz**	WARSZAWA		POL	1987	M30	418	03:42:44	03:41:14	1137
		5km:00:25:03| 10km:00:50:14| 15km: 01:15:36 | 20km:01:40:04 | 21km:01:45:30 | 25km:02:05:26 | 30km:02:31:09 | 35km:02:58:40 | 40km:03:28:34								
1236	4407	**POTRYKUS Grzegorz**	GDAŃSK		POL	1995	M20	151	03:43:09	03:41:15	1138
		5km:00:26:11| 10km:00:52:02| 15km: 01:17:45 | 20km:01:43:53 | 21km:01:49:26 | 25km:02:09:28 | 30km:02:35:16 | 35km:03:01:56 | 40km:03:29:39								
1237	7287	**ZACH Paweł**	RZESZÓW		POL	1980	M40	443	03:43:25	03:41:15	1138
		5km:00:26:16| 10km:00:52:29| 15km: 01:18:34 | 20km:01:44:22 | 21km:01:49:55 | 25km:02:09:49 | 30km:02:35:37 | 35km:03:01:32 | 40km:03:28:52								
1238	10258	**SŁOWIK Marek**	KOŃSKIE		POL	1977	M40	444	03:42:10	03:41:17	1140
		5km:00:24:31| 10km:00:49:06| 15km: 01:13:29 | 20km:01:37:44 | 21km:01:43:01 | 25km:02:02:33 | 30km:02:27:41 | 35km:02:54:31 | 40km:03:27:47								
1239	7066	**OLEKSIAK Jakub**	RADZYMIN		POL	2004	M20	152	03:48:32	03:41:17	1140
		5km:00:25:15| 10km:00:50:51| 15km: 01:15:47 | 20km:01:41:29 | 21km:01:47:07 | 25km:02:08:01 | 30km:02:34:36 | 35km:03:01:10 | 40km:03:29:40								
1240	7234	**FALBA Zbigniew**	WARSZAWA	Biegnij z ProService	POL	1972	M50	114	03:43:17	03:41:18	1142
		5km:00:25:48| 10km:00:51:43| 15km: 01:17:41 | 20km:01:43:42 | 21km:01:49:19 | 25km:02:09:36 | 30km:02:36:14 | 35km:03:02:22 | 40km:03:29:23								
1241	7757	**PRZYWÓZKI Rafał**	SOKOŁÓW PODLASKI		POL	1993	M30	419	03:42:24	03:41:19	1143
		5km:00:21:57| 10km:00:44:13| 15km: 01:06:39 | 20km:01:29:38 | 21km:01:34:43 | 25km:01:54:11 | 30km:02:20:38 | 35km:02:50:16 | 40km:03:26:29								
1242	6483	**CHOU Lin-Hsin**	TAIPEI		TPE	1965	M50	115	03:42:39	03:41:21	1144
		5km:00:25:20| 10km:00:50:28| 15km: 01:15:56 | 20km:01:41:32 | 21km:01:47:03 | 25km:02:06:54 | 30km:02:32:18 | 35km:02:58:49 | 40km:03:28:04								

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:16 | 10km:00:49:04 | 15km: 01:13:43 | 20km:01:38:40 | 21km:01:43:58 | 25km:02:04:07 | 30km:02:31:04 | 35km:02:59:10 | 40km:03:28:48									
1243	6806	**GRYCIUK Walenty**	NURZEC-STACJA		POL	1969	M50	115	03:43:24	03:41:21	1144
		5km:00:25:23 | 10km:00:50:50 | 15km: 01:15:52 | 20km:01:40:56 | 21km:01:46:25 | 25km:02:06:37 | 30km:02:32:37 | 35km:03:00:58 | 40km:03:29:05									
1244	7507	**JARNOT Bartłomiej**	SOSNOWIEC	CIEPŁE BAMBOSZE	POL	1979	M40	445	03:43:04	03:41:25	1146
		5km:00:26:46 | 10km:00:53:15 | 15km: 01:19:44 | 20km:01:46:00 | 21km:01:51:46 | 25km:02:12:40 | 30km:02:38:50 | 35km:03:04:51 | 40km:03:31:09									
1245	2213	**DEREK Grzegorz**	PIEKARY ŚLĄSKIE		POL	1982	M40	446	03:43:43	03:41:27	1147
		5km:00:24:59 | 10km:00:49:37 | 15km: 01:14:24 | 20km:01:39:02 | 21km:01:44:18 | 25km:02:04:06 | 30km:02:30:57 | 35km:02:59:02 | 40km:03:29:15									
1246	5013	**HABRAT Barbara**	KROSNO		POL	1995	K20	19	03:42:46	03:41:27	99
		5km:00:25:12 | 10km:00:50:56 | 15km: 01:16:18 | 20km:01:41:32 | 21km:01:47:00 | 25km:02:07:08 | 30km:02:33:21 | 35km:03:00:09 | 40km:03:29:25									
1247	4292	**KUBISZ Robert**	TYCHY		POL	1978	M40	447	03:43:11	03:41:28	1148
		5km:00:24:59 | 10km:00:51:16 | 15km: 01:15:55 | 20km:01:40:16 | 21km:01:45:41 | 25km:02:05:45 | 30km:02:32:13 | 35km:02:59:53 | 40km:03:29:28									
1248	3881	**DEJDA Adam**	WARSZAWA		POL	2005	M20	153	03:45:46	03:41:30	1149
		5km:00:24:21 | 10km:00:48:43 | 15km: 01:12:44 | 20km:01:36:33 | 21km:01:41:36 | 25km:02:00:30 | 30km:02:27:26 | 35km:02:56:27 | 40km:03:28:22									
1249	5181	**GRIBANOW Anton**	WARSZAWA			1989	M30	420	03:42:54	03:41:30	1149
		5km:00:24:48 | 10km:00:50:16 | 15km: 01:15:21 | 20km:01:40:33 | 21km:01:45:57 | 25km:02:05:36 | 30km:02:31:16 | 35km:02:57:58 | 40km:03:27:39									
1250	8243	**GINTER Piotr**	WARSZAWA		POL	1984	M30	420	03:46:01	03:41:30	1149
		5km:00:24:48 | 10km:00:48:41 | 15km: 01:13:14 | 20km:01:37:59 | 21km:01:43:37 | 25km:02:05:02 | 30km:02:33:30 | 35km:03:01:39 | 40km:03:29:32									
1251	7270	**ZAWADZKA Aleksandra**	WARSZAWA	DD Running Team	POL	1993	K30	42	03:42:24	03:41:32	100
		5km:00:26:57 | 10km:00:53:20 | 15km: 01:19:17 | 20km:01:45:28 | 21km:01:51:11 | 25km:02:12:08 | 30km:02:38:36 | 35km:03:03:52 | 40km:03:30:14									
1252	7360	**KOŚMIDER Sławomir**	WARSZAWA		POL	1982	M40	448	03:44:44	03:41:32	1152
		5km:00:26:33 | 10km:00:53:18 | 15km: 01:19:46 | 20km:01:45:59 | 21km:01:51:45 | 25km:02:12:35 | 30km:02:38:54 | 35km:03:04:22 | 40km:03:30:38									
1253	2840	**SZKLARSKI Łukasz**	WARSZAWA		POL	1993	M30	422	03:44:25	03:41:37	1153
		5km:00:25:52 | 10km:00:51:50 | 15km: 01:17:38 | 20km:01:43:55 | 21km:01:49:39 | 25km:02:10:13 | 30km:02:36:34 | 35km:03:02:30 | 40km:03:29:01									
1254	10067	**NOWAK Michał**	KRAKÓW		POL	1981	M40	449	03:43:31	03:41:38	1154
		5km:00:27:12 | 10km:00:54:09 | 15km: 01:21:09 | 20km:01:48:02 | 21km:01:53:57 | 25km:02:15:00 | 30km:02:42:11 | 35km:03:07:16 | 40km:03:31:22									
1255	10094	**KOWALSKI Michał**	LUBLIN		POL	1977	M40	449	03:44:32	03:41:38	1154
		5km:00:25:59 | 10km:00:48:26 | 15km: 01:13:08 | 20km:01:37:15 | 21km:01:42:21 | 25km:02:01:13 | 30km:02:26:00 | 35km:02:52:36 | 40km:03:28:33									
1256	7079	**KUCHARSKI Piotr**	LUBARTÓW	12tri.pl	POL	1968	M50	117	03:42:29	03:41:38	1154
		5km:00:26:33 | 10km:00:53:18 | 15km: 01:19:46 | 20km:01:45:59 | 21km:01:51:45 | 25km:02:12:35 | 30km:02:38:54 | 35km:03:04:22 | 40km:03:30:38									
1257	3341	**GDANIEC Kamil**	TCZEW	Huber + Suhner	POL	1987	M30	423	03:44:02	03:41:41	1157
		5km:00:22:54 | 10km:00:46:16 | 15km: 01:09:52 | 20km:01:33:45 | 21km:01:39:05 | 25km:01:58:41 | 30km:02:26:39 | 35km:02:57:47 | 40km:03:29:28									
1258	2833	**WITKOWSKI Łukasz**	SZCZECIN		POL	1981	M40	451	03:42:17	03:41:42	1158
		5km:00:22:41 | 10km:00:45:45 | 15km: 01:09:04 | 20km:01:32:47 | 21km:01:38:05 | 25km:01:57:48 | 30km:02:24:14 | 35km:02:52:13 | 40km:03:24:19									
1259	7337	**DOBROVOLSKII Vladimir**	REYKJAVÍK		ISL	1982	M40	451	03:41:55	03:41:42	1158
		5km:00:25:21 | 10km:00:50:13 | 15km: 01:15:04 | 20km:01:40:10 | 21km:01:45:41 | 25km:02:05:37 | 30km:02:32:28 | 35km:02:59:33 | 40km:03:29:00									
1260	3217	**URBANSKI Grzegorz**	WAŁBRZYCH		POL	1978	M40	453	03:46:40	03:41:46	1160
		5km:00:25:29 | 10km:00:51:27 | 15km: 01:16:39 | 20km:01:42:11 | 21km:01:47:43 | 25km:02:07:56 | 30km:02:34:22 | 35km:03:01:01 | 40km:03:29:26									
1261	4271	**CHMIELEWSKI Michał**	WARSZAWA		POL	1978	M40	453	03:43:38	03:41:46	1160
		5km:00:29:00 | 10km:01:00:38 | 15km: 01:26:12 | 20km:01:53:52 | 21km:01:59:46 | 25km:02:20:00 | 30km:02:44:40 | 35km:03:07:46 | 40km:03:31:31									
1262	3250	**ANZIN Maksym**	WARSZAWA		UKR	1997	M20	154	03:46:05	03:41:50	1162
		5km:00:27:15 | 10km:00:54:32 | 15km: 01:21:39 | 20km:01:48:49 | 21km:01:54:48 | 25km:02:16:00 | 30km:02:42:11 | 35km:03:06:34 | 40km:03:31:12									
1263	5089	**PRZĘCZEK Maksymilian**	WARSZAWA		POL	1992	M30	424	03:45:25	03:41:50	1162
		5km:00:24:29 | 10km:00:49:03 | 15km: 01:13:39 | 20km:01:38:06 | 21km:01:43:24 | 25km:02:03:15 | 30km:02:30:18 | 35km:02:58:43 | 40km:03:29:04									
1264	6752	**LUTSENKO Vira**	KYIV		UKR	1985	K30	43	03:43:12	03:41:51	101
		5km:00:24:56 | 10km:00:49:34 | 15km: 01:14:19 | 20km:01:38:45 | 21km:01:44:03 | 25km:02:03:06 | 30km:02:27:48 | 35km:02:54:08 | 40km:03:28:40									
1265	7007	**ŻAK Grzegorz**	WARSZAWA	Klub Piwosza	POL	1981	M40	455	03:43:51	03:41:52	1164
		5km:00:25:47 | 10km:00:51:42 | 15km: 01:17:22 | 20km:01:42:58 | 21km:01:48:27 | 25km:02:08:36 | 30km:02:34:47 | 35km:03:01:46 | 40km:03:30:06									
1266	8105	**LEKAVICIUS Andrius**	VILNIUS		LTU	1984	M30	425	03:46:50	03:41:55	1165
		5km:00:22:40 | 10km:00:47:51 | 15km: 01:14:39 | 20km:01:40:03 | 21km:01:45:26 | 25km:02:05:36 | 30km:02:32:32 | 35km:03:00:38 | 40km:03:30:47									
1267	10170	**KONOPKA Mateusz**	ZAMBRÓW		POL	1991	M30	426	03:43:49	03:41:57	1166
		5km:00:25:55 | 10km:00:51:51 | 15km: 01:17:38 | 20km:01:43:42 | 21km:01:49:16 | 25km:02:09:06 | 30km:02:34:33 | 35km:02:59:51 | 40km:03:29:34									
1268	5122	**PUŁACZEWSKI Andrzej**	ŁÓDŹ		POL	1968	M50	118	03:43:20	03:41:57	1166
		5km:00:24:53 | 10km:00:49:44 | 15km: 01:14:28 | 20km:01:39:26 | 21km:01:44:50 | 25km:02:06:13 | 30km:02:33:23 | 35km:02:59:56 | 40km:03:28:48									
1269	4147	**BAZYLUK Andrzej**	BIAŁYSTOK	KB ERGO	POL	1970	M50	119	03:44:11	03:41:58	1168
		5km:00:26:21 | 10km:00:52:48 | 15km: 01:19:01 | 20km:01:45:19 | 21km:01:50:58 | 25km:02:10:48 | 30km:02:36:37 | 35km:03:02:53 | 40km:03:30:06									
1270	7009	**SOLARZ Agnieszka**	KIELCE		POL	1980	K40	39	03:44:42	03:41:59	102
		5km:00:23:29 | 10km:00:46:44 | 15km: 01:09:49 | 20km:01:33:08 | 21km:01:38:09 | 25km:01:56:36 | 30km:02:22:39 | 35km:02:53:23 | 40km:03:28:47									
1271	5112	**STARCZYNOWSKI Maciej**	BIELSKO-BIAŁA		POL	1986	M30	427	03:42:47	03:42:04	1169
		5km:00:26:21 | 10km:00:52:55 | 15km: 01:19:16 | 20km:01:45:36 | 21km:01:51:20 | 25km:02:11:55 | 30km:02:38:00 | 35km:03:04:15 | 40km:03:30:43									
1272	7487	**KALATA Bartłomiej**	WARSZAWA	EUROCASH TEAM	POL	1983	M40	456	03:45:12	03:42:04	1169
		5km:00:25:05 | 10km:00:49:50 | 15km: 01:14:40 | 20km:01:39:23 | 21km:01:44:45 | 25km:02:04:24 | 30km:02:30:32 | 35km:02:58:09 | 40km:03:28:48									
1273	3446	**KRZYWKOWSKI Artur**	RZESZÓW		POL	1963	M60	14	03:43:27	03:42:06	1171
		5km:00:26:15 | 10km:00:52:21 | 15km: 01:18:11 | 20km:01:43:59 | 21km:01:49:38 | 25km:02:09:56 | 30km:02:36:19 | 35km:03:02:57 | 40km:03:30:24									
1274	7083	**ZŁONKIEWICZ Michał**	WARSZAWA		POL	1977	M40	457	03:43:50	03:42:10	1172
		5km:00:24:35 | 10km:00:49:13 | 15km: 01:13:50 | 20km:01:38:16 | 21km:01:43:38 | 25km:02:02:42 | 30km:02:28:34 | 35km:02:57:23 | 40km:03:28:42									
1275	7104	**KOZA Karol**	PAWONKÓW	Lucky Losers	POL	1995	M20	155	03:43:27	03:42:11	1173
		5km:00:24:35 | 10km:00:49:13 | 15km: 01:13:50 | 20km:01:38:16 | 21km:01:43:38 | 25km:02:02:42 | 30km:02:28:34 | 35km:02:57:23 | 40km:03:28:42									
1276	6307	**MROSZCZYK Sławomir**	BANIOCHA		POL	1979	M40	458	03:43:29	03:42:13	1174
		5km:00:21:35 | 10km:00:43:03 | 15km: 01:04:19 | 20km:01:25:47 | 21km:01:30:25 | 25km:01:47:17 | 30km:02:10:40 | 35km:02:35:57 | 40km:03:30:04									
1277	3875	**SIVAKUMARAN Florent**	LONDON		GBR	1989	M30	428	03:42:27	03:42:15	1175
		5km:00:26:26 | 10km:00:52:45 | 15km: 01:18:41 | 20km:01:44:51 | 21km:01:50:31 | 25km:02:11:01 | 30km:02:36:56 | 35km:03:03:24 | 40km:03:30:42									
1278	2953	**FITOWSKI Rafał**	WARSZAWA	Zabiegani Dobrowolscy	POL	1989	M30	429	03:44:37	03:42:17	1176
		5km:00:26:48 | 10km:00:53:20 | 15km: 01:19:45 | 20km:01:46:05 | 21km:01:51:48 | 25km:02:12:41 | 30km:02:38:47 | 35km:03:04:16 | 40km:03:31:18									
1279	2390	**MISZCZYNSKI Paweł**	JANKÓW PRZGODZKI		POL	1984	M30	430	03:44:33	03:42:18	1177
		5km:00:26:08 | 10km:00:52:34 | 15km: 01:18:39 | 20km:01:44:26 | 21km:01:50:17 | 25km:02:11:00 | 30km:02:37:08 | 35km:03:03:40 | 40km:03:31:27									
1280	6575	**GÓRNISIEWICZ Michał**	WARSZAWA	KS Staszewscy	POL	1979	M40	459	03:45:02	03:42:18	1177
		5km:00:26:32 | 10km:00:53:11 | 15km: 01:19:27 | 20km:01:45:45 | 21km:01:51:22 | 25km:02:12:04 | 30km:02:38:40 | 35km:03:04:47 | 40km:03:31:15									
1281	7316	**ŁAKOMY Krzysztof**	GOŁKÓW	Piaseczno Running	POL	1986	M30	431	03:45:12	03:42:19	1179
		5km:00:24:05 | 10km:00:48:23 | 15km: 01:12:44 | 20km:01:36:58 | 21km:01:42:10 | 25km:02:01:12 | 30km:02:25:37 | 35km:02:50:11 | 40km:03:18:50									
1282	7765	**LONKA Michał**	PIEKARY ŚLĄSKIE		POL	1980	M40	460	03:43:46	03:42:19	1179
		5km:00:26:08 | 10km:00:52:34 | 15km: 01:18:39 | 20km:01:44:26 | 21km:01:50:17 | 25km:02:11:00 | 30km:02:37:08 | 35km:03:03:40 | 40km:03:31:27									
1283	8176	**MALIGRANDA Mariusz**	POZNAŃ		POL	1985	M30	432	03:49:58	03:42:20	1181
		5km:00:26:38 | 10km:00:53:07 | 15km: 01:19:31 | 20km:01:45:51 | 21km:01:51:23 | 25km:02:11:10 | 30km:02:36:58 | 35km:03:03:15 | 40km:03:30:28									
1284	2901	**SKÓRA Paweł**	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1976	M40	461	03:44:43	03:42:22	1182
		5km:00:24:09 | 10km:00:48:48 | 15km: 01:13:22 | 20km:01:37:58 | 21km:01:43:20 | 25km:02:02:59 | 30km:02:28:54 | 35km:02:57:23 | 40km:03:29:04									
1285	3099	**KRÓLAK Dariusz**	WARSZAWA		POL	1986	M30	433	03:43:15	03:42:22	1182
		5km:00:24:40 | 10km:00:49:22 | 15km: 01:13:55 | 20km:01:38:22 | 21km:01:43:27 | 25km:02:02:20 | 30km:02:27:18 | 35km:02:52:54 | 40km:03:29:19									
1286	13057	**LALIK Krzysztof**	KONSTANCIN-JEZIORNA		POL	1997	M20	156	03:43:37	03:42:25	1184
		5km:00:23:58 | 10km:00:48:25 | 15km: 01:12:48 | 20km:01:37:32 | 21km:01:41:14 | 25km:02:02:32 | 30km:02:30:16 | 35km:03:00:37 | 40km:03:30:31									
1287	8320	**KUDLAY Anton**	WARSZAWA		ISR	1983	M40	462	03:43:47	03:42:25	1184
		5km:00:25:02 | 10km:00:51:12 | 15km: 01:17:13 | 20km:01:43:04 | 21km:01:48:38 | 25km:02:08:41 | 30km:02:35:05 | 35km:03:02:00 | 40km:03:30:46									
1288	7694	**GALSTYAN Karina**	WARSZAWA		POL	1996	K20	20	03:46:59	03:42:26	103

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:50 | 10km:00:50:30 | 15km: 01:16:30 | 20km:01:44:04 | 21km:01:49:38 | 25km:02:10:00 | 30km:02:36:12 | 35km:03:02:48 | 40km:03:30:17									
1289	10202	**GUTFRAŃSKA Joanna**	BRZESKO	BKB Czarna Perła	POL	1990	K30	44	03:44:02	03:42:27	104
		5km:00:26:01 | 10km:00:51:56 | 15km: 01:17:45 | 20km:01:43:49 | 21km:01:49:30 | 25km:02:10:01 | 30km:02:36:35 | 35km:03:02:47 | 40km:03:30:15									
1290	6396	**STEC Paweł**	GDAŃSK	Swords Athletics	POL	1988	M30	434	03:44:17	03:42:31	1186
		5km:00:25:58 | 10km:00:51:52 | 15km: 01:17:41 | 20km:01:43:53 | 21km:01:49:32 | 25km:02:09:49 | 30km:02:35:25 | 35km:03:01:10 | 40km:03:29:24									
1291	10687	**PRZEGENDZA Artur**	DĄBROWA GÓRNICZA	W pogoni za duchem	POL	1982	M40	463	03:44:33	03:42:33	1187
		5km:00:26:48 | 10km:00:52:34 | 15km: 01:18:11 | 20km:01:43:39 | 21km:01:49:12 | 25km:02:09:23 | 30km:02:35:25 | 35km:03:01:37 | 40km:03:29:32									
1292	2315	**MICHALIK Zenon**	GARWOLIN	Towarzystwo Biesiadno Sportowe	POL	1962	M60	15	03:45:40	03:42:34	1188
		5km:00:26:26 | 10km:00:52:49 | 15km: 01:19:13 | 20km:01:45:34 | 21km:01:51:17 | 25km:02:12:02 | 30km:02:38:38 | 35km:03:05:22 | 40km:03:31:34									
1293	6546	**KOŁODZIEJ Kamil**	KRAKÓW		POL	1994	M20	157	03:45:32	03:42:35	1189
		5km:00:25:52 | 10km:00:52:44 | 15km: 01:18:37 | 20km:01:44:25 | 21km:01:50:03 | 25km:02:10:04 | 30km:02:35:58 | 35km:03:01:38 | 40km:03:29:27									
1294	2905	**HARRISON Mark**	AMERSHAM		GBR	1980	M40	464	03:46:00	03:42:36	1190
		5km:00:25:09 | 10km:00:50:41 | 15km: 01:15:42 | 20km:01:40:30 | 21km:01:45:44 | 25km:02:05:18 | 30km:02:31:46 | 35km:03:00:03 | 40km:03:30:04									
1295	3884	**ZAWADA Kamil**	WARSZAWA		POL	1987	M30	435	03:44:46	03:42:36	1190
		5km:00:26:30 | 10km:00:52:29 | 15km: 01:18:24 | 20km:01:44:27 | 21km:01:49:59 | 25km:02:10:23 | 30km:02:36:52 | 35km:03:03:47 | 40km:03:31:15									
1296	6427	**WALSTROM Per Jorgen**	OSLO		NOR	1969	M50	120	03:44:37	03:42:38	1192
		5km:00:25:27 | 10km:00:51:09 | 15km: 01:17:02 | 20km:01:42:04 | 21km:01:47:30 | 25km:02:07:32 | 30km:02:33:58 | 35km:02:59:48 | 40km:03:29:38									
1297	15538	**NIKIEL Szymon**	KRAKÓW		POL	1992	M30	436	03:47:15	03:42:39	1193
		5km:00:26:11 | 10km:00:52:38 | 15km: 01:19:02 | 20km:01:45:05 | 21km:01:50:38 | 25km:02:10:51 | 30km:02:37:40 | 35km:03:04:41 | 40km:03:31:52									
1298	16001	**PIKUL Grzegorz**	KRAKÓW		POL	1983	M40	465	03:45:38	03:42:39	1193
		5km:00:26:31 | 10km:00:52:33 | 15km: 01:18:25 | 20km:01:44:24 | 21km:01:50:00 | 25km:02:10:24 | 30km:02:36:53 | 35km:03:03:29 | 40km:03:30:51									
1299	7562	**BR?KKEN Egil**	OSLO		NOR	1969	M50	121	03:44:37	03:42:39	1193
		5km:00:26:32 | 10km:00:53:12 | 15km: 01:19:28 | 20km:01:45:44 | 21km:01:51:24 | 25km:02:12:05 | 30km:02:39:18 | 35km:03:04:48 | 40km:03:31:15									
1300	6962	**ZIENKIEWICZ Agata**	PIASECZNO	Orpea	POL	1980	K40	40	03:45:33	03:42:41	105
		5km:00:26:47 | 10km:00:53:40 | 15km: 01:20:10 | 20km:01:46:34 | 21km:01:52:19 | 25km:02:12:55 | 30km:02:39:59 | 35km:03:04:42 | 40km:03:31:02									
1301	8465	**DUHANOV Yehor**	WARSZAWA		UKR	2003	M20	158	03:46:04	03:42:42	1196
		5km:00:26:10 | 10km:00:52:36 | 15km: 01:18:48 | 20km:01:44:38 | 21km:01:50:16 | 25km:02:10:26 | 30km:02:36:37 | 35km:03:03:10 | 40km:03:30:55									
1302	7226	**GAWEŁ Tomasz**	OTWOCK		POL	1985	M30	437	03:45:42	03:42:43	1197
		5km:00:25:44 | 10km:00:51:41 | 15km: 01:17:28 | 20km:01:43:42 | 21km:01:49:11 | 25km:02:08:59 | 30km:02:34:36 | 35km:03:00:20 | 40km:03:30:28									
1303	15022	**RAWSKI Jarosław**	WARSZAWA		POL	1974	M40	466	03:44:53	03:42:48	1198
		5km:00:24:34 | 10km:00:49:14 | 15km: 01:13:31 | 20km:01:37:59 | 21km:01:43:17 | 25km:02:02:28 | 30km:02:28:14 | 35km:02:56:54 | 40km:03:29:14									
1304	7228	**MIKULSKI Robert**	WARSZAWA	DO RSZ	POL	1975	M40	466	03:43:58	03:42:48	1198
		5km:00:24:31 | 10km:00:49:12 | 15km: 01:13:44 | 20km:01:38:11 | 21km:01:43:29 | 25km:02:02:40 | 30km:02:29:46 | 35km:02:57:59 | 40km:03:29:06									
1305	7306	**JAKUBCZAK Konrad**	WARSZAWA	debeściak Adidas Runners	POL	1979	M40	466	03:44:05	03:42:48	1198
		5km:00:22:48 | 10km:00:45:23 | 15km: 01:08:22 | 20km:01:33:36 | 21km:01:40:14 | 25km:02:02:47 | 30km:02:34:29 | 35km:03:03:43 | 40km:03:31:26									
1306	10240	**NOWINOWSKI Andrzej**	TUREK	KB Maraton Turek	POL	1976	M40	469	03:43:35	03:42:49	1201
		5km:00:23:37 | 10km:00:47:34 | 15km: 01:12:26 | 20km:01:37:51 | 21km:01:43:24 | 25km:02:03:56 | 30km:02:31:19 | 35km:02:59:09 | 40km:03:29:42									
1307	6005	**MAKSIMOWSKI Tomasz**	MILANÓWEK	Orange Polska	POL	1991	M30	438	03:43:38	03:42:50	1202
		5km:00:25:39 | 10km:00:51:35 | 15km: 01:17:47 | 20km:01:43:49 | 21km:01:49:27 | 25km:02:10:14 | 30km:02:37:21 | 35km:03:03:41 | 40km:03:31:04									
1308	7803	**ZIELIŃSKI Marcin**	DOBRZEŃ WIELKI		POL	1972	M50	122	03:43:57	03:42:50	1202
		5km:00:25:28 | 10km:00:50:11 | 15km: 01:15:16 | 20km:01:39:40 | 21km:01:44:49 | 25km:02:04:21 | 30km:02:30:40 | 35km:02:58:33 | 40km:03:31:04									
1309	2832	**HARJULA Jani**	KUOPIO		FIN	1997	M20	159	03:46:48	03:42:52	1204
		5km:00:26:22 | 10km:00:52:49 | 15km: 01:19:09 | 20km:01:45:26 | 21km:01:51:11 | 25km:02:11:37 | 30km:02:37:41 | 35km:03:03:50 | 40km:03:31:07									
1310	6897	**BORKOWSKA Aniela**	WARSZAWA		POL	1992	K30	45	03:45:40	03:42:52	106
		5km:00:23:09 | 10km:00:47:00 | 15km: 01:10:43 | 20km:01:34:18 | 21km:01:39:26 | 25km:01:58:11 | 30km:02:23:59 | 35km:02:53:16 | 40km:03:27:33									
1311	10433	**WOŚ Paweł**	DYMINY		POL	1986	M30	439	03:47:44	03:42:57	1205
		5km:00:24:34 | 10km:00:49:31 | 15km: 01:14:40 | 20km:01:40:15 | 21km:01:45:43 | 25km:02:06:05 | 30km:02:32:22 | 35km:02:59:41 | 40km:03:29:30									
1312	6795	**MASŁOWSKI Artur**	WROCŁAW	Stowarzyszenie Nowa Nadzieja Bielawa	POL	1974	M40	470	03:44:23	03:42:58	1206
		5km:00:27:11 | 10km:00:54:10 | 15km: 01:21:03 | 20km:01:47:50 | 21km:01:53:38 | 25km:02:14:40 | 30km:02:41:20 | 35km:03:06:15 | 40km:03:32:18									
1313	7876	**FILIPKOWSKA Karolina**	ŁÓDŹ		POL	1987	K30	46	03:45:55	03:43:02	107
		5km:00:26:24 | 10km:00:52:52 | 15km: 01:19:24 | 20km:01:45:37 | 21km:01:51:27 | 25km:02:12:10 | 30km:02:38:40 | 35km:03:04:49 | 40km:03:31:30									
1314	7023	**POKRYSZKA Bartosz**	GLIWICE		POL	1986	M30	440	03:45:49	03:43:04	1207
		5km:00:24:22 | 10km:00:49:03 | 15km: 01:13:47 | 20km:01:38:15 | 21km:01:43:31 | 25km:02:03:27 | 30km:02:29:14 | 35km:02:56:43 | 40km:03:28:57									
1315	4375	**DĄBROWICZ Krzysztof**	NOWY DWÓR MAZOWIECKI		POL	1978	M40	471	03:45:05	03:43:06	1208
		5km:00:24:05 | 10km:00:48:23 | 15km: 01:12:34 | 20km:01:36:38 | 21km:01:41:48 | 25km:02:00:29 | 30km:02:26:05 | 35km:02:57:48 | 40km:03:30:25									
1316	6470	**JEŻ Adam**	WARSZAWA		POL	1979	M40	471	03:44:40	03:43:06	1208
		5km:00:26:34 | 10km:00:53:05 | 15km: 01:19:33 | 20km:01:45:50 | 21km:01:51:38 | 25km:02:12:10 | 30km:02:38:41 | 35km:03:05:20 | 40km:03:32:03									
1317	2550	**PODLEWSKA Anna**	WARSZAWA	Lipiec Running Team	POL	1981	K40	41	03:45:35	03:43:08	108
		5km:00:26:25 | 10km:00:52:39 | 15km: 01:18:44 | 20km:01:44:36 | 21km:01:50:14 | 25km:02:10:29 | 30km:02:36:34 | 35km:03:02:32 | 40km:03:30:25									
1318	7987	**ZELCS Gundars**	ROPAZI MUNICIPALITY		LAT	1986	M30	441	03:45:28	03:43:08	1210
		5km:00:26:40 | 10km:00:53:34 | 15km: 01:20:17 | 20km:01:47:01 | 21km:01:52:49 | 25km:02:14:01 | 30km:02:40:18 | 35km:03:05:58 | 40km:03:32:29									
1319	2581	**WINIARSKI Jakub**	WARSZAWA		POL	1984	M30	442	03:46:32	03:43:09	1211
		5km:00:25:59 | 10km:00:51:59 | 15km: 01:18:01 | 20km:01:44:29 | 21km:01:50:03 | 25km:02:10:29 | 30km:02:37:06 | 35km:03:03:40 | 40km:03:30:52									
1320	5116	**FRANCZYK Szymon**	GLIWICE		POL	1992	M30	443	03:45:02	03:43:11	1212
		5km:00:23:16 | 10km:00:47:31 | 15km: 01:12:08 | 20km:01:37:43 | 21km:01:43:11 | 25km:02:03:38 | 30km:02:31:59 | 35km:03:00:30 | 40km:03:30:34									
1321	7155	**SMĘTEK Fabian**	ŚWIDWIN		POL	1992	M30	443	03:44:59	03:43:11	1212
		5km:00:24:43 | 10km:00:49:37 | 15km: 01:15:31 | 20km:01:41:56 | 21km:01:47:38 | 25km:02:08:19 | 30km:02:35:45 | 35km:03:03:20 | 40km:03:31:27									
1322	8159	**STRYCHALSKI Dariusz**	ŁAPY	Altra Red Team / Zwycięzca	POL	1975	M40	473	03:44:35	03:43:11	1212
		5km:00:25:43 | 10km:00:51:35 | 15km: 01:17:31 | 20km:01:43:30 | 21km:01:49:14 | 25km:02:09:43 | 30km:02:36:27 | 35km:03:03:19 | 40km:03:31:20									
1323	13522	**SMOLIŃSKI Paweł**	SANOK	Kilometry Oddechów / Smashing pĄpkins	ISR	1979	M40	474	03:45:34	03:43:15	1215
		5km:00:26:33 | 10km:00:53:03 | 15km: 01:19:36 | 20km:01:45:51 | 21km:01:51:37 | 25km:02:12:30 | 30km:02:39:01 | 35km:03:05:30 | 40km:03:31:48									
1324	3289	**ZACHARIASZ Agnieszka**	GRÓDKÓW	Biegowa Kuźnia	POL	1983	K40	42	03:46:00	03:43:16	109
		5km:00:27:11 | 10km:00:54:09 | 15km: 01:21:11 | 20km:01:48:03 | 21km:01:53:56 | 25km:02:14:44 | 30km:02:40:47 | 35km:03:06:52 | 40km:03:32:47									
1325	3363	**OWCZAREK Norbert**	DĄBROWA GÓRNICZA		POL	1977	M40	475	03:46:12	03:43:19	1216
		5km:00:24:00 | 10km:00:48:23 | 15km: 01:12:54 | 20km:01:37:20 | 21km:01:42:45 | 25km:02:02:45 | 30km:02:30:26 | 35km:02:58:45 | 40km:03:30:56									
1326	6810	**ADAMIAK Marta**	WARSZAWA	GIZA TEAM	POL	1981	K40	43	03:44:29	03:43:20	110
		5km:00:24:25 | 10km:00:48:44 | 15km: 01:13:16 | 20km:01:37:52 | 21km:01:43:08 | 25km:02:02:43 | 30km:02:27:45 | 35km:02:54:58 | 40km:03:28:24									
1327	10107	**PIESIO Marcin**	GARWOLIN		POL	1983	M40	476	03:44:28	03:43:21	1217
		5km:00:26:34 | 10km:00:53:02 | 15km: 01:19:34 | 20km:01:45:49 | 21km:01:51:37 | 25km:02:12:36 | 30km:02:39:09 | 35km:03:05:28 | 40km:03:31:46									
1328	15013	**WRÓBEL Tomasz**	CZERWIONKA-LESZCZYNY		POL	1975	M40	477	03:45:58	03:43:23	1218
		5km:00:26:31 | 10km:00:53:03 | 15km: 01:19:36 | 20km:01:45:51 | 21km:01:51:37 | 25km:02:12:30 | 30km:02:39:01 | 35km:03:05:30 | 40km:03:31:48									
1329	3455	**HORDEJUK Dorota**	USTKA	USB Ustka	POL	1983	K40	44	03:45:57	03:43:24	111
		5km:00:25:04 | 10km:00:49:44 | 15km: 01:14:28 | 20km:01:38:55 | 21km:01:44:12 | 25km:02:03:20 | 30km:02:29:17 | 35km:02:58:39 | 40km:03:30:02									
1330	7570	**MAŁEK Kamil**	OPOLE	Dzikie Lejenie	POL	1991	M30	445	03:44:40	03:43:26	1219
		5km:00:27:07 | 10km:00:53:03 | 15km: 01:18:46 | 20km:01:44:15 | 21km:01:49:41 | 25km:02:09:41 | 30km:02:36:07 | 35km:03:02:58 | 40km:03:31:16									
1331	7061	**KRYWIENKO Tomasz**	GDYNIA	Ultra Way Team	POL	1982	M40	478	03:48:03	03:43:27	1220
		5km:00:27:13 | 10km:00:54:33 | 15km: 01:20:11 | 20km:01:45:26 | 21km:01:50:51 | 25km:02:11:11 | 30km:02:37:09 | 35km:03:03:26 | 40km:03:31:42									
1332	4073	**SOSNA Artur**	WARSZAWA		POL	1985	M30	446	03:47:07	03:43:35	1221
		5km:00:26:33 | 10km:00:53:19 | 15km: 01:19:35 | 20km:01:45:52 | 21km:01:51:36 | 25km:02:12:20 | 30km:02:38:54 | 35km:03:05:35 | 40km:03:32:41									
1333	4128	**PLOCKE Michał**	MICHAŁOWICE		POL	1987	M30	447	03:46:12	03:43:36	1222
		5km:00:25:56 | 10km:00:51:53 | 15km: 01:17:39 | 20km:01:43:51 | 21km:01:49:27 | 25km:02:09:52 | 30km:02:36:19 | 35km:03:02:41 | 40km:03:31:21									
1334	7878	**WTOREK-BUGAŃSKA Ilona**	BĘDZIN		POL	1990	K30	47	03:45:29	03:43:39	112

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:19 | 10km:00:51:21 | 15km: 01:17:35 | 20km:01:43:14 | 21km:01:48:47 | 25km:02:09:13 | 30km:02:35:25 | 35km:03:02:22 | 40km:03:31:27									
1335	4002	**OLEKSZAK Tomasz**	OLSZTYN		POL	1993	M30	448	03:44:52	03:43:40	1223
		5km:00:26:26 | 10km:00:52:54 | 15km: 01:19:27 | 20km:01:45:41 | 21km:01:51:29 | 25km:02:12:27 | 30km:02:39:01 | 35km:03:05:49 | 40km:03:32:54									
1336	7375	**URBANIEC Dariusz**	MSTÓW	Pewniak Team/Słońca Jury	POL	1978	M40	479	03:46:26	03:43:42	1224
		5km:00:25:18 | 10km:00:50:59 | 15km: 01:16:19 | 20km:01:42:48 | 21km:01:48:28 | 25km:02:09:57 | 30km:02:36:10 | 35km:03:03:49 | 40km:03:32:36									
1337	8201	**SZCZUDLIŃSKI Dawid**	PAWŁOWICE		POL	1991	M30	449	03:45:17	03:43:42	1224
		5km:00:26:56 | 10km:00:53:34 | 15km: 01:19:51 | 20km:01:46:00 | 21km:01:51:37 | 25km:02:12:19 | 30km:02:38:16 | 35km:03:04:15 | 40km:03:31:54									
1338	7965	**CICHOSZ Arkadiusz**	WROCŁAW	Litwin Sports	POL	1973	M50	123	03:45:34	03:43:43	1226
		5km:00:24:27 | 10km:00:49:31 | 15km: 01:15:02 | 20km:01:40:51 | 21km:01:46:23 | 25km:02:06:45 | 30km:02:33:28 | 35km:03:01:10 | 40km:03:30:57									
1339	8129	**NOWICKI Rafał**	GRÓJEC		POL	1993	M30	450	03:45:41	03:43:46	1227
		5km:00:26:03 | 10km:00:52:31 | 15km: 01:19:02 | 20km:01:45:17 | 21km:01:51:04 | 25km:02:11:56 | 30km:02:38:31 | 35km:03:05:17 | 40km:03:32:19									
1340	6631	**JABŁOŃSKI Filip**	RUMIA	Bright Inventions	POL	1992	M30	451	03:46:46	03:43:47	1228
		5km:00:25:28 | 10km:00:51:02 | 15km: 01:16:37 | 20km:01:41:53 | 21km:01:47:19 | 25km:02:07:06 | 30km:02:32:44 | 35km:02:58:56 | 40km:03:29:34									
1341	10060	**LEONIUK Paweł**	BIAŁYSTOK	Nadaktywni	POL	1982	M40	480	03:45:11	03:43:48	1229
		5km:00:22:15 | 10km:00:45:01 | 15km: 01:08:24 | 20km:01:33:03 | 21km:01:38:14 | 25km:01:58:09 | 30km:02:25:47 | 35km:02:54:24 | 40km:03:30:22									
1342	3410	**MANHARIC Michel**	MONTAUBAN		FRA	1970	M50	124	03:44:21	03:43:48	1229
		5km:00:27:17 | 10km:00:54:22 | 15km: 01:21:18 | 20km:01:47:55 | 21km:01:53:45 | 25km:02:14:44 | 30km:02:40:56 | 35km:03:07:18 | 40km:03:33:11									
1343	6211	**KORBECKI Krzysztof**	WARSZAWA		POL	1986	M30	452	03:46:26	03:43:52	1231
		5km:00:26:22 | 10km:00:53:19 | 15km: 01:19:15 | 20km:01:44:59 | 21km:01:50:37 | 25km:02:11:05 | 30km:02:37:50 | 35km:03:04:20 | 40km:03:31:57									
1344	6833	**GÓRCZYŃSKA Robert**	OSTROWIEC ŚWIĘTOKRZYSKI	OSTROBIEC	POL	1968	M50	125	03:47:22	03:43:52	1231
		5km:00:25:53 | 10km:00:51:48 | 15km: 01:17:53 | 20km:01:44:13 | 21km:01:49:45 | 25km:02:10:11 | 30km:02:36:19 | 35km:03:02:14 | 40km:03:31:24									
1345	2619	**ARZADUN Jon**	BERLIN		ESP	1981	M40	481	03:45:30	03:43:53	1233
		5km:00:26:18 | 10km:00:52:49 | 15km: 01:19:06 | 20km:01:44:53 | 21km:01:50:30 | 25km:02:11:09 | 30km:02:38:17 | 35km:03:05:32 | 40km:03:33:01									
1346	8026	**YAROVENKO Nataliia**	KYIV		UKR	1981	K40	45	03:44:59	03:43:53	113
		5km:00:26:11 | 10km:00:52:22 | 15km: 01:18:41 | 20km:01:45:03 | 21km:01:50:36 | 25km:02:11:08 | 30km:02:37:38 | 35km:03:03:48 | 40km:03:32:09									
1347	6650	**ZDZIECH Marek**	WARSZAWA	BWRUNNERS	POL	1991	M30	453	03:44:49	03:43:54	1234
		5km:00:25:25 | 10km:00:51:01 | 15km: 01:17:19 | 20km:01:43:39 | 21km:01:49:27 | 25km:02:10:31 | 30km:02:37:27 | 35km:03:03:20 | 40km:03:30:58									
1348	4278	**WOJCIECHOWSKI Jerzy**	WARSZAWA		POL	1984	M30	454	03:46:39	03:43:57	1235
		5km:00:24:19 | 10km:00:48:48 | 15km: 01:13:03 | 20km:01:37:13 | 21km:01:42:27 | 25km:02:01:45 | 30km:02:27:39 | 35km:02:59:15 | 40km:03:33:04									
1349	2225	**CISZEWSKI Przemysław**	PSZCZYNA		POL	2001	M20	160	03:46:59	03:43:58	1236
		5km:00:27:18 | 10km:00:54:01 | 15km: 01:20:22 | 20km:01:45:59 | 21km:01:51:34 | 25km:02:11:46 | 30km:02:37:48 | 35km:03:04:47 | 40km:03:32:17									
1350	2288	**MARCINIAK Rafał**	GLIWICE		POL	1986	M30	455	03:45:54	03:43:58	1236
		5km:00:27:06 | 10km:00:53:50 | 15km: 01:20:23 | 20km:01:46:45 | 21km:01:52:24 | 25km:02:12:39 | 30km:02:38:58 | 35km:03:05:09 | 40km:03:32:24									
1351	3161	**UMIASTOWSKI Bartosz**	NOWY DWÓR MAZOWIECKI		POL	1996	M20	161	03:46:36	03:44:01	1238
		5km:00:26:11 | 10km:00:52:22 | 15km: 01:18:41 | 20km:01:45:03 | 21km:01:50:36 | 25km:02:11:08 | 30km:02:37:38 | 35km:03:03:48 | 40km:03:32:09									
1352	3042	**CIECHOCIŃSKI Michał**	LUBLIN		POL	1986	M30	456	03:46:37	03:44:03	1239
		5km:00:25:00 | 10km:00:50:04 | 15km: 01:15:01 | 20km:01:39:46 | 21km:01:45:11 | 25km:02:04:46 | 30km:02:30:20 | 35km:02:58:37 | 40km:03:29:40									
1353	3145	**ZAWIŚLAK Paweł**	TOMASZÓW LUBELSKI		POL	1995	M20	162	03:45:49	03:44:03	1239
		5km:00:26:30 | 10km:00:52:48 | 15km: 01:18:22 | 20km:01:44:03 | 21km:01:49:42 | 25km:02:09:59 | 30km:02:36:19 | 35km:03:02:47 | 40km:03:31:30									
1354	3457	**KHOO Jonathan**	LONDON		AUS	1982	M40	482	03:46:38	03:44:05	1241
		5km:00:24:33 | 10km:00:49:19 | 15km: 01:14:37 | 20km:01:41:10 | 21km:01:47:01 | 25km:02:08:39 | 30km:02:36:19 | 35km:03:03:20 | 40km:03:32:11									
1355	7342	**ATKINS Samantha**	MAIDSTONE		GBR	1986	K30	48	03:45:22	03:44:06	114
		5km:00:26:10 | 10km:00:52:37 | 15km: 01:19:03 | 20km:01:45:36 | 21km:01:51:27 | 25km:02:12:22 | 30km:02:39:00 | 35km:03:06:17 | 40km:03:33:06									
1356	6404	**ORZECHOWSKA Julia**	WARSZAWA	Markowi Biegacze	POL	1995	K20	21	03:46:03	03:44:08	115
		5km:00:26:33 | 10km:00:53:17 | 15km: 01:19:13 | 20km:01:45:23 | 21km:01:51:01 | 25km:02:11:28 | 30km:02:38:53 | 35km:03:05:41 | 40km:03:32:52									
1357	2517	**ŚLIWOWSKI Kamil**	WARSZAWA	Swords Athletics	POL	1986	M30	457	03:46:46	03:44:09	1242
		5km:00:25:10 | 10km:00:52:16 | 15km: 01:18:00 | 20km:01:44:33 | 21km:01:50:06 | 25km:02:10:47 | 30km:02:37:26 | 35km:03:04:24 | 40km:03:31:53									
1358	2627	**PYŚ Krzysztof**	WARSZAWA		POL	1983	M40	483	03:48:22	03:44:10	1243
		5km:00:25:40 | 10km:00:51:01 | 15km: 01:16:23 | 20km:01:41:24 | 21km:01:46:46 | 25km:02:06:27 | 30km:02:32:21 | 35km:02:59:06 | 40km:03:30:08									
1359	6019	**KOSOWICZ Jerzy**	WARSZAWA		POL	1969	M50	126	03:49:03	03:44:12	1244
		5km:00:26:19 | 10km:00:52:47 | 15km: 01:18:54 | 20km:01:44:13 | 21km:01:49:45 | 25km:02:09:43 | 30km:02:36:15 | 35km:03:03:46 | 40km:03:32:28									
1360	8255	**RADZIAK Paweł**	GRODZISK MAZOWIECKI	Manhattan	POL	1985	M30	458	03:45:26	03:44:13	1245
		5km:00:28:28 | 10km:00:52:30 | 15km: 01:18:12 | 20km:01:44:00 | 21km:01:49:42 | 25km:02:10:18 | 30km:02:36:39 | 35km:03:03:39 | 40km:03:32:13									
1361	10784	**CHMIEL Paweł**	ŚLĘZA		POL	1989	M30	459	03:45:29	03:44:16	1246
		5km:00:25:24 | 10km:00:50:13 | 15km: 01:14:24 | 20km:01:38:11 | 21km:01:43:20 | 25km:02:02:19 | 30km:02:28:26 | 35km:02:54:50 | 40km:03:28:05									
1362	10204	**ADAMCZYK Paweł**	DĄBROWA GÓRNICZA		POL	1983	M40	484	03:46:19	03:44:17	1247
		5km:00:25:24 | 10km:00:50:58 | 15km: 01:16:54 | 20km:01:43:39 | 21km:01:49:19 | 25km:02:10:24 | 30km:02:37:27 | 35km:03:04:08 | 40km:03:32:57									
1363	6726	**BUCZYŃSKI Łukasz**	WARSZAWA		POL	1983	M40	484	03:47:02	03:44:17	1247
		5km:00:26:47 | 10km:00:52:52 | 15km: 01:18:49 | 20km:01:44:46 | 21km:01:50:25 | 25km:02:10:45 | 30km:02:36:42 | 35km:03:03:17 | 40km:03:32:02									
1364	4369	**MORAWSKI Ignacy**	WARSZAWA		POL	1983	M40	486	03:46:53	03:44:18	1249
		5km:00:28:09 | 10km:00:55:26 | 15km: 01:22:35 | 20km:01:49:37 | 21km:01:55:19 | 25km:02:16:12 | 30km:02:42:30 | 35km:03:07:43 | 40km:03:33:22									
1365	8484	**STAŃCZYK Mateusz**	PRUSZKÓW		POL	2001	M20	163	03:46:29	03:44:18	1249
		5km:00:25:06 | 10km:00:49:49 | 15km: 01:14:35 | 20km:01:39:05 | 21km:01:44:21 | 25km:02:03:29 | 30km:02:30:04 | 35km:03:00:26 | 40km:03:31:57									
1366	10416	**KACZMARCZYK Kamil**	PIĄTNICA	Run Team Piątnica	POL	1988	M30	460	03:48:05	03:44:19	1251
		5km:00:26:42 | 10km:00:53:18 | 15km: 01:19:02 | 20km:01:44:44 | 21km:01:50:15 | 25km:02:10:13 | 30km:02:37:15 | 35km:03:04:02 | 40km:03:32:35									
1367	12098	**ŁADNO Paweł**	WARSZAWA	We Run Clan	POL	1988	M30	461	03:45:32	03:44:21	1252
		5km:00:25:47 | 10km:00:51:58 | 15km: 01:17:29 | 20km:01:43:15 | 21km:01:48:54 | 25km:02:09:24 | 30km:02:35:38 | 35km:03:02:52 | 40km:03:31:45									
1368	10450	**KOWALEWSKA Wioletta**	LONDYN		POL	1977	K40	46	03:46:36	03:44:22	116
		5km:00:26:24 | 10km:00:52:53 | 15km: 01:19:23 | 20km:01:45:41 | 21km:01:51:29 | 25km:02:12:26 | 30km:02:39:00 | 35km:03:05:48 | 40km:03:32:57									
1369	3208	**TUROŃ Błażej**	ŻARY		POL	1991	M30	462	03:47:06	03:44:22	1253
		5km:00:26:42 | 10km:00:53:18 | 15km: 01:19:02 | 20km:01:44:44 | 21km:01:50:15 | 25km:02:10:13 | 30km:02:37:15 | 35km:03:04:02 | 40km:03:32:35									
1370	3456	**HRYŃCZUK Damian**	LIMERICK		POL	1999	M20	164	03:46:52	03:44:22	1253
		5km:00:25:06 | 10km:00:49:49 | 15km: 01:14:35 | 20km:01:39:05 | 21km:01:44:21 | 25km:02:03:29 | 30km:02:30:04 | 35km:03:00:26 | 40km:03:31:57									
1371	7911	**ABRAMOWSKI Mateusz**	MIŃSK MAZOWIECKI	MKB DREPTAK Mińsk Mazowiecki	POL	1996	M20	164	03:45:36	03:44:22	1253
		5km:00:25:47 | 10km:00:51:58 | 15km: 01:17:29 | 20km:01:43:15 | 21km:01:48:54 | 25km:02:09:24 | 30km:02:35:38 | 35km:03:02:52 | 40km:03:31:45									
1372	4427	**NOWAK Wojtek**	CHEŁM	Straż Miejska m.st Warszawy	POL	1970	M50	127	03:46:00	03:44:24	1256
		5km:00:24:45 | 10km:00:49:26 | 15km: 01:13:50 | 20km:01:38:23 | 21km:01:43:42 | 25km:02:03:07 | 30km:02:28:46 | 35km:02:59:58 | 40km:03:30:47									
1373	3823	**BUSZTA Paweł**	BRZÓZA STADNICKA	BorgWarner Running Team	POL	1990	M30	463	03:45:31	03:44:25	1257
		5km:00:22:51 | 10km:00:46:15 | 15km: 01:09:32 | 20km:01:33:25 | 21km:01:38:38 | 25km:01:57:37 | 30km:02:26:44 | 35km:02:59:05 | 40km:03:32:05									
1374	6074	**LEWANDOWSKI Jan**	WARSZAWA	Reunion	POL	1986	M30	463	03:45:46	03:44:25	1257
		5km:00:26:05 | 10km:00:52:59 | 15km: 01:18:51 | 20km:01:44:18 | 21km:01:49:46 | 25km:02:10:13 | 30km:02:37:09 | 35km:03:04:01 | 40km:03:32:36									
1375	6326	**ŁUKAWSKA Ewelina**	KRAKÓW		POL	1984	K30	49	03:51:40	03:44:25	117
		5km:00:25:39 | 10km:00:51:27 | 15km: 01:17:29 | 20km:01:43:35 | 21km:01:49:12 | 25km:02:09:47 | 30km:02:36:52 | 35km:03:04:06 | 40km:03:32:18									
1376	8001	**ŻŁAK Anna**	WARSZAWA		POL	1991	K30	50	03:45:57	03:44:26	118
		5km:00:25:08 | 10km:00:51:15 | 15km: 01:17:22 | 20km:01:43:33 | 21km:01:49:14 | 25km:02:10:03 | 30km:02:37:10 | 35km:03:04:01 | 40km:03:32:01									
1377	7328	**SOWA Karolina**	WARSZAWA		POL	1991	K30	51	03:48:13	03:44:27	119
		5km:00:26:31 | 10km:00:53:00 | 15km: 01:19:30 | 20km:01:45:46 | 21km:01:51:31 | 25km:02:12:24 | 30km:02:38:59 | 35km:03:05:46 | 40km:03:33:08									
1378	4197	**PREWYSZ-KWINTO Mateusz**	OTWOCK	Obstacle Center Team	POL	1991	M30	465	03:46:57	03:44:28	1259
		5km:00:25:59 | 10km:00:51:43 | 15km: 01:17:13 | 20km:01:43:03 | 21km:01:48:24 | 25km:02:08:10 | 30km:02:34:23 | 35km:03:03:39 | 40km:03:33:19									
1379	2831	**ARVELAIZ Fernando**	LISBOA		POR	1988	M30	466	03:46:37	03:44:29	1260
		5km:00:24:34 | 10km:00:49:23 | 15km: 01:14:15 | 20km:01:38:57 | 21km:01:44:17 | 25km:02:04:05 | 30km:02:30:53 | 35km:02:58:42 | 40km:03:30:40									
1380	3582	**GOSK Daniel**	MALBORK		POL	1986	M30	466	03:45:43	03:44:29	1260

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:12 | 10km:00:52:20 | 15km: 01:18:09 | 20km:01:44:23 | 21km:01:49:57 | 25km:02:10:30 | 30km:02:37:04 | 35km:03:03:55 | 40km:03:32:17									
1381	6568	**GLINKA Karol**	PUŁTUSK		POL	1985	M30	466	03:46:40	03:44:29	1260
		5km:00:26:34 | 10km:00:53:02 | 15km: 01:19:12 | 20km:01:45:20 | 21km:01:50:59 | 25km:02:11:20 | 30km:02:38:00 | 35km:03:04:33 | 40km:03:32:49									
1382	2379	**JANIKOWSKI Piotr**	SOSNOWIEC	Grupa Pościgowa	POL	1977	M40	487	03:46:59	03:44:31	1263
		5km:00:25:53 | 10km:00:51:49 | 15km: 01:17:18 | 20km:01:43:34 | 21km:01:49:16 | 25km:02:09:49 | 30km:02:36:21 | 35km:03:04:13 | 40km:03:33:26									
1383	3046	**HALLIK Argo**	TALLINN		EST	1990	M30	469	03:46:56	03:44:31	1263
		5km:00:24:53 | 10km:00:49:43 | 15km: 01:14:30 | 20km:01:38:56 | 21km:01:44:15 | 25km:02:03:15 | 30km:02:28:00 | 35km:02:59:40 | 40km:03:33:18									
1384	2924	**FERĘC Jan**	WARSZAWA		POL	1996	M20	166	03:45:45	03:44:32	1265
		5km:00:23:57 | 10km:00:48:18 | 15km: 01:12:48 | 20km:01:37:12 | 21km:01:42:35 | 25km:02:03:05 | 30km:02:30:55 | 35km:02:59:28 | 40km:03:31:25									
1385	6780	**GROCH Jacek**	KAŃCZUGA	Kańczudzka Grupa Biegowa	POL	1974	M40	488	03:45:44	03:44:32	1265
		5km:00:26:07 | 10km:00:52:51 | 15km: 01:19:02 | 20km:01:45:20 | 21km:01:51:02 | 25km:02:11:53 | 30km:02:38:36 | 35km:03:05:07 | 40km:03:32:56									
1386	7368	**ZAWŁOCKI Daniel**	TCZEW	JASIO TEAM	POL	1988	M30	470	03:47:43	03:44:32	1265
		5km:00:26:33 | 10km:00:53:02 | 15km: 01:19:32 | 20km:01:45:44 | 21km:01:51:35 | 25km:02:12:26 | 30km:02:39:00 | 35km:03:05:30 | 40km:03:32:55									
1387	3834	**SZYMAŃSKI Daniel**	NOWY DWÓR MAZOWIECKI		POL	1989	M30	471	03:47:01	03:44:34	1268
		5km:00:26:05 | 10km:00:51:50 | 15km: 01:17:35 | 20km:01:43:04 | 21km:01:48:39 | 25km:02:08:51 | 30km:02:35:07 | 35km:03:02:58 | 40km:03:32:33									
1388	3483	**NOWAKOWSKI Arkadiusz**	GLIWICE	Oasis Sport Team	POL	1987	M30	472	03:46:49	03:44:35	1269
		5km:00:26:28 | 10km:00:52:46 | 15km: 01:18:35 | 20km:01:44:44 | 21km:01:50:19 | 25km:02:10:45 | 30km:02:37:30 | 35km:03:04:29 | 40km:03:32:48									
1389	2794	**CAGARA Dawid**	KWIRYNÓW		POL	1977	M40	489	03:46:47	03:44:37	1270
		5km:00:26:31 | 10km:00:53:02 | 15km: 01:19:32 | 20km:01:45:45 | 21km:01:51:36 | 25km:02:12:27 | 30km:02:39:00 | 35km:03:05:49 | 40km:03:32:51									
1390	3667	**OSIK Przemysław**	BIAŁYSTOK	Białystok Biega Team	POL	1987	M30	473	03:47:05	03:44:38	1271
		5km:00:26:19 | 10km:00:53:39 | 15km: 01:19:20 | 20km:01:45:37 | 21km:01:51:18 | 25km:02:11:50 | 30km:02:38:01 | 35km:03:04:30 | 40km:03:32:14									
1391	2664	**PIPPARD Rhys**	CHELTENHAM		GBR	1984	M30	474	03:45:16	03:44:40	1272
		5km:00:26:35 | 10km:00:53:13 | 15km: 01:19:21 | 20km:01:45:48 | 21km:01:51:28 | 25km:02:12:10 | 30km:02:38:33 | 35km:03:04:57 | 40km:03:32:53									
1392	4356	**ESKOLA Matias**	VANTAA		FIN	1999	M20	167	03:47:34	03:44:40	1272
		5km:00:26:20 | 10km:00:53:07 | 15km: 01:19:23 | 20km:01:45:39 | 21km:01:51:21 | 25km:02:11:52 | 30km:02:38:04 | 35km:03:04:33 | 40km:03:32:16									
1393	2665	**PIPPARD Angela**	CHELTENHAM		GBR	1976	K40	47	03:45:15	03:44:41	120
		5km:00:27:02 | 10km:00:53:03 | 15km: 01:20:28 | 20km:01:46:20 | 21km:01:52:05 | 25km:02:12:19 | 30km:02:39:48 | 35km:03:06:35 | 40km:03:33:23									
1394	6729	**GOODWIN David**	CRADLEY HEATH	Sandwell Valley RC	GBR	1967	M50	128	03:47:28	03:44:41	1274
		5km:00:26:08 | 10km:00:51:55 | 15km: 01:17:44 | 20km:01:43:51 | 21km:01:49:37 | 25km:02:09:59 | 30km:02:36:29 | 35km:03:02:51 | 40km:03:32:25									
1395	7773	**KLIMUK Aliaksandr**	MINSK			1995	M20	168	03:46:37	03:44:41	1274
		5km:00:25:07 | 10km:00:50:13 | 15km: 01:15:38 | 20km:01:40:37 | 21km:01:46:02 | 25km:02:06:10 | 30km:02:32:38 | 35km:03:00:23 | 40km:03:31:35									
1396	4006	**KUROWSKI Jacek**	SIERAKÓW		POL	1977	M40	490	03:47:18	03:44:42	1276
		5km:00:25:04 | 10km:00:49:02 | 15km: 01:12:40 | 20km:01:37:10 | 21km:01:42:15 | 25km:02:02:12 | 30km:02:30:18 | 35km:03:00:39 | 40km:03:31:44									
1397	3647	**OLCZYK Mateusz**	KRAKÓW		POL	1998	M20	169	03:45:36	03:44:43	1277
		5km:00:26:33 | 10km:00:53:01 | 15km: 01:19:32 | 20km:01:45:43 | 21km:01:51:35 | 25km:02:12:26 | 30km:02:38:58 | 35km:03:05:49 | 40km:03:32:50									
1398	6724	**WNUK Tomasz**	WARSZAWA	Naprzód Młociny	POL	1981	M40	491	03:47:10	03:44:43	1277
		5km:00:26:35 | 10km:00:53:03 | 15km: 01:19:36 | 20km:01:45:50 | 21km:01:51:39 | 25km:02:12:37 | 30km:02:39:11 | 35km:03:05:59 | 40km:03:33:07									
1399	7953	**PYTLIK Wojciech**	BOGUNICE	Heineken Kraków Running Club	POL	1989	M30	475	03:47:17	03:44:44	1279
		5km:00:25:10 | 10km:00:50:11 | 15km: 01:15:07 | 20km:01:39:59 | 21km:01:45:26 | 25km:02:05:16 | 30km:02:31:08 | 35km:02:58:30 | 40km:03:30:44									
1400	15010	**KWIATKOWSKI Mariusz**	IŁAWA	PND Running Team	POL	1981	M40	492	03:46:02	03:44:46	1280
		5km:00:25:18 | 10km:00:50:48 | 15km: 01:16:32 | 20km:01:42:02 | 21km:01:47:34 | 25km:02:07:41 | 30km:02:34:06 | 35km:03:01:14 | 40km:03:31:50									
1401	4428	**HUSSEIN MUSTAFA Kadduri**	HELSINKI		IRQ	1982	M40	493	03:45:38	03:44:47	1281
		5km:00:27:02 | 10km:00:53:33 | 15km: 01:20:02 | 20km:01:46:11 | 21km:01:51:34 | 25km:02:11:44 | 30km:02:37:52 | 35km:03:04:03 | 40km:03:32:49									
1402	6223	**CHRISTENSEN Marc**	LONDON		GBR	1997	M20	170	03:46:45	03:44:47	1281
		5km:00:24:32 | 10km:00:49:12 | 15km: 01:13:45 | 20km:01:38:10 | 21km:01:43:31 | 25km:02:02:38 | 30km:02:28:42 | 35km:02:59:13 | 40km:03:33:04									
1403	6811	**GRABOWSKI Bogusław**	ANDRYCHÓW	INOV4	POL	1980	M40	494	03:46:07	03:44:48	1283
		5km:00:26:23 | 10km:00:52:54 | 15km: 01:19:23 | 20km:01:45:39 | 21km:01:51:26 | 25km:02:12:20 | 30km:02:38:53 | 35km:03:05:39 | 40km:03:33:04									
1404	3434	**GRODZKI Przemysław**	WARSZAWA		POL	1979	M40	495	03:47:25	03:44:49	1284
		5km:00:26:09 | 10km:00:51:50 | 15km: 01:17:30 | 20km:01:43:20 | 21km:01:48:57 | 25km:02:09:27 | 30km:02:36:01 | 35km:03:02:35 | 40km:03:32:32									
1405	3811	**SIEROCIŃSKA Kinga**	WARSZAWA		POL	1995	K20	22	03:47:24	03:44:51	121
		5km:00:24:06 | 10km:00:48:24 | 15km: 01:12:35 | 20km:01:37:05 | 21km:01:42:28 | 25km:02:02:16 | 30km:02:28:31 | 35km:02:57:48 | 40km:03:30:26									
1406	6453	**NASKRĘT Bartłomiej**	KRĘCZKI		POL	1984	M30	476	03:46:27	03:44:51	1285
		5km:00:25:58 | 10km:00:51:55 | 15km: 01:17:44 | 20km:01:43:58 | 21km:01:49:42 | 25km:02:10:14 | 30km:02:36:49 | 35km:03:03:26 | 40km:03:32:44									
1407	7479	**LISOWSKI Mariusz**	WROCŁAW		POL	1982	M40	496	03:46:41	03:44:51	1285
		5km:00:24:36 | 10km:00:49:31 | 15km: 01:14:34 | 20km:01:39:20 | 21km:01:44:39 | 25km:02:04:17 | 30km:02:30:58 | 35km:02:59:27 | 40km:03:31:02									
1408	8235	**KACHNIEWSKI Mirosław**	WARSZAWA		POL	1971	M50	129	03:46:04	03:44:52	1287
		5km:00:24:56 | 10km:00:49:38 | 15km: 01:14:22 | 20km:01:39:02 | 21km:01:44:21 | 25km:02:04:35 | 30km:02:32:09 | 35km:03:00:56 | 40km:03:31:04									
1409	7396	**CEGLARZ Radosław**	PIASEK	Team Fun Running	POL	1974	M40	497	03:46:15	03:44:53	1288
		5km:00:26:33 | 10km:00:53:01 | 15km: 01:19:30 | 20km:01:45:39 | 21km:01:51:22 | 25km:02:12:03 | 30km:02:38:38 | 35km:03:05:07 | 40km:03:33:04									
1410	15556	**KUNERT Marcin**	PIASECZNO		POL	1985	M30	477	03:47:38	03:44:55	1289
		5km:00:24:21 | 10km:00:48:48 | 15km: 01:12:58 | 20km:01:37:07 | 21km:01:42:20 | 25km:02:02:19 | 30km:02:27:05 | 35km:02:58:50 | 40km:03:33:38									
1411	6052	**MIKLASZEWSKI Radek**	WARSZAWA	NORBULLO TEAM	POL	1971	M50	130	03:46:56	03:44:55	1289
		5km:00:22:42 | 10km:00:46:03 | 15km: 01:09:37 | 20km:01:34:25 | 21km:01:39:45 | 25km:02:00:51 | 30km:02:31:36 | 35km:03:00:51 | 40km:03:32:26									
1412	7744	**BARCZAK Tomasz**	MILEJÓW	RUN TEAM MILEJÓW	POL	1977	M40	498	03:46:42	03:44:55	1289
		5km:00:22:38 | 10km:00:46:02 | 15km: 01:10:00 | 20km:01:33:54 | 21km:01:39:09 | 25km:01:58:40 | 30km:02:26:13 | 35km:02:55:26 | 40km:03:30:30									
1413	4293	**ŁUKASZEWSKI Kamil**	RADOMSKO	MOYA	POL	1995	M20	171	03:45:28	03:44:56	1292
		5km:00:27:26 | 10km:00:54:40 | 15km: 01:21:39 | 20km:01:47:56 | 21km:01:53:33 | 25km:02:13:53 | 30km:02:40:13 | 35km:03:06:38 | 40km:03:33:26									
1414	2174	**KACZMAREK Tomasz**	WARSZAWA		POL	1991	M30	478	03:48:43	03:44:59	1293
		5km:00:26:47 | 10km:00:53:15 | 15km: 01:19:31 | 20km:01:45:43 | 21km:01:51:30 | 25km:02:12:26 | 30km:02:39:00 | 35km:03:05:48 | 40km:03:33:18									
1415	7592	**PĘKAŁA Piotr**	KOSZALIN	SOSW KOSZALIN	POL	1971	M50	131	03:47:31	03:44:59	1293
		5km:00:27:46 | 10km:00:54:41 | 15km: 01:20:40 | 20km:01:46:23 | 21km:01:51:56 | 25km:02:12:00 | 30km:02:38:21 | 35km:03:05:10 | 40km:03:32:51									
1416	3227	**KUNA Robert**	ZĄBKI	Biegające Ząbki	POL	1980	M40	499	03:48:25	03:45:00	1295
		5km:00:26:48 | 10km:00:52:56 | 15km: 01:19:05 | 20km:01:45:36 | 21km:01:51:21 | 25km:02:12:05 | 30km:02:39:05 | 35km:03:05:52 | 40km:03:33:11									
1417	8215	**PRIŠMANTAS Kestutis**	TAURAG?		LTU	1992	M30	479	03:48:18	03:45:02	1296
		5km:00:26:22 | 10km:00:52:50 | 15km: 01:19:21 | 20km:01:45:33 | 21km:01:51:25 | 25km:02:12:16 | 30km:02:38:49 | 35km:03:05:38 | 40km:03:32:52									
1418	7658	**SKUZA Maja**	WROCLAW		POL	2001	K20	23	03:47:42	03:45:03	122
		5km:00:26:32 | 10km:00:53:09 | 15km: 01:19:30 | 20km:01:45:55 | 21km:01:51:38 | 25km:02:12:45 | 30km:02:39:30 | 35km:03:06:24 | 40km:03:33:20									
1419	7952	**ZINKO Tomasz**	PIENIĘŻNO	fb -> @3maj_Tempo	POL	1989	M30	480	03:47:49	03:45:05	1297
		5km:00:24:41 | 10km:00:49:34 | 15km: 01:14:12 | 20km:01:38:48 | 21km:01:44:06 | 25km:02:03:21 | 30km:02:28:45 | 35km:02:56:51 | 40km:03:30:44									
1420	10781	**KUCHARCZYK Piotr**	WARSZAWA	Kuźnia Triathlonu	POL	1970	M50	132	03:45:54	03:45:06	1298
		5km:00:26:21 | 10km:00:53:51 | 15km: 01:19:29 | 20km:01:44:08 | 21km:01:49:11 | 25km:02:09:00 | 30km:02:34:51 | 35km:03:01:43 | 40km:03:32:26									
1421	8194	**FUTREGA Marek**	MORĄG		POL	1978	M40	500	03:47:30	03:45:06	1298
		5km:00:25:46 | 10km:00:51:43 | 15km: 01:17:31 | 20km:01:43:13 | 21km:01:48:53 | 25km:02:09:43 | 30km:02:36:32 | 35km:03:03:27 | 40km:03:32:08									
1422	8202	**GÓRECKA Katarzyna**	WARSZAWA		POL	1976	K40	48	03:47:07	03:45:06	123
		5km:00:24:38 | 10km:00:49:27 | 15km: 01:14:25 | 20km:01:39:27 | 21km:01:44:56 | 25km:02:05:10 | 30km:02:31:57 | 35km:03:00:55 | 40km:03:32:10									
1423	2640	**MACIEJEWSKI Stanisław**	WARSZAWA	WPRunning	POL	1971	M50	133	03:46:25	03:45:09	1300
		5km:00:25:31 | 10km:00:52:00 | 15km: 01:18:22 | 20km:01:44:56 | 21km:01:50:36 | 25km:02:11:19 | 30km:02:38:04 | 35km:03:04:59 | 40km:03:33:12									
1424	8399	**BOCIAN Mariusz**	WARSZAWA		POL	1972	M50	133	03:49:04	03:45:09	1300
		5km:00:25:08 | 10km:00:50:41 | 15km: 01:16:08 | 20km:01:41:55 | 21km:01:47:32 | 25km:02:09:15 | 30km:02:36:53 | 35km:03:04:35 | 40km:03:32:46									
1425	6870	**ANDERSON Shane**	GANGELT		USA	1972	M50	135	03:49:29	03:45:10	1302
		5km:00:26:14 | 10km:00:53:40 | 15km: 01:20:51 | 20km:01:47:58 | 21km:01:53:58 | 25km:02:15:12 | 30km:02:42:28 | 35km:03:09:42 | 40km:03:35:20									
1426	3008	**KONARZEWSKI Krzysztof**	RUMIA		POL	2002	M20	172	03:49:34	03:45:12	1303

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:50 | 10km:00:53:03 | 15km: 01:19:01 | 20km:01:44:32 | 21km:01:50:01 | 25km:02:09:58 | 30km:02:35:35 | 35km:03:01:40 | 40km:03:32:15									
1427	3171	**AKAI Yoshikazu**	WARSZAWA		JPN	1987	M30	481	03:48:11	03:45:12	1303
1428	10713	**PILARSKI Grzegorz**	PUŁAWY	KONSTRUKTOR PUŁAWY	POL	1974	M40	501	03:47:59	03:45:14	1305
		5km:00:26:39 | 10km:00:53:27 | 15km: 01:19:27 | 20km:01:45:29 | 21km:01:51:12 | 25km:02:12:04 | 30km:02:38:35 | 35km:03:05:46 | 40km:03:33:26									
1429	12056	**JESZKA Adrianna**	CHOJNICE	Totalnie Biegnięci	POL	1996	K20	24	03:46:31	03:45:14	124
		5km:00:24:34 | 10km:00:49:24 | 15km: 01:15:10 | 20km:01:40:23 | 21km:01:45:52 | 25km:02:06:18 | 30km:02:32:45 | 35km:02:59:41 | 40km:03:31:23									
1430	2248	**KLASA Rafał**	WARSZAWA		POL	1984	M30	482	03:48:07	03:45:14	1305
		5km:00:27:11 | 10km:00:53:20 | 15km: 01:19:11 | 20km:01:45:16 | 21km:01:50:47 | 25km:02:10:48 | 30km:02:38:29 | 35km:03:04:49 | 40km:03:32:54									
1431	6027	**MARKOWICZ Rafał**	WARSZAWA	Linde Team	POL	1986	M30	482	03:47:35	03:45:14	1305
		5km:00:26:42 | 10km:00:52:59 | 15km: 01:18:59 | 20km:01:44:44 | 21km:01:50:25 | 25km:02:11:30 | 30km:02:37:53 | 35km:03:05:07 | 40km:03:33:14									
1432	6392	**BOROWIEC Sławomir**	WARSZAWA	bez przynależności	POL	1973	M50	136	03:46:48	03:45:15	1308
		5km:00:25:47 | 10km:00:51:29 | 15km: 01:17:15 | 20km:01:42:46 | 21km:01:48:20 | 25km:02:08:08 | 30km:02:33:22 | 35km:02:59:34 | 40km:03:31:17									
1433	3933	**CZAJKA Beata**	WOLA RĘBKOWSKA		POL	1989	K30	52	03:49:02	03:45:16	125
		5km:00:26:43 | 10km:00:53:10 | 15km: 01:19:11 | 20km:01:45:11 | 21km:01:50:58 | 25km:02:11:21 | 30km:02:37:41 | 35km:03:04:27 | 40km:03:32:40									
1434	6619	**ŁOBODA Jakub**	WARSZAWA	Mazowiecki Oddział Żandarmerii Wojskowej	POL	1996	M20	173	03:46:33	03:45:18	1309
		5km:00:25:16 | 10km:00:50:02 | 15km: 01:14:55 | 20km:01:39:33 | 21km:01:44:57 | 25km:02:04:08 | 30km:02:29:00 | 35km:02:56:18 | 40km:03:30:38									
1435	5021	**WYRWA Przemysław**	CZŁOPA	Weterani RP	POL	1966	M50	137	03:48:13	03:45:19	1310
		5km:00:26:07 | 10km:00:52:36 | 15km: 01:18:44 | 20km:01:44:33 | 21km:01:50:10 | 25km:02:10:29 | 30km:02:36:13 | 35km:03:02:54 | 40km:03:32:40									
1436	7421	**NITKA Marek**	WARSZAWA		POL	1987	M30	484	03:47:58	03:45:21	1311
		5km:00:24:33 | 10km:00:49:26 | 15km: 01:14:31 | 20km:01:39:11 | 21km:01:44:37 | 25km:02:04:26 | 30km:02:30:53 | 35km:02:58:54 | 40km:03:32:02									
1437	7171	**BANKIEWICZ Damian**	WARSZAWA		POL	1971	M50	138	03:47:59	03:45:24	1312
		5km:00:26:27 | 10km:00:52:51 | 15km: 01:18:56 | 20km:01:44:45 | 21km:01:50:24 | 25km:02:11:10 | 30km:02:38:06 | 35km:03:05:42 | 40km:03:33:29									
1438	10747	**GOIKE Piotr**	KĘBŁOWO		POL	1996	M20	174	03:46:58	03:45:27	1313
		5km:00:24:55 | 10km:00:49:28 | 15km: 01:14:06 | 20km:01:38:36 | 21km:01:43:54 | 25km:02:03:24 | 30km:02:30:38 | 35km:02:59:57 | 40km:03:31:36									
1439	3354	**WITAŁA Damian**	RUDA ŚLĄSKA	PWiK Ruda Śląska	POL	1972	M50	139	03:47:00	03:45:27	1313
		5km:00:26:11 | 10km:00:52:10 | 15km: 01:17:59 | 20km:01:44:11 | 21km:01:49:57 | 25km:02:10:23 | 30km:02:36:58 | 35km:03:03:35 | 40km:03:32:39									
1440	7976	**SZTABIŃSKI Wojciech**	FRACKI		POL	1970	M50	139	03:46:57	03:45:27	1313
		5km:00:24:48 | 10km:00:49:32 | 15km: 01:13:38 | 20km:01:37:59 | 21km:01:43:10 | 25km:02:02:09 | 30km:02:27:58 | 35km:02:57:27 | 40km:03:31:07									
1441	7140	**KACZOR Michał**	RADOM	Radio Rekord	POL	1991	M30	485	03:47:28	03:45:29	1316
		5km:00:25:33 | 10km:00:51:22 | 15km: 01:17:02 | 20km:01:43:15 | 21km:01:48:49 | 25km:02:09:27 | 30km:02:36:21 | 35km:03:02:37 | 40km:03:32:49									
1442	7251	**MIRKIEWICZ Andrzej**	PRUSZKÓW		POL	1955	M60	16	03:48:11	03:45:29	1316
		5km:00:26:53 | 10km:00:53:53 | 15km: 01:21:01 | 20km:01:48:00 | 21km:01:53:51 | 25km:02:14:43 | 30km:02:41:29 | 35km:03:07:31 | 40km:03:34:25									
1443	6576	**KUKULAK Marcin**	KONSTANTYNÓW ŁÓDZKI		POL	1988	M30	486	03:48:01	03:45:32	1318
		5km:00:26:30 | 10km:00:52:47 | 15km: 01:18:50 | 20km:01:44:37 | 21km:01:50:17 | 25km:02:10:56 | 30km:02:38:54 | 35km:03:05:36 | 40km:03:33:32									
1444	12095	**ZIELINSKA Ewa**	CARLISLE		POL	1990	K30	53	03:48:21	03:45:33	126
		5km:00:27:13 | 10km:00:53:55 | 15km: 01:20:36 | 20km:01:47:40 | 21km:01:53:22 | 25km:02:14:30 | 30km:02:42:09 | 35km:03:08:57 | 40km:03:34:35									
1445	3018	**DYBLIK Rafał**	WROCŁAW		POL	1976	M40	502	03:46:23	03:45:33	1319
		5km:00:27:14 | 10km:00:54:39 | 15km: 01:21:25 | 20km:01:48:00 | 21km:01:53:36 | 25km:02:14:09 | 30km:02:40:10 | 35km:03:06:24 | 40km:03:34:04									
1446	3938	**MYRCHA Jakub**	WARSZAWA	Obstacle Center Team	POL	1993	M30	487	03:48:02	03:45:33	1319
		5km:00:26:33 | 10km:00:53:02 | 15km: 01:19:28 | 20km:01:45:47 | 21km:01:51:33 | 25km:02:12:24 | 30km:02:39:00 | 35km:03:05:50 | 40km:03:33:27									
1447	3141	**WIŚNIOWSKI Piotr**	PRZEMYŚL		POL	1989	M30	488	03:48:36	03:45:38	1321
		5km:00:26:57 | 10km:00:53:24 | 15km: 01:19:25 | 20km:01:45:37 | 21km:01:51:20 | 25km:02:11:50 | 30km:02:38:16 | 35km:03:05:05 | 40km:03:33:15									
1448	6848	**ŻAK Krzysztof**	IWINY		POL	1989	M30	489	03:47:18	03:45:41	1322
		5km:00:25:25 | 10km:00:51:33 | 15km: 01:17:55 | 20km:01:44:05 | 21km:01:49:49 | 25km:02:10:25 | 30km:02:36:57 | 35km:03:03:24 | 40km:03:33:30									
1449	8259	**MŁODAWSKI Maciej**	KATOWICE		POL	1993	M30	490	03:47:16	03:45:42	1323
		5km:00:25:57 | 10km:00:51:37 | 15km: 01:17:26 | 20km:01:43:09 | 21km:01:48:46 | 25km:02:09:18 | 30km:02:36:16 | 35km:03:03:54 | 40km:03:34:22									
1450	7549	**SIVAKUMARAN Frederic**	CROYDON		GBR	1989	M30	491	03:45:57	03:45:44	1324
		5km:00:21:34 | 10km:00:43:02 | 15km: 01:04:18 | 20km:01:25:47 | 21km:01:30:28 | 25km:01:47:21 | 30km:02:10:42 | 35km:02:41:57 | 40km:03:30:49									
1451	10339	**BRZEZIŃSKI Grzegorz**	SKARŻYSKO KAMIENNA	Czarnecki Run Team	POL	1971	M50	141	03:47:44	03:45:46	1325
		5km:00:26:00 | 10km:00:51:57 | 15km: 01:17:50 | 20km:01:43:49 | 21km:01:49:34 | 25km:02:10:14 | 30km:02:36:54 | 35km:03:03:51 | 40km:03:33:23									
1452	6511	**PYZEL Patryk**	WARSZAWA		POL	1976	M40	503	03:48:03	03:45:52	1326
		5km:00:26:52 | 10km:00:53:24 | 15km: 01:19:40 | 20km:01:45:47 | 21km:01:51:31 | 25km:02:12:03 | 30km:02:38:35 | 35km:03:05:20 | 40km:03:33:34									
1453	6148	**SZADKOWSKI Jacek**	TWARDORZECZKA		POL	1978	M40	504	03:49:27	03:45:56	1327
		5km:00:27:04 | 10km:00:54:03 | 15km: 01:20:51 | 20km:01:47:19 | 21km:01:52:55 | 25km:02:13:28 | 30km:02:40:11 | 35km:03:06:55 | 40km:03:34:12									
1454	10596	**BŁAŻEŁEK Michał**	DOBRA		POL	1997	M20	175	03:49:14	03:45:58	1328
		5km:00:27:11 | 10km:00:54:27 | 15km: 01:21:27 | 20km:01:48:17 | 21km:01:54:03 | 25km:02:15:39 | 30km:02:43:00 | 35km:03:09:22 | 40km:03:35:25									
1455	6242	**STĘPIEŃ Mariusz**	CZĘSTOCHOWA		POL	1974	M40	505	03:48:19	03:45:58	1328
		5km:00:26:27 | 10km:00:52:09 | 15km: 01:17:57 | 20km:01:43:25 | 21km:01:48:57 | 25km:02:09:20 | 30km:02:35:45 | 35km:03:02:43 | 40km:03:33:15									
1456	6827	**RYMARSKI Arkadiusz**	WROCŁAW	NOA	POL	1975	M40	506	03:46:50	03:46:00	1330
		5km:00:26:02 | 10km:00:52:45 | 15km: 01:19:14 | 20km:01:45:37 | 21km:01:51:27 | 25km:02:12:14 | 30km:02:39:27 | 35km:03:07:19 | 40km:03:34:53									
1457	3824	**DĄBROWSKI Rafał**	WASILKÓW		POL	1982	M40	507	03:48:59	03:46:01	1331
		5km:00:27:12 | 10km:00:54:07 | 15km: 01:21:06 | 20km:01:47:57 | 21km:01:53:54 | 25km:02:15:01 | 30km:02:41:42 | 35km:03:07:55 | 40km:03:34:32									
1458	7643	**KLIKIEWICZ Maciej**	DĄBROWA GÓRNICZA		POL	1991	M30	492	03:47:52	03:46:02	1332
		5km:00:27:52 | 10km:00:56:11 | 15km: 01:23:01 | 20km:01:50:16 | 21km:01:56:02 | 25km:02:17:50 | 30km:02:45:36 | 35km:03:10:02 | 40km:03:35:44									
1459	10378	**NAWROCKI Maciek**	OSTROWIEC ŚWIĘTOKRZYSKI		POL	1997	M20	176	03:53:50	03:46:03	1333
		5km:00:26:11 | 10km:00:52:51 | 15km: 01:19:25 | 20km:01:45:31 | 21km:01:51:11 | 25km:02:11:45 | 30km:02:39:03 | 35km:03:06:23 | 40km:03:34:01									
1460	2580	**STERNA Jakub**	ŁÓDŹ		POL	1991	M30	493	03:48:43	03:46:03	1333
		5km:00:26:36 | 10km:00:53:15 | 15km: 01:19:34 | 20km:01:46:00 | 21km:01:51:42 | 25km:02:12:49 | 30km:02:39:48 | 35km:03:06:43 | 40km:03:34:17									
1461	2719	**NOWACZYK Marcin**	GNIEZNO		POL	1976	M40	508	03:47:29	03:46:06	1335
		5km:00:24:53 | 10km:00:49:32 | 15km: 01:14:15 | 20km:01:38:44 | 21km:01:44:04 | 25km:02:03:18 | 30km:02:29:50 | 35km:03:00:10 | 40km:03:32:46									
1462	10333	**TYLICKI Mikołaj**	WRZEŚNIA		POL	1997	M20	177	03:49:32	03:46:07	1336
		5km:00:26:39 | 10km:00:52:38 | 15km: 01:18:35 | 20km:01:43:34 | 21km:01:48:48 | 25km:02:07:49 | 30km:02:33:16 | 35km:03:01:51 | 40km:03:32:11									
1463	4298	**MITROWSKI Dawid**	PRUSZKÓW		POL	1991	M30	494	03:49:33	03:46:07	1336
		5km:00:28:22 | 10km:00:55:02 | 15km: 01:21:50 | 20km:01:48:42 | 21km:01:54:27 | 25km:02:16:17 | 30km:02:42:55 | 35km:03:08:32 | 40km:03:34:55									
1464	2105	**KNITTER Konrad**	WROCŁAW	Swords Athletics	POL	1992	M30	495	03:48:53	03:46:09	1338
		5km:00:26:23 | 10km:00:52:31 | 15km: 01:18:24 | 20km:01:45:13 | 21km:01:50:49 | 25km:02:11:01 | 30km:02:37:42 | 35km:03:04:53 | 40km:03:32:54									
1465	4130	**RUSZCZYK Bartosz**	WRONKI	KK Dziewiątka-Amica Wronki	POL	1998	M20	178	03:47:36	03:46:11	1339
		5km:00:24:55 | 10km:00:49:36 | 15km: 01:14:23 | 20km:01:38:56 | 21km:01:44:12 | 25km:02:03:42 | 30km:02:31:17 | 35km:03:00:27 | 40km:03:33:45									
1466	10285	**JOŃCZYK Jakub**	ŁÓDŹ	Tlenowa Radość Team	POL	1985	M30	496	03:47:12	03:46:13	1340
		5km:00:25:10 | 10km:00:49:45 | 15km: 01:14:12 | 20km:01:38:43 | 21km:01:44:01 | 25km:02:03:08 | 30km:02:28:13 | 35km:02:58:44 | 40km:03:34:20									
1467	3796	**LECH Grzegorz**	SZCZECIN		POL	1976	M40	509	03:48:07	03:46:15	1341
		5km:00:26:04 | 10km:00:52:01 | 15km: 01:17:57 | 20km:01:43:50 | 21km:01:49:29 | 25km:02:10:01 | 30km:02:36:37 | 35km:03:04:19 | 40km:03:33:57									
1468	6768	**MAZUREK Jakub**	TŁUSZCZ		POL	2001	M20	179	03:49:15	03:46:15	1341
		5km:00:27:09 | 10km:00:54:05 | 15km: 01:21:07 | 20km:01:48:00 | 21km:01:53:52 | 25km:02:15:03 | 30km:02:42:13 | 35km:03:08:33 | 40km:03:35:05									
1469	13506	**DĄBKOWSKI Krzysztof**	MICHAŁOWICE	Rozbiegane Michałowice	POL	1979	M40	510	03:47:12	03:46:17	1343
		5km:00:23:52 | 10km:00:48:21 | 15km: 01:12:59 | 20km:01:37:10 | 21km:01:42:15 | 25km:02:01:03 | 30km:02:26:33 | 35km:02:55:20 | 40km:03:32:58									
1470	12007	**KUCHARSKI Bartłomiej**	WARSZAWA		POL	1991	M30	497	03:50:15	03:46:18	1344
		5km:00:28:00 | 10km:00:55:16 | 15km: 01:22:29 | 20km:01:48:54 | 21km:01:54:37 | 25km:02:14:47 | 30km:02:40:24 | 35km:03:06:12 | 40km:03:34:01									
1471	8257	**CHERENOV Roman**	WARSZAWA		UKR	1983	M40	511	03:52:51	03:46:18	1344
		5km:00:27:23 | 10km:00:54:56 | 15km: 01:21:48 | 20km:01:48:12 | 21km:01:54:13 | 25km:02:15:25 | 30km:02:42:23 | 35km:03:08:25 | 40km:03:35:22									
1472	4251	**DWOJACKI Wojciech**	WARSZAWA		POL	1992	M30	498	03:50:15	03:46:20	1346
		5km:00:28:02 | 10km:00:55:19 | 15km: 01:22:31 | 20km:01:48:55 | 21km:01:54:40 | 25km:02:14:49 | 30km:02:40:26 | 35km:03:06:14 | 40km:03:34:03									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:41 | 10km:00:53:06 | 15km: 01:19:01 | 20km:01:44:48 | 21km:01:50:26 | 25km:02:10:37 | 30km:02:36:58 | 35km:03:04:35 | 40km:03:33:25									
1473	2781	**KRAWCZYK Szymon**	LUBLIN		POL	2003	M20	180	03:52:29	03:46:21	1347
1474	7211	**OSTAPCZUK Denis**	WARSZAWA		POL	1989	M30	499	03:48:14	03:46:22	1348
		5km:00:25:51 | 10km:00:51:49 | 15km: 01:17:38 | 20km:01:43:41 | 21km:01:49:21 | 25km:02:09:48 | 30km:02:37:15 | 35km:03:05:13 | 40km:03:34:12									
1475	10716	**GOSK Maciej**	POZNAŃ	Gym Spot	POL	1972	M50	142	03:49:21	03:46:23	1349
		5km:00:26:51 | 10km:00:53:56 | 15km: 01:20:37 | 20km:01:47:07 | 21km:01:52:54 | 25km:02:13:29 | 30km:02:40:06 | 35km:03:06:43 | 40km:03:34:24									
1476	4012	**SEMENOWICZ Darek**	LUBLIN		POL	1982	M40	512	03:47:21	03:46:23	1349
		5km:00:23:53 | 10km:00:48:18 | 15km: 01:12:57 | 20km:01:37:12 | 21km:01:42:14 | 25km:02:02:13 | 30km:02:30:29 | 35km:03:00:26 | 40km:03:34:07									
1477	2965	**LEROY Léa**	MARCQ-EN-BAR?UL		FRA	1996	K20	25	03:50:23	03:46:27	127
		5km:00:26:35 | 10km:00:53:15 | 15km: 01:19:31 | 20km:01:45:20 | 21km:01:50:55 | 25km:02:11:09 | 30km:02:37:21 | 35km:03:04:08 | 40km:03:33:10									
1478	6864	**DUTKIEWICZ Maciej**	WARSZAWA	Mazowiecki Oddział Żandarmerii Wojskowej	POL	1987	M30	500	03:46:33	03:46:31	1351
		5km:00:18:26 | 10km:00:36:39 | 15km: 00:56:44 | 20km:01:44:18 | 21km:01:49:27 | 25km:02:07:22 | 30km:02:30:57 | 35km:02:57:30 | 40km:03:31:39									
1479	4115	**KURKOWSKI Krzysztof**	GDAŃSK	SPORT GENERATION	POL	1980	M40	513	03:49:11	03:46:32	1352
		5km:00:25:43 | 10km:00:51:24 | 15km: 01:16:56 | 20km:01:43:00 | 21km:01:48:32 | 25km:02:08:50 | 30km:02:35:29 | 35km:03:01:49 | 40km:03:33:01									
1480	7682	**OLSZEWSKI Krzysztof**	SUWAŁKI		POL	2000	M20	181	03:50:14	03:46:32	1352
		5km:00:26:49 | 10km:00:53:24 | 15km: 01:19:35 | 20km:01:45:15 | 21km:01:50:47 | 25km:02:11:49 | 30km:02:38:31 | 35km:03:06:10 | 40km:03:34:27									
1481	6772	**PIĄTEK Adrian**	BYCHAWA		POL	1991	M30	501	03:47:48	03:46:33	1354
		5km:00:25:57 | 10km:00:51:39 | 15km: 01:17:12 | 20km:01:42:19 | 21km:01:47:46 | 25km:02:07:15 | 30km:02:34:00 | 35km:03:01:49 | 40km:03:33:41									
1482	7235	**TELEGA Witold**	JAROSŁAW		POL	1973	M50	143	03:47:35	03:46:33	1354
		5km:00:23:14 | 10km:00:46:50 | 15km: 01:10:29 | 20km:01:35:13 | 21km:01:40:40 | 25km:02:00:59 | 30km:02:30:51 | 35km:03:03:21 | 40km:03:35:02									
1483	3213	**MIECZNIKOWSKI Jacek**	KATOWICE		POL	1973	M50	144	03:47:41	03:46:35	1356
		5km:00:24:41 | 10km:00:49:23 | 15km: 01:14:00 | 20km:01:38:30 | 21km:01:43:48 | 25km:02:03:12 | 30km:02:29:22 | 35km:02:58:59 | 40km:03:32:17									
1484	4247	**ROSA Tomasz**	WARSZAWA		POL	1989	M30	502	03:49:21	03:46:35	1356
		5km:00:26:32 | 10km:00:53:16 | 15km: 01:19:35 | 20km:01:46:01 | 21km:01:51:42 | 25km:02:12:24 | 30km:02:39:06 | 35km:03:05:57 | 40km:03:34:21									
1485	7178	**BARTUZI Emanuel**	PUŁAWY		POL	1994	M20	182	03:49:09	03:46:38	1358
		5km:00:26:29 | 10km:00:52:46 | 15km: 01:18:27 | 20km:01:44:08 | 21km:01:49:43 | 25km:02:10:15 | 30km:02:37:09 | 35km:03:04:46 | 40km:03:33:54									
1486	10506	**RADLIŃSKI Bartłomiej**	KOSZYCE WIELKIE		POL	1999	M20	183	03:48:37	03:46:40	1359
		5km:00:25:59 | 10km:00:51:53 | 15km: 01:17:45 | 20km:01:43:53 | 21km:01:49:36 | 25km:02:10:07 | 30km:02:36:36 | 35km:03:03:20 | 40km:03:34:06									
1487	7129	**FARRUGIA Tonio**	VALLETTA		MLT	1963	M60	17	03:47:41	03:46:40	1359
		5km:00:24:31 | 10km:00:49:25 | 15km: 01:13:59 | 20km:01:38:30 | 21km:01:43:52 | 25km:02:03:33 | 30km:02:29:57 | 35km:02:59:36 | 40km:03:32:46									
1488	8102	**MARCINIAK Klaudia**	GRANOWO		POL	1993	K30	54	03:50:02	03:46:40	128
		5km:00:26:18 | 10km:00:52:59 | 15km: 01:19:24 | 20km:01:45:57 | 21km:01:51:40 | 25km:02:12:19 | 30km:02:38:49 | 35km:03:05:48 | 40km:03:34:40									
1489	7123	**RZYMOWSKA Krystyna**	WARSZAWA		POL	1969	K50	2	03:49:44	03:46:41	129
		5km:00:27:08 | 10km:00:54:00 | 15km: 01:20:47 | 20km:01:47:11 | 21km:01:52:54 | 25km:02:13:20 | 30km:02:39:44 | 35km:03:06:02 | 40km:03:34:44									
1490	2017	**ZUZEWICZ Aleksander**	BALLIVOR	Polish Runners Club Ireland	POL	1981	M40	514	03:49:42	03:46:42	1361
		5km:00:26:57 | 10km:00:53:21 | 15km: 01:19:30 | 20km:01:45:33 | 21km:01:51:13 | 25km:02:11:27 | 30km:02:38:30 | 35km:03:04:41 | 40km:03:34:54									
1491	2220	**WYSOCKI Rafał**	KRAKÓW		POL	1978	M40	514	03:49:27	03:46:42	1361
		5km:00:26:32 | 10km:00:52:54 | 15km: 01:19:15 | 20km:01:45:31 | 21km:01:51:16 | 25km:02:12:09 | 30km:02:38:48 | 35km:03:05:42 | 40km:03:33:48									
1492	6849	**DOBOROWICZ Piotr**	DĘBNO		POL	1996	M20	184	03:48:50	03:46:42	1361
		5km:00:24:33 | 10km:00:48:54 | 15km: 01:13:07 | 20km:01:37:12 | 21km:01:42:39 | 25km:02:02:18 | 30km:02:32:38 | 35km:03:02:54 | 40km:03:33:53									
1493	2024	**WALASZEK Paweł**	SOSNOWIEC	W Pogoni za Duchem	POL	1982	M40	516	03:50:36	03:46:43	1364
		5km:00:27:53 | 10km:00:55:18 | 15km: 01:21:52 | 20km:01:48:10 | 21km:01:53:58 | 25km:02:14:26 | 30km:02:40:51 | 35km:03:07:24 | 40km:03:34:59									
1494	6370	**TANAŚ Adam**	CZERMINEK	Klub Biegacza Supermaratończyk	POL	1980	M40	517	03:47:42	03:46:46	1365
		5km:00:23:58 | 10km:00:48:15 | 15km: 01:12:27 | 20km:01:38:15 | 21km:01:43:36 | 25km:02:03:58 | 30km:02:31:00 | 35km:03:02:52 | 40km:03:34:52									
1495	10790	**ZAKRZEWSKI Przemek**	WARSZAWA		POL	1978	M40	518	03:49:14	03:46:47	1366
		5km:00:26:31 | 10km:00:53:02 | 15km: 01:19:29 | 20km:01:45:46 | 21km:01:51:27 | 25km:02:12:19 | 30km:02:38:55 | 35km:03:05:45 | 40km:03:33:46									
1496	2074	**RADZKI Piotr**	WARSZAWA	Wesoła Biega	POL	1985	M30	503	03:48:13	03:46:47	1366
		5km:00:24:51 | 10km:00:49:24 | 15km: 01:14:01 | 20km:01:38:35 | 21km:01:43:56 | 25km:02:06:39 | 30km:02:32:41 | 35km:03:02:15 | 40km:03:34:00									
1497	10733	**BURA Dominika**	WROCŁAW		POL	2001	K20	26	03:49:32	03:46:48	130
		5km:00:26:35 | 10km:00:53:21 | 15km: 01:19:33 | 20km:01:45:46 | 21km:01:51:30 | 25km:02:12:30 | 30km:02:39:29 | 35km:03:06:28 | 40km:03:34:38									
1498	10236	**RUPNIK Janusz**	GRABIENIEC		POL	1970	M50	145	03:48:56	03:46:49	1368
		5km:00:25:15 | 10km:00:51:10 | 15km: 01:16:49 | 20km:01:42:57 | 21km:01:48:28 | 25km:02:09:32 | 30km:02:37:10 | 35km:03:04:49 | 40km:03:34:14									
1499	7927	**MAZUR Jarosław**	ELBLĄG	BT-Elbląg	POL	1969	M50	145	03:49:40	03:46:49	1368
		5km:00:27:12 | 10km:00:54:11 | 15km: 01:21:12 | 20km:01:48:05 | 21km:01:54:00 | 25km:02:15:10 | 30km:02:42:21 | 35km:03:09:05 | 40km:03:35:46									
1500	7352	**STOŻEK Grzegorz**	SULEJÓWEK		POL	1981	M40	519	03:49:52	03:46:50	1370
		5km:00:26:28 | 10km:00:53:15 | 15km: 01:19:25 | 20km:01:45:54 | 21km:01:51:35 | 25km:02:12:28 | 30km:02:39:16 | 35km:03:06:18 | 40km:03:34:44									
1501	15549	**BŁAŻ Szymon**	KROSNO		POL	2000	M20	185	03:53:23	03:46:53	1371
		5km:00:26:33 | 10km:00:53:29 | 15km: 01:19:54 | 20km:01:46:13 | 21km:01:51:49 | 25km:02:11:59 | 30km:02:37:55 | 35km:03:05:10 | 40km:03:34:43									
1502	2763	**SMITH Matthew**	WATERFORD		IRL	1983	M40	520	03:49:23	03:46:54	1372
		5km:00:26:29 | 10km:00:53:00 | 15km: 01:19:29 | 20km:01:45:42 | 21km:01:51:32 | 25km:02:12:25 | 30km:02:38:58 | 35km:03:05:47 | 40km:03:33:11									
1503	6987	**SÓJKA Paweł**	WARSZAWA		POL	1958	M60	18	03:49:37	03:46:56	1373
		5km:00:26:19 | 10km:00:52:49 | 15km: 01:19:15 | 20km:01:45:30 | 21km:01:51:16 | 25km:02:12:09 | 30km:02:38:42 | 35km:03:05:41 | 40km:03:34:23									
1504	4160	**FRET Igor**	KOŁO		POL	1998	M20	186	03:51:15	03:46:59	1374
		5km:00:26:08 | 10km:00:51:21 | 15km: 01:16:23 | 20km:01:41:01 | 21km:01:46:19 | 25km:02:06:26 | 30km:02:33:24 | 35km:03:01:02 | 40km:03:33:04									
1505	4694	**BELKA Maria**	WARSZAWA		POL	1986	K30	55	03:52:10	03:47:01	131
		5km:00:27:33 | 10km:00:54:49 | 15km: 01:21:19 | 20km:01:47:00 | 21km:01:52:40 | 25km:02:12:55 | 30km:02:39:05 | 35km:03:05:43 | 40km:03:34:34									
1506	3238	**KAWALER Krzysztof**	PRZYTKOWICE		POL	1978	M40	521	03:49:42	03:47:04	1375
		5km:00:26:31 | 10km:00:52:59 | 15km: 01:19:32 | 20km:01:45:49 | 21km:01:51:34 | 25km:02:12:33 | 30km:02:39:06 | 35km:03:05:55 | 40km:03:33:49									
1507	4036	**TELEŚNICKI Grzegorz**	WARSZAWA	BBL_GROTY	POL	1971	M50	147	03:49:03	03:47:04	1375
		5km:00:24:30 | 10km:00:49:28 | 15km: 01:14:26 | 20km:01:39:48 | 21km:01:45:25 | 25km:02:06:31 | 30km:02:34:35 | 35km:03:03:08 | 40km:03:33:25									
1508	3150	**OKA Yoshinori**	SAITAMASHI MINAMIKU MINAMIURAWA 3-49-8-606		JPN	1970	M50	148	03:48:07	03:47:07	1377
		5km:00:26:01 | 10km:00:52:35 | 15km: 01:19:43 | 20km:01:46:54 | 21km:01:52:43 | 25km:02:13:12 | 30km:02:39:25 | 35km:03:06:29 | 40km:03:34:44									
1509	2195	**STASIECZEK Paweł**	WARSZAWA		POL	1988	M30	504	03:49:59	03:47:09	1378
		5km:00:26:31 | 10km:00:53:18 | 15km: 01:19:37 | 20km:01:45:57 | 21km:01:51:38 | 25km:02:12:31 | 30km:02:39:28 | 35km:03:06:29 | 40km:03:34:50									
1510	3721	**SIARNECKI Grzegorz**	WARSZAWA		POL	1986	M30	504	03:49:02	03:47:09	1378
		5km:00:25:58 | 10km:00:51:56 | 15km: 01:17:48 | 20km:01:44:01 | 21km:01:49:44 | 25km:02:10:20 | 30km:02:37:21 | 35km:03:05:13 | 40km:03:34:34									
1511	8063	**WIERUSZ-WALKNOWSKI Dominik**	WARSZAWA		POL	1979	M40	522	03:47:58	03:47:09	1378
		5km:00:23:39 | 10km:00:47:24 | 15km: 01:10:59 | 20km:01:34:53 | 21km:01:40:07 | 25km:01:58:51 | 30km:02:23:07 | 35km:02:51:40 | 40km:03:31:03									
1512	8222	**LISIECKI Jakub**	ŁOMIANKI		POL	1983	M40	522	03:49:52	03:47:09	1378
		5km:00:26:42 | 10km:00:53:46 | 15km: 01:20:13 | 20km:01:46:40 | 21km:01:52:25 | 25km:02:13:06 | 30km:02:40:01 | 35km:03:06:58 | 40km:03:35:10									
1513	3377	**BURCON Mateusz**	ZAWADA	SII Running Team	POL	1994	M20	187	03:50:10	03:47:11	1382
		5km:00:27:08 | 10km:00:54:05 | 15km: 01:21:07 | 20km:01:47:45 | 21km:01:53:33 | 25km:02:14:36 | 30km:02:41:10 | 35km:03:07:19 | 40km:03:35:18									
1514	6239	**LISIECKI Dariusz**	ŁOMIANKI	ORT Łomianki	POL	1963	M60	19	03:49:53	03:47:11	1382
		5km:00:26:43 | 10km:00:53:47 | 15km: 01:20:14 | 20km:01:46:41 | 21km:01:52:26 | 25km:02:13:06 | 30km:02:40:02 | 35km:03:06:59 | 40km:03:35:10									
1515	4279	**MECHELEWSKI Bartłomiej**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1973	M50	149	03:50:18	03:47:12	1384
		5km:00:26:36 | 10km:00:53:01 | 15km: 01:19:18 | 20km:01:45:24 | 21km:01:51:08 | 25km:02:11:56 | 30km:02:38:40 | 35km:03:05:51 | 40km:03:34:56									
1516	10672	**KAŹMIERCZAK Mikołaj**	LESZNO		POL	1995	M20	188	03:50:23	03:47:14	1385
		5km:00:27:12 | 10km:00:54:00 | 15km: 01:21:00 | 20km:01:47:50 | 21km:01:53:41 | 25km:02:14:44 | 30km:02:41:56 | 35km:03:09:21 | 40km:03:36:17									
1517	6065	**MURZYN Tomasz**	WARSZAWA	JUNIK	POL	1974	M40	524	03:48:07	03:47:14	1385
		5km:00:25:14 | 10km:00:50:44 | 15km: 01:16:09 | 20km:01:41:52 | 21km:01:47:31 | 25km:02:08:01 | 30km:02:34:00 | 35km:03:01:18 | 40km:03:33:50									
1518	6965	**ZIENKIEWICZ Justyna**	PIASECZNO	Piaseczno Running	POL	1975	K40	49	03:50:06	03:47:14	132
		5km:00:26:32 | 10km:00:53:13 | 15km: 01:19:28 | 20km:01:45:46 | 21km:01:51:24 | 25km:02:12:05 | 30km:02:39:18 | 35km:03:06:26 | 40km:03:35:08									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:55 | 10km:00:52:12 | 15km: 01:17:53 | 20km:01:43:26 | 21km:01:48:45 | 25km:02:08:49 | 30km:02:35:35 | 35km:03:03:04 | 40km:03:34:40									
1519	3773	**BIERNACKI Krzysztof**	BEDNARY		POL	1992	M30	506	03:50:35	03:47:15	1387
		5km:00:23:27 | 10km:00:47:06 | 15km: 01:10:54 | 20km:01:35:25 | 21km:01:40:44 | 25km:02:01:07 | 30km:02:28:37 | 35km:03:01:33 | 40km:03:34:27									
1520	7442	**RAMOTOWSKI Remigiusz**	BIAŁYSTOK		POL	1972	M50	150	03:47:53	03:47:18	1388
		5km:00:27:43 | 10km:00:54:22 | 15km: 01:21:27 | 20km:01:47:52 | 21km:01:53:43 | 25km:02:14:52 | 30km:02:42:26 | 35km:03:10:27 | 40km:03:37:20									
1521	3601	**ILKIEWICZ Oskar**	WARSZAWA		POL	2004	M20	189	03:52:40	03:47:20	1389
		5km:00:26:53 | 10km:00:52:55 | 15km: 01:19:02 | 20km:01:45:20 | 21km:01:50:52 | 25km:02:10:52 | 30km:02:37:42 | 35km:03:05:07 | 40km:03:35:17									
1522	6333	**MIKOŁAJCZYK Jakub**	WARSZAWA		POL	2002	M20	190	03:50:31	03:47:23	1390
		5km:00:26:36 | 10km:00:53:12 | 15km: 01:19:34 | 20km:01:45:46 | 21km:01:51:31 | 25km:02:12:11 | 30km:02:38:42 | 35km:03:05:55 | 40km:03:34:46									
1523	4188	**CHMIEL Damian**	KRAKÓW		POL	1991	M30	507	03:50:05	03:47:24	1391
		5km:00:25:19 | 10km:00:50:16 | 15km: 01:15:24 | 20km:01:40:39 | 21km:01:46:12 | 25km:02:06:10 | 30km:02:32:06 | 35km:02:59:41 | 40km:03:32:54									
1524	7450	**SKUBISZ Alan**	WARSZAWA		POL	2005	M20	191	03:48:23	03:47:26	1392
		5km:00:25:54 | 10km:00:51:35 | 15km: 01:17:17 | 20km:01:43:06 | 21km:01:48:42 | 25km:02:09:08 | 30km:02:35:49 | 35km:03:02:57 | 40km:03:33:43									
1525	12053	**PORCZYŃSKI Sebastian**	ŁÓDŹ		POL	1986	M30	508	03:49:30	03:47:27	1393
		5km:00:28:20 | 10km:00:55:47 | 15km: 01:22:54 | 20km:01:50:02 | 21km:01:55:58 | 25km:02:15:43 | 30km:02:41:21 | 35km:03:07:13 | 40km:03:36:29									
1526	6537	**VELEZ Joe**	NEW YORK		DOM	1975	M40	525	03:49:45	03:47:28	1394
		5km:00:25:05 | 10km:00:50:32 | 15km: 01:15:53 | 20km:01:41:14 | 21km:01:46:45 | 25km:02:06:32 | 30km:02:32:30 | 35km:03:01:02 | 40km:03:34:44									
1527	15509	**ROMANOWICZ Marcin**	WARSZAWA	Kosek Team	POL	1985	M30	509	03:49:12	03:47:30	1395
		5km:00:27:10 | 10km:00:54:07 | 15km: 01:21:10 | 20km:01:48:00 | 21km:01:53:54 | 25km:02:15:05 | 30km:02:42:15 | 35km:03:09:28 | 40km:03:36:02									
1528	7634	**DE LORENZO Stefano**	BENEVENTO		ITA	1996	M20	192	03:50:28	03:47:31	1396
		5km:00:26:31 | 10km:00:52:12 | 15km: 01:17:08 | 20km:01:42:07 | 21km:01:47:32 | 25km:02:07:44 | 30km:02:34:41 | 35km:03:03:41 | 40km:03:35:08									
1529	7580	**JANUSZ Mateusz**	WARSZAWA		POL	1993	M30	510	03:52:04	03:47:32	1397
		5km:00:26:08 | 10km:00:52:53 | 15km: 01:18:17 | 20km:01:43:44 | 21km:01:49:18 | 25km:02:10:33 | 30km:02:36:44 | 35km:03:03:46 | 40km:03:34:19									
1530	8163	**WOJNAROWSKI Jakub**	WARSZAWA		POL	1978	M40	526	03:49:39	03:47:34	1398
		5km:00:25:22 | 10km:00:51:10 | 15km: 01:17:33 | 20km:01:43:35 | 21km:01:49:06 | 25km:02:10:05 | 30km:02:37:37 | 35km:03:05:22 | 40km:03:35:02									
1531	10724	**FILIMON Sylwia**	GDAŃSK	Klub Biegaczy JYSK	POL	1983	K40	50	03:49:29	03:47:37	133
		5km:00:26:05 | 10km:00:51:54 | 15km: 01:17:46 | 20km:01:43:31 | 21km:01:49:08 | 25km:02:09:17 | 30km:02:35:03 | 35km:03:01:20 | 40km:03:34:26									
1532	2624	**SZWEDOWSKI Tomasz**	KŁOBUCK		POL	1982	M40	527	03:49:31	03:47:38	1399
		5km:00:27:12 | 10km:00:54:05 | 15km: 01:21:06 | 20km:01:48:00 | 21km:01:53:53 | 25km:02:15:01 | 30km:02:41:41 | 35km:03:08:07 | 40km:03:35:52									
1533	3107	**PRZEPIÓRA Łukasz**	WARSZAWA	BAND OF RUNNERS	POL	1985	M30	511	03:50:36	03:47:38	1399
		5km:00:26:29 | 10km:00:53:13 | 15km: 01:19:29 | 20km:01:45:43 | 21km:01:51:31 | 25km:02:12:22 | 30km:02:39:05 | 35km:03:05:52 | 40km:03:34:45									
1534	3183	**THEAKANATH Thomas**	LOS GATOS		USA	1968	M50	151	03:50:19	03:47:38	1399
		5km:00:24:53 | 10km:00:49:48 | 15km: 01:15:14 | 20km:01:41:07 | 21km:01:46:55 | 25km:02:07:27 | 30km:02:35:25 | 35km:03:04:20 | 40km:03:34:39									
1535	6869	**SAWCZYN Tomasz**	POZNAŃ	TSFIZJOTERAPIA	POL	1985	M30	511	03:49:07	03:47:38	1399
		5km:00:25:57 | 10km:00:51:52 | 15km: 01:17:37 | 20km:01:43:07 | 21km:01:48:39 | 25km:02:08:49 | 30km:02:35:16 | 35km:03:02:12 | 40km:03:33:49									
1536	3312	**GUZOWSKI Stanisław**	OLSZTYN	Kriss Coaching/Są Wolniejsi	POL	1973	M50	152	03:50:31	03:47:39	1403
		5km:00:26:55 | 10km:00:53:42 | 15km: 01:20:19 | 20km:01:47:15 | 21km:01:53:06 | 25km:02:14:05 | 30km:02:40:44 | 35km:03:06:47 | 40km:03:35:13									
1537	6715	**GASIŃSKI Paweł**	CIELE		POL	1998	M20	193	03:49:36	03:47:40	1404
		5km:00:28:09 | 10km:00:56:07 | 15km: 01:23:27 | 20km:01:50:44 | 21km:01:56:35 | 25km:02:18:19 | 30km:02:44:33 | 35km:03:09:32 | 40km:03:36:14									
1538	10215	**BARYSENKA Aliaksandr**	KĄTY WROCŁAWSKIE			1986	M30	513	03:51:15	03:47:41	1405
		5km:00:25:04 | 10km:00:49:40 | 15km: 01:14:27 | 20km:01:40:05 | 21km:01:45:50 | 25km:02:07:02 | 30km:02:35:27 | 35km:03:04:41 | 40km:03:35:01									
1539	15524	**ŻBEL Anna**	ZEBRZYDOWICE	HRmax Żory	POL	1980	K40	51	03:48:56	03:47:41	134
		5km:00:26:50 | 10km:00:53:32 | 15km: 01:20:03 | 20km:01:46:22 | 21km:01:52:09 | 25km:02:12:54 | 30km:02:39:40 | 35km:03:06:37 | 40km:03:35:02									
1540	2084	**JAROCKI Jacek**	KROTOSZYN	FOUR RUNNER KROTOSZYN	POL	1979	M40	528	03:50:20	03:47:41	1405
		5km:00:26:50 | 10km:00:53:33 | 15km: 01:20:02 | 20km:01:46:24 | 21km:01:52:08 | 25km:02:12:53 | 30km:02:39:41 | 35km:03:06:37 | 40km:03:35:01									
1541	6066	**IDE Łukasz**	TOMNICE	FOUR RUNNER KROTOSZYN	POL	1987	M30	513	03:50:20	03:47:41	1405
		5km:00:28:09 | 10km:00:56:07 | 15km: 01:23:27 | 20km:01:50:44 | 21km:01:56:35 | 25km:02:18:19 | 30km:02:44:33 | 35km:03:09:32 | 40km:03:36:14									
1542	3798	**RZESZUTEK Marcin**	WARSZAWA		POL	1983	M40	529	03:51:11	03:47:45	1408
		5km:00:25:50 | 10km:00:52:03 | 15km: 01:18:32 | 20km:01:44:47 | 21km:01:50:36 | 25km:02:12:00 | 30km:02:39:31 | 35km:03:05:56 | 40km:03:35:06									
1543	2857	**BARCZYŃSKI Rafał**	KIEŁMINA		POL	1980	M40	530	03:51:24	03:47:46	1409
		5km:00:25:28 | 10km:00:50:25 | 15km: 01:14:45 | 20km:01:39:16 | 21km:01:44:41 | 25km:02:04:14 | 30km:02:30:15 | 35km:03:00:09 | 40km:03:34:08									
1544	6415	**FLORCZYK Janusz**	SULEJÓWEK		POL	1979	M40	530	03:49:26	03:47:46	1409
		5km:00:25:52 | 10km:00:51:44 | 15km: 01:17:35 | 20km:01:43:43 | 21km:01:49:29 | 25km:02:10:08 | 30km:02:37:07 | 35km:03:05:06 | 40km:03:35:17									
1545	7776	**KAWKA Marcin**	CHORZÓW		POL	1990	M30	515	03:49:51	03:47:46	1409
		5km:00:25:51 | 10km:00:51:49 | 15km: 01:17:37 | 20km:01:43:53 | 21km:01:49:36 | 25km:02:10:08 | 30km:02:37:10 | 35km:03:04:49 | 40km:03:34:32									
1546	10282	**DUCH Rafał**	GRÓJEC		POL	1991	M30	516	03:49:44	03:47:49	1412
		5km:00:24:24 | 10km:00:49:03 | 15km: 01:13:12 | 20km:01:37:19 | 21km:01:42:35 | 25km:02:02:05 | 30km:02:29:10 | 35km:02:59:44 | 40km:03:34:46									
1547	3444	**KASPRZAK Michał**	MIKOLOW		POL	1990	M30	517	03:49:16	03:47:50	1413
		5km:00:25:52 | 10km:00:51:48 | 15km: 01:17:37 | 20km:01:43:53 | 21km:01:49:36 | 25km:02:10:05 | 30km:02:36:36 | 35km:03:03:07 | 40km:03:35:32									
1548	3981	**KORBUT Radosław**	SIEDLCE	CROSSFIT MGW	POL	1980	M40	532	03:49:47	03:47:50	1413
		5km:00:26:11 | 10km:00:51:57 | 15km: 01:17:42 | 20km:01:43:36 | 21km:01:49:12 | 25km:02:09:02 | 30km:02:35:07 | 35km:03:02:30 | 40km:03:33:43									
1549	2526	**PARASOGLOU Nikolas**	PATRA	FEIDIPPIDIS PATRAS	GRE	1963	M60	20	03:49:53	03:47:51	1415
		5km:00:25:02 | 10km:00:49:56 | 15km: 01:14:22 | 20km:01:37:12 | 21km:01:42:28 | 25km:02:01:26 | 30km:02:26:59 | 35km:03:03:59 | 40km:03:34:50									
1550	7919	**SAMMUT NURMINEN Stephen**	NAXXAR		MLT	1986	M30	518	03:49:30	03:47:51	1415
		5km:00:26:20 | 10km:00:53:12 | 15km: 01:19:53 | 20km:01:46:16 | 21km:01:51:57 | 25km:02:12:47 | 30km:02:39:17 | 35km:03:06:07 | 40km:03:35:05									
1551	3310	**BIELECKI Mariusz**	SOŚNIE	PROGRESS TEAM	POL	1973	M50	153	03:50:04	03:47:52	1417
		5km:00:27:02 | 10km:00:53:38 | 15km: 01:20:27 | 20km:01:47:05 | 21km:01:52:56 | 25km:02:13:58 | 30km:02:40:56 | 35km:03:07:41 | 40km:03:36:18									
1552	3381	**WOJCIECHOWSKI Sebastian**	SZLACHTA		POL	1976	M40	533	03:53:09	03:47:53	1418
		5km:00:26:47 | 10km:00:52:06 | 15km: 01:17:42 | 20km:01:43:37 | 21km:01:49:18 | 25km:02:10:35 | 30km:02:37:45 | 35km:03:05:35 | 40km:03:34:34									
1553	3946	**MATSUYAMA Kenichi**	WARSZAWA	DRUNK SAMURAI	JPN	1984	M30	519	03:50:10	03:47:53	1418
		5km:00:25:42 | 10km:00:52:00 | 15km: 01:17:19 | 20km:01:42:15 | 21km:01:47:39 | 25km:02:07:26 | 30km:02:34:10 | 35km:03:02:46 | 40km:03:34:25									
1554	3081	**WIERCIOCH Artur**	ŁÓDŹ		POL	1975	M40	534	03:49:34	03:47:56	1420
		5km:00:26:40 | 10km:00:54:07 | 15km: 01:21:51 | 20km:01:49:03 | 21km:01:55:00 | 25km:02:16:34 | 30km:02:44:07 | 35km:03:11:11 | 40km:03:37:21									
1555	2588	**SOKOŁOWSKI Konrad**	NOWA WIEŚ	WPRunning	POL	1977	M40	535	03:53:30	03:47:57	1421
		5km:00:25:36 | 10km:00:50:56 | 15km: 01:16:28 | 20km:01:42:30 | 21km:01:48:06 | 25km:02:09:11 | 30km:02:37:12 | 35km:03:07:14 | 40km:03:36:00									
1556	8000	**MENDEL Magdalena**	BYDGOSZCZ	TM IRONTEAM	POL	1991	K30	56	03:48:35	03:47:58	135
		5km:00:23:07 | 10km:00:47:44 | 15km: 01:12:37 | 20km:01:37:52 | 21km:01:43:23 | 25km:02:04:01 | 30km:02:32:02 | 35km:03:01:18 | 40km:03:33:28									
1557	2506	**PETER Marcin**	KATOWICE		POL	1975	M40	536	03:49:17	03:48:01	1422
		5km:00:24:45 | 10km:00:49:53 | 15km: 01:14:57 | 20km:01:40:23 | 21km:01:45:58 | 25km:02:06:03 | 30km:02:32:28 | 35km:03:01:31 | 40km:03:34:29									
1558	14018	**ŁYCZKOWSKI Łukasz**	WARSZAWA		POL	1983	M40	537	03:50:32	03:48:02	1423
		5km:00:27:26 | 10km:00:54:51 | 15km: 01:21:27 | 20km:01:48:06 | 21km:01:53:49 | 25km:02:14:29 | 30km:02:41:03 | 35km:03:07:53 | 40km:03:36:02									
1559	2384	**ZGANIACZ Przemysław**	ŁÓDŹ	GFT Runners	POL	1972	M50	154	03:51:12	03:48:02	1423
		5km:00:27:24 | 10km:00:54:42 | 15km: 01:21:31 | 20km:01:48:13 | 21km:01:53:56 | 25km:02:15:04 | 30km:02:42:00 | 35km:03:08:54 | 40km:03:36:30									
1560	5022	**NURZYŃSKI Michał**	SKARŻYSKO KAMIENNA	Hogart	POL	1969	M50	154	03:51:12	03:48:02	1423
		5km:00:27:14 | 10km:00:54:15 | 15km: 01:21:12 | 20km:01:48:01 | 21km:01:53:54 | 25km:02:14:51 | 30km:02:41:48 | 35km:03:08:24 | 40km:03:36:13									
1561	2535	**WENCEL Aleksander**	LOMIANKI DOLNE	JAW Tri Team	POL	1978	M40	538	03:51:02	03:48:03	1426
		5km:00:24:44 | 10km:00:49:21 | 15km: 01:14:05 | 20km:01:38:51 | 21km:01:44:16 | 25km:02:04:25 | 30km:02:32:09 | 35km:03:02:35 | 40km:03:35:44									
1562	6477	**KUNOWSKI Mateusz**	WARSZAWA		POL	1994	M20	194	03:49:43	03:48:03	1426
		5km:00:24:51 | 10km:00:49:35 | 15km: 01:14:37 | 20km:01:39:31 | 21km:01:44:56 | 25km:02:04:37 | 30km:02:31:16 | 35km:03:02:18 | 40km:03:35:01									
1563	7485	**MILLER Daniel**	WARSZAWA		POL	1988	M30	520	03:49:43	03:48:03	1426
		5km:00:26:14 | 10km:00:52:34 | 15km: 01:18:26 | 20km:01:44:42 | 21km:01:50:24 | 25km:02:10:59 | 30km:02:37:53 | 35km:03:06:02 | 40km:03:35:09									
1564	8152	**PACYNA Tomasz**	RADOM		POL	1999	M20	195	03:49:12	03:48:04	1429

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:13| 10km:00:54:06| 15km: 01:21:07 | 20km:01:47:58 | 21km:01:53:54 | 25km:02:15:02 | 30km:02:41:41 | 35km:03:08:06 | 40km:03:36:00									
1565	8186	**SAWICKI Łukasz**	BIAŁYSTOK		POL	1989	M30	521	03:51:01	03:48:04	1429
1566	10098	**URBAŃCZYK Marcin**	PARCZÓWEK	Oknonet Ultra Run Opoczno	POL	1993	M30	522	03:50:54	03:48:05	1431
		5km:00:27:10| 10km:00:53:59| 15km: 01:20:38 | 20km:01:47:17 | 21km:01:53:07 | 25km:02:13:52 | 30km:02:40:21 | 35km:03:07:26 | 40km:03:35:46									
1567	211	**ORLICKI Stanisław**	RUDZE	ORZEŁ - RUDZE	POL	1959	M60	21	03:53:45	03:48:06	1432
		5km:00:25:30| 10km:00:51:12| 15km: 01:17:59 | 20km:01:46:25 | 21km:01:52:02 | 25km:02:13:25 | 30km:02:40:13 | 35km:03:06:57 | 40km:03:35:54									
1568	3649	**MODERSKI Mateusz**	LEGNICA		POL	1977	M40	539	03:50:37	03:48:06	1432
		5km:00:26:28| 10km:00:52:59| 15km: 01:19:29 | 20km:01:45:44 | 21km:01:51:32 | 25km:02:12:23 | 30km:02:38:59 | 35km:03:05:49 | 40km:03:36:09									
1569	3580	**PRZEPIÓRA Mateusz**	WASILKÓW	Band of Runners	POL	1985	M30	523	03:51:03	03:48:07	1434
		5km:00:27:14| 10km:00:54:08| 15km: 01:21:10 | 20km:01:48:01 | 21km:01:53:56 | 25km:02:15:04 | 30km:02:41:41 | 35km:03:08:07 | 40km:03:36:00									
1570	7703	**WÓJTOWICZ Andrzej**	KRAKÓW		POL	1992	M30	523	03:50:28	03:48:07	1434
		5km:00:28:22| 10km:00:55:42| 15km: 01:21:48 | 20km:01:47:47 | 21km:01:53:22 | 25km:02:13:48 | 30km:02:40:00 | 35km:03:06:24 | 40km:03:35:43									
1571	8002	**ŻOŁĄDEK Łukasz**	SULEJÓWEK		POL	1988	M30	525	03:50:46	03:48:10	1436
		5km:00:27:21| 10km:00:54:29| 15km: 01:21:19 | 20km:01:48:00 | 21km:01:53:40 | 25km:02:14:25 | 30km:02:41:06 | 35km:03:07:50 | 40km:03:35:59									
1572	10670	**POGORZELSKI Kamil**	BIAŁYSTOK		POL	1997	M20	196	03:53:26	03:48:11	1437
		5km:00:23:53| 10km:00:48:21| 15km: 01:12:58 | 20km:01:40:12 | 21km:01:45:49 | 25km:02:08:54 | 30km:02:35:52 | 35km:03:03:53 | 40km:03:36:38									
1573	16005	**MIŚ Waldemar**	GDAŃSK	Team DKMS	POL	1976	M40	540	03:51:00	03:48:11	1437
		5km:00:26:32| 10km:00:53:18| 15km: 01:19:25 | 20km:01:45:53 | 21km:01:51:36 | 25km:02:12:09 | 30km:02:38:46 | 35km:03:05:50 | 40km:03:35:15									
1574	4382	**CZYŻEWSKI Łukasz**	TYCHY		POL	1988	M30	526	03:52:05	03:48:11	1437
		5km:00:26:03| 10km:00:52:18| 15km: 01:18:30 | 20km:01:44:51 | 21km:01:50:27 | 25km:02:11:01 | 30km:02:37:29 | 35km:03:04:05 | 40km:03:33:53									
1575	7818	**SKRZECZ Radosław**	WARSZAWA	(Nie)zdrowa rywalizacja	POL	1990	M30	527	03:53:32	03:48:14	1440
		5km:00:27:47| 10km:00:55:27| 15km: 01:22:20 | 20km:01:48:50 | 21km:01:54:42 | 25km:02:15:25 | 30km:02:41:36 | 35km:03:08:29 | 40km:03:35:57									
1576	8203	**GŁOWACKI Dawid**	INOWROCŁAW		POL	1994	M20	197	03:48:51	03:48:16	1441
		5km:00:24:06| 10km:00:48:15| 15km: 01:13:20 | 20km:01:38:54 | 21km:01:44:34 | 25km:02:05:34 | 30km:02:34:29 | 35km:03:05:17 | 40km:03:35:58									
1577	7504	**CYBULSKI Filip**	WARSZAWA	Off-Road Runners Benefit Systems + (Nie)zdrowa rywalizacja	POL	1991	M30	528	03:53:32	03:48:17	1442
		5km:00:27:50| 10km:00:55:32| 15km: 01:22:24 | 20km:01:48:53 | 21km:01:54:45 | 25km:02:15:28 | 30km:02:41:39 | 35km:03:08:31 | 40km:03:36:01									
1578	6142	**STARZYK Michał**	WARSZAWA		POL	1985	M30	529	03:52:08	03:48:18	1443
		5km:00:26:42| 10km:00:53:23| 15km: 01:20:17 | 20km:01:47:09 | 21km:01:53:02 | 25km:02:14:14 | 30km:02:40:51 | 35km:03:07:49 | 40km:03:35:51									
1579	4168	**OBRĘBSKI Sławomir**	OBRYTE		POL	1968	M50	156	03:55:45	03:48:21	1444
		5km:00:25:24| 10km:00:51:51| 15km: 01:18:28 | 20km:01:44:59 | 21km:01:50:58 | 25km:02:12:12 | 30km:02:39:25 | 35km:03:06:50 | 40km:03:36:22									
1580	2302	**GURDAK Radosław**	WARSZAWA		POL	1989	M30	530	03:49:43	03:48:22	1445
		5km:00:24:58| 10km:00:49:37| 15km: 01:14:24 | 20km:01:39:31 | 21km:01:45:11 | 25km:02:06:14 | 30km:02:34:30 | 35km:03:02:36 | 40km:03:33:49									
1581	2738	**MIKITA Mirek**	OLSZTYN	Są Wolniejsi	POL	1967	M50	157	03:51:14	03:48:22	1445
		5km:00:27:02| 10km:00:54:04| 15km: 01:20:48 | 20km:01:47:27 | 21km:01:53:13 | 25km:02:14:11 | 30km:02:41:09 | 35km:03:08:05 | 40km:03:36:00									
1582	3357	**RAKOMSIN Yury**	WARSZAWA	KubyTeam		1983	M40	541	03:51:02	03:48:25	1447
		5km:00:26:47| 10km:00:53:25| 15km: 01:19:34 | 20km:01:45:46 | 21km:01:51:32 | 25km:02:12:20 | 30km:02:39:06 | 35km:03:06:09 | 40km:03:35:31									
1583	7458	**TARASIEWICZ Sylwia**	WARSZAWA	Olszewscy Team	POL	1989	K30	57	03:51:40	03:48:25	136
		5km:00:27:27| 10km:00:54:51| 15km: 01:21:59 | 20km:01:49:10 | 21km:01:55:02 | 25km:02:16:21 | 30km:02:43:18 | 35km:03:09:48 | 40km:03:36:56									
1584	10042	**PAWŁOWSKI Arkadiusz**	KOŚCIAN	Kościan Team	POL	1976	M40	542	03:50:38	03:48:27	1448
		5km:00:26:02| 10km:00:51:50| 15km: 01:17:34 | 20km:01:43:37 | 21km:01:49:19 | 25km:02:09:47 | 30km:02:37:49 | 35km:03:05:46 | 40km:03:36:08									
1585	7057	**PĘDZICH Daniel**	WARSZAWA		POL	1978	M40	543	03:51:01	03:48:28	1449
		5km:00:26:28| 10km:00:52:55| 15km: 01:19:01 | 20km:01:45:31 | 21km:01:51:10 | 25km:02:11:31 | 30km:02:38:31 | 35km:03:05:15 | 40km:03:35:01									
1586	2672	**JACZEWSKI Paweł**	MARKI	Markowi Biegacze	POL	1985	M30	531	03:51:38	03:48:30	1450
		5km:00:27:19| 10km:00:54:52| 15km: 01:22:02 | 20km:01:49:04 | 21km:01:55:02 | 25km:02:16:04 | 30km:02:43:07 | 35km:03:09:48 | 40km:03:36:57									
1587	2481	**MONACH John**	OXFORD		GBR	1979	M40	544	03:52:58	03:48:32	1451
		5km:00:27:42| 10km:00:54:28| 15km: 01:20:27 | 20km:01:46:22 | 21km:01:52:06 | 25km:02:12:36 | 30km:02:39:15 | 35km:03:06:12 | 40km:03:35:09									
1588	10765	**RADWAŃSKI Marcin**	NIEPOŁOMICE	#adamczerwińskiteam	POL	1988	M30	532	03:50:00	03:48:35	1452
		5km:00:24:54| 10km:00:49:30| 15km: 01:14:16 | 20km:01:38:43 | 21km:01:44:01 | 25km:02:03:03 | 30km:02:29:33 | 35km:03:00:46 | 40km:03:34:55									
1589	3510	**GAŁCZYNIAK Stanisław**	KIELCE		POL	1980	M40	545	03:51:09	03:48:35	1452
		5km:00:26:35| 10km:00:53:29| 15km: 01:20:01 | 20km:01:46:37 | 21km:01:52:22 | 25km:02:13:32 | 30km:02:40:47 | 35km:03:08:09 | 40km:03:36:32									
1590	8056	**LASZCZAK Beata**	TORZYM		POL	1981	K40	52	03:51:29	03:48:35	137
		5km:00:27:10| 10km:00:54:18| 15km: 01:21:17 | 20km:01:48:11 | 21km:01:54:01 | 25km:02:15:09 | 30km:02:41:54 | 35km:03:07:47 | 40km:03:36:34									
1591	4015	**BORYŚ Adrian**	KRAKÓW	Wojsko Polskie	POL	1981	M40	546	03:52:59	03:48:37	1454
		5km:00:28:13| 10km:00:55:26| 15km: 01:23:05 | 20km:01:51:02 | 21km:01:56:51 | 25km:02:17:53 | 30km:02:44:17 | 35km:03:10:47 | 40km:03:37:35									
1592	2853	**BEŁCZYKOWSKI Zbigniew**	ORZESZE	Team Papry	POL	1984	M30	533	03:51:31	03:48:40	1455
		5km:00:27:11| 10km:00:53:52| 15km: 01:20:48 | 20km:01:47:30 | 21km:01:53:22 | 25km:02:14:31 | 30km:02:42:07 | 35km:03:09:32 | 40km:03:37:01									
1593	4208	**MARRAN Mikk**	TALLINN		EST	1978	M40	547	03:49:50	03:48:40	1455
		5km:00:25:34| 10km:00:51:38| 15km: 01:17:46 | 20km:01:44:40 | 21km:01:50:21 | 25km:02:10:52 | 30km:02:37:25 | 35km:03:05:14 | 40km:03:35:16									
1594	4218	**PRANTS Kristjan**	TALLINN		EST	1978	M40	547	03:49:51	03:48:40	1455
		5km:00:25:32| 10km:00:51:38| 15km: 01:17:43 | 20km:01:44:36 | 21km:01:50:20 | 25km:02:10:51 | 30km:02:37:23 | 35km:03:05:11 | 40km:03:35:15									
1595	2539	**LEWARTOWSKI Arkadiusz**	SPŁAWIE		POL	1970	M50	158	03:51:21	03:48:41	1458
		5km:00:25:30| 10km:00:50:57| 15km: 01:16:29 | 20km:01:42:36 | 21km:01:48:21 | 25km:02:08:54 | 30km:02:35:47 | 35km:03:04:21 | 40km:03:34:54									
1596	4345	**KOPEĆ Marcin**	LEGIONOWO		POL	1979	M40	549	03:50:10	03:48:41	1458
		5km:00:24:56| 10km:00:49:52| 15km: 01:15:06 | 20km:01:40:37 | 21km:01:46:10 | 25km:02:06:46 | 30km:02:34:48 | 35km:03:03:40 | 40km:03:35:46									
1597	2960	**ZBYTNIEWSKI Marcin**	WARSZAWA		POL	1996	M20	198	03:52:36	03:48:43	1460
		5km:00:28:04| 10km:00:55:16| 15km: 01:22:31 | 20km:01:49:33 | 21km:01:55:26 | 25km:02:16:27 | 30km:02:43:10 | 35km:03:09:26 | 40km:03:37:13									
1598	5154	**PIĘTKO Dariusz**	BIELSKO-BIAŁA	ORANGE POLSKA	POL	1970	M50	159	03:49:42	03:48:43	1460
		5km:00:25:00| 10km:00:50:01| 15km: 01:15:11 | 20km:01:40:27 | 21km:01:45:51 | 25km:02:06:14 | 30km:02:34:47 | 35km:03:04:16 | 40km:03:35:28									
1599	7796	**BANAŚ Monika**	KRAKÓW		POL	1969	K50	3	03:51:35	03:48:43	138
		5km:00:26:25| 10km:00:53:14| 15km: 01:19:59 | 20km:01:47:06 | 21km:01:53:00 | 25km:02:15:21 | 30km:02:42:54 | 35km:03:09:47 | 40km:03:36:59									
1600	2045	**KUCZYŃSKI Szymon**	PRUSZKÓW		POL	1986	M30	534	03:50:22	03:48:46	1462
		5km:00:24:50| 10km:00:49:30| 15km: 01:14:24 | 20km:01:39:13 | 21km:01:44:33 | 25km:02:04:34 | 30km:02:31:23 | 35km:03:01:58 | 40km:03:35:12									
1601	8128	**ANDRZEJCZYK Michał**	BEŁCHATÓW	Team NIEidealni	POL	1990	M30	535	03:51:57	03:48:50	1463
		5km:00:27:34| 10km:00:54:59| 15km: 01:22:05 | 20km:01:49:20 | 21km:01:55:12 | 25km:02:16:33 | 30km:02:43:44 | 35km:03:11:05 | 40km:03:38:09									
1602	3087	**PAWLIK Jacek**	KRAKÓW		POL	1988	M30	536	03:51:12	03:48:51	1464
		5km:00:26:40| 10km:00:53:08| 15km: 01:19:43 | 20km:01:45:54 | 21km:01:51:42 | 25km:02:12:34 | 30km:02:39:22 | 35km:03:06:15 | 40km:03:36:08									
1603	7772	**WOOTTON Shaun**	WILLENHALL	Sneyd Striders	GBR	1970	M50	160	03:52:59	03:48:51	1464
		5km:00:26:37| 10km:00:53:56| 15km: 01:21:17 | 20km:01:48:13 | 21km:01:54:09 | 25km:02:15:27 | 30km:02:42:42 | 35km:03:10:05 | 40km:03:37:31									
1604	7954	**NAWROCKI Przemek**	KATOWICE	Silesia Marathon Team	POL	1978	M40	550	03:51:44	03:48:53	1466
		5km:00:27:13| 10km:00:54:11| 15km: 01:21:13 | 20km:01:48:04 | 21km:01:54:00 | 25km:02:15:10 | 30km:02:42:21 | 35km:03:09:34 | 40km:03:36:21									
1605	10465	**PŁUŻAŃSKA Katarzyna**	ŁÓDŹ		POL	1986	K30	58	03:50:05	03:48:55	139
		5km:00:24:41| 10km:00:49:27| 15km: 01:15:19 | 20km:01:42:34 | 21km:01:48:12 | 25km:02:09:00 | 30km:02:37:30 | 35km:03:06:54 | 40km:03:36:34									
1606	3454	**LALEK Norbert**	GORZKOWICE		POL	2002	M20	199	03:54:04	03:48:59	1467
		5km:00:27:29| 10km:00:55:01| 15km: 01:22:21 | 20km:01:49:08 | 21km:01:54:51 | 25km:02:16:07 | 30km:02:43:53 | 35km:03:09:31 | 40km:03:36:45									
1607	6264	**BUDZICH Wojciech**	CIECHANÓW	KB TKKF PROMYK Ciechanów	POL	1975	M40	551	03:50:13	03:49:01	1468
		5km:00:24:58| 10km:00:49:56| 15km: 01:15:10 | 20km:01:40:30 | 21km:01:46:03 | 25km:02:07:00 | 30km:02:34:50 | 35km:03:04:35 | 40km:03:36:26									
1608	4005	**NGUYEN Ba Tung**	WARSZAWA		VIE	2002	M20	200	03:51:10	03:49:04	1469
		5km:00:26:48| 10km:00:53:03| 15km: 01:18:48 | 20km:01:44:38 | 21km:01:50:16 | 25km:02:10:38 | 30km:02:37:07 | 35km:03:05:21 | 40km:03:36:44									
1609	12109	**JASIK Bartłomiej**	WROCŁAW	MATNER RUNNING TEAM	POL	1993	M30	537	03:52:35	03:49:05	1470
		5km:00:28:20| 10km:00:55:13| 15km: 01:22:00 | 20km:01:48:17 | 21km:01:53:57 | 25km:02:14:33 | 30km:02:40:59 | 35km:03:07:39 | 40km:03:37:02									
1610	2429	**LAW Seth**	OXFORD		USA	1985	M30	537	03:53:29	03:49:05	1470
		5km:00:27:44| 10km:00:54:29| 15km: 01:20:28 | 20km:01:46:25 | 21km:01:52:07 | 25km:02:12:38 | 30km:02:39:21 | 35km:03:06:45 | 40km:03:35:45									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:46 | 10km:00:53:45 | 15km: 01:20:22 | 20km:01:46:42 | 21km:01:52:29 | 25km:02:13:34 | 30km:02:40:46 | 35km:03:08:10 | 40km:03:36:55									
1611	6486	**IWAŃSKI Arkadiusz**	NOWY SĄCZ		POL	1976	M40	552	03:51:59	03:49:05	1470
		5km:00:26:44 | 10km:00:53:54 | 15km: 01:21:08 | 20km:01:48:18 | 21km:01:54:13 | 25km:02:15:31 | 30km:02:42:54 | 35km:03:10:01 | 40km:03:37:37									
1612	3814	**PÓŁTORAK Piotr**	WARSZAWA	Eurocash S.A	POL	1987	M30	539	03:53:22	03:49:06	1473
		5km:00:28:15 | 10km:00:55:09 | 15km: 01:22:21 | 20km:01:49:32 | 21km:01:55:25 | 25km:02:16:44 | 30km:02:43:54 | 35km:03:10:52 | 40km:03:37:35									
1613	3853	**GAJEWSKI Michał**	WARSZAWA		POL	1982	M40	553	03:53:01	03:49:06	1473
		5km:00:27:18 | 10km:00:54:23 | 15km: 01:21:04 | 20km:01:47:31 | 21km:01:53:25 | 25km:02:14:21 | 30km:02:41:33 | 35km:03:08:37 | 40km:03:36:56									
1614	2803	**CHWAŁEK Anna**	PRUSZKÓW		POL	1980	K40	53	03:52:56	03:49:07	140
		5km:00:26:15 | 10km:00:52:32 | 15km: 01:18:37 | 20km:01:44:30 | 21km:01:50:06 | 25km:02:10:21 | 30km:02:36:56 | 35km:03:04:58 | 40km:03:36:11									
1615	3398	**JARZĄBEK Czarek**	WARSZAWA	Trizarza Team	POL	1977	M40	554	03:53:47	03:49:07	1475
		5km:00:25:04 | 10km:00:49:42 | 15km: 01:14:28 | 20km:01:38:52 | 21km:01:44:09 | 25km:02:02:55 | 30km:02:27:21 | 35km:02:52:08 | 40km:03:18:43									
1616	8326	**ZDROJEWSKI Hubert**	WARSZAWA		POL	1992	M30	540	03:50:22	03:49:07	1475
		5km:00:27:34 | 10km:00:55:17 | 15km: 01:21:52 | 20km:01:47:45 | 21km:01:53:15 | 25km:02:13:59 | 30km:02:39:56 | 35km:03:06:46 | 40km:03:36:32									
1617	6530	**SAWICKI Jakub**	POZNAŃ		POL	1981	M40	555	03:54:24	03:49:08	1477
		5km:00:24:25 | 10km:00:49:43 | 15km: 01:14:57 | 20km:01:40:24 | 21km:01:46:10 | 25km:02:07:42 | 30km:02:36:35 | 35km:03:06:35 | 40km:03:36:03									
1618	8066	**BARYCKA Katarzyna**	WARSZAWA	Team Dwa Ognie	POL	1989	K30	59	03:50:08	03:49:08	141
		5km:00:25:28 | 10km:00:51:29 | 15km: 01:17:08 | 20km:01:43:07 | 21km:01:48:45 | 25km:02:09:24 | 30km:02:36:43 | 35km:03:06:23 | 40km:03:36:46									
1619	8214	**DEMBIŃSKI Maciej**	WARSZAWA		POL	1983	M40	555	03:50:56	03:49:08	1477
		5km:00:24:34 | 10km:00:49:16 | 15km: 01:13:52 | 20km:01:38:36 | 21km:01:43:58 | 25km:02:03:31 | 30km:02:31:24 | 35km:03:00:43 | 40km:03:35:10									
1620	2144	**RUDNIK Mariusz**	WARSZAWA		POL	1975	M40	557	03:50:32	03:49:10	1479
		5km:00:26:24 | 10km:00:53:02 | 15km: 01:19:20 | 20km:01:45:27 | 21km:01:51:12 | 25km:02:12:04 | 30km:02:38:55 | 35km:03:05:42 | 40km:03:36:36									
1621	8233	**KUSHEKOV Kairat**	???????		KAZ	1989	M30	541	03:52:03	03:49:13	1480
		5km:00:26:17 | 10km:00:52:07 | 15km: 01:17:53 | 20km:01:43:24 | 21km:01:48:52 | 25km:02:09:05 | 30km:02:36:18 | 35km:03:04:56 | 40km:03:37:14									
1622	8187	**WIECKOWSKI Krzysztof**	WARSZAWA		POL	1978	M40	558	03:52:01	03:49:14	1481
		5km:00:26:27 | 10km:00:53:13 | 15km: 01:19:46 | 20km:01:46:24 | 21km:01:52:07 | 25km:02:13:06 | 30km:02:40:04 | 35km:03:07:43 | 40km:03:36:50									
1623	6507	**BEŁC Piotr**	WARSZAWA	Służby mundurowe	POL	1977	M40	559	03:52:22	03:49:15	1482
		5km:00:24:41 | 10km:00:49:24 | 15km: 01:14:01 | 20km:01:38:28 | 21km:01:43:49 | 25km:02:03:02 | 30km:02:29:29 | 35km:02:58:33 | 40km:03:34:42									
1624	7021	**SEWERYN Wojciech**	KRAKÓW		POL	1967	M50	161	03:50:25	03:49:16	1483
		5km:00:25:41 | 10km:00:50:40 | 15km: 01:15:52 | 20km:01:41:33 | 21km:01:47:02 | 25km:02:07:43 | 30km:02:35:06 | 35km:03:03:24 | 40km:03:35:10									
1625	7564	**KINSNER Zenon**	WROCŁAW		POL	1980	M40	560	03:50:40	03:49:16	1483
		5km:00:27:08 | 10km:00:53:49 | 15km: 01:20:05 | 20km:01:46:32 | 21km:01:52:11 | 25km:02:12:55 | 30km:02:39:23 | 35km:03:06:11 | 40km:03:35:27									
1626	7683	**MALINOWSKI Andrzej**	TOMASZOW LUBELSKI		POL	1976	M40	561	03:51:23	03:49:17	1485
		5km:00:27:09 | 10km:00:54:08 | 15km: 01:21:07 | 20km:01:48:03 | 21km:01:53:53 | 25km:02:15:02 | 30km:02:42:13 | 35km:03:09:24 | 40km:03:36:41									
1627	8060	**KALITA Marcin**	KOŚCIELISKO		POL	1980	M40	561	03:52:16	03:49:17	1485
		5km:00:22:07 | 10km:00:45:08 | 15km: 01:08:20 | 20km:01:32:09 | 21km:01:37:22 | 25km:01:56:42 | 30km:02:22:57 | 35km:02:54:11 | 40km:03:33:25									
1628	3795	**CHOJECKI Robert**	MARKI	Explosion	POL	1995	M20	201	03:51:13	03:49:20	1487
		5km:00:25:56 | 10km:00:51:47 | 15km: 01:17:36 | 20km:01:43:46 | 21km:01:49:25 | 25km:02:10:08 | 30km:02:36:41 | 35km:03:06:19 | 40km:03:37:19									
1629	6595	**BERNACKI Wiktor**	WARSZAWA	DochodowyMarketing.pl	POL	2000	M20	201	03:51:10	03:49:20	1487
		5km:00:27:16 | 10km:00:54:41 | 15km: 01:21:49 | 20km:01:48:58 | 21km:01:54:59 | 25km:02:16:10 | 30km:02:43:09 | 35km:03:10:10 | 40km:03:38:06									
1630	4040	**CULJAK Ula**	PIASECZNO	AegonRun	POL	1977	K40	54	03:52:43	03:49:21	142
		5km:00:24:13 | 10km:00:48:33 | 15km: 01:12:50 | 20km:01:37:26 | 21km:01:42:50 | 25km:02:03:06 | 30km:02:31:14 | 35km:03:01:34 | 40km:03:35:26									
1631	6055	**STRULAK Robert**	WARSZAWA		POL	1989	M30	542	03:50:30	03:49:21	1489
		5km:00:28:02 | 10km:00:56:25 | 15km: 01:23:19 | 20km:01:50:09 | 21km:01:55:57 | 25km:02:16:50 | 30km:02:43:29 | 35km:03:10:26 | 40km:03:37:23									
1632	12045	**MAKUSZEWSKI Maciej**	MORAWICA		POL	1999	M20	203	03:54:48	03:49:22	1490
		5km:00:27:30 | 10km:00:54:46 | 15km: 01:21:50 | 20km:01:48:44 | 21km:01:54:40 | 25km:02:15:34 | 30km:02:42:38 | 35km:03:09:57 | 40km:03:37:58									
1633	8221	**MAZGAJ Przemysław**	KRAKÓW		POL	1992	M30	543	03:53:00	03:49:22	1490
		5km:00:25:31 | 10km:00:50:35 | 15km: 01:15:50 | 20km:01:41:57 | 21km:01:47:35 | 25km:02:08:20 | 30km:02:35:11 | 35km:03:03:12 | 40km:03:35:11									
1634	3088	**SIMOS Kostas**	THESSALONIKI		GRE	1964	M50	162	03:50:34	03:49:23	1492
		5km:00:27:11 | 10km:00:54:06 | 15km: 01:20:57 | 20km:01:48:13 | 21km:01:54:00 | 25km:02:14:50 | 30km:02:41:43 | 35km:03:08:48 | 40km:03:36:39									
1635	7236	**WASZCZYK Bernard**	WARSZAWA	Obligacje.pl	POL	1976	M40	563	03:52:20	03:49:23	1492
		5km:00:27:21 | 10km:00:54:48 | 15km: 01:21:56 | 20km:01:49:07 | 21km:01:55:05 | 25km:02:16:19 | 30km:02:43:35 | 35km:03:10:58 | 40km:03:38:31									
1636	7874	**KOŁODZIEJ Darek**	CZELADŹ	ACAB-1213	POL	1970	M50	163	03:52:40	03:49:25	1494
		5km:00:26:42 | 10km:00:53:27 | 15km: 01:20:10 | 20km:01:46:46 | 21km:01:52:33 | 25km:02:13:11 | 30km:02:39:38 | 35km:03:06:54 | 40km:03:36:45									
1637	2553	**BIELAWSKI Dariusz**	EDINBURGH	Happy Runners	POL	1978	M40	564	03:52:37	03:49:26	1495
		5km:00:26:55 | 10km:00:53:37 | 15km: 01:20:04 | 20km:01:46:12 | 21km:01:51:48 | 25km:02:12:23 | 30km:02:39:04 | 35km:03:06:56 | 40km:03:37:07									
1638	6494	**KOLESNEV Nikita**	WARSZAWA			1976	M40	564	03:52:37	03:49:26	1495
		5km:00:25:24 | 10km:00:51:00 | 15km: 01:17:05 | 20km:01:43:11 | 21km:01:48:57 | 25km:02:10:42 | 30km:02:37:51 | 35km:03:05:58 | 40km:03:37:10									
1639	7085	**TRUSZKOWSKA Marta**	LEGIONOWO	Bestie OCR Legionowo	POL	1985	K30	60	03:51:41	03:49:26	143
		5km:00:26:00 | 10km:00:51:39 | 15km: 01:17:15 | 20km:01:43:04 | 21km:01:48:44 | 25km:02:09:39 | 30km:02:37:05 | 35km:03:05:18 | 40km:03:36:46									
1640	7664	**CHERRY Gareth**	TEMPLECOMBE		GBR	1975	M40	564	03:51:36	03:49:26	1495
		5km:00:26:33 | 10km:00:52:57 | 15km: 01:18:54 | 20km:01:44:24 | 21km:01:50:03 | 25km:02:10:49 | 30km:02:37:12 | 35km:03:05:01 | 40km:03:36:44									
1641	4693	**SATLER Oleksii**	WARSZAWA		UKR	1998	M20	204	03:53:39	03:49:28	1498
		5km:00:27:10 | 10km:00:54:36 | 15km: 01:21:41 | 20km:01:48:47 | 21km:01:54:44 | 25km:02:15:52 | 30km:02:43:01 | 35km:03:10:06 | 40km:03:37:54									
1642	7692	**DOLATA Maciej**	SKÓRZEWO	#biegiemwlas	POL	1978	M40	567	03:52:57	03:49:29	1499
		5km:00:27:27 | 10km:00:54:45 | 15km: 01:21:53 | 20km:01:49:05 | 21km:01:55:01 | 25km:02:16:16 | 30km:02:43:30 | 35km:03:10:53 | 40km:03:38:21									
1643	4413	**JARUSZEWICZ Aleksander**	KĘTRZYN		POL	1996	M20	205	03:55:58	03:49:30	1500
		5km:00:26:24 | 10km:00:54:01 | 15km: 01:21:06 | 20km:01:47:56 | 21km:01:53:41 | 25km:02:14:15 | 30km:02:41:18 | 35km:03:08:29 | 40km:03:38:25									
1644	10037	**GRECZKOWICZ Tomasz**	KATOWICE		POL	1985	M30	544	03:52:24	03:49:31	1501
		5km:00:25:35 | 10km:00:51:13 | 15km: 01:17:05 | 20km:01:42:58 | 21km:01:48:34 | 25km:02:08:52 | 30km:02:36:11 | 35km:03:05:10 | 40km:03:37:03									
1645	4426	**LĘDZION Rafał**	WARSZAWA		POL	1989	M30	544	03:53:02	03:49:31	1501
		5km:00:27:08 | 10km:00:54:40 | 15km: 01:21:42 | 20km:01:49:02 | 21km:01:54:51 | 25km:02:16:10 | 30km:02:43:25 | 35km:03:10:34 | 40km:03:38:22									
1646	7768	**STAJER Tomasz**	SIEMIANOWICE ŚLĄSKIE	Endurance Team	POL	1978	M40	568	03:52:49	03:49:31	1501
		5km:00:27:28 | 10km:00:54:55 | 15km: 01:22:23 | 20km:01:49:43 | 21km:01:55:33 | 25km:02:16:32 | 30km:02:42:58 | 35km:03:10:11 | 40km:03:37:50									
1647	8211	**SMYKA Magdalena**	WARSZAWA		POL	1990	K30	61	03:51:20	03:49:31	144
		5km:00:27:23 | 10km:00:54:45 | 15km: 01:21:53 | 20km:01:49:05 | 21km:01:55:01 | 25km:02:16:16 | 30km:02:43:30 | 35km:03:10:53 | 40km:03:38:21									
1648	5233	**KOWALCZYK Artur**	BROK		POL	1979	M40	569	03:55:46	03:49:32	1504
		5km:00:28:20 | 10km:00:56:24 | 15km: 01:24:06 | 20km:01:51:21 | 21km:01:57:13 | 25km:02:18:27 | 30km:02:45:11 | 35km:03:11:55 | 40km:03:38:07									
1649	10496	**ŁAZICKA Kamila**	OLSZTYN	Pszczółkowski Team	POL	1980	K40	55	03:51:19	03:49:33	145
		5km:00:25:38 | 10km:00:51:50 | 15km: 01:18:19 | 20km:01:44:49 | 21km:01:50:32 | 25km:02:11:55 | 30km:02:39:31 | 35km:03:07:42 | 40km:03:37:29									
1650	2882	**SZYMANIAK Michał**	KISIELANY KUCE		POL	1993	M30	546	03:50:24	03:49:34	1505
		5km:00:27:30 | 10km:00:54:59 | 15km: 01:22:11 | 20km:01:49:05 | 21km:01:54:51 | 25km:02:15:31 | 30km:02:41:49 | 35km:03:08:18 | 40km:03:37:11									
1651	3253	**TALEWSKI Grzegorz**	GDYNIA		POL	1990	M30	546	03:52:50	03:49:34	1505
		5km:00:27:21 | 10km:00:54:46 | 15km: 01:21:46 | 20km:01:48:20 | 21km:01:54:02 | 25km:02:14:50 | 30km:02:41:53 | 35km:03:09:11 | 40km:03:37:18									
1652	4044	**KUCHARSKI Przemysław**	DĄBROWA GÓRNICZA		POL	1994	M20	206	03:53:38	03:49:34	1505
		5km:00:27:54 | 10km:00:55:33 | 15km: 01:23:31 | 20km:01:51:17 | 21km:01:57:10 | 25km:02:18:24 | 30km:02:45:19 | 35km:03:11:51 | 40km:03:38:35									
1653	2868	**LABUK Tomasz**	KRAKÓW		POL	1986	M30	548	03:50:57	03:49:35	1508
		5km:00:25:03 | 10km:00:50:14 | 15km: 01:16:02 | 20km:01:41:51 | 21km:01:47:23 | 25km:02:08:49 | 30km:02:37:13 | 35km:03:05:39 | 40km:03:36:59									
1654	2318	**STAWARZ Karolina**	OLEŚNICA		POL	1999	K20	27	03:52:41	03:49:36	146
		5km:00:26:08 | 10km:00:52:33 | 15km: 01:18:42 | 20km:01:44:55 | 21km:01:50:41 | 25km:02:11:36 | 30km:02:38:21 | 35km:03:05:42 | 40km:03:36:30									
1655	8207	**TOMCZAKOWSKI Rajmund**	WARSZAWA		POL	1972	M50	164	03:52:42	03:49:36	1509
		5km:00:26:15 | 10km:00:53:34 | 15km: 01:20:31 | 20km:01:46:59 | 21km:01:52:38 | 25km:02:13:09 | 30km:02:39:31 | 35km:03:06:06 | 40km:03:37:09									
1656	8454	**SOSZYŃSKA - PSTROKOŃSKA Joanna**	WARSZAWA	Gazele na stracie	POL	1982	K40	56	03:52:45	03:49:37	147
		5km:00:27:26 | 10km:00:54:30 | 15km: 01:21:29 | 20km:01:48:26 | 21km:01:54:17 | 25km:02:15:34 | 30km:02:42:40 | 35km:03:09:11 | 40km:03:37:25									

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:47| 10km:00:55:03| 15km: 01:21:55 | 20km:01:48:54 | 21km:01:54:43 | 25km:02:16:10 | 30km:02:43:37 | 35km:03:10:34 | 40km:03:38:11									
1657	12100	**KAZIK Karol**	KOŃSKIE		POL	2000	M20	207	03:53:22	03:49:38	1510
1658	6625	**LISOWSKI Marcin**	KIELCE		POL	1981	M40	570	03:53:09	03:49:38	1510
		5km:00:27:10| 10km:00:54:35| 15km: 01:21:44 | 20km:01:48:53 | 21km:01:55:06 | 25km:02:15:55 | 30km:02:42:20 | 35km:03:08:20 | 40km:03:37:13									
1659	8232	**ZIELIŃSKI Jacek**	WARSZAWA		POL	1978	M40	571	03:51:33	03:49:40	1512
		5km:00:24:40| 10km:00:50:01| 15km: 01:15:17 | 20km:01:41:28 | 21km:01:47:04 | 25km:02:07:47 | 30km:02:35:18 | 35km:03:04:01 | 40km:03:35:14									
1660	7511	**SACZAWA Piotr**	WARSZAWA		POL	1983	M40	572	03:52:56	03:49:41	1513
		5km:00:26:57| 10km:00:53:59| 15km: 01:20:57 | 20km:01:47:46 | 21km:01:53:32 | 25km:02:14:49 | 30km:02:42:04 | 35km:03:09:38 | 40km:03:37:56									
1661	7885	**ŚLUSARCZYK Anna**	PRUSZKÓW	PGB Sportowa Paczka	POL	1981	K40	57	03:52:23	03:49:41	148
		5km:00:26:34| 10km:00:53:13| 15km: 01:20:25 | 20km:01:46:53 | 21km:01:52:31 | 25km:02:13:19 | 30km:02:40:08 | 35km:03:07:20 | 40km:03:36:43									
1662	8268	**KACPERSKI Paweł**	WARSZAWA		POL	1973	M50	165	03:52:26	03:49:41	1513
		5km:00:26:23| 10km:00:52:52| 15km: 01:19:24 | 20km:01:45:38 | 21km:01:51:28 | 25km:02:12:30 | 30km:02:38:59 | 35km:03:06:28 | 40km:03:37:34									
1663	10582	**KRÓLIKOWSKI Stanisław**	WARSZAWA	Samsung	POL	1991	M30	549	03:53:08	03:49:42	1515
		5km:00:27:57| 10km:00:55:13| 15km: 01:22:03 | 20km:01:48:57 | 21km:01:54:56 | 25km:02:16:08 | 30km:02:43:22 | 35km:03:10:48 | 40km:03:38:18									
1664	2319	**KACZOROWSKI Karol**	WROCŁAW		POL	1994	M20	208	03:52:47	03:49:42	1515
		5km:00:26:08| 10km:00:52:34| 15km: 01:18:41 | 20km:01:44:55 | 21km:01:50:39 | 25km:02:11:36 | 30km:02:38:21 | 35km:03:05:42 | 40km:03:36:30									
1665	3624	**KRUPA Wojciech**	ŁÓDŹ		POL	2002	M20	209	03:54:03	03:49:43	1517
		5km:00:26:22| 10km:00:53:13| 15km: 01:19:45 | 20km:01:45:35 | 21km:01:51:08 | 25km:02:11:15 | 30km:02:37:27 | 35km:03:04:13 | 40km:03:37:30									
1666	3735	**RZEPLIŃSKI Jacek**	RUNÓW		POL	1969	M50	166	03:52:12	03:49:43	1517
		5km:00:26:43| 10km:00:53:13| 15km: 01:19:43 | 20km:01:46:00 | 21km:01:51:46 | 25km:02:12:41 | 30km:02:39:17 | 35km:03:06:45 | 40km:03:37:03									
1667	4597	**ZDRZALIK Sebastian**	ZWOLEŃ		POL	1997	M20	209	03:56:14	03:49:43	1517
		5km:00:24:57| 10km:00:50:05| 15km: 01:15:16 | 20km:01:40:15 | 21km:01:45:42 | 25km:02:06:00 | 30km:02:32:49 | 35km:03:01:45 | 40km:03:35:26									
1668	6330	**KACZOROWSKI Damian**	KLIMONTÓW	1BLTr	POL	1998	M20	209	03:52:52	03:49:43	1517
		5km:00:27:27| 10km:00:54:53| 15km: 01:22:02 | 20km:01:49:12 | 21km:01:55:12 | 25km:02:16:26 | 30km:02:43:41 | 35km:03:11:03 | 40km:03:38:38									
1669	12103	**MAĆKOWSKI Radosław**	WARSZAWA		POL	1979	M40	573	03:52:53	03:49:45	1521
		5km:00:26:13| 10km:00:52:54| 15km: 01:19:20 | 20km:01:45:34 | 21km:01:51:09 | 25km:02:12:02 | 30km:02:38:33 | 35km:03:05:48 | 40km:03:35:47									
1670	7245	**SUPLICKI Piotr**	SEROCK		POL	1978	M40	573	03:52:38	03:49:45	1521
		5km:00:27:12| 10km:00:54:11| 15km: 01:20:59 | 20km:01:47:50 | 21km:01:53:39 | 25km:02:14:40 | 30km:02:41:19 | 35km:03:07:49 | 40km:03:38:13									
1671	3342	**BROCHWICZ Jan**	WARSZAWA		POL	2000	M20	212	03:54:37	03:49:46	1523
		5km:00:24:34| 10km:00:49:07| 15km: 01:13:27 | 20km:01:39:03 | 21km:01:44:27 | 25km:02:06:09 | 30km:02:38:25 | 35km:03:07:46 | 40km:03:38:07									
1672	2205	**KORDACZUK Hubert**	WARSZAWA		POL	1992	M30	550	03:52:59	03:49:48	1524
		5km:00:27:27| 10km:00:54:53| 15km: 01:22:02 | 20km:01:49:11 | 21km:01:55:09 | 25km:02:16:26 | 30km:02:43:40 | 35km:03:11:01 | 40km:03:38:36									
1673	6881	**JAGIELA Joanna**	OPOLE	KB ODRA OPOLE	POL	1981	K40	58	03:50:34	03:49:48	149
		5km:00:26:12| 10km:00:52:39| 15km: 01:19:07 | 20km:01:45:33 | 21km:01:51:19 | 25km:02:12:21 | 30km:02:40:00 | 35km:03:07:54 | 40km:03:37:18									
1674	7022	**JAGIELA Rafał**	OPOLE	KB Odra Opole	POL	1982	M40	575	03:50:34	03:49:48	1524
		5km:00:26:11| 10km:00:52:38| 15km: 01:19:07 | 20km:01:45:34 | 21km:01:51:18 | 25km:02:12:21 | 30km:02:39:59 | 35km:03:07:54 | 40km:03:37:18									
1675	7846	**LENC Maciej**	BYDGOSZCZ	WAKE UP	POL	1992	M30	551	03:52:11	03:49:49	1526
		5km:00:27:09| 10km:00:53:54| 15km: 01:20:16 | 20km:01:46:26 | 21km:01:51:57 | 25km:02:12:26 | 30km:02:38:58 | 35km:03:06:12 | 40km:03:36:56									
1676	3591	**OLESZCZUK Angelika**	WARSZAWA		POL	1998	K20	28	03:56:23	03:49:50	150
		5km:00:29:27| 10km:00:58:28| 15km: 01:26:47 | 20km:01:54:23 | 21km:02:00:05 | 25km:02:21:05 | 30km:02:48:04 | 35km:03:13:01 | 40km:03:39:00									
1677	10356	**PIWOŃSKI Zbigniew**	WŁOCŁAWEK		POL	1978	M40	576	03:55:20	03:49:51	1527
		5km:00:23:20| 10km:00:47:35| 15km: 01:11:52 | 20km:01:36:57 | 21km:01:42:27 | 25km:02:04:21 | 30km:02:33:47 | 35km:03:06:38 | 40km:03:37:12									
1678	6447	**STRUK Agnieszka**	BĘDZIN	W POGONI ZA DUCHEM	POL	1985	K30	62	03:53:52	03:49:51	151
		5km:00:27:57| 10km:00:55:36| 15km: 01:23:34 | 20km:01:51:19 | 21km:01:57:13 | 25km:02:18:26 | 30km:02:45:24 | 35km:03:11:54 | 40km:03:38:40									
1679	10071	**SZWEDEK Ziemowit**	OSTRÓW WIELKOPOLSKI		POL	1982	M40	577	03:53:24	03:49:52	1528
		5km:00:26:39| 10km:00:53:25| 15km: 01:19:21 | 20km:01:45:07 | 21km:01:50:41 | 25km:02:11:29 | 30km:02:38:53 | 35km:03:07:53 | 40km:03:37:34									
1680	5255	**NILSSON Thobias**	STOCKHOLM		SWE	1991	M30	552	03:52:54	03:49:52	1528
		5km:00:27:33| 10km:00:54:28| 15km: 01:21:07 | 20km:01:47:57 | 21km:01:53:50 | 25km:02:14:56 | 30km:02:42:10 | 35km:03:09:11 | 40km:03:37:16									
1681	4248	**SAPRYK Leszek**	KANIE		POL	1986	M30	553	03:52:46	03:49:53	1530
		5km:00:27:12| 10km:00:54:11| 15km: 01:21:12 | 20km:01:48:09 | 21km:01:54:05 | 25km:02:15:08 | 30km:02:42:20 | 35km:03:09:35 | 40km:03:37:21									
1682	3123	**TOLUBYAK Pavlo**	WROCŁAW		POL	1996	M20	213	03:56:45	03:49:54	1531
		5km:00:25:08| 10km:00:49:04| 15km: 01:15:25 | 20km:01:41:52 | 21km:01:47:31 | 25km:02:08:16 | 30km:02:35:22 | 35km:03:04:08 | 40km:03:35:59									
1683	7431	**KŁYCIŃSKA Izabela**	PRUSZKÓW		POL	1984	K30	63	03:53:11	03:49:54	152
		5km:00:27:20| 10km:00:54:47| 15km: 01:21:54 | 20km:01:49:07 | 21km:01:55:05 | 25km:02:16:19 | 30km:02:43:37 | 35km:03:10:57 | 40km:03:38:29									
1684	10303	**ROGOZIŃSKI Artur**	BIECZ		POL	1976	M40	578	03:52:56	03:49:55	1532
		5km:00:27:01| 10km:00:54:00| 15km: 01:20:51 | 20km:01:47:49 | 21km:01:53:35 | 25km:02:14:50 | 30km:02:42:02 | 35km:03:09:17 | 40km:03:36:49									
1685	2326	**NYKIEL Grzegorz**	WARSZAWA		POL	1986	M30	554	03:56:03	03:49:57	1533
		5km:00:26:57| 10km:00:54:35| 15km: 01:21:11 | 20km:01:47:52 | 21km:01:53:45 | 25km:02:14:41 | 30km:02:42:23 | 35km:03:10:01 | 40km:03:38:20									
1686	6129	**ŻEBROWSKI Marek**	RZEKUŃ	KS Arco Ławy	POL	1964	M50	167	03:51:03	03:49:59	1534
		5km:00:24:43| 10km:00:49:49| 15km: 01:14:28 | 20km:01:39:04 | 21km:01:44:25 | 25km:02:05:15 | 30km:02:35:07 | 35km:03:05:16 | 40km:03:36:50									
1687	15533	**MIKULSKI Rafał**	KUNICE		POL	1977	M40	579	03:52:32	03:50:01	1535
		5km:00:26:44| 10km:00:55:39| 15km: 01:22:21 | 20km:01:49:10 | 21km:01:55:04 | 25km:02:16:29 | 30km:02:43:32 | 35km:03:09:54 | 40km:03:37:53									
1688	6926	**WĘGIERSKA Małgorzata**	WARSZAWA		POL	1993	K30	64	03:53:00	03:50:01	153
		5km:00:27:10| 10km:00:54:06| 15km: 01:20:52 | 20km:01:47:27 | 21km:01:53:16 | 25km:02:14:27 | 30km:02:41:59 | 35km:03:09:24 | 40km:03:37:39									
1689	5293	**GĄSIOR Mateusz**	TYCHY		POL	1988	M30	555	03:53:56	03:50:02	1536
		5km:00:26:52| 10km:00:53:42| 15km: 01:20:14 | 20km:01:47:02 | 21km:01:52:47 | 25km:02:13:44 | 30km:02:40:46 | 35km:03:08:25 | 40km:03:37:53									
1690	10675	**ROZANSKI Michał**	MIKOLOW		POL	1982	M40	580	03:51:54	03:50:03	1537
		5km:00:24:43| 10km:00:49:30| 15km: 01:14:13 | 20km:01:39:11 | 21km:01:45:05 | 25km:02:05:01 | 30km:02:31:59 | 35km:03:01:20 | 40km:03:35:22									
1691	7254	**KHAN David**	LESZNO	Dystans Leszno	POL	1979	M40	580	03:51:03	03:50:03	1537
		5km:00:24:13| 10km:00:48:59| 15km: 01:13:36 | 20km:01:38:14 | 21km:01:43:36 | 25km:02:02:54 | 30km:02:30:24 | 35km:03:02:36 | 40km:03:36:09									
1692	14523	**KANIEWSKI Jarosław**	WARSZAWA	SUSHI FLOW	POL	1984	M30	556	03:53:41	03:50:04	1539
		5km:00:25:39| 10km:00:52:04| 15km: 01:17:56 | 20km:01:43:21 | 21km:01:48:47 | 25km:02:09:18 | 30km:02:35:28 | 35km:03:03:19 | 40km:03:36:00									
1693	6060	**WITKOWSKI Michał**	KARCZEW	Biegaj Pod Okiem Trenera	POL	1979	M40	582	03:51:33	03:50:06	1540
		5km:00:25:18| 10km:00:50:49| 15km: 01:16:45 | 20km:01:42:51 | 21km:01:48:36 | 25km:02:09:34 | 30km:02:37:17 | 35km:03:05:57 | 40km:03:36:41									
1694	2690	**SŁADEK Patryk**	WROCŁAW		POL	1993	M30	557	03:52:44	03:50:09	1541
		5km:00:25:55| 10km:00:51:52| 15km: 01:17:24 | 20km:01:43:16 | 21km:01:48:58 | 25km:02:09:27 | 30km:02:36:24 | 35km:03:05:21 | 40km:03:37:02									
1695	3908	**RADECKI Michał**	WARSZAWA		POL	1992	M30	558	03:55:03	03:50:10	1542
		5km:00:26:50| 10km:00:53:49| 15km: 01:20:23 | 20km:01:47:09 | 21km:01:52:57 | 25km:02:14:06 | 30km:02:41:27 | 35km:03:09:17 | 40km:03:37:45									
1696	10530	**KIŚLAK Wiktor**	POLANY		POL	1998	M20	214	03:51:43	03:50:11	1543
		5km:00:24:55| 10km:00:49:37| 15km: 01:14:24 | 20km:01:39:02 | 21km:01:44:24 | 25km:02:05:05 | 30km:02:33:04 | 35km:03:03:47 | 40km:03:35:31									
1697	14503	**BĘDKOWSKI Paweł**	WARSZAWA	Biegbox	POL	1991	M30	559	03:50:53	03:50:11	1543
		5km:00:23:37| 10km:00:47:13| 15km: 01:10:53 | 20km:01:46:06 | 21km:01:52:28 | 25km:02:14:04 | 30km:02:40:16 | 35km:03:06:38 | 40km:03:39:13									
1698	3706	**KMITA Krzysztof**	PŁOŃSK		POL	1990	M30	560	03:52:45	03:50:16	1545
		5km:00:26:00| 10km:00:51:49| 15km: 01:17:17 | 20km:01:42:50 | 21km:01:48:24 | 25km:02:08:33 | 30km:02:35:03 | 35km:03:02:10 | 40km:03:36:12									
1699	10377	**MRÓZ Dominika**	IZABELIN		POL	1998	K20	29	03:54:37	03:50:17	154
		5km:00:27:28| 10km:00:54:22| 15km: 01:21:08 | 20km:01:47:53 | 21km:01:53:47 | 25km:02:14:25 | 30km:02:41:29 | 35km:03:08:59 | 40km:03:37:26									
1700	7565	**PASZKOWSKA Bożena**	KOCK		POL	1977	K40	59	03:53:47	03:50:18	155
		5km:00:26:42| 10km:00:53:34| 15km: 01:20:07 | 20km:01:46:41 | 21km:01:52:26 | 25km:02:13:15 | 30km:02:40:54 | 35km:03:08:44 | 40km:03:37:32									
1701	8121	**MIERZWICKI Krzysztof**	WARSZAWA	Mazurskie Tropy	POL	1979	M40	583	03:51:51	03:50:19	1546
		5km:00:24:42| 10km:00:49:39| 15km: 01:14:58 | 20km:01:41:44 | 21km:01:47:36 | 25km:02:09:23 | 30km:02:37:22 | 35km:03:06:41 | 40km:03:37:26									
1702	7556	**PIATKOWSKI Piotr**	KOPRZWNICA		POL	1984	M30	561	03:53:32	03:50:22	1547
		5km:00:24:50| 10km:00:50:47| 15km: 01:16:50 | 20km:01:42:29 | 21km:01:48:09 | 25km:02:09:21 | 30km:02:36:51 | 35km:03:05:06 | 40km:03:36:50									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:24 | 10km:00:52:37 | 15km: 01:18:45 | 20km:01:45:08 | 21km:01:50:56 | 25km:02:11:47 | 30km:02:39:08 | 35km:03:07:06 | 40km:03:37:27									
1703	3221	**FAŁEK Rafał**	WARSZAWA		POL	1981	M40	584	03:52:43	03:50:25	1548
		5km:00:24:30 | 10km:00:49:49 | 15km: 01:15:38 | 20km:01:42:07 | 21km:01:47:58 | 25km:02:09:01 | 30km:02:37:34 | 35km:03:06:25 | 40km:03:37:30									
1704	3284	**FESHCHANKA Hanna**	WARSZAWA			1997	K20	30	03:52:00	03:50:25	156
		5km:00:27:42 | 10km:00:54:59 | 15km: 01:22:13 | 20km:01:49:21 | 21km:01:55:14 | 25km:02:16:28 | 30km:02:43:48 | 35km:03:11:03 | 40km:03:38:35									
1705	10479	**STWORA Bartłomiej**	MIĘDZYBRODZIE BIALSKIE		POL	1981	M40	585	03:53:36	03:50:27	1549
		5km:00:27:20 | 10km:00:54:44 | 15km: 01:22:03 | 20km:01:49:08 | 21km:01:55:04 | 25km:02:16:20 | 30km:02:43:33 | 35km:03:10:55 | 40km:03:38:37									
1706	2175	**ACKERMANN Piotr**	TCZEW	BIEGAJĄCY TCZEW	POL	1980	M40	586	03:53:54	03:50:30	1550
		5km:00:26:39 | 10km:00:54:05 | 15km: 01:20:09 | 20km:01:46:36 | 21km:01:52:15 | 25km:02:13:20 | 30km:02:40:10 | 35km:03:07:15 | 40km:03:37:22									
1707	8301	**WÓJTOWICZ Przemysław**	RADOM		POL	1986	M30	562	03:52:41	03:50:31	1551
		5km:00:25:43 | 10km:00:51:34 | 15km: 01:17:08 | 20km:01:42:37 | 21km:01:48:11 | 25km:02:08:13 | 30km:02:34:08 | 35km:03:00:57 | 40km:03:34:31									
1708	10351	**STRZYŻEWSKI Maciej**	ŁUKÓW	KB V-Max Adamów	POL	1980	M40	587	03:52:21	03:50:36	1552
		5km:00:28:58 | 10km:00:56:44 | 15km: 01:24:03 | 20km:01:51:14 | 21km:01:57:19 | 25km:02:18:31 | 30km:02:45:58 | 35km:03:12:14 | 40km:03:39:00									
1709	2360	**OKRÓJ Zdzisław**	SUWAŁKI		POL	1962	M60	22	03:56:09	03:50:36	1552
		5km:00:24:09 | 10km:00:49:10 | 15km: 01:14:45 | 20km:01:41:04 | 21km:01:46:46 | 25km:02:08:19 | 30km:02:36:52 | 35km:03:06:04 | 40km:03:37:57									
1710	6791	**WOJTYLA Wioletta**	HERTFORD		POL	1977	K40	60	03:52:55	03:50:38	157
		5km:00:28:01 | 10km:00:55:34 | 15km: 01:23:10 | 20km:01:50:20 | 21km:01:56:15 | 25km:02:17:22 | 30km:02:44:06 | 35km:03:10:48 | 40km:03:38:24									
1711	7933	**SERWADCZAK Dorota**	LEGNICA	FREE TEAM	POL	1978	K40	61	03:54:35	03:50:39	158
		5km:00:25:49 | 10km:00:52:15 | 15km: 01:17:52 | 20km:01:44:45 | 21km:01:50:19 | 25km:02:10:36 | 30km:02:38:15 | 35km:03:07:55 | 40km:03:38:47									
1712	3241	**ŁATECKI Bartosz**	ZGIERZ		POL	1977	M40	588	03:53:55	03:50:40	1554
		5km:00:28:07 | 10km:00:55:50 | 15km: 01:22:58 | 20km:01:49:43 | 21km:01:55:29 | 25km:02:15:54 | 30km:02:42:28 | 35km:03:09:37 | 40km:03:38:21									
1713	6154	**SZATANIK Kamil**	WARSZAWA		POL	1994	M20	215	03:54:34	03:50:40	1554
		5km:00:26:29 | 10km:00:53:06 | 15km: 01:20:31 | 20km:01:46:19 | 21km:01:51:55 | 25km:02:12:21 | 30km:02:39:50 | 35km:03:06:39 | 40km:03:38:07									
1714	6796	**HOLMES Steve**	BILSTON		GBR	1970	M50	168	03:53:25	03:50:40	1554
		5km:00:27:00 | 10km:00:53:59 | 15km: 01:20:59 | 20km:01:47:55 | 21km:01:53:49 | 25km:02:14:59 | 30km:02:42:11 | 35km:03:09:24 | 40km:03:38:29									
1715	10068	**DUBROWSKI Szymon**	GDAŃSK	Biega ZiE	POL	1997	M20	216	03:53:44	03:50:41	1557
		5km:00:26:32 | 10km:00:52:56 | 15km: 01:19:27 | 20km:01:45:43 | 21km:01:51:21 | 25km:02:11:39 | 30km:02:37:15 | 35km:03:03:27 | 40km:03:37:07									
1716	6597	**KUJAWA Krystian**	OPOLE		POL	1981	M40	589	03:53:26	03:50:41	1557
		5km:00:26:20 | 10km:00:52:44 | 15km: 01:19:03 | 20km:01:45:04 | 21km:01:50:40 | 25km:02:11:07 | 30km:02:38:09 | 35km:03:05:51 | 40km:03:37:59									
1717	4388	**PEREPELYTSIA Elina**	KYIV		UKR	1991	K30	65	03:53:39	03:50:43	159
		5km:00:26:22 | 10km:00:53:11 | 15km: 01:19:30 | 20km:01:46:23 | 21km:01:52:20 | 25km:02:13:56 | 30km:02:42:27 | 35km:03:10:45 | 40km:03:38:57									
1718	6395	**NURZYŃSKI Marcin**	WARSZAWA	Team ZabieganeDni/Piekarnia-Grzybki	POL	1976	M40	590	03:53:34	03:50:44	1559
		5km:00:28:01 | 10km:00:55:37 | 15km: 01:23:09 | 20km:01:50:34 | 21km:01:56:26 | 25km:02:17:37 | 30km:02:44:46 | 35km:03:11:26 | 40km:03:39:06									
1719	7177	**ŚWIĘDRYCH Marek**	CZERMNA		POL	1987	M30	563	03:54:54	03:50:46	1560
		5km:00:26:26 | 10km:00:52:34 | 15km: 01:18:45 | 20km:01:45:05 | 21km:01:50:56 | 25km:02:11:47 | 30km:02:38:57 | 35km:03:06:41 | 40km:03:37:56									
1720	7486	**WIŚNIEWSKI Jacek**	WARSZAWA		POL	1983	M40	591	03:53:05	03:50:47	1561
		5km:00:26:35 | 10km:00:53:38 | 15km: 01:20:43 | 20km:01:47:07 | 21km:01:52:58 | 25km:02:14:34 | 30km:02:42:46 | 35km:03:10:27 | 40km:03:38:48									
1721	8239	**BANAŚ Artur**	CZĘSTOCHOWA		POL	1981	M40	592	03:56:21	03:50:48	1562
		5km:00:26:31 | 10km:00:52:58 | 15km: 01:19:14 | 20km:01:45:30 | 21km:01:51:09 | 25km:02:12:55 | 30km:02:40:19 | 35km:03:08:51 | 40km:03:39:07									
1722	2828	**JUBAULT Florian**	LEVALLOIS-PERRET		FRA	1992	M30	564	03:53:22	03:50:49	1563
		5km:00:23:56 | 10km:00:47:39 | 15km: 01:11:37 | 20km:01:34:54 | 21km:01:39:57 | 25km:01:58:52 | 30km:02:26:20 | 35km:02:59:22 | 40km:03:34:08									
1723	10483	**ORTEGA VANEGAS Andrés Felipe**	BOGOTA		COL	1996	M20	217	03:52:47	03:50:50	1564
		5km:00:26:28 | 10km:00:53:07 | 15km: 01:19:23 | 20km:01:45:25 | 21km:01:51:00 | 25km:02:10:44 | 30km:02:36:11 | 35km:03:04:22 | 40km:03:37:07									
1724	2533	**FRAS Mirek**	OSTRÓDA	Runners Ostróda	POL	1975	M40	593	03:53:36	03:50:50	1564
		5km:00:26:06 | 10km:00:52:05 | 15km: 01:18:03 | 20km:01:43:59 | 21km:01:49:44 | 25km:02:10:18 | 30km:02:36:54 | 35km:03:06:09 | 40km:03:36:33									
1725	6141	**SŁAWAŃSKI Jan**	WARSZAWA		POL	1969	M50	169	03:52:45	03:50:50	1564
		5km:00:26:25 | 10km:00:53:11 | 15km: 01:19:38 | 20km:01:46:07 | 21km:01:51:50 | 25km:02:13:18 | 30km:02:41:49 | 35km:03:10:32 | 40km:03:39:19									
1726	4409	**KACZYŃSKI Daniel**	ZAMBRÓW		POL	1982	M40	594	03:53:58	03:50:51	1567
		5km:00:25:39 | 10km:00:52:21 | 15km: 01:19:22 | 20km:01:46:32 | 21km:01:52:32 | 25km:02:14:09 | 30km:02:42:12 | 35km:03:10:30 | 40km:03:38:50									
1727	8055	**BANAŚ Łukasz**	CZĘSTOCHOWA	Drużyna Banasia	POL	1979	M40	594	03:56:21	03:50:51	1567
		5km:00:26:50 | 10km:00:53:40 | 15km: 01:20:21 | 20km:01:47:28 | 21km:01:53:24 | 25km:02:14:38 | 30km:02:41:57 | 35km:03:09:16 | 40km:03:38:10									
1728	8185	**BEREDA Krzysztof**	WARSZAWA	KAZIKI	POL	1970	M50	170	03:55:51	03:50:52	1569
		5km:00:24:37 | 10km:00:49:57 | 15km: 01:15:49 | 20km:01:42:02 | 21km:01:47:41 | 25km:02:08:35 | 30km:02:36:04 | 35km:03:05:23 | 40km:03:38:10									
1729	10634	**PACHEL Tycjan**	ZAKRZÓW	Mroczne Kuce	POL	1983	M40	596	03:53:53	03:50:53	1570
		5km:00:27:15 | 10km:00:54:02 | 15km: 01:20:40 | 20km:01:47:50 | 21km:01:53:24 | 25km:02:14:31 | 30km:02:41:52 | 35km:03:09:34 | 40km:03:38:29									
1730	7999	**CZOPUR Paweł**	MORAWICA	Dream Team	POL	1991	M30	565	03:53:41	03:50:54	1571
		5km:00:27:05 | 10km:00:54:02 | 15km: 01:21:03 | 20km:01:47:52 | 21km:01:53:49 | 25km:02:14:56 | 30km:02:42:11 | 35km:03:09:35 | 40km:03:38:31									
1731	6187	**BADOWSKI Piotr**	WARSZAWA	Deutsche Bank Marathon Team	POL	1985	M30	566	03:53:57	03:50:55	1572
		5km:00:27:03 | 10km:00:54:28 | 15km: 01:21:02 | 20km:01:47:52 | 21km:01:53:33 | 25km:02:14:30 | 30km:02:40:46 | 35km:03:07:53 | 40km:03:37:30									
1732	7860	**RUCZYŃSKI Maciej**	RUMIA	Parkrun Rumia/Decathlon Rumia Biega	POL	1963	M60	23	03:53:59	03:50:55	1572
		5km:00:27:33 | 10km:00:55:12 | 15km: 01:22:06 | 20km:01:49:15 | 21km:01:55:13 | 25km:02:16:38 | 30km:02:43:31 | 35km:03:10:07 | 40km:03:37:56									
1733	4167	**STEWART Andrew**	LONDON		GBR	1974	M40	597	03:53:37	03:50:56	1574
		5km:00:26:36 | 10km:00:53:04 | 15km: 01:19:36 | 20km:01:45:51 | 21km:01:51:39 | 25km:02:12:38 | 30km:02:39:12 | 35km:03:06:27 | 40km:03:37:50									
1734	2757	**JONES Martyna**	ŁÓDŹ		POL	1990	K30	66	03:53:30	03:50:57	160
		5km:00:27:02 | 10km:00:54:03 | 15km: 01:21:02 | 20km:01:47:53 | 21km:01:53:49 | 25km:02:14:56 | 30km:02:42:09 | 35km:03:09:21 | 40km:03:38:39									
1735	10752	**STOBRAWA Rafał**	CZĘSTOCHOWA		POL	1978	M40	598	03:54:02	03:50:58	1575
		5km:00:27:09 | 10km:00:54:08 | 15km: 01:21:10 | 20km:01:48:05 | 21km:01:53:58 | 25km:02:15:07 | 30km:02:42:18 | 35km:03:09:33 | 40km:03:37:39									
1736	3665	**ROSINSKI Kamil**	WARSZAWA	Tremco CPG Poland	POL	1990	M30	567	03:53:52	03:50:58	1575
		5km:00:27:22 | 10km:00:54:23 | 15km: 01:21:06 | 20km:01:48:17 | 21km:01:53:58 | 25km:02:14:58 | 30km:02:42:31 | 35km:03:10:25 | 40km:03:38:45									
1737	4343	**SUROWIEC Borys**	WARSZAWA		POL	2000	M20	218	03:54:02	03:50:58	1575
		5km:00:28:35 | 10km:00:55:58 | 15km: 01:23:00 | 20km:01:49:26 | 21km:01:55:11 | 25km:02:15:40 | 30km:02:42:46 | 35km:03:10:25 | 40km:03:38:50									
1738	3578	**KORZENIOWSKI Piotr**	WARSZAWA	DG RSZ	POL	1979	M40	599	03:57:24	03:50:59	1578
		5km:00:26:15 | 10km:00:52:07 | 15km: 01:17:49 | 20km:01:43:19 | 21km:01:48:58 | 25km:02:09:35 | 30km:02:36:47 | 35km:03:05:16 | 40km:03:37:59									
1739	5187	**TOMICA Dawid**	ZABORZE		POL	1997	M20	219	03:53:50	03:51:00	1579
		5km:00:25:51 | 10km:00:51:49 | 15km: 01:17:36 | 20km:01:43:36 | 21km:01:49:17 | 25km:02:09:45 | 30km:02:36:44 | 35km:03:05:15 | 40km:03:36:53									
1740	7194	**POŚLAD Aleksander**	WARSZAWA	KS Jaszczomp	POL	1991	M30	568	03:52:55	03:51:00	1579
		5km:00:24:52 | 10km:00:49:58 | 15km: 01:14:53 | 20km:01:39:58 | 21km:01:45:21 | 25km:02:05:07 | 30km:02:31:25 | 35km:03:00:10 | 40km:03:35:28									
1741	4383	**TYMINSKI Konrad**	PUŁTUSK		POL	1992	M30	569	03:52:32	03:51:02	1581
		5km:00:24:40 | 10km:00:49:29 | 15km: 01:14:15 | 20km:01:39:04 | 21km:01:44:29 | 25km:02:04:35 | 30km:02:31:21 | 35km:02:59:44 | 40km:03:35:06									
1742	7527	**NARDI Riccardo**	BEDFORD		ITA	1967	M50	171	03:52:16	03:51:04	1582
		5km:00:27:26 | 10km:00:54:46 | 15km: 01:21:22 | 20km:01:48:17 | 21km:01:54:10 | 25km:02:15:24 | 30km:02:42:53 | 35km:03:10:16 | 40km:03:38:33									
1743	3128	**RADZIWIŁOWICZ Piotr**	KRAKÓW		POL	1977	M40	600	03:54:18	03:51:05	1583
		5km:00:25:35 | 10km:00:51:26 | 15km: 01:17:20 | 20km:01:43:16 | 21km:01:48:55 | 25km:02:10:11 | 30km:02:38:41 | 35km:03:07:14 | 40km:03:38:14									
1744	7356	**BARTOSIAK Norbert**	WARSZAWA	Ministerstwo Finansów	POL	1993	M30	570	03:52:32	03:51:06	1584
		5km:00:25:33 | 10km:00:51:24 | 15km: 01:17:29 | 20km:01:43:12 | 21km:01:48:44 | 25km:02:08:56 | 30km:02:35:43 | 35km:03:05:33 | 40km:03:38:34									
1745	3766	**MARSZAŁEK Mariusz**	MIELEC	BorgWarner Running Team	POL	1977	M40	601	03:52:35	03:51:08	1585
		5km:00:26:01 | 10km:00:52:26 | 15km: 01:19:06 | 20km:01:45:42 | 21km:01:51:28 | 25km:02:12:26 | 30km:02:39:18 | 35km:03:07:15 | 40km:03:39:04									
1746	6563	**VANDESOMPELE Wout**	GENT		BEL	1998	M20	220	03:56:45	03:51:11	1586
		5km:00:27:49 | 10km:00:55:04 | 15km: 01:21:32 | 20km:01:48:13 | 21km:01:54:10 | 25km:02:15:10 | 30km:02:42:26 | 35km:03:09:27 | 40km:03:38:05									
1747	3230	**CZARKOWSKI Norbert**	ŚWIEBODZICE	TeMMPo Wałbrzych	POL	1974	M40	602	03:56:00	03:51:12	1587
		5km:00:27:12 | 10km:00:54:08 | 15km: 01:20:47 | 20km:01:47:29 | 21km:01:53:19 | 25km:02:14:27 | 30km:02:41:56 | 35km:03:09:39 | 40km:03:38:50									
1748	10460	**NOWIŃSKI Jakub**	ŁÓDŹ	ŁódźRunCrew/JakoTeam	POL	1981	M40	603	03:54:13	03:51:13	1588

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:38| 10km:00:53:24| 15km: 01:19:43 | 20km:01:46:08 | 21km:01:51:50 | 25km:02:12:42 | 30km:02:39:35 | 35km:03:06:48 | 40km:03:38:07									
1749	4085	**CHOLEWIŃSKI Przemysław**	WARSZAWA		POL	1977	M40	603	03:53:49	03:51:13	1588
		5km:00:28:09| 10km:00:55:27| 15km: 01:22:33 | 20km:01:49:57 | 21km:01:55:52 | 25km:02:17:09 | 30km:02:44:44 | 35km:03:12:10 | 40km:03:39:56									
1750	7135	**MĘŻYK Piotr**	WROCŁAW		POL	1997	M20	221	03:54:57	03:51:13	1588
		5km:00:26:53| 10km:00:53:46| 15km: 01:19:59 | 20km:01:46:17 | 21km:01:52:05 | 25km:02:13:09 | 30km:02:40:24 | 35km:03:08:02 | 40km:03:39:13									
1751	4581	**GŁOWACKI Rafał**	WROCŁAW		POL	1993	M30	571	03:54:36	03:51:15	1591
		5km:00:26:51| 10km:00:54:05| 15km: 01:21:04 | 20km:01:47:54 | 21km:01:53:48 | 25km:02:16:18 | 30km:02:43:18 | 35km:03:11:02 | 40km:03:39:11									
1752	5025	**ROGOWICZ Krzysztof**	WARSZAWA		POL	1979	M40	605	03:55:26	03:51:17	1592
		5km:00:27:59| 10km:00:55:10| 15km: 01:22:15 | 20km:01:48:57 | 21km:01:54:35 | 25km:02:15:11 | 30km:02:41:51 | 35km:03:09:21 | 40km:03:38:23									
1753	2057	**GOŁOWICZ Rafał**	WARSZAWA		POL	1978	M40	606	03:54:23	03:51:18	1593
		5km:00:26:51| 10km:00:54:05| 15km: 01:21:04 | 20km:01:47:54 | 21km:01:53:48 | 25km:02:16:18 | 30km:02:43:18 | 35km:03:11:02 | 40km:03:39:11									
1754	5035	**PALOKANGAS Jukka**	OULU	Oulunsuun Heitto	FIN	1968	M50	172	03:55:09	03:51:18	1593
		5km:00:28:15| 10km:00:55:28| 15km: 01:22:32 | 20km:01:49:55 | 21km:01:55:48 | 25km:02:17:10 | 30km:02:45:00 | 35km:03:12:13 | 40km:03:39:28									
1755	8101	**STOPA Anna**	RADOM	BIEGIEM RADOM!	POL	1982	K40	62	03:54:13	03:51:18	161
		5km:00:27:10| 10km:00:54:07| 15km: 01:21:09 | 20km:01:48:02 | 21km:01:53:56 | 25km:02:15:06 | 30km:02:42:16 | 35km:03:09:35 | 40km:03:38:54									
1756	2485	**GŁOGOWSKA Izabela**	WARSZAWA		POL	1986	K30	67	03:53:11	03:51:20	162
		5km:00:25:55| 10km:00:51:35| 15km: 01:17:57 | 20km:01:45:27 | 21km:01:51:15 | 25km:02:12:35 | 30km:02:40:28 | 35km:03:08:56 | 40km:03:38:54									
1757	8161	**KUSZYŃSKI Michał**	PUŁAWY		POL	1983	M40	607	03:53:36	03:51:22	1595
		5km:00:26:58| 10km:00:53:55| 15km: 01:20:23 | 20km:01:47:50 | 21km:01:53:40 | 25km:02:14:44 | 30km:02:42:09 | 35km:03:09:48 | 40km:03:38:57									
1758	6496	**GAJEWSKI Mariusz**	PUŁTUSK	ASB	POL	1974	M40	608	03:53:36	03:51:23	1596
		5km:00:26:09| 10km:00:52:17| 15km: 01:18:06 | 20km:01:44:15 | 21km:01:49:55 | 25km:02:10:28 | 30km:02:37:27 | 35km:03:05:44 | 40km:03:37:54									
1759	6024	**STRZELCZYK Marek**	DOMANIÓW		POL	1975	M40	609	03:54:37	03:51:25	1597
		5km:00:27:32| 10km:00:54:55| 15km: 01:22:02 | 20km:01:49:15 | 21km:01:55:11 | 25km:02:16:36 | 30km:02:43:42 | 35km:03:11:07 | 40km:03:38:43									
1760	4429	**WALKOWIAK Daria**	POZNAŃ	BRIDGESTONE STARGARD RUNNERS	POL	1992	K30	68	03:56:13	03:51:26	163
		5km:00:26:27| 10km:00:53:28| 15km: 01:20:37 | 20km:01:47:57 | 21km:01:53:56 | 25km:02:15:13 | 30km:02:42:30 | 35km:03:10:15 | 40km:03:39:10									
1761	3259	**SYDORCZYK Magdalena**	WSCHOWA		POL	1980	K40	63	03:55:28	03:51:28	164
		5km:00:28:52| 10km:00:56:54| 15km: 01:24:15 | 20km:01:52:02 | 21km:01:57:59 | 25km:02:19:28 | 30km:02:46:32 | 35km:03:12:47 | 40km:03:39:45									
1762	10266	**CZORNIK Jarek**	LISÓW	Lucky Losers	POL	1982	M40	610	03:52:46	03:51:29	1598
		5km:00:26:39| 10km:00:53:50| 15km: 01:20:32 | 20km:01:47:19 | 21km:01:53:04 | 25km:02:14:15 | 30km:02:41:31 | 35km:03:09:33 | 40km:03:38:54									
1763	6058	**WYDRA Marta**	POZNAŃ		POL	1995	K20	31	04:00:38	03:51:30	165
		5km:00:26:44| 10km:00:54:43| 15km: 01:22:14 | 20km:01:49:15 | 21km:01:55:00 | 25km:02:16:14 | 30km:02:43:39 | 35km:03:10:46 | 40km:03:39:16									
1764	3957	**HLOTOVA Olha**	WARSZAWA		UKR	1979	K40	64	03:57:50	03:51:31	166
		5km:00:26:34| 10km:00:54:39| 15km: 01:21:55 | 20km:01:49:41 | 21km:01:55:41 | 25km:02:17:16 | 30km:02:45:18 | 35km:03:11:50 | 40km:03:39:29									
1765	4358	**WOJTUNIK Michał**	DĄBROWA GÓRNICZA	Sportowa Dąbrowa	POL	1979	M40	611	03:54:21	03:51:31	1599
		5km:00:26:24| 10km:00:53:09| 15km: 01:19:29 | 20km:01:45:58 | 21km:01:51:36 | 25km:02:12:23 | 30km:02:39:13 | 35km:03:07:21 | 40km:03:39:07									
1766	7813	**KIRYLAK Marcin**	STRZENIÓWKA	OKS ZIMNE PIWO	POL	1988	M30	572	03:54:13	03:51:31	1599
		5km:00:26:33| 10km:00:53:08| 15km: 01:19:32 | 20km:01:45:55 | 21km:01:51:37 | 25km:02:12:32 | 30km:02:39:38 | 35km:03:08:35 | 40km:03:38:53									
1767	7882	**WOJDALSKA Marta**	PIASECZNO		POL	1994	K20	32	03:55:58	03:51:31	166
		5km:00:27:17| 10km:00:54:17| 15km: 01:21:07 | 20km:01:47:55 | 21km:01:53:49 | 25km:02:17:03 | 30km:02:44:17 | 35km:03:11:43 | 40km:03:39:28									
1768	3758	**ORDA Andrzej**	BOLESŁAWIEC		POL	1971	M50	173	03:53:43	03:51:33	1601
		5km:00:25:49| 10km:00:51:49| 15km: 01:17:45 | 20km:01:43:52 | 21km:01:49:26 | 25km:02:09:57 | 30km:02:37:12 | 35km:03:05:18 | 40km:03:38:38									
1769	6271	**OCHOCKA Magdalena**	GDAŃSK		POL	2002	K20	33	03:55:13	03:51:33	168
		5km:00:29:25| 10km:00:58:37| 15km: 01:27:00 | 20km:01:54:41 | 21km:02:00:33 | 25km:02:22:09 | 30km:02:49:15 | 35km:03:15:47 | 40km:03:41:34									
1770	7761	**BELSKIJ Jaroslav**	VILNIUS	F.O.C.U.S. running	LTU	1978	M40	612	03:52:24	03:51:34	1602
		5km:00:23:45| 10km:00:47:52| 15km: 01:12:11 | 20km:01:37:01 | 21km:01:42:26 | 25km:02:02:52 | 30km:02:33:14 | 35km:03:05:35 | 40km:03:39:28									
1771	2002	**MUSKAŁA Martyna**	CHORZÓW	Huragan Ligota	POL	2002	K20	34	03:55:36	03:51:35	169
		5km:00:26:01| 10km:00:52:31| 15km: 01:18:43 | 20km:01:44:40 | 21km:01:50:18 | 25km:02:10:54 | 30km:02:38:11 | 35km:03:07:09 | 40km:03:39:15									
1772	3743	**SZCZEPANIK Jakub**	GOGOLIN	DOMEX TRADE TEAM	POL	2002	M20	222	03:51:48	03:51:36	1603
		5km:00:22:38| 10km:00:45:14| 15km: 01:08:01 | 20km:01:31:24 | 21km:01:36:54 | 25km:01:57:51 | 30km:02:28:36 | 35km:03:04:00 | 40km:03:38:18									
1773	3002	**STACHA Paweł**	SIEMIANOWICE ŚLĄSKIE		POL	1974	M40	613	03:53:50	03:51:37	1604
		5km:00:26:11| 10km:00:52:35| 15km: 01:18:52 | 20km:01:45:21 | 21km:01:51:05 | 25km:02:11:55 | 30km:02:39:17 | 35km:03:07:04 | 40km:03:38:20									
1774	10418	**STASZEWICZ-WASILEWSKA Ewa**	ŁÓDŹ		POL	1976	K40	65	03:55:15	03:51:39	170
		5km:00:25:55| 10km:00:52:37| 15km: 01:19:22 | 20km:01:46:26 | 21km:01:52:19 | 25km:02:13:47 | 30km:02:41:43 | 35km:03:09:57 | 40km:03:39:15									
1775	2540	**LORYŚ Adam**	NISKO		POL	1986	M30	573	03:56:35	03:51:39	1605
		5km:00:28:02| 10km:00:56:22| 15km: 01:23:45 | 20km:01:50:55 | 21km:01:56:35 | 25km:02:17:45 | 30km:02:44:35 | 35km:03:11:31 | 40km:03:40:05									
1776	7533	**FRANÇOIS Marc-Etienne**	WARSZAWA		FRA	1992	M30	573	03:57:08	03:51:39	1605
		5km:00:26:48| 10km:00:54:47| 15km: 01:22:22 | 20km:01:50:12 | 21km:01:56:07 | 25km:02:17:44 | 30km:02:45:32 | 35km:03:13:43 | 40km:03:40:54									
1777	7544	**BAŃKA Mariusz**	LUBLIN	PGB Sportowa Paczka	POL	1972	M50	174	03:54:58	03:51:39	1605
		5km:00:27:40| 10km:00:55:03| 15km: 01:22:03 | 20km:01:49:10 | 21km:01:55:06 | 25km:02:16:24 | 30km:02:43:45 | 35km:03:10:59 | 40km:03:39:30									
1778	8117	**GAJDECKI Tomasz**	WARSZAWA	Accenture	POL	1978	M40	614	03:54:07	03:51:39	1605
		5km:00:26:31| 10km:00:52:52| 15km: 01:18:56 | 20km:01:44:54 | 21km:01:50:29 | 25km:02:10:44 | 30km:02:36:43 | 35km:03:08:10 | 40km:03:39:40									
1779	7069	**GODFREY Jonathan**	BROUGH		GBR	1971	M50	175	03:55:34	03:51:42	1609
		5km:00:25:49| 10km:00:52:01| 15km: 01:18:15 | 20km:01:44:30 | 21km:01:50:16 | 25km:02:10:55 | 30km:02:42:53 | 35km:03:10:01 | 40km:03:38:46									
1780	7872	**SZACHNA Piotr**	WARSZAWA	Markowi biegacze	POL	1973	M50	175	03:55:11	03:51:42	1609
		5km:00:25:06| 10km:00:50:31| 15km: 01:16:10 | 20km:01:41:55 | 21km:01:47:25 | 25km:02:07:42 | 30km:02:33:55 | 35km:03:00:57 | 40km:03:38:09									
1781	10292	**BŁASZKIEWICZ Krzysztof**	KIELCE		POL	1979	M40	615	03:54:28	03:51:45	1611
		5km:00:26:20| 10km:00:52:57| 15km: 01:19:19 | 20km:01:45:33 | 21km:01:51:21 | 25km:02:12:16 | 30km:02:38:55 | 35km:03:06:41 | 40km:03:37:43									
1782	2296	**WIĘTCZAK Michał**	ŁÓDŹ		POL	1990	M30	575	03:53:20	03:51:47	1612
		5km:00:27:59| 10km:00:54:58| 15km: 01:21:30 | 20km:01:47:32 | 21km:01:52:57 | 25km:02:13:09 | 30km:02:40:17 | 35km:03:07:59 | 40km:03:38:55									
1783	3995	**LEŚKO Marcin**	PALIKÓWKA		POL	1987	M30	576	03:55:51	03:51:49	1613
		5km:00:26:37| 10km:00:54:00| 15km: 01:21:09 | 20km:01:48:18 | 21km:01:54:18 | 25km:02:15:33 | 30km:02:42:50 | 35km:03:10:17 | 40km:03:39:02									
1784	6835	**STELMACH Krzysztof**	WIELUŃ		POL	1974	M40	616	03:53:45	03:51:50	1614
		5km:00:25:52| 10km:00:51:50| 15km: 01:17:37 | 20km:01:43:40 | 21km:01:49:22 | 25km:02:09:44 | 30km:02:36:33 | 35km:03:04:08 | 40km:03:37:56									
1785	7917	**PIOTROWSKI Wojciech**	ORNETA		POL	1980	M40	617	03:53:29	03:51:51	1615
		5km:00:25:42| 10km:00:51:50| 15km: 01:17:40 | 20km:01:43:58 | 21km:01:49:33 | 25km:02:10:00 | 30km:02:36:39 | 35km:03:05:09 | 40km:03:37:46									
1786	4027	**CIEŚLAK Rafał**	WARSZAWA		POL	1978	M40	618	03:54:31	03:51:52	1616
		5km:00:26:48| 10km:00:53:58| 15km: 01:20:50 | 20km:01:48:16 | 21km:01:54:07 | 25km:02:15:25 | 30km:02:42:51 | 35km:03:10:41 | 40km:03:39:18									
1787	8053	**POLAK Marek**	ORNETA	1	POL	1970	M50	177	03:53:29	03:51:52	1616
		5km:00:25:43| 10km:00:51:51| 15km: 01:18:07 | 20km:01:44:34 | 21km:01:50:05 | 25km:02:10:26 | 30km:02:36:59 | 35km:03:05:10 | 40km:03:37:46									
1788	2594	**KAWALA Łukasz**	WARSZAWA	Live Well at Citi	POL	1988	M30	577	03:54:03	03:51:53	1618
		5km:00:26:23| 10km:00:52:47| 15km: 01:19:35 | 20km:01:45:51 | 21km:01:51:31 | 25km:02:12:12 | 30km:02:39:20 | 35km:03:07:07 | 40km:03:39:12									
1789	4198	**FREITAS Antonio**	LISBON		BRA	1992	M30	577	03:52:43	03:51:53	1618
		5km:00:27:16| 10km:00:54:45| 15km: 01:21:19 | 20km:01:47:34 | 21km:01:53:20 | 25km:02:14:14 | 30km:02:40:46 | 35km:03:08:26 | 40km:03:38:43									
1790	2269	**BATAROWICZ Anna**	ŁÓDŹ	Plan bieganie	POL	1982	K40	66	03:55:04	03:51:54	171
		5km:00:27:36| 10km:00:54:58| 15km: 01:22:13 | 20km:01:49:34 | 21km:01:55:30 | 25km:02:16:46 | 30km:02:44:05 | 35km:03:11:23 | 40km:03:39:37									
1791	7096	**KULIK Maciej**	WARSZAWA		POL	1999	M20	223	03:56:44	03:51:55	1620
		5km:00:27:32| 10km:00:54:43| 15km: 01:21:30 | 20km:01:47:44 | 21km:01:53:31 | 25km:02:14:42 | 30km:02:42:00 | 35km:03:09:27 | 40km:03:39:03									
1792	10064	**BIAŁOUSZ Izabela**	OLSZTYN	Pszczółkowski Team	POL	1978	K40	67	03:53:45	03:51:58	172
		5km:00:26:01| 10km:00:52:31| 15km: 01:19:24 | 20km:01:46:32 | 21km:01:52:23 | 25km:02:13:52 | 30km:02:41:40 | 35km:03:10:00 | 40km:03:39:51									
1793	3507	**DWORAK Tomasz**	SKIERNIEWICE		POL	1989	M30	579	03:53:18	03:52:00	1621
		5km:00:24:29| 10km:00:49:09| 15km: 01:13:25 | 20km:01:37:55 | 21km:01:43:19 | 25km:02:02:45 | 30km:02:32:17 | 35km:03:05:52 | 40km:03:38:40									
1794	7659	**JANES Benjamin**	ORPINGTON		GBR	1993	M30	579	03:55:38	03:52:00	1621
		5km:00:28:35| 10km:00:56:18| 15km: 01:23:56 | 20km:01:51:45 | 21km:01:57:37 | 25km:02:19:30 | 30km:02:47:18 | 35km:03:13:51 | 40km:03:40:36									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:30 | 10km:00:54:50 | 15km: 01:21:31 | 20km:01:49:14 | 21km:01:54:53 | 25km:02:15:57 | 30km:02:42:40 | 35km:03:10:23 | 40km:03:39:34									
1795	8134	**WYSOKIŃSKI Jerzy**	BIAŁA PODLASKA	Orange Polska	POL	1963	M60	24	03:55:18	03:52:00	1621
		5km:00:25:57 | 10km:00:51:54 | 15km: 01:17:43 | 20km:01:43:54 | 21km:01:49:54 | 25km:02:10:22 | 30km:02:37:05 | 35km:03:06:46 | 40km:03:39:25									
1796	2495	**MARGIEL Michał**	WARSZAWA		POL	1983	M40	619	03:53:52	03:52:01	1624
		5km:00:24:43 | 10km:00:49:33 | 15km: 01:14:12 | 20km:01:39:18 | 21km:01:44:51 | 25km:02:06:23 | 30km:02:34:11 | 35km:03:03:26 | 40km:03:37:42									
1797	10237	**LITWINIUK Robert**	GRZEPNICA		POL	1975	M40	620	03:53:11	03:52:02	1625
		5km:00:27:09 | 10km:00:54:22 | 15km: 01:20:49 | 20km:01:47:09 | 21km:01:52:48 | 25km:02:13:24 | 30km:02:40:23 | 35km:03:07:30 | 40km:03:38:56									
1798	4145	**SOKOŁOWSKI Waldemar**	WARSZAWA		POL	1991	M30	581	03:54:21	03:52:02	1625
		5km:00:27:30 | 10km:00:55:08 | 15km: 01:22:29 | 20km:01:49:47 | 21km:01:55:44 | 25km:02:17:16 | 30km:02:44:40 | 35km:03:12:20 | 40km:03:40:22									
1799	2177	**KOZIK-OSTRÓWKA Patrycja**	WARSZAWA		POL	1987	K30	69	03:58:18	03:52:03	173
		5km:00:27:24 | 10km:00:55:05 | 15km: 01:22:07 | 20km:01:49:21 | 21km:01:55:06 | 25km:02:16:23 | 30km:02:44:04 | 35km:03:11:39 | 40km:03:40:12									
1800	3193	**KLACH Andrzej**	OLSZTYN	RosaNaButach	POL	1978	M40	621	03:53:31	03:52:04	1627
		5km:00:27:22 | 10km:00:54:17 | 15km: 01:21:06 | 20km:01:48:01 | 21km:01:53:55 | 25km:02:15:04 | 30km:02:42:19 | 35km:03:09:30 | 40km:03:38:45									
1801	4037	**PIKUŁA Wojciech**	WROCŁAW		POL	2000	M20	224	03:54:57	03:52:04	1627
		5km:00:27:59 | 10km:00:55:56 | 15km: 01:23:19 | 20km:01:51:01 | 21km:01:56:57 | 25km:02:18:33 | 30km:02:46:14 | 35km:03:13:14 | 40km:03:40:22									
1802	2754	**SZARKOWSKA Asia**	WARSZAWA		POL	1992	K30	70	03:56:22	03:52:05	174
		5km:00:26:27 | 10km:00:53:02 | 15km: 01:19:32 | 20km:01:46:29 | 21km:01:52:21 | 25km:02:13:37 | 30km:02:41:09 | 35km:03:09:16 | 40km:03:38:44									
1803	7191	**DELPECH Olivier**	MIREPOIX		FRA	1969	M50	178	03:54:29	03:52:06	1629
		5km:00:27:40 | 10km:00:54:43 | 15km: 01:21:02 | 20km:01:47:26 | 21km:01:53:05 | 25km:02:14:39 | 30km:02:41:42 | 35km:03:09:59 | 40km:03:39:02									
1804	8388	**CHŁĄD Szymon**	WRĘCZYCA WIELKA		POL	1997	M20	225	03:55:27	03:52:06	1629
		5km:00:27:21 | 10km:00:54:53 | 15km: 01:22:19 | 20km:01:49:37 | 21km:01:55:28 | 25km:02:16:23 | 30km:02:43:30 | 35km:03:10:29 | 40km:03:40:01									
1805	7481	**PAPIEROWSKA Dagmara**	POZNAŃ		POL	1984	K30	71	03:58:35	03:52:07	175
		5km:00:26:14 | 10km:00:52:17 | 15km: 01:17:56 | 20km:01:43:55 | 21km:01:49:32 | 25km:02:10:22 | 30km:02:37:21 | 35km:03:06:28 | 40km:03:38:39									
1806	2523	**NIEWIADOMSKI Marek**	KRAPKOWICE	Cross Krapkowice	POL	1985	M30	582	03:54:53	03:52:08	1631
		5km:00:26:21 | 10km:00:52:39 | 15km: 01:18:49 | 20km:01:44:50 | 21km:01:50:29 | 25km:02:11:02 | 30km:02:38:29 | 35km:03:06:28 | 40km:03:38:11									
1807	5289	**WISZNIEWSKA Hanna**	SIEDLCE		POL	1984	K30	72	03:54:55	03:52:08	176
		5km:00:25:34 | 10km:00:50:48 | 15km: 01:16:27 | 20km:01:42:23 | 21km:01:47:52 | 25km:02:07:53 | 30km:02:34:26 | 35km:03:05:02 | 40km:03:38:22									
1808	3332	**KĘDZIA Paweł**	ŁOWICZ		POL	1977	M40	622	03:55:20	03:52:09	1632
		5km:00:25:49 | 10km:00:51:44 | 15km: 01:17:33 | 20km:01:43:45 | 21km:01:49:32 | 25km:02:09:58 | 30km:02:36:37 | 35km:03:04:36 | 40km:03:38:48									
1809	2115	**JASIK Wiktor**	WROCŁAW		POL	1995	M20	226	03:54:11	03:52:10	1633
		5km:00:26:29 | 10km:00:53:08 | 15km: 01:19:34 | 20km:01:45:53 | 21km:01:51:36 | 25km:02:12:41 | 30km:02:39:50 | 35km:03:08:10 | 40km:03:39:32									
1810	10003	**POLATOWSKI Krzysztof**	GDAŃSK		POL	1981	M40	623	03:54:59	03:52:11	1634
		5km:00:27:56 | 10km:00:55:24 | 15km: 01:22:39 | 20km:01:49:26 | 21km:01:55:16 | 25km:02:16:49 | 30km:02:43:47 | 35km:03:11:09 | 40km:03:40:22									
1811	12080	**CIESLINSKI Nikolaus**	WARSZAWA		POL	1982	M40	624	03:55:31	03:52:12	1635
		5km:00:25:43 | 10km:00:52:14 | 15km: 01:18:36 | 20km:01:44:52 | 21km:01:50:38 | 25km:02:11:33 | 30km:02:39:20 | 35km:03:07:15 | 40km:03:38:47									
1812	6730	**NIKLASSON Erik**	VASTERAS		SWE	1995	M20	227	03:54:16	03:52:12	1635
		5km:00:26:26 | 10km:00:54:47 | 15km: 01:21:44 | 20km:01:48:30 | 21km:01:54:20 | 25km:02:15:32 | 30km:02:42:38 | 35km:03:10:27 | 40km:03:39:38									
1813	7679	**WOŁOSOWICZ Natalia**	BIAŁA PODLASKA		POL	1979	K40	68	03:55:28	03:52:13	177
		5km:00:28:16 | 10km:00:55:30 | 15km: 01:22:42 | 20km:01:50:02 | 21km:01:56:00 | 25km:02:17:17 | 30km:02:45:34 | 35km:03:12:42 | 40km:03:40:51									
1814	7936	**GOŁEMBIEWSKI Marcin**	RADZIEJOWICE		POL	1990	M30	583	03:55:50	03:52:13	1637
		5km:00:25:25 | 10km:00:51:12 | 15km: 01:17:04 | 20km:01:42:49 | 21km:01:48:25 | 25km:02:08:47 | 30km:02:34:55 | 35km:03:02:48 | 40km:03:36:31									
1815	3636	**KOŚCIUK Paweł**	PIASECZNO	SO! COFFEE RUNNING TEAM	POL	1974	M40	625	03:54:02	03:52:15	1638
		5km:00:27:50 | 10km:00:56:11 | 15km: 01:23:53 | 20km:01:51:52 | 21km:01:57:46 | 25km:02:19:31 | 30km:02:47:15 | 35km:03:14:46 | 40km:03:41:35									
1816	3236	**DZIOCH Jakub**	GODZISZEWO		POL	1997	M20	228	03:56:08	03:52:16	1639
		5km:00:26:47 | 10km:00:52:58 | 15km: 01:19:21 | 20km:01:45:34 | 21km:01:51:12 | 25km:02:12:05 | 30km:02:39:03 | 35km:03:08:03 | 40km:03:39:11									
1817	6490	**FERREIRA Franclin**	PIASECZNO	SMAK Maraton	FRA	1970	M50	179	03:54:56	03:52:17	1640
		5km:00:26:27 | 10km:00:53:18 | 15km: 01:19:41 | 20km:01:45:58 | 21km:01:51:42 | 25km:02:12:10 | 30km:02:39:02 | 35km:03:06:46 | 40km:03:39:06									
1818	10355	**SZCZEPANIAK Dariusz**	PIOTRKÓW KUJAWSKI		POL	1979	M40	626	03:54:21	03:52:19	1641
		5km:00:24:59 | 10km:00:49:43 | 15km: 01:14:39 | 20km:01:39:53 | 21km:01:45:28 | 25km:02:06:04 | 30km:02:34:52 | 35km:03:05:09 | 40km:03:38:16									
1819	6736	**SULIŃSKI VEL SULEWSKI Piotr**	ŁÓDŹ		POL	1982	M40	627	03:53:42	03:52:21	1642
		5km:00:27:29 | 10km:00:54:53 | 15km: 01:22:04 | 20km:01:49:16 | 21km:01:55:12 | 25km:02:16:31 | 30km:02:43:49 | 35km:03:11:33 | 40km:03:40:06									
1820	7317	**MOTYKA Jakub**	TRZEBINIA	The HOE Company	POL	1987	M30	584	03:55:35	03:52:22	1643
		5km:00:28:17 | 10km:00:55:24 | 15km: 01:22:48 | 20km:01:50:02 | 21km:01:55:55 | 25km:02:17:03 | 30km:02:44:52 | 35km:03:12:25 | 40km:03:40:25									
1821	2295	**LATOS Janusz**	ŚRODA WLKP	POLONIA Środa Wlkp.	POL	1962	M60	25	03:56:38	03:52:23	1644
		5km:00:26:46 | 10km:00:54:23 | 15km: 01:21:17 | 20km:01:49:07 | 21km:01:55:10 | 25km:02:16:20 | 30km:02:43:32 | 35km:03:11:10 | 40km:03:39:59									
1822	2994	**ORZEŁ Marcin**	SIEMIANOWICE ŚLĄSKIE	NOWAK-TEAM	POL	1978	M40	628	03:55:14	03:52:24	1645
		5km:00:28:24 | 10km:00:56:24 | 15km: 01:23:39 | 20km:01:50:39 | 21km:01:56:29 | 25km:02:17:46 | 30km:02:45:18 | 35km:03:12:35 | 40km:03:40:25									
1823	5115	**LARSSON Jessica**	VÄSTER?S		SWE	1996	K20	35	03:54:27	03:52:25	178
		5km:00:27:34 | 10km:00:55:00 | 15km: 01:22:07 | 20km:01:49:17 | 21km:01:55:16 | 25km:02:16:29 | 30km:02:43:46 | 35km:03:11:10 | 40km:03:39:32									
1824	2951	**NOWACZYK Hanna**	RABOWICE		POL	1991	K30	73	03:55:33	03:52:28	179
		5km:00:26:50 | 10km:00:53:40 | 15km: 01:20:29 | 20km:01:47:16 | 21km:01:53:05 | 25km:02:14:14 | 30km:02:41:26 | 35km:03:08:57 | 40km:03:39:48									
1825	7766	**CEGLARZ Joanna**	PIASEK	Team Fun Running	POL	1974	K40	69	03:55:42	03:52:29	180
		5km:00:25:26 | 10km:00:51:51 | 15km: 01:18:23 | 20km:01:44:57 | 21km:01:50:48 | 25km:02:11:40 | 30km:02:38:44 | 35km:03:06:34 | 40km:03:38:31									
1826	7075	**MIERZEJEWSKI Tomasz**	WARSZAWA		POL	1972	M50	180	04:01:25	03:52:30	1646
		5km:00:24:58 | 10km:00:49:35 | 15km: 01:14:23 | 20km:01:39:00 | 21km:01:44:16 | 25km:02:03:55 | 30km:02:30:46 | 35km:02:59:27 | 40km:03:34:46									
1827	7838	**WOSZCZYK Sebastian**	MALBORK	Grupa Malbork	POL	1975	M40	629	03:53:52	03:52:31	1647
		5km:00:27:01 | 10km:00:53:24 | 15km: 01:19:28 | 20km:01:45:48 | 21km:01:51:31 | 25km:02:12:43 | 30km:02:40:11 | 35km:03:08:21 | 40km:03:39:19									
1828	3961	**DOSEV Rosen**	VARNA		BUL	1970	M50	181	03:57:07	03:52:35	1648
		5km:00:26:47 | 10km:00:53:55 | 15km: 01:20:53 | 20km:01:47:55 | 21km:01:53:48 | 25km:02:15:16 | 30km:02:42:57 | 35km:03:11:05 | 40km:03:39:55									
1829	2260	**RACZYŃSKI Andrzej**	WROCŁAW		POL	1971	M50	182	03:58:38	03:52:37	1649
		5km:00:28:20 | 10km:00:56:56 | 15km: 01:24:59 | 20km:01:53:06 | 21km:01:59:02 | 25km:02:20:36 | 30km:02:47:59 | 35km:03:15:29 | 40km:03:42:06									
1830	7502	**KOLASA Łukasz**	MIEROSZÓW		POL	1992	M30	585	03:58:21	03:52:37	1649
		5km:00:25:54 | 10km:00:51:41 | 15km: 01:18:15 | 20km:01:45:17 | 21km:01:51:02 | 25km:02:12:40 | 30km:02:40:42 | 35km:03:10:15 | 40km:03:40:10									
1831	3313	**WOJTECKI Łukasz**	ŁÓDŹ	Brygada RR	POL	1986	M30	586	03:57:19	03:52:42	1651
		5km:00:28:44 | 10km:00:56:13 | 15km: 01:23:41 | 20km:01:51:28 | 21km:01:57:19 | 25km:02:18:52 | 30km:02:45:42 | 35km:03:12:12 | 40km:03:40:48									
1832	6489	**MARCZAK Piotr**	OPOLE	KB Odra Opole	POL	1977	M40	630	03:56:38	03:52:43	1652
		5km:00:25:56 | 10km:00:51:42 | 15km: 01:18:18 | 20km:01:45:17 | 21km:01:51:05 | 25km:02:12:40 | 30km:02:40:44 | 35km:03:10:16 | 40km:03:40:09									
1833	6985	**WOJTECKA Sylwia**	ŁÓDŹ	ICHEM - VitaDiet	POL	1987	K30	74	03:57:19	03:52:43	181
		5km:00:27:27 | 10km:00:54:32 | 15km: 01:21:05 | 20km:01:47:04 | 21km:01:52:44 | 25km:02:12:54 | 30km:02:39:48 | 35km:03:09:28 | 40km:03:39:16									
1834	6886	**FALGER Łukasz**	KRAKÓW		POL	1998	M20	229	03:57:23	03:52:46	1653
		5km:00:28:32 | 10km:00:56:29 | 15km: 01:24:24 | 20km:01:52:32 | 21km:01:58:21 | 25km:02:19:45 | 30km:02:46:40 | 35km:03:13:26 | 40km:03:41:05									
1835	10176	**STRZĘPKA Krzysztof**	PRZECŁAW		POL	1982	M40	631	03:56:22	03:52:49	1654
		5km:00:27:23 | 10km:00:54:47 | 15km: 01:21:55 | 20km:01:49:03 | 21km:01:54:58 | 25km:02:16:13 | 30km:02:43:35 | 35km:03:10:45 | 40km:03:39:51									
1836	1027	**WYSZOMIERSKI Dariusz**	WARSZAWA		POL	1971	M50	183	03:56:05	03:52:49	1654
		5km:00:26:46 | 10km:00:53:41 | 15km: 01:20:40 | 20km:01:47:27 | 21km:01:53:08 | 25km:02:13:59 | 30km:02:41:11 | 35km:03:09:20 | 40km:03:40:23									
1837	7616	**WYSOCKI Wojciech**	WĘGORZEWO		POL	1991	M30	587	03:56:14	03:52:49	1654
		5km:00:27:06 | 10km:00:54:35 | 15km: 01:21:30 | 20km:01:48:18 | 21km:01:54:11 | 25km:02:15:18 | 30km:02:42:33 | 35km:03:09:42 | 40km:03:39:08									
1838	7697	**SCIBIOR Krzysztof**	WARSZAWA		POL	1965	M50	184	03:55:32	03:52:50	1657
		5km:00:30:59 | 10km:01:00:33 | 15km: 01:28:58 | 20km:01:56:30 | 21km:02:02:16 | 25km:02:23:34 | 30km:02:49:53 | 35km:03:15:25 | 40km:03:41:38									
1839	8347	**STĘPNOWSKI Jakub**	LEGIONOWO	Orthos Team	POL	1989	M30	588	04:01:59	03:52:51	1658
		5km:00:25:08 | 10km:00:51:11 | 15km: 01:17:10 | 20km:01:43:47 | 21km:01:49:27 | 25km:02:10:35 | 30km:02:38:40 | 35km:03:07:39 | 40km:03:39:28									
1840	7351	**ŻABIŃSKA-NABI Agnieszka**	BAGNO	KM UMK Toruń	POL	1986	K30	75	03:54:30	03:52:54	182

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:39 | 10km:00:52:13 | 15km:01:18:30 | 20km:01:44:39 | 21km:01:50:25 | 25km:02:11:13 | 30km:02:39:00 | 35km:03:07:58 | 40km:03:39:35									
1841	3049	**OLEJNICZAK Jagna**	KRAKÓW		POL	1998	K20	36	03:58:35	03:52:56	183
		5km:00:27:05 | 10km:00:53:57 | 15km:01:20:22 | 20km:01:47:00 | 21km:01:52:39 | 25km:02:13:16 | 30km:02:41:07 | 35km:03:09:41 | 40km:03:40:13									
1842	7455	**KOŚCIECHA Michał**	PIŁA		POL	1994	M20	230	03:55:49	03:52:56	1659
		5km:00:27:35 | 10km:00:55:18 | 15km:01:22:41 | 20km:01:49:49 | 21km:01:55:49 | 25km:02:17:10 | 30km:02:44:33 | 35km:03:11:48 | 40km:03:40:49									
1843	4231	**WACH Magdalena**	ZAMOŚĆ	ZamośćBiega	POL	1980	K40	70	03:56:45	03:52:57	184
		5km:00:24:19 | 10km:00:49:03 | 15km:01:14:02 | 20km:01:39:49 | 21km:01:45:25 | 25km:02:07:13 | 30km:02:36:22 | 35km:03:08:06 | 40km:03:40:20									
1844	4237	**POWOLNY Krzysztof**	DUSZNIKI-ZDRÓJ	AWF Wrocław 1988	POL	1968	M50	185	03:54:26	03:52:57	1660
		5km:00:26:51 | 10km:00:54:02 | 15km:01:20:58 | 20km:01:48:32 | 21km:01:54:11 | 25km:02:14:47 | 30km:02:43:05 | 35km:03:11:07 | 40km:03:40:02									
1845	10697	**MURCZEK Piotr**	BOJSZOWY		POL	1977	M40	632	03:59:05	03:52:58	1661
		5km:00:24:51 | 10km:00:49:33 | 15km:01:14:00 | 20km:01:38:25 | 21km:01:43:48 | 25km:02:03:54 | 30km:02:32:45 | 35km:03:04:48 | 40km:03:39:11									
1846	6552	**LANGKAFEL Mateusz**	WARSZAWA		POL	1991	M30	589	03:54:20	03:52:58	1661
		5km:00:26:44 | 10km:00:53:29 | 15km:01:20:19 | 20km:01:47:25 | 21km:01:53:14 | 25km:02:14:14 | 30km:02:41:41 | 35km:03:09:33 | 40km:03:40:24									
1847	6934	**DUNAJEWSKI Marek**	RZEPIN		POL	1978	M40	632	03:56:53	03:52:58	1661
		5km:00:26:03 | 10km:00:52:01 | 15km:01:18:11 | 20km:01:44:28 | 21km:01:50:05 | 25km:02:12:06 | 30km:02:39:59 | 35km:03:08:40 | 40km:03:39:55									
1848	7747	**ADEREK Jacek**	KIELCE		POL	1981	M40	632	03:54:41	03:52:58	1661
		5km:00:28:25 | 10km:00:56:19 | 15km:01:23:38 | 20km:01:51:02 | 21km:01:56:57 | 25km:02:18:34 | 30km:02:46:07 | 35km:03:13:33 | 40km:03:41:46									
1849	8098	**RAJEWSKI Aleksander**	WARSZAWA		POL	1996	M20	231	03:56:54	03:52:58	1661
		5km:00:26:15 | 10km:00:51:58 | 15km:01:17:36 | 20km:01:43:40 | 21km:01:49:15 | 25km:02:09:34 | 30km:02:35:54 | 35km:03:02:52 | 40km:03:37:46									
1850	8149	**PEREK Wiktor**	WARSZAWA		POL	1982	M40	635	03:54:59	03:52:59	1666
		5km:00:26:57 | 10km:00:53:46 | 15km:01:20:21 | 20km:01:46:52 | 21km:01:52:30 | 25km:02:13:34 | 30km:02:40:14 | 35km:03:09:09 | 40km:03:40:19									
1851	3303	**NORMAN Winston**	WARSZAWA		GBR	1971	M50	186	03:57:22	03:53:01	1667
		5km:00:28:15 | 10km:00:56:14 | 15km:01:23:34 | 20km:01:50:10 | 21km:01:55:43 | 25km:02:15:44 | 30km:02:41:13 | 35km:03:07:40 | 40km:03:39:38									
1852	8333	**KOZAK Adam**	WARSZAWA		POL	1997	M20	232	03:57:32	03:53:01	1667
		5km:00:26:51 | 10km:00:53:56 | 15km:01:21:02 | 20km:01:48:21 | 21km:01:54:19 | 25km:02:16:02 | 30km:02:43:52 | 35km:03:12:07 | 40km:03:40:51									
1853	10477	**GAJEWSKI Jarosław**	PRUSZKÓW		POL	1994	M20	233	03:59:23	03:53:02	1669
		5km:00:28:13 | 10km:00:56:15 | 15km:01:24:07 | 20km:01:51:45 | 21km:01:57:54 | 25km:02:19:15 | 30km:02:46:36 | 35km:03:13:19 | 40km:03:41:09									
1854	13038	**BERNATEK Andrzej**	WARSZAWA		POL	1974	M40	636	03:58:20	03:53:03	1670
		5km:00:28:32 | 10km:00:56:48 | 15km:01:24:28 | 20km:01:52:15 | 21km:01:58:12 | 25km:02:19:49 | 30km:02:47:33 | 35km:03:14:30 | 40km:03:41:32									
1855	2993	**GRZESZCZYK Nadia**	WROCŁAW		POL	1994	K20	37	03:57:18	03:53:04	185
		5km:00:27:10 | 10km:00:54:05 | 15km:01:21:09 | 20km:01:48:02 | 21km:01:53:55 | 25km:02:15:02 | 30km:02:42:15 | 35km:03:09:29 | 40km:03:40:04									
1856	7300	**WALDOWSKI Daniel**	BYDGOSZCZ		POL	1994	M20	234	03:56:01	03:53:05	1671
		5km:00:26:07 | 10km:00:52:15 | 15km:01:18:02 | 20km:01:44:16 | 21km:01:50:11 | 25km:02:12:04 | 30km:02:40:16 | 35km:03:10:18 | 40km:03:40:34									
1857	10754	**MĄCZKA Ryszard**	PUŁAWY	Lubelski Bank Spółdzielczy	POL	1979	M40	637	03:54:47	03:53:08	1672
		5km:00:27:01 | 10km:00:53:38 | 15km:01:20:01 | 20km:01:46:01 | 21km:01:51:40 | 25km:02:12:33 | 30km:02:39:58 | 35km:03:08:40 | 40km:03:40:46									
1858	3863	**RYKAŁA Łukasz**	MAKÓW		POL	1999	M20	235	03:58:44	03:53:08	1672
		5km:00:25:53 | 10km:00:51:52 | 15km:01:18:03 | 20km:01:45:24 | 21km:01:51:17 | 25km:02:12:50 | 30km:02:41:17 | 35km:03:10:25 | 40km:03:40:46									
1859	10495	**CHOTOMSKI Marcin**	LEGIONOWO		POL	1985	M30	590	03:55:04	03:53:09	1674
		5km:00:27:55 | 10km:00:55:24 | 15km:01:22:53 | 20km:01:49:53 | 21km:01:55:50 | 25km:02:17:04 | 30km:02:45:10 | 35km:03:13:15 | 40km:03:41:29									
1860	10463	**JAKUBOWSKI Krzysztof**	ŁÓDŹ		POL	1991	M30	591	03:57:15	03:53:11	1675
		5km:00:25:48 | 10km:00:51:28 | 15km:01:16:46 | 20km:01:42:23 | 21km:01:48:17 | 25km:02:09:21 | 30km:02:38:00 | 35km:03:06:52 | 40km:03:38:39									
1861	6018	**JAKUBOWSKI Bartosz**	KOWALEWO POMORSKIE		POL	1991	M30	592	03:55:22	03:53:12	1676
		5km:00:27:33 | 10km:00:53:54 | 15km:01:20:31 | 20km:01:47:41 | 21km:01:53:36 | 25km:02:14:37 | 30km:02:40:43 | 35km:03:08:01 | 40km:03:39:33									
1862	8246	**DRÓŻDŻ Robert**	KIELCE	Laura Laurejks	POL	1974	M40	638	03:57:52	03:53:12	1676
		5km:00:27:49 | 10km:00:56:03 | 15km:01:24:16 | 20km:01:52:06 | 21km:01:57:58 | 25km:02:19:23 | 30km:02:46:55 | 35km:03:14:13 | 40km:03:41:54									
1863	2955	**ANTONOVITCH Vladimir**	WARSZAWA	Elinext		1972	M50	187	03:58:01	03:53:14	1678
		5km:00:23:33 | 10km:00:47:03 | 15km:01:10:18 | 20km:01:33:36 | 21km:01:38:41 | 25km:01:57:58 | 30km:02:29:31 | 35km:03:03:40 | 40km:03:40:20									
1864	3703	**YU Gangqiang**	NINGBO		CHN	1982	M40	639	03:54:05	03:53:14	1678
		5km:00:28:09 | 10km:00:55:33 | 15km:01:22:40 | 20km:01:49:38 | 21km:01:55:36 | 25km:02:17:03 | 30km:02:44:32 | 35km:03:12:09 | 40km:03:40:25									
1865	7350	**MARCZAK Dariusz**	MIŃSK MAZOWIECKI		POL	1977	M40	639	03:56:46	03:53:14	1678
		5km:00:27:43 | 10km:00:55:00 | 15km:01:22:05 | 20km:01:49:14 | 21km:01:55:06 | 25km:02:16:22 | 30km:02:44:23 | 35km:03:12:43 | 40km:03:41:53									
1866	15526	**BOGACKI Marcin**	WARSZAWA		POL	1994	M20	236	03:57:36	03:53:17	1681
		5km:00:26:34 | 10km:00:53:30 | 15km:01:19:40 | 20km:01:45:34 | 21km:01:51:46 | 25km:02:12:17 | 30km:02:38:57 | 35km:03:06:41 | 40km:03:38:04									
1867	3499	**BESSER Piotr**	STRZEGOWO	Orange Polska	POL	1970	M50	188	03:53:40	03:53:17	1681
		5km:00:26:52 | 10km:00:54:08 | 15km:01:21:35 | 20km:01:48:59 | 21km:01:54:58 | 25km:02:16:17 | 30km:02:43:45 | 35km:03:11:45 | 40km:03:40:40									
1868	3545	**PAMROWSKI Wojciech**	WYSZKÓW		POL	1993	M30	593	03:58:53	03:53:17	1681
		5km:00:26:31 | 10km:00:52:59 | 15km:01:19:07 | 20km:01:45:26 | 21km:01:51:11 | 25km:02:12:04 | 30km:02:39:01 | 35km:03:05:50 | 40km:03:39:23									
1869	4106	**BEŁCIK Jakub**	SOPOT		POL	1991	M30	594	03:55:49	03:53:18	1684
		5km:00:27:40 | 10km:00:54:20 | 15km:01:21:26 | 20km:01:47:54 | 21km:01:53:41 | 25km:02:14:50 | 30km:02:42:23 | 35km:03:10:26 | 40km:03:40:54									
1870	7247	**ILKIEWICZ Michał**	WARSZAWA	Amciu	POL	1975	M40	641	03:58:42	03:53:19	1685
		5km:00:28:14 | 10km:00:56:21 | 15km:01:23:53 | 20km:01:51:31 | 21km:01:57:29 | 25km:02:19:12 | 30km:02:46:23 | 35km:03:12:10 | 40km:03:40:31									
1871	6643	**JURKOWSKI Bartosz**	ŁOWICZ	Orzeł1	POL	1991	M30	595	03:58:07	03:53:20	1686
		5km:00:24:33 | 10km:00:49:17 | 15km:01:13:52 | 20km:01:38:20 | 21km:01:43:37 | 25km:02:02:46 | 30km:02:27:31 | 35km:02:54:33 | 40km:03:39:40									
1872	3379	**ŁAWRYNOWICZ Radosław**	WARSZAWA	Sii Running Team	POL	1992	M30	596	03:54:29	03:53:21	1687
		5km:00:27:29 | 10km:00:54:51 | 15km:01:22:08 | 20km:01:49:17 | 21km:01:55:10 | 25km:02:16:27 | 30km:02:43:55 | 35km:03:12:03 | 40km:03:41:01									
1873	7984	**TOMASZEWSKI Łukasz**	WARSZAWA	Wkurw_team	POL	1990	M30	597	03:56:37	03:53:22	1688
		5km:00:29:59 | 10km:00:58:38 | 15km:01:26:23 | 20km:01:53:04 | 21km:01:58:42 | 25km:02:19:02 | 30km:02:45:42 | 35km:03:12:52 | 40km:03:41:19									
1874	7276	**POKS Paweł**	TYCHY		POL	1993	M30	598	04:03:19	03:53:23	1689
		5km:00:25:00 | 10km:00:49:50 | 15km:01:14:18 | 20km:01:38:45 | 21km:01:44:01 | 25km:02:03:10 | 30km:02:28:26 | 35km:02:58:23 | 40km:03:35:05									
1875	3487	**STRĄCZEK Tadeusz**	WARSZAWA		POL	1989	M30	599	03:54:52	03:53:24	1690
		5km:00:28:10 | 10km:00:56:19 | 15km:01:23:40 | 20km:01:51:33 | 21km:01:57:33 | 25km:02:18:46 | 30km:02:46:13 | 35km:03:13:36 | 40km:03:41:57									
1876	2073	**CHŁYSTEK Michał**	WARSZAWA	Murem za Poliżem	POL	1998	M20	237	03:58:02	03:53:25	1691
		5km:00:26:44 | 10km:00:53:18 | 15km:01:19:42 | 20km:01:46:09 | 21km:01:51:55 | 25km:02:12:46 | 30km:02:39:27 | 35km:03:08:03 | 40km:03:39:37									
1877	3508	**ŻYGADŁO Robert**	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1979	M40	642	03:55:34	03:53:25	1691
		5km:00:27:31 | 10km:00:54:47 | 15km:01:21:57 | 20km:01:49:15 | 21km:01:55:11 | 25km:02:16:45 | 30km:02:45:34 | 35km:03:12:23 | 40km:03:40:56									
1878	7573	**MICHALAK Remigiusz**	ŻYCHLIN	ROZBIEGANI ŻYCHLIN	POL	1981	M40	642	03:57:51	03:53:25	1691
		5km:00:26:34 | 10km:00:53:16 | 15km:01:19:35 | 20km:01:45:58 | 21km:01:51:38 | 25km:02:12:42 | 30km:02:39:48 | 35km:03:09:04 | 40km:03:40:40									
1879	2140	**CHMIELEWSKI Witek**	PUŁTUSK		POL	1989	M30	600	03:56:04	03:53:26	1694
		5km:00:30:02 | 10km:00:58:41 | 15km:01:26:28 | 20km:01:53:07 | 21km:01:58:45 | 25km:02:19:05 | 30km:02:45:42 | 35km:03:12:54 | 40km:03:41:22									
1880	7280	**STAŃCZYK Mateusz**	TYCHY		POL	1993	M30	600	04:03:19	03:53:26	1694
		5km:00:28:24 | 10km:00:55:38 | 15km:01:22:51 | 20km:01:50:11 | 21km:01:56:07 | 25km:02:17:28 | 30km:02:45:43 | 35km:03:14:16 | 40km:03:42:05									
1881	7282	**FIGURA Arkadiusz**	DĄBROWA GÓRNICZA		POL	1991	M30	600	03:56:54	03:53:26	1694
		5km:00:28:06 | 10km:00:56:50 | 15km:01:24:43 | 20km:01:52:35 | 21km:01:58:28 | 25km:02:19:25 | 30km:02:47:11 | 35km:03:13:43 | 40km:03:41:14									
1882	7451	**MAKHARYNETS Mariia**	KRAKÓW		UKR	1992	K30	76	03:58:59	03:53:26	186
		5km:00:26:06 | 10km:00:52:34 | 15km:01:19:06 | 20km:01:45:46 | 21km:01:51:28 | 25km:02:12:48 | 30km:02:40:45 | 35km:03:09:17 | 40km:03:39:53									
1883	8238	**LEWANDOWSKA Karolina**	BRODNICA	CBR biega	POL	1988	K30	76	03:56:14	03:53:26	186
		5km:00:27:17 | 10km:00:54:39 | 15km:01:22:04 | 20km:01:49:39 | 21km:01:55:40 | 25km:02:17:11 | 30km:02:45:21 | 35km:03:13:17 | 40km:03:41:28									
1884	3494	**NEROWSKI Paweł**	IŁAWA		POL	1986	M30	603	03:57:16	03:53:27	1697
		5km:00:25:49 | 10km:00:52:09 | 15km:01:18:25 | 20km:01:44:31 | 21km:01:50:10 | 25km:02:10:32 | 30km:02:37:16 | 35km:03:06:15 | 40km:03:40:02									
1885	3110	**SZCZUREK Paweł**	DUKLA		POL	1973	M50	189	03:54:32	03:53:29	1698
		5km:00:27:33 | 10km:00:54:57 | 15km:01:21:39 | 20km:01:47:27 | 21km:01:53:06 | 25km:02:13:16 | 30km:02:39:45 | 35km:03:08:08 | 40km:03:39:41									
1886	7812	**KAŁUŻA Jakub**	WARSZAWA		POL	1997	M20	238	03:56:35	03:53:29	1698

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:13 | 10km:00:50:34 | 15km: 01:15:48 | 20km:01:41:39 | 21km:01:47:13 | 25km:02:07:44 | 30km:02:35:39 | 35km:03:04:43 | 40km:03:39:47									
1887	7964	**KARDAŚ Dariusz**	KĘPNO		POL	1986	M30	604	03:56:26	03:53:29	1698
		5km:00:26:29 | 10km:00:53:54 | 15km: 01:21:03 | 20km:01:48:14 | 21km:01:54:06 | 25km:02:15:26 | 30km:02:42:43 | 35km:03:10:10 | 40km:03:39:53									
1888	5219	**TCHOUBOUROFF Michael**	LONDON		BUL	1967	M50	190	03:57:41	03:53:32	1701
		5km:00:26:22 | 10km:00:53:24 | 15km: 01:20:18 | 20km:01:47:17 | 21km:01:53:08 | 25km:02:14:27 | 30km:02:42:45 | 35km:03:11:13 | 40km:03:40:59									
1889	3271	**FRANCZAK Jolanta**	WARSZAWA	PwC AGW Running Team	POL	1995	K20	38	03:54:44	03:53:34	188
		5km:00:27:23 | 10km:00:54:49 | 15km: 01:21:47 | 20km:01:48:51 | 21km:01:54:29 | 25km:02:15:16 | 30km:02:42:25 | 35km:03:09:54 | 40km:03:40:09									
1890	3421	**FRONDCZAK Tomasz**	KALISZ		POL	1994	M20	239	03:58:09	03:53:34	1702
		5km:00:30:25 | 10km:01:00:24 | 15km: 01:29:27 | 20km:01:57:24 | 21km:02:03:44 | 25km:02:25:16 | 30km:02:49:39 | 35km:03:14:55 | 40km:03:42:11									
1891	10505	**ŻAK Piotr**	ŁÓDŹ		POL	1995	M20	240	03:59:51	03:53:36	1703
		5km:00:27:04 | 10km:00:54:02 | 15km: 01:21:02 | 20km:01:47:51 | 21km:01:53:48 | 25km:02:14:58 | 30km:02:42:01 | 35km:03:10:08 | 40km:03:41:22									
1892	2768	**TRUSZKIEWICZ Bartosz**	OŁAWA		POL	1978	M40	644	03:55:09	03:53:36	1703
		5km:00:27:02 | 10km:00:54:40 | 15km: 01:21:47 | 20km:01:48:53 | 21km:01:54:42 | 25km:02:15:47 | 30km:02:43:16 | 35km:03:10:47 | 40km:03:40:30									
1893	3539	**PUSZAKOWSKI Jacek**	WARSZAWA	RURA TEAM	POL	1975	M40	644	03:56:38	03:53:36	1703
		5km:00:25:47 | 10km:00:51:36 | 15km: 01:17:26 | 20km:01:43:07 | 21km:01:48:44 | 25km:02:08:55 | 30km:02:35:55 | 35km:03:06:27 | 40km:03:40:10									
1894	7506	**KUJAWSKI Arkadiusz**	BARTĄG	Team Kopeć	POL	1982	M40	644	03:55:05	03:53:36	1703
		5km:00:25:55 | 10km:00:51:53 | 15km: 01:17:43 | 20km:01:43:51 | 21km:01:49:50 | 25km:02:10:29 | 30km:02:37:44 | 35km:03:06:51 | 40km:03:39:10									
1895	7466	**GINALSKI Grzegorz**	WARSZAWA		POL	1986	M30	605	03:55:27	03:53:37	1707
		5km:00:27:07 | 10km:00:54:06 | 15km: 01:21:02 | 20km:01:47:56 | 21km:01:53:46 | 25km:02:15:16 | 30km:02:43:10 | 35km:03:11:10 | 40km:03:40:55									
1896	6862	**CYMBORSKA Jolanta**	WARSZAWA	New Balance Run Club	POL	1981	K40	71	03:56:40	03:53:38	189
		5km:00:24:43 | 10km:00:49:20 | 15km: 01:13:58 | 20km:01:38:32 | 21km:01:43:50 | 25km:02:03:30 | 30km:02:31:07 | 35km:03:01:21 | 40km:03:36:59									
1897	2541	**BOBER Andrzej**	WROCŁAW		POL	1992	M30	606	03:54:46	03:53:39	1708
		5km:00:27:30 | 10km:00:54:56 | 15km: 01:21:52 | 20km:01:48:48 | 21km:01:54:30 | 25km:02:16:20 | 30km:02:44:46 | 35km:03:11:43 | 40km:03:41:47									
1898	10207	**MASŁOŃ Adrian**	WÓDKA		POL	1978	M40	647	03:58:26	03:53:40	1709
		5km:00:28:18 | 10km:00:56:31 | 15km: 01:24:57 | 20km:01:52:50 | 21km:01:58:41 | 25km:02:19:43 | 30km:02:45:51 | 35km:03:12:09 | 40km:03:40:49									
1899	3996	**KĘPSKI Bartek**	WARSZAWA		POL	1984	M30	607	03:58:14	03:53:41	1710
		5km:00:26:26 | 10km:00:53:05 | 15km: 01:19:27 | 20km:01:45:39 | 21km:01:51:15 | 25km:02:11:21 | 30km:02:37:42 | 35km:03:06:31 | 40km:03:39:47									
1900	7759	**ROŻEJ Damian**	WARSZAWA	Galaxy Bridge	POL	1988	M30	607	03:55:19	03:53:41	1710
		5km:00:27:27 | 10km:00:54:51 | 15km: 01:22:01 | 20km:01:49:04 | 21km:01:54:55 | 25km:02:16:18 | 30km:02:43:41 | 35km:03:11:30 | 40km:03:41:07									
1901	8421	**WALENTO-KRASIŃSKA Monika**	IŁAWA		POL	1976	K40	72	03:58:19	03:53:41	190
		5km:00:28:20 | 10km:00:56:25 | 15km: 01:23:44 | 20km:01:51:49 | 21km:01:57:43 | 25km:02:19:22 | 30km:02:47:13 | 35km:03:14:43 | 40km:03:43:06									
1902	7617	**CZOCHARA Aneta**	LUBLIN	HeńTeam	POL	1985	K30	78	03:56:58	03:53:42	191
		5km:00:27:27 | 10km:00:55:04 | 15km: 01:22:16 | 20km:01:49:00 | 21km:01:54:45 | 25km:02:15:23 | 30km:02:41:41 | 35km:03:08:55 | 40km:03:41:03									
1903	6108	**WOJAS Tadeusz**	PIASTÓW	Rozbiegany Piastów	POL	1952	M70	2	04:00:44	03:53:43	1712
		5km:00:28:33 | 10km:00:56:52 | 15km: 01:23:58 | 20km:01:50:49 | 21km:01:56:40 | 25km:02:17:34 | 30km:02:45:02 | 35km:03:13:44 | 40km:03:42:05									
1904	6968	**POGODZIŃSKI Karol**	WARSZAWA		POL	1994	M20	241	03:57:52	03:53:43	1712
		5km:00:26:11 | 10km:00:52:23 | 15km: 01:18:33 | 20km:01:44:13 | 21km:01:49:46 | 25km:02:10:51 | 30km:02:37:58 | 35km:03:06:34 | 40km:03:39:22									
1905	2633	**TYSZKIEWICZ Michał**	WARSZAWA		POL	1989	M30	609	03:56:20	03:53:44	1714
		5km:00:27:25 | 10km:00:54:51 | 15km: 01:22:01 | 20km:01:49:04 | 21km:01:54:55 | 25km:02:16:18 | 30km:02:43:41 | 35km:03:11:30 | 40km:03:41:07									
1906	7618	**ŚLIWA Konrad**	LUBLIN	HeńTeam	POL	1976	M40	648	03:56:58	03:53:44	1714
		5km:00:27:02 | 10km:00:53:58 | 15km: 01:21:04 | 20km:01:48:04 | 21km:01:53:56 | 25km:02:15:18 | 30km:02:42:39 | 35km:03:10:37 | 40km:03:40:48									
1907	13032	**BŁAŻEWICZ Paweł**	LUBLIN	Wydry Olsztyn	POL	1993	M30	610	03:58:05	03:53:47	1716
		5km:00:26:44 | 10km:00:53:18 | 15km: 01:19:43 | 20km:01:46:12 | 21km:01:51:54 | 25km:02:12:45 | 30km:02:40:23 | 35km:03:08:02 | 40km:03:41:30									
1908	3621	**DUDEK Łukasz**	KAŃCZUGA		POL	1980	M40	649	03:55:57	03:53:48	1717
		5km:00:26:24 | 10km:00:53:35 | 15km: 01:20:26 | 20km:01:48:14 | 21km:01:54:13 | 25km:02:15:43 | 30km:02:42:45 | 35km:03:09:54 | 40km:03:39:32									
1909	6143	**PTAK Marcin**	ŁÓDŹ		POL	1981	M40	650	03:55:15	03:53:53	1718
		5km:00:25:09 | 10km:00:51:02 | 15km: 01:16:59 | 20km:01:42:42 | 21km:01:48:08 | 25km:02:08:29 | 30km:02:34:44 | 35km:03:04:09 | 40km:03:39:35									
1910	7667	**DZIADCZYK Michał**	WARSZAWA	Stare Babice Biegają	POL	1971	M50	191	03:55:55	03:53:54	1719
		5km:00:27:29 | 10km:00:55:30 | 15km: 01:22:51 | 20km:01:50:38 | 21km:01:56:37 | 25km:02:18:04 | 30km:02:45:20 | 35km:03:13:08 | 40km:03:41:50									
1911	4095	**DĘDZA Kamil**	GDAŃSK		POL	2003	M20	242	03:59:21	03:53:57	1720
		5km:00:28:28 | 10km:00:55:42 | 15km: 01:22:54 | 20km:01:50:07 | 21km:01:56:05 | 25km:02:17:02 | 30km:02:43:38 | 35km:03:10:32 | 40km:03:41:02									
1912	4347	**BĄCZYK Łukasz**	ŁÓDŹ		POL	1988	M30	611	03:57:21	03:53:57	1720
		5km:00:26:31 | 10km:00:53:28 | 15km: 01:20:24 | 20km:01:47:34 | 21km:01:53:24 | 25km:02:14:59 | 30km:02:42:41 | 35km:03:11:04 | 40km:03:41:44									
1913	6049	**MALKUS Arkadiusz**	WARSZAWA	Space Monkeys	POL	1977	M40	651	03:59:23	03:53:57	1720
		5km:00:21:14 | 10km:00:42:05 | 15km: 01:03:08 | 20km:01:24:59 | 21km:01:30:03 | 25km:01:52:25 | 30km:02:20:14 | 35km:02:59:33 | 40km:03:39:04									
1914	3120	**ORGOVANYI Matt**	BRISTOL		GBR	1997	M20	243	03:54:47	03:53:58	1723
		5km:00:25:33 | 10km:00:52:23 | 15km: 01:18:33 | 20km:01:44:57 | 21km:01:50:39 | 25km:02:11:45 | 30km:02:38:58 | 35km:03:08:29 | 40km:03:41:15									
1915	8142	**KACZYŃSKI Artur**	WARSZAWA	CANAL+	POL	1974	M40	652	03:57:42	03:53:59	1724
		5km:00:24:04 | 10km:00:48:50 | 15km: 01:14:29 | 20km:01:41:07 | 21km:01:47:05 | 25km:02:09:01 | 30km:02:37:28 | 35km:03:07:45 | 40km:03:40:04									
1916	10442	**GAWLAK Tomasz**	KOŁACZYCE		POL	1984	M30	612	03:56:05	03:54:01	1725
		5km:00:27:10 | 10km:00:54:10 | 15km: 01:21:10 | 20km:01:48:00 | 21km:01:53:54 | 25km:02:14:58 | 30km:02:42:07 | 35km:03:09:57 | 40km:03:40:29									
1917	4269	**TUREK Mariusz**	WARSZAWA		POL	1983	M40	653	03:56:55	03:54:01	1725
		5km:00:27:04 | 10km:00:54:26 | 15km: 01:21:01 | 20km:01:48:04 | 21km:01:53:59 | 25km:02:15:22 | 30km:02:43:11 | 35km:03:11:22 | 40km:03:41:03									
1918	8478	**ZIELIŃSKI Marcin**	WARSZAWA		POL	1979	M40	653	03:56:29	03:54:01	1725
		5km:00:24:40 | 10km:00:50:04 | 15km: 01:15:53 | 20km:01:42:08 | 21km:01:47:51 | 25km:02:09:02 | 30km:02:37:42 | 35km:03:08:33 | 40km:03:41:16									
1919	4057	**OBERLECHNER Kévin**	WARSZAWA		FRA	1994	M20	244	03:56:57	03:54:04	1728
		5km:00:27:56 | 10km:00:55:45 | 15km: 01:23:20 | 20km:01:50:48 | 21km:01:56:46 | 25km:02:18:08 | 30km:02:45:59 | 35km:03:13:46 | 40km:03:42:24									
1920	6241	**SZYMCZYK Michał**	SZPROTAWA	DRUŻYNA CHROBREGO	POL	1972	M50	192	03:58:53	03:54:04	1728
		5km:00:24:31 | 10km:00:49:17 | 15km: 01:13:53 | 20km:01:38:20 | 21km:01:43:45 | 25km:02:02:59 | 30km:02:30:11 | 35km:03:03:39 | 40km:03:40:28									
1921	3641	**TILZEN Krystian**	ŻYRARDÓW		POL	2005	M20	245	03:55:13	03:54:05	1730
		5km:00:27:07 | 10km:00:54:20 | 15km: 01:21:02 | 20km:01:47:36 | 21km:01:53:12 | 25km:02:13:37 | 30km:02:40:15 | 35km:03:07:23 | 40km:03:39:58									
1922	4393	**KARALEVICH Illia**	BIALYSTOK		POL	1984	M30	613	03:57:46	03:54:05	1730
		5km:00:28:10 | 10km:00:55:43 | 15km: 01:23:30 | 20km:01:51:15 | 21km:01:57:10 | 25km:02:18:45 | 30km:02:45:58 | 35km:03:13:02 | 40km:03:41:52									
1923	6061	**BAGROWSKI Marek**	DĄBROWA CHEŁMIŃSKA	UMK COLLEGIUM MEDICUM RATOWNICTWO - MEDYCZNE RATUJE i BIEGA	POL	1962	M60	26	03:59:26	03:54:06	1732
		5km:00:26:09 | 10km:00:52:20 | 15km: 01:18:08 | 20km:01:44:03 | 21km:01:49:40 | 25km:02:10:02 | 30km:02:38:25 | 35km:03:08:33 | 40km:03:41:14									
1924	2646	**MAKSIMAINEN Hillevi**	HELSINKI		FIN	1995	K20	39	03:55:43	03:54:08	192
		5km:00:28:19 | 10km:00:55:44 | 15km: 01:22:45 | 20km:01:50:21 | 21km:01:56:23 | 25km:02:17:43 | 30km:02:45:20 | 35km:03:12:32 | 40km:03:41:48									
1925	2974	**GIOIELLO Clara**	YORK		GBR	1998	K20	39	03:57:55	03:54:08	192
		5km:00:27:24 | 10km:00:54:36 | 15km: 01:21:45 | 20km:01:49:06 | 21km:01:55:04 | 25km:02:16:21 | 30km:02:44:34 | 35km:03:12:42 | 40km:03:43:06									
1926	6812	**VALLRIBERA Xavier**	SALLENT		ESP	1973	M50	193	03:58:40	03:54:08	1733
		5km:00:28:41 | 10km:00:57:11 | 15km: 01:25:56 | 20km:01:54:03 | 21km:01:59:32 | 25km:02:19:26 | 30km:02:46:01 | 35km:03:12:29 | 40km:03:41:32									
1927	5037	**BENISZ Michał**	WARSZAWA	TRIpasja	POL	1995	M20	246	03:59:08	03:54:09	1734
		5km:00:24:54 | 10km:00:50:50 | 15km: 01:16:43 | 20km:01:42:56 | 21km:01:48:40 | 25km:02:09:59 | 30km:02:39:06 | 35km:03:08:04 | 40km:03:40:11									
1928	6528	**WIECZYŃSKI Henryk**	LULKOWO		POL	1966	M50	194	03:58:42	03:54:10	1735
		5km:00:25:29 | 10km:00:52:23 | 15km: 01:18:54 | 20km:01:45:23 | 21km:01:50:58 | 25km:02:11:33 | 30km:02:39:19 | 35km:03:09:13 | 40km:03:41:09									
1929	7331	**RZEPECKI Radosław**	GDAŃSK		POL	1979	M40	655	04:00:44	03:54:11	1736
		5km:00:28:49 | 10km:00:56:26 | 15km: 01:24:19 | 20km:01:52:18 | 21km:01:58:22 | 25km:02:19:58 | 30km:02:47:25 | 35km:03:14:19 | 40km:03:42:19									
1930	2060	**PATYK Mateusz**	WARSZAWA		POL	1988	M30	614	03:58:00	03:54:12	1737
		5km:00:25:01 | 10km:00:51:11 | 15km: 01:17:19 | 20km:01:43:25 | 21km:01:49:06 | 25km:02:09:31 | 30km:02:38:00 | 35km:03:07:48 | 40km:03:40:38									
1931	4352	**KAMIŃSKI Krzysztof**	KRAKÓW		POL	1958	M60	27	03:57:51	03:54:12	1737
		5km:00:27:07 | 10km:00:53:36 | 15km: 01:19:40 | 20km:01:46:05 | 21km:01:51:42 | 25km:02:13:10 | 30km:02:40:32 | 35km:03:09:00 | 40km:03:40:46									
1932	7574	**JACKSON Sean**	BERLIN		GBR	1989	M30	615	03:59:52	03:54:13	1739

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:11 | 10km:00:53:38 | 15km: 01:19:43 | 20km:01:46:07 | 21km:01:51:45 | 25km:02:13:13 | 30km:02:40:34 | 35km:03:09:03 | 40km:03:40:49									
1933	15528	**GRZYBCZYK Michał**	KATOWICE		POL	1973	M50	195	03:59:52	03:54:15	1740
		5km:00:25:04 | 10km:00:50:03 | 15km: 01:14:38 | 20km:01:39:30 | 21km:01:44:57 | 25km:02:05:53 | 30km:02:37:30 | 35km:03:09:06 | 40km:03:40:49									
1934	2194	**VIOLATO Federico**	AMSTERDAM		ITA	1987	M30	616	03:56:26	03:54:15	1740
		5km:00:26:10 | 10km:00:52:09 | 15km: 01:18:01 | 20km:01:43:53 | 21km:01:49:35 | 25km:02:10:01 | 30km:02:36:39 | 35km:03:06:05 | 40km:03:40:22									
1935	10589	**BANASIUK Gabriel**	ŁOCHÓW		POL	2000	M20	247	03:56:15	03:54:16	1742
		5km:00:28:05 | 10km:00:55:52 | 15km: 01:23:44 | 20km:01:51:22 | 21km:01:57:23 | 25km:02:19:03 | 30km:02:46:55 | 35km:03:14:34 | 40km:03:42:54									
1936	7132	**JAMBOR Maciej**	WARSZAWA		POL	1984	M30	617	03:58:12	03:54:16	1742
		5km:00:27:10 | 10km:00:54:34 | 15km: 01:22:12 | 20km:01:49:13 | 21km:01:54:59 | 25km:02:16:29 | 30km:02:43:52 | 35km:03:11:52 | 40km:03:41:37									
1937	6683	**VALDEZ Elisa**	DARTFORD	Central Park Athletic UK	GBR	1978	K40	73	03:57:12	03:54:17	194
		5km:00:26:31 | 10km:00:53:04 | 15km: 01:19:32 | 20km:01:45:48 | 21km:01:51:34 | 25km:02:12:32 | 30km:02:40:09 | 35km:03:09:53 | 40km:03:40:23									
1938	10543	**GOŁOTA Krzysztof**	RUDKA	Zielony Śledzik Team	POL	1979	M40	656	03:56:48	03:54:18	1744
		5km:00:26:16 | 10km:00:52:52 | 15km: 01:19:03 | 20km:01:45:12 | 21km:01:50:53 | 25km:02:11:46 | 30km:02:38:58 | 35km:03:06:42 | 40km:03:39:48									
1939	2020	**KADYS Łukasz**	MIĘDZYLESIE		POL	1982	M40	656	03:57:21	03:54:18	1744
		5km:00:28:35 | 10km:00:56:12 | 15km: 01:24:07 | 20km:01:52:11 | 21km:01:58:16 | 25km:02:19:59 | 30km:02:47:52 | 35km:03:15:20 | 40km:03:43:04									
1940	4081	**ŻYŁA Stanisław**	WARSZAWA	Alior Running Team	POL	1990	M30	618	03:58:21	03:54:18	1744
		5km:00:28:33 | 10km:00:55:59 | 15km: 01:23:45 | 20km:01:51:15 | 21km:01:57:11 | 25km:02:18:22 | 30km:02:45:37 | 35km:03:13:41 | 40km:03:42:09									
1941	10474	**KRZEWNIAK Lidia**	PRZYGODY		POL	1978	K40	74	03:58:03	03:54:21	195
		5km:00:26:27 | 10km:00:53:04 | 15km: 01:19:19 | 20km:01:45:30 | 21km:01:51:15 | 25km:02:12:35 | 30km:02:39:11 | 35km:03:06:26 | 40km:03:40:51									
1942	3416	**JANOWSKI Piotr**	WARSZAWA		POL	1987	M30	619	03:57:10	03:54:21	1747
		5km:00:24:50 | 10km:00:49:41 | 15km: 01:14:32 | 20km:01:39:58 | 21km:01:45:30 | 25km:02:06:32 | 30km:02:35:26 | 35km:03:07:11 | 40km:03:41:03									
1943	4372	**SZMALC Paweł**	WARSZAWA		POL	2000	M20	248	03:55:59	03:54:21	1747
		5km:00:21:43 | 10km:00:44:05 | 15km: 01:06:49 | 20km:01:29:32 | 21km:01:34:32 | 25km:01:52:35 | 30km:02:21:42 | 35km:02:59:53 | 40km:03:36:52									
1944	3937	**ETCHELL Richard**	LONDON		GBR	1988	M30	620	03:54:46	03:54:22	1749
		5km:00:29:45 | 10km:00:58:48 | 15km: 01:27:49 | 20km:01:56:52 | 21km:02:03:05 | 25km:02:25:24 | 30km:02:53:45 | 35km:03:20:05 | 40km:03:44:21									
1945	4599	**PONIATOWSKI Jakub**	KALISZ		POL	1982	M40	658	04:00:33	03:54:22	1749
		5km:00:26:33 | 10km:00:53:04 | 15km: 01:19:32 | 20km:01:45:56 | 21km:01:51:36 | 25km:02:12:36 | 30km:02:40:11 | 35km:03:08:54 | 40km:03:41:30									
1946	6533	**WOSZCZYK Michał**	WARSZAWA		POL	1994	M20	249	03:55:14	03:54:23	1751
		5km:00:26:14 | 10km:00:53:05 | 15km: 01:19:41 | 20km:01:46:10 | 21km:01:52:06 | 25km:02:13:26 | 30km:02:41:21 | 35km:03:10:21 | 40km:03:40:59									
1947	2039	**FÓRMANIAK Marek**	WRZEŚNIA		POL	1980	M40	659	03:56:54	03:54:25	1752
		5km:00:28:21 | 10km:00:56:51 | 15km: 01:24:20 | 20km:01:51:54 | 21km:01:57:56 | 25km:02:19:19 | 30km:02:46:46 | 35km:03:14:04 | 40km:03:42:28									
1948	8188	**KANIA Paweł**	WARSZAWA	PGE Narodowy / Biegam Na Tarchominie	POL	1971	M50	196	03:57:32	03:54:25	1752
		5km:00:27:32 | 10km:00:54:55 | 15km: 01:21:55 | 20km:01:48:50 | 21km:01:54:41 | 25km:02:15:55 | 30km:02:43:09 | 35km:03:10:54 | 40km:03:40:35									
1949	8193	**PACZKOWSKI Mateusz**	WARSZAWA		POL	1992	M30	621	03:59:38	03:54:25	1752
		5km:00:22:42 | 10km:00:46:18 | 15km: 01:09:53 | 20km:01:34:04 | 21km:01:39:19 | 25km:01:58:46 | 30km:02:23:48 | 35km:02:54:30 | 40km:03:37:57									
1950	6436	**CIEŚLAWSKI Wojciech**	WROCŁAW	MATNER RUNNING TEAM	POL	1980	M40	660	04:00:29	03:54:28	1755
		5km:00:28:21 | 10km:00:56:40 | 15km: 01:24:49 | 20km:01:52:43 | 21km:01:58:56 | 25km:02:20:51 | 30km:02:48:40 | 35km:03:15:35 | 40km:03:42:35									
1951	10622	**ŁUKOWSKI Marcin**	LUBLIN		POL	1989	M30	622	03:58:21	03:54:30	1756
		5km:00:27:46 | 10km:00:55:11 | 15km: 01:22:23 | 20km:01:49:44 | 21km:01:55:46 | 25km:02:17:02 | 30km:02:45:15 | 35km:03:13:34 | 40km:03:42:24									
1952	2642	**SKIBIŃSKA Małgorzata**	WARSZAWA	Matner Running Team	POL	1975	K40	75	04:00:28	03:54:30	196
		5km:00:28:23 | 10km:00:56:09 | 15km: 01:23:44 | 20km:01:51:09 | 21km:01:57:10 | 25km:02:18:51 | 30km:02:46:48 | 35km:03:14:49 | 40km:03:42:38									
1953	4202	**DOMAGAŁA Jakub**	MAŁĘCZYN		POL	2004	M20	250	03:55:39	03:54:31	1757
		5km:00:22:42 | 10km:00:46:18 | 15km: 01:09:53 | 20km:01:34:04 | 21km:01:39:19 | 25km:01:58:46 | 30km:02:23:48 | 35km:02:54:30 | 40km:03:37:57									
1954	10140	**GOLIŃSKI Piotr**	STALOWA WOLA		POL	1985	M30	623	03:56:07	03:54:32	1758
		5km:00:24:40 | 10km:00:49:20 | 15km: 01:13:59 | 20km:01:38:30 | 21km:01:44:07 | 25km:02:03:58 | 30km:02:33:22 | 35km:03:05:01 | 40km:03:40:28									
1955	7578	**LIS Krystyna**	WARSZAWA		POL	1990	K30	79	03:57:53	03:54:32	197
		5km:00:27:19 | 10km:00:54:39 | 15km: 01:21:43 | 20km:01:38:13 | 21km:01:54:43 | 25km:02:15:55 | 30km: | 35km: | 40km:03:42:33									
1956	10408	**WIĘCKOWSKA Beata**	LUBLIN	Heńteam	POL	1970	K50	4	03:58:23	03:54:33	198
		5km:00:28:07 | 10km:00:55:24 | 15km: 01:22:43 | 20km:01:49:53 | 21km:01:55:51 | 25km:02:17:18 | 30km:02:45:23 | 35km:03:13:50 | 40km:03:42:40									
1957	10720	**ZIEMBA-DOMAŃSKA Sonia**	WARSZAWA	PJATK	POL	1985	K30	80	03:59:41	03:54:33	198
		5km:00:25:55 | 10km:00:51:29 | 15km: 01:16:10 | 20km:01:41:16 | 21km:01:46:49 | 25km:02:08:50 | 30km:02:37:19 | 35km:03:07:48 | 40km:03:40:52									
1958	2957	**ŁYSKANOWSKI Sławomir**	SZCZECIN		POL	1990	M30	624	03:58:29	03:54:35	1759
		5km:00:28:06 | 10km:00:55:22 | 15km: 01:22:31 | 20km:01:49:52 | 21km:01:55:48 | 25km:02:17:08 | 30km:02:44:45 | 35km:03:12:11 | 40km:03:41:44									
1959	7831	**ZAJDEK Jacek**	CHYLICE		POL	1984	M30	624	03:59:34	03:54:35	1759
		5km:00:27:57 | 10km:00:55:10 | 15km: 01:21:56 | 20km:01:48:31 | 21km:01:54:14 | 25km:02:15:00 | 30km:02:42:04 | 35km:03:10:12 | 40km:03:40:56									
1960	7073	**Khomutianska Iuliia**	Kyiv	Nike Run Club	UKR	1987	K30	81	03:55:53	03:54:36	200
		5km:00:25:08 | 10km:00:49:27 | 15km: 01:14:22 | 20km:01:39:09 | 21km:01:44:39 | 25km:02:06:05 | 30km:02:33:29 | 35km:03:05:29 | 40km:03:38:12									
1961	10715	**RUSZCZYK Daniel**	NIKIELKOWO	UKS Piorun Barczewo	POL	1984	M30	626	03:59:02	03:54:37	1761
		5km:00:28:20 | 10km:00:56:30 | 15km: 01:24:08 | 20km:01:52:12 | 21km:01:58:23 | 25km:02:20:24 | 30km:02:48:34 | 35km:03:16:49 | 40km:03:44:23									
1962	7187	**WROŃSKI Wojciech**	WARSZAWA	Orange Polska	POL	1977	M40	661	03:58:07	03:54:37	1761
		5km:00:23:58 | 10km:00:48:37 | 15km: 01:13:53 | 20km:01:39:16 | 21km:01:44:47 | 25km:02:05:06 | 30km:02:33:03 | 35km:03:05:18 | 40km:03:40:20									
1963	7333	**KINCHYK Oleksandr**	WARSZAWA		UKR	1985	M30	627	03:59:25	03:54:39	1763
		5km:00:28:13 | 10km:00:56:23 | 15km: 01:23:50 | 20km:01:51:56 | 21km:01:58:05 | 25km:02:20:07 | 30km:02:48:15 | 35km:03:16:29 | 40km:03:43:09									
1964	4023	**PŁECHA Wiktor**	WARSZAWA		POL	2002	M20	251	03:58:41	03:54:42	1764
		5km:00:26:37 | 10km:00:53:24 | 15km: 01:19:45 | 20km:01:45:42 | 21km:01:51:20 | 25km:02:12:22 | 30km:02:40:12 | 35km:03:09:03 | 40km:03:40:20									
1965	5100	**DOSKOCZ Nina**	ZĄBKI	Biegające Ząbki	POL	1986	K30	82	03:58:09	03:54:42	201
		5km:00:27:44 | 10km:00:55:32 | 15km: 01:22:45 | 20km:01:49:58 | 21km:01:55:51 | 25km:02:17:25 | 30km:02:45:18 | 35km:03:13:09 | 40km:03:42:21									
1966	10086	**JAGIEŁŁO Krzysztof**	ZĄBKI	Biegające Ząbki	POL	1981	M40	662	03:58:10	03:54:44	1765
		5km:00:27:05 | 10km:00:54:32 | 15km: 01:21:43 | 20km:01:48:57 | 21km:01:54:50 | 25km:02:16:03 | 30km:02:43:29 | 35km:03:11:33 | 40km:03:42:00									
1967	2907	**CZERWIONKA Marcin**	WOLA		POL	1984	M30	628	03:58:15	03:54:44	1765
		5km:00:28:17 | 10km:00:55:48 | 15km: 01:23:42 | 20km:01:51:26 | 21km:01:57:23 | 25km:02:19:01 | 30km:02:46:53 | 35km:03:14:35 | 40km:03:42:45									
1968	2464	**POTERA Agnieszka**	USTANÓW		POL	1976	K40	76	03:58:36	03:54:46	202
		5km:00:28:19 | 10km:00:56:26 | 15km: 01:24:06 | 20km:01:51:50 | 21km:01:57:58 | 25km:02:19:51 | 30km:02:48:10 | 35km:03:16:25 | 40km:03:44:05									
1969	8267	**GRABARCZYK Łukasz**	WARSZAWA		POL	1985	M30	629	03:59:25	03:54:46	1767
		5km:00:28:43 | 10km:00:57:15 | 15km: 01:25:21 | 20km:01:53:53 | 21km:02:00:04 | 25km:02:22:23 | 30km:02:50:43 | 35km:03:18:06 | 40km:03:44:06									
1970	8130	**PIEKARSKI Łukasz**	PIASECZNO		POL	1984	M30	630	03:59:40	03:54:47	1768
		5km:00:24:32 | 10km:00:49:11 | 15km: 01:13:48 | 20km:01:38:45 | 21km:01:44:13 | 25km:02:06:24 | 30km:02:37:12 | 35km:03:09:29 | 40km:03:41:54									
1971	2865	**KIRILENKO Marcin**	MARKI		POL	1974	M40	663	03:56:09	03:54:48	1769
		5km:00:25:14 | 10km:00:49:50 | 15km: 01:14:33 | 20km:01:39:16 | 21km:01:44:36 | 25km:02:04:14 | 30km:02:35:03 | 35km:03:06:24 | 40km:03:39:52									
1972	7962	**YURCHENKO Viktor**	ZHYTOMYR	Top Runners Zhytomyr	UKR	1964	M50	197	03:55:52	03:54:48	1769
		5km:00:27:39 | 10km:00:55:04 | 15km: 01:22:54 | 20km:01:50:37 | 21km:01:56:35 | 25km:02:18:19 | 30km:02:46:21 | 35km:03:14:32 | 40km:03:43:22									
1973	7387	**KWIATKOWSKA Joanna**	IŁAWA		POL	1981	K40	77	03:57:48	03:54:49	203
		5km:00:27:30 | 10km:00:54:56 | 15km: 01:22:06 | 20km:01:49:18 | 21km:01:55:13 | 25km:02:16:28 | 30km:02:43:46 | 35km:03:11:47 | 40km:03:42:08									
1974	3034	**CIEŚLIŃSKI Arek**	GLOSTRUP		POL	1985	M30	631	03:57:58	03:54:50	1771
		5km:00:28:13 | 10km:00:55:42 | 15km: 01:22:54 | 20km:01:50:07 | 21km:01:56:01 | 25km:02:17:29 | 30km:02:45:36 | 35km:03:14:25 | 40km:03:43:10									
1975	7452	**BĄCZEK Piotr**	WARSZAWA	Orange Polska	POL	1982	M40	664	03:58:25	03:54:50	1771
		5km:00:27:49 | 10km:00:55:39 | 15km: 01:23:19 | 20km:01:50:42 | 21km:01:56:29 | 25km:02:17:45 | 30km:02:45:24 | 35km:03:13:17 | 40km:03:42:37									
1976	10571	**KRÓL Przemysław**	PUŁAWY	Lubelski Bank Spółdzielczy	POL	1988	M30	632	03:58:16	03:54:52	1773
		5km:00:27:53 | 10km:00:55:54 | 15km: 01:22:54 | 20km:01:49:58 | 21km:01:55:49 | 25km:02:20:41 | 30km:02:48:08 | 35km:03:15:06 | 40km:03:43:07									
1977	3681	**KOŁODZIEJ Tomasz**	WARSZAWA		POL	1985	M30	632	03:58:14	03:54:52	1773
		5km:00:28:15 | 10km:00:56:22 | 15km: 01:23:54 | 20km:01:51:45 | 21km:01:57:39 | 25km:02:19:25 | 30km:02:47:13 | 35km:03:14:43 | 40km:03:43:19									
1978	2843	**LUDWICZAK Mateusz**	UJAZD	KS TĘCZA JANKÓW	POL	1995	M20	252	03:59:39	03:54:53	1775

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:11 | 10km:00:55:25 | 15km: 01:22:34 | 20km:01:49:57 | 21km:01:55:55 | 25km:02:17:13 | 30km:02:45:17 | 35km:03:13:25 | 40km:03:42:55									
1979	3385	**KACZKOWSKI Damian**	OPOLE	Kite Turawa	POL	1984	M30	634	03:58:36	03:54:53	1775
1980	8148	**MAMEJ Piotr**	LUBLIN	Lubelskie Stowarzyszenie Biegowe	POL	1964	M50	198	03:58:09	03:54:53	1775
		5km:00:27:30 | 10km:00:54:57 | 15km: 01:22:10 | 20km:01:49:25 | 21km:01:55:08 | 25km:02:16:30 | 30km:02:43:56 | 35km:03:11:34 | 40km:03:41:40									
1981	10726	**NIEMCZYK Damian**	WARSZAWA	DREAM RUN	POL	1983	M40	665	03:56:52	03:54:55	1778
		5km:00:25:11 | 10km:00:50:52 | 15km: 01:16:20 | 20km:01:41:59 | 21km:01:47:31 | 25km:02:08:16 | 30km:02:37:04 | 35km:03:06:35 | 40km:03:41:38									
1982	2344	**KLIŚ Marcin**	BIELSKO-BIAŁA	Tomica Coaching	POL	1980	M40	665	03:59:19	03:54:55	1778
		5km:00:27:14 | 10km:00:54:26 | 15km: 01:21:44 | 20km:01:49:10 | 21km:01:55:01 | 25km:02:16:17 | 30km:02:43:48 | 35km:03:11:50 | 40km:03:42:20									
1983	7320	**KAMIŃSKA Angelika**	WARSZAWA	Siostry biegają	POL	1979	K40	78	03:57:48	03:54:56	204
		5km:00:27:16 | 10km:00:54:13 | 15km: 01:21:15 | 20km:01:48:07 | 21km:01:54:01 | 25km:02:15:14 | 30km:02:42:45 | 35km:03:11:06 | 40km:03:41:23									
1984	10019	**MACHUNIK Piotr**	WROCŁAW		POL	1995	M20	253	03:58:32	03:54:57	1780
		5km:00:27:38 | 10km:00:54:50 | 15km: 01:21:49 | 20km:01:48:58 | 21km:01:54:54 | 25km:02:16:15 | 30km:02:43:45 | 35km:03:12:44 | 40km:03:42:25									
1985	3536	**SZMAJDOWICZ Paweł**	KONSTANCIN-JEZIORNA	Fachdom Team	POL	1972	M50	199	03:58:29	03:54:57	1780
		5km:00:28:04 | 10km:00:55:07 | 15km: 01:22:26 | 20km:01:49:49 | 21km:01:55:46 | 25km:02:17:15 | 30km:02:45:19 | 35km:03:13:38 | 40km:03:42:58									
1986	2928	**DATA Mateusz**	BIELSKO-BIALA		POL	1983	M40	667	03:58:21	03:54:58	1782
		5km:00:27:21 | 10km:00:54:42 | 15km: 01:21:55 | 20km:01:49:01 | 21km:01:55:00 | 25km:02:16:17 | 30km:02:43:37 | 35km:03:11:43 | 40km:03:41:44									
1987	10755	**ŻELAŹNICKI Zbigniew**	MAŁKINIA GÓRNA		POL	1979	M40	668	04:00:58	03:54:59	1783
		5km:00:26:47 | 10km:00:53:40 | 15km: 01:20:00 | 20km:01:46:22 | 21km:01:52:13 | 25km:02:13:15 | 30km:02:40:50 | 35km:03:08:40 | 40km:03:40:52									
1988	3276	**TELEGA Artur**	PRZEMYŚL	Blok_B	POL	1974	M40	668	03:58:32	03:54:59	1783
		5km:00:28:18 | 10km:00:55:44 | 15km: 01:23:17 | 20km:01:51:06 | 21km:01:57:15 | 25km:02:19:07 | 30km:02:46:50 | 35km:03:14:39 | 40km:03:42:48									
1989	2244	**MAĆKOWIAK Krzysztof**	KOSZALIN	Dominet	POL	1979	M40	670	03:55:43	03:55:01	1785
		5km:00:23:20 | 10km:00:46:38 | 15km: 01:10:07 | 20km:01:34:17 | 21km:01:39:46 | 25km:02:00:39 | 30km:02:29:30 | 35km:03:02:07 | 40km:03:39:53									
1990	8229	**AUGUSTYNIAK Małgorzata**	ŁÓDŹ		POL	1973	K50	5	03:56:36	03:55:01	205
		5km:00:23:16 | 10km:00:47:43 | 15km: 01:12:58 | 20km:01:39:22 | 21km:01:44:54 | 25km:02:06:12 | 30km:02:34:35 | 35km:03:03:55 | 40km:03:42:22									
1991	10193	**STADNICKI Krystian**	LUBIN		POL	1993	M30	635	03:57:03	03:55:03	1786
		5km:00:27:19 | 10km:00:54:40 | 15km: 01:21:51 | 20km:01:49:00 | 21km:01:54:54 | 25km:02:15:46 | 30km:02:42:53 | 35km:03:11:14 | 40km:03:41:51									
1992	4043	**ZOŁOTAR-WIŚNIEWSKA Anna**	WARSZAWA		POL	1982	K40	79	03:58:54	03:55:03	206
		5km:00:28:00 | 10km:00:55:15 | 15km: 01:22:28 | 20km:01:49:47 | 21km:01:55:44 | 25km:02:17:10 | 30km:02:45:13 | 35km:03:13:48 | 40km:03:43:06									
1993	10678	**KUTRZYK Przemysław**	SOSNOWIEC	Strefa Biegacza Natalia Sadowska	POL	1978	M40	671	03:59:28	03:55:04	1787
		5km:00:27:36 | 10km:00:55:05 | 15km: 01:22:28 | 20km:01:49:42 | 21km:01:55:35 | 25km:02:16:49 | 30km:02:44:12 | 35km:03:12:27 | 40km:03:42:24									
1994	3302	**KUSHALIN Yauheni**	WARSZAWA			1992	M30	636	03:58:48	03:55:05	1788
		5km:00:28:59 | 10km:00:56:24 | 15km: 01:23:54 | 20km:01:51:31 | 21km:01:57:30 | 25km:02:19:06 | 30km:02:46:57 | 35km:03:14:23 | 40km:03:43:14									
1995	10476	**DUBI?SKI Wojciech**	INOWROCŁAW		POL	1984	M30	637	03:55:56	03:55:06	1789
		5km:00:24:59 | 10km:00:49:45 | 15km: 01:14:53 | 20km:01:40:50 | 21km:01:46:38 | 25km:02:07:59 | 30km:02:38:36 | 35km:03:09:51 | 40km:03:41:47									
1996	7779	**SWĘDZIOŁ Monika**	SOSNOWIEC	W pogoni za duchem	POL	1983	K40	80	03:59:07	03:55:06	207
		5km:00:27:57 | 10km:00:55:36 | 15km: 01:23:34 | 20km:01:51:25 | 21km:01:57:22 | 25km:02:19:12 | 30km:02:47:26 | 35km:03:15:08 | 40km:03:43:28									
1997	4401	**KUHNEL Daniel**	KĘDZIERZYN-KOŹLE		POL	1982	M40	672	04:00:17	03:55:07	1790
		5km:00:27:56 | 10km:00:55:59 | 15km: 01:23:36 | 20km:01:51:31 | 21km:01:57:26 | 25km:02:18:56 | 30km:02:46:46 | 35km:03:13:51 | 40km:03:42:25									
1998	3328	**BAŃKA Tomasz**	WARSZAWA		POL	1979	M40	673	04:00:25	03:55:08	1791
		5km:00:27:56 | 10km:00:55:50 | 15km: 01:23:02 | 20km:01:51:00 | 21km:01:57:06 | 25km:02:19:02 | 30km:02:46:43 | 35km:03:14:26 | 40km:03:43:11									
1999	6099	**HENREWICZ Jakub**	WARSZAWA		POL	1976	M40	674	03:59:02	03:55:09	1792
		5km:00:29:12 | 10km:00:57:52 | 15km: 01:25:41 | 20km:01:53:42 | 21km:02:00:03 | 25km:02:22:25 | 30km:02:50:14 | 35km:03:17:33 | 40km:03:44:34									
2000	2530	**LIEGEOIS Arnaud**	MEAUX		FRA	1983	M40	675	03:58:53	03:55:10	1793
		5km:00:28:08 | 10km:00:55:32 | 15km: 01:22:39 | 20km:01:49:55 | 21km:01:55:51 | 25km:02:16:58 | 30km:02:44:13 | 35km:03:12:10 | 40km:03:42:05									
2001	3170	**ŁATKA Łukasz**	WARSZAWA	EGIS BIOVITALNI	POL	1987	M30	638	03:57:11	03:55:10	1793
		5km:00:22:44 | 10km:00:47:19 | 15km: 01:12:56 | 20km:01:39:50 | 21km:01:45:44 | 25km:02:09:16 | 30km:02:39:06 | 35km:03:08:54 | 40km:03:40:59									
2002	10255	**SITARZ Kazimierz**	RYBNIK	KS FORMA WODZISŁAW ŚL.	POL	1966	M50	200	03:56:02	03:55:13	1795
		5km:00:25:54 | 10km:00:52:47 | 15km: 01:18:45 | 20km:01:44:44 | 21km:01:50:24 | 25km:02:10:55 | 30km:02:38:40 | 35km:03:09:02 | 40km:03:41:49									
2003	3129	**MARCINIAK Mikołaj**	GRANOWO		POL	1997	M20	254	03:58:35	03:55:13	1795
		5km:00:27:44 | 10km:00:54:56 | 15km: 01:21:56 | 20km:01:48:56 | 21km:01:54:42 | 25km:02:15:24 | 30km:02:42:09 | 35km:03:09:40 | 40km:03:41:11									
2004	5286	**TUREK Marcin**	MLOCHOW		POL	1978	M40	676	03:57:30	03:55:13	1795
		5km:00:26:01 | 10km:00:51:58 | 15km: 01:17:42 | 20km:01:44:12 | 21km:01:49:52 | 25km:02:11:25 | 30km:02:40:52 | 35km:03:10:38 | 40km:03:42:06									
2005	6387	**GIBAS Mirosław**	WARSZAWA		POL	1986	M30	639	03:56:39	03:55:13	1795
		5km:00:27:50 | 10km:00:56:38 | 15km: 01:24:45 | 20km:01:52:35 | 21km:01:58:30 | 25km:02:19:55 | 30km:02:47:33 | 35km:03:14:49 | 40km:03:43:06									
2006	6640	**DAWID Katarzyna**	JASIENICA		POL	1976	K40	81	03:59:38	03:55:13	208
		5km:00:28:24 | 10km:00:56:45 | 15km: 01:24:21 | 20km:01:52:05 | 21km:01:58:05 | 25km:02:19:57 | 30km:02:47:32 | 35km:03:14:29 | 40km:03:43:13									
2007	3977	**SZARMACH Adam**	WARSZAWA		POL	1980	M40	677	03:58:49	03:55:14	1799
		5km:00:28:17 | 10km:00:55:36 | 15km: 01:22:43 | 20km:01:50:15 | 21km:01:56:06 | 25km:02:17:51 | 30km:02:45:19 | 35km:03:12:43 | 40km:03:42:50									
2008	2317	**MOSINSKI Tomasz**	NOWA IWICZNA		POL	1972	M50	201	03:58:13	03:55:15	1800
		5km:00:27:25 | 10km:00:54:58 | 15km: 01:22:03 | 20km:01:49:12 | 21km:01:55:00 | 25km:02:16:25 | 30km:02:43:48 | 35km:03:11:43 | 40km:03:41:58									
2009	2700	**VAN DER LELIJ Syme**	WARSZAWA	Vege Runners	NED	1990	M30	640	03:57:57	03:55:15	1800
		5km:00:28:09 | 10km:00:57:03 | 15km: 01:24:57 | 20km:01:52:43 | 21km:01:58:34 | 25km:02:20:12 | 30km:02:47:37 | 35km:03:15:20 | 40km:03:43:19									
2010	6044	**DVOINIEVA Nataliia**	KYIV		UKR	1987	K30	83	03:59:01	03:55:15	209
		5km:00:28:18 | 10km:00:55:53 | 15km: 01:23:46 | 20km:01:51:30 | 21km:01:57:27 | 25km:02:19:05 | 30km:02:46:58 | 35km:03:14:46 | 40km:03:43:01									
2011	6124	**HOŁOWID Rafał**	PRZEMYŚL	Blok_B	POL	1988	M30	640	03:58:51	03:55:15	1800
		5km:00:28:20 | 10km:00:55:39 | 15km: 01:23:14 | 20km:01:51:06 | 21km:01:57:12 | 25km:02:19:04 | 30km:02:46:47 | 35km:03:14:36 | 40km:03:42:58									
2012	8180	**KARYŚ Artur**	SZCZĘSNE		POL	1976	M40	678	03:57:46	03:55:16	1803
		5km:00:27:15 | 10km:00:55:07 | 15km: 01:22:14 | 20km:01:49:12 | 21km:01:54:59 | 25km:02:16:01 | 30km:02:43:29 | 35km:03:11:38 | 40km:03:41:23									
2013	7434	**MORAWSKI Marcin**	DZIAŁDOWO		POL	1991	M30	642	03:59:11	03:55:17	1804
		5km:00:28:02 | 10km:00:55:14 | 15km: 01:22:27 | 20km:01:49:51 | 21km:01:55:44 | 25km:02:17:00 | 30km:02:45:18 | 35km:03:14:07 | 40km:03:43:06									
2014	3982	**SINKIEWICZ Katarzyna**	WARSZAWA	Zabiegany Wołomin	POL	1987	K30	84	03:57:19	03:55:19	210
		5km:00:28:53 | 10km:00:57:12 | 15km: 01:24:48 | 20km:01:52:49 | 21km:01:58:51 | 25km:02:19:51 | 30km:02:46:53 | 35km:03:14:30 | 40km:03:43:37									
2015	3065	**KANIEWSKI Artur**	WŁOCŁAWEK	ANWILTEAM	POL	1991	M30	643	03:57:18	03:55:21	1805
		5km:00:26:05 | 10km:00:51:53 | 15km: 01:17:28 | 20km:01:42:57 | 21km:01:48:28 | 25km:02:08:27 | 30km:02:34:37 | 35km:03:04:04 | 40km:03:40:57									
2016	12006	**SZMIT Tomasz**	DZIAŁDOWO		POL	1989	M30	644	03:59:11	03:55:22	1806
		5km:00:28:03 | 10km:00:55:18 | 15km: 01:22:32 | 20km:01:49:57 | 21km:01:55:50 | 25km:02:17:21 | 30km:02:44:58 | 35km:03:12:48 | 40km:03:42:39									
2017	3177	**GKOUMAS Theodoros**	?????	pallini dromeis	GRE	1958	M60	28	04:02:25	03:55:22	1806
		5km:00:29:04 | 10km:00:55:58 | 15km: 01:22:41 | 20km:01:49:47 | 21km:01:55:51 | 25km:02:17:18 | 30km:02:44:52 | 35km:03:13:42 | 40km:03:42:37									
2018	4264	**SYRYŃSKI-GIRO Sebastian**	OŚWIĘCIM		POL	1978	M40	679	04:00:22	03:55:22	1806
		5km:00:27:10 | 10km:00:54:40 | 15km: 01:22:33 | 20km:01:50:16 | 21km:01:56:13 | 25km:02:17:52 | 30km:02:45:46 | 35km:03:13:35 | 40km:03:42:32									
2019	10566	**TOBIASZ Ryszard**	NOWY SĄCZ	Sekcja Biegowa PTT Oddział Beskid - Nowy Sącz	POL	1976	M40	680	03:59:22	03:55:24	1809
		5km:00:28:16 | 10km:00:55:43 | 15km: 01:23:36 | 20km:01:51:07 | 21km:01:57:00 | 25km:02:18:43 | 30km:02:46:32 | 35km:03:13:57 | 40km:03:43:02									
2020	7907	**SAWINA Krystian**	WOŁOMIN		POL	1997	M20	255	03:59:38	03:55:24	1809
		5km:00:29:02 | 10km:00:58:22 | 15km: 01:26:13 | 20km:01:53:51 | 21km:01:59:47 | 25km:02:20:15 | 30km:02:46:34 | 35km:03:13:15 | 40km:03:42:23									
2021	3090	**GOLI Leszek**	WARSZAWA	MOVADO RUNNERS	POL	1976	M40	681	03:59:45	03:55:25	1811
		5km:00:27:21 | 10km:00:54:50 | 15km: 01:21:56 | 20km:01:49:03 | 21km:01:55:00 | 25km:02:16:18 | 30km:02:43:29 | 35km:03:10:27 | 40km:03:41:50									
2022	5053	**KWIATKOWSKI Michał**	ŁUKÓW	Happy Runners	POL	1989	M30	645	04:03:44	03:55:25	1811
		5km:00:28:45 | 10km:00:56:48 | 15km: 01:25:17 | 20km:01:54:19 | 21km:02:00:04 | 25km:02:20:57 | 30km:02:48:03 | 35km:03:13:40 | 40km:03:42:47									
2023	6430	**PĘCZEK Marta**	MAKÓW PODHALAŃSKI	SKL Masters	POL	1991	K30	85	03:59:08	03:55:26	211
		5km:00:29:08 | 10km:00:57:17 | 15km: 01:25:09 | 20km:01:53:00 | 21km:01:59:10 | 25km:02:20:53 | 30km:02:48:47 | 35km:03:16:25 | 40km:03:43:47									
2024	6212	**SZMIT Krzysztof**	KOZÓW	Krzysztof Grupa Kozów.	POL	1961	M60	29	03:56:34	03:55:27	1813
		5km:00:25:16 | 10km:00:49:52 | 15km: 01:14:27 | 20km:01:39:03 | 21km:01:44:21 | 25km:02:03:56 | 30km:02:32:02 | 35km:03:04:24 | 40km:03:40:42									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:13 | 10km:00:52:47 | 15km: 01:19:09 | 20km:01:45:41 | 21km:01:51:21 | 25km:02:12:29 | 30km:02:40:37 | 35km:03:10:05 | 40km:03:41:06									
2025	6991	**JOHANSSON Thomas**	WARSZAWA		SWE	1989	M30	646	03:58:32	03:55:27	1813
		5km:00:26:28 | 10km:00:52:55 | 15km: 01:18:45 | 20km:01:45:05 | 21km:01:50:43 | 25km:02:11:34 | 30km:02:39:07 | 35km:03:09:00 | 40km:03:42:28									
2026	7202	**KUDRYCKI Tomasz**	BIAŁYSTOK		POL	1975	M40	682	03:59:05	03:55:28	1815
		5km:00:28:23 | 10km:00:55:39 | 15km: 01:22:51 | 20km:01:50:14 | 21km:01:56:09 | 25km:02:17:29 | 30km:02:45:43 | 35km:03:14:32 | 40km:03:43:37									
2027	10537	**ŻUK Wiktoria**	LUBLIN	Lublin Biega	POL	1995	K20	41	03:58:59	03:55:30	212
		5km:00:26:00 | 10km:00:52:00 | 15km: 01:18:09 | 20km:01:44:34 | 21km:01:50:24 | 25km:02:11:53 | 30km:02:39:56 | 35km:03:10:28 | 40km:03:42:36									
2028	2426	**KORZEC Bartosz**	CHEŁMNO		POL	1990	M30	647	03:58:09	03:55:31	1816
		5km:00:28:10 | 10km:00:55:34 | 15km: 01:23:39 | 20km:01:51:23 | 21km:01:57:22 | 25km:02:19:05 | 30km:02:47:29 | 35km:03:15:09 | 40km:03:43:44									
2029	3958	**ŚWIERCZEK Anna**	WARSZAWA		POL	1993	K30	86	03:59:14	03:55:31	213
		5km:00:25:52 | 10km:00:51:47 | 15km: 01:17:49 | 20km:01:44:04 | 21km:01:49:46 | 25km:02:10:42 | 30km:02:38:34 | 35km:03:09:49 | 40km:03:42:18									
2030	10383	**KAMIŃSKI Piotr**	TORUŃ		POL	1978	M40	683	03:57:26	03:55:33	1817
		5km:00:24:53 | 10km:00:50:02 | 15km: 01:15:47 | 20km:01:41:34 | 21km:01:47:10 | 25km:02:07:41 | 30km:02:35:13 | 35km:03:06:39 | 40km:03:41:48									
2031	8046	**SZYMCZAK Dominik**	ŁÓDŹ	Team OsmO	POL	1983	M40	683	03:56:46	03:55:33	1817
		5km:00:28:02 | 10km:00:55:40 | 15km: 01:23:57 | 20km:01:52:07 | 21km:01:58:10 | 25km:02:19:59 | 30km:02:47:46 | 35km:03:14:37 | 40km:03:44:07									
2032	10458	**KUDŁA Marcin**	SANOK		POL	1980	M40	685	03:59:50	03:55:34	1819
		5km:00:28:16 | 10km:00:56:26 | 15km: 01:24:06 | 20km:01:52:17 | 21km:01:58:23 | 25km:02:20:29 | 30km:02:48:32 | 35km:03:16:37 | 40km:03:44:13									
2033	7575	**LAPPO Mikita**	WARSZAWA			1990	M30	648	04:00:11	03:55:34	1819
		5km:00:28:03 | 10km:00:55:58 | 15km: 01:23:02 | 20km:01:50:55 | 21km:01:56:57 | 25km:02:18:56 | 30km:02:46:52 | 35km:03:14:15 | 40km:03:43:08									
2034	10651	**SADOWSKI Robert**	DOBRZANKOWO	Jednorożec robi co może	POL	1969	M50	202	04:00:36	03:55:35	1821
		5km:00:27:49 | 10km:00:55:14 | 15km: 01:21:54 | 20km:01:48:43 | 21km:01:54:23 | 25km:02:15:28 | 30km:02:42:09 | 35km:03:09:53 | 40km:03:41:45									
2035	2061	**PIEKARSKI Andrzej**	WARSZAWA		POL	1979	M40	686	04:01:21	03:55:35	1821
		5km:00:27:28 | 10km:00:54:54 | 15km: 01:22:01 | 20km:01:49:16 | 21km:01:55:10 | 25km:02:16:41 | 30km:02:44:20 | 35km:03:11:55 | 40km:03:42:04									
2036	2467	**PALUCH Marcin**	DĄBROWA GÓRNICZA		POL	1980	M40	687	03:58:50	03:55:36	1823
		5km:00:27:24 | 10km:00:54:50 | 15km: 01:21:59 | 20km:01:49:07 | 21km:01:55:07 | 25km:02:16:20 | 30km:02:44:31 | 35km:03:14:49 | 40km:03:43:47									
2037	7613	**KOZINA Katarzyna**	ZAWOJA		POL	1999	K20	42	03:58:50	03:55:36	214
		5km:00:26:53 | 10km:00:54:25 | 15km: 01:21:06 | 20km:01:47:53 | 21km:01:53:42 | 25km:02:15:04 | 30km:02:42:54 | 35km:03:10:03 | 40km:03:40:23									
2038	10169	**BIENIAS Jacek**	PODDĘBICE	Poddębicki Klub Biegacza Zdyszani.pl	POL	1971	M50	203	03:59:17	03:55:37	1824
		5km:00:28:50 | 10km:00:56:19 | 15km: 01:24:12 | 20km:01:52:20 | 21km:01:58:22 | 25km:02:20:12 | 30km:02:48:01 | 35km:03:15:29 | 40km:03:44:05									
2039	10301	**KICIŃSKI Grzegorz**	ŻMIGRÓD		POL	1977	M40	688	03:59:32	03:55:37	1824
		5km:00:24:35 | 10km:00:49:20 | 15km: 01:13:56 | 20km:01:38:36 | 21km:01:44:12 | 25km:02:04:33 | 30km:02:33:14 | 35km:03:03:42 | 40km:03:42:19									
2040	3640	**TILZEN Mikołaj**	ŻYRARDÓW		POL	2005	M20	256	03:56:43	03:55:37	1824
		5km:00:23:45 | 10km:00:47:20 | 15km: 01:10:55 | 20km:01:34:44 | 21km:01:39:55 | 25km:02:00:11 | 30km:02:30:06 | 35km:03:03:35 | 40km:03:39:52									
2041	4192	**FORNALSKI Piotr**	BERLIN		POL	1988	M30	649	03:56:19	03:55:38	1827
		5km:00:28:41 | 10km:00:57:02 | 15km: 01:25:19 | 20km:01:53:29 | 21km:01:59:37 | 25km:02:21:29 | 30km:02:49:36 | 35km:03:17:05 | 40km:03:44:11									
2042	4563	**KUĆMIERCZYK Sylwia**	KRAKÓW		POL	1983	K40	82	03:59:56	03:55:38	215
		5km:00:26:12 | 10km:00:52:07 | 15km: 01:17:57 | 20km:01:44:03 | 21km:01:49:45 | 25km:02:10:27 | 30km:02:38:12 | 35km:03:09:07 | 40km:03:43:28									
2043	10674	**GIRTLER Tomasz**	RYDZYNA		POL	1978	M40	689	03:57:28	03:55:39	1828
		5km:00:27:49 | 10km:00:55:29 | 15km: 01:22:40 | 20km:01:49:31 | 21km:01:55:17 | 25km:02:16:31 | 30km:02:43:14 | 35km:03:10:19 | 40km:03:41:32									
2044	6655	**KORBIK Łukasz**	ŻABIENIEC		POL	1986	M30	650	03:59:16	03:55:39	1828
		5km:00:27:13 | 10km:00:55:16 | 15km: 01:22:51 | 20km:01:50:55 | 21km:01:57:07 | 25km:02:19:12 | 30km:02:47:16 | 35km:03:15:34 | 40km:03:43:40									
2045	4376	**ANDRYSZCZYK Kamil**	WARSZAWA		POL	1990	M30	651	04:01:24	03:55:40	1830
		5km:00:28:40 | 10km:00:55:59 | 15km: 01:23:07 | 20km:01:51:14 | 21km:01:57:17 | 25km:02:18:56 | 30km:02:46:45 | 35km:03:14:47 | 40km:03:43:47									
2046	8226	**WDOWIAK Robert**	ŁÓDŹ		POL	1970	M50	204	03:58:58	03:55:42	1831
		5km:00:27:52 | 10km:00:55:35 | 15km: 01:23:15 | 20km:01:50:38 | 21km:01:56:36 | 25km:02:17:58 | 30km:02:46:09 | 35km:03:14:58 | 40km:03:43:56									
2047	10642	**IWON Marcin**	BARTOSZYCE	Bartoszycka Grupa Biegowa Endorfiny	POL	1981	M40	690	03:58:47	03:55:43	1832
		5km:00:26:50 | 10km:00:53:43 | 15km: 01:21:24 | 20km:01:48:21 | 21km:01:54:10 | 25km:02:15:19 | 30km:02:43:05 | 35km:03:11:00 | 40km:03:42:45									
2048	1916	**SZTOMBER Daniel**	WARSZAWA		POL	1982	M40	690	04:01:43	03:55:43	1832
		5km:00:27:20 | 10km:00:54:46 | 15km: 01:21:39 | 20km:01:48:15 | 21km:01:54:00 | 25km:02:14:58 | 30km:02:41:52 | 35km:03:10:27 | 40km:03:43:21									
2049	3173	**MAQUIN Daniel**	WARSZAWA		FRA	1984	M30	652	03:59:03	03:55:43	1832
		5km:00:27:00 | 10km:00:53:51 | 15km: 01:19:53 | 20km:01:45:03 | 21km:01:50:21 | 25km:02:10:14 | 30km:02:38:00 | 35km:03:07:44 | 40km:03:41:45									
2050	4213	**SVARTAS Tobias**	LIERSKOGEN		NOR	2001	M20	257	03:58:49	03:55:44	1835
		5km:00:28:20 | 10km:00:55:53 | 15km: 01:23:44 | 20km:01:51:26 | 21km:01:57:26 | 25km:02:19:05 | 30km:02:46:58 | 35km:03:14:45 | 40km:03:43:29									
2051	7220	**BOGUS Rafał**	CZĘSTOCHOWA		POL	1969	M50	205	03:59:30	03:55:44	1835
		5km:00:25:13 | 10km:00:51:07 | 15km: 01:16:49 | 20km:01:42:58 | 21km:01:48:27 | 25km:02:09:36 | 30km:02:37:34 | 35km:03:08:49 | 40km:03:43:22									
2052	10783	**RUPNIK Dominik**	POZNAŃ		POL	1997	M20	258	03:57:53	03:55:45	1837
		5km:00:28:20 | 10km:00:55:53 | 15km: 01:23:44 | 20km:01:51:26 | 21km:01:57:26 | 25km:02:19:05 | 30km:02:46:58 | 35km:03:14:45 | 40km:03:43:29									
2053	2602	**ŚCIESZKA Katarzyna**	SUCHA BESKIDZKA	SKL Sucha Beskidzka Masters	POL	1984	K30	87	03:59:28	03:55:45	216
		5km:00:29:07 | 10km:00:57:17 | 15km: 01:25:08 | 20km:01:53:02 | 21km:01:59:10 | 25km:02:20:53 | 30km:02:48:45 | 35km:03:16:25 | 40km:03:44:02									
2054	10295	**BOGDAŃSKA Urszula**	BIAŁYSTOK	Zielony Białystok - Urząd Miejski w Białymstoku	POL	1986	K30	88	04:02:16	03:55:46	217
		5km:00:28:02 | 10km:00:56:01 | 15km: 01:23:55 | 20km:01:51:50 | 21km:01:57:45 | 25km:02:19:24 | 30km:02:47:08 | 35km:03:14:54 | 40km:03:43:27									
2055	4638	**ŻEBROWSKI Mateusz**	BRWINÓW		POL	1989	M30	653	03:59:56	03:55:46	1838
		5km:00:26:50 | 10km:00:53:38 | 15km: 01:20:35 | 20km:01:50:08 | 21km:01:55:47 | 25km:02:17:08 | 30km:02:44:49 | 35km:03:12:51 | 40km:03:43:28									
2056	2982	**GRZYWACZ Marcin**	WARSZAWA		POL	1982	M40	692	04:01:29	03:55:47	1839
		5km:00:27:00 | 10km:00:53:07 | 15km: 01:19:09 | 20km:01:45:12 | 21km:01:50:53 | 25km:02:11:32 | 30km:02:39:23 | 35km:03:08:46 | 40km:03:42:12									
2057	10497	**GODZISZ Konrad**	LUBLIN		POL	1979	M40	693	04:05:38	03:55:48	1840
		5km:00:26:38 | 10km:00:53:06 | 15km: 01:19:39 | 20km:01:45:56 | 21km:01:51:41 | 25km:02:12:58 | 30km:02:39:42 | 35km:03:10:02 | 40km:03:42:08									
2058	2030	**SEKUŁA Przemysław**	WARSZAWA		POL	1996	M20	259	03:58:18	03:55:48	1840
		5km:00:24:40 | 10km:00:49:22 | 15km: 01:13:58 | 20km:01:38:32 | 21km:01:43:50 | 25km:02:03:53 | 30km:02:32:22 | 35km:03:07:04 | 40km:03:41:29									
2059	2456	**VORREN Sander**	R?YSE		NOR	1981	M40	693	03:56:58	03:55:48	1840
		5km:00:31:04 | 10km:01:00:35 | 15km: 01:29:00 | 20km:01:56:31 | 21km:02:02:18 | 25km:02:23:36 | 30km:02:49:55 | 35km:03:15:26 | 40km:03:44:10									
2060	13006	**STARCZEWSKI Krzysztof**	WARSZAWA		POL	1989	M30	654	04:04:55	03:55:49	1843
		5km:00:29:37 | 10km:00:58:15 | 15km: 01:26:11 | 20km:01:53:49 | 21km:01:59:44 | 25km:02:22:03 | 30km:02:49:50 | 35km:03:17:03 | 40km:03:44:34									
2061	10249	**KALINA Przemysław**	LUBLIN		POL	1973	M50	206	04:00:45	03:55:51	1844
		5km:00:26:35 | 10km:00:53:03 | 15km: 01:19:36 | 20km:01:45:52 | 21km:01:51:39 | 25km:02:12:37 | 30km:02:39:14 | 35km:03:06:49 | 40km:03:41:25									
2062	6170	**SPÓLNY Robert**	GRÓJEC		POL	1971	M50	207	03:58:26	03:55:52	1845
		5km:00:28:31 | 10km:00:55:45 | 15km: 01:22:57 | 20km:01:50:16 | 21km:01:56:14 | 25km:02:17:31 | 30km:02:45:49 | 35km:03:14:39 | 40km:03:43:40									
2063	2546	**MICHALCZYK Tomasz**	WARSZAWA	Naprzód Młociny	POL	1979	M40	695	03:59:14	03:55:53	1846
		5km:00:27:20 | 10km:00:55:02 | 15km: 01:21:41 | 20km:01:48:19 | 21km:01:54:08 | 25km:02:15:00 | 30km:02:41:53 | 35km:03:09:13 | 40km:03:42:37									
2064	6659	**WHIPP Charlie**	MAUGHOLD	Manx Fell Runners	GBR	1980	M40	695	03:59:38	03:55:53	1846
		5km:00:28:43 | 10km:00:57:15 | 15km: 01:25:23 | 20km:01:53:54 | 21km:02:00:05 | 25km:02:22:24 | 30km:02:50:45 | 35km:03:18:07 | 40km:03:45:09									
2065	7660	**KALINOWSKI Mikołaj**	KRAKÓW		POL	1990	M30	655	04:00:45	03:55:53	1846
		5km:00:23:41 | 10km:00:46:49 | 15km: 01:10:40 | 20km:01:36:21 | 21km:01:41:31 | 25km:02:02:36 | 30km:02:33:40 | 35km:03:06:59 | 40km:03:42:17									
2066	2888	**MANNING Daniel**	BIDEFORD		GBR	1998	M20	260	03:56:43	03:55:54	1849
		5km:00:28:31 | 10km:00:56:05 | 15km: 01:23:58 | 20km:01:51:43 | 21km:01:57:39 | 25km:02:19:17 | 30km:02:47:10 | 35km:03:14:58 | 40km:03:43:39									
2067	8132	**BARANOWSKI Andrzej**	WARSZAWA	TriWawa	POL	1988	M30	656	03:59:27	03:55:54	1849
		5km:00:27:14 | 10km:00:54:37 | 15km: 01:21:44 | 20km:01:48:53 | 21km:01:54:54 | 25km:02:16:06 | 30km:02:43:34 | 35km:03:12:02 | 40km:03:43:21									
2068	12117	**KUK Urszula**	WARSZAWA		POL	1977	K40	83	03:59:19	03:55:55	218
		5km:00:29:06 | 10km:00:57:19 | 15km: 01:25:08 | 20km:01:53:01 | 21km:01:59:09 | 25km:02:20:52 | 30km:02:48:45 | 35km:03:16:23 | 40km:03:44:09									
2069	6423	**STECZEK Magdalena**	SUCHA BESKIDZKA	SKL Sucha Beskidzka	POL	1990	K30	89	03:59:38	03:55:55	218
		5km:00:28:41 | 10km:00:56:41 | 15km: 01:24:19 | 20km:01:52:22 | 21km:01:58:23 | 25km:02:20:16 | 30km:02:48:01 | 35km:03:15:20 | 40km:03:43:49									
2070	6686	**ZAJAC Grzegorz**	MILTON KEYNES		POL	1980	M40	697	03:59:55	03:55:56	1851

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowoś: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2071	7601	**ZDZIECHOWICZ Paweł**	KRAKÓW		POL	1977	M40	698	03:59:19	03:55:57	1852
		5km:00:27:20| 10km:00:54:48| 15km: 01:21:53 | 20km:01:49:02 | 21km:01:55:00 | 25km:02:16:04 | 30km:02:43:24 | 35km:03:11:12 | 40km:03:41:54									
2072	2565	**ŁUKASZEWICZ Józef**	RUMIA	niezrzeszony	POL	1958	M60	30	03:57:17	03:55:58	1853
		5km:00:25:04| 10km:00:50:53| 15km: 01:17:13 | 20km:01:44:37 | 21km:01:50:27 | 25km:02:12:55 | 30km:02:41:28 | 35km:03:10:49 | 40km:03:42:43									
2073	10162	**MEŁGIEŚ Marek**	PIASKI		POL	1979	M40	699	04:00:50	03:56:00	1854
		5km:00:27:58| 10km:00:55:22| 15km: 01:22:43 | 20km:01:50:15 | 21km:01:56:08 | 25km:02:17:27 | 30km:02:45:24 | 35km:03:13:43 | 40km:03:43:23									
2074	4051	**GUT Marcin**	ŁAŃCUT	BorgWarner Runing Team	POL	1982	M40	700	03:56:52	03:56:01	1855
		5km:00:25:19| 10km:00:52:32| 15km: 01:19:02 | 20km:01:45:59 | 21km:01:51:46 | 25km:02:12:52 | 30km:02:40:42 | 35km:03:09:01 | 40km:03:41:53									
2075	3210	**WOJTCZAK Krzysztof**	SŁUPNO	12tri.pl	POL	1982	M40	701	03:59:03	03:56:04	1856
		5km:00:27:37| 10km:00:55:03| 15km: 01:22:19 | 20km:01:49:30 | 21km:01:55:30 | 25km:02:17:00 | 30km:02:44:36 | 35km:03:12:37 | 40km:03:42:29									
2076	7704	**CHĘTNIK Artur**	BIAŁYSTOK	Nadaktywni Białystok	POL	1981	M40	701	03:59:26	03:56:04	1856
		5km:00:28:34| 10km:00:55:47| 15km: 01:23:04 | 20km:01:50:32 | 21km:01:56:23 | 25km:02:17:46 | 30km:02:45:51 | 35km:03:14:39 | 40km:03:43:39									
2077	2355	**MORAWSKI Mariusz**	NOWY DWÓR MAZOWIECKI		POL	1999	M20	261	03:58:38	03:56:06	1858
		5km:00:26:33| 10km:00:53:18| 15km: 01:19:41 | 20km:01:46:11 | 21km:01:51:55 | 25km:02:13:31 | 30km:02:42:38 | 35km:03:11:30 | 40km:03:43:13									
2078	5083	**STOLARSKI Jakub**	WARSZAWA		POL	1982	M40	703	03:57:16	03:56:06	1858
		5km:00:24:45| 10km:00:49:34| 15km: 01:14:03 | 20km:01:40:39 | 21km:01:46:20 | 25km:02:07:11 | 30km:02:35:02 | 35km:03:05:36 | 40km:03:42:00									
2079	3103	**DRELISZEK Wojciech**	OGRODZIENIEC		POL	1970	M50	208	04:00:35	03:56:07	1860
		5km:00:28:09| 10km:00:55:45| 15km: 01:23:30 | 20km:01:51:12 | 21km:01:57:10 | 25km:02:18:49 | 30km:02:46:55 | 35km:03:14:31 | 40km:03:43:56									
2080	10802	**JAKUBOWSKI Tomasz**	WROCŁAW	Ślęzak Team	POL	1980	M40	704	03:58:31	03:56:09	1861
		5km:00:27:38| 10km:00:55:03| 15km: 01:22:47 | 20km:01:50:16 | 21km:01:56:21 | 25km:02:18:01 | 30km:02:46:20 | 35km:03:14:47 | 40km:03:43:52									
2081	10659	**TURCZYN Arkadiusz**	LUBLIN	Caldo Team	POL	1979	M40	705	03:59:43	03:56:10	1862
		5km:00:27:11| 10km:00:54:24| 15km: 01:20:49 | 20km:01:46:34 | 21km:01:52:03 | 25km:02:12:00 | 30km:02:38:30 | 35km:03:07:57 | 40km:03:42:41									
2082	2284	**RUDNICKI Maciej**	WARKA	KS Start Pułaski Warka	POL	1970	M50	209	03:57:36	03:56:10	1862
		5km:00:24:52| 10km:00:49:30| 15km: 01:14:13 | 20km:01:38:49 | 21km:01:44:10 | 25km:02:04:16 | 30km:02:32:22 | 35km:03:12:04 | 40km:03:43:19									
2083	3097	**PIKTUZYTE Giedre**	GRAVESEND		LTU	1988	K30	90	04:03:09	03:56:11	220
		5km:00:27:33| 10km:00:54:23| 15km: 01:21:16 | 20km:01:48:47 | 21km:01:54:39 | 25km:02:15:55 | 30km:02:43:34 | 35km:03:11:34 | 40km:03:43:31									
2084	8482	**BEREŚ Patryk**	ROPCZYCE		POL	2002	M20	262	04:04:17	03:56:11	1864
		5km:00:29:27| 10km:00:58:13| 15km: 01:26:27 | 20km:01:55:13 | 21km:02:01:25 | 25km:02:24:14 | 30km:02:52:20 | 35km:03:18:52 | 40km:03:44:29									
2085	12082	**MIKOŚ Wioleta**	TARNÓW	Mikoś Running Team	POL	1993	K30	91	04:01:49	03:56:12	221
		5km:00:26:46| 10km:00:53:15| 15km: 01:19:58 | 20km:01:46:35 | 21km:01:52:23 | 25km:02:13:47 | 30km:02:42:00 | 35km:03:11:46 | 40km:03:43:07									
2086	13020	**ŚCIBISZ Tomasz**	WARSZAWA	BNP Paribas	POL	1971	M50	210	03:59:11	03:56:12	1865
		5km:00:27:42| 10km:00:54:56| 15km: 01:22:04 | 20km:01:49:10 | 21km:01:55:02 | 25km:02:16:11 | 30km:02:43:47 | 35km:03:12:29 | 40km:03:43:09									
2087	3535	**BAROUDI Ghassan**	DOHA		POL	1983	M40	706	04:00:25	03:56:12	1865
		5km:00:28:59| 10km:00:57:19| 15km: 01:24:50 | 20km:01:52:03 | 21km:01:57:57 | 25km:02:19:15 | 30km:02:46:21 | 35km:03:13:24 | 40km:03:43:07									
2088	6163	**WIEJAK Krzysztof**	LUBLIN	Jawny Lublin	POL	1968	M50	211	04:04:33	03:56:13	1867
		5km:00:29:09| 10km:00:57:57| 15km: 01:26:09 | 20km:01:54:14 | 21km:02:00:08 | 25km:02:22:01 | 30km:02:49:35 | 35km:03:16:46 | 40km:03:44:17									
2089	7385	**SĘK Zofia**	WARSZAWA		POL	1976	K40	84	03:59:18	03:56:14	222
		5km:00:27:06| 10km:00:54:12| 15km: 01:21:15 | 20km:01:48:34 | 21km:01:54:28 | 25km:02:15:55 | 30km:02:43:55 | 35km:03:13:08 | 40km:03:43:33									
2090	3733	**LESIAK Paweł**	OPOCZNO	Oknonet Ultra Run Opoczno	POL	1975	M40	707	04:00:24	03:56:15	1868
		5km:00:28:35| 10km:00:56:46| 15km: 01:24:25 | 20km:01:52:24 | 21km:01:58:29 | 25km:02:20:25 | 30km:02:48:13 | 35km:03:15:49 | 40km:03:43:54									
2091	7560	**ŻAK Marek**	SIEDLEC		POL	1990	M30	657	03:57:23	03:56:15	1868
		5km:00:24:59| 10km:00:49:49| 15km: 01:14:40 | 20km:01:40:00 | 21km:01:45:36 | 25km:02:07:00 | 30km:02:35:16 | 35km:03:08:12 | 40km:03:43:11									
2092	6945	**GOŚCIŃSKI Andrzej**	STRZENIÓWKA	Kuźnia Triathlonu	POL	1975	M40	708	04:01:49	03:56:16	1870
		5km:00:27:24| 10km:00:55:05| 15km: 01:22:31 | 20km:01:50:21 | 21km:01:56:17 | 25km:02:18:03 | 30km:02:46:08 | 35km:03:14:36 | 40km:03:43:49									
2093	6976	**OLSZEWSKI Jacek**	WARSZAWA		POL	1989	M30	658	04:01:23	03:56:16	1870
		5km:00:27:52| 10km:00:56:00| 15km: 01:23:40 | 20km:01:51:34 | 21km:01:57:46 | 25km:02:19:46 | 30km:02:47:56 | 35km:03:16:10 | 40km:03:44:13									
2094	7213	**RACZYŃSKI Patryk**	GUBIN		POL	1995	M20	263	04:00:26	03:56:16	1870
		5km:00:28:38| 10km:00:56:25| 15km: 01:23:53 | 20km:01:51:22 | 21km:01:57:16 | 25km:02:19:06 | 30km:02:46:57 | 35km:03:14:32 | 40km:03:43:47									
2095	4274	**VELAYOS LÓPEZ Miguel**	ÁVILA	Team Pollito	ESP	1997	M20	264	04:01:09	03:56:17	1873
		5km:00:27:57| 10km:00:55:11| 15km: 01:22:40 | 20km:01:49:43 | 21km:01:55:42 | 25km:02:17:14 | 30km:02:45:09 | 35km:03:13:37 | 40km:03:44:52									
2096	4611	**GLIGA Paweł**	WARSZAWA		POL	1976	M40	709	04:06:04	03:56:17	1873
		5km:00:27:48| 10km:00:56:12| 15km: 01:24:11 | 20km:01:52:00 | 21km:01:58:02 | 25km:02:19:50 | 30km:02:47:48 | 35km:03:16:01 | 40km:03:44:07									
2097	3566	**BIENIEWICZ Michał**	RADZANÓW		POL	1987	M30	659	03:59:33	03:56:19	1875
		5km:00:27:26| 10km:00:54:51| 15km: 01:22:01 | 20km:01:49:12 | 21km:01:55:08 | 25km:02:16:23 | 30km:02:43:41 | 35km:03:12:05 | 40km:03:43:15									
2098	7050	**PIETRON Wojciech**	WARSZAWA		POL	1975	M40	710	04:01:01	03:56:19	1875
		5km:00:28:25| 10km:00:56:25| 15km: 01:23:49 | 20km:01:51:36 | 21km:01:57:36 | 25km:02:19:26 | 30km:02:47:16 | 35km:03:14:42 | 40km:03:43:55									
2099	2660	**WOJTCZAK Michał**	WARSZAWA		POL	1985	M30	660	03:59:39	03:56:21	1877
		5km:00:27:22| 10km:00:54:46| 15km: 01:21:55 | 20km:01:49:05 | 21km:01:55:05 | 25km:02:16:19 | 30km:02:43:54 | 35km:03:12:49 | 40km:03:43:43									
2100	3024	**MILLER Marta**	OLSZTYN	Pszczółkowski Team	POL	1980	K40	85	03:58:06	03:56:22	223
		5km:00:25:31| 10km:00:51:17| 15km: 01:17:55 | 20km:01:45:05 | 21km:01:51:08 | 25km:02:13:21 | 30km:02:42:39 | 35km:03:12:51 | 40km:03:43:57									
2101	7405	**KAŁA Bartosz**	ŁÓDŹ	Orange Polska	POL	1974	M40	711	03:57:09	03:56:22	1878
		5km:00:23:30| 10km:00:47:04| 15km: 01:10:36 | 20km:01:34:09 | 21km:01:39:13 | 25km:01:57:40 | 30km:02:21:20 | 35km:03:08:24 | 40km:03:44:48									
2102	7520	**MIKULSKI Maciej**	URLE		POL	1991	M30	661	04:02:05	03:56:22	1878
		5km:00:27:14| 10km:00:53:32| 15km: 01:22:53 | 20km:01:50:58 | 21km:01:57:08 | 25km:02:19:14 | 30km:02:47:18 | 35km:03:15:35 | 40km:03:44:24									
2103	8199	**RĄBALSKI Marcin**	WARSZAWA	KMD Running Club	POL	1985	M30	661	03:59:21	03:56:22	1878
		5km:00:26:44| 10km:00:53:48| 15km: 01:20:40 | 20km:01:47:23 | 21km:01:53:15 | 25km:02:14:23 | 30km:02:41:59 | 35km:03:11:13 | 40km:03:43:59									
2104	8302	**TYKHONENKO Roman**	WARSZAWA		UKR	1994	M20	265	04:04:45	03:56:23	1881
		5km:00:30:34| 10km:00:59:42| 15km: 01:27:41 | 20km:01:54:23 | 21km:01:59:55 | 25km:02:21:22 | 30km:02:47:34 | 35km:03:13:43 | 40km:03:44:04									
2105	4048	**DUBICKI Bartłomiej**	PALMIRY		POL	1988	M30	663	04:01:31	03:56:24	1882
		5km:00:28:33| 10km:00:57:01| 15km: 01:25:00 | 20km:01:52:57 | 21km:01:59:07 | 25km:02:21:02 | 30km:02:48:59 | 35km:03:17:02 | 40km:03:44:53									
2106	3283	**DĘBSKI Andrzej**	WARSZAWA		POL	1973	M50	212	03:59:04	03:56:25	1883
		5km:00:26:29| 10km:00:52:58| 15km: 01:19:23 | 20km:01:45:36 | 21km:01:51:23 | 25km:02:12:19 | 30km:02:39:45 | 35km:03:09:15 | 40km:03:42:54									
2107	6523	**KARYS Grzegorz**	WARSZAWA		POL	1986	M30	664	03:59:29	03:56:25	1883
		5km:00:27:04| 10km:00:54:27| 15km: 01:21:31 | 20km:01:48:39 | 21km:01:54:25 | 25km:02:16:23 | 30km:02:43:43 | 35km:03:11:07 | 40km:03:42:16									
2108	10329	**SYPEREK Sebastian**	FILIPÓW		POL	2001	M20	266	04:02:39	03:56:26	1885
		5km:00:28:06| 10km:00:54:58| 15km: 01:21:59 | 20km:01:48:54 | 21km:01:54:43 | 25km:02:16:31 | 30km:02:45:06 | 35km:03:14:14 | 40km:03:43:36									
2109	10646	**CHMIEL Marcin**	BIAŁA PODLASKA		POL	1987	M30	665	04:02:04	03:56:26	1885
		5km:00:26:05| 10km:00:52:01| 15km: 01:18:10 | 20km:01:44:01 | 21km:01:49:39 | 25km:02:10:34 | 30km:02:38:42 | 35km:03:09:04 | 40km:03:42:44									
2110	5082	**URIBE ABARCA Juan Manuel**	KRAKÓW	Trail is our way / Columbia Sportsware	MEX	1988	M30	665	03:58:53	03:56:26	1885
		5km:00:26:37| 10km:00:53:09| 15km: 01:19:35 | 20km:01:45:50 | 21km:01:51:36 | 25km:02:12:39 | 30km:02:39:43 | 35km:03:07:50 | 40km:03:43:26									
2111	7970	**DARMOCHWAŁ Piotr**	LUBLIN		POL	1991	M30	665	04:00:47	03:56:26	1885
		5km:00:28:39| 10km:00:56:43| 15km: 01:24:24 | 20km:01:52:32 | 21km:01:58:33 | 25km:02:20:02 | 30km:02:47:58 | 35km:03:15:14 | 40km:03:43:56									
2112	8156	**Dzhugan Kseniia**	KYIV		UKR	1988	K30	92	04:00:12	03:56:27	224
		5km:00:25:43| 10km:00:52:15| 15km: 01:18:28 | 20km:01:44:57 | 21km:01:50:38 | 25km:02:11:53 | 30km:02:40:37 | 35km:03:10:33 | 40km:03:42:57									
2113	8378	**KALINOWSKI Adam**	PRUSZKÓW	Pruszkowski Team	POL	1980	M40	712	04:01:28	03:56:27	1889
		5km:00:27:49| 10km:00:55:26| 15km: 01:22:40 | 20km:01:50:03 | 21km:01:55:56 | 25km:02:17:12 | 30km:02:44:45 | 35km:03:13:17 | 40km:03:44:08									
2114	10373	**SZYMALA Paweł**	ŁÓDŹ		POL	1979	M40	713	04:00:19	03:56:28	1890
		5km:00:27:30| 10km:00:55:17| 15km: 01:22:44 | 20km:01:50:04 | 21km:01:56:00 | 25km:02:17:30 | 30km:02:46:36 | 35km:03:14:11 | 40km:03:44:01									
2115	2780	**MAJ Robert**	ŁÓDŹ		POL	1993	M30	668	04:05:14	03:56:29	1891
		5km:00:26:27| 10km:00:52:50| 15km: 01:18:56 | 20km:01:44:40 | 21km:01:50:13 | 25km:02:11:24 | 30km:02:39:07 | 35km:03:07:56 | 40km:03:42:05									
2116	3393	**SZYSZKA Adam**	LUBARTÓW	Lubartowski BEERgacz Team	POL	1973	M50	213	03:59:17	03:56:30	1892
		5km:00:26:30| 10km:00:53:05| 15km: 01:19:35 | 20km:01:46:17 | 21km:01:52:09 | 25km:02:13:22 | 30km:02:41:53 | 35km:03:10:51 | 40km:03:43:35									

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:50 | 10km:00:53:51 | 15km: 01:20:41 | 20km:01:47:42 | 21km:01:53:40 | 25km:02:15:11 | 30km:02:44:21 | 35km:03:14:07 | 40km:03:44:29									
2117	3414	**PIETRZYK Przemysław**	SKAWINA	SMR POLSKA	POL	1979	M40	714	04:00:54	03:56:30	1892
		5km:00:29:01 | 10km:00:58:22 | 15km: 01:26:13 | 20km:01:53:51 | 21km:01:59:48 | 25km:02:20:21 | 30km:02:47:27 | 35km:03:15:02 | 40km:03:44:08									
2118	3331	**TRĘBARCZYK Karol**	MARKI		POL	1988	M30	669	04:00:45	03:56:31	1894
		5km:00:27:22 | 10km:00:55:26 | 15km: 01:23:33 | 20km:01:51:56 | 21km:01:57:40 | 25km:02:19:47 | 30km:02:47:15 | 35km:03:15:05 | 40km:03:44:08									
2119	6078	**SOKALSKI Paweł**	ŁÓDŹ		POL	1971	M50	214	04:00:11	03:56:33	1895
		5km:00:26:47 | 10km:00:53:34 | 15km: 01:20:33 | 20km:01:47:56 | 21km:01:53:55 | 25km:02:15:35 | 30km:02:43:50 | 35km:03:12:40 | 40km:03:43:46									
2120	7056	**GWADERA Arkadiusz**	BELSK DUŻY		POL	1979	M40	715	03:56:33	03:56:33	1895
		5km:00:28:20 | 10km:00:56:28 | 15km: 01:24:09 | 20km:01:52:20 | 21km:01:58:26 | 25km:02:20:38 | 30km:02:48:39 | 35km:03:17:06 | 40km:03:45:05									
2121	2171	**SKRZAT Rafał**	TARNÓW		POL	1997	M20	267	04:01:09	03:56:34	1897
		5km:00:27:51 | 10km:00:55:59 | 15km: 01:23:35 | 20km:01:51:24 | 21km:01:57:26 | 25km:02:19:13 | 30km:02:47:21 | 35km:03:15:19 | 40km:03:44:15									
2122	6320	**LEWANDOWSKA Emilia**	ŁÓDŹ	#ZALINIAMETYTEAM	POL	1994	K20	43	04:01:40	03:56:35	225
		5km:00:28:29 | 10km:00:55:36 | 15km: 01:21:49 | 20km:01:48:04 | 21km:01:53:46 | 25km:02:15:14 | 30km:02:43:22 | 35km:03:12:23 | 40km:03:42:34									
2123	3882	**RUSIŃSKI Karol**	ŁOMŻA	RUN TEAM PIĄTNICA	POL	1977	M40	716	04:03:36	03:56:36	1898
		5km:00:26:53 | 10km:00:53:27 | 15km: 01:19:47 | 20km:01:46:23 | 21km:01:52:08 | 25km:02:13:08 | 30km:02:40:33 | 35km:03:09:45 | 40km:03:42:39									
2124	8155	**STRULAK Cezary**	WARSZAWA		POL	1986	M30	670	03:58:47	03:56:37	1899
		5km:00:25:33 | 10km:00:52:10 | 15km: 01:18:44 | 20km:01:45:50 | 21km:01:51:42 | 25km:02:13:47 | 30km:02:42:52 | 35km:03:12:00 | 40km:03:43:24									
2125	6328	**KONARZEWSKI Jacek**	RUMIA	Rumia biega	POL	1971	M50	215	04:01:42	03:56:38	1900
		5km:00:30:04 | 10km:00:59:32 | 15km: 01:27:08 | 20km:01:54:51 | 21km:02:00:41 | 25km:02:21:47 | 30km:02:49:03 | 35km:03:16:32 | 40km:03:45:11									
2126	5294	**BORUTA Antoni**	KONSTANCIN-JEZIORNA		POL	2002	M20	268	04:03:45	03:56:39	1901
		5km:00:27:20 | 10km:00:54:45 | 15km: 01:21:54 | 20km:01:49:04 | 21km:01:55:01 | 25km:02:16:51 | 30km:02:43:36 | 35km:03:10:58 | 40km:03:42:38									
2127	12111	**STENCEL Grzegorz**	WARSZAWA		POL	1983	M40	717	03:59:56	03:56:40	1902
		5km:00:26:50 | 10km:00:53:58 | 15km: 01:22:24 | 20km:01:50:18 | 21km:01:56:19 | 25km:02:17:57 | 30km:02:45:54 | 35km:03:14:55 | 40km:03:43:52									
2128	6181	**GRABOWSKA Bartłomiej**	WARSZAWA		POL	1977	M40	717	03:59:46	03:56:40	1902
		5km:00:28:07 | 10km:00:55:48 | 15km: 01:24:08 | 20km:01:51:41 | 21km:01:57:36 | 25km:02:19:07 | 30km:02:47:09 | 35km:03:15:47 | 40km:03:45:00									
2129	7740	**GÓRSKI Mateusz**	JÓZEFOSŁAW		POL	1991	M30	671	04:01:21	03:56:41	1904
		5km:00:27:34 | 10km:00:54:55 | 15km: 01:22:36 | 20km:01:50:59 | 21km:01:56:54 | 25km:02:21:49 | 30km:02:49:14 | 35km:03:17:02 | 40km:03:44:46									
2130	7655	**KULESZA Mariusz**	ŁÓDŹ	Łódź Kocha Sport	POL	1977	M40	719	03:58:37	03:56:42	1905
		5km:00:28:50 | 10km:00:56:35 | 15km: 01:23:42 | 20km:01:51:12 | 21km:01:57:01 | 25km:02:18:50 | 30km:02:46:38 | 35km:03:14:19 | 40km:03:44:23									
2131	6598	**ZIELIŃSKI Tomasz**	WARSZAWA		POL	1984	M30	672	04:03:17	03:56:44	1906
		5km:00:28:07 | 10km:00:55:48 | 15km: 01:24:08 | 20km:01:51:39 | 21km:01:57:37 | 25km:02:19:07 | 30km:02:47:08 | 35km:03:14:32 | 40km:03:44:43									
2132	8179	**GÓRSKI Adam**	PIASECZNO		POL	1984	M30	672	04:01:24	03:56:44	1906
		5km:00:28:45 | 10km:00:56:34 | 15km: 01:24:32 | 20km:01:52:41 | 21km:01:58:37 | 25km:02:20:27 | 30km:02:48:26 | 35km:03:16:18 | 40km:03:44:44									
2133	10767	**SYNOWCZYK Maciej**	WARSZAWA		POL	1986	M30	674	04:00:31	03:56:45	1908
		5km:00:26:37 | 10km:00:53:28 | 15km: 01:20:13 | 20km:01:46:53 | 21km:01:52:37 | 25km:02:13:53 | 30km:02:43:23 | 35km:03:13:05 | 40km:03:44:16									
2134	3564	**ROGOZIK Szymon**	OLKUSZ	JURA TEAM	POL	1984	M30	674	03:58:39	03:56:45	1908
		5km:00:27:31 | 10km:00:54:11 | 15km: 01:20:22 | 20km:01:46:43 | 21km:01:52:23 | 25km:02:13:28 | 30km:02:40:51 | 35km:03:10:00 | 40km:03:43:34									
2135	6038	**GÓRECZNY Michał**	WARSZAWA	Remmert Runners Team	POL	1981	M40	720	03:58:45	03:56:45	1908
		5km:00:28:20 | 10km:00:56:49 | 15km: 01:24:55 | 20km:01:53:23 | 21km:01:59:37 | 25km:02:21:53 | 30km:02:50:16 | 35km:03:18:04 | 40km:03:45:11									
2136	8123	**MĘKARSKI Sławomir**	TOMASZÓW MAZOWIECKI	Wandy Panfil team	POL	1964	M50	216	04:02:06	03:56:45	1908
		5km:00:28:14 | 10km:00:55:36 | 15km: 01:23:37 | 20km:01:51:19 | 21km:01:57:16 | 25km:02:19:36 | 30km:02:46:48 | 35km:03:14:38 | 40km:03:44:16									
2137	15535	**RADULSKI Mateusz**	BIALYSTOK		POL	1998	M20	269	04:00:46	03:56:47	1912
		5km:00:25:53 | 10km:00:51:49 | 15km: | 20km: | 21km: | 25km: | 30km: | 35km: | 40km:									
2138	6521	**GRUSZKA Marcin**	WARSZAWA		POL	1987	M30	676	03:58:41	03:56:47	1912
		5km:00:28:36 | 10km:00:56:48 | 15km: 01:24:24 | 20km:01:52:37 | 21km:01:58:42 | 25km:02:20:24 | 30km:02:48:39 | 35km:03:16:52 | 40km:03:45:10									
2139	7182	**KLIMCZAK Zbyszek**	CZĘSTOCHOWA		POL	1974	M40	721	04:00:43	03:56:47	1912
		5km:00:27:19 | 10km:00:54:19 | 15km: 01:21:12 | 20km:01:47:43 | 21km:01:53:21 | 25km:02:14:16 | 30km:02:41:37 | 35km:03:10:00 | 40km:03:43:23									
2140	10056	**PIEKARCZYK Konrad**	PŁOŃSK		POL	1980	M40	722	03:57:38	03:56:48	1915
		5km:00:28:42 | 10km:00:56:53 | 15km: 01:24:52 | 20km:01:52:39 | 21km:01:58:44 | 25km:02:20:18 | 30km:02:47:49 | 35km:03:14:59 | 40km:03:44:50									
2141	6890	**PRANAGAL Bartosz**	FRANCISZKÓW		POL	1999	M20	270	04:00:57	03:56:48	1915
		5km:00:25:44 | 10km:00:51:56 | 15km: 01:18:32 | 20km:01:45:18 | 21km:01:51:11 | 25km:02:12:33 | 30km:02:40:31 | 35km:03:09:07 | 40km:03:42:16									
2142	8183	**GMURCZYK Michał**	KOMORÓW		POL	1998	M20	271	04:00:59	03:56:49	1917
		5km:00:27:29 | 10km:00:54:51 | 15km: 01:23:03 | 20km:01:51:12 | 21km:01:57:14 | 25km:02:18:53 | 30km:02:47:48 | 35km:03:16:15 | 40km:03:44:34									
2143	6735	**BORUCH Zbigniew**	ŚWIDNIK	Biegający Świdnik	POL	1968	M50	217	04:00:56	03:56:50	1918
		5km:00:28:25 | 10km:00:56:07 | 15km: 01:23:51 | 20km:01:51:35 | 21km:01:57:28 | 25km:02:19:11 | 30km:02:47:04 | 35km:03:14:50 | 40km:03:44:01									
2144	2262	**STRUCKI Jacek**	WROCŁAW		POL	1958	M60	31	04:00:35	03:56:51	1919
		5km:00:24:55 | 10km:00:51:30 | 15km: 01:18:55 | 20km:01:47:05 | 21km:01:53:00 | 25km:02:14:59 | 30km:02:44:03 | 35km:03:13:14 | 40km:03:43:57									
2145	5291	**BIERNAT Ruda Aga**	WARSZAWA	Kosmiczne Muminki	POL	1992	K30	93	03:57:57	03:56:51	226
		5km:00:28:28 | 10km:00:57:14 | 15km: 01:26:15 | 20km:01:55:48 | 21km:02:02:19 | 25km:02:25:05 | 30km:02:53:40 | 35km:03:19:52 | 40km:03:46:14									
2146	4612	**PSZONA Krzysztof**	WARSZAWA		POL	1972	M50	218	03:58:05	03:56:52	1920
		5km:00:26:31 | 10km:00:53:02 | 15km: 01:19:22 | 20km:01:45:38 | 21km:01:51:26 | 25km:02:12:12 | 30km:02:38:55 | 35km:03:08:39 | 40km:03:41:55									
2147	4052	**GAZIT Avi**	TEL AVIV		ISR	1978	M40	723	03:59:24	03:56:53	1921
		5km:00:28:50 | 10km:00:56:40 | 15km: 01:24:23 | 20km:01:52:27 | 21km:01:58:29 | 25km:02:20:15 | 30km:02:48:06 | 35km:03:15:33 | 40km:03:44:19									
2148	6900	**ORŁOWSKI Przemysław**	LUBLIN	HEŃTEAM	POL	1977	M40	723	04:00:44	03:56:53	1921
		5km:00:28:30 | 10km:00:55:57 | 15km: 01:23:31 | 20km:01:51:13 | 21km:01:57:17 | 25km:02:19:21 | 30km:02:47:33 | 35km:03:15:51 | 40km:03:44:29									
2149	10391	**BIJAK Łukasz**	DĄBROWA GÓRNICZA		POL	1984	M30	677	04:00:25	03:56:54	1923
		5km:00:29:04 | 10km:00:57:20 | 15km: 01:25:51 | 20km:01:53:47 | 21km:01:59:48 | 25km:02:21:39 | 30km:02:49:20 | 35km:03:17:25 | 40km:03:46:02									
2150	5052	**WĄSIK Błażej**	RADOM		POL	1993	M30	678	04:00:37	03:56:55	1924
		5km:00:24:32 | 10km:00:49:13 | 15km: 01:14:28 | 20km:01:39:54 | 21km:01:45:25 | 25km:02:06:26 | 30km:02:34:40 | 35km:03:03:50 | 40km:03:40:22									
2151	6971	**FURMANIAK Piotr**	MALBORK	Grupa Malbork	POL	1976	M40	725	03:59:47	03:56:55	1924
		5km:00:28:29 | 10km:00:56:39 | 15km: 01:24:34 | 20km:01:52:04 | 21km:01:58:01 | 25km:02:19:55 | 30km:02:48:01 | 35km:03:15:47 | 40km:03:43:55									
2152	12085	**KOSZYKOWSKI Arkadiusz**	WARSZAWA		POL	1964	M50	219	04:02:01	03:56:56	1926
		5km:00:28:20 | 10km:00:56:38 | 15km: 01:24:44 | 20km:01:52:41 | 21km:01:58:41 | 25km:02:20:50 | 30km:02:49:11 | 35km:03:16:54 | 40km:03:45:41									
2153	6734	**LEWANDOWSKI Jarosław**	WARSZAWA		POL	1984	M30	679	04:03:18	03:56:56	1926
		5km:00:25:21 | 10km:00:51:29 | 15km: 01:17:49 | 20km:01:44:28 | 21km:01:50:13 | 25km:02:11:16 | 30km:02:40:35 | 35km:03:12:07 | 40km:03:44:10									
2154	6594	**BAJURA Kamil**	WARSZAWA		POL	1992	M30	680	03:58:24	03:56:57	1928
		5km:00:27:53 | 10km:00:55:18 | 15km: 01:23:39 | 20km:01:51:26 | 21km:01:57:27 | 25km:02:19:23 | 30km:02:48:00 | 35km:03:16:02 | 40km:03:45:24									
2155	6069	**KRAWCZYK Elżbieta**	DĄBROWA GÓRNICZA	W pogoni za duchem	POL	1984	K30	94	04:00:53	03:57:00	227
		5km:00:26:31 | 10km:00:53:00 | 15km: 01:19:28 | 20km:01:45:45 | 21km:01:51:28 | 25km:02:13:04 | 30km:02:42:02 | 35km:03:11:48 | 40km:03:44:34									
2156	6588	**KOSESKI Łukasz**	WARSZAWA		POL	1983	M40	726	03:59:36	03:57:00	1929
		5km:00:29:07 | 10km:00:58:44 | 15km: 01:27:27 | 20km:01:56:17 | 21km:02:02:20 | 25km:02:23:59 | 30km:02:50:26 | 35km:03:16:32 | 40km:03:44:54									
2157	7101	**CZARNECKI Robert**	RADOM		POL	1969	M50	220	04:02:57	03:57:00	1929
		5km:00:24:40 | 10km:00:49:25 | 15km: 01:14:13 | 20km:01:39:09 | 21km:01:44:30 | 25km:02:04:58 | 30km:02:34:04 | 35km:03:09:30 | 40km:03:43:13									
2158	8244	**ZIOŁKOWSKI Dominik**	WARSZAWA		POL	1983	M40	726	03:58:15	03:57:00	1929
		5km:00:25:54 | 10km:00:51:51 | 15km: 01:17:40 | 20km:01:44:04 | 21km:01:49:47 | 25km:02:10:45 | 30km:02:38:06 | 35km:03:08:37 | 40km:03:43:18									
2159	7124	**GOZANSKI Jarosław**	ŁÓDŹ	Łódź Kocha Sport	POL	1968	M50	221	03:58:54	03:57:01	1932
		5km:00:24:55 | 10km:00:49:52 | 15km: 01:14:55 | 20km:01:40:11 | 21km:01:45:52 | 25km:02:06:59 | 30km:02:35:15 | 35km:03:06:41 | 40km:03:42:57									
2160	6186	**MARCHAND Pierre-Jean**	WARSZAWA		FRA	1969	M50	222	03:58:35	03:57:02	1933
		5km:00:28:18 | 10km:00:55:31 | 15km: 01:22:50 | 20km:01:50:09 | 21km:01:56:00 | 25km:02:17:54 | 30km:02:45:34 | 35km:03:14:24 | 40km:03:44:35									
2161	15577	**KRYSTOSIAK Karol**	POMIECHÓWEK	Wodociągi Warszawskie	POL	1978	M40	728	04:00:38	03:57:03	1934
		5km:00:27:22 | 10km:00:54:00 | 15km: 01:20:26 | 20km:01:47:01 | 21km:01:52:46 | 25km:02:14:15 | 30km:02:42:22 | 35km:03:11:29 | 40km:03:43:21									
2162	2012	**JAWORSKI Krzysztof**	BYDGOSZCZ		POL	1973	M50	223	04:00:34	03:57:05	1935

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:06| 10km:00:56:10| 15km: 01:23:45 | 20km:01:51:16 | 21km:01:57:15 | 25km:02:18:38 | 30km:02:45:45 | 35km:03:13:39 | 40km:03:44:41									
2163	4077	**JANIK Marta**	KROTOSZYN	Krotoszyńska Grupa Biegowa	POL	1983	K40	86	04:01:52	03:57:06	228
		5km:00:28:10| 10km:00:55:35| 15km: 01:22:47 | 20km:01:50:07 | 21km:01:56:04 | 25km:02:17:26 | 30km:02:45:36 | 35km:03:14:14 | 40km:03:43:52									
2164	6138	**TULA Renata**	WARSZAWA	Aktywna Warszawa New Balance RC	POL	1952	K70	1	04:00:37	03:57:07	229
		5km:00:26:01| 10km:00:52:14| 15km: 01:17:53 | 20km:01:43:44 | 21km:01:49:24 | 25km:02:10:18 | 30km:02:39:22 | 35km:03:10:25 | 40km:03:44:27									
2165	6318	**SEREMAK Piotr**	OŻARÓW MAZOWIECKI		POL	1991	M30	681	03:59:19	03:57:07	1936
		5km:00:27:33| 10km:00:54:57| 15km: 01:22:05 | 20km:01:49:42 | 21km:01:55:36 | 25km:02:17:02 | 30km:02:45:14 | 35km:03:14:11 | 40km:03:44:29									
2166	2891	**BIELICKI Piotr**	BRODNICA	CBR Biega	POL	1988	M30	682	04:01:17	03:57:08	1937
		5km:00:28:41| 10km:00:56:49| 15km: 01:24:25 | 20km:01:52:29 | 21km:01:58:41 | 25km:02:20:42 | 30km:02:48:49 | 35km:03:17:01 | 40km:03:45:10									
2167	4354	**SIONKIEWICZ Tomasz**	WROCŁAW	PRO-RUN Wrocław	POL	1977	M40	729	04:00:24	03:57:08	1937
		5km:00:26:00| 10km:00:52:16| 15km: 01:18:45 | 20km:01:45:37 | 21km:01:51:27 | 25km:02:12:54 | 30km:02:41:00 | 35km:03:10:56 | 40km:03:43:14									
2168	8381	**FRENTZEL Bartosz**	WARSZAWA		POL	1998	M20	272	04:06:06	03:57:08	1937
		5km:00:26:33| 10km:00:53:02| 15km: 01:19:35 | 20km:01:45:53 | 21km:01:51:37 | 25km:02:12:45 | 30km:02:41:17 | 35km:03:11:23 | 40km:03:44:13									
2169	3370	**GURBAN Przemysław**	WARSZAWA		POL	1979	M40	730	03:59:44	03:57:09	1940
		5km:00:28:08| 10km:00:55:29| 15km: 01:22:51 | 20km:01:50:13 | 21km:01:55:53 | 25km:02:17:22 | 30km:02:45:29 | 35km:03:14:01 | 40km:03:44:42									
2170	8261	**KROK Cezary**	RADOM		POL	1998	M20	273	04:01:36	03:57:11	1941
		5km:00:23:20| 10km:00:46:39| 15km: 01:12:57 | 20km:01:37:41 | 21km:01:42:55 | 25km:02:04:13 | 30km:02:31:59 | 35km:03:07:11 | 40km:03:43:27									
2171	7619	**FERREIRA Mateus**	LISBOA		BRA	1992	M30	683	03:58:25	03:57:12	1942
		5km:00:26:58| 10km:00:53:54| 15km: 01:20:26 | 20km:01:47:24 | 21km:01:53:11 | 25km:02:14:25 | 30km:02:42:12 | 35km:03:11:43 | 40km:03:44:00									
2172	7620	**KĄCIKOWSKI Przemek**	WARSZAWA		POL	1973	M50	224	04:02:02	03:57:12	1942
		5km:00:27:20| 10km:00:55:18| 15km: 01:22:57 | 20km:01:50:34 | 21km:01:56:31 | 25km:02:18:11 | 30km:02:47:01 | 35km:03:16:11 | 40km:03:45:14									
2173	4025	**JUCHNIEWICZ Patryk**	WARSZAWA		POL	1987	M30	684	04:01:23	03:57:13	1944
		5km:00:26:30| 10km:00:53:15| 15km: 01:19:30 | 20km:01:46:00 | 21km:01:51:39 | 25km:02:12:42 | 30km:02:40:20 | 35km:03:10:59 | 40km:03:43:52									
2174	7334	**GODLEWSKI Marek**	WARSZAWA		POL	1983	M40	731	03:59:50	03:57:13	1944
		5km:00:25:48| 10km:00:52:02| 15km: 01:18:03 | 20km:01:45:00 | 21km:01:50:59 | 25km:02:13:21 | 30km:02:41:42 | 35km:03:10:50 | 40km:03:43:41									
2175	2227	**MICHALAK Dariusz**	DĘBLIN		POL	1973	M50	225	03:59:08	03:57:14	1946
		5km:00:27:52| 10km:00:56:00| 15km: 01:23:36 | 20km:01:51:38 | 21km:01:57:53 | 25km:02:19:57 | 30km:02:48:05 | 35km:03:16:25 | 40km:03:44:56									
2176	6110	**KOPKA Tomasz**	WARSZAWA		POL	1980	M40	732	04:02:10	03:57:14	1946
		5km:00:25:55| 10km:00:51:49| 15km: 01:17:37 | 20km:01:43:46 | 21km:01:49:30 | 25km:02:09:49 | 30km:02:35:52 | 35km:03:03:26 | 40km:03:40:52									
2177	2437	**SZCZODROWSKI Łukasz**	PRUSZCZ GDAŃSKI	Rungift	POL	1985	M30	685	03:59:14	03:57:15	1948
		5km:00:28:37| 10km:00:56:49| 15km: 01:24:29 | 20km:01:52:37 | 21km:01:58:45 | 25km:02:20:53 | 30km:02:49:03 | 35km:03:17:14 | 40km:03:45:25									
2178	10613	**ŁUSZKIEWICZ Hubert**	SŁUPSK		POL	2002	M20	274	04:01:24	03:57:17	1949
		5km:00:28:46| 10km:00:56:22| 15km: 01:24:21 | 20km:01:52:24 | 21km:01:58:29 | 25km:02:20:12 | 30km:02:48:02 | 35km:03:15:33 | 40km:03:44:21									
2179	12502	**KUKLA Marcin**	WARSZAWA	Rysik Runners	POL	1969	M50	226	04:01:07	03:57:17	1949
		5km:00:28:14| 10km:00:55:35| 15km: 01:23:07 | 20km:01:50:39 | 21km:01:56:38 | 25km:02:18:11 | 30km:02:46:14 | 35km:03:14:51 | 40km:03:44:37									
2180	6591	**ROSIAK Krzysztof**	BYDGOSZCZ		POL	1991	M30	686	04:01:01	03:57:17	1949
		5km:00:28:17| 10km:00:56:29| 15km: 01:24:05 | 20km:01:52:06 | 21km:01:58:17 | 25km:02:20:18 | 30km:02:48:28 | 35km:03:16:18 | 40km:03:44:52									
2181	7913	**KOCIOŁEK Ireneusz**	BRZEG DOLNY	Iroman.pl	POL	1989	M30	686	04:01:49	03:57:17	1949
		5km:00:28:40| 10km:00:56:51| 15km: 01:24:29 | 20km:01:52:37 | 21km:01:58:45 | 25km:02:20:48 | 30km:02:48:57 | 35km:03:17:16 | 40km:03:45:27									
2182	6213	**GORCZYŃSKI Daniel**	LIDZBARK		POL	2001	M20	275	04:01:23	03:57:19	1953
		5km:00:28:03| 10km:00:56:07| 15km: 01:24:57 | 20km:01:53:28 | 21km:01:59:36 | 25km:02:21:32 | 30km:02:49:29 | 35km:03:17:45 | 40km:03:45:47									
2183	6518	**HAYES Samantha**	LIVERPOOL		GBR	1992	K30	95	04:02:41	03:57:19	230
		5km:00:27:25| 10km:00:55:01| 15km: 01:22:41 | 20km:01:49:34 | 21km:01:55:28 | 25km:02:16:31 | 30km:02:44:17 | 35km:03:12:31 | 40km:03:44:04									
2184	4152	**LIS Sebastian**	POZNAŃ	KB DęBIEC	POL	1990	M30	688	04:03:46	03:57:20	1954
		5km:00:29:35| 10km:00:58:34| 15km: 01:26:42 | 20km:01:55:04 | 21km:02:01:04 | 25km:02:23:40 | 30km:02:51:45 | 35km:03:19:19 | 40km:03:46:07									
2185	4170	**WÓJCIK Marcin**	OCICE		POL	1985	M30	688	04:07:20	03:57:20	1954
		5km:00:25:05| 10km:00:49:56| 15km: 01:14:29 | 20km:01:39:11 | 21km:01:44:30 | 25km:02:04:49 | 30km:02:33:50 | 35km:03:05:08 | 40km:03:41:51									
2186	7670	**SOBOLEWSKI Dawid**	RZESZÓW	Janusz&Grazyna	POL	1993	M30	688	03:58:38	03:57:20	1954
		5km:00:28:41| 10km:00:56:45| 15km: 01:24:09 | 20km:01:51:34 | 21km:01:57:27 | 25km:02:19:02 | 30km:02:47:35 | 35km:03:15:06 | 40km:03:45:05									
2187	12031	**KĄKLEWSKI Tomasz**	LEGNICA	KGHM ZG RUN	POL	1980	M40	733	04:01:36	03:57:21	1957
		5km:00:28:37| 10km:00:58:10| 15km: 01:24:26 | 20km:01:52:29 | 21km:01:58:39 | 25km:02:20:41 | 30km:02:48:47 | 35km:03:17:05 | 40km:03:45:15									
2188	7047	**MARYNIOK Marian**	ŻORY	Seguridad	POL	1962	M60	32	04:01:32	03:57:21	1957
		5km:00:26:22| 10km:00:53:19| 15km: 01:20:35 | 20km:01:47:50 | 21km:01:53:48 | 25km:02:15:43 | 30km:02:44:15 | 35km:03:13:11 | 40km:03:44:17									
2189	6089	**SZEWCZYK Monika**	KRAKÓW	BrzyskiTriTeam	POL	1983	K40	87	04:00:06	03:57:23	231
		5km:00:28:10| 10km:00:56:20| 15km: 01:23:40 | 20km:01:50:43 | 21km:01:56:31 | 25km:02:17:57 | 30km:02:46:23 | 35km:03:14:46 | 40km:03:44:33									
2190	8024	**UFNAL Jakub**	GROCHÓW SZLACHECKI		POL	1983	M40	734	04:02:16	03:57:23	1959
		5km:00:26:53| 10km:00:54:25| 15km: 01:21:05 | 20km:01:47:56 | 21km:01:53:43 | 25km:02:15:04 | 30km:02:43:04 | 35km:03:11:43 | 40km:03:44:03									
2191	10168	**WITCZAK Grzegorz**	PODDĘBICE	Poddębicki Klub Biegacza ZDYSZANI.PL	POL	1986	M30	691	04:01:05	03:57:25	1960
		5km:00:28:19| 10km:00:56:23| 15km: 01:24:05 | 20km:01:52:06 | 21km:01:58:09 | 25km:02:20:00 | 30km:02:48:26 | 35km:03:16:33 | 40km:03:45:05									
2192	3655	**JAKUBOWSKI Radosław**	CHORZÓW		POL	1982	M40	735	04:01:47	03:57:25	1960
		5km:00:27:24| 10km:00:54:50| 15km: 01:22:32 | 20km:01:50:38 | 21km:01:56:31 | 25km:02:18:27 | 30km:02:47:03 | 35km:03:15:48 | 40km:03:45:06									
2193	10791	**KŁECZEK Jacek**	RUMIA	Klub Biegaczy "Prawo do Życia"	POL	1964	M50	227	04:02:09	03:57:26	1962
		5km:00:26:55| 10km:00:54:19| 15km: 01:21:21 | 20km:01:48:30 | 21km:01:54:27 | 25km:02:15:44 | 30km:02:43:19 | 35km:03:12:22 | 40km:03:44:16									
2194	3726	**DOMARADZKI Paweł**	WARSZAWA		POL	1991	M30	692	04:01:23	03:57:26	1962
		5km:00:28:21| 10km:00:56:25| 15km: 01:23:52 | 20km:01:51:47 | 21km:01:57:43 | 25km:02:19:22 | 30km:02:47:13 | 35km:03:15:13 | 40km:03:44:56									
2195	2219	**LECHNA Sławomir**	BUK		POL	1969	M50	228	04:02:39	03:57:27	1964
		5km:00:24:55| 10km:00:50:01| 15km: 01:15:10 | 20km:01:41:18 | 21km:01:47:06 | 25km:02:08:55 | 30km:02:38:37 | 35km:03:10:32 | 40km:03:45:36									
2196	4046	**WIŚNIEWSKI Maciej**	WARSZAWA		POL	1998	M20	276	04:00:33	03:57:27	1964
		5km:00:28:14| 10km:00:56:33| 15km: 01:24:03 | 20km:01:52:07 | 21km:01:58:12 | 25km:02:20:17 | 30km:02:48:25 | 35km:03:15:55 | 40km:03:44:56									
2197	6416	**ORCZYKOWSKI Jarosław**	RADOM		POL	1977	M40	736	04:02:07	03:57:29	1966
		5km:00:27:33| 10km:00:56:44| 15km: 01:24:43 | 20km:01:52:22 | 21km:01:58:25 | 25km:02:20:33 | 30km:02:51:07 | 35km:03:18:28 | 40km:03:46:02									
2198	4633	**GASIŃSKI Łukasz**	WARSZAWA		POL	1984	M30	693	04:00:47	03:57:30	1967
		5km:00:28:01| 10km:00:56:11| 15km: 01:23:57 | 20km:01:51:53 | 21km:01:57:57 | 25km:02:19:33 | 30km:02:47:26 | 35km:03:15:07 | 40km:03:44:33									
2199	7109	**SZYMAŃSKI Kamil**	CHORZÓW	CSC ADVENTURE ACADEMY	POL	1989	M30	693	04:02:26	03:57:30	1967
		5km:00:25:45| 10km:00:51:43| 15km: 01:17:22 | 20km:01:43:27 | 21km:01:49:10 | 25km:02:09:58 | 30km:02:38:09 | 35km:03:10:40 | 40km:03:44:03									
2200	7183	**WOJCIECHOWSKA Agnieszka**	IŁAWA		POL	1984	K30	96	04:02:09	03:57:31	232
		5km:00:27:02| 10km:00:54:51| 15km: 01:21:47 | 20km:01:49:29 | 21km:01:55:23 | 25km:02:17:40 | 30km:02:46:15 | 35km:03:16:12 | 40km:03:46:22									
2201	7685	**FUS Konrad**	LUBLIN		POL	1994	M20	277	03:59:06	03:57:31	1969
		5km:00:27:20| 10km:00:54:22| 15km: 01:20:32 | 20km:01:46:58 | 21km:01:52:32 | 25km:02:13:59 | 30km:02:41:09 | 35km:03:10:19 | 40km:03:44:29									
2202	8198	**ŚMIETAŁO Dawid**	WARSZAWA		POL	1989	M30	695	04:00:42	03:57:32	1970
		5km:00:26:18| 10km:00:52:57| 15km: 01:19:11 | 20km:01:45:25 | 21km:01:51:03 | 25km:02:11:49 | 30km:02:40:49 | 35km:03:11:12 | 40km:03:44:32									
2203	10643	**PIETRZKIEWICZ Piotr**	BEZRZECZE	Gabinety Nitka	POL	1981	M40	737	04:00:34	03:57:33	1971
		5km:00:27:40| 10km:00:55:46| 15km: 01:23:07 | 20km:01:50:04 | 21km:01:56:05 | 25km:02:17:42 | 30km:02:47:08 | 35km:03:15:39 | 40km:03:45:43									
2204	10157	**KŁOSEK Kacper**	BIAŁYSTOK		POL	1999	M20	278	04:01:11	03:57:35	1972
		5km:00:27:29| 10km:00:54:56| 15km: 01:22:10 | 20km:01:49:14 | 21km:01:55:08 | 25km:02:16:38 | 30km:02:44:04 | 35km:03:12:53 | 40km:03:44:31									
2205	12084	**FILASEK Grzegorz**	POWAŁKI		POL	1976	M40	738	04:00:48	03:57:35	1972
		5km:00:28:35| 10km:00:57:02| 15km: 01:25:10 | 20km:01:53:10 | 21km:01:59:15 | 25km:02:21:31 | 30km:02:49:57 | 35km:03:18:02 | 40km:03:46:10									
2206	3192	**TŁOCZEK Tomasz**	PABIANICE	32.blt	POL	1991	M30	696	04:02:37	03:57:35	1972
		5km:00:24:54| 10km:00:49:39| 15km: 01:14:22 | 20km:01:38:58 | 21km:01:44:18 | 25km:02:03:37 | 30km:02:33:49 | 35km:03:04:11 | 40km:03:43:30									
2207	3417	**PIELACHA Wojciech**	WARSZAWA		POL	1995	M20	278	03:59:47	03:57:35	1972
		5km:00:28:19| 10km:00:56:23| 15km: 01:24:05 | 20km:01:52:06 | 21km:01:58:09 | 25km:02:20:00 | 30km:02:48:26 | 35km:03:16:33 | 40km:03:45:05									
2208	3262	**SZCZĘSNY Norbert**	WARSZAWA		POL	1993	M30	697	03:59:07	03:57:36	1976
		5km:00:24:54| 10km:00:49:39| 15km: 01:14:22 | 20km:01:38:58 | 21km:01:44:18 | 25km:02:03:37 | 30km:02:33:49 | 35km:03:04:11 | 40km:03:43:30									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:55 | 10km:00:54:55 | 15km:01:22:19 | 20km:01:49:28 | 21km:01:55:26 | 25km:02:16:51 | 30km:02:44:58 | 35km:03:13:34 | 40km:03:44:40									
2209	7314	**DYDERSKA Wioletta**	WARSZAWA	Team ZabieganeDni	POL	1979	K40	88	04:01:34	03:57:36	233
		5km:00:27:06 | 10km:00:54:59 | 15km:01:21:58 | 20km:01:49:20 | 21km:01:55:19 | 25km:02:16:31 | 30km:02:44:06 | 35km:03:11:38 | 40km:03:43:45									
2210	3070	**NOWAK Piotr**	KRAKÓW		POL	1991	M30	698	04:01:49	03:57:38	1977
		5km:00:28:19 | 10km:00:55:33 | 15km:01:22:38 | 20km:01:49:20 | 21km:01:55:06 | 25km:02:16:14 | 30km:02:43:47 | 35km:03:12:15 | 40km:03:44:16									
2211	10315	**GAŁKOWSKI Marcin**	WOŁOMIN		POL	1983	M40	739	04:01:13	03:57:39	1978
		5km:00:28:43 | 10km:00:57:01 | 15km:01:25:09 | 20km:01:53:34 | 21km:01:59:30 | 25km:02:20:59 | 30km:02:48:58 | 35km:03:17:22 | 40km:03:45:28									
2212	2723	**BLINETS Pavel**	WROCŁAW		POL	1999	M20	280	04:01:55	03:57:40	1979
		5km:00:26:23 | 10km:00:52:49 | 15km:01:19:10 | 20km:01:45:34 | 21km:01:51:18 | 25km:02:12:38 | 30km:02:41:23 | 35km:03:12:41 | 40km:03:44:58									
2213	3067	**JĘDRACHOWICZ Krzysztof**	ZDUNY		POL	1978	M40	740	04:00:14	03:57:40	1979
		5km:00:28:38 | 10km:00:56:53 | 15km:01:24:24 | 20km:01:52:20 | 21km:01:58:33 | 25km:02:20:39 | 30km:02:48:50 | 35km:03:17:06 | 40km:03:45:20									
2214	3360	**SKÓRA Konrad**	LEGIONOWO		POL	1993	M30	699	04:01:49	03:57:40	1979
		5km:00:27:07 | 10km:00:54:02 | 15km:01:20:59 | 20km:01:47:53 | 21km:01:53:48 | 25km:02:15:00 | 30km:02:42:17 | 35km:03:12:49 | 40km:03:45:01									
2215	3488	**PIETKIEWICZ Adam**	ŚWIEBODZICE		POL	1995	M20	280	04:00:43	03:57:40	1979
		5km:00:28:17 | 10km:00:56:11 | 15km:01:22:42 | 20km:01:50:04 | 21km:01:55:59 | 25km:02:17:28 | 30km:02:45:33 | 35km:03:14:44 | 40km:03:45:26									
2216	12106	**MRÓZ Adrian**	OSTROŁĘKA		POL	1993	M30	700	04:01:09	03:57:41	1983
		5km:00:26:34 | 10km:00:52:58 | 15km:01:19:20 | 20km:01:45:13 | 21km:01:50:54 | 25km:02:11:28 | 30km:02:38:36 | 35km:03:08:49 | 40km:03:44:09									
2217	2628	**GUPTA Ganesh**	SWARZĘDZ	Terapeutycznie Holistycznie	POL	1978	M40	741	04:00:05	03:57:42	1984
		5km:00:26:47 | 10km:00:53:38 | 15km:01:20:19 | 20km:01:46:59 | 21km:01:52:50 | 25km:02:14:07 | 30km:02:41:47 | 35km:03:11:51 | 40km:03:44:48									
2218	5016	**LACHOWSKI Tomasz**	WARSZAWA		POL	1981	M40	741	04:00:57	03:57:42	1984
		5km:00:28:27 | 10km:00:55:58 | 15km:01:23:52 | 20km:01:51:39 | 21km:01:57:34 | 25km:02:19:13 | 30km:02:47:07 | 35km:03:14:53 | 40km:03:44:41									
2219	13040	**JONAK Ernest**	CHEŁM		POL	1995	M20	282	04:01:21	03:57:43	1986
		5km:00:27:40 | 10km:00:54:46 | 15km:01:21:47 | 20km:01:48:38 | 21km:01:54:34 | 25km:02:15:43 | 30km:02:43:32 | 35km:03:12:33 | 40km:03:44:55									
2220	7624	**LOWE Edward**	LONDON		GBR	1990	M30	701	04:00:02	03:57:43	1986
		5km:00:24:58 | 10km:00:50:00 | 15km:01:15:30 | 20km:01:42:28 | 21km:01:48:17 | 25km:02:10:03 | 30km:02:38:51 | 35km:03:10:28 | 40km:03:44:44									
2221	2395	**TOMASZEWSKI Marek**	WARSZAWA		POL	1977	M40	743	03:59:10	03:57:44	1988
		5km:00:28:39 | 10km:00:56:42 | 15km:01:24:17 | 20km:01:52:19 | 21km:01:58:29 | 25km:02:20:31 | 30km:02:48:40 | 35km:03:16:56 | 40km:03:45:02									
2222	5173	**DIBROV Maksym**	WARSZAWA		UKR	2001	M20	283	04:02:04	03:57:44	1988
		5km:00:28:09 | 10km:00:56:23 | 15km:01:23:58 | 20km:01:51:48 | 21km:01:57:33 | 25km:02:19:02 | 30km:02:46:34 | 35km:03:14:15 | 40km:03:44:58									
2223	7526	**MACIEJEWSKI Bartłomiej**	WARSZAWA	Mazowiecki Oddział Żandarmerii Wojskowej	POL	1987	M30	702	04:03:05	03:57:44	1988
		5km:00:24:51 | 10km:00:50:02 | 15km:01:15:21 | 20km:01:41:12 | 21km:01:46:54 | 25km:02:07:31 | 30km:02:34:50 | 35km:03:03:00 | 40km:03:34:15									
2224	2989	**ORŁOWSKI Krzysztof**	WARSZAWA	Leśne Szychy Warszawa	POL	1975	M40	744	03:58:54	03:57:45	1991
		5km:00:26:38 | 10km:00:53:10 | 15km:01:19:31 | 20km:01:45:59 | 21km:01:51:39 | 25km:02:12:48 | 30km:02:39:30 | 35km:03:07:15 | 40km:03:42:34									
2225	6879	**MRÓZ Bartłomiej**	KRAKÓW		POL	1985	M30	703	04:00:31	03:57:46	1992
		5km:00:28:23 | 10km:00:56:48 | 15km:01:24:02 | 20km:01:50:44 | 21km:01:56:36 | 25km:02:18:20 | 30km:02:45:24 | 35km:03:12:55 | 40km:03:43:54									
2226	3940	**GRABOWIEC Paweł**	GOMEL		POL	1981	M40	745	04:03:23	03:57:48	1993
		5km:00:28:25 | 10km:00:56:53 | 15km:01:24:02 | 20km:01:51:42 | 21km:01:57:39 | 25km:02:20:06 | 30km:02:48:01 | 35km:03:15:45 | 40km:03:45:26									
2227	5042	**STAWIŃSKI Piotr**	WARSZAWA		POL	1981	M40	746	04:02:09	03:57:49	1994
		5km:00:28:46 | 10km:00:57:12 | 15km:01:24:42 | 20km:01:52:57 | 21km:01:58:56 | 25km:02:20:45 | 30km:02:48:55 | 35km:03:17:12 | 40km:03:45:30									
2228	3788	**KACZMAROWSKI Marcin**	WŁOCŁAWEK	Amateur Runners Włocławek	POL	1985	M30	704	04:01:55	03:57:50	1995
		5km:00:28:03 | 10km:00:55:26 | 15km:01:22:48 | 20km:01:50:11 | 21km:01:56:04 | 25km:02:18:05 | 30km:02:45:48 | 35km:03:14:25 | 40km:03:44:52									
2229	6867	**LASKOWSKI Piotr**	WARSZAWA		POL	1971	M50	229	03:59:12	03:57:51	1996
		5km:00:27:50 | 10km:00:56:17 | 15km:01:24:26 | 20km:01:52:17 | 21km:01:58:24 | 25km:02:20:00 | 30km:02:47:56 | 35km:03:16:32 | 40km:03:45:26									
2230	5191	**PARZNIEWSKI Maciej**	NOWY DWÓR MAZOWIECKI	Towarzystwo Turystyczne AKS Polonia Warszawa	POL	1984	M30	705	04:04:06	03:57:52	1997
		5km:00:28:24 | 10km:00:55:42 | 15km:01:22:51 | 20km:01:50:09 | 21km:01:56:06 | 25km:02:17:24 | 30km:02:45:42 | 35km:03:14:33 | 40km:03:45:23									
2231	5209	**BRZEZIŃSKI Tomasz**	WARSZAWA	Promedica24	POL	1974	M40	747	04:01:03	03:57:52	1997
		5km:00:27:19 | 10km:00:54:41 | 15km:01:21:41 | 20km:01:48:54 | 21km:01:54:40 | 25km:02:16:09 | 30km:02:44:37 | 35km:03:14:04 | 40km:03:44:52									
2232	8018	**KITA Leszek**	GOLENIÓW	ProGDar Marathon Team	POL	1972	M50	230	04:01:17	03:57:53	1999
		5km:00:26:30 | 10km:00:53:01 | 15km:01:19:31 | 20km:01:45:48 | 21km:01:51:34 | 25km:02:12:46 | 30km:02:41:08 | 35km:03:11:26 | 40km:03:44:36									
2233	2274	**TIKHOMIROFF Sacha**	PARIS		FRA	1965	M50	231	04:00:24	03:57:54	2000
		5km:00:28:46 | 10km:00:56:56 | 15km:01:24:35 | 20km:01:52:30 | 21km:01:58:39 | 25km:02:21:08 | 30km:02:49:03 | 35km:03:17:28 | 40km:03:45:47									
2234	3305	**MAJEWSKI Marek**	WARSZAWA	Training Lab	POL	1985	M30	706	04:01:26	03:57:54	2000
		5km:00:27:49 | 10km:00:55:51 | 15km:01:22:53 | 20km:01:49:59 | 21km:01:55:56 | 25km:02:17:15 | 30km:02:45:11 | 35km:03:13:55 | 40km:03:44:45									
2235	10148	**WIATROWSKI Szymon**	POŁANIEC		POL	1959	M60	33	04:02:11	03:57:56	2002
		5km:00:28:03 | 10km:00:55:26 | 15km:01:22:48 | 20km:01:50:11 | 21km:01:56:04 | 25km:02:18:05 | 30km:02:45:48 | 35km:03:14:25 | 40km:03:44:52									
2236	3406	**ŁOZIAK Adam**	WARSZAWA		POL	1976	M40	748	04:02:39	03:57:56	2002
		5km:00:28:22 | 10km:00:55:48 | 15km:01:22:58 | 20km:01:50:13 | 21km:01:56:14 | 25km:02:17:29 | 30km:02:45:44 | 35km:03:14:25 | 40km:03:44:21									
2237	6177	**WIECZOREK Łukasz**	SOSNOWIEC		POL	1978	M40	748	04:02:41	03:57:56	2002
		5km:00:27:49 | 10km:00:56:26 | 15km:01:24:45 | 20km:01:52:54 | 21km:01:58:56 | 25km:02:20:56 | 30km:02:49:22 | 35km:03:17:26 | 40km:03:45:56									
2238	3083	**KLIMZA Bartosz**	CZĘSTOCHOWA		POL	1995	M20	284	04:01:22	03:57:57	2005
		5km:00:28:22 | 10km:00:55:48 | 15km:01:22:58 | 20km:01:50:13 | 21km:01:56:14 | 25km:02:17:29 | 30km:02:45:44 | 35km:03:14:25 | 40km:03:44:21									
2239	7403	**PLUTA Patryk**	PRZEDBÓRZ		POL	1996	M20	284	04:01:21	03:57:57	2005
		5km:00:25:19 | 10km:00:51:16 | 15km:01:18:01 | 20km:01:44:25 | 21km:01:50:12 | 25km:02:11:36 | 30km:02:40:30 | 35km:03:10:31 | 40km:03:43:32									
2240	2120	**BASILIYA Yaroslav**	WARSZAWA		UKR	1981	M40	750	03:59:23	03:57:58	2007
		5km:00:26:37 | 10km:00:53:38 | 15km:01:20:49 | 20km:01:48:01 | 21km:01:53:54 | 25km:02:16:08 | 30km:02:44:49 | 35km:03:14:07 | 40km:03:45:32									
2241	2671	**HERSZFELD Karol**	WARSZAWA		POL	1987	M30	707	04:03:16	03:57:58	2007
		5km:00:24:29 | 10km:00:49:09 | 15km:01:13:44 | 20km:01:38:17 | 21km:01:43:50 | 25km:02:05:02 | 30km:02:35:25 | 35km:03:07:15 | 40km:03:43:16									
2242	7983	**STĘPNIEWSKI Marcin**	SIEMIANICE	Ultras Gryf Słupsk	POL	1971	M50	232	03:59:21	03:57:58	2007
		5km:00:27:52 | 10km:00:55:34 | 15km:01:23:08 | 20km:01:50:50 | 21km:01:56:46 | 25km:02:18:03 | 30km:02:45:52 | 35km:03:12:55 | 40km:03:44:58									
2243	7676	**HABIB Johnny**	KALISZ		POL	1990	M30	708	04:02:22	03:57:59	2010
		5km:00:27:58 | 10km:00:55:44 | 15km:01:23:16 | 20km:01:50:31 | 21km:01:56:29 | 25km:02:17:53 | 30km:02:45:53 | 35km:03:14:06 | 40km:03:44:47									
2244	4253	**WIATROWSKI Andrzej**	SZCZEBRZESZYN		POL	1978	M40	751	04:01:19	03:58:00	2011
		5km:00:26:08 | 10km:00:52:07 | 15km:01:18:16 | 20km:01:43:17 | 21km:01:48:41 | 25km:02:08:55 | 30km:02:38:10 | 35km:03:09:14 | 40km:03:44:12									
2245	7585	**CZERWIŃSKI Piotr**	WARSZAWA		POL	1963	M60	34	04:01:06	03:58:01	2012
		5km:00:26:55 | 10km:00:53:51 | 15km:01:20:40 | 20km:01:47:31 | 21km:01:53:08 | 25km:02:13:45 | 30km:02:41:35 | 35km:03:11:34 | 40km:03:44:06									
2246	8171	**KROLSKI Łukasz**	WARSZAWA	TeamHolo	POL	1981	M40	752	04:01:00	03:58:01	2012
		5km:00:28:17 | 10km:00:56:26 | 15km:01:24:07 | 20km:01:52:12 | 21km:01:58:23 | 25km:02:20:29 | 30km:02:48:36 | 35km:03:17:01 | 40km:03:45:51									
2247	3991	**TOMCZYK Angelika**	ZABRZE	Reshape Runners	POL	1984	K30	97	04:02:40	03:58:03	234
		5km:00:28:08 | 10km:00:56:12 | 15km:01:23:36 | 20km:01:52:21 | 21km:01:58:16 | 25km:02:20:00 | 30km:02:47:41 | 35km:03:15:39 | 40km:03:45:34									
2248	6674	**ŁAJKOWSKI Marek**	BARTOSZYCE		POL	1985	M30	709	04:03:24	03:58:04	2014
		5km:00:28:30 | 10km:00:56:56 | 15km:01:24:32 | 20km:01:52:20 | 21km:01:58:31 | 25km:02:20:47 | 30km:02:49:48 | 35km:03:18:20 | 40km:03:47:00									
2249	6679	**MATTISSON Oliver**	MALMÖ		SWE	1995	M20	286	04:03:07	03:58:05	2015
		5km:00:28:13 | 10km:00:56:30 | 15km:01:24:27 | 20km:01:52:25 | 21km:01:58:28 | 25km:02:20:39 | 30km:02:48:51 | 35km:03:15:59 | 40km:03:45:08									
2250	3556	**KLUCH Przemysław**	SŁAWA		POL	1980	M40	753	04:03:00	03:58:06	2016
		5km:00:26:25 | 10km:00:52:44 | 15km:01:18:29 | 20km:01:44:36 | 21km:01:50:17 | 25km:02:10:46 | 30km:02:37:43 | 35km:03:08:02 | 40km:03:43:29									
2251	7801	**PSZENNIAK Artur**	WARSZAWA		POL	1989	M30	710	04:00:47	03:58:06	2016
		5km:00:28:33 | 10km:00:56:59 | 15km:01:24:36 | 20km:01:52:24 | 21km:01:58:33 | 25km:02:20:49 | 30km:02:49:48 | 35km:03:18:23 | 40km:03:47:00									
2252	6635	**ARNSHED Jesper**	MALMÖ		SWE	1993	M30	711	04:03:06	03:58:07	2018
		5km:00:27:03 | 10km:00:54:11 | 15km:01:21:12 | 20km:01:47:59 | 21km:01:53:51 | 25km:02:14:58 | 30km:02:42:09 | 35km:03:10:47 | 40km:03:44:18									
2253	10112	**SZĘSZOŁ Jacek**	KRAKÓW		POL	1982	M40	754	04:03:00	03:58:08	2019
		5km:00:28:39 | 10km:00:56:53 | 15km:01:24:29 | 20km:01:52:37 | 21km:01:58:46 | 25km:02:20:47 | 30km:02:48:56 | 35km:03:17:14 | 40km:03:45:17									
2254	6251	**NAWROT Artur**	KSIĘGINICE	DTR BIEGA / MARIO TEAM	POL	1981	M40	754	04:02:11	03:58:08	2019

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:26 | 10km:00:46:55 | 15km: 01:15:42 | 20km:01:41:58 | 21km:01:47:48 | 25km:02:11:58 | 30km:02:40:57 | 35km:03:13:02 | 40km:03:45:49									
2255	12089	**STRZELECKI Piotr**	WARSZAWA	Markowi Biegacze	POL	1974	M40	756	03:59:00	03:58:09	2021
		5km:00:28:34 | 10km:00:56:16 | 15km: 01:24:05 | 20km:01:52:10 | 21km:01:58:12 | 25km:02:20:03 | 30km:02:47:50 | 35km:03:15:48 | 40km:03:45:33									
2256	3423	**ŚLĄZAK Andrzej**	PIOTRKÓW TRYBUNALSKI	Fan Club Dżem	POL	1960	M60	35	04:02:15	03:58:09	2021
		5km:00:24:52 | 10km:00:50:09 | 15km: 01:16:01 | 20km:01:42:42 | 21km:01:48:36 | 25km:02:11:12 | 30km:02:44:14 | 35km:03:14:39 | 40km:03:45:51									
2257	10619	**FRĘCHOWICZ Jacek**	LUBLIN	Lublin Biega	POL	1974	M40	757	03:59:20	03:58:10	2023
		5km:00:28:09 | 10km:00:56:10 | 15km: 01:23:53 | 20km:01:51:54 | 21km:01:58:02 | 25km:02:19:37 | 30km:02:48:05 | 35km:03:16:15 | 40km:03:45:02									
2258	4598	**ZACHARSKI Adrian**	KIELCE		POL	1988	M30	712	04:03:02	03:58:12	2024
		5km:00:26:06 | 10km:00:52:54 | 15km: 01:20:05 | 20km:01:47:16 | 21km:01:53:11 | 25km:02:14:45 | 30km:02:42:54 | 35km:03:11:09 | 40km:03:44:27									
2259	10031	**IDASIAK Marcin**	WROCŁAW		POL	1988	M30	713	04:04:35	03:58:16	2025
		5km:00:28:32 | 10km:00:56:46 | 15km: 01:24:34 | 20km:01:52:09 | 21km:01:58:06 | 25km:02:19:51 | 30km:02:47:50 | 35km:03:15:34 | 40km:03:45:26									
2260	7939	**EJSMONT Krzysiek**	SUPRAŚL	Banaszek Team	POL	1996	M20	287	04:02:34	03:58:17	2026
		5km:00:26:10 | 10km:00:53:25 | 15km: 01:20:26 | 20km:01:47:23 | 21km:01:53:17 | 25km:02:14:51 | 30km:02:44:12 | 35km:03:14:22 | 40km:03:45:35									
2261	10095	**GŁOGOWSKI Adam**	WROCŁAW	NOA	POL	1981	M40	758	03:59:12	03:58:20	2027
		5km:00:27:12 | 10km:00:54:47 | 15km: 01:22:25 | 20km:01:50:13 | 21km:01:56:09 | 25km:02:18:16 | 30km:02:46:39 | 35km:03:15:34 | 40km:03:46:12									
2262	4068	**KRZEMIŃSKI Kamil**	LIPNO		POL	1999	M20	288	04:03:12	03:58:23	2028
		5km:00:28:03 | 10km:00:56:32 | 15km: 01:24:39 | 20km:01:53:17 | 21km:01:59:21 | 25km:02:21:38 | 30km:02:50:04 | 35km:03:17:55 | 40km:03:46:33									
2263	2254	**GĘCA Angelika**	LUBLIN	Lubelski Biegacz Team	POL	1994	K20	44	04:03:59	03:58:24	235
		5km:00:28:15 | 10km:00:56:25 | 15km: 01:23:53 | 20km:01:52:01 | 21km:01:58:10 | 25km:02:20:11 | 30km:02:48:20 | 35km:03:16:37 | 40km:03:45:41									
2264	6120	**HOFMAN Dariusz**	WAŁCZ	TEAM TERMINATOrun	POL	1984	M30	714	04:03:03	03:58:24	2029
		5km:00:26:54 | 10km:00:53:23 | 15km: 01:19:24 | 20km:01:45:45 | 21km:01:51:19 | 25km:02:12:05 | 30km:02:39:23 | 35km:03:08:18 | 40km:03:43:59									
2265	3140	**BUCZEK Adrian**	PRZEMYŚL		POL	1991	M30	715	04:01:24	03:58:25	2030
		5km:00:27:50 | 10km:00:55:50 | 15km: 01:23:16 | 20km:01:50:37 | 21km:01:56:35 | 25km:02:18:24 | 30km:02:45:53 | 35km:03:15:00 | 40km:03:45:50									
2266	5128	**CHRĄCHOL Tomasz**	SIECHNICE	Nakamura Racing Team	POL	1983	M40	759	03:59:20	03:58:25	2030
		5km:00:27:57 | 10km:00:55:54 | 15km: 01:23:46 | 20km:01:51:24 | 21km:01:57:24 | 25km:02:19:01 | 30km:02:46:48 | 35km:03:14:37 | 40km:03:45:37									
2267	2348	**KLIŚ Patrycja**	BIELSKO-BIAŁA	Tomica Coaching	POL	1977	K40	89	04:02:49	03:58:26	236
		5km:00:28:02 | 10km:00:55:28 | 15km: 01:22:19 | 20km:01:49:31 | 21km:01:55:29 | 25km:02:17:01 | 30km:02:45:30 | 35km:03:13:51 | 40km:03:45:42									
2268	5253	**DULIK Bartosz**	MIELEC		POL	1993	M30	716	04:02:40	03:58:26	2032
		5km:00:27:19 | 10km:00:54:40 | 15km: 01:21:55 | 20km:01:48:59 | 21km:01:54:53 | 25km:02:16:21 | 30km:02:44:27 | 35km:03:12:26 | 40km:03:44:03									
2269	7180	**CIEŚLIŃSKA Wioletta**	KAŃCZUGA		POL	1969	K50	6	04:02:48	03:58:26	236
		5km:00:29:01 | 10km:00:57:42 | 15km: 01:26:19 | 20km:01:54:33 | 21km:02:00:40 | 25km:02:22:52 | 30km:02:51:15 | 35km:03:18:47 | 40km:03:46:36									
2270	7063	**SZCZEPANIAK Agnieszka**	CZĘSTOCHOWA		POL	1975	K40	90	04:03:19	03:58:27	238
		5km:00:24:50 | 10km:00:49:33 | 15km: 01:14:09 | 20km:01:38:39 | 21km:01:44:00 | 25km:02:03:32 | 30km:02:31:53 | 35km:03:06:36 | 40km:03:45:12									
2271	7508	**SZCZYPIŃSKI Konrad**	WARSZAWA		POL	1998	M20	289	03:59:25	03:58:28	2033
		5km:00:26:32 | 10km:00:53:05 | 15km: 01:19:43 | 20km:01:45:56 | 21km:01:51:46 | 25km:02:12:39 | 30km:02:39:47 | 35km:03:08:26 | 40km:03:43:42									
2272	3950	**SZULC Jacek**	BYDGOSZCZ	WAKE UP	POL	1992	M30	717	04:00:52	03:58:29	2034
		5km:00:27:16 | 10km:00:55:06 | 15km: 01:22:59 | 20km:01:51:17 | 21km:01:57:15 | 25km:02:19:38 | 30km:02:48:34 | 35km:03:16:46 | 40km:03:46:38									
2273	5170	**PIECHOTA Rafał**	KSIĄŻENICE		POL	1979	M40	760	04:00:59	03:58:29	2034
		5km:00:28:32 | 10km:00:55:47 | 15km: 01:22:58 | 20km:01:50:19 | 21km:01:56:15 | 25km:02:17:30 | 30km:02:45:48 | 35km:03:14:39 | 40km:03:46:01									
2274	6697	**OSTASZEWSKI Ireneusz**	BIAŁYSTOK	RED IS BAD	POL	1976	M40	761	04:01:52	03:58:30	2036
		5km:00:27:19 | 10km:00:54:40 | 15km: 01:21:55 | 20km:01:48:59 | 21km:01:54:53 | 25km:02:16:21 | 30km:02:44:27 | 35km:03:12:26 | 40km:03:44:03									
2275	5097	**RUTYNA Paweł**	TARNOBRZEG		POL	1976	M40	762	04:00:39	03:58:31	2037
		5km:00:28:18 | 10km:00:56:32 | 15km: 01:24:16 | 20km:01:52:29 | 21km:01:58:23 | 25km:02:19:51 | 30km:02:48:04 | 35km:03:16:19 | 40km:03:46:00									
2276	3337	**KOZICKI Rafał**	KOLNO		POL	1994	M20	290	04:03:21	03:58:32	2038
		5km:00:25:33 | 10km:00:50:55 | 15km: 01:16:23 | 20km:01:43:35 | 21km:01:49:17 | 25km:02:11:19 | 30km:02:42:01 | 35km:03:12:27 | 40km:03:45:44									
2277	5140	**KOPIS Mariusz**	WIERUSZÓW		POL	1997	M20	290	04:00:48	03:58:32	2038
		5km:00:27:17 | 10km:00:55:08 | 15km: 01:23:00 | 20km:01:51:17 | 21km:01:57:16 | 25km:02:19:41 | 30km:02:48:34 | 35km:03:16:46 | 40km:03:46:33									
2278	6465	**SIKORA Grzegorz**	KSIĄŻENICE	McBiegacze	POL	1974	M40	763	04:01:01	03:58:32	2038
		5km:00:28:47 | 10km:00:57:11 | 15km: 01:25:02 | 20km:01:52:53 | 21km:01:59:02 | 25km:02:21:05 | 30km:02:49:19 | 35km:03:17:27 | 40km:03:45:59									
2279	7439	**RUSAK Piotr**	JÓZEFÓW	Orange Polska	POL	1972	M50	233	04:02:22	03:58:32	2038
		5km:00:28:23 | 10km:00:57:02 | 15km: 01:24:48 | 20km:01:52:23 | 21km:01:58:21 | 25km:02:19:54 | 30km:02:47:56 | 35km:03:16:14 | 40km:03:46:06									
2280	3367	**DELINAC Anton**	BORKOWO		POL	2001	M20	292	04:03:37	03:58:34	2042
		5km:00:28:20 | 10km:00:56:34 | 15km: 01:24:18 | 20km:01:52:29 | 21km:01:58:25 | 25km:02:19:53 | 30km:02:48:07 | 35km:03:16:20 | 40km:03:46:01									
2281	6935	**RZEPNICKI Marcin**	KOLNO	patoholics	POL	1995	M20	292	04:03:21	03:58:34	2042
		5km:00:29:42 | 10km:00:59:02 | 15km: 01:28:06 | 20km:01:57:01 | 21km:02:03:16 | 25km:02:26:25 | 30km:02:55:08 | 35km:03:22:01 | 40km:03:47:56									
2282	10093	**KOWALSKA Edyta**	LUBLIN		POL	1979	K40	91	04:04:21	03:58:36	239
		5km:00:27:04 | 10km:00:54:18 | 15km: 01:21:39 | 20km:01:49:46 | 21km:01:55:45 | 25km:02:17:13 | 30km:02:45:42 | 35km:03:15:15 | 40km:03:46:06									
2283	6751	**NOMOTO Hiromi**	FUKUOKA	TEAM OHHORI 555	JPN	1966	K50	7	04:01:23	03:58:36	239
		5km:00:28:23 | 10km:00:56:09 | 15km: 01:24:07 | 20km:01:51:58 | 21km:01:58:00 | 25km:02:19:58 | 30km:02:48:16 | 35km:03:16:58 | 40km:03:46:03									
2284	2944	**ADAMSKA Anna**	WARSZAWA		POL	1988	K30	98	04:02:42	03:58:39	241
		5km:00:28:42 | 10km:00:56:58 | 15km: 01:26:01 | 20km:01:53:39 | 21km:01:59:32 | 25km:02:21:44 | 30km:02:49:49 | 35km:03:18:19 | 40km:03:46:36									
2285	3794	**KIRSTEIN Florian**	MUNICH		GER	1975	M40	764	04:04:58	03:58:39	2044
		5km:00:28:32 | 10km:00:56:41 | 15km: 01:24:23 | 20km:01:52:21 | 21km:01:58:25 | 25km:02:20:37 | 30km:02:48:52 | 35km:03:17:06 | 40km:03:47:08									
2286	3780	**ŻUCHNIEWICZ Sebastian**	PŁOCK		POL	1993	M30	718	04:03:16	03:58:40	2045
		5km:00:28:25 | 10km:00:56:55 | 15km: 01:25:00 | 20km:01:53:31 | 21km:01:59:45 | 25km:02:22:00 | 30km:02:50:21 | 35km:03:18:31 | 40km:03:47:13									
2287	10294	**SZCZEPAŃCZYK Adrian**	ŁAZY	BREMBO	POL	1982	M40	765	04:03:54	03:58:41	2046
		5km:00:28:13 | 10km:00:56:30 | 15km: 01:24:17 | 20km:01:52:11 | 21km:01:58:06 | 25km:02:19:34 | 30km:02:47:45 | 35km:03:15:43 | 40km:03:46:07									
2288	6677	**GRODECKI Arkadiusz**	PRZEMYŚL		POL	1972	M50	234	04:02:19	03:58:41	2046
		5km:00:27:13 | 10km:00:54:10 | 15km: 01:21:13 | 20km:01:48:02 | 21km:01:53:54 | 25km:02:15:25 | 30km:02:43:48 | 35km:03:14:20 | 40km:03:46:00									
2289	8054	**KOZŁOWSKI Sebastian**	PIASECZNO	PKS Piwny Klub Sportowy	POL	1982	M40	765	04:01:35	03:58:41	2046
		5km:00:28:36 | 10km:00:56:37 | 15km: 01:24:09 | 20km:01:52:14 | 21km:01:58:16 | 25km:02:20:09 | 30km:02:48:05 | 35km:03:16:42 | 40km:03:45:52									
2290	7253	**POGORZELSKI Mariusz**	KARCZEW	ERGO Hestia Running Team	POL	1973	M50	235	04:02:48	03:58:42	2049
		5km:00:27:23 | 10km:00:54:53 | 15km: 01:21:56 | 20km:01:49:16 | 21km:01:55:09 | 25km:02:16:26 | 30km:02:44:16 | 35km:03:13:20 | 40km:03:45:22									
2291	15561	**WAŚKO Jakub**	ZĄBKI		POL	1993	M30	719	04:02:21	03:58:44	2050
		5km:00:25:40 | 10km:00:51:35 | 15km: 01:17:28 | 20km:01:43:02 | 21km:01:48:34 | 25km:02:08:47 | 30km:02:34:50 | 35km:03:03:12 | 40km:03:45:11									
2292	7378	**FRANASZCZYK Lech**	WARSZAWA		POL	1961	M60	36	04:00:45	03:58:44	2050
		5km:00:27:30 | 10km:00:55:19 | 15km: 01:22:17 | 20km:01:49:28 | 21km:01:55:33 | 25km:02:18:01 | 30km:02:46:35 | 35km:03:16:11 | 40km:03:46:47									
2293	8321	**BLAZEVICA Lubova**	RIGA		LAT	1991	K30	99	04:03:03	03:58:44	242
		5km:00:28:24 | 10km:00:57:02 | 15km: 01:25:03 | 20km:01:53:03 | 21km:01:59:08 | 25km:02:20:58 | 30km:02:49:12 | 35km:03:17:25 | 40km:03:46:30									
2294	10519	**WÓJCIAK Rafał**	OPOLE		POL	1990	M30	720	04:04:09	03:58:45	2052
		5km:00:29:21 | 10km:00:58:42 | 15km: 01:27:28 | 20km:01:56:07 | 21km:02:02:14 | 25km:02:24:13 | 30km:02:52:08 | 35km:03:20:03 | 40km:03:47:31									
2295	14516	**POŚPIECH Mateusz**	BIAŁYSTOK	MD Run Training	POL	1993	M30	720	04:04:21	03:58:45	2052
		5km:00:25:29 | 10km:00:51:00 | 15km: 01:16:26 | 20km:01:42:10 | 21km:01:47:53 | 25km:02:09:21 | 30km:02:38:34 | 35km:03:10:23 | 40km:03:45:37									
2296	6362	**NAMIOTA Joanna**	WARSZAWA	WE RUN CLAN	POL	1990	K30	100	03:59:56	03:58:47	243
		5km:00:26:13 | 10km:00:52:36 | 15km: 01:18:52 | 20km:01:46:03 | 21km:01:51:39 | 25km:02:12:30 | 30km:02:41:18 | 35km:03:10:17 | 40km:03:44:15									
2297	4246	**KRAWCZYK Andrzej**	WARSZAWA		POL	1985	M30	722	04:02:01	03:58:49	2054
		5km:00:28:24 | 10km:00:56:56 | 15km: 01:25:00 | 20km:01:53:16 | 21km:01:59:23 | 25km:02:21:30 | 30km:02:49:43 | 35km:03:18:00 | 40km:03:46:45									
2298	10296	**SZCZAP Łukasz**	WARSZAWA	IBPM S.A.	POL	1984	M30	723	04:04:05	03:58:52	2055
		5km:00:27:30 | 10km:00:54:46 | 15km: 01:21:59 | 20km:01:49:02 | 21km:01:55:02 | 25km:02:16:17 | 30km:02:44:31 | 35km:03:14:01 | 40km:03:46:24									
2299	3486	**URBANEK Bartłomiej**	WARSZAWA		POL	1982	M40	767	04:02:12	03:58:52	2055
		5km:00:33:42 | 10km:01:06:16 | 15km: 01:37:45 | 20km:02:05:08 | 21km:02:10:30 | 25km:02:30:28 | 30km:02:55:50 | 35km:03:20:22 | 40km:03:48:10									
2300	7395	**TRZEŚNIEWSKI Karol**	WARSZAWA		POL	1998	M20	294	04:07:34	03:58:53	2057

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:12| 10km:00:53:52| 15km: 01:20:39 | 20km:01:47:43 | 21km:01:53:37 | 25km:02:14:43 | 30km:02:42:04 | 35km:03:10:11 | 40km:03:42:59									
2301	4285	**LINDHOLM Morten**	WARSZAWA		DEN	1972	M50	236	04:03:37	03:58:55	2058
		5km:00:28:46| 10km:00:57:04| 15km: 01:24:40 | 20km:01:52:35 | 21km:01:58:48 | 25km:02:20:47 | 30km:02:49:00 | 35km:03:17:20 | 40km:03:46:23									
2302	7423	**OBOLEWICZ Jacek**	KOŚCIERZYNA		POL	1986	M30	724	04:03:00	03:58:55	2058
		5km:00:28:06| 10km:00:55:52| 15km: 01:23:20 | 20km:01:50:40 | 21km:01:56:36 | 25km:02:17:55 | 30km:02:46:11 | 35km:03:15:23 | 40km:03:46:20									
2303	10513	**TARACHA Miłosz**	WARSZAWA		POL	1995	M20	295	04:02:46	03:58:56	2060
		5km:00:26:33| 10km:00:53:11| 15km: 01:19:34 | 20km:01:46:11 | 21km:01:51:47 | 25km:02:12:55 | 30km:02:40:42 | 35km:03:11:44 | 40km:03:45:15									
2304	10077	**GRABARCZYK Tymoteusz**	ŁÓDŹ		POL	1988	M30	725	04:01:39	03:58:57	2061
		5km:00:25:46| 10km:00:51:35| 15km: 01:17:11 | 20km:01:42:55 | 21km:01:48:36 | 25km:02:10:14 | 30km:02:39:49 | 35km:03:12:05 | 40km:03:46:06									
2305	7888	**JANUŚ Mateusz**	WARSZAWA		POL	1995	M20	296	03:59:58	03:58:57	2061
		5km:00:28:38| 10km:00:57:00| 15km: 01:25:20 | 20km:01:53:55 | 21km:02:00:02 | 25km:02:22:08 | 30km:02:50:11 | 35km:03:18:35 | 40km:03:47:23									
2306	3634	**POTOCKI Jakub**	KRAKÓW		POL	1993	M30	726	04:01:08	03:58:59	2063
		5km:00:28:44| 10km:00:56:55| 15km: 01:24:32 | 20km:01:52:30 | 21km:01:58:34 | 25km:02:20:31 | 30km:02:48:51 | 35km:03:17:02 | 40km:03:46:37									
2307	3576	**WDOWSKI Waldemar**	MARKI		POL	1967	M50	237	04:03:17	03:59:00	2064
		5km:00:27:38| 10km:00:55:40| 15km: 01:23:12 | 20km:01:51:01 | 21km:01:56:58 | 25km:02:19:18 | 30km:02:47:31 | 35km:03:15:48 | 40km:03:46:37									
2308	6071	**ILSKI Michał**	SIEDLIKÓW	AKTYWNY OSTRZESZÓW	POL	1987	M30	727	04:04:01	03:59:02	2065
		5km:00:29:02| 10km:00:56:56| 15km: 01:24:35 | 20km:01:52:25 | 21km:01:58:21 | 25km:02:19:59 | 30km:02:48:16 | 35km:03:16:29 | 40km:03:46:31									
2309	10102	**WNUK Mirosław**	KRAKÓW		POL	1971	M50	238	04:03:07	03:59:03	2066
		5km:00:28:22| 10km:00:56:11| 15km: 01:23:13 | 20km:01:50:06 | 21km:01:55:58 | 25km:02:17:09 | 30km:02:44:28 | 35km:03:13:23 | 40km:03:46:13									
2310	4394	**KOVALSKA Valentyna**	WARSZAWA		UKR	1972	K50	8	04:01:14	03:59:04	244
		5km:00:33:12| 10km:01:03:01| 15km: 01:33:01 | 20km:02:05:11 | 21km:02:12:27 | 25km:02:35:49 | 30km:03:00:22 | 35km:03:24:38 | 40km:03:49:10									
2311	7153	**RAK Mateusz**	WARSZAWA		POL	1998	M20	297	03:59:58	03:59:04	2067
		5km:00:27:49| 10km:00:55:52| 15km: 01:23:07 | 20km:01:51:03 | 21km:01:56:54 | 25km:02:18:41 | 30km:02:46:53 | 35km:03:14:49 | 40km:03:45:52									
2312	10546	**SIEDLIŃSKI Piotr**	WARSZAWA		POL	1999	M20	298	04:07:47	03:59:05	2068
		5km:00:27:09| 10km:00:54:30| 15km: 01:21:59 | 20km:01:49:45 | 21km:01:55:51 | 25km:02:18:13 | 30km:02:46:10 | 35km:03:14:29 | 40km:03:46:28									
2313	3264	**KIERASIŃSKA Dorota**	WARSZAWA	Team ZabieganeDni	POL	1978	K40	92	04:04:11	03:59:06	245
		5km:00:26:01| 10km:00:52:04| 15km: 01:17:41 | 20km:01:43:32 | 21km:01:49:05 | 25km:02:09:37 | 30km:02:36:26 | 35km:03:07:01 | 40km:03:43:26									
2314	14015	**BARCZYK Michał**	OLKUSZ		POL	1978	M40	768	04:01:17	03:59:07	2069
		5km:00:27:03| 10km:00:53:53| 15km: 01:20:41 | 20km:01:47:41 | 21km:01:53:24 | 25km:02:14:48 | 30km:02:43:32 | 35km:03:13:53 | 40km:03:46:22									
2315	10531	**CHOLEWKA Jan**	GILOWICE	Nationale-Nederlanden Running Team	POL	1994	M20	299	04:03:12	03:59:08	2070
		5km:00:28:36| 10km:00:56:50| 15km: 01:24:10 | 20km:01:52:10 | 21km:01:58:12 | 25km:02:19:57 | 30km:02:47:52 | 35km:03:16:14 | 40km:03:46:31									
2316	7657	**ADAMCZYK Dorota**	SKRONINA	Wanda Panfil TEAM	POL	1988	K30	101	04:03:15	03:59:08	246
		5km:00:27:37| 10km:00:55:15| 15km: 01:23:06 | 20km:01:50:58 | 21km:01:57:00 | 25km:02:19:07 | 30km:02:47:11 | 35km:03:15:50 | 40km:03:46:04									
2317	2639	**WRÓBEL Krzysztof**	DROGOSZEWO		POL	1980	M40	769	04:04:09	03:59:11	2071
		5km:00:27:09| 10km:00:54:30| 15km: 01:21:59 | 20km:01:49:45 | 21km:01:55:51 | 25km:02:18:13 | 30km:02:46:10 | 35km:03:14:29 | 40km:03:46:28									
2318	3859	**FURMAN Michał**	NIEPORĘT		POL	1977	M40	769	04:04:04	03:59:11	2071
		5km:00:26:01| 10km:00:52:04| 15km: 01:17:41 | 20km:01:43:32 | 21km:01:49:05 | 25km:02:09:37 | 30km:02:36:26 | 35km:03:07:01 | 40km:03:43:26									
2319	7195	**KIMAK Paweł**	PODZAMCZE	PZU Sport Team	POL	1978	M40	771	04:02:05	03:59:12	2073
		5km:00:27:03| 10km:00:53:53| 15km: 01:20:41 | 20km:01:47:41 | 21km:01:53:24 | 25km:02:14:48 | 30km:02:43:32 | 35km:03:13:53 | 40km:03:46:22									
2320	3787	**KOWALIKOWSKA Renata**	WARSZAWA	Biegam Na Tarchominie	POL	1978	K40	93	04:02:21	03:59:13	247
		5km:00:27:13| 10km:00:54:05| 15km: 01:20:43 | 20km:01:47:17 | 21km:01:53:05 | 25km:02:13:46 | 30km:02:40:27 | 35km:03:07:08 | 40km:03:44:37									
2321	3885	**KOWALCZYK Bogdan**	ŻMIGRÓD	Towarzystwo Biesiadno Sportowe	POL	1971	M50	239	04:02:18	03:59:13	2074
		5km:00:26:20| 10km:00:53:05| 15km: 01:19:19 | 20km:01:45:34 | 21km:01:51:17 | 25km:02:12:15 | 30km:02:39:21 | 35km:03:10:15 | 40km:03:45:23									
2322	10247	**SMOCZYNSKI Marek**	TUCHOLA		POL	1981	M40	772	04:02:14	03:59:14	2075
		5km:00:24:16| 10km:00:48:56| 15km: 01:13:48 | 20km:01:40:11 | 21km:01:45:51 | 25km:02:07:47 | 30km:02:37:28 | 35km:03:09:41 | 40km:03:44:56									
2323	5014	**MIROWSKI Irek**	BOBROWIEC		POL	1973	M50	240	04:01:18	03:59:15	2076
		5km:00:28:20| 10km:00:56:52| 15km: 01:25:00 | 20km:01:53:33 | 21km:01:59:45 | 25km:02:22:00 | 30km:02:50:22 | 35km:03:18:33 | 40km:03:47:12									
2324	6262	**ANDRZEJEWSKI Tomasz**	WARSZAWA	Szaleni Samuraje	POL	1981	M40	773	04:04:29	03:59:15	2076
		5km:00:23:17| 10km:00:47:21| 15km: 01:12:02 | 20km:01:37:44 | 21km:01:43:16 | 25km:02:08:14 | 30km:02:39:02 | 35km:03:11:25 | 40km:03:45:07									
2325	8096	**PRZYBYSZ Marcin**	SĘPÓLNO KRAJEŃSKIE		POL	1982	M40	774	04:04:33	03:59:16	2078
		5km:00:28:55| 10km:00:57:42| 15km: 01:25:08 | 20km:01:52:23 | 21km:01:58:28 | 25km:02:20:31 | 30km:02:48:53 | 35km:03:17:15 | 40km:03:47:02									
2326	8167	**DEREJCZYK Marcin**	MILANÓWEK	STOMILEX	POL	1997	M20	300	04:03:42	03:59:16	2078
		5km:00:28:31| 10km:00:56:35| 15km: 01:24:07 | 20km:01:51:37 | 21km:01:57:45 | 25km:02:19:15 | 30km:02:46:53 | 35km:03:14:33 | 40km:03:46:32									
2327	10275	**CHAMOT Łukasz**	BRZÓZA KRÓLEWSKA		POL	1998	M20	301	04:04:24	03:59:17	2080
		5km:00:26:28| 10km:00:52:50| 15km: 01:19:06 | 20km:01:45:27 | 21km:01:51:06 | 25km:02:11:38 | 30km:02:40:12 | 35km:03:12:49 | 40km:03:46:28									
2328	7115	**TORZEWSKI Roman**	BONIEWO		POL	1971	M50	241	04:01:51	03:59:17	2080
		5km:00:28:31| 10km:00:56:46| 15km: 01:24:24 | 20km:01:52:29 | 21km:01:58:24 | 25km:02:20:20 | 30km:02:48:25 | 35km:03:16:40 | 40km:03:46:32									
2329	13023	**JARCZYŃSKA-DOMINIK Jola**	WĘGRÓW	Aktywni Węgrów	POL	1976	K40	94	04:05:09	03:59:18	248
		5km:00:27:28| 10km:00:55:53| 15km: 01:23:55 | 20km:01:51:30 | 21km:01:57:28 | 25km:02:18:55 | 30km:02:46:47 | 35km:03:15:01 | 40km:03:46:15									
2330	4699	**ŚWIERAD Paweł**	KOWALEWO POMORSKIE	Kowalewo Biega	POL	1983	M40	775	04:05:34	03:59:18	2082
		5km:00:26:21| 10km:00:53:28| 15km: 01:20:32 | 20km:01:47:25 | 21km:01:53:15 | 25km:02:14:45 | 30km:02:43:46 | 35km:03:13:47 | 40km:03:46:02									
2331	15564	**WARZECHA Przemek**	OSTRÓW WIELKOPOLSKI		POL	1989	M30	728	04:00:53	03:59:19	2083
		5km:00:27:49| 10km:00:55:54| 15km: 01:23:51 | 20km:01:51:26 | 21km:01:57:24 | 25km:02:18:42 | 30km:02:46:41 | 35km:03:15:27 | 40km:03:45:59									
2332	7255	**HANCOCK James**	MŁOCHÓW		POL	1978	M40	776	04:05:05	03:59:19	2083
		5km:00:29:52| 10km:00:59:12| 15km: 01:28:09 | 20km:01:57:22 | 21km:02:03:19 | 25km:02:25:01 | 30km:02:52:46 | 35km:03:20:07 | 40km:03:48:16									
2333	2670	**TUŁODZIECKI Michał**	ZĄBKI		POL	1988	M30	729	04:05:26	03:59:20	2085
		5km:00:28:43| 10km:00:57:07| 15km: 01:25:40 | 20km:01:54:20 | 21km:02:00:36 | 25km:02:22:56 | 30km:02:51:20 | 35km:03:19:09 | 40km:03:47:53									
2334	2745	**ŁUNIEWSKA Sandra**	GDYNIA		POL	1998	K20	45	04:03:28	03:59:20	249
		5km:00:28:53| 10km:00:57:40| 15km: 01:25:19 | 20km:01:50:44 | 21km:01:56:07 | 25km:02:18:04 | 30km:02:46:36 | 35km:03:15:08 | 40km:03:45:30									
2335	3293	**GRODZICKI Tomasz**	PŁOCK	Płock Biega No Age Limit	POL	1987	M30	729	04:04:35	03:59:20	2085
		5km:00:27:13| 10km:00:54:11| 15km: 01:21:06 | 20km:01:47:55 | 21km:01:53:52 | 25km:02:15:06 | 30km:02:42:17 | 35km:03:15:01 | 40km:03:46:26									
2336	7459	**OSTASZEWSKA Paulina**	WARSZAWA		POL	1989	K30	102	04:02:09	03:59:21	250
		5km:00:27:19| 10km:00:54:40| 15km: 01:21:49 | 20km:01:49:02 | 21km:01:54:54 | 25km:02:15:46 | 30km:02:43:14 | 35km:03:12:58 | 40km:03:46:22									
2337	3269	**LIS Marek**	LUBIN		POL	1993	M30	731	04:01:23	03:59:23	2087
		5km:00:28:17| 10km:00:56:27| 15km: 01:24:07 | 20km:01:52:16 | 21km:01:58:24 | 25km:02:20:37 | 30km:02:48:37 | 35km:03:17:05 | 40km:03:45:04									
2338	6300	**SZCZEPAŃSKI Adam**	SZCZECIN	FIZJOBIEGACZE/ALBATROSY	POL	1981	M40	777	04:04:00	03:59:24	2088
		5km:00:25:45| 10km:00:51:35| 15km: 01:17:52 | 20km:01:43:57 | 21km:01:49:40 | 25km:02:10:41 | 30km:02:40:30 | 35km:03:12:41 | 40km:03:46:47									
2339	6888	**ŁUKASIK Jarosław**	WARSZAWA	Aerospace Runners	POL	1978	M40	778	04:01:19	03:59:25	2089
		5km:00:28:51| 10km:00:57:19| 15km: 01:25:01 | 20km:01:52:35 | 21km:01:58:28 | 25km:02:20:07 | 30km:02:47:51 | 35km:03:15:28 | 40km:03:45:39									
2340	6978	**GOŁDY Kamil**	WARSZAWA	Dfusion Team	POL	1984	M30	732	04:03:20	03:59:25	2089
		5km:00:28:10| 10km:00:56:18| 15km: 01:24:02 | 20km:01:52:02 | 21km:01:58:04 | 25km:02:20:05 | 30km:02:48:06 | 35km:03:15:57 | 40km:03:45:41									
2341	5237	**POLITAŃSKI Piotr**	SZCZECIN		POL	1988	M30	733	04:04:13	03:59:26	2091
		5km:00:27:13| 10km:00:55:23| 15km: 01:23:11 | 20km:01:51:08 | 21km:01:57:08 | 25km:02:19:20 | 30km:02:48:26 | 35km:03:16:19 | 40km:03:46:59									
2342	7513	**GAJDA Katarzyna**	CZĘSTOCHOWA		POL	1987	K30	103	04:05:47	03:59:26	251
		5km:00:28:27| 10km:00:56:33| 15km: 01:24:41 | 20km:01:52:55 | 21km:01:59:05 | 25km:02:20:54 | 30km:02:49:06 | 35km:03:17:05 | 40km:03:46:57									
2343	10200	**GĄSIOR Piotr**	GDAŃSK		POL	1985	M30	734	04:05:07	03:59:27	2092
		5km:00:26:27| 10km:00:52:56| 15km: 01:19:13 | 20km:01:45:31 | 21km:01:51:10 | 25km:02:11:44 | 30km:02:38:52 | 35km:03:08:11 | 40km:03:44:09									
2344	3586	**SEKULA Marcin**	LUBLIN	LUBELSKA GRUPA TRIATHLONU	POL	1978	M40	779	04:02:03	03:59:27	2092
		5km:00:28:21| 10km:00:55:37| 15km: 01:22:50 | 20km:01:50:08 | 21km:01:56:05 | 25km:02:17:22 | 30km:02:45:32 | 35km:03:14:12 | 40km:03:45:29									
2345	3931	**SZCZYKUTOWICZ Maciej**	RADOM	PLEXILAND	POL	1989	M30	734	04:02:58	03:59:27	2092
		5km:00:27:22| 10km:00:53:32| 15km: 01:20:13 | 20km:01:46:17 | 21km:01:52:07 | 25km:02:13:09 | 30km:02:44:28 | 35km:03:12:16 | 40km:03:47:26									
2346	7856	**DZIENISZEWSKA Joanna**	WARSZAWA		POL	2003	K20	46	04:05:36	03:59:27	252

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2347	2632	**JONASSON Robert**	URSHULT	Urshults IF	SWE	1979	M40	780	04:03:43	03:59:28	2095
		5km:00:28:43| 10km:00:56:40| 15km: 01:24:31 | 20km:01:52:20 | 21km:01:58:25 | 25km:02:20:30 | 30km:02:48:50 | 35km:03:17:28 | 40km:03:47:01									
2348	8040	**TKACZYŃSKI Wiktor**	ŁÓDŹ		POL	1997	M20	302	04:05:31	03:59:28	2095
		5km:00:28:31| 10km:00:56:44| 15km: 01:24:41 | 20km:01:53:00 | 21km:01:59:03 | 25km:02:21:12 | 30km:02:49:37 | 35km:03:17:48 | 40km:03:47:20									
2349	3157	**BURZYŃSKI Sebastian**	TERESIN	MPK Wybieganie	POL	1979	M40	781	04:02:32	03:59:29	2097
		5km:00:27:53| 10km:00:56:25| 15km: 01:25:06 | 20km:01:54:08 | 21km:02:00:21 | 25km:02:23:48 | 30km:02:53:48 | 35km:03:20:17 | 40km:03:48:00									
2350	2507	**PŁONKA Emil**	WARSZAWA		POL	1997	M20	303	04:05:10	03:59:30	2098
		5km:00:29:24| 10km:00:58:04| 15km: 01:27:11 | 20km:01:55:36 | 21km:02:01:44 | 25km:02:23:45 | 30km:02:51:52 | 35km:03:19:45 | 40km:03:47:30									
2351	7951	**POLANSKI Adrian**	WARSZAWA	Team ZabieganeDni	USA	1977	M40	782	04:01:20	03:59:30	2098
		5km:00:25:56| 10km:00:51:53| 15km: 01:17:41 | 20km:01:43:58 | 21km:01:49:41 | 25km:02:12:16 | 30km:02:41:38 | 35km:03:13:44 | 40km:03:47:21									
2352	3891	**KACZMAREK Adam**	JÓZEFOSŁAW		POL	1988	M30	736	04:01:45	03:59:32	2100
		5km:00:26:03| 10km:00:52:21| 15km: 01:18:30 | 20km:01:44:41 | 21km:01:50:28 | 25km:02:11:34 | 30km:02:39:34 | 35km:03:09:21 | 40km:03:43:39									
2353	10054	**FOS Andrzej**	RÓŻANY		POL	1980	M40	783	04:01:07	03:59:33	2101
		5km:00:24:51| 10km:00:49:28| 15km: 01:14:10 | 20km:01:38:52 | 21km:01:44:12 | 25km:02:05:57 | 30km:02:36:09 | 35km:03:05:48 | 40km:03:45:11									
2354	7290	**URBANIAK Robert**	WARSZAWA	ORANGE POLSKA	POL	1977	M40	784	04:01:31	03:59:34	2102
		5km:00:25:50| 10km:00:51:48| 15km: 01:17:34 | 20km:01:43:52 | 21km:01:49:36 | 25km:02:10:47 | 30km:02:40:24 | 35km:03:12:07 | 40km:03:47:23									
2355	12032	**TOŁOCZKO Łukasz**	PRZYSIEK		POL	1981	M40	785	04:05:17	03:59:35	2103
		5km:00:29:23| 10km:00:58:02| 15km: 01:27:09 | 20km:01:55:33 | 21km:02:01:43 | 25km:02:23:43 | 30km:02:51:48 | 35km:03:19:43 | 40km:03:47:28									
2356	3275	**PONIATOWSKI Krzysztof**	SKIERNIEWICE		POL	1974	M40	785	04:00:47	03:59:35	2103
		5km:00:24:37| 10km:00:49:28| 15km: 01:14:14 | 20km:01:39:24 | 21km:01:44:51 | 25km:02:07:59 | 30km:02:37:29 | 35km:03:11:17 | 40km:03:47:14									
2357	3878	**ZIEMCZYK Wojciech**	TYCHY		POL	1991	M30	737	04:09:09	03:59:35	2103
		5km:00:27:48| 10km:00:55:48| 15km: 01:24:49 | 20km:01:53:35 | 21km:01:59:43 | 25km:02:22:28 | 30km:02:51:07 | 35km:03:19:40 | 40km:03:47:51									
2358	2529	**RZECZKOWSKI Adam**	HEL	DO RSZ	POL	1973	M50	242	04:02:04	03:59:36	2106
		5km:00:27:46| 10km:00:54:17| 15km: 01:20:58 | 20km:01:47:37 | 21km:01:53:27 | 25km:02:14:21 | 30km:02:43:31 | 35km:03:12:54 | 40km:03:46:28									
2359	3268	**DURKA Dorota**	WARSZAWA		POL	1980	K40	95	04:04:02	03:59:36	253
		5km:00:27:48| 10km:00:55:11| 15km: 01:22:59 | 20km:01:50:36 | 21km:01:56:31 | 25km:02:18:19 | 30km:02:46:53 | 35km:03:16:11 | 40km:03:46:35									
2360	5205	**PAŁYSKA Michał**	WARSZAWA		POL	1989	M30	738	04:03:26	03:59:36	2106
		5km:00:28:22| 10km:00:56:14| 15km: 01:23:58 | 20km:01:52:24 | 21km:01:58:27 | 25km:02:20:06 | 30km:02:48:10 | 35km:03:15:32 | 40km:03:46:35									
2361	4185	**MACIEJEWSKI Adam**	WROCLAW		POL	1984	M30	739	04:00:55	03:59:37	2108
		5km:00:24:26| 10km:00:48:56| 15km: 01:13:32 | 20km:01:38:42 | 21km:01:44:20 | 25km:02:06:20 | 30km:02:38:05 | 35km:03:10:44 | 40km:03:46:03									
2362	6104	**ŁAZUR Rafał**	WARSZAWA		POL	1990	M30	739	04:06:11	03:59:37	2108
		5km:00:29:19| 10km:00:58:21| 15km: 01:26:40 | 20km:01:54:21 | 21km:02:00:30 | 25km:02:22:40 | 30km:02:50:58 | 35km:03:18:38 | 40km:03:47:57									
2363	2494	**LIPKA Jakub**	ŁÓDŹ		POL	1988	M30	741	04:02:55	03:59:39	2110
		5km:00:26:38| 10km:00:53:54| 15km: 01:20:44 | 20km:01:47:51 | 21km:01:53:45 | 25km:02:14:56 | 30km:02:42:34 | 35km:03:12:28 | 40km:03:46:06									
2364	7441	**SABANOWSKA Anna**	MIELEC		POL	1985	K30	104	04:05:00	03:59:40	254
		5km:00:28:51| 10km:00:57:39| 15km: 01:26:05 | 20km:01:54:06 | 21km:02:00:09 | 25km:02:22:12 | 30km:02:50:31 | 35km:03:18:26 | 40km:03:47:07									
2365	8093	**PRZYDALSKI Wojtek**	WARSZAWA		POL	1993	M30	742	04:02:40	03:59:40	2111
		5km:00:27:26| 10km:00:54:55| 15km: 01:22:01 | 20km:01:49:16 | 21km:01:55:13 | 25km:02:16:27 | 30km:02:43:56 | 35km:03:12:47 | 40km:03:46:51									
2366	7873	**CZUNKIEWICZ Marek**	BARTOSZYCE		POL	1982	M40	787	04:03:08	03:59:43	2112
		5km:00:27:37| 10km:00:53:49| 15km: 01:20:20 | 20km:01:47:12 | 21km:01:53:02 | 25km:02:14:19 | 30km:02:41:45 | 35km:03:11:07 | 40km:03:44:30									
2367	10412	**MALICKI Tomasz**	WARSZAWA		POL	1976	M40	788	04:01:14	03:59:44	2113
		5km:00:24:50| 10km:00:49:28| 15km: 01:14:12 | 20km:01:38:42 | 21km:01:43:56 | 25km:02:03:06 | 30km:02:29:57 | 35km:03:03:48 | 40km:03:46:15									
2368	2956	**BAJDA Dawid**	SULECHÓW		POL	1999	M20	304	04:01:33	03:59:44	2113
		5km:00:23:53| 10km:00:49:42| 15km: 01:17:52 | 20km:01:46:18 | 21km:01:51:44 | 25km:02:12:43 | 30km:02:46:44 | 35km:03:14:38 | 40km:03:46:29									
2369	7100	**PIECH Agnieszka**	ZAMOŚĆ	Zamość Biega	POL	1985	K30	105	04:04:27	03:59:44	255
		5km:00:28:57| 10km:00:56:59| 15km: 01:24:43 | 20km:01:52:12 | 21km:01:58:20 | 25km:02:20:53 | 30km:02:49:46 | 35km:03:18:26 | 40km:03:47:46									
2370	8265	**WIELGOSZ Marcin**	WARSZAWA		POL	1979	M40	789	04:00:33	03:59:45	2115
		5km:00:24:34| 10km:00:49:37| 15km: 01:15:15 | 20km:01:41:07 | 21km:01:46:53 | 25km:02:07:43 | 30km:02:35:28 | 35km:03:10:44 | 40km:03:47:15									
2371	10027	**SKŁUCKI Hubert**	NASIELSK	RUN TEAM NASIELSK	POL	1979	M40	790	04:03:50	03:59:46	2116
		5km:00:28:38| 10km:00:56:51| 15km: 01:24:29 | 20km:01:52:31 | 21km:01:58:30 | 25km:02:20:08 | 30km:02:48:20 | 35km:03:16:15 | 40km:03:46:33									
2372	3741	**KALISZEWSKI Zbigniew**	WARSZAWA		POL	1963	M60	37	04:05:03	03:59:46	2116
		5km:00:28:03| 10km:00:56:23| 15km: 01:23:32 | 20km:01:51:34 | 21km:01:57:37 | 25km:02:19:23 | 30km:02:47:58 | 35km:03:16:34 | 40km:03:46:12									
2373	3598	**DEC Leszek**	RZESZÓW	QUO VADIS LUBLIN	POL	1974	M40	791	04:01:46	03:59:47	2118
		5km:00:25:55| 10km:00:51:52| 15km: 01:17:44 | 20km:01:43:52 | 21km:01:49:35 | 25km:02:10:22 | 30km:02:38:41 | 35km:03:11:05 | 40km:03:46:41									
2374	4632	**KURECKA Joanna**	JANKOWICE		POL	1979	K40	96	04:03:46	03:59:47	256
		5km:00:26:44| 10km:00:53:58| 15km: 01:21:15 | 20km:01:48:52 | 21km:01:54:50 | 25km:02:17:28 | 30km:02:46:06 | 35km:03:15:39 | 40km:03:46:42									
2375	7591	**KŁOSSAK Wojciech**	WROCŁAW	NOA	POL	1978	M40	792	04:00:38	03:59:48	2119
		5km:00:26:02| 10km:00:52:46| 15km: 01:19:13 | 20km:01:45:38 | 21km:01:51:27 | 25km:02:12:14 | 30km:02:39:18 | 35km:03:09:05 | 40km:03:46:26									
2376	8012	**NOSKOWICZ Paweł**	WARSZAWA		POL	1994	M20	305	04:04:20	03:59:48	2119
		5km:00:28:08| 10km:00:55:21| 15km: 01:22:39 | 20km:01:50:13 | 21km:01:56:12 | 25km:02:18:04 | 30km:02:46:10 | 35km:03:15:42 | 40km:03:46:57									
2377	6284	**KULCZYK Ewa**	GDYNIA	Ultra Way Team	POL	1988	K30	106	04:05:01	03:59:49	257
		5km:00:28:24| 10km:00:56:53| 15km: 01:25:01 | 20km:01:53:34 | 21km:01:59:45 | 25km:02:22:02 | 30km:02:50:24 | 35km:03:18:33 | 40km:03:47:15									
2378	7627	**TARUN Andrei**	MIŃSK			1994	M20	306	04:03:37	03:59:49	2121
		5km:00:28:23| 10km:00:55:58| 15km: 01:23:55 | 20km:01:51:55 | 21km:01:57:53 | 25km:02:19:55 | 30km:02:48:27 | 35km:03:17:23 | 40km:03:47:15									
2379	7629	**TSERASHKOU Mikita**	MINSK			1995	M20	306	04:03:37	03:59:49	2121
		5km:00:28:23| 10km:00:55:57| 15km: 01:23:54 | 20km:01:51:53 | 21km:01:57:53 | 25km:02:19:55 | 30km:02:48:26 | 35km:03:17:23 | 40km:03:47:15									
2380	6123	**WIERZCHUCKA Marzena**	ZIELONKI-WIEŚ		POL	1977	K40	97	04:03:30	03:59:50	258
		5km:00:28:12| 10km:00:55:25| 15km: 01:22:29 | 20km:01:49:39 | 21km:01:55:32 | 25km:02:17:26 | 30km:02:46:31 | 35km:03:15:00 | 40km:03:46:30									
2381	6413	**KRYCZAŁO Maciej**	WROCŁAW	Wietrzna TRI	POL	1978	M40	793	04:03:32	03:59:50	2123
		5km:00:29:13| 10km:00:57:37| 15km: 01:25:46 | 20km:01:54:01 | 21km:02:00:05 | 25km:02:22:20 | 30km:02:51:07 | 35km:03:18:44 | 40km:03:46:56									
2382	4662	**PIEKARSKA Jagoda**	WARSZAWA		POL	1983	K40	98	04:05:56	03:59:51	259
		5km:00:29:45| 10km:00:58:41| 15km: 01:27:11 | 20km:01:54:53 | 21km:02:00:49 | 25km:02:23:10 | 30km:02:50:56 | 35km:03:18:27 | 40km:03:47:35									
2383	8125	**GONTARCZYK Remigiusz**	WISKITKI		POL	1977	M40	794	04:03:22	03:59:53	2124
		5km:00:28:24| 10km:00:55:49| 15km: 01:23:30 | 20km:01:51:14 | 21km:01:57:14 | 25km:02:19:03 | 30km:02:47:05 | 35km:03:15:52 | 40km:03:46:38									
2384	8200	**BOGDANOWICZ Paweł**	WARSZAWA		POL	1973	M50	243	04:04:14	03:59:54	2125
		5km:00:26:53| 10km:00:54:18| 15km: 01:21:51 | 20km:01:49:25 | 21km:01:55:24 | 25km:02:17:27 | 30km:02:46:05 | 35km:03:15:58 | 40km:03:46:58									
2385	4140	**AKUTKO Dawid**	KŁODZKO		POL	1993	M30	743	04:04:26	03:59:57	2126
		5km:00:27:25| 10km:00:54:37| 15km: 01:21:50 | 20km:01:49:05 | 21km:01:55:07 | 25km:02:16:28 | 30km:02:44:35 | 35km:03:13:53 | 40km:03:46:57									
2386	7770	**RUDZEVICIUS Robertas**	VILNIUS		LTU	1979	M40	795	04:02:49	03:59:57	2126
		5km:00:26:08| 10km:00:52:11| 15km: 01:17:52 | 20km:01:45:04 | 21km:01:50:55 | 25km:02:12:03 | 30km:02:38:39 | 35km:03:09:25 | 40km:03:44:59									
2387	12092	**GIERA Marzena**	CARLISLE		POL	1987	K30	107	04:02:46	03:59:59	260
		5km:00:27:14| 10km:00:53:55| 15km: 01:20:39 | 20km:01:47:40 | 21km:01:53:25 | 25km:02:14:29 | 30km:02:43:24 | 35km:03:13:00 | 40km:03:46:32									
2388	2889	**RACŁAWSKI Tomasz**	SZCZECIN		POL	1966	M50	244	04:03:53	04:00:01	2128
		5km:00:28:08| 10km:00:55:22| 15km: 01:22:35 | 20km:01:49:54 | 21km:01:55:50 | 25km:02:17:10 | 30km:02:45:17 | 35km:03:14:34 | 40km:03:45:51									
2389	3430	**STAWOSKI Marek**	WARSZAWA		POL	1966	M50	244	04:04:58	04:00:01	2128
		5km:00:28:11| 10km:00:56:21| 15km: 01:24:09 | 20km:01:52:05 | 21km:01:58:07 | 25km:02:19:58 | 30km:02:48:18 | 35km:03:16:40 | 40km:03:46:17									
2390	2090	**MAJER Marzena**	KNURÓW	Team Aero Żółwiki	POL	1969	K50	9	04:04:31	04:00:04	261
		5km:00:28:10| 10km:00:56:00| 15km: 01:24:00 | 20km:01:52:41 | 21km:01:58:50 | 25km:02:21:39 | 30km:02:50:29 | 35km:03:19:12 | 40km:03:47:49									
2391	2252	**MIKUSZEWSKI Mateusz**	WEGRZCE WIELKIE		POL	1995	M20	308	04:04:27	04:00:06	2130
		5km:00:27:39| 10km:00:54:51| 15km: 01:22:09 | 20km:01:49:21 | 21km:01:55:21 | 25km:02:16:47 | 30km:02:45:00 | 35km:03:14:10 | 40km:03:46:11									
2392	6852	**GRUDZIEŃ Tomasz**	KRAKÓW		POL	1989	M30	744	04:00:55	04:00:06	2130
		5km:00:25:54| 10km:00:51:51| 15km: 01:17:54 | 20km:01:43:58 | 21km:01:49:42 | 25km:02:10:32 | 30km:02:37:51 | 35km:03:14:07 | 40km:03:47:07									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:55 | 10km:00:57:29 | 15km: 01:26:49 | 20km:01:55:17 | 21km:02:01:20 | 25km:02:23:29 | 30km:02:51:57 | 35km:03:19:12 | 40km:03:48:21									
2393	8165	**NIEDZIELA Artur**	WARSZAWA		POL	1974	M40	796	04:05:40	04:00:07	2132
2394	4108	**CIEŚLAK Paweł**	SIERADZ		POL	1985	M30	745	04:04:45	04:00:11	2133
		5km:00:28:15 | 10km:00:56:15 | 15km: 01:23:43 | 20km:01:51:18 | 21km:01:57:15 | 25km:02:18:55 | 30km:02:46:56 | 35km:03:15:44 | 40km:03:47:00									
2395	2201	**KORDACZUK Paweł**	WARSZAWA		POL	1992	M30	746	04:04:07	04:00:12	2134
		5km:00:28:06 | 10km:00:55:26 | 15km: 01:22:41 | 20km:01:49:50 | 21km:01:55:45 | 25km:02:17:01 | 30km:02:45:04 | 35km:03:14:11 | 40km:03:45:58									
2396	3941	**BALLETT Leighton**	PENZANCE		GBR	1961	M60	38	04:04:41	04:00:12	2134
		5km:00:27:38 | 10km:00:54:48 | 15km: 01:21:56 | 20km:01:49:05 | 21km:01:54:54 | 25km:02:15:58 | 30km:02:43:42 | 35km:03:12:47 | 40km:03:45:52									
2397	6303	**RYBELIS Marius**	KAUNAS		LTU	1978	M40	797	04:05:12	04:00:12	2134
		5km:00:28:03 | 10km:00:56:14 | 15km: 01:23:52 | 20km:01:51:55 | 21km:01:58:01 | 25km:02:20:12 | 30km:02:48:19 | 35km:03:16:38 | 40km:03:47:36									
2398	4584	**MACHNOWSKI Daniel**	WARSZAWA		POL	1991	M30	747	04:08:12	04:00:13	2137
		5km:00:28:22 | 10km:00:56:30 | 15km: 01:23:17 | 20km:01:49:52 | 21km:01:55:28 | 25km:02:17:05 | 30km:02:45:18 | 35km:03:13:37 | 40km:03:47:04									
2399	7347	**SZULC Maciej**	WARSZAWA		POL	1963	M60	39	04:04:06	04:00:13	2137
		5km:00:28:00 | 10km:00:55:16 | 15km: 01:22:33 | 20km:01:49:49 | 21km:01:55:46 | 25km:02:17:02 | 30km:02:45:08 | 35km:03:14:25 | 40km:03:46:00									
2400	12009	**PIKUŁA Jacek**	BIERUŃ	Wataha - Łączy Nas Bieganie	POL	1981	M40	798	04:03:05	04:00:14	2139
		5km:00:27:12 | 10km:00:53:52 | 15km: 01:20:47 | 20km:01:47:34 | 21km:01:53:23 | 25km:02:14:28 | 30km:02:43:20 | 35km:03:12:56 | 40km:03:46:33									
2401	2931	**POPCZYK Magdalena**	BĘDZIN	Biegowa Kuźnia	POL	1992	K30	108	04:07:24	04:00:15	262
		5km:00:28:06 | 10km:00:56:29 | 15km: 01:24:47 | 20km:01:53:00 | 21km:01:59:06 | 25km:02:21:09 | 30km:02:49:38 | 35km:03:18:02 | 40km:03:47:30									
2402	7829	**ROKITA Marcin**	PRUSZKÓW	KB Legia	POL	1977	M40	799	04:06:35	04:00:15	2140
		5km:00:26:54 | 10km:00:53:55 | 15km: 01:21:03 | 20km:01:48:22 | 21km:01:54:20 | 25km:02:16:03 | 30km:02:43:53 | 35km:03:12:38 | 40km:03:47:14									
2403	4687	**KOBUS Maciej**	ZIELONKA		POL	1993	M30	748	04:09:49	04:00:19	2141
		5km:00:28:49 | 10km:00:56:32 | 15km: 01:24:18 | 20km:01:51:36 | 21km:01:57:37 | 25km:02:19:35 | 30km:02:47:22 | 35km:03:15:57 | 40km:03:47:49									
2404	2932	**SZCZEPANIAK Stanisław**	ZIELONA GÓRA		POL	1978	M40	800	04:05:34	04:00:20	2142
		5km:00:28:47 | 10km:00:58:18 | 15km: 01:26:44 | 20km:01:55:52 | 21km:02:01:49 | 25km:02:24:42 | 30km:02:52:35 | 35km:03:20:17 | 40km:03:49:01									
2405	15547	**WOŚ Zbigniew**	WARSZAWA		POL	1991	M30	749	04:06:23	04:00:21	2143
		5km:00:30:03 | 10km:00:59:08 | 15km: 01:27:51 | 20km:01:55:59 | 21km:02:02:11 | 25km:02:24:11 | 30km:02:51:48 | 35km:03:17:53 | 40km:03:47:14									
2406	4047	**MOSSAKOWSKI Rafał**	PUŁTUSK	5 MBOT	POL	1996	M20	309	04:04:44	04:00:22	2144
		5km:00:28:23 | 10km:00:55:53 | 15km: 01:23:21 | 20km:01:50:55 | 21km:01:56:50 | 25km:02:18:30 | 30km:02:46:34 | 35km:03:16:41 | 40km:03:48:46									
2407	4596	**ART Paweł**	WROCŁAW	OIRP Wrocław	POL	1983	M40	801	04:04:55	04:00:23	2145
		5km:00:27:13 | 10km:00:54:47 | 15km: 01:22:03 | 20km:01:49:12 | 21km:01:55:07 | 25km:02:16:31 | 30km:02:44:33 | 35km:03:13:40 | 40km:03:46:01									
2408	12094	**GORZKIEWICZ Patrycja**	WARSZAWA		POL	1977	K40	99	04:01:21	04:00:25	263
		5km:00:25:24 | 10km:00:51:42 | 15km: 01:18:31 | 20km:01:46:44 | 21km:01:52:43 | 25km:02:15:39 | 30km:02:45:20 | 35km:03:15:09 | 40km:03:47:00									
2409	3359	**WRÓBEL Marcin**	SIEMIANOWICE ŚLĄSKIE		POL	1976	M40	802	04:04:05	04:00:25	2146
		5km:00:28:10 | 10km:00:55:27 | 15km: 01:22:38 | 20km:01:49:54 | 21km:01:55:51 | 25km:02:17:20 | 30km:02:45:45 | 35km:03:15:00 | 40km:03:47:02									
2410	6525	**JEDRAS Barbara**	ESSEN	TKKF Kolejarz Bydgoszcz	POL	1970	K50	10	04:03:36	04:00:25	263
		5km:00:27:42 | 10km:00:56:31 | 15km: 01:24:27 | 20km:01:52:00 | 21km:01:58:01 | 25km:02:19:57 | 30km:02:48:12 | 35km:03:17:29 | 40km:03:47:22									
2411	10523	**KOZAK Krzysztof**	STRZELNO		POL	1966	M50	246	04:05:23	04:00:26	2147
		5km:00:28:44 | 10km:00:57:38 | 15km: 01:25:50 | 20km:01:55:12 | 21km:02:01:18 | 25km:02:23:07 | 30km:02:50:43 | 35km:03:18:50 | 40km:03:48:15									
2412	6253	**ZAPOROWSKI Krzysztof**	POZNAŃ		POL	1975	M40	803	04:04:31	04:00:26	2147
		5km:00:29:10 | 10km:00:57:17 | 15km: 01:24:30 | 20km:01:51:04 | 21km:01:56:44 | 25km:02:17:24 | 30km:02:45:43 | 35km:03:15:10 | 40km:03:47:13									
2413	6504	**TORZEWSKI Janusz**	WARSZAWA	WAT	POL	1973	M50	247	04:02:04	04:00:27	2149
		5km:00:25:10 | 10km:00:50:32 | 15km: 01:16:07 | 20km:01:42:03 | 21km:01:47:53 | 25km:02:10:00 | 30km:02:40:48 | 35km:03:13:46 | 40km:03:47:25									
2414	10224	**SROKA Grzegorz**	GRZĘSKA		POL	1979	M40	804	04:02:33	04:00:31	2150
		5km:00:24:20 | 10km:00:48:56 | 15km: 01:13:43 | 20km:01:38:31 | 21km:01:43:59 | 25km:02:05:31 | 30km:02:33:23 | 35km:03:06:53 | 40km:03:45:14									
2415	10302	**WĘGIEŁEK Grzegorz**	WARSZAWA	Klub Sportowy Powiśle	POL	1987	M30	750	04:03:39	04:00:31	2150
		5km:00:27:23 | 10km:00:54:51 | 15km: 01:21:58 | 20km:01:49:02 | 21km:01:54:55 | 25km:02:16:19 | 30km:02:43:40 | 35km:03:11:25 | 40km:03:45:12									
2416	6737	**CZARNECKI Grzegorz**	MASŁOMIĄCA	G.O.A.T. TEAM MICHAŁOWICE	POL	1986	M30	750	04:00:49	04:00:31	2150
		5km:00:22:07 | 10km:00:44:33 | 15km: 01:07:02 | 20km:01:30:22 | 21km:01:35:35 | 25km:01:56:17 | 30km:02:26:52 | 35km:03:03:56 | 40km:03:43:45									
2417	3549	**JARMUŻEWSKI Adam**	WARSZAWA	Grupa biegowa CHTMO	POL	1975	M40	805	04:04:30	04:00:32	2153
		5km:00:28:40 | 10km:00:56:53 | 15km: 01:24:37 | 20km:01:52:38 | 21km:01:58:43 | 25km:02:20:41 | 30km:02:48:52 | 35km:03:17:10 | 40km:03:47:46									
2418	2113	**NOGAL Robert**	WARSZAWA	Indoory Ursus	POL	1980	M40	806	04:03:42	04:00:35	2154
		5km:00:27:28 | 10km:00:54:31 | 15km: 01:21:29 | 20km:01:48:28 | 21km:01:54:18 | 25km:02:15:35 | 30km:02:44:02 | 35km:03:13:33 | 40km:03:46:17									
2419	7730	**STRZYŻEWSKI Arkadiusz**	GÓRA KALWARIA	Góra Biega	POL	1979	M40	806	04:04:04	04:00:35	2154
		5km:00:26:35 | 10km:00:53:16 | 15km: 01:20:27 | 20km:01:47:34 | 21km:01:53:27 | 25km:02:14:43 | 30km:02:43:16 | 35km:03:13:49 | 40km:03:48:01									
2420	5001	**DAKTERA Tomasz**	BIELAWA		POL	1991	M30	752	04:06:01	04:00:38	2156
		5km:00:28:21 | 10km:00:56:49 | 15km: 01:25:04 | 20km:01:53:08 | 21km:01:59:10 | 25km:02:21:31 | 30km:02:49:43 | 35km:03:18:25 | 40km:03:47:55									
2421	7046	**CZERNIGOWSKI Szymon**	WARSZAWA		POL	1993	M30	752	04:05:40	04:00:38	2156
		5km:00:28:37 | 10km:00:56:57 | 15km: 01:25:16 | 20km:01:53:20 | 21km:01:59:23 | 25km:02:21:10 | 30km:02:49:27 | 35km:03:17:58 | 40km:03:47:53									
2422	2593	**BAILLY Eric**	VINCENNES		FRA	1980	M40	808	04:07:01	04:00:41	2158
		5km:00:29:25 | 10km:00:58:31 | 15km: 01:26:49 | 20km:01:54:35 | 21km:02:00:23 | 25km:02:21:51 | 30km:02:49:34 | 35km:03:17:52 | 40km:03:48:28									
2423	7958	**DZIADOSZ Paweł**	WARSZAWA		POL	1980	M40	808	04:03:36	04:00:41	2158
		5km:00:26:54 | 10km:00:53:31 | 15km: 01:19:45 | 20km:01:46:12 | 21km:01:51:57 | 25km:02:12:52 | 30km:02:41:16 | 35km:03:13:15 | 40km:03:46:43									
2424	10618	**JAWORSKA Lilianna**	PUŁAWY	Pawtrans	POL	1984	K30	109	04:02:52	04:00:45	265
		5km:00:26:42 | 10km:00:54:03 | 15km: 01:21:38 | 20km:01:49:52 | 21km:01:55:50 | 25km:02:18:02 | 30km:02:46:37 | 35km:03:16:24 | 40km:03:47:47									
2425	6938	**STANISZEWSKI Piotr**	WARSZAWA	Stare Babice Biegają	POL	1975	M40	810	04:05:37	04:00:45	2160
		5km:00:27:55 | 10km:00:55:48 | 15km: 01:23:23 | 20km:01:50:47 | 21km:01:56:47 | 25km:02:18:05 | 30km:02:46:17 | 35km:03:15:20 | 40km:03:47:13									
2426	7010	**BOOTH Peter**	LEICESTER	Barrow Runners	GBR	1982	M40	810	04:06:02	04:00:45	2160
		5km:00:28:30 | 10km:00:57:23 | 15km: 01:26:51 | 20km:01:55:26 | 21km:02:01:57 | 25km:02:23:26 | 30km:02:51:12 | 35km:03:19:57 | 40km:03:48:27									
2427	7443	**RUTKOWSKI Adam**	BORZĘCIN MAŁY	Stare Babice biegają	POL	1978	M40	810	04:05:37	04:00:45	2160
		5km:00:27:54 | 10km:00:55:48 | 15km: 01:23:22 | 20km:01:50:51 | 21km:01:56:47 | 25km:02:18:07 | 30km:02:46:18 | 35km:03:15:11 | 40km:03:47:13									
2428	3513	**BARTUZI Andrzej**	PARCHATKA		POL	1972	M50	248	04:02:53	04:00:46	2163
		5km:00:26:41 | 10km:00:53:27 | 15km: 01:20:03 | 20km:01:46:19 | 21km:01:52:07 | 25km:02:13:04 | 30km:02:42:00 | 35km:03:13:07 | 40km:03:47:20									
2429	10424	**WIERONSKI Wojciech**	KRAKÓW		POL	1975	M40	813	04:04:31	04:00:48	2164
		5km:00:28:10 | 10km:00:55:50 | 15km: 01:24:14 | 20km:01:52:23 | 21km:01:58:21 | 25km:02:20:04 | 30km:02:48:14 | 35km:03:16:39 | 40km:03:47:47									
2430	2229	**PYTELEWSKI Łukasz**	ELBLĄG		POL	1992	M30	754	04:04:23	04:00:48	2164
		5km:00:26:54 | 10km:00:53:24 | 15km: 01:19:59 | 20km:01:47:20 | 21km:01:53:16 | 25km:02:14:56 | 30km:02:44:16 | 35km:03:15:31 | 40km:03:48:42									
2431	7714	**SUCHY Zbigniew**	ŻORY		POL	1974	M40	814	04:05:43	04:00:50	2166
		5km:00:28:26 | 10km:00:56:28 | 15km: 01:24:21 | 20km:01:52:34 | 21km:01:58:30 | 25km:02:20:22 | 30km:02:48:31 | 35km:03:17:16 | 40km:03:47:11									
2432	7596	**NATKANIEC Dariusz**	TYCHY		POL	1976	M40	815	04:04:26	04:00:51	2167
		5km:00:29:11 | 10km:00:56:32 | 15km: 01:24:11 | 20km:01:52:05 | 21km:01:58:05 | 25km:02:19:52 | 30km:02:47:50 | 35km:03:15:52 | 40km:03:46:38									
2433	7581	**GIACOSA Francisco**	WARSZAWA		ARG	1989	M30	755	04:06:42	04:00:53	2168
		5km:00:28:05 | 10km:00:56:22 | 15km: 01:23:18 | 20km:01:50:46 | 21km:01:56:35 | 25km:02:18:17 | 30km:02:46:35 | 35km:03:15:38 | 40km:03:47:29									
2434	13516	**KWIECIŃSKI Paweł**	DARLINGTON		POL	1968	M50	249	04:05:39	04:00:55	2169
		5km:00:28:09 | 10km:00:54:29 | 15km: 01:19:43 | 20km:01:45:50 | 21km:01:51:25 | 25km:02:11:53 | 30km:02:37:50 | 35km:03:07:47 | 40km:03:45:13									
2435	8145	**KONKEL Marcin**	WARSZAWA	Sport Generation	POL	1976	M40	816	04:05:58	04:00:55	2169
		5km:00:29:00 | 10km:00:56:51 | 15km: 01:24:27 | 20km:01:51:47 | 21km:01:57:48 | 25km:02:19:37 | 30km:02:48:26 | 35km:03:17:02 | 40km:03:48:16									
2436	2001	**MONIK Marcin**	WARSZAWA		POL	1983	M40	817	04:04:43	04:00:56	2171
		5km:00:27:52 | 10km:00:55:31 | 15km: 01:23:16 | 20km:01:51:03 | 21km:01:57:05 | 25km:02:19:03 | 30km:02:47:57 | 35km:03:17:33 | 40km:03:48:10									
2437	8147	**ROMAŃSKI Tomasz**	WARSZAWA		POL	1979	M40	818	04:03:10	04:00:57	2172
		5km:00:26:42 | 10km:00:53:12 | 15km: 01:19:22 | 20km:01:45:59 | 21km:01:51:48 | 25km:02:12:44 | 30km:02:40:51 | 35km:03:11:29 | 40km:03:47:42									
2438	7359	**CIEŚLEWICZ Wojciech**	GRUSZCZYN		POL	1984	M30	756	04:04:47	04:01:00	2173
		5km:00:28:47 | 10km:00:56:27 | 15km: 01:24:08 | 20km:01:51:49 | 21km:01:57:36 | 25km:02:19:11 | 30km:02:46:40 | 35km:03:14:15 | 40km:03:46:12									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2439	7064	**ŁĘCKI Paweł**	ŻYRARDÓW	Pietrzyk Running Team	POL	1989	M30	757	04:06:42	04:01:01	2174
		5km:00:27:34| 10km:00:55:29| 15km: 01:23:29 | 20km:01:50:17 | 21km:01:56:00 | 25km:02:16:40 | 30km:02:43:42 | 35km:03:10:28 | 40km:03:46:02									
2440	7899	**DĄBROWSKI-TUMAŃSKI Paweł**	OŻARÓW MAZOWIECKI		POL	1989	M30	758	04:05:48	04:01:06	2175
		5km:00:25:59| 10km:00:53:10| 15km: 01:19:52 | 20km:01:46:37 | 21km:01:52:30 | 25km:02:13:55 | 30km:02:41:54 | 35km:03:13:14 | 40km:03:47:44									
2441	5051	**MAJEWSKI Kajetan**	PODDĘBIE	Wieliszew Heron Team	POL	1993	M30	759	04:01:41	04:01:07	2176
		5km:00:22:40| 10km:00:48:17| 15km: 01:13:53 | 20km:01:39:50 | 21km:01:45:30 | 25km:02:08:36 | 30km:02:36:45 | 35km:03:09:43 | 40km:03:47:19									
2442	2933	**SIWIK Andrzej**	ŻARY		POL	1973	M50	250	04:06:23	04:01:09	2177
		5km:00:28:47| 10km:00:58:17| 15km: 01:26:44 | 20km:01:55:48 | 21km:02:01:49 | 25km:02:24:41 | 30km:02:52:35 | 35km:03:20:17 | 40km:03:49:11									
2443	7030	**HRISTOV Nikolay**	VARNA		BUL	1976	M40	819	04:04:29	04:01:11	2178
		5km:00:26:59| 10km:00:54:18| 15km: 01:22:02 | 20km:01:49:56 | 21km:01:55:57 | 25km:02:18:38 | 30km:02:47:33 | 35km:03:16:51 | 40km:03:48:15									
2444	8208	**BURY Małgorzata**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1979	K40	100	04:05:41	04:01:11	266
		5km:00:28:02| 10km:00:54:46| 15km: 01:20:52 | 20km:01:47:09 | 21km:01:52:46 | 25km:02:14:01 | 30km:02:42:19 | 35km:03:12:58 | 40km:03:48:13									
2445	10432	**SIKORSKI Mateusz**	SOCHACZEW		POL	1988	M30	760	04:05:49	04:01:19	2179
		5km:00:27:31| 10km:00:54:59| 15km: 01:21:55 | 20km:01:48:54 | 21km:01:54:49 | 25km:02:16:22 | 30km:02:44:19 | 35km:03:14:03 | 40km:03:47:38									
2446	2589	**PITAK-CHMIEL Edyta**	WARSZAWA		POL	1982	K40	101	04:05:26	04:01:20	267
		5km:00:28:38| 10km:00:56:49| 15km: 01:24:37 | 20km:01:52:32 | 21km:01:58:34 | 25km:02:20:51 | 30km:02:50:25 | 35km:03:19:33 | 40km:03:49:23									
2447	2080	**KULIŃSKI Krzysztof**	WRĘCZYCA WIELKA		POL	1989	M30	761	04:08:53	04:01:21	2180
		5km:00:28:41| 10km:00:57:08| 15km: 01:25:12 | 20km:01:52:18 | 21km:01:58:03 | 25km:02:18:47 | 30km:02:45:46 | 35km:03:14:09 | 40km:03:47:50									
2448	2416	**FRĄK Edyta**	TORUŃ		POL	1988	K30	110	04:02:51	04:01:21	268
		5km:00:27:08| 10km:00:55:33| 15km: 01:24:11 | 20km:01:52:56 | 21km:01:59:02 | 25km:02:21:43 | 30km:02:51:07 | 35km:03:20:23 | 40km:03:49:09									
2449	2655	**LADYZHEV Jegor**	WARSZAWA		UKR	2000	M20	310	04:04:51	04:01:23	2181
		5km:00:29:32| 10km:00:58:40| 15km: 01:27:18 | 20km:01:55:10 | 21km:02:01:17 | 25km:02:22:46 | 30km:02:50:40 | 35km:03:17:45 | 40km:03:48:25									
2450	10290	**NOWAKOWSKI Robert**	LIPNIAK	Nowakowscy	POL	1975	M40	820	04:04:56	04:01:24	2182
		5km:00:28:24| 10km:00:56:04| 15km: 01:23:04 | 20km:01:50:12 | 21km:01:56:07 | 25km:02:17:31 | 30km:02:44:51 | 35km:03:12:51 | 40km:03:44:09									
2451	4613	**KRAJEWSKI Łukasz**	WARSZAWA		POL	1982	M40	821	04:06:39	04:01:25	2183
		5km:00:27:43| 10km:00:55:10| 15km: 01:22:58 | 20km:01:51:03 | 21km:01:56:54 | 25km:02:18:49 | 30km:02:47:06 | 35km:03:16:22 | 40km:03:48:29									
2452	5161	**SZCZEPANIAK Patryk**	RZGÓW		POL	1993	M30	762	04:06:47	04:01:28	2184
		5km:00:26:39| 10km:00:53:05| 15km: 01:20:03 | 20km:01:46:48 | 21km:01:52:25 | 25km:02:13:45 | 30km:02:43:15 | 35km:03:14:49 | 40km:03:48:22									
2453	4171	**WÓJCIK Marcin**	ZĄBKI		POL	1989	M30	763	04:06:10	04:01:29	2185
		5km:00:28:14| 10km:00:55:44| 15km: 01:22:51 | 20km:01:50:34 | 21km:01:56:31 | 25km:02:18:09 | 30km:02:46:02 | 35km:03:13:23 | 40km:03:48:15									
2454	4674	**DRYŃKOWSKI Paweł**	WARSZAWA		POL	1998	M20	311	04:07:14	04:01:29	2185
		5km:00:29:33| 10km:00:59:19| 15km: 01:28:26 | 20km:01:57:07 | 21km:02:03:27 | 25km:02:25:34 | 30km:02:53:53 | 35km:03:21:49 | 40km:03:49:45									
2455	10192	**SZUMACHER Iwona**	JAKTORÓW		POL	1973	K50	11	04:05:54	04:01:35	269
		5km:00:26:29| 10km:00:53:44| 15km: 01:20:53 | 20km:01:48:04 | 21km:01:54:01 | 25km:02:15:22 | 30km:02:44:49 | 35km:03:16:06 | 40km:03:48:02									
2456	10039	**LEJAWKA Grzegorz**	DALESZYCE	10ŚBOT	POL	1976	M40	822	04:01:51	04:01:36	2187
		5km:00:21:27| 10km:00:42:25| 15km: 01:03:22 | 20km:01:24:39 | 21km:01:29:20 | 25km:01:46:42 | 30km:02:27:58 | 35km:03:06:52 | 40km:03:45:43									
2457	10464	**JEZIAK Waldemar**	SKÓRZEWO		POL	1970	M50	251	04:05:16	04:01:36	2187
		5km:00:28:13| 10km:00:55:31| 15km: 01:22:43 | 20km:01:49:57 | 21km:01:55:58 | 25km:02:17:24 | 30km:02:45:40 | 35km:03:14:47 | 40km:03:47:10									
2458	2990	**JOHNS Chris**	UXBRIDGE	Atty and Mini - Claw and Order	GBR	1990	M30	764	04:02:29	04:01:39	2189
		5km:00:23:40| 10km:00:48:31| 15km: 01:14:49 | 20km:01:40:35 | 21km:01:46:17 | 25km:02:08:09 | 30km:02:37:42 | 35km:03:10:23 | 40km:03:46:23									
2459	7390	**DĄBROWSKI Michał**	SKIERNIEWICE		POL	1985	M30	764	04:04:36	04:01:39	2189
		5km:00:27:52| 10km:00:55:27| 15km: 01:22:43 | 20km:01:50:12 | 21km:01:56:13 | 25km:02:17:47 | 30km:02:45:30 | 35km:03:14:26 | 40km:03:47:45									
2460	3026	**DUBROVA Svitlana**	KIYV	Osnova bigu	UKR	1977	K40	102	04:05:24	04:01:40	270
		5km:00:29:03| 10km:00:57:31| 15km: 01:25:49 | 20km:01:53:44 | 21km:01:59:51 | 25km:02:22:09 | 30km:02:50:48 | 35km:03:19:43 | 40km:03:48:48									
2461	6219	**SKOMRA Krzysztof**	WARSZAWA	COMARCH TEAM	POL	1978	M40	823	04:05:30	04:01:41	2191
		5km:00:28:47| 10km:00:56:23| 15km: 01:24:22 | 20km:01:52:46 | 21km:01:58:33 | 25km:02:20:14 | 30km:02:48:07 | 35km:03:16:53 | 40km:03:48:31									
2462	13041	**MAZUR Piotr**	WARSZAWA		POL	1980	M40	824	04:07:01	04:01:43	2192
		5km:00:28:26| 10km:00:57:17| 15km: 01:25:04 | 20km:01:53:27 | 21km:01:59:28 | 25km:02:22:21 | 30km:02:49:30 | 35km:03:16:34 | 40km:03:48:13									
2463	15502	**BANACH Artur**	POLKOWICE	NSZZ Solidarność w Volkswagen Motor Polska	POL	1976	M40	825	04:03:28	04:01:45	2193
		5km:00:25:10| 10km:00:51:09| 15km: 01:17:19 | 20km:01:44:08 | 21km:01:50:01 | 25km:02:11:58 | 30km:02:41:49 | 35km:03:13:49 | 40km:03:48:06									
2464	2817	**SZEFFER Piotr**	GDAŃSK		POL	1985	M30	766	04:05:43	04:01:45	2193
		5km:00:28:15| 10km:00:55:42| 15km: 01:23:36 | 20km:01:51:24 | 21km:01:57:15 | 25km:02:19:01 | 30km:02:46:49 | 35km:03:15:43 | 40km:03:49:23									
2465	6128	**PARADOWSKA Michalina**	WARSZAWA		POL	1993	K30	111	04:05:06	04:01:45	271
		5km:00:28:30| 10km:00:55:47| 15km: 01:22:57 | 20km:01:50:18 | 21km:01:56:09 | 25km:02:18:09 | 30km:02:45:47 | 35km:03:14:40 | 40km:03:48:39									
2466	2385	**HURRY Martin**	BEXHILL-ON-SEA		GBR	1979	M40	826	04:03:57	04:01:46	2195
		5km:00:26:55| 10km:00:55:28| 15km: 01:23:23 | 20km:01:52:55 | 21km:01:58:51 | 25km:02:22:37 | 30km:02:50:53 | 35km:03:21:22 | 40km:03:50:50									
2467	3094	**ZIOMEK Wiktor**	WARSZAWA		POL	1992	M30	767	04:05:48	04:01:47	2196
		5km:00:28:40| 10km:00:56:36| 15km: 01:24:13 | 20km:01:51:57 | 21km:01:57:48 | 25km:02:20:07 | 30km:02:47:44 | 35km:03:15:17 | 40km:03:49:01									
2468	4635	**MIŁKWOSKI Michał**	WĘGORZEWO		POL	1994	M20	312	04:08:16	04:01:47	2196
		5km:00:26:23| 10km:00:54:01| 15km: 01:21:05 | 20km:01:47:55 | 21km:01:53:39 | 25km:02:14:15 | 30km:02:41:17 | 35km:03:10:20 | 40km:03:46:11									
2469	4654	**WOJTECKI Tomasz**	ŁÓDŹ		POL	1980	M40	827	04:07:07	04:01:47	2196
		5km:00:23:29| 10km:00:48:01| 15km: 01:15:23 | 20km:01:40:20 | 21km:01:45:45 | 25km:02:07:08 | 30km:02:36:25 | 35km:03:10:51 | 40km:03:49:09									
2470	7173	**TELIGA Rafał**	HUTA NOWA	Dream Team Wokół Łysej Góry	POL	1989	M30	767	04:01:50	04:01:47	2196
		5km:00:19:06| 10km:00:38:24| 15km: 00:57:23 | 20km:01:16:46 | 21km:01:21:01 | 25km:01:38:18 | 30km:02:28:11 | 35km:03:07:07 | 40km:03:46:03									
2471	7302	**WIECZOREK Katarzyna**	ZAMIENIE		POL	1974	K40	103	04:06:00	04:01:47	272
		5km:00:28:58| 10km:00:57:44| 15km: 01:25:58 | 20km:01:54:03 | 21km:02:00:07 | 25km:02:22:01 | 30km:02:50:30 | 35km:03:18:57 | 40km:03:49:23									
2472	6014	**SMOLIŃSKA Marta**	PRZASNYSZ	KS Przaśnik Przasnysz	POL	1981	K40	104	04:06:51	04:01:48	273
		5km:00:28:03| 10km:00:55:56| 15km: 01:23:08 | 20km:01:50:52 | 21km:01:56:55 | 25km:02:18:54 | 30km:02:46:51 | 35km:03:16:06 | 40km:03:48:49									
2473	3553	**OLEJNIK Bartosz**	PRZEŹMIEROWO		POL	1990	M30	769	04:06:33	04:01:49	2200
		5km:00:28:08| 10km:00:55:56| 15km: 01:22:56 | 20km:01:50:02 | 21km:01:55:49 | 25km:02:16:29 | 30km:02:44:30 | 35km:03:13:38 | 40km:03:47:26									
2474	10127	**SŁAWEK Marcin**	KRAKÓW	Drużyna Szpiku	POL	1984	M30	770	04:05:19	04:01:51	2201
		5km:00:27:49| 10km:00:55:33| 15km: 01:22:49 | 20km:01:50:05 | 21km:01:55:58 | 25km:02:17:23 | 30km:02:45:22 | 35km:03:14:56 | 40km:03:48:13									
2475	14009	**PIETRZAK Dominik**	SIERADZ	Scanfil	POL	1988	M30	771	04:05:54	04:01:54	2202
		5km:00:28:06| 10km:00:55:39| 15km: 01:23:31 | 20km:01:51:15 | 21km:01:57:12 | 25km:02:18:51 | 30km:02:46:44 | 35km:03:14:35 | 40km:03:46:38									
2476	7447	**ŁASTOWIECKI Radosław**	MIŃSK MAZOWIECKI	KS Barakuda Mińsk Mazowiecki	POL	1975	M40	828	04:06:09	04:01:55	2203
		5km:00:28:29| 10km:00:56:48| 15km: 01:24:20 | 20km:01:52:25 | 21km:01:58:34 | 25km:02:20:38 | 30km:02:48:53 | 35km:03:17:28 | 40km:03:48:46									
2477	16010	**CISZEWSKA Aleksandra**	GDYNIA		POL	1980	K40	105	04:06:00	04:01:57	274
		5km:00:28:46| 10km:00:56:58| 15km: 01:24:52 | 20km:01:52:57 | 21km:01:59:03 | 25km:02:21:07 | 30km:02:49:19 | 35km:03:19:58 | 40km:03:49:42									
2478	3052	**SNEAD Andrew**	HENLEY-IN-ARDEN		GBR	1984	M30	772	04:04:46	04:01:57	2204
		5km:00:28:35| 10km:00:56:42| 15km: 01:24:58 | 20km:01:52:43 | 21km:01:58:50 | 25km:02:20:52 | 30km:02:48:58 | 35km:03:17:53 | 40km:03:49:07									
2479	8249	**GOŁASZEWSKI Jacek**	ŁÓDŹ		POL	1987	M30	773	04:05:41	04:01:58	2205
		5km:00:28:17| 10km:00:55:30| 15km: 01:22:39 | 20km:01:49:30 | 21km:01:55:23 | 25km:02:17:07 | 30km:02:45:27 | 35km:03:15:08 | 40km:03:47:49									
2480	7675	**WOJDAŁA Piotr**	DĄBROWA GÓRNICZA	Spartan Training Group Sosnowiec	POL	1987	M30	774	04:05:06	04:01:59	2206
		5km:00:27:10| 10km:00:54:43| 15km: 01:21:36 | 20km:01:48:18 | 21km:01:54:07 | 25km:02:15:39 | 30km:02:43:39 | 35km:03:11:30 | 40km:03:45:27									
2481	14524	**LASKOWSKI Wojciech**	WROCŁAW	OIRP Wrocław	POL	1984	M30	775	04:11:18	04:02:02	2207
		5km:00:28:18| 10km:00:58:21| 15km: 01:31:54 | 20km:02:00:17 | 21km:02:05:59 | 25km:02:27:29 | 30km:02:54:06 | 35km:03:20:25 | 40km:03:49:24									
2482	4249	**KRUPA Kamila**	WARSZAWA	Adidas Runners Warsaw	POL	2003	K20	47	04:07:01	04:02:04	275
		5km:00:28:40| 10km:00:57:11| 15km: 01:25:16 | 20km:01:53:47 | 21km:01:59:59 | 25km:02:22:13 | 30km:02:50:39 | 35km:03:18:49 | 40km:03:48:39									
2483	3239	**KUSZEK Grzegorz**	SOSNOWIEC		POL	1985	M30	776	04:07:43	04:02:06	2208
		5km:00:28:07| 10km:00:56:31| 15km: 01:24:47 | 20km:01:52:42 | 21km:01:58:38 | 25km:02:20:44 | 30km:02:49:09 | 35km:03:17:34 | 40km:03:49:24									
2484	6600	**RZECZYCKA Małgorzata**	OPOLE		POL	1978	K40	106	04:06:55	04:02:08	276
		5km:00:28:07| 10km:00:56:19| 15km: 01:23:59 | 20km:01:52:12 | 21km:01:58:16 | 25km:02:20:42 | 30km:02:49:57 | 35km:03:18:59 | 40km:03:49:26									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:12 | 10km:00:55:54 | 15km: 01:23:21 | 20km:01:50:38 | 21km:01:56:39 | 25km:02:18:09 | 30km:02:45:46 | 35km:03:14:38 | 40km:03:48:30									
2485	2129	**STARANOWICZ Maciej**	BIAŁYSTOK		POL	2002	M20	313	04:08:23	04:02:09	2209
2486	2610	**NYLÉN William**	TÄBY		SWE	2000	M20	313	04:06:51	04:02:09	2209
		5km:00:28:18 | 10km:00:56:24 | 15km: 01:24:00 | 20km:01:52:07 | 21km:01:58:13 | 25km:02:20:16 | 30km:02:48:25 | 35km:03:17:13 | 40km:03:48:11									
2487	12044	**FILOCHOWSKI Daniel**	PRUSZKÓW	BWRUNNERS	POL	1976	M40	829	04:06:34	04:02:10	2211
		5km:00:27:45 | 10km:00:55:16 | 15km: 01:22:24 | 20km:01:49:26 | 21km:01:55:29 | 25km:02:16:54 | 30km:02:44:41 | 35km:03:13:02 | 40km:03:47:22									
2488	4007	**ZAKRZEWSKI Piotr**	ZIELONKI-WIEŚ		POL	1984	M30	777	04:07:35	04:02:10	2211
		5km:00:27:49 | 10km:00:55:02 | 15km: 01:22:10 | 20km:01:49:59 | 21km:01:55:51 | 25km:02:17:31 | 30km:02:45:34 | 35km:03:14:45 | 40km:03:48:02									
2489	2460	**PARYŻ Dariusz**	GLIWICE		POL	1980	M40	830	04:05:25	04:02:11	2213
		5km:00:27:28 | 10km:00:54:54 | 15km: 01:22:02 | 20km:01:49:13 | 21km:01:55:10 | 25km:02:16:41 | 30km:02:44:19 | 35km:03:12:02 | 40km:03:46:06									
2490	3678	**CZARNOMSKI Michał**	GDAŃSK		POL	1990	M30	778	04:05:42	04:02:11	2213
		5km:00:27:17 | 10km:00:54:34 | 15km: 01:21:48 | 20km:01:48:55 | 21km:01:54:52 | 25km:02:16:14 | 30km:02:45:21 | 35km:03:15:56 | 40km:03:47:05									
2491	5171	**CZARNOMSKI Paweł**	WARSZAWA		POL	1985	M30	779	04:05:43	04:02:12	2215
		5km:00:27:15 | 10km:00:54:34 | 15km: 01:21:48 | 20km:01:48:53 | 21km:01:54:53 | 25km:02:16:15 | 30km:02:45:22 | 35km:03:15:57 | 40km:03:47:05									
2492	3025	**DĄBROWSKI Maciej**	WROCŁAW		POL	1982	M40	831	04:03:07	04:02:14	2216
		5km:00:27:19 | 10km:00:55:12 | 15km: 01:22:56 | 20km:01:50:32 | 21km:01:56:32 | 25km:02:18:33 | 30km:02:46:58 | 35km:03:16:55 | 40km:03:50:48									
2493	13509	**MANISZEWSKI Mateusz**	PRUSZKÓW		POL	1983	M40	832	04:07:58	04:02:15	2217
		5km:00:28:02 | 10km:00:55:42 | 15km: 01:23:11 | 20km:01:51:04 | 21km:01:57:09 | 25km:02:19:01 | 30km:02:47:05 | 35km:03:16:20 | 40km:03:48:40									
2494	3462	**PULKOWSKA Justyna**	WARSZAWA		POL	1987	K30	112	04:08:58	04:02:15	277
		5km:00:29:11 | 10km:00:58:16 | 15km: 01:27:31 | 20km:01:56:14 | 21km:02:02:28 | 25km:02:24:52 | 30km:02:53:15 | 35km:03:21:30 | 40km:03:50:09									
2495	7175	**ZABOROWSKA Renata**	PUŁAWY	biegusiem.pl	POL	1976	K40	107	04:04:59	04:02:15	277
		5km:00:26:55 | 10km:00:54:17 | 15km: 01:21:24 | 20km:01:48:42 | 21km:01:54:34 | 25km:02:16:30 | 30km:02:45:28 | 35km:03:15:26 | 40km:03:47:55									
2496	3929	**SZEWCZYK Jacek**	WARSZAWA		POL	1975	M40	833	04:08:57	04:02:17	2218
		5km:00:29:33 | 10km:00:59:04 | 15km: 01:27:55 | 20km:01:57:02 | 21km:02:03:23 | 25km:02:25:51 | 30km:02:53:57 | 35km:03:21:22 | 40km:03:49:57									
2497	4186	**BOULAND Thierry**	LYON		FRA	1957	M60	40	04:06:55	04:02:18	2219
		5km:00:28:08 | 10km:00:55:24 | 15km: 01:22:27 | 20km:01:49:43 | 21km:01:55:34 | 25km:02:16:54 | 30km:02:45:31 | 35km:03:15:32 | 40km:03:48:46									
2498	6764	**CONNOLLY John**	GALWAY		IRL	1973	M50	252	04:07:52	04:02:18	2219
		5km:00:27:43 | 10km:00:55:23 | 15km: 01:22:42 | 20km:01:49:59 | 21km:01:55:52 | 25km:02:17:40 | 30km:02:46:12 | 35km:03:15:31 | 40km:03:48:50									
2499	6410	**KRYŚKIEWICZ Daniel**	SZCZECIN		POL	1996	M20	315	04:12:06	04:02:21	2221
		5km:00:26:36 | 10km:00:55:14 | 15km: 01:25:42 | 20km:01:54:11 | 21km:02:00:29 | 25km:02:22:31 | 30km:02:52:11 | 35km:03:21:14 | 40km:03:50:48									
2500	3645	**KOWALSKI Andrzej**	KRAŚNIK	Kraśnik Biega	POL	1977	M40	834	04:04:56	04:02:22	2222
		5km:00:26:37 | 10km:00:53:08 | 15km: 01:19:37 | 20km:01:45:56 | 21km:01:51:41 | 25km:02:12:42 | 30km:02:41:32 | 35km:03:14:38 | 40km:03:48:26									
2501	7967	**GELAR Piotr**	SKARŻYSKO KAMIENNA		POL	1998	M20	316	04:06:31	04:02:22	2222
		5km:00:28:31 | 10km:00:56:38 | 15km: 01:24:11 | 20km:01:52:03 | 21km:01:57:57 | 25km:02:19:58 | 30km:02:48:31 | 35km:03:17:48 | 40km:03:48:28									
2502	7834	**RUSIN Michał**	KRAKÓW		POL	1981	M40	835	04:05:53	04:02:23	2224
		5km:00:26:45 | 10km:00:53:51 | 15km: 01:21:20 | 20km:01:48:44 | 21km:01:54:36 | 25km:02:16:06 | 30km:02:44:34 | 35km:03:14:32 | 40km:03:49:17									
2503	4021	**KŁOSIŃSKI Piotr**	KRAKÓW		POL	1985	M30	780	04:05:50	04:02:24	2225
		5km:00:27:13 | 10km:00:54:32 | 15km: 01:21:38 | 20km:01:48:47 | 21km:01:54:37 | 25km:02:15:54 | 30km:02:44:10 | 35km:03:13:29 | 40km:03:48:27									
2504	10385	**WIELKIEWICZ Janusz**	KRAKÓW		POL	1973	M50	253	04:06:32	04:02:26	2226
		5km:00:27:05 | 10km:00:53:58 | 15km: 01:20:09 | 20km:01:46:47 | 21km:01:52:33 | 25km:02:13:49 | 30km:02:42:41 | 35km:03:12:57 | 40km:03:46:58									
2505	4299	**BAKALARZ Mariusz**	ŁUBOWO	Spodenki Nisko Opuszczone	POL	1983	M40	836	04:07:56	04:02:26	2226
		5km:00:28:41 | 10km:00:57:13 | 15km: 01:25:21 | 20km:01:53:14 | 21km:01:59:16 | 25km:02:20:54 | 30km:02:49:10 | 35km:03:17:22 | 40km:03:48:21									
2506	6933	**PIEPER Daniel**	KĄPINO		POL	1983	M40	836	04:05:55	04:02:26	2226
		5km:00:27:10 | 10km:00:54:36 | 15km: 01:21:47 | 20km:01:48:59 | 21km:01:54:56 | 25km:02:16:35 | 30km:02:46:05 | 35km:03:16:23 | 40km:03:48:55									
2507	7293	**MICHALAK Marcin**	POZNAŃ		POL	1986	M30	781	04:07:49	04:02:27	2229
		5km:00:27:26 | 10km:00:54:27 | 15km: 01:21:51 | 20km:01:49:00 | 21km:01:54:44 | 25km:02:16:50 | 30km:02:45:44 | 35km:03:16:26 | 40km:03:48:53									
2508	3449	**SMOLEC Wojciech**	ANDRYCHÓW		POL	1993	M30	782	04:05:00	04:02:28	2230
		5km:00:27:02 | 10km:00:54:08 | 15km: 01:21:14 | 20km:01:48:35 | 21km:01:54:31 | 25km:02:16:46 | 30km:02:45:44 | 35km:03:15:25 | 40km:03:49:59									
2509	3134	**HERTIN Isak**	ÖREBRO		SWE	1999	M20	317	04:03:49	04:02:30	2231
		5km:00:25:22 | 10km:00:50:59 | 15km: 01:16:56 | 20km:01:43:32 | 21km:01:49:18 | 25km:02:10:54 | 30km:02:39:56 | 35km:03:11:54 | 40km:03:49:11									
2510	3953	**SZYMAŃSKI Kacper**	OTWOCK		POL	2004	M20	318	04:05:48	04:02:32	2232
		5km:00:27:25 | 10km:00:54:47 | 15km: 01:21:57 | 20km:01:49:16 | 21km:01:55:08 | 25km:02:16:53 | 30km:02:45:34 | 35km:03:16:18 | 40km:03:48:54									
2511	5087	**CALDERÓN Héctor**	BARCELONA		ESP	1996	M20	318	04:07:11	04:02:32	2232
		5km:00:29:03 | 10km:00:57:33 | 15km: 01:25:46 | 20km:01:53:37 | 21km:01:59:32 | 25km:02:21:02 | 30km:02:49:01 | 35km:03:17:47 | 40km:03:49:21									
2512	3643	**ŚWIERSZCZ Paweł**	WARSZAWA		POL	1984	M30	783	04:08:04	04:02:33	2234
		5km:00:27:49 | 10km:00:55:52 | 15km: 01:24:37 | 20km:01:41:54 | 21km:01:59:12 | 25km:02:21:20 | 30km:02:49:32 | 35km:03:18:16 | 40km:03:49:15									
2513	5202	**LACH-BRZOZOWSKA Edyta**	ZIELONKA	Wioska biegaczy.	POL	1979	K40	108	04:05:35	04:02:34	279
		5km:00:27:11 | 10km:00:54:22 | 15km: 01:21:47 | 20km:01:49:17 | 21km:01:55:17 | 25km:02:17:13 | 30km:02:46:51 | 35km:03:16:25 | 40km:03:48:48									
2514	7631	**ZACHMACZ Jakub**	ZEGRZE		POL	2003	M20	320	04:03:46	04:02:34	2235
		5km:00:23:59 | 10km:00:48:46 | 15km: 01:13:50 | 20km:01:41:04 | 21km:01:48:41 | 25km:02:14:26 | 30km:02:48:29 | 35km:03:16:24 | 40km:03:49:52									
2515	2675	**GOŁĄBEK Marek**	SZCZYRK	OGB	POL	1982	M40	838	04:06:44	04:02:35	2236
		5km:00:28:34 | 10km:00:56:08 | 15km: 01:24:04 | 20km:01:52:14 | 21km:01:58:11 | 25km:02:20:09 | 30km:02:48:04 | 35km:03:16:44 | 40km:03:48:37									
2516	10239	**FISZKA BORZYSZKOWSKI Jordan**	BYTÓW		POL	2000	M20	321	04:08:00	04:02:36	2237
		5km:00:24:51 | 10km:00:49:53 | 15km: 01:15:14 | 20km:01:41:00 | 21km:01:46:32 | 25km:02:06:31 | 30km:02:37:09 | 35km:03:10:46 | 40km:03:48:05									
2517	6564	**ANDRULEWICZ Marcin**	WARSZAWA		POL	1994	M20	321	04:02:45	04:02:36	2237
		5km:00:21:33 | 10km:00:43:09 | 15km: 01:04:46 | 20km:01:26:03 | 21km:01:30:43 | 25km:01:47:24 | 30km:02:21:54 | 35km:02:45:53 | 40km:03:42:18									
2518	3573	**KIEŁTYKA Ryszard**	RZEPIENNIK BISKUPI		POL	1963	M60	41	04:06:57	04:02:37	2239
		5km:00:27:34 | 10km:00:54:58 | 15km: 01:22:14 | 20km:01:49:34 | 21km:01:55:32 | 25km:02:17:35 | 30km:02:46:33 | 35km:03:16:17 | 40km:03:48:55									
2519	7323	**SUCHOLEWSKI Damian**	WARSZAWA	Kondycja Piaseczno	POL	1978	M40	839	04:03:16	04:02:37	2239
		5km:00:26:10 | 10km:00:52:39 | 15km: 01:19:28 | 20km:01:46:30 | 21km:01:52:28 | 25km:02:13:57 | 30km:02:46:21 | 35km:03:17:18 | 40km:03:49:43									
2520	8108	**GAPIN--FREHEL Jean-Malo**	ORLÉANS		FRA	1997	M20	323	04:03:43	04:02:37	2239
		5km:00:23:42 | 10km:00:47:52 | 15km: 01:11:32 | 20km:01:35:33 | 21km:01:40:50 | 25km:02:01:20 | 30km:02:37:58 | 35km:03:18:19 | 40km:03:52:22									
2521	10190	**KAŹMIRSKI Dariusz**	BYDGOSZCZ		POL	1970	M50	254	04:07:43	04:02:38	2242
		5km:00:28:30 | 10km:00:56:59 | 15km: 01:25:08 | 20km:01:53:38 | 21km:01:59:53 | 25km:02:22:07 | 30km:02:50:31 | 35km:03:18:40 | 40km:03:48:44									
2522	3391	**HERLICZKA Tomasz**	GLIWICE	AML FLY TEAM	POL	1975	M40	840	04:11:31	04:02:41	2243
		5km:00:28:39 | 10km:00:57:16 | 15km: 01:26:33 | 20km:01:55:17 | 21km:02:01:19 | 25km:02:23:33 | 30km:02:51:10 | 35km:03:19:48 | 40km:03:49:56									
2523	4418	**WISNIEWSKI Piotr**	TORUŃ		POL	1977	M40	840	04:04:44	04:02:41	2243
		5km:00:27:44 | 10km:00:56:20 | 15km: 01:25:07 | 20km:01:54:36 | 21km:02:00:31 | 25km:02:22:01 | 30km:02:49:51 | 35km:03:19:13 | 40km:03:50:17									
2524	7724	**MAREK Jacek**	WARSZAWA		POL	1978	M40	840	04:03:59	04:02:41	2243
		5km:00:24:33 | 10km:00:49:14 | 15km: 01:13:51 | 20km:01:38:30 | 21km:01:43:54 | 25km:02:03:26 | 30km:02:29:51 | 35km:02:59:16 | 40km:03:43:30									
2525	7389	**KWIECIEŃ Tomasz**	OPOLE	KB ODRA OPOLE	POL	1978	M40	843	04:06:36	04:02:44	2246
		5km:00:28:47 | 10km:00:56:16 | 15km: 01:23:44 | 20km:01:51:33 | 21km:01:57:29 | 25km:02:19:12 | 30km:02:47:18 | 35km:03:16:31 | 40km:03:49:07									
2526	4118	**LIRA ROCHA Marcio**	S?O PAULO		BRA	1979	M40	844	04:03:46	04:02:49	2247
		5km:00:23:48 | 10km:00:48:02 | 15km: 01:12:17 | 20km:01:36:32 | 21km:01:41:55 | 25km:02:01:54 | 30km:02:34:57 | 35km:03:13:00 | 40km:03:49:07									
2527	2740	**SZYSZKA Michał**	WARSZAWA		POL	1976	M40	845	04:05:49	04:02:50	2248
		5km:00:27:12 | 10km:00:54:07 | 15km: 01:21:10 | 20km:01:47:59 | 21km:01:53:54 | 25km:02:14:51 | 30km:02:42:37 | 35km:03:12:32 | 40km:03:47:55									
2528	3909	**ROEHRYCH Paweł**	WARSZAWA	MARATONY POLSKIE.PL	POL	1971	M50	255	04:08:09	04:02:55	2249
		5km:00:27:42 | 10km:00:55:47 | 15km: 01:23:23 | 20km:01:51:28 | 21km:01:57:37 | 25km:02:19:49 | 30km:02:49:06 | 35km:03:17:15 | 40km:03:49:01									
2529	7037	**ŁUKOWSKI Rafał**	WARSZAWA	Sii Running Team	POL	1990	M30	784	04:10:15	04:02:57	2250
		5km:00:28:37 | 10km:00:57:11 | 15km: 01:25:00 | 20km:01:52:42 | 21km:01:58:38 | 25km:02:20:16 | 30km:02:47:56 | 35km:03:16:39 | 40km:03:48:18									
2530	6572	**SIUDZIŃSKI Paweł**	ŁÓDŹ	Łódź Kocha Sport	POL	1981	M40	846	04:04:51	04:02:58	2251
		5km:00:27:22 | 10km:00:54:32 | 15km: 01:21:39 | 20km:01:49:01 | 21km:01:54:57 | 25km:02:16:17 | 30km:02:44:52 | 35km:03:14:50 | 40km:03:47:54									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:09 | 10km:00:52:53 | 15km: 01:19:39 | 20km:01:46:58 | 21km:01:52:50 | 25km:02:14:29 | 30km:02:44:57 | 35km:03:15:39 | 40km:03:49:09									
2531	3139	**MAZUR Michał**	LEGIONOWO		POL	1981	M40	847	04:04:09	04:02:59	2252
		5km:00:28:09 | 10km:00:56:25 | 15km: 01:24:40 | 20km:01:52:30 | 21km:01:58:24 | 25km:02:19:30 | 30km:02:47:56 | 35km:03:16:29 | 40km:03:49:14									
2532	6261	**ŁUCIÓW Leszek**	WROCŁAW	NOA	POL	1974	M40	848	04:07:59	04:03:00	2253
		5km:00:28:34 | 10km:00:56:53 | 15km: 01:24:49 | 20km:01:52:59 | 21km:01:58:58 | 25km:02:21:04 | 30km:02:49:53 | 35km:03:18:52 | 40km:03:50:14									
2533	7349	**MARCZAK Agnieszka**	MIŃSK MAZOWIECKI		POL	1979	K40	109	04:07:17	04:03:00	280
		5km:00:28:09 | 10km:00:56:25 | 15km: 01:24:40 | 20km:01:52:30 | 21km:01:58:24 | 25km:02:19:30 | 30km:02:47:56 | 35km:03:16:29 | 40km:03:49:14									
2534	3061	**KOT Tomasz**	WARSZAWA		POL	1979	M40	849	04:07:47	04:03:01	2254
		5km:00:26:29 | 10km:00:53:08 | 15km: 01:19:19 | 20km:01:45:55 | 21km:01:51:37 | 25km:02:12:36 | 30km:02:42:01 | 35km:03:14:16 | 40km:03:49:30									
2535	10253	**SKOKOWSKI Robert**	ŁÓDŹ		POL	1988	M30	785	04:05:46	04:03:02	2255
		5km:00:27:50 | 10km:00:55:42 | 15km: 01:23:05 | 20km:01:50:59 | 21km:01:56:47 | 25km:02:18:30 | 30km:02:47:04 | 35km:03:16:48 | 40km:03:49:07									
2536	3387	**CHŁOPIK Paweł**	WARSZAWA		POL	1981	M40	850	04:07:55	04:03:03	2256
		5km:00:29:41 | 10km:00:59:13 | 15km: 01:28:01 | 20km:01:57:53 | 21km:02:04:25 | 25km:02:27:07 | 30km:02:56:25 | 35km:03:25:07 | 40km:03:52:53									
2537	4110	**WOŹNIAK Krzysztof**	CZĘSTOCHOWA		POL	2003	M20	324	04:09:36	04:03:05	2257
		5km:00:26:25 | 10km:00:52:41 | 15km: 01:19:14 | 20km:01:46:24 | 21km:01:52:16 | 25km:02:15:45 | 30km:02:45:36 | 35km:03:16:40 | 40km:03:50:14									
2538	2011	**SZAJKOWSKA Ewa**	WARSZAWA		POL	1973	K50	12	04:06:24	04:03:06	281
		5km:00:25:55 | 10km:00:51:52 | 15km: 01:17:41 | 20km:01:43:57 | 21km:01:49:40 | 25km:02:10:15 | 30km:02:36:50 | 35km:03:06:01 | 40km:03:47:10									
2539	7203	**KULISZ Grzegorz**	SIEMIANOWICE ŚLĄSKIE	Siemianowice i Przyjaciele Biegają	POL	1973	M50	256	04:05:00	04:03:08	2258
		5km:00:27:50 | 10km:00:55:36 | 15km: 01:23:11 | 20km:01:51:12 | 21km:01:57:15 | 25km:02:19:11 | 30km:02:47:53 | 35km:03:17:24 | 40km:03:49:16									
2540	4362	**CIĘCIWA Wojciech**	NOWY SĄCZ		POL	1996	M20	325	04:08:09	04:03:10	2259
		5km:00:28:41 | 10km:00:57:01 | 15km: 01:24:37 | 20km:01:52:32 | 21km:01:58:39 | 25km:02:20:22 | 30km:02:48:27 | 35km:03:16:32 | 40km:03:49:22									
2541	3685	**JAKUBOWSKI Stefan**	LEGIONOWO		POL	1974	M40	851	04:07:26	04:03:16	2260
		5km:00:27:50 | 10km:00:55:42 | 15km: 01:23:05 | 20km:01:50:59 | 21km:01:56:47 | 25km:02:18:30 | 30km:02:47:04 | 35km:03:16:48 | 40km:03:49:07									
2542	1019	**BEZULSKI Łukasz**	WARSZAWA	BANK MILLENNIUM	POL	1985	M30	786	04:06:17	04:03:18	2261
		5km:00:27:42 | 10km:00:54:56 | 15km: 01:22:04 | 20km:01:49:10 | 21km:01:55:01 | 25km:02:16:12 | 30km:02:43:49 | 35km:03:14:50 | 40km:03:49:15									
2543	3485	**MATYSZCZAK Mateusz**	TYCHY		POL	1989	M30	787	04:04:57	04:03:19	2262
		5km:00:25:40 | 10km:00:51:45 | 15km: 01:17:40 | 20km:01:43:55 | 21km:01:49:42 | 25km:02:12:43 | 30km:02:42:42 | 35km:03:14:24 | 40km:03:51:44									
2544	15566	**ADAMCZYK Tomasz**	SUCHY LAS		POL	1998	M20	326	04:12:32	04:03:22	2263
		5km:00:27:57 | 10km:00:55:52 | 15km: 01:23:25 | 20km:01:51:17 | 21km:01:57:07 | 25km:02:18:45 | 30km:02:46:38 | 35km:03:14:20 | 40km:03:48:33									
2545	6652	**BOGACZ Aleksander**	KAŃCZUGA	Kańczudzka Grupa Biegowa	POL	1975	M40	852	04:08:42	04:03:24	2264
		5km:00:28:50 | 10km:00:57:59 | 15km: 01:26:08 | 20km:01:55:10 | 21km:02:01:11 | 25km:02:23:22 | 30km:02:53:25 | 35km:03:22:23 | 40km:03:51:21									
2546	8033	**KULIG Radosław**	WARSZAWA	TriAlkoTeam	POL	1996	M20	327	04:07:45	04:03:28	2265
		5km:00:27:19 | 10km:00:54:40 | 15km: 01:21:53 | 20km:01:49:01 | 21km:01:54:56 | 25km:02:15:40 | 30km:02:42:53 | 35km:03:12:11 | 40km:03:48:32									
2547	2364	**DEJNAKA Adam**	LONDYN		GBR	1984	M30	788	04:06:54	04:03:30	2266
		5km:00:28:07 | 10km:00:55:51 | 15km: 01:23:06 | 20km:01:51:03 | 21km:01:57:03 | 25km:02:18:52 | 30km:02:46:46 | 35km:03:18:26 | 40km:03:51:10									
2548	6442	**SZYMAŃSKI Mariusz**	WARSZAWA	JKS Samotność Biegacza	POL	1978	M40	853	04:08:47	04:03:30	2266
		5km:00:28:11 | 10km:00:56:11 | 15km: 01:23:29 | 20km:01:50:56 | 21km:01:56:54 | 25km:02:18:31 | 30km:02:46:52 | 35km:03:15:52 | 40km:03:49:51									
2549	6614	**BŁASZCZYK Paweł**	DUNSTABLE		POL	1980	M40	854	04:08:01	04:03:31	2268
		5km:00:29:14 | 10km:00:58:22 | 15km: 01:26:59 | 20km:01:54:43 | 21km:02:00:35 | 25km:02:21:51 | 30km:02:49:22 | 35km:03:18:48 | 40km:03:50:35									
2550	7566	**MAĆKOWIAK Maciej**	WARSZAWA		POL	1983	M40	854	04:10:07	04:03:31	2268
		5km:00:26:34 | 10km:00:53:29 | 15km: 01:20:44 | 20km:01:48:44 | 21km:01:54:33 | 25km:02:16:51 | 30km:02:46:40 | 35km:03:15:17 | 40km:03:49:46									
2551	6302	**SZYMCZAK Ewelina**	SZCZECIN		POL	1978	K40	110	04:09:34	04:03:34	282
		5km:00:28:18 | 10km:00:56:32 | 15km: 01:24:06 | 20km:01:52:04 | 21km:01:58:04 | 25km:02:19:50 | 30km:02:48:03 | 35km:03:17:50 | 40km:03:50:44									
2552	6782	**WEBER Michał**	RASZYN		POL	1992	M30	789	04:08:07	04:03:34	2270
		5km:00:26:32 | 10km:00:53:00 | 15km: 01:19:31 | 20km:01:45:46 | 21km:01:51:34 | 25km:02:12:26 | 30km:02:39:00 | 35km:03:10:13 | 40km:03:47:18									
2553	4282	**BASIAK Michał**	JÓZEFÓW		POL	1992	M30	790	04:06:03	04:03:35	2271
		5km:00:27:43 | 10km:00:54:14 | 15km: 01:20:57 | 20km:01:47:58 | 21km:01:54:05 | 25km:02:15:23 | 30km:02:43:48 | 35km:03:13:00 | 40km:03:47:55									
2554	7590	**HENCHER Shaun**	WAKEFIELD		GBR	1982	M40	856	04:12:23	04:03:35	2271
		5km:00:28:13 | 10km:00:55:24 | 15km: 01:22:38 | 20km:01:49:59 | 21km:01:55:56 | 25km:02:17:12 | 30km:02:45:30 | 35km:03:15:33 | 40km:03:49:41									
2555	7099	**MIŚKIEWICZ Jakub**	KRAKÓW	Go Aptiv!	POL	1972	M50	257	04:07:47	04:03:36	2273
		5km:00:28:41 | 10km:00:56:57 | 15km: 01:24:33 | 20km:01:52:33 | 21km:01:58:48 | 25km:02:20:55 | 30km:02:48:56 | 35km:03:17:18 | 40km:03:49:20									
2556	6209	**TABAK Andrzej**	WARSZAWA		POL	1957	M60	42	04:07:41	04:03:38	2274
		5km:00:27:21 | 10km:00:55:11 | 15km: 01:22:35 | 20km:01:50:31 | 21km:01:57:04 | 25km:02:19:03 | 30km:02:47:24 | 35km:03:16:12 | 40km:03:48:34									
2557	1025	**KAJAK Mirosław**	GARWOLIN	truchtacz.pl	POL	1958	M60	43	04:09:16	04:03:39	2275
		5km:00:27:15 | 10km:00:56:39 | 15km: 01:24:45 | 20km:01:52:11 | 21km:01:58:07 | 25km:02:20:59 | 30km:02:49:05 | 35km:03:17:56 | 40km:03:50:04									
2558	15531	**CZEKAJSKI Rafał**	KRAKÓW		POL	1986	M30	791	04:05:51	04:03:42	2276
		5km:00:28:13 | 10km:00:55:24 | 15km: 01:22:38 | 20km:01:49:59 | 21km:01:55:56 | 25km:02:17:12 | 30km:02:45:30 | 35km:03:15:33 | 40km:03:49:41									
2559	3479	**LASYK Rafał**	RYTRO		POL	1994	M20	328	04:07:30	04:03:44	2277
		5km:00:28:31 | 10km:00:56:41 | 15km: 01:24:25 | 20km:01:52:05 | 21km:01:58:13 | 25km:02:19:57 | 30km:02:49:38 | 35km:03:18:12 | 40km:03:49:49									
2560	8150	**ZABŁOTNY Mariusz**	TARNÓW		POL	2000	M20	329	04:09:46	04:03:46	2278
		5km:00:28:13 | 10km:00:55:47 | 15km: 01:23:03 | 20km:01:50:30 | 21km:01:56:23 | 25km:02:18:24 | 30km:02:47:19 | 35km:03:17:24 | 40km:03:50:05									
2561	7809	**RZYSZKIEWICZ Tomasz**	SOKOŁÓW PODLASKI	Grupa Biegowa Pędzące Leniwce	POL	1973	M50	258	04:08:14	04:03:49	2279
		5km:00:26:04 | 10km:00:52:02 | 15km: 01:17:28 | 20km:01:43:11 | 21km:01:48:46 | 25km:02:10:01 | 30km:02:40:51 | 35km:03:20:20 | 40km:03:51:23									
2562	8062	**WOŹNIAK Artur**	MARKI		POL	1985	M30	792	04:12:08	04:03:50	2280
		5km:00:28:41 | 10km:00:58:11 | 15km: 01:27:39 | 20km:01:57:04 | 21km:02:03:37 | 25km:02:27:18 | 30km:02:56:12 | 35km:03:24:06 | 40km:03:52:29									
2563	2925	**KAMIŃSKI Krzysztof**	KOLIN		POL	1984	M30	793	04:09:35	04:03:53	2281
		5km:00:28:27 | 10km:00:56:26 | 15km: 01:24:29 | 20km:01:52:28 | 21km:01:58:38 | 25km:02:20:42 | 30km:02:49:23 | 35km:03:18:34 | 40km:03:50:14									
2564	4221	**POLAK Łukasz**	WARSZAWA		POL	1988	M30	794	04:08:12	04:03:56	2282
		5km:00:25:46 | 10km:00:51:44 | 15km: 01:17:31 | 20km:01:43:14 | 21km:01:48:54 | 25km:02:09:44 | 30km:02:38:20 | 35km:03:09:22 | 40km:03:46:48									
2565	7335	**WEGIERA Andrzej**	ABRAMOWICE PRYWATNE		POL	1974	M40	857	04:05:55	04:03:56	2282
		5km:00:30:03 | 10km:01:00:19 | 15km: 01:30:29 | 20km:02:00:24 | 21km:02:06:36 | 25km:02:29:01 | 30km:02:56:52 | 35km:03:24:11 | 40km:03:52:05									
2566	7436	**RUBAS Patryk**	KALISZ		POL	1995	M20	330	04:08:39	04:03:57	2284
		5km:00:28:24 | 10km:00:55:45 | 15km: 01:23:14 | 20km:01:52:01 | 21km:01:58:01 | 25km:02:21:32 | 30km:02:49:26 | 35km:03:18:23 | 40km:03:50:11									
2567	3200	**KRAWCZYK Robert**	LONDON		GBR	1978	M40	858	04:13:53	04:03:58	2285
		5km:00:28:32 | 10km:00:56:10 | 15km: 01:24:04 | 20km:01:51:43 | 21km:01:57:38 | 25km:02:22:00 | 30km:02:48:28 | 35km:03:16:22 | 40km:03:49:44									
2568	12118	**CIESIELSKI Rafał**	WARSZAWA		POL	1976	M40	859	04:08:03	04:03:59	2286
		5km:00:24:35 | 10km:00:49:29 | 15km: 01:15:34 | 20km:01:43:18 | 21km:01:49:23 | 25km:02:12:23 | 30km:02:43:09 | 35km:03:15:49 | 40km:03:50:26									
2569	7025	**KASHIVSKYY Oleh**	WARSZAWA	Ducla Academy	UKR	1970	M50	259	04:04:56	04:03:59	2286
		5km:00:29:52 | 10km:00:59:05 | 15km: 01:28:17 | 20km:01:56:46 | 21km:02:02:45 | 25km:02:24:19 | 30km:02:52:04 | 35km:03:19:32 | 40km:03:50:05									
2570	8349	**SADŁOWSKI Oskar**	WARSZAWA	JIT TEAM	POL	1994	M20	331	04:10:04	04:03:59	2286
		5km:00:28:19 | 10km:00:55:48 | 15km: 01:22:21 | 20km:01:49:00 | 21km:01:54:42 | 25km:02:15:43 | 30km:02:45:15 | 35km:03:15:41 | 40km:03:49:56									
2571	3057	**KRASUCKI Maciej**	WARSZAWA	JohnTeam	POL	1994	M20	332	04:12:31	04:04:00	2289
		5km:00:25:46 | 10km:00:51:26 | 15km: 01:17:24 | 20km:01:43:34 | 21km:01:49:16 | 25km:02:09:56 | 30km:02:40:10 | 35km:03:12:58 | 40km:03:51:23									
2572	2242	**AANSTOOT Arend-Jan**	WARSZAWA		NED	1981	M40	860	04:06:05	04:04:05	2290
		5km:00:29:15 | 10km:00:58:16 | 15km: 01:27:26 | 20km:01:55:37 | 21km:02:01:42 | 25km:02:24:14 | 30km:02:53:39 | 35km:03:22:25 | 40km:03:52:22									
2573	10727	**POSMYK Szymon**	CZĘSTOCHOWA		POL	1982	M40	861	04:10:19	04:04:07	2291
		5km:00:28:36 | 10km:00:56:54 | 15km: 01:24:43 | 20km:01:52:17 | 21km:01:58:30 | 25km:02:20:35 | 30km:02:48:41 | 35km:03:17:24 | 40km:03:49:48									
2574	4154	**KALIADA Aliaksei**	BIALYSTOK			1990	M30	795	04:08:32	04:04:07	2291
		5km:00:28:11 | 10km:00:55:30 | 15km: 01:22:44 | 20km:01:50:15 | 21km:01:56:11 | 25km:02:18:22 | 30km:02:46:49 | 35km:03:17:48 | 40km:03:51:06									
2575	7179	**MAJDAK Bartłomiej**	WARSZAWA		POL	1977	M40	862	04:07:52	04:04:09	2293
		5km:00:28:02 | 10km:00:54:58 | 15km: 01:21:59 | 20km:01:48:57 | 21km:01:54:56 | 25km:02:17:10 | 30km:02:46:32 | 35km:03:17:20 | 40km:03:50:44									
2576	4030	**RUDEK Marcin**	WIĘKSZYCE		POL	1982	M40	863	04:08:56	04:04:11	2294

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:45| 10km:00:53:39| 15km: 01:20:08 | 20km:01:46:35 | 21km:01:52:18 | 25km:02:12:55 | 30km:02:40:34 | 35km:03:09:58 | 40km:03:49:41									
2577	8195	**NAUMCHUK Oleksandr**	WARSZAWA		UKR	2002	M20	333	04:07:36	04:04:12	2295
		5km:00:26:31| 10km:00:53:00| 15km: 01:19:28 | 20km:01:45:50 | 21km:01:51:38 | 25km:02:12:59 | 30km:02:44:02 | 35km:03:18:31 | 40km:03:50:56									
2578	5093	**ROWICKI Radosław**	WARSZAWA	rrowicki.pl	POL	1988	M30	796	04:06:50	04:04:15	2296
		5km:00:28:09| 10km:00:56:50| 15km: 01:25:13 | 20km:01:53:46 | 21km:01:59:53 | 25km:02:22:13 | 30km:02:50:38 | 35km:03:19:43 | 40km:03:50:52									
2579	10480	**WOLSKI Wojciech**	BRODNICA		POL	1977	M40	864	04:07:20	04:04:16	2297
		5km:00:24:38| 10km:00:49:32| 15km: 01:15:45 | 20km:01:44:04 | 21km:01:50:03 | 25km:02:14:14 | 30km:02:49:46 | 35km:03:21:06 | 40km:03:52:45									
2580	10793	**MATAK Paweł**	RADZYMIN	ŁASUCH	POL	1986	M30	797	04:05:30	04:04:16	2297
		5km:00:26:47| 10km:00:53:56| 15km: 01:20:51 | 20km:01:47:44 | 21km:01:53:49 | 25km:02:15:47 | 30km:02:45:44 | 35km:03:17:28 | 40km:03:50:11									
2581	2146	**BOJKO Jan**	DOBIEGNIEW		POL	1986	M30	797	04:07:59	04:04:16	2297
		5km:00:28:38| 10km:00:57:00| 15km: 01:24:30 | 20km:01:52:35 | 21km:01:58:39 | 25km:02:21:27 | 30km:02:48:30 | 35km:03:16:29 | 40km:03:49:58									
2582	8358	**POLIAKOVA Yuliia**	WARSZAWA		UKR	1992	K30	113	04:10:41	04:04:16	283
		5km:00:27:53| 10km:00:55:49| 15km: 01:23:59 | 20km:01:52:52 | 21km:01:58:50 | 25km:02:20:51 | 30km:02:49:32 | 35km:03:19:45 | 40km:03:51:06									
2583	8368	**MAKSYMIUK Arkadiusz**	LUBLIN		POL	1992	M30	797	04:08:36	04:04:16	2297
		5km:00:26:56| 10km:00:53:47| 15km: 01:20:19 | 20km:01:46:49 | 21km:01:52:34 | 25km:02:14:05 | 30km:02:43:33 | 35km:03:14:38 | 40km:03:49:46									
2584	4594	**MALESZA Grzegorz**	WARSZAWA		POL	1973	M50	260	04:06:29	04:04:17	2301
		5km:00:23:50| 10km:00:48:19| 15km: 01:12:56 | 20km:01:37:05 | 21km:01:42:09 | 25km:02:01:06 | 30km:02:31:23 | 35km:03:09:17 | 40km:03:50:43									
2585	10787	**BEDNAREK Małgorzata**	RAWA MAZOWIECKA		POL	1992	K30	114	04:05:19	04:04:20	284
		5km:00:28:08| 10km:00:55:36| 15km: 01:22:43 | 20km:01:49:38 | 21km:01:55:25 | 25km:02:17:23 | 30km:02:45:43 | 35km:03:16:24 | 40km:03:51:17									
2586	4070	**MARCZAK Paweł**	WARSZAWA		POL	1997	M20	334	04:07:37	04:04:20	2302
		5km:00:29:29| 10km:00:58:37| 15km: 01:27:48 | 20km:01:57:17 | 21km:02:03:42 | 25km:02:26:17 | 30km:02:54:24 | 35km:03:22:31 | 40km:03:52:08									
2587	2688	**MROCZEK Tomasz**	PIASTÓW		POL	1991	M30	800	04:10:46	04:04:25	2303
		5km:00:27:42| 10km:00:55:34| 15km: 01:23:02 | 20km:01:50:40 | 21km:01:56:43 | 25km:02:19:13 | 30km:02:47:56 | 35km:03:18:06 | 40km:03:50:12									
2588	6499	**TRUSZKIEWICZ Aleksander**	WARSZAWA	Legion Warszawa	POL	1986	M30	801	04:09:54	04:04:27	2304
		5km:00:28:37| 10km:00:56:33| 15km: 01:24:19 | 20km:01:52:27 | 21km:01:58:33 | 25km:02:20:45 | 30km:02:50:51 | 35km:03:21:03 | 40km:03:52:21									
2589	2156	**PIENIĄŻEK Kamil**	WARSZAWA		POL	1992	M30	802	04:08:28	04:04:28	2305
		5km:00:28:05| 10km:00:55:52| 15km: 01:23:27 | 20km:01:51:04 | 21km:01:57:12 | 25km:02:19:19 | 30km:02:48:31 | 35km:03:18:52 | 40km:03:50:52									
2590	13048	**GODLEWSKA Małgorzata**	WARSZAWA		POL	1982	K40	111	04:08:12	04:04:36	285
		5km:00:29:31| 10km:00:58:37| 15km: 01:27:53 | 20km:01:57:21 | 21km:02:03:43 | 25km:02:26:55 | 30km:02:56:16 | 35km:03:24:47 | 40km:03:52:48									
2591	10229	**KISZKA Bartłomiej**	LUBLIN		POL	1994	M20	335	04:11:01	04:04:38	2306
		5km:00:28:35| 10km:00:56:35| 15km: 01:24:18 | 20km:01:52:56 | 21km:01:58:57 | 25km:02:20:36 | 30km:02:50:37 | 35km:03:18:04 | 40km:03:51:38									
2592	7633	**WOJCIECHOWSKI Paweł**	WARSZAWA		POL	1971	M50	261	04:09:46	04:04:38	2306
		5km:00:29:16| 10km:00:58:51| 15km: 01:26:57 | 20km:01:55:23 | 21km:02:01:33 | 25km:02:24:03 | 30km:02:52:45 | 35km:03:21:56 | 40km:03:52:25									
2593	6688	**RUBCZAK Rafał**	KRAKÓW		POL	1986	M30	803	04:10:24	04:04:40	2308
		5km:00:27:05| 10km:00:54:03| 15km: 01:21:05 | 20km:01:48:15 | 21km:01:54:07 | 25km:02:16:14 | 30km:02:45:49 | 35km:03:16:48 | 40km:03:50:48									
2594	8044	**DĄBEK Agnieszka**	WARSZAWA		POL	1976	K40	112	04:07:43	04:04:40	286
		5km:00:28:26| 10km:00:56:35| 15km: 01:23:28 | 20km:01:50:13 | 21km:01:56:13 | 25km:02:17:05 | 30km:02:45:18 | 35km:03:17:40 | 40km:03:51:11									
2595	2256	**GRANAT Zbigniew**	WARSZAWA	AZS AWF Warszawa	POL	1959	M60	44	04:12:32	04:04:43	2309
		5km:00:28:33| 10km:00:55:51| 15km: 01:23:25 | 20km:01:51:15 | 21km:01:57:22 | 25km:02:20:09 | 30km:02:48:32 | 35km:03:16:56 | 40km:03:50:26									
2596	5044	**MILEWSKI Maciej**	WARSZAWA		POL	1991	M30	804	04:08:11	04:04:45	2310
		5km:00:29:07| 10km:00:57:09| 15km: 01:25:20 | 20km:01:53:46 | 21km:01:59:56 | 25km:02:22:13 | 30km:02:51:07 | 35km:03:21:24 | 40km:03:51:43									
2597	10522	**STOLORZ Arkadiusz**	IMIELIN		POL	1985	M30	805	04:09:49	04:04:46	2311
		5km:00:28:23| 10km:00:55:46| 15km: 01:23:13 | 20km:01:50:57 | 21km:01:56:55 | 25km:02:18:38 | 30km:02:47:25 | 35km:03:16:57 | 40km:03:50:39									
2598	3866	**BLAJER Marcin**	LUBLIN		POL	1996	M20	336	04:09:14	04:04:46	2311
		5km:00:27:55| 10km:00:55:13| 15km: 01:22:38 | 20km:01:50:28 | 21km:01:56:14 | 25km:02:18:14 | 30km:02:46:16 | 35km:03:14:51 | 40km:03:51:22									
2599	6944	**WRZOSEK Marcin**	OTWOCK		POL	1983	M40	865	04:09:33	04:04:46	2311
		5km:00:28:50| 10km:00:57:30| 15km: 01:26:02 | 20km:01:54:51 | 21km:02:01:01 | 25km:02:24:54 | 30km:02:54:17 | 35km:03:23:19 | 40km:03:52:27									
2600	7346	**ULASZEWSKI Maciej**	WARSZAWA		POL	1993	M30	805	04:09:21	04:04:46	2311
		5km:00:27:23| 10km:00:54:25| 15km: 01:21:09 | 20km:01:48:24 | 21km:01:54:22 | 25km:02:14:58 | 30km:02:43:22 | 35km:03:17:06 | 40km:03:51:43									
2601	8442	**SKOCZYLAS Karol**	SOKOŁÓW PODLASKI		POL	1977	M40	865	04:08:06	04:04:46	2311
		5km:00:29:11| 10km:00:57:31| 15km: 01:25:50 | 20km:01:53:40 | 21km:01:59:40 | 25km:02:22:40 | 30km:02:52:13 | 35km:03:21:17 | 40km:03:52:05									
2602	10359	**ANDRZEJCZAK Tomasz**	KONIN	KB Aktywni Konin	POL	1973	M50	262	04:09:54	04:04:54	2316
		5km:00:28:05| 10km:00:56:18| 15km: 01:24:12 | 20km:01:52:06 | 21km:01:58:13 | 25km:02:20:19 | 30km:02:49:05 | 35km:03:19:08 | 40km:03:51:59									
2603	6009	**SAPALSKA Natalia**	KRAKÓW	Swords Athletics	POL	1990	K30	115	04:09:55	04:04:54	287
		5km:00:29:12| 10km:00:57:23| 15km: 01:25:15 | 20km:01:53:37 | 21km:02:00:00 | 25km:02:22:41 | 30km:02:52:14 | 35km:03:21:16 | 40km:03:52:06									
2604	10357	**MARCINIAK Jacek**	KONIN		POL	1979	M40	867	04:09:54	04:04:55	2317
		5km:00:28:24| 10km:00:56:28| 15km: 01:23:58 | 20km:01:51:45 | 21km:01:57:47 | 25km:02:19:33 | 30km:02:47:52 | 35km:03:17:08 | 40km:03:50:02									
2605	3402	**MAZUR Daniel**	LUBLIN		POL	1976	M40	867	04:09:28	04:04:55	2317
		5km:00:29:10| 10km:00:57:30| 15km: 01:25:49 | 20km:01:53:37 | 21km:01:59:58 | 25km:02:23:33 | 30km:02:52:13 | 35km:03:21:15 | 40km:03:52:06									
2606	10382	**GAJDA Arkadiusz**	KONIN		POL	1978	M40	869	04:09:57	04:04:56	2319
		5km:00:28:25| 10km:00:56:28| 15km: 01:23:59 | 20km:01:51:46 | 21km:01:57:47 | 25km:02:19:34 | 30km:02:47:54 | 35km:03:17:09 | 40km:03:50:05									
2607	7092	**KONOWAŁEK Paweł**	ŚWIDNIK		POL	1976	M40	869	04:09:28	04:04:56	2319
		5km:00:29:55| 10km:00:59:01| 15km: 01:26:51 | 20km:01:55:34 | 21km:02:01:37 | 25km:02:23:30 | 30km:02:52:02 | 35km:03:20:16 | 40km:03:51:11									
2608	7017	**DWORNIK Dominik**	RADŁÓW	Ostrowska kawaleria kolarska	POL	2000	M20	337	04:10:33	04:04:59	2321
		5km:00:29:10| 10km:00:57:30| 15km: 01:25:49 | 20km:01:53:37 | 21km:01:59:58 | 25km:02:23:33 | 30km:02:52:13 | 35km:03:21:15 | 40km:03:52:06									
2609	7292	**MALCZYK Janusz**	WISŁA	Gopr Beskidy	POL	1974	M40	871	04:09:46	04:05:01	2322
		5km:00:28:17| 10km:00:56:38| 15km: 01:24:42 | 20km:01:52:50 | 21km:01:58:54 | 25km:02:20:56 | 30km:02:49:31 | 35km:03:18:36 | 40km:03:51:31									
2610	7972	**NIEDBALSKI Przemysław**	ŻNIN	PAŁUKI RUNNING TEAM	POL	1972	M50	263	04:10:11	04:05:01	2322
		5km:00:28:17| 10km:00:56:37| 15km: 01:24:42 | 20km:01:52:51 | 21km:01:58:54 | 25km:02:20:56 | 30km:02:49:31 | 35km:03:18:36 | 40km:03:51:30									
2611	2200	**KRZEMIŃSKI Arkadiusz**	NYSA		POL	1978	M40	872	04:10:13	04:05:03	2324
		5km:00:29:14| 10km:00:58:37| 15km: 01:26:59 | 20km:01:54:07 | 21km:01:59:59 | 25km:02:21:31 | 30km:02:49:55 | 35km:03:18:34 | 40km:03:51:00									
2612	6309	**SOLAREK Marcin**	WARSZAWA		POL	1989	M30	807	04:09:39	04:05:03	2324
		5km:00:27:19| 10km:00:55:20| 15km: 01:22:55 | 20km:01:50:21 | 21km:01:56:14 | 25km:02:18:15 | 30km:02:46:39 | 35km:03:16:11 | 40km:03:50:02									
2613	7718	**JANUSZEK Jakub**	BUKOWNO		POL	1979	M40	873	04:08:39	04:05:05	2326
		5km:00:29:05| 10km:00:59:05| 15km: 01:28:39 | 20km:01:57:37 | 21km:02:03:51 | 25km:02:26:56 | 30km:02:55:45 | 35km:03:25:35 | 40km:03:53:58									
2614	4257	**KWIATKOWSKI Bartosz**	OŻARÓW MAZOWIECKI		POL	1994	M20	338	04:12:35	04:05:06	2327
		5km:00:28:57| 10km:00:58:20| 15km: 01:27:27 | 20km:01:56:48 | 21km:02:03:03 | 25km:02:25:30 | 30km:02:54:22 | 35km:03:23:03 | 40km:03:52:24									
2615	7810	**RYNK Agata**	BĘDZIN	Pawko Runner Team	POL	1987	K30	116	04:12:04	04:05:07	288
		5km:00:28:04| 10km:00:56:32| 15km: 01:24:37 | 20km:01:52:32 | 21km:01:58:35 | 25km:02:20:51 | 30km:02:49:51 | 35km:03:19:48 | 40km:03:51:37									
2616	12078	**KRUPA Agnieszka**	WARSZAWA	Adidas Runners Warsaw	POL	1978	K40	113	04:10:10	04:05:08	289
		5km:00:29:40| 10km:00:59:04| 15km: 01:28:20 | 20km:01:57:26 | 21km:02:03:39 | 25km:02:26:38 | 30km:02:55:17 | 35km:03:23:47 | 40km:03:52:37									
2617	4159	**PRYCINSKA Agnieszka**	DUBLIN	Polish Runners Club Ireland	POL	1975	K40	113	04:11:01	04:05:08	289
		5km:00:28:49| 10km:00:57:22| 15km: 01:24:27 | 20km:01:52:31 | 21km:01:58:40 | 25km:02:20:45 | 30km:02:48:56 | 35km:03:17:49 | 40km:03:50:30									
2618	2645	**POPIOŁEK Paweł**	MARSZOWICE		POL	1975	M40	874	04:09:16	04:05:10	2328
		5km:00:27:48| 10km:00:55:28| 15km: 01:22:27 | 20km:01:49:32 | 21km:01:55:22 | 25km:02:16:46 | 30km:02:45:33 | 35km:03:16:38 | 40km:03:50:49									
2619	5168	**MARKOWSKI Bogdan**	KATOWICE		POL	1964	M50	264	04:08:41	04:05:10	2328
		5km:00:28:52| 10km:00:57:48| 15km: 01:26:50 | 20km:01:55:56 | 21km:02:01:50 | 25km:02:24:07 | 30km:02:52:38 | 35km:03:22:54 | 40km:03:52:26									
2620	8498	**WILK Wojciech**	WARSZAWA		POL	1988	M30	808	04:12:00	04:05:10	2328
		5km:00:29:58| 10km:00:58:02| 15km: 01:25:42 | 20km:01:53:08 | 21km:01:59:02 | 25km:02:20:51 | 30km:02:50:41 | 35km:03:22:52 | 40km:03:52:52									
2621	7077	**CZECHYRA Radosław**	ZELÓW		POL	2003	M20	339	04:12:37	04:05:11	2331
		5km:00:24:56| 10km:00:49:40| 15km: 01:14:24 | 20km:01:39:41 | 21km:01:44:56 | 25km:02:05:22 | 30km:02:34:50 | 35km:03:07:54 | 40km:03:47:05									
2622	6857	**MAĆKOWIAK Piotr**	ŁÓDŹ		POL	1981	M40	875	04:06:34	04:05:12	2332

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2623	2614	**OLEJNICZAK Hubert**	PLOCK		POL	1992	M30	809	04:08:39	04:05:18	2333
		5km:00:27:30| 10km:00:54:55| 15km: 01:22:11 | 20km:01:49:52 | 21km:01:55:47 | 25km:02:17:32 | 30km:02:46:04 | 35km:03:16:57 | 40km:03:50:30									
2624	5177	**PIOTROWSKI Piotr**	WARSZAWA		POL	1975	M40	876	04:08:07	04:05:19	2334
		5km:00:26:46| 10km:00:53:36| 15km: 01:20:12 | 20km:01:46:46 | 21km:01:52:31 | 25km:02:13:30 | 30km:02:40:45 | 35km:03:10:45 | 40km:03:51:44									
2625	2128	**GÓRSKI Bartek**	OTWOCK		POL	1984	M30	810	04:10:17	04:05:20	2335
		5km:00:25:46| 10km:00:52:10| 15km: 01:18:21 | 20km:01:44:01 | 21km:01:49:30 | 25km:02:10:03 | 30km:02:37:10 | 35km:03:10:20 | 40km:03:50:51									
2626	3826	**SIPORI Rotem**	BEIT SHEARIM		ISR	1976	K40	115	04:07:50	04:05:22	291
		5km:00:26:51| 10km:00:54:22| 15km: 01:22:16 | 20km:01:50:59 | 21km:01:57:17 | 25km:02:20:39 | 30km:02:52:24 | 35km:03:22:43 | 40km:03:52:48									
2627	5290	**KWIATKOWSKI Krzysztof**	WARSZAWA		POL	1994	M20	340	04:08:34	04:05:22	2336
		5km:00:27:02| 10km:00:53:53| 15km: 01:20:31 | 20km:01:46:40 | 21km:01:52:18 | 25km:02:13:12 | 30km:02:41:17 | 35km:03:11:01 | 40km:03:47:46									
2628	3266	**MIDERA Szymon**	ŁÓDŹ		POL	1975	M40	877	04:06:39	04:05:24	2337
		5km:00:27:06| 10km:00:54:28| 15km: 01:22:04 | 20km:01:50:09 | 21km:01:56:02 | 25km:02:18:21 | 30km:02:47:50 | 35km:03:17:27 | 40km:03:51:25									
2629	3351	**RZEPKA Daniel**	WARSZAWA	KWiP	POL	1981	M40	877	04:10:03	04:05:24	2337
		5km:00:28:22| 10km:00:56:24| 15km: 01:24:06 | 20km:01:51:50 | 21km:01:58:12 | 25km:02:19:56 | 30km:02:48:18 | 35km:03:17:08 | 40km:03:50:14									
2630	2919	**GŁAZEK Maciej**	NOWA IWICZNA		POL	1999	M20	341	04:09:50	04:05:26	2339
		5km:00:28:23| 10km:00:56:44| 15km: 01:24:17 | 20km:01:52:19 | 21km:01:58:29 | 25km:02:20:31 | 30km:02:49:16 | 35km:03:19:58 | 40km:03:52:10									
2631	4065	**STANISZEWSKI Rafał**	WARSZAWA	TURBODZIKI	POL	1979	M40	879	04:09:55	04:05:27	2340
		5km:00:28:09| 10km:00:55:58| 15km: 01:23:47 | 20km:01:51:53 | 21km:01:57:54 | 25km:02:19:54 | 30km:02:48:40 | 35km:03:19:19 | 40km:03:52:29									
2632	4424	**ADINTSOV Eugo**	WARSZAWA		UKR	1989	M30	811	04:07:19	04:05:27	2340
		5km:00:25:18| 10km:00:50:11| 15km: 01:15:20 | 20km:01:41:19 | 21km:01:46:48 | 25km:02:08:27 | 30km:02:36:47 | 35km:03:11:41 | 40km:03:50:16									
2633	10556	**POŻOGA Klaudia**	KIELCE		POL	1988	K30	117	04:11:46	04:05:29	292
		5km:00:28:38| 10km:00:56:51| 15km: 01:24:47 | 20km:01:53:20 | 21km:01:59:21 | 25km:02:21:26 | 30km:02:50:14 | 35km:03:20:16 | 40km:03:52:16									
2634	3492	**NOWOBILSKI Marzena**	WARSZAWA		USA	1998	K20	48	04:10:18	04:05:30	293
		5km:00:29:28| 10km:00:59:05| 15km: 01:27:46 | 20km:01:56:25 | 21km:02:02:34 | 25km:02:25:24 | 30km:02:54:07 | 35km:03:23:29 | 40km:03:53:17									
2635	3338	**NOWAK Michał**	CHORZÓW		POL	2005	M20	342	04:08:28	04:05:31	2342
		5km:00:26:28| 10km:00:53:03| 15km: 01:23:48 | 20km: | 21km: | 25km: | 30km: | 35km: | 40km:									
2636	4220	**DZWONKOWSKA-PALINKA Diana**	WARSZAWA		POL	1988	K30	118	04:09:49	04:05:31	294
		5km:00:28:26| 10km:00:56:22| 15km: 01:24:27 | 20km:01:52:29 | 21km:01:58:36 | 25km:02:20:41 | 30km:02:50:04 | 35km:03:19:39 | 40km:03:51:24									
2637	12073	**MARKOWSKI Michał**	PARCZEW		POL	1983	M40	880	04:07:00	04:05:33	2343
		5km:00:24:59| 10km:00:49:46| 15km: 01:14:22 | 20km:01:38:57 | 21km:01:44:09 | 25km:02:03:18 | 30km:02:30:38 | 35km:03:11:01 | 40km:03:50:22									
2638	3943	**BARASIŃSKA Daria**	WARSZAWA		POL	1994	K20	49	04:08:44	04:05:33	295
		5km:00:28:23| 10km:00:57:01| 15km: 01:25:34 | 20km:01:53:34 | 21km:01:59:45 | 25km:02:23:52 | 30km:02:52:29 | 35km:03:21:29 | 40km:03:52:46									
2639	3548	**JARMUŻEWSKA Teresa**	WARSZAWA	Grupa biegowa CHTMO	POL	1971	K50	13	04:09:55	04:05:34	296
		5km:00:28:46| 10km:00:57:37| 15km: 01:26:14 | 20km:01:54:54 | 21km:02:01:12 | 25km:02:23:33 | 30km:02:52:33 | 35km:03:22:47 | 40km:03:53:29									
2640	13001	**WĄSOWICZ Łukasz**	JAWORZNO		POL	1978	M40	881	04:12:55	04:05:36	2344
		5km:00:29:37| 10km:00:58:49| 15km: 01:27:32 | 20km:01:56:29 | 21km:02:02:49 | 25km:02:25:28 | 30km:02:54:29 | 35km:03:23:35 | 40km:03:53:05									
2641	2904	**HOMENICK Kelly**	VANCOUVER		CAN	1979	M40	881	04:08:14	04:05:36	2344
		5km:00:26:48| 10km:00:54:01| 15km: 01:20:39 | 20km:01:48:10 | 21km:01:53:51 | 25km:02:16:37 | 30km:02:46:10 | 35km:03:18:23 | 40km:03:51:30									
2642	10370	**SEWERYN Kamil**	OSTROWIEC ŚWIĘTOKRZYSKI		POL	1994	M20	343	04:08:50	04:05:39	2346
		5km:00:28:20| 10km:00:56:33| 15km: 01:25:12 | 20km:01:53:31 | 21km:01:59:40 | 25km:02:22:26 | 30km:02:50:59 | 35km:03:20:51 | 40km:03:52:12									
2643	3491	**PRZYBYSZEWSKI Radosław**	SKIERNIEWICE		POL	1978	M40	883	04:09:05	04:05:39	2346
		5km:00:28:24| 10km:00:56:10| 15km: 01:24:11 | 20km:01:52:12 | 21km:01:58:08 | 25km:02:19:59 | 30km:02:48:19 | 35km:03:17:12 | 40km:03:50:37									
2644	8438	**KONOPKA Damian**	WARSZAWA		POL	1988	M30	812	04:08:42	04:05:39	2346
		5km:00:27:32| 10km:00:55:29| 15km: 01:23:44 | 20km:01:52:09 | 21km:01:58:18 | 25km:02:20:43 | 30km:02:49:05 | 35km:03:18:03 | 40km:03:50:51									
2645	4250	**MARCHENKO Valerii**	MYRHOROD		UKR	1996	M20	344	04:11:58	04:05:41	2349
		5km:00:27:09| 10km:00:55:02| 15km: 01:22:37 | 20km:01:50:25 | 21km:01:56:34 | 25km:02:18:30 | 30km:02:48:16 | 35km:03:19:00 | 40km:03:53:02									
2646	3523	**PAJĄCZEK Rafał**	WARSZAWA		POL	1993	M30	813	04:09:15	04:05:42	2350
		5km:00:28:35| 10km:00:56:07| 15km: 01:23:53 | 20km:01:51:28 | 21km:01:57:27 | 25km:02:19:13 | 30km:02:47:13 | 35km:03:16:10 | 40km:03:51:57									
2647	3273	**CZELUŚNIAK Krzysztof**	KRAKÓW	EN Passant	POL	1996	M20	345	04:11:15	04:05:47	2351
		5km:00:28:15| 10km:00:56:52| 15km: 01:24:51 | 20km:01:52:45 | 21km:01:58:54 | 25km:02:21:45 | 30km:02:51:40 | 35km:03:20:13 | 40km:03:52:14									
2648	6190	**DUBIELECKI Mariusz**	WARSZAWA	Hopsasaj Lemurze	POL	1981	M40	884	04:14:20	04:05:49	2352
		5km:00:28:06| 10km:00:54:57| 15km: 01:22:52 | 20km:01:50:20 | 21km:01:56:23 | 25km:02:18:00 | 30km:02:47:47 | 35km:03:17:41 | 40km:03:51:27									
2649	3020	**YAUCHUK Aliaksei**	WARSZAWA			1988	M30	814	04:15:53	04:05:51	2353
		5km:00:26:06| 10km:00:51:57| 15km: 01:17:42 | 20km:01:43:47 | 21km:01:49:30 | 25km:02:10:53 | 30km:02:42:24 | 35km:03:14:59 | 40km:03:51:09									
2650	10527	**JANKOWSKA Barbara**	POZNAŃ		POL	1975	K40	116	04:13:18	04:05:52	297
		5km:00:29:07| 10km:00:57:42| 15km: 01:28:08 | 20km:01:56:55 | 21km:02:02:57 | 25km:02:26:45 | 30km:02:54:58 | 35km:03:23:38 | 40km:03:53:18									
2651	10096	**SYROKA Radek**	NIEDRZWICA DUŻA		POL	1986	M30	815	04:10:30	04:05:55	2354
		5km:00:28:30| 10km:00:56:58| 15km: 01:25:20 | 20km:01:53:58 | 21km:02:00:10 | 25km:02:22:30 | 30km:02:51:40 | 35km:03:21:18 | 40km:03:52:30									
2652	14023	**KÓZKA Szymon**	GŁUCHOŁAZY		POL	1991	M30	815	04:08:23	04:05:55	2354
		5km:00:26:32| 10km:00:53:05| 15km: 01:19:33 | 20km:01:45:54 | 21km:01:51:38 | 25km:02:12:40 | 30km:02:41:48 | 35km:03:14:03 | 40km:03:50:57									
2653	3970	**OSTROWSKI Paweł**	ŁUBOWO		POL	1979	M40	885	04:11:28	04:05:55	2354
		5km:00:28:39| 10km:00:57:07| 15km: 01:25:18 | 20km:01:53:08 | 21km:01:59:13 | 25km:02:20:50 | 30km:02:48:56 | 35km:03:19:50 | 40km:03:52:20									
2654	10199	**FRUNZE-PROCHOREC Katarzyna**	ŁADY	Arkadiusz Gardzielewski Running Team	POL	1973	K50	14	04:10:46	04:06:03	298
		5km:00:29:13| 10km:00:58:24| 15km: 01:27:19 | 20km:01:56:02 | 21km:02:02:19 | 25km:02:24:48 | 30km:02:54:00 | 35km:03:23:47 | 40km:03:53:50									
2655	3133	**SHALAHINAU Andrei**	WARSZAWA	Run4fun		1981	M40	886	04:10:31	04:06:05	2357
		5km:00:28:18| 10km:00:56:27| 15km: 01:24:07 | 20km:01:52:11 | 21km:01:58:23 | 25km:02:20:26 | 30km:02:48:35 | 35km:03:17:23 | 40km:03:51:53									
2656	15560	**SERAFIN Magdalena**	KATOWICE		POL	1987	K30	119	04:11:39	04:06:09	299
		5km:00:28:09| 10km:00:56:32| 15km: 01:24:51 | 20km:01:53:12 | 21km:01:59:13 | 25km:02:21:42 | 30km:02:50:46 | 35km:03:20:10 | 40km:03:52:05									
2657	6829	**KEMBŁOWSKI Łukasz**	WARSZAWA		POL	1987	M30	817	04:08:55	04:06:09	2358
		5km:00:26:53| 10km:00:54:02| 15km: 01:21:05 | 20km:01:47:54 | 21km:01:53:55 | 25km:02:15:24 | 30km:02:43:57 | 35km:03:14:21 | 40km:03:49:59									
2658	2892	**DUDENKO Jerzy**	SZCZECIN		POL	1978	M40	887	04:13:10	04:06:10	2359
		5km:00:27:22| 10km:00:54:56| 15km: 01:22:04 | 20km:01:48:58 | 21km:01:55:04 | 25km:02:17:01 | 30km:02:47:03 | 35km:03:19:02 | 40km:03:52:37									
2659	3004	**MARKIEWICZ Tomasz**	ZDUŃSKA WOLA		POL	1980	M40	888	04:13:15	04:06:11	2360
		5km:00:28:32| 10km:00:57:34| 15km: 01:25:24 | 20km:01:55:08 | 21km:02:01:00 | 25km:02:22:44 | 30km:02:51:27 | 35km:03:20:22 | 40km:03:52:08									
2660	2676	**SIKORSKI Jakub**	KATOWICE	Dziki z Markiefki	POL	1992	M30	818	04:11:25	04:06:12	2361
		5km:00:28:18| 10km:00:56:47| 15km: 01:24:59 | 20km:01:53:04 | 21km:01:59:14 | 25km:02:21:22 | 30km:02:49:52 | 35km:03:19:37 | 40km:03:51:48									
2661	5311	**KOWALCZYK Piotr**	WARSZAWA		POL	1992	M30	818	04:12:25	04:06:12	2361
		5km:00:28:38| 10km:00:57:35| 15km: 01:26:17 | 20km:01:54:50 | 21km:02:01:01 | 25km:02:23:28 | 30km:02:52:15 | 35km:03:21:24 | 40km:03:53:42									
2662	7611	**SIKORSKI Bartłomiej**	STARACHOWICE		POL	2000	M20	346	04:09:48	04:06:16	2363
		5km:00:27:28| 10km:00:55:05| 15km: 01:23:13 | 20km:01:50:53 | 21km:01:56:53 | 25km:02:19:23 | 30km:02:49:05 | 35km:03:19:40 | 40km:03:52:27									
2663	2096	**CHUDY Roman**	RYDZYNA	Run Team Rydzyna	POL	1958	M60	45	04:11:50	04:06:18	2364
		5km:00:28:05| 10km:00:56:40| 15km: 01:24:45 | 20km:01:53:13 | 21km:01:59:26 | 25km:02:21:42 | 30km:02:50:06 | 35km:03:18:15 | 40km:03:51:20									
2664	2609	**NYLÉN Fredrik**	TÄBY		SWE	1971	M50	265	04:11:00	04:06:18	2364
		5km:00:28:17| 10km:00:56:24| 15km: 01:23:59 | 20km:01:52:06 | 21km:01:58:13 | 25km:02:20:16 | 30km:02:48:25 | 35km:03:21:10 | 40km:03:54:00									
2665	15578	**GOLIŃSKI Mieczysław**	TRZEBINIA	Nauka Biega	POL	1972	M50	266	04:11:04	04:06:20	2366
		5km:00:28:39| 10km:00:58:38| 15km: 01:27:33 | 20km:01:56:47 | 21km:02:02:59 | 25km:02:25:18 | 30km:02:54:07 | 35km:03:22:50 | 40km:03:52:56									
2666	12017	**BŁOŃSKI Jakub**	WARSZAWA		POL	1991	M30	820	04:07:30	04:06:23	2367
		5km:00:22:30| 10km:00:46:08| 15km: 01:10:27 | 20km:01:36:41 | 21km:01:42:19 | 25km:02:03:48 | 30km:02:37:14 | 35km:03:13:14 | 40km:03:50:19									
2667	5060	**WĘCLEWSKI Marcin**	WARSZAWA		POL	1983	M40	889	04:09:33	04:06:23	2367
		5km:00:27:33| 10km:00:55:06| 15km: 01:21:59 | 20km:01:49:10 | 21km:01:55:06 | 25km:02:16:37 | 30km:02:48:22 | 35km:03:19:33 | 40km:03:53:04									
2668	10676	**KĘDZIORA Piotr**	SZCZECIN		POL	1989	M30	821	04:09:48	04:06:24	2369
		5km:00:26:43| 10km:00:52:36| 15km: 01:18:39 | 20km:01:43:54 | 21km:01:49:24 | 25km:02:10:05 | 30km:02:38:43 | 35km:03:11:28 | 40km:03:51:09									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:26:29 | 10km:00:54:11 | 15km: 01:20:58 | 20km:01:49:02 | 21km:01:55:09 | 25km:02:18:40 | 30km:02:49:03 | 35km:03:19:41 | 40km:03:52:49									
2669	2372	**JANKIEWICZ Patryk**	PIASTÓW	Rozbiegany Piastów	POL	1983	M40	890	04:08:34	04:06:24	2369
		5km:00:27:36 | 10km:00:55:12 | 15km: 01:22:57 | 20km:01:50:22 | 21km:01:56:26 | 25km:02:18:01 | 30km:02:46:00 | 35km:03:16:21 | 40km:03:52:59									
2670	2500	**FENGLER Marcin**	WARSZAWA		POL	1980	M40	891	04:10:55	04:06:27	2371
		5km:00:27:50 | 10km:00:55:19 | 15km: 01:22:48 | 20km:01:50:34 | 21km:01:56:25 | 25km:02:18:10 | 30km:02:46:09 | 35km:03:15:23 | 40km:03:49:24									
2671	10250	**SZOSTAK Piotr**	BONIN		POL	1978	M40	892	04:11:17	04:06:28	2372
		5km:00:30:24 | 10km:00:59:38 | 15km: 01:28:30 | 20km:01:57:01 | 21km:02:03:04 | 25km:02:25:46 | 30km:02:54:51 | 35km:03:23:52 | 40km:03:54:06									
2672	15576	**BAZYDŁO Jakub**	WARSZAWA		POL	1995	M20	347	04:13:36	04:06:30	2373
		5km:00:27:57 | 10km:00:56:09 | 15km: 01:23:50 | 20km:01:51:54 | 21km:01:58:02 | 25km:02:20:08 | 30km:02:48:58 | 35km:03:19:38 | 40km:03:52:46									
2673	10607	**SKURCZAK Robert**	ŁÓDŹ	ŁódźRunCrew\JAKOTeam	POL	1971	M50	267	04:11:22	04:06:32	2374
		5km:00:25:26 | 10km:00:51:14 | 15km: 01:16:49 | 20km:01:42:32 | 21km:01:48:04 | 25km:02:08:44 | 30km:02:40:32 | 35km:03:16:56 | 40km:03:52:10									
2674	3684	**PAVLÍK Ivan**	NOWY TARG	Lyžiarsky klub Tatranská Lomnica	POL	1978	M40	893	04:08:09	04:06:33	2375
		5km:00:29:38 | 10km:00:58:46 | 15km: 01:27:30 | 20km:01:55:35 | 21km:02:01:44 | 25km:02:23:19 | 30km:02:51:13 | 35km:03:19:56 | 40km:03:52:28									
2675	3719	**MALANOWICZ Michał**	OLSZEWNICA STARA		POL	1991	M30	822	04:11:09	04:06:33	2375
		5km:00:23:42 | 10km:00:48:10 | 15km: 01:12:50 | 20km:01:37:27 | 21km:01:42:49 | 25km:02:02:44 | 30km:02:29:57 | 35km:03:03:11 | 40km:03:44:55									
2676	8164	**RYBICKI Mateusz**	WARSZAWA		POL	1998	M20	348	04:07:38	04:06:38	2377
		5km:00:28:40 | 10km:00:56:22 | 15km: 01:24:21 | 20km:01:52:33 | 21km:01:58:44 | 25km:02:20:26 | 30km:02:49:26 | 35km:03:18:45 | 40km:03:51:39									
2677	10008	**MSZYCA Dariusz**	BLACHOWNIA	Chce Ci się?	POL	1968	M50	268	04:10:02	04:06:42	2378
		5km:00:24:42 | 10km:00:49:20 | 15km: 01:13:55 | 20km:01:38:25 | 21km:01:43:43 | 25km:02:02:50 | 30km:02:31:04 | 35km:03:05:18 | 40km:03:49:08									
2678	10264	**GAWOR Tomasz**	CEGŁÓW		POL	1964	M50	268	04:07:53	04:06:42	2378
		5km:00:27:08 | 10km:00:54:25 | 15km: 01:21:50 | 20km:01:49:16 | 21km:01:55:10 | 25km:02:16:35 | 30km:02:45:14 | 35km:03:15:20 | 40km:03:49:26									
2679	10325	**KARBOWIAK Adam**	DŁUTÓW		POL	1980	M40	894	04:07:50	04:06:44	2380
		5km:00:29:51 | 10km:00:58:45 | 15km: 01:27:43 | 20km:01:56:23 | 21km:02:02:39 | 25km:02:25:31 | 30km:02:54:51 | 35km:03:23:48 | 40km:03:53:56									
2680	13047	**DAMPC Mariusz**	WARSZAWA		POL	1989	M30	823	04:12:53	04:06:44	2380
		5km:00:26:46 | 10km:00:55:55 | 15km: 01:25:08 | 20km:01:54:35 | 21km:02:01:00 | 25km:02:24:04 | 30km:02:53:56 | 35km:03:23:30 | 40km:03:53:55									
2681	14506	**ZIMNIAK Łukasz**	OLEŚNICA	KB SZERSZEŃ OLEŚNICA	POL	1981	M40	895	04:06:58	04:06:45	2382
		5km:00:29:53 | 10km:00:59:44 | 15km: 01:29:03 | 20km:01:57:54 | 21km:02:04:23 | 25km:02:26:55 | 30km:02:55:58 | 35km:03:24:31 | 40km:03:54:24									
2682	10061	**ZYCH Damian**	NOWE SKALMIERZYCE		POL	1989	M30	824	04:14:06	04:06:47	2383
		5km:00:29:35 | 10km:00:59:47 | 15km: 01:29:00 | 20km:01:58:16 | 21km:02:04:30 | 25km:02:27:21 | 30km:02:56:31 | 35km:03:25:26 | 40km:03:54:56									
2683	3751	**ZUB-LIGEZA Monika**	WARSZAWA		POL	1977	K40	117	04:12:01	04:06:47	300
		5km:00:27:34 | 10km:00:55:12 | 15km: 01:23:05 | 20km:01:50:56 | 21km:01:56:55 | 25km:02:20:19 | 30km:02:51:22 | 35km:03:21:06 | 40km:03:53:47									
2684	8337	**ROGOLIŃSKA Agnieszka**	STARY GÓZD		POL	1973	K50	15	04:11:15	04:06:48	301
		5km:00:28:37 | 10km:00:56:27 | 15km: 01:25:02 | 20km:01:53:11 | 21km:01:59:17 | 25km:02:21:24 | 30km:02:49:36 | 35km:03:18:08 | 40km:03:52:11									
2685	8264	**BIENIAS Piotr**	WARSZAWA		POL	1972	M50	270	04:10:29	04:06:49	2384
		5km:00:26:36 | 10km:00:53:00 | 15km: 01:19:17 | 20km:01:45:23 | 21km:01:51:07 | 25km:02:11:54 | 30km:02:39:09 | 35km:03:11:51 | 40km:03:54:01									
2686	7789	**CABAJ Paweł**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1975	M40	896	04:10:00	04:06:53	2385
		5km:00:27:18 | 10km:00:54:30 | 15km: 01:21:56 | 20km:01:50:00 | 21km:01:56:05 | 25km:02:19:01 | 30km:02:49:27 | 35km:03:20:21 | 40km:03:53:53									
2687	15554	**MIKUSEK Ryszard**	WARSZAWA		POL	1978	M40	897	04:15:15	04:06:55	2386
		5km:00:28:52 | 10km:00:57:17 | 15km: 01:24:57 | 20km:01:52:57 | 21km:01:59:00 | 25km:02:21:22 | 30km:02:50:06 | 35km:03:20:18 | 40km:03:53:33									
2688	7691	**CHECHŁOWSKI Marek**	ZĄBKI		POL	1991	M30	825	04:11:14	04:06:56	2387
		5km:00:26:18 | 10km:00:52:48 | 15km: 01:19:13 | 20km:01:45:44 | 21km:01:51:27 | 25km:02:13:13 | 30km:02:43:42 | 35km:03:16:28 | 40km:03:52:14									
2689	3550	**RYDEL Michał**	WÓLKA SMOLANA	Braciaki Squad	POL	1986	M30	826	04:09:39	04:06:57	2388
		5km:00:26:54 | 10km:00:54:17 | 15km: 01:21:28 | 20km:01:48:53 | 21km:01:54:50 | 25km:02:16:23 | 30km:02:45:15 | 35km:03:15:24 | 40km:03:52:00									
2690	1111	**NAREL Sławomir**	WARSZAWA	narel.eu	POL	1963	M60	46	04:08:26	04:06:58	2389
		5km:00:28:34 | 10km:00:56:48 | 15km: 01:24:23 | 20km:01:52:28 | 21km:01:58:39 | 25km:02:20:45 | 30km:02:48:52 | 35km:03:17:28 | 40km:03:52:07									
2691	6535	**KORNILUK Dominik**	DŁUGA KOŚCIELNA	Real Barcelona	POL	1987	M30	827	04:11:09	04:06:58	2389
		5km:00:29:47 | 10km:00:58:44 | 15km: 01:27:55 | 20km:01:56:59 | 21km:02:03:03 | 25km:02:25:40 | 30km:02:54:08 | 35km:03:23:20 | 40km:03:54:15									
2692	7663	**MICHALAK Elżbieta**	LUBARTÓW		POL	1976	K40	118	04:13:22	04:06:59	302
		5km:00:28:23 | 10km:00:55:46 | 15km: 01:23:41 | 20km:01:51:27 | 21km:01:57:26 | 25km:02:19:38 | 30km:02:49:13 | 35km:03:19:22 | 40km:03:53:08									
2693	4232	**GRIMES-ZACHORSKA Izabela**	NAMYSŁÓW		POL	1981	K40	119	04:10:55	04:07:00	303
		5km:00:29:02 | 10km:00:58:50 | 15km: 01:27:38 | 20km:01:56:26 | 21km:02:02:22 | 25km:02:25:10 | 30km:02:54:17 | 35km:03:23:22 | 40km:03:54:03									
2694	6826	**PRZYBYŁOWSKA Renata**	ROZOGI	Szybciej chodzę niz biegam	POL	1978	K40	120	04:13:02	04:07:02	304
		5km:00:27:33 | 10km:00:55:19 | 15km: 01:23:06 | 20km:01:51:10 | 21km:01:57:14 | 25km:02:19:39 | 30km:02:49:00 | 35km:03:18:41 | 40km:03:52:40									
2695	14010	**SOBCZAK Justyna**	WYSZKÓW	KB Wyszków	POL	1985	K30	120	04:11:11	04:07:04	305
		5km:00:28:03 | 10km:00:55:59 | 15km: 01:23:21 | 20km:01:51:34 | 21km:01:57:32 | 25km:02:19:48 | 30km:02:49:35 | 35km:03:20:34 | 40km:03:54:21									
2696	6930	**JACHOWICZ Jarosław**	MARKI	Markowi Biegacze	POL	1979	M40	898	04:12:28	04:07:08	2391
		5km:00:26:49 | 10km:00:54:10 | 15km: 01:21:24 | 20km:01:49:07 | 21km:01:55:09 | 25km:02:17:41 | 30km:02:48:24 | 35km:03:20:19 | 40km:03:54:04									
2697	6993	**MRÓZ Monika**	WROCŁAW		POL	1993	K30	121	04:09:53	04:07:09	306
		5km:00:29:35 | 10km:00:59:22 | 15km: 01:28:28 | 20km:01:57:12 | 21km:02:03:30 | 25km:02:26:03 | 30km:02:53:53 | 35km:03:21:50 | 40km:03:52:11									
2698	4577	**GRZĘDA Jarosław**	WARSZAWA		POL	1998	M20	349	04:12:54	04:07:11	2392
		5km:00:29:46 | 10km:00:58:53 | 15km: 01:28:07 | 20km:01:57:17 | 21km:02:03:32 | 25km:02:26:23 | 30km:02:55:07 | 35km:03:23:53 | 40km:03:54:10									
2699	3980	**RUSIŁOWICZ Andrzej**	WARSZAWA	Sales&More Runners Team	POL	1976	M40	899	04:13:15	04:07:12	2393
		5km:00:28:33 | 10km:00:56:41 | 15km: 01:24:19 | 20km:01:52:16 | 21km:01:58:23 | 25km:02:20:15 | 30km:02:48:57 | 35km:03:19:41 | 40km:03:53:41									
2700	3593	**ZALIWSKI Grzegorz**	WARSZAWA		POL	1973	M50	271	04:11:25	04:07:13	2394
		5km:00:28:24 | 10km:00:57:06 | 15km: 01:25:53 | 20km:01:54:59 | 21km:02:01:12 | 25km:02:23:46 | 30km:02:52:44 | 35km:03:21:46 | 40km:03:53:23									
2701	10455	**KAMIŃSKI Paweł**	ELBLĄG		POL	1981	M40	900	04:13:14	04:07:14	2395
		5km:00:27:57 | 10km:00:56:28 | 15km: 01:24:37 | 20km:01:53:08 | 21km:01:59:19 | 25km:02:21:31 | 30km:02:49:45 | 35km:03:17:54 | 40km:03:53:01									
2702	2181	**PIĄTEK Łukasz**	WARSZAWA	PGE Energetic Running	POL	1995	M20	350	04:12:53	04:07:16	2396
		5km:00:30:02 | 10km:00:58:55 | 15km: 01:27:02 | 20km:01:55:51 | 21km:02:01:57 | 25km:02:24:43 | 30km:02:54:45 | 35km:03:25:04 | 40km:03:54:21									
2703	3985	**PIEKARSKI Mateusz**	GORLICE		POL	1996	M20	351	04:14:05	04:07:17	2397
		5km:00:27:12 | 10km:00:54:04 | 15km: 01:21:08 | 20km:01:48:10 | 21km:01:53:56 | 25km:02:15:02 | 30km:02:42:31 | 35km:03:13:14 | 40km:03:50:27									
2704	2746	**HERZBERG Marek**	JELENIA GÓRA	decathlon jelenia góra	POL	1967	M50	272	04:10:20	04:07:18	2398
		5km:00:27:17 | 10km:00:55:16 | 15km: 01:23:49 | 20km:01:51:42 | 21km:01:57:45 | 25km:02:20:00 | 30km:02:49:21 | 35km:03:20:21 | 40km:03:53:39									
2705	4419	**JIN LI David**	ELCHE		ESP	2005	M20	352	04:10:03	04:07:18	2398
		5km:00:28:16 | 10km:00:56:27 | 15km: 01:24:27 | 20km:01:52:18 | 21km:01:58:29 | 25km:02:20:34 | 30km:02:49:19 | 35km:03:20:50 | 40km:03:53:23									
2706	7529	**PIÓRKOWSKI Arkadiusz**	SIEMIATYCZE		POL	1997	M20	352	04:12:40	04:07:18	2398
		5km:00:26:46 | 10km:00:52:59 | 15km: 01:19:06 | 20km:01:45:12 | 21km:01:50:59 | 25km:02:12:00 | 30km:02:41:20 | 35km:03:13:09 | 40km:03:51:01									
2707	8184	**ZAREMBA Anatolii**	WARSZAWA		UKR	1990	M30	828	04:10:33	04:07:18	2398
		5km:00:29:58 | 10km:00:59:07 | 15km: 01:28:22 | 20km:01:57:46 | 21km:02:04:14 | 25km:02:27:27 | 30km:02:57:07 | 35km:03:26:21 | 40km:03:55:18									
2708	3597	**SZCZEPAŃSKI Patryk**	DZIAŁDOWO		POL	1995	M20	354	04:13:10	04:07:19	2402
		5km:00:26:58 | 10km:00:53:59 | 15km: 01:20:57 | 20km:01:47:45 | 21km:01:53:37 | 25km:02:14:48 | 30km:02:42:11 | 35km:03:10:07 | 40km:03:51:33									
2709	10583	**CHORKOWY Bartosz**	OPOLE	MultiFit	POL	1973	M50	273	04:09:44	04:07:20	2403
		5km:00:28:21 | 10km:00:56:51 | 15km: 01:25:01 | 20km:01:53:33 | 21km:01:59:44 | 25km:02:22:05 | 30km:02:50:54 | 35km:03:21:13 | 40km:03:53:47									
2710	10029	**DZIENISIEWICZ Mariusz**	GDAŃSK		POL	1978	M40	901	04:12:36	04:07:21	2404
		5km:00:29:11 | 10km:00:57:19 | 15km: 01:25:33 | 20km:01:53:59 | 21km:02:00:11 | 25km:02:22:58 | 30km:02:52:32 | 35km:03:23:34 | 40km:03:54:17									
2711	10300	**ŚWIERŻEWSKA Sylwia**	LUBLIN	Heńteam	POL	1983	K40	121	04:11:14	04:07:21	307
		5km:00:28:26 | 10km:00:56:36 | 15km: 01:24:39 | 20km:01:52:40 | 21km:01:58:42 | 25km:02:21:43 | 30km:02:51:10 | 35km:03:21:47 | 40km:03:53:45									
2712	6644	**BUDZOWSKA Nadia**	KRAKÓW		POL	1998	K20	50	04:11:56	04:07:22	308
		5km:00:28:21 | 10km:00:56:20 | 15km: 01:24:22 | 20km:01:52:21 | 21km:01:58:18 | 25km:02:20:10 | 30km:02:50:54 | 35km:03:21:21 | 40km:03:54:00									
2713	2641	**BRYKSY Emilia**	GDAŃSK		POL	1992	K30	122	04:11:23	04:07:25	309
		5km:00:29:36 | 10km:00:58:36 | 15km: 01:27:31 | 20km:01:56:37 | 21km:02:03:00 | 25km:02:25:59 | 30km:02:55:40 | 35km:03:25:01 | 40km:03:54:55									
2714	7863	**DONNELLAN Alison**	DUBLIN		IRL	1993	K30	123	04:13:39	04:07:26	310

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:10| 10km:00:58:25| 15km: 01:27:29 | 20km:01:56:54 | 21km:02:03:12 | 25km:02:31:31 | 30km:03:00:11 | 35km:03:28:39 | 40km:03:56:44									
2715	8094	**SOBANIA Tomasz**	GLIWICE		POL	1998	M20	355	04:11:38	04:07:26	2405
		5km:00:29:29| 10km:00:56:59| 15km: 01:25:03 | 20km:01:53:14 | 21km:01:59:20 | 25km:02:21:29 | 30km:02:51:02 | 35km:03:20:57 | 40km:03:54:56									
2716	2301	**SIEK Adrian**	BIAŁOBRZEGI		POL	1998	M20	356	04:11:09	04:07:28	2406
		5km:00:26:59| 10km:00:53:55| 15km: 01:20:56 | 20km:01:47:56 | 21km:01:53:43 | 25km:02:15:12 | 30km:02:45:27 | 35km:03:17:17 | 40km:03:53:51									
2717	3439	**SZYMAŃSKI Piotr**	PIASECZNO	Alior Running Team	POL	1981	M40	902	04:10:37	04:07:29	2407
		5km:00:27:05| 10km:00:54:02| 15km: 01:20:48 | 20km:01:47:58 | 21km:01:53:53 | 25km:02:15:01 | 30km:02:43:43 | 35km:03:14:46 | 40km:03:49:53									
2718	12090	**RUSINOWSKI Paweł**	WARSZAWA		POL	1970	M50	274	04:10:29	04:07:30	2408
		5km:00:28:05| 10km:00:55:42| 15km: 01:23:38 | 20km:01:51:55 | 21km:01:58:08 | 25km:02:21:46 | 30km:02:51:36 | 35km:03:22:03 | 40km:03:54:32									
2719	4579	**JAROCKA Agata**	LEGIONOWO		POL	1983	K40	122	04:11:02	04:07:30	311
		5km:00:29:46| 10km:00:59:07| 15km: 01:28:43 | 20km:01:58:11 | 21km:02:04:36 | 25km:02:27:57 | 30km:02:57:16 | 35km:03:26:17 | 40km:03:55:18									
2720	5127	**ROSEWARNE Hamish**	LONDON		GBR	1998	M20	357	04:08:20	04:07:30	2408
		5km:00:27:30| 10km:00:55:56| 15km: 01:23:58 | 20km:01:51:46 | 21km:01:57:53 | 25km:02:19:05 | 30km:02:46:58 | 35km:03:15:45 | 40km:03:50:28									
2721	3846	**SANCHEZ-ROSELLY MORENO Juan De Dios**	MADRID		ESP	1968	M50	275	04:09:18	04:07:31	2410
		5km:00:29:17| 10km:00:57:50| 15km: 01:26:01 | 20km:01:54:23 | 21km:02:00:29 | 25km:02:22:22 | 30km:02:51:08 | 35km:03:21:19 | 40km:03:55:33									
2722	10277	**DANEK Patryk**	CZĘSTOCHOWA		POL	2002	M20	358	04:11:35	04:07:33	2411
		5km:00:27:14| 10km:00:54:13| 15km: 01:21:15 | 20km:01:48:06 | 21km:01:54:00 | 25km:02:15:12 | 30km:02:42:28 | 35km:03:13:45 | 40km:03:51:09									
2723	12066	**KRAJEWSKI Daniel**	WARSZAWA		POL	1993	M30	829	04:10:27	04:07:33	2411
		5km:00:28:59| 10km:00:57:41| 15km: 01:25:35 | 20km:01:54:12 | 21km:02:00:20 | 25km:02:22:13 | 30km:02:50:41 | 35km:03:19:24 | 40km:03:53:03									
2724	3723	**KARASAWA Jun**	WARSZAWA	DRUNK SAMURAI	JPN	1971	M50	276	04:13:12	04:07:33	2411
		5km:00:28:24| 10km:00:57:47| 15km: 01:26:57 | 20km:01:56:02 | 21km:02:02:13 | 25km:02:26:24 | 30km:02:54:58 | 35km:03:25:17 | 40km:03:55:18									
2725	2125	**GRABNER Johann**	WIEDEŃ		POL	1970	M50	277	04:17:29	04:07:36	2414
		5km:00:29:15| 10km:00:58:26| 15km: 01:27:35 | 20km:01:56:57 | 21km:02:03:29 | 25km:02:26:39 | 30km:02:56:20 | 35km:03:25:37 | 40km:03:54:35									
2726	7751	**WIELĄDEK Paweł**	WARSZAWA		POL	1999	M20	359	04:14:12	04:07:37	2415
		5km:00:25:28| 10km:00:52:13| 15km: 01:19:47 | 20km:01:47:37 | 21km:01:53:35 | 25km:02:15:49 | 30km:02:44:14 | 35km:03:16:24 | 40km:03:53:29									
2727	5031	**ROMANOWSKI Kamil**	MARKI		POL	1981	M40	903	04:08:36	04:07:40	2416
		5km:00:28:47| 10km:00:57:09| 15km: 01:24:52 | 20km:01:52:56 | 21km:01:59:01 | 25km:02:21:00 | 30km:02:49:16 | 35km:03:18:39 | 40km:03:52:40									
2728	4242	**ZMYSŁOWSKI Michał**	WARSZAWA		POL	1996	M20	360	04:11:42	04:07:41	2417
		5km:00:30:23| 10km:00:59:18| 15km: 01:28:02 | 20km:01:56:34 | 21km:02:02:41 | 25km:02:24:49 | 30km:02:53:19 | 35km:03:22:11 | 40km:03:53:57									
2729	4665	**GONCIARZ Piotr**	AUGUSTÓW		POL	1996	M20	360	04:14:12	04:07:41	2417
		5km:00:28:30| 10km:00:55:44| 15km: 01:23:24 | 20km:01:51:06 | 21km:01:57:29 | 25km:02:19:34 | 30km:02:49:40 | 35km:03:20:56 | 40km:03:54:50									
2730	6687	**BŁASZCZYK Mateusz**	ATENY		POL	1996	M20	362	04:11:07	04:07:42	2419
		5km:00:27:51| 10km:00:55:51| 15km: 01:24:02 | 20km:01:52:12 | 21km:01:58:24 | 25km:02:20:17 | 30km:02:50:06 | 35km:03:20:50 | 40km:03:53:57									
2731	2652	**RAZOWSKI Szymon**	GLIWICE		POL	1993	M30	830	04:13:43	04:07:43	2420
		5km:00:33:17| 10km:01:04:29| 15km: 01:33:12 | 20km:02:00:33 | 21km:02:06:01 | 25km:02:26:33 | 30km:02:52:33 | 35km:03:22:00 | 40km:03:54:29									
2732	4157	**JĘDRZEJEWSKI Oskar**	STRZAŁKOWO		POL	1998	M20	363	04:17:09	04:07:43	2420
		5km:00:29:10| 10km:00:58:25| 15km: 01:27:28 | 20km:01:56:25 | 21km:02:02:47 | 25km:02:25:39 | 30km:02:54:55 | 35km:03:23:55 | 40km:03:54:07									
2733	3583	**PIÓRKOWSKI Paweł**	WARSZAWA		POL	1985	M30	831	04:12:39	04:07:45	2422
		5km:00:26:00| 10km:00:52:44| 15km: 01:19:13 | 20km:01:46:12 | 21km:01:52:05 | 25km:02:14:27 | 30km:02:44:15 | 35km:03:16:17 | 40km:03:53:06									
2734	7088	**DMYTRENKO Anatolii**	WARSZAWA		UKR	1992	M30	832	04:12:15	04:07:46	2423
		5km:00:27:18| 10km:00:55:15| 15km: 01:24:14 | 20km:01:52:14 | 21km:01:58:17 | 25km:02:20:38 | 30km:02:49:33 | 35km:03:19:49 | 40km:03:54:02									
2735	4379	**WIECZOREK Andrzej**	WARSZAWA		POL	1977	M40	904	04:17:54	04:07:50	2424
		5km:00:29:32| 10km:00:58:50| 15km: 01:27:28 | 20km:01:55:53 | 21km:02:01:59 | 25km:02:24:10 | 30km:02:52:45 | 35km:03:22:55 | 40km:03:54:35									
2736	10745	**SZCZECHOWSKI Paweł**	KOSZARY		POL	1973	M50	278	04:14:52	04:07:52	2425
		5km:00:26:37| 10km:00:53:28| 15km: 01:24:04 | 20km:01:53:46 | 21km:02:00:15 | 25km:02:23:56 | 30km:02:54:00 | 35km:03:24:06 | 40km:03:55:49									
2737	3816	**SKŁADANOWSKA Beata**	WARSZAWA	EUROCASH/dziki team/adidas runners warsaw	POL	1987	K30	124	04:10:33	04:07:52	312
		5km:00:23:32| 10km:00:48:55| 15km: 01:15:18 | 20km:01:42:30 | 21km:01:48:29 | 25km:02:11:29 | 30km:02:42:46 | 35km:03:15:02 | 40km:03:54:47									
2738	8047	**ROBAK Piotr**	BRZESKO		POL	2002	M20	364	04:17:43	04:07:53	2426
		5km:00:27:21| 10km:00:54:42| 15km: 01:21:56 | 20km:01:49:03 | 21km:01:55:01 | 25km:02:16:18 | 30km:02:43:39 | 35km:03:12:59 | 40km:03:53:11									
2739	2397	**TWARDAWA Michał**	WARSZAWA		POL	1983	M40	905	04:11:17	04:07:55	2427
		5km:00:28:36| 10km:00:57:05| 15km: 01:25:14 | 20km:01:53:50 | 21km:01:59:53 | 25km:02:22:40 | 30km:02:51:55 | 35km:03:21:07 | 40km:03:54:30									
2740	4644	**ŁUKAWSKI Seweryn**	SKIERNIEWICE		POL	1991	M30	833	04:13:36	04:07:55	2427
		5km:00:28:39| 10km:00:56:50| 15km: 01:24:37 | 20km:01:52:31 | 21km:01:58:34 | 25km:02:20:51 | 30km:02:50:46 | 35km:03:21:45 | 40km:03:54:04									
2741	5061	**STĘPNIAK Adam**	MILANÓWEK		POL	1980	M40	905	04:12:01	04:07:55	2427
		5km:00:27:44| 10km:00:56:20| 15km: 01:25:06 | 20km:01:53:49 | 21km:02:00:01 | 25km:02:22:13 | 30km:02:50:29 | 35km:03:19:23 | 40km:03:53:28									
2742	2890	**FABISZEWSKI Arkadiusz**	TORUŃ		POL	1979	M40	907	04:10:00	04:07:56	2430
		5km:00:27:53| 10km:00:55:31| 15km: 01:22:39 | 20km:01:50:01 | 21km:01:55:57 | 25km:02:17:17 | 30km:02:44:52 | 35km:03:13:35 | 40km:03:51:34									
2743	10644	**ZASŁONKA Hubert**	RADZYMIN	Radzymin Run Team	POL	1978	M40	908	04:11:26	04:07:59	2431
		5km:00:28:35| 10km:00:57:02| 15km: 01:25:26 | 20km:01:53:45 | 21km:01:59:54 | 25km:02:22:14 | 30km:02:51:40 | 35km:03:22:41 | 40km:03:55:16									
2744	2873	**MIĘKIŃSKI Jacek**	LIPOWA	Kwiaciarnia Lilia	POL	1975	M40	909	04:13:47	04:08:00	2432
		5km:00:26:05| 10km:00:51:53| 15km: 01:17:30 | 20km:01:42:58 | 21km:01:48:33 | 25km:02:10:01 | 30km:02:40:33 | 35km:03:16:38 | 40km:03:52:51									
2745	8230	**GUT Mateusz**	WARSZAWA	Legia Warszawa LRC	POL	1988	M30	834	04:09:57	04:08:00	2432
		5km:00:26:58| 10km:00:53:01| 15km: 01:18:34 | 20km:01:44:35 | 21km:01:50:18 | 25km:02:11:44 | 30km:02:44:18 | 35km:03:18:03 | 40km:03:52:34									
2746	16012	**BALCERZAK Mateusz**	KOZIENICE	WKZ KOZIENICE BBL	POL	1993	M30	835	04:09:50	04:08:01	2434
		5km:00:29:37| 10km:00:59:20| 15km: 01:29:13 | 20km:01:58:06 | 21km:02:04:19 | 25km:02:26:47 | 30km:02:55:27 | 35km:03:24:37 | 40km:03:54:48									
2747	8394	**ŻMIJEWSKI Paweł**	WARSZAWA		POL	1979	M40	910	04:14:36	04:08:01	2434
		5km:00:28:43| 10km:00:56:48| 15km: 01:24:10 | 20km:01:51:35 | 21km:01:57:28 | 25km:02:19:02 | 30km:02:48:10 | 35km:03:19:23 | 40km:03:52:54									
2748	2806	**WUWER Łukasz**	WODZISŁAW ŚLĄSKI		POL	1984	M30	836	04:12:16	04:08:02	2436
		5km:00:27:18| 10km:00:54:22| 15km: 01:20:52 | 20km:01:47:25 | 21km:01:53:19 | 25km:02:14:52 | 30km:02:43:42 | 35km:03:16:21 | 40km:03:52:33									
2749	15572	**MAZUREK Maciej**	BORZĘCIN MAŁY		POL	1985	M30	837	04:12:05	04:08:05	2437
		5km:00:26:40| 10km:00:53:18| 15km: 01:19:56 | 20km:01:46:31 | 21km:01:52:23 | 25km:02:15:07 | 30km:02:43:11 | 35km:03:16:18 | 40km:03:54:14									
2750	7985	**KONCEWICZ Łukasz**	WARSZAWA		POL	1992	M30	837	04:10:33	04:08:05	2437
		5km:00:28:35| 10km:00:56:35| 15km: 01:24:42 | 20km:01:52:35 | 21km:01:58:36 | 25km:02:20:39 | 30km:02:49:08 | 35km:03:17:46 | 40km:03:53:43									
2751	4363	**MARACHKOUSKI Vasil**	WARSZAWA			1983	M40	911	04:11:53	04:08:06	2439
		5km:00:27:10| 10km:00:54:03| 15km: 01:21:00 | 20km:01:47:55 | 21km:01:53:46 | 25km:02:14:56 | 30km:02:42:41 | 35km:03:12:32 | 40km:03:52:37									
2752	7329	**STOPA Tomasz**	WARSZAWA	Basajaun	POL	1973	M50	279	04:11:02	04:08:06	2439
		5km:00:26:38| 10km:00:53:29| 15km: 01:20:45 | 20km:01:48:29 | 21km:01:54:20 | 25km:02:16:59 | 30km:02:46:24 | 35km:03:18:42 | 40km:03:53:15									
2753	2320	**TONDRYK Marcin**	KOPENHAGA		POL	1975	M40	912	04:10:41	04:08:07	2441
		5km:00:27:57| 10km:00:56:10| 15km: 01:23:59 | 20km:01:52:16 | 21km:01:58:17 | 25km:02:20:31 | 30km:02:49:51 | 35km:03:19:39 | 40km:03:53:02									
2754	5039	**KUCHARCZYK Kamil**	STALOWA WOLA		POL	1996	M20	365	04:10:48	04:08:07	2441
		5km:00:27:57| 10km:00:56:10| 15km: 01:24:01 | 20km:01:52:20 | 21km:01:58:17 | 25km:02:20:31 | 30km:02:49:52 | 35km:03:19:38 | 40km:03:53:01									
2755	6306	**KATA Arkadiusz**	STALOWA WOLA		POL	1994	M20	365	04:10:48	04:08:07	2441
		5km:00:26:52| 10km:00:53:56| 15km: 01:20:31 | 20km:01:47:13 | 21km:01:53:04 | 25km:02:14:04 | 30km:02:43:51 | 35km:03:18:28 | 40km:03:53:12									
2756	3737	**RUSEK Jarosław**	MOGILANY		POL	1979	M40	913	04:10:58	04:08:08	2444
		5km:00:29:09| 10km:00:58:08| 15km: 01:26:55 | 20km:01:55:55 | 21km:02:02:18 | 25km:02:25:16 | 30km:02:55:46 | 35km:03:24:51 | 40km:03:55:00									
2757	3125	**PACHECKI Adrian**	ŻYWIEC		POL	2000	M20	367	04:11:52	04:08:09	2445
		5km:00:26:17| 10km:00:52:40| 15km: 01:20:00 | 20km:01:47:55 | 21km:01:53:56 | 25km:02:16:37 | 30km:02:46:41 | 35km:03:19:03 | 40km:03:54:48									
2758	6162	**WAJDA Mirosław**	KROSNO		POL	1990	M30	839	04:14:35	04:08:10	2446
		5km:00:27:52| 10km:00:55:43| 15km: 01:23:14 | 20km:01:51:04 | 21km:01:57:10 | 25km:02:19:05 | 30km:02:47:42 | 35km:03:18:13 | 40km:03:53:51									
2759	7204	**WICZUK-WICZEWSKI Marcin**	POZNAŃ	Orange Polska	POL	1976	M40	914	04:12:58	04:08:11	2447
		5km:00:25:19| 10km:00:51:21| 15km: 01:17:10 | 20km:01:42:59 | 21km:01:48:38 | 25km:02:09:04 | 30km:02:36:04 | 35km:03:06:18 | 40km:03:48:45									
2760	10154	**SZCZEPANIAK Bartosz**	ŁÓDŹ		POL	1989	M30	840	04:09:41	04:08:12	2448

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2761	7689	**JANOWSKI** Bogdan	WARSZAWA		POL	1966	M50	280	04:14:42	04:08:15	2449
		5km:00:29:27| 10km:00:58:34| 15km: 01:27:52 | 20km:01:57:13 | 21km:02:03:41 | 25km:02:26:52 | 30km:02:56:34 | 35km:03:25:51 | 40km:03:54:49									
2762	7216	**LALICKI** Krzysztof	WARSZAWA		POL	1978	M40	915	04:11:03	04:08:19	2450
		5km:00:26:59| 10km:00:54:09| 15km: 01:22:06 | 20km:01:49:30 | 21km:01:55:27 | 25km:02:17:00 | 30km:02:47:07 | 35km:03:19:46 | 40km:03:54:17									
2763	10561	**JURKIEWICZ** Damian	SZCZECIN		POL	1976	M40	916	04:12:48	04:08:20	2451
		5km:00:28:27| 10km:00:56:43| 15km: 01:24:19 | 20km:01:52:32 | 21km:01:58:35 | 25km:02:20:48 | 30km:02:50:03 | 35km:03:21:10 | 40km:03:55:10									
2764	12064	**SOCHA** Mateusz	ZEGRZE		POL	1993	M30	841	04:13:31	04:08:20	2451
		5km:00:28:02| 10km:00:56:29| 15km: 01:23:42 | 20km:01:51:07 | 21km:01:57:00 | 25km:02:18:28 | 30km:02:48:38 | 35km:03:25:20 | 40km:03:55:58									
2765	3613	**RYTAROWSKI** Paweł	WARSZAWA		POL	1968	M50	281	04:14:24	04:08:22	2453
		5km:00:29:55| 10km:00:58:55| 15km: 01:28:10 | 20km:01:57:28 | 21km:02:04:03 | 25km:02:27:11 | 30km:02:56:56 | 35km:03:26:10 | 40km:03:55:05									
2766	8417	**OLENDER** Przemysław	CELESTYNÓW	KMD Running Club	POL	2000	M20	368	04:14:39	04:08:22	2453
		5km:00:28:20| 10km:00:56:50| 15km: 01:22:41 | 20km:01:49:30 | 21km:01:55:24 | 25km:02:17:33 | 30km:02:47:32 | 35km:03:20:29 | 40km:03:54:51									
2767	10508	**MENDEL** Grzegorz	LUBLIN		POL	1981	M40	917	04:14:45	04:08:24	2455
		5km:00:28:46| 10km:00:57:42| 15km: 01:26:30 | 20km:01:56:08 | 21km:02:02:18 | 25km:02:26:11 | 30km:02:54:57 | 35km:03:25:11 | 40km:03:55:55									
2768	8204	**ŚWIERŻYŃSKI** Michał	WARSZAWA		POL	1990	M30	842	04:11:37	04:08:24	2455
		5km:00:27:20| 10km:00:54:45| 15km: 01:21:55 | 20km:01:48:59 | 21km:01:54:53 | 25km:02:16:22 | 30km:02:45:00 | 35km:03:19:17 | 40km:03:54:22									
2769	10509	**MENDEL** Agnieszka	LUBLIN		POL	1979	K40	123	04:14:45	04:08:25	313
		5km:00:28:47| 10km:00:57:44| 15km: 01:26:32 | 20km:01:56:09 | 21km:02:02:19 | 25km:02:26:13 | 30km:02:54:59 | 35km:03:25:12 | 40km:03:55:57									
2770	3189	**JAMROŻY** Ryszard	IŃSKO	Akademia Biegania	POL	1964	M50	282	04:13:40	04:08:25	2457
		5km:00:29:18| 10km:00:58:57| 15km: 01:27:59 | 20km:01:57:12 | 21km:02:03:27 | 25km:02:26:09 | 30km:02:55:38 | 35km:03:25:06 | 40km:03:55:53									
2771	4603	**ROEPSTORF** Evgenia	BERLIN		GER	1958	K60	1	04:15:04	04:08:25	313
		5km:00:29:21| 10km:00:58:16| 15km: 01:25:56 | 20km:01:56:26 | 21km:02:02:51 | 25km:02:26:13 | 30km:02:56:29 | 35km:03:25:44 | 40km:03:55:54									
2772	4183	**PIETRZAK** Tomasz	WARSZAWA		POL	1984	M30	843	04:13:45	04:08:26	2458
		5km:00:30:53| 10km:01:00:50| 15km: 01:29:58 | 20km:01:58:47 | 21km:02:04:58 | 25km:02:27:40 | 30km:02:56:38 | 35km:03:25:33 | 40km:03:55:46									
2773	3233	**WIERZCHOWSKI** Bartosz	STRZEGOWO	Vege Runners	POL	1994	M20	369	04:13:47	04:08:27	2459
		5km:00:28:39| 10km:00:57:32| 15km: 01:25:18 | 20km:01:53:07 | 21km:01:58:49 | 25km:02:20:51 | 30km:02:48:43 | 35km:03:17:43 | 40km:03:52:36									
2774	8107	**KONARSKI** Michał	WARSZAWA		POL	1985	M30	844	04:10:45	04:08:27	2459
		5km:00:26:58| 10km:00:54:08| 15km: 01:20:59 | 20km:01:48:07 | 21km:01:53:59 | 25km:02:15:24 | 30km:02:43:27 | 35km:03:12:53 | 40km:03:51:03									
2775	10436	**MILCZARSKI** Krzysztof	CZOSNÓWKA	Biała Biega	POL	1959	M60	47	04:12:53	04:08:29	2461
		5km:00:28:27| 10km:00:56:28| 15km: 01:23:48 | 20km:01:51:28 | 21km:01:57:36 | 25km:02:19:16 | 30km:02:47:24 | 35km:03:20:51 | 40km:03:55:29									
2776	16501	**MASIAK** Mateusz	NAŁĘCZÓW		POL	1998	M20	370	04:12:19	04:08:30	2462
		5km:00:28:59| 10km:00:57:09| 15km: 01:24:49 | 20km:01:52:53 | 21km:01:59:00 | 25km:02:20:55 | 30km:02:49:10 | 35km:03:17:53 | 40km:03:52:04									
2777	3324	**BOBER** Maria	GLENDALE		USA	1985	K30	125	04:12:50	04:08:31	315
		5km:00:28:26| 10km:00:56:36| 15km: 01:24:16 | 20km:01:52:21 | 21km:01:58:31 | 25km:02:21:52 | 30km:02:51:00 | 35km:03:21:54 | 40km:03:54:23									
2778	10518	**ŻUK** Agata	LUBLIN	HeńTeam	POL	1976	K40	124	04:12:01	04:08:32	316
		5km:00:28:22| 10km:00:55:42| 15km: 01:23:54 | 20km:01:52:51 | 21km:01:59:03 | 25km:02:21:44 | 30km:02:51:49 | 35km:03:22:40 | 40km:03:54:45									
2779	6236	**BELKIEWICZ** Rafał	WARSZAWA	Team ZabieganeDni	POL	1980	M40	918	04:14:36	04:08:33	2463
		5km:00:29:45| 10km:00:58:53| 15km: 01:28:09 | 20km:01:57:32 | 21km:02:04:02 | 25km:02:27:11 | 30km:02:56:55 | 35km:03:26:11 | 40km:03:55:06									
2780	3547	**KACZAŁA** Michał	OLEŚNICA		POL	1982	M40	919	04:13:54	04:08:34	2464
		5km:00:28:36| 10km:00:57:30| 15km: 01:25:44 | 20km:01:53:43 | 21km:01:59:40 | 25km:02:22:38 | 30km:02:51:47 | 35km:03:22:37 | 40km:03:55:28									
2781	6323	**ZALEWSKI** Karol	WARSZAWA	Zalev Team	POL	1981	M40	919	04:11:47	04:08:34	2464
		5km:00:27:29| 10km:00:54:53| 15km: 01:22:02 | 20km:01:49:09 | 21km:01:55:04 | 25km:02:16:30 | 30km:02:47:12 | 35km:03:18:37 | 40km:03:54:04									
2782	8028	**SCHINDLER** Żaneta	WARSZAWA		POL	1976	K40	125	04:14:48	04:08:34	317
		5km:00:29:33| 10km:00:58:42| 15km: 01:27:58 | 20km:01:57:16 | 21km:02:03:41 | 25km:02:26:55 | 30km:02:56:29 | 35km:03:25:51 | 40km:03:55:33									
2783	4420	**PIECH** Renata	TWARDOGÓRA	Echo Twardogóra	POL	1985	K30	126	04:11:07	04:08:35	318
		5km:00:26:29| 10km:00:52:48| 15km: 01:19:34 | 20km:01:47:52 | 21km:01:54:13 | 25km:02:17:58 | 30km:02:49:07 | 35km:03:21:14 | 40km:03:54:40									
2784	10547	**KURPISZ** Patryk	SZCZECIN		POL	1982	M40	921	04:14:18	04:08:37	2466
		5km:00:28:16| 10km:00:57:18| 15km: 01:25:20 | 20km:01:53:45 | 21km:01:59:43 | 25km:02:22:03 | 30km:02:51:28 | 35km:03:22:17 | 40km:03:54:42									
2785	10470	**GRYSZKIEWICZ** Sławomir	WARSZAWA		POL	1993	M30	845	04:13:25	04:08:38	2467
		5km:00:28:50| 10km:00:57:26| 15km: 01:26:02 | 20km:01:54:54 | 21km:02:01:01 | 25km:02:24:55 | 30km:02:54:17 | 35km:03:23:20 | 40km:03:56:17									
2786	4255	**PAWELEC** Radosław	GRÓJEC		POL	1961	M60	48	04:14:56	04:08:40	2468
		5km:00:28:53| 10km:00:57:14| 15km: 01:26:01 | 20km:01:55:24 | 21km:02:01:37 | 25km:02:24:46 | 30km:02:54:26 | 35km:03:24:55 | 40km:03:56:00									
2787	6023	**BOBRUK** Marta	WROCŁAW		POL	1992	K30	127	04:16:12	04:08:40	319
		5km:00:29:29| 10km:00:59:21| 15km: 01:28:45 | 20km:01:57:27 | 21km:02:03:29 | 25km:02:26:33 | 30km:02:55:38 | 35km:03:25:16 | 40km:03:55:56									
2788	3441	**GRUDZIEŃ** Michał	RADOM		POL	1981	M40	922	04:14:40	04:08:43	2469
		5km:00:29:07| 10km:00:58:41| 15km: 01:27:27 | 20km:01:56:17 | 21km:02:02:21 | 25km:02:24:26 | 30km:02:53:02 | 35km:03:22:53 | 40km:03:55:17									
2789	3688	**MADEJ** Witold	MIELEC		POL	1975	M40	923	04:12:29	04:08:47	2470
		5km:00:28:03| 10km:00:55:34| 15km: 01:23:18 | 20km:01:51:31 | 21km:01:57:40 | 25km:02:20:33 | 30km:02:49:33 | 35km:03:20:15 | 40km:03:55:13									
2790	2358	**ZĄBEK** Marek	WARSZAWA		POL	1958	M60	49	04:11:17	04:08:48	2471
		5km:00:26:35| 10km:00:53:04| 15km: 01:19:39 | 20km:01:46:25 | 21km:01:52:17 | 25km:02:14:46 | 30km:02:46:08 | 35km:03:21:46 | 40km:03:55:14									
2791	5235	**KĘPIŃSKI** Tomasz	NIEPORĘT		POL	1985	M30	846	04:15:09	04:08:49	2472
		5km:00:30:09| 10km:01:00:02| 15km: 01:28:53 | 20km:01:57:49 | 21km:02:03:53 | 25km:02:26:19 | 30km:02:55:03 | 35km:03:24:46 | 40km:03:55:47									
2792	10796	**SUMOREK** Sebastian	PUŁAWY		POL	1978	M40	924	04:11:01	04:08:52	2473
		5km:00:26:39| 10km:00:53:26| 15km: 01:20:02 | 20km:01:46:44 | 21km:01:52:37 | 25km:02:15:34 | 30km:02:47:13 | 35km:03:19:19 | 40km:03:54:10									
2793	3056	**FRITZ** Wojciech	WARSZAWA	SWORDS ATHLETICS	POL	1984	M30	847	04:12:52	04:08:52	2473
		5km:00:28:25| 10km:00:56:11| 15km: 01:24:08 | 20km:01:52:04 | 21km:01:58:10 | 25km:02:20:07 | 30km:02:48:20 | 35km:03:18:38 | 40km:03:53:09									
2794	10135	**SOBOTA** Marcin	GARWOLIN		POL	1988	M30	848	04:12:59	04:08:53	2475
		5km:00:27:14| 10km:00:54:26| 15km: 01:21:27 | 20km:01:48:44 | 21km:01:54:48 | 25km:02:16:12 | 30km:02:46:00 | 35km:03:17:02 | 40km:03:53:35									
2795	10134	**DUSZKA** Konrad	STALOWA WOLA		POL	1983	M40	925	04:13:15	04:08:56	2476
		5km:00:28:33| 10km:00:57:24| 15km: 01:25:30 | 20km:01:53:38 | 21km:01:59:35 | 25km:02:21:42 | 30km:02:51:18 | 35km:03:20:20 | 40km:03:54:46									
2796	7960	**ŚWIERCZ** Jacek	OSTROWIEC ŚWIĘTOKRZYSKI	OstroBiec	POL	1978	M40	925	04:14:45	04:08:56	2476
		5km:00:28:59| 10km:00:58:03| 15km: 01:27:12 | 20km:01:55:44 | 21km:02:01:45 | 25km:02:24:14 | 30km:02:52:49 | 35km:03:21:57 | 40km:03:55:03									
2797	3998	**RUPNIAK** Łukasz	WARSZAWA		POL	1989	M30	849	04:14:58	04:08:57	2478
		5km:00:29:48| 10km:00:58:59| 15km: 01:28:12 | 20km:01:57:32 | 21km:02:04:01 | 25km:02:27:10 | 30km:02:56:41 | 35km:03:25:34 | 40km:03:56:09									
2798	4001	**WRÓBLEWSKI** Rafał	WARSZAWA		POL	1983	M40	927	04:15:04	04:08:57	2478
		5km:00:29:48| 10km:00:58:58| 15km: 01:28:14 | 20km:01:57:39 | 21km:02:04:03 | 25km:02:27:12 | 30km:02:57:04 | 35km:03:26:15 | 40km:03:55:40									
2799	6574	**WŁODARSKA** Karolina	BYDGOSZCZ	Polonia Bydgoszcz Sekcja Lekkoatletyczna	POL	1982	K40	126	04:13:49	04:09:03	320
		5km:00:29:09| 10km:00:58:20| 15km: 01:27:16 | 20km:01:55:56 | 21km:02:02:16 | 25km:02:24:45 | 30km:02:53:57 | 35km:03:23:46 | 40km:03:55:27									
2800	4163	**HERSCHELL** Carl	EAST LOTHIAN		GBR	1981	M40	928	04:10:43	04:09:05	2480
		5km:00:24:54| 10km:00:50:10| 15km: 01:15:49 | 20km:01:43:43 | 21km:01:50:09 | 25km:02:13:50 | 30km:02:46:04 | 35km:03:19:08 | 40km:03:54:12									
2801	7081	**GILEWSKI** Krzysztof	ZAMOŚĆ		POL	1985	M30	850	04:14:43	04:09:06	2481
		5km:00:28:00| 10km:00:56:29| 15km: 01:24:37 | 20km:01:53:04 | 21km:01:59:12 | 25km:02:21:34 | 30km:02:49:58 | 35km:03:19:27 | 40km:03:54:52									
2802	8034	**MELON** Piotr	WARSZAWA	TriAlkoTeam	POL	1996	M20	371	04:13:22	04:09:06	2481
		5km:00:28:51| 10km:00:57:59| 15km: 01:26:09 | 20km:01:55:10 | 21km:02:01:13 | 25km:02:23:22 | 30km:02:53:26 | 35km:03:23:37 | 40km:03:56:13									
2803	7137	**MICHALSKI** Dawid	DĄBROWA GÓRNICZA		POL	1992	M30	851	04:10:37	04:09:08	2483
		5km:00:24:58| 10km:00:49:49| 15km: 01:15:33 | 20km:01:42:49 | 21km:01:48:47 | 25km:02:11:55 | 30km:02:45:20 | 35km:03:19:55 | 40km:03:55:56									
2804	3500	**KŁOCZEWSKI** Marcin	WARSZAWA		POL	1996	M20	372	04:14:47	04:09:09	2484
		5km:00:29:06| 10km:00:57:15| 15km: 01:25:15 | 20km:01:52:48 | 21km:01:58:34 | 25km:02:19:28 | 30km:02:47:07 | 35km:03:16:36 | 40km:03:52:41									
2805	10691	**RODAK** Maciej	ŁĘCZYCA		POL	1987	M30	852	04:12:06	04:09:11	2485
		5km:00:27:18| 10km:00:54:15| 15km: 01:21:15 | 20km:01:48:25 | 21km:01:54:22 | 25km:02:16:20 | 30km:02:47:03 | 35km:03:21:23 | 40km:03:55:27									
2806	3076	**SEREMAK** Norbert	OSIEK		POL	1990	M30	853	04:11:22	04:09:12	2486
		5km:00:30:50| 10km:00:59:56| 15km: 01:28:00 | 20km:01:54:44 | 21km:02:00:47 | 25km:02:23:48 | 30km:02:54:52 | 35km:03:26:29 | 40km:03:57:58									

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2807	3893	**SZELUGA Aleksandra**	TOMICE	Góra Biega	POL	1985	K30	128	04:14:35	04:09:12	321
		5km:00:28:17| 10km:00:56:50| 15km: 01:25:03 | 20km:01:53:23 | 21km:01:59:36 | 25km:02:22:32 | 30km:02:53:13 | 35km:03:24:44 | 40km:03:56:33									
2808	6851	**SOLKA Maciej**	GÓRA KALWARIA	GÓRA BIEGA	POL	1991	M30	854	04:14:35	04:09:14	2487
		5km:00:28:19| 10km:00:56:52| 15km: 01:25:04 | 20km:01:53:25 | 21km:01:59:38 | 25km:02:22:34 | 30km:02:53:15 | 35km:03:24:45 | 40km:03:56:35									
2809	7482	**KOCIOŁEK Michał**	STARE BABICE	Stare Babice Biegają / Infinitus Athletics	POL	1978	M40	929	04:11:40	04:09:16	2488
		5km:00:26:31| 10km:00:52:53| 15km: 01:19:23 | 20km:01:45:51 | 21km:01:51:35 | 25km:02:12:53 | 30km:02:47:23 | 35km:03:19:21 | 40km:03:55:57									
2810	15540	**SEWERYNEK Krzysztof**	ŁÓDŹ		POL	1985	M30	855	04:14:11	04:09:17	2489
		5km:00:27:58| 10km:00:56:15| 15km: 01:23:48 | 20km:01:51:50 | 21km:01:57:57 | 25km:02:20:01 | 30km:02:49:28 | 35km:03:20:46 | 40km:03:55:09									
2811	2877	**CYBULSKI Jakub**	WARSZAWA		POL	1975	M40	930	04:13:37	04:09:17	2489
		5km:00:28:31| 10km:00:56:41| 15km: 01:24:20 | 20km:01:52:23 | 21km:01:58:30 | 25km:02:21:01 | 30km:02:50:20 | 35km:03:22:55 | 40km:03:55:34									
2812	2462	**OSTROWSKI Dariusz**	LEGIONOWO		POL	1967	M50	283	04:14:35	04:09:19	2491
		5km:00:26:38| 10km:00:53:40| 15km: 01:20:56 | 20km:01:48:24 | 21km:01:54:25 | 25km:02:15:50 | 30km:02:44:41 | 35km:03:15:58 | 40km:03:53:50									
2813	3662	**SOŁTYKIEWICZ Kamil**	WARSZAWA	KS SASKA Warszawa	POL	1983	M40	931	04:15:43	04:09:19	2491
		5km:00:28:57| 10km:00:58:00| 15km: 01:27:13 | 20km:01:55:34 | 21km:02:01:31 | 25km:02:24:17 | 30km:02:52:15 | 35km:03:21:51 | 40km:03:55:40									
2814	2897	**SADECKI Witold**	NOWY SĄCZ	sadecki.org	POL	1978	M40	932	04:13:04	04:09:20	2493
		5km:00:29:01| 10km:00:56:55| 15km: 01:26:00 | 20km:01:54:57 | 21km:02:01:08 | 25km:02:23:45 | 30km:02:53:14 | 35km:03:23:04 | 40km:03:55:05									
2815	6498	**MIKOŁAJCZYK Łukasz**	WROCŁAW	WIETRZNA TRI	POL	1981	M40	933	04:13:01	04:09:21	2494
		5km:00:29:15| 10km:00:57:39| 15km: 01:25:51 | 20km:01:54:02 | 21km:02:00:06 | 25km:02:22:26 | 30km:02:51:08 | 35km:03:20:57 | 40km:03:54:58									
2816	2043	**CELEJ Sebastian**	PRUSZKÓW	PruszkowskiTeam	POL	1996	M20	373	04:14:23	04:09:22	2495
		5km:00:28:09| 10km:00:56:10| 15km: 01:23:50 | 20km:01:51:54 | 21km:01:58:03 | 25km:02:20:18 | 30km:02:49:03 | 35km:03:19:28 | 40km:03:54:34									
2817	4177	**GRABOWSKA-KOLISZ Grażyna**	KRAKÓW		POL	1988	K30	129	04:16:05	04:09:22	322
		5km:00:29:47| 10km:00:59:49| 15km: 01:29:40 | 20km:01:58:46 | 21km:02:05:12 | 25km:02:28:16 | 30km:02:57:51 | 35km:03:27:32 | 40km:03:56:54									
2818	3234	**LACHOWICZ Łukasz**	SIEMIATYCZE		POL	1996	M20	374	04:12:55	04:09:24	2496
		5km:00:28:13| 10km:00:55:39| 15km: 01:23:02 | 20km:01:50:44 | 21km:01:56:42 | 25km:02:18:34 | 30km:02:47:15 | 35km:03:17:27 | 40km:03:55:41									
2819	3895	**ZAJĄCZKOWSKA Karolina**	GDYNIA		POL	1993	K30	130	04:13:15	04:09:25	323
		5km:00:28:59| 10km:00:57:49| 15km: 01:25:41 | 20km:01:53:41 | 21km:01:59:41 | 25km:02:23:00 | 30km:02:52:50 | 35km:03:23:05 | 40km:03:56:23									
2820	10569	**TATARA Dawid**	PRABUTY		POL	2004	M20	375	04:15:39	04:09:27	2497
		5km:00:29:40| 10km:00:58:45| 15km: 01:28:00 | 20km:01:57:25 | 21km:02:03:52 | 25km:02:27:01 | 30km:02:56:46 | 35km:03:26:16 | 40km:03:57:45									
2821	7127	**BŁASZKIEWICZ Karol**	SUWAŁKI		POL	1989	M30	856	04:11:44	04:09:29	2498
		5km:00:25:33| 10km:00:51:13| 15km: 01:16:08 | 20km:01:42:02 | 21km:01:47:59 | 25km:02:11:04 | 30km:02:42:53 | 35km:03:17:00 | 40km:03:55:21									
2822	8476	**KUCAK Daniel**	NOWY TARG		POL	1986	M30	857	04:19:22	04:09:32	2499
		5km:00:27:27| 10km:00:55:32| 15km: 01:24:50 | 20km:01:53:47 | 21km:01:59:55 | 25km:02:22:51 | 30km:02:52:08 | 35km:03:20:52 | 40km:03:54:02									
2823	2387	**MOSKWA Michał**	WARSZAWA		POL	1993	M30	858	04:15:06	04:09:35	2500
		5km:00:28:29| 10km:00:56:41| 15km: 01:24:39 | 20km:01:52:05 | 21km:01:58:01 | 25km:02:20:18 | 30km:02:50:13 | 35km:03:21:26 | 40km:03:55:28									
2824	10313	**ŚWIDERSKI Janusz**	RÓŻAN	Różan biega	POL	1977	M40	934	04:15:32	04:09:36	2501
		5km:00:29:01| 10km:00:57:30| 15km: 01:25:13 | 20km:01:53:14 | 21km:01:59:08 | 25km:02:21:21 | 30km:02:49:43 | 35km:03:18:19 | 40km:03:54:36									
2825	10472	**MOŻDŻONEK Beata**	SIEDLCE	Dąbrowski Team	POL	1988	K30	131	04:15:18	04:09:36	324
		5km:00:28:23| 10km:00:56:59| 15km: 01:25:23 | 20km:01:53:56 | 21km:02:00:12 | 25km:02:23:05 | 30km:02:53:04 | 35km:03:23:59 | 40km:03:56:27									
2826	8395	**PŁATEK Patryk**	WARSZAWA		POL	1998	M20	376	04:13:10	04:09:36	2501
		5km:00:27:05| 10km:00:54:29| 15km: 01:21:38 | 20km:01:48:43 | 21km:01:54:39 | 25km:02:16:01 | 30km:02:43:17 | 35km:03:19:02 | 40km:03:57:21									
2827	4155	**KONOPA Janek**	WARSZAWA		POL	2005	M20	377	04:18:08	04:09:38	2503
		5km:00:31:18| 10km:01:00:36| 15km: 01:29:31 | 20km:01:59:01 | 21km:02:05:25 | 25km:02:28:14 | 30km:02:57:45 | 35km:03:27:19 | 40km:03:56:49									
2828	5159	**WĘGLEWSKA Anna**	ŁĄCK		POL	1975	K40	127	04:12:45	04:09:40	325
		5km:00:27:00| 10km:00:53:57| 15km: 01:21:00 | 20km:01:47:52 | 21km:01:53:47 | 25km:02:14:56 | 30km:02:42:07 | 35km:03:09:22 | 40km:03:55:50									
2829	6354	**MAJCHRZAK Michał**	LESZNO		POL	1994	M20	378	04:15:23	04:09:44	2504
		5km:00:28:57| 10km:00:57:44| 15km: 01:24:57 | 20km:01:53:34 | 21km:01:59:21 | 25km:02:21:12 | 30km:02:50:20 | 35km:03:20:35 | 40km:03:55:16									
2830	2949	**WILCZAK Edyta**	DĄBROWA GÓRNICZA		POL	1970	K50	16	04:16:31	04:09:45	326
		5km:00:29:37| 10km:00:58:58| 15km: 01:27:53 | 20km:01:57:01 | 21km:02:03:19 | 25km:02:26:37 | 30km:02:56:10 | 35km:03:25:55 | 40km:03:56:43									
2831	2604	**LU Michael**	CAMBRIDGE		GBR	1977	M40	935	04:15:30	04:09:46	2505
		5km:00:28:25| 10km:00:57:55| 15km: 01:25:41 | 20km:01:55:30 | 21km:02:01:37 | 25km:02:24:59 | 30km:02:54:38 | 35km:03:25:21 | 40km:03:56:32									
2832	7775	**DZIERWA Sabina**	KRAKÓW		POL	1981	K40	128	04:12:07	04:09:46	327
		5km:00:25:57| 10km:00:53:14| 15km: 01:21:02 | 20km:01:49:30 | 21km:01:55:40 | 25km:02:18:38 | 30km:02:48:48 | 35km:03:20:39 | 40km:03:55:15									
2833	8266	**DOŁĘGA Jan**	WARSZAWA	Unilrver	POL	1972	M50	284	04:14:15	04:09:46	2505
		5km:00:28:13| 10km:00:55:54| 15km: 01:23:37 | 20km:01:51:24 | 21km:01:57:29 | 25km:02:19:34 | 30km:02:49:42 | 35km:03:22:41 | 40km:03:56:38									
2834	2579	**ŻEBROWSKA Anna**	WARSZAWA		POL	1987	K30	132	04:12:37	04:09:47	328
		5km:00:26:51| 10km:00:53:57| 15km: 01:21:00 | 20km:01:48:53 | 21km:01:55:07 | 25km:02:19:02 | 30km:02:50:58 | 35km:03:22:27 | 40km:03:55:42									
2835	3715	**ZINÓWKO Marcin**	WARSZAWA		POL	1997	M20	379	04:14:09	04:09:47	2507
		5km:00:25:48| 10km:00:52:40| 15km: 01:19:43 | 20km:01:46:37 | 21km:01:52:30 | 25km:02:15:42 | 30km:02:46:53 | 35km:03:19:21 | 40km:03:53:48									
2836	8008	**PODGÓRSKI Mateusz**	WARSZAWA		POL	1994	M20	380	04:19:18	04:09:48	2508
		5km:00:28:33| 10km:00:55:16| 15km: 01:20:10 | 20km:01:45:51 | 21km:01:51:25 | 25km:02:11:53 | 30km:02:40:34 | 35km:03:13:48 | 40km:03:54:24									
2837	10797	**WINIEWSKA Dorota**	WARSZAWA		POL	1970	K50	17	04:11:40	04:09:49	329
		5km:00:25:08| 10km:00:52:44| 15km: 01:20:50 | 20km:01:49:53 | 21km:01:56:02 | 25km:02:18:51 | 30km:02:49:06 | 35km:03:20:22 | 40km:03:54:48									
2838	12027	**PTAK Rafał**	WIELICZKA	#ADAMCZERWIŃSKITEAM	POL	1994	M20	381	04:13:47	04:09:51	2509
		5km:00:28:06| 10km:00:55:21| 15km: 01:22:38 | 20km:01:51:37 | 21km:01:57:30 | 25km:02:19:04 | 30km:02:47:32 | 35km:03:17:24 | 40km:03:54:39									
2839	4300	**PUDEŁEK Michał**	LEGIONOWO		POL	2004	M20	381	04:13:41	04:09:51	2509
		5km:00:28:07| 10km:00:55:20| 15km: 01:22:29 | 20km:01:50:05 | 21km:01:56:17 | 25km:02:20:09 | 30km:02:49:36 | 35km:03:21:33 | 40km:03:57:52									
2840	5190	**ROGUSZEWSKA Marlena**	WARSZAWA		POL	1992	K30	133	04:16:18	04:09:52	330
		5km:00:28:45| 10km:00:57:33| 15km: 01:26:34 | 20km:01:55:39 | 21km:02:02:00 | 25km:02:25:04 | 30km:02:54:49 | 35km:03:24:50 | 40km:03:56:34									
2841	4402	**ŻOŁNIK Piotr**	PIASTÓW		POL	1983	M40	936	04:14:25	04:09:53	2511
		5km:00:27:27| 10km:00:54:35| 15km: 01:21:50 | 20km:01:49:00 | 21km:01:54:57 | 25km:02:16:27 | 30km:02:46:28 | 35km:03:19:56 | 40km:03:56:42									
2842	3805	**BĘBENEK Edyta**	KRAKÓW		POL	1994	K20	51	04:14:25	04:09:56	331
		5km:00:28:37| 10km:00:57:21| 15km: 01:26:19 | 20km:01:55:39 | 21km:02:02:00 | 25km:02:25:14 | 30km:02:55:32 | 35km:03:25:32 | 40km:03:56:59									
2843	8423	**SADOWSKA Małgorzata**	PIASTÓW		POL	1984	K30	134	04:14:26	04:09:56	331
		5km:00:27:29| 10km:00:55:15| 15km: 01:23:10 | 20km:01:50:59 | 21km:01:57:32 | 25km:02:21:39 | 30km:02:54:15 | 35km:03:24:43 | 40km:03:56:44									
2844	2678	**KICZYŃSKI Mateusz**	WARSZAWA		POL	1993	M30	859	04:15:51	04:09:57	2512
		5km:00:26:57| 10km:00:54:09| 15km: 01:21:08 | 20km:01:48:00 | 21km:01:53:48 | 25km:02:15:40 | 30km:02:44:43 | 35km:03:14:16 | 40km:03:52:54									
2845	6292	**ELBOURNE David**	LUTON		GBR	1978	M40	937	04:13:41	04:09:58	2513
		5km:00:27:42| 10km:00:55:46| 15km: 01:23:24 | 20km:01:50:55 | 21km:01:56:58 | 25km:02:18:42 | 30km:02:47:26 | 35km:03:19:06 | 40km:03:55:55									
2846	6548	**MIĄSKO Wojciech**	WARSZAWA	12tri.pl	POL	1966	M50	285	04:12:44	04:09:58	2513
		5km:00:26:32| 10km:00:53:28| 15km: 01:20:02 | 20km:01:47:08 | 21km:01:53:01 | 25km:02:15:17 | 30km:02:45:27 | 35km:03:17:47 | 40km:03:54:32									
2847	6937	**ZDYB Paweł**	WARSZAWA		POL	1973	M50	286	04:16:18	04:09:59	2515
		5km:00:30:02| 10km:00:59:49| 15km: 01:29:06 | 20km:01:58:20 | 21km:02:04:42 | 25km:02:27:44 | 30km:02:56:53 | 35km:03:25:34 | 40km:03:56:37									
2848	7833	**WASZKIEWICZ Tomasz**	DĄBROWA GÓRNICZA	W pogoni za duchem	POL	1974	M40	938	04:14:00	04:09:59	2515
		5km:00:27:57| 10km:00:55:37| 15km: 01:23:34 | 20km:01:51:24 | 21km:01:57:22 | 25km:02:19:13 | 30km:02:48:00 | 35km:03:19:45 | 40km:03:54:44									
2849	7184	**OSIAL Mariusz**	PŁOŃSK	KB im. Piotra Sękowskiego w Płońsku	POL	1980	M40	939	04:14:33	04:10:01	2517
		5km:00:28:19| 10km:00:56:29| 15km: 01:24:02 | 20km:01:51:44 | 21km:01:57:44 | 25km:02:19:31 | 30km:02:47:20 | 35km:03:18:00 | 40km:03:56:24									
2850	10201	**SKRZYPEK Karina**	KATOWICE		POL	1979	K40	129	04:16:58	04:10:02	333
		5km:00:29:11| 10km:00:58:29| 15km: 01:27:28 | 20km:01:56:39 | 21km:02:02:54 | 25km:02:25:59 | 30km:02:55:31 | 35km:03:25:16 | 40km:03:57:06									
2851	3644	**AUGUSTYN Marcin**	KRAKÓW		POL	1974	M40	940	04:16:17	04:10:02	2518
		5km:00:28:14| 10km:00:56:04| 15km: 01:24:13 | 20km:01:51:59 | 21km:01:57:51 | 25km:02:19:49 | 30km:02:49:56 | 35km:03:22:13 | 40km:03:55:54									
2852	4098	**KOCLĘGA Alicja**	ZAWIERCIE		POL	1981	K40	130	04:13:18	04:10:03	334
		5km:00:27:36| 10km:00:55:18| 15km: 01:23:08 | 20km:01:51:25 | 21km:01:57:29 | 25km:02:20:02 | 30km:02:51:52 | 35km:03:23:14 | 40km:03:55:51									

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
2853	3127	**PIRIE Beth**	WATERLOOVILLE	Victory AC	GBR	1970	K50	18	04:15:39	04:10:04	335
		5km:00:30:49| 10km:01:00:17| 15km: 01:29:34 | 20km:01:58:48 | 21km:02:05:04 | 25km:02:28:00 | 30km:02:57:24 | 35km:03:26:39 | 40km:03:57:04									
2854	5288	**OCHTABIŃSKI Robert**	LEGIONOWO		POL	1974	M40	941	04:16:12	04:10:04	2519
		5km:00:29:40| 10km:00:58:50| 15km: 01:28:05 | 20km:01:57:48 | 21km:02:03:54 | 25km:02:26:57 | 30km:02:56:49 | 35km:03:26:06 | 40km:03:56:03									
2855	3166	**KINOWSKI Rafał**	WARSZAWA		POL	1974	M40	942	04:17:13	04:10:05	2520
		5km:00:28:51| 10km:00:57:56| 15km: 01:27:14 | 20km:01:56:13 | 21km:02:02:27 | 25km:02:24:56 | 30km:02:54:04 | 35km:03:23:33 | 40km:03:55:39									
2856	8138	**SCHREIBER Wiktor**	KRAPKOWICE		POL	1991	M30	860	04:12:49	04:10:06	2521
		5km:00:26:47| 10km:00:53:54| 15km: 01:20:59 | 20km:01:48:31 | 21km:01:54:26 | 25km:02:16:09 | 30km:02:45:07 | 35km:03:17:10 | 40km:03:54:13									
2857	6406	**TATYS Łukasz**	WROCŁAW		POL	1983	M40	943	04:16:02	04:10:08	2522
		5km:00:27:16| 10km:00:55:19| 15km: 01:23:29 | 20km:01:51:44 | 21km:01:57:52 | 25km:02:24:06 | 30km:02:50:21 | 35km:03:21:52 | 40km:03:55:16									
2858	15009	**MATELSKI Szymon**	JASTARNIA		POL	1975	M40	944	04:17:09	04:10:09	2523
		5km:00:29:01| 10km:00:58:15| 15km: 01:27:31 | 20km:01:56:59 | 21km:02:03:18 | 25km:02:26:30 | 30km:02:56:20 | 35km:03:26:00 | 40km:03:57:27									
2859	6690	**DOMAGALSKI Ireneusz**	RADOMSKO		POL	1966	M50	287	04:13:35	04:10:09	2523
		5km:00:28:46| 10km:00:56:49| 15km: 01:24:09 | 20km:01:51:36 | 21km:01:57:31 | 25km:02:18:53 | 30km:02:47:03 | 35km:03:16:16 | 40km:03:55:06									
2860	8366	**WIELICZKO Paweł**	WARSZAWA		POL	1975	M40	944	04:14:42	04:10:09	2523
		5km:00:28:31| 10km:00:56:52| 15km: 01:25:07 | 20km:01:53:39 | 21km:01:59:52 | 25km:02:22:30 | 30km:02:52:27 | 35km:03:23:31 | 40km:03:56:46									
2861	7039	**TURSKI Tomasz**	NOWA GORZELNIA		POL	1970	M50	288	04:14:09	04:10:13	2526
		5km:00:28:13| 10km:00:55:51| 15km: 01:23:38 | 20km:01:52:53 | 21km:01:58:56 | 25km:02:21:47 | 30km:02:51:08 | 35km:03:23:30 | 40km:03:57:13									
2862	10212	**PATUREJ Piotr**	KORZENIÓWKA		POL	2000	M20	383	04:17:01	04:10:14	2527
		5km:00:27:36| 10km:00:56:36| 15km: 01:25:35 | 20km:01:54:56 | 21km:02:01:06 | 25km:02:23:58 | 30km:02:54:19 | 35km:03:24:41 | 40km:03:57:09									
2863	10404	**ROCH Miłosz**	DĄBROWA GÓRNICZA	Saint-Gobain Squad	POL	1984	M30	861	04:12:18	04:10:14	2527
		5km:00:25:51| 10km:00:52:25| 15km: 01:18:22 | 20km:01:44:39 | 21km:01:50:22 | 25km:02:11:21 | 30km:02:39:25 | 35km:03:10:43 | 40km:03:52:44									
2864	4123	**SOŁTYSIAK Łukasz**	WARSZAWA		POL	1989	M30	861	04:13:41	04:10:14	2527
		5km:00:27:21| 10km:00:54:40| 15km: 01:21:48 | 20km:01:48:57 | 21km:01:54:54 | 25km:02:16:10 | 30km:02:44:42 | 35km:03:15:44 | 40km:03:56:26									
2865	3493	**LEWANDOWSKI Damian**	WARKA		POL	1990	M30	863	04:13:51	04:10:15	2530
		5km:00:27:20| 10km:00:54:39| 15km: 01:21:51 | 20km:01:49:57 | 21km:01:56:28 | 25km:02:19:54 | 30km:02:52:00 | 35km:03:24:44 | 40km:03:57:56									
2866	12043	**BRZOZOWSKA Magdalena**	WARSZAWA	Biegustatorzy	POL	1982	K40	131	04:14:44	04:10:18	336
		5km:00:28:22| 10km:00:56:42| 15km: 01:24:52 | 20km:01:53:22 | 21km:01:59:30 | 25km:02:22:25 | 30km:02:52:45 | 35km:03:23:17 | 40km:03:56:21									
2867	3614	**BŁANIARZ Radosław**	WARSZAWA		POL	1983	M40	946	04:16:10	04:10:19	2531
		5km:00:29:20| 10km:00:58:36| 15km: 01:27:58 | 20km:01:56:22 | 21km:02:02:23 | 25km:02:25:05 | 30km:02:54:07 | 35km:03:23:33 | 40km:03:55:19									
2868	7413	**HOFFMAN Artur**	ŁUSZCZANOWICE	Pozytywnie Zabiegani Kleszczów	POL	1981	M40	947	04:15:58	04:10:20	2532
		5km:00:26:51| 10km:00:53:28| 15km: 01:19:51 | 20km:01:46:42 | 21km:01:52:35 | 25km:02:14:00 | 30km:02:43:06 | 35km:03:17:35 | 40km:03:55:53									
2869	3720	**PIETNICZKA Sebastian**	WARSZAWA		POL	1983	M40	948	04:16:36	04:10:22	2533
		5km:00:29:48| 10km:00:59:21| 15km: 01:28:57 | 20km:01:58:19 | 21km:02:04:45 | 25km:02:28:23 | 30km:02:58:05 | 35km:03:27:34 | 40km:03:58:09									
2870	5131	**CIEĆWIERZ Marcin**	KLAUDYN		POL	1983	M40	948	04:15:21	04:10:22	2533
		5km:00:26:08| 10km:00:53:08| 15km: 01:20:14 | 20km:01:47:28 | 21km:01:53:26 | 25km:02:14:58 | 30km:02:44:55 | 35km:03:17:45 | 40km:03:55:14									
2871	3945	**JARZĄBEK Daniel**	KIELCE		POL	1977	M40	950	04:15:03	04:10:24	2535
		5km:00:29:06| 10km:00:59:47| 15km: 01:27:54 | 20km:01:56:34 | 21km:02:02:32 | 25km:02:24:56 | 30km:02:54:44 | 35km:03:23:48 | 40km:03:55:38									
2872	7865	**DONNELLAN Rachel**	ROGERS LANE		IRL	1989	K30	135	04:16:35	04:10:24	337
		5km:00:29:35| 10km:00:58:34| 15km: 01:27:29 | 20km:01:56:36 | 21km:02:03:09 | 25km:02:26:06 | 30km:02:55:46 | 35km:03:25:28 | 40km:03:56:28									
2873	3809	**MORGAŚ Marcin**	OLSZTYN	Lecimy Tutej	POL	1994	M20	384	04:20:28	04:10:31	2536
		5km:00:32:36| 10km:01:02:55| 15km: 01:31:14 | 20km:01:58:54 | 21km:02:05:11 | 25km:02:27:07 | 30km:02:54:35 | 35km:03:22:31 | 40km:03:55:06									
2874	2112	**OSOWSKI Andrzej**	WARSZAWA		POL	1975	M40	951	04:14:38	04:10:32	2537
		5km:00:28:36| 10km:00:56:45| 15km: 01:24:10 | 20km:01:52:01 | 21km:01:57:57 | 25km:02:19:53 | 30km:02:48:56 | 35km:03:21:50 | 40km:03:57:29									
2875	6815	**DAWIDCZYK Tomasz**	KOBYŁKA		POL	1969	M50	289	04:12:37	04:10:32	2537
		5km:00:25:52| 10km:00:51:47| 15km: 01:17:58 | 20km:01:44:36 | 21km:01:50:30 | 25km:02:12:08 | 30km:02:41:53 | 35km:03:15:46 | 40km:03:53:11									
2876	13039	**ŁOŚ Wojciech**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1983	M40	952	04:14:15	04:10:34	2539
		5km:00:29:06| 10km:00:57:25| 15km: 01:25:12 | 20km:01:53:09 | 21km:01:59:12 | 25km:02:22:33 | 30km:02:52:34 | 35km:03:23:46 | 40km:03:56:20									
2877	2347	**BUKOWSKA Paulina**	ZAKOPANE	GO!Ski Zakopane	POL	1990	K30	136	04:14:38	04:10:35	338
		5km:00:28:39| 10km:00:56:51| 15km: 01:24:30 | 20km:01:52:31 | 21km:01:58:47 | 25km:02:20:47 | 30km:02:48:56 | 35km:03:18:55 | 40km:03:55:26									
2878	7208	**MISZCZUK Kamil**	WARSZAWA	Accenture	POL	1989	M30	864	04:16:14	04:10:36	2540
		5km:00:27:51| 10km:00:56:35| 15km: 01:26:20 | 20km:01:56:47 | 21km:02:03:06 | 25km:02:26:53 | 30km:02:57:21 | 35km:03:26:31 | 40km:03:58:05									
2879	5234	**KRIZAN Juraj**	DOLNE SALIBY		SVK	1959	M60	50	04:18:38	04:10:38	2541
		5km:00:28:01| 10km:00:57:04| 15km: 01:26:20 | 20km:01:55:54 | 21km:02:02:11 | 25km:02:25:25 | 30km:02:55:30 | 35km:03:25:50 | 40km:03:57:22									
2880	6943	**DURCZEWSKA Daria**	WROCŁAW	Pro-Run Wrocław	POL	1975	K40	132	04:16:08	04:10:38	339
		5km:00:30:16| 10km:01:00:15| 15km: 01:30:12 | 20km:02:00:13 | 21km:02:06:41 | 25km:02:30:12 | 30km:03:00:18 | 35km:03:28:26 | 40km:03:58:01									
2881	7473	**PAWLUK Pamela**	WARSZAWA		POL	1998	K20	52	04:15:11	04:10:42	340
		5km:00:28:25| 10km:00:56:43| 15km: 01:24:41 | 20km:01:52:51 | 21km:01:58:57 | 25km:02:21:57 | 30km:02:53:23 | 35km:03:25:47 | 40km:03:58:24									
2882	6299	**NOWAK Joanna**	GDAŃSK		POL	1992	K30	137	04:16:31	04:10:43	341
		5km:00:28:53| 10km:00:58:06| 15km: 01:27:37 | 20km:01:57:03 | 21km:02:03:25 | 25km:02:26:57 | 30km:02:57:15 | 35km:03:26:29 | 40km:03:57:39									
2883	6825	**TORREGROSA APARICIO Maria Angeles**	VALENCIA		ESP	1977	K40	133	04:12:23	04:10:43	341
		5km:00:27:54| 10km:00:56:46| 15km: 01:26:07 | 20km:01:55:43 | 21km:02:02:16 | 25km:02:25:54 | 30km:02:56:33 | 35km:03:27:00 | 40km:03:57:43									
2884	8313	**MIKOŁAJCZUK Ignacy**	WARSZAWA		POL	2002	M20	385	04:17:23	04:10:43	2542
		5km:00:29:19| 10km:00:58:18| 15km: 01:26:45 | 20km:01:54:21 | 21km:02:00:01 | 25km:02:21:41 | 30km:02:51:09 | 35km:03:21:43 | 40km:03:56:16									
2885	3626	**LECKI Michał**	WARSZAWA		POL	1986	M30	865	04:14:33	04:10:46	2543
		5km:00:28:55| 10km:00:57:22| 15km: 01:25:16 | 20km:01:53:44 | 21km:01:59:54 | 25km:02:22:18 | 30km:02:51:56 | 35km:03:22:40 | 40km:03:56:39									
2886	10344	**SĄGOL Marcin**	ŻELECHÓW		POL	1984	M30	866	04:15:23	04:10:48	2544
		5km:00:28:19| 10km:00:56:28| 15km: 01:24:10 | 20km:01:52:19 | 21km:01:58:24 | 25km:02:20:38 | 30km:02:49:17 | 35km:03:22:25 | 40km:03:57:34									
2887	3043	**MIERZWA Piotr**	SMARDZEWICE		POL	1997	M20	386	04:14:07	04:10:48	2544
		5km:00:27:16| 10km:00:54:34| 15km: 01:21:20 | 20km:01:48:21 | 21km:01:54:14 | 25km:02:16:06 | 30km:02:44:52 | 35km:03:19:27 | 40km:03:55:57									
2888	5317	**BRZYKCY Kamil**	SZCZECIN		POL	1988	M30	867	04:17:24	04:10:49	2546
		5km:00:29:38| 10km:00:59:10| 15km: 01:28:00 | 20km:01:57:47 | 21km:02:04:26 | 25km:02:27:12 | 30km:02:57:07 | 35km:03:26:58 | 40km:03:57:58									
2889	3147	**MUZYKA Piotr**	WARSZAWA		POL	1993	M30	868	04:17:04	04:10:50	2547
		5km:00:30:09| 10km:00:58:48| 15km: 01:28:04 | 20km:01:57:23 | 21km:02:03:49 | 25km:02:26:58 | 30km:02:56:40 | 35km:03:25:52 | 40km:03:56:36									
2890	10769	**KUŹNIARSKI Grzegorz**	SZCZUKA		POL	1987	M30	869	04:12:49	04:10:51	2548
		5km:00:24:46| 10km:00:49:23| 15km: 01:14:26 | 20km:01:40:57 | 21km:01:46:19 | 25km:02:05:47 | 30km:02:30:50 | 35km:03:03:15 | 40km:03:50:53									
2891	3282	**TARNOWSKI Tomasz**	SOSNOWIEC		POL	1980	M40	953	04:14:11	04:10:51	2548
		5km:00:27:28| 10km:00:54:51| 15km: 01:22:00 | 20km:01:49:04 | 21km:01:55:02 | 25km:02:16:21 | 30km:02:43:45 | 35km:03:15:16 | 40km:03:53:20									
2892	5076	**CYRAN Adam**	WARSZAWA		POL	1997	M20	387	04:14:08	04:10:51	2548
		5km:00:27:29| 10km:00:54:59| 15km: 01:22:16 | 20km:01:49:43 | 21km:01:55:45 | 25km:02:17:44 | 30km:02:47:50 | 35km:03:19:11 | 40km:03:56:43									
2893	7415	**SAMBOR Sławomir**	ELBLĄG		POL	1978	M40	954	04:14:19	04:10:53	2551
		5km:00:28:11| 10km:00:55:49| 15km: 01:23:30 | 20km:01:51:39 | 21km:01:57:51 | 25km:02:20:01 | 30km:02:49:35 | 35km:03:20:57 | 40km:03:55:04									
2894	2563	**BRZESKI Rafał**	ŁÓDŹ	Łódź Kocha Sport	POL	1990	M30	870	04:17:37	04:10:54	2552
		5km:00:29:47| 10km:00:59:52| 15km: 01:29:50 | 20km:01:59:56 | 21km:02:06:34 | 25km:02:30:00 | 30km:03:00:45 | 35km:03:31:00 | 40km:03:59:12									
2895	8013	**ŻABKA Beata**	WARSZAWA		POL	1974	K40	134	04:16:29	04:10:55	343
		5km:00:28:34| 10km:00:56:47| 15km: 01:24:43 | 20km:01:52:21 | 21km:01:58:18 | 25km:02:20:58 | 30km:02:50:51 | 35km:03:22:58 | 40km:03:56:28									
2896	2574	**MARCZYŃSKI Piotr**	KONIN		POL	1984	M30	871	04:14:26	04:10:57	2553
		5km:00:28:36| 10km:00:57:07| 15km: 01:25:30 | 20km:01:53:47 | 21km:01:59:59 | 25km:02:22:21 | 30km:02:51:21 | 35km:03:20:15 | 40km:03:56:15									
2897	10089	**JANIK Mariusz**	ŚCINAWKA ŚREDNIA		POL	1986	M30	872	04:19:02	04:10:58	2554
		5km:00:28:54| 10km:00:57:03| 15km: 01:25:59 | 20km:01:54:38 | 21km:02:00:49 | 25km:02:23:51 | 30km:02:54:16 | 35km:03:25:12 | 40km:03:58:18									
2898	2076	**TOBOREK Arkadiusz**	KRAKÓW	Homarskie Stowarzyszenie Biegowe	POL	1993	M30	873	04:14:26	04:10:59	2555
		5km:00:28:38| 10km:00:57:12| 15km: 01:25:32 | 20km:01:53:50 | 21km:02:00:02 | 25km:02:22:23 | 30km:02:51:24 | 35km:03:20:17 | 40km:03:56:17									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:38 | 10km:00:57:09 | 15km:01:25:31 | 20km:01:53:52 | 21km:02:00:02 | 25km:02:22:24 | 30km:02:51:23 | 35km:03:20:16 | 40km:03:56:17									
2899	2573	**MARCZYŃSKI Tomasz**	KATOWICE	Homarskie Stowarzyszenie Biegowe	POL	1988	M30	873	04:14:26	04:10:59	2555
		5km:00:27:56 | 10km:00:55:46 | 15km:01:23:09 | 20km:01:50:57 | 21km:01:56:47 | 25km:02:18:38 | 30km:02:47:19 | 35km:03:18:56 | 40km:03:55:55									
2900	2272	**JĘDRZEJEWSKI Kamil**	ZYRARDOW	KOKO&KSAWI	POL	1986	M30	875	04:16:04	04:11:00	2557
		5km:00:29:13 | 10km:00:57:50 | 15km:01:26:29 | 20km:01:55:21 | 21km:02:01:28 | 25km:02:24:15 | 30km:02:54:08 | 35km:03:24:49 | 40km:03:57:20									
2901	3197	**KOŁODZIEJSKI Rafał**	WARSZAWA		POL	1975	M40	955	04:15:20	04:11:00	2557
		5km:00:28:44 | 10km:00:57:29 | 15km:01:26:33 | 20km:01:55:46 | 21km:02:02:00 | 25km:02:24:41 | 30km:02:53:46 | 35km:03:24:12 | 40km:03:57:05									
2902	6842	**LINDNER Ewa**	WARSZAWA		POL	1981	K40	135	04:16:44	04:11:00	344
		5km:00:28:46 | 10km:00:56:59 | 15km:01:25:14 | 20km:01:53:49 | 21km:01:59:57 | 25km:02:22:06 | 30km:02:50:22 | 35km:03:20:20 | 40km:03:55:57									
2903	6966	**SOSNOWSKI Maciej**	WARSZAWA		POL	1988	M30	876	04:16:36	04:11:01	2559
		5km:00:29:22 | 10km:00:59:03 | 15km:01:27:53 | 20km:01:57:11 | 21km:02:03:34 | 25km:02:26:56 | 30km:02:56:35 | 35km:03:26:59 | 40km:03:58:11									
2904	4094	**RYBACZYK Cezary**	NIKIELKOWO	Nikielkowo TEAM	POL	1973	M50	290	04:15:28	04:11:03	2560
		5km:00:28:14 | 10km:00:56:19 | 15km:01:24:26 | 20km:01:52:29 | 21km:01:58:36 | 25km:02:20:49 | 30km:02:50:43 | 35km:03:22:03 | 40km:03:57:01									
2905	4600	**BUDREWICZ Kamil**	DROGOSZEWO		POL	1986	M30	877	04:14:38	04:11:03	2560
		5km:00:28:23 | 10km:00:55:38 | 15km:01:22:49 | 20km:01:49:48 | 21km:01:55:46 | 25km:02:17:11 | 30km:02:46:37 | 35km:03:17:38 | 40km:03:56:29									
2906	10570	**BUTRYN Marek**	USTANÓW	The Butryns	POL	1966	M50	291	04:16:30	04:11:04	2562
		5km:00:27:45 | 10km:00:56:09 | 15km:01:24:06 | 20km:01:52:14 | 21km:01:58:31 | 25km:02:21:19 | 30km:02:50:12 | 35km:03:21:16 | 40km:03:55:51									
2907	4017	**LEWKOWICZ Marta**	ŁÓDŹ	RGR	POL	1988	K30	138	04:16:01	04:11:06	345
		5km:00:30:28 | 10km:01:00:24 | 15km:01:30:35 | 20km:02:00:38 | 21km:02:07:02 | 25km:02:31:03 | 30km:03:00:44 | 35km:03:30:18 | 40km:03:59:21									
2908	4288	**MALINOWSKI Przemysław**	GRODZISK MAZOWIECKI		POL	1989	M30	878	04:17:17	04:11:07	2563
		5km:00:29:47 | 10km:00:58:59 | 15km:01:27:22 | 20km:01:57:10 | 21km:02:03:33 | 25km:02:26:51 | 30km:02:56:43 | 35km:03:26:21 | 40km:03:57:50									
2909	4275	**SIEMIENIAK Karol**	WARSZAWA		POL	1995	M20	388	04:17:18	04:11:08	2564
		5km:00:29:47 | 10km:00:58:57 | 15km:01:27:21 | 20km:01:57:10 | 21km:02:03:34 | 25km:02:26:52 | 30km:02:56:42 | 35km:03:26:21 | 40km:03:57:48									
2910	7800	**BUCZKOWSKI Michał**	SĘDZIEJOWICE		POL	1994	M20	389	04:15:45	04:11:11	2565
		5km:00:28:15 | 10km:00:56:17 | 15km:01:23:43 | 20km:01:51:18 | 21km:01:57:16 | 25km:02:18:55 | 30km:02:47:00 | 35km:03:17:12 | 40km:03:56:16									
2911	7265	**TWAROWSKI Arkadiusz**	TORUŃ	PARKRUN TORUŃ	POL	1978	M40	956	04:13:20	04:11:12	2566
		5km:00:26:17 | 10km:00:52:42 | 15km:01:18:34 | 20km:01:45:07 | 21km:01:50:54 | 25km:02:12:39 | 30km:02:44:12 | 35km:03:19:27 | 40km:03:56:38									
2912	2329	**KINDER Sebastian**	WARSZAWA		POL	1989	M30	879	04:17:35	04:11:13	2567
		5km:00:29:25 | 10km:00:58:35 | 15km:01:27:54 | 20km:01:57:14 | 21km:02:03:35 | 25km:02:26:43 | 30km:02:56:26 | 35km:03:26:34 | 40km:03:58:00									
2913	7414	**LEKI Robert**	WARSZAWA	Bemowo Biega	POL	1973	M50	292	04:18:03	04:11:13	2567
		5km:00:29:59 | 10km:01:00:09 | 15km:01:30:10 | 20km:01:59:57 | 21km:02:06:27 | 25km:02:29:42 | 30km:02:59:54 | 35km:03:30:05 | 40km:03:59:21									
2914	3956	**MAJ Ewa**	SZCZECIN		POL	1981	K40	136	04:18:13	04:11:19	346
		5km:00:29:37 | 10km:00:59:44 | 15km:01:29:38 | 20km:01:59:43 | 21km:02:06:23 | 25km:02:29:48 | 30km:03:00:14 | 35km:03:28:52 | 40km:03:58:29									
2915	6663	**WRÓBLEWSKI Hubert**	MIŃSK MAZOWIECKI	Real Madryt	POL	1986	M30	880	04:16:07	04:11:19	2569
		5km:00:28:20 | 10km:00:57:01 | 15km:01:25:23 | 20km:01:53:41 | 21km:01:59:48 | 25km:02:22:12 | 30km:02:52:37 | 35km:03:25:17 | 40km:03:58:20									
2916	4280	**KALTUNOVA Tatsiana**	WARSZAWA			1991	K30	139	04:17:25	04:11:20	347
		5km:00:27:16 | 10km:00:55:01 | 15km:01:24:24 | 20km:01:53:07 | 21km:01:59:36 | 25km:02:24:35 | 30km:02:53:32 | 35km:03:24:50 | 40km:03:57:13									
2917	4013	**PROKURAT Jakub**	WARSZAWA		POL	1982	M40	957	04:16:12	04:11:21	2570
		5km:00:27:51 | 10km:00:56:07 | 15km:01:24:00 | 20km:01:51:59 | 21km:01:58:06 | 25km:02:20:22 | 30km:02:49:16 | 35km:03:19:35 | 40km:03:56:02									
2918	8348	**ZAWADZKI Michał**	WARSZAWA	OTCF Team	POL	1996	M20	390	04:18:07	04:11:21	2570
		5km:00:30:12 | 10km:01:00:49 | 15km:01:29:52 | 20km:01:59:03 | 21km:02:05:10 | 25km:02:27:20 | 30km:02:55:56 | 35km:03:25:13 | 40km:03:58:51									
2919	2686	**GIEŁCZEWSKI Filip**	WARSZAWA	C&F	POL	1996	M20	391	04:16:24	04:11:24	2572
		5km:00:28:03 | 10km:00:56:06 | 15km:01:23:51 | 20km:01:51:44 | 21km:01:57:54 | 25km:02:20:00 | 30km:02:48:56 | 35km:03:20:35 | 40km:03:56:53									
2920	10143	**MATUS Tomasz**	WĘGRZCE WIELKIE		POL	1974	M40	958	04:18:16	04:11:25	2573
		5km:00:29:05 | 10km:00:58:02 | 15km:01:26:26 | 20km:01:54:43 | 21km:02:00:57 | 25km:02:23:32 | 30km:02:53:45 | 35km:03:24:41 | 40km:03:57:26									
2921	4564	**WOJTCZAK Maciej**	ZDUŃSKA WOLA		POL	1991	M30	881	04:14:34	04:11:27	2574
		5km:00:27:29 | 10km:00:54:55 | 15km:01:22:04 | 20km:01:49:15 | 21km:01:55:14 | 25km:02:16:28 | 30km:02:45:34 | 35km:03:18:21 | 40km:03:55:50									
2922	3874	**ARABAS Monika**	WARSZAWA	PGB Sportowa Paczka	POL	1978	K40	137	04:16:42	04:11:28	348
		5km:00:28:24 | 10km:00:56:58 | 15km:01:25:09 | 20km:01:53:50 | 21km:01:59:48 | 25km:02:22:38 | 30km:02:52:50 | 35km:03:23:50 | 40km:03:57:04									
2923	5155	**BŁASZCZUK Wojciech**	WARSZAWA		POL	1983	M40	959	04:15:15	04:11:29	2575
		5km:00:28:16 | 10km:00:55:25 | 15km:01:22:37 | 20km:01:49:59 | 21km:01:55:52 | 25km:02:17:48 | 30km:02:45:46 | 35km:03:16:45 | 40km:03:55:42									
2924	6167	**JABŁOŃSKI Andrzej**	CZARNE	czarne biega	POL	1971	M50	293	04:15:28	04:11:29	2575
		5km:00:26:43 | 10km:00:53:05 | 15km:01:19:33 | 20km:01:48:28 | 21km:01:54:14 | 25km:02:15:32 | 30km:02:45:44 | 35km:03:17:22 | 40km:03:55:40									
2925	6558	**KAFKAS Andreas**	ATHENS		GRE	1990	M30	882	04:18:21	04:11:29	2575
		5km:00:29:41 | 10km:00:58:56 | 15km:01:28:36 | 20km:01:57:56 | 21km:02:04:16 | 25km:02:27:05 | 30km:02:56:03 | 35km:03:24:53 | 40km:03:56:30									
2926	4058	**CIEMNY Tomasz**	BYDGOSZCZ		POL	1972	M50	294	04:16:09	04:11:30	2578
		5km:00:29:00 | 10km:00:57:49 | 15km:01:25:46 | 20km:01:54:06 | 21km:02:00:11 | 25km:02:22:29 | 30km:02:51:14 | 35km:03:22:09 | 40km:03:57:18									
2927	8396	**TOFILUK Michał**	WARSZAWA		POL	1980	M40	960	04:18:06	04:11:30	2578
		5km:00:29:40 | 10km:00:59:20 | 15km:01:29:12 | 20km:01:58:08 | 21km:02:04:19 | 25km:02:26:46 | 30km:02:55:26 | 35km:03:24:37 | 40km:03:55:22									
2928	3740	**CHWEDORCZUK Robert**	WARSZAWA	BEMOWO BIEGA	POL	1973	M50	295	04:18:21	04:11:32	2580
		5km:00:30:00 | 10km:01:00:08 | 15km:01:30:09 | 20km:02:00:00 | 21km:02:06:24 | 25km:02:29:40 | 30km:02:59:29 | 35km:03:28:40 | 40km:03:58:45									
2929	1016	**TURLEJ Dariusz**	WARSZAWA	bez Kondycji	POL	1957	M60	51	04:16:59	04:11:33	2581
		5km:00:28:17 | 10km:00:57:25 | 15km:01:25:35 | 20km:01:53:43 | 21km:01:59:55 | 25km:02:21:52 | 30km:02:49:59 | 35km:03:19:53 | 40km:03:56:25									
2930	4655	**KUCHARCZYK Radosław**	WARSZAWA		POL	1975	M40	961	04:18:19	04:11:34	2582
		5km:00:27:45 | 10km:00:55:35 | 15km:01:25:24 | 20km:01:53:03 | 21km:01:59:07 | 25km:02:21:21 | 30km:02:52:04 | 35km:03:24:02 | 40km:03:57:29									
2931	5156	**KAMINSKI Mirosław**	GRUDZIĄDZ		POL	1963	M60	52	04:17:10	04:11:34	2582
		5km:00:28:46 | 10km:00:58:04 | 15km:01:27:37 | 20km:01:57:35 | 21km:02:04:04 | 25km:02:27:32 | 30km:02:57:32 | 35km:03:27:24 | 40km:03:58:38									
2932	7371	**LESZCZUK Justyna**	WARSZAWA		POL	1995	K20	53	04:18:31	04:11:37	349
		5km:00:30:01 | 10km:00:59:39 | 15km:01:29:14 | 20km:01:58:05 | 21km:02:04:23 | 25km:02:27:15 | 30km:02:56:14 | 35km:03:25:43 | 40km:03:58:26									
2933	3697	**STAWOWSKI Piter**	WARSZAWA		POL	1979	M40	962	04:18:24	04:11:38	2584
		5km:00:27:41 | 10km:00:55:08 | 15km:01:23:47 | 20km:01:54:11 | 21km:02:00:22 | 25km:02:23:18 | 30km:02:53:52 | 35km:03:25:10 | 40km:03:58:54									
2934	6188	**GARNCARZ Anna**	WROCŁAW		POL	1974	K40	138	04:15:21	04:11:38	350
		5km:00:28:57 | 10km:00:57:15 | 15km:01:25:24 | 20km:01:54:05 | 21km:02:00:27 | 25km:02:23:35 | 30km:02:54:30 | 35km:03:27:00 | 40km:03:58:16									
2935	2958	**STĘPIEŃ Krzysztof**	PRUSZKÓW		POL	1994	M20	392	04:18:20	04:11:39	2585
		5km:00:26:53 | 10km:00:53:53 | 15km:01:20:55 | 20km:01:47:34 | 21km:01:53:21 | 25km:02:14:55 | 30km:02:44:38 | 35km:03:19:27 | 40km:03:57:39									
2936	6953	**URBAŃCZYK Julia**	RADWANICE		POL	1976	K40	139	04:15:38	04:11:40	351
		5km:00:26:43 | 10km:00:54:12 | 15km:01:23:00 | 20km:01:53:29 | 21km:01:59:57 | 25km:02:25:03 | 30km:02:55:57 | 35km:03:26:18 | 40km:03:58:19									
2937	6750	**BEMBENEK Mateusz**	MARKI		POL	1991	M30	883	04:16:13	04:11:42	2586
		5km:00:29:03 | 10km:00:57:48 | 15km:01:27:05 | 20km:01:56:23 | 21km:02:02:53 | 25km:02:28:00 | 30km:02:57:37 | 35km:03:29:18 | 40km:04:00:05									
2938	5195	**DOMAŃSKA Aneta**	WARSZAWA		POL	1991	K30	140	04:16:38	04:11:45	352
		5km:00:28:21 | 10km:00:55:23 | 15km:01:22:54 | 20km:01:50:04 | 21km:01:55:57 | 25km:02:17:07 | 30km:02:45:39 | 35km:03:17:27 | 40km:03:55:40									
2939	10085	**ROZBICKI Paweł**	WARSZAWA		POL	1994	M20	393	04:15:09	04:11:46	2587
		5km:00:28:21 | 10km:00:55:24 | 15km:01:22:54 | 20km:01:50:04 | 21km:01:55:57 | 25km:02:17:07 | 30km:02:45:39 | 35km:03:17:25 | 40km:03:55:33									
2940	2834	**ROZBICKI Jakub**	LEGIONOWO		POL	2000	M20	393	04:15:09	04:11:46	2587
		5km:00:28:51 | 10km:00:57:16 | 15km:01:25:06 | 20km:01:53:28 | 21km:01:59:36 | 25km:02:22:25 | 30km:02:52:27 | 35km:03:23:27 | 40km:03:57:24									
2941	3916	**FILIPOWSKA Teresa**	ŻAGAŃ		POL	1970	K50	19	04:15:52	04:11:46	353
		5km:00:26:45 | 10km:00:53:07 | 15km:01:19:42 | 20km:01:47:34 | 21km:01:54:06 | 25km:02:19:13 | 30km:02:49:56 | 35km:03:21:15 | 40km:03:59:01									
2942	4377	**FRANKOWSKI Tomasz**	KOBYLKA		POL	2001	M20	393	04:13:54	04:11:46	2587
		5km:00:27:19 | 10km:00:54:42 | 15km:01:21:51 | 20km:01:49:02 | 21km:01:55:01 | 25km:02:16:10 | 30km:02:44:06 | 35km:03:16:50 | 40km:03:56:51									
2943	2878	**GŁADYSZAK Michał**	SZCZECIN		POL	1980	M40	963	04:15:07	04:11:47	2590
		5km:00:29:54 | 10km:00:59:53 | 15km:01:30:15 | 20km:02:00:40 | 21km:02:07:07 | 25km:02:31:11 | 30km:03:01:43 | 35km:03:30:23 | 40km:03:59:22									
2944	3382	**GAJ Andrzej**	RACIBÓRZ		POL	1966	M50	296	04:18:16	04:11:50	2591

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:18 | 10km:00:55:37 | 15km: 01:23:04 | 20km:01:50:55 | 21km:01:56:56 | 25km:02:18:53 | 30km:02:48:48 | 35km:03:22:30 | 40km:03:56:42									
2945	3374	**OSMAN Grzegorz**	ŁOMIANKI	SII Running Team	POL	1984	M30	884	04:16:21	04:11:51	2592
		5km:00:25:31 | 10km:00:51:50 | 15km: 01:17:55 | 20km:01:44:40 | 21km:01:50:43 | 25km:02:13:49 | 30km:02:51:42 | 35km:03:23:50 | 40km:03:58:34									
2946	3571	**SIERZAN Kamil**	WARSZAWA	Legia	POL	1991	M30	885	04:15:04	04:11:52	2593
		5km:00:28:47 | 10km:00:56:22 | 15km: 01:24:24 | 20km:01:55:27 | 21km:02:02:02 | 25km:02:25:55 | 30km:02:56:31 | 35km:03:26:50 | 40km:03:58:08									
2947	6265	**ZDUŃSKA Agnieszka**	SŁUPSK	Ultra Way	POL	1976	K40	140	04:15:42	04:11:52	354
		5km:00:28:07 | 10km:00:56:22 | 15km: 01:24:32 | 20km:01:52:57 | 21km:01:59:09 | 25km:02:22:13 | 30km:02:52:20 | 35km:03:24:35 | 40km:03:58:33									
2948	3102	**SAWICZ Artur**	WARSZAWA	P&G Running Team	POL	1970	M50	297	04:16:52	04:11:58	2594
		5km:00:28:55 | 10km:00:57:46 | 15km: 01:26:15 | 20km:01:54:37 | 21km:02:00:45 | 25km:02:23:31 | 30km:02:53:00 | 35km:03:25:10 | 40km:03:58:20									
2949	6865	**BONKOVSKYI Vladyslav**	KRAKÓW		UKR	1995	M20	396	04:16:51	04:11:59	2595
		5km:00:29:47 | 10km:00:58:59 | 15km: 01:28:12 | 20km:01:57:22 | 21km:02:04:05 | 25km:02:27:06 | 30km:02:56:50 | 35km:03:26:13 | 40km:03:57:29									
2950	3148	**WOJDAT Lech**	WARSZAWA	KBP Pasja	POL	1953	M70	3	04:18:01	04:12:00	2596
		5km:00:27:30 | 10km:00:55:37 | 15km: 01:22:53 | 20km:01:50:10 | 21km:01:56:01 | 25km:02:17:31 | 30km:02:47:21 | 35km:03:20:01 | 40km:03:56:59									
2951	6725	**KALETKA Bartosz**	WODZISŁAW ŚLĄSKI	MK Mszana	POL	1996	M20	397	04:17:34	04:12:02	2597
		5km:00:30:10 | 10km:01:00:02 | 15km: 01:27:45 | 20km:01:56:13 | 21km:02:01:47 | 25km:02:23:10 | 30km:02:52:03 | 35km:03:21:28 | 40km:03:55:19									
2952	10278	**JAWID Paweł**	ŻYRARDÓW	Let's run to see	POL	1983	M40	964	04:18:52	04:12:03	2598
		5km:00:26:02 | 10km:00:52:45 | 15km: 01:19:14 | 20km:01:45:37 | 21km:01:51:26 | 25km:02:12:15 | 30km:02:40:38 | 35km:03:14:04 | 40km:03:54:50									
2953	6799	**KONIECZNY Marcin**	WROCŁAW	NOA	POL	1986	M30	886	04:12:53	04:12:03	2598
		5km:00:28:36 | 10km:00:57:40 | 15km: 01:26:32 | 20km:01:55:13 | 21km:02:01:20 | 25km:02:24:02 | 30km:02:53:46 | 35km:03:24:25 | 40km:03:57:44									
2954	7903	**KRASUŃ Michał**	WARSZAWA		POL	1979	M40	964	04:16:31	04:12:03	2598
		5km:00:26:49 | 10km:00:54:17 | 15km: 01:21:35 | 20km:01:49:52 | 21km:01:55:54 | 25km:02:18:01 | 30km:02:49:19 | 35km:03:20:49 | 40km:03:56:48									
2955	6592	**KRACZOWSKI Mirosław**	SZCZECIN		POL	1972	M50	298	04:14:40	04:12:05	2601
		5km:00:28:50 | 10km:00:57:31 | 15km: 01:25:17 | 20km:01:53:15 | 21km:01:59:19 | 25km:02:22:02 | 30km:02:51:36 | 35km:03:23:25 | 40km:03:57:49									
2956	7547	**KORCZENIEWSKI Yumiko**	WARSZAWA		JPN	1985	K30	141	04:18:18	04:12:08	355
		5km:00:28:12 | 10km:00:56:01 | 15km: 01:23:47 | 20km:01:54:47 | 21km:02:00:56 | 25km:02:24:01 | 30km:02:56:28 | 35km:03:26:30 | 40km:03:58:44									
2957	4101	**KRAKOWSKA Małgorzata**	SOKOŁÓW PODLASKI	Pędzące Leniwce	POL	1978	K40	141	04:16:35	04:12:09	356
		5km:00:28:16 | 10km:00:57:28 | 15km: 01:27:14 | 20km:01:57:34 | 21km:02:04:05 | 25km:02:27:19 | 30km:02:57:02 | 35km:03:26:38 | 40km:03:58:28									
2958	6620	**PIWOŃSKA Adriana**	PODBUCZE	InterAktywni Krostoszowice/Łapacze Zachodów Słońca/ Piraci z Szarloty	POL	1980	K40	141	04:18:07	04:12:09	356
		5km:00:27:45 | 10km:00:55:43 | 15km: 01:23:33 | 20km:01:51:39 | 21km:01:57:44 | 25km:02:19:58 | 30km:02:49:44 | 35km:03:21:39 | 40km:03:57:17									
2959	4668	**BORUCIŃSKI Michał**	KLAUDYN		POL	1990	M30	887	04:19:35	04:12:12	2602
		5km:00:29:49 | 10km:00:59:48 | 15km: 01:29:03 | 20km:01:58:31 | 21km:02:04:56 | 25km:02:28:00 | 30km:02:58:56 | 35km:03:29:04 | 40km:04:00:32									
2960	8341	**STULGIS Kamil**	BIAŁYSTOK	DZIKU TEAM	POL	1993	M30	887	04:18:54	04:12:12	2602
		5km:00:28:24 | 10km:00:56:43 | 15km: 01:24:19 | 20km:01:52:15 | 21km:01:58:24 | 25km:02:20:31 | 30km:02:50:06 | 35km:03:21:23 | 40km:03:57:21									
2961	10341	**RATAJCZAK Karol**	KOTLIN		POL	1982	M40	966	04:16:51	04:12:13	2604
		5km:00:28:21 | 10km:00:56:36 | 15km: 01:24:39 | 20km:01:52:45 | 21km:01:58:50 | 25km:02:20:50 | 30km:02:49:10 | 35km:03:21:42 | 40km:03:57:55									
2962	12076	**FALANA Zbigniew**	LELÓW	Honey Stinger	POL	1984	M30	889	04:17:53	04:12:13	2604
		5km:00:28:28 | 10km:00:56:03 | 15km: 01:24:01 | 20km:01:52:05 | 21km:01:58:10 | 25km:02:19:58 | 30km:02:49:04 | 35km:03:22:17 | 40km:03:58:12									
2963	4400	**JĘDRZEJCZYK Leszek**	PIASECZNO	Metro Warszawskie	POL	1965	M50	299	04:16:26	04:12:16	2606
		5km:00:28:31 | 10km:00:56:46 | 15km: 01:24:39 | 20km:01:52:20 | 21km:01:58:20 | 25km:02:19:56 | 30km:02:49:04 | 35km:03:21:07 | 40km:03:57:37									
2964	8153	**KUBACKI Sebastian**	WARSZAWA		POL	1980	M40	967	04:17:49	04:12:17	2607
		5km:00:23:39 | 10km:00:48:01 | 15km: 01:13:58 | 20km:01:41:35 | 21km:01:47:48 | 25km:02:11:11 | 30km:02:43:57 | 35km:03:21:30 | 40km:03:58:03									
2965	5165	**BARAŃSKI Piotr**	WARSZAWA		POL	1981	M40	968	04:13:03	04:12:18	2608
		5km:00:29:59 | 10km:00:59:51 | 15km: 01:29:44 | 20km:01:59:18 | 21km:02:05:50 | 25km:02:29:42 | 30km:02:59:27 | 35km:03:29:37 | 40km:04:00:07									
2966	6919	**DZYRUK Maciej**	WARSZAWA	Bemowo Biega	POL	1985	M30	890	04:19:08	04:12:18	2608
		5km:00:23:57 | 10km:00:49:59 | 15km: 01:15:40 | 20km:01:41:34 | 21km:01:47:19 | 25km:02:10:09 | 30km:02:41:49 | 35km:03:16:34 | 40km:03:56:36									
2967	4238	**SROKA Sebastian**	LUBAWA		POL	1993	M30	891	04:13:08	04:12:19	2610
		5km:00:29:11 | 10km:00:57:19 | 15km: 01:24:48 | 20km:01:52:58 | 21km:01:59:09 | 25km:02:21:44 | 30km:02:51:40 | 35km:03:22:31 | 40km:03:57:35									
2968	2343	**POLARCZYK Robert**	OSTRÓW WIELKOPOLSKI	bez klubu	POL	1973	M50	300	04:16:26	04:12:22	2611
		5km:00:30:14 | 10km:01:01:00 | 15km: 01:31:30 | 20km:02:01:31 | 21km:02:08:03 | 25km:02:31:27 | 30km:03:01:10 | 35km:03:30:16 | 40km:03:59:58									
2969	6622	**ROMAŃSKA-MALINA Olga**	SOSNOWIEC	Ostro Run Team	POL	1980	K40	143	04:20:37	04:12:22	358
		5km:00:28:34 | 10km:00:57:22 | 15km: 01:25:51 | 20km:01:54:28 | 21km:02:00:35 | 25km:02:23:25 | 30km:02:53:01 | 35km:03:24:39 | 40km:03:58:58									
2970	3989	**OTOLIŃSKA Emilia**	ŁUKTA		POL	1983	K40	144	04:18:11	04:12:25	359
		5km:00:29:19 | 10km:00:59:04 | 15km: 01:28:35 | 20km:01:58:40 | 21km:02:04:55 | 25km:02:27:24 | 30km:02:57:03 | 35km:03:27:35 | 40km:03:59:16									
2971	4607	**ZDUNEK Marzena**	WARSZAWA		POL	1986	K30	142	04:19:18	04:12:25	359
		5km:00:29:52 | 10km:00:59:35 | 15km: 01:29:09 | 20km:01:58:35 | 21km:02:04:52 | 25km:02:28:02 | 30km:02:58:00 | 35km:03:27:40 | 40km:03:59:32									
2972	7224	**ŻELIŃSKI Marek**	CHORZÓW		POL	1968	M50	301	04:19:38	04:12:31	2612
		5km:00:28:08 | 10km:00:56:29 | 15km: 01:24:00 | 20km:01:52:11 | 21km:01:58:10 | 25km:02:19:59 | 30km:02:48:26 | 35km:03:18:52 | 40km:03:58:17									
2973	3053	**RZEPKA Piotr**	KOWALE	Zadyszka Rudniki	POL	2000	M20	398	04:16:59	04:12:32	2613
		5km:00:29:03 | 10km:00:57:35 | 15km: 01:27:15 | 20km:01:56:30 | 21km:02:02:38 | 25km:02:26:05 | 30km:02:56:40 | 35km:03:27:15 | 40km:03:58:13									
2974	3876	**ZIMNOCH Jakub**	WARSZAWA		POL	1995	M20	399	04:23:11	04:12:33	2614
		5km:00:28:24 | 10km:00:57:14 | 15km: 01:25:42 | 20km:01:54:10 | 21km:02:00:16 | 25km:02:23:28 | 30km:02:53:25 | 35km:03:24:12 | 40km:03:57:37									
2975	4199	**AUGUSTOWSKI Krzysztof**	ŚWIERCZYNA		POL	1973	M50	302	04:17:24	04:12:34	2615
		5km:00:29:30 | 10km:00:58:47 | 15km: 01:27:48 | 20km:01:57:08 | 21km:02:03:30 | 25km:02:26:22 | 30km:02:54:37 | 35km:03:23:47 | 40km:03:58:14									
2976	2964	**SZUMSKI Zbigniew**	ŚWIEBODZIN		POL	1964	M50	303	04:16:37	04:12:36	2616
		5km:00:31:04 | 10km:01:01:20 | 15km: 01:31:07 | 20km:02:01:22 | 21km:02:07:54 | 25km:02:31:40 | 30km:03:01:34 | 35km:03:31:05 | 40km:04:00:13									
2977	10500	**MROCZEK Katarzyna**	ZBUCZYN	Zbucki Ruch	POL	1989	K30	143	04:19:23	04:12:37	361
		5km:00:28:24 | 10km:00:56:53 | 15km: 01:24:46 | 20km:01:52:32 | 21km:01:58:26 | 25km:02:19:52 | 30km:02:49:38 | 35km:03:22:21 | 40km:03:58:42									
2978	3812	**BIAŁAS Konrad**	WARSZAWA	4Runners	POL	1973	M50	304	04:17:51	04:12:38	2617
		5km:00:27:14 | 10km:00:55:01 | 15km: 01:22:12 | 20km:01:49:35 | 21km:01:55:36 | 25km:02:18:18 | 30km:02:47:39 | 35km:03:19:05 | 40km:03:57:16									
2979	3869	**BIAŁEK Piotr**	WARSZAWA		POL	1992	M30	892	04:14:18	04:12:38	2617
		5km:00:28:43 | 10km:00:57:44 | 15km: 01:26:35 | 20km:01:55:42 | 21km:02:02:00 | 25km:02:24:42 | 30km:02:56:21 | 35km:03:27:18 | 40km:03:59:33									
2980	4411	**RZEMIENIECKI Michał**	WARSZAWA		POL	1986	M30	893	04:17:53	04:12:39	2619
		5km:00:28:01 | 10km:00:56:01 | 15km: 01:23:37 | 20km:01:52:14 | 21km:01:58:21 | 25km:02:20:52 | 30km:02:51:02 | 35km:03:23:03 | 40km:03:59:03									
2981	10342	**GOSPODARYK Robert**	EŁK		POL	1977	M40	969	04:17:17	04:12:41	2620
		5km:00:27:09 | 10km:00:55:37 | 15km: 01:23:52 | 20km:01:52:23 | 21km:01:58:32 | 25km:02:21:06 | 30km:02:50:35 | 35km:03:21:22 | 40km:03:56:50									
2982	4284	**PALUSIŃSKI Piotr**	SOSNOWIEC		POL	1966	M50	305	04:15:28	04:12:42	2621
		5km:00:26:02 | 10km:00:52:52 | 15km: 01:20:50 | 20km:01:49:22 | 21km:01:55:45 | 25km:02:19:49 | 30km:02:51:38 | 35km:03:23:49 | 40km:03:58:37									
2983	10114	**KUŁAKOWSKA Magda**	OLSZTYN	Pszczółkowski Team	POL	1979	K40	145	04:14:29	04:12:43	362
		5km:00:30:23 | 10km:01:00:55 | 15km: 01:30:15 | 20km:01:59:46 | 21km:02:06:09 | 25km:02:28:56 | 30km:02:57:46 | 35km:03:26:10 | 40km:03:59:38									
2984	3838	**BORTEL Arkadiusz**	LĘDZINY		POL	1986	M30	894	04:19:53	04:12:44	2622
		5km:00:28:43 | 10km:00:57:44 | 15km: 01:26:35 | 20km:01:55:42 | 21km:02:02:00 | 25km:02:24:42 | 30km:02:56:21 | 35km:03:27:18 | 40km:03:59:33									
2985	4056	**MATYSIAK Agnieszka**	LUBAŃ	Sport Generation	POL	1980	K40	146	04:17:48	04:12:44	363
		5km:00:30:10 | 10km:01:00:04 | 15km: 01:28:30 | 20km:01:56:16 | 21km:02:02:28 | 25km:02:24:56 | 30km:02:55:28 | 35km:03:26:19 | 40km:03:59:01									
2986	2391	**SINIARSKI Piotr**	GRODZISK MAZOWIECKI		POL	1992	M30	895	04:20:17	04:12:45	2623
		5km:00:29:53 | 10km:00:59:09 | 15km: 01:28:30 | 20km:01:57:56 | 21km:02:04:22 | 25km:02:27:35 | 30km:02:57:29 | 35km:03:27:27 | 40km:03:59:22									
2987	3278	**SIDORCZUK-KUMOSA Dorota**	WARSZAWA	Team ZabieganeDni	POL	1974	K40	147	04:18:38	04:12:45	364
		5km:00:27:04 | 10km:00:53:03 | 15km: 01:19:35 | 20km:01:45:55 | 21km:01:51:42 | 25km:02:13:28 | 30km:02:44:55 | 35km:03:20:28 | 40km:03:59:12									
2988	10690	**FRONTCZAK Artur**	ŁÓDŹ		POL	1977	M40	970	04:15:20	04:12:47	2624
		5km:00:28:40 | 10km:00:57:38 | 15km: 01:26:27 | 20km:01:57:32 | 21km:02:03:55 | 25km:02:27:05 | 30km:02:56:52 | 35km:03:27:04 | 40km:03:59:36									
2989	3557	**GRZEŚKOWIAK Aleksandra**	POLWICA		POL	1995	K20	54	04:17:29	04:12:47	365
		5km:00:27:04 | 10km:00:53:55 | 15km: 01:22:13 | 20km:01:49:11 | 21km:01:55:08 | 25km:02:18:11 | 30km:02:49:27 | 35km:03:24:28 | 40km:03:59:16									
2990	7823	**FARBISZEWSKI Marek**	WARSZAWA	Orange Polska	POL	1977	M40	971	04:14:19	04:12:48	2625

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:06 | 10km:00:58:48 | 15km: 01:27:53 | 20km:01:57:58 | 21km:02:04:35 | 25km:02:29:01 | 30km:02:59:11 | 35km:03:28:40 | 40km:04:00:24									
2991	4621	**STAWICKI Jakub**	BIELSKO-BIAŁA		POL	2000	M20	400	04:16:42	04:12:51	2626
2992	12030	**MAZUREK Marzena**	WARSZAWA	PZU SPORT TEAM	POL	1997	K20	55	04:16:50	04:12:52	366
		5km:00:29:15 | 10km:00:58:21 | 15km: 01:27:05 | 20km:01:56:35 | 21km:02:02:56 | 25km:02:26:08 | 30km:02:56:01 | 35km:03:26:11 | 40km:03:59:41									
2993	10390	**WITKOWSKI Ryszard**	HALINÓW		POL	1959	M60	53	04:18:20	04:12:54	2627
		5km:00:27:36 | 10km:00:55:48 | 15km: 01:23:08 | 20km:01:51:57 | 21km:01:57:59 | 25km:02:20:25 | 30km:02:51:14 | 35km:03:23:00 | 40km:03:57:29									
2994	2117	**TAUZOWSKI Marek**	WARSZAWA		POL	1974	M40	972	04:18:28	04:12:54	2627
		5km:00:28:19 | 10km:00:57:28 | 15km: 01:26:28 | 20km:01:55:26 | 21km:02:01:25 | 25km:02:24:12 | 30km:02:53:34 | 35km:03:23:22 | 40km:03:59:01									
2995	4217	**SABAT Sylwia**	KĘPIE ZALESZAŃSKIE	Log in English	POL	1991	K30	144	04:18:58	04:12:54	367
		5km:00:29:44 | 10km:00:58:53 | 15km: 01:28:06 | 20km:01:57:26 | 21km:02:03:50 | 25km:02:26:57 | 30km:02:56:51 | 35km:03:26:26 | 40km:03:58:22									
2996	2145	**CHODOWSKI Patryk**	LEGIONOWO		POL	2005	M20	401	04:16:45	04:12:55	2629
		5km:00:28:06 | 10km:00:55:20 | 15km: 01:22:29 | 20km:01:49:48 | 21km:01:55:44 | 25km:02:17:02 | 30km:02:45:22 | 35km:03:16:30 | 40km:03:57:14									
2997	8352	**KOTAU Anton**	WARSZAWA			1998	M20	401	04:17:43	04:12:55	2629
		5km:00:27:48 | 10km:00:54:34 | 15km: 01:21:06 | 20km:01:48:00 | 21km:01:53:45 | 25km:02:15:17 | 30km:02:44:27 | 35km:03:19:41 | 40km:03:57:35									
2998	2180	**BUDZYŃSKI Grzegorz**	LUBLIN	Skazany na bieg przez ziomali	POL	1980	M40	973	04:19:54	04:12:57	2631
		5km:00:30:05 | 10km:01:00:54 | 15km: 01:31:15 | 20km:02:01:04 | 21km:02:07:30 | 25km:02:30:47 | 30km:03:00:13 | 35km:03:29:23 | 40km:04:00:14									
2999	3091	**KRUKOWSKI Mirosław**	NOWA SÓL		POL	1971	M50	306	04:13:49	04:12:57	2631
		5km:00:27:27 | 10km:00:54:53 | 15km: 01:21:55 | 20km:01:49:09 | 21km:01:55:02 | 25km:02:17:05 | 30km:02:48:26 | 35km:03:21:01 | 40km:03:57:52									
3000	8431	**SUPRUNIUK Aliaksei**	WARSZAWA	Pahne chabor		1996	M20	403	04:18:21	04:12:57	2631
		5km:00:28:23 | 10km:00:57:59 | 15km: 01:27:14 | 20km:01:55:58 | 21km:02:02:15 | 25km:02:24:47 | 30km:02:55:04 | 35km:03:27:31 | 40km:03:58:39									
3001	6861	**BRYNDA Marta**	PRUSZKÓW		POL	1988	K30	145	04:20:18	04:12:58	368
		5km:00:29:29 | 10km:00:58:53 | 15km: 01:27:28 | 20km:01:56:17 | 21km:02:02:43 | 25km:02:25:27 | 30km:02:54:05 | 35km:03:24:32 | 40km:03:59:02									
3002	3219	**OSIŃSKI Artur**	POZNAŃ		POL	1979	M40	974	04:19:29	04:12:59	2634
		5km:00:27:46 | 10km:00:56:26 | 15km: 01:24:17 | 20km:01:51:27 | 21km:01:57:24 | 25km:02:19:10 | 30km:02:48:23 | 35km:03:20:43 | 40km:03:58:00									
3003	12067	**KOŚCIUCZUK Łukasz**	WARSZAWA	Rak'n'Roll	POL	1980	M40	975	04:22:32	04:13:00	2635
		5km:00:29:04 | 10km:00:57:25 | 15km: 01:26:08 | 20km:01:55:41 | 21km:02:01:45 | 25km:02:25:00 | 30km:02:54:07 | 35km:03:24:31 | 40km:03:59:29									
3004	14008	**KUBIAK Daniel**	WARSZAWA	SRPOL KeepFit / Szkoła Triathlonu	POL	1985	M30	896	04:18:24	04:13:01	2636
		5km:00:28:34 | 10km:00:57:19 | 15km: 01:25:19 | 20km:01:53:38 | 21km:01:59:38 | 25km:02:23:47 | 30km:02:54:00 | 35km:03:24:50 | 40km:03:59:32									
3005	8362	**DYNISZUK Martyna**	GOŁDAP		POL	1993	K30	146	04:19:16	04:13:01	369
		5km:00:29:47 | 10km:00:59:38 | 15km: 01:29:14 | 20km:01:58:50 | 21km:02:05:18 | 25km:02:28:37 | 30km:02:58:17 | 35km:03:28:05 | 40km:03:59:50									
3006	8457	**PILECKI Paweł**	WARSZAWA	ACCENTURE	POL	1982	M40	976	04:21:16	04:13:02	2637
		5km:00:29:53 | 10km:00:59:23 | 15km: 01:28:26 | 20km:01:56:31 | 21km:02:02:43 | 25km:02:25:30 | 30km:02:54:57 | 35km:03:24:25 | 40km:03:58:51									
3007	6053	**WIECZOREK Michał**	CZELADŹ		POL	1984	M30	897	04:17:51	04:13:07	2638
		5km:00:27:24 | 10km:00:54:24 | 15km: 01:21:37 | 20km:01:48:55 | 21km:01:54:55 | 25km:02:16:20 | 30km:02:44:14 | 35km:03:13:16 | 40km:03:48:31									
3008	7296	**BACHANEK Adam**	WARSZAWA	New Balance Warszawa, Żórawski Running Team	POL	1977	M40	977	04:19:59	04:13:07	2638
		5km:00:30:27 | 10km:01:00:45 | 15km: 01:31:02 | 20km:02:01:14 | 21km:02:07:41 | 25km:02:31:17 | 30km:03:01:01 | 35km:03:30:54 | 40km:04:00:46									
3009	8216	**MULARCZYK Łukasz**	WARSZAWA		POL	1991	M30	898	04:14:00	04:13:08	2640
		5km:00:23:34 | 10km:00:48:18 | 15km: 01:13:59 | 20km:01:40:56 | 21km:01:46:53 | 25km:02:11:44 | 30km:02:44:49 | 35km:03:20:01 | 40km:03:58:37									
3010	3330	**KOSESKI Wojciech**	WARSZAWA		POL	1989	M30	899	04:19:20	04:13:10	2641
		5km:00:30:43 | 10km:01:01:30 | 15km: 01:32:05 | 20km:02:02:15 | 21km:02:08:34 | 25km:02:31:28 | 30km:03:00:42 | 35km:03:29:34 | 40km:04:00:36									
3011	2976	**KOSESKI Maciej**	WARSZAWA		POL	1985	M30	900	04:19:20	04:13:11	2642
		5km:00:30:45 | 10km:01:01:28 | 15km: 01:32:07 | 20km:02:02:15 | 21km:02:08:35 | 25km:02:31:30 | 30km:03:00:42 | 35km:03:29:36 | 40km:04:00:38									
3012	3511	**SIKORA Grzegorz**	KRAKÓW	KKM KALORYFER	POL	1976	M40	978	04:19:23	04:13:11	2642
		5km:00:29:42 | 10km:00:59:03 | 15km: 01:27:57 | 20km:01:56:47 | 21km:02:03:03 | 25km:02:26:30 | 30km:02:56:03 | 35km:03:26:30 | 40km:03:59:14									
3013	2903	**MCLEAN Laura**	LONDON		GBR	1992	K30	147	04:18:48	04:13:12	370
		5km:00:29:22 | 10km:00:59:03 | 15km: 01:28:34 | 20km:01:58:18 | 21km:02:04:37 | 25km:02:27:58 | 30km:02:57:44 | 35km:03:27:47 | 40km:03:59:30									
3014	7880	**ORZEŁOWSKI Rafał**	BIAŁYSTOK	MD Run Training	POL	1975	M40	979	04:17:28	04:13:12	2644
		5km:00:28:27 | 10km:00:56:42 | 15km: 01:24:15 | 20km:01:52:24 | 21km:01:58:33 | 25km:02:20:33 | 30km:02:48:47 | 35km:03:21:36 | 40km:03:58:15									
3015	13528	**KOSIŃSKI Olek**	PIASECZNO	Piaseczno Running	POL	1984	M30	901	04:16:06	04:13:13	2645
		5km:00:26:30 | 10km:00:53:13 | 15km: 01:20:09 | 20km:01:48:46 | 21km:01:55:10 | 25km:02:20:30 | 30km:02:53:09 | 35km:03:25:58 | 40km:03:59:43									
3016	10187	**LAVRINIENKO Andrii**	RZESZOW		UKR	1986	M30	902	04:19:55	04:13:16	2646
		5km:00:29:58 | 10km:01:00:03 | 15km: 01:29:58 | 20km:01:59:58 | 21km:02:06:37 | 25km:02:29:54 | 30km:02:58:45 | 35km:03:28:47 | 40km:03:59:49									
3017	6373	**DICKSON Steven**	LIVERPOOL		GBR	1992	M30	902	04:18:38	04:13:16	2646
		5km:00:28:03 | 10km:00:56:06 | 15km: 01:24:58 | 20km:01:53:29 | 21km:01:59:39 | 25km:02:22:56 | 30km:02:55:14 | 35km:03:26:26 | 40km:04:00:44									
3018	7606	**GEICSNEK Martin**	WIENER NEUSTADT	HSV Marathon Wr. Neustadt	AUT	1965	M50	307	04:19:44	04:13:16	2646
		5km:00:29:35 | 10km:00:58:39 | 15km: 01:27:53 | 20km:01:57:44 | 21km:02:04:01 | 25km:02:27:08 | 30km:02:56:48 | 35km:03:27:18 | 40km:03:59:22									
3019	2750	**STACHÓW Jakub**	TYCZYN		POL	1998	M20	404	04:22:11	04:13:18	2649
		5km:00:31:00 | 10km:01:01:23 | 15km: 01:31:09 | 20km:01:59:44 | 21km:02:05:48 | 25km:02:29:29 | 30km:02:57:35 | 35km:03:26:40 | 40km:03:59:08									
3020	7615	**MARWAN-SCHLOSSER Helga**	WR. NEUSTADT		AUT	1967	K50	20	04:19:44	04:13:19	371
		5km:00:29:39 | 10km:00:58:42 | 15km: 01:27:56 | 20km:01:57:47 | 21km:02:04:05 | 25km:02:27:11 | 30km:02:56:51 | 35km:03:27:21 | 40km:03:59:24									
3021	3039	**SUCHANOWSKI Jacek**	SZCZECIN		POL	1989	M30	904	04:17:16	04:13:21	2650
		5km:00:28:59 | 10km:00:57:05 | 15km: 01:24:46 | 20km:01:52:14 | 21km:01:57:57 | 25km:02:18:57 | 30km:02:46:09 | 35km:03:17:22 | 40km:03:52:40									
3022	7429	**POLKIEWICZ Mateusz**	WARSZAWA	Biegaj Pod Okiem Trenera	POL	1994	M20	405	04:18:55	04:13:21	2650
		5km:00:29:21 | 10km:00:58:43 | 15km: 01:28:01 | 20km:01:57:18 | 21km:02:03:47 | 25km:02:26:41 | 30km:02:56:21 | 35km:03:26:30 | 40km:03:59:31									
3023	7571	**NIŻEWSKI Cyryl**	WARSZAWA		POL	1993	M30	904	04:14:51	04:13:21	2650
		5km:00:24:54 | 10km:00:49:31 | 15km: 01:14:13 | 20km:01:38:37 | 21km:01:43:57 | 25km:02:03:12 | 30km:02:39:04 | 35km:03:17:41 | 40km:03:58:24									
3024	3436	**KWIATKOWSKI Krzysztof**	LUBLIN	Cyku Pyku RGB	POL	1985	M30	906	04:17:38	04:13:22	2653
		5km:00:29:28 | 10km:00:58:03 | 15km: 01:26:57 | 20km:01:55:31 | 21km:02:02:07 | 25km:02:24:11 | 30km:02:52:51 | 35km:03:23:19 | 40km:03:58:28									
3025	3041	**WARWARSKI Aleksander**	WARSZAWA	Skaryszewskie Ciacha	POL	1981	M40	980	04:19:39	04:13:26	2654
		5km:00:29:36 | 10km:00:58:52 | 15km: 01:28:02 | 20km:01:57:26 | 21km:02:03:52 | 25km:02:27:07 | 30km:02:57:03 | 35km:03:27:36 | 40km:03:59:37									
3026	4161	**MIEDZIŃSKA Sylwia**	RUDA ŚLĄSKA		POL	1982	K40	148	04:18:25	04:13:26	372
		5km:00:31:43 | 10km:01:02:59 | 15km: 01:33:28 | 20km:02:03:43 | 21km:02:10:18 | 25km:02:34:18 | 30km:03:03:53 | 35km:03:32:39 | 40km:04:01:54									
3027	4389	**LISOWSKI Adam**	WARSZAWA		POL	1999	M20	406	04:17:41	04:13:28	2655
		5km:00:27:59 | 10km:00:55:33 | 15km: 01:23:28 | 20km:01:51:24 | 21km:01:57:23 | 25km:02:20:45 | 30km:02:52:04 | 35km:03:22:37 | 40km:04:00:02									
3028	7646	**IDZIASZEK Klaudia**	BRZEG DOLNY		POL	1991	K30	148	04:19:40	04:13:29	373
		5km:00:29:50 | 10km:00:58:57 | 15km: 01:28:05 | 20km:01:57:26 | 21km:02:03:52 | 25km:02:27:05 | 30km:02:56:43 | 35km:03:26:00 | 40km:03:58:55									
3029	10487	**TARNOWSKI Dariusz**	ROZPRZA		POL	1973	M50	308	04:19:01	04:13:30	2656
		5km:00:28:54 | 10km:00:57:27 | 15km: 01:25:51 | 20km:01:54:21 | 21km:02:00:26 | 25km:02:22:50 | 30km:02:53:02 | 35km:03:24:31 | 40km:03:59:43									
3030	6672	**BABIŃSKI Sławek**	SZCZECIN	HANMON	POL	1974	M40	981	04:16:21	04:13:30	2656
		5km:00:28:15 | 10km:00:56:01 | 15km: 01:24:41 | 20km:01:52:48 | 21km:01:58:48 | 25km:02:20:22 | 30km:02:47:58 | 35km:03:15:50 | 40km:03:56:17									
3031	7850	**PÓŁROLNICZAK Wojciech**	POZNAŃ		POL	1999	M20	407	04:19:37	04:13:30	2656
		5km:00:29:50 | 10km:00:59:13 | 15km: 01:28:35 | 20km:01:58:14 | 21km:02:04:43 | 25km:02:28:12 | 30km:02:58:50 | 35km:03:29:05 | 40km:04:00:06									
3032	7330	**GODLEWSKI Adam**	WARSZAWA	Sportradar	POL	1989	M30	907	04:15:19	04:13:35	2659
		5km:00:26:13 | 10km:00:52:16 | 15km: 01:18:18 | 20km:01:44:39 | 21km:01:50:27 | 25km:02:12:46 | 30km:02:45:33 | 35km:03:16:22 | 40km:03:56:37									
3033	12052	**WACHNIENKO Błażej**	LUBIN	ZG Run #ŚlęzakTeam	POL	1990	M30	908	04:18:28	04:13:37	2660
		5km:00:28:29 | 10km:00:57:03 | 15km: 01:25:12 | 20km:01:53:12 | 21km:01:59:17 | 25km:02:21:54 | 30km:02:51:40 | 35km:03:23:00 | 40km:03:59:52									
3034	7103	**KULASIŃSKI Jan**	BRZOZÓWKA		POL	1999	M20	408	04:19:22	04:13:43	2661
		5km:00:31:12 | 10km:01:01:04 | 15km: 01:30:56 | 20km:02:01:27 | 21km:02:07:39 | 25km:02:31:05 | 30km:03:01:00 | 35km:03:30:54 | 40km:04:01:04									
3035	7108	**KULASIŃSKI Paweł**	BRZOZÓWKA		POL	1999	M20	408	04:19:22	04:13:43	2661
		5km:00:31:11 | 10km:01:01:01 | 15km: 01:30:56 | 20km:02:01:27 | 21km:02:07:39 | 25km:02:31:05 | 30km:03:01:00 | 35km:03:30:53 | 40km:04:01:03									
3036	7143	**KULASIŃSKI Robert**	BRZOZÓWKA		POL	1973	M50	309	04:19:22	04:13:43	2661
		5km:00:31:10 | 10km:01:01:04 | 15km: 01:30:56 | 20km:02:01:28 | 21km:02:07:38 | 25km:02:31:05 | 30km:03:01:00 | 35km:03:30:55 | 40km:04:01:04									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:51 | 10km:00:57:22 | 15km: 01:25:49 | 20km:01:54:16 | 21km:02:00:25 | 25km:02:22:53 | 30km:02:52:02 | 35km:03:23:11 | 40km:03:57:46									
3037	3071	**STAŃCZYK Andrzej**	MARKI		POL	1967	M50	310	04:17:55	04:13:46	2664
3038	12104	**ZAWIŚLAK Jola**	WARSZAWA	Team_ZabieganeDni	POL	1970	K50	21	04:19:51	04:13:48	374
		5km:00:29:44 | 10km:00:58:52 | 15km: 01:28:08 | 20km:01:57:21 | 21km:02:03:46 | 25km:02:27:01 | 30km:02:56:54 | 35km:03:26:09 | 40km:03:59:54									
3039	6214	**SKROK Jarosław**	WARSZAWA		POL	1974	M40	982	04:14:42	04:13:49	2665
		5km:00:27:08 | 10km:00:56:41 | 15km: 01:26:08 | 20km:01:56:18 | 21km:02:02:31 | 25km:02:25:58 | 30km:02:56:32 | 35km:03:27:18 | 40km:03:59:37									
3040	3690	**PISAREK Piotr**	BRWINÓW		POL	1985	M30	909	04:22:02	04:13:50	2666
		5km:00:31:23 | 10km:01:02:13 | 15km: 01:31:23 | 20km:02:00:44 | 21km:02:07:25 | 25km:02:30:22 | 30km:02:59:52 | 35km:03:28:41 | 40km:04:00:22									
3041	12101	**MAJEWSKI Arkadiusz**	WARSZAWA		POL	1976	M40	983	04:17:59	04:13:52	2667
		5km:00:28:47 | 10km:00:56:50 | 15km: 01:24:31 | 20km:01:52:42 | 21km:01:58:46 | 25km:02:21:13 | 30km:02:50:21 | 35km:03:23:36 | 40km:03:59:11									
3042	6823	**PACHYKOUSKI Pavel**	WARSZAWA			1985	M30	910	04:17:08	04:13:52	2667
		5km:00:27:25 | 10km:00:54:48 | 15km: 01:21:55 | 20km:01:49:12 | 21km:01:55:07 | 25km:02:16:33 | 30km:02:45:41 | 35km:03:19:29 | 40km:03:58:06									
3043	6481	**BIEŁUŃSKI Sebastian**	WROCŁAW		POL	1977	M40	984	04:20:47	04:13:53	2669
		5km:00:29:19 | 10km:00:58:53 | 15km: 01:27:44 | 20km:01:57:02 | 21km:02:03:19 | 25km:02:26:50 | 30km:02:56:29 | 35km:03:27:33 | 40km:04:00:42									
3044	8450	**PAVLOV Maks**	WARSZAWA		POL	1996	M20	410	04:19:37	04:13:53	2669
		5km:00:28:18 | 10km:00:56:30 | 15km: 01:24:44 | 20km:01:52:52 | 21km:01:58:54 | 25km:02:20:58 | 30km:02:50:35 | 35km:03:23:57 | 40km:04:00:23									
3045	3243	**STRĘKOWSKI Grzegorz**	WARSZAWA		POL	1992	M30	911	04:18:05	04:13:54	2671
		5km:00:28:34 | 10km:00:56:47 | 15km: 01:24:27 | 20km:01:52:22 | 21km:01:58:39 | 25km:02:20:45 | 30km:02:49:47 | 35km:03:20:39 | 40km:03:58:56									
3046	7941	**SZULAR Antoni**	KANIE		POL	2003	M20	411	04:17:26	04:13:55	2672
		5km:00:28:23 | 10km:00:55:38 | 15km: 01:22:50 | 20km:01:50:11 | 21km:01:56:07 | 25km:02:17:24 | 30km:02:45:42 | 35km:03:15:55 | 40km:03:58:33									
3047	7193	**SZYMAŃSKI Michał**	KŁODZKO		POL	2000	M20	412	04:18:45	04:13:56	2673
		5km:00:28:04 | 10km:00:56:15 | 15km: 01:23:44 | 20km:01:51:38 | 21km:01:57:30 | 25km:02:19:15 | 30km:02:47:06 | 35km:03:14:35 | 40km:03:52:59									
3048	6632	**JEZ Sebastian**	BIELSKO-BIAŁA		POL	1997	M20	413	04:18:36	04:13:58	2674
		5km:00:28:18 | 10km:00:56:28 | 15km: 01:24:08 | 20km:01:52:16 | 21km:01:58:23 | 25km:02:20:34 | 30km:02:48:36 | 35km:03:23:41 | 40km:04:00:10									
3049	8360	**MAZUR Marcin**	WARSZAWA		POL	1987	M30	912	04:18:52	04:13:58	2674
		5km:00:28:08 | 10km:00:56:42 | 15km: 01:24:14 | 20km:01:52:20 | 21km:01:58:21 | 25km:02:20:14 | 30km:02:49:54 | 35km:03:23:01 | 40km:03:58:09									
3050	10209	**GRODZKI Tomasz**	ŁAGIEWNIKI NOWE		POL	1986	M30	913	04:17:16	04:13:59	2676
		5km:00:27:19 | 10km:00:54:45 | 15km: 01:21:57 | 20km:01:49:10 | 21km:01:55:12 | 25km:02:17:10 | 30km:02:47:30 | 35km:03:20:40 | 40km:03:59:32									
3051	14007	**LESKIER Tomek**	WARSZAWA	Wolny Gocław	POL	1983	M40	985	04:16:33	04:14:00	2677
		5km:00:26:41 | 10km:00:53:26 | 15km: 01:19:45 | 20km:01:46:12 | 21km:01:51:55 | 25km:02:13:02 | 30km:02:42:10 | 35km:03:18:39 | 40km:04:00:48									
3052	4087	**KALINAUSKAS Vainius**	VILNIUS		LTU	2000	M20	414	04:17:28	04:14:00	2677
		5km:00:24:24 | 10km:00:49:45 | 15km: 01:15:47 | 20km:01:42:15 | 21km:01:48:00 | 25km:02:09:12 | 30km:02:48:31 | 35km:03:25:24 | 40km:04:01:31									
3053	3413	**WAŃCZYK Jarosław**	NOWY SĄCZ		POL	1985	M30	914	04:21:38	04:14:04	2679
		5km:00:31:16 | 10km:01:02:24 | 15km: 01:32:36 | 20km:02:03:13 | 21km:02:09:25 | 25km:02:31:57 | 30km:03:01:20 | 35km:03:30:08 | 40km:04:01:10									
3054	10139	**NOWAKOWSKI Marcin**	OPOCZNO	OKNONET OPOCZNO	POL	1980	M40	986	04:18:13	04:14:05	2680
		5km:00:28:36 | 10km:00:56:47 | 15km: 01:24:24 | 20km:01:52:33 | 21km:01:58:41 | 25km:02:20:41 | 30km:02:48:53 | 35km:03:19:06 | 40km:03:57:23									
3055	4398	**MAZAN Piotr**	WARSZAWA		POL	1978	M40	986	04:18:48	04:14:05	2680
		5km:00:28:06 | 10km:00:55:31 | 15km: 01:23:29 | 20km:01:51:18 | 21km:01:57:15 | 25km:02:19:19 | 30km:02:49:24 | 35km:03:22:27 | 40km:03:59:25									
3056	2747	**SOLIMAN Ewa**	ŁÓDŹ	Lód Miód Łódź Trio	POL	1983	K40	149	04:20:26	04:14:06	375
		5km:00:29:48 | 10km:00:59:46 | 15km: 01:29:25 | 20km:01:59:30 | 21km:02:06:03 | 25km:02:29:30 | 30km:03:00:08 | 35km:03:30:21 | 40km:04:01:12									
3057	2961	**CIEŚLAK Michał**	ŁÓDŹ		POL	1984	M30	915	04:20:25	04:14:06	2682
		5km:00:29:49 | 10km:00:59:47 | 15km: 01:29:26 | 20km:01:59:32 | 21km:02:06:03 | 25km:02:29:31 | 30km:03:00:06 | 35km:03:30:23 | 40km:04:01:13									
3058	3093	**GRZESZCZAK Wojciech**	STARA WIES		POL	1983	M40	988	04:17:55	04:14:07	2683
		5km:00:27:55 | 10km:00:54:56 | 15km: 01:21:53 | 20km:01:49:52 | 21km:01:55:48 | 25km:02:19:21 | 30km:02:52:31 | 35km:03:25:41 | 40km:04:01:25									
3059	6456	**BUCHAL Grzegorz**	ZERNICA	TriDivision	POL	1970	M50	311	04:20:24	04:14:09	2684
		5km:00:29:43 | 10km:00:59:10 | 15km: 01:29:04 | 20km:01:58:08 | 21km:02:04:27 | 25km:02:28:12 | 30km:02:57:59 | 35km:03:28:54 | 40km:04:00:48									
3060	15569	**WYDRA Mikołaj**	POZNAŃ		POL	1988	M30	916	04:18:05	04:14:13	2685
		5km:00:28:24 | 10km:00:56:26 | 15km: 01:24:41 | 20km:01:52:28 | 21km:01:58:32 | 25km:02:20:32 | 30km:02:50:52 | 35km:03:24:12 | 40km:03:59:14									
3061	14521	**WRÓBLEWSKI Tomasz**	ELBLĄG		POL	1980	M40	989	04:19:55	04:14:14	2686
		5km:00:29:06 | 10km:00:58:10 | 15km: 01:26:55 | 20km:01:55:36 | 21km:02:01:58 | 25km:02:24:47 | 30km:02:54:44 | 35km:03:25:30 | 40km:04:00:13									
3062	10036	**ZAWADA Bartosz**	PILAWA	Stopka Pilawa	POL	1994	M20	415	04:18:05	04:14:15	2687
		5km:00:28:46 | 10km:00:56:22 | 15km: 01:24:21 | 20km:01:52:30 | 21km:01:58:29 | 25km:02:20:20 | 30km:02:50:12 | 35km:03:23:14 | 40km:03:59:47									
3063	10050	**KUREK Andrzej**	DUCHNÓW		POL	1981	M40	990	04:18:27	04:14:16	2688
		5km:00:28:28 | 10km:00:56:02 | 15km: 01:23:59 | 20km:01:52:04 | 21km:01:58:07 | 25km:02:19:59 | 30km:02:47:45 | 35km:03:17:17 | 40km:03:57:14									
3064	4281	**GRYGLEWICZ Jan**	WARSZAWA		POL	1995	M20	416	04:16:32	04:14:17	2689
		5km:00:27:24 | 10km:00:54:45 | 15km: 01:21:51 | 20km:01:48:44 | 21km:01:54:41 | 25km:02:16:10 | 30km:02:46:05 | 35km:03:25:11 | 40km:04:00:42									
3065	12110	**PIEKARSKI Tomasz**	OSIE		POL	2005	M20	417	04:20:58	04:14:19	2690
		5km:00:29:57 | 10km:00:59:59 | 15km: 01:29:55 | 20km:02:00:04 | 21km:02:06:39 | 25km:02:30:11 | 30km:03:00:38 | 35km:03:31:06 | 40km:04:02:04									
3066	8328	**MADEJ Maciej**	WARSZAWA		POL	1975	M40	991	04:18:33	04:14:19	2690
		5km:00:30:03 | 10km:00:59:46 | 15km: 01:29:42 | 20km:01:59:22 | 21km:02:05:41 | 25km:02:29:00 | 30km:02:58:58 | 35km:03:29:06 | 40km:04:00:57									
3067	3515	**ŻYREK Konrad**	WARSZAWA		POL	1990	M30	917	04:19:34	04:14:20	2692
		5km:00:28:21 | 10km:00:57:01 | 15km: 01:25:15 | 20km:01:53:20 | 21km:01:59:23 | 25km:02:21:29 | 30km:02:51:06 | 35km:03:24:27 | 40km:04:00:52									
3068	10620	**OLCZAK Przemysław**	GŁOMFJORD		POL	1998	M20	418	04:19:19	04:14:22	2693
		5km:00:28:30 | 10km:00:56:36 | 15km: 01:24:22 | 20km:01:53:55 | 21km:01:59:55 | 25km:02:21:54 | 30km:02:50:42 | 35km:03:19:58 | 40km:03:58:22									
3069	7959	**CZARNOWSKI Bartosz**	FROMBORK		POL	1988	M30	918	04:21:34	04:14:24	2694
		5km:00:30:05 | 10km:00:59:49 | 15km: 01:29:25 | 20km:01:58:51 | 21km:02:05:12 | 25km:02:28:24 | 30km:02:58:10 | 35km:03:28:23 | 40km:04:01:45									
3070	7026	**SURMA Jakub**	ŚWIDNICA		POL	1988	M30	919	04:18:30	04:14:25	2695
		5km:00:28:38 | 10km:| 15km: 01:24:27 | 20km:01:52:46 | 21km:01:58:57 | 25km:02:22:07 | 30km:02:53:34 | 35km:03:25:59 | 40km:04:00:46									
3071	2630	**JERUSZKA Paweł**	CZĘSTOCHOWA		POL	1977	M40	992	04:17:07	04:14:26	2696
		5km:00:27:07 | 10km:00:54:20 | 15km: 01:21:22 | 20km:01:48:52 | 21km:01:54:56 | 25km:02:17:16 | 30km:02:47:11 | 35km:03:20:15 | 40km:03:58:40									
3072	7420	**ADAMOWICZ Karolina**	WARSZAWA		POL	1994	K20	56	04:20:50	04:14:26	376
		5km:00:30:34 | 10km:01:00:46 | 15km: 01:30:42 | 20km:02:00:57 | 21km:02:07:22 | 25km:02:31:11 | 30km:03:01:05 | 35km:03:30:57 | 40km:04:02:07									
3073	13512	**MAŚLONA Tomasz**	WARSZAWA		POL	1980	M40	993	04:22:32	04:14:27	2697
		5km:00:30:29 | 10km:00:59:37 | 15km: 01:27:52 | 20km:01:56:25 | 21km:02:02:32 | 25km:02:24:58 | 30km:02:55:00 | 35km:03:25:51 | 40km:03:59:52									
3074	3890	**TWARDOWSKI Grzegorz**	PRZEWORSK	BAU ART	POL	1976	M40	994	04:19:04	04:14:28	2698
		5km:00:28:25 | 10km:00:57:09 | 15km: 01:25:18 | 20km:01:53:28 | 21km:01:59:35 | 25km:02:21:47 | 30km:02:51:20 | 35km:03:23:15 | 40km:03:59:57									
3075	6840	**TEODOREK Marceli**	WARSZAWA	Orange Polska	POL	1982	M40	994	04:21:19	04:14:28	2698
		5km:00:29:31 | 10km:00:59:49 | 15km: 01:30:09 | 20km:01:59:57 | 21km:02:06:21 | 25km:02:29:38 | 30km:02:59:25 | 35km:03:29:09 | 40km:04:00:44									
3076	2756	**TARNOWSKI Łukasz**	WARSZAWA		POL	1980	M40	996	04:19:14	04:14:29	2700
		5km:00:27:11 | 10km:00:52:56 | 15km: 01:18:44 | 20km:01:46:53 | 21km:01:52:27 | 25km:02:13:36 | 30km:02:42:42 | 35km:03:17:18 | 40km:03:58:47									
3077	7496	**BALICKI Darek**	KĘDZIERZYN-KOŹLE	brak	POL	1970	M50	312	04:19:42	04:14:33	2701
		5km:00:27:59 | 10km:00:56:00 | 15km: 01:23:37 | 20km:01:51:32 | 21km:01:57:26 | 25km:02:18:58 | 30km:02:47:33 | 35km:03:18:52 | 40km:03:56:52									
3078	6959	**FORYT Marcin**	GRĄDY		POL	1982	M40	997	04:19:22	04:14:34	2702
		5km:00:28:19 | 10km:00:57:38 | 15km: 01:25:39 | 20km:01:53:50 | 21km:01:59:50 | 25km:02:22:04 | 30km:02:51:26 | 35km:03:22:42 | 40km:04:00:19									
3079	7005	**MAZUR Marcin**	KRAKÓW		POL	1993	M30	920	04:17:15	04:14:34	2702
		5km:00:26:23 | 10km:00:52:28 | 15km: 01:18:10 | 20km:01:43:50 | 21km:01:49:35 | 25km:02:11:41 | 30km:02:45:42 | 35km:03:18:33 | 40km:04:00:33									
3080	13010	**GRZEGORCZYK Patryk**	LUBLIN	Sii Running Team	POL	1992	M30	921	04:17:44	04:14:35	2704
		5km:00:27:02 | 10km:00:53:48 | 15km: 01:20:36 | 20km:01:47:12 | 21km:01:52:55 | 25km:02:14:03 | 30km:02:41:12 | 35km:03:09:29 | 40km:03:55:31									
3081	6741	**KOWALSKA Celina**	WROCŁAW		POL	1981	K40	150	04:21:22	04:14:35	377
		5km:00:29:50 | 10km:00:59:47 | 15km: 01:29:42 | 20km:01:59:38 | 21km:02:06:07 | 25km:02:29:35 | 30km:02:59:45 | 35km:03:29:53 | 40km:04:01:20									
3082	8367	**SZPYTMA Kacper**	WARSZAWA		POL	1998	M20	419	04:23:51	04:14:35	2704
		5km:00:29:46 | 10km:00:58:33 | 15km: 01:26:30 | 20km:01:54:17 | 21km:02:00:29 | 25km:02:22:52 | 30km:02:52:00 | 35km:03:22:39 | 40km:03:57:17									

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:08 | 10km:00:59:30 | 15km: 01:29:20 | 20km:01:59:31 | 21km:02:06:00 | 25km:02:30:20 | 30km:03:01:09 | 35km:03:31:02 | 40km:04:01:42									
3083	8376	**STANEK Andrzej**	ŁÓDŹ		POL	1994	M20	419	04:19:51	04:14:35	2704
		5km:00:32:44 | 10km:01:05:44 | 15km: 01:37:53 | 20km:02:10:24 | 21km:02:17:27 | 25km:02:42:26 | 30km:03:11:50 | 35km:03:39:08 | 40km:04:04:15									
3084	12504	**NOWAK Grzegorz**	KRAPKOWICE		POL	1999	M20	421	04:21:02	04:14:37	2707
		5km:00:25:09 | 10km:00:50:32 | 15km: 01:17:31 | 20km:01:43:18 | 21km:01:49:01 | 25km:02:11:13 | 30km:02:42:19 | 35km:03:19:18 | 40km:03:58:29									
3085	3848	**ŁAJDECKI Piotr**	WARSZAWA		POL	1981	M40	998	04:16:08	04:14:39	2708
		5km:00:28:54 | 10km:00:57:18 | 15km: 01:26:24 | 20km:01:55:01 | 21km:02:01:18 | 25km:02:25:29 | 30km:02:55:22 | 35km:03:29:12 | 40km:04:01:03									
3086	7244	**KĘDZIOREK Marcin**	KRAKÓW		POL	1987	M30	922	04:18:53	04:14:40	2709
		5km:00:28:49 | 10km:00:58:33 | 15km: 01:28:42 | 20km:01:58:11 | 21km:02:04:30 | 25km:02:28:00 | 30km:02:58:01 | 35km:03:28:32 | 40km:04:01:40									
3087	6757	**GERXHALIJA Enis**	PRISHTINA		KOS	2002	M20	422	04:19:45	04:14:41	2710
		5km:00:27:57 | 10km:00:56:02 | 15km: 01:24:03 | 20km:01:52:01 | 21km:01:58:03 | 25km:02:20:12 | 30km:02:49:22 | 35km:03:22:22 | 40km:04:01:30									
3088	2752	**SZARKOWSKI Jakub**	WARSZAWA	GDZIE JEST MOJA KIEŁBA?	POL	1992	M30	923	04:19:01	04:14:42	2711
		5km:00:28:50 | 10km:00:58:34 | 15km: 01:28:44 | 20km:01:58:15 | 21km:02:04:32 | 25km:02:28:00 | 30km:02:58:03 | 35km:03:28:34 | 40km:04:01:41									
3089	6758	**WORSLEY Hector**	LONDON		FRA	2002	M20	423	04:19:45	04:14:42	2711
		5km:00:29:44 | 10km:00:59:21 | 15km: 01:28:43 | 20km:01:59:48 | 21km:02:05:55 | 25km:02:28:35 | 30km:02:58:03 | 35km:03:29:26 | 40km:04:01:54									
3090	7229	**WÓJCIK Grażyna**	CELESTYNÓW		POL	1977	K40	151	04:20:26	04:14:46	378
		5km:00:29:38 | 10km:00:59:10 | 15km: 01:28:00 | 20km:01:57:53 | 21km:02:04:24 | 25km:02:28:04 | 30km:02:58:34 | 35km:03:28:23 | 40km:03:58:43									
3091	2516	**ŚWIERCZ Iwona**	WARSZAWA	Byledobiec Anin	POL	1969	K50	22	04:21:21	04:14:47	379
		5km:00:29:00 | 10km:00:58:19 | 15km: 01:27:17 | 20km:01:56:38 | 21km:02:03:05 | 25km:02:26:18 | 30km:02:56:35 | 35km:03:27:06 | 40km:04:00:46									
3092	10311	**KARCZEWSKI Jan**	HAJNÓWKA		POL	1963	M60	54	04:21:51	04:14:51	2713
		5km:00:29:02 | 10km:00:58:16 | 15km: 01:27:10 | 20km:01:56:18 | 21km:02:02:34 | 25km:02:24:49 | 30km:02:54:14 | 35km:03:25:17 | 40km:04:00:32									
3093	10065	**KATANA Roman**	GRÓJEC		POL	1961	M60	55	04:22:21	04:14:53	2714
		5km:00:24:32 | 10km:00:49:19 | 15km: 01:14:48 | 20km:01:40:52 | 21km:01:46:52 | 25km:02:10:16 | 30km:02:43:38 | 35km:03:19:22 | 40km:03:59:48									
3094	7563	**SZYMAŃSKI Tomasz**	IZDEBNO KOŚCIELNE		POL	1981	M40	999	04:16:05	04:14:53	2714
		5km:00:26:56 | 10km:00:54:06 | 15km: 01:21:20 | 20km:01:48:48 | 21km:01:55:03 | 25km:02:18:20 | 30km:02:49:53 | 35km:03:24:06 | 40km:04:00:58									
3095	10420	**PLISZKA Maciej**	GDAŃSK		POL	1987	M30	924	04:20:37	04:14:54	2716
		5km:00:29:42 | 10km:00:59:24 | 15km: 01:28:54 | 20km:01:58:30 | 21km:02:05:03 | 25km:02:28:36 | 30km:02:59:28 | 35km:03:31:50 | 40km:04:02:39									
3096	3537	**MISIAREK Michał**	KRAKÓW		POL	1989	M30	924	04:21:23	04:14:54	2716
		5km:00:29:19 | 10km:00:58:28 | 15km: 01:27:08 | 20km:01:56:18 | 21km:02:02:38 | 25km:02:25:45 | 30km:02:56:31 | 35km:03:28:44 | 40km:04:01:26									
3097	10306	**DOBROGOSZCZ Jakub**	ŁÓDŹ		POL	1998	M20	424	04:20:44	04:14:55	2718
		5km:00:29:30 | 10km:00:59:30 | 15km: 01:29:14 | 20km:01:59:15 | 21km:02:05:47 | 25km:02:29:25 | 30km:03:00:07 | 35km:03:30:24 | 40km:04:01:45									
3098	10560	**PAULAKOWSKI Sławomir**	SUWAŁKI		POL	1980	M40	1000	04:21:29	04:14:55	2718
		5km:00:27:56 | 10km:00:55:45 | 15km: 01:22:57 | 20km:01:50:22 | 21km:01:56:24 | 25km:02:18:08 | 30km:02:46:38 | 35km:03:18:49 | 40km:03:59:30									
3099	4353	**JANUS Marcin**	WIELUŃ	Wieluń Biega	POL	1990	M30	926	04:18:13	04:14:57	2720
		5km:00:28:56 | 10km:00:57:31 | 15km: 01:26:14 | 20km:01:55:02 | 21km:02:01:23 | 25km:02:24:21 | 30km:02:54:15 | 35km:03:25:15 | 40km:04:02:00									
3100	3544	**POWOLNY Dagmara**	JULIANÓW		POL	1972	K50	23	04:21:23	04:15:00	380
		5km:00:28:06 | 10km:00:55:20 | 15km: 01:22:33 | 20km:01:49:53 | 21km:01:55:50 | 25km:02:17:08 | 30km:02:45:35 | 35km:03:17:47 | 40km:03:57:29									
3101	10097	**WITEK Paweł**	KRAKÓW	GSS	POL	1998	M20	425	04:18:48	04:15:01	2721
		5km:00:26:44 | 10km:00:53:08 | 15km: 01:19:49 | 20km:01:47:04 | 21km:01:52:58 | 25km:02:14:25 | 30km:02:45:57 | 35km:03:20:35 | 40km:03:57:23									
3102	8470	**OSTAPIUK Jerzy**	KOMORÓW	AY KOMORÓW	POL	1970	M50	313	04:20:25	04:15:01	2721
		5km:00:28:23 | 10km:00:56:35 | 15km: 01:24:11 | 20km:01:52:17 | 21km:01:58:27 | 25km:02:20:28 | 30km:02:53:09 | 35km:03:26:25 | 40km:04:01:04									
3103	5184	**PODOŁOWSKI Rafał**	GARWOLIN		POL	1994	M20	426	04:19:24	04:15:02	2723
		5km:00:27:40 | 10km:00:56:19 | 15km: 01:25:56 | 20km:01:57:26 | 21km:02:03:45 | 25km:02:26:54 | 30km:02:57:52 | 35km:03:27:40 | 40km:04:00:09									
3104	7534	**MGŁOSIEK Grzegorz**	WARSZAWA		POL	1963	M60	56	04:19:20	04:15:02	2723
		5km:00:29:01 | 10km:00:57:25 | 15km: 01:26:01 | 20km:01:53:15 | 21km:01:59:15 | 25km:02:21:32 | 30km:02:52:22 | 35km:03:25:52 | 40km:04:00:44									
3105	2544	**GROCHOCKA Alicja**	WARSZAWA		POL	1991	K30	149	04:19:47	04:15:03	381
		5km:00:26:15 | 10km:00:56:20 | 15km: 01:24:07 | 20km:01:54:55 | 21km:02:01:07 | 25km:02:23:56 | 30km:02:55:22 | 35km:03:27:09 | 40km:04:00:54									
3106	3149	**BROWARSKI Mariusz**	POZNAŃ	RUN JP2	POL	1974	M40	1001	04:15:55	04:15:03	2725
		5km:00:30:08 | 10km:01:00:31 | 15km: 01:29:58 | 20km:01:59:48 | 21km:02:06:15 | 25km:02:29:24 | 30km:02:59:13 | 35km:03:28:52 | 40km:04:01:28									
3107	8464	**NYGAARD Tove**	AALESUND		NOR	1972	K50	24	04:21:10	04:15:03	381
		5km:00:29:27 | 10km:00:58:29 | 15km: 01:27:29 | 20km:01:56:12 | 21km:02:02:27 | 25km:02:25:11 | 30km:02:54:09 | 35km:03:24:33 | 40km:04:00:19									
3108	4589	**STREMPLEWSKI Piotr**	LEGIONOWO	RCI Warszawa	POL	1983	M40	1002	04:21:38	04:15:04	2726
		5km:00:28:37 | 10km:00:57:44 | 15km: 01:26:54 | 20km:01:57:00 | 21km:02:03:40 | 25km:02:27:39 | 30km:02:59:13 | 35km:03:30:47 | 40km:04:01:58									
3109	2003	**JANKOWSKI Michał**	WARSZAWA		POL	1990	M30	927	04:20:48	04:15:06	2727
		5km:00:26:29 | 10km:00:53:00 | 15km: 01:19:27 | 20km:01:45:43 | 21km:01:51:30 | 25km:02:12:21 | 30km:02:42:15 | 35km:03:17:21 | 40km:03:59:20									
3110	5292	**SKALSKI Piotr**	WARSZAWA	NST SPORT	POL	1967	M50	314	04:20:19	04:15:07	2728
		5km:00:25:53 | 10km:00:52:52 | 15km: 01:19:08 | 20km:01:45:48 | 21km:01:51:37 | 25km:02:13:03 | 30km:02:42:57 | 35km:03:19:22 | 40km:03:57:34									
3111	6176	**PIEKARSKI Andrzej**	GRODZISK MAZOWIECKI		POL	1980	M40	1003	04:17:39	04:15:10	2729
		5km:00:24:09 | 10km:00:49:05 | 15km: 01:14:40 | 20km:01:41:19 | 21km:01:47:28 | 25km:02:10:36 | 30km:02:42:30 | 35km:03:18:28 | 40km:04:00:04									
3112	6015	**POTRZEBOWSKI Dominik**	MARKI	Markowi Biegacze	POL	1981	M40	1004	04:20:17	04:15:11	2730
		5km:00:28:21 | 10km:00:56:54 | 15km: 01:25:19 | 20km:01:54:49 | 21km:02:01:06 | 25km:02:26:16 | 30km:02:57:08 | 35km:03:28:42 | 40km:04:01:18									
3113	6290	**MAROSZ Maciej**	WARSZAWA		POL	1972	M50	315	04:16:50	04:15:11	2730
		5km:00:30:54 | 10km:01:01:27 | 15km: 01:31:30 | 20km:02:01:10 | 21km:02:07:30 | 25km:02:30:43 | 30km:02:59:46 | 35km:03:29:30 | 40km:04:01:29									
3114	8456	**MORAWSKA Agnieszka**	BIAŁYSTOK		POL	1979	K40	152	04:16:07	04:15:11	383
		5km:00:29:00 | 10km:00:57:55 | 15km: 01:26:46 | 20km:01:56:14 | 21km:02:02:35 | 25km:02:25:55 | 30km:02:56:46 | 35km:03:28:22 | 40km:04:02:10									
3115	2280	**SIEMIENIUK Andrzej**	BIAŁYSTOK		POL	1983	M40	1005	04:23:18	04:15:12	2732
		5km:00:28:57 | 10km:00:57:30 | 15km: 01:26:27 | 20km:01:55:43 | 21km:02:02:10 | 25km:02:26:16 | 30km:02:56:33 | 35km:03:27:03 | 40km:04:01:23									
3116	6509	**STRUNKYS Mykyta**	WARSZAWA		UKR	1993	M30	928	04:21:07	04:15:13	2733
		5km:00:28:36 | 10km:00:57:20 | 15km: 01:25:46 | 20km:01:54:45 | 21km:02:01:06 | 25km:02:24:35 | 30km:02:56:32 | 35km:03:28:25 | 40km:04:01:43									
3117	12013	**BORKOWSKA Agnieszka**	BIAŁA PODLASKA	PSI FRYZ TEAM	POL	1985	K30	150	04:21:07	04:15:15	384
		5km:00:28:44 | 10km:00:57:08 | 15km: 01:25:47 | 20km:01:54:33 | 21km:02:00:38 | 25km:02:23:36 | 30km:02:53:42 | 35km:03:25:37 | 40km:04:01:47									
3118	7851	**GRABOWICZ Mirosław**	SOKÓŁKA	Sokólska Grupa Biegowa	POL	1962	M60	57	04:20:31	04:15:15	2734
		5km:00:28:38 | 10km:00:56:29 | 15km: 01:24:01 | 20km:01:51:50 | 21km:01:57:53 | 25km:02:19:52 | 30km:02:50:17 | 35km:03:23:41 | 40km:04:00:25									
3119	8389	**BUDZIŃSKI Krzysztof**	OPOLE		POL	1968	M50	316	04:18:56	04:15:16	2735
		5km:00:28:09 | 10km:00:55:48 | 15km: 01:23:27 | 20km:01:51:55 | 21km:01:58:06 | 25km:02:20:53 | 30km:02:51:10 | 35km:03:25:17 | 40km:04:02:13									
3120	2491	**WALIGÓRSKI Tomasz**	GDYNIA		POL	1972	M50	317	04:18:44	04:15:21	2736
		5km:00:28:19 | 10km:00:56:17 | 15km: 01:23:55 | 20km:01:51:51 | 21km:01:58:00 | 25km:02:20:12 | 30km:02:49:56 | 35km:03:21:00 | 40km:04:00:29									
3121	10161	**USIK Daniel**	GDAŃSK	LPP TEAM	POL	1993	M30	929	04:20:16	04:15:24	2737
		5km:00:27:43 | 10km:00:55:43 | 15km: 01:23:09 | 20km:01:51:10 | 21km:01:57:06 | 25km:02:19:19 | 30km:02:50:10 | 35km:03:21:59 | 40km:04:01:24									
3122	6420	**DZIĘGIELOWSKI Grzegorz**	KOBYŁKA	Zabiegany Wołomin	POL	1981	M40	1006	04:20:33	04:15:27	2738
		5km:00:28:41 | 10km:00:57:30 | 15km: 01:26:09 | 20km:01:55:00 | 21km:02:01:15 | 25km:02:24:40 | 30km:02:54:57 | 35km:03:25:56 | 40km:04:01:04									
3123	10584	**SIELECKA Gabriela**	ŁÓDŹ	ORT	POL	1982	K40	153	04:19:25	04:15:28	385
		5km:00:27:49 | 10km:00:55:49 | 15km: 01:23:19 | 20km:01:51:22 | 21km:01:57:29 | 25km:02:19:25 | 30km:02:49:45 | 35km:03:23:37 | 40km:04:00:48									
3124	10103	**ŻELAZNA Iwona**	WARSZAWA		POL	1986	K30	151	04:22:13	04:15:29	386
		5km:00:26:21 | 10km:00:52:45 | 15km: 01:19:17 | 20km:01:45:39 | 21km:01:51:24 | 25km:02:12:44 | 30km:02:44:16 | 35km:03:18:35 | 40km:04:00:30									
3125	14024	**GÓRNIK Krzysztof**	RADOMSKO	KBKS Radomsko	POL	1979	M40	1007	04:18:17	04:15:30	2739
		5km:00:29:47 | 10km:00:59:55 | 15km: 01:29:50 | 20km:01:59:57 | 21km:02:06:33 | 25km:02:30:01 | 30km:03:00:46 | 35km:03:31:11 | 40km:04:02:10									
3126	3675	**STUPKA Grzegorz**	WARSZAWA	KS Amator	POL	1974	M40	1008	04:22:14	04:15:32	2740
		5km:00:28:41 | 10km:00:57:30 | 15km: 01:26:09 | 20km:01:55:00 | 21km:02:01:15 | 25km:02:24:40 | 30km:02:54:57 | 35km:03:25:56 | 40km:04:01:04									
3127	5319	**BOHDZIEWICZ Małgorzata**	WARSZAWA		POL	1999	K20	57	04:22:40	04:15:32	387
		5km:00:27:54 | 10km:00:55:30 | 15km: 01:22:39 | 20km:01:49:57 | 21km:01:55:56 | 25km:02:17:36 | 30km:02:54:45 | 35km:03:27:30 | 40km:04:02:24									
3128	10022	**SEIFERT Daniel**	ZIELONA GORA		POL	1987	M30	930	04:19:01	04:15:33	2741

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:50 | 10km:00:54:37 | 15km: 01:19:56 | 20km:01:45:40 | 21km:01:51:25 | 25km:02:12:17 | 30km:02:41:41 | 35km:03:14:26 | 40km:03:56:19									
3129	12074	**ZDANOWSKI Patryk**	WARSZAWA		POL	1999	M20	427	04:19:51	04:15:33	2741
		5km:00:29:51 | 10km:00:59:26 | 15km: 01:28:44 | 20km:01:58:04 | 21km:02:04:25 | 25km:02:27:41 | 30km:02:57:01 | 35km:03:27:06 | 40km:04:00:43									
3130	4091	**BOCHENEK Marcin**	OSIEK		POL	1980	M40	1009	04:17:51	04:15:33	2741
		5km:00:27:46 | 10km:00:56:15 | 15km: 01:24:15 | 20km:01:52:04 | 21km:01:57:56 | 25km:02:20:24 | 30km:02:52:37 | 35km:03:27:29 | 40km:04:02:04									
3131	2782	**ANDRAU Anatoli**	WARSZAWA	tri.by		1977	M40	1010	04:20:22	04:15:34	2744
		5km:00:27:46 | 10km:00:55:28 | 15km: 01:22:20 | 20km:01:50:03 | 21km:01:55:58 | 25km:02:18:46 | 30km:02:49:27 | 35km:03:27:19 | 40km:04:02:02									
3132	14530	**GUMUŁA Jakub**	WARSZAWA	KSZO Ostrowiec	POL	1991	M30	931	04:22:20	04:15:36	2745
		5km:00:30:26 | 10km:01:00:05 | 15km: 01:29:15 | 20km:01:58:36 | 21km:02:04:49 | 25km:02:30:14 | 30km:02:59:47 | 35km:03:30:27 | 40km:04:02:17									
3133	5216	**ADAMKOWSKA Barbara**	WŁOCŁAWEK		POL	1975	K40	154	04:22:58	04:15:36	388
		5km:00:29:39 | 10km:00:58:41 | 15km: 01:27:56 | 20km:01:57:20 | 21km:02:03:46 | 25km:02:27:02 | 30km:02:56:40 | 35km:03:26:13 | 40km:04:02:44									
3134	7321	**ESCHENHORN Fabian**	MÜNCHEN		GER	1986	M30	932	04:21:56	04:15:37	2746
		5km:00:26:30 | 10km:00:53:09 | 15km: 01:19:31 | 20km:01:46:17 | 21km:01:52:16 | 25km:02:14:07 | 30km:02:43:29 | 35km:03:14:03 | 40km:04:02:25									
3135	10633	**JONCZAK Radosław**	PŁOCK	Aktywnie Uzależniamy	POL	1973	M50	318	04:18:24	04:15:38	2747
		5km:00:30:22 | 10km:01:00:21 | 15km: 01:30:30 | 20km:01:59:32 | 21km:02:05:52 | 25km:02:28:27 | 30km:02:57:40 | 35km:03:27:56 | 40km:04:02:20									
3136	3299	**KRAWCZYK Kamil**	BEŁCHATÓW		POL	1992	M30	933	04:23:01	04:15:38	2747
		5km:00:28:24 | 10km:00:56:35 | 15km: 01:24:15 | 20km:01:52:21 | 21km:01:58:30 | 25km:02:20:36 | 30km:02:52:31 | 35km:03:25:45 | 40km:04:02:18									
3137	3440	**DELA Żaneta**	WARSZAWA	Adidas Runners Warsaw	POL	1992	K30	152	04:19:56	04:15:38	389
		5km:00:29:57 | 10km:01:00:00 | 15km: 01:29:51 | 20km:02:00:06 | 21km:02:06:44 | 25km:02:30:10 | 30km:03:00:47 | 35km:03:31:20 | 40km:04:02:17									
3138	16009	**SZWEYCER Maria**	WARSZAWA		POL	2002	K20	58	04:22:12	04:15:39	390
		5km:00:28:12 | 10km:00:56:38 | 15km: 01:25:24 | 20km:01:54:56 | 21km:02:01:08 | 25km:02:25:24 | 30km:02:57:09 | 35km:03:28:33 | 40km:04:02:48									
3139	7456	**ROMBALSKA Klaudia**	USTKA		POL	1990	K30	153	04:20:25	04:15:39	390
		5km:00:26:11 | 10km:00:54:19 | 15km: 01:21:18 | 20km:01:49:24 | 21km:01:55:31 | 25km:02:18:06 | 30km:02:48:31 | 35km:03:22:41 | 40km:04:01:39									
3140	4283	**PYSAREVSKYI Andrii**	WARSZAWA		UKR	2004	M20	428	04:22:26	04:15:41	2749
		5km:00:26:30 | 10km:00:53:08 | 15km: 01:19:29 | 20km:01:45:44 | 21km:01:51:31 | 25km:02:12:44 | 30km:02:46:30 | 35km:03:20:51 | 40km:04:02:14									
3141	2825	**ZAREMBA Kacper**	WARSZAWA		POL	1986	M30	934	04:18:13	04:15:43	2750
		5km:00:28:00 | 10km:00:55:19 | 15km: 01:23:36 | 20km:01:52:40 | 21km:01:58:49 | 25km:02:22:34 | 30km:02:54:17 | 35km:03:26:19 | 40km:04:01:41									
3142	3316	**GRACA Adriana**	WARSZAWA		POL	1991	K30	154	04:20:03	04:15:43	392
		5km:00:26:52 | 10km:00:53:55 | 15km: 01:20:55 | 20km:01:48:18 | 21km:01:54:32 | 25km:02:19:50 | 30km:02:51:36 | 35km:03:25:31 | 40km:04:00:44									
3143	4661	**MAREL Yves**	WARSZAWA		FRA	1964	M50	319	04:22:18	04:15:43	2750
		5km:00:28:33 | 10km:00:57:09 | 15km: 01:25:44 | 20km:01:54:29 | 21km:02:00:49 | 25km:02:24:23 | 30km:02:55:25 | 35km:03:27:53 | 40km:04:01:55									
3144	10650	**CZEMERYS Małgorzata**	PIOTROWICE MAŁE	Nauczycielka w biegu	POL	1984	K30	155	04:20:14	04:15:44	393
		5km:00:29:45 | 10km:00:58:42 | 15km: 01:28:00 | 20km:01:58:01 | 21km:02:03:48 | 25km:02:27:16 | 30km:02:56:45 | 35km:03:26:01 | 40km:03:59:53									
3145	15521	**BUBAŁA Marek**	WARSZAWA		POL	1983	M40	1011	04:22:02	04:15:44	2752
		5km:00:28:02 | 10km:00:56:03 | 15km: 01:23:37 | 20km:01:51:58 | 21km:01:58:09 | 25km:02:20:34 | 30km:02:50:53 | 35km:03:25:00 | 40km:04:03:22									
3146	3207	**LEWANDOWSKI Michał**	IZABELIN C	Izabelin na Start	POL	1991	M30	935	04:20:28	04:15:44	2752
		5km:00:27:51 | 10km:00:56:15 | 15km: 01:24:28 | 20km:01:52:07 | 21km:01:58:09 | 25km:02:20:38 | 30km:02:51:59 | 35km:03:25:13 | 40km:04:01:49									
3147	7666	**CHUDIO Marcin**	WARSZAWA	UKNF biega	POL	1989	M30	935	04:20:48	04:15:44	2752
		5km:00:29:31 | 10km:00:58:55 | 15km: 01:28:20 | 20km:01:58:00 | 21km:02:04:14 | 25km:02:27:02 | 30km:02:56:05 | 35km:03:26:13 | 40km:04:00:49									
3148	6551	**LEFIEVRE Xavier**	WARSZAWA		FRA	1971	M50	320	04:21:13	04:15:51	2755
		5km:00:26:49 | 10km:00:54:27 | 15km: 01:21:35 | 20km:01:49:01 | 21km:01:54:51 | 25km:02:16:41 | 30km:02:45:42 | 35km:03:18:57 | 40km:03:58:44									
3149	2683	**PIETRASZ Nicolas**	WARSZAWA		POL	1987	M30	937	04:19:49	04:15:53	2756
		5km:00:29:39 | 10km:01:00:13 | 15km: 01:29:40 | 20km:01:59:51 | 21km:02:06:22 | 25km:02:30:25 | 30km:03:00:31 | 35km:03:30:29 | 40km:04:02:13									
3150	2564	**SŁAWSKI Marek**	ROGÓW	Klub Biegających Leśników/SGGW	POL	1964	M50	321	04:22:48	04:15:55	2757
		5km:00:27:24 | 10km:00:54:47 | 15km: 01:22:09 | 20km:01:50:30 | 21km:01:56:43 | 25km:02:20:56 | 30km:02:52:15 | 35km:03:27:01 | 40km:04:02:37									
3151	6400	**KOWALSKI Krzysztof**	KRUSZYN KRAJEŃSKI	OCELOTY Kruszyn Krajeński	POL	1980	M40	1012	04:19:08	04:15:56	2758
		5km:00:27:59 | 10km:00:55:47 | 15km: 01:24:03 | 20km:01:51:47 | 21km:01:57:45 | 25km:02:19:16 | 30km:02:47:02 | 35km:03:16:12 | 40km:03:59:44									
3152	6017	**BOCHNAK Paweł**	WROCŁAW		POL	1988	M30	938	04:19:28	04:15:57	2759
		5km:00:28:24 | 10km:00:56:48 | 15km: 01:25:28 | 20km:01:54:33 | 21km:02:00:55 | 25km:02:24:03 | 30km:02:55:13 | 35km:03:27:06 | 40km:04:01:45									
3153	7361	**WILGAT Adam**	ZĄBKI	NBRC / Warsaw Run Club	POL	1971	M50	322	04:20:33	04:15:57	2759
		5km:00:27:04 | 10km:00:54:21 | 15km: 01:21:38 | 20km:01:48:50 | 21km:01:54:48 | 25km:02:16:52 | 30km:02:45:07 | 35km:03:15:19 | 40km:03:57:42									
3154	3620	**BUCZKOWSKI Piotr**	WARSZAWA		POL	1976	M40	1013	04:19:43	04:15:58	2761
		5km:00:29:26 | 10km:00:58:36 | 15km: 01:27:53 | 20km:01:57:25 | 21km:02:03:50 | 25km:02:27:12 | 30km:02:57:26 | 35km:03:28:16 | 40km:04:02:09									
3155	4573	**BIELIŃSKA Monika**	LUBLIN	SII Running Team	POL	1985	K30	156	04:22:30	04:16:02	394
		5km:00:29:46 | 10km:00:59:50 | 15km: 01:29:49 | 20km:01:59:57 | 21km:02:06:32 | 25km:02:29:59 | 30km:03:00:46 | 35km:03:31:33 | 40km:04:02:53									
3156	3459	**SZLENDAK Leszek**	OŻARÓW MAZOWIECKI		POL	1978	M40	1014	04:22:48	04:16:04	2762
		5km:00:29:27 | 10km:00:58:38 | 15km: 01:27:52 | 20km:01:57:21 | 21km:02:03:55 | 25km:02:27:12 | 30km:02:57:23 | 35km:03:28:17 | 40km:04:02:09									
3157	5213	**NAGOT Tomasz**	WARSZAWA	Kuguar Xtreme Runners	POL	1982	M40	1014	04:22:32	04:16:04	2762
		5km:00:30:06 | 10km:01:00:13 | 15km: 01:30:06 | 20km:02:00:01 | 21km:02:06:22 | 25km:02:29:41 | 30km:02:59:15 | 35km:03:29:35 | 40km:04:02:24									
3158	6031	**ROSIKOŃ Tomasz**	WARSZAWA		POL	1979	M40	1014	04:22:54	04:16:04	2762
		5km:00:30:08 | 10km:01:00:45 | 15km: 01:31:01 | 20km:02:01:27 | 21km:02:07:59 | 25km:02:31:33 | 30km:03:02:10 | 35km:03:32:58 | 40km:04:03:35									
3159	10340	**KANIA Arkadiusz**	SIEDLCE		POL	1980	M40	1017	04:22:57	04:16:06	2765
		5km:00:30:11 | 10km:01:00:18 | 15km: 01:29:46 | 20km:01:59:04 | 21km:02:05:32 | 25km:02:28:54 | 30km:02:59:07 | 35km:03:29:46 | 40km:04:02:26									
3160	3326	**SZNAJDER Michał**	WARSZAWA		POL	1983	M40	1017	04:23:31	04:16:06	2765
		5km:00:28:20 | 10km:00:56:18 | 15km: 01:23:56 | 20km:01:52:00 | 21km:01:58:00 | 25km:02:20:12 | 30km:02:49:10 | 35km:03:24:40 | 40km:04:02:35									
3161	8481	**SZEWCZYK Albert**	KONSTANCIN-JEZIORNA		POL	1966	M50	323	04:21:58	04:16:07	2767
		5km:00:28:24 | 10km:00:56:53 | 15km: 01:24:43 | 20km:01:53:03 | 21km:01:59:09 | 25km:02:21:28 | 30km:02:49:52 | 35km:03:18:53 | 40km:04:01:22									
3162	2259	**KOWALSKI Roman**	SZCZECIN		POL	1974	M40	1019	04:17:18	04:16:08	2768
		5km:00:24:55 | 10km:00:51:14 | 15km: 01:18:42 | 20km:01:47:40 | 21km:01:54:11 | 25km:02:18:49 | 30km:02:51:14 | 35km:03:25:37 | 40km:04:01:39									
3163	3084	**CIESZYŃSKI Łukasz**	SZCZECIN	Parkrun Szczecin	POL	1983	M40	1020	04:18:10	04:16:10	2769
		5km:00:28:03 | 10km:00:56:27 | 15km: 01:24:30 | 20km:01:53:45 | 21km:02:00:04 | 25km:02:22:51 | 30km:02:52:17 | 35km:03:24:18 | 40km:04:01:16									
3164	3920	**NOWAK Marcin**	STASZÓW		POL	1992	M30	939	04:19:49	04:16:11	2770
		5km:00:29:03 | 10km:00:57:37 | 15km: 01:25:26 | 20km:01:53:25 | 21km:01:59:28 | 25km:02:21:42 | 30km:02:51:17 | 35km:03:24:24 | 40km:04:00:51									
3165	10002	**CZERWIŃSKA Beata**	WARSZAWA		POL	1983	K40	155	04:21:08	04:16:12	395
		5km:00:26:59 | 10km:00:54:24 | 15km: 01:22:05 | 20km:01:50:41 | 21km:01:56:52 | 25km:02:20:06 | 30km:02:52:21 | 35km:03:27:50 | 40km:04:04:27									
3166	3388	**STRONA Jacek**	SŁOMNIKI		POL	1962	M60	58	04:22:54	04:16:12	2771
		5km:00:29:23 | 10km:00:58:55 | 15km: 01:27:50 | 20km:01:57:10 | 21km:02:03:32 | 25km:02:26:50 | 30km:02:56:31 | 35km:03:26:16 | 40km:04:00:53									
3167	10310	**ŁUCZAK Sebastian**	ŁÓDŹ	RRD RUNNERS	POL	1977	M40	1021	04:18:12	04:16:14	2772
		5km:00:27:32 | 10km:00:54:53 | 15km: 01:22:16 | 20km:01:50:00 | 21km:01:55:56 | 25km:02:17:50 | 30km:02:47:15 | 35km:03:19:01 | 40km:03:57:50									
3168	15573	**KUŹMIŃSKI Sebastian**	WARSZAWA		POL	1997	M20	429	04:20:49	04:16:14	2772
		5km:00:28:11 | 10km:00:56:21 | 15km: 01:23:51 | 20km:01:51:39 | 21km:01:57:40 | 25km:02:19:26 | 30km:02:49:52 | 35km:03:23:43 | 40km:04:01:42									
3169	7243	**KACPURA Paweł**	PRUSZKÓW		POL	1976	M40	1021	04:16:57	04:16:14	2772
		5km:00:23:35 | 10km:00:47:28 | 15km: 01:12:24 | 20km:01:38:07 | 21km:01:43:49 | 25km:02:05:29 | 30km:02:35:36 | 35km:03:14:37 | 40km:04:00:24									
3170	7559	**SOLEWSKI Łukasz**	NOWY SĄCZ		POL	1985	M30	940	04:25:51	04:16:16	2775
		5km:00:27:44 | 10km:00:55:54 | 15km: 01:24:49 | 20km:01:54:37 | 21km:02:00:57 | 25km:02:24:44 | 30km:02:54:10 | 35km:03:25:01 | 40km:04:01:46									
3171	3714	**GŁASZCZ Mariusz**	KOBYLNICA	Jaśmin Team	POL	1978	M40	1023	04:19:33	04:16:18	2776
		5km:00:25:58 | 10km:00:52:13 | 15km: 01:19:15 | 20km:01:46:43 | 21km:01:52:48 | 25km:02:15:50 | 30km:02:48:11 | 35km:03:23:22 | 40km:04:00:33									
3172	2855	**WINKLER Konrad**	OPOLE		POL	1994	M20	430	04:19:42	04:16:19	2777
		5km:00:28:20 | 10km:00:55:27 | 15km: 01:22:54 | 20km:01:50:03 | 21km:01:55:59 | 25km:02:17:37 | 30km:02:47:09 | 35km:03:19:50 | 40km:04:00:49									
3173	5027	**GOLACHOWSKI Jan**	WARSZAWA		POL	1994	M20	430	04:18:50	04:16:19	2777
		5km:00:28:20 | 10km:00:56:18 | 15km: 01:23:56 | 20km:01:52:00 | 21km:01:58:00 | 25km:02:20:12 | 30km:02:49:10 | 35km:03:24:40 | 40km:04:02:35									
3174	10136	**KIEŁBASIEWICZ Bartosz**	TORUŃ	LPP TEAM	POL	1992	M30	941	04:21:13	04:16:21	2779

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:24:45 | 10km:00:49:53 | 15km: 01:15:54 | 20km:01:45:35 | 21km:01:51:44 | 25km:02:16:13 | 30km:02:49:26 | 35km:03:22:45 | 40km:04:01:43									
3175	10208	**DAWIDZIAK Wojciech**	OLEŚNICA		POL	1990	M30	941	04:18:09	04:16:21	2779
		5km:00:31:37 | 10km:01:03:42 | 15km: 01:33:40 | 20km:02:03:49 | 21km:02:10:16 | 25km:02:34:13 | 30km:03:04:37 | 35km:03:34:34 | 40km:04:04:04									
3176	2377	**NIEWCZAS Andrzej**	KIELCE		POL	1978	M40	1024	04:24:26	04:16:23	2781
		5km:00:26:47 | 10km:00:53:56 | 15km: 01:22:20 | 20km:01:51:35 | 21km:01:57:43 | 25km:02:22:54 | 30km:02:55:17 | 35km:03:25:52 | 40km:04:03:09									
3177	2204	**KULMA Daniel**	ŚWIĄTNIKI		POL	1978	M40	1025	04:19:34	04:16:25	2782
		5km:00:28:11 | 10km:00:55:30 | 15km: 01:22:50 | 20km:01:50:50 | 21km:01:56:59 | 25km:02:20:02 | 30km:02:52:03 | 35km:03:25:34 | 40km:04:01:59									
3178	2444	**BOTONDI Matteo**	TERNI	#ILOVERUN ATHLETIC TERNI	ITA	1980	M40	1026	04:20:28	04:16:26	2783
		5km:00:27:40 | 10km:00:54:47 | 15km: 01:21:51 | 20km:01:49:49 | 21km:01:55:58 | 25km:02:18:25 | 30km:02:51:14 | 35km:03:24:03 | 40km:04:01:52									
3179	6582	**JASIONOWSKA Sara**	LONDON		POL	1995	K20	59	04:18:47	04:16:29	396
		5km:00:27:59 | 10km:00:55:42 | 15km: 01:23:10 | 20km:01:51:09 | 21km:01:57:18 | 25km:02:19:36 | 30km:02:50:37 | 35km:03:24:19 | 40km:04:01:28									
3180	6022	**WALEWSKI Andrzej**	WARSZAWA		POL	1983	M40	1027	04:22:14	04:16:30	2784
		5km:00:28:49 | 10km:00:56:21 | 15km: 01:23:20 | 20km:01:50:49 | 21km:01:56:50 | 25km:02:18:44 | 30km:02:48:06 | 35km:03:22:34 | 40km:04:03:08									
3181	7680	**MAJGIER Wojciech**	KRAKÓW		POL	2000	M20	432	04:20:22	04:16:33	2785
		5km:00:27:20 | 10km:00:55:07 | 15km: 01:22:59 | 20km:01:51:46 | 21km:01:57:58 | 25km:02:22:01 | 30km:02:53:05 | 35km:03:27:10 | 40km:04:02:55									
3182	8217	**ALTARAVICIUS Aurelijus**	TAURAG?S R.		LTU	1983	M40	1028	04:19:50	04:16:33	2785
		5km:00:29:56 | 10km:01:00:33 | 15km: 01:30:29 | 20km:02:01:11 | 21km:02:07:47 | 25km:02:31:49 | 30km:03:02:14 | 35km:03:32:31 | 40km:04:04:00									
3183	6740	**KAMIŃSKI Maciej**	ZALESIE GÓRNE		POL	1988	M30	943	04:23:39	04:16:34	2787
		5km:00:30:49 | 10km:01:02:38 | 15km: 01:33:49 | 20km:02:06:02 | 21km:02:12:14 | 25km:02:34:35 | 30km:03:02:32 | 35km:03:30:52 | 40km:04:03:19									
3184	7362	**ZIĘBA Witold**	ROPCZYCE	ZiębaTeam	POL	1971	M50	324	04:23:30	04:16:34	2787
		5km:00:28:46 | 10km:00:57:45 | 15km: 01:26:49 | 20km:01:55:54 | 21km:02:02:08 | 25km:02:25:09 | 30km:02:55:23 | 35km:03:26:49 | 40km:04:02:55									
3185	8398	**KAWSZYN Arleta**	GRODZISK MAZOWIECKI		POL	1981	K40	156	04:22:09	04:16:34	397
		5km:00:26:27 | 10km:00:52:56 | 15km: 01:19:33 | 20km:01:46:06 | 21km:01:51:50 | 25km:02:14:32 | 30km:02:46:42 | 35km:03:23:31 | 40km:04:02:26									
3186	4675	**KWAŚNIAK Łukasz**	GODZISZ	NA SKRAJU BIEGANIA	POL	1987	M30	944	04:20:53	04:16:36	2789
		5km:00:31:19 | 10km:01:02:39 | 15km: 01:29:50 | 20km:01:56:38 | 21km:02:02:28 | 25km:02:24:22 | 30km:02:53:22 | 35km:03:25:04 | 40km:04:00:01									
3187	7931	**AHN Akira**	WARSZAWA		KOR	1980	M40	1029	04:25:08	04:16:36	2789
		5km:00:32:29 | 10km:01:02:08 | 15km: 01:28:14 | 20km:01:54:58 | 21km:02:00:55 | 25km:02:24:02 | 30km:02:54:00 | 35km:03:27:20 | 40km:04:03:25									
3188	14526	**ŁAWICKI Marcin**	WŁOCŁAWEK		POL	1986	M30	945	04:21:54	04:16:37	2791
		5km:00:28:24 | 10km:00:56:51 | 15km: 01:25:38 | 20km:01:56:32 | 21km:02:02:57 | 25km:02:26:44 | 30km:02:55:06 | 35km:03:25:14 | 40km:04:02:15									
3189	14527	**SOLAK Piotr**	CHEŁM		POL	1991	M30	945	04:22:09	04:16:37	2791
		5km:00:28:28 | 10km:00:56:31 | 15km: 01:24:12 | 20km:01:52:10 | 21km:01:58:17 | 25km:02:20:21 | 30km:02:48:43 | 35km:03:22:24 | 40km:04:00:38									
3190	6051	**SIBIGA Dariusz**	WARSZAWA	Szelest Sadyba	POL	1964	M50	325	04:21:12	04:16:39	2793
		5km:00:30:11 | 10km:01:00:10 | 15km: 01:30:07 | 20km:02:00:39 | 21km:02:07:06 | 25km:02:30:45 | 30km:03:00:53 | 35km:03:31:48 | 40km:04:03:35									
3191	4651	**MIESZKOWSKI Maciej**	DZIEKANÓW LEŚNY	NBRC Warszawa	POL	1967	M50	326	04:26:34	04:16:40	2794
		5km:00:29:50 | 10km:00:59:40 | 15km: 01:29:11 | 20km:01:58:30 | 21km:02:04:51 | 25km:02:28:09 | 30km:02:57:34 | 35km:03:27:24 | 40km:04:02:38									
3192	8419	**MRÓZ Konrad**	WARSZAWA	PGE Energetic Running	POL	1978	M40	1030	04:21:42	04:16:40	2794
		5km:00:30:04 | 10km:00:59:48 | 15km: 01:29:12 | 20km:01:58:11 | 21km:02:04:27 | 25km:02:26:50 | 30km:02:56:31 | 35km:03:27:43 | 40km:04:02:39									
3193	4634	**KIRYLUK Piotr**	WARSZAWA		POL	1969	M50	327	04:23:24	04:16:41	2796
		5km:00:31:20 | 10km:01:02:46 | 15km: 01:33:25 | 20km:02:03:28 | 21km:02:09:52 | 25km:02:32:27 | 30km:03:01:26 | 35km:03:30:35 | 40km:04:02:26									
3194	10012	**JOKIEL Adam**	PRUSZKÓW		POL	1980	M40	1031	04:23:11	04:16:43	2797
		5km:00:31:02 | 10km:01:01:22 | 15km: 01:31:08 | 20km:02:01:24 | 21km:02:07:57 | 25km:02:31:41 | 30km:03:01:36 | 35km:03:31:16 | 40km:04:03:11									
3195	10501	**KARCZEWSKA Agnieszka**	DZIEWULE	Zbucki Ruch	POL	1979	K40	157	04:23:28	04:16:43	398
		5km:00:28:50 | 10km:00:57:03 | 15km: 01:24:37 | 20km:01:52:32 | 21km:01:58:32 | 25km:02:20:18 | 30km:02:49:02 | 35km:03:24:58 | 40km:04:03:37									
3196	6559	**KAMIANKOU Uladzimir**	WARSZAWA			1996	M20	433	04:20:48	04:16:44	2798
		5km:00:28:43 | 10km:00:56:58 | 15km: 01:24:38 | 20km:01:52:40 | 21km:01:58:53 | 25km:02:21:00 | 30km:02:49:09 | 35km:03:18:29 | 40km:03:59:00									
3197	5257	**GÓRNIK Antoni**	WARSZAWA		POL	1975	M40	1032	04:22:53	04:16:45	2799
		5km:00:30:08 | 10km:00:59:42 | 15km: 01:28:31 | 20km:01:58:29 | 21km:02:04:55 | 25km:02:28:49 | 30km:02:59:20 | 35km:03:29:22 | 40km:04:02:22									
3198	10364	**SZYMALA Tomasz**	ŁÓDŹ		POL	1979	M40	1033	04:20:38	04:16:46	2800
		5km:00:28:58 | 10km:00:58:42 | 15km: 01:28:15 | 20km:01:59:01 | 21km:02:05:21 | 25km:02:29:23 | 30km:03:00:26 | 35km:03:32:14 | 40km:04:04:19									
3199	2615	**SCHAMBACH Jesse**	GRANADA		USA	1993	M30	947	04:23:37	04:16:46	2800
		5km:00:29:11 | 10km:00:57:45 | 15km: 01:26:20 | 20km:01:54:59 | 21km:02:01:02 | 25km:02:23:28 | 30km:02:53:04 | 35km:03:25:08 | 40km:04:02:22									
3200	3727	**JÓZWIK Leszek**	KOŁAKÓW		POL	1977	M40	1034	04:20:50	04:16:47	2802
		5km:00:30:20 | 10km:01:00:40 | 15km: 01:31:02 | 20km:02:01:42 | 21km:02:08:16 | 25km:02:32:19 | 30km:03:02:25 | 35km:03:33:14 | 40km:04:04:08									
3201	2279	**MELANIUK Mirosław**	LUBLIN		POL	1955	M60	59	04:23:50	04:16:50	2803
		5km:00:28:06 | 10km:00:56:05 | 15km: 01:23:25 | 20km:01:50:57 | 21km:01:56:53 | 25km:02:19:02 | 30km:02:47:36 | 35km:03:18:40 | 40km:04:02:21									
3202	3309	**WÓJCIK Maciej**	JÓZEFÓW		POL	1999	M20	434	04:19:56	04:16:50	2803
		5km:00:28:34 | 10km:00:56:46 | 15km: 01:24:24 | 20km:01:52:28 | 21km:01:58:41 | 25km:02:20:44 | 30km:02:48:57 | 35km:03:20:41 | 40km:04:02:15									
3203	10309	**SZADKOWSKI Grzegorz**	PRUSZCZ GDAŃSKI		POL	1973	M50	328	04:21:02	04:16:53	2805
		5km:00:30:45 | 10km:01:00:42 | 15km: 01:30:13 | 20km:02:00:35 | 21km:02:07:05 | 25km:02:31:03 | 30km:03:01:45 | 35km:03:31:49 | 40km:04:03:51									
3204	4211	**SZULC Małgorzata**	BISHOPS STORTFORD		POL	1978	K40	158	04:24:22	04:16:53	399
		5km:00:28:46 | 10km:00:56:49 | 15km: 01:25:21 | 20km:01:54:20 | 21km:02:00:05 | 25km:02:20:59 | 30km:02:48:06 | 35km:03:19:10 | 40km:04:00:45									
3205	5050	**BOTWINA Emil**	BAD ENDORF	Happy Runners	POL	1988	M30	948	04:25:11	04:16:53	2805
		5km:00:29:58 | 10km:01:00:40 | 15km: 01:30:25 | 20km:02:00:20 | 21km:02:06:46 | 25km:02:30:40 | 30km:03:01:22 | 35km:03:30:54 | 40km:04:03:45									
3206	3257	**MIEDZIŃSKI Jarosław**	WOJCIESZYN		POL	1978	M40	1035	04:22:04	04:16:54	2807
		5km:00:25:06 | 10km:00:50:03 | 15km: 01:16:19 | 20km:01:44:11 | 21km:01:50:17 | 25km:02:15:56 | 30km:02:49:51 | 35km:03:24:14 | 40km:04:02:23									
3207	2789	**KAŹMIERCZAK Aneta**	WROCŁAW		POL	1990	K30	157	04:23:43	04:16:56	400
		5km:00:28:33 | 10km:00:57:30 | 15km: 01:26:49 | 20km:01:57:43 | 21km:02:03:51 | 25km:02:29:03 | 30km:02:58:54 | 35km:03:30:04 | 40km:04:03:12									
3208	6603	**WOLNA Marta**	WIELUŃ		POL	1979	K40	159	04:25:18	04:16:56	400
		5km:00:29:53 | 10km:01:00:07 | 15km: 01:29:54 | 20km:01:59:59 | 21km:02:06:35 | 25km:02:30:28 | 30km:03:00:55 | 35km:03:31:34 | 40km:04:03:18									
3209	5065	**SIENKOWICZ Karolina**	SIERADZ		POL	1984	K30	158	04:23:36	04:16:57	402
		5km:00:28:34 | 10km:00:57:31 | 15km: 01:26:51 | 20km:01:57:45 | 21km:02:03:51 | 25km:02:29:04 | 30km:02:58:55 | 35km:03:30:05 | 40km:04:03:13									
3210	6602	**ŚWITAŁA Anita**	WIELUŃ		POL	1982	K40	160	04:25:18	04:16:57	402
		5km:00:29:12 | 10km:00:57:52 | 15km: 01:25:35 | 20km:01:54:05 | 21km:02:00:14 | 25km:02:23:52 | 30km:02:54:18 | 35km:03:28:17 | 40km:04:04:11									
3211	5220	**PYSZKOWSKI Piotr**	KRZEWENT		POL	1990	M30	949	04:23:01	04:16:59	2808
		5km:00:29:53 | 10km:00:59:42 | 15km: 01:29:09 | 20km:01:58:54 | 21km:02:05:22 | 25km:02:28:44 | 30km:02:58:48 | 35km:03:30:21 | 40km:04:04:14									
3212	3247	**KŁOS Marcin**	WŁOCŁAWEK	WTM SYCHAR	POL	1972	M50	329	04:19:58	04:17:00	2809
		5km:00:27:05 | 10km:00:54:06 | 15km: 01:20:52 | 20km:01:48:05 | 21km:01:53:55 | 25km:02:16:33 | 30km:02:48:08 | 35km:03:22:00 | 40km:04:00:49									
3213	14517	**PYTLIK Michał**	WARSZAWA		POL	1994	M20	435	04:21:41	04:17:01	2810
		5km:00:28:13 | 10km:00:56:27 | 15km: 01:23:57 | 20km:01:54:18 | 21km:02:00:01 | 25km:02:24:21 | 30km:02:57:07 | 35km:03:28:07 | 40km:04:02:53									
3214	6805	**WOLF Franciszek**	WARSZAWA		POL	1997	M20	435	04:21:49	04:17:01	2810
		5km:00:28:06 | 10km:00:56:06 | 15km: 01:23:30 | 20km:01:50:57 | 21km:01:56:56 | 25km:02:18:42 | 30km:02:50:04 | 35km:03:27:10 | 40km:04:02:52									
3215	2238	**GACEK Robert**	DINGOLFING		POL	1980	M40	1036	04:19:19	04:17:02	2812
		5km:00:26:45 | 10km:00:53:13 | 15km: 01:19:43 | 20km:01:45:58 | 21km:01:51:45 | 25km:02:12:43 | 30km:02:43:42 | 35km:03:21:46 | 40km:04:03:33									
3216	10731	**STOLARCZYK Mateusz**	CZĘSTOCHOWA		POL	1987	M30	950	04:23:44	04:17:05	2813
		5km:00:24:33 | 10km:00:51:10 | 15km: 01:18:34 | 20km:01:46:51 | 21km:01:53:05 | 25km:02:16:44 | 30km:02:48:41 | 35km:03:23:46 | 40km:04:03:30									
3217	4126	**KOZLOV Mykhailo**	WARSZAWA		UKR	1970	M50	330	04:24:51	04:17:07	2814
		5km:00:26:26 | 10km:00:53:53 | 15km: 01:22:33 | 20km:01:51:17 | 21km:01:57:32 | 25km:02:21:57 | 30km:02:54:35 | 35km:03:27:55 | 40km:04:02:23									
3218	2285	**DEMMIG Ralf**	BERLIN		GER	1961	M60	60	04:19:17	04:17:08	2815
		5km:00:28:34 | 10km:00:56:10 | 15km: 01:23:55 | 20km:01:51:37 | 21km:01:57:37 | 25km:02:19:24 | 30km:02:48:21 | 35km:03:25:36 | 40km:04:02:25									
3219	2815	**BIERNACKA Maria**	ŁÓDŹ		POL	1993	K30	159	04:21:11	04:17:08	404
		5km:00:25:47 | 10km:00:52:59 | 15km: 01:20:13 | 20km:01:47:43 | 21km:01:53:50 | 25km:02:16:33 | 30km:02:47:02 | 35km:03:21:02 | 40km:04:02:33									
3220	10076	**TOMALA Szymon**	ROKIETNICA		POL	1988	M30	951	04:17:45	04:17:10	2816

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:27 | 10km:00:59:33 | 15km: 01:28:22 | 20km:01:57:24 | 21km:02:03:41 | 25km:02:26:39 | 30km:02:55:59 | 35km:03:26:53 | 40km:04:02:52									
3221	10445	**GRYGIER Michał**	PSZCZYNA		POL	1982	M40	1037	04:23:17	04:17:10	2816
		5km:00:28:13 | 10km:00:56:10 | 15km: 01:23:46 | 20km:01:51:57 | 21km:01:57:56 | 25km:02:20:46 | 30km:02:50:35 | 35km:03:22:30 | 40km:04:01:10									
3222	10695	**OSIŃSKI Stanisław**	ŁÓDŹ		POL	1961	M60	61	04:21:40	04:17:10	2816
		5km:00:28:02 | 10km:00:56:12 | 15km: 01:23:51 | 20km:01:52:17 | 21km:01:58:22 | 25km:02:21:26 | 30km:02:53:16 | 35km:03:28:32 | 40km:04:03:37									
3223	3755	**KARWATOWICZ Karol**	RADOM		POL	1985	M30	951	04:22:06	04:17:10	2816
		5km:00:30:18 | 10km:01:00:44 | 15km: 01:30:22 | 20km:02:00:22 | 21km:02:07:03 | 25km:02:31:35 | 30km:03:02:37 | 35km:03:32:07 | 40km:04:02:41									
3224	8355	**BUTKUS Audrius**	VILNIUS		LTU	1985	M30	951	04:23:36	04:17:10	2816
		5km:00:26:31 | 10km:00:53:43 | 15km: 01:20:54 | 20km:01:48:57 | 21km:01:55:12 | 25km:02:19:33 | 30km:02:51:35 | 35km:03:25:08 | 40km:04:02:34									
3225	5215	**WASIELEWSKI Grzegorz**	GROCHOWALSK		POL	1977	M40	1038	04:19:52	04:17:11	2821
		5km:00:29:57 | 10km:01:00:21 | 15km: 01:30:38 | 20km:02:01:11 | 21km:02:07:41 | 25km:02:31:20 | 30km:03:01:55 | 35km:03:32:50 | 40km:04:04:19									
3226	10591	**BYKOWSKI Tomasz**	OTWOCK		POL	2000	M20	437	04:24:31	04:17:12	2822
		5km:00:29:58 | 10km:00:59:59 | 15km: 01:29:53 | 20km:02:00:43 | 21km:02:07:13 | 25km:02:31:26 | 30km:03:02:02 | 35km:03:32:53 | 40km:04:03:27									
3227	6856	**GAJOWNIK Przemysław**	SOBIENIE-JEZIORY		POL	1994	M20	437	04:24:17	04:17:12	2822
		5km:00:29:30 | 10km:00:59:35 | 15km: 01:28:25 | 20km:01:57:26 | 21km:02:03:43 | 25km:02:26:41 | 30km:02:56:02 | 35km:03:26:56 | 40km:04:02:54									
3228	10437	**IŻEWSKI Sylwester**	ŚWIDNIK	ALIPLAST RUNNING TEAM	POL	1988	M30	954	04:23:54	04:17:13	2824
		5km:00:29:12 | 10km:00:58:16 | 15km: 01:27:09 | 20km:01:56:13 | 21km:02:02:30 | 25km:02:25:24 | 30km:02:55:36 | 35km:03:28:00 | 40km:04:03:51									
3229	10440	**WIŚNIEWSKI Maciej**	PSZCZYNA		POL	1988	M30	955	04:23:19	04:17:14	2825
		5km:00:29:05 | 10km:00:58:18 | 15km: 01:27:58 | 20km:01:58:12 | 21km:02:04:31 | 25km:02:28:24 | 30km:02:58:29 | 35km:03:29:23 | 40km:04:04:14									
3230	2644	**MŁYNAREK Christian**	WARSZAWA		POL	1988	M30	955	04:22:25	04:17:14	2825
		5km:00:29:53 | 10km:00:58:54 | 15km: 01:26:53 | 20km:01:55:20 | 21km:02:01:22 | 25km:02:24:07 | 30km:02:55:29 | 35km:03:30:19 | 40km:04:04:32									
3231	6133	**CHODZIŃSKI Daniel**	NOWY DWÓR MAZOWIECKI		POL	1974	M40	1039	04:24:11	04:17:18	2827
		5km:00:27:03 | 10km:00:53:33 | 15km: 01:20:31 | 20km:01:48:27 | 21km:01:54:18 | 25km:02:19:08 | 30km:02:51:32 | 35km:03:26:33 | 40km:04:02:34									
3232	3371	**WIERZBICKI Kacper**	POŁOMIA		POL	2001	M20	439	04:25:00	04:17:19	2828
		5km:00:28:46 | 10km:00:57:25 | 15km: 01:26:03 | 20km:01:54:41 | 21km:02:00:51 | 25km:02:23:07 | 30km:02:53:19 | 35km:03:25:06 | 40km:04:02:16									
3233	8471	**SZEWCZYK Łukasz**	WARSZAWA		POL	1982	M40	1040	04:22:13	04:17:19	2828
		5km:00:28:11 | 10km:00:56:23 | 15km: 01:24:09 | 20km:01:52:23 | 21km:01:58:22 | 25km:02:21:09 | 30km:02:52:51 | 35km:03:26:44 | 40km:04:02:41									
3234	5136	**DUARTE Oscar**	HELSINKI		GUA	1991	M30	957	04:21:28	04:17:20	2830
		5km:00:30:54 | 10km:01:02:18 | 15km: 01:31:31 | 20km:02:01:17 | 21km:02:07:26 | 25km:02:29:59 | 30km:02:59:19 | 35km:03:29:58 | 40km:04:03:48									
3235	10188	**ŁÓŻECKI Tomasz**	LUBLIN		POL	1973	M50	331	04:21:55	04:17:21	2831
		5km:00:29:43 | 10km:00:59:10 | 15km: 01:28:35 | 20km:01:57:24 | 21km:02:03:38 | 25km:02:27:03 | 30km:02:56:47 | 35km:03:27:09 | 40km:04:03:01									
3236	16502	**TYSZKA Ludwik**	WARSZAWA	Straż Pożarna JRG15	POL	1983	M40	1041	04:25:51	04:17:30	2832
		5km:00:28:22 | 10km:00:56:31 | 15km: 01:24:11 | 20km:01:52:00 | 21km:01:58:12 | 25km:02:20:35 | 30km:02:51:12 | 35km:03:26:39 | 40km:04:02:26									
3237	3163	**BARTNICKI Jakub**	LONDYN		POL	1982	M40	1042	04:24:03	04:17:31	2833
		5km:00:27:08 | 10km:00:54:06 | 15km: 01:21:13 | 20km:01:48:49 | 21km:01:54:57 | 25km:02:19:14 | 30km:02:52:19 | 35km:03:27:08 | 40km:04:04:11									
3238	3734	**GIERŁOWSKI Krzysztof**	POZNAŃ		POL	1979	M40	1043	04:22:10	04:17:32	2834
		5km:00:27:05 | 10km:00:53:56 | 15km: 01:20:21 | 20km:01:46:57 | 21km:01:52:38 | 25km:02:13:18 | 30km:02:41:07 | 35km:03:17:02 | 40km:04:01:07									
3239	3654	**TONGIALIDIS Christos**	????????		GRE	1973	M50	332	04:19:57	04:17:33	2835
		5km:00:26:34 | 10km:00:53:20 | 15km: 01:20:12 | 20km:01:47:22 | 21km:01:53:22 | 25km:02:17:19 | 30km:02:48:26 | 35km:03:22:31 | 40km:04:01:43									
3240	7785	**WĄSOWICZ Agata**	WROCŁAW		POL	1989	K30	160	04:19:40	04:17:35	405
		5km:00:24:36 | 10km:00:50:03 | 15km: 01:15:57 | 20km:01:43:03 | 21km:01:48:58 | 25km:02:11:07 | 30km:02:41:39 | 35km:03:13:34 | 40km:03:49:24									
3241	8444	**EBERMANN Heike**	VALLENSB?K STRAND		GER	1965	K50	25	04:22:09	04:17:38	406
		5km:00:28:04 | 10km:00:56:31 | 15km: 01:26:21 | 20km:01:56:45 | 21km:02:03:01 | 25km:02:27:36 | 30km:02:58:25 | 35km:03:30:26 | 40km:04:03:38									
3242	8311	**BĄCZKIEWICZ Norbert**	GDYNIA		POL	2003	M20	440	04:25:40	04:17:39	2836
		5km:00:27:42 | 10km:00:55:14 | 15km: 01:23:23 | 20km:01:52:22 | 21km:01:58:18 | 25km:02:22:04 | 30km:02:53:12 | 35km:03:26:44 | 40km:04:03:17									
3243	7223	**ŻELIŃSKI Michał**	CHORZÓW	CSC Adventure Academy	POL	1998	M20	441	04:21:23	04:17:40	2837
		5km:00:27:33 | 10km:00:54:45 | 15km: 01:21:52 | 20km:01:48:50 | 21km:01:54:48 | 25km:02:16:16 | 30km:02:43:59 | 35km:03:15:10 | 40km:03:54:57									
3244	7068	**JAKUBOWICZ Piotr**	ŚWIĄTNIKI		POL	1993	M30	958	04:23:01	04:17:41	2838
		5km:00:26:39 | 10km:00:53:05 | 15km: 01:20:02 | 20km:01:46:52 | 21km:01:52:35 | 25km:02:14:05 | 30km:02:43:19 | 35km:03:24:32 | 40km:04:01:50									
3245	2484	**CHEN Qiulian**	DUBLIN		CHN	1990	K30	161	04:24:52	04:17:42	407
		5km:00:31:54 | 10km:01:00:44 | 15km: 01:29:58 | 20km:01:58:47 | 21km:02:05:10 | 25km:02:28:34 | 30km:02:59:35 | 35km:03:30:57 | 40km:04:03:34									
3246	2064	**KRASUSKI Andrzej**	WARSZAWA	NEoN Team	POL	1961	M60	62	04:22:32	04:17:43	2839
		5km:00:28:04 | 10km:00:56:27 | 15km: 01:24:09 | 20km:01:51:53 | 21km:01:58:05 | 25km:02:20:10 | 30km:02:49:15 | 35km:03:21:56 | 40km:04:01:47									
3247	8404	**LUTYŃSKA Monika**	WARSZAWA	Live Well at Citi	POL	1976	K40	161	04:24:25	04:17:43	408
		5km:00:29:14 | 10km:00:58:21 | 15km: 01:27:38 | 20km:01:56:59 | 21km:02:03:28 | 25km:02:26:49 | 30km:02:57:47 | 35km:03:28:35 | 40km:04:03:05									
3248	2266	**WIERZYKOWSKI Bartosz**	KUTNO		POL	2003	M20	442	04:25:12	04:17:46	2840
		5km:00:30:21 | 10km:01:00:34 | 15km: 01:29:11 | 20km:01:58:32 | 21km:02:04:46 | 25km:02:30:13 | 30km:02:59:12 | 35km:03:30:19 | 40km:04:04:03									
3249	7674	**KUNKEL Piotr**	WARSZAWA		POL	1984	M30	959	04:18:57	04:17:46	2840
		5km:00:24:36 | 10km:00:49:17 | 15km: 01:14:17 | 20km:01:40:52 | 21km:01:47:02 | 25km:02:09:31 | 30km:02:40:39 | 35km:03:17:58 | 40km:04:01:14									
3250	3782	**BOROWICZ Paweł**	BYTOM		POL	1995	M20	443	04:20:40	04:17:47	2842
		5km:00:26:34 | 10km:00:53:20 | 15km: 01:20:12 | 20km:01:47:22 | 21km:01:53:22 | 25km:02:17:19 | 30km:02:48:26 | 35km:03:22:31 | 40km:04:01:43									
3251	10578	**FULARSKI Sebastian**	SKARŻYSKO KAMIENNA		POL	1976	M40	1044	04:18:27	04:17:51	2843
		5km:00:29:03 | 10km:00:58:28 | 15km: 01:27:27 | 20km:01:58:21 | 21km:02:04:35 | 25km:02:30:52 | 30km:03:01:11 | 35km:03:31:48 | 40km:04:04:39									
3252	7230	**PRAWDZIK Renata**	EŁK		POL	1978	K40	162	04:23:51	04:17:51	409
		5km:00:25:13 | 10km:00:51:24 | 15km: 01:18:17 | 20km:01:46:00 | 21km:01:52:04 | 25km:02:15:54 | 30km:02:49:33 | 35km:03:24:48 | 40km:04:03:41									
3253	7783	**WYCECH Edyta**	JÓZEFÓW		POL	1977	K40	163	04:24:00	04:17:52	410
		5km:00:29:24 | 10km:00:58:46 | 15km: 01:30:10 | 20km:01:59:56 | 21km:02:06:08 | 25km:02:30:12 | 30km:03:00:08 | 35km:03:31:54 | 40km:04:04:10									
3254	6111	**HINTZ Tomasz**	KONSTANCIN-JEZIORNA	Piaseczno Running	POL	1976	M40	1045	04:23:49	04:17:57	2844
		5km:00:29:37 | 10km:00:58:52 | 15km: 01:27:55 | 20km:01:56:48 | 21km:02:02:52 | 25km:02:25:43 | 30km:02:55:30 | 35km:03:26:05 | 40km:04:01:28									
3255	6434	**GAJOWNICZEK Piotr**	WARSZAWA		POL	1968	M50	333	04:24:19	04:17:57	2844
		5km:00:32:34 | 10km:01:03:32 | 15km: 01:33:27 | 20km:02:03:05 | 21km:02:09:26 | 25km:02:32:28 | 30km:03:01:50 | 35km:03:30:48 | 40km:04:04:20									
3256	7598	**STAWCZYK Szczepan**	RADOMSKO	Biegacze w Radomsku	POL	1958	M60	63	04:25:06	04:17:57	2844
		5km:00:27:33 | 10km:00:54:56 | 15km: 01:22:03 | 20km:01:49:16 | 21km:01:55:11 | 25km:02:16:25 | 30km:02:45:21 | 35km:03:24:09 | 40km:04:02:06									
3257	2869	**TRZCIŃSKI Wojciech**	WARSZAWA		POL	1981	M40	1046	04:21:08	04:17:58	2847
		5km:00:27:57 | 10km:00:56:21 | 15km: 01:24:35 | 20km:01:53:13 | 21km:01:59:29 | 25km:02:22:09 | 30km:02:53:52 | 35km:03:26:30 | 40km:04:03:05									
3258	3270	**KISIELA Katarzyna**	WROCLAW	trenujznami.pl	POL	1979	K40	164	04:24:19	04:17:59	411
		5km:00:31:02 | 10km:01:01:58 | 15km: 01:32:26 | 20km:02:04:25 | 21km:02:10:54 | 25km:02:35:33 | 30km:03:07:28 | 35km:03:39:48 | 40km:04:06:50									
3259	7786	**MĘŻYŃSKI Dawid**	WARSZAWA		POL	1999	M20	444	04:26:26	04:17:59	2848
		5km:00:29:45 | 10km:00:58:53 | 15km: 01:28:23 | 20km:01:57:33 | 21km:02:03:58 | 25km:02:27:15 | 30km:02:56:57 | 35km:03:27:37 | 40km:04:03:30									
3260	8137	**ZACHEJA Mariusz**	KRUSZE	Cross Syrenka Warszawa	POL	1976	M40	1047	04:24:03	04:17:59	2848
		5km:00:31:03 | 10km:01:01:22 | 15km: 01:31:09 | 20km:02:01:24 | 21km:02:07:56 | 25km:02:31:43 | 30km:03:01:36 | 35km:03:31:38 | 40km:04:04:57									
3261	6144	**ŻÓŁKOWSKA Agnieszka**	ZBUCZYN	Zbucki Ruch	POL	1976	K40	165	04:24:46	04:18:02	412
		5km:00:29:52 | 10km:00:59:56 | 15km: 01:29:53 | 20km:02:00:04 | 21km:02:06:37 | 25km:02:30:08 | 30km:03:00:56 | 35km:03:31:55 | 40km:04:04:01									
3262	2019	**JABŁOŃSKI Tomasz**	ZĄBKI		POL	1973	M50	334	04:24:42	04:18:04	2850
		5km:00:27:47 | 10km:00:55:37 | 15km: 01:22:49 | 20km:01:50:14 | 21km:01:56:14 | 25km:02:18:04 | 30km:02:48:56 | 35km:03:23:30 | 40km:04:01:56									
3263	2332	**ZUB Maciej**	ZĄBKI	Biegające Ząbki	POL	1986	M30	960	04:21:30	04:18:04	2850
		5km:00:29:23 | 10km:00:59:03 | 15km: 01:28:07 | 20km:01:57:25 | 21km:02:03:40 | 25km:02:26:45 | 30km:02:57:00 | 35km:03:28:05 | 40km:04:04:31									
3264	2401	**BŁACHNIO Artur**	WARSZAWA		POL	1977	M40	1048	04:23:55	04:18:05	2852
		5km:00:29:56 | 10km:00:59:19 | 15km: 01:28:23 | 20km:01:57:47 | 21km:02:04:11 | 25km:02:27:22 | 30km:02:57:01 | 35km:03:27:09 | 40km:04:02:05									
3265	8424	**GÓRNIAK Włodzimierz**	WARSZAWA		POL	1964	M50	335	04:24:11	04:18:05	2852
		5km:00:26:53 | 10km:00:53:54 | 15km: 01:20:36 | 20km:01:47:34 | 21km:01:53:35 | 25km:02:15:43 | 30km:02:49:28 | 35km:03:25:52 | 40km:04:04:00									
3266	6325	**DZIURZYŃSKI Jakub**	WARSZAWA		POL	1997	M20	445	04:21:05	04:18:06	2854

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:43| 10km:00:57:05| 15km: 01:25:33 | 20km:01:53:52 | 21km:02:00:01 | 25km:02:22:35 | 30km:02:51:43 | 35km:03:22:49 | 40km:04:01:53									
3267	15544	**BURAK Piotr**	DOBROSZYCE		POL	1987	M30	961	04:20:06	04:18:09	2855
		5km:00:29:44| 10km:00:59:53| 15km: 01:29:43 | 20km:02:00:23 | 21km:02:06:57 | 25km:02:30:28 | 30km:03:01:16 | 35km:03:32:06 | 40km:04:04:00									
3268	3427	**REINHOLD Marcin**	CHEŁMŻA		POL	1975	M40	1049	04:24:27	04:18:09	2855
		5km:00:28:13| 10km:00:56:13| 15km: 01:23:36 | 20km:01:53:25 | 21km:01:59:36 | 25km:02:23:31 | 30km:02:54:30 | 35km:03:28:40 | 40km:04:02:01									
3269	8111	**WILK Daniel**	WARSZAWA	Grupa Biegowa UM W-wa	POL	1984	M30	961	04:22:54	04:18:09	2855
		5km:00:30:30| 10km:01:00:05| 15km: 01:30:12 | 20km:02:00:29 | 21km:02:07:04 | 25km:02:31:26 | 30km:03:01:54 | 35km:03:32:40 | 40km:04:04:42									
3270	10299	**MUŻYCZUK Erwin**	WARSZAWA		POL	1986	M30	963	04:25:46	04:18:11	2858
		5km:00:29:52| 10km:00:58:54| 15km: 01:27:18 | 20km:01:56:10 | 21km:02:02:25 | 25km:02:25:35 | 30km:02:56:42 | 35km:03:29:56 | 40km:04:04:05									
3271	2373	**SIANIUTS Andrei**	WARSZAWA			1987	M30	964	04:27:27	04:18:12	2859
		5km:00:32:29| 10km:01:04:10| 15km: 01:36:10 | 20km:02:07:02 | 21km:02:13:33 | 25km:02:37:00 | 30km:03:06:21 | 35km:03:35:16 | 40km:04:05:16									
3272	4148	**GAP Beata**	NOWA SARZYNA		POL	1984	K30	162	04:26:38	04:18:12	413
		5km:00:27:47| 10km:00:55:36| 15km: 01:22:44 | 20km:01:49:57 | 21km:01:55:53 | 25km:02:17:26 | 30km:02:45:42 | 35km:03:21:20 | 40km:04:02:27									
3273	7887	**ROŻEK Michał**	ZĄBKI	Biegające Ząbki	POL	1987	M30	965	04:21:38	04:18:13	2860
		5km:00:27:46| 10km:00:55:56| 15km: 01:23:34 | 20km:01:51:33 | 21km:01:57:39 | 25km:02:19:48 | 30km:02:50:34 | 35km:03:24:31 | 40km:04:02:32									
3274	10033	**KRAWIEC Krzysztof**	MIĘDZYRZEC PODLASKI		POL	1962	M60	64	04:23:32	04:18:19	2861
		5km:00:28:28| 10km:00:56:36| 15km: 01:24:15 | 20km:01:52:16 | 21km:01:58:19 | 25km:02:20:33 | 30km:02:48:52 | 35km:03:17:40 | 40km:03:57:44									
3275	3687	**SEKUŁA Michał**	KUNÓW		POL	1996	M20	446	04:22:53	04:18:19	2861
		5km:00:28:57| 10km:00:57:24| 15km: 01:25:45 | 20km:01:54:14 | 21km:02:00:36 | 25km:02:23:36 | 30km:02:53:45 | 35km:03:26:41 | 40km:04:02:32									
3276	2089	**PIĘTA Łukasz**	WARSZAWA	Grupa LUX MED	POL	1992	M30	966	04:22:16	04:18:21	2863
		5km:00:28:48| 10km:00:57:07| 15km: 01:25:33 | 20km:01:53:49 | 21km:02:00:13 | 25km:02:22:39 | 30km:02:51:59 | 35km:03:22:15 | 40km:04:00:55									
3277	6438	**STAŃKOWSKI Hubert**	WARSZAWA	Skuteczna Szkoła Pływania	POL	1997	M20	447	04:22:42	04:18:26	2864
		5km:00:27:52| 10km:00:55:34| 15km: 01:23:22 | 20km:01:51:19 | 21km:01:57:21 | 25km:02:20:31 | 30km:02:52:41 | 35km:03:27:09 | 40km:04:03:47									
3278	6555	**IWANEK Mateusz**	WARSZAWA		POL	1983	M40	1050	04:22:27	04:18:26	2864
		5km:00:31:36| 10km:01:02:13| 15km: 01:32:43 | 20km:02:03:35 | 21km:02:10:09 | 25km:02:34:07 | 30km:03:05:02 | 35km:03:36:14 | 40km:04:06:30									
3279	2189	**KARYŚ - SKOWROŃSKA Katarzyna**	KRAKÓW	Jutro też Wam ucieknę!	POL	1983	K40	166	04:23:32	04:18:27	414
		5km:00:30:32| 10km:01:01:00| 15km: 01:31:14 | 20km:02:01:33 | 21km:02:08:14 | 25km:02:32:03 | 30km:03:02:26 | 35km:03:33:19 | 40km:04:05:17									
3280	8212	**PATEREK Łukasz**	USZEW		POL	1996	M20	448	04:21:53	04:18:27	2866
		5km:00:28:27| 10km:00:55:52| 15km: 01:22:58 | 20km:01:50:34 | 21km:01:56:36 | 25km:02:19:15 | 30km:02:51:06 | 35km:03:27:14 | 40km:04:04:32									
3281	7916	**ROGÓLSKI Artur**	WARSZAWA	PZU SPORT TEAM	POL	1975	M40	1051	04:25:16	04:18:28	2867
		5km:00:30:32| 10km:01:01:00| 15km: 01:31:11 | 20km:02:01:43 | 21km:02:08:07 | 25km:02:31:52 | 30km:03:02:46 | 35km:03:34:11 | 40km:04:05:35									
3282	3194	**SITEK Bolesław**	WARSZAWA	W Palnik	POL	1993	M30	967	04:22:04	04:18:31	2868
		5km:00:28:13| 10km:00:56:29| 15km: 01:24:52 | 20km:01:54:42 | 21km:02:01:04 | 25km:02:24:37 | 30km:02:56:09 | 35km:03:30:45 | 40km:04:05:18									
3283	5143	**MC CARTNEY Val**	BELFAST		IRL	1967	M50	336	04:22:34	04:18:31	2868
		5km:00:27:44| 10km:00:54:27| 15km: 01:21:38 | 20km:01:49:03 | 21km:01:54:56 | 25km:02:17:09 | 30km:02:46:40 | 35km:03:18:52 | 40km:03:59:29									
3284	8115	**BORKOWSKI Maciej**	SUWAŁKI		POL	1999	M20	449	04:24:04	04:18:31	2868
		5km:00:31:05| 10km:01:02:14| 15km: 01:32:45 | 20km:02:03:14 | 21km:02:09:48 | 25km:02:33:38 | 30km:03:03:52 | 35km:03:33:58 | 40km:04:05:08									
3285	10631	**KOWALSKA Agnieszka**	TORUŃ	Runcross Rozgarty	POL	1980	K40	167	04:27:14	04:18:35	415
		5km:00:30:32| 10km:01:01:00| 15km: 01:31:14 | 20km:02:01:33 | 21km:02:08:14 | 25km:02:32:03 | 30km:03:02:26 | 35km:03:33:19 | 40km:04:05:17									
3286	2936	**GOSŁAWSKI Stanisław**	KĘPICE		POL	1959	M60	65	04:25:33	04:18:35	2871
		5km:00:32:00| 10km:01:02:56| 15km: 01:33:08 | 20km:02:02:39 | 21km:02:08:51 | 25km:02:31:37 | 30km:03:00:51 | 35km:03:29:51 | 40km:04:03:15									
3287	10312	**FURTAK Jakub**	LUBARTÓW		POL	1985	M30	968	04:26:47	04:18:36	2872
		5km:00:25:12| 10km:00:50:25| 15km: 01:15:04 | 20km:01:40:27 | 21km:01:46:03 | 25km:02:06:47 | 30km:02:35:32 | 35km:03:21:06 | 40km:04:06:12									
3288	6529	**WIECZYŃSKI Filip**	LULKOWO		POL	2005	M20	450	04:20:39	04:18:37	2873
		5km:00:30:28| 10km:01:01:08| 15km: 01:31:23 | 20km:02:01:42 | 21km:02:08:24 | 25km:02:32:15 | 30km:03:02:38 | 35km:03:33:28 | 40km:04:05:28									
3289	8306	**PYTLINSKA Elwira**	WARSZAWA		POL	1977	K40	168	04:25:25	04:18:37	416
		5km:00:30:16| 10km:01:01:00| 15km: 01:31:29 | 20km:02:01:50 | 21km:02:08:32 | 25km:02:32:32 | 30km:03:03:16 | 35km:03:33:49 | 40km:04:05:36									
3290	2380	**GERTSCH Giulia**	BERN		SUI	1994	K20	60	04:25:39	04:18:38	417
		5km:00:27:45| 10km:00:55:17| 15km: 01:22:22 | 20km:01:49:47 | 21km:01:55:49 | 25km:02:19:18 | 30km:02:49:54 | 35km:03:23:58 | 40km:04:03:20									
3291	2697	**KUREK Michał**	NOWA WOLA		POL	1978	M40	1052	04:25:43	04:18:38	2874
		5km:00:27:33| 10km:00:55:18| 15km: 01:23:38 | 20km:01:52:31 | 21km:01:58:59 | 25km:02:24:01 | 30km:02:55:22 | 35km:03:28:11 | 40km:04:03:21									
3292	2433	**YAMAZAKI Yurina**	LONDON		JPN	1994	K20	61	04:25:34	04:18:39	418
		5km:00:27:39| 10km:00:56:19| 15km: 01:24:42 | 20km:01:53:57 | 21km:02:00:23 | 25km:02:24:15 | 30km:02:55:49 | 35km:03:28:26 | 40km:04:04:27									
3293	2164	**DYMOWSKI Jacek**	WARSZAWA		POL	1979	M40	1053	04:24:58	04:18:40	2875
		5km:00:28:32| 10km:00:57:30| 15km: 01:26:49 | 20km:01:56:51 | 21km:02:03:32 | 25km:02:27:32 | 30km:03:00:12 | 35km:03:32:39 | 40km:04:05:32									
3294	2770	**KOPERA Natalia**	KARCZÓW		POL	1989	K30	163	04:23:42	04:18:41	419
		5km:00:30:25| 10km:01:01:26| 15km: 01:31:53 | 20km:02:03:20 | 21km:02:09:59 | 25km:02:33:41 | 30km:03:04:13 | 35km:03:34:31 | 40km:04:05:46									
3295	7240	**TUREK Marzena**	PRUSZKÓW	Rozbiegany Piastów	POL	1976	K40	169	04:25:42	04:18:41	419
		5km:00:27:45| 10km:00:55:17| 15km: 01:22:22 | 20km:01:49:47 | 21km:01:55:49 | 25km:02:19:18 | 30km:02:49:54 | 35km:03:23:58 | 40km:04:03:20									
3296	4355	**OSOWSKI Tomasz**	KRAKÓW		POL	1995	M20	451	04:22:16	04:18:42	2876
		5km:00:28:31| 10km:00:56:07| 15km: 01:23:57 | 20km:01:51:40 | 21km:01:57:39 | 25km:02:19:19 | 30km:02:51:20 | 35km:03:28:40 | 40km:04:04:52									
3297	8473	**MUCHA Beata**	POZNAŃ		POL	1973	K50	26	04:21:02	04:18:44	421
		5km:00:26:43| 10km:00:53:13| 15km: 01:20:03 | 20km:01:48:50 | 21km:01:55:03 | 25km:02:20:01 | 30km:02:52:44 | 35km:03:26:57 | 40km:04:03:58									
3298	7164	**POCIECH Marcin**	MAŁOCICE	Czosnowskie Gepardy	POL	1984	M30	969	04:21:20	04:18:46	2877
		5km:00:26:27| 10km:00:52:55| 15km: 01:19:26 | 20km:01:46:02 | 21km:01:51:55 | 25km:02:14:46 | 30km:02:46:40 | 35km:03:22:45 | 40km:04:01:51									
3299	7312	**WÓJCIK Paweł**	WARSZAWA		POL	1986	M30	970	04:24:23	04:18:47	2878
		5km:00:28:46| 10km:00:57:53| 15km: 01:27:02 | 20km:01:56:31 | 21km:02:02:56 | 25km:02:26:20 | 30km:02:56:16 | 35km:03:27:55 | 40km:04:03:31									
3300	3850	**MARCINIUK Paweł**	WARSZAWA		POL	1986	M30	971	04:25:39	04:18:48	2879
		5km:00:29:13| 10km:00:58:09| 15km: 01:26:43 | 20km:01:54:54 | 21km:02:01:06 | 25km:02:24:01 | 30km:02:54:37 | 35km:03:26:43 | 40km:04:02:28									
3301	8392	**PRZYBYSZ Piotr**	WARSZAWA		POL	1985	M30	971	04:26:59	04:18:48	2879
		5km:00:27:47| 10km:00:56:23| 15km: 01:24:19 | 20km:01:52:25 | 21km:01:58:36 | 25km:02:22:34 | 30km:02:53:16 | 35km:03:24:04 | 40km:04:00:51									
3302	3745	**BRZOSZCZYK Mieczysław**	TUCHOLA		POL	1964	M50	337	04:24:07	04:18:49	2881
		5km:00:29:53| 10km:00:59:17| 15km: 01:28:05 | 20km:01:56:53 | 21km:02:02:58 | 25km:02:25:26 | 30km:02:55:55 | 35km:03:26:51 | 40km:04:03:17									
3303	3748	**BRZOSZCZYK Weronika**	WARSZAWA		POL	1987	K30	164	04:24:06	04:18:49	422
		5km:00:30:19| 10km:00:59:51| 15km: 01:29:14 | 20km:01:59:00 | 21km:02:05:33 | 25km:02:29:12 | 30km:02:59:52 | 35km:03:30:50 | 40km:04:04:08									
3304	10116	**GRUBA Jacek**	KOLONIA JANÓW		POL	1987	M30	973	04:24:46	04:18:51	2882
		5km:00:30:19| 10km:00:59:51| 15km: 01:29:14 | 20km:01:59:03 | 21km:02:05:32 | 25km:02:29:12 | 30km:02:59:53 | 35km:03:30:50 | 40km:04:04:09									
3305	2636	**JASIŃSKI Adam**	ZĄBKI		POL	1989	M30	973	04:24:46	04:18:51	2882
		5km:00:28:44| 10km:00:59:02| 15km: 01:29:36 | 20km:01:59:35 | 21km:02:06:18 | 25km:02:29:42 | 30km:03:00:05 | 35km:03:31:43 | 40km:04:05:19									
3306	10540	**MAZUREK Michał**	OTWOCK		POL	1987	M30	975	04:24:27	04:18:52	2884
		5km:00:28:58| 10km:00:57:22| 15km: 01:26:23 | 20km:01:56:01 | 21km:02:02:22 | 25km:02:25:17 | 30km:02:56:26 | 35km:03:32:37 | 40km:04:05:46									
3307	5123	**KOZON Krzysztof**	WARSZAWA		POL	1973	M50	338	04:22:44	04:18:53	2885
		5km:00:30:13| 10km:01:00:49| 15km: 01:31:06 | 20km:02:01:32 | 21km:02:08:05 | 25km:02:31:38 | 30km:03:02:15 | 35km:03:33:09 | 40km:04:04:54									
3308	6389	**TWARDOSZ Witek**	RUDA ŚLĄSKA		POL	1975	M40	1054	04:25:39	04:18:53	2885
		5km:00:26:40| 10km:00:53:26| 15km: 01:19:44 | 20km:01:46:08 | 21km:01:51:54 | 25km:02:13:01 | 30km:02:42:10 | 35km:03:18:38 | 40km:04:02:57									
3309	14006	**KACZMAREK Kacper**	ZWOLEŃ	Chłopaki o 19 w sogo	POL	1998	M20	452	04:21:29	04:18:55	2887
		5km:00:28:31| 10km:00:57:49| 15km: 01:26:44 | 20km:01:55:55 | 21km:02:02:15 | 25km:02:25:37 | 30km:02:55:37 | 35km:03:29:11 | 40km:04:04:05									
3310	7227	**GAJDA Piotr**	GRZMIĄCA		POL	1981	M40	1055	04:26:30	04:18:55	2887
		5km:00:27:29| 10km:00:55:05| 15km: 01:22:14 | 20km:01:49:13 | 21km:01:55:10 | 25km:02:16:55 | 30km:02:48:23 | 35km:03:24:49 | 40km:04:03:38									
3311	7820	**PERADKOU Aliaksandr**	WARSZAWA			1988	M30	976	04:22:29	04:18:55	2887
		5km:00:26:02| 10km:00:52:05| 15km: 01:18:05 | 20km:01:44:36 | 21km:01:50:24 | 25km:02:12:36 | 30km:02:44:50 | 35km:03:18:24 | 40km:04:00:16									
3312	10160	**SOSNOWSKI Robert**	KOBYLKA		POL	1983	M40	1056	04:20:49	04:18:57	2890

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:41 | 10km:00:56:55 | 15km:01:24:47 | 20km:01:52:44 | 21km:01:58:57 | 25km:02:24:21 | 30km:02:56:18 | 35km:03:31:21 | 40km:04:06:52									
3313	6449	**CHOJNOWSKA Gabriela**	EDINBURGH		POL	1996	K20	62	04:23:01	04:18:57	423
		5km:00:28:38 | 10km:00:56:44 | 15km:01:24:24 | 20km:01:52:49 | 21km:01:58:50 | 25km:02:21:25 | 30km:02:52:27 | 35km:03:27:06 | 40km:04:05:39									
3314	3767	**KOSINSKI Kacper**	GUBIN		POL	1988	M30	977	04:23:09	04:18:59	2891
		5km:00:29:10 | 10km:00:58:25 | 15km:01:28:10 | 20km:01:57:35 | 21km:02:03:59 | 25km:02:26:55 | 30km:02:56:18 | 35km:03:26:25 | 40km:04:03:30									
3315	6039	**WIECKOWSKI Andrzej**	KOWARY		POL	1949	M70	4	04:27:14	04:18:59	2891
		5km:00:28:31 | 10km:00:55:43 | 15km:01:22:56 | 20km:01:50:54 | 21km:01:56:51 | 25km:02:19:36 | 30km:02:52:20 | 35km:03:27:11 | 40km:04:05:10									
3316	6151	**IZDEBSKI Kordian**	WARSZAWA		POL	1976	M40	1057	04:22:25	04:19:00	2893
		5km:00:27:40 | 10km:00:55:28 | 15km:01:23:18 | 20km:01:51:02 | 21km:01:57:10 | 25km:02:19:39 | 30km:02:49:37 | 35km:03:25:07 | 40km:04:05:18									
3317	7938	**SOŁOWIEJ Dawid**	MARKI		POL	2003	M20	453	04:25:17	04:19:00	2893
		5km:00:27:46 | 10km:00:56:10 | 15km:01:24:32 | 20km:01:52:57 | 21km:01:59:12 | 25km:02:21:59 | 30km:02:51:41 | 35km:03:24:38 | 40km:04:02:18									
3318	7626	**ZDUNIAK Dariusz**	KARCZEW		POL	1977	M40	1058	04:24:39	04:19:01	2895
		5km:00:28:30 | 10km:00:57:17 | 15km:01:26:33 | 20km:01:56:08 | 21km:02:02:38 | 25km:02:26:48 | 30km:02:58:39 | 35km:03:31:23 | 40km:04:05:42									
3319	10028	**WIECH Anna**	TRĄBKI	#AdamCzerwińskiTeam	POL	1982	K40	170	04:23:37	04:19:02	424
		5km:00:29:21 | 10km:00:59:29 | 15km:01:30:00 | 20km:02:01:00 | 21km:02:07:36 | 25km:02:32:42 | 30km:03:03:24 | 35km:03:34:10 | 40km:04:06:11									
3320	8151	**GRZEŚKOWIAK Zbigniew**	JUTROSIN		POL	1978	M40	1059	04:23:13	04:19:03	2896
		5km:00:31:57 | 10km:01:03:29 | 15km:01:33:50 | 20km:02:05:01 | 21km:02:11:50 | 25km:02:36:22 | 30km:03:08:22 | 35km:03:39:27 | 40km:04:07:49									
3321	4178	**PONIATOWSKI Cyprian**	EŁK		POL	2005	M20	454	04:26:41	04:19:07	2897
		5km:00:29:55 | 10km:01:00:20 | 15km:01:30:37 | 20km:02:00:54 | 21km:02:07:25 | 25km:02:31:02 | 30km:03:01:05 | 35km:03:31:36 | 40km:04:05:26									
3322	2908	**HRYNCEWICZ Wadim**	WARSZAWA		POL	1985	M30	978	04:25:09	04:19:09	2898
		5km:00:26:33 | 10km:00:53:52 | 15km:01:20:50 | 20km:01:47:56 | 21km:01:53:29 | 25km:02:15:05 | 30km:02:42:40 | 35km:03:15:36 | 40km:04:04:15									
3323	7495	**G Filip**	WARSZAWA	ŁYKENDOWY KLUB SPACEROWY	POL	1992	M30	978	04:23:37	04:19:09	2898
		5km:00:28:21 | 10km:00:56:31 | 15km:01:24:10 | 20km:01:52:13 | 21km:01:58:18 | 25km:02:20:16 | 30km:02:51:37 | 35km:03:23:28 | 40km:04:02:55									
3324	2407	**DOMARADZKI Grzegorz**	RZESZÓW	BT WAGABUNDA	POL	1964	M50	339	04:23:46	04:19:12	2900
		5km:00:30:19 | 10km:01:00:48 | 15km:01:30:54 | 20km:02:01:01 | 21km:02:07:28 | 25km:02:30:59 | 30km:03:01:54 | 35km:03:33:18 | 40km:04:05:44									
3325	8323	**GÓRSKI Michał**	SZCZECIN		POL	1981	M40	1060	04:25:40	04:19:12	2900
		5km:00:29:09 | 10km:00:58:26 | 15km:01:27:30 | 20km:01:57:01 | 21km:02:03:17 | 25km:02:26:35 | 30km:02:56:45 | 35km:03:29:53 | 40km:04:05:25									
3326	3424	**LEWANDOWSKA Anna**	MROZY	Grupa Biegaczy Skórzec Biega	POL	1980	K40	171	04:25:26	04:19:13	425
		5km:00:29:38 | 10km:00:59:26 | 15km:01:29:16 | 20km:01:59:26 | 21km:02:05:44 | 25km:02:29:52 | 30km:03:00:41 | 35km:03:32:39 | 40km:04:05:42									
3327	4700	**CIEŚLAK Przemysław**	MILANÓWEK	Vege Runners	POL	1980	M40	1061	04:24:27	04:19:14	2902
		5km:00:28:23 | 10km:00:56:54 | 15km:01:24:27 | 20km:01:52:47 | 21km:01:58:51 | 25km:02:20:55 | 30km:02:50:19 | 35km:03:24:22 | 40km:04:03:33									
3328	6147	**OLESIŃSKI Piotr**	SOCHACZEW	Drużyna Orzecha Żyrardów	POL	1981	M40	1062	04:25:24	04:19:15	2903
		5km:00:29:24 | 10km:00:58:44 | 15km:01:27:26 | 20km:01:57:04 | 21km:02:03:23 | 25km:02:26:34 | 30km:02:56:07 | 35km:03:25:52 | 40km:04:03:21									
3329	4658	**BORKOWSKI Piotr**	WARSZAWA	Live Well at Citi	POL	1985	M30	980	04:25:29	04:19:16	2904
		5km:00:29:48 | 10km:00:59:16 | 15km:01:28:23 | 20km:01:58:14 | 21km:02:04:46 | 25km:02:28:42 | 30km:03:00:00 | 35km:03:32:06 | 40km:04:05:57									
3330	7366	**HAWRYLUK-STASIAK Ewa**	WARSZAWA	BIEGUNI 2022/AKTYWNA WARSZAWA	POL	1963	K60	2	04:26:25	04:19:17	426
		5km:00:29:49 | 10km:00:59:29 | 15km:01:29:17 | 20km:01:59:36 | 21km:02:06:06 | 25km:02:30:01 | 30km:03:01:23 | 35km:03:32:41 | 40km:04:06:11									
3331	3712	**KUŚNIERKIEWICZ Tomasz**	WARSZAWA		POL	1963	M60	66	04:24:46	04:19:20	2905
		5km:00:30:08 | 10km:00:59:30 | 15km:01:28:29 | 20km:01:57:42 | 21km:02:04:06 | 25km:02:27:51 | 30km:02:57:22 | 35km:03:27:34 | 40km:04:03:59									
3332	5004	**BRZEZICKI Maciej**	BOLSZEWO		POL	1978	M40	1063	04:24:17	04:19:21	2906
		5km:00:28:56 | 10km:00:57:48 | 15km:01:26:51 | 20km:01:56:07 | 21km:02:02:40 | 25km:02:26:20 | 30km:02:56:15 | 35km:03:28:32 | 40km:04:03:28									
3333	2168	**HEBA Grzegorz**	KOBYŁKA		POL	1966	M50	340	04:25:25	04:19:23	2907
		5km:00:24:02 | 10km:00:48:50 | 15km:01:14:22 | 20km:01:41:49 | 21km:01:47:48 | 25km:02:11:54 | 30km:02:49:44 | 35km:03:27:41 | 40km:04:04:51									
3334	4035	**TOMASZEWSKI Marcin**	WARSZAWA		POL	1978	M40	1064	04:20:17	04:19:23	2907
		5km:00:30:29 | 10km:01:01:09 | 15km:01:31:21 | 20km:02:01:44 | 21km:02:08:22 | 25km:02:32:12 | 30km:03:02:36 | 35km:03:33:26 | 40km:04:05:25									
3335	6385	**OPIEKA Mariusz**	WARSZAWA	1.BLTr	POL	1978	M40	1065	04:26:13	04:19:24	2909
		5km:00:28:30 | 10km:00:56:43 | 15km:01:24:23 | 20km:01:52:32 | 21km:01:58:37 | 25km:02:21:47 | 30km:02:52:59 | 35km:03:27:04 | 40km:04:04:24									
3336	6524	**KROKOCKI Paweł**	OSOWIEC		POL	1978	M40	1065	04:23:53	04:19:24	2909
		5km:00:28:00 | 10km:00:56:14 | 15km:01:23:34 | 20km:01:51:31 | 21km:01:57:30 | 25km:02:20:23 | 30km:02:51:12 | 35km:03:25:40 | 40km:04:03:40									
3337	7725	**PRZYGODA Paweł**	IZABELIN		POL	1977	M40	1065	04:25:49	04:19:24	2909
		5km:00:31:09 | 10km:01:00:51 | 15km:01:30:39 | 20km:02:00:34 | 21km:02:07:01 | 25km:02:29:57 | 30km:03:02:11 | 35km:03:34:30 | 40km:04:06:42									
3338	7884	**NAPIÓRKOWSKI Wiktor**	WARSZAWA		POL	2004	M20	455	04:27:54	04:19:25	2912
		5km:00:29:22 | 10km:00:59:32 | 15km:01:30:01 | 20km:02:01:02 | 21km:02:07:36 | 25km:02:32:43 | 30km:03:03:24 | 35km:03:34:11 | 40km:04:06:13									
3339	7900	**GAWRECKA Beata**	JUTROSIN		POL	1982	K40	172	04:23:35	04:19:26	427
		5km:00:27:44 | 10km:00:55:01 | 15km:01:22:42 | 20km:01:51:20 | 21km:01:57:24 | 25km:02:20:45 | 30km:02:58:06 | 35km:03:34:02 | 40km:04:07:10									
3340	3347	**DERECHOWSKA Milena**	WROCŁAW		POL	2002	K20	63	04:23:37	04:19:28	428
		5km:00:28:52 | 10km:00:57:28 | 15km:01:26:08 | 20km:01:55:31 | 21km:02:01:51 | 25km:02:25:19 | 30km:02:56:00 | 35km:03:30:40 | 40km:04:06:44									
3341	3044	**BIEGUN Marcin**	LUBIN		POL	1999	M20	456	04:27:52	04:19:32	2913
		5km:00:29:56 | 10km:01:00:24 | 15km:01:29:58 | 20km:01:59:54 | 21km:02:06:21 | 25km:02:29:52 | 30km:03:00:44 | 35km:03:31:25 | 40km:04:05:41									
3342	7835	**FRYCZ Michał**	WARSZAWA		POL	1973	M50	341	04:25:28	04:19:32	2913
		5km:00:27:03 | 10km:00:54:25 | 15km:01:21:59 | 20km:01:49:50 | 21km:01:56:05 | 25km:02:18:43 | 30km:02:50:16 | 35km:03:26:28 | 40km:04:04:10									
3343	10473	**SMOCZYŃSKA Emilia**	TUCHOLA		POL	1984	K30	165	04:22:40	04:19:39	429
		5km:00:27:43 | 10km:00:55:44 | 15km:01:23:31 | 20km:01:51:27 | 21km:01:57:28 | 25km:02:19:54 | 30km:02:50:55 | 35km:03:25:53 | 40km:04:04:22									
3344	8429	**TYMIŃSKI Mariusz**	DŁUGA SZLACHECKA		POL	1975	M40	1068	04:25:37	04:19:39	2915
		5km:00:29:04 | 10km:00:58:39 | 15km:01:28:25 | 20km:01:57:53 | 21km:02:04:13 | 25km:02:27:36 | 30km:02:58:23 | 35km:03:30:33 | 40km:04:05:15									
3345	7119	**BUKOWIEC Justyna**	KRAKÓW	KKM Kaloryfer	POL	1990	K30	166	04:23:50	04:19:40	430
		5km:00:28:41 | 10km:00:57:30 | 15km:01:26:08 | 20km:01:55:49 | 21km:02:01:57 | 25km:02:25:56 | 30km:02:57:41 | 35km:03:30:51 | 40km:04:05:46									
3346	10155	**KOTOWSKI Marcin**	OSOWIEC		POL	1973	M50	342	04:25:29	04:19:41	2916
		5km:00:31:12 | 10km:01:02:08 | 15km:01:32:52 | 20km:02:03:31 | 21km:02:10:08 | 25km:02:33:55 | 30km:03:04:02 | 35km:03:34:15 | 40km:04:05:16									
3347	10717	**GODLEWSKA Magdalena**	SZCZYTNO		POL	1980	K40	173	04:24:14	04:19:41	431
		5km:00:22:58 | 10km:00:47:59 | 15km:01:14:29 | 20km:01:42:36 | 21km:01:48:48 | 25km:02:14:27 | 30km:02:50:20 | 35km:03:25:36 | 40km:04:05:42									
3348	13517	**KŁOSOWSKI Mirosław**	KROSNO		POL	1999	M20	457	04:22:17	04:19:41	2916
		5km:00:28:36 | 10km:00:56:37 | 15km:01:24:09 | 20km:01:52:14 | 21km:01:58:15 | 25km:02:20:09 | 30km:02:49:21 | 35km:03:26:04 | 40km:04:05:29									
3349	10575	**TUREK Mariusz**	GÓRA KALWARIA		POL	1979	M40	1069	04:23:48	04:19:42	2918
		5km:00:28:57 | 10km:00:57:28 | 15km:01:25:02 | 20km:01:54:36 | 21km:02:00:47 | 25km:02:23:47 | 30km:02:53:59 | 35km:03:26:46 | 40km:03:59:28									
3350	2802	**POLAŃSKI Michał**	JEŻÓW SUDECKI		POL	1998	M20	458	04:24:33	04:19:44	2919
		5km:00:26:56 | 10km:00:54:26 | 15km:01:22:20 | 20km:01:50:53 | 21km:01:57:01 | 25km:02:19:16 | 30km:02:49:38 | 35km:03:26:27 | 40km:04:05:44									
3351	3975	**ŚWIĄTEK Michał**	JADWISIN		POL	1986	M30	981	04:25:05	04:19:47	2920
		5km:00:30:35 | 10km:00:59:21 | 15km:01:28:30 | 20km:01:57:59 | 21km:02:04:27 | 25km:02:27:50 | 30km:02:59:16 | 35km:03:32:29 | 40km:04:05:56									
3352	10573	**MOŃKO Marta**	GDYNIA		POL	1983	K40	174	04:25:33	04:19:48	432
		5km:00:28:57 | 10km:00:57:27 | 15km:01:25:01 | 20km:01:54:34 | 21km:02:00:48 | 25km:02:23:47 | 30km:02:54:00 | 35km:03:26:46 | 40km:03:59:28									
3353	3865	**SROCZYŃSKI Mateusz**	SUCHEDNIÓW		POL	1997	M20	459	04:24:37	04:19:48	2921
		5km:00:30:11 | 10km:00:59:19 | 15km:01:28:34 | 20km:01:57:53 | 21km:02:04:25 | 25km:02:27:12 | 30km:02:57:16 | 35km:03:29:46 | 40km:04:05:29									
3354	2294	**LIGOCKI Radosław**	ZALASEWO	KOCIA TEAM	POL	1980	M40	1070	04:25:30	04:19:49	2922
		5km:00:31:40 | 10km:01:02:53 | 15km:01:33:46 | 20km:02:04:26 | 21km:02:10:48 | 25km:02:34:54 | 30km:03:05:54 | 35km:03:37:30 | 40km:04:08:28									
3355	3615	**ZALEWSKA Marta**	WARSZAWA	Góral z Mazur Running Team	POL	1989	K30	167	04:27:40	04:19:52	433
		5km:00:26:08 | 10km:00:53:25 | 15km:01:20:48 | 20km:01:47:48 | 21km:01:53:35 | 25km:02:15:21 | 30km:02:46:18 | 35km:03:17:55 | 40km:03:55:04									
3356	3452	**RYBAK Kamil**	KRAKÓW		POL	1990	M30	982	04:20:42	04:19:53	2923
		5km:00:31:19 | 10km:01:02:24 | 15km:01:32:59 | 20km:02:03:50 | 21km:02:10:15 | 25km:02:34:07 | 30km:03:04:37 | 35km:03:35:03 | 40km:04:06:14									
3357	8497	**FLISIKOWSKI Bartłomiej**	GDAŃSK		POL	1975	M40	1071	04:28:03	04:19:53	2923
		5km:00:27:13 | 10km:00:54:13 | 15km:01:21:16 | 20km:01:50:02 | 21km:01:56:20 | 25km:02:21:15 | 30km:02:54:14 | 35km:03:28:27 | 40km:04:05:56									
3358	6705	**BUTKIEWICZ Michał**	WARSZAWA		POL	1987	M30	983	04:22:46	04:19:54	2925

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
3359	7642	**NUTAKKI Madhu**	WINTERTHUR		USA	1973	M50	343	04:26:43	04:19:55	2926
		5km:00:26:57| 10km:00:54:40| 15km: 01:23:18 | 20km:01:52:59 | 21km:01:59:23 | 25km:02:23:42 | 30km:02:55:24 | 35km:03:29:31 | 40km:04:05:29								
3360	8043	**KACZMAREK Piotr**	GDAŃSK	dobory.pl	POL	1974	M40	1072	04:28:03	04:19:55	2926
		5km:00:31:21| 10km:01:02:27| 15km: 01:33:01 | 20km:02:03:47 | 21km:02:10:16 | 25km:02:34:08 | 30km:03:04:40 | 35km:03:35:04 | 40km:04:06:16								
3361	10286	**PREJS Kamil**	PRZEŹMIEROWO		POL	1975	M40	1073	04:22:09	04:19:57	2928
		5km:00:26:37| 10km:00:53:38| 15km: 01:20:42 | 20km:01:49:29 | 21km:01:55:23 | 25km:02:17:47 | 30km:02:49:12 | 35km:03:23:15 | 40km:04:03:23								
3362	5081	**TUSZYŃSKI Dariusz**	NOWY DWÓR MAZOWIECKI		POL	1969	M50	344	04:25:23	04:20:03	2929
		5km:00:28:14| 10km:00:56:49| 15km: 01:24:54 | 20km:01:53:28 | 21km:01:59:38 | 25km:02:21:54 | 30km:02:50:19 | 35km:03:25:24 | 40km:04:04:45								
3363	16003	**BIAŁOBRZESKI Damian**	SOCHACZEW		POL	1983	M40	1074	04:24:40	04:20:08	2930
		5km:00:27:32| 10km:00:55:01| 15km: 01:22:46 | 20km:01:50:47 | 21km:01:56:51 | 25km:02:18:53 | 30km:02:48:09 | 35km:03:22:51 | 40km:04:03:26								
3364	2033	**HOYER Marcin**	SOCHACZEW	Warbud Running Team	POL	1980	M40	1075	04:24:39	04:20:09	2931
		5km:00:27:33| 10km:00:55:02| 15km: 01:22:49 | 20km:01:50:47 | 21km:01:56:53 | 25km:02:18:55 | 30km:02:48:12 | 35km:03:22:52 | 40km:04:03:29								
3365	5222	**SULIKOWSKI Artur**	RADOM		POL	1983	M40	1075	04:28:26	04:20:09	2931
		5km:00:29:48| 10km:00:59:54| 15km: 01:30:13 | 20km:02:00:42 | 21km:02:06:52 | 25km:02:30:31 | 30km:03:00:46 | 35km:03:32:37 | 40km:04:05:54								
3366	10271	**KUKAWSKI Łukasz**	POPIEL		POL	1986	M30	984	04:27:12	04:20:12	2933
		5km:00:30:12| 10km:01:00:18| 15km: 01:29:46 | 20km:01:59:46 | 21km:02:06:03 | 25km:02:28:44 | 30km:02:57:38 | 35km:03:28:03 | 40km:04:04:43								
3367	10660	**RADZIEWICZ Iwona**	OLSZTYN	Pszczółkowski Team	POL	1982	K40	175	04:24:07	04:20:17	434
		5km:00:28:02| 10km:00:55:18| 15km: 01:24:36 | 20km:01:54:57 | 21km:02:01:58 | 25km:02:28:08 | 30km:03:00:50 | 35km:03:32:41 | 40km:04:07:07								
3368	15024	**SZYMAŃSKI Tomasz**	CZERNIEWICE		POL	1990	M30	985	04:26:26	04:20:17	2934
		5km:00:29:40| 10km:00:58:48| 15km: 01:28:05 | 20km:01:57:25 | 21km:02:03:56 | 25km:02:27:07 | 30km:02:56:50 | 35km:03:30:01 | 40km:04:06:54								
3369	7548	**WITUSIŃSKI Michał**	KOMORÓW	KS Chojniak Wieniawa	POL	1998	M20	460	04:23:52	04:20:19	2935
		5km:00:28:18| 10km:00:55:32| 15km: 01:23:12 | 20km:01:50:58 | 21km:01:57:11 | 25km:02:19:33 | 30km:02:49:50 | 35km:03:26:58 | 40km:04:05:07								
3370	10203	**KOZAK Ewa**	DŁUGOŁĘKA	GKS Długołęka	POL	1979	K40	176	04:25:51	04:20:22	435
		5km:00:30:17| 10km:01:00:17| 15km: 01:30:13 | 20km:02:00:13 | 21km:02:06:42 | 25km:02:30:13 | 30km:03:00:20 | 35km:03:30:56 | 40km:04:06:40								
3371	8441	**RZEPKA Aleksandra**	WARSZAWA	Schenker Technology Center Runners	POL	1991	K30	168	04:25:36	04:20:22	435
		5km:00:28:23| 10km:00:56:55| 15km: 01:25:18 | 20km:01:54:43 | 21km:02:01:11 | 25km:02:25:31 | 30km:02:57:00 | 35km:03:29:58 | 40km:04:05:42								
3372	2263	**FOREMNIAK SZADURA Beata**	WROCŁAW		POL	1972	K50	27	04:25:10	04:20:24	437
		5km:00:29:22| 10km:00:58:47| 15km: 01:27:24 | 20km:01:57:24 | 21km:02:03:32 | 25km:02:26:53 | 30km:02:58:26 | 35km:03:31:15 | 40km:04:05:52								
3373	2241	**SROCZYŃSKA Magdalena**	WARSZAWA		POL	1983	K40	177	04:23:14	04:20:26	438
		5km:00:27:30| 10km:00:55:15| 15km: 01:24:10 | 20km:01:54:17 | 21km:02:00:43 | 25km:02:24:55 | 30km:02:57:16 | 35km:03:30:11 | 40km:04:06:26								
3374	10226	**STRUK Łukasz**	KRAKÓW		POL	1982	M40	1077	04:27:34	04:20:27	2936
		5km:00:29:47| 10km:00:59:38| 15km: 01:29:31 | 20km:01:59:37 | 21km:02:05:57 | 25km:02:29:52 | 30km:03:01:28 | 35km:03:32:44 | 40km:04:06:36								
3375	8433	**WALASIK Piotr**	MIŃSK MAZOWIECKI		POL	1982	M40	1077	04:29:30	04:20:27	2936
		5km:00:28:19| 10km:00:56:01| 15km: 01:22:59 | 20km:01:50:39 | 21km:01:56:35 | 25km:02:18:53 | 30km:02:48:57 | 35km:03:22:43 | 40km:04:05:05								
3376	3495	**PISKOWSKA-IWASZKIEWICZ Justyna**	WARSZAWA		POL	1978	K40	178	04:26:45	04:20:28	439
		5km:00:31:37| 10km:01:02:40| 15km: 01:33:12 | 20km:02:03:35 | 21km:02:10:05 | 25km:02:33:38 | 30km:03:04:06 | 35km:03:34:59 | 40km:04:06:58								
3377	4698	**PANKIEWICZ Paulina**	WARSZAWA	DREAM RUN	POL	1980	K40	178	04:26:32	04:20:28	439
		5km:00:29:46| 10km:00:58:53| 15km: 01:28:23 | 20km:01:57:29 | 21km:02:04:01 | 25km:02:27:15 | 30km:02:56:56 | 35km:03:30:03 | 40km:04:06:38								
3378	6727	**SIEKIERDA Konrad**	NIEPOŁOMICE		POL	1992	M30	986	04:25:02	04:20:29	2938
		5km:00:28:26| 10km:00:56:22| 15km: 01:23:46 | 20km:01:52:00 | 21km:01:58:04 | 25km:02:20:17 | 30km:02:50:24 | 35km:03:27:10 | 40km:04:07:07								
3379	4357	**VINKKI Markus**	KLAUKKALA		FIN	1999	M20	461	04:23:24	04:20:31	2939
		5km:00:26:35| 10km:00:53:27| 15km: 01:19:53 | 20km:01:47:04 | 21km:01:53:00 | 25km:02:15:08 | 30km:02:48:12 | 35km:03:24:21 | 40km:04:05:52								
3380	2330	**DOMINIAK Zbigniew**	WARSZAWA	ORANGE POLSKA	POL	1977	M40	1079	04:25:56	04:20:33	2940
		5km:00:29:20| 10km:00:59:11| 15km: 01:30:17 | 20km:02:01:27 | 21km:02:07:37 | 25km:02:31:12 | 30km:03:01:41 | 35km:03:32:53 | 40km:04:06:22								
3381	6437	**LECH Klaudia**	KRAKÓW		POL	1998	K20	64	04:25:07	04:20:33	441
		5km:00:28:25| 10km:00:56:36| 15km: 01:24:39 | 20km:01:52:40 | 21km:01:58:42 | 25km:02:22:12 | 30km:02:53:35 | 35km:03:27:39 | 40km:04:04:16								
3382	5007	**WRÓBEL Daniel**	WARSZAWA		POL	1987	M30	987	04:25:47	04:20:34	2941
		5km:00:28:06| 10km:00:56:40| 15km: 01:24:55 | 20km:01:53:25 | 21km:01:59:34 | 25km:02:22:06 | 30km:02:53:34 | 35km:03:27:24 | 40km:04:05:20								
3383	6721	**BIERNACKI Rafał**	WARSZAWA		POL	1985	M30	988	04:24:34	04:20:35	2942
		5km:00:29:45| 10km:00:59:09| 15km: 01:28:04 | 20km:01:57:43 | 21km:02:04:22 | 25km:02:29:02 | 30km:03:02:57 | 35km:03:36:19 | 40km:04:07:50								
3384	4656	**MADEJ Michał**	WARSZAWA		POL	1996	M20	462	04:25:50	04:20:39	2943
		5km:00:27:50| 10km:00:55:43| 15km: 01:23:24 | 20km:01:51:29 | 21km:01:57:38 | 25km:02:20:01 | 30km:02:51:03 | 35km:03:29:45 | 40km:04:05:45								
3385	5277	**LELONKIEWICZ Tomasz**	WARSZAWA		POL	1966	M50	345	04:28:02	04:20:39	2943
		5km:00:30:04| 10km:01:00:40| 15km: 01:30:51 | 20km:02:01:36 | 21km:02:07:58 | 25km:02:31:44 | 30km:03:02:10 | 35km:03:32:54 | 40km:04:06:00								
3386	10435	**BOROWICZ Ireneusz**	BYDGOSZCZ		POL	1983	M40	1080	04:27:35	04:20:40	2945
		5km:00:29:31| 10km:00:59:03| 15km: 01:28:18 | 20km:01:57:51 | 21km:02:04:11 | 25km:02:27:12 | 30km:02:57:20 | 35km:03:28:14 | 40km:04:04:53								
3387	8049	**MROCZKA Mateusz**	KRAKÓW		POL	2001	M20	463	04:26:04	04:20:40	2945
		5km:00:30:04| 10km:01:00:35| 15km: 01:30:43 | 20km:02:00:46 | 21km:02:07:07 | 25km:02:31:39 | 30km:03:01:59 | 35km:03:32:43 | 40km:04:08:03								
3388	2442	**WESENBERG - KASZUBOWSKA Joanna**	SZCZYTNO		POL	1982	K40	180	04:25:13	04:20:41	442
		5km:00:30:08| 10km:01:00:41| 15km: 01:31:00 | 20km:02:01:16 | 21km:02:07:45 | 25km:02:31:37 | 30km:03:01:57 | 35km:03:33:12 | 40km:04:06:53								
3389	6315	**FELIS Albert**	WARSZAWA		POL	1975	M40	1081	04:23:06	04:20:41	2947
		5km:00:26:35| 10km:00:54:38| 15km: 01:23:12 | 20km:01:52:20 | 21km:01:58:44 | 25km:02:22:10 | 30km:02:55:37 | 35km:03:29:03 | 40km:04:05:14								
3390	16002	**PÖPKE Anna**	KŁOMNICE		POL	1992	K30	169	04:22:52	04:20:42	443
		5km:00:27:10| 10km:00:53:48| 15km: 01:19:52 | 20km:01:46:26 | 21km:01:52:15 | 25km:02:15:59 | 30km:02:50:13 | 35km:03:26:53 | 40km:04:05:19								
3391	7357	**ALENTSYNOVICH Maryia**	WARSZAWA			2000	K20	65	04:27:20	04:20:42	443
		5km:00:30:06| 10km:01:01:07| 15km: 01:31:18 | 20km:02:01:25 | 21km:02:07:50 | 25km:02:31:43 | 30km:03:02:13 | 35km:03:33:13 | 40km:04:06:17								
3392	7499	**VAN DER KERKEN Filip**	TIELEN		BEL	1968	M50	346	04:27:22	04:20:44	2948
		5km:00:30:09| 10km:01:01:07| 15km: 01:31:17 | 20km:02:01:26 | 21km:02:07:49 | 25km:02:31:44 | 30km:03:02:14 | 35km:03:33:15 | 40km:04:06:18								
3393	2097	**SOJKA MACHADO Vinicius**	SOŚNICA	Attack speed	BRA	1983	M40	1082	04:25:36	04:20:45	2949
		5km:00:27:21| 10km:00:54:22| 15km: 01:22:51 | 20km:01:51:29 | 21km:01:57:28 | 25km:02:19:57 | 30km:02:51:44 | 35km:03:25:40 | 40km:04:03:19								
3394	3852	**BAYOK Ilya**	WARSZAWA			1995	M20	464	04:30:48	04:20:45	2949
		5km:00:29:34| 10km:01:00:04| 15km: 01:30:34 | 20km:02:00:41 | 21km:02:06:56 | 25km:02:30:04 | 30km:02:58:36 | 35km:03:29:40 | 40km:04:05:47								
3395	4609	**PRZYBYŁKOWICZ Jacek**	WARSZAWA		POL	1974	M40	1082	04:25:01	04:20:45	2949
		5km:00:27:02| 10km:00:54:29| 15km: 01:22:13 | 20km:01:51:20 | 21km:01:57:42 | 25km:02:22:16 | 30km:02:53:47 | 35km:03:28:18 | 40km:04:06:30								
3396	7678	**FIREK Piotr**	SKIERNIEWICE	Parkrun Skierniewice	POL	1977	M40	1084	04:28:09	04:20:47	2952
		5km:00:32:39| 10km:01:07:27| 15km: 01:44:12 | 20km:02:12:25 | 21km:02:18:33 | 25km:02:41:46 | 30km:03:11:07 | 35km:03:39:53 | 40km:04:08:47								
3397	8219	**MAZUREK Jarosław**	PRUSZKÓW		POL	1984	M30	989	04:25:50	04:20:48	2953
		5km:00:28:08| 10km:00:56:09| 15km: 01:23:51 | 20km:01:51:53 | 21km:01:58:02 | 25km:02:20:19 | 30km:02:49:21 | 35km:03:22:21 | 40km:04:06:40								
3398	10316	**SZEWCZYK Mariusz**	SZADEK	RRD Runners	POL	1988	M30	990	04:22:48	04:20:49	2954
		5km:00:26:58| 10km:00:54:22| 15km: 01:22:03 | 20km:01:50:40 | 21km:01:56:51 | 25km:02:20:04 | 30km:02:52:33 | 35km:03:27:49 | 40km:04:05:37								
3399	6623	**TURKOWSKI Adrian**	WARSZAWA		POL	2003	M20	465	04:21:42	04:20:49	2954
		5km:00:29:22| 10km:00:58:15| 15km: 01:26:44 | 20km:01:55:25 | 21km:02:02:00 | 25km:02:25:27 | 30km:02:56:02 | 35km:03:26:48 | 40km:04:05:28								
3400	6350	**MUKAI Hisataka**	HYOGO		JPN	1961	M60	67	04:25:50	04:20:52	2956
		5km:00:29:17| 10km:00:58:37| 15km: 01:28:09 | 20km:01:57:42 | 21km:02:04:13 | 25km:02:27:19 | 30km:02:56:59 | 35km:03:28:49 | 40km:04:07:03								
3401	6647	**STANISZ Piotr**	WARSZAWA	Legion Warszawa	POL	1986	M30	991	04:26:21	04:20:52	2956
		5km:00:28:08| 10km:00:56:33| 15km: 01:24:47 | 20km:01:53:38 | 21km:01:59:52 | 25km:02:22:11 | 30km:02:52:51 | 35km:03:28:49 | 40km:04:06:29								
3402	7377	**BRZEZIŃSKI Waldemar**	NOWE MIASTO NAD PILICĄ	Biegiem Radom	POL	1965	M50	347	04:27:18	04:20:54	2958
		5km:00:29:59| 10km:01:00:34| 15km: 01:30:53 | 20km:02:01:38 | 21km:02:08:25 | 25km:02:33:30 | 30km:03:05:14 | 35km:03:35:10 | 40km:04:06:53								
3403	2637	**KAZMIERCZAK Marcin**	NEWPORT		POL	1974	M40	1085	04:28:32	04:20:57	2959
		5km:00:31:23| 10km:01:03:19| 15km: 01:33:30 | 20km:02:04:09 | 21km:02:10:46 | 25km:02:35:01 | 30km:03:06:09 | 35km:03:37:10 | 40km:04:08:34								
3404	3443	**ROSŁOŃSKI Piotr**	PIASECZNO		POL	1980	M40	1085	04:23:51	04:20:57	2959
		5km:00:27:12| 10km:00:54:10| 15km: 01:21:14 | 20km:01:47:53 | 21km:01:53:41 | 25km:02:15:24 | 30km:02:46:22 | 35km:03:21:20 | 40km:04:06:28								

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:25 | 10km:00:54:51 | 15km:01:21:55 | 20km:01:49:07 | 21km:01:55:07 | 25km:02:16:23 | 30km:02:45:05 | 35km:03:29:32 | 40km:04:07:18									
3405	4245	**BĘBENEK Dominik**	WROCŁAW		POL	1995	M20	466	04:24:13	04:21:00	2961
		5km:00:30:07 | 10km:01:00:44 | 15km:01:31:01 | 20km:02:02:08 | 21km:02:07:58 | 25km:02:31:47 | 30km:03:02:18 | 35km:03:33:22 | 40km:04:05:51									
3406	12037	**GACH Karol**	ZATOR	State Street	POL	1985	M30	992	04:27:58	04:21:05	2962
		5km:00:30:35 | 10km:01:01:19 | 15km:01:31:38 | 20km:02:01:56 | 21km:02:08:27 | 25km:02:32:36 | 30km:03:03:12 | 35km:03:33:25 | 40km:04:06:50									
3407	8377	**MACINA Małgorzata**	WARSZAWA	KSP	POL	1990	K30	170	04:28:30	04:21:06	445
		5km:00:28:28 | 10km:00:55:42 | 15km:01:22:54 | 20km:01:50:11 | 21km:01:56:11 | 25km:02:17:29 | 30km:02:45:45 | 35km:03:18:17 | 40km:04:02:52									
3408	6515	**TOMANEK Bartosz**	GDAŃSK	PCS | Littler	POL	1989	M30	993	04:24:32	04:21:07	2963
		5km:00:31:13 | 10km:01:01:16 | 15km:01:31:51 | 20km:02:02:46 | 21km:02:09:01 | 25km:02:32:24 | 30km:03:03:02 | 35km:03:34:18 | 40km:04:07:09									
3409	10137	**SADAWA Rafał**	SIEMIANOWICE ŚLĄSKIE	Siemianowice i Przyjaciele Biegają	POL	1973	M50	348	04:29:56	04:21:08	2964
		5km:00:30:17 | 10km:01:00:36 | 15km:01:29:50 | 20km:01:59:12 | 21km:02:05:36 | 25km:02:29:18 | 30km:03:00:37 | 35km:03:32:49 | 40km:04:06:51									
3410	6454	**BOLISĘGA Paweł**	WROCŁAW		POL	1997	M20	467	04:30:18	04:21:13	2965
		5km:00:30:17 | 10km:01:00:38 | 15km:01:29:51 | 20km:01:59:13 | 21km:02:05:37 | 25km:02:29:17 | 30km:03:00:38 | 35km:03:32:52 | 40km:04:06:51									
3411	6706	**CZECH Piotr**	WARSZAWA		POL	1994	M20	467	04:30:17	04:21:13	2965
		5km:00:28:24 | 10km:00:57:12 | 15km:01:26:21 | 20km:01:56:06 | 21km:02:02:31 | 25km:02:25:58 | 30km:02:56:51 | 35km:03:29:59 | 40km:04:05:24									
3412	3472	**KUBUŚKA Marta**	ZGORZAŁA	Panda	POL	1984	K30	171	04:26:12	04:21:14	446
		5km:00:29:52 | 10km:00:58:21 | 15km:01:26:13 | 20km:01:54:21 | 21km:02:00:25 | 25km:02:23:12 | 30km:02:54:21 | 35km:03:27:57 | 40km:04:05:06									
3413	10681	**DRYNIAK Dominik**	ALEKSANDRÓW ŁÓDZKI		POL	1977	M40	1087	04:29:26	04:21:15	2967
		5km:00:29:52 | 10km:00:58:21 | 15km:01:26:13 | 20km:01:54:21 | 21km:02:00:25 | 25km:02:23:12 | 30km:02:54:21 | 35km:03:27:57 | 40km:04:05:06									
3414	3471	**KUBUŚKA Michał**	ZGORZAŁA	Panda	POL	1983	M40	1088	04:26:13	04:21:16	2968
		5km:00:26:49 | 10km:00:53:45 | 15km:01:20:35 | 20km:01:47:38 | 21km:01:53:37 | 25km:02:15:06 | 30km:02:43:14 | 35km:03:15:34 | 40km:04:01:38									
3415	6696	**ARENT-STEFAŃSKA Jolanta**	WARSZAWA		POL	1976	K40	181	04:28:03	04:21:16	447
		5km:00:30:03 | 10km:01:00:04 | 15km:01:29:35 | 20km:01:59:13 | 21km:02:05:40 | 25km:02:29:23 | 30km:02:59:59 | 35km:03:31:35 | 40km:04:07:19									
3416	4673	**BARANOWSKI Waldemar**	WARSZAWA		POL	1964	M50	349	04:29:29	04:21:17	2969
		5km:00:29:00 | 10km:00:58:34 | 15km:01:28:06 | 20km:01:57:07 | 21km:02:03:29 | 25km:02:26:29 | 30km:02:56:24 | 35km:03:26:59 | 40km:04:07:27									
3417	10284	**KULASIEWICZ Szymon**	CZĘSTOCHOWA		POL	1994	M20	469	04:24:33	04:21:18	2970
		5km:00:27:07 | 10km:00:53:43 | 15km:01:19:05 | 20km:01:45:14 | 21km:01:50:58 | 25km:02:12:47 | 30km:02:43:36 | 35km:03:16:50 | 40km:04:02:22									
3418	7212	**MOSIEWICZ Jacek**	WROCŁAW	Tato biega	POL	1976	M40	1089	04:22:08	04:21:18	2970
		5km:00:28:02 | 10km:00:57:01 | 15km:01:26:23 | 20km:01:56:46 | 21km:02:03:47 | 25km:02:28:32 | 30km:03:00:45 | 35km:03:33:32 | 40km:04:06:52									
3419	7961	**STĘPNIEWSKI Dominik**	WARSZAWA	Trimasters	POL	1998	M20	470	04:25:00	04:21:19	2972
		5km:00:28:21 | 10km:00:56:08 | 15km:01:23:48 | 20km:01:51:40 | 21km:01:57:56 | 25km:02:23:04 | 30km:02:54:47 | 35km:03:30:18 | 40km:04:07:26									
3420	7014	**IVINSKI Kanstantsin**	BIAŁYSTOK			1982	M40	1090	04:27:41	04:21:20	2973
		5km:00:28:41 | 10km:00:57:03 | 15km:01:24:37 | 20km:01:52:22 | 21km:01:58:35 | 25km:02:20:54 | 30km:02:51:15 | 35km:03:28:54 | 40km:04:06:20									
3421	8346	**NATORSKI Maciej**	WARSZAWA	StowarzyszenieSportowePolskieUltra/Trizarza	POL	1979	M40	1090	04:27:37	04:21:20	2973
		5km:00:30:15 | 10km:00:59:55 | 15km:01:29:47 | 20km:01:59:56 | 21km:02:06:26 | 25km:02:30:15 | 30km:03:00:36 | 35km:03:31:25 | 40km:04:07:17									
3422	10563	**BYER Krystian**	MAŁDYTY		POL	1987	M30	994	04:29:25	04:21:21	2975
		5km:00:32:18 | 10km:01:04:52 | 15km:01:35:38 | 20km:02:04:42 | 21km:02:10:45 | 25km:02:33:12 | 30km:03:01:45 | 35km:03:31:42 | 40km:04:05:22									
3423	3642	**RZECZKOWSKI Wojciech**	WARSZAWA		POL	1993	M30	995	04:25:33	04:21:22	2976
		5km:00:28:37 | 10km:00:56:47 | 15km:01:24:28 | 20km:01:52:31 | 21km:01:58:43 | 25km:02:20:52 | 30km:02:50:59 | 35km:03:24:12 | 40km:04:07:25									
3424	6858	**JANKOWSKI Rafał**	WAŁBRZYCH	Predators Wałbrzych	POL	1983	M40	1092	04:24:01	04:21:24	2977
		5km:00:25:21 | 10km:00:51:13 | 15km:01:17:29 | 20km:01:44:25 | 21km:01:50:17 | 25km:02:13:36 | 30km:02:44:37 | 35km:03:20:40 | 40km:04:03:34									
3425	8030	**ŁODZIŃSKI Michał**	PIASECZNO		POL	1990	M30	996	04:27:16	04:21:24	2977
		5km:00:29:12 | 10km:00:58:39 | 15km:01:27:55 | 20km:01:57:08 | 21km:02:03:29 | 25km:02:26:31 | 30km:02:56:47 | 35km:03:28:54 | 40km:04:07:19									
3426	8492	**CHRZĄSZCZ Przemysław**	WARSZAWA		POL	1978	M40	1092	04:23:45	04:21:24	2977
		5km:00:28:08 | 10km:00:56:50 | 15km:01:25:38 | 20km:01:54:05 | 21km:02:00:15 | 25km:02:22:29 | 30km:02:51:20 | 35km:03:22:31 | 40km:04:04:47									
3427	4206	**PRZYBYSZ Krzysztof**	WARSZAWA	ART PROFI	POL	1969	M50	350	04:22:59	04:21:27	2980
		5km:00:27:18 | 10km:00:56:34 | 15km:01:28:32 | 20km:01:58:36 | 21km:02:05:03 | 25km:02:28:44 | 30km:03:03:27 | 35km:03:36:58 | 40km:04:08:49									
3428	12024	**MIZIŃSKA Sylwia**	WARSZAWA	Srogie Dżogery	POL	1979	K40	182	04:26:44	04:21:28	448
		5km:00:28:19 | 10km:00:56:57 | 15km:01:26:28 | 20km:01:56:29 | 21km:02:03:07 | 25km:02:28:12 | 30km:03:00:34 | 35km:03:32:56 | 40km:04:07:36									
3429	2211	**SZYMONCZYK Igor**	SOSNOWIEC		POL	2001	M20	471	04:27:29	04:21:30	2981
		5km:00:29:49 | 10km:00:58:52 | 15km:01:27:47 | 20km:01:56:02 | 21km:02:02:16 | 25km:02:24:34 | 30km:02:54:42 | 35km:03:29:11 | 40km:04:06:09									
3430	3696	**OLMA Władysław**	JASTRZĘBIE-ZDRÓJ	Jastrzębie biegam bo lubię	POL	1964	M50	351	04:29:21	04:21:30	2981
		5km:00:31:05 | 10km:01:01:45 | 15km:01:31:29 | 20km:02:01:29 | 21km:02:08:05 | 25km:02:31:46 | 30km:03:01:36 | 35km:03:32:50 | 40km:04:06:44									
3431	10515	**NIWIŃSKI Jan**	PODKOWA LEŚNA		POL	1995	M20	472	04:29:39	04:21:33	2983
		5km:00:29:33 | 10km:00:59:33 | 15km:01:28:57 | 20km:01:57:34 | 21km:02:03:41 | 25km:02:26:47 | 30km:02:56:36 | 35km:03:31:04 | 40km:04:08:22									
3432	2376	**LIJEWSKI Tomasz**	SWARZĘDZ		POL	1978	M40	1094	04:27:42	04:21:33	2983
		5km:00:29:11 | 10km:00:58:52 | 15km:01:29:01 | 20km:02:00:00 | 21km:02:06:38 | 25km:02:30:25 | 30km:03:02:07 | 35km:03:34:27 | 40km:04:07:24									
3433	10586	**JAKUBOWSKI Paweł**	WARSZAWA		POL	1980	M40	1095	04:24:45	04:21:34	2985
		5km:00:26:39 | 10km:00:53:29 | 15km:01:20:08 | 20km:01:47:47 | 21km:01:53:50 | 25km:02:17:11 | 30km:02:50:13 | 35km:03:25:56 | 40km:04:07:02									
3434	2365	**MASTALERZ Radomir**	WARSZAWA		POL	1986	M30	997	04:27:39	04:21:37	2986
		5km:00:29:34 | 10km:00:58:40 | 15km:01:26:49 | 20km:01:55:24 | 21km:02:01:32 | 25km:02:24:08 | 30km:02:54:54 | 35km:03:27:43 | 40km:04:06:17									
3435	5189	**ŚWIERCZ Jacek**	WARSZAWA	Byledobiec Anin	POL	1969	M50	352	04:23:54	04:21:40	2987
		5km:00:26:24 | 10km:00:52:15 | 15km:01:19:04 | 20km:01:47:48 | 21km:01:53:40 | 25km:02:19:40 | 30km:02:54:48 | 35km:03:29:37 | 40km:04:08:18									
3436	4643	**ROSSI Jean**	WARSAW		POL	1965	M50	353	04:25:56	04:21:44	2988
		5km:00:27:57 | 10km:00:55:29 | 15km:01:23:25 | 20km:01:52:21 | 21km:01:58:31 | 25km:02:22:39 | 30km:02:54:40 | 35km:03:28:54 | 40km:04:06:30									
3437	13027	**BORKOWSKI Jakub**	KONSTANCIN-JEZIORNA	Vbody.pl	POL	1980	M40	1096	04:25:31	04:21:45	2989
		5km:00:28:08 | 10km:00:55:26 | 15km:01:22:32 | 20km:01:49:55 | 21km:01:55:52 | 25km:02:17:14 | 30km:02:45:55 | 35km:03:19:44 | 40km:04:03:17									
3438	3111	**GÓRSKI Robert**	WARSZAWA		POL	2000	M20	473	04:28:15	04:21:45	2989
		5km:00:29:20 | 10km:00:58:19 | 15km:01:27:13 | 20km:01:54:59 | 21km:02:00:58 | 25km:02:21:57 | 30km:02:52:04 | 35km:03:27:35 | 40km:04:06:20									
3439	3285	**HOMENIUK Alina**	DUBNO	HappyRun	UKR	1981	K40	183	04:28:31	04:21:47	449
		5km:00:28:15 | 10km:00:56:35 | 15km:01:25:46 | 20km:01:55:48 | 21km:02:01:51 | 25km:02:25:41 | 30km:02:57:23 | 35km:03:29:53 | 40km:04:08:25									
3440	3912	**RZECZKOWSKI Marcin**	WARSZAWA	Palestra Warszawa	POL	1981	M40	1097	04:26:34	04:21:47	2991
		5km:00:27:29 | 10km:00:55:45 | 15km:01:23:43 | 20km:01:51:39 | 21km:01:57:41 | 25km:02:20:23 | 30km:02:53:37 | 35km:03:28:33 | 40km:04:06:38									
3441	6542	**SHASHKO Yulia**	WARSZAWA			1995	K20	66	04:31:04	04:21:50	450
		5km:00:32:03 | 10km:01:04:15 | 15km:01:34:34 | 20km:02:05:46 | 21km:02:12:33 | 25km:02:36:17 | 30km:03:08:07 | 35km:03:38:20 | 40km:04:08:51									
3442	2790	**WILLIAMS Sam**	WARSZAWA		GBR	1998	M20	474	04:26:16	04:21:51	2992
		5km:00:27:28 | 10km:00:54:37 | 15km:01:21:39 | 20km:01:48:35 | 21km:01:54:29 | 25km:02:15:41 | 30km:02:44:38 | 35km:03:20:48 | 40km:04:04:07									
3443	3188	**BAHIR Said**	PRZEMYŚL	BlokB	MAR	1974	M40	1098	04:25:20	04:21:52	2993
		5km:00:28:17 | 10km:00:56:33 | 15km:01:25:14 | 20km:01:55:19 | 21km:02:01:36 | 25km:02:26:46 | 30km:02:59:39 | 35km:03:30:19 | 40km:04:05:47									
3444	4630	**WILCZEWSKI Wojciech**	WARSZAWA		POL	1973	M50	354	04:27:38	04:21:53	2994
		5km:00:29:41 | 10km:00:59:10 | 15km:01:28:39 | 20km:01:57:58 | 21km:02:04:24 | 25km:02:27:48 | 30km:02:57:24 | 35km:03:27:34 | 40km:04:07:36									
3445	8037	**JAROSIEWICZ Filip**	WARSZAWA		POL	2004	M20	475	04:28:23	04:21:56	2995
		5km:00:32:34 | 10km:01:05:31 | 15km:01:37:29 | 20km:02:09:48 | 21km:02:16:58 | 25km:02:42:56 | 30km:03:15:15 | 35km:03:46:49 | 40km:04:12:25									
3446	8058	**GAJDA Michał**	SOCHACZEW		POL	1985	M30	998	04:29:45	04:21:57	2996
		5km:00:31:46 | 10km:01:03:16 | 15km:01:33:49 | 20km:02:05:12 | 21km:02:11:59 | 25km:02:36:32 | 30km:03:07:45 | 35km:03:38:17 | 40km:04:09:04									
3447	10610	**DRZEWIECKA-GAJDA Iwona**	SOCHACZEW		POL	1986	K30	172	04:29:46	04:22:00	451
		5km:00:31:49 | 10km:01:03:22 | 15km:01:33:51 | 20km:02:05:12 | 21km:02:12:01 | 25km:02:36:35 | 30km:03:07:48 | 35km:03:38:20 | 40km:04:09:06									
3448	2578	**PRZYŻYCKI Patryk**	TYCHY		POL	1982	M40	1099	04:27:51	04:22:03	2997
		5km:00:29:20 | 10km:00:59:39 | 15km:01:29:31 | 20km:01:59:20 | 21km:02:05:50 | 25km:02:29:42 | 30km:03:00:45 | 35km:03:32:35 | 40km:04:07:18									
3449	6377	**BRYŁA Jarosław**	WANCERZÓW		POL	1973	M50	355	04:25:52	04:22:06	2998
		5km:00:29:01 | 10km:00:57:10 | 15km:01:25:00 | 20km:01:53:08 | 21km:01:59:16 | 25km:02:21:51 | 30km:02:54:33 | 35km:03:28:36 | 40km:04:06:48									
3450	7519	**WUJCZYK Paweł**	WARSZAWA		POL	1985	M30	999	04:30:36	04:22:06	2998
		5km:00:26:31 | 10km:00:54:37 | 15km:01:22:24 | 20km:01:50:47 | 21km:01:56:53 | 25km:02:19:22 | 30km:02:51:52 | 35km:03:26:49 | 40km:04:05:34									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:04 | 10km:00:59:01 | 15km: 01:27:39 | 20km:01:56:56 | 21km:02:03:19 | 25km:02:26:41 | 30km:02:58:14 | 35km:03:32:14 | 40km:04:07:30									
3451	6754	**PIĄTEK Tomasz**	MYSZKÓW		POL	1977	M40	1100	04:28:56	04:22:10	3000
3452	10217	**PUCH Tomasz**	RADOM		POL	1979	M40	1101	04:29:37	04:22:11	3001
		5km:00:27:53 | 10km:00:55:52 | 15km: 01:23:22 | 20km:01:51:21 | 21km:01:57:25 | 25km:02:20:11 | 30km:02:52:52 | 35km:03:28:54 | 40km:04:07:34									
3453	12028	**GRONDYS Andrzej**	ŻERNICA	Zatyrani Gratisownia.pl Gmina Pilchowice	POL	1977	M40	1102	04:24:49	04:22:12	3002
		5km:00:26:34 | 10km:00:53:13 | 15km: 01:20:16 | 20km:01:47:37 | 21km:01:53:38 | 25km:02:16:39 | 30km:02:48:08 | 35km:03:23:34 | 40km:04:05:09									
3454	12069	**KURKOWSKA Iwona**	WARSZAWA		POL	1988	K30	173	04:29:17	04:22:18	452
		5km:00:30:04 | 10km:00:59:59 | 15km: 01:29:38 | 20km:01:58:53 | 21km:02:05:02 | 25km:02:28:35 | 30km:03:00:44 | 35km:03:32:54 | 40km:04:08:00									
3455	7497	**BAJKO Patryk**	RYBNIK		POL	1996	M20	476	04:24:29	04:22:22	3003
		5km:00:31:17 | 10km:01:02:21 | 15km: 01:33:09 | 20km:02:04:21 | 21km:02:11:08 | 25km:02:35:49 | 30km:03:07:04 | 35km:03:37:38 | 40km:04:09:33									
3456	15501	**GAWĘCKI Filip**	WARSZAWA		POL	1984	M30	1000	04:24:50	04:22:23	3004
		5km:00:26:31 | 10km:00:53:03 | 15km: 01:19:31 | 20km:01:45:48 | 21km:01:51:36 | 25km:02:12:34 | 30km:02:44:12 | 35km:03:23:22 | 40km:04:05:30									
3457	3464	**KUCHARSKI Radek**	SŁUPSK		POL	1977	M40	1103	04:25:38	04:22:23	3004
		5km:00:27:07 | 10km:00:54:34 | 15km: 01:21:39 | 20km:01:49:00 | 21km:01:54:54 | 25km:02:17:37 | 30km:02:48:59 | 35km:03:27:08 | 40km:04:07:25									
3458	6161	**KOSTUR Gabriel**	JAROSŁAW		POL	1995	M20	477	04:29:11	04:22:23	3004
		5km:00:30:12 | 10km:01:00:25 | 15km: 01:30:13 | 20km:01:59:57 | 21km:02:06:28 | 25km:02:30:05 | 30km:03:00:49 | 35km:03:33:07 | 40km:04:08:59									
3459	3352	**SZAŁAJ Marcin**	SUWAŁKI		POL	1996	M20	478	04:31:02	04:22:25	3007
		5km:00:28:43 | 10km:00:57:34 | 15km: 01:25:55 | 20km:01:55:49 | 21km:02:03:06 | 25km:02:27:15 | 30km:02:58:17 | 35km:03:32:58 | 40km:04:07:41									
3460	12071	**GWIAŹDZIŃSKI Michał**	PIASTÓW		POL	1979	M40	1104	04:28:47	04:22:26	3008
		5km:00:29:29 | 10km:00:58:38 | 15km: 01:27:48 | 20km:01:57:20 | 21km:02:03:43 | 25km:02:26:17 | 30km:02:55:18 | 35km:03:25:52 | 40km:04:06:41									
3461	3295	**KRASZEWSKI Daniel**	WARSZAWA		POL	1991	M30	1001	04:27:46	04:22:26	3008
		5km:00:28:09 | 10km:00:56:04 | 15km: 01:24:02 | 20km:01:52:16 | 21km:01:58:19 | 25km:02:22:40 | 30km:02:56:06 | 35km:03:31:40 | 40km:04:08:15									
3462	7097	**NADROWSKI Kamil**	WARSZAWA		POL	1991	M30	1002	04:28:34	04:22:28	3010
		5km:00:29:40 | 10km:00:58:50 | 15km: 01:28:07 | 20km:01:57:22 | 21km:02:03:39 | 25km:02:26:34 | 30km:02:56:22 | 35km:03:29:57 | 40km:04:07:56									
3463	3728	**GOLANOWSKI Dawid**	WROCŁAW		POL	1996	M20	479	04:24:11	04:22:32	3011
		5km:00:24:55 | 10km:00:50:36 | 15km: 01:17:32 | 20km:01:45:32 | 21km:01:51:45 | 25km:02:14:42 | 30km:02:46:35 | 35km:03:24:43 | 40km:04:04:52									
3464	7432	**KOPEĆ Mateusz**	WARSZAWA	Niedotrenowane Modele	POL	1987	M30	1003	04:27:52	04:22:32	3011
		5km:00:28:27 | 10km:00:57:03 | 15km: 01:26:47 | 20km:01:56:05 | 21km:02:02:29 | 25km:02:26:01 | 30km:02:57:00 | 35km:03:29:18 | 40km:04:07:41									
3465	5048	**TARNOWSKI Paweł**	LUBLIN	Bractwo Biegowe BGK	POL	1993	M30	1004	04:27:25	04:22:33	3013
		5km:00:28:04 | 10km:00:56:13 | 15km: 01:23:51 | 20km:01:52:01 | 21km:01:58:08 | 25km:02:20:23 | 30km:02:51:06 | 35km:03:26:57 | 40km:04:05:06									
3466	6760	**HAŁAS Marek**	WROCŁAW	Mocna Grupa Cezara	POL	1969	M50	356	04:26:40	04:22:33	3013
		5km:00:27:58 | 10km:00:55:44 | 15km: 01:24:36 | 20km:01:54:22 | 21km:02:00:38 | 25km:02:27:16 | 30km:02:58:39 | 35km:03:34:37 | 40km:04:09:20									
3467	7795	**DUGGLEBY Gemma**	BOLTON		GBR	1986	K30	174	04:24:33	04:22:33	453
		5km:00:26:02 | 10km:00:51:59 | 15km: 01:17:47 | 20km:01:43:50 | 21km:01:49:36 | 25km:02:10:20 | 30km:02:39:19 | 35km:03:16:31 | 40km:04:09:27									
3468	13525	**SKOUPY Piotr**	LEGIONOWO		POL	1996	M20	480	04:26:29	04:22:35	3015
		5km:00:27:59 | 10km:00:55:04 | 15km: 01:22:30 | 20km:01:50:33 | 21km:01:56:30 | 25km:02:19:34 | 30km:02:52:20 | 35km:03:29:31 | 40km:04:08:56									
3469	7053	**MILLER Daniel**	WARSZAWA	WITC	USA	1976	M40	1105	04:27:42	04:22:35	3015
		5km:00:28:36 | 10km:00:57:47 | 15km: 01:26:56 | 20km:01:56:02 | 21km:02:02:28 | 25km:02:25:40 | 30km:02:56:55 | 35km:03:30:36 | 40km:04:08:28									
3470	3759	**WĄTORSKI Michał**	WARSZAWA		POL	1992	M30	1005	04:27:19	04:22:36	3017
		5km:00:28:57 | 10km:00:56:47 | 15km: 01:24:05 | 20km:01:51:59 | 21km:01:58:08 | 25km:02:20:24 | 30km:02:48:55 | 35km:03:26:38 | 40km:04:08:27									
3471	6809	**GRABOWIEC-ALIKOWSKA Renata**	WARSZAWA		POL	1974	K40	184	04:30:24	04:22:36	454
		5km:00:31:46 | 10km:01:02:58 | 15km: 01:32:57 | 20km:02:03:56 | 21km:02:10:29 | 25km:02:34:18 | 30km:03:05:18 | 35km:03:37:00 | 40km:04:09:43									
3472	3036	**RANISZEWSKI Patryk**	EDINBURGH		POL	1989	M30	1006	04:27:27	04:22:39	3018
		5km:00:28:08 | 10km:00:56:17 | 15km: 01:23:55 | 20km:01:52:05 | 21km:01:58:12 | 25km:02:20:25 | 30km:02:51:20 | 35km:03:26:34 | 40km:04:05:36									
3473	3729	**WYDRA Jarosław**	RADOM	Street Run Radom	POL	1987	M30	1006	04:27:18	04:22:39	3018
		5km:00:28:12 | 10km:00:56:15 | 15km: 01:23:53 | 20km:01:52:00 | 21km:01:58:11 | 25km:02:20:11 | 30km:02:50:20 | 35km:03:25:41 | 40km:04:06:00									
3474	3451	**RUDZKI Karol**	ŁÓDŹ		POL	1986	M30	1008	04:27:40	04:22:41	3020
		5km:00:24:06 | 10km:00:48:46 | 15km: 01:14:15 | 20km:01:42:28 | 21km:01:48:38 | 25km:02:16:03 | 30km:02:51:00 | 35km:03:29:40 | 40km:04:10:13									
3475	2647	**KINA Michał**	KŁODAWA		POL	2000	M20	481	04:26:05	04:22:44	3021
		5km:00:25:34 | 10km:00:52:03 | 15km: 01:18:54 | 20km:01:47:05 | 21km:01:53:01 | 25km:02:17:46 | 30km:02:49:58 | 35km:03:26:16 | 40km:04:07:12									
3476	4230	**FISH Inbal**	TEL AVIV		POL	1993	M30	1009	04:27:22	04:22:44	3021
		5km:00:27:41 | 10km:00:54:40 | 15km: 01:23:00 | 20km:01:50:42 | 21km:01:57:28 | 25km:02:22:06 | 30km:02:56:27 | 35km:03:33:09 | 40km:04:08:50									
3477	7383	**CYWIŃSKA Karolina**	WARSZAWA	Biegaj pod okiem trenera	POL	1988	K30	175	04:29:31	04:22:44	455
		5km:00:30:13 | 10km:01:00:50 | 15km: 01:31:08 | 20km:02:01:18 | 21km:02:07:58 | 25km:02:31:40 | 30km:03:02:14 | 35km:03:33:09 | 40km:04:08:38									
3478	7994	**WITZKE Artur**	LEGIONOWO		POL	1980	M40	1106	04:30:37	04:22:44	3021
		5km:00:30:06 | 10km:01:00:29 | 15km: 01:31:21 | 20km:02:01:44 | 21km:02:08:05 | 25km:02:32:21 | 30km:03:03:07 | 35km:03:35:03 | 40km:04:09:27									
3479	5232	**MAJEWSKI Miłosz**	WARSZAWA		POL	1993	M30	1010	04:28:00	04:22:46	3024
		5km:00:29:45 | 10km:01:00:40 | 15km: 01:30:16 | 20km:01:59:36 | 21km:02:06:02 | 25km:02:29:55 | 30km:02:58:22 | 35km:03:28:55 | 40km:04:06:28									
3480	6634	**CIUPA Katarzyna**	RADOMSKO	KBKS Radomsko	POL	1975	K40	185	04:30:57	04:22:46	456
		5km:00:28:50 | 10km:00:57:16 | 15km: 01:26:12 | 20km:01:57:24 | 21km:02:03:44 | 25km:02:28:52 | 30km:03:01:28 | 35km:03:34:14 | 40km:04:09:45									
3481	10219	**PIECHOWSKI Rafał**	ZWIERZYN		POL	1999	M20	482	04:26:05	04:22:48	3025
		5km:00:27:43 | 10km:00:54:50 | 15km: 01:21:57 | 20km:01:49:10 | 21km:01:55:14 | 25km:02:17:49 | 30km:02:50:02 | 35km:03:26:20 | 40km:04:07:15									
3482	2997	**SOBOL Yana**	KYIV		UKR	1986	K30	176	04:28:16	04:22:49	457
		5km:00:30:23 | 10km:00:59:38 | 15km: 01:28:50 | 20km:01:58:59 | 21km:02:04:54 | 25km:02:28:00 | 30km:02:58:22 | 35km:03:31:46 | 40km:04:08:35									
3483	5224	**MEDVEDIEV Oleksandr**	NEDRIGALOV		UKR	1979	M40	1107	04:23:42	04:22:49	3026
		5km:00:28:35 | 10km:00:57:32 | 15km: 01:26:28 | 20km:01:55:12 | 21km:02:01:34 | 25km:02:25:02 | 30km:02:57:57 | 35km:03:32:35 | 40km:04:08:08									
3484	10441	**ADRYANCZYK Radosław**	SOSNOWIEC		POL	1981	M40	1108	04:27:22	04:22:51	3027
		5km:00:28:34 | 10km:00:57:18 | 15km: 01:25:43 | 20km:01:54:17 | 21km:02:00:30 | 25km:02:22:47 | 30km:02:52:14 | 35km:03:24:53 | 40km:04:05:32									
3485	6092	**WIĘCZKOWSKI Wojciech**	WARSZAWA		POL	1974	M40	1109	04:27:30	04:22:54	3028
		5km:00:27:55 | 10km:00:54:58 | 15km: 01:21:46 | 20km:01:49:06 | 21km:01:55:07 | 25km:02:19:57 | 30km:02:54:34 | 35km:03:31:29 | 40km:04:09:57									
3486	12091	**SROKA Dariusz**	WARSZAWA		POL	1985	M30	1011	04:27:49	04:22:55	3029
		5km:00:28:07 | 10km:00:56:16 | 15km: 01:23:59 | 20km:01:52:10 | 21km:01:58:11 | 25km:02:20:47 | 30km:02:53:05 | 35km:03:28:56 | 40km:04:08:04									
3487	3458	**URBANIAK Piotr**	WYSZKÓW		POL	1996	M20	483	04:28:02	04:22:55	3029
		5km:00:28:29 | 10km:00:57:01 | 15km: 01:25:08 | 20km:01:53:46 | 21km:01:59:52 | 25km:02:24:39 | 30km:02:57:24 | 35km:03:31:29 | 40km:04:09:35									
3488	4014	**WILCZEWSKA Monika**	OLSZTYN	Są Wolniejsi Olsztyn	POL	1984	K30	177	04:28:26	04:22:56	458
		5km:00:30:08 | 10km:01:00:10 | 15km: 01:30:03 | 20km:02:00:26 | 21km:02:07:01 | 25km:02:32:05 | 30km:03:03:14 | 35km:03:34:50 | 40km:04:09:21									
3489	2234	**GAWARKIEWICZ Tomasz**	GDYNIA		POL	1971	M50	357	04:26:30	04:22:57	3031
		5km:00:28:32 | 10km:00:56:06 | 15km: 01:23:59 | 20km:01:51:51 | 21km:01:58:13 | 25km:02:26:55 | 30km:03:02:13 | 35km:03:36:01 | 40km:04:09:39									
3490	3596	**SAJDAK Grzegorz**	WARSZAWA		POL	1991	M30	1012	04:27:23	04:22:57	3031
		5km:00:28:43 | 10km:00:57:52 | 15km: 01:27:04 | 20km:01:56:23 | 21km:02:02:57 | 25km:02:27:37 | 30km:02:59:26 | 35km:03:30:22 | 40km:04:07:00									
3491	3327	**PAJĄK Michał**	WARSZAWA	Furia Jelonki	POL	1989	M30	1013	04:27:40	04:22:59	3033
		5km:00:29:10 | 10km:00:58:04 | 15km: 01:26:27 | 20km:01:54:50 | 21km:02:00:57 | 25km:02:23:33 | 30km:02:55:46 | 35km:03:34:09 | 40km:04:10:44									
3492	10759	**POLOK Ireneusz**	BIAŁA PODLASKA		POL	1983	M40	1110	04:28:39	04:23:00	3034
		5km:00:28:27 | 10km:00:55:59 | 15km: 01:23:50 | 20km:01:51:28 | 21km:01:57:31 | 25km:02:20:04 | 30km:02:54:22 | 35km:03:29:22 | 40km:04:08:37									
3493	2208	**BACZYŃSKI Leszek**	WAPNO	Biegający Górnik Wapno	POL	1964	M50	358	04:25:10	04:23:00	3034
		5km:00:26:51 | 10km:00:53:23 | 15km: 01:20:02 | 20km:01:47:38 | 21km:01:53:32 | 25km:02:19:21 | 30km:02:54:36 | 35km:03:32:41 | 40km:04:08:56									
3494	3543	**FLOREK Małgorzata**	WARSZAWA		POL	1986	K30	178	04:30:31	04:23:00	459
		5km:00:31:35 | 10km:01:02:01 | 15km: 01:32:26 | 20km:02:03:18 | 21km:02:09:50 | 25km:02:33:46 | 30km:03:05:38 | 35km:03:37:22 | 40km:04:09:32									
3495	6639	**DAWID Piotr**	JASIENICA		POL	1972	M50	358	04:27:24	04:23:00	3034
		5km:00:28:27 | 10km:00:57:13 | 15km: 01:26:23 | 20km:01:56:22 | 21km:02:02:55 | 25km:02:26:53 | 30km:02:59:11 | 35km:03:32:38 | 40km:04:08:29									
3496	10365	**BIEL Krystian**	BUJAKÓW		POL	2002	M20	484	04:25:39	04:23:01	3037
		5km:00:26:25 | 10km:00:52:56 | 15km: 01:19:53 | 20km:01:48:02 | 21km:01:54:17 | 25km:02:19:50 | 30km:02:56:03 | 35km:03:29:49 | 40km:04:08:06									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:31:26| 10km:01:02:58| 15km: 01:33:07 | 20km:02:02:57 | 21km:02:09:32 | 25km:02:33:25 | 30km:03:04:24 | 35km:03:35:51 | 40km:04:09:08									
3497	4627	**WALCZAK Jakub**	WARSZAWA		POL	2004	M20	484	04:31:06	04:23:01	3037
		5km:00:27:18| 10km:00:54:26| 15km: 01:21:48 | 20km:01:49:32 | 21km:01:55:32 | 25km:02:18:19 | 30km:02:53:19 | 35km:03:29:47 | 40km:04:09:12									
3498	10757	**CAPAŁA Rafał**	DYS		POL	1998	M20	486	04:25:57	04:23:02	3039
		5km:00:25:16| 10km:00:50:59| 15km: 01:18:11 | 20km:01:48:08 | 21km:01:54:50 | 25km:02:19:14 | 30km:02:53:06 | 35km:03:30:18 | 40km:04:09:40									
3499	6995	**BEREYZIAT Jonathan**	WASZAWA		FRA	1999	M20	486	04:23:58	04:23:02	3039
		5km:00:27:58| 10km:00:56:12| 15km: 01:23:57 | 20km:01:51:54 | 21km:01:57:57 | 25km:02:20:44 | 30km:02:52:37 | 35km:03:28:41 | 40km:04:08:45									
3500	10371	**PILICH Marcin**	HAŻLACH	Leśna Team	POL	1980	M40	1111	04:28:17	04:23:06	3041
		5km:00:29:40| 10km:01:00:17| 15km: 01:30:33 | 20km:02:00:59 | 21km:02:07:30 | 25km:02:31:22 | 30km:03:02:33 | 35km:03:34:44 | 40km:04:08:50									
3501	6665	**DOMOSŁAWSKA Joanna**	WROCŁAW		POL	1978	K40	186	04:30:27	04:23:07	460
		5km:00:28:06| 10km:00:56:07| 15km: 01:25:26 | 20km:01:55:10 | 21km:02:01:41 | 25km:02:25:50 | 30km:02:59:12 | 35km:03:32:50 | 40km:04:08:04									
3502	2605	**ILMELÄ Tessaliina**	HELSINKI		FIN	1981	K40	187	04:28:41	04:23:10	461
		5km:00:31:05| 10km:01:02:16| 15km: 01:32:51 | 20km:02:03:43 | 21km:02:10:14 | 25km:02:34:11 | 30km:03:05:35 | 35km:03:36:05 | 40km:04:09:12									
3503	5250	**PODAREWSKA-KACHLICKA Helena**	MILANÓWEK	wsparcietreningowe.pl	POL	1983	K40	188	04:31:46	04:23:11	462
		5km:00:28:25| 10km:00:56:27| 15km: 01:23:48 | 20km:01:51:25 | 21km:01:57:33 | 25km:02:19:16 | 30km:02:47:30 | 35km:03:34:27 | 40km:04:10:24									
3504	10503	**MILCZARSKI Jakub**	BIAŁA PODLASKA		POL	1995	M20	488	04:27:41	04:23:15	3042
		5km:00:29:53| 10km:00:59:34| 15km: 01:29:16 | 20km:01:58:23 | 21km:02:04:35 | 25km:02:27:47 | 30km:02:58:54 | 35km:03:31:57 | 40km:04:08:09									
3505	2812	**KOWALCZYK Cezary**	MIŃSK MAZOWIECKI		POL	1990	M30	1014	04:29:54	04:23:15	3042
		5km:00:29:52| 10km:00:58:38| 15km: 01:27:53 | 20km:01:57:07 | 21km:02:03:37 | 25km:02:27:32 | 30km:03:01:18 | 35km:03:34:13 | 40km:04:09:18									
3506	4038	**MICHAŁOWSKA Urszula**	WARSZAWA		POL	1993	K30	179	04:30:12	04:23:15	463
		5km:00:29:53| 10km:00:59:32| 15km: 01:29:15 | 20km:01:58:25 | 21km:02:04:34 | 25km:02:27:47 | 30km:02:58:53 | 35km:03:31:56 | 40km:04:08:06									
3507	8430	**BREWCZAK Maciej**	WARSZAWA	ORLEN Running Team	POL	1985	M30	1014	04:29:54	04:23:15	3042
		5km:00:29:52| 10km:00:58:38| 15km: 01:27:53 | 20km:01:57:07 | 21km:02:03:37 | 25km:02:27:32 | 30km:03:01:18 | 35km:03:34:13 | 40km:04:09:18									
3508	3300	**SZCZĘSNY Marcin**	WARSZAWA		POL	1977	M40	1112	04:29:48	04:23:16	3045
		5km:00:25:33| 10km:00:51:36| 15km: 01:17:08 | 20km:01:43:09 | 21km:01:48:44 | 25km:02:09:24 | 30km:02:36:48 | 35km:03:05:29 | 40km:03:36:16									
3509	8168	**SZCZEPAŃSKI Krzysztof**	PRASZKA	171 BLP BRZEG	POL	1987	M30	1016	04:25:06	04:23:16	3045
		5km:00:28:42| 10km:00:57:03| 15km: 01:24:52 | 20km:01:52:48 | 21km:01:58:54 | 25km:02:21:12 | 30km:02:52:03 | 35km:03:27:42 | 40km:04:07:31									
3510	10046	**ZYBURA Mateusz**	GROBLE		POL	1992	M30	1017	04:27:28	04:23:17	3047
		5km:00:27:13| 10km:00:56:08| 15km: 01:25:38 | 20km:01:55:49 | 21km:02:02:04 | 25km:02:26:08 | 30km:02:58:21 | 35km:03:31:02 | 40km:04:07:57									
3511	4129	**KARAŚKIEWICZ Wiesław**	PUŁTUSK		POL	1957	M60	68	04:24:52	04:23:17	3047
		5km:00:28:13| 10km:00:56:27| 15km: 01:24:08 | 20km:01:53:46 | 21km:01:59:55 | 25km:02:26:01 | 30km:02:59:17 | 35km:03:32:39 | 40km:04:09:07									
3512	2718	**KRAWCZYK Radosław**	ŻYRARDÓW	Drużyna Orzecha Żyrardów	POL	1978	M40	1113	04:28:00	04:23:18	3049
		5km:00:30:18| 10km:01:00:17| 15km: 01:30:29 | 20km:02:01:20 | 21km:02:07:21 | 25km:02:30:39 | 30km:03:03:02 | 35km:03:34:39 | 40km:04:10:01									
3513	6617	**BANASZEK Waldemar**	WARSZAWA		POL	1981	M40	1113	04:30:33	04:23:18	3049
		5km:00:30:11| 10km:00:59:42| 15km: 01:28:47 | 20km:01:58:47 | 21km:02:05:05 | 25km:02:28:39 | 30km:02:58:57 | 35km:03:32:19 | 40km:04:08:49									
3514	6628	**CHAMERA Sebastian**	KOMORNIKI		POL	1994	M20	489	04:29:32	04:23:19	3051
		5km:00:27:53| 10km:00:54:47| 15km: 01:22:05 | 20km:01:49:16 | 21km:01:55:07 | 25km:02:16:16 | 30km:02:45:05 | 35km:03:22:16 | 40km:04:07:15									
3515	5003	**BAILEY Brendan**	WARSZAWA		USA	1989	M30	1018	04:27:35	04:23:20	3052
		5km:00:28:55| 10km:00:57:28| 15km: 01:26:05 | 20km:01:54:42 | 21km:02:00:52 | 25km:02:23:17 | 30km:02:53:24 | 35km:03:28:30 | 40km:04:07:26									
3516	10194	**DĄBROWSKA Weronika**	WARSZAWA		POL	1995	K20	67	04:27:38	04:23:21	464
		5km:00:27:15| 10km:00:55:48| 15km: 01:24:07 | 20km:01:54:21 | 21km:02:00:54 | 25km:02:25:31 | 30km:02:58:15 | 35km:03:31:35 | 40km:04:08:37									
3517	2152	**FALKIEWICZ Jacek**	WARSZAWA		POL	1974	M40	1115	04:29:37	04:23:21	3053
		5km:00:31:45| 10km:01:02:46| 15km: 01:33:13 | 20km:02:03:29 | 21km:02:09:48 | 25km:02:33:27 | 30km:03:04:10 | 35km:03:36:04 | 40km:04:09:29									
3518	13510	**GALIJEW Stanisław**	WARSZAWA		POL	1983	M40	1116	04:31:49	04:23:23	3054
		5km:00:29:47| 10km:01:00:07| 15km: 01:30:24 | 20km:02:00:35 | 21km:02:07:16 | 25km:02:31:28 | 30km:03:04:17 | 35km:03:37:25 | 40km:04:10:23									
3519	2381	**PIETROWSKA Barbara**	MÜNCHEN		GER	1981	K40	189	04:30:43	04:23:24	465
		5km:00:29:05| 10km:00:59:34| 15km: 01:29:50 | 20km:01:59:16 | 21km:02:05:44 | 25km:02:28:55 | 30km:03:00:16 | 35km:03:32:55 | 40km:04:09:01									
3520	7653	**MAJ Kamila**	WARSZAWA		POL	1991	K30	180	04:27:46	04:23:24	465
		5km:00:27:29| 10km:00:54:54| 15km: 01:22:21 | 20km:01:50:18 | 21km:01:56:27 | 25km:02:19:35 | 30km:02:52:42 | 35km:03:28:12 | 40km:04:07:37									
3521	8041	**ZAWODZIAN Piotr**	WARSZAWA		POL	1988	M30	1019	04:26:16	04:23:24	3055
		5km:00:31:11| 10km:01:01:21| 15km: 01:31:07 | 20km:02:01:02 | 21km:02:07:21 | 25km:02:30:45 | 30km:03:01:49 | 35km:03:34:04 | 40km:04:08:22									
3522	6925	**GÓRNICKI Grzegorz**	WIELISZEW	WirująceKorby	POL	1989	M30	1020	04:30:12	04:23:25	3056
		5km:00:31:24| 10km:01:02:27| 15km: 01:32:55 | 20km:02:04:20 | 21km:02:10:48 | 25km:02:36:08 | 30km:03:07:51 | 35km:03:38:56 | 40km:04:10:17									
3523	3028	**JOEL Yvernault**	LA CHATRE	Boussac Running	FRA	1960	M60	69	04:30:58	04:23:26	3057
		5km:00:31:27| 10km:01:02:24| 15km: 01:32:56 | 20km:02:04:19 | 21km:02:10:50 | 25km:02:36:09 | 30km:03:07:55 | 35km:03:38:57 | 40km:04:10:18									
3524	3030	**CAMESCASSE Stephanie**	BOUSSAC BOURG		FRA	1977	K40	190	04:30:58	04:23:27	467
		5km:00:28:57| 10km:00:58:51| 15km: 01:28:41 | 20km:01:58:30 | 21km:02:04:42 | 25km:02:28:35 | 30km:03:00:10 | 35km:03:33:50 | 40km:04:09:49									
3525	13029	**KILIAN Daniel**	MYSIADŁO		POL	1973	M50	360	04:28:56	04:23:28	3058
		5km:00:28:52| 10km:00:57:16| 15km: 01:26:22 | 20km:01:55:01 | 21km:02:01:17 | 25km:02:25:27 | 30km:02:55:22 | 35km:03:29:09 | 40km:04:08:28									
3526	16007	**DUDZIK Paweł**	KRAKÓW	dudzio_active	POL	1983	M40	1117	04:27:44	04:23:29	3059
		5km:00:28:47| 10km:00:56:23| 15km: 01:24:20 | 20km:01:52:27 | 21km:01:58:30 | 25km:02:20:23 | 30km:02:51:56 | 35km:03:26:27 | 40km:04:08:14									
3527	10738	**BIERNACKI Aleksander**	WARSZAWA		POL	1976	M40	1118	04:27:19	04:23:30	3060
		5km:00:31:18| 10km:01:02:04| 15km: 01:31:55 | 20km:02:01:18 | 21km:02:07:31 | 25km:02:30:07 | 30km:03:00:12 | 35km:03:30:52 | 40km:04:07:40									
3528	2281	**CICHOŃ Konrad**	SKAWINA		POL	1997	M20	490	04:32:23	04:23:30	3060
		5km:00:28:22| 10km:00:56:56| 15km: 01:25:03 | 20km:01:53:34 | 21km:01:59:48 | 25km:02:22:09 | 30km:02:51:49 | 35km:03:24:51 | 40km:04:06:25									
3529	10030	**MOR Agnieszka**	GDAŃSK		POL	1977	K40	191	04:28:43	04:23:31	468
		5km:00:27:12| 10km:00:54:45| 15km: 01:21:37 | 20km:01:48:19 | 21km:01:54:09 | 25km:02:15:42 | 30km:02:45:51 | 35km:03:20:57 | 40km:04:05:59									
3530	7106	**RYBAK Marcin**	SOSNOWIEC	Spartan Training Group Sosnowiec	POL	1982	M40	1119	04:26:36	04:23:31	3062
		5km:00:31:44| 10km:01:03:15| 15km: 01:33:38 | 20km:02:05:21 | 21km:02:12:10 | 25km:02:37:24 | 30km:03:10:40 | 35km:03:42:22 | 40km:04:12:45									
3531	4576	**JOŚKO Kamil**	WARSZAWA		POL	1984	M30	1021	04:31:14	04:23:32	3063
		5km:00:30:18| 10km:01:01:07| 15km: 01:31:20 | 20km:02:01:43 | 21km:02:08:02 | 25km:02:32:02 | 30km:03:02:09 | 35km:03:34:20 | 40km:04:08:38									
3532	6685	**WILCZAK Dariusz**	DĄBROWA GÓRNICZA		POL	1967	M50	361	04:30:18	04:23:33	3064
		5km:00:29:41| 10km:01:00:36| 15km: 01:30:22 | 20km:02:00:26 | 21km:02:07:04 | 25km:02:31:08 | 30km:03:02:09 | 35km:03:34:26 | 40km:04:08:57									
3533	6693	**SEPP Kristo**	TALLINN	Eesti Aerutamisföderatsioon	EST	1986	M30	1022	04:30:30	04:23:34	3065
		5km:00:31:00| 10km:01:01:18| 15km: 01:30:43 | 20km:01:59:41 | 21km:02:05:59 | 25km:02:29:18 | 30km:03:00:27 | 35km:03:32:02 | 40km:04:07:42									
3534	2702	**FILA Antoni**	SZTUM	Zantyr Sztum	POL	1950	M70	5	04:32:11	04:23:36	3066
		5km:00:28:26| 10km:00:56:37| 15km: 01:24:35 | 20km:01:53:02 | 21km:01:59:28 | 25km:02:22:19 | 30km:02:54:29 | 35km:03:30:01 | 40km:04:08:32									
3535	6534	**KUJAWSKI Rafał**	WARSZAWA		POL	1985	M30	1023	04:28:24	04:23:38	3067
		5km:00:30:03| 10km:01:00:23| 15km: 01:30:47 | 20km:02:00:52 | 21km:02:07:16 | 25km:02:30:47 | 30km:03:01:57 | 35km:03:33:46 | 40km:04:08:35									
3536	2881	**WILCZYŃSKA Aneta**	JAWORZNO	KB MCKiS Jaworzno	POL	1974	K40	192	04:30:40	04:23:39	469
		5km:00:30:42| 10km:01:01:46| 15km: 01:32:26 | 20km:02:02:46 | 21km:02:09:17 | 25km:02:33:53 | 30km:03:05:07 | 35km:03:37:19 | 40km:04:10:42									
3537	7886	**NEY Patrick**	WARSZAWA		POL	1983	M40	1120	04:28:04	04:23:39	3068
		5km:00:28:45| 10km:00:57:25| 15km: 01:25:42 | 20km:01:55:04 | 21km:02:01:37 | 25km:02:25:56 | 30km:02:58:56 | 35km:03:32:43 | 40km:04:09:02									
3538	4642	**ZWIERZCHOWSKI Artur**	WARSZAWA		POL	1975	M40	1121	04:28:32	04:23:42	3069
		5km:00:30:26| 10km:01:00:39| 15km: 01:31:22 | 20km:02:01:23 | 21km:02:07:58 | 25km:02:33:12 | 30km:03:03:59 | 35km:03:35:43 | 40km:04:09:30									
3539	10153	**WOŹNIAK Łukasz**	WARSZAWA		POL	1985	M30	1024	04:31:37	04:23:44	3070
		5km:00:28:57| 10km:00:57:39| 15km: 01:25:58 | 20km:01:54:35 | 21km:02:00:46 | 25km:02:24:45 | 30km:02:56:31 | 35km:03:29:35 | 40km:04:08:34									
3540	2265	**KACALA Roman**	HONG KONG		POL	1978	M40	1122	04:30:43	04:23:45	3071
		5km:00:29:42| 10km:00:59:04| 15km: 01:28:07 | 20km:01:56:46 | 21km:02:03:02 | 25km:02:27:17 | 30km:02:58:36 | 35km:03:32:35 | 40km:04:09:23									
3541	2147	**MOSZCZYNSKI Rafał**	WARSZAWA		POL	1993	M30	1025	04:29:27	04:23:47	3072
		5km:00:28:05| 10km:00:56:53| 15km: 01:25:14 | 20km:01:54:08 | 21km:02:00:18 | 25km:02:23:58 | 30km:02:57:36 | 35km:03:31:32 | 40km:04:10:03									
3542	7218	**JOSHUA Vijay**	STOCKHOLM		IND	1985	M30	1025	04:26:06	04:23:47	3072

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:28 | 10km:01:01:59 | 15km: 01:32:18 | 20km:02:02:48 | 21km:02:09:24 | 25km:02:33:18 | 30km:03:04:40 | 35km:03:36:41 | 40km:04:09:54									
3543	7969	**NOWICKI Mariusz**	SIEDLCE		POL	1976	M40	1123	04:30:56	04:23:47	3072
		5km:00:24:49 | 10km:00:50:32 | 15km: 01:18:00 | 20km:01:46:39 | 21km:01:52:37 | 25km:02:16:25 | 30km:02:49:51 | 35km:03:27:08 | 40km:04:08:14									
3544	7701	**GOZDALSKI Adam**	WARSZAWA		POL	1985	M30	1027	04:25:27	04:23:51	3075
		5km:00:31:03 | 10km:01:02:46 | 15km: 01:33:38 | 20km:02:05:03 | 21km:02:11:40 | 25km:02:36:02 | 30km:03:07:34 | 35km:03:38:56 | 40km:04:10:30									
3545	10055	**WITKOWSKI Paweł**	NIDZICA		POL	1989	M30	1028	04:31:35	04:23:53	3076
		5km:00:28:19 | 10km:00:55:36 | 15km: 01:23:07 | 20km:01:50:38 | 21km:01:56:43 | 25km:02:18:34 | 30km:02:49:11 | 35km:03:24:33 | 40km:04:06:15									
3546	12002	**LEWANDOWSKI Wojciech**	WARSZAWA	Unilogo Running Team	POL	1991	M30	1028	04:27:29	04:23:53	3076
		5km:00:27:19 | 10km:00:55:10 | 15km: 01:23:26 | 20km:01:51:49 | 21km:01:58:04 | 25km:02:20:48 | 30km:02:53:04 | 35km:03:29:57 | 40km:04:08:20									
3547	7041	**MUCHA Przemysław**	BOCHNIA	Triathlon Team Bochnia	POL	1999	M20	491	04:25:51	04:23:53	3076
		5km:00:28:18 | 10km:00:57:09 | 15km: 01:26:17 | 20km:01:56:00 | 21km:02:02:33 | 25km:02:26:35 | 30km:02:58:59 | 35km:03:32:16 | 40km:04:08:20									
3548	2751	**NOGA Marcin**	WARSZAWA		POL	1980	M40	1124	04:28:29	04:23:55	3079
		5km:00:30:31 | 10km:01:00:15 | 15km: 01:29:31 | 20km:01:59:06 | 21km:02:05:30 | 25km:02:29:28 | 30km:03:00:16 | 35km:03:32:19 | 40km:04:09:01									
3549	2413	**ŻÓŁKOWSKI Rafał**	WARSZAWA	Run % Fun	POL	1984	M30	1030	04:32:05	04:23:57	3080
		5km:00:28:28 | 10km:00:57:11 | 15km: 01:25:28 | 20km:01:54:16 | 21km:02:00:24 | 25km:02:23:06 | 30km:02:52:40 | 35km:03:28:02 | 40km:04:07:47									
3550	2021	**WITCZAK Piotr**	WARSZAWA		POL	1975	M40	1125	04:29:58	04:24:01	3081
		5km:00:29:40 | 10km:00:59:17 | 15km: 01:28:05 | 20km:01:57:57 | 21km:02:04:31 | 25km:02:27:59 | 30km:02:58:37 | 35km:03:32:34 | 40km:04:09:01									
3551	7996	**SZYBIS Krystian**	WARSZAWA		POL	1979	M40	1125	04:30:29	04:24:01	3081
		5km:00:31:29 | 10km:01:03:01 | 15km: 01:33:37 | 20km:02:07:35 | 21km:02:14:39 | 25km:02:38:12 | 30km:03:09:07 | 35km:03:38:58 | 40km:04:10:22									
3552	2954	**PODRAZA Stanisław**	DĘBICA		POL	1970	M50	362	04:32:05	04:24:03	3083
		5km:00:28:44 | 10km:00:57:28 | 15km: 01:26:05 | 20km:01:55:05 | 21km:02:01:22 | 25km:02:24:04 | 30km:02:58:18 | 35km:03:32:50 | 40km:04:09:54									
3553	8023	**AKUTKO Sebastian**	WROCŁAW		POL	1977	M40	1127	04:28:32	04:24:03	3083
		5km:00:30:34 | 10km:01:04:07 | 15km: 01:34:17 | 20km:02:04:12 | 21km:02:10:38 | 25km:02:34:06 | 30km:03:04:43 | 35km:03:35:14 | 40km:04:09:24									
3554	7966	**BĄKIEWICZ Artur**	WARSZAWA		POL	1990	M30	1031	04:29:46	04:24:04	3085
		5km:00:29:19 | 10km:00:58:57 | 15km: 01:28:18 | 20km:01:57:55 | 21km:02:03:57 | 25km:02:27:41 | 30km:02:59:10 | 35km:03:32:57 | 40km:04:09:44									
3555	2788	**OKOŃ Patryk**	NOWY DWÓR MAZOWIECKI		POL	1993	M30	1032	04:29:41	04:24:07	3086
		5km:00:27:44 | 10km:00:55:31 | 15km: 01:22:44 | 20km:01:50:09 | 21km:01:56:11 | 25km:02:18:24 | 30km:02:49:49 | 35km:03:25:12 | 40km:04:07:36									
3556	7279	**KALENKO Sebastian**	ZĄBKI	Biegające Ząbki	POL	1977	M40	1128	04:27:35	04:24:07	3086
		5km:00:31:26 | 10km:01:01:53 | 15km: 01:31:25 | 20km:02:00:58 | 21km:02:07:20 | 25km:02:30:23 | 30km:03:00:33 | 35km:03:32:16 | 40km:04:08:48									
3557	7722	**WINCZEWSKI Piotr**	SOCHACZEW		POL	1997	M20	492	04:29:10	04:24:07	3086
		5km:00:29:01 | 10km:00:58:02 | 15km: 01:26:59 | 20km:01:56:24 | 21km:02:02:43 | 25km:02:27:06 | 30km:02:58:59 | 35km:03:33:59 | 40km:04:09:13									
3558	7221	**RYMUT Szymon**	WROCŁAW		POL	1988	M30	1033	04:28:49	04:24:08	3089
		5km:00:29:53 | 10km:00:59:57 | 15km: 01:29:56 | 20km:02:00:00 | 21km:02:06:39 | 25km:02:30:07 | 30km:03:00:53 | 35km:03:31:41 | 40km:04:08:09									
3559	2543	**CELIŃSKI Tomasz**	OTWOCK	TUPTUś Otwock	POL	1968	M50	363	04:30:48	04:24:12	3090
		5km:00:28:17 | 10km:00:57:28 | 15km: 01:27:15 | 20km:01:57:32 | 21km:02:03:56 | 25km:02:28:18 | 30km:03:01:31 | 35km:03:35:31 | 40km:04:10:11									
3560	6269	**SEREMET Piotr**	TARNÓW		POL	1975	M40	1129	04:30:15	04:24:12	3090
		5km:00:28:09 | 10km:00:56:10 | 15km: 01:25:06 | 20km:01:54:26 | 21km:02:00:57 | 25km:02:24:54 | 30km:02:57:31 | 35km:03:32:00 | 40km:04:08:36									
3561	6657	**PREIS Kamil**	WARSZAWA		POL	1985	M30	1034	04:29:53	04:24:13	3092
		5km:00:29:23 | 10km:00:58:52 | 15km: 01:28:05 | 20km:01:57:40 | 21km:02:04:14 | 25km:02:28:40 | 30km:03:01:09 | 35km:03:34:05 | 40km:04:10:02									
3562	6101	**WALAC Jacek**	GRODZISK MAZOWIECKI		POL	1983	M40	1130	04:30:27	04:24:16	3093
		5km:00:29:05 | 10km:00:57:42 | 15km: 01:26:27 | 20km:01:55:18 | 21km:02:01:33 | 25km:02:24:28 | 30km:02:55:55 | 35km:03:31:51 | 40km:04:08:42									
3563	4567	**TOMAN Wojciech**	WROCŁAW		POL	1999	M20	493	04:31:24	04:24:19	3094
		5km:00:30:00 | 10km:01:02:00 | 15km: 01:32:56 | 20km:02:03:27 | 21km:02:09:54 | 25km:02:34:52 | 30km:03:05:55 | 35km:03:37:16 | 40km:04:10:28									
3564	8412	**MIELCZAREK Przemysław**	WARSZAWA		POL	1973	M50	364	04:31:04	04:24:19	3094
		5km:00:28:37 | 10km:00:56:50 | 15km: 01:25:15 | 20km:01:54:57 | 21km:02:01:30 | 25km:02:25:10 | 30km:02:56:14 | 35km:03:28:10 | 40km:04:06:14									
3565	213	**GNYSIŃSKI Jacek**	SIERADZ	KS Sieradz Biega	POL	1960	M60	70	04:28:28	04:24:20	3096
		5km:00:25:06 | 10km:00:51:33 | 15km: 01:18:46 | 20km:01:47:15 | 21km:01:53:54 | 25km:02:18:21 | 30km:02:53:08 | 35km:03:28:24 | 40km:04:08:13									
3566	6803	**SAMINADIN Ganesh Gianase**	ROISSY EN BRIE		FRA	1983	M40	1131	04:25:54	04:24:22	3097
		5km:00:28:23 | 10km:00:55:39 | 15km: 01:23:12 | 20km:01:51:25 | 21km:01:57:32 | 25km:02:20:37 | 30km:02:50:53 | 35km:03:26:14 | 40km:04:06:08									
3567	7542	**NOWOTKA Krzysztof**	PŁOCK	PGB Sportowa Paczka	POL	1975	M40	1132	04:28:00	04:24:23	3098
		5km:00:31:19 | 10km:01:02:40 | 15km: 01:33:03 | 20km:02:03:31 | 21km:02:10:11 | 25km:02:34:12 | 30km:03:05:33 | 35km:03:37:22 | 40km:04:10:30									
3568	6196	**KOPÓWKA Anna**	PIASECZNO		POL	1988	K30	181	04:31:46	04:24:26	470
		5km:00:28:34 | 10km:00:56:36 | 15km: 01:25:01 | 20km:01:53:59 | 21km:02:00:31 | 25km:02:24:47 | 30km:02:57:10 | 35km:03:31:09 | 40km:04:09:12									
3569	10542	**ORŁOWSKA Edyta**	WYSZKÓW		POL	1990	K30	182	04:28:03	04:24:28	471
		5km:00:26:33 | 10km:00:52:57 | 15km: 01:19:15 | 20km:01:45:20 | 21km:01:51:05 | 25km:02:12:15 | 30km:02:47:08 | 35km:03:26:45 | 40km:04:08:03									
3570	7794	**RADZIMOWSKI Sylwester**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1979	M40	1133	04:27:37	04:24:28	3099
		5km:00:26:20 | 10km:00:53:04 | 15km: 01:21:03 | 20km:01:49:01 | 21km:01:54:54 | 25km:02:18:20 | 30km:02:52:03 | 35km:03:29:31 | 40km:04:10:15									
3571	4229	**SIUDOWSKI Robert**	KOSZALIN		POL	1987	M30	1035	04:31:04	04:24:29	3100
		5km:00:29:59 | 10km:00:59:58 | 15km: 01:29:41 | 20km:01:59:50 | 21km:02:06:23 | 25km:02:29:56 | 30km:03:00:35 | 35km:03:31:28 | 40km:04:09:21									
3572	3768	**SZEWC Grzegorz**	BIELINY		POL	1976	M40	1134	04:32:24	04:24:31	3101
		5km:00:33:20 | 10km:01:04:32 | 15km: 01:33:11 | 20km:02:00:31 | 21km:02:06:00 | 25km:02:26:33 | 30km:02:52:38 | 35km:03:27:12 | 40km:04:07:48									
3573	7805	**GIEBUROWSKI Tomasz**	KRAKÓW		POL	1997	M20	494	04:33:58	04:24:32	3102
		5km:00:30:46 | 10km:01:02:25 | 15km: 01:33:13 | 20km:02:05:23 | 21km:02:11:51 | 25km:02:35:51 | 30km:03:07:23 | 35km:03:39:50 | 40km:04:10:58									
3574	3249	**PUCHACZ Przemysław**	WARSZAWA	Aerospace Runners	POL	1983	M40	1135	04:31:29	04:24:34	3103
		5km:00:28:29 | 10km:00:57:00 | 15km: 01:25:34 | 20km:01:55:03 | 21km:02:01:22 | 25km:02:25:06 | 30km:02:57:40 | 35km:03:31:01 | 40km:04:08:28									
3575	3505	**PATEREK Ada**	WARSZAWA	12tri.pl	POL	1978	K40	193	04:29:40	04:24:35	472
		5km:00:30:30 | 10km:00:59:38 | 15km: 01:27:53 | 20km:01:56:27 | 21km:02:02:34 | 25km:02:24:59 | 30km:02:55:01 | 35km:03:27:10 | 40km:04:10:26									
3576	14003	**KARBOWNIK Jakub**	WARSZAWA		POL	1985	M30	1036	04:32:40	04:24:36	3104
		5km:00:31:23 | 10km:01:02:14 | 15km: 01:32:17 | 20km:02:02:49 | 21km:02:09:19 | 25km:02:32:37 | 30km:03:03:49 | 35km:03:36:18 | 40km:04:10:15									
3577	10469	**EDA Mana**	WARSZAWA		JPN	1991	K30	183	04:34:13	04:24:41	473
		5km:00:30:31 | 10km:00:59:38 | 15km: 01:27:53 | 20km:01:56:27 | 21km:02:02:34 | 25km:02:24:59 | 30km:02:55:01 | 35km:03:27:10 | 40km:04:10:26									
3578	10053	**MAKAREWICZ Kacper**	BIAŁYSTOK		POL	1995	M20	495	04:32:51	04:24:42	3105
		5km:00:31:07 | 10km:01:02:37 | 15km: 01:34:49 | 20km:02:06:22 | 21km:02:13:08 | 25km:02:37:39 | 30km:03:08:58 | 35km:03:40:03 | 40km:04:11:15									
3579	3914	**MĄCZYŃSKI Marcin**	LEGNICA		POL	1986	M30	1037	04:29:07	04:24:42	3105
		5km:00:30:48 | 10km:01:00:14 | 15km: 01:29:29 | 20km:01:59:07 | 21km:02:05:28 | 25km:02:29:26 | 30km:03:00:15 | 35km:03:32:17 | 40km:04:08:59									
3580	5040	**STACHURSKI Dariusz**	WARSZAWA	Run % Fun	POL	1982	M40	1136	04:32:53	04:24:43	3107
		5km:00:31:52 | 10km:01:03:04 | 15km: 01:34:04 | 20km:02:04:49 | 21km:02:11:32 | 25km:02:36:01 | 30km:03:07:07 | 35km:03:38:45 | 40km:04:10:49									
3581	2527	**KRAWCZUK Agnieszka**	GDYNIA	Adidas Runners	POL	1996	K20	68	04:33:12	04:24:44	474
		5km:00:24:11 | 10km:00:48:35 | 15km: 01:12:30 | 20km:01:39:58 | 21km:01:45:37 | 25km:02:13:29 | 30km:02:48:08 | 35km:03:35:52 | 40km:04:10:44									
3582	8401	**MAJOR Krzysztof**	WARSZAWA		POL	1999	M20	496	04:25:40	04:24:45	3108
		5km:00:25:14 | 10km:00:52:08 | 15km: 01:20:02 | 20km:01:49:03 | 21km:01:55:21 | 25km:02:21:36 | 30km:02:55:11 | 35km:03:31:31 | 40km:04:09:47									
3583	3784	**KASPERSKA Sylwia**	CHOCIANÓW	KB Zdyszaaani Chocianów	POL	1978	K40	194	04:25:32	04:24:46	475
		5km:00:28:20 | 10km:00:58:17 | 15km: 01:25:28 | 20km:01:53:40 | 21km:01:59:37 | 25km:02:21:39 | 30km:02:52:42 | 35km:03:27:50 | 40km:04:08:25									
3584	4414	**KAPLAR Tymon**	BYCZYNA		POL	2003	M20	497	04:27:32	04:24:46	3109
		5km:00:29:58 | 10km:01:00:33 | 15km: 01:30:28 | 20km:02:01:14 | 21km:02:07:46 | 25km:02:32:22 | 30km:03:02:31 | 35km:03:35:02 | 40km:04:09:59									
3585	13527	**FIGLEWICZ Tomasz**	CENDROWICE		POL	1974	M40	1137	04:31:52	04:24:47	3110
		5km:00:28:17 | 10km:00:57:20 | 15km: 01:26:46 | 20km:01:56:15 | 21km:02:02:53 | 25km:02:26:25 | 30km:03:00:45 | 35km:03:33:59 | 40km:04:11:09									
3586	8073	**BANASIK Katarzyna**	WARSZAWA	Grupa Biegowa UM W-wa	POL	1987	K30	184	04:30:09	04:24:47	476
		5km:00:28:10 | 10km:00:56:02 | 15km: 01:23:45 | 20km:01:51:27 | 21km:01:57:26 | 25km:02:21:29 | 30km:02:53:05 | 35km:03:29:09 | 40km:04:10:26									
3587	2860	**OBANK Nick**	LONDON		GBR	1999	M20	498	04:27:24	04:24:51	3111
		5km:00:29:43 | 10km:01:00:18 | 15km: 01:29:51 | 20km:02:02:12 | 21km:02:08:41 | 25km:02:32:36 | 30km:03:04:04 | 35km:03:34:58 | 40km:04:10:07									
3588	12083	**KOWAŃSKA Aleksandra**	PLESZEW		POL	1981	K40	195	04:32:10	04:24:53	477

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:25:09 | 10km:00:50:35 | 15km: 01:16:24 | 20km:01:43:52 | 21km:01:49:39 | 25km:02:18:38 | 30km:02:55:39 | 35km:03:30:13 | 40km:04:10:05									
3589	2914	**PRINCE Raj**	WARSZAWA		IND	1993	M30	1038	04:25:28	04:24:53	3112
		5km:00:31:39 | 10km:01:01:33 | 15km: 01:32:11 | 20km:02:02:36 | 21km:02:09:34 | 25km:02:32:48 | 30km:03:03:18 | 35km:03:34:41 | 40km:04:10:36									
3590	5247	**MAŁECKI Piotr**	WARSZAWA		POL	1971	M50	365	04:32:34	04:24:54	3113
		5km:00:28:16 | 10km:00:56:48 | 15km: 01:26:14 | 20km:01:56:09 | 21km:02:02:19 | 25km:02:27:14 | 30km:02:57:04 | 35km:03:30:32 | 40km:04:10:29									
3591	6412	**HEROMIŃSKA Beata**	ZABRZE		POL	1975	K40	196	04:30:53	04:24:57	478
		5km:00:29:32 | 10km:00:59:00 | 15km: 01:28:02 | 20km:01:57:12 | 21km:02:03:30 | 25km:02:27:20 | 30km:02:57:22 | 35km:03:32:41 | 40km:04:09:26									
3592	7706	**GÓRKA Przemysław**	WARSZAWA		POL	1978	M40	1138	04:31:04	04:24:58	3114
		5km:00:28:14 | 10km:00:55:32 | 15km: 01:22:48 | 20km:01:50:03 | 21km:01:56:07 | 25km:02:18:08 | 30km:02:48:46 | 35km:03:27:53 | 40km:04:10:37									
3593	10623	**ADAMCZYK Rafał**	RATAJE		POL	1986	M30	1039	04:28:46	04:24:59	3115
		5km:00:29:47 | 10km:01:00:21 | 15km: 01:29:55 | 20km:02:02:12 | 21km:02:08:45 | 25km:02:32:34 | 30km:03:04:01 | 35km:03:34:58 | 40km:04:10:11									
3594	5012	**KOWAŃSKI Tomasz**	PLESZEW	Weekendowa grupa biegowa	POL	1981	M40	1139	04:32:12	04:24:59	3115
		5km:00:27:33 | 10km:00:54:31 | 15km: 01:21:48 | 20km:01:53:03 | 21km:01:59:35 | 25km:02:25:27 | 30km:02:57:17 | 35km:03:34:00 | 40km:04:11:32									
3595	4261	**SERBINSKI Piotr**	GLIWICE		POL	1979	M40	1140	04:29:31	04:25:00	3117
		5km:00:28:29 | 10km:00:57:07 | 15km: 01:25:26 | 20km:01:54:15 | 21km:02:00:32 | 25km:02:24:38 | 30km:02:57:23 | 35km:03:32:27 | 40km:04:10:00									
3596	8016	**SCHODOWSKI Bartosz**	WARSZAWA	Piotr S Team- Bieg dla Piotra z Trąbek	POL	1987	M30	1040	04:30:14	04:25:00	3117
		5km:00:27:55 | 10km:00:55:20 | 15km: 01:23:10 | 20km:01:51:09 | 21km:01:57:18 | 25km:02:19:06 | 30km:02:47:38 | 35km:03:21:52 | 40km:04:09:08									
3597	10453	**ZELENKO Bohdan**	BIALYSTOK		UKR	2002	M20	499	04:30:10	04:25:03	3119
		5km:00:28:29 | 10km:00:57:22 | 15km: 01:26:52 | 20km:01:56:10 | 21km:02:02:28 | 25km:02:26:35 | 30km:02:57:29 | 35km:03:32:28 | 40km:04:09:59									
3598	2459	**KADOURY Sarmad**	TUREK		POL	1980	M40	1141	04:31:22	04:25:05	3120
		5km:00:29:12 | 10km:00:58:32 | 15km: 01:27:32 | 20km:01:57:05 | 21km:02:03:17 | 25km:02:26:36 | 30km:02:56:48 | 35km:03:30:06 | 40km:04:08:07									
3599	7297	**OKUNIEWSKI Grzegorz**	MIŃSK MAZOWIECKI	Alior Running Team	POL	1981	M40	1142	04:31:16	04:25:06	3121
		5km:00:31:25 | 10km:01:02:24 | 15km: 01:32:39 | 20km:02:03:42 | 21km:02:10:32 | 25km:02:35:24 | 30km:03:08:05 | 35km:03:40:07 | 40km:04:12:26									
3600	2654	**HOHMANN Tomasz**	MRĄGOWO		POL	1991	M30	1041	04:34:13	04:25:07	3122
		5km:00:30:23 | 10km:01:01:05 | 15km: 01:30:15 | 20km:01:59:00 | 21km:02:05:08 | 25km:02:30:39 | 30km:03:00:34 | 35km:03:32:47 | 40km:04:09:13									
3601	6616	**DUDEK Bartłomiej**	WARSZAWA	Tchibo	POL	1982	M40	1143	04:35:12	04:25:07	3122
		5km:00:31:09 | 10km:01:02:32 | 15km: 01:33:29 | 20km:02:04:23 | 21km:02:10:59 | 25km:02:35:08 | 30km:03:07:07 | 35km:03:38:15 | 40km:04:11:14									
3602	3490	**ZALEWSKA Dominika**	WARSZAWA		POL	2000	K20	69	04:32:59	04:25:08	479
		5km:00:31:23 | 10km:01:02:19 | 15km: 01:32:52 | 20km:02:03:38 | 21km:02:10:31 | 25km:02:35:04 | 30km:03:08:00 | 35km:03:40:06 | 40km:04:12:35									
3603	2448	**HOHMANN Robert**	OLSZTYN		POL	1990	M30	1042	04:34:18	04:25:10	3124
		5km:00:29:52 | 10km:00:58:32 | 15km: 01:26:18 | 20km:01:54:36 | 21km:02:00:42 | 25km:02:23:32 | 30km:02:54:49 | 35km:03:30:45 | 40km:04:10:07									
3604	10792	**KĘDZIERSKI Paweł**	PRUSZKÓW		POL	1978	M40	1144	04:31:06	04:25:11	3125
		5km:00:29:44 | 10km:00:59:24 | 15km: 01:29:20 | 20km:01:59:37 | 21km:02:06:13 | 25km:02:30:54 | 30km:03:04:55 | 35km:03:38:56 | 40km:04:12:04									
3605	3333	**ZARĘBA Daniel**	WROCŁAW		POL	1972	M50	366	04:29:10	04:25:12	3126
		5km:00:28:41 | 10km:00:57:02 | 15km: 01:24:52 | 20km:01:53:36 | 21km:01:59:44 | 25km:02:23:10 | 30km:02:54:27 | 35km:03:28:36 | 40km:04:09:25									
3606	3939	**ZIEMIAŃSKI Marek**	WROCŁAW		POL	1986	M30	1043	04:27:12	04:25:13	3127
		5km:00:30:38 | 10km:01:01:04 | 15km: 01:31:09 | 20km:02:01:06 | 21km:02:07:40 | 25km:02:33:00 | 30km:03:04:15 | 35km:03:36:56 | 40km:04:10:56									
3607	6850	**PENNA Marco**	IMOLA		ITA	1971	M50	367	04:25:45	04:25:13	3127
		5km:00:27:08 | 10km:00:54:21 | 15km: 01:21:40 | 20km:01:49:46 | 21km:01:55:47 | 25km:02:17:32 | 30km:02:48:53 | 35km:03:24:39 | 40km:04:08:53									
3608	2050	**WATANABE Hirosato**	FUKUOKA	TEAM OHHORI 555	JPN	1966	M50	368	04:28:01	04:25:16	3129
		5km:00:25:03 | 10km:00:50:31 | 15km: 01:16:43 | 20km:01:44:25 | 21km:01:50:48 | 25km:02:16:27 | 30km:02:50:43 | 35km:03:27:30 | 40km:04:08:46									
3609	7736	**KRYSIAK Hubert**	WARSZAWA	Triathletic Team	POL	1988	M30	1044	04:27:30	04:25:18	3130
		5km:00:28:17 | 10km:00:57:01 | 15km: 01:25:00 | 20km:01:55:41 | 21km:02:01:50 | 25km:02:27:16 | 30km:02:57:39 | 35km:03:32:59 | 40km:04:10:38									
3610	2717	**WISZNIEWSKI Bartosz**	SUWAŁKI		POL	1991	M30	1045	04:30:38	04:25:19	3131
		5km:00:30:16 | 10km:01:00:09 | 15km: 01:29:44 | 20km:01:59:56 | 21km:02:06:27 | 25km:02:30:37 | 30km:03:03:00 | 35km:03:37:12 | 40km:04:12:01									
3611	3797	**KĘDZIORA Łukasz**	CHRZANÓW		POL	1978	M40	1145	04:31:07	04:25:22	3132
		5km:00:29:33 | 10km:00:58:58 | 15km: 01:29:03 | 20km:01:59:54 | 21km:02:06:25 | 25km:02:30:52 | 30km:03:03:25 | 35km:03:36:46 | 40km:04:10:49									
3612	7538	**ZAWADZKA Agnieszka**	GŁOGÓW MAŁOPOLSKI	Zawadzka Team/Nocny Bór Team	POL	1982	K40	197	04:31:46	04:25:23	480
		5km:00:29:25 | 10km:00:58:48 | 15km: 01:28:25 | 20km:01:58:46 | 21km:02:05:20 | 25km:02:30:01 | 30km:03:02:25 | 35km:03:35:35 | 40km:04:11:24									
3613	12077	**CZECH Bartosz**	JASŁO		POL	1987	M30	1046	04:28:51	04:25:25	3133
		5km:00:27:52 | 10km:00:55:38 | 15km: 01:22:54 | 20km:01:51:46 | 21km:01:57:49 | 25km:02:22:36 | 30km:02:58:11 | 35km:03:33:11 | 40km:04:11:36									
3614	2188	**JANKOWSKI Stanisław**	FARMINGTON		POL	1965	M50	369	04:27:30	04:25:26	3134
		5km:00:27:35 | 10km:00:56:39 | 15km: 01:24:17 | 20km:01:52:39 | 21km:01:58:58 | 25km:02:22:52 | 30km:03:02:11 | 35km:03:34:50 | 40km:04:10:33									
3615	3711	**SZELOWSKA Maja**	WARSZAWA		POL	1988	K30	185	04:32:23	04:25:26	481
		5km:00:29:36 | 10km:00:59:04 | 15km: 01:28:39 | 20km:01:58:31 | 21km:02:05:08 | 25km:02:29:29 | 30km:03:01:44 | 35km:03:34:32 | 40km:04:10:00									
3616	2635	**STENLUND Sofia**	BRUKSELLA		FIN	1981	K40	198	04:27:15	04:25:27	482
		5km:00:30:38 | 10km:01:01:26 | 15km: 01:31:24 | 20km:02:01:21 | 21km:02:07:52 | 25km:02:31:13 | 30km:03:01:40 | 35km:03:33:48 | 40km:04:10:12									
3617	5071	**FRYC Rafał**	KRAKÓW		POL	1987	M30	1047	04:30:18	04:25:27	3135
		5km:00:29:33 | 10km:00:58:58 | 15km: 01:29:04 | 20km:01:59:54 | 21km:02:06:26 | 25km:02:30:53 | 30km:03:03:25 | 35km:03:36:46 | 40km:04:10:49									
3618	2634	**DARMETKO Ewa**	BRUKSELLA	PolishRun	POL	1983	K40	199	04:27:15	04:25:28	483
		5km:00:31:00 | 10km:01:01:58 | 15km: 01:32:38 | 20km:02:04:15 | 21km:02:10:37 | 25km:02:35:44 | 30km:03:08:06 | 35km:03:40:15 | 40km:04:11:58									
3619	12075	**OCHNIK-KALINOWSKA Justyna**	WARSZAWA		POL	1977	K40	200	04:34:02	04:25:30	484
		5km:00:30:01 | 10km:01:00:17 | 15km: 01:31:31 | 20km:02:02:43 | 21km:02:09:07 | 25km:02:33:31 | 30km:03:04:17 | 35km:03:36:10 | 40km:04:11:34									
3620	4670	**KAROSAS Tomas**	VILNIUS		LTU	1986	M30	1048	04:32:57	04:25:30	3136
		5km:00:29:12 | 10km:00:58:11 | 15km: 01:27:17 | 20km:01:57:42 | 21km:02:04:25 | 25km:02:29:42 | 30km:03:02:44 | 35km:03:35:55 | 40km:04:10:47									
3621	6240	**CZOSZYK-KAWALA Olga**	POZNAŃ		POL	1980	K40	200	04:32:00	04:25:30	484
		5km:00:30:12 | 10km:01:01:38 | 15km: 01:32:27 | 20km:02:03:07 | 21km:02:09:40 | 25km:02:33:28 | 30km:03:04:17 | 35km:03:36:38 | 40km:04:11:38									
3622	2209	**POŁAWSKI Piotr**	OTWOCK		POL	1972	M50	370	04:32:53	04:25:31	3137
		5km:00:30:32 | 10km:01:02:17 | 15km: 01:33:01 | 20km:02:03:34 | 21km:02:10:10 | 25km:02:33:47 | 30km:03:04:37 | 35km:03:35:25 | 40km:04:10:31									
3623	5054	**MATYJA Krzysztof**	BYTOM		POL	1975	M40	1146	04:34:25	04:25:31	3137
		5km:00:29:42 | 10km:00:59:23 | 15km: 01:28:53 | 20km:01:58:31 | 21km:02:05:02 | 25km:02:28:36 | 30km:02:59:29 | 35km:03:31:50 | 40km:04:09:03									
3624	8317	**MOLĘDA Krzysztof**	PRUSZKÓW		POL	1989	M30	1049	04:32:02	04:25:32	3139
		5km:00:27:39 | 10km:00:56:35 | 15km: 01:24:46 | 20km:01:53:54 | 21km:02:00:23 | 25km:02:23:05 | 30km:02:52:50 | 35km:03:28:38 | 40km:04:09:00									
3625	5196	**HOŁOWIENKO Zbigniew**	BIAŁYSTOK		POL	1984	M30	1050	04:31:40	04:25:33	3140
		5km:00:30:24 | 10km:01:00:18 | 15km: 01:29:48 | 20km:01:59:59 | 21km:02:06:32 | 25km:02:30:42 | 30km:03:02:08 | 35km:03:35:26 | 40km:04:11:53									
3626	3572	**LUTHRA Nitin**	WARSZAWA		IND	1989	M30	1051	04:32:29	04:25:37	3141
		5km:00:30:52 | 10km:01:01:18 | 15km: 01:31:01 | 20km:02:00:09 | 21km:02:06:19 | 25km:02:29:42 | 30km:03:00:44 | 35km:03:32:46 | 40km:04:10:11									
3627	4649	**ŚWIĘCICKI Samuel**	ŚWIĘCICE	Remmers Team	POL	1986	M30	1052	04:34:17	04:25:38	3142
		5km:00:32:34 | 10km:01:03:25 | 15km: 01:33:43 | 20km:02:05:16 | 21km:02:12:03 | 25km:02:36:39 | 30km:03:07:50 | 35km:03:39:22 | 40km:04:12:20									
3628	3669	**MASZTAL Aleksandra**	WROCŁAW		POL	1990	K30	186	04:33:36	04:25:42	486
		5km:00:28:32 | 10km:00:56:16 | 15km: 01:25:28 | 20km:01:56:20 | 21km:02:03:02 | 25km:02:30:40 | 30km:03:01:53 | 35km:03:35:13 | 40km:04:10:17									
3629	8310	**MICHOWSKA Anna**	LUBLIN	Heńteam	POL	1982	K40	202	04:29:14	04:25:42	486
		5km:00:27:46 | 10km:00:56:39 | 15km: 01:25:31 | 20km:01:55:07 | 21km:02:01:36 | 25km:02:27:28 | 30km:02:59:30 | 35km:03:34:24 | 40km:04:11:11									
3630	13035	**KAWECKI Mateusz**	MIELEC		POL	1995	M20	500	04:35:34	04:25:43	3143
		5km:00:28:07 | 10km:00:55:44 | 15km: 01:23:54 | 20km:01:52:14 | 21km:01:58:27 | 25km:02:21:31 | 30km:02:53:47 | 35km:03:27:45 | 40km:04:10:13									
3631	2875	**TELEGA Robert**	PRZEMYŚL		POL	1969	M50	371	04:29:53	04:25:43	3143
		5km:00:28:35 | 10km:00:57:20 | 15km: 01:26:15 | 20km:01:55:02 | 21km:02:01:26 | 25km:02:24:24 | 30km:02:56:46 | 35km:03:31:52 | 40km:04:10:31									
3632	4124	**PAWŁOWSKI Bartosz**	WARSZAWA		POL	1972	M50	371	04:31:32	04:25:43	3143
		5km:00:29:59 | 10km:00:59:46 | 15km: 01:29:34 | 20km:01:59:34 | 21km:02:06:00 | 25km:02:29:54 | 30km:03:00:41 | 35km:03:33:41 | 40km:04:11:11									
3633	4066	**SROKA Adrian**	KIELCE		POL	1996	M20	501	04:31:58	04:25:49	3146
		5km:00:28:45 | 10km:00:57:18 | 15km: 01:26:48 | 20km:01:57:35 | 21km:02:04:07 | 25km:02:29:31 | 30km:03:02:20 | 35km:03:35:55 | 40km:04:11:25									
3634	6408	**ESPRIT Nathalie**	LOMMOYE		FRA	1970	K50	28	04:29:27	04:25:49	488

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:13| 10km:01:03:52| 15km: 01:34:29 | 20km:02:06:22 | 21km:02:13:09 | 25km:02:38:00 | 30km:03:10:16 | 35km:03:41:04 | 40km:04:12:24									
3635	4028	**PŁAZA Agnieszka**	POZNAŃ		POL	1991	K30	187	04:33:07	04:25:50	489
3636	4175	**BURYSHEV Dmytro**	WARSZAWA		POL	1995	M20	502	04:35:27	04:25:50	3147
		5km:00:33:31| 10km:01:04:27| 15km: 01:33:17 | 20km:02:01:07 | 21km:02:07:07 | 25km:02:29:14 | 30km:03:01:50 | 35km:03:37:11 | 40km:04:11:47									
3637	6476	**ŚRÓDKA Witold**	WARSZAWA		POL	1970	M50	373	04:33:07	04:25:50	3147
		5km:00:28:33| 10km:00:57:40| 15km: 01:26:48 | 20km:01:55:42 | 21km:02:02:02 | 25km:02:25:39 | 30km:02:57:47 | 35km:03:32:35 | 40km:04:09:53									
3638	8458	**GRUSZA-GŁĘBICKA Justyna**	BIAŁYSTOK		POL	1990	K30	188	04:26:46	04:25:51	490
		5km:00:29:14| 10km:00:58:28| 15km: 01:28:41 | 20km:01:59:08 | 21km:02:05:43 | 25km:02:31:12 | 30km:03:01:35 | 35km:03:36:00 | 40km:04:11:11									
3639	6776	**LEWANDROWSKI Tomasz**	WARSZAWA		POL	1992	M30	1053	04:28:51	04:25:54	3149
		5km:00:27:10| 10km:00:54:09| 15km: 01:21:06 | 20km:01:47:59 | 21km:01:53:53 | 25km:02:15:17 | 30km:02:47:14 | 35km:03:30:23 | 40km:04:11:41									
3640	8402	**MYDŁO Mirosław**	WARSZAWA		POL	1993	M30	1053	04:32:25	04:25:54	3149
		5km:00:29:14| 10km:00:58:25| 15km: 01:27:05 | 20km:01:57:02 | 21km:02:03:48 | 25km:02:28:45 | 30km:02:59:46 | 35km:03:34:21 | 40km:04:10:04									
3641	6297	**DŁUGOŁĘCKI Jakub**	PRZASNYSZ	Ks Prząśnik	POL	1999	M20	503	04:26:44	04:25:55	3151
		5km:00:27:14| 10km:00:57:25| 15km: 01:26:38 | 20km:01:56:57 | 21km:02:03:30 | 25km:02:27:28 | 30km:03:01:05 | 35km:03:35:41 | 40km:04:11:08									
3642	8109	**GRZEŚ Tomasz**	TRZCIANKA	ATG Team	POL	1974	M40	1147	04:29:24	04:25:55	3151
		5km:00:27:51| 10km:00:56:46| 15km: 01:24:44 | 20km:01:53:35 | 21km:02:00:00 | 25km:02:23:51 | 30km:02:56:23 | 35km:03:30:29 | 40km:04:09:20									
3643	3693	**GODEK Piotr**	GOLISZOWIEC		POL	1969	M50	374	04:32:29	04:25:56	3153
		5km:00:29:18| 10km:00:58:32| 15km: 01:27:44 | 20km:01:57:05 | 21km:02:03:32 | 25km:02:27:19 | 30km:02:58:49 | 35km:03:31:17 | 40km:04:10:02									
3644	4606	**GOLIŃSKI Szymon**	TRZEBINIA		POL	2003	M20	504	04:30:40	04:25:56	3153
		5km:00:31:11| 10km:01:03:19| 15km: 01:34:15 | 20km:02:07:12 | 21km:02:14:19 | 25km:02:39:14 | 30km:03:10:42 | 35km:03:41:51 | 40km:04:13:12									
3645	6769	**ZĘBALA Bartłomiej**	KATOWICE	Niezwykłe miejsca w Polsce	POL	1988	M30	1055	04:26:47	04:25:56	3153
		5km:00:25:08| 10km:00:52:59| 15km: 01:22:09 | 20km:01:52:05 | 21km:01:58:40 | 25km:02:23:07 | 30km:02:55:47 | 35km:03:32:00 | 40km:04:09:42									
3646	6557	**BARAN Zenon**	WARSZAWA	Homokomando	POL	1960	M60	71	04:31:15	04:25:59	3156
		5km:00:27:30| 10km:00:54:35| 15km: 01:22:17 | 20km:01:50:03 | 21km:01:56:00 | 25km:02:19:13 | 30km:02:51:46 | 35km:03:27:29 | 40km:04:08:06									
3647	3400	**BECELEWSKI Michał**	LUBLINIEC		POL	1995	M20	505	04:34:49	04:26:02	3157
		5km:00:33:43| 10km:01:07:27| 15km: 01:39:28 | 20km:02:11:31 | 21km:02:18:12 | 25km:02:41:21 | 30km:03:12:01 | 35km:03:42:13 | 40km:04:12:43									
3648	10268	**TYMOSIAK Mateusz**	CIELE		POL	1990	M30	1056	04:34:17	04:26:03	3158
		5km:00:31:21| 10km:01:03:31| 15km: 01:34:53 | 20km:02:06:56 | 21km:02:14:01 | 25km:02:39:03 | 30km:03:10:08 | 35km:03:40:04 | 40km:04:12:54									
3649	3017	**BEDNARSKI Roman**	ROCHESTER		POL	1985	M30	1056	04:31:39	04:26:03	3158
		5km:00:28:47| 10km:00:57:20| 15km: 01:25:57 | 20km:01:54:47 | 21km:02:01:06 | 25km:02:23:46 | 30km:02:53:13 | 35km:03:30:11 | 40km:04:10:48									
3650	6728	**ŻYCKA Ewa**	ŚWIĘTOCHŁOWICE		POL	1976	K40	203	04:33:01	04:26:04	491
		5km:00:30:21| 10km:01:01:01| 15km: 01:31:13 | 20km:02:01:21 | 21km:02:07:53 | 25km:02:31:34 | 30km:03:02:46 | 35km:03:36:16 | 40km:04:11:33									
3651	2223	**STYKAŁA Adrianna**	BUKOWIEC	#WKURW_TEAM	POL	1999	K20	70	04:31:05	04:26:07	492
		5km:00:29:04| 10km:00:58:27| 15km: 01:28:20 | 20km:02:00:47 | 21km:02:07:01 | 25km:02:31:44 | 30km:03:03:18 | 35km:03:35:46 | 40km:04:11:06									
3652	6775	**SZYMAŃSKI Paweł**	WARSZAWA		POL	1973	M50	375	04:36:09	04:26:07	3160
		5km:00:32:45| 10km:01:05:12| 15km: 01:37:07 | 20km:02:08:33 | 21km:02:15:19 | 25km:02:40:08 | 30km:03:13:24 | 35km:03:44:33 | 40km:04:14:09									
3653	10511	**GRUBA Przemysław**	LUBLIN	Lubelska Grupa Triathlonu	POL	1973	M50	376	04:32:56	04:26:08	3161
		5km:00:29:51| 10km:00:59:52| 15km: 01:29:49 | 20km:01:59:52 | 21km:02:06:26 | 25km:02:30:11 | 30km:03:02:14 | 35km:03:35:31 | 40km:04:10:46									
3654	6359	**WOLSKI Michał**	WARSZAWA		POL	1982	M40	1148	04:34:42	04:26:09	3162
		5km:00:32:23| 10km:01:03:03| 15km: 01:32:31 | 20km:02:02:35 | 21km:02:08:50 | 25km:02:32:17 | 30km:03:03:19 | 35km:03:35:33 | 40km:04:10:49									
3655	6360	**NEEDHAM Rachel**	LONDON		GBR	1990	K30	189	04:31:26	04:26:09	493
		5km:00:26:24| 10km:00:53:57| 15km: 01:21:51 | 20km:01:50:48 | 21km:01:56:41 | 25km:02:21:53 | 30km:02:54:57 | 35km:03:32:29 | 40km:04:11:40									
3656	3707	**GRUSZCZYŃSKI Szymon**	WARSZAWA		POL	1998	M20	506	04:34:25	04:26:14	3163
		5km:00:31:19| 10km:01:02:52| 15km: 01:33:25 | 20km:02:05:25 | 21km:02:12:02 | 25km:02:37:06 | 30km:03:10:12 | 35km:03:42:15 | 40km:04:13:36									
3657	2777	**SIEPIETOWSKI Tomasz**	WARSZAWA	Anpharm Run Tam	POL	1974	M40	1149	04:34:35	04:26:16	3164
		5km:00:31:59| 10km:01:03:20| 15km: 01:34:32 | 20km:02:04:56 | 21km:02:11:40 | 25km:02:36:25 | 30km:03:08:00 | 35km:03:38:40 | 40km:04:11:10									
3658	15016	**JODŁOWSKI Piotr**	WARSZAWA		POL	1995	M20	507	04:32:56	04:26:17	3165
		5km:00:29:52| 10km:00:59:58| 15km: 01:29:55 | 20km:02:00:05 | 21km:02:06:39 | 25km:02:30:19 | 30km:03:01:27 | 35km:03:36:51 | 40km:04:12:27									
3659	8488	**RYŚ -SĘDEK Katarzyna**	LESZNOWOLA		POL	1985	K30	190	04:34:37	04:26:18	494
		5km:00:32:05| 10km:01:02:54| 15km: 01:33:05 | 20km:02:04:29 | 21km:02:11:07 | 25km:02:36:25 | 30km:03:08:37 | 35km:03:40:58 | 40km:04:13:27									
3660	15558	**DOBRZYCKI Mariusz**	WROCŁAW		POL	1968	M50	377	04:30:25	04:26:20	3166
		5km:00:28:42| 10km:00:56:51| 15km: 01:24:37 | 20km:01:56:43 | 21km:02:03:14 | 25km:02:27:15 | 30km:03:04:03 | 35km:03:37:43 | 40km:04:12:00									
3661	4614	**WIŚNIOWSKI Wojciech**	CZANIEC		POL	1982	M40	1150	04:28:57	04:26:22	3167
		5km:00:26:36| 10km:00:53:29| 15km: 01:20:45 | 20km:01:49:42 | 21km:01:56:02 | 25km:02:20:43 | 30km:02:55:19 | 35km:03:32:12 | 40km:04:10:23									
3662	10362	**PRZYBYLAK Szymon**	WROCŁAW		POL	1990	M30	1058	04:33:01	04:26:23	3168
		5km:00:29:51| 10km:00:59:59| 15km: 01:29:55 | 20km:02:00:00 | 21km:02:06:37 | 25km:02:30:10 | 30km:03:01:24 | 35km:03:34:00 | 40km:04:11:42									
3663	2673	**PANEK Jarek**	WARSZAWA		POL	1986	M30	1058	04:33:28	04:26:23	3168
		5km:00:30:45| 10km:01:02:09| 15km: 01:33:20 | 20km:02:04:15 | 21km:02:10:48 | 25km:02:35:17 | 30km:03:06:41 | 35km:03:38:45 | 40km:04:12:45									
3664	4100	**BARTOSIK-BUDECKA Kamila**	WARSZAWA		POL	1987	K30	191	04:32:39	04:26:23	495
		5km:00:29:57| 10km:00:59:33| 15km: 01:29:09 | 20km:01:58:39 | 21km:02:05:02 | 25km:02:28:22 | 30km:02:59:35 | 35km:03:31:11 | 40km:04:14:16									
3665	10305	**KSYNA Bogusław**	KAMION MAŁY	OSP KAMION	POL	1956	M60	72	04:29:14	04:26:25	3170
		5km:00:28:12| 10km:00:56:43| 15km: 01:26:23 | 20km:01:58:53 | 21km:02:05:06 | 25km:02:28:32 | 30km:03:00:52 | 35km:03:34:22 | 40km:04:11:00									
3666	3212	**MYCER Szymon**	OPOLE		POL	1994	M20	508	04:32:10	04:26:25	3170
		5km:00:28:04| 10km:00:56:25| 15km: 01:24:35 | 20km:01:52:46 | 21km:01:58:50 | 25km:02:21:25 | 30km:02:50:24 | 35km:03:26:42 | 40km:04:09:54									
3667	10314	**KRÓL Dariusz**	MIŃSK MAZOWIECKI	TEAM 8:00	POL	1977	M40	1151	04:28:57	04:26:26	3172
		5km:00:26:31| 10km:00:53:21| 15km: 01:20:08 | 20km:01:47:55 | 21km:01:53:58 | 25km:02:16:28 | 30km:02:53:31 | 35km:03:31:04 | 40km:04:11:04									
3668	2111	**KAROLEWSKI Janusz**	WARSZAWA		POL	1959	M60	73	04:30:54	04:26:27	3173
		5km:00:28:45| 10km:00:58:15| 15km: 01:27:44 | 20km:01:57:32 | 21km:02:04:02 | 25km:02:28:39 | 30km:03:02:27 | 35km:03:35:33 | 40km:04:11:21									
3669	3168	**MYCKA Katarzyna**	KRAKÓW		POL	1993	K30	192	04:32:37	04:26:28	496
		5km:00:29:17| 10km:00:58:32| 15km: 01:28:40 | 20km:01:59:45 | 21km:02:06:31 | 25km:02:32:03 | 30km:03:03:55 | 35km:03:36:38 | 40km:04:11:52									
3670	4591	**KOSTRO Mateusz**	WARSZAWA		POL	2000	M20	509	04:28:34	04:26:29	3174
		5km:00:26:59| 10km:00:53:49| 15km: 01:22:07 | 20km:01:39:58 | 21km:01:57:50 | 25km:02:25:01 | 30km:02:59:16 | 35km:03:36:21 | 40km:04:13:25									
3671	4639	**ZDOLSKA Kornelia**	WARSZAWA		POL	1995	K20	71	04:32:38	04:26:30	497
		5km:00:30:45| 10km:01:01:26| 15km: 01:32:32 | 20km:02:03:34 | 21km:02:10:26 | 25km:02:35:12 | 30km:03:07:33 | 35km:03:39:54 | 40km:04:13:04									
3672	5119	**CLULOW Damon**	DUMFRIES		GBR	1974	M40	1152	04:32:15	04:26:30	3175
		5km:00:30:10| 10km:00:59:17| 15km: 01:28:36 | 20km:01:58:01 | 21km:02:04:26 | 25km:02:27:47 | 30km:02:57:58 | 35km:03:32:10 | 40km:04:11:17									
3673	10600	**GÓRNAŚ Zofia**	NOWY DWÓR MAZOWIECKI	Klub Bokserski Nowy Dwór Mazowiecki	POL	1984	K30	193	04:34:36	04:26:31	498
		5km:00:31:35| 10km:01:03:24| 15km: 01:34:44 | 20km:02:05:54 | 21km:02:12:48 | 25km:02:38:23 | 30km:03:10:18 | 35km:03:41:32 | 40km:04:13:17									
3674	7955	**PRZYSTUPA Mateusz**	PIASECZNO	EndlessPain	POL	1995	M20	510	04:29:54	04:26:31	3176
		5km:00:27:15| 10km:00:54:39| 15km: 01:21:49 | 20km:01:49:53 | 21km:01:56:40 | 25km:02:29:26 | 30km:03:03:26 | 35km:03:36:02 | 40km:04:13:08									
3675	7492	**BRENNAN Trevor**	ŁOMIANKI		GBR	1980	M40	1153	04:34:54	04:26:33	3177
		5km:00:31:37| 10km:01:03:33| 15km: 01:33:57 | 20km:02:04:07 | 21km:02:10:38 | 25km:02:34:01 | 30km:03:05:12 | 35km:03:36:25 | 40km:04:12:09									
3676	5228	**CZARNOŁĘSKI Aleksander**	WARSZAWA		POL	1996	M20	511	04:32:45	04:26:35	3178
		5km:00:29:43| 10km:00:58:56| 15km: 01:28:14 | 20km:01:57:33 | 21km:02:03:59 | 25km:02:27:22 | 30km:02:57:48 | 35km:03:34:49 | 40km:04:12:25									
3677	6887	**DRAZIC Marko**	BELGRADE		SRB	1980	M40	1154	04:34:21	04:26:35	3178
		5km:00:31:00| 10km:01:02:45| 15km: 01:33:32 | 20km:02:03:57 | 21km:02:10:32 | 25km:02:33:27 | 30km:03:04:16 | 35km:03:35:48 | 40km:04:13:55									
3678	5028	**WOJNAROWSKI Piotr**	GDAŃSK		POL	1984	M30	1060	04:34:37	04:26:38	3180
		5km:00:31:30| 10km:01:03:01| 15km: 01:33:37 | 20km:02:05:08 | 21km:02:11:41 | 25km:02:36:24 | 30km:03:07:31 | 35km:03:39:31 | 40km:04:12:53									
3679	10605	**PUCHAŁA Piotr**	KRAKÓW		POL	1992	M30	1061	04:34:24	04:26:39	3181
		5km:00:32:04| 10km:01:03:17| 15km: 01:33:50 | 20km:02:05:23 | 21km:02:12:12 | 25km:02:37:28 | 30km:03:10:33 | 35km:03:42:18 | 40km:04:13:46									
3680	15553	**SZCZEPAŃCZYK Weronika**	WARSZAWA	MATNER RUNNING TEAM	POL	1995	K20	72	04:34:03	04:26:39	499
		5km:00:32:16| 10km:01:05:43| 15km: 01:36:26 | 20km:02:08:17 | 21km:02:14:57 | 25km:02:38:41 | 30km:03:09:44 | 35km:03:39:50 | 40km:04:13:05									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:36 | 10km:01:01:18 | 15km: 01:33:16 | 20km:02:04:37 | 21km:02:11:58 | 25km:02:36:08 | 30km:03:08:13 | 35km:03:40:16 | 40km:04:12:45									
3681	7998	**JEDLIŃSKI Bartosz**	BRZEŹNICA	Maratończyk Dębica	POL	1976	M40	1155	04:34:56	04:26:39	3181
		5km:00:29:31 | 10km:00:59:00 | 15km: 01:27:58 | 20km:01:57:15 | 21km:02:03:35 | 25km:02:27:02 | 30km:02:58:37 | 35km:03:32:28 | 40km:04:10:54									
3682	7793	**ŁAPIŃSKI Marcin**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1980	M40	1156	04:33:17	04:26:42	3183
		5km:00:27:50 | 10km:00:54:58 | 15km: 01:21:38 | 20km:01:50:05 | 21km:01:56:02 | 25km:02:22:49 | 30km:02:55:02 | 35km:03:32:19 | 40km:04:12:08									
3683	3832	**SIKORA Kornel**	PODKOWA LEŚNA		POL	2002	M20	512	04:31:54	04:26:43	3184
		5km:00:29:42 | 10km:00:59:12 | 15km: 01:28:52 | 20km:01:59:41 | 21km:02:06:07 | 25km:02:31:00 | 30km:03:02:46 | 35km:03:36:31 | 40km:04:11:54									
3684	6875	**WISTUBA Wiesława**	ŻORY	HRmaxŻory	POL	1973	K50	29	04:32:26	04:26:43	500
		5km:00:29:32 | 10km:00:58:41 | 15km: 01:27:54 | 20km:01:57:21 | 21km:02:03:46 | 25km:02:26:57 | 30km:02:56:41 | 35km:03:29:03 | 40km:04:10:08									
3685	13026	**BYSZEWSKI Paweł**	WARSZAWA		POL	1980	M40	1157	04:33:06	04:26:49	3185
		5km:00:31:50 | 10km:01:03:43 | 15km: 01:34:00 | 20km:02:04:17 | 21km:02:10:40 | 25km:02:34:16 | 30km:03:05:13 | 35km:03:36:35 | 40km:04:12:08									
3686	2551	**ANDRESEN Arndt**	HAMBURG		GER	1973	M50	378	04:35:11	04:26:49	3185
		5km:00:29:18 | 10km:00:58:45 | 15km: 01:27:34 | 20km:01:56:04 | 21km:02:02:42 | 25km:02:25:41 | 30km:02:55:27 | 35km:03:30:21 | 40km:04:12:08									
3687	10151	**MAJEROWICZ Damian**	STRZAŁKÓW		POL	2003	M20	513	04:36:26	04:26:50	3187
		5km:00:28:36 | 10km:00:56:51 | 15km: 01:25:56 | 20km:01:57:51 | 21km:02:05:14 | 25km:02:30:58 | 30km:03:03:08 | 35km:03:36:56 | 40km:04:12:14									
3688	2400	**KULEVICH Tatsiana**	BIAŁYSTOK	RIN4FUN		1995	K20	73	04:31:15	04:26:50	501
		5km:00:28:37 | 10km:00:57:24 | 15km: 01:26:09 | 20km:01:55:36 | 21km:02:02:06 | 25km:02:26:15 | 30km:02:58:03 | 35km:03:34:07 | 40km:04:12:59									
3689	10246	**POCIASK Grzegorz**	WRZĄSOWICE	Real Pharm Team	POL	1984	M30	1062	04:32:41	04:26:55	3188
		5km:00:31:50 | 10km:01:02:48 | 15km: 01:31:56 | 20km:02:01:16 | 21km:02:07:30 | 25km:02:29:55 | 30km:02:58:50 | 35km:03:31:04 | 40km:04:10:32									
3690	7610	**ADAMCZYK Maciej**	BOCHNIA	Barbell Club Bochnia	POL	1985	M30	1063	04:34:15	04:26:59	3189
		5km:00:31:37 | 10km:01:03:05 | 15km: 01:33:28 | 20km:02:05:36 | 21km:02:12:51 | 25km:02:38:11 | 30km:03:10:08 | 35km:03:42:12 | 40km:04:13:39									
3691	10118	**MACHNIKOWSKI Michał**	WARSZAWA		POL	1984	M30	1064	04:35:18	04:27:00	3190
		5km:00:31:24 | 10km:01:03:20 | 15km: 01:33:31 | 20km:02:04:12 | 21km:02:10:48 | 25km:02:35:02 | 30km:03:06:11 | 35km:03:37:21 | 40km:04:12:55									
3692	4590	**GRABARSKI Jakub**	SIEDLCE		POL	2001	M20	514	04:34:34	04:27:00	3190
		5km:00:29:30 | 10km:00:59:00 | 15km: 01:28:06 | 20km:01:57:50 | 21km:02:04:12 | 25km:02:28:00 | 30km:02:59:06 | 35km:03:33:04 | 40km:04:12:15									
3693	7822	**BERNACKI Michał**	TCZEW		POL	1990	M30	1064	04:33:25	04:27:00	3190
		5km:00:31:05 | 10km:01:01:49 | 15km: 01:32:24 | 20km:02:03:23 | 21km:02:09:50 | 25km:02:33:46 | 30km:03:04:58 | 35km:03:38:02 | 40km:04:12:33									
3694	6519	**PABIŃSKI Paweł**	WIELUŃ		POL	1997	M20	515	04:35:10	04:27:01	3193
		5km:00:30:24 | 10km:00:59:51 | 15km: 01:30:13 | 20km:02:00:09 | 21km:02:06:34 | 25km:02:30:15 | 30km:03:01:46 | 35km:03:36:57 | 40km:04:13:52									
3695	2303	**PUDEŁKO Rafał**	ZIMNICE MAŁE		POL	2001	M20	516	04:30:32	04:27:02	3194
		5km:00:24:51 | 10km:00:49:49 | 15km: 01:14:21 | 20km:01:40:08 | 21km:01:45:36 | 25km:02:06:50 | 30km:02:38:21 | 35km:03:26:08 | 40km:04:11:16									
3696	5179	**IWANIUK Adam**	BIAŁA PODLASKA		POL	1970	M50	379	04:34:53	04:27:08	3195
		5km:00:31:45 | 10km:01:03:22 | 15km: 01:33:23 | 20km:02:05:32 | 21km:02:11:47 | 25km:02:36:29 | 30km:03:07:16 | 35km:03:39:07 | 40km:04:12:17									
3697	3195	**BARAŃSKI Maciej**	WARSZAWA	HALO	POL	1989	M30	1066	04:35:17	04:27:09	3196
		5km:00:32:03 | 10km:01:03:34 | 15km: 01:34:55 | 20km:02:06:31 | 21km:02:13:25 | 25km:02:38:21 | 30km:03:09:58 | 35km:03:41:17 | 40km:04:13:47									
3698	12507	**DOMINIAK Bartosz**	WARSZAWA	#BartekBiega	POL	1976	M40	1158	04:33:49	04:27:11	3197
		5km:00:29:34 | 10km:00:59:01 | 15km: 01:27:58 | 20km:01:57:50 | 21km:02:04:23 | 25km:02:28:32 | 30km:03:03:01 | 35km:03:38:00 | 40km:04:13:29									
3699	5192	**LUOMA Jukka**	IMATRA		FIN	1974	M40	1158	04:34:35	04:27:11	3197
		5km:00:29:39 | 10km:00:59:29 | 15km: 01:29:12 | 20km:01:58:41 | 21km:02:04:53 | 25km:02:27:50 | 30km:03:00:27 | 35km:03:34:51 | 40km:04:13:48									
3700	10334	**BARTOS Mateusz**	SIERADZ		POL	1993	M30	1067	04:34:53	04:27:12	3199
		5km:00:30:04 | 10km:00:59:51 | 15km: 01:30:13 | 20km:02:00:09 | 21km:02:06:34 | 25km:02:30:15 | 30km:03:01:46 | 35km:03:36:57 | 40km:04:13:52									
3701	7201	**GÓRECKA Monika**	TARNOBRZEG		POL	1977	K40	204	04:33:36	04:27:14	502
		5km:00:29:30 | 10km:00:58:44 | 15km: 01:27:49 | 20km:01:57:17 | 21km:02:03:43 | 25km:02:27:04 | 30km:03:00:05 | 35km:03:33:28 | 40km:04:12:12									
3702	7215	**KALARUS Radosław**	PRUSZKÓW		POL	1979	M40	1160	04:34:26	04:27:14	3200
		5km:00:30:48 | 10km:01:02:17 | 15km: 01:33:47 | 20km:02:05:27 | 21km:02:12:16 | 25km:02:37:27 | 30km:03:09:38 | 35km:03:41:19 | 40km:04:13:23									
3703	4586	**DĄBROWSKI Tomasz**	WARSZAWA		POL	2002	M20	517	04:35:33	04:27:16	3201
		5km:00:31:16 | 10km:01:03:01 | 15km: 01:33:19 | 20km:02:03:17 | 21km:02:09:22 | 25km:02:33:05 | 30km:03:03:01 | 35km:03:37:39 | 40km:04:14:18									
3704	16013	**STRYJEWSKI Krzysztof**	CZĘSTOCHOWA		POL	1978	M40	1161	04:34:02	04:27:17	3202
		5km:00:31:12 | 10km:01:02:42 | 15km: 01:34:11 | 20km:02:05:19 | 21km:02:12:02 | 25km:02:36:01 | 30km:03:07:31 | 35km:03:39:19 | 40km:04:13:15									
3705	2721	**TRUSIŃSKI Adrian**	OTWOCK		POL	1991	M30	1068	04:35:29	04:27:17	3202
		5km:00:31:25 | 10km:01:02:59 | 15km: 01:33:32 | 20km:02:05:01 | 21km:02:11:48 | 25km:02:36:19 | 30km:03:07:40 | 35km:03:40:11 | 40km:04:13:49									
3706	6874	**MIECZNIKOWSKA Agnieszka**	KATOWICE		POL	1973	K50	30	04:35:04	04:27:19	503
		5km:00:31:42 | 10km:01:03:16 | 15km: 01:33:50 | 20km:02:05:22 | 21km:02:12:11 | 25km:02:37:28 | 30km:03:10:33 | 35km:03:42:17 | 40km:04:14:00									
3707	2948	**KAŁUZA Magdalena**	WARSZAWA		POL	1993	K30	194	04:33:40	04:27:22	504
		5km:00:29:53 | 10km:00:59:37 | 15km: 01:29:23 | 20km:01:59:11 | 21km:02:05:38 | 25km:02:28:56 | 30km:02:59:51 | 35km:03:36:12 | 40km:04:12:58									
3708	3682	**KŁOPOTEK Anna**	WARSZAWA		POL	1976	K40	205	04:31:14	04:27:23	505
		5km:00:29:57 | 10km:01:00:40 | 15km: 01:32:44 | 20km:02:04:07 | 21km:02:10:46 | 25km:02:35:17 | 30km:03:08:01 | 35km:03:40:14 | 40km:04:13:40									
3709	8475	**REK Patryk**	CYBULICE DUŻE		POL	1995	M20	518	04:31:52	04:27:23	3204
		5km:00:26:28 | 10km:00:53:46 | 15km: 01:21:52 | 20km:01:49:55 | 21km:01:56:02 | 25km:02:21:32 | 30km:02:56:24 | 35km:03:31:42 | 40km:04:11:55									
3710	3604	**WOJTAK Mariusz**	WÓLKA TANEWSKA	Planeta Nisko	POL	1971	M50	380	04:32:23	04:27:28	3205
		5km:00:28:01 | 10km:00:56:10 | 15km: 01:23:46 | 20km:01:51:44 | 21km:01:57:56 | 25km:02:20:05 | 30km:02:49:39 | 35km:03:22:58 | 40km:04:07:35									
3711	4090	**WĘGRZYNEK Michał**	MARKI		POL	1977	M40	1162	04:33:34	04:27:28	3205
		5km:00:32:38 | 10km:01:04:52 | 15km: 01:36:34 | 20km:02:09:33 | 21km:02:16:37 | 25km:02:41:48 | 30km:03:13:48 | 35km:03:44:08 | 40km:04:15:31									
3712	3109	**PASTUKHOV Vasyl**	WARSZAWA		UKR	1993	M30	1069	04:33:06	04:27:31	3207
		5km:00:28:10 | 10km:00:56:32 | 15km: 01:24:37 | 20km:01:52:50 | 21km:01:58:56 | 25km:02:21:33 | 30km:02:52:13 | 35km:03:28:01 | 40km:04:10:55									
3713	6260	**KOBENKINS Genadijs**	RIGA		LAT	1996	M20	519	04:34:04	04:27:31	3207
		5km:00:29:12 | 10km:00:58:26 | 15km: 01:28:12 | 20km:01:59:20 | 21km:02:06:41 | 25km:02:35:23 | 30km:03:09:19 | 35km:03:41:29 | 40km:04:13:50									
3714	2787	**APANOVICH Vitaly**	WARSZAWA			1981	M40	1163	04:32:29	04:27:32	3209
		5km:00:27:54 | 10km:00:56:12 | 15km: 01:25:21 | 20km:01:54:36 | 21km:02:01:04 | 25km:02:25:03 | 30km:02:57:37 | 35km:03:31:41 | 40km:04:10:46									
3715	3162	**SZCZEPAŃSKI Łukasz**	BRWINÓW		POL	2004	M20	520	04:33:15	04:27:32	3209
		5km:00:29:18 | 10km:00:59:02 | 15km: 01:28:34 | 20km:01:57:13 | 21km:02:03:18 | 25km:02:25:51 | 30km:02:55:30 | 35km:03:28:37 | 40km:04:09:57									
3716	4349	**GŁOWACKI Dariusz**	WARSZAWA		POL	1977	M40	1163	04:33:08	04:27:32	3209
		5km:00:27:48 | 10km:00:56:13 | 15km: 01:24:35 | 20km:01:52:58 | 21km:01:59:13 | 25km:02:22:53 | 30km:02:57:09 | 35km:03:32:59 | 40km:04:13:45									
3717	6112	**BIEDRON Bernard**	ŻELAZNA		POL	1962	M60	74	04:30:18	04:27:33	3212
		5km:00:28:01 | 10km:00:55:44 | 15km: 01:23:39 | 20km:01:53:16 | 21km:01:59:35 | 25km:02:24:16 | 30km:02:58:10 | 35km:03:32:51 | 40km:04:12:28									
3718	7748	**FLIS Marcin**	NOWA DĘBA		POL	1976	M40	1165	04:34:18	04:27:33	3212
		5km:00:28:42 | 10km:00:57:21 | 15km: 01:25:50 | 20km:01:54:37 | 21km:02:00:56 | 25km:02:23:35 | 30km:02:54:20 | 35km:03:26:19 | 40km:04:11:21									
3719	2414	**PIOTRAK Wojciech**	JEDNOROŻEC		POL	1987	M30	1070	04:36:14	04:27:41	3214
		5km:00:31:35 | 10km:01:03:03 | 15km: 01:33:43 | 20km:02:05:08 | 21km:02:11:53 | 25km:02:36:42 | 30km:03:09:01 | 35km:03:40:42 | 40km:04:13:20									
3720	5254	**MUSIAŁ Mateusz**	BRODNICA		POL	1991	M30	1071	04:31:10	04:27:42	3215
		5km:00:27:53 | 10km:00:55:37 | 15km: 01:22:47 | 20km:01:50:06 | 21km:01:56:02 | 25km:02:17:42 | 30km:02:49:41 | 35km:03:31:50 | 40km:04:13:07									
3721	2053	**DUBAN Elżbieta**	JANKI		POL	1970	K50	31	04:36:38	04:27:45	506
		5km:00:31:27 | 10km:01:02:11 | 15km: 01:32:10 | 20km:02:03:00 | 21km:02:09:42 | 25km:02:34:49 | 30km:03:06:05 | 35km:03:38:46 | 40km:04:13:17									
3722	6393	**BARTOSZEK Tomasz**	KATOWICE	SAINT-GOBAIN SQUAD	POL	1990	M30	1072	04:34:31	04:27:45	3216
		5km:00:29:29 | 10km:00:58:24 | 15km: 01:27:28 | 20km:01:56:57 | 21km:02:03:19 | 25km:02:26:11 | 30km:02:57:48 | 35km:03:33:26 | 40km:04:11:23									
3723	3415	**SYVAN Oskar**	WARSZAWA		POL	1997	M20	521	04:36:16	04:27:46	3217
		5km:00:32:03 | 10km:01:04:19 | 15km: 01:36:33 | 20km:02:08:23 | 21km:02:15:18 | 25km:02:39:27 | 30km:03:10:56 | 35km:03:42:25 | 40km:04:13:53									
3724	3306	**PACYNIAK Mateusz**	MARKI		POL	1993	M30	1073	04:33:06	04:27:47	3218
		5km:00:28:19 | 10km:00:56:48 | 15km: 01:25:05 | 20km:01:53:31 | 21km:01:59:46 | 25km:02:24:17 | 30km:02:56:47 | 35km:03:34:28 | 40km:04:13:03									
3725	4120	**SOCZÓWKA Wojciech**	OLKUSZ		POL	1994	M20	522	04:34:35	04:27:47	3218
		5km:00:30:45 | 10km:01:01:10 | 15km: 01:31:14 | 20km:02:02:07 | 21km:02:08:38 | 25km:02:32:38 | 30km:03:03:38 | 35km:03:35:26 | 40km:04:13:38									
3726	7241	**ROGALSKI Marcin**	SZCZECIN	VOCALIS SZCZECIN	POL	1965	M50	381	04:30:55	04:27:52	3220
		5km:00:27:10 | 10km:00:54:04 | 15km: 01:21:06 | 20km:01:48:31 | 21km:01:54:26 | 25km:02:16:46 | 30km:02:52:02 | 35km:03:30:47 | 40km:04:08:54									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:49 | 10km:00:56:24 | 15km: 01:24:32 | 20km:01:52:38 | 21km:01:58:47 | 25km:02:20:58 | 30km:02:52:42 | 35km:03:31:29 | 40km:04:13:14									
3727	10685	**LIS Sławomir**	OSTROŁĘKA		POL	1963	M60	75	04:37:11	04:27:53	3221
		5km:00:31:07 | 10km:01:01:41 | 15km: 01:33:07 | 20km:02:03:38 | 21km:02:10:08 | 25km:02:35:36 | 30km:03:08:01 | 35km:03:40:30 | 40km:04:13:52									
3728	7457	**PLICHTA Beata**	WARSZAWA		POL	1991	K30	195	04:35:11	04:27:54	507
		5km:00:30:00 | 10km:00:59:55 | 15km: 01:29:06 | 20km:01:58:46 | 21km:02:05:21 | 25km:02:29:19 | 30km:03:01:34 | 35km:03:35:32 | 40km:04:13:02									
3729	7588	**PIAŚCIK Jakub**	TORUŃ		POL	1994	M20	523	04:33:58	04:27:56	3222
		5km:00:26:45 | 10km:00:54:16 | 15km: 01:22:42 | 20km:01:53:36 | 21km:02:00:26 | 25km:02:25:49 | 30km:03:00:08 | 35km:03:35:33 | 40km:04:13:55									
3730	7839	**WAWRZYCZEK Kamila**	ŻYWIEC		POL	1997	K20	74	04:31:43	04:27:56	508
		5km:00:30:47 | 10km:01:01:18 | 15km: 01:31:27 | 20km:02:01:41 | 21km:02:08:11 | 25km:02:32:10 | 30km:03:02:52 | 35km:03:35:20 | 40km:04:14:01									
3731	2611	**SCHAMBACH Steven**	CHRISTIANSBURG		USA	1990	M30	1074	04:34:49	04:27:57	3223
		5km:00:30:50 | 10km:01:01:59 | 15km: 01:33:17 | 20km:02:05:16 | 21km:02:12:03 | 25km:02:37:03 | 30km:03:09:00 | 35km:03:40:59 | 40km:04:13:27									
3732	6512	**MADEJ Monika**	ŁUKÓW		POL	1974	K40	206	04:37:17	04:27:58	509
		5km:00:30:48 | 10km:01:01:30 | 15km: 01:31:26 | 20km:02:01:38 | 21km:02:07:57 | 25km:02:31:58 | 30km:03:02:06 | 35km:03:34:01 | 40km:04:12:20									
3733	6689	**HARASIMIUK Piotr**	KOMARÓWKA PODLASKA	Bank Spółdzielczy Międzyrzec Podlaski	POL	1982	M40	1166	04:37:39	04:27:58	3224
		5km:00:25:27 | 10km:00:50:42 | 15km: 01:15:11 | 20km:01:42:50 | 21km:01:48:51 | 25km:02:14:08 | 30km:02:47:27 | 35km:03:26:52 | 40km:04:10:06									
3734	6990	**SARZAŁA Michał**	WARSZAWA		POL	2000	M20	524	04:29:53	04:27:58	3224
		5km:00:30:06 | 10km:00:59:34 | 15km: 01:28:48 | 20km:01:58:27 | 21km:02:04:46 | 25km:02:28:29 | 30km:03:06:39 | 35km:03:43:54 | 40km:04:15:10									
3735	4671	**SZTAJEROWSKI Michał**	LUBLIN		POL	1989	M30	1075	04:34:07	04:27:59	3226
		5km:00:28:23 | 10km:00:56:52 | 15km: 01:24:40 | 20km:01:53:02 | 21km:01:59:09 | 25km:02:21:27 | 30km:02:49:52 | 35km:03:21:55 | 40km:04:09:39									
3736	4648	**SZEWCZYK Bartłomiej**	KONSTANCIN JEZIORNA		POL	2005	M20	525	04:33:52	04:28:00	3227
		5km:00:30:05 | 10km:01:00:07 | 15km: 01:30:00 | 20km:02:00:20 | 21km:02:06:57 | 25km:02:30:51 | 30km:03:02:16 | 35km:03:34:48 | 40km:04:11:41									
3737	7120	**MATWIEJCZUK Eliza**	OLSZTYN		POL	1983	K40	207	04:33:33	04:28:00	510
		5km:00:28:11 | 10km:00:56:28 | 15km: 01:24:49 | 20km:01:54:31 | 21km:02:00:47 | 25km:02:25:34 | 30km:02:59:30 | 35km:03:34:52 | 40km:04:12:57									
3738	6630	**PACHOWICZ Adam**	WROCŁAW		POL	1985	M30	1076	04:32:44	04:28:01	3228
		5km:00:29:46 | 10km:00:59:30 | 15km: 01:29:18 | 20km:01:58:49 | 21km:02:05:14 | 25km:02:28:19 | 30km:02:59:05 | 35km:03:32:07 | 40km:04:11:07									
3739	5199	**BAJER Tomasz**	WARSZAWA		POL	1978	M40	1167	04:33:23	04:28:02	3229
		5km:00:26:58 | 10km:00:53:36 | 15km: 01:19:42 | 20km:01:46:07 | 21km:01:51:49 | 25km:02:14:13 | 30km:02:47:36 | 35km:03:29:44 | 40km:04:12:08									
3740	2172	**GAŁECKI Krzysztof**	GÓRA KALWARIA		POL	1997	M20	526	04:30:53	04:28:03	3230
		5km:00:26:24 | 10km:00:52:49 | 15km: 01:23:35 | 20km:02:04:44 | 21km:02:10:22 | 25km:02:37:34 | 30km:03:06:01 | 35km:03:40:17 | 40km:04:15:19									
3741	10587	**BIENIAS Łukasz**	DZIERŻONIÓW		POL	1984	M30	1077	04:29:45	04:28:04	3231
		5km:00:28:54 | 10km:00:58:15 | 15km: 01:26:48 | 20km:01:55:18 | 21km:02:01:30 | 25km:02:23:51 | 30km:02:54:11 | 35km:03:30:12 | 40km:04:09:46									
3742	4580	**GRYŚ Piotr**	BIAŁEBŁOTO	Off-Road Runners Benefit Systems	POL	1980	M40	1168	04:31:33	04:28:04	3231
		5km:00:29:51 | 10km:01:00:22 | 15km: 01:30:32 | 20km:02:00:51 | 21km:02:07:19 | 25km:02:30:52 | 30km:03:01:59 | 35km:03:34:28 | 40km:04:13:47									
3743	5010	**NAZARUK Andrzej**	WARSZAWA		POL	1973	M50	382	04:36:08	04:28:05	3233
		5km:00:28:59 | 10km:00:56:24 | 15km: 01:24:22 | 20km:01:52:52 | 21km:01:59:07 | 25km:02:23:14 | 30km:02:58:27 | 35km:03:34:42 | 40km:04:12:03									
3744	4582	**JANOWSKI Bartłomiej**	BUDY-GRZYBEK		POL	2002	M20	527	04:31:24	04:28:06	3234
		5km:00:32:15 | 10km:01:03:37 | 15km: 01:33:52 | 20km:02:04:51 | 21km:02:11:32 | 25km:02:35:53 | 30km:03:07:00 | 35km:03:38:05 | 40km:04:12:38									
3745	7867	**PAJDOWSKI Andrzej**	POLKOWICE		POL	1972	M50	383	04:35:42	04:28:06	3234
		5km:00:32:00 | 10km:01:03:13 | 15km: 01:33:48 | 20km:02:06:03 | 21km:02:13:17 | 25km:02:38:35 | 30km:03:10:33 | 35km:03:42:33 | 40km:04:13:57									
3746	2587	**JASTRZEMBSKI Edmund**	GDAŃSK	Bydgoszcz Fan Maraton	POL	1972	M50	384	04:36:01	04:28:09	3236
		5km:00:28:05 | 10km:00:55:48 | 15km: 01:23:41 | 20km:01:51:31 | 21km:01:57:32 | 25km:02:19:24 | 30km:02:49:49 | 35km:03:30:14 | 40km:04:12:04									
3747	3242	**GÓRTATOWSKI Julian**	PRABUTY	Bike Club Prabuty	POL	2004	M20	528	04:32:02	04:28:09	3236
		5km:00:27:32 | 10km:00:55:17 | 15km: 01:24:27 | 20km:01:57:03 | 21km:02:03:40 | 25km:02:30:01 | 30km:03:03:33 | 35km:03:36:21 | 40km:04:12:45									
3748	10142	**PAROL Natalia**	OTWOCK		POL	1986	K30	196	04:32:28	04:28:13	511
		5km:00:29:50 | 10km:00:59:36 | 15km: 01:30:00 | 20km:02:00:21 | 21km:02:06:47 | 25km:02:31:32 | 30km:03:03:55 | 35km:03:37:22 | 40km:04:14:24									
3749	5312	**SZABLA Marcin**	GRABOWA	Saint -Gobain SQUAD	POL	1977	M40	1169	04:35:05	04:28:13	3238
		5km:00:30:05 | 10km:00:59:57 | 15km: 01:29:36 | 20km:01:59:16 | 21km:02:05:47 | 25km:02:31:57 | 30km:03:03:19 | 35km:03:36:48 | 40km:04:13:50									
3750	6012	**KARCZEWSKA Marta**	WARSZAWA		POL	1991	K30	196	04:33:42	04:28:13	511
		5km:00:24:51 | 10km:00:49:34 | 15km: 01:14:18 | 20km:01:41:51 | 21km:01:48:38 | 25km:02:14:35 | 30km:02:54:45 | 35km:03:29:40 | 40km:04:10:40									
3751	6310	**GIEGIEL Łukasz**	WARSZAWA		POL	1985	M30	1078	04:29:42	04:28:15	3239
		5km:00:26:34 | 10km:00:53:43 | 15km: 01:22:02 | 20km:01:50:58 | 21km:01:57:18 | 25km:02:21:16 | 30km:02:57:03 | 35km:03:33:06 | 40km:04:12:37									
3752	8173	**ODOLCZYK Joanna**	WARSZAWA		POL	1965	K50	32	04:31:03	04:28:15	513
		5km:00:26:15 | 10km:00:52:25 | 15km: 01:19:07 | 20km:01:45:18 | 21km:01:50:58 | 25km:02:11:46 | 30km:02:39:02 | 35km:03:08:43 | 40km:03:42:09									
3753	10482	**SKÓRNICKI Rafał**	RADOM		POL	1976	M40	1170	04:32:00	04:28:16	3240
		5km:00:29:44 | 10km:01:00:20 | 15km: 01:29:23 | 20km:01:59:23 | 21km:02:06:20 | 25km:02:30:59 | 30km:03:04:09 | 35km:03:37:25 | 40km:04:13:14									
3754	2218	**BIRAU Nicolas**	SCEAUX		FRA	1993	M30	1079	04:36:09	04:28:16	3240
		5km:00:28:59 | 10km:00:57:50 | 15km: 01:26:41 | 20km:01:56:00 | 21km:02:02:06 | 25km:02:24:11 | 30km:02:53:04 | 35km:03:31:18 | 40km:04:13:30									
3755	7168	**KAMIŃSKI Konrad**	WARSZAWA		POL	1994	M20	529	04:32:51	04:28:18	3242
		5km:00:29:22 | 10km:00:59:30 | 15km: 01:29:41 | 20km:01:59:55 | 21km:02:06:48 | 25km:02:31:09 | 30km:03:03:18 | 35km:03:36:27 | 40km:04:13:57									
3756	2451	**ZAWISTOWSKI-LULEK Marcin**	WARSZAWA		POL	1972	M50	385	04:34:02	04:28:20	3243
		5km:00:28:56 | 10km:00:58:20 | 15km: 01:27:28 | 20km:01:57:58 | 21km:02:03:50 | 25km:02:26:37 | 30km:02:58:48 | 35km:03:33:26 | 40km:04:12:26									
3757	6116	**RYNK Mateusz**	BĘDZIN		POL	1986	M30	1080	04:35:17	04:28:20	3243
		5km:00:27:52 | 10km:00:56:24 | 15km: 01:25:05 | 20km:01:54:02 | 21km:02:00:21 | 25km:02:23:54 | 30km:02:57:03 | 35km:03:34:29 | 40km:04:12:55									
3758	3054	**LUDWICZAK Jacek**	WARSZAWA	Batalion Lekkiej Piechoty w Komorowie	POL	1972	M50	386	04:31:25	04:28:21	3245
		5km:00:29:58 | 10km:01:00:33 | 15km: 01:30:54 | 20km:02:01:33 | 21km:02:08:16 | 25km:02:33:34 | 30km:03:05:47 | 35km:03:39:32 | 40km:04:14:31									
3759	7273	**KRASKA Tomasz**	NOWE MIASTO NAD PILICĄ	100 MARATON CLUB POLSKA	POL	1968	M50	386	04:34:45	04:28:21	3245
		5km:00:29:54 | 10km:01:00:36 | 15km: 01:29:39 | 20km:01:58:25 | 21km:02:04:44 | 25km:02:28:47 | 30km:03:00:54 | 35km:03:35:37 | 40km:04:14:17									
3760	8356	**BIELSKI Dariusz**	PŁOCK		POL	1970	M50	386	04:31:24	04:28:21	3245
		5km:00:29:22 | 10km:00:58:52 | 15km: 01:28:00 | 20km:01:57:33 | 21km:02:03:59 | 25km:02:28:00 | 30km:03:00:03 | 35km:03:34:38 | 40km:04:15:21									
3761	7729	**JAROSIK Jan**	PUŁTUSK	Polish Psycho	POL	1996	M20	530	04:34:36	04:28:23	3248
		5km:00:30:32 | 10km:01:01:01 | 15km: 01:31:08 | 20km:02:01:17 | 21km:02:07:55 | 25km:02:31:44 | 30km:03:03:01 | 35km:03:36:02 | 40km:04:13:50									
3762	2729	**HENNESSY Kevin**	LIVERPOOL		GBR	1985	M30	1081	04:35:19	04:28:24	3249
		5km:00:27:03 | 10km:00:54:54 | 15km: 01:23:19 | 20km:01:52:20 | 21km:01:58:42 | 25km:02:23:19 | 30km:02:55:19 | 35km:03:29:42 | 40km:04:13:10									
3763	3976	**MOLODETSKYI Oleksandr**	ODESA		UKR	1980	M40	1171	04:30:50	04:28:28	3250
		5km:00:30:48 | 10km:01:01:38 | 15km: 01:32:18 | 20km:02:04:03 | 21km:02:10:32 | 25km:02:36:14 | 30km:03:08:20 | 35km:03:41:30 | 40km:04:15:00									
3764	4602	**SIWKOWSKI Łukasz**	ZŁOTNIKI		POL	1978	M40	1171	04:35:05	04:28:28	3250
		5km:00:30:34 | 10km:01:01:56 | 15km: 01:32:22 | 20km:02:02:27 | 21km:02:09:04 | 25km:02:33:05 | 30km:03:04:34 | 35km:03:37:26 | 40km:04:13:59									
3765	2783	**HANCHAROU Aliaksandr**	WROCLAW			1988	M30	1082	04:35:48	04:28:29	3252
		5km:00:31:36 | 10km:01:02:45 | 15km: 01:33:44 | 20km:02:06:42 | 21km:02:13:15 | 25km:02:37:32 | 30km:03:09:14 | 35km:03:41:22 | 40km:04:14:36									
3766	7339	**ZIÓŁKOWSKA Aleksandra**	WARSZAWA		POL	1994	K20	75	04:35:59	04:28:29	514
		5km:00:31:38 | 10km:01:02:47 | 15km: 01:33:45 | 20km:02:06:45 | 21km:02:13:17 | 25km:02:37:34 | 30km:03:09:15 | 35km:03:41:23 | 40km:04:14:37									
3767	7311	**BESZCZYŃSKI Michał**	WALENDOW		POL	1991	M30	1083	04:35:58	04:28:30	3253
		5km:00:29:19 | 10km:00:58:36 | 15km: 01:30:04 | 20km:01:59:52 | 21km:02:06:01 | 25km:02:29:45 | 30km:03:00:26 | 35km:03:33:48 | 40km:04:12:23									
3768	6094	**KOPIEC Marcin**	JAZGARZEW	Piaseczno Running	POL	1973	M50	389	04:34:31	04:28:34	3254
		5km:00:29:45 | 10km:00:59:37 | 15km: 01:29:09 | 20km:01:58:32 | 21km:02:05:01 | 25km:02:28:41 | 30km:03:00:07 | 35km:03:32:55 | 40km:04:13:59									
3769	6719	**BIELAK Rafał**	ŁÓDŹ		POL	1991	M30	1084	04:33:57	04:28:34	3254
		5km:00:29:29 | 10km:00:58:40 | 15km: 01:29:06 | 20km:01:58:03 | 21km:02:04:22 | 25km:02:28:25 | 30km:03:00:40 | 35km:03:34:45 | 40km:04:12:10									
3770	6773	**AUSTIN Geoffrey**	LONDON		GBR	1990	M30	1084	04:36:05	04:28:34	3254
		5km:00:26:35 | 10km:00:54:28 | 15km: 01:23:11 | 20km:01:52:36 | 21km:01:59:06 | 25km:02:23:29 | 30km:02:59:04 | 35km:03:36:52 | 40km:04:13:42									
3771	8042	**BEDNARCZYK Maciej**	OSTRÓW MAZOWIECKA		POL	1992	M30	1086	04:33:38	04:28:35	3257
		5km:00:28:15 | 10km:00:57:02 | 15km: 01:24:19 | 20km:01:52:29 | 21km:01:58:37 | 25km:02:22:37 | 30km:02:55:10 | 35km:03:32:04 | 40km:04:10:56									
3772	3319	**STRZAŁKOWSKI Artur**	WARSZAWA		POL	1985	M30	1087	04:29:33	04:28:37	3258

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:13 | 10km:00:57:01 | 15km: 01:29:08 | 20km:01:59:48 | 21km:02:06:15 | 25km:02:31:11 | 30km:03:03:37 | 35km:03:37:07 | 40km:04:13:47									
3773	3425	**TARNAWSKA Dorota**	WARSZAWA		POL	1975	K40	208	04:33:34	04:28:37	515
		5km:00:30:23 | 10km:01:00:23 | 15km: 01:30:46 | 20km:02:00:58 | 21km:02:07:35 | 25km:02:31:39 | 30km:03:03:46 | 35km:03:39:19 | 40km:04:14:08									
3774	3837	**KOZŁOWSKA Mariola**	MARKI		POL	1982	K40	209	04:34:34	04:28:38	516
		5km:00:31:18 | 10km:01:02:17 | 15km: 01:32:43 | 20km:02:02:45 | 21km:02:09:17 | 25km:02:32:46 | 30km:03:03:41 | 35km:03:35:16 | 40km:04:11:09									
3775	7160	**BLOQUET Agnes**	GOMMEGNIES		FRA	1986	K30	198	04:35:39	04:28:38	516
		5km:00:31:41 | 10km:01:04:14 | 15km: 01:35:14 | 20km:02:06:28 | 21km:02:13:14 | 25km:02:37:59 | 30km:03:09:35 | 35km:03:41:03 | 40km:04:14:17									
3776	2585	**KLIMEK Marta**	WARSZAWA		POL	1990	K30	199	04:36:04	04:28:39	518
		5km:00:30:06 | 10km:01:00:27 | 15km: 01:30:41 | 20km:02:00:54 | 21km:02:07:24 | 25km:02:31:23 | 30km:03:02:19 | 35km:03:35:02 | 40km:04:13:56									
3777	3297	**BIEŃKOWSKI Adam**	WARSZAWA		POL	1988	M30	1088	04:35:51	04:28:39	3259
		5km:00:31:41 | 10km:01:04:14 | 15km: 01:35:15 | 20km:02:06:31 | 21km:02:13:15 | 25km:02:38:00 | 30km:03:09:39 | 35km:03:41:19 | 40km:04:14:18									
3778	3658	**HUCAŁ Grzegorz**	WARSZAWA		POL	1985	M30	1088	04:36:04	04:28:39	3259
		5km:00:31:20 | 10km:01:03:01 | 15km: 01:34:31 | 20km:02:06:00 | 21km:02:12:51 | 25km:02:37:46 | 30km:03:10:10 | 35km:03:42:21 | 40km:04:15:28									
3779	6878	**PIECZARKOWSKA-MRÓZ Zuzanna**	KRAKÓW		POL	1989	K30	200	04:34:55	04:28:40	519
		5km:00:28:02 | 10km:00:56:13 | 15km: 01:23:49 | 20km:01:51:52 | 21km:01:58:07 | 25km:02:22:19 | 30km:02:57:17 | 35km:03:36:50 | 40km:04:14:31									
3780	2492	**MĄCZKA Michał**	KOSZALIN	Happy Runners	POL	1984	M30	1090	04:33:32	04:28:41	3261
		5km:00:28:45 | 10km:00:56:13 | 15km: 01:24:33 | 20km:01:53:12 | 21km:01:59:30 | 25km:02:24:03 | 30km:02:57:23 | 35km:03:33:37 | 40km:04:13:39									
3781	8189	**ŁĄCZYKOWSKI Sylwester**	WARSZAWA		POL	1994	M20	531	04:32:35	04:28:41	3261
		5km:00:25:29 | 10km:00:53:14 | 15km: 01:23:10 | 20km:01:55:33 | 21km:02:02:05 | 25km:02:26:22 | 30km:03:02:25 | 35km:03:37:25 | 40km:04:14:36									
3782	3520	**LEŚNIEWICZ Grzegorz**	WARSZAWA		POL	1979	M40	1173	04:29:33	04:28:42	3263
		5km:00:31:58 | 10km:01:03:24 | 15km: 01:33:47 | 20km:02:05:54 | 21km:02:13:12 | 25km:02:38:30 | 30km:03:10:47 | 35km:03:42:31 | 40km:04:13:36									
3783	5008	**ŁUBIAN Michał**	GARWOLIN	BlueSoft	POL	1975	M40	1174	04:36:39	04:28:44	3264
		5km:00:27:12 | 10km:00:54:34 | 15km: 01:21:59 | 20km:01:49:53 | 21km:01:55:48 | 25km:02:20:40 | 30km:02:56:16 | 35km:03:34:18 | 40km:04:12:40									
3784	10590	**WOŹNIAK Łukasz**	ŁÓDŹ	OUTFORM Team	POL	1990	M30	1091	04:34:07	04:28:45	3265
		5km:00:29:27 | 10km:00:58:37 | 15km: 01:27:50 | 20km:01:57:18 | 21km:02:03:43 | 25km:02:28:17 | 30km:03:02:19 | 35km:03:37:45 | 40km:04:14:36									
3785	10218	**SANKOWSKI Tomasz**	PRUSZKÓW	ZAP Piastów	POL	1985	M30	1092	04:35:09	04:28:46	3266
		5km:00:29:21 | 10km:00:59:46 | 15km: 01:29:57 | 20km:02:00:42 | 21km:02:07:23 | 25km:02:32:27 | 30km:03:05:11 | 35km:03:38:08 | 40km:04:14:00									
3786	6818	**ŻUKROWSKA Karolina**	WARSZAWA		POL	1978	K40	210	04:33:52	04:28:46	520
		5km:00:31:47 | 10km:01:03:38 | 15km: 01:35:21 | 20km:02:07:21 | 21km:02:14:13 | 25km:02:39:37 | 30km:03:11:27 | 35km:03:43:06 | 40km:04:15:21									
3787	6767	**MIZUŁA Jakub**	POŁCZYN-ZDRÓJ		POL	1984	M30	1093	04:38:15	04:28:48	3267
		5km:00:29:57 | 10km:01:00:31 | 15km: 01:30:47 | 20km:02:01:20 | 21km:02:08:03 | 25km:02:32:06 | 30km:03:04:25 | 35km:03:37:06 | 40km:04:14:04									
3788	4593	**ORLIŃSKI Ernest**	GÓRA KALWARIA	Góra Biega	POL	1979	M40	1175	04:35:33	04:28:49	3268
		5km:00:30:05 | 10km:01:00:31 | 15km: 01:30:40 | 20km:02:01:08 | 21km:02:07:41 | 25km:02:31:30 | 30km:03:03:00 | 35km:03:36:48 | 40km:04:14:01									
3789	14515	**MOSER Kamil**	ALEKSANDRÓW ŁÓDZKI		POL	1991	M30	1094	04:35:45	04:28:50	3269
		5km:00:28:55 | 10km:00:56:28 | 15km: 01:24:16 | 20km:01:52:44 | 21km:01:58:43 | 25km:02:20:55 | 30km:02:53:34 | 35km:03:29:19 | 40km:04:13:25									
3790	2199	**DOBROWOLSKI Patryk**	WARSZAWA		POL	1996	M20	532	04:35:35	04:28:50	3269
		5km:00:29:59 | 10km:00:59:59 | 15km: 01:29:52 | 20km:02:00:14 | 21km:02:06:50 | 25km:02:31:40 | 30km:03:03:16 | 35km:03:36:36 | 40km:04:12:07									
3791	4585	**SANKOWSKI Daniel**	WARSZAWA		POL	1999	M20	533	04:34:44	04:28:52	3271
		5km:00:30:56 | 10km:01:01:46 | 15km: 01:32:31 | 20km:02:05:09 | 21km:02:11:56 | 25km:02:37:49 | 30km:03:10:59 | 35km:03:43:31 | 40km:04:15:22									
3792	5258	**BRZOZOWSKA Marta**	AMSTERDAM		POL	1983	K40	211	04:35:23	04:28:53	521
		5km:00:29:32 | 10km:00:58:38 | 15km: 01:27:56 | 20km:01:57:22 | 21km:02:03:46 | 25km:02:27:07 | 30km:02:57:36 | 35km:03:31:25 | 40km:04:12:17									
3793	7271	**KLEBANOVICH Pavel**	BIALYSTOK		POL	1981	M40	1176	04:35:15	04:28:54	3272
		5km:00:26:40 | 10km:00:53:13 | 15km: 01:20:35 | 20km:01:49:06 | 21km:01:55:45 | 25km:02:21:02 | 30km:02:57:10 | 35km:03:35:59 | 40km:04:14:24									
3794	4381	**DOMKA Daniel**	WROCŁAW		POL	1991	M30	1095	04:31:15	04:28:58	3273
		5km:00:31:16 | 10km:01:01:38 | 15km: 01:31:39 | 20km:02:01:58 | 21km:02:08:31 | 25km:02:32:22 | 30km:03:03:50 | 35km:03:36:13 | 40km:04:14:06									
3795	3187	**GAJDUK Ilona**	WARSZAWA		POL	1991	K30	201	04:37:35	04:29:01	522
		5km:00:29:05 | 10km:00:55:47 | 15km: 01:22:54 | 20km:01:56:46 | 21km:02:03:19 | 25km:02:39:26 | 30km:03:12:13 | 35km:03:45:35 | 40km:04:17:02									
3796	5203	**STĘPIEŃ Kamila**	OPOLE		POL	1987	K30	202	04:32:12	04:29:02	523
		5km:00:32:58 | 10km:01:05:56 | 15km: 01:38:49 | 20km:02:12:09 | 21km:02:19:14 | 25km:02:46:05 | 30km:03:18:54 | 35km:03:48:27 | 40km:04:17:29									
3797	8479	**SZLOMPEK Paweł**	KIELCE	Anonimowi Lekkoatleci	POL	1990	M30	1096	04:37:28	04:29:03	3274
		5km:00:31:53 | 10km:01:03:20 | 15km: 01:33:45 | 20km:02:05:41 | 21km:02:12:11 | 25km:02:35:45 | 30km:03:05:57 | 35km:03:37:51 | 40km:04:13:56									
3798	3867	**SKOWROŃSKI Krzysztof**	WARSZAWA		POL	1972	M50	390	04:37:02	04:29:05	3275
		5km:00:26:04 | 10km:00:54:49 | 15km: 01:23:36 | 20km:01:52:45 | 21km:01:59:05 | 25km:02:23:29 | 30km:02:57:44 | 35km:03:36:27 | 40km:04:14:02									
3799	2402	**TRELA Michał**	WARSZAWA	UKNF biega	POL	1995	M20	534	04:29:54	04:29:06	3276
		5km:00:30:38 | 10km:01:01:20 | 15km: 01:31:36 | 20km:02:02:22 | 21km:02:08:56 | 25km:02:32:41 | 30km:03:03:50 | 35km:03:36:36 | 40km:04:13:27									
3800	7877	**ŚLUZEK Mirosław**	WARSZAWA		POL	1963	M60	76	04:36:48	04:29:06	3276
		5km:00:28:49 | 10km:00:57:25 | 15km: 01:26:23 | 20km:01:56:58 | 21km:02:03:32 | 25km:02:28:09 | 30km:03:01:27 | 35km:03:35:21 | 40km:04:13:34									
3801	6605	**GANCARCZYK Wiesław**	LIBIĄŻ		POL	1964	M50	391	04:33:30	04:29:07	3278
		5km:00:32:54 | 10km:01:05:47 | 15km: 01:37:07 | 20km:02:08:40 | 21km:02:15:17 | 25km:02:39:44 | 30km:03:10:12 | 35km:03:41:33 | 40km:04:14:38									
3802	4069	**SÄILÄ Julius**	ESPOO		FIN	1990	M30	1097	04:37:40	04:29:09	3279
		5km:00:29:24 | 10km:00:59:18 | 15km: 01:30:09 | 20km:02:01:22 | 21km:02:08:00 | 25km:02:32:56 | 30km:03:04:47 | 35km:03:38:54 | 40km:04:14:47									
3803	2480	**ŻEBROWSKA Dorota**	SZCZYTNO		POL	1978	K40	212	04:33:46	04:29:12	524
		5km:00:28:57 | 10km:00:57:47 | 15km: 01:27:28 | 20km:01:56:43 | 21km:02:03:02 | 25km:02:26:43 | 30km:02:59:19 | 35km:03:37:37 | 40km:04:15:02									
3804	2522	**GRUSZKA Marcin**	WROCŁAW		POL	1994	M20	535	04:34:51	04:29:12	3280
		5km:00:33:18 | 10km:01:05:10 | 15km: 01:34:43 | 20km:02:03:35 | 21km:02:09:29 | 25km:02:32:35 | 30km:03:04:32 | 35km:03:37:13 | 40km:04:14:15									
3805	10386	**OFLAKOWSKI Krzysztof**	IŁAWA		POL	1984	M30	1098	04:37:43	04:29:15	3281
		5km:00:29:58 | 10km:00:59:57 | 15km: 01:29:52 | 20km:02:00:10 | 21km:02:06:48 | 25km:02:31:38 | 30km:03:03:18 | 35km:03:37:26 | 40km:04:14:24									
3806	4595	**SERAFIN Jakub**	JAKTORÓW		POL	1997	M20	536	04:35:10	04:29:17	3282
		5km:00:28:53 | 10km:00:57:16 | 15km: 01:25:43 | 20km:01:55:54 | 21km:02:02:41 | 25km:02:28:16 | 30km:03:01:22 | 35km:03:36:45 | 40km:04:14:12									
3807	3497	**GLINKA Wiktor**	WARSZAWA		POL	1984	M30	1099	04:34:09	04:29:22	3283
		5km:00:28:25 | 10km:00:57:03 | 15km: 01:26:16 | 20km:01:56:42 | 21km:02:03:22 | 25km:02:28:21 | 30km:03:00:15 | 35km:03:36:31 | 40km:04:14:42									
3808	4619	**GAŁECKI Piotr**	DŁUGA SZLACHECKA		POL	1991	M30	1100	04:33:57	04:29:24	3284
		5km:00:27:02 | 10km:00:55:22 | 15km: 01:24:16 | 20km:01:54:33 | 21km:02:01:07 | 25km:02:25:59 | 30km:02:59:56 | 35km:03:35:08 | 40km:04:13:57									
3809	4303	**OWOC Magdalena**	WARSZAWA	Biegaj pod okiem Trenera	POL	1987	K30	203	04:36:12	04:29:28	525
		5km:00:32:02 | 10km:01:04:08 | 15km: 01:35:12 | 20km:02:06:58 | 21km:02:13:51 | 25km:02:38:35 | 30km:03:10:23 | 35km:03:42:29 | 40km:04:15:00									
3810	6321	**MARZEC Andrzej**	DĄBROWA GÓRNICZA		POL	1979	M40	1177	04:36:30	04:29:28	3285
		5km:00:30:35 | 10km:01:01:00 | 15km: 01:31:08 | 20km:02:01:21 | 21km:02:07:48 | 25km:02:30:38 | 30km:03:01:06 | 35km:03:34:18 | 40km:04:14:50									
3811	4195	**SALCZYŃSKI Bartłomiej**	STARA IWICZNA		POL	1992	M30	1101	04:36:13	04:29:29	3286
		5km:00:28:02 | 10km:00:57:42 | 15km: 01:25:59 | 20km:01:53:56 | 21km:02:00:01 | 25km:02:22:13 | 30km:02:53:15 | 35km:03:28:18 | 40km:04:10:02									
3812	2950	**MOCZYNSKI Dawid**	WARSZAWA		POL	1986	M30	1102	04:36:22	04:29:30	3287
		5km:00:28:53 | 10km:00:59:21 | 15km: 01:29:13 | 20km:01:59:43 | 21km:02:06:17 | 25km:02:30:54 | 30km:03:04:03 | 35km:03:40:06 | 40km:04:16:26									
3813	5149	**HERZOG Dobromir**	PIETRZYKOWICE		POL	1977	M40	1178	04:34:25	04:29:30	3287
		5km:00:28:29 | 10km:00:56:25 | 15km: 01:23:19 | 20km:01:50:15 | 21km:01:56:10 | 25km:02:17:56 | 30km:02:46:22 | 35km:03:16:34 | 40km:04:11:54									
3814	10337	**BALICKI Damian**	DZIAŁDOWO		POL	1991	M30	1103	04:35:12	04:29:41	3289
		5km:00:31:25 | 10km:01:02:19 | 15km: 01:32:38 | 20km:02:03:17 | 21km:02:10:20 | 25km:02:34:14 | 30km:03:06:38 | 35km:03:40:11 | 40km:04:14:53									
3815	14012	**SKOROPADYK Yulian**	WARSZAWA	Skolian	UKR	1997	M20	537	04:36:37	04:29:42	3290
		5km:00:27:08 | 10km:00:54:26 | 15km: 01:21:23 | 20km:01:48:44 | 21km:01:54:41 | 25km:02:16:00 | 30km:02:46:41 | 35km:03:27:00 | 40km:04:13:58									
3816	7225	**GODLEWSKI Adrian**	WARSZAWA		POL	1997	M20	538	04:34:40	04:29:43	3291
		5km:00:29:47 | 10km:00:59:34 | 15km: 01:29:27 | 20km:01:59:33 | 21km:02:06:01 | 25km:02:29:36 | 30km:03:02:20 | 35km:03:35:47 | 40km:04:15:41									
3817	2474	**SZMITKOWSKI Jaromir**	WARSZAWA		POL	1981	M40	1179	04:36:54	04:29:45	3292
		5km:00:28:41 | 10km:00:56:55 | 15km: 01:24:54 | 20km:01:53:22 | 21km:01:59:36 | 25km:02:22:58 | 30km:02:55:34 | 35km:03:33:10 | 40km:04:13:54									
3818	7138	**PARDELA Robert**	WARSZAWA	S3DOC	POL	1971	M50	392	04:34:07	04:29:46	3293

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
3819	2336	**PELCZER Agnieszka**	MIŁOSZYCE	KB Harcownik Jelcz-Laskowice	POL	1974	K40	213	04:35:25	04:29:47	526
		5km:00:30:10| 10km:01:01:29| 15km: 01:33:03 | 20km:02:04:51 | 21km:02:11:43 | 25km:02:36:45 | 30km:03:09:23 | 35km:03:42:07 | 40km:04:15:55									
3820	7859	**SIENKIEWICZ Piotr**	WARSZAWA		POL	1978	M40	1180	04:34:18	04:29:49	3294
		5km:00:28:27| 10km:00:56:36| 15km: 01:24:18 | 20km:01:52:27 | 21km:01:58:37 | 25km:02:22:54 | 30km:02:58:11 | 35km:03:36:41 | 40km:04:14:35									
3821	5142	**KUITTINEN Riikka**	LAHELA		FIN	1979	K40	214	04:37:56	04:29:58	527
		5km:00:31:52| 10km:01:03:20| 15km: 01:33:44 | 20km:02:06:29 | 21km:02:13:10 | 25km:02:38:30 | 30km:03:10:42 | 35km:03:42:28 | 40km:04:15:03									
3822	3742	**KALESNIKAU Ilya**	WARSZAWA		POL	1993	M30	1104	04:35:06	04:29:59	3295
		5km:00:28:15| 10km:00:56:45| 15km: 01:24:59 | 20km:01:53:15 | 21km:01:59:25 | 25km:02:21:48 | 30km:02:53:04 | 35km:03:32:44 | 40km:04:15:41									
3823	3921	**MEKWINSKI Wojciech**	HAMBURG		POL	1972	M50	393	04:35:32	04:30:02	3296
		5km:00:30:57| 10km:01:02:13| 15km: 01:32:22 | 20km:02:03:04 | 21km:02:09:39 | 25km:02:33:29 | 30km:03:04:08 | 35km:03:36:44 | 40km:04:13:25									
3824	7602	**MAKIOLA Stefanie**	OLDENBURG		GER	1983	K40	215	04:35:33	04:30:02	528
		5km:00:30:56| 10km:01:02:13| 15km: 01:32:21 | 20km:02:02:59 | 21km:02:09:39 | 25km:02:33:31 | 30km:03:04:03 | 35km:03:36:43 | 40km:04:13:20									
3825	6749	**LEDERER Claudia**	HAMBURG		GER	1977	K40	216	04:35:32	04:30:03	529
		5km:00:30:57| 10km:01:02:13| 15km: 01:32:23 | 20km:02:03:04 | 21km:02:09:40 | 25km:02:33:30 | 30km:03:04:04 | 35km:03:36:44 | 40km:04:13:23									
3826	8411	**KRÓL Zbigniew**	WARSZAWA	Schenker Technology Center Runners	POL	1979	M40	1181	04:37:09	04:30:03	3297
		5km:00:30:15| 10km:01:00:57| 15km: 01:30:50 | 20km:02:00:41 | 21km:02:07:23 | 25km:02:31:43 | 30km:03:03:08 | 35km:03:37:50 | 40km:04:15:35									
3827	3638	**WIĘCKOWSKI Artur**	WARSZAWA		POL	1972	M50	394	04:36:47	04:30:04	3298
		5km:00:30:15| 10km:01:00:47| 15km: 01:30:32 | 20km:02:00:36 | 21km:02:07:17 | 25km:02:31:22 | 30km:03:02:45 | 35km:03:36:13 | 40km:04:15:31									
3828	3165	**KOSSOWSKI Michał**	WARSZAWA		POL	1973	M50	395	04:39:09	04:30:05	3299
		5km:00:31:42| 10km:01:03:51| 15km: 01:35:31 | 20km:02:07:34 | 21km:02:14:32 | 25km:02:39:39 | 30km:03:11:41 | 35km:03:43:43 | 40km:04:16:39									
3829	2808	**BEDNARSKA Joanna**	WROCŁAW	MATNER RUNNING TEAM	POL	1990	K30	204	04:36:51	04:30:07	530
		5km:00:33:24| 10km:01:07:13| 15km: 01:39:35 | 20km:02:11:38 | 21km:02:18:43 | 25km:02:43:55 | 30km:03:15:55 | 35km:03:45:48 | 40km:04:17:06									
3830	5026	**WCISŁO Marcin**	WARSZAWA	Miedzeszyn	POL	1974	M40	1182	04:35:19	04:30:09	3300
		5km:00:28:19| 10km:00:56:54| 15km: 01:25:03 | 20km:01:53:43 | 21km:01:59:45 | 25km:02:23:32 | 30km:02:54:29 | 35km:03:33:44 | 40km:04:16:26									
3831	6765	**WILK Dariusz**	WIEDEŃ		POL	1969	M50	396	04:34:41	04:30:11	3301
		5km:00:28:36| 10km:00:56:56| 15km: 01:25:14 | 20km:01:54:27 | 21km:02:00:46 | 25km:02:24:35 | 30km:02:55:26 | 35km:03:29:40 | 40km:04:12:47									
3832	2871	**BIAŁOSKÓRSKI Robert**	WARSZAWA	Sonko Team	POL	1960	M60	77	04:38:16	04:30:12	3302
		5km:00:31:25| 10km:01:02:58| 15km: 01:33:16 | 20km:02:03:47 | 21km:02:10:14 | 25km:02:34:04 | 30km:03:04:59 | 35km:03:37:03 | 40km:04:14:35									
3833	6451	**MARSZAŁEK Filip**	WROCŁAW		POL	1995	M20	539	04:36:00	04:30:12	3302
		5km:00:30:20| 10km:01:00:00| 15km: 01:29:24 | 20km:01:58:39 | 21km:02:05:04 | 25km:02:30:35 | 30km:03:03:15 | 35km:03:35:20 | 40km:04:14:47									
3834	2847	**KULIŃSKI Marcin**	NAKŁO NAD NOTECIĄ	Uczniowski Klub Sportowy CZWÓRKA Nakło	POL	1979	M40	1183	04:34:11	04:30:13	3304
		5km:00:29:04| 10km:00:58:21| 15km: 01:27:36 | 20km:01:57:47 | 21km:02:04:18 | 25km:02:29:06 | 30km:03:01:50 | 35km:03:37:51 | 40km:04:15:24									
3835	3431	**CZUBAJ Anna**	WARSZAWA		POL	1976	K40	217	04:38:16	04:30:13	531
		5km:00:31:25| 10km:01:02:59| 15km: 01:33:16 | 20km:02:03:47 | 21km:02:10:15 | 25km:02:34:05 | 30km:03:05:01 | 35km:03:38:08 | 40km:04:15:10									
3836	5320	**KASZTELEWICZ Adrian**	WARSZAWA		POL	1993	M30	1105	04:36:13	04:30:14	3305
		5km:00:31:35| 10km:01:03:32| 15km: 01:34:21 | 20km:02:06:13 | 21km:02:12:50 | 25km:02:38:14 | 30km:03:11:03 | 35km:03:44:01 | 40km:04:18:25									
3837	2887	**HUBKA Jerzy**	ZABRZE	Zabrzańskie Parkowe Bieganie	POL	1961	M60	78	04:36:37	04:30:15	3306
		5km:00:28:29| 10km:00:57:11| 15km: 01:25:50 | 20km:01:54:57 | 21km:02:01:26 | 25km:02:27:20 | 30km:03:02:24 | 35km:03:37:30 | 40km:04:15:43									
3838	3470	**BĄKOWSKA Agnieszka**	WARSZAWA		POL	1991	K30	205	04:36:57	04:30:16	532
		5km:00:29:47| 10km:00:59:54| 15km: 01:29:51 | 20km:01:59:59 | 21km:02:06:34 | 25km:02:30:12 | 30km:03:02:42 | 35km:03:37:29 | 40km:04:15:15									
3839	7920	**JEDLEWSKI Krzysztof**	LUBLIN		POL	1978	M40	1184	04:38:34	04:30:16	3307
		5km:00:31:31| 10km:01:03:03| 15km: 01:33:39 | 20km:02:05:31 | 21km:02:12:36 | 25km:02:38:08 | 30km:03:10:06 | 35km:03:42:08 | 40km:04:15:58									
3840	6178	**KRASKA Zbigniew**	CHEŁM		POL	1964	M50	397	04:36:31	04:30:17	3308
		5km:00:29:35| 10km:00:58:30| 15km: 01:27:02 | 20km:01:56:40 | 21km:02:03:05 | 25km:02:26:41 | 30km:02:58:39 | 35km:03:34:17 | 40km:04:14:30									
3841	6231	**WASILEWSKI Przemysław**	WARSZAWA		POL	1980	M40	1185	04:33:01	04:30:17	3308
		5km:00:27:27| 10km:00:55:22| 15km: 01:23:32 | 20km:01:52:05 | 21km:01:58:29 | 25km:02:23:14 | 30km:02:56:12 | 35km:03:30:18 | 40km:04:11:19									
3842	10498	**MILCZAREK Sławomir**	TURKA		POL	1961	M60	79	04:35:24	04:30:19	3310
		5km:00:27:43| 10km:00:56:15| 15km: 01:25:36 | 20km:01:57:35 | 21km:02:04:09 | 25km:02:30:19 | 30km:03:04:34 | 35km:03:39:05 | 40km:04:15:34									
3843	4262	**MORDZIOŁEK Katarzyna**	SOSNOWIEC	Biegowa Kuźnia	POL	1975	K40	218	04:37:34	04:30:21	533
		5km:00:31:57| 10km:01:03:57| 15km: 01:36:01 | 20km:02:07:56 | 21km:02:14:46 | 25km:02:39:31 | 30km:03:11:34 | 35km:03:43:42 | 40km:04:16:26									
3844	5148	**GOGOLA Elżbieta**	BĘDZIN	Biegowa Kuźnia	POL	1979	K40	219	04:37:34	04:30:22	534
		5km:00:31:58| 10km:01:04:00| 15km: 01:36:05 | 20km:02:07:58 | 21km:02:14:47 | 25km:02:39:31 | 30km:03:11:36 | 35km:03:43:43 | 40km:04:16:28									
3845	3185	**KUCHARSKI Mateusz**	LUBLINIEC		POL	1995	M20	540	04:39:08	04:30:23	3311
		5km:00:33:45| 10km:01:06:03| 15km: 01:37:20 | 20km:02:08:15 | 21km:02:15:00 | 25km:02:39:57 | 30km:03:12:04 | 35km:03:42:16 | 40km:04:14:12									
3846	3776	**ADAMUS Kamil**	OZIMEK	Wieczorne Bieganie w Opolu	POL	1986	M30	1106	04:35:47	04:30:23	3311
		5km:00:28:10| 10km:00:57:13| 15km: 01:26:49 | 20km:01:56:56 | 21km:02:04:04 | 25km:02:29:07 | 30km:03:01:48 | 35km:03:40:32 | 40km:04:17:49									
3847	7154	**ŁUSZCZEWSKA Julia**	WROCŁAW		POL	2002	K20	76	04:37:31	04:30:24	535
		5km:00:30:26| 10km:01:01:00| 15km: 01:31:42 | 20km:02:02:35 | 21km:02:09:06 | 25km:02:33:33 | 30km:03:06:40 | 35km:03:39:20 | 40km:04:15:16									
3848	7453	**GODEK Tomasz**	ZAMOŚĆ		POL	1972	M50	398	04:34:34	04:30:24	3313
		5km:00:28:28| 10km:00:56:26| 15km: 01:24:01 | 20km:01:51:53 | 21km:01:57:50 | 25km:02:20:26 | 30km:02:54:31 | 35km:03:35:54 | 40km:04:15:50									
3849	7628	**LISOWSKI Agathe**	NICE		FRA	1995	K20	77	04:35:28	04:30:25	536
		5km:00:31:45| 10km:01:03:29| 15km: 01:34:16 | 20km:02:06:25 | 21km:02:12:47 | 25km:02:39:14 | 30km:03:10:22 | 35km:03:42:41 | 40km:04:16:51									
3850	2724	**GALUHN Mariusz**	ŁOMIANKI		POL	1970	M50	399	04:39:35	04:30:26	3314
		5km:00:33:15| 10km:01:05:51| 15km: 01:39:02 | 20km:02:12:28 | 21km:02:19:42 | 25km:02:45:19 | 30km:03:17:22 | 35km:03:46:54 | 40km:04:17:34									
3851	3132	**BĄK Beata**	TUMLIN WYKIEŃ	B&Ś family RUNNERS	POL	1976	K40	220	04:32:34	04:30:26	537
		5km:00:30:37| 10km:01:01:33| 15km: 01:32:07 | 20km:02:03:27 | 21km:02:10:10 | 25km:02:35:08 | 30km:03:07:54 | 35km:03:41:51 | 40km:04:16:02									
3852	3554	**KANTARSKI Marcin**	GORZÓW WIELKOPOLSKI		POL	1977	M40	1186	04:38:05	04:30:26	3314
		5km:00:30:58| 10km:01:01:26| 15km: 01:31:38 | 20km:02:01:43 | 21km:02:08:21 | 25km:02:32:26 | 30km:03:03:55 | 35km:03:36:33 | 40km:04:14:35									
3853	3315	**ŚLUSARCZYK Adrian**	JĘDRZEJÓW	B&Ś family RUNNERS	POL	1982	M40	1187	04:32:34	04:30:28	3316
		5km:00:30:39| 10km:01:01:35| 15km: 01:32:09 | 20km:02:03:28 | 21km:02:10:12 | 25km:02:35:11 | 30km:03:07:55 | 35km:03:41:53 | 40km:04:16:05									
3854	7162	**ZAŁOGA Agnieszka**	STARE BABICE	Stare Babice Biegają	POL	1984	K30	206	04:36:27	04:30:28	538
		5km:00:29:18| 10km:00:58:35| 15km: 01:29:09 | 20km:02:00:13 | 21km:02:07:07 | 25km:02:33:31 | 30km:03:08:11 | 35km:03:42:00 | 40km:04:17:51									
3855	10693	**KARWACKI Maciej**	LUBLIN		POL	1997	M20	541	04:34:04	04:30:34	3317
		5km:00:28:52| 10km:00:57:52| 15km: 01:27:37 | 20km:01:58:12 | 21km:02:04:50 | 25km:02:29:26 | 30km:03:02:27 | 35km:03:38:21 | 40km:04:16:36									
3856	2838	**OBRĘBOWSKI Darek**	WARSZAWA		POL	1980	M40	1188	04:33:59	04:30:34	3317
		5km:00:28:14| 10km:00:57:11| 15km: 01:27:03 | 20km:01:57:08 | 21km:02:03:44 | 25km:02:28:33 | 30km:03:01:32 | 35km:03:35:42 | 40km:04:14:42									
3857	8154	**PAWLAK Paulina**	KRAKÓW		POL	1989	K30	207	04:37:55	04:30:34	539
		5km:00:29:59| 10km:01:01:45| 15km: 01:32:47 | 20km:02:03:34 | 21km:02:10:11 | 25km:02:36:27 | 30km:03:07:53 | 35km:03:41:03 | 40km:04:16:15									
3858	10330	**RACIŃSKI Grzegorz**	ANDRZEJEWO		POL	1993	M30	1107	04:34:32	04:30:35	3319
		5km:00:28:06| 10km:00:55:53| 15km: 01:24:33 | 20km:01:52:23 | 21km:01:58:34 | 25km:02:20:47 | 30km:02:52:01 | 35km:03:30:35 | 40km:04:15:30									
3859	15002	**ZALEWSKI Kosma**	WARSZAWA	Warsaw Runners for Crimea	POL	2003	M20	542	04:38:05	04:30:36	3320
		5km:00:29:30| 10km:01:00:44| 15km: 01:32:15 | 20km:02:02:44 | 21km:02:09:25 | 25km:02:35:35 | 30km:03:07:51 | 35km:03:42:28 | 40km:04:16:49									
3860	2916	**KOLEMBA Marcin**	BIAŁYSTOK		POL	1978	M40	1189	04:35:02	04:30:37	3321
		5km:00:32:13| 10km:01:03:25| 15km: 01:33:56 | 20km:02:05:03 | 21km:02:11:31 | 25km:02:36:05 | 30km:03:09:13 | 35km:03:42:24 | 40km:04:17:26									
3861	2186	**SUCHOCKI Maciej**	BRODNICA		POL	1999	M20	543	04:35:39	04:30:39	3322
		5km:00:28:01| 10km:00:56:21| 15km: 01:24:55 | 20km:01:54:00 | 21km:02:01:49 | 25km:02:25:59 | 30km:02:59:00 | 35km:03:36:33 | 40km:04:14:53									
3862	2176	**SUCHOCKI Mateusz**	BRODNICA		POL	2001	M20	544	04:35:38	04:30:40	3323
		5km:00:28:03| 10km:00:56:23| 15km: 01:24:58 | 20km:01:54:02 | 21km:02:01:51 | 25km:02:26:01 | 30km:02:59:02 | 35km:03:36:35 | 40km:04:14:59									
3863	3617	**GĄSIŃSKI Patryk**	WARSZAWA		POL	2003	M20	545	04:36:02	04:30:42	3324
		5km:00:28:58| 10km:00:58:03| 15km: 01:26:47 | 20km:01:56:25 | 21km:02:02:52 | 25km:02:27:23 | 30km:02:59:12 | 35km:03:34:48 | 40km:04:14:08									
3864	7417	**PISZEWSKA Renata**	IŁAWA	IŁAWA BIEGA	POL	1971	K50	33	04:40:38	04:30:42	540
		5km:00:33:21| 10km:01:06:16| 15km: 01:39:00 | 20km:02:11:17 | 21km:02:18:03 | 25km:02:43:00 | 30km:03:14:31 | 35km:03:44:52 | 40km:04:16:40									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:20 | 10km:01:01:38 | 15km: 01:32:42 | 20km:02:04:22 | 21km:02:11:10 | 25km:02:36:05 | 30km:03:08:39 | 35km:03:41:24 | 40km:04:16:05									
3865	2307	**ELGARRISTA Patricio**	WARSZAWA		ARG	1970	M50	400	04:38:53	04:30:45	3325
		5km:00:29:58 | 10km:00:59:45 | 15km: 01:29:38 | 20km:01:59:44 | 21km:02:06:12 | 25km:02:29:47 | 30km:03:00:33 | 35km:03:35:53 | 40km:04:14:42									
3866	3191	**KOWALSKI Bartosz**	WARSZAWA		POL	1988	M30	1108	04:37:43	04:30:45	3325
		5km:00:31:36 | 10km:01:03:32 | 15km: 01:34:20 | 20km:02:06:14 | 21km:02:12:51 | 25km:02:38:14 | 30km:03:11:03 | 35km:03:44:03 | 40km:04:18:25									
3867	10389	**STECHBART Piotr**	WARSZAWA		POL	1993	M30	1109	04:36:45	04:30:46	3327
		5km:00:30:34 | 10km:01:00:52 | 15km: 01:29:52 | 20km:01:59:18 | 21km:02:05:34 | 25km:02:29:11 | 30km:03:01:25 | 35km:03:36:43 | 40km:04:15:12									
3868	5230	**KARTASHEVICH Kanstantsin**	GDAŃSK			1982	M40	1190	04:35:30	04:30:47	3328
		5km:00:30:03 | 10km:00:59:38 | 15km: 01:29:19 | 20km:01:59:24 | 21km:02:06:08 | 25km:02:31:39 | 30km:03:05:02 | 35km:03:40:09 | 40km:04:16:31									
3869	12046	**JUCHNOWICZ Piotr**	ELBLĄG		POL	1982	M40	1191	04:35:07	04:30:48	3329
		5km:00:29:04 | 10km:00:59:34 | 15km: 01:29:50 | 20km:01:59:17 | 21km:02:05:44 | 25km:02:29:02 | 30km:03:00:45 | 35km:03:37:36 | 40km:04:17:14									
3870	15562	**GAŃKO Bernard**	GÓRKI		POL	1988	M30	1110	04:35:10	04:30:48	3329
		5km:00:30:09 | 10km:00:59:41 | 15km: 01:28:37 | 20km:01:58:05 | 21km:02:04:21 | 25km:02:28:28 | 30km:02:58:52 | 35km:03:33:07 | 40km:04:14:53									
3871	6225	**GRZESIAK Maciej**	DĄBROWA		POL	1975	M40	1192	04:37:12	04:30:50	3331
		5km:00:27:14 | 10km:00:54:13 | 15km: 01:21:15 | 20km:01:49:43 | 21km:01:57:41 | 25km:02:27:31 | 30km:03:07:50 | 35km:03:43:29 | 40km:04:17:21									
3872	2942	**MATSUKADO Koichiro**	FUKUOKA	TEAM OHHORI 555	JPN	1963	M60	80	04:33:40	04:30:51	3332
		5km:00:31:26 | 10km:01:02:58 | 15km: 01:34:05 | 20km:02:05:06 | 21km:02:11:48 | 25km:02:37:03 | 30km:03:09:00 | 35km:03:41:29 | 40km:04:16:37									
3873	7449	**MIODUSZEWSKI Adrian**	WARSZAWA		POL	1990	M30	1111	04:37:31	04:30:51	3332
		5km:00:28:59 | 10km:01:00:08 | 15km: 01:31:48 | 20km:02:03:13 | 21km:02:10:03 | 25km:02:34:25 | 30km:03:06:23 | 35km:03:39:41 | 40km:04:16:10									
3874	7906	**WĄCHOCKI Michał**	SIECHNICE		POL	1981	M40	1193	04:31:43	04:30:51	3332
		5km:00:28:31 | 10km:00:56:52 | 15km: 01:25:11 | 20km:01:53:26 | 21km:01:59:45 | 25km:02:22:15 | 30km:02:53:38 | 35km:03:30:53 | 40km:04:14:02									
3875	8191	**MICHALSKI Daniel**	BŁONIE		POL	1999	M20	546	04:35:22	04:30:51	3332
		5km:00:31:37 | 10km:01:03:10 | 15km: 01:33:44 | 20km:02:05:17 | 21km:02:12:06 | 25km:02:37:29 | 30km:03:10:30 | 35km:03:42:14 | 40km:04:15:35									
3876	8406	**ORŁOWSKI Tomasz**	WARSZAWA		POL	1986	M30	1112	04:38:47	04:30:55	3336
		5km:00:28:55 | 10km:00:57:29 | 15km: 01:26:39 | 20km:01:56:43 | 21km:02:03:09 | 25km:02:27:44 | 30km:03:02:46 | 35km:03:38:54 | 40km:04:16:06									
3877	3022	**ZAREMBA Piotr**	CZĘSTOCHOWA	Jest Lepiej Run Team	POL	1987	M30	1113	04:37:20	04:30:57	3337
		5km:00:29:18 | 10km:00:59:08 | 15km: 01:29:28 | 20km:02:00:14 | 21km:02:06:58 | 25km:02:31:43 | 30km:03:04:50 | 35km:03:39:35 | 40km:04:15:57									
3878	6179	**GNIOT Bożena**	MINIKOWO		POL	1982	K40	221	04:36:43	04:30:58	541
		5km:00:32:45 | 10km:01:04:37 | 15km: 01:36:01 | 20km:02:08:57 | 21km:02:15:51 | 25km:02:41:06 | 30km:03:13:21 | 35km:03:44:41 | 40km:04:16:52									
3879	6398	**OWCZAREK Mikołaj**	GDYNIA		POL	1997	M20	547	04:38:13	04:30:58	3338
		5km:00:28:29 | 10km:00:57:26 | 15km: 01:27:09 | 20km:01:59:06 | 21km:02:05:38 | 25km:02:31:29 | 30km:03:05:29 | 35km:03:39:25 | 40km:04:16:29									
3880	7889	**GAŁAJDA Monika**	RADLIN		POL	1982	K40	222	04:34:13	04:31:02	542
		5km:00:28:08 | 10km:00:56:25 | 15km: 01:24:48 | 20km:01:54:20 | 21km:02:00:54 | 25km:02:25:52 | 30km:03:01:18 | 35km:03:36:18 | 40km:04:15:56									
3881	6882	**RĄCZKA Marek**	NOWY DWÓR MAZOWIECKI		POL	1980	M40	1194	04:35:17	04:31:03	3339
		5km:00:30:19 | 10km:01:00:02 | 15km: 01:29:16 | 20km:01:58:37 | 21km:02:05:05 | 25km:02:29:24 | 30km:03:00:17 | 35km:03:34:59 | 40km:04:15:16									
3882	2470	**KŁYS Mateusz**	WARSZAWA		POL	1993	M30	1114	04:37:25	04:31:11	3340
		5km:00:31:41 | 10km:01:02:15 | 15km: 01:32:58 | 20km:02:03:34 | 21km:02:09:59 | 25km:02:35:00 | 30km:03:07:03 | 35km:03:40:28 | 40km:04:17:18									
3883	7668	**MAŁECKI Kamil**	SIEDLCE		POL	1990	M30	1115	04:33:22	04:31:15	3341
		5km:00:31:42 | 10km:01:03:16 | 15km: 01:33:50 | 20km:02:05:26 | 21km:02:12:13 | 25km:02:37:29 | 30km:03:10:37 | 35km:03:42:21 | 40km:04:16:38									
3884	4625	**NOWACKI Jakub**	WARSZAWA		POL	1994	M20	548	04:38:20	04:31:17	3342
		5km:00:30:58 | 10km:01:01:46 | 15km: 01:33:10 | 20km:02:03:17 | 21km:02:09:26 | 25km:02:34:48 | 30km:03:06:52 | 35km:03:41:44 | 40km:04:17:34									
3885	2324	**TRZECIAK Katarzyna**	WARSZAWA		POL	1982	K40	223	04:39:04	04:31:19	543
		5km:00:30:58 | 10km:01:01:46 | 15km: 01:33:10 | 20km:02:03:17 | 21km:02:09:26 | 25km:02:34:48 | 30km:03:06:52 | 35km:03:41:44 | 40km:04:17:34									
3886	8461	**STRYCHARSKI Piotr**	ŁOWICZ		POL	2004	M20	549	04:38:35	04:31:19	3343
		5km:00:30:21 | 10km:01:00:57 | 15km: 01:31:13 | 20km:02:01:39 | 21km:02:08:12 | 25km:02:32:15 | 30km:03:03:27 | 35km:03:39:15 | 40km:04:16:31									
3887	2598	**JĘDROWSKI Ryszard**	RZEPIN	ULTRA RZEPIN	POL	1982	M40	1195	04:38:22	04:31:24	3344
		5km:00:29:45 | 10km:00:58:57 | 15km: 01:28:09 | 20km:01:57:32 | 21km:02:04:00 | 25km:02:29:32 | 30km:03:03:06 | 35km:03:40:56 | 40km:04:16:41									
3888	7654	**GAWŁOWSKA Ela**	BEŁCHATÓW		POL	1991	K30	208	04:37:29	04:31:26	544
		5km:00:29:51 | 10km:00:59:03 | 15km: 01:28:20 | 20km:01:57:42 | 21km:02:04:09 | 25km:02:27:42 | 30km:03:00:56 | 35km:03:38:00 | 40km:04:15:48									
3889	2232	**SÓWKA Grzegorz**	CHORZÓW	Augusteam Chorzów	POL	1957	M60	81	04:37:33	04:31:31	3345
		5km:00:29:31 | 10km:00:59:27 | 15km: 01:29:06 | 20km:01:59:05 | 21km:02:05:15 | 25km:02:29:08 | 30km:03:02:02 | 35km:03:38:17 | 40km:04:16:07									
3890	4569	**PIETRZYK Damian**	WARSZAWA		POL	1987	M30	1116	04:36:23	04:31:33	3346
		5km:00:29:09 | 10km:00:58:04 | 15km: 01:28:13 | 20km:01:57:49 | 21km:02:04:09 | 25km:02:28:29 | 30km:03:01:41 | 35km:03:38:01 | 40km:04:17:02									
3891	3997	**KOWALCZYK Krzysztof**	ŁÓDŹ		POL	1980	M40	1196	04:36:27	04:31:34	3347
		5km:00:29:34 | 10km:00:56:57 | 15km: 01:24:29 | 20km:01:52:47 | 21km:01:58:57 | 25km:02:22:09 | 30km:02:53:28 | 35km:03:32:35 | 40km:04:15:23									
3892	7161	**MILEWSKI Mateusz**	BIELSKO-BIAŁA		POL	2003	M20	550	04:33:52	04:31:34	3347
		5km:00:27:47 | 10km:00:56:04 | 15km: 01:24:44 | 20km:01:54:00 | 21km:02:00:33 | 25km:02:25:41 | 30km:03:00:23 | 35km:03:36:25 | 40km:04:15:33									
3893	3429	**RÓŻYCKI Paweł**	PIASECZNO	Miasteczko biegaczy	POL	1971	M50	401	04:36:43	04:31:36	3349
		5km:00:29:48 | 10km:01:00:27 | 15km: 01:30:47 | 20km:02:01:02 | 21km:02:07:42 | 25km:02:32:30 | 30km:03:05:01 | 35km:03:40:26 | 40km:04:16:25									
3894	7446	**KRUPNIEWSKA Joanna**	OTWOCK	Run Otwock	POL	1973	K50	34	04:39:12	04:31:39	545
		5km:00:26:31 | 10km:00:53:00 | 15km: 01:19:16 | 20km:01:45:32 | 21km:01:51:10 | 25km:02:11:51 | 30km:02:46:27 | 35km:03:30:57 | 40km:04:16:41									
3895	2829	**JUBAULT Jean-Pierre**	NICE		FRA	1959	M60	82	04:34:13	04:31:42	3350
		5km:00:28:46 | 10km:00:58:13 | 15km: 01:27:58 | 20km:01:57:49 | 21km:02:04:24 | 25km:02:27:57 | 30km:03:00:31 | 35km:03:35:36 | 40km:04:14:56									
3896	4203	**KUCZYŃSKI Igor**	WARSZAWA	APTEKARZ WARSZAWSKI	POL	1971	M50	402	04:38:08	04:31:44	3351
		5km:00:32:03 | 10km:01:05:00 | 15km: 01:37:50 | 20km:02:10:57 | 21km:02:17:51 | 25km:02:43:04 | 30km:03:16:14 | 35km:03:47:57 | 40km:04:19:40									
3897	3585	**KWIATKOWSKI Oskar**	WROCŁAW		POL	1997	M20	551	04:33:53	04:31:45	3352
		5km:00:29:54 | 10km:01:00:26 | 15km: 01:29:31 | 20km:01:59:11 | 21km:02:05:47 | 25km:02:29:18 | 30km:03:02:21 | 35km:03:37:59 | 40km:04:16:16									
3898	3873	**WOJTYŁA Piotr**	MALBORK		POL	1999	M20	552	04:39:20	04:31:49	3353
		5km:00:30:06 | 10km:00:59:54 | 15km: 01:29:54 | 20km:02:01:20 | 21km:02:08:00 | 25km:02:32:45 | 30km:03:04:37 | 35km:03:41:07 | 40km:04:17:53									
3899	7554	**SĘDECKI Piotr**	SKIERNIEWICE	Biegam więc jest em	POL	1962	M60	83	04:36:28	04:31:49	3353
		5km:00:28:51 | 10km:00:57:39 | 15km: 01:26:09 | 20km:01:54:35 | 21km:02:00:58 | 25km:02:24:50 | 30km:02:58:09 | 35km:03:34:30 | 40km:04:15:32									
3900	5126	**GUNNE Robert**	DUNDALK		IRL	1995	M20	553	04:36:27	04:31:52	3355
		5km:00:28:33 | 10km:00:57:08 | 15km: 01:25:28 | 20km:01:54:10 | 21km:02:00:26 | 25km:02:25:10 | 30km:02:59:38 | 35km:03:35:28 | 40km:04:15:23									
3901	2412	**PIEKARZEWICZ Tomasz**	BOBOLICE	Bobolickie Bractwo Biegowe	POL	1969	M50	403	04:36:12	04:31:55	3356
		5km:00:31:53 | 10km:01:03:38 | 15km: 01:35:12 | 20km:02:06:55 | 21km:02:14:00 | 25km:02:39:32 | 30km:03:13:41 | 35km:03:46:22 | 40km:04:19:07									
3902	8427	**JAROS Magda**	WARSZAWA	Biebrzaki	POL	1989	K30	209	04:39:18	04:31:57	546
		5km:00:31:31 | 10km:01:02:33 | 15km: 01:32:56 | 20km:02:03:38 | 21km:02:10:26 | 25km:02:35:02 | 30km:03:07:10 | 35km:03:40:13 | 40km:04:16:10									
3903	5132	**FILIPCZAK Stanisław**	WOLA RĘBKOWSKA		POL	1966	M50	404	04:39:53	04:31:59	3357
		5km:00:30:53 | 10km:01:01:38 | 15km: 01:32:27 | 20km:02:05:57 | 21km:02:12:43 | 25km:02:37:35 | 30km:03:10:01 | 35km:03:43:16 | 40km:04:17:30									
3904	10499	**PRZEWROCKI Adam**	JAROSŁAW	ZSDGiL im. A. Witkowskiego w Jarosławiu - Witkowski to MY	POL	1973	M50	405	04:38:43	04:32:00	3358
		5km:00:31:56 | 10km:01:03:41 | 15km: 01:35:14 | 20km:02:06:57 | 21km:02:14:04 | 25km:02:39:35 | 30km:03:13:45 | 35km:03:46:25 | 40km:04:19:10									
3905	8428	**BUSZEWSKI Jakub**	WARSZAWA	Biebrzaki	POL	1986	M30	1117	04:39:19	04:32:01	3359
		5km:00:27:18 | 10km:00:56:05 | 15km: 01:26:15 | 20km:01:57:03 | 21km:02:03:44 | 25km:02:28:40 | 30km:03:03:02 | 35km:03:38:05 | 40km:04:15:24									
3906	12107	**WALCZAK Magdalena**	KRAKÓW		POL	1986	K30	210	04:39:17	04:32:02	547
		5km:00:26:41 | 10km:00:54:51 | 15km: 01:25:40 | 20km:01:57:13 | 21km:02:03:59 | 25km:02:30:59 | 30km:03:03:49 | 35km:03:39:39 | 40km:04:17:26									
3907	6057	**KOZŁOWSKI Bartosz**	WARSZAWA	Fundacja Kocyk	POL	1988	M30	1118	04:35:37	04:32:02	3360
		5km:00:29:50 | 10km:00:59:13 | 15km: 01:27:40 | 20km:01:57:14 | 21km:02:03:32 | 25km:02:26:59 | 30km:02:57:42 | 35km:03:37:08 | 40km:04:15:17									
3908	3519	**PIETRUSIAK Franciszek**	WARSZAWA		POL	2004	M20	554	04:38:47	04:32:06	3361
		5km:00:31:23 | 10km:01:02:50 | 15km: 01:33:26 | 20km:02:03:29 | 21km:02:10:31 | 25km:02:36:40 | 30km:03:08:39 | 35km:03:42:01 | 40km:04:18:25									
3909	10592	**OSTAŁOWSKI Jan**	OTWOCK		POL	2002	M20	555	04:39:31	04:32:12	3362
		5km:00:29:36 | 10km:00:59:39 | 15km: 01:29:36 | 20km:01:59:45 | 21km:02:06:18 | 25km:02:30:06 | 30km:03:02:12 | 35km:03:37:06 | 40km:04:15:49									
3910	4645	**ŚWISZCZ Grzegorz**	WARSZAWA	Exatel Running Team	POL	1980	M40	1197	04:39:12	04:32:14	3363

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:23:33| 10km:00:47:05| 15km: 01:10:33 | 20km:01:35:16 | 21km:01:41:25 | 25km:02:00:39 | 30km:02:34:44 | 35km:03:26:38 | 40km:04:12:36									
3911	4063	SAWICKI Michał	WARSZAWA		POL	1985	M30	1119	04:32:59	04:32:15	3364
3912	7301	MITROWSKA Karolina	WARSZAWA	Drużyna K	POL	1986	K30	211	04:36:33	04:32:15	548
		5km:00:28:30| 10km:00:57:02| 15km: 01:26:50 | 20km:01:58:50 | 21km:02:05:46 | 25km:02:31:40 | 30km:03:05:27 | 35km:03:42:06 | 40km:04:17:37									
3913	3064	WÓJCICKI Bartosz	WARSZAWA		POL	1982	M40	1198	04:37:18	04:32:16	3365
		5km:00:28:38| 10km:00:57:20| 15km: 01:25:46 | 20km:01:54:52 | 21km:02:01:17 | 25km:02:24:42 | 30km:02:58:37 | 35km:03:36:36 | 40km:04:16:38									
3914	6472	KUKUŁA Wojciech	WARSZAWA		POL	1988	M30	1120	04:40:17	04:32:17	3366
		5km:00:31:35| 10km:01:03:13| 15km: 01:33:24 | 20km:02:03:43 | 21km:02:10:31 | 25km:02:34:34 | 30km:03:05:41 | 35km:03:37:38 | 40km:04:16:17									
3915	6802	NYSTRÖM Patrik	OXIE		SWE	1979	M40	1199	04:37:40	04:32:18	3367
		5km:00:29:44| 10km:00:59:41| 15km: 01:28:57 | 20km:01:58:23 | 21km:02:05:16 | 25km:02:29:19 | 30km:03:02:08 | 35km:03:39:30 | 40km:04:16:29									
3916	15559	HINZBURH Sviataslau	WARSZAWA			1992	M30	1121	04:40:00	04:32:19	3368
		5km:00:32:44| 10km:01:06:43| 15km: 01:38:36 | 20km:02:12:18 | 21km:02:18:39 | 25km:02:42:59 | 30km:03:15:19 | 35km:03:45:24 | 40km:04:18:23									
3917	3394	KAMIŃSKI Jakub	GDAŃSK	SII Running Team	POL	1990	M30	1122	04:40:08	04:32:20	3369
		5km:00:31:06| 10km:01:02:07| 15km: 01:32:24 | 20km:02:02:51 | 21km:02:09:23 | 25km:02:33:43 | 30km:03:05:51 | 35km:03:40:15 | 40km:04:17:49									
3918	3650	KRÓLAK Jonatan	ŁÓDŹ	B/S/H/ Łódź Running Team	POL	1993	M30	1123	04:40:16	04:32:21	3370
		5km:00:32:33| 10km:01:03:24| 15km: 01:33:34 | 20km:02:05:16 | 21km:02:12:02 | 25km:02:36:40 | 30km:03:07:49 | 35km:03:39:20 | 40km:04:18:17									
3919	8415	NAROŻNIAK Piotr	WARSZAWA	EXATEL Running Team	POL	1973	M50	406	04:39:12	04:32:21	3370
		5km:00:29:07| 10km:00:58:52| 15km: 01:28:36 | 20km:01:58:45 | 21km:02:05:21 | 25km:02:29:59 | 30km:03:02:12 | 35km:03:37:13 | 40km:04:15:58									
3920	8435	KALINOWSKI Andrzej	WARSZAWA	Oldboys Derby	POL	1983	M40	1200	04:40:06	04:32:21	3370
		5km:00:31:43| 10km:01:03:16| 15km: 01:33:50 | 20km:02:05:20 | 21km:02:12:12 | 25km:02:37:28 | 30km:03:10:36 | 35km:03:42:19 | 40km:04:16:14									
3921	2123	ZAWADZKI Łukasz	PIASECZNO	Fundacja Kocyk	POL	1987	M30	1124	04:35:57	04:32:23	3373
		5km:00:26:41| 10km:00:54:52| 15km: 01:24:05 | 20km:01:50:05 | 21km:01:55:47 | 25km:02:17:27 | 30km:02:59:32 | 35km:03:34:13 | 40km:04:17:31									
3922	2963	SMIETANSKA-ESQUINCA Anna	ZLOTOKLOS		POL	1981	K40	224	04:39:56	04:32:23	549
		5km:00:31:07| 10km:01:03:02| 15km: 01:34:11 | 20km:02:06:23 | 21km:02:13:28 | 25km:02:38:54 | 30km:03:11:12 | 35km:03:43:55 | 40km:04:18:06									
3923	3762	DOROSZKIEWICZ Piotr	WARSZAWA		POL	1992	M30	1124	04:35:31	04:32:23	3373
		5km:00:28:56| 10km:00:57:29| 15km: 01:25:31 | 20km:01:56:08 | 21km:02:03:03 | 25km:02:29:05 | 30km:03:03:57 | 35km:03:40:34 | 40km:04:17:09									
3924	10141	JAROSZUK-JAROSZEWSKI Grzegorz	BIAŁA PODLASKA		POL	1984	M30	1126	04:38:03	04:32:25	3375
		5km:00:28:29| 10km:00:56:00| 15km: 01:23:49 | 20km:01:51:32 | 21km:01:57:32 | 25km:02:23:18 | 30km:02:58:42 | 35km:03:37:54 | 40km:04:18:34									
3925	5208	OLSZEWSKI Rafał	WARSZAWA		POL	1969	M50	407	04:38:04	04:32:29	3376
		5km:00:34:41| 10km:01:08:52| 15km: 01:41:55 | 20km:02:15:36 | 21km:02:22:48 | 25km:02:47:25 | 30km:03:18:03 | 35km:03:48:43 | 40km:04:19:29									
3926	3944	ZAWIŁA Dariusz	ANDRYCHÓW		POL	1974	M40	1201	04:37:31	04:32:30	3377
		5km:00:29:18| 10km:00:59:44| 15km: 01:30:36 | 20km:02:01:48 | 21km:02:08:40 | 25km:02:34:07 | 30km:03:07:17 | 35km:03:41:50 | 40km:04:17:45									
3927	3672	ŁYCZKOWSKA Ewa	KOŃSKIE		POL	1986	K30	212	04:39:30	04:32:36	550
		5km:00:31:36| 10km:01:03:40| 15km: 01:36:22 | 20km:02:07:42 | 21km:02:14:30 | 25km:02:38:59 | 30km:03:10:39 | 35km:03:43:03 | 40km:04:17:22									
3928	6113	CHMIEL Anna	WOŁOMIN	Zabiegany Wołomin	POL	1989	K30	212	04:41:57	04:32:36	550
		5km:00:34:04| 10km:01:06:33| 15km: 01:38:51 | 20km:02:11:07 | 21km:02:18:02 | 25km:02:42:55 | 30km:03:14:37 | 35km:03:46:09 | 40km:04:18:17									
3929	4050	MACHAJ Tomasz	RZESZÓW	TEMA	POL	1976	M40	1202	04:36:11	04:32:38	3378
		5km:00:29:38| 10km:01:00:05| 15km: 01:29:50 | 20km:01:59:51 | 21km:02:06:26 | 25km:02:31:07 | 30km:03:04:33 | 35km:03:39:16 | 40km:04:17:53									
3930	2046	HAJDUK Łukasz	ZAKLICZYN	STRABAG TEAM	POL	1989	M30	1127	04:37:36	04:32:40	3379
		5km:00:30:01| 10km:00:59:59| 15km: 01:29:55 | 20km:01:59:58 | 21km:02:06:33 | 25km:02:30:37 | 30km:03:03:46 | 35km:03:37:22 | 40km:04:16:45									
3931	2704	SUPERA Dominik	WARSZAWA		POL	2000	M20	556	04:36:06	04:32:42	3380
		5km:00:29:26| 10km:00:57:39| 15km: 01:26:01 | 20km:01:55:39 | 21km:02:02:41 | 25km:02:26:56 | 30km:03:00:19 | 35km:03:39:53 | 40km:04:17:34									
3932	7557	POPA Kamil	BYDGOSZCZ		POL	1996	M20	557	04:40:03	04:32:43	3381
		5km:00:30:18| 10km:01:00:54| 15km: 01:31:07 | 20km:02:01:19 | 21km:02:07:52 | 25km:02:31:58 | 30km:03:04:23 | 35km:03:38:55 | 40km:04:15:27									
3933	2795	CAGARA Edyta	WARSZAWA		POL	1980	K40	225	04:40:27	04:32:44	552
		5km:00:31:56| 10km:01:03:42| 15km: 01:34:37 | 20km:02:06:13 | 21km:02:12:45 | 25km:02:37:25 | 30km:03:08:55 | 35km:03:41:43 | 40km:04:17:52									
3934	4116	WOJTOWICZ Krzysztof	RÓŻNOWO		POL	1990	M30	1128	04:39:53	04:32:44	3382
		5km:00:30:32| 10km:01:01:45| 15km: 01:32:34 | 20km:02:04:14 | 21km:02:11:10 | 25km:02:36:19 | 30km:03:09:18 | 35km:03:42:59 | 40km:04:17:52									
3935	3659	MASSEL Dariusz	BERLIN		POL	1975	M40	1203	04:39:54	04:32:48	3383
		5km:00:31:58| 10km:01:04:03| 15km: 01:35:30 | 20km:02:07:07 | 21km:02:13:48 | 25km:02:39:02 | 30km:03:11:09 | 35km:03:43:16 | 40km:04:18:09									
3936	2059	SZMYT Tomasz	BRWINÓW		POL	1964	M50	408	04:39:55	04:32:51	3384
		5km:00:28:46| 10km:00:58:44| 15km: 01:27:46 | 20km:01:59:08 | 21km:02:05:18 | 25km:02:28:51 | 30km:03:02:11 | 35km:03:37:08 | 40km:04:15:39									
3937	2886	ARGASIŃSKA Teresa	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1976	K40	226	04:41:40	04:32:51	553
		5km:00:33:34| 10km:01:06:06| 15km: 01:38:13 | 20km:02:10:20 | 21km:02:17:16 | 25km:02:43:11 | 30km:03:15:08 | 35km:03:46:00 | 40km:04:19:02									
3938	12011	GACEK Katarzyna	SKARSZEWY		POL	1975	K40	227	04:40:37	04:32:54	554
		5km:00:31:49| 10km:01:03:21| 15km: 01:34:38 | 20km:02:06:29 | 21km:02:13:26 | 25km:02:38:45 | 30km:03:12:13 | 35km:03:43:50 | 40km:04:18:34									
3939	6516	SZYMAŃSKA Magdalena	RUDA ŚLĄSKA		POL	1987	K30	214	04:37:52	04:32:55	555
		5km:00:31:45| 10km:01:02:58| 15km: 01:33:31 | 20km:02:03:42 | 21km:02:10:21 | 25km:02:34:20 | 30km:03:06:12 | 35km:03:39:59 | 40km:04:17:16									
3940	7510	TENDERA Marcin	KRAKÓW		POL	1996	M20	558	04:40:01	04:33:06	3385
		5km:00:30:49| 10km:01:01:32| 15km: 01:32:01 | 20km:02:02:48 | 21km:02:09:37 | 25km:02:36:06 | 30km:03:08:50 | 35km:03:41:41 | 40km:04:16:55									
3941	10448	MARJAN Patryk	BEŁCHATÓW		POL	1991	M30	1129	04:36:15	04:33:07	3386
		5km:00:28:42| 10km:00:56:22| 15km: 01:23:58 | 20km:01:51:33 | 21km:01:57:40 | 25km:02:19:38 | 30km:02:48:54 | 35km:03:24:41 | 40km:04:14:46									
3942	14017	KREMPASZANKA Przemysław	WARSZAWA		POL	1989	M30	1130	04:40:05	04:33:08	3387
		5km:00:32:19| 10km:01:04:03| 15km: 01:34:51 | 20km:02:07:01 | 21km:02:13:54 | 25km:02:38:58 | 30km:03:11:27 | 35km:03:43:38 | 40km:04:18:15									
3943	10776	BARAN Karolina	SIENNICA NADOLNA	Ruch Izbica/4Nalsky.Run	POL	1982	K40	228	04:41:00	04:33:09	556
		5km:00:31:36| 10km:01:03:10| 15km: 01:33:41 | 20km:02:05:16 | 21km:02:12:06 | 25km:02:37:20 | 30km:03:10:28 | 35km:03:42:33 | 40km:04:18:34									
3944	6793	BANGIS Łukasz	WARSZAWA	Żórawski Team	POL	1988	M30	1131	04:38:21	04:33:13	3388
		5km:00:30:24| 10km:01:00:38| 15km: 01:29:27 | 20km:01:59:11 | 21km:02:05:26 | 25km:02:28:30 | 30km:03:02:00 | 35km:03:42:21 | 40km:04:19:11									
3945	4672	WICHOWSKI Łukasz	WARSZAWA		POL	1990	M30	1132	04:39:23	04:33:15	3389
		5km:00:30:07| 10km:00:59:34| 15km: 01:28:49 | 20km:01:58:32 | 21km:02:04:48 | 25km:02:28:30 | 30km:03:06:48 | 35km:03:43:55 | 40km:04:18:22									
3946	2271	PRZEKOP Przemysław	SUWAŁKI	Malow Suwałki-Producent Mebli Metalowych	POL	1983	M40	1204	04:41:06	04:33:17	3390
		5km:00:33:45| 10km:01:06:51| 15km: 01:39:10 | 20km:02:11:20 | 21km:02:18:17 | 25km:02:43:39 | 30km:03:15:32 | 35km:03:47:46 | 40km:04:20:36									
3947	4652	SZLAGA Sebastian	MILANÓWEK		POL	1986	M30	1133	04:41:32	04:33:17	3390
		5km:00:29:29| 10km:00:59:51| 15km: 01:30:06 | 20km:02:00:49 | 21km:02:07:24 | 25km:02:31:43 | 30km:03:06:00 | 35km:03:42:30 | 40km:04:18:42									
3948	8460	MOTYL Mateusz	ŁOWICZ		POL	2004	M20	559	04:40:33	04:33:18	3392
		5km:00:30:59| 10km:01:01:48| 15km: 01:33:12 | 20km:02:03:07 | 21km:02:09:27 | 25km:02:34:51 | 30km:03:06:53 | 35km:03:41:46 | 40km:04:19:56									
3949	8131	ZBOJAK Grzegorz	WARSZAWA		POL	1992	M30	1134	04:38:01	04:33:21	3393
		5km:00:28:00| 10km:00:55:33| 15km: 01:23:31 | 20km:01:51:36 | 21km:01:57:39 | 25km:02:19:48 | 30km:02:52:59 | 35km:03:34:03 | 40km:04:16:59									
3950	3343	BASNETT Jonathan	MANCHESTER		GBR	1989	M30	1135	04:35:55	04:33:23	3394
		5km:00:27:45| 10km:00:56:40| 15km: 01:27:39 | 20km:01:59:01 | 21km:02:05:52 | 25km:02:34:45 | 30km:03:08:20 | 35km:03:43:22 | 40km:04:19:18									
3951	4650	KOZŁOWSKI Maciej	BIAŁYSTOK		POL	1986	M30	1135	04:40:29	04:33:23	3394
		5km:00:30:30| 10km:01:00:57| 15km: 01:31:18 | 20km:02:01:49 | 21km:02:08:38 | 25km:02:33:25 | 30km:03:06:20 | 35km:03:41:05 | 40km:04:18:31									
3952	4592	WITKOWSKI Włodzimierz	NOWY DWÓR MAZOWIECKI		POL	1992	M30	1137	04:41:24	04:33:24	3396
		5km:00:30:35| 10km:01:00:11| 15km: 01:28:39 | 20km:01:57:57 | 21km:02:04:15 | 25km:02:28:28 | 30km:03:01:12 | 35km:03:39:37 | 40km:04:19:01									
3953	6008	KOWALCZYK Michał	WARSZAWA		POL	1988	M30	1137	04:40:28	04:33:24	3396
		5km:00:30:34| 10km:01:01:42| 15km: 01:33:00 | 20km:02:04:07 | 21km:02:10:48 | 25km:02:35:25 | 30km:03:07:47 | 35km:03:41:04 | 40km:04:17:35									
3954	147	JEWTUCH Rafał	WARSZAWA		POL	1973	M50	409	04:38:16	04:33:25	3398
		5km:00:28:01| 10km:00:56:39| 15km: 01:24:29 | 20km:01:52:33 | 21km:01:58:48 | 25km:02:21:40 | 30km:02:54:53 | 35km:03:33:21 | 40km:04:16:49									
3955	2689	BEDYNEK Adam	KOLUSZKI		POL	1983	M40	1205	04:39:18	04:33:25	3398
		5km:00:32:36| 10km:01:04:27| 15km: 01:35:32 | 20km:02:06:44 | 21km:02:13:17 | 25km:02:38:57 | 30km:03:10:59 | 35km:03:44:35 | 40km:04:18:20									
3956	2872	JUSZKIEWICZ Andrzej	ROTTERDAM		POL	1982	M40	1205	04:41:34	04:33:25	3398
		5km:00:31:59| 10km:01:03:53| 15km: 01:35:10 | 20km:02:06:53 | 21km:02:13:50 | 25km:02:38:56 | 30km:03:11:50 | 35km:03:44:27 | 40km:04:18:31									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:31:16 | 10km:01:02:50 | 15km: 01:33:28 | 20km:02:04:52 | 21km:02:11:43 | 25km:02:36:59 | 30km:03:10:04 | 35km:03:42:47 | 40km:04:18:37									
3957	14022	**FELTYNOWSKA Kaśka**	WARSZAWA		POL	1979	K40	229	04:41:42	04:33:26	557
		5km:00:28:53 | 10km:00:59:21 | 15km: 01:29:14 | 20km:01:59:42 | 21km:02:06:17 | 25km:02:30:54 | 30km:03:04:05 | 35km:03:40:07 | 40km:04:17:04									
3958	7644	**SONG Changhoo**	WARSZAWA		KOR	1982	M40	1207	04:35:51	04:33:26	3401
		5km:00:30:02 | 10km:00:59:56 | 15km: 01:31:31 | 20km:02:05:07 | 21km:02:11:19 | 25km:02:35:07 | 30km:03:07:24 | 35km:03:40:52 | 40km:04:18:06									
3959	2566	**RYTEL Jarosław**	HAMMELBURG		GER	1968	M50	410	04:40:20	04:33:27	3402
		5km:00:30:36 | 10km:00:59:53 | 15km: 01:30:07 | 20km:02:01:07 | 21km:02:07:56 | 25km:02:32:14 | 30km:03:07:01 | 35km:03:41:22 | 40km:04:18:10									
3960	8363	**MADEJ Tomasz**	BIAŁOBRZEGI		POL	1981	M40	1208	04:38:23	04:33:28	3403
		5km:00:27:46 | 10km:00:56:41 | 15km: 01:27:41 | 20km:01:59:02 | 21km:02:05:54 | 25km:02:34:46 | 30km:03:08:22 | 35km:03:43:23 | 40km:04:19:29									
3961	8095	**TOMCZAK Maciej**	WARSZAWA		POL	1994	M20	560	04:39:21	04:33:29	3404
		5km:00:30:39 | 10km:00:59:39 | 15km: 01:28:44 | 20km:01:57:46 | 21km:02:03:59 | 25km:02:29:13 | 30km:03:01:30 | 35km:03:35:47 | 40km:04:16:27									
3962	7973	**SZMURŁŁO Mikołaj**	WARSZAWA		POL	1984	M30	1139	04:34:29	04:33:30	3405
		5km:00:30:29 | 10km:01:02:22 | 15km: 01:34:26 | 20km:02:05:24 | 21km:02:11:57 | 25km:02:37:41 | 30km:03:09:56 | 35km:03:43:58 | 40km:04:20:04									
3963	4360	**WACŁAWSKI Krzysztof**	IŁAWA	OrkaMasters Iława	POL	1965	M50	411	04:38:21	04:33:37	3406
		5km:00:27:45 | 10km:00:55:16 | 15km: 01:26:27 | 20km:01:54:13 | 21km:02:00:17 | 25km:02:22:20 | 30km:02:57:48 | 35km:03:35:43 | 40km:04:16:25									
3964	7474	**KUTYŁOWSKI Mariusz**	WARSZAWA	mBank	POL	1982	M40	1209	04:37:32	04:33:37	3406
		5km:00:28:55 | 10km:00:57:38 | 15km: 01:25:53 | 20km:01:54:50 | 21km:02:01:07 | 25km:02:24:57 | 30km:03:02:01 | 35km:03:38:59 | 40km:04:18:00									
3965	5130	**HERTIN Michael**	HUSKVARNA		SWE	1964	M50	412	04:39:50	04:33:39	3408
		5km:00:30:36 | 10km:00:59:53 | 15km: 01:30:07 | 20km:02:01:07 | 21km:02:07:56 | 25km:02:32:14 | 30km:03:07:01 | 35km:03:41:22 | 40km:04:18:10									
3966	8449	**ŚWIĘCONEK Piotr**	WARSZAWA	Deutsche Bank Marathon Team	POL	1977	M40	1210	04:38:31	04:33:40	3409
		5km:00:28:05 | 10km:00:56:19 | 15km: 01:23:43 | 20km:01:51:54 | 21km:01:58:02 | 25km:02:20:45 | 30km:02:56:09 | 35km:03:33:23 | 40km:04:17:41									
3967	6593	**WACŁAWSKI Bartosz**	WARSZAWA	OrkaMasters Iława	POL	1989	M30	1140	04:38:25	04:33:41	3410
		5km:00:27:43 | 10km:00:55:15 | 15km: 01:22:46 | 20km:01:50:40 | 21km:01:56:47 | 25km:02:22:16 | 30km:02:57:51 | 35km:03:35:43 | 40km:04:16:27									
3968	3344	**BASNETT Agata**	MANCHESTER		POL	1990	K30	215	04:36:14	04:33:44	558
		5km:00:30:29 | 10km:00:59:39 | 15km: 01:28:44 | 20km:01:57:46 | 21km:02:03:59 | 25km:02:29:13 | 30km:03:01:30 | 35km:03:35:47 | 40km:04:16:27									
3969	2898	**BIERNACKI Michał**	BIENIEWIEC		POL	1981	M40	1211	04:40:03	04:33:46	3411
		5km:00:29:11 | 10km:00:59:26 | 15km: 01:29:30 | 20km:02:00:06 | 21km:02:06:43 | 25km:02:31:24 | 30km:03:04:16 | 35km:03:38:57 | 40km:04:18:25									
3970	10179	**GŁOWIAK Grzegorz**	RZESZÓW		POL	1989	M30	1141	04:41:37	04:33:47	3412
		5km:00:29:34 | 10km:00:58:55 | 15km: 01:28:03 | 20km:01:57:42 | 21km:02:03:58 | 25km:02:28:42 | 30km:03:00:19 | 35km:03:37:56 | 40km:04:17:16									
3971	10488	**BURY Daniel**	STARGARD		POL	1984	M30	1142	04:41:52	04:33:48	3413
		5km:00:31:29 | 10km:01:02:47 | 15km: 01:33:47 | 20km:02:05:03 | 21km:02:11:48 | 25km:02:36:50 | 30km:03:09:42 | 35km:03:43:20 | 40km:04:18:27									
3972	3936	**STACHERA Michał**	KIELCE		POL	1998	M20	561	04:40:25	04:33:49	3414
		5km:00:31:19 | 10km:01:03:29 | 15km: 01:35:45 | 20km:02:09:56 | 21km:02:16:59 | 25km:02:42:54 | 30km:03:15:50 | 35km:03:47:43 | 40km:04:20:00									
3973	4570	**SYGUŁA Anna**	WARSZAWA		POL	1977	K40	230	04:41:23	04:33:49	559
		5km:00:28:59 | 10km:00:58:40 | 15km: 01:28:05 | 20km:01:58:13 | 21km:02:04:27 | 25km:02:26:55 | 30km:02:58:30 | 35km:03:35:09 | 40km:04:19:06									
3974	2399	**ORTIZ Carlos**	WARSZAWA	CARLOS	ECU	1970	M50	413	04:40:33	04:33:51	3415
		5km:00:28:31 | 10km:00:56:05 | 15km: 01:25:12 | 20km:01:56:51 | 21km:02:03:55 | 25km:02:30:05 | 30km:03:02:57 | 35km:03:39:10 | 40km:04:19:02									
3975	7199	**DĘBSKI Krzysztof**	WARSZAWA		POL	1991	M30	1143	04:37:27	04:33:52	3416
		5km:00:31:19 | 10km:01:03:29 | 15km: 01:35:45 | 20km:02:09:56 | 21km:02:16:59 | 25km:02:42:54 | 30km:03:15:50 | 35km:03:47:43 | 40km:04:20:00									
3976	10694	**MROCZEK Marta**	CHODÓW	Leśne sarenki	POL	1981	K40	231	04:41:25	04:33:56	560
		5km:00:30:58 | 10km:01:01:49 | 15km: 01:32:33 | 20km:02:05:09 | 21km:02:11:59 | 25km:02:37:49 | 30km:03:11:00 | 35km:03:43:53 | 40km:04:19:13									
3977	3292	**GNIEWEK Wiktor**	WARSZAWA		POL	1991	M30	1144	04:38:05	04:33:57	3417
		5km:00:28:38 | 10km:00:56:50 | 15km: 01:24:31 | 20km:01:53:36 | 21km:02:00:17 | 25km:02:26:07 | 30km:03:02:28 | 35km:03:41:32 | 40km:04:19:39									
3978	4146	**OSIŃSKA Karolina**	SZUBIN		POL	1993	K30	216	04:42:17	04:33:58	561
		5km:00:31:55 | 10km:01:03:36 | 15km: 01:34:58 | 20km:02:06:32 | 21km:02:13:16 | 25km:02:38:11 | 30km:03:10:30 | 35km:03:44:10 | 40km:04:19:58									
3979	15014	**WU Radzio**	KRAKÓW		POL	1998	M20	562	04:40:13	04:33:59	3418
		5km:00:29:22 | 10km:00:58:52 | 15km: 01:28:15 | 20km:01:57:07 | 21km:02:03:25 | 25km:02:27:24 | 30km:03:01:44 | 35km:03:40:01 | 40km:04:19:48									
3980	4207	**HUBICKI Bartosz**	WARSZAWA		POL	1983	M40	1212	04:42:27	04:34:00	3419
		5km:00:32:50 | 10km:01:05:50 | 15km: 01:37:54 | 20km:02:10:14 | 21km:02:17:05 | 25km:02:42:28 | 30km:03:14:27 | 35km:03:47:59 | 40km:04:19:51									
3981	12105	**WOJEWODA-POKORA Lena**	ELIGIÓW		POL	1982	K40	232	04:40:26	04:34:06	562
		5km:00:29:36 | 10km:00:58:41 | 15km: 01:27:55 | 20km:01:58:27 | 21km:02:04:58 | 25km:02:32:38 | 30km:03:06:08 | 35km:03:41:48 | 40km:04:19:20									
3982	7149	**BRZOZOWSKI Andrzej**	ZAMOŚĆ	WKZ	POL	1954	M60	84	04:40:36	04:34:08	3420
		5km:00:27:37 | 10km:00:55:50 | 15km: 01:23:56 | 20km:01:52:35 | 21km:01:58:54 | 25km:02:27:11 | 30km:03:06:33 | 35km:03:43:01 | 40km:04:19:39									
3983	7604	**DE JONG Alex**	URUBICI		BRA	1967	M50	414	04:38:33	04:34:13	3421
		5km:00:30:01 | 10km:01:01:33 | 15km: 01:31:13 | 20km:02:02:09 | 21km:02:08:39 | 25km:02:33:52 | 30km:03:07:16 | 35km:03:42:44 | 40km:04:19:52									
3984	7804	**BANASIAK Mirosław**	WARSZAWA		POL	1976	M40	1213	04:43:40	04:34:13	3421
		5km:00:31:26 | 10km:01:02:26 | 15km: 01:32:59 | 20km:02:04:32 | 21km:02:11:21 | 25km:02:36:14 | 30km:03:08:59 | 35km:03:42:21 | 40km:04:19:13									
3985	7830	**JANISZEWSKA Sylwia**	WARSZAWA		POL	1988	K30	217	04:42:54	04:34:15	563
		5km:00:26:25 | 10km:00:55:32 | 15km: 01:24:56 | 20km:01:54:32 | 21km:02:00:59 | 25km:02:25:38 | 30km:02:59:43 | 35km:03:35:10 | 40km:04:15:44									
3986	6096	**SASS Paweł**	ŁĘCZYCA	NZ	POL	1975	M40	1214	04:35:37	04:34:16	3423
		5km:00:30:45 | 10km:01:01:22 | 15km: 01:31:17 | 20km:02:01:24 | 21km:02:07:55 | 25km:02:31:49 | 30km:03:02:37 | 35km:03:36:10 | 40km:04:17:39									
3987	10320	**BAGROWSKI Daniel**	BIAŁYSTOK		POL	1995	M20	563	04:40:54	04:34:17	3424
		5km:00:29:57 | 10km:01:00:16 | 15km: 01:31:00 | 20km:02:02:07 | 21km:02:08:55 | 25km:02:34:02 | 30km:03:07:48 | 35km:03:42:53 | 40km:04:19:00									
3988	3222	**BELL Nicci**	WARSZAWA		POL	1973	K50	35	04:41:35	04:34:23	564
		5km:00:31:34 | 10km:01:02:44 | 15km: 01:32:59 | 20km:02:02:50 | 21km:02:09:18 | 25km:02:33:28 | 30km:03:07:27 | 35km:03:41:28 | 40km:04:18:58									
3989	8409	**WIŚNIEWSKA Agnieszka**	WARSZAWA		POL	1981	K40	233	04:42:40	04:34:23	564
		5km:00:31:35 | 10km:01:02:45 | 15km: 01:33:00 | 20km:02:02:51 | 21km:02:09:21 | 25km:02:33:31 | 30km:03:07:27 | 35km:03:41:28 | 40km:04:18:58									
3990	7837	**BURZYŃSKA Magdalena**	WARSZAWA		POL	1979	K40	234	04:42:40	04:34:24	566
		5km:00:31:35 | 10km:01:02:45 | 15km: 01:33:00 | 20km:02:02:50 | 21km:02:09:20 | 25km:02:33:30 | 30km:03:07:26 | 35km:03:41:27 | 40km:04:18:57									
3991	8304	**JELIŃSKA Renata**	WARSZAWA		POL	1987	K30	218	04:42:40	04:34:24	566
		5km:00:30:21 | 10km:01:01:15 | 15km: 01:31:20 | 20km:02:01:49 | 21km:02:08:23 | 25km:02:32:11 | 30km:03:03:32 | 35km:03:40:34 | 40km:04:19:16									
3992	14525	**ZAJĄC Dawid**	WARSZAWA		POL	1995	M20	564	04:40:27	04:34:25	3425
		5km:00:28:50 | 10km:00:57:36 | 15km: 01:26:16 | 20km:01:55:30 | 21km:02:01:48 | 25km:02:26:02 | 30km:02:58:41 | 35km:03:36:30 | 40km:04:17:14									
3993	7382	**NAJDYHOR Krzysztof**	BIAŁA PODLASKA	Klub Biegaczy JYSK	POL	1983	M40	1215	04:39:53	04:34:26	3426
		5km:00:28:28 | 10km:00:56:31 | 15km: 01:24:37 | 20km:01:52:32 | 21km:01:58:45 | 25km:02:22:20 | 30km:02:56:03 | 35km:03:35:04 | 40km:04:19:26									
3994	4430	**NIEDZIÓŁKA Mateusz**	SIEDLCE		POL	1995	M20	565	04:39:59	04:34:27	3427
		5km:00:27:39 | 10km:00:55:11 | 15km: 01:21:51 | 20km:01:49:29 | 21km:01:55:26 | 25km:02:18:24 | 30km:03:01:36 | 35km:03:41:52 | 40km:04:20:36									
3995	7891	**KIELAK Jakub**	POMIECHÓWEK		POL	1986	M30	1145	04:40:15	04:34:27	3427
		5km:00:32:22 | 10km:01:04:16 | 15km: 01:35:54 | 20km:02:08:57 | 21km:02:15:45 | 25km:02:41:22 | 30km:03:13:37 | 35km:03:46:39 | 40km:04:19:56									
3996	6132	**WILK Wojciech**	WARSZAWA		POL	1995	M20	566	04:42:29	04:34:30	3429
		5km:00:29:51 | 10km:01:00:02 | 15km: 01:30:08 | 20km:02:01:03 | 21km:02:07:40 | 25km:02:31:59 | 30km:03:03:26 | 35km:03:41:48 | 40km:04:19:09									
3997	12040	**RÓŻYŁO Jan**	WARZYMICE		POL	1998	M20	567	04:41:12	04:34:33	3430
		5km:00:28:24 | 10km:00:58:25 | 15km: 01:28:10 | 20km:01:59:01 | 21km:02:05:42 | 25km:02:31:02 | 30km:03:05:28 | 35km:03:40:32 | 40km:04:19:02									
3998	5108	**CZERNIK Martin**	LIDINGÖ	Djurg?rdens CF	SWE	1971	M50	415	04:39:18	04:34:35	3431
		5km:00:28:16 | 10km:00:55:58 | 15km: 01:25:15 | 20km:01:56:28 | 21km:02:03:17 | 25km:02:28:19 | 30km:03:04:31 | 35km:03:45:14 | 40km:04:22:06									
3999	2023	**WRZESIŃSKI Krzysztof**	WARSZAWA		POL	1983	M40	1216	04:38:29	04:34:36	3432
		5km:00:29:53 | 10km:00:59:04 | 15km: 01:28:02 | 20km:01:57:15 | 21km:02:03:34 | 25km:02:27:02 | 30km:02:58:56 | 35km:03:39:19 | 40km:04:19:41									
4000	2276	**SZULC Adam**	BISHOPS STORTFORD		POL	1977	M40	1217	04:42:06	04:34:37	3433
		5km:00:30:52 | 10km:01:00:58 | 15km: 01:30:39 | 20km:02:00:38 | 21km:02:07:06 | 25km:02:30:58 | 30km:03:02:40 | 35km:03:38:53 | 40km:04:18:51									
4001	7051	**MALFATTO Thierry**	WARSZAWA		FRA	1964	M50	416	04:41:57	04:34:38	3434
		5km:00:28:46 | 10km:00:58:10 | 15km: 01:28:05 | 20km:01:58:26 | 21km:02:04:50 | 25km:02:29:03 | 30km:03:02:09 | 35km:03:38:28 | 40km:04:18:17									
4002	3447	**PISARCZYK Marek**	WARSZAWA		POL	1985	M30	1146	04:39:19	04:34:39	3435

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:23 | 10km:00:56:44 | 15km: 01:25:03 | 20km:01:53:20 | 21km:01:59:32 | 25km:02:23:14 | 30km:02:54:47 | 35km:03:31:55 | 40km:04:16:40									
4003	4174	**CHAN Manoj**	PERHAM DOWN		NEP	1998	M20	568	04:35:57	04:34:42	3436
		5km:00:28:22 | 10km:00:56:45 | 15km: 01:25:02 | 20km:01:53:18 | 21km:01:59:32 | 25km:02:23:14 | 30km:02:55:35 | 35km:03:34:29 | 40km:04:16:34									
4004	7836	**GHALE Chetan**	PERHAM DOWN		GBR	1994	M20	568	04:35:57	04:34:42	3436
		5km:00:27:48 | 10km:00:55:06 | 15km: 01:23:43 | 20km:01:54:39 | 21km:02:01:20 | 25km:02:25:47 | 30km:02:58:41 | 35km:03:37:25 | 40km:04:19:37									
4005	3588	**BODYCH Filip**	WARSZAWA		POL	1997	M20	570	04:38:57	04:34:46	3438
		5km:00:32:27 | 10km:01:03:42 | 15km: 01:35:26 | 20km:02:07:33 | 21km:02:14:20 | 25km:02:39:46 | 30km:03:12:59 | 35km:03:46:16 | 40km:04:20:25									
4006	12099	**KOŁOWIECKA-WILKOS Angela**	WARSZAWA		POL	1984	K30	219	04:43:27	04:34:48	568
		5km:00:27:24 | 10km:00:54:58 | 15km: 01:22:18 | 20km:01:49:43 | 21km:01:55:47 | 25km:02:17:58 | 30km:02:54:29 | 35km:03:36:25 | 40km:04:19:26									
4007	2367	**WERNICKI Marcin**	WARSZAWA		POL	1983	M40	1218	04:38:36	04:34:50	3439
		5km:00:30:11 | 10km:01:00:43 | 15km: 01:31:25 | 20km:02:02:11 | 21km:02:08:39 | 25km:02:32:36 | 30km:03:03:53 | 35km:03:39:10 | 40km:04:19:19									
4008	4032	**CZARNECKI Bartosz**	RADOM	Hydro Energy	POL	1988	M30	1147	04:40:50	04:34:51	3440
		5km:00:28:16 | 10km:00:59:08 | 15km: 01:28:47 | 20km:01:58:46 | 21km:02:05:21 | 25km:02:29:49 | 30km:03:00:40 | 35km:03:32:36 | 40km:04:18:15									
4009	6624	**DZIAŁKOWSKI Łukasz**	ŁÓDŹ		POL	1993	M30	1148	04:38:20	04:34:53	3441
		5km:00:31:11 | 10km:01:02:05 | 15km: 01:33:05 | 20km:02:04:30 | 21km:02:10:51 | 25km:02:35:45 | 30km:03:07:50 | 35km:03:41:56 | 40km:04:22:32									
4010	6964	**BUJALSKI Konrad**	JAKUBIKI		POL	1999	M20	571	04:42:40	04:34:54	3442
		5km:00:30:11 | 10km:01:00:44 | 15km: 01:31:25 | 20km:02:02:11 | 21km:02:08:40 | 25km:02:32:36 | 30km:03:03:53 | 35km:03:39:08 | 40km:04:19:18									
4011	8374	**MICHALSKI Mariusz**	RADOM	POP GYM Sport & Health Club	POL	1981	M40	1219	04:40:54	04:34:55	3443
		5km:00:29:52 | 10km:00:59:35 | 15km: 01:29:44 | 20km:02:00:36 | 21km:02:07:05 | 25km:02:32:01 | 30km:03:05:58 | 35km:03:38:47 | 40km:04:19:53									
4012	7895	**STEPHENS Dawid**	GRODZISK MAZOWIECKI		POL	1998	M20	572	04:38:00	04:34:57	3444
		5km:00:31:18 | 10km:01:01:47 | 15km: 01:32:28 | 20km:02:03:19 | 21km:02:10:01 | 25km:02:34:33 | 30km:03:07:36 | 35km:03:42:04 | 40km:04:19:15									
4013	2425	**MNICH Krzysztof**	CHORZÓW		POL	1979	M40	1220	04:42:22	04:35:05	3445
		5km:00:36:59 | 10km:01:12:00 | 15km: 01:44:41 | 20km:02:18:04 | 21km:02:25:49 | 25km:02:51:27 | 30km:03:24:42 | 35km:03:53:51 | 40km:04:23:04									
4014	5146	**STOJEWSKI Przemysław**	WAPIENNE		POL	1977	M40	1221	04:44:22	04:35:07	3446
		5km:00:27:46 | 10km:00:55:50 | 15km: 01:23:28 | 20km:01:51:30 | 21km:01:57:42 | 25km:02:22:11 | 30km:03:00:55 | 35km:03:40:02 | 40km:04:20:08									
4015	2055	**WIATR Wojciech**	CHORZÓW	ENDURANCE TEAM	POL	1980	M40	1222	04:38:25	04:35:08	3447
		5km:00:30:27 | 10km:01:00:04 | 15km: 01:30:06 | 20km:02:00:19 | 21km:02:06:51 | 25km:02:30:46 | 30km:03:03:22 | 35km:03:39:28 | 40km:04:18:54									
4016	2939	**MIELCZAREK Wioletta**	KICZYCE	4Muszkieter.pl	POL	1974	K40	235	04:41:45	04:35:11	569
		5km:00:28:15 | 10km:00:56:26 | 15km: 01:24:04 | 20km:01:52:09 | 21km:01:58:16 | 25km:02:20:30 | 30km:02:51:20 | 35km:03:30:21 | 40km:04:16:28									
4017	3336	**BANAŚ Mariusz**	WARSZAWA		POL	1989	M30	1149	04:39:59	04:35:13	3448
		5km:00:30:43 | 10km:01:01:26 | 15km: 01:32:06 | 20km:02:02:56 | 21km:02:09:08 | 25km:02:32:41 | 30km:03:04:01 | 35km:03:40:08 | 40km:04:20:05									
4018	3314	**CZERNIAWSKI Michał**	WARSZAWA		POL	1986	M30	1150	04:41:26	04:35:16	3449
		5km:00:28:30 | 10km:00:56:57 | 15km: 01:25:05 | 20km:01:53:15 | 21km:01:59:19 | 25km:02:21:59 | 30km:02:59:30 | 35km:03:40:06 | 40km:04:20:51									
4019	6452	**MOŚCICKI Kacper**	WARSZAWA		POL	1993	M30	1151	04:40:25	04:35:18	3450
		5km:00:31:01 | 10km:01:02:17 | 15km: 01:32:46 | 20km:02:03:31 | 21km:02:10:13 | 25km:02:35:48 | 30km:03:10:40 | 35km:03:46:08 | 40km:04:21:51									
4020	7790	**TRONOWSKA Beata**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1972	K50	36	04:43:01	04:35:20	570
		5km:00:32:49 | 10km:01:06:08 | 15km: 01:37:53 | 20km:02:10:05 | 21km:02:17:01 | 25km:02:42:04 | 30km:03:14:37 | 35km:03:46:57 | 40km:04:20:53									
4021	2603	**PIASECKA Ewa**	ŁUKÓW		POL	1991	K30	220	04:45:02	04:35:22	571
		5km:00:30:14 | 10km:01:00:36 | 15km: 01:30:14 | 20km:01:59:59 | 21km:02:06:29 | 25km:02:30:11 | 30km:03:02:07 | 35km:03:38:40 | 40km:04:19:37									
4022	2861	**WIŚNIEWSKI Adam**	WARSZAWA		POL	1990	M30	1152	04:43:35	04:35:22	3451
		5km:00:28:25 | 10km:00:56:56 | 15km: 01:25:02 | 20km:01:53:32 | 21km:01:59:46 | 25km:02:22:25 | 30km:02:55:06 | 35km:03:32:09 | 40km:04:16:48									
4023	4212	**LISOWSKI Paweł**	KRAKÓW	KLUB BIEGACZA RTV EURO AGD	POL	1973	M50	417	04:40:35	04:35:24	3452
		5km:00:29:20 | 10km:00:59:27 | 15km: 01:29:50 | 20km:02:00:23 | 21km:02:07:06 | 25km:02:32:17 | 30km:03:05:53 | 35km:03:40:42 | 40km:04:19:43									
4024	3786	**ORLENKO Sergii**	WARSZAWA		UKR	1981	M40	1223	04:42:47	04:35:27	3453
		5km:00:29:19 | 10km:00:59:07 | 15km: 01:28:15 | 20km:01:58:00 | 21km:02:04:40 | 25km:02:29:34 | 30km:03:03:00 | 35km:03:40:42 | 40km:04:19:18									
4025	7535	**GETEK Filip**	GDYNIA	ChŚ TriTeam	POL	1997	M20	573	04:42:42	04:35:27	3453
		5km:00:29:51 | 10km:00:59:35 | 15km: 01:29:13 | 20km:01:58:44 | 21km:02:05:19 | 25km:02:28:58 | 30km:02:59:44 | 35km:03:31:23 | 40km:04:19:04									
4026	10063	**SZAFRAŃSKI Marcin**	JACENTÓW		POL	1983	M40	1224	04:42:32	04:35:28	3455
		5km:00:27:24 | 10km:00:55:33 | 15km: 01:24:03 | 20km:01:53:16 | 21km:01:59:47 | 25km:02:24:13 | 30km:02:57:47 | 35km:03:32:59 | 40km:04:18:16									
4027	4683	**NAWROCKI Adam**	WARSZAWA		POL	1988	M30	1153	04:41:43	04:35:29	3456
		5km:00:30:36 | 10km:01:00:38 | 15km: 01:31:36 | 20km:02:02:45 | 21km:02:09:22 | 25km:02:34:00 | 30km:03:05:16 | 35km:03:39:45 | 40km:04:19:29									
4028	5150	**RACIBORSKA Anna**	KOBYŁKA		POL	1991	K30	221	04:41:01	04:35:31	572
		5km:00:30:28 | 10km:01:01:04 | 15km: 01:31:19 | 20km:02:01:39 | 21km:02:08:18 | 25km:02:32:13 | 30km:03:02:48 | 35km:03:37:59 | 40km:04:16:48									
4029	3677	**ROMANOWSKI Wojciech**	WROCŁAW		POL	1989	M30	1154	04:42:25	04:35:32	3457
		5km:00:31:27 | 10km:01:04:40 | 15km: 01:33:18 | 20km:02:05:24 | 21km:02:12:40 | 25km:02:38:02 | 30km:03:10:17 | 35km:03:43:10 | 40km:04:21:03									
4030	4297	**FRANUS Honorata**	WARSZAWA		POL	1990	K30	222	04:43:58	04:35:32	573
		5km:00:31:24 | 10km:01:03:28 | 15km: 01:36:21 | 20km:02:08:04 | 21km:02:14:58 | 25km:02:40:42 | 30km:03:13:11 | 35km:03:46:45 | 40km:04:21:35									
4031	8485	**GAJOWIAK Łukasz**	WARSZAWA		POL	1985	M30	1155	04:43:19	04:35:34	3458
		5km:00:34:39 | 10km:01:06:28 | 15km: 01:37:56 | 20km:02:10:17 | 21km:02:16:44 | 25km:02:42:18 | 30km:03:14:35 | 35km:03:45:28 | 40km:04:18:26									
4032	3563	**ITRICH Krzysztof**	ŻUKOWO		POL	1988	M30	1156	04:40:48	04:35:36	3459
		5km:00:29:32 | 10km:00:58:57 | 15km: 01:28:21 | 20km:01:58:56 | 21km:02:05:34 | 25km:02:31:01 | 30km:03:04:08 | 35km:03:40:09 | 40km:04:19:34									
4033	10126	**KWIECIEŃ Natalia**	SŁUPSK		POL	1995	K20	78	04:42:04	04:35:38	574
		5km:00:29:10 | 10km:00:58:27 | 15km: 01:27:50 | 20km:01:58:52 | 21km:02:05:42 | 25km:02:32:23 | 30km:03:07:07 | 35km:03:43:54 | 40km:04:20:32									
4034	6673	**REITER Eugeniusz**	POZNAŃ		POL	1947	M70	6	04:42:19	04:35:38	3460
		5km:00:30:02 | 10km:00:59:26 | 15km: 01:28:20 | 20km:01:56:49 | 21km:02:02:45 | 25km:02:27:16 | 30km:03:02:10 | 35km:03:37:43 | 40km:04:19:54									
4035	3465	**GUSTAW Grzegorz**	PRUSZKÓW	No Limit Logistyka - IT	POL	1984	M30	1157	04:41:17	04:35:40	3461
		5km:00:30:23 | 10km:01:01:04 | 15km: 01:31:05 | 20km:02:01:34 | 21km:02:08:08 | 25km:02:32:29 | 30km:03:05:43 | 35km:03:41:16 | 40km:04:19:40									
4036	14004	**ORZECHOWSKI Daniel**	WARSZAWA		POL	1982	M40	1225	04:45:46	04:35:41	3462
		5km:00:29:33 | 10km:00:59:37 | 15km: 01:29:36 | 20km:01:59:43 | 21km:02:06:20 | 25km:02:29:49 | 30km:03:02:50 | 35km:03:44:04 | 40km:04:21:10									
4037	2900	**ANTOLAK Jakub**	RABKA-ZDRÓJ	GRUDNIK	POL	1998	M20	574	04:42:37	04:35:41	3462
		5km:00:28:04 | 10km:00:55:27 | 15km: 01:23:14 | 20km:01:51:34 | 21km:01:57:38 | 25km:02:20:21 | 30km:02:52:35 | 35km:03:32:39 | 40km:04:18:24									
4038	5175	**GASTOLEK Jakub**	WARSZAWA		POL	2000	M20	574	04:40:07	04:35:41	3462
		5km:00:31:45 | 10km:01:03:35 | 15km: 01:35:19 | 20km:02:06:27 | 21km:02:13:08 | 25km:02:38:48 | 30km:03:10:50 | 35km:03:44:09 | 40km:04:21:09									
4039	7738	**KARAŚ Michał**	WARSZAWA		POL	1987	M30	1158	04:44:01	04:35:42	3465
		5km:00:30:02 | 10km:01:00:49 | 15km: 01:31:35 | 20km:02:01:59 | 21km:02:08:39 | 25km:02:32:56 | 30km:03:05:34 | 35km:03:40:45 | 40km:04:20:35									
4040	6003	**PISANIEC Krzysztof**	WARSZAWA		POL	1982	M40	1226	04:43:09	04:35:44	3466
		5km:00:31:59 | 10km:01:04:25 | 15km: 01:36:49 | 20km:02:08:41 | 21km:02:15:44 | 25km:02:40:47 | 30km:03:13:10 | 35km:03:45:44 | 40km:04:20:17									
4041	2762	**VAN PARYS Sjouwke**	GHENT		BEL	1994	K20	79	04:43:46	04:35:45	575
		5km:00:30:37 | 10km:01:01:27 | 15km: 01:32:05 | 20km:02:03:18 | 21km:02:10:06 | 25km:02:35:34 | 30km:03:09:01 | 35km:03:43:13 | 40km:04:20:16									
4042	5212	**CICHOWSKI Marcin**	ELBLĄG		POL	1975	M40	1227	04:41:59	04:35:45	3467
		5km:00:30:38 | 10km:01:01:26 | 15km: 01:32:05 | 20km:02:03:19 | 21km:02:10:09 | 25km:02:35:35 | 30km:03:09:02 | 35km:03:43:13 | 40km:04:20:16									
4043	5217	**LIKSZO Paweł**	OLSZTYN		POL	1988	M30	1159	04:41:59	04:35:46	3468
		5km:00:30:32 | 10km:01:01:16 | 15km: 01:31:37 | 20km:02:01:52 | 21km:02:08:30 | 25km:02:32:27 | 30km:03:03:52 | 35km:03:38:56 | 40km:04:18:44									
4044	10415	**KOZIKOWSKI Łukasz**	PIĄTNICA PODUCHOWNA		POL	1984	M30	1160	04:42:46	04:35:47	3469
		5km:00:30:46 | 10km:01:02:05 | 15km: 01:33:21 | 20km:02:05:02 | 21km:02:12:01 | 25km:02:37:24 | 30km:03:10:57 | 35km:03:44:50 | 40km:04:20:55									
4045	5124	**KOŃCZYŁO Katarzyna**	RACIBÓRZ		POL	1981	K40	236	04:43:17	04:35:53	576
		5km:00:28:31 | 10km:00:58:25 | 15km: 01:28:41 | 20km:01:59:59 | 21km:02:06:45 | 25km:02:32:29 | 30km:03:05:47 | 35km:03:39:38 | 40km:04:18:59									
4046	3679	**ŁABĘDZKI Piotr**	PIASECZNO		POL	1968	M50	418	04:38:02	04:35:55	3470
		5km:00:29:41 | 10km:00:58:47 | 15km: 01:28:02 | 20km:01:57:30 | 21km:02:03:56 | 25km:02:27:22 | 30km:03:01:39 | 35km:03:39:05 | 40km:04:20:34									
4047	3531	**GRABOWSKI Łukasz**	WARSZAWA		POL	1989	M30	1161	04:42:09	04:35:57	3471
		5km:00:32:31 | 10km:01:04:58 | 15km: 01:37:41 | 20km:02:09:57 | 21km:02:16:49 | 25km:02:41:25 | 30km:03:14:23 | 35km:03:47:42 | 40km:04:21:25									
4048	4234	**TRAMARIN Kevin**	WARSZAWA		ITA	1997	M20	576	04:43:22	04:35:57	3471

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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:10 | 10km:01:00:35 | 15km: 01:29:38 | 20km:01:59:53 | 21km:02:06:25 | 25km:02:29:45 | 30km:03:01:18 | 35km:03:40:48 | 40km:04:22:42									
4049	13514	**HAJDUK Adam**	TORUŃ	Ready For Space	POL	1978	M40	1228	04:42:54	04:35:59	3473
		5km:00:28:34 | 10km:00:58:27 | 15km: 01:28:44 | 20km:02:00:02 | 21km:02:06:46 | 25km:02:32:32 | 30km:03:05:49 | 35km:03:39:40 | 40km:04:19:00									
4050	7217	**FILIPCZAK Marek**	SANOK		POL	1973	M50	419	04:38:03	04:35:59	3473
		5km:00:33:25 | 10km:01:05:02 | 15km: 01:36:20 | 20km:02:08:03 | 21km:02:14:59 | 25km:02:42:12 | 30km:03:15:09 | 35km:03:51:26 | 40km:04:24:18									
4051	5273	**KULIK-KOZŁOWSKA Pola**	WÓLKA RADZYMIŃSKA		POL	2005	K20	80	04:44:03	04:36:01	577
		5km:00:27:24 | 10km:00:54:25 | 15km: 01:21:23 | 20km:01:48:35 | 21km:01:54:28 | 25km:02:16:02 | 30km:02:48:42 | 35km:03:35:29 | 40km:04:21:43									
4052	6153	**ŻYREK Konrad**	WARSZAWA		POL	2000	M20	577	04:38:55	04:36:01	3475
		5km:00:30:11 | 10km:01:00:23 | 15km: 01:30:30 | 20km:02:00:34 | 21km:02:07:10 | 25km:02:31:08 | 30km:03:02:57 | 35km:03:42:53 | 40km:04:20:58									
4053	5193	**ALEKSANDROWICZ Jacek**	WARSZAWA		POL	1989	M30	1162	04:45:01	04:36:07	3476
		5km:00:30:15 | 10km:01:00:18 | 15km: 01:30:26 | 20km:02:01:34 | 21km:02:08:22 | 25km:02:33:36 | 30km:03:09:07 | 35km:03:43:57 | 40km:04:21:03									
4054	7261	**BIELECKA Anna**	WARSZAWA		POL	1978	K40	237	04:43:25	04:36:07	578
		5km:00:27:22 | 10km:00:56:10 | 15km: 01:24:04 | 20km:01:52:04 | 21km:01:58:09 | 25km:02:21:33 | 30km:02:55:49 | 35km:03:33:04 | 40km:04:18:26									
4055	10426	**CUBRZYŃSKI Bartłomiej**	GARWOLIN		POL	1983	M40	1229	04:39:42	04:36:09	3477
		5km:00:30:30 | 10km:01:00:59 | 15km: 01:30:59 | 20km:02:01:12 | 21km:02:07:39 | 25km:02:31:54 | 30km:03:04:24 | 35km:03:39:16 | 40km:04:18:24									
4056	4223	**KORYTKO Robert**	KRZYWCZA		POL	1995	M20	578	04:43:03	04:36:09	3477
		5km:00:28:20 | 10km:00:56:14 | 15km: 01:23:57 | 20km:01:52:21 | 21km:01:58:25 | 25km:02:20:10 | 30km:02:51:20 | 35km:03:31:24 | 40km:04:18:57									
4057	7990	**OŚCIK Rafał**	WARSZAWA		POL	1985	M30	1163	04:40:06	04:36:14	3479
		5km:00:22:23 | 10km:00:47:47 | 15km: 01:13:44 | 20km:01:46:42 | 21km:01:54:09 | 25km:02:22:13 | 30km:03:00:36 | 35km:03:46:26 | 40km:04:22:50									
4058	6801	**KOPER Adek**	WARSZAWA	MUSCLE CLINIC	POL	1960	M60	85	04:36:30	04:36:15	3480
		5km:00:30:16 | 10km:01:00:44 | 15km: 01:32:09 | 20km:02:04:06 | 21km:02:10:56 | 25km:02:37:04 | 30km:03:09:04 | 35km:03:43:47 | 40km:04:20:40									
4059	4125	**NIKLEWICZ Monika**	SKIERNIEWICE		POL	1975	K40	238	04:44:39	04:36:16	579
		5km:00:34:25 | 10km:01:08:33 | 15km: 01:40:08 | 20km:02:09:56 | 21km:02:16:15 | 25km:02:38:55 | 30km: | 35km:03:41:09 | 40km:04:20:13									
4060	3606	**NAPIERAŁA Tomasz**	WARSZAWA		POL	1978	M40	1230	04:51:20	04:36:20	3481
		5km:00:30:09 | 10km:01:00:44 | 15km: 01:31:01 | 20km:02:01:27 | 21km:02:08:02 | 25km:02:31:32 | 30km:03:04:15 | 35km:03:37:52 | 40km:04:20:35									
4061	10242	**UMOWSKI Rafał**	ŻYRARDÓW	Let's run to see	POL	1988	M30	1164	04:43:11	04:36:21	3482
		5km:00:26:39 | 10km:00:53:31 | 15km: 01:21:43 | 20km:01:55:00 | 21km:02:01:57 | 25km:02:26:54 | 30km:03:06:40 | 35km:03:43:10 | 40km:04:21:19									
4062	7355	**REJDYCH Aleksander**	WARSZAWA	Ali_Run_Ali / JacekBiega Running Team / RESCRIPT	POL	1990	M30	1165	04:41:38	04:36:22	3483
		5km:00:27:45 | 10km:00:55:53 | 15km: 01:23:06 | 20km:01:51:01 | 21km:01:57:39 | 25km:02:23:12 | 30km:02:59:43 | 35km:03:37:59 | 40km:04:19:59									
4063	15568	**ŚLUSARCZYK Andrzej**	PRUSZCZ GDAŃSKI	DJ GUCIO SHOW MUST GO ON PRUSZCZ BIEGA	POL	1971	M50	420	04:41:39	04:36:23	3484
		5km:00:30:10 | 10km:01:00:49 | 15km: 01:31:04 | 20km:02:01:28 | 21km:02:08:04 | 25km:02:31:34 | 30km:03:04:17 | 35km:03:37:56 | 40km:04:20:36									
4064	3349	**KURBATOVA Anastasia**	WARSZAWA	Let's run to see	UKR	1976	K40	239	04:43:11	04:36:23	580
		5km:00:31:39 | 10km:01:02:45 | 15km: 01:34:42 | 20km:02:08:17 | 21km:02:14:56 | 25km:02:40:52 | 30km:03:13:16 | 35km:03:46:22 | 40km:04:21:53									
4065	6676	**GRODECKA Bożena**	PRZEMYŚL		POL	1972	K50	37	04:40:03	04:36:23	580
		5km:00:29:48 | 10km:00:59:23 | 15km: 01:29:09 | 20km:01:59:27 | 21km:02:05:59 | 25km:02:29:46 | 30km:03:05:07 | 35km:03:41:05 | 40km:04:20:38									
4066	7308	**KALISIAK Włodzimierz**	SKIERNIEWICE		POL	1980	M40	1231	04:43:34	04:36:23	3484
		5km:00:32:03 | 10km:01:04:15 | 15km: 01:36:16 | 20km:02:08:26 | 21km:02:15:16 | 25km:02:42:24 | 30km:03:14:51 | 35km:03:48:33 | 40km:04:23:00									
4067	2851	**SZALENIEC Patrycja**	PSARY	Biegowa Kuźnia	POL	1982	K40	240	04:43:43	04:36:28	582
		5km:00:32:02 | 10km:01:04:15 | 15km: 01:36:17 | 20km:02:08:26 | 21km:02:15:17 | 25km:02:42:23 | 30km:03:14:51 | 35km:03:48:34 | 40km:04:23:00									
4068	3964	**BASA-ANYŻ Anna**	BĘDZIN	BIEGOWA KUŹNIA	POL	1980	K40	240	04:43:43	04:36:28	582
		5km:00:31:44 | 10km:01:03:17 | 15km: 01:33:51 | 20km:02:05:25 | 21km:02:12:13 | 25km:02:37:30 | 30km:03:10:37 | 35km:03:42:43 | 40km:04:19:57									
4069	12016	**FOJUT Tomasz**	WARSZAWA		POL	1978	M40	1232	04:44:13	04:36:30	3486
		5km:00:30:56 | 10km:01:01:27 | 15km: 01:32:07 | 20km:02:02:53 | 21km:02:09:38 | 25km:02:34:14 | 30km:03:06:18 | 35km:03:41:22 | 40km:04:20:31									
4070	3122	**AWDZIEWICZ Anastazja**	ŁÓDŹ		POL	1995	K20	81	04:45:03	04:36:33	584
		5km:00:27:42 | 10km:00:57:07 | 15km: 01:27:10 | 20km:01:57:17 | 21km:02:04:02 | 25km:02:29:31 | 30km:03:05:13 | 35km:03:43:15 | 40km:04:21:55									
4071	6159	**KAŁŁAUR Krzysztof**	WARSZAWA		POL	1984	M30	1166	04:39:12	04:36:34	3487
		5km:00:31:04 | 10km:01:02:14 | 15km: 01:33:37 | 20km:02:05:57 | 21km:02:12:38 | 25km:02:37:17 | 30km:03:09:30 | 35km:03:42:40 | 40km:04:19:32									
4072	4267	**BŁAŻYŃSKI Michał**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1978	M40	1233	04:43:55	04:36:35	3488
		5km:00:29:15 | 10km:00:58:29 | 15km: 01:28:37 | 20km:01:59:42 | 21km:02:06:29 | 25km:02:32:01 | 30km:03:05:06 | 35km:03:41:18 | 40km:04:21:07									
4073	3169	**MYĆKA Karolina**	WIELICZKA		POL	1991	K30	223	04:42:48	04:36:37	585
		5km:00:29:53 | 10km:00:59:57 | 15km: 01:29:57 | 20km:02:00:10 | 21km:02:06:39 | 25km:02:30:26 | 30km:03:06:38 | 35km:03:44:33 | 40km:04:22:10									
4074	6073	**RĘDZIAK Krzysztof**	SANDOMIERZ		POL	1976	M40	1234	04:43:16	04:36:37	3489
		5km:00:31:43 | 10km:01:04:55 | 15km: 01:36:44 | 20km:02:08:34 | 21km:02:15:31 | 25km:02:41:23 | 30km:03:15:21 | 35km:03:50:31 | 40km:04:23:16									
4075	7416	**FEDKO Marcin**	KRAKÓW		POL	1998	M20	579	04:49:45	04:36:37	3489
		5km:00:30:10 | 10km:01:00:59 | 15km: 01:31:18 | 20km:02:02:31 | 21km:02:09:08 | 25km:02:34:57 | 30km:03:08:26 | 35km:03:43:34 | 40km:04:20:39									
4076	3651	**CYBULSKA Justyna**	ABRAMOWICE PRYWATNE		POL	1979	K40	242	04:43:54	04:36:40	586
		5km:00:31:10 | 10km:01:01:51 | 15km: 01:32:31 | 20km:02:03:23 | 21km:02:10:02 | 25km:02:35:37 | 30km:03:08:28 | 35km:03:43:37 | 40km:04:20:43									
4077	4686	**ZDUNEK Artur**	ABRAMOWICE PRYWATNE		POL	1971	M50	421	04:43:53	04:36:40	3491
		5km:00:28:03 | 10km:00:56:24 | 15km: 01:27:19 | 20km:01:56:55 | 21km:02:03:20 | 25km:02:27:26 | 30km:03:00:12 | 35km:03:42:06 | 40km:04:23:06									
4078	2970	**KOTÓW Konrad**	JAROSŁAW		POL	1995	M20	580	04:40:55	04:36:41	3492
		5km:00:32:32 | 10km:01:04:00 | 15km: 01:35:42 | 20km:02:09:31 | 21km:02:15:58 | 25km:02:40:41 | 30km:03:15:01 | 35km:03:47:14 | 40km:04:23:35									
4079	13030	**SKALSKA Jadwiga**	BĘDZIN	Biegowa Kuźnia	POL	1988	K30	224	04:43:55	04:36:44	587
		5km:00:30:29 | 10km:01:01:38 | 15km: 01:31:38 | 20km:02:02:17 | 21km:02:09:09 | 25km:02:33:46 | 30km:03:06:57 | 35km:03:42:22 | 40km:04:19:37									
4080	4172	**MAZURKIEWICZ Przemysław**	WARSZAWA		POL	1970	M50	422	04:44:11	04:36:44	3493
		5km:00:28:20 | 10km:00:55:23 | 15km: 01:22:54 | 20km:01:52:06 | 21km:01:59:17 | 25km:02:27:37 | 30km:03:02:40 | 35km:03:45:10 | 40km:04:22:10									
4081	2306	**JANOWSKI Maciej**	WARSZAWA		POL	2000	M20	581	04:40:11	04:36:48	3494
		5km:00:29:57 | 10km:01:00:31 | 15km: 01:30:50 | 20km:02:01:37 | 21km:02:08:22 | 25km:02:33:28 | 30km:03:06:01 | 35km:03:39:51 | 40km:04:21:30									
4082	7929	**BRZEZIŃSKA Klaudia**	WARSZAWA		POL	1990	K30	225	04:43:15	04:36:48	588
		5km:00:26:17 | 10km:00:53:39 | 15km: 01:21:44 | 20km:01:51:05 | 21km:01:57:39 | 25km:02:22:17 | 30km:02:59:35 | 35km:03:37:51 | 40km:04:19:36									
4083	8035	**KOS Paweł**	NOWA IWICZNA		POL	1980	M40	1235	04:38:02	04:36:49	3495
		5km:00:28:49 | 10km:00:57:28 | 15km: 01:26:23 | 20km:01:56:31 | 21km:02:03:06 | 25km:02:28:44 | 30km:03:03:06 | 35km:03:39:59 | 40km:04:20:01									
4084	4680	**RATASZEWSKI Marek**	WARSZAWA	warsaw run club	POL	1961	M60	86	04:41:05	04:36:50	3496
		5km:00:30:09 | 10km:01:00:09 | 15km: 01:30:19 | 20km:02:00:27 | 21km:02:07:01 | 25km:02:31:25 | 30km:03:03:57 | 35km:03:40:37 | 40km:04:20:01									
4085	4080	**STECKIEWICZ Paweł**	WARSZAWA	Legia Fight Club	POL	1984	M30	1167	04:43:03	04:36:52	3497
		5km:00:31:45 | 10km:01:03:22 | 15km: 01:34:22 | 20km:02:05:28 | 21km:02:12:07 | 25km:02:36:57 | 30km:03:09:28 | 35km:03:43:45 | 40km:04:22:25									
4086	2261	**BORULA Łukasz**	SIEMIANOWICE ŚLĄSKIE		POL	1990	M30	1168	04:42:55	04:36:53	3498
		5km:00:32:32 | 10km:01:01:01 | 15km: 01:31:30 | 20km:02:02:01 | 21km:02:08:35 | 25km:02:33:24 | 30km:03:08:13 | 35km:03:41:52 | 40km:04:21:38									
4087	10352	**SKONKA Aleksander**	GDAŃSK		POL	1978	M40	1236	04:41:42	04:36:55	3499
		5km:00:29:56 | 10km:00:59:36 | 15km: 01:29:01 | 20km:01:59:05 | 21km:02:05:47 | 25km:02:31:55 | 30km:03:06:45 | 35km:03:44:38 | 40km:04:21:52									
4088	3364	**SUPCZIŃSKI Igor**	WARSZAWA		POL	2002	M20	582	04:42:28	04:36:57	3500
		5km:00:30:01 | 10km:01:00:00 | 15km: 01:30:01 | 20km:02:00:45 | 21km:02:07:24 | 25km:02:32:22 | 30km:03:10:31 | 35km:03:44:27 | 40km:04:21:39									
4089	10438	**MAZUREK Justyna**	ŚWIDNIK	ALIPLAST RUNNING TEAM	POL	1983	K40	243	04:43:37	04:36:58	589
		5km:00:29:00 | 10km:00:57:41 | 15km: 01:26:18 | 20km:01:56:00 | 21km:02:02:37 | 25km:02:27:41 | 30km:03:05:11 | 35km:03:39:43 | 40km:04:20:17									
4090	6347	**WASILEWSKI Marcin**	WARSZAWA	Luźne Gatki	POL	1981	M40	1237	04:41:46	04:36:59	3501
		5km:00:33:06 | 10km:01:06:34 | 15km: 01:39:42 | 20km:02:12:57 | 21km:02:19:55 | 25km:02:45:28 | 30km:03:18:07 | 35km:03:50:14 | 40km:04:23:08									
4091	3361	**NOLAS Jolanta**	JELCZ-LASKOWICE	KB HARCOWNIK JELCZ-LASKOWICE	POL	1965	K50	38	04:42:40	04:37:00	590
		5km:00:32:02 | 10km:01:03:43 | 15km: 01:35:12 | 20km:02:08:53 | 21km:02:15:43 | 25km:02:42:24 | 30km:03:16:39 | 35km:03:51:00 | 40km:04:23:43									
4092	2753	**TARAPATA Agnieszka**	KATOWICE		POL	1983	K40	244	04:42:31	04:37:02	591
		5km:00:31:41 | 10km:01:03:12 | 15km: 01:33:45 | 20km:02:05:18 | 21km:02:12:07 | 25km:02:37:21 | 30km:03:10:31 | 35km:03:44:08 | 40km:04:21:39									
4093	2845	**DOBRAK Wojciech**	MUROWANIEC		POL	1972	M50	423	04:44:54	04:37:03	3502
		5km:00:32:02 | 10km:01:03:44 | 15km: 01:35:13 | 20km:02:08:53 | 21km:02:15:44 | 25km:02:42:24 | 30km:03:16:40 | 35km:03:51:00 | 40km:04:23:42									
4094	3872	**SZYMAŃSKI Piotr**	BYTOM		POL	1973	M50	423	04:42:32	04:37:03	3502

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:33:43| 10km:01:06:32| 15km: 01:39:34 | 20km:02:12:44 | 21km:02:19:51 | 25km:02:45:29 | 30km:03:18:06 | 35km:03:50:10 | 40km:04:23:13									
4095	15011	**DOBROWOLSKA** Józefina	ŻUKOWO		POL	1995	K20	82	04:45:45	04:37:04	592
		5km:00:33:43| 10km:01:06:32| 15km: 01:39:34 | 20km:02:12:44 | 21km:02:19:51 | 25km:02:45:29 | 30km:03:18:06 | 35km:03:50:10 | 40km:04:23:13									
4096	7348	**DZIOBA** Krzysztof	WARSZAWA		POL	1975	M40	1238	04:43:48	04:37:05	3504
		5km:00:28:53| 10km:00:58:04| 15km: 01:26:26 | 20km:01:55:11 | 21km:02:01:31 | 25km:02:25:21 | 30km:02:57:56 | 35km:03:35:29 | 40km:04:21:03									
4097	10459	**NIALIUBIN** Siarhei	WROCŁAW	ICODA		1979	M40	1239	04:43:11	04:37:07	3505
		5km:00:30:06| 10km:01:00:28| 15km: 01:30:53 | 20km:02:01:56 | 21km:02:08:41 | 25km:02:33:45 | 30km:03:06:27 | 35km:03:41:52 | 40km:04:20:49									
4098	3504	**WOLAN** Tomasz	WARSZAWA		POL	1974	M40	1239	04:45:36	04:37:07	3505
		5km:00:32:29| 10km:01:03:35| 15km: 01:35:18 | 20km:02:06:54 | 21km:02:13:40 | 25km:02:39:29 | 30km:03:13:35 | 35km:03:48:06 | 40km:04:24:04									
4099	7259	**BARTNICKI** Bartłomiej	BARTOSZYCE		POL	2000	M20	583	04:42:49	04:37:07	3505
		5km:00:28:24| 10km:00:56:49| 15km: 01:26:11 | 20km:01:57:53 | 21km:02:05:11 | 25km:02:29:52 | 30km:03:07:58 | 35km:03:44:14 | 40km:04:21:54									
4100	12001	**SZYMCZAK** Jacek	ZĄBKI	Biegające Ząbki	POL	1980	M40	1241	04:43:23	04:37:10	3508
		5km:00:28:57| 10km:00:58:11| 15km: 01:27:47 | 20km:01:58:18 | 21km:02:04:56 | 25km:02:30:28 | 30km:03:04:47 | 35km:03:44:40 | 40km:04:22:32									
4101	8353	**MORGIEL** Łukasz	KROTOSZYN	wolne ptaki	POL	1988	M30	1169	04:42:47	04:37:10	3508
		5km:00:27:25| 10km:00:55:43| 15km: 01:23:26 | 20km:01:53:23 | 21km:01:59:52 | 25km:02:25:51 | 30km:03:02:56 | 35km:03:38:14 | 40km:04:21:45									
4102	2222	**NIERODA** Ilona	BIAŁYSTOK		POL	1989	K30	226	04:44:21	04:37:11	593
		5km:00:31:45| 10km:01:05:22| 15km: 01:37:07 | 20km:02:12:09 | 21km:02:18:40 | 25km:02:44:58 | 30km:03:17:18 | 35km:03:50:05 | 40km:04:23:25									
4103	8437	**WIŚNIEWSKI** Andrzej	OTWOCK	Klub Biegacza PLL LOT	POL	1957	M60	87	04:45:37	04:37:13	3510
		5km:00:31:39| 10km:01:03:47| 15km: 01:37:44 | 20km:02:10:51 | 21km:02:17:55 | 25km:02:43:42 | 30km:03:17:02 | 35km:03:48:27 | 40km:04:22:34									
4104	6611	**WYROSLAK** Kamil	NIEDRZWICA DUŻA		POL	1985	M30	1170	04:45:53	04:37:18	3511
		5km:00:31:26| 10km:01:02:19| 15km: 01:33:26 | 20km:02:03:32 | 21km:02:09:53 | 25km:02:35:01 | 30km:03:07:49 | 35km:03:43:17 | 40km:04:21:43									
4105	3739	**FIGURSKA** Weronika	WARSZAWA		POL	1992	K30	227	04:43:42	04:37:20	594
		5km:00:29:21| 10km:00:59:06| 15km: 01:29:22 | 20km:02:00:16 | 21km:02:06:54 | 25km:02:32:31 | 30km:03:06:36 | 35km:03:43:14 | 40km:04:21:17									
4106	10649	**RUDNICKI** Ryszard	GDYNIA		POL	1958	M60	88	04:45:33	04:37:22	3512
		5km:00:31:51| 10km:01:03:38| 15km: 01:35:24 | 20km:02:06:59 | 21km:02:13:57 | 25km:02:39:34 | 30km:03:12:23 | 35km:03:46:17 | 40km:04:22:12									
4107	2253	**PIECHOCKA** Katarzyna	WARSZAWA	BWRUNNERS	POL	1982	K40	245	04:44:38	04:37:22	595
		5km:00:31:43| 10km:01:05:06| 15km: 01:37:49 | 20km:02:09:42 | 21km:02:16:35 | 25km:02:41:59 | 30km:03:14:29 | 35km:03:46:58 | 40km:04:23:48									
4108	3661	**FABROWICZ** Katarzyna	WARSZAWA		POL	1976	K40	246	04:45:18	04:37:23	596
		5km:00:31:55| 10km:01:03:22| 15km: 01:33:46 | 20km:02:05:56 | 21km:02:13:12 | 25km:02:38:32 | 30km:03:10:47 | 35km:03:46:16 | 40km:04:21:49									
4109	4010	**FRANIEWSKA** Adrianna	DOBRZYŃ		POL	1995	K20	83	04:46:27	04:37:23	596
		5km:00:31:59| 10km:01:04:37| 15km: 01:36:41 | 20km:02:07:47 | 21km:02:14:24 | 25km:02:39:15 | 30km:03:19:17 | 35km:03:51:13 | 40km:04:23:48									
4110	7787	**BARAŃSKI** Maciej	CYBULICE DUŻE		POL	1991	M30	1171	04:46:27	04:37:25	3513
		5km:00:32:04| 10km:01:04:38| 15km: 01:36:43 | 20km:02:07:46 | 21km:02:14:26 | 25km:02:39:17 | 30km:03:19:19 | 35km:03:51:15 | 40km:04:23:51									
4111	2215	**IWKIEWICZ** Tomasz	WARSZAWA		POL	1963	M60	89	04:43:17	04:37:29	3514
		5km:00:27:53| 10km:00:56:38| 15km: 01:26:07 | 20km:01:57:11 | 21km:02:04:09 | 25km:02:30:04 | 30km:03:05:17 | 35km:03:41:24 | 40km:04:20:46									
4112	15023	**PISKOVSKA** Vladyslava	WARSZAWA		UKR	2000	K20	84	04:46:05	04:37:31	598
		5km:00:32:11| 10km:01:04:20| 15km: 01:36:18 | 20km:02:08:12 | 21km:02:15:07 | 25km:02:40:36 | 30km:03:12:23 | 35km:03:44:17 | 40km:04:21:54									
4113	3845	**KOZIARA** Grzegorz	TARNOWSKIE GÓRY	HilfeMed Wrocław	POL	1956	M60	90	04:45:26	04:37:34	3515
		5km:00:31:03| 10km:01:02:23| 15km: 01:33:27 | 20km:02:05:15 | 21km:02:12:05 | 25km:02:37:19 | 30km:03:10:31 | 35km:03:42:53 | 40km:04:20:07									
4114	6541	**DĄBROWSKI** Marcin	PRUSZKÓW		POL	1987	M30	1172	04:44:17	04:37:38	3516
		5km:00:29:52| 10km:00:59:30| 15km: 01:28:36 | 20km:01:57:56 | 21km:02:04:18 | 25km:02:27:53 | 30km:03:02:15 | 35km:03:40:18 | 40km:04:22:07									
4115	6561	**KASZYŃSKI** Dawid	WARSZAWA		POL	2002	M20	584	04:41:00	04:37:38	3516
		5km:00:28:34| 10km:00:55:44| 15km: 01:22:58 | 20km:01:50:18 | 21km:01:56:15 | 25km:02:18:01 | 30km:02:51:15 | 35km:03:32:08 | 40km:04:18:16									
4116	13052	**CZAJKA** Marcin	WARSZAWA	KKK Ippon	POL	1976	M40	1242	04:44:21	04:37:40	3518
		5km:00:29:22| 10km:00:58:43| 15km: 01:28:17 | 20km:01:58:25 | 21km:02:04:54 | 25km:02:29:15 | 30km:03:02:02 | 35km:03:38:25 | 40km:04:20:45									
4117	2291	**ŚWIERCZ** Jacek	WARSZAWA		POL	1979	M40	1242	04:45:47	04:37:40	3518
		5km:00:29:27| 10km:00:58:34| 15km: 01:27:54 | 20km:01:59:34 | 21km:02:06:00 | 25km:02:31:39 | 30km:03:06:59 | 35km:03:45:58 | 40km:04:23:00									
4118	7568	**MIODUSZEWSKA** Emilia	WARSZAWA		POL	1986	K30	228	04:44:45	04:37:42	599
		5km:00:32:36| 10km:01:04:28| 15km: 01:35:45 | 20km:02:08:25 | 21km:02:15:24 | 25km:02:40:45 | 30km:03:14:11 | 35km:03:48:07 | 40km:04:23:45									
4119	3552	**GRABOWSKI** Łukasz	WARSZAWA		POL	1989	M30	1173	04:47:35	04:37:44	3520
		5km:00:32:51| 10km:01:05:34| 15km: 01:37:02 | 20km:02:07:50 | 21km:02:14:32 | 25km:02:39:38 | 30km:03:11:48 | 35km:03:46:06 | 40km:04:22:41									
4120	5316	**PIERZCHANOWSKI** Maciej	TOPÓR	10 Warszawski Pułk Samochodowy	POL	1977	M40	1244	04:45:05	04:37:45	3521
		5km:00:29:45| 10km:00:59:05| 15km: 01:30:13 | 20km:02:01:13 | 21km:02:07:36 | 25km:02:31:43 | 30km:03:04:35 | 35km:03:41:24 | 40km:04:22:27									
4121	7749	**MAREK** Przemysław	KLECZEW		POL	1977	M40	1245	04:44:54	04:37:49	3522
		5km:00:31:16| 10km:01:03:20| 15km: 01:35:07 | 20km:02:07:11 | 21km:02:14:00 | 25km:02:38:54 | 30km:03:12:18 | 35km:03:47:14 | 40km:04:23:05									
4122	3932	**GUILLEMIN** Emmanuel	WARSZAWA		FRA	1976	M40	1246	04:41:14	04:37:53	3523
		5km:00:28:31| 10km:00:55:47| 15km: 01:22:58 | 20km:01:50:18 | 21km:01:56:14 | 25km:02:17:42 | 30km:02:52:24 | 35km:03:35:11 | 40km:04:19:09									
4123	4009	**KALINOWSKI** Adam	WARSZAWA		POL	1977	M40	1247	04:46:28	04:37:56	3524
		5km:00:31:00| 10km:01:01:57| 15km: 01:34:38 | 20km:02:04:18 | 21km:02:10:36 | 25km:02:36:01 | 30km:03:08:07 | 35km:03:45:36 | 40km:04:23:14									
4124	5106	**PARANIAK** Jan	HUDDINGE	Boraas LK	SWE	1950	M70	7	04:46:24	04:37:57	3525
		5km:00:31:02| 10km:01:02:25| 15km: 01:33:13 | 20km:02:04:45 | 21km:02:11:31 | 25km:02:36:47 | 30km:03:09:59 | 35km:03:43:07 | 40km:04:21:23									
4125	6007	**MILER** Radosław Jacek	WARSZAWA	Tyskie Stowarzyszenie Sportowe	POL	1975	M40	1248	04:44:01	04:37:59	3526
		5km:00:29:44| 10km:01:00:08| 15km: 01:31:12 | 20km:02:02:52 | 21km:02:09:58 | 25km:02:35:35 | 30km:03:09:33 | 35km:03:45:44 | 40km:04:22:28									
4126	4112	**TRAUTSOLT** Julita	GDAŃSK		POL	1993	K30	229	04:42:28	04:38:00	600
		5km:00:29:24| 10km:00:59:24| 15km: 01:30:10 | 20km:02:00:39 | 21km:02:07:15 | 25km:02:31:54 | 30km:03:05:12 | 35km:03:41:35 | 40km:04:21:36									
4127	6164	**TRZOS** Daria	CZERWIONKA-LESZCZYNY	Pędzące Żółwie, Fest Ultra	POL	1985	K30	229	04:41:10	04:38:00	600
		5km:00:29:36| 10km:00:59:46| 15km: 01:29:55 | 20km:02:00:46 | 21km:02:07:24 | 25km:02:32:18 | 30km:03:08:39 | 35km:03:43:29 | 40km:04:23:16									
4128	6098	**SAWASZKIEWICZ** Ludmiła	GÓRA SIEWIERSKA		POL	1977	K40	247	04:47:30	04:38:01	602
		5km:00:34:00| 10km:01:07:14| 15km: 01:40:34 | 20km:02:14:18 | 21km:02:21:36 | 25km:02:45:39 | 30km:03:17:15 | 35km:03:49:18 | 40km:04:23:18									
4129	6539	**SIWIAK** Marcin	WARSZAWA	PKP Intercity Running Team	POL	1983	M40	1249	04:40:45	04:38:01	3527
		5km:00:26:34| 10km:00:53:10| 15km: 01:19:34 | 20km:01:48:37 | 21km:01:55:12 | 25km:02:21:40 | 30km:02:58:11 | 35km:03:35:43 | 40km:04:20:17									
4130	7546	**WYSOCKA** Magdalena	PACÓŁTOWO	PGB Sportowa Paczka	POL	1978	K40	248	04:45:43	04:38:02	603
		5km:00:30:51| 10km:01:01:15| 15km: 01:32:05 | 20km:02:02:15 | 21km:02:08:56 | 25km:02:33:11 | 30km:03:07:19 | 35km:03:41:44 | 40km:04:21:36									
4131	3595	**DETKO** Artur	LEGIONOWO	niezrzeszony	POL	1947	M70	8	04:45:34	04:38:03	3528
		5km:00:31:42| 10km:01:04:14| 15km: 01:35:39 | 20km:02:07:55 | 21km:02:14:41 | 25km:02:41:00 | 30km:03:14:17 | 35km:03:48:35 | 40km:04:23:28									
4132	6174	**WACHNICKA** Magdalena	OPOLE		POL	1980	K40	249	04:45:18	04:38:05	604
		5km:00:29:18| 10km:00:58:41| 15km: 01:27:19 | 20km:01:56:33 | 21km:02:02:52 | 25km:02:26:30 | 30km:02:58:23 | 35km:03:35:17 | 40km:04:18:51									
4133	3994	**ROSIAK** Jacek	SŁUPSK	Pędzące ślimaki !	POL	1974	M40	1250	04:46:29	04:38:10	3529
		5km:00:33:19| 10km:01:06:02| 15km: 01:39:07 | 20km:02:12:27 | 21km:02:19:32 | 25km:02:45:19 | 30km:03:17:36 | 35km:03:50:34 | 40km:04:24:01									
4134	2557	**MIKULSKI** Damian	WARSZAWA	Team ZabieganeDni	POL	1980	M40	1251	04:44:18	04:38:13	3530
		5km:00:29:18| 10km:00:58:43| 15km: 01:27:36 | 20km:01:56:53 | 21km:02:03:18 | 25km:02:26:26 | 30km:03:03:50 | 35km:03:42:17 | 40km:04:22:26									
4135	10263	**POLOK** Sebastian	CHORZÓW		POL	1974	M40	1252	04:45:57	04:38:15	3531
		5km:00:32:12| 10km:01:03:36| 15km: 01:34:01 | 20km:02:06:10 | 21km:02:13:27 | 25km:02:38:45 | 30km:03:11:00 | 35km:03:42:44 | 40km:04:20:48									
4136	10493	**KAWKA** Łukasz	WARSZAWA	Sofitel Warsaw Victoria	POL	1993	M30	1174	04:39:27	04:38:16	3532
		5km:00:24:35| 10km:00:49:20| 15km: 01:14:09 | 20km:01:40:42 | 21km:01:47:02 | 25km:02:13:43 | 30km:02:56:11 | 35km:03:35:51 | 40km:04:21:17									
4137	6016	**BIAŁY** Michał	WARSZAWA	Orange Polska/Polorapido	POL	1988	M30	1174	04:39:50	04:38:16	3532
		5km:00:26:37| 10km:00:54:10| 15km: 01:21:56 | 20km:01:50:37 | 21km:01:57:03 | 25km:02:22:56 | 30km:03:03:35 | 35km:03:43:59 | 40km:04:23:25									
4138	3555	**ŻMIGRODZKA** Anna	JÓZEFÓW		POL	2000	K20	85	04:46:15	04:38:18	605
		5km:00:31:53| 10km:01:03:24| 15km: 01:35:00 | 20km:02:07:49 | 21km:02:15:03 | 25km:02:40:57 | 30km:03:14:53 | 35km:03:48:47 | 40km:04:24:12									
4139	6193	**ZIOŁO** Mariusz	KIELCE		POL	1974	M40	1253	04:44:48	04:38:20	3534
		5km:00:31:05| 10km:01:02:29| 15km: 01:33:50 | 20km:02:07:05 | 21km:02:13:26 | 25km:02:38:14 | 30km:03:11:43 | 35km:03:46:15 | 40km:04:22:25									
4140	5023	**ROJEK-ZIOŁO** Agnieszka	KIELCE		POL	1972	K50	39	04:44:48	04:38:21	606
		5km:00:31:06| 10km:01:02:29| 15km: 01:33:52 | 20km:02:05:42 | 21km:02:12:30 | 25km:02:38:15 | 30km:03:11:44 | 35km:03:46:17 | 40km:04:22:27									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4141	6030	**JANKOWSKI Konrad**	WARSZAWA		POL	1993	M30	1176	04:43:38	04:38:22	3535
		5km:00:28:19| 10km:00:56:51| 15km:01:25:00 | 20km:01:53:39 | 21km:01:59:57 | 25km:02:25:38 | 30km:03:02:14 | 35km:03:42:05 | 40km:04:24:17									
4142	10494	**PIECZARKA Franciszek**	SOBOTA		POL	1960	M60	91	04:40:00	04:38:23	3536
		5km:00:26:00| 10km:00:53:03| 15km:01:21:45 | 20km:01:51:56 | 21km:01:58:46 | 25km:02:24:19 | 30km:02:58:37 | 35km:03:37:03 | 40km:04:20:57									
4143	4604	**KONDRAWCEW Krzysztof**	ŚWIĘCICE		POL	1974	M40	1254	04:43:24	04:38:24	3537
		5km:00:29:07| 10km:00:57:53| 15km:01:26:59 | 20km:01:57:34 | 21km:02:04:05 | 25km:02:29:41 | 30km:03:04:38 | 35km:03:43:25 | 40km:04:23:49									
4144	4193	**KOŹLICZAK Patrick**	WARSZAWA	BWRUNNERS	POL	1993	M30	1177	04:45:20	04:38:26	3538
		5km:00:31:39| 10km:01:03:27| 15km:01:34:40 | 20km:02:05:41 | 21km:02:12:28 | 25km:02:37:22 | 30km:03:10:30 | 35km:03:46:53 | 40km:04:24:31									
4145	6155	**BEDNARCZYK Mariusz**	WARSZAWA	Sraz Miejska Warszawa	POL	1970	M50	425	04:46:11	04:38:27	3539
		5km:00:31:43| 10km:01:03:16| 15km:01:33:54 | 20km:02:05:29 | 21km:02:12:15 | 25km:02:37:45 | 30km:03:10:35 | 35km:03:45:37 | 40km:04:23:57									
4146	6432	**KURLEJ Mariusz**	GRYFINO	KB HERMES GRYFINO	POL	1968	M50	425	04:43:10	04:38:27	3539
		5km:00:31:18| 10km:01:04:58| 15km:01:37:29 | 20km:02:11:40 | 21km:02:18:01 | 25km:02:42:52 | 30km:03:13:25 | 35km:03:46:07 | 40km:04:23:04									
4147	3530	**JĘDRYKA Grzegorz**	KRAKÓW		POL	1968	M50	427	04:45:14	04:38:32	3541
		5km:00:29:32| 10km:00:58:00| 15km:01:26:52 | 20km:01:55:01 | 21km:02:00:59 | 25km:02:23:08 | 30km:02:52:54 | 35km:03:30:24 | 40km:04:15:35									
4148	3409	**PILZAK Marcin**	WARSZAWA		POL	1977	M40	1255	04:48:06	04:38:34	3542
		5km:00:33:08| 10km:01:06:12| 15km:01:39:01 | 20km:02:11:43 | 21km:02:18:48 | 25km:02:44:44 | 30km:03:18:49 | 35km:03:51:16 | 40km:04:24:17									
4149	6608	**RYAN Colm**	WARSZAWA		IRL	1996	M20	585	04:42:55	04:38:35	3543
		5km:00:28:32| 10km:00:56:42| 15km:01:24:20 | 20km:01:53:05 | 21km:01:59:17 | 25km:02:26:15 | 30km:03:04:25 | 35km:03:43:42 | 40km:04:23:42									
4150	2447	**KARA Osman Ozgur**	WARSZAWA		TUR	1977	M40	1256	04:47:08	04:38:37	3544
		5km:00:31:35| 10km:01:03:19| 15km:01:35:18 | 20km:02:07:40 | 21km:02:14:34 | 25km:02:39:20 | 30km:03:11:59 | 35km:03:45:54 | 40km:04:23:31									
4151	8048	**MÓRAWSKI Maciej**	OSTRÓW MAZOWIECKA		POL	1992	M30	1178	04:43:39	04:38:37	3544
		5km:00:28:16| 10km:00:56:38| 15km:01:24:21 | 20km:01:52:35 | 21km:01:58:42 | 25km:02:23:21 | 30km:03:00:52 | 35km:03:39:55 | 40km:04:22:49									
4152	10593	**FALKOWSKI Łukasz**	WARSZAWA		POL	1990	M30	1179	04:46:08	04:38:39	3546
		5km:00:32:04| 10km:01:03:56| 15km:01:35:35 | 20km:02:07:52 | 21km:02:15:22 | 25km:02:40:27 | 30km:03:12:55 | 35km:03:47:47 | 40km:04:23:46									
4153	3801	**OLSZEWSKA Dorota**	WARSZAWA	Bractwo biegowe BGK	POL	1979	K40	250	04:45:18	04:38:39	607
		5km:00:29:07| 10km:01:00:14| 15km:01:31:52 | 20km:02:04:22 | 21km:02:11:34 | 25km:02:38:00 | 30km:03:12:26 | 35km:03:48:15 | 40km:04:23:31									
4154	6609	**SWEENEY Vincent**	LEITRIM		IRL	2000	M20	586	04:42:59	04:38:40	3547
		5km:00:28:33| 10km:00:56:42| 15km:01:24:21 | 20km:01:53:01 | 21km:01:59:17 | 25km:02:26:15 | 30km:03:04:27 | 35km:03:43:41 | 40km:04:23:41									
4155	6797	**ŚWIDERSKI Wojciech**	LIBIDZA		POL	1993	M30	1180	04:43:31	04:38:41	3548
		5km:00:29:59| 10km:01:01:04| 15km:01:32:25 | 20km:02:04:22 | 21km:02:11:08 | 25km:02:36:55 | 30km:03:10:51 | 35km:03:46:32 | 40km:04:25:18									
4156	7672	**GÓRSKI Marian**	SOLEC KUJAWSKI	Po prostu Marian	POL	1957	M60	92	04:42:28	04:38:42	3549
		5km:00:29:39| 10km:00:59:10| 15km:01:29:12 | 20km:02:00:23 | 21km:02:07:18 | 25km:02:31:14 | 30km:03:01:31 | 35km:03:33:25 | 40km:04:14:35									
4157	10456	**AMBROZIAK Sebastian**	ŁÓDŹ	ROSSMANN	POL	1987	M30	1181	04:46:07	04:38:50	3550
		5km:00:30:32| 10km:01:01:42| 15km:01:31:45 | 20km:02:02:05 | 21km:02:08:41 | 25km:02:33:02 | 30km:03:04:50 | 35km:03:41:46 | 40km:04:22:00									
4158	3783	**DANELSKI Dominik**	WARSZAWA		POL	2000	M20	587	04:45:41	04:38:51	3551
		5km:00:30:26| 10km:01:01:07| 15km:01:31:22 | 20km:02:01:46 | 21km:02:08:20 | 25km:02:32:19 | 30km:03:05:57 | 35km:03:43:21 | 40km:04:23:17									
4159	8443	**PIWEK Mariola**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1989	K30	231	04:47:46	04:38:55	608
		5km:00:33:01| 10km:01:04:40| 15km:01:35:12 | 20km:02:05:50 | 21km:02:12:24 | 25km:02:37:20 | 30km:03:09:51 | 35km:03:44:33 | 40km:04:23:38									
4160	3769	**KAMIŃSKI Tomasz**	WARSZAWA	Maratończycy	POL	1996	M20	588	04:46:37	04:38:58	3552
		5km:00:31:35| 10km:01:03:02| 15km:01:37:23 | 20km:02:08:34 | 21km:02:15:22 | 25km:02:40:15 | 30km:03:13:55 | 35km:03:48:46 | 40km:04:23:58									
4161	2409	**BANASIK Marcin**	WARSZAWA	Maratończycy	POL	1996	M20	589	04:46:39	04:39:00	3553
		5km:00:31:32| 10km:01:02:57| 15km:01:34:06 | 20km:02:05:26 | 21km:02:12:09 | 25km:02:36:51 | 30km:03:08:57 | 35km:03:42:55 | 40km:04:23:57									
4162	12008	**BOBROWSKI Marcin**	WARSZAWA		POL	1971	M50	428	04:47:38	04:39:01	3554
		5km:00:32:28| 10km:01:03:44| 15km:01:35:26 | 20km:02:07:35 | 21km:02:14:21 | 25km:02:39:49 | 30km:03:13:02 | 35km:03:46:18 | 40km:04:22:52									
4163	3280	**WOLNY Michał**	WARSZAWA		POL	1969	M50	429	04:46:37	04:39:06	3555
		5km:00:28:18| 10km:00:57:27| 15km:01:26:10 | 20km:01:55:04 | 21km:02:01:21 | 25km:02:25:14 | 30km:02:57:08 | 35km:03:33:36 | 40km:04:20:26									
4164	4107	**OSEWSKI Paweł**	WARSZAWA		POL	1984	M30	1182	04:45:42	04:39:07	3556
		5km:00:29:51| 10km:00:59:11| 15km:01:27:48 | 20km:01:56:38 | 21km:02:02:48 | 25km:02:26:22 | 30km:03:00:24 | 35km:03:37:54 | 40km:04:21:19									
4165	8197	**JAROSIŃSKI Łukasz**	KRZEWINA	adidas Runners Warsaw / Tańczące Muchomorki	POL	1976	M40	1257	04:44:51	04:39:07	3556
		5km:00:29:39| 10km:00:58:49| 15km:01:28:00 | 20km:01:57:47 | 21km:02:04:13 | 25km:02:28:40 | 30km:03:03:45 | 35km:03:43:42 | 40km:04:23:33									
4166	10760	**JASKOWIAK Hubert**	PIASECZNO		POL	1984	M30	1183	04:45:42	04:39:08	3558
		5km:00:29:52| 10km:00:59:13| 15km:01:27:47 | 20km:01:56:35 | 21km:02:02:49 | 25km:02:29:01 | 30km:03:08:03 | 35km:03:43:47 | 40km:04:21:21									
4167	6747	**ŁĘPICKI Dariusz**	WARSZAWA		POL	1990	M30	1184	04:42:54	04:39:09	3559
		5km:00:28:33| 10km:00:57:13| 15km:01:26:39 | 20km:01:56:14 | 21km:02:02:55 | 25km:02:27:50 | 30km:03:01:52 | 35km:03:40:16 | 40km:04:21:32									
4168	5276	**KUBALA Zuzanna**	WARSZAWA		POL	2001	K20	86	04:46:15	04:39:10	609
		5km:00:30:41| 10km:01:02:23| 15km:01:34:15 | 20km:02:05:47 | 21km:02:12:44 | 25km:02:38:10 | 30km:03:11:19 | 35km:03:44:10 | 40km:04:23:31									
4169	8343	**OSEWSKI Michał**	WARSZAWA		POL	1988	M30	1185	04:45:42	04:39:10	3560
		5km:00:29:54| 10km:00:59:39| 15km:01:29:16 | 20km:01:58:58 | 21km:02:05:28 | 25km:02:29:04 | 30km:03:00:27 | 35km:03:37:56 | 40km:04:21:22									
4170	3594	**PIEKARZ Marcel**	WARSZAWA		POL	1998	M20	590	04:46:42	04:39:13	3561
		5km:00:30:12| 10km:01:00:41| 15km:01:30:49 | 20km:02:01:05 | 21km:02:07:44 | 25km:02:31:43 | 30km:03:05:51 | 35km:03:44:27 | 40km:04:23:08									
4171	6117	**ZAGOZDZON Wioleta**	SOLEC KUJAWSKI	Soleccy biegacze	POL	1984	K30	232	04:46:43	04:39:14	610
		5km:00:31:42| 10km:01:02:56| 15km:01:34:04 | 20km:02:05:46 | 21km:02:12:39 | 25km:02:38:15 | 30km:03:13:15 | 35km:03:48:56 | 40km:04:24:59									
4172	4075	**PRZYBOROWSKI Adam**	WARSZAWA		POL	1992	M30	1186	04:44:30	04:39:21	3562
		5km:00:28:27| 10km:00:56:58| 15km:01:25:06 | 20km:01:54:00 | 21km:02:00:35 | 25km:02:29:27 | 30km:03:08:55 | 35km:03:48:42 | 40km:04:25:36									
4173	6145	**ZALEWSKI Marcin**	WARSZAWA	Canor Anticus	POL	1952	M70	9	04:48:35	04:39:21	3562
		5km:00:31:25| 10km:01:04:31| 15km:01:36:55 | 20km:02:09:02 | 21km:02:16:06 | 25km:02:41:17 | 30km:03:13:32 | 35km:03:46:37 | 40km:04:22:13									
4174	12025	**GŁOWACKI Maciej**	WŁOCŁAWEK		POL	1969	M50	430	04:48:16	04:39:23	3564
		5km:00:33:54| 10km:01:08:16| 15km:01:41:58 | 20km:02:14:48 | 21km:02:21:54 | 25km:02:48:38 | 30km:03:21:32 | 35km:03:53:23 | 40km:04:25:56									
4175	6070	**KOWALSKA Agata**	WARSZAWA		POL	1995	K20	87	04:48:07	04:39:23	611
		5km:00:30:44| 10km:01:01:25| 15km:01:32:02 | 20km:02:03:10 | 21km:02:09:58 | 25km:02:34:59 | 30km:03:09:25 | 35km:03:45:02 | 40km:04:23:52									
4176	7406	**MUCHA Daria**	CHEŁM		POL	1991	K30	233	04:43:19	04:39:24	612
		5km:00:27:10| 10km:00:54:33| 15km:01:21:55 | 20km:01:49:26 | 21km:01:55:27 | 25km:02:17:24 | 30km:02:51:57 | 35km:03:33:15 | 40km:04:23:00									
4177	10725	**TAYLOR Claire-Louise**	LONDON		GBR	1972	K50	40	04:45:52	04:39:25	613
		5km:00:29:36| 10km:01:00:57| 15km:01:31:47 | 20km:02:03:47 | 21km:02:10:39 | 25km:02:37:04 | 30km:03:11:15 | 35km:03:46:28 | 40km:04:24:39									
4178	6744	**RZEMIŃSKA Kinga**	STRÓŻE		POL	2000	K20	88	04:48:23	04:39:28	614
		5km:00:30:44| 10km:01:01:31| 15km:01:32:22 | 20km:02:02:59 | 21km:02:09:30 | 25km:02:33:30 | 30km:03:05:36 | 35km:03:40:20 | 40km:04:22:41									
4179	8386	**SŁONKA Jakub**	MYSŁOWICE		POL	1986	M30	1187	04:48:03	04:39:28	3565
		5km:00:31:17| 10km:01:03:39| 15km:01:35:35 | 20km:02:07:42 | 21km:02:14:37 | 25km:02:40:19 | 30km:03:13:23 | 35km:03:48:10 | 40km:04:24:31									
4180	4666	**KUCHARSKI Adam**	WARSZAWA		POL	1979	M40	1258	04:48:13	04:39:29	3566
		5km:00:33:06| 10km:01:06:14| 15km:01:38:47 | 20km:02:10:28 | 21km:02:17:11 | 25km:02:42:14 | 30km:03:14:09 | 35km:03:48:08 | 40km:04:24:01									
4181	8463	**JĘDRZEJCZAK Anna**	WARSZAWA		POL	1968	K50	41	04:48:12	04:39:29	615
		5km:00:33:07| 10km:01:06:14| 15km:01:38:48 | 20km:02:10:29 | 21km:02:17:11 | 25km:02:42:14 | 30km:03:14:10 | 35km:03:48:09 | 40km:04:24:01									
4182	10669	**TALAROWSKI Jacek**	WARSZAWA		POL	1976	M40	1259	04:47:05	04:39:30	3567
		5km:00:31:46| 10km:01:04:52| 15km:01:38:00 | 20km:02:10:48 | 21km:02:17:57 | 25km:02:44:04 | 30km:03:17:18 | 35km:03:50:23 | 40km:04:25:05									
4183	2328	**KAMIŃSKI Marek**	CARTAMA ESTACION		POL	1975	M40	1260	04:41:52	04:39:32	3568
		5km:00:26:06| 10km:00:54:20| 15km:01:22:58 | 20km:01:53:02 | 21km:01:59:31 | 25km:02:24:59 | 30km:03:02:30 | 35km:03:43:22 | 40km:04:23:23									
4184	4637	**KOZERA Pawel**	MIECHOW		POL	1986	M30	1188	04:45:33	04:39:32	3568
		5km:00:30:59| 10km:01:02:53| 15km:01:34:49 | 20km:02:07:08 | 21km:02:14:13 | 25km:02:39:41 | 30km:03:13:10 | 35km:03:47:15 | 40km:04:24:00									
4185	8451	**KOZERA Ewa**	MIECHÓW		POL	1987	K30	234	04:45:33	04:39:32	616
		5km:00:31:00| 10km:01:02:53| 15km:01:34:49 | 20km:02:07:09 | 21km:02:14:13 | 25km:02:39:44 | 30km:03:13:09 | 35km:03:47:16 | 40km:04:24:04									
4186	4011	**KALISZAN Damian**	POZNAŃ		POL	1976	M40	1261	04:46:31	04:39:35	3570
		5km:00:31:12| 10km:01:01:56| 15km:01:32:32 | 20km:02:03:48 | 21km:02:10:33 | 25km:02:35:47 | 30km:03:09:15 | 35km:03:44:41 | 40km:04:24:47									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:27 | 10km:01:00:13 | 15km: 01:29:38 | 20km:01:59:03 | 21km:02:05:29 | 25km:02:28:58 | 30km:02:59:56 | 35km:03:38:17 | 40km:04:22:07									
4187	5315	**SEKUŁA Cezary**	WAGANIEC	Zespół Szkół Samochodowych we Włocławku	POL	2005	M20	591	04:47:20	04:39:35	3570
		5km:00:33:11 | 10km:01:06:17 | 15km: 01:38:20 | 20km:02:10:16 | 21km:02:17:13 | 25km:02:43:02 | 30km:03:16:58 | 35km:03:50:19 | 40km:04:25:17									
4188	10369	**CIERPIAŁ Rafał**	ŁÓDŹ		POL	1977	M40	1262	04:48:10	04:39:37	3572
		5km:00:30:25 | 10km:01:01:37 | 15km: 01:33:26 | 20km:02:05:11 | 21km:02:12:02 | 25km:02:37:44 | 30km:03:11:02 | 35km:03:44:08 | 40km:04:23:35									
4189	2058	**GETEK Milena**	WARSZAWA	Off-road Runners Benefit Systems	POL	1990	K30	235	04:47:01	04:39:38	617
		5km:00:30:35 | 10km:01:02:41 | 15km: 01:33:58 | 20km:02:05:41 | 21km:02:12:28 | 25km:02:37:49 | 30km:03:12:03 | 35km:03:47:56 | 40km:04:25:52									
4190	2930	**STAWICKI Karol**	WRZEŚNIA		POL	1977	M40	1263	04:47:07	04:39:38	3573
		5km:00:26:24 | 10km:00:53:34 | 15km: 01:21:22 | 20km:01:50:02 | 21km:01:56:22 | 25km:02:20:18 | 30km:02:57:09 | 35km:03:43:57 | 40km:04:24:44									
4191	4631	**SERWATKA Piotr**	ŁÓDŹ	Commerzbank Running Team	POL	1973	M50	431	04:44:49	04:39:38	3573
		5km:00:31:19 | 10km:01:03:43 | 15km: 01:34:29 | 20km:02:06:22 | 21km:02:13:14 | 25km:02:38:24 | 30km:03:12:01 | 35km:03:47:12 | 40km:04:24:04									
4192	5323	**DĄBROWSKI Rafał**	WARSZAWA	Wirujące Korby	POL	1974	M40	1263	04:46:58	04:39:38	3573
		5km:00:30:35 | 10km:01:02:42 | 15km: 01:33:58 | 20km:02:05:41 | 21km:02:12:29 | 25km:02:37:49 | 30km:03:12:04 | 35km:03:47:56 | 40km:04:25:54									
4193	2929	**JERZAK Szymon**	WRZEŚNIA		POL	1975	M40	1265	04:47:08	04:39:39	3576
		5km:00:29:16 | 10km:00:59:33 | 15km: 01:29:45 | 20km:02:02:42 | 21km:02:09:38 | 25km:02:36:01 | 30km:03:11:16 | 35km:03:47:30 | 40km:04:24:51									
4194	2560	**PLEWA Natalia**	OBORNIKI		POL	1982	K40	251	04:45:08	04:39:42	618
		5km:00:30:14 | 10km:01:01:42 | 15km: 01:33:21 | 20km:02:05:20 | 21km:02:12:26 | 25km:02:38:18 | 30km:03:12:15 | 35km:03:47:04 | 40km:04:22:52									
4195	7238	**LASKOWSKI Artur**	PRUSZKÓW	Buniol Team	POL	1985	M30	1189	04:46:33	04:39:45	3577
		5km:00:30:34 | 10km:01:01:09 | 15km: 01:31:15 | 20km:02:02:37 | 21km:02:09:16 | 25km:02:34:22 | 30km:03:07:32 | 35km:03:43:10 | 40km:04:23:27									
4196	10322	**SEMKŁO Dariusz**	SULECHOW		POL	1972	M50	432	04:46:47	04:39:49	3578
		5km:00:30:21 | 10km:01:00:34 | 15km: 01:30:34 | 20km:02:00:41 | 21km:02:07:13 | 25km:02:32:00 | 30km:03:04:53 | 35km:03:42:07 | 40km:04:22:56									
4197	4113	**PAPIEŻ Bartosz**	NOWY SĄCZ		POL	1990	M30	1190	04:46:02	04:39:49	3578
		5km:00:29:49 | 10km:00:59:46 | 15km: 01:29:39 | 20km:01:59:45 | 21km:02:06:11 | 25km:02:30:49 | 30km:03:04:36 | 35km:03:44:27 | 40km:04:24:35									
4198	7146	**RUTKOWSKI Sławomir**	WARSZAWA		POL	1959	M60	93	04:44:31	04:39:50	3580
		5km:00:28:21 | 10km:00:57:04 | 15km: 01:26:21 | 20km:01:56:40 | 21km:02:03:18 | 25km:02:27:54 | 30km:03:00:25 | 35km:03:36:24 | 40km:04:21:21									
4199	13505	**SZPADZIK Jarosław**	MARKI	Markowi Biegacze	POL	1987	M30	1191	04:49:52	04:39:51	3581
		5km:00:33:15 | 10km:01:05:12 | 15km: 01:37:16 | 20km:02:08:32 | 21km:02:15:23 | 25km:02:40:55 | 30km:03:13:22 | 35km:03:47:30 | 40km:04:23:49									
4200	2912	**SCHABOWSKI Sylwester**	WARSZAWA		POL	1977	M40	1266	04:49:30	04:39:55	3582
		5km:00:32:47 | 10km:01:05:45 | 15km: 01:38:11 | 20km:02:10:04 | 21km:02:17:11 | 25km:02:43:13 | 30km:03:16:45 | 35km:03:50:51 | 40km:04:26:02									
4201	10178	**KUREK Artur**	WARSZAWA		POL	1987	M30	1192	04:47:34	04:39:57	3583
		5km:00:31:04 | 10km:01:03:00 | 15km: 01:34:57 | 20km:02:07:16 | 21km:02:14:01 | 25km:02:39:50 | 30km:03:13:20 | 35km:03:48:45 | 40km:04:24:05									
4202	3214	**BĄK Tatiana**	KALISZ		POL	1989	K30	236	04:47:53	04:40:00	619
		5km:00:27:11 | 10km:00:55:20 | 15km: 01:23:44 | 20km:01:54:49 | 21km:02:00:58 | 25km:02:26:28 | 30km:03:04:12 | 35km:03:42:21 | 40km:04:23:37									
4203	4601	**GORTAT Mateusz**	WARSZAWA		POL	1992	M30	1193	04:49:44	04:40:01	3584
		5km:00:26:41 | 10km:00:54:21 | 15km: 01:24:22 | 20km:01:57:17 | 21km:02:04:55 | 25km:02:32:49 | 30km:03:10:24 | 35km:03:46:48 | 40km:04:24:56									
4204	3570	**WYPYCH Agnieszka**	KRAKÓW		POL	1976	K40	252	04:43:28	04:40:02	620
		5km:00:32:29 | 10km:01:04:38 | 15km: 01:35:58 | 20km:02:07:18 | 21km:02:14:22 | 25km:02:39:13 | 30km:03:11:23 | 35km:03:45:11 | 40km:04:24:44									
4205	8339	**WŁODARCZYK Kamil**	SOCHACZEW	Dragon fight club	POL	2004	M20	592	04:49:39	04:40:03	3585
		5km:00:30:16 | 10km:01:00:41 | 15km: 01:31:34 | 20km:02:01:19 | 21km:02:07:49 | 25km:02:32:45 | 30km:03:06:51 | 35km:03:44:06 | 40km:04:24:39									
4206	7158	**KRYSKA Arkadiusz**	SUŁKOWICE		POL	2003	M20	593	04:42:24	04:40:04	3586
		5km:00:33:31 | 10km:01:06:03 | 15km: 01:38:10 | 20km:02:10:18 | 21km:02:17:21 | 25km:02:43:21 | 30km:03:17:02 | 35km:03:50:27 | 40km:04:25:04									
4207	2902	**STARZEC-BARAN Monika**	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1982	K40	253	04:48:57	04:40:05	621
		5km:00:30:23 | 10km:01:00:30 | 15km: 01:30:51 | 20km:02:01:41 | 21km:02:08:29 | 25km:02:33:37 | 30km:03:07:30 | 35km:03:44:23 | 40km:04:24:14									
4208	2109	**POKRYSZKA Wojciech**	GLIWICE		POL	1992	M30	1194	04:47:30	04:40:06	3587
		5km:00:28:41 | 10km:00:57:12 | 15km: 01:25:56 | 20km:01:56:07 | 21km:02:02:54 | 25km:02:28:17 | 30km:03:03:07 | 35km:03:42:48 | 40km:04:23:59									
4209	6256	**ORZESZEK Piotr**	WARSZAWA		POL	1984	M30	1195	04:45:08	04:40:09	3588
		5km:00:33:13 | 10km:01:05:49 | 15km: 01:38:53 | 20km:02:12:24 | 21km:02:19:34 | 25km:02:44:41 | 30km:03:15:38 | 35km:03:49:24 | 40km:04:25:35									
4210	10609	**DENIZIAK Beata**	WIELGOLAS BRZEZIŃSKI		POL	1989	K30	237	04:48:41	04:40:12	622
		5km:00:31:46 | 10km:01:03:23 | 15km: 01:34:43 | 20km:02:06:03 | 21km:02:13:02 | 25km:02:38:01 | 30km:03:11:12 | 35km:03:46:17 | 40km:04:24:37									
4211	14514	**RADZICKI Jacek**	ŁÓDŹ	COBOUW ROAD RUNNERS	POL	1985	M30	1196	04:43:46	04:40:12	3589
		5km:00:28:32 | 10km:00:56:05 | 15km: 01:23:58 | 20km:01:51:44 | 21km:01:59:03 | 25km:02:24:02 | 30km:03:03:19 | 35km:03:42:48 | 40km:04:24:28									
4212	2995	**OLSZEWSKI Karol**	WARSZAWA		POL	1996	M20	594	04:47:16	04:40:12	3589
		5km:00:29:44 | 10km:00:59:36 | 15km: 01:29:11 | 20km:02:00:09 | 21km:02:06:21 | 25km:02:36:30 | 30km:03:07:48 | 35km:03:44:46 | 40km:04:26:08									
4213	2025	**WOSZTYL Tomasz**	WARSZAWA		POL	1993	M30	1197	04:44:46	04:40:15	3591
		5km:00:28:19 | 10km:00:56:50 | 15km: 01:25:05 | 20km:01:53:33 | 21km:01:59:59 | 25km:02:25:46 | 30km:03:04:17 | 35km:03:41:58 | 40km:04:24:27									
4214	2092	**KNUT Damian**	CZŁUCHÓW		POL	1977	M40	1267	04:50:00	04:40:16	3592
		5km:00:31:46 | 10km:01:03:07 | 15km: 01:33:53 | 20km:02:05:48 | 21km:02:12:48 | 25km:02:38:14 | 30km:03:10:47 | 35km:03:44:24 | 40km:04:24:40									
4215	12060	**NOWAK Łukasz**	SUCHY BÓR	Wieczorne Bieganie w Opolu	POL	1983	M40	1268	04:48:12	04:40:21	3593
		5km:00:30:34 | 10km:00:59:27 | 15km: 01:27:21 | 20km:01:56:09 | 21km:02:02:09 | 25km:02:26:20 | 30km:03:03:12 | 35km:03:44:37 | 40km:04:25:06									
4216	2217	**JURCZAK Łukasz**	KRAKÓW		POL	1996	M20	595	04:48:44	04:40:21	3593
		5km:00:27:14 | 10km:00:54:15 | 15km: 01:20:48 | 20km:01:47:19 | 21km:01:53:01 | 25km:02:14:04 | 30km:02:41:50 | 35km:03:11:42 | 40km:04:21:29									
4217	5110	**BECKETT Jamie**	RICKMANSWORTH		GBR	1999	M20	596	04:46:12	04:40:23	3595
		5km:00:28:51 | 10km:00:57:18 | 15km: 01:25:07 | 20km:01:53:03 | 21km:01:59:04 | 25km:02:21:51 | 30km:02:58:05 | 35km:03:44:16 | 40km:04:23:11									
4218	8017	**POMIRSKI Aleksander**	PIASECZNO		POL	2005	M20	596	04:43:14	04:40:23	3595
		5km:00:32:41 | 10km:01:06:11 | 15km: 01:38:01 | 20km:02:09:36 | 21km:02:16:24 | 25km:02:42:38 | 30km:03:15:55 | 35km:03:50:01 | 40km:04:25:25									
4219	6274	**NEJMAN Tomasz**	KRUSZEWNIA		POL	1974	M40	1269	04:42:58	04:40:26	3597
		5km:00:31:21 | 10km:01:02:27 | 15km: 01:33:28 | 20km:02:04:28 | 21km:02:11:17 | 25km:02:35:53 | 30km:03:08:32 | 35km:03:41:43 | 40km:04:21:47									
4220	15571	**ROGALSKA Justyna**	WARSZAWA	Pawkorunnerteam	POL	1987	K30	238	04:49:31	04:40:32	623
		5km:00:31:36 | 10km:01:04:56 | 15km: 01:38:16 | 20km:02:11:35 | 21km:02:18:52 | 25km:02:45:01 | 30km:03:18:31 | 35km:03:51:29 | 40km:04:26:15									
4221	4294	**KUROWSKI Jarosław**	WARSZAWA	MOYA	POL	1993	M30	1198	04:48:36	04:40:32	3598
		5km:00:31:52 | 10km:01:03:18 | 15km: 01:33:48 | 20km:02:05:09 | 21km:02:11:55 | 25km:02:37:08 | 30km:03:09:03 | 35km:03:45:46 | 40km:04:25:14									
4222	2449	**PORUSZEK Marta**	WARSZAWA		POL	1971	K50	42	04:50:29	04:40:36	624
		5km:00:28:36 | 10km:00:59:00 | 15km: 01:28:28 | 20km:01:58:46 | 21km:02:05:17 | 25km:02:30:49 | 30km:03:04:31 | 35km:03:42:47 | 40km:04:22:30									
4223	7930	**BIEGAJSKI Michał**	LESZNO		POL	1982	M40	1270	04:42:14	04:40:36	3599
		5km:00:27:20 | 10km:00:54:47 | 15km: 01:22:07 | 20km:01:50:00 | 21km:01:55:56 | 25km:02:18:47 | 30km:02:50:27 | 35km:03:34:34 | 40km:04:24:08									
4224	5256	**KRUPA Janusz**	MARKI	ORANGE POLSKA	POL	1969	M50	433	04:45:51	04:40:43	3600
		5km:00:28:31 | 10km:00:57:02 | 15km: 01:25:07 | 20km:01:53:47 | 21km:01:59:49 | 25km:02:24:37 | 30km:02:59:47 | 35km:03:40:58 | 40km:04:23:10									
4225	2445	**SIUDA Marek**	BYDGOSZCZ		POL	1973	M50	434	04:48:45	04:40:44	3601
		5km:00:29:27 | 10km:00:58:36 | 15km: 01:27:07 | 20km:01:56:26 | 21km:02:02:40 | 25km:02:27:13 | 30km:03:01:28 | 35km:03:39:06 | 40km:04:23:15									
4226	3806	**JĘDRUCHNIEWICZ Jakub**	WARSZAWA		POL	1998	M20	598	04:46:49	04:40:46	3602
		5km:00:30:55 | 10km:01:03:49 | 15km: 01:35:36 | 20km:02:07:12 | 21km:02:13:59 | 25km:02:37:39 | 30km:03:10:55 | 35km:03:46:21 | 40km:04:24:36									
4227	8019	**JANIKOWSKI Karol**	WARSZAWA		POL	2001	M20	598	04:41:41	04:40:46	3602
		5km:00:28:36 | 10km:00:59:00 | 15km: 01:28:28 | 20km:01:58:46 | 21km:02:05:17 | 25km:02:30:49 | 30km:03:04:31 | 35km:03:42:47 | 40km:04:22:30									
4228	8005	**BOHDZIEWICZ Paweł**	DZIEKANÓW LEŚNY	Bravehearts Legionowo	POL	1979	M40	1271	04:42:01	04:40:47	3604
		5km:00:27:45 | 10km:00:56:10 | 15km: 01:27:14 | 20km:01:58:29 | 21km:02:05:17 | 25km:02:32:04 | 30km:03:08:53 | 35km:03:46:11 | 40km:04:25:07									
4229	10585	**KUBERA Piotr**	ZGIERZ		POL	1978	M40	1272	04:45:15	04:40:53	3605
		5km:00:27:57 | 10km:00:56:43 | 15km: 01:26:23 | 20km:01:57:40 | 21km:02:04:39 | 25km:02:34:54 | 30km:03:10:56 | 35km:03:49:16 | 40km:04:28:15									
4230	2283	**GARNCARZ Paweł**	WROCŁAW		POL	1974	M40	1272	04:44:35	04:40:53	3605
		5km:00:30:46 | 10km:01:02:03 | 15km: 01:33:17 | 20km:02:05:12 | 21km:02:12:03 | 25km:02:37:24 | 30km:03:10:57 | 35km:03:44:37 | 40km:04:22:55									
4231	7979	**CZERNIAK Janusz**	DĘBICA		POL	1963	M60	94	04:48:20	04:40:56	3607
		5km:00:27:57 | 10km:00:56:43 | 15km: 01:26:23 | 20km:01:57:40 | 21km:02:04:39 | 25km:02:34:54 | 30km:03:10:56 | 35km:03:49:16 | 40km:04:28:15									
4232	6569	**SOBORAK Piotr**	KONSTANCIN-JEZIORNA		POL	1995	M20	600	04:45:45	04:40:57	3608

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:18| 10km:00:59:09| 15km: 01:30:15 | 20km:02:02:00 | 21km:02:08:47 | 25km:02:35:25 | 30km:03:12:23 | 35km:03:48:44 | 40km:04:26:18									
4233	7530	**CZUBA Robert**	PUSZCZYKOWO	Orange Polska	POL	1968	M50	435	04:46:22	04:40:57	3608
		5km:00:28:25| 10km:00:58:16| 15km: 01:38:12 | 20km:02:09:19 | 21km:02:15:24 | 25km:02:40:48 | 30km:03:16:13 | 35km:03:50:48 | 40km:04:27:18									
4234	10234	**OLECH Zbigniew**	SZCZECIN	MHTZiT	POL	1978	M40	1274	04:41:30	04:40:58	3610
		5km:00:29:37| 10km:01:00:05| 15km: 01:30:35 | 20km:02:01:10 | 21km:02:07:51 | 25km:02:33:13 | 30km:03:07:51 | 35km:03:42:34 | 40km:04:22:49									
4235	8490	**FRANK-DEMBIŃSKA Agnieszka**	WARSZAWA	Warsaw Masters Team	POL	1980	K40	254	04:47:31	04:41:03	625
		5km:00:30:01| 10km:01:00:37| 15km: 01:31:33 | 20km:02:05:33 | 21km:02:12:08 | 25km:02:38:31 | 30km:03:12:03 | 35km:03:47:47 | 40km:04:24:41									
4236	3587	**JAKUBISIAK Renata**	WARSZAWA	Biegam na Tarchominie	POL	1981	K40	255	04:45:44	04:41:05	626
		5km:00:29:16| 10km:00:58:29| 15km: 01:27:45 | 20km:01:57:17 | 21km:02:03:39 | 25km:02:28:01 | 30km:03:01:02 | 35km:03:43:55 | 40km:04:24:28									
4237	6173	**KRAKOWSKI Radosław**	BIELSKO-BIAŁA		POL	1986	M30	1199	04:47:38	04:41:07	3611
		5km:00:30:03| 10km:01:00:41| 15km: 01:31:36 | 20km:02:05:33 | 21km:02:12:09 | 25km:02:38:34 | 30km:03:12:04 | 35km:03:47:50 | 40km:04:24:43									
4238	7250	**LACHOWSKI Karol**	WARSZAWA	Filip Running Team	POL	1983	M40	1275	04:45:44	04:41:07	3611
		5km:00:29:17| 10km:00:59:04| 15km: 01:29:19 | 20km:02:01:11 | 21km:02:08:45 | 25km:02:34:40 | 30km:03:09:50 | 35km:03:48:10 | 40km:04:25:13									
4239	7720	**KUTNIK Mirosław**	BIAŁA PODLASKA		POL	1975	M40	1276	04:47:56	04:41:08	3613
		5km:00:32:50| 10km:01:05:35| 15km: 01:38:16 | 20km:02:11:52 | 21km:02:19:11 | 25km:02:46:23 | 30km:03:19:19 | 35km:03:53:12 | 40km:04:27:29									
4240	7975	**NIEWITOWSKI Adrian**	WARSZAWA		POL	1979	M40	1277	04:50:01	04:41:09	3614
		5km:00:29:22| 10km:00:59:06| 15km: 01:29:24 | 20km:02:01:13 | 21km:02:08:48 | 25km:02:34:43 | 30km:03:09:54 | 35km:03:48:13 | 40km:04:25:15									
4241	12097	**ADAMCZYK Ilona**	BIAŁA PODLASKA	KB Biała Biega	POL	1979	K40	256	04:47:56	04:41:11	627
		5km:00:31:04| 10km:01:02:32| 15km: 01:32:38 | 20km:02:03:34 | 21km:02:10:19 | 25km:02:34:55 | 30km:03:07:43 | 35km:03:42:33 | 40km:04:25:21									
4242	6718	**CZERNIEWSKI Marcin**	WARSZAWA		POL	1985	M30	1200	04:49:40	04:41:13	3615
		5km:00:28:42| 10km:00:57:55| 15km: 01:26:56 | 20km:01:57:11 | 21km:02:03:53 | 25km:02:27:50 | 30km:03:03:24 | 35km:03:43:08 | 40km:04:23:49									
4243	4605	**SKRZYDŁO Jarosław**	WARSZAWA		POL	1983	M40	1278	04:46:15	04:41:14	3616
		5km:00:33:24| 10km:01:05:46| 15km: 01:38:47 | 20km:02:12:21 | 21km:02:19:48 | 25km:02:46:12 | 30km:03:19:31 | 35km:03:53:21 | 40km:04:28:03									
4244	7038	**LIEBRERCHT Grzegorz**	KIELCE	Brak	POL	1960	M60	95	04:50:47	04:41:17	3617
		5km:00:31:52| 10km:01:03:53| 15km: 01:35:39 | 20km:02:07:38 | 21km:02:14:36 | 25km:02:40:04 | 30km:03:13:43 | 35km:03:48:17 | 40km:04:25:10									
4245	3448	**YLIKOTILA Arto**	LAPPEENRANTA		FIN	1956	M60	96	04:48:45	04:41:20	3618
		5km:00:29:55| 10km:00:59:45| 15km: 01:29:10 | 20km:01:59:08 | 21km:02:05:34 | 25km:02:30:51 | 30km:03:06:30 | 35km:03:44:06 | 40km:04:25:36									
4246	4684	**KOLASA Marcin**	MOTYCZ		POL	1982	M40	1279	04:48:51	04:41:24	3619
		5km:00:30:46| 10km:01:02:25| 15km: 01:34:24 | 20km:02:06:30 | 21km:02:13:40 | 25km:02:39:44 | 30km:03:13:33 | 35km:03:47:18 | 40km:04:25:28									
4247	8309	**PISZCZEK Marek**	LUBLIN	Frelcy Akademia Karate	POL	1973	M50	436	04:48:33	04:41:24	3619
		5km:00:34:35| 10km:01:09:07| 15km: 01:42:28 | 20km:02:15:51 | 21km:02:23:22 | 25km:02:48:40 | 30km:03:21:15 | 35km:03:53:50 | 40km:04:27:42									
4248	10775	**MOLENDA Michał**	WARSZAWA		POL	1990	M30	1201	04:49:47	04:41:25	3621
		5km:00:27:59| 10km:00:56:45| 15km: 01:26:03 | 20km:01:57:50 | 21km:02:04:25 | 25km:02:30:16 | 30km:03:06:39 | 35km:03:46:17 | 40km:04:28:38									
4249	8174	**KOSIŃSKA-WALOCH Agnieszka**	DĄBRÓWKA		POL	1986	K30	239	04:47:54	04:41:26	628
		5km:00:31:08| 10km:01:03:19| 15km: 01:34:49 | 20km:02:07:14 | 21km:02:13:59 | 25km:02:40:46 | 30km:03:13:45 | 35km:03:48:13 | 40km:04:26:32									
4250	2363	**HAGGENJOS Manuela**	LAUSANNE		SUI	1986	K30	240	04:48:29	04:41:30	629
		5km:00:30:43| 10km:01:02:22| 15km: 01:34:07 | 20km:02:05:57 | 21km:02:12:47 | 25km:02:37:42 | 30km:03:10:52 | 35km:03:46:34 | 40km:04:25:00									
4251	7816	**PAWELEC Krystyna**	PIASTÓW	Dogoń Grodzisk Mazowiecki	POL	1953	K70	2	04:49:06	04:41:34	630
		5km:00:32:54| 10km:01:07:38| 15km: 01:40:11 | 20km:02:13:14 | 21km:02:20:24 | 25km:02:46:43 | 30km:03:19:52 | 35km:03:52:59 | 40km:04:27:33									
4252	8003	**KRZYSZTOFOWICZ Karolina**	WARSZAWA	ULTRASY	POL	1979	K40	257	04:50:20	04:41:38	631
		5km:00:29:41| 10km:00:59:47| 15km: 01:28:34 | 20km:01:58:44 | 21km:02:05:09 | 25km:02:30:27 | 30km:03:04:13 | 35km:03:42:54 | 40km:04:26:00									
4253	2896	**GRUBEK Robert**	KOMORÓW	Rozbiegane Michałowice	POL	1972	M50	437	04:47:59	04:41:42	3622
		5km:00:30:19| 10km:01:00:37| 15km: 01:30:51 | 20km:02:01:08 | 21km:02:07:42 | 25km:02:33:29 | 30km:03:08:40 | 35km:03:45:07 | 40km:04:25:39									
4254	6819	**WOJCIECHOWSKI Marek**	GNIEZNO	Night Runners Gniezno	POL	1960	M60	97	04:48:42	04:41:43	3623
		5km:00:24:51| 10km:00:50:56| 15km: 01:18:25 | 20km:01:49:38 | 21km:01:55:50 | 25km:02:20:20 | 30km:03:00:04 | 35km:03:39:09 | 40km:04:23:47									
4255	8379	**WESOŁOWSKI Michał**	PIASECZNO		POL	1997	M20	601	04:42:28	04:41:44	3624
		5km:00:30:37| 10km:01:01:15| 15km: 01:32:09 | 20km:02:02:43 | 21km:02:09:26 | 25km:02:35:26 | 30km:03:09:10 | 35km:03:45:55 | 40km:04:24:31									
4256	6742	**ŁUKASIK Andrzej**	LUBLIN		POL	1965	M50	438	04:48:10	04:41:45	3625
		5km:00:24:52| 10km:00:50:59| 15km: 01:18:26 | 20km:01:49:41 | 21km:01:55:51 | 25km:02:20:21 | 30km:03:00:05 | 35km:03:39:11 | 40km:04:23:48									
4257	8418	**ŁACHECKI Hubert**	JÓZEFOSŁAW		POL	1995	M20	602	04:42:28	04:41:45	3625
		5km:00:31:41| 10km:01:02:53| 15km: 01:33:27 | 20km:02:05:40 | 21km:02:12:55 | 25km:02:38:14 | 30km:03:11:55 | 35km:03:47:48 | 40km:04:26:16									
4258	10324	**CZUPRYŃSKI Rafał**	WARSZAWA		POL	1982	M40	1280	04:49:58	04:41:46	3627
		5km:00:34:57| 10km:01:08:53| 15km: 01:41:04 | 20km:02:13:12 | 21km:02:20:06 | 25km:02:45:31 | 30km:03:18:18 | 35km:03:51:18 | 40km:04:26:30									
4259	2389	**KUCIA Paweł**	ŁÓDŹ		POL	1983	M40	1280	04:51:21	04:41:46	3627
		5km:00:30:04| 10km:01:00:52| 15km: 01:32:06 | 20km:02:04:27 | 21km:02:11:03 | 25km:02:36:43 | 30km:03:11:46 | 35km:03:48:04 | 40km:04:25:06									
4260	8335	**POJMAJ Grzegorz**	WARSZAWA		POL	1981	M40	1282	04:47:02	04:41:47	3629
		5km:00:26:34| 10km:00:53:41| 15km: 01:21:47 | 20km:01:50:34 | 21km:01:57:24 | 25km:02:25:06 | 30km:03:02:11 | 35km:03:45:08 | 40km:04:26:37									
4261	10291	**GŁOWACKI Ireneusz**	ZADROŻE	Uśmiechnij się :)	POL	1995	M20	603	04:45:27	04:41:49	3630
		5km:00:31:43| 10km:01:03:18| 15km: 01:33:49 | 20km:02:05:29 | 21km:02:12:16 | 25km:02:37:33 | 30km:03:10:43 | 35km:03:46:47 | 40km:04:25:50									
4262	6025	**RYŃSKI Andrzej**	WARSZAWA		POL	1967	M50	439	04:49:35	04:41:52	3631
		5km:00:28:06| 10km:00:56:26| 15km: 01:25:35 | 20km:01:58:01 | 21km:02:05:37 | 25km:02:33:56 | 30km:03:12:34 | 35km:03:50:03 | 40km:04:26:54									
4263	3006	**JARKIEWICZ Jacek**	JAKTORÓW		POL	1975	M40	1283	04:46:42	04:41:53	3632
		5km:00:32:31| 10km:01:04:12| 15km: 01:38:30 | 20km:02:10:46 | 21km:02:17:29 | 25km:02:43:32 | 30km:03:17:13 | 35km:03:53:12 | 40km:04:28:02									
4264	2667	**NIEMCZYK Beata**	LEŻAJSK		POL	1979	K40	258	04:50:18	04:41:54	632
		5km:00:32:31| 10km:01:04:16| 15km: 01:38:30 | 20km:02:10:48 | 21km:02:17:30 | 25km:02:43:32 | 30km:03:17:13 | 35km:03:53:11 | 40km:04:28:02									
4265	6048	**TABIN-DZIKI Dorota**	LEŻAJSK		POL	1975	K40	258	04:50:18	04:41:54	632
		5km:00:31:04| 10km:01:01:24| 15km: 01:32:16 | 20km:02:03:01 | 21km:02:09:37 | 25km:02:35:03 | 30km:03:08:30 | 35km:03:44:17 | 40km:04:25:08									
4266	3894	**PAŁYSKA Krzysztof**	WARSZAWA	Bell	POL	1951	M70	10	04:50:48	04:41:59	3633
		5km:00:32:39| 10km:01:04:23| 15km: 01:36:24 | 20km:02:08:33 | 21km:02:15:23 | 25km:02:41:29 | 30km:03:15:42 | 35km:03:49:29 | 40km:04:26:18									
4267	6210	**ZLOT Grzegorz**	WARSZAWA		POL	1970	M50	440	04:50:42	04:41:59	3633
		5km:00:32:37| 10km:01:06:44| 15km: 01:40:01 | 20km:02:13:01 | 21km:02:20:10 | 25km:02:45:52 | 30km:03:19:16 | 35km:03:51:43 | 40km:04:27:33									
4268	2472	**PRYCIŃSKI Grzegorz**	DUBLIN	Polish Runners Club Ireland	POL	1972	M50	441	04:47:52	04:42:01	3635
		5km:00:31:28| 10km:01:03:09| 15km: 01:35:07 | 20km:02:06:50 | 21km:02:13:38 | 25km:02:39:02 | 30km:03:12:05 | 35km:03:47:38 | 40km:04:25:46									
4269	5243	**CHARA Paweł**	WARSZAWA		POL	1981	M40	1284	04:52:00	04:42:03	3636
		5km:00:30:40| 10km:01:01:21| 15km: 01:31:35 | 20km:02:02:53 | 21km:02:09:40 | 25km:02:34:41 | 30km:03:07:06 | 35km:03:44:44 | 40km:04:24:54									
4270	10261	**MICHAŁOWSKI Piotr**	WOLA GOŁKOWSKA		POL	1967	M50	442	04:48:43	04:42:04	3637
		5km:00:30:12| 10km:00:59:23| 15km: 01:28:41 | 20km:02:00:40 | 21km:02:07:06 | 25km:02:33:20 | 30km:03:09:08 | 35km:03:46:56 | 40km:04:27:52									
4271	2289	**KĘSY Arleta**	KOSTRZYN	Kocia Team:)	POL	1979	K40	260	04:47:42	04:42:04	634
		5km:00:29:59| 10km:01:00:16| 15km: 01:30:12 | 20km:02:00:26 | 21km:02:06:46 | 25km:02:30:20 | 30km:03:01:01 | 35km:03:35:26 | 40km:04:22:43									
4272	3965	**MATYS Marek**	BIAŁYSTOK		POL	1967	M50	443	04:48:53	04:42:05	3638
		5km:00:30:33| 10km:01:02:39| 15km: 01:34:30 | 20km:02:07:10 | 21km:02:13:43 | 25km:02:40:02 | 30km:03:12:59 | 35km:03:48:25 | 40km:04:27:45									
4273	6951	**PODDĘBNIAK Sandra**	OPOCZNO		POL	1994	K20	89	04:48:37	04:42:10	635
		5km:00:29:08| 10km:00:59:33| 15km: 01:30:20 | 20km:02:00:40 | 21km:02:07:21 | 25km:02:32:15 | 30km:03:06:02 | 35km:03:43:13 | 40km:04:24:30									
4274	10452	**VOLOKHOVSKYI Anatolii**	BIALYSTOK		UKR	1976	M40	1285	04:47:20	04:42:12	3639
		5km:00:30:14| 10km:01:00:36| 15km: 01:31:39 | 20km:02:03:33 | 21km:02:10:29 | 25km:02:36:34 | 30km:03:11:18 | 35km:03:49:11 | 40km:04:26:42									
4275	7477	**ROMANOWSKA Agnieszka**	PŁOŃSK		POL	1985	K30	241	04:49:35	04:42:12	636
		5km:00:27:20| 10km:00:54:46| 15km: 01:21:52 | 20km:01:49:00 | 21km:01:54:59 | 25km:02:19:07 | 30km:03:02:18 | 35km:03:46:32 | 40km:04:27:45									
4276	10562	**SIWEK Filip**	GAWRONY		POL	2005	M20	604	04:45:29	04:42:14	3640
		5km:00:31:40| 10km:01:03:13| 15km: 01:33:40 | 20km:02:04:57 | 21km:02:11:34 | 25km:02:36:35 | 30km:03:09:43 | 35km:03:43:23 | 40km:04:25:38									
4277	2135	**WOŹNIAK Paweł**	DĄBROWA GÓRNICZA	W pogoni za duchem	POL	1981	M40	1286	04:50:05	04:42:16	3641
		5km:00:31:40| 10km:01:03:13| 15km: 01:33:41 | 20km:02:04:56 | 21km:02:11:35 | 25km:02:36:36 | 30km:03:09:44 | 35km:03:43:23 | 40km:04:25:37									
4278	10106	**BŁASZCZYK Bartłomiej**	SOSNOWIEC		POL	1985	M30	1202	04:50:06	04:42:17	3642

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:19 | 10km:00:57:56 | 15km: 01:27:04 | 20km:01:56:37 | 21km:02:02:58 | 25km:02:26:50 | 30km:03:02:03 | 35km:03:41:31 | 40km:04:25:32									
4279	13056	**JUTRÓCZKI Péter**	WARSZAWA		HUN	1988	M30	1203	04:49:32	04:42:19	3643
		5km:00:33:36 | 10km:01:05:47 | 15km: 01:38:36 | 20km:02:12:04 | 21km:02:19:04 | 25km:02:44:23 | 30km:03:17:55 | 35km:03:51:22 | 40km:04:26:26									
4280	2049	**DĄBROWSKA Anna**	LUBLIN		POL	1982	K40	261	04:49:34	04:42:19	637
		5km:00:33:51 | 10km:01:07:57 | 15km: 01:41:09 | 20km:02:14:12 | 21km:02:21:36 | 25km:02:48:18 | 30km:03:22:41 | 35km:03:55:35 | 40km:04:28:37									
4281	4226	**KORCZAK Elżbieta**	KRAKÓW		POL	1983	K40	262	04:47:41	04:42:21	638
		5km:00:25:55 | 10km:00:53:05 | 15km: 01:20:25 | 20km:01:55:25 | 21km:02:02:05 | 25km:02:28:37 | 30km:03:04:28 | 35km:03:45:03 | 40km:04:25:41									
4282	6358	**BABA Mitsuhiro**	TOKYO		JPN	1963	M60	98	04:47:19	04:42:21	3644
		5km:00:32:41 | 10km:01:03:46 | 15km: 01:34:10 | 20km:02:05:16 | 21km:02:12:03 | 25km:02:37:05 | 30km:03:10:23 | 35km:03:47:22 | 40km:04:25:18									
4283	2524	**RADZIŃSKI Łukasz**	GDAŃSK		POL	1995	M20	605	04:50:33	04:42:24	3645
		5km:00:29:39 | 10km:00:58:59 | 15km: 01:28:53 | 20km:02:00:22 | 21km:02:07:25 | 25km:02:35:00 | 30km:03:10:12 | 35km:03:48:05 | 40km:04:26:57									
4284	3627	**ŁĘCKA Małgorzata**	WARSZAWA		POL	1986	K30	242	04:46:10	04:42:24	639
		5km:00:33:43 | 10km:01:06:27 | 15km: 01:39:13 | 20km:02:12:38 | 21km:02:20:00 | 25km:02:46:35 | 30km:03:19:50 | 35km:03:52:51 | 40km:04:27:29									
4285	4180	**SKWARCZYŃSKI Alan**	ŚWIDNIK		POL	2001	M20	606	04:51:53	04:42:29	3646
		5km:00:31:19 | 10km:01:02:42 | 15km: 01:32:16 | 20km:02:01:10 | 21km:02:07:31 | 25km:02:31:34 | 30km:03:04:29 | 35km:03:40:16 | 40km:04:28:01									
4286	2314	**SATO Yudai**	WARSZAWA	Ambasada Japonii w Polsce	JPN	2001	M20	607	04:51:02	04:42:30	3647
		5km:00:27:01 | 10km:00:54:04 | 15km: 01:22:09 | 20km:01:51:32 | 21km:01:58:03 | 25km:02:22:36 | 30km:02:58:37 | 35km:03:39:19 | 40km:04:23:41									
4287	6954	**OZIMEK Aleksandra**	WOJCIECHÓW		POL	1990	K30	243	04:44:29	04:42:30	640
		5km:00:28:35 | 10km:00:57:48 | 15km: 01:27:21 | 20km:01:57:03 | 21km:02:03:43 | 25km:02:27:36 | 30km:03:04:13 | 35km:03:45:13 | 40km:04:25:34									
4288	209	**SZAŁOWSKI Andrzej**	LUBLIN		POL	1953	M70	11	04:49:44	04:42:33	3648
		5km:00:32:27 | 10km:01:04:37 | 15km: 01:36:30 | 20km:02:09:38 | 21km:02:16:30 | 25km:02:42:32 | 30km:03:15:53 | 35km:03:50:33 | 40km:04:25:47									
4289	2251	**KIJAK Artur**	ZĄBKI	GKMA	POL	1976	M40	1287	04:50:11	04:42:33	3648
		5km:00:28:13 | 10km:00:55:29 | 15km: 01:22:47 | 20km:01:50:29 | 21km:01:56:39 | 25km:02:19:23 | 30km:02:52:31 | 35km:03:34:39 | 40km:04:26:04									
4290	3179	**PACANOWSKI Kacper**	GĄSAWA		POL	1998	M20	608	04:46:23	04:42:36	3650
		5km:00:32:25 | 10km:01:04:51 | 15km: 01:38:29 | 20km:02:11:15 | 21km:02:18:19 | 25km:02:44:56 | 30km:03:18:59 | 35km:03:53:16 | 40km:04:28:38									
4291	3225	**KOŁODZIEJCZYK Damian**	DĄBROWA GÓRNICZA		POL	1997	M20	608	04:45:58	04:42:36	3650
		5km:00:29:55 | 10km:01:00:01 | 15km: 01:29:54 | 20km:02:00:04 | 21km:02:06:39 | 25km:02:31:58 | 30km:03:08:05 | 35km:03:45:14 | 40km:04:25:15									
4292	5259	**KUBAŃ Danuta**	WARSZAWA		POL	1965	K50	43	04:49:12	04:42:37	641
		5km:00:30:00 | 10km:01:00:27 | 15km: 01:30:04 | 20km:02:01:47 | 21km:02:08:59 | 25km:02:36:19 | 30km:03:11:44 | 35km:03:49:14 | 40km:04:27:28									
4293	6668	**OJRZYŃSKI Jan**	NIDZICA		POL	1998	M20	610	04:49:32	04:42:38	3652
		5km:00:33:29 | 10km:01:05:51 | 15km: 01:37:37 | 20km:02:09:10 | 21km:02:16:03 | 25km:02:42:17 | 30km:03:16:24 | 35km:03:51:07 | 40km:04:26:52									
4294	7523	**DUDKO Barbara**	WARSZAWA		POL	1990	K30	244	04:51:18	04:42:38	642
		5km:00:32:02 | 10km:01:02:56 | 15km: 01:33:42 | 20km:02:05:17 | 21km:02:11:56 | 25km:02:36:18 | 30km:03:08:30 | 35km:03:42:56 | 40km:04:22:39									
4295	7599	**KOPER Michał**	SZCZECIN		POL	1977	M40	1288	04:50:01	04:42:39	3653
		5km:00:33:41 | 10km:01:06:42 | 15km: 01:40:05 | 20km:02:13:38 | 21km:02:20:43 | 25km:02:47:01 | 30km:03:19:34 | 35km:03:52:50 | 40km:04:27:56									
4296	2850	**WYBIERALSKI Piotr**	ANIERES		POL	1977	M40	1289	04:51:06	04:42:40	3654
		5km:00:27:26 | 10km:00:55:26 | 15km: 01:24:49 | 20km:01:58:02 | 21km:02:04:29 | 25km:02:33:57 | 30km:03:10:20 | 35km:03:46:32 | 40km:04:25:43									
4297	2160	**SKRZESZEWSKA Ola**	GDYNIA	AZS Lotnicza Akademia Wojskowa	POL	2000	K20	90	04:49:12	04:42:44	643
		5km:00:29:14 | 10km:00:58:44 | 15km: 01:27:53 | 20km:01:57:22 | 21km:02:03:57 | 25km:02:29:05 | 30km:03:03:24 | 35km:03:41:51 | 40km:04:25:41									
4298	4241	**RUDZIŃSKA-SIERAKOWSKA Lidia**	WOŁOMIN		POL	1987	K30	245	04:47:26	04:42:45	644
		5km:00:29:14 | 10km:00:58:44 | 15km: 01:27:53 | 20km:01:57:22 | 21km:02:03:57 | 25km:02:29:05 | 30km:03:03:24 | 35km:03:41:51 | 40km:04:25:41									
4299	3389	**HERLICZKA Renata**	GLIWICE	AML FLY TEAM	POL	1983	K40	263	04:51:39	04:42:49	645
		5km:00:33:30 | 10km:01:06:05 | 15km: 01:39:16 | 20km:02:12:33 | 21km:02:19:48 | 25km:02:46:33 | 30km:03:19:57 | 35km:03:53:23 | 40km:04:28:26									
4300	8329	**ZALEWSKA Ewa**	WROCŁAW	Mocna Grupa Cezara	POL	1992	K30	246	04:46:09	04:42:49	645
		5km:00:31:01 | 10km:01:02:22 | 15km: 01:33:51 | 20km:02:05:38 | 21km:02:13:08 | 25km:02:39:58 | 30km:03:12:29 | 35km:03:49:10 | 40km:04:28:18									
4301	8414	**ZAWADZKA Kinga**	WARSZAWA		POL	1976	K40	264	04:48:07	04:42:53	647
		5km:00:30:41 | 10km:01:02:21 | 15km: 01:34:47 | 20km:02:07:06 | 21km:02:14:16 | 25km:02:40:19 | 30km:03:14:38 | 35km:03:50:33 | 40km:04:27:08									
4302	7625	**FRĄCZEK Dawid**	PUŁTUSK		POL	1992	M30	1204	04:49:15	04:42:57	3655
		5km:00:31:58 | 10km:01:03:11 | 15km: 01:34:30 | 20km:02:07:38 | 21km:02:14:28 | 25km:02:40:19 | 30km:03:14:41 | 35km:03:50:21 | 40km:04:28:17									
4303	8420	**GAWRYŚ Maciej**	LESZNO	Run For Fun	POL	1975	M40	1290	04:50:30	04:43:01	3656
		5km:00:30:12 | 10km:01:00:06 | 15km: 01:28:34 | 20km:01:56:21 | 21km:02:02:32 | 25km:02:24:50 | 30km:02:57:06 | 35km:03:32:56 | 40km:04:15:46									
4304	3246	**PTAK Alicja**	GDYNIA		POL	1993	K30	247	04:50:30	04:43:02	648
		5km:00:31:08 | 10km:01:00:09 | 15km: 01:29:09 | 20km:02:00:21 | 21km:02:06:33 | 25km:02:31:41 | 30km:03:03:15 | 35km:03:43:49 | 40km:04:28:10									
4305	10502	**WOŁYNIEC Mirosław**	EŁK	Black Mountain Gorillas	POL	1981	M40	1291	04:49:54	04:43:05	3657
		5km:00:30:57 | 10km:01:03:41 | 15km: 01:33:32 | 20km:02:05:09 | 21km:02:11:54 | 25km:02:36:17 | 30km:03:09:17 | 35km:03:46:16 | 40km:04:27:27									
4306	10113	**SZAREK Robert**	KRAKÓW		POL	1968	M50	444	04:51:12	04:43:06	3658
		5km:00:30:38 | 10km:01:01:36 | 15km: 01:32:34 | 20km:02:03:15 | 21km:02:09:55 | 25km:02:34:41 | 30km:03:09:03 | 35km:03:46:58 | 40km:04:26:28									
4307	2545	**CELEJ Józef**	KRAKÓW		POL	1958	M60	99	04:48:47	04:43:06	3658
		5km:00:31:58 | 10km:01:03:45 | 15km: 01:34:51 | 20km:02:08:35 | 21km:02:15:07 | 25km:02:40:54 | 30km:03:14:00 | 35km:03:49:30 | 40km:04:27:36									
4308	7070	**OSIŃSKI Norbert**	PIASECZNO		POL	1990	M30	1205	04:51:06	04:43:07	3660
		5km:00:28:17 | 10km:00:57:38 | 15km: 01:29:12 | 20km:02:04:01 | 21km:02:11:20 | 25km:02:39:38 | 30km:03:17:12 | 35km:03:52:14 | 40km:04:28:11									
4309	7291	**VARAVA Andrey**	WARSZAWA			1994	M20	611	04:48:31	04:43:07	3660
		5km:00:33:43 | 10km:01:06:43 | 15km: 01:39:13 | 20km:02:12:29 | 21km:02:19:44 | 25km:02:46:24 | 30km:03:20:46 | 35km:03:54:30 | 40km:04:28:37									
4310	2405	**DOMARADZKA Małgorzata**	RZESZÓW	BT WAGABUNDA	POL	1966	K50	44	04:50:40	04:43:12	649
		5km:00:29:09 | 10km:00:59:41 | 15km: 01:30:27 | 20km:02:02:28 | 21km:02:09:15 | 25km:02:35:04 | 30km:03:09:32 | 35km:03:45:50 | 40km:04:25:18									
4311	7076	**WOŹNICZKA Karolina**	WROCŁAW		POL	1994	K20	91	04:51:19	04:43:12	649
		5km:00:30:19 | 10km:01:01:42 | 15km: 01:33:11 | 20km:02:06:03 | 21km:02:13:52 | 25km:02:38:38 | 30km:03:11:33 | 35km:03:48:50 | 40km:04:27:02									
4312	2184	**ŻUK Marcin**	TORUŃ	Naturnia	POL	1975	M40	1292	04:48:09	04:43:13	3662
		5km:00:23:28 | 10km:00:48:06 | 15km: 01:15:59 | 20km:01:47:00 | 21km:01:53:58 | 25km:02:22:58 | 30km:02:59:24 | 35km:03:44:32 | 40km:04:28:06									
4313	7894	**MARCISZ Sławomir**	POZNAŃ		POL	1965	M50	445	04:44:03	04:43:13	3662
		5km:00:33:57 | 10km:01:07:10 | 15km: 01:39:09 | 20km:02:11:28 | 21km:02:18:18 | 25km:02:44:08 | 30km:03:21:10 | 35km:03:53:26 | 40km:04:28:18									
4314	10363	**CHUDZIK Adam**	PŁOCK		POL	1980	M40	1293	04:51:51	04:43:16	3664
		5km:00:30:19 | 10km:01:01:42 | 15km: 01:33:11 | 20km:02:06:03 | 21km:02:13:52 | 25km:02:38:38 | 30km:03:11:33 | 35km:03:48:50 | 40km:04:27:02									
4315	2864	**ROMAŃSKI Leszek**	OLSZTYN	Słońca Jury	POL	1983	M40	1293	04:51:29	04:43:16	3664
		5km:00:30:47 | 10km:01:02:48 | 15km: 01:34:33 | 20km:02:08:17 | 21km:02:15:21 | 25km:02:41:19 | 30km:03:16:12 | 35km:03:50:42 | 40km:04:27:40									
4316	10398	**SETLAK Michał**	OSIELSKO		POL	1992	M30	1206	04:45:27	04:43:17	3666
		5km:00:29:09 | 10km:00:58:14 | 15km: 01:27:24 | 20km:01:56:14 | 21km:02:02:28 | 25km:02:24:19 | 30km:02:52:40 | 35km:03:28:18 | 40km:04:20:01									
4317	3005	**SZYMAŃSKI Maciek**	POZNAŃ	Pędzący Gacuś	POL	1972	M50	446	04:50:11	04:43:17	3666
		5km:00:31:43 | 10km:01:03:19 | 15km: 01:33:51 | 20km:02:05:39 | 21km:02:13:10 | 25km:02:38:59 | 30km:03:14:31 | 35km:03:50:08 | 40km:04:29:03									
4318	15534	**BITNER-RYSZKA Natalia**	ŻORY		POL	1980	K40	265	04:51:05	04:43:20	651
		5km:00:31:12 | 10km:01:03:01 | 15km: 01:34:13 | 20km:02:06:07 | 21km:02:12:58 | 25km:02:38:34 | 30km:03:12:39 | 35km:03:50:41 | 40km:04:29:36									
4319	8472	**BANASIAK Joanna**	LODZ		POL	1981	K40	265	04:49:23	04:43:20	651
		5km:00:31:43 | 10km:01:03:19 | 15km: 01:33:51 | 20km:02:05:38 | 21km:02:13:09 | 25km:02:38:57 | 30km:03:14:31 | 35km:03:50:14 | 40km:04:29:02									
4320	6936	**JACKO Marek**	ŻORY	HRmax Żory	POL	1974	M40	1295	04:51:06	04:43:21	3668
		5km:00:31:21 | 10km:01:02:56 | 15km: 01:33:54 | 20km:02:05:59 | 21km:02:13:10 | 25km:02:38:34 | 30km:03:11:14 | 35km:03:47:27 | 40km:04:27:38									
4321	2078	**MARZEC Konrad**	WARSZAWA	Rozbiegane Michałowice	POL	1984	M30	1207	04:51:25	04:43:25	3669
		5km:00:29:29 | 10km:00:58:32 | 15km: 01:27:35 | 20km:01:56:44 | 21km:02:03:05 | 25km:02:26:47 | 30km:02:59:40 | 35km:03:36:42 | 40km:04:25:52									
4322	10138	**BERNAT Michał**	WARSZAWA		POL	1978	M40	1296	04:49:52	04:43:26	3670
		5km:00:31:38 | 10km:01:02:44 | 15km: 01:33:12 | 20km:02:04:23 | 21km:02:11:12 | 25km:02:36:16 | 30km:03:09:52 | 35km:03:45:03 | 40km:04:25:17									
4323	10307	**STOK-STOCKI Łukasz**	OLSZTYN		POL	1981	M40	1296	04:51:23	04:43:26	3670
		5km:00:31:26 | 10km:01:03:01 | 15km: 01:33:38 | 20km:02:05:42 | 21km:02:12:39 | 25km:02:38:36 | 30km:03:12:37 | 35km:03:47:55 | 40km:04:27:05									
4324	3903	**ZIONTEK Aneta**	WOLOMIN		POL	1977	K40	267	04:51:39	04:43:28	653

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4325	3112	**SZYMURA Małgorzata**	ŻARÓW		POL	1975	K40	268	04:48:22	04:43:33	654
		5km:00:28:55| 10km:00:58:53| 15km: 01:29:33 | 20km:02:01:47 | 21km:02:08:49 | 25km:02:37:10 | 30km:03:10:40 | 35km:03:47:23 | 40km:04:26:46									
4326	6896	**KASPIAROVICH Aliaksandr**	OŁAWA			1977	M40	1298	04:52:30	04:43:33	3672
		5km:00:34:33| 10km:01:08:16| 15km: 01:41:46 | 20km:02:16:27 | 21km:02:23:20 | 25km:02:49:08 | 30km:03:22:26 | 35km:03:55:04 | 40km:04:29:12									
4327	10227	**CHRZANOWSKI Maciej**	NASIELSK		POL	1991	M30	1208	04:52:47	04:43:35	3673
		5km:00:35:49| 10km:01:10:34| 15km: 01:44:17 | 20km:02:17:35 | 21km:02:24:41 | 25km:02:50:18 | 30km:03:23:43 | 35km:03:56:41 | 40km:04:29:24									
4328	3231	**KASPIAROVICH Iryna**	OŁAWA			1979	K40	269	04:52:33	04:43:35	655
		5km:00:34:33| 10km:01:08:16| 15km: 01:41:45 | 20km:02:16:27 | 21km:02:23:18 | 25km:02:49:06 | 30km:03:22:25 | 35km:03:55:02 | 40km:04:29:11									
4329	4109	**PYTLIK Jakub**	WARSZAWA		POL	1994	M20	612	04:47:44	04:43:39	3674
		5km:00:28:59| 10km:00:57:19| 15km: 01:25:38 | 20km:01:54:15 | 21km:02:00:29 | 25km:02:24:49 | 30km:03:01:30 | 35km:03:38:44 | 40km:04:25:53									
4330	2937	**IGELTJORN Morten**	BERGEN		NOR	1973	M50	447	04:51:12	04:43:41	3675
		5km:00:31:09| 10km:01:03:04| 15km: 01:34:13 | 20km:02:06:25 | 21km:02:13:30 | 25km:02:39:01 | 30km:03:11:35 | 35km:03:48:23 | 40km:04:27:37									
4331	7313	**PAPAJ Sebastian**	WARSZAWA		POL	1978	M40	1299	04:49:40	04:43:41	3675
		5km:00:31:48| 10km:01:04:36| 15km: 01:37:13 | 20km:02:10:18 | 21km:02:17:23 | 25km:02:43:45 | 30km:03:17:19 | 35km:03:52:27 | 40km:04:29:07									
4332	6093	**BAŁDYGA Mariusz**	WARSZAWA		POL	1990	M30	1209	04:49:08	04:43:45	3677
		5km:00:28:07| 10km:01:01:50| 15km: 01:34:50 | 20km:02:09:17 | 21km:02:15:50 | 25km:02:39:59 | 30km:03:15:13 | 35km:03:49:48 | 40km:04:27:49									
4333	15542	**BANASIK Marcin**	WARSZAWA		POL	1994	M20	613	04:47:47	04:43:49	3678
		5km:00:28:19| 10km:00:57:10| 15km: 01:27:22 | 20km:01:59:07 | 21km:02:06:09 | 25km:02:34:14 | 30km:03:10:57 | 35km:03:49:50 | 40km:04:29:08									
4334	12061	**GAWROŃSKI Marcin**	SZCZEKOCINY		POL	1983	M40	1300	04:51:51	04:43:53	3679
		5km:00:32:00| 10km:01:03:46| 15km: 01:35:09 | 20km:02:07:09 | 21km:02:13:58 | 25km:02:39:42 | 30km:03:13:35 | 35km:03:49:50 | 40km:04:28:02									
4335	2086	**SNELGROVE Simon**	CHALFONT ST PETER		GBR	1969	M50	448	04:52:55	04:43:55	3680
		5km:00:31:35| 10km:01:03:31| 15km: 01:34:52 | 20km:02:06:28 | 21km:02:13:21 | 25km:02:38:49 | 30km:03:12:15 | 35km:03:46:37 | 40km:04:26:43									
4336	4692	**PACIORKOWSKI Paweł**	WARSZAWA		POL	1990	M30	1210	04:50:59	04:43:59	3681
		5km:00:29:31| 10km:00:58:58| 15km: 01:28:08 | 20km:01:58:05 | 21km:02:04:40 | 25km:02:29:45 | 30km:03:02:45 | 35km:03:41:41 | 40km:04:27:10									
4337	5321	**PANKOWSKI Filip**	WARSZAWA		POL	1992	M30	1211	04:50:05	04:44:01	3682
		5km:00:29:40| 10km:00:59:14| 15km: 01:29:51 | 20km:02:01:08 | 21km:02:08:02 | 25km:02:32:39 | 30km:03:06:09 | 35km:03:43:23 | 40km:04:22:13									
4338	6085	**FRYDLER Bartosz**	WARSZAWA	Runmageddon Team	POL	1985	M30	1211	04:50:15	04:44:01	3682
		5km:00:29:55| 10km:00:59:52| 15km: 01:29:51 | 20km:02:00:08 | 21km:02:06:57 | 25km:02:33:43 | 30km:03:07:29 | 35km:03:45:27 | 40km:04:27:08									
4339	10489	**RYBARCZYK Piotr**	WARSZAWA		POL	1981	M40	1301	04:52:12	04:44:02	3684
		5km:00:33:12| 10km:01:05:03| 15km: 01:36:46 | 20km:02:09:19 | 21km:02:16:19 | 25km:02:41:36 | 30km:03:14:34 | 35km:03:52:15 | 40km:04:28:07									
4340	12003	**KUBIACZYK Ireneusz**	MOSTY	OSP MOSTY	POL	1977	M40	1302	04:48:41	04:44:04	3685
		5km:00:30:10| 10km:01:00:19| 15km: 01:30:26 | 20km:02:01:03 | 21km:02:07:45 | 25km:02:32:21 | 30km:03:07:29 | 35km:03:47:33 | 40km:04:27:18									
4341	15005	**MUSIK Marta**	KRAKÓW		POL	1991	K30	248	04:51:57	04:44:07	656
		5km:00:31:49| 10km:01:03:36| 15km: 01:35:12 | 20km:02:06:22 | 21km:02:13:20 | 25km:02:39:01 | 30km:03:14:04 | 35km:03:51:02 | 40km:04:27:58									
4342	3671	**DĘBSKA Beata**	WROCŁAW		POL	1977	K40	270	04:48:39	04:44:08	657
		5km:00:31:12| 10km:01:03:02| 15km: 01:35:17 | 20km:02:07:33 | 21km:02:14:27 | 25km:02:40:34 | 30km:03:15:06 | 35km:03:50:20 | 40km:04:27:48									
4343	10481	**TOBIŚ Wojciech**	KRAKÓW		POL	1993	M30	1213	04:49:07	04:44:12	3686
		5km:00:28:39| 10km:00:57:12| 15km: 01:25:22 | 20km:01:56:25 | 21km:02:03:34 | 25km:02:31:24 | 30km:03:07:01 | 35km:03:48:16 | 40km:04:30:10									
4344	8480	**KLIMKIEWICZ-FLORANT Agnieszka**	WARSZAWA		POL	1978	K40	271	04:51:58	04:44:12	658
		5km:00:28:45| 10km:00:57:17| 15km: 01:26:30 | 20km:01:56:29 | 21km:02:03:12 | 25km:02:28:39 | 30km:03:04:11 | 35km:03:43:18 | 40km:04:28:39									
4345	3003	**LEBDOWICZ Michał**	GRODZISK MAZOWIECKI		POL	1983	M40	1303	04:52:33	04:44:13	3687
		5km:00:31:35| 10km:01:03:21| 15km: 01:35:48 | 20km:02:08:51 | 21km:02:15:48 | 25km:02:41:56 | 30km:03:14:50 | 35km:03:49:53 | 40km:04:28:50									
4346	15567	**KORSZAŁOWSKI Aleksander**	WARSZAWA		POL	1971	M50	449	04:51:33	04:44:16	3688
		5km:00:29:48| 10km:00:59:50| 15km: 01:29:34 | 20km:02:02:32 | 21km:02:09:28 | 25km:02:37:01 | 30km:03:11:03 | 35km:03:46:43 | 40km:04:25:31									
4347	5036	**ŚMIGIERA Tomasz**	WARSZAWA		POL	1979	M40	1304	04:53:09	04:44:16	3688
		5km:00:32:25| 10km:01:04:40| 15km: 01:36:18 | 20km:02:07:59 | 21km:02:14:51 | 25km:02:39:52 | 30km:03:12:45 | 35km:03:50:00 | 40km:04:27:26									
4348	10338	**JAGIEŁOWICZ Rafał**	KLĘCZANY		POL	1980	M40	1305	04:52:04	04:44:17	3690
		5km:00:31:41| 10km:01:03:16| 15km: 01:33:46 | 20km:02:05:21 | 21km:02:12:10 | 25km:02:36:44 | 30km:03:09:29 | 35km:03:47:55 | 40km:04:29:08									
4349	6329	**KAPUSTA Łukasz**	BIAŁACZÓW	Klub Biegających Leśników	POL	1987	M30	1214	04:51:08	04:44:21	3691
		5km:00:29:33| 10km:00:59:03| 15km: 01:27:49 | 20km:01:56:26 | 21km:02:02:45 | 25km:02:26:43 | 30km:03:00:17 | 35km:03:42:51 | 40km:04:25:47									
4350	6863	**ŻÓŁTOWSKI Krystian**	WARSZAWA	Kule w cieście	POL	1995	M20	614	04:49:03	04:44:25	3692
		5km:00:28:56| 10km:00:57:57| 15km: 01:26:36 | 20km:01:56:25 | 21km:02:02:51 | 25km:02:30:02 | 30km:03:08:10 | 35km:03:46:33 | 40km:04:28:02									
4351	3489	**IGNACZAK Marlena**	WARSZAWA		POL	1980	K40	272	04:51:46	04:44:26	659
		5km:00:30:30| 10km:01:01:11| 15km: 01:31:56 | 20km:02:02:42 | 21km:02:09:19 | 25km:02:33:59 | 30km:03:07:37 | 35km:03:46:40 | 40km:04:26:27									
4352	6382	**TENDERENDA Kamil**	CIECHANOWIEC		POL	1986	M30	1215	04:53:08	04:44:26	3693
		5km:00:33:38| 10km:01:06:16| 15km: 01:39:29 | 20km:02:13:11 | 21km:02:20:37 | 25km:02:47:00 | 30km:03:20:21 | 35km:03:54:09 | 40km:04:28:58									
4353	3918	**PUDLARZ Maciej**	WARSZAWA		POL	1997	M20	615	04:53:04	04:44:27	3694
		5km:00:31:16| 10km:01:02:45| 15km: 01:33:37 | 20km:02:05:10 | 21km:02:11:52 | 25km:02:36:32 | 30km:03:09:01 | 35km:03:44:33 | 40km:04:26:28									
4354	7971	**NOWOSIELSKA Paulina**	WARSZAWA		POL	1979	K40	273	04:51:01	04:44:27	660
		5km:00:29:38| 10km:00:59:10| 15km: 01:28:00 | 20km:01:59:59 | 21km:02:07:02 | 25km:02:33:50 | 30km:03:10:52 | 35km:03:49:08 | 40km:04:29:25									
4355	10345	**OSADA Jurek**	MELBOURNE		POL	1991	M30	1216	04:52:25	04:44:28	3695
		5km:00:31:45| 10km:01:03:30| 15km: 01:34:38 | 20km:02:06:08 | 21km:02:13:13 | 25km:02:38:41 | 30km:03:12:35 | 35km:03:50:22 | 40km:04:28:40									
4356	6363	**BUDASZ Andrzej**	STARE BABICE	Drużyna Szpiku	POL	1971	M50	450	04:52:13	04:44:29	3696
		5km:00:31:43| 10km:01:03:17| 15km: 01:33:50 | 20km:02:05:23 | 21km:02:12:12 | 25km:02:37:28 | 30km:03:10:37 | 35km:03:42:20 | 40km:04:22:26									
4357	13042	**MILEWSKI Tomek**	WARSZAWA		POL	1989	M30	1217	04:48:47	04:44:31	3697
		5km:00:29:32| 10km:00:59:28| 15km: 01:28:48 | 20km:01:58:05 | 21km:02:04:21 | 25km:02:29:20 | 30km:03:05:48 | 35km:03:45:14 | 40km:04:26:37									
4358	8308	**SYSKA Jakub**	WROCŁAW	Ronnie Coleman	POL	2001	M20	616	04:52:38	04:44:31	3697
		5km:00:33:04| 10km:01:06:36| 15km: 01:39:13 | 20km:02:13:44 | 21km:02:21:55 | 25km:02:47:07 | 30km:03:19:35 | 35km:03:52:45 | 40km:04:29:32									
4359	8307	**SOCHA Mikołaj**	KIELCE		POL	2001	M20	617	04:52:39	04:44:32	3699
		5km:00:33:04| 10km:01:06:37| 15km: 01:39:13 | 20km:02:13:42 | 21km:02:21:54 | 25km:02:47:06 | 30km:03:19:35 | 35km:03:52:45 | 40km:04:29:33									
4360	7281	**MROSZCZYK Danuta**	BANIOCHA		POL	1979	K40	274	04:51:47	04:44:37	661
		5km:00:30:12| 10km:01:01:02| 15km: 01:32:07 | 20km:02:04:59 | 21km:02:11:52 | 25km:02:39:01 | 30km:03:13:38 | 35km:03:51:05 | 40km:04:28:58									
4361	2761	**MORAIS Joao**	WARSZAWA		POR	1995	M20	618	04:52:20	04:44:40	3700
		5km:00:31:54| 10km:01:03:37| 15km: 01:35:52 | 20km:02:06:13 | 21km:02:13:19 | 25km:02:37:51 | 30km:03:13:20 | 35km:03:51:54 | 40km:04:30:26									
4362	3164	**GOŁATTA Magdalena**	BYDGOSZCZ		POL	1980	K40	275	04:54:26	04:44:40	662
		5km:00:33:10| 10km:01:05:47| 15km: 01:38:52 | 20km:02:12:21 | 21km:02:19:38 | 25km:02:45:26 | 30km:03:19:38 | 35km:03:53:54 | 40km:04:29:30									
4363	4277	**CHOJNACKA Monika**	BANIOCHA		POL	1979	K40	275	04:51:48	04:44:40	662
		5km:00:30:13| 10km:01:01:04| 15km: 01:32:09 | 20km:02:05:04 | 21km:02:11:54 | 25km:02:39:03 | 30km:03:13:38 | 35km:03:51:02 | 40km:04:28:57									
4364	8312	**BORKOWSKI Grzegorz**	DOBRA		POL	1976	M40	1306	04:52:38	04:44:40	3700
		5km:00:31:35| 10km:01:03:07| 15km: 01:33:48 | 20km:02:05:22 | 21km:02:12:46 | 25km:02:38:32 | 30km:03:13:47 | 35km:03:50:27 | 40km:04:29:17									
4365	10702	**ADAMSKI Tomasz**	LESZNO		POL	1975	M40	1307	04:51:21	04:44:43	3702
		5km:00:30:24| 10km:01:01:33| 15km: 01:32:21 | 20km:02:02:46 | 21km:02:09:20 | 25km:02:33:42 | 30km:03:07:12 | 35km:03:45:01 | 40km:04:27:40									
4366	6050	**GRZESIAK-KNUT Lucyna**	OSOWIEC		POL	1982	K40	277	04:54:26	04:44:43	664
		5km:00:33:15| 10km:01:05:51| 15km: 01:38:56 | 20km:02:12:23 | 21km:02:19:42 | 25km:02:45:28 | 30km:03:19:42 | 35km:03:53:57 | 40km:04:29:34									
4367	7857	**OLCHANOWSKA Aldona**	WARSZAWA		POL	1960	K60	3	04:53:07	04:44:44	665
		5km:00:31:31| 10km:01:02:59| 15km: 01:34:33 | 20km:02:06:53 | 21km:02:13:46 | 25km:02:39:57 | 30km:03:15:19 | 35km:03:50:13 | 40km:04:27:59									
4368	10528	**TUTAJ Grzegorz**	KIELCE		POL	1977	M40	1308	04:46:39	04:44:47	3703
		5km:00:28:20| 10km:00:59:42| 15km: 01:30:55 | 20km:02:02:54 | 21km:02:09:59 | 25km:02:35:09 | 30km:03:09:03 | 35km:03:46:30 | 40km:04:28:39									
4369	3481	**WOJCIECHOWICZ Monika**	WARSZAWA		POL	1978	K40	278	04:52:32	04:44:47	666
		5km:00:31:42| 10km:01:03:15| 15km: 01:33:49 | 20km:02:05:22 | 21km:02:12:09 | 25km:02:37:29 | 30km:03:11:54 | 35km:03:48:37 | 40km:04:29:20									
4370	6544	**GRZEMSKI Jakub**	GDYNIA	Winning Moves/OBC biega	POL	1980	M40	1308	04:50:37	04:44:47	3703
		5km:00:29:31| 10km:01:00:00| 15km: 01:30:44 | 20km:02:01:57 | 21km:02:08:55 | 25km:02:35:15 | 30km:03:11:28 | 35km:03:49:05 | 40km:04:28:22									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4371	6648	**KLITKO Oleksandr**	KYIV		UKR	1958	M60	100	04:52:15	04:44:48	3705
		5km:00:32:41| 10km:01:05:08| 15km: 01:37:40 | 20km:02:11:07 | 21km:02:18:10 | 25km:02:44:29 | 30km:03:17:34 | 35km:03:49:44 | 40km:04:27:57								
4372	10795	**PASIS Beata**	KIELCE		POL	1990	K30	249	04:53:17	04:44:49	667
		5km:00:32:56| 10km:01:05:51| 15km: 01:38:45 | 20km:02:12:10 | 21km:02:19:11 | 25km:02:46:06 | 30km:03:20:14 | 35km:03:54:02 | 40km:04:29:38								
4373	4239	**PATER Janusz**	OŚWIĘCIM	MJMETAL OŚWIĘCIM	POL	1978	M40	1310	04:53:43	04:44:50	3706
		5km:00:32:50| 10km:01:07:43| 15km: 01:39:57 | 20km:02:13:05 | 21km:02:20:05 | 25km:02:49:45 | 30km:03:22:20 | 35km:03:56:05 | 40km:04:31:28								
4374	10326	**MODZELEWSKI Dariusz**	PAWŁOWICE		POL	1958	M60	101	04:51:46	04:44:53	3707
		5km:00:31:00| 10km:01:03:28| 15km: 01:34:51 | 20km:02:07:39 | 21km:02:14:24 | 25km:02:39:02 | 30km:03:11:56 | 35km:03:47:51 | 40km:04:27:54								
4375	2730	**JASKÓLSKI Kuba**	WARSZAWA		POL	1999	M20	619	04:51:47	04:44:53	3707
		5km:00:31:00| 10km:01:03:28| 15km: 01:36:15 | 20km:02:07:38 | 21km:02:14:22 | 25km:02:39:02 | 30km:03:11:53 | 35km:03:47:50 | 40km:04:27:50								
4376	2067	**SPALDING James**	REIGATE		GBR	1980	M40	1311	04:50:49	04:44:56	3709
		5km:00:30:25| 10km:01:00:17| 15km: 01:30:43 | 20km:02:02:12 | 21km:02:08:50 | 25km:02:35:29 | 30km:03:10:40 | 35km:03:50:36 | 40km:04:28:17								
4377	5104	**MALIN Denys**	WARSZAWA		UKR	1994	M20	620	04:52:01	04:44:56	3709
		5km:00:30:22| 10km:01:01:15| 15km: 01:32:18 | 20km:02:03:22 | 21km:02:10:04 | 25km:02:35:31 | 30km:03:10:16 | 35km:03:49:54 | 40km:04:30:36								
4378	7411	**KOTLENGA Monika**	IŁAWA		POL	1979	K40	279	04:54:54	04:44:57	668
		5km:00:33:21| 10km:01:06:15| 15km: 01:38:57 | 20km:01:58:45 | 21km:02:18:33 | 25km:02:46:00 | 30km:03:19:00 | 35km:03:52:54 | 40km:04:29:28								
4379	1007	**SIERY Artur**	WARSZAWA		POL	1957	M60	102	04:52:50	04:45:00	3711
		5km:00:31:42| 10km:01:03:15| 15km: 01:33:44 | 20km:02:05:18 | 21km:02:12:06 | 25km:02:37:22 | 30km:03:10:26 | 35km:03:48:50 | 40km:04:28:37								
4380	3841	**WIERZBOWSKI Marek**	GRUDZIĄDZ		POL	1962	M60	103	04:49:58	04:45:01	3712
		5km:00:28:49| 10km:00:58:02| 15km: 01:27:12 | 20km:01:57:02 | 21km:02:03:33 | 25km:02:28:14 | 30km:03:03:21 | 35km:03:44:32 | 40km:04:26:59								
4381	4122	**GAWĘDA Marcin**	WARSZAWA		POL	1984	M30	1218	04:54:56	04:45:02	3713
		5km:00:32:56| 10km:01:05:04| 15km: 01:36:46 | 20km:02:09:26 | 21km:02:16:16 | 25km:02:41:46 | 30km:03:15:19 | 35km:03:51:03 | 40km:04:29:27								
4382	7587	**SOCHACZEWSKA Joanna**	WARSZAWA		POL	1994	K20	92	04:53:01	04:45:04	669
		5km:00:31:44| 10km:01:03:16| 15km: 01:33:43 | 20km:02:05:18 | 21km:02:12:03 | 25km:02:37:11 | 30km:03:11:31 | 35km:03:48:31 | 40km:04:28:33								
4383	7586	**MRÓZ Daniel**	WARSZAWA		POL	1991	M30	1219	04:53:02	04:45:05	3714
		5km:00:31:44| 10km:01:03:17| 15km: 01:33:43 | 20km:02:05:17 | 21km:02:12:02 | 25km:02:37:11 | 30km:03:11:32 | 35km:03:48:32 | 40km:04:28:34								
4384	2791	**MATCZUK Michał**	WARSZAWA		POL	1985	M30	1220	04:51:13	04:45:06	3715
		5km:00:29:17| 10km:00:58:49| 15km: 01:28:15 | 20km:01:58:12 | 21km:02:04:52 | 25km:02:31:07 | 30km:03:09:41 | 35km:03:47:59 | 40km:04:28:43								
4385	6838	**STRZELECKI Filip**	WARSZAWA		POL	1977	M40	1312	04:51:24	04:45:06	3715
		5km:00:28:32| 10km:00:58:00| 15km: 01:28:13 | 20km:01:59:46 | 21km:02:06:49 | 25km:02:33:40 | 30km:03:10:07 | 35km:03:48:17 | 40km:04:28:23								
4386	2813	**SŁAWIŃSKI Łukasz**	WARSZAWA		POL	1980	M40	1313	04:50:10	04:45:10	3717
		5km:00:27:57| 10km:00:56:05| 15km: 01:24:08 | 20km:01:56:19 | 21km:02:03:00 | 25km:02:33:08 | 30km:03:09:46 | 35km:03:49:43 | 40km:04:29:42								
4387	4618	**MAKUCH Jacek**	WARSZAWA		POL	1978	M40	1314	04:53:30	04:45:11	3718
		5km:00:31:13| 10km:01:02:46| 15km: 01:33:16 | 20km:02:04:48 | 21km:02:11:39 | 25km:02:36:54 | 30km:03:10:03 | 35km:03:43:24 | 40km:04:26:39								
4388	5318	**NIEDZIAŁEK Robert**	LUBLIN	Rak?n?Roll	POL	1977	M40	1314	04:53:44	04:45:11	3718
		5km:00:31:29| 10km:01:02:22| 15km: 01:33:28 | 20km:02:03:28 | 21km:02:09:48 | 25km:02:35:31 | 30km:03:11:00 | 35km:03:50:20 | 40km:04:29:47								
4389	4568	**PAPKA Sławomir**	WARSZAWA		POL	1963	M60	104	04:53:20	04:45:12	3720
		5km:00:33:33| 10km:01:06:57| 15km: 01:40:09 | 20km:02:13:54 | 21km:02:21:14 | 25km:02:47:45 | 30km:03:22:02 | 35km:03:54:46 | 40km:04:30:00								
4390	7912	**JOSEPH Isabelle**	WARSZAWA		POL	1988	K30	250	04:52:12	04:45:12	670
		5km:00:30:22| 10km:01:01:09| 15km: 01:33:12 | 20km:02:07:13 | 21km:02:14:25 | 25km:02:40:48 | 30km:03:16:43 | 35km:03:52:53 | 40km:04:29:28								
4391	10123	**PERKOWSKI Piotr**	JÓZEFOSŁAW		POL	1985	M30	1221	04:53:00	04:45:13	3721
		5km:00:31:43| 10km:01:03:18| 15km: 01:33:57 | 20km:02:06:10 | 21km:02:13:22 | 25km:02:39:41 | 30km:03:11:55 | 35km:03:47:43 | 40km:04:27:50								
4392	5249	**REPILEVSKYI Borys**	KRAKÓW		UKR	1994	M20	621	04:52:06	04:45:15	3722
		5km:00:29:26| 10km:00:58:17| 15km: 01:26:47 | 20km:01:55:54 | 21km:02:02:20 | 25km:02:28:01 | 30km:03:03:15 | 35km:03:42:08 | 40km:04:26:57								
4393	3108	**HOLUBOWICZ Piotr**	GRANICA	Granica Warriors	POL	1975	M40	1316	04:53:27	04:45:17	3723
		5km:00:32:33| 10km:01:04:17| 15km: 01:35:51 | 20km:02:07:44 | 21km:02:14:38 | 25km:02:41:01 | 30km:03:13:54 | 35km:03:52:21 | 40km:04:29:14								
4394	6332	**WYGRABEK Jakub**	STAROGARD GDAŃSKI		POL	1991	M30	1222	04:52:25	04:45:18	3724
		5km:00:27:48| 10km:00:56:26| 15km: 01:25:10 | 20km:01:54:51 | 21km:02:01:26 | 25km:02:29:21 | 30km:03:08:00 | 35km:03:47:34 | 40km:04:29:32								
4395	4629	**PAMIĘTA Krzysztof**	GDAŃSK		POL	1971	M50	451	04:50:15	04:45:19	3725
		5km:00:27:50| 10km:00:55:54| 15km: 01:23:52 | 20km:01:54:21 | 21km:02:01:16 | 25km:02:28:42 | 30km:03:05:27 | 35km:03:46:13 | 40km:04:29:01								
4396	5160	**NOWAKOWSKI Robert**	TYCHY		POL	1973	M50	452	04:54:15	04:45:25	3726
		5km:00:33:31| 10km:01:06:11| 15km: 01:38:31 | 20km:02:10:52 | 21km:02:17:51 | 25km:02:43:17 | 30km:03:16:09 | 35km:03:49:40 | 40km:04:27:49								
4397	7128	**SOWA Andrzej**	GARWOLIN		POL	1981	M40	1317	04:46:16	04:45:27	3727
		5km:00:26:43| 10km:00:55:51| 15km: 01:26:55 | 20km:01:59:33 | 21km:02:06:35 | 25km:02:33:48 | 30km:03:08:04 | 35km:03:47:28 | 40km:04:29:35								
4398	2508	**RACHUBIŃSKI Maciej**	ŁOWICZ		POL	1998	M20	622	04:52:28	04:45:36	3728
		5km:00:31:39| 10km:01:04:17| 15km: 01:37:14 | 20km:02:09:54 | 21km:02:16:58 | 25km:02:43:57 | 30km:03:18:27 | 35km:03:53:46 | 40km:04:30:30								
4399	7388	**KUCIŃSKI Hubert**	WARSZAWA	Onslow - sekcja Dziadków	POL	1977	M40	1318	04:48:15	04:45:37	3729
		5km:00:28:49| 10km:00:57:12| 15km: 01:25:39 | 20km:01:54:40 | 21km:02:00:53 | 25km:02:23:52 | 30km:03:03:28 | 35km:03:45:20 | 40km:04:27:45								
4400	6327	**GAŁACKA Joanna**	WARSZAWA		POL	1976	K40	280	04:49:22	04:45:39	671
		5km:00:28:09| 10km:00:56:52| 15km: 01:27:28 | 20km:02:01:11 | 21km:02:08:47 | 25km:02:36:26 | 30km:03:13:43 | 35km:03:51:58 | 40km:04:30:53								
4401	7462	**FILIPOWICZ Natalia**	WARSZAWA	New Balance Run Club	POL	1992	K30	251	04:54:18	04:45:39	671
		5km:00:30:54| 10km:01:02:02| 15km: 01:32:21 | 20km:02:03:17 | 21km:02:09:51 | 25km:02:35:02 | 30km:03:09:28 | 35km:03:45:55 | 40km:04:27:05								
4402	6184	**GRACZYK Artur**	GOZDOWO	AG TRI	POL	1967	M50	453	04:53:57	04:45:42	3730
		5km:00:29:32| 10km:00:59:14| 15km: 01:28:47 | 20km:01:58:49 | 21km:02:05:26 | 25km:02:30:20 | 30km:03:04:34 | 35km:03:42:19 | 40km:04:27:23								
4403	3256	**MACUTKIEWICZ Adam**	WARSZAWA	Maratończycy	POL	1996	M20	623	04:53:20	04:45:43	3731
		5km:00:31:36| 10km:01:02:58| 15km: 01:34:08 | 20km:02:05:26 | 21km:02:12:13 | 25km:02:37:06 | 30km:03:10:42 | 35km:03:48:47 | 40km:04:30:54								
4404	4166	**ANTOŃ Bartłomiej**	WARSZAWA		POL	1995	M20	624	04:54:35	04:45:48	3732
		5km:00:33:43| 10km:01:07:24| 15km: 01:39:27 | 20km:02:11:31 | 21km:02:18:32 | 25km:02:43:40 | 30km:03:19:02 | 35km:03:53:30 | 40km:04:30:13								
4405	6081	**TRZOSKA Michał**	ŁOWICZ		POL	1987	M30	1223	04:50:04	04:45:49	3733
		5km:00:29:36| 10km:01:00:50| 15km: 01:31:24 | 20km:02:02:52 | 21km:02:09:24 | 25km:02:34:01 | 30km:03:06:14 | 35km:03:41:59 | 40km:04:25:13								
4406	8351	**OBARSKI Dariusz**	PIASECZNO		POL	1973	M50	454	04:53:11	04:45:49	3733
		5km:00:30:33| 10km:01:01:43| 15km: 01:33:20 | 20km:02:05:06 | 21km:02:12:01 | 25km:02:37:18 | 30km:03:11:03 | 35km:03:47:41 | 40km:04:29:26								
4407	13044	**TULIK Łukasz**	WARSZAWA	ZA MNĄ	POL	1983	M40	1319	04:53:32	04:45:51	3735
		5km:00:31:32| 10km:01:03:07| 15km: 01:33:33 | 20km:02:03:47 | 21km:02:10:17 | 25km:02:34:52 | 30km:03:07:25 | 35km:03:43:15 | 40km:04:26:30								
4408	5262	**KIEŁCZEWSKI Jakub**	WARSZAWA		POL	1996	M20	625	04:54:06	04:45:52	3736
		5km:00:30:54| 10km:01:03:14| 15km: 01:34:47 | 20km:02:05:52 | 21km:02:12:54 | 25km:02:38:21 | 30km:03:13:39 | 35km:03:50:36 | 40km:04:29:23								
4409	6433	**STĘPIEŃ Michał**	PIASECZNA GÓRKA		POL	1977	M40	1320	04:51:58	04:45:52	3736
		5km:00:29:53| 10km:00:59:14| 15km: 01:28:36 | 20km:01:58:20 | 21km:02:04:57 | 25km:02:29:20 | 30km:03:03:43 | 35km:03:43:07 | 40km:04:29:17								
4410	2920	**WIKTORSKI Mariusz**	NOWA SÓL		POL	1976	M40	1321	04:54:03	04:45:54	3738
		5km:00:32:40| 10km:01:05:27| 15km: 01:37:13 | 20km:02:08:59 | 21km:02:16:00 | 25km:02:41:16 | 30km:03:13:20 | 35km:03:47:10 | 40km:04:33:17								
4411	7673	**ZWOLIŃSKI Szymon**	WARSZAWA	Łowcy Wrażeń	POL	1986	M30	1224	04:47:05	04:45:56	3739
		5km:00:24:36| 10km:00:49:19| 15km: 01:14:18 | 20km:01:42:46 | 21km:01:49:23 | 25km:02:18:09 | 30km:02:59:10 | 35km:03:44:53 | 40km:04:29:08								
4412	8466	**OLSZEWSKI Tomek**	NOWA SÓL		POL	1976	M40	1322	04:54:04	04:45:57	3740
		5km:00:32:41| 10km:01:05:31| 15km: 01:37:16 | 20km:02:08:59 | 21km:02:16:02 | 25km:02:41:17 | 30km:03:13:20 | 35km:03:47:11 | 40km:04:33:20								
4413	2867	**PETI Matej**	SENEC		SVK	1997	M20	626	04:52:06	04:46:00	3741
		5km:00:29:47| 10km:00:58:47| 15km: 01:27:46 | 20km:01:57:23 | 21km:02:03:56 | 25km:02:28:35 | 30km:03:09:11 | 35km:03:51:24 | 40km:04:31:28								
4414	13037	**LASKOWSKI Patryk**	PORONIN		POL	1996	M20	627	04:51:26	04:46:01	3742
		5km:00:27:46| 10km:00:54:48| 15km: 01:22:45 | 20km:01:50:50 | 21km:01:56:54 | 25km:02:18:47 | 30km:02:54:39 | 35km:03:44:45 | 40km:04:27:59								
4415	8340	**WILMAN Tomasz**	WARSZAWA		POL	1982	M40	1323	04:53:34	04:46:02	3743
		5km:00:31:59| 10km:01:03:40| 15km: 01:34:24 | 20km:02:05:54 | 21km:02:12:44 | 25km:02:37:47 | 30km:03:10:48 | 35km:03:45:16 | 40km:04:27:44								
4416	2273	**WACŁAW Maria**	SOSNOWIEC		POL	1974	K40	281	04:53:56	04:46:05	673
		5km:00:31:14| 10km:01:02:14| 15km: 01:33:09 | 20km:02:04:42 | 21km:02:11:36 | 25km:02:37:27 | 30km:03:11:34 | 35km:03:48:49 | 40km:04:29:24								

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:54 | 10km:00:56:16 | 15km: 01:25:02 | 20km:01:55:04 | 21km:02:01:15 | 25km:02:33:47 | 30km:03:11:29 | 35km:03:53:13 | 40km:04:31:23									
4417	6771	**BARRETT David**	GALWAY		IRL	1973	M50	455	04:51:35	04:46:05	3744
		5km:00:33:52 | 10km:01:07:58 | 15km: 01:41:20 | 20km:02:13:37 | 21km:02:20:52 | 25km:02:46:27 | 30km:03:19:36 | 35km:03:53:58 | 40km:04:30:28									
4418	8448	**ŁUPIŃSKI Łukasz**	WARSZAWA		POL	1991	M30	1225	04:54:43	04:46:15	3745
		5km:00:31:40 | 10km:01:04:20 | 15km: 01:37:16 | 20km:02:10:34 | 21km:02:16:59 | 25km:02:43:58 | 30km:03:18:28 | 35km:03:53:49 | 40km:04:31:02									
4419	7935	**JABŁOŃSKI Szymon**	KOCIERZEW		POL	1996	M20	628	04:53:13	04:46:21	3746
		5km:00:30:31 | 10km:01:01:11 | 15km: 01:31:23 | 20km:02:01:45 | 21km:02:08:30 | 25km:02:38:27 | 30km:03:14:30 | 35km:03:51:10 | 40km:04:30:14									
4420	14518	**GARSKI Michał**	ŁÓDŹ		POL	1989	M30	1226	04:53:11	04:46:24	3747
		5km:00:33:01 | 10km:01:07:37 | 15km: 01:43:26 | 20km:02:22:32 | 21km:02:30:15 | 25km:02:59:19 | 30km:03:27:44 | 35km:03:57:00 | 40km:04:32:23									
4421	4150	**LEONKIEWICZ Dorota**	BIALYSTOK		POL	1998	K20	93	04:54:14	04:46:26	674
		5km:00:28:35 | 10km:00:57:04 | 15km: 01:25:15 | 20km:01:53:44 | 21km:01:59:55 | 25km:02:22:20 | 30km:02:52:19 | 35km:03:28:44 | 40km:04:16:18									
4422	3078	**FIGIELA Robert**	WAŁBRZYCH	TEMMPO Wałbrzych	POL	1979	M40	1324	04:51:32	04:46:28	3748
		5km:00:30:47 | 10km:01:02:05 | 15km: 01:32:43 | 20km:02:04:06 | 21km:02:11:00 | 25km:02:35:58 | 30km:03:08:40 | 35km:03:44:19 | 40km:04:27:18									
4423	4096	**CIEŚLAK Tomasz**	SIERADZ		POL	1977	M40	1325	04:53:14	04:46:29	3749
		5km:00:33:36 | 10km:01:05:47 | 15km: 01:38:36 | 20km:02:12:08 | 21km:02:19:04 | 25km:02:44:24 | 30km:03:17:56 | 35km:03:51:22 | 40km:04:27:40									
4424	6932	**SKRZYPCZAK Piotr**	LUBLIN		POL	1978	M40	1326	04:53:45	04:46:31	3750
		5km:00:28:44 | 10km:00:57:49 | 15km: 01:26:29 | 20km:01:56:03 | 21km:02:02:37 | 25km:02:26:55 | 30km:02:59:24 | 35km:03:43:32 | 40km:04:28:41									
4425	2103	**NIZIOŁ Karol**	ŁOMIANKI		POL	1983	M40	1327	04:53:21	04:46:33	3751
		5km:00:32:20 | 10km:01:04:54 | 15km: 01:36:23 | 20km:02:08:30 | 21km:02:15:27 | 25km:02:40:36 | 30km:03:15:43 | 35km:03:53:35 | 40km:04:33:09									
4426	6331	**MANIKOWSKI Wiesław**	KALISZ		POL	1978	M40	1328	04:54:37	04:46:35	3752
		5km:00:31:28 | 10km:01:04:05 | 15km: 01:37:04 | 20km:02:09:38 | 21km:02:16:46 | 25km:02:43:44 | 30km:03:18:15 | 35km:03:53:35 | 40km:04:30:50									
4427	3791	**OGORZALEK Mariola**	WARSZAWA		POL	1998	K20	94	04:53:41	04:46:37	675
		5km:00:33:06 | 10km:01:05:24 | 15km: 01:37:29 | 20km:02:09:50 | 21km:02:16:51 | 25km:02:42:36 | 30km:03:16:06 | 35km:03:51:10 | 40km:04:30:30									
4428	10604	**CICHOCKA Natalia**	PYSKOWICE		POL	1987	K30	252	04:56:14	04:46:38	676
		5km:00:28:18 | 10km:00:56:53 | 15km: 01:25:06 | 20km:01:54:18 | 21km:02:00:44 | 25km:02:31:06 | 30km:03:04:50 | 35km:03:44:11 | 40km:04:26:15									
4429	3808	**CZERNIAWSKI Piotr**	GDYNIA		POL	1972	M50	456	04:52:02	04:46:38	3753
		5km:00:30:23 | 10km:01:01:37 | 15km: 01:33:27 | 20km:02:05:11 | 21km:02:12:01 | 25km:02:38:40 | 30km:03:12:31 | 35km:03:50:25 | 40km:04:30:40									
4430	2824	**RADGOWSKA Gabriela**	WARSZAWA		POL	1990	K30	253	04:54:04	04:46:41	677
		5km:00:31:55 | 10km:01:03:41 | 15km: 01:35:42 | 20km:02:08:27 | 21km:02:16:07 | 25km:02:42:27 | 30km:03:16:47 | 35km:03:52:45 | 40km:04:31:16									
4431	10705	**SUT Przemysław**	MYSŁAKÓW	FOX-y Mysłaków	POL	1987	M30	1227	04:54:17	04:46:42	3754
		5km:00:30:04 | 10km:00:59:01 | 15km: 01:28:25 | 20km:01:59:28 | 21km:02:06:13 | 25km:02:32:06 | 30km:03:07:40 | 35km:03:46:12 | 40km:04:30:05									
4432	7289	**KAŁKA Marcin**	RAWICZ		POL	1984	M30	1228	04:54:25	04:46:52	3755
		5km:00:36:49 | 10km:01:10:27 | 15km: 01:46:30 | 20km:02:20:34 | 21km:02:27:12 | 25km:02:53:53 | 30km:03:26:02 | 35km:03:59:10 | 40km:04:35:59									
4433	3373	**KANIA Tomasz**	PIASEK		POL	1989	M30	1229	04:56:51	04:46:53	3756
		5km:00:31:38 | 10km:01:03:23 | 15km: 01:34:51 | 20km:02:06:52 | 21km:02:13:55 | 25km:02:40:56 | 30km:03:16:27 | 35km:03:52:51 | 40km:04:30:55									
4434	7110	**JĘDRUSZCZAK Renata**	PIASECZNO		POL	1975	K40	282	04:54:46	04:46:53	678
		5km:00:32:48 | 10km:01:05:28 | 15km: 01:38:22 | 20km:02:11:08 | 21km:02:18:04 | 25km:02:44:23 | 30km:03:18:19 | 35km:03:54:09 | 40km:04:32:04									
4435	2478	**DRANCHUK Tetiana**	WROCŁAW		UKR	1988	K30	254	04:55:00	04:46:56	679
		5km:00:35:06 | 10km:01:09:49 | 15km: 01:44:43 | 20km:02:18:15 | 21km:02:25:52 | 25km:02:52:56 | 30km:03:29:05 | 35km:04:01:00 | 40km:04:34:56									
4436	3482	**KONEFAŁ Katarzyna**	WARSZAWA		POL	1993	K30	255	04:55:38	04:47:06	680
		5km:00:27:54 | 10km:00:56:38 | 15km: 01:25:38 | 20km:01:56:52 | 21km:02:03:36 | 25km:02:29:50 | 30km:03:06:05 | 35km:03:44:33 | 40km:04:29:49									
4437	6090	**GROCHOWSKI Paweł**	WARSZAWA	PZU Sport Team	POL	1980	M40	1329	04:52:33	04:47:07	3757
		5km:00:30:34 | 10km:01:00:48 | 15km: 01:31:11 | 20km:02:03:11 | 21km:02:09:58 | 25km:02:36:35 | 30km:03:11:23 | 35km:03:48:40 | 40km:04:29:29									
4438	6918	**SERAZIO Annick**	SARRIANS		FRA	1960	K60	4	04:55:18	04:47:10	681
		5km:00:35:27 | 10km:01:10:52 | 15km: 01:47:01 | 20km:02:23:34 | 21km:02:30:56 | 25km:02:58:00 | 30km:03:31:23 | 35km:04:04:47 | 40km:04:34:55									
4439	7090	**PIÓRKOWSKA Anna**	SKIERNIEWICE		POL	2003	K20	95	04:56:36	04:47:10	681
		5km:00:29:49 | 10km:00:59:47 | 15km: 01:29:23 | 20km:01:59:42 | 21km:02:06:23 | 25km:02:30:29 | 30km:03:04:27 | 35km:03:42:04 | 40km:04:28:57									
4440	10409	**STACHURA Patryk**	KONOPISKA		POL	1998	M20	629	04:51:41	04:47:12	3758
		5km:00:27:49 | 10km:00:57:17 | 15km: 01:27:41 | 20km:01:58:26 | 21km:02:05:07 | 25km:02:31:00 | 30km:03:08:29 | 35km:03:48:43 | 40km:04:31:13									
4441	2440	**NAULEWICZ Monika**	WARSZAWA		POL	1986	K30	256	04:49:09	04:47:17	683
		5km:00:27:26 | 10km:00:55:58 | 15km: 01:23:13 | 20km:01:51:34 | 21km:01:57:47 | 25km:02:21:42 | 30km:02:57:46 | 35km:03:41:41 | 40km:04:28:37									
4442	6322	**MUSIAŁ Sebastian**	WARSZAWA		POL	2000	M20	630	04:52:20	04:47:18	3759
		5km:00:28:10 | 10km:00:55:25 | 15km: 01:22:38 | 20km:01:50:00 | 21km:01:55:55 | 25km:02:19:56 | 30km:03:00:21 | 35km:03:44:14 | 40km:04:29:30									
4443	8092	**KRASNODĘBSKI Robert**	WARSZAWA		POL	1967	M50	457	04:51:00	04:47:18	3759
		5km:00:28:15 | 10km:00:59:11 | 15km: 01:30:25 | 20km:02:01:11 | 21km:02:07:41 | 25km:02:34:59 | 30km:03:08:49 | 35km:03:49:51 | 40km:04:31:23									
4444	6955	**RESZCZYŃSKI Paweł**	WARSZAWA		POL	1970	M50	458	04:51:14	04:47:22	3761
		5km:00:33:14 | 10km:01:05:58 | 15km: 01:38:47 | 20km:02:11:55 | 21km:02:19:05 | 25km:02:46:03 | 30km:03:19:49 | 35km:03:53:42 | 40km:04:31:33									
4445	8486	**SZPYRKA Paweł**	WARSZAWA		POL	1975	M40	1330	04:56:35	04:47:22	3761
		5km:00:33:32 | 10km:01:06:10 | 15km: 01:39:20 | 20km:02:13:02 | 21km:02:20:12 | 25km:02:46:20 | 30km:03:19:28 | 35km:03:55:11 | 40km:04:32:48									
4446	10222	**POKROPEK Artur**	GRODZISK MAZ		POL	1983	M40	1331	04:56:23	04:47:29	3763
		5km:00:31:38 | 10km:01:03:23 | 15km: 01:34:54 | 20km:02:06:50 | 21km:02:13:55 | 25km:02:40:56 | 30km:03:16:27 | 35km:03:52:51 | 40km:04:32:22									
4447	3924	**MAKAREWICZ Katarzyna**	PIASECZNO		POL	1979	K40	283	04:55:24	04:47:31	684
		5km:00:29:40 | 10km:01:00:23 | 15km: 01:29:55 | 20km:02:00:55 | 21km:02:07:58 | 25km:02:34:33 | 30km:03:09:53 | 35km:03:51:18 | 40km:04:30:56									
4448	7494	**URBAŃCZYK Mateusz**	WARSZAWA		POL	1992	M30	1230	04:51:49	04:47:33	3764
		5km:00:32:04 | 10km:01:04:17 | 15km: 01:36:24 | 20km:02:08:58 | 21km:02:16:05 | 25km:02:42:34 | 30km:03:16:56 | 35km:03:52:02 | 40km:04:31:01									
4449	208	**OSIŃSKI Stanisław**	WARSZAWA	Nasielsk Baszta Team	POL	1951	M70	12	04:54:46	04:47:35	3765
		5km:00:30:55 | 10km:01:01:46 | 15km: 01:32:32 | 20km:02:05:09 | 21km:02:11:57 | 25km:02:38:05 | 30km:03:12:42 | 35km:03:56:51 | 40km:04:33:35									
4450	8316	**ANIOŁ Natalia**	ŻYRARDÓW		POL	1990	K30	257	04:54:06	04:47:36	685
		5km:00:28:02 | 10km:00:56:44 | 15km: 01:26:15 | 20km:01:57:15 | 21km:02:04:25 | 25km:02:31:04 | 30km:03:08:42 | 35km:03:47:26 | 40km:04:30:18									
4451	10786	**GAJOWNICZEK Robert**	GRODZISK MAZOWIECKI		POL	1976	M40	1332	04:53:11	04:47:37	3766
		5km:00:33:51 | 10km:01:06:37 | 15km: 01:39:41 | 20km:02:13:14 | 21km:02:20:21 | 25km:02:46:55 | 30km:03:20:24 | 35km:03:54:08 | 40km:04:31:09									
4452	2163	**SZYMON Kordian**	WĘGRY		POL	1999	M20	631	04:56:12	04:47:37	3766
		5km:00:29:59 | 10km:00:58:25 | 15km: 01:26:57 | 20km:01:56:04 | 21km:02:02:35 | 25km:02:27:16 | 30km:03:05:55 | 35km:03:48:10 | 40km:04:30:52									
4453	10318	**BOGDANOW Andrzej**	LUBLIN	Orange Polska	POL	1960	M60	105	04:54:04	04:47:39	3768
		5km:00:28:40 | 10km:00:57:23 | 15km: 01:26:20 | 20km:01:55:39 | 21km:02:02:03 | 25km:02:27:53 | 30km:03:05:39 | 35km:03:46:49 | 40km:04:30:28									
4454	10024	**WALENCIK Krzysztof**	WARSZAWA		POL	1994	M20	632	04:52:09	04:47:41	3769
		5km:00:28:50 | 10km:00:57:52 | 15km: 01:28:11 | 20km:01:59:33 | 21km:02:06:00 | 25km:02:30:20 | 30km:03:04:22 | 35km:03:42:37 | 40km:04:29:38									
4455	14013	**SZPONDER Artur**	RADOMSKO	KBKS RADOMSKO	POL	1985	M30	1231	04:52:13	04:47:42	3770
		5km:00:32:31 | 10km:01:04:17 | 15km: 01:38:30 | 20km:02:10:48 | 21km:02:17:29 | 25km:02:43:31 | 30km:03:17:13 | 35km:03:53:12 | 40km:04:31:46									
4456	6770	**CZWAKIEL Danuta**	LEŻAJSK		POL	1964	K50	45	04:56:07	04:47:43	686
		5km:00:34:45 | 10km:01:09:15 | 15km: 01:43:45 | 20km:02:18:10 | 21km:02:25:41 | 25km:02:52:33 | 30km:03:27:03 | 35km:04:00:46 | 40km:04:34:19									
4457	13015	**GŁOGOWSKA Aleksandra**	WARSZAWA		POL	1980	K40	284	04:56:42	04:47:44	687
		5km:00:33:33 | 10km:01:06:02 | 15km: 01:38:34 | 20km:02:11:55 | 21km:02:19:11 | 25km:02:45:59 | 30km:03:20:25 | 35km:03:55:02 | 40km:04:32:04									
4458	3889	**ŻUCHOWSKI Andrzej**	WARSZAWA		POL	1977	M40	1333	04:56:26	04:47:44	3771
		5km:00:31:54 | 10km:01:03:39 | 15km: 01:35:13 | 20km:02:06:54 | 21km:02:14:02 | 25km:02:39:33 | 30km:03:13:46 | 35km:03:51:12 | 40km:04:32:49									
4459	8336	**PALKA Jakub**	WARSZAWA		POL	1996	M20	633	04:55:04	04:47:44	3771
		5km:00:29:52 | 10km:01:01:02 | 15km: 01:31:06 | 20km:02:02:00 | 21km:02:08:38 | 25km:02:33:13 | 30km:03:09:31 | 35km:03:49:57 | 40km:04:32:02									
4460	10273	**BOBROWSKI Maciej**	SZCZECIN		POL	1996	M20	634	04:53:27	04:47:46	3773
		5km:00:28:29 | 10km:00:57:58 | 15km: 01:28:16 | 20km:02:00:18 | 21km:02:07:28 | 25km:02:34:54 | 30km:03:11:44 | 35km:03:49:30 | 40km:04:32:03									
4461	3105	**NOWAKOWSKI Michał**	PŁOŃSK		POL	1991	M30	1232	04:52:01	04:47:46	3773
		5km:00:27:29 | 10km:00:54:56 | 15km: 01:22:04 | 20km:01:49:15 | 21km:01:55:15 | 25km:02:16:35 | 30km:02:50:03 | 35km:03:40:38 | 40km:04:34:05									
4462	5214	**SZULTKA Mariusz**	KOSZALIN	Koszalin	POL	1985	M30	1233	04:50:56	04:47:48	3775

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:49| 10km:01:06:31| 15km: 01:39:48 | 20km:02:13:10 | 21km:02:20:16 | 25km:02:46:36 | 30km:03:25:05 | 35km:04:03:58 | 40km:04:35:02									
4463	6249	**DAVIES Suzanne**	NOTTINGHAM		GBR	1993	K30	258	04:56:19	04:47:49	688
4464	12041	**SYPNIEWSKI Piotr**	WARSZAWA	TKKF Błyskawica	POL	1974	M40	1334	04:54:30	04:47:50	3776
		5km:00:29:51| 10km:00:59:53| 15km: 01:29:54 | 20km:02:00:08 | 21km:02:08:09 | 25km:02:32:49 | 30km:03:07:33 | 35km:03:47:17 | 40km:04:32:27									
4465	12055	**WYBRANIEC Daniel**	KRAKÓW		POL	1999	M20	635	04:54:22	04:47:51	3777
		5km:00:30:55| 10km:01:02:44| 15km: 01:34:49 | 20km:02:06:44 | 21km:02:13:47 | 25km:02:39:42 | 30km:03:14:27 | 35km:03:55:06 | 40km:04:31:26									
4466	2356	**NIEDŹWIEDŹ Krzysztof**	WĘGRÓW	Morsy Węgrów	POL	1970	M50	459	04:55:05	04:47:51	3777
		5km:00:31:56| 10km:01:03:14| 15km: 01:34:19 | 20km:02:06:13 | 21km:02:12:56 | 25km:02:37:44 | 30km:03:09:33 | 35km:03:45:34 | 40km:04:30:26									
4467	6175	**WACHNICKI Jan**	OPOLE		POL	1968	M50	459	04:55:03	04:47:51	3777
		5km:00:29:53| 10km:01:00:24| 15km: 01:30:30 | 20km:02:00:42 | 21km:02:07:16 | 25km:02:31:12 | 30km:03:02:42 | 35km:03:49:12 | 40km:04:33:28									
4468	7567	**CIĘCIWA Radosław**	WARSZAWA		POL	1987	M30	1234	04:54:59	04:47:51	3777
		5km:00:30:55| 10km:01:01:47| 15km: 01:31:48 | 20km:02:02:24 | 21km:02:08:53 | 25km:02:33:27 | 30km:03:08:12 | 35km:03:46:59 | 40km:04:30:16									
4469	3623	**POTOCKA Agnieszka**	PRUSZKÓW		POL	1972	K50	46	04:54:14	04:47:53	689
		5km:00:30:20| 10km:01:02:10| 15km: 01:33:11 | 20km:02:05:58 | 21km:02:12:44 | 25km:02:39:11 | 30km:03:13:43 | 35km:03:52:36 | 40km:04:33:02									
4470	2118	**SMÓŁKA Marcin**	RADOM		POL	1976	M40	1335	04:52:09	04:47:54	3781
		5km:00:28:30| 10km:00:56:43| 15km: 01:24:22 | 20km:01:52:37 | 21km:01:58:48 | 25km:02:23:01 | 30km:03:01:04 | 35km:03:42:46 | 40km:04:26:33									
4471	6135	**POTOCKI Robert**	PRUSZKÓW		POL	1966	M50	461	04:54:15	04:47:56	3782
		5km:00:30:22| 10km:01:02:12| 15km: 01:33:12 | 20km:02:05:56 | 21km:02:12:45 | 25km:02:39:09 | 30km:03:13:39 | 35km:03:52:35 | 40km:04:33:02									
4472	6784	**KINDRYK Tomasz**	CHRZANÓW	Zagłębiowski Klub Oyama Karate	POL	1980	M40	1336	04:56:04	04:47:57	3783
		5km:00:32:02| 10km:01:04:42| 15km: 01:38:24 | 20km:02:11:58 | 21km:02:19:06 | 25km:02:45:32 | 30km:03:19:43 | 35km:03:53:07 | 40km:04:30:56									
4473	6868	**GUDZ-KICIŃSKI Piotr**	PRZEMYŚL		POL	1971	M50	462	04:51:42	04:47:57	3783
		5km:00:27:26| 10km:00:55:16| 15km: 01:24:42 | 20km:01:54:59 | 21km:02:02:04 | 25km:02:28:50 | 30km:03:05:08 | 35km:03:46:46 | 40km:04:29:42									
4474	6286	**KUKUŁA Karol**	KALISZ		POL	1996	M20	636	04:54:59	04:47:59	3785
		5km:00:27:50| 10km:00:56:19| 15km: 01:26:52 | 20km:01:59:21 | 21km:02:06:15 | 25km:02:35:45 | 30km:03:13:13 | 35km:03:52:55 | 40km:04:31:22									
4475	7662	**MIKINA Artur**	WARSZAWA	pwpw sa	POL	1959	M60	106	04:54:42	04:48:00	3786
		5km:00:29:49| 10km:01:00:02| 15km: 01:29:56 | 20km:02:00:54 | 21km:02:07:43 | 25km:02:34:34 | 30km:03:15:11 | 35km:03:52:34 | 40km:04:31:48									
4476	2959	**RACHWALSKI VON REJCHWALD Hubert**	WARSZAWA		POL	1989	M30	1235	04:55:33	04:48:01	3787
		5km:00:32:20| 10km:01:06:01| 15km: 01:39:43 | 20km:02:13:52 | 21km:02:21:16 | 25km:02:47:53 | 30km:03:21:38 | 35km:03:55:39 | 40km:04:34:13									
4477	7353	**PANKOWSKI Mariusz**	WĄGROWIEC		POL	1983	M40	1337	04:55:22	04:48:02	3788
		5km:00:33:00| 10km:01:06:35| 15km: 01:39:59 | 20km:02:13:14 | 21km:02:20:17 | 25km:02:46:12 | 30km:03:23:23 | 35km:03:57:28 | 40km:04:33:11									
4478	2820	**WILEWSKI Tomasz**	LUBLIN		POL	1989	M30	1236	04:55:34	04:48:04	3789
		5km:00:32:22| 10km:01:06:06| 15km: 01:39:45 | 20km:02:13:52 | 21km:02:21:19 | 25km:02:47:54 | 30km:03:21:41 | 35km:03:55:40 | 40km:04:34:15									
4479	4061	**BARGANOWSKI Jan**	GDAŃSK		POL	2003	M20	637	04:56:32	04:48:05	3790
		5km:00:31:03| 10km:01:00:37| 15km: 01:32:40 | 20km:02:04:09 | 21km:02:10:50 | 25km:02:34:39 | 30km:03:09:13 | 35km:03:53:38 | 40km:04:33:35									
4480	10196	**DYŚ Mariusz**	ŚWIDNIK		POL	1981	M40	1338	04:55:20	04:48:06	3791
		5km:00:30:31| 10km:01:01:49| 15km: 01:33:40 | 20km:02:05:35 | 21km:02:12:10 | 25km:02:36:42 | 30km:03:10:05 | 35km:03:48:50 | 40km:04:31:43									
4481	10534	**HORODECKI Adrian**	ŚRODA ŚLĄSKA		POL	1986	M30	1237	04:52:18	04:48:06	3791
		5km:00:33:12| 10km:01:07:51| 15km: 01:42:53 | 20km:02:17:53 | 21km:02:25:33 | 25km:02:53:27 | 30km:03:24:30 | 35km:03:58:21 | 40km:04:33:20									
4482	2514	**MAZUR Mariusz**	OWCZARNIA		POL	1983	M40	1338	04:54:56	04:48:06	3791
		5km:00:29:40| 10km:00:59:07| 15km: 01:27:46 | 20km:01:57:01 | 21km:02:03:16 | 25km:02:27:07 | 30km:03:06:41 | 35km:03:48:59 | 40km:04:30:06									
4483	2525	**MARKUSZEWSKI Andrzej**	GRUDZIĄDZ		POL	1984	M30	1238	04:52:30	04:48:08	3794
		5km:00:28:36| 10km:00:56:50| 15km: 01:24:53 | 20km:01:54:00 | 21km:02:00:20 | 25km:02:24:20 | 30km:02:59:40 | 35km:03:46:19 | 40km:04:32:44									
4484	3356	**ŁUCZYK Janusz**	WARSZAWA	Bóbr Tłuszcz	POL	1979	M40	1340	04:53:08	04:48:11	3795
		5km:00:28:42| 10km:00:57:15| 15km: 01:25:21 | 20km:01:53:51 | 21km:02:00:02 | 25km:02:22:18 | 30km:02:54:38 | 35km:03:31:16 | 40km:04:23:42									
4485	10353	**CZASAK Tomasz**	STEFANOWO		POL	1971	M50	463	04:53:24	04:48:12	3796
		5km:00:28:25| 10km:00:58:41| 15km: 01:30:12 | 20km:02:01:27 | 21km:02:07:56 | 25km:02:35:23 | 30km:03:10:21 | 35km:03:48:52 | 40km:04:30:33									
4486	13012	**ŁAGOWSKI Krzysztof**	GDYNIA		POL	1991	M30	1239	04:52:19	04:48:12	3796
		5km:00:28:49| 10km:00:58:06| 15km: 01:28:37 | 20km:02:00:01 | 21km:02:06:42 | 25km:02:32:09 | 30km:03:07:42 | 35km:03:49:57 | 40km:04:32:08									
4487	6366	**BĄK Bartłomiej**	RADOM		POL	1996	M20	638	04:55:41	04:48:13	3798
		5km:00:31:45| 10km:01:03:06| 15km: 01:34:24 | 20km:02:06:59 | 21km:02:13:57 | 25km:02:42:09 | 30km:03:18:23 | 35km:03:55:26 | 40km:04:34:49									
4488	7767	**OCHNIK Monika**	GARWOLIN		POL	1988	K30	259	04:54:33	04:48:16	690
		5km:00:28:34| 10km:00:57:47| 15km: 01:28:11 | 20km:01:59:31 | 21km:02:06:23 | 25km:02:36:39 | 30km:03:11:53 | 35km:03:52:58 | 40km:04:32:35									
4489	7848	**RADZIKOWSKA Joanna**	SIEDLCE	Yulo Run Team Siedlce	POL	1975	K40	285	04:55:44	04:48:16	690
		5km:00:29:37| 10km:00:59:17| 15km: 01:29:16 | 20km:02:00:58 | 21km:02:08:09 | 25km:02:35:24 | 30km:03:11:38 | 35km:03:51:26 | 40km:04:31:25									
4490	5226	**GRONOWSKI Łukasz**	WARSZAWA		POL	1979	M40	1341	04:55:48	04:48:18	3799
		5km:00:32:08| 10km:01:04:16| 15km: 01:36:15 | 20km:02:08:49 | 21km:02:15:52 | 25km:02:43:26 | 30km:03:18:16 | 35km:03:54:59 | 40km:04:32:43									
4491	7600	**KOLEJKO Kamil**	LUBLIN		POL	1997	M20	639	04:54:56	04:48:28	3800
		5km:00:28:59| 10km:00:57:48| 15km: 01:27:11 | 20km:01:57:00 | 21km:02:03:57 | 25km:02:31:33 | 30km:03:07:59 | 35km:03:48:11 | 40km:04:31:35									
4492	3098	**BILLIK Tomasz**	WARSZAWA		POL	1980	M40	1342	04:51:57	04:48:31	3801
		5km:00:30:53| 10km:00:59:24| 15km: 01:27:52 | 20km:01:56:51 | 21km:02:03:07 | 25km:02:26:11 | 30km:02:58:48 | 35km:03:35:49 | 40km:04:26:41									
4493	8305	**SZEWCZUK Joanna**	LUBLIN		POL	1970	K50	47	04:52:15	04:48:31	692
		5km:00:30:39| 10km:01:01:26| 15km: 01:32:53 | 20km:02:06:49 | 21km:02:13:39 | 25km:02:41:31 | 30km:03:17:39 | 35km:03:55:31 | 40km:04:32:49									
4494	4695	**WOŹNIAK Bartłomiej**	TOMASZÓW MAZOWIECKI		POL	1993	M30	1240	04:55:15	04:48:40	3802
		5km:00:28:09| 10km:00:57:05| 15km: 01:26:28 | 20km:01:57:41 | 21km:02:04:34 | 25km:02:30:01 | 30km:03:06:42 | 35km:03:46:46 | 40km:04:31:39									
4495	8303	**GORSIAK Mateusz**	WARSZAWA		POL	1992	M30	1241	04:58:20	04:48:41	3803
		5km:00:33:21| 10km:01:06:02| 15km: 01:38:35 | 20km:02:11:32 | 21km:02:18:55 | 25km:02:45:46 | 30km:03:20:07 | 35km:03:55:53 | 40km:04:32:49									
4496	4386	**KRAUZ Paweł**	ZAGOŚCINIEC	KPP Piaseczno/KSStaszewscy	POL	1977	M40	1343	04:54:03	04:48:42	3804
		5km:00:28:15| 10km:00:56:48| 15km: 01:26:59 | 20km:01:58:25 | 21km:02:05:11 | 25km:02:35:31 | 30km:03:11:51 | 35km:03:54:53 | 40km:04:33:36									
4497	2465	**RUTKOWSKI Piotr**	WARSZAWA		POL	1962	M60	107	04:52:32	04:48:55	3805
		5km:00:28:33| 10km:00:56:37| 15km: 01:27:10 | 20km:01:58:22 | 21km:02:05:07 | 25km:02:31:44 | 30km:03:09:59 | 35km:03:47:51 | 40km:04:31:27									
4498	2595	**LUSTRYNOWICZ Robert**	SUWAŁKI		POL	1972	M50	464	04:51:33	04:48:56	3806
		5km:00:27:02| 10km:00:56:04| 15km: 01:26:21 | 20km:01:58:18 | 21km:02:05:05 | 25km:02:32:30 | 30km:03:08:24 | 35km:03:48:20 | 40km:04:32:28									
4499	8384	**ŚNIEŻEK Justyna**	WARSZAWA		POL	1990	K30	260	04:52:54	04:48:56	693
		5km:00:29:27| 10km:00:59:29| 15km: 01:30:01 | 20km:02:01:55 | 21km:02:08:54 | 25km:02:35:38 | 30km:03:12:47 | 35km:03:51:51 | 40km:04:33:38									
4500	15536	**WASIAK Damian**	WARSZAWA		POL	1996	M20	640	04:57:22	04:48:57	3807
		5km:00:28:47| 10km:00:59:01| 15km: 01:30:19 | 20km:02:00:50 | 21km:02:07:19 | 25km:02:33:11 | 30km:03:08:43 | 35km:03:49:15 | 40km:04:32:20									
4501	7463	**KAMIŃSKI Artur**	GRODZISK MAZOWIECKI	DZIKA ZADYSZKA	POL	1995	M20	641	04:58:27	04:49:01	3808
		5km:00:29:23| 10km:00:59:45| 15km: 01:30:15 | 20km:02:01:37 | 21km:02:08:17 | 25km:02:34:40 | 30km:03:09:39 | 35km:03:47:31 | 40km:04:31:59									
4502	2653	**KOMOROWSKI Jakub**	WARSZAWA		POL	2000	M20	642	04:56:48	04:49:04	3809
		5km:00:31:27| 10km:01:02:23| 15km: 01:32:55 | 20km:02:04:10 | 21km:02:10:45 | 25km:02:37:22 | 30km:03:12:59 | 35km:03:53:26 | 40km:04:34:32									
4503	3029	**PION Patrice**	AIGURANDE		FRA	1971	M50	465	04:56:46	04:49:14	3810
		5km:00:31:26| 10km:01:02:22| 15km: 01:32:54 | 20km:02:03:42 | 21km:02:10:49 | 25km:02:36:34 | 30km:03:13:44 | 35km:03:52:13 | 40km:04:32:02									
4504	10551	**ROGIŃSKI Adam**	KOLNO		POL	2003	M20	643	04:57:23	04:49:15	3811
		5km:00:31:42| 10km:01:03:11| 15km: 01:33:34 | 20km:02:05:42 | 21km:02:13:01 | 25km:02:38:18 | 30km:03:10:36 | 35km:03:48:25 | 40km:04:33:31									
4505	3764	**LIŚKIEWICZ Damian**	GŁOGÓW MAŁOPOLSKI	Nocny Bór Team	POL	1975	M40	1344	04:56:20	04:49:15	3811
		5km:00:32:10| 10km:01:03:53| 15km: 01:35:18 | 20km:02:07:14 | 21km:02:14:10 | 25km:02:39:16 | 30km:03:11:29 | 35km:03:46:17 | 40km:04:30:33									
4506	6474	**PALKA Krzysztof**	WARSZAWA		POL	1993	M30	1242	04:58:57	04:49:19	3813
		5km:00:34:42| 10km:01:08:27| 15km: 01:42:16 | 20km:02:15:31 | 21km:02:22:47 | 25km:02:48:49 | 30km:03:21:51 | 35km:03:55:24 | 40km:04:31:16									
4507	4572	**SKŁADOWSKI Szymon**	WARSZAWA		POL	1972	M50	466	04:54:37	04:49:20	3814
		5km:00:28:25| 10km:00:56:51| 15km: 01:24:59 | 20km:01:53:31 | 21km:01:59:42 | 25km:02:22:00 | 30km:02:52:59 | 35km:03:31:31 | 40km:04:22:29									
4508	6506	**ŚWIERCZYŃSKI Marcin**	WARSZAWA		POL	1985	M30	1243	04:59:08	04:49:20	3814
		5km:00:35:36| 10km:01:10:31| 15km: 01:43:11 | 20km:02:15:28 | 21km:02:21:33 | 25km:02:47:23 | 30km:03:17:58 | 35km:03:50:44 | 40km:04:31:44									

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:28 | 10km:01:05:01 | 15km: 01:37:42 | 20km:02:11:53 | 21km:02:19:17 | 25km:02:46:17 | 30km:03:20:33 | 35km:03:55:16 | 40km:04:33:27									
4509	2935	**SERBISTA Monika**	CIECHANÓW	DDD Ciechanów	POL	1976	K40	286	04:57:46	04:49:22	694
		5km:00:32:28 | 10km:01:04:57 | 15km: 01:37:42 | 20km:02:11:55 | 21km:02:19:16 | 25km:02:46:18 | 30km:03:20:29 | 35km:03:55:14 | 40km:04:33:28									
4510	6680	**PIETRZAK Krystian**	SZCZECIN	DDD Ciechanów	POL	1983	M40	1345	04:57:46	04:49:22	3816
		5km:00:25:19 | 10km:00:52:27 | 15km: 01:24:40 | 20km:02:00:56 | 21km:02:08:26 | 25km:02:36:33 | 30km:03:12:34 | 35km:03:49:38 | 40km:04:30:49									
4511	8209	**BORUKI Mariusz**	KRAKOW		POL	1977	M40	1346	04:51:39	04:49:25	3817
		5km:00:30:58 | 10km:01:02:03 | 15km: 01:33:23 | 20km:02:07:10 | 21km:02:14:09 | 25km:02:40:15 | 30km:03:15:25 | 35km:03:54:10 | 40km:04:33:56									
4512	10099	**PACIOREK Anna**	ZĄBKI		POL	1987	K30	261	04:57:01	04:49:30	695
		5km:00:31:19 | 10km:01:03:29 | 15km: 01:35:44 | 20km:02:09:55 | 21km:02:16:59 | 25km:02:42:53 | 30km:03:18:10 | 35km:03:56:02 | 40km:04:34:51									
4513	7380	**MONTEWKA DE VALLE Jowita**	SIEDLCE		POL	1980	K40	287	04:57:00	04:49:30	695
		5km:00:32:08 | 10km:01:04:10 | 15km: 01:35:22 | 20km:02:07:09 | 21km:02:14:18 | 25km:02:39:02 | 30km:03:13:13 | 35km:03:50:25 | 40km:04:32:06									
4514	7621	**UMECKI Krzysztof**	WARSZAWA		POL	1960	M60	108	04:58:23	04:49:34	3818
		5km:00:33:14 | 10km:01:06:12 | 15km: 01:38:46 | 20km:02:12:47 | 21km:02:19:53 | 25km:02:45:52 | 30km:03:19:37 | 35km:03:54:12 | 40km:04:33:21									
4515	6349	**BENIUSZYS Arleta**	GDAŃSK		POL	1981	K40	288	04:59:03	04:49:35	697
		5km:00:32:56 | 10km:01:06:25 | 15km: 01:40:02 | 20km:02:13:52 | 21km:02:21:04 | 25km:02:47:35 | 30km:03:21:35 | 35km:03:56:23 | 40km:04:33:52									
4516	10597	**KULIŃSKI Karol**	WARSZAWA		POL	1987	M30	1244	04:59:39	04:49:36	3819
		5km:00:30:38 | 10km:01:02:20 | 15km: 01:33:20 | 20km:02:05:09 | 21km:02:11:59 | 25km:02:38:13 | 30km:03:12:19 | 35km:03:52:13 | 40km:04:33:26									
4517	4622	**RADUCHOWSKI-BROCHWICZ Wojciech**	WARSZAWA		POL	1960	M60	109	04:56:42	04:49:36	3819
		5km:00:31:22 | 10km:01:03:26 | 15km: 01:35:08 | 20km:02:06:43 | 21km:02:13:44 | 25km:02:39:20 | 30km:03:13:58 | 35km:03:51:01 | 40km:04:31:16									
4518	7690	**KACPRZAK Tomasz**	WARSZAWA	PZU Sport Team	POL	1977	M40	1347	04:58:05	04:49:41	3821
		5km:00:32:43 | 10km:01:05:13 | 15km: 01:37:53 | 20km:02:11:19 | 21km:02:17:58 | 25km:02:43:55 | 30km:03:18:50 | 35km:03:56:18 | 40km:04:34:44									
4519	4151	**JANIAK Karolina**	PACZKÓW		POL	1989	K30	262	04:58:45	04:49:46	698
		5km:00:32:43 | 10km:01:05:13 | 15km: 01:37:52 | 20km:02:11:18 | 21km:02:17:58 | 25km:02:43:55 | 30km:03:18:51 | 35km:03:56:18 | 40km:04:34:44									
4520	4164	**GAJEWSKI Jacek**	PACZKÓW		POL	1993	M30	1245	04:58:45	04:49:46	3822
		5km:00:28:55 | 10km:00:58:40 | 15km: 01:29:33 | 20km:02:02:45 | 21km:02:09:57 | 25km:02:37:49 | 30km:03:14:35 | 35km:03:55:03 | 40km:04:34:02									
4521	10588	**MISZCZYK-LEWANDOWSKA Agata**	BILCZA	Stokowczyki Team	POL	1980	K40	289	04:53:35	04:49:47	699
		5km:00:34:03 | 10km:01:07:56 | 15km: 01:41:12 | 20km:02:14:52 | 21km:02:22:06 | 25km:02:48:08 | 30km:03:22:39 | 35km:03:57:59 | 40km:04:34:56									
4522	2801	**KAZUBEK Bartosz**	GDAŃSK		POL	1999	M20	644	04:58:45	04:49:48	3823
		5km:00:31:12 | 10km:01:02:26 | 15km: 01:33:29 | 20km:02:06:01 | 21km:02:12:50 | 25km:02:38:28 | 30km:03:15:15 | 35km:03:53:20 | 40km:04:33:24									
4523	3992	**CHALAMOŃSKI Tomasz**	OSTROŁĘKA	Kurpiowskie Centrum Weterynaryjne	POL	1975	M40	1348	04:57:28	04:49:48	3823
		5km:00:34:03 | 10km:01:07:53 | 15km: 01:41:12 | 20km:02:14:51 | 21km:02:22:06 | 25km:02:48:08 | 30km:03:22:39 | 35km:03:57:59 | 40km:04:34:56									
4524	2809	**PIERZCHAŁA Igor**	OSTROŁĘKA		POL	1998	M20	645	04:58:47	04:49:50	3825
		5km:00:30:34 | 10km:01:00:38 | 15km: 01:31:23 | 20km:02:02:19 | 21km:02:09:01 | 25km:02:34:59 | 30km:03:13:37 | 35km:03:53:39 | 40km:04:32:35									
4525	12051	**MIKOŚ Paweł**	TARNÓW	Mikoś Running Team	POL	1969	M50	467	04:55:31	04:49:51	3826
		5km:00:33:16 | 10km:01:05:55 | 15km: 01:38:59 | 20km:02:12:38 | 21km:02:20:11 | 25km:02:46:51 | 30km:03:21:39 | 35km:03:55:44 | 40km:04:33:22									
4526	15017	**MORAWSKI Jacek**	CHWALISZÓW		POL	1975	M40	1349	04:58:56	04:49:51	3826
		5km:00:32:59 | 10km:01:06:31 | 15km: 01:39:52 | 20km:02:13:26 | 21km:02:20:49 | 25km:02:47:48 | 30km:03:22:43 | 35km:03:57:26 | 40km:04:34:39									
4527	2499	**HANSEN Morten**	DRAMMEN		NOR	1976	M40	1350	04:58:32	04:49:56	3828
		5km:00:29:54 | 10km:00:59:59 | 15km: 01:29:55 | 20km:02:00:39 | 21km:02:07:19 | 25km:02:33:02 | 30km:03:07:13 | 35km:03:47:24 | 40km:04:34:03									
4528	8324	**KRÓLIKOWSKI Adam**	ELBLĄG		POL	1976	M40	1351	04:56:37	04:49:57	3829
		5km:00:31:45 | 10km:01:03:18 | 15km: 01:33:52 | 20km:02:05:25 | 21km:02:12:15 | 25km:02:37:31 | 30km:03:12:34 | 35km:03:50:37 | 40km:04:32:18									
4529	3973	**ŁATA Damian**	WARSZAWA		POL	1986	M30	1246	04:57:40	04:49:58	3830
		5km:00:33:43 | 10km:01:06:42 | 15km: 01:40:21 | 20km:02:13:36 | 21km:02:20:44 | 25km:02:47:09 | 30km:03:21:21 | 35km:03:55:57 | 40km:04:33:51									
4530	3984	**NGUYEN Lilia Yen Nhi**	WARSZAWA		POL	1997	K20	96	04:58:47	04:50:03	700
		5km:00:31:17 | 10km:01:02:34 | 15km: 01:33:33 | 20km:02:06:15 | 21km:02:12:56 | 25km:02:37:44 | 30km:03:11:09 | 35km:03:49:49 | 40km:04:31:15									
4531	15565	**SZYNKAREWICZ Damian**	WARSZAWA		POL	1990	M30	1247	04:57:49	04:50:06	3831
		5km:00:31:05 | 10km:01:04:34 | 15km: 01:38:36 | 20km:02:13:09 | 21km:02:20:11 | 25km:02:46:19 | 30km:03:19:53 | 35km:03:54:46 | 40km:04:34:27									
4532	15007	**MANKIEWICZ Rafał**	WARSZAWA		POL	1973	M50	468	04:56:04	04:50:07	3832
		5km:00:31:19 | 10km:01:02:15 | 15km: 01:32:21 | 20km:02:02:28 | 21km:02:09:04 | 25km:02:33:02 | 30km:03:06:10 | 35km:03:45:42 | 40km:04:30:37									
4533	4390	**SUCHARSKI Janusz**	WARSZAWA	Brak	POL	1969	M50	469	04:58:24	04:50:08	3833
		5km:00:33:55 | 10km:01:07:29 | 15km: 01:42:08 | 20km:02:16:31 | 21km:02:23:43 | 25km:02:49:37 | 30km:03:24:00 | 35km:03:57:58 | 40km:04:34:04									
4534	7942	**GLITA Mateusz**	KIELCE		POL	1990	M30	1248	04:58:50	04:50:09	3834
		5km:00:33:33 | 10km:01:06:11 | 15km: 01:39:06 | 20km:02:12:42 | 21km:02:20:05 | 25km:02:46:30 | 30km:03:20:15 | 35km:03:54:47 | 40km:04:34:15									
4535	6790	**SKOCZYLAS Kamil**	WARSZAWA		POL	1999	M20	646	04:58:59	04:50:10	3835
		5km:00:30:04 | 10km:01:00:50 | 15km: 01:31:03 | 20km:02:02:08 | 21km:02:08:37 | 25km:02:33:57 | 30km:03:09:58 | 35km:03:50:00 | 40km:04:32:27									
4536	10598	**SORGER Patryk**	DULSK		POL	1997	M20	647	04:56:54	04:50:11	3836
		5km:00:29:40 | 10km:00:59:35 | 15km: 01:29:39 | 20km:01:59:57 | 21km:02:06:37 | 25km:02:36:15 | 30km:03:12:56 | 35km:03:53:28 | 40km:04:34:50									
4537	3772	**BYTNIEWSKI Jakub**	ŻELECHÓW	Żelechów Team	POL	1978	M40	1352	04:55:19	04:50:11	3836
		5km:00:31:31 | 10km:01:04:18 | 15km: 01:36:31 | 20km:02:07:56 | 21km:02:14:43 | 25km:02:40:47 | 30km:03:14:45 | 35km:03:50:19 | 40km:04:32:10									
4538	8038	**KUREK Andrzej**	WARSZAWA	niezrzeszony	POL	1955	M60	110	04:54:53	04:50:12	3838
		5km:00:32:45 | 10km:01:06:08 | 15km: 01:38:48 | 20km:02:12:23 | 21km:02:19:43 | 25km:02:46:15 | 30km:03:21:01 | 35km:03:57:04 | 40km:04:35:52									
4539	2716	**PAWLICKI Witold**	KORONOWO		POL	1976	M40	1353	04:59:10	04:50:15	3839
		5km:00:31:42 | 10km:01:03:22 | 15km: 01:34:28 | 20km:02:06:55 | 21km:02:13:48 | 25km:02:38:59 | 30km:03:12:40 | 35km:03:47:50 | 40km:04:32:31									
4540	2708	**KACZOROWSKI Paweł**	MILANÓWEK		POL	1984	M30	1249	04:58:41	04:50:16	3840
		5km:00:29:07 | 10km:00:58:06 | 15km: 01:26:42 | 20km:01:55:27 | 21km:02:01:48 | 25km:02:24:53 | 30km:02:56:24 | 35km:03:34:41 | 40km:04:27:48									
4541	10632	**ZUBELEWICZ Andrzej**	TYCHY		POL	1969	M50	470	04:54:22	04:50:17	3841
		5km:00:30:27 | 10km:01:01:05 | 15km: 01:31:26 | 20km:02:01:37 | 21km:02:08:13 | 25km:02:33:11 | 30km:03:10:17 | 35km:03:50:05 | 40km:04:36:45									
4542	2009	**MROZEK Mateusz**	LUBOMIA		POL	2000	M20	648	04:57:22	04:50:30	3842
		5km:00:33:26 | 10km:01:04:54 | 15km: 01:36:46 | 20km:02:08:15 | 21km:02:14:49 | 25km:02:40:52 | 30km:03:14:06 | 35km:03:52:29 | 40km:04:34:18									
4543	4268	**GROMADZKI Krzysztof**	WARSZAWA		POL	1994	M20	649	04:58:36	04:50:36	3843
		5km:00:29:09 | 10km:00:58:54 | 15km: 01:28:36 | 20km:01:58:48 | 21km:02:05:25 | 25km:02:30:46 | 30km:03:06:06 | 35km:03:48:11 | 40km:04:32:07									
4544	4104	**PAWLAK Rafał**	WARSZAWA		POL	1977	M40	1354	04:57:26	04:50:37	3844
		5km:00:31:41 | 10km:01:03:23 | 15km: 01:34:17 | 20km:02:06:20 | 21km:02:13:26 | 25km:02:39:48 | 30km:03:15:10 | 35km:03:53:24 | 40km:04:34:30									
4545	8370	**SUCHORA Katarzyna**	KRAŚNIK		POL	1993	K30	263	04:58:33	04:50:38	701
		5km:00:27:17 | 10km:00:56:13 | 15km: 01:24:55 | 20km:01:54:15 | 21km:02:00:38 | 25km:02:26:50 | 30km:03:03:33 | 35km:03:44:41 | 40km:04:31:33									
4546	5098	**SZYMANIUK Łukasz**	WARSZAWA		POL	1994	M20	650	04:59:14	04:50:47	3845
		5km:00:31:17 | 10km:01:02:23 | 15km: 01:34:29 | 20km:02:07:02 | 21km:02:13:53 | 25km:02:39:08 | 30km:03:15:10 | 35km:03:54:30 | 40km:04:33:35									
4547	8387	**SLOWIK Marek**	KRAKÓW		POL	1965	M50	471	05:00:21	04:50:52	3846
		5km:00:31:26 | 10km:01:03:05 | 15km: 01:34:38 | 20km:02:06:21 | 21km:02:13:20 | 25km:02:39:02 | 30km:03:13:26 | 35km:03:54:11 | 40km:04:34:56									
4548	3311	**CHOJNACKI Konrad**	WARSZAWA		POL	1990	M30	1250	04:56:21	04:50:54	3847
		5km:00:31:46 | 10km:01:03:21 | 15km: 01:33:57 | 20km:02:05:55 | 21km:02:13:13 | 25km:02:39:02 | 30km:03:13:19 | 35km:03:52:25 | 40km:04:33:43									
4549	10430	**SZYMAŃSKI Adam**	NASIELSK		POL	1991	M30	1251	04:59:08	04:50:55	3848
		5km:00:29:42 | 10km:00:58:55 | 15km: 01:28:08 | 20km:01:57:31 | 21km:02:03:58 | 25km:02:28:04 | 30km:03:05:02 | 35km:03:46:05 | 40km:04:31:39									
4550	3592	**PASTUSZKA Waldemar**	MILEJOWICE		POL	1960	M60	111	04:57:01	04:50:55	3848
		5km:00:32:32 | 10km:01:06:11 | 15km: 01:39:01 | 20km:02:13:26 | 21km:02:20:27 | 25km:02:46:01 | 30km:03:20:05 | 35km:03:55:38 | 40km:04:33:50									
4551	8432	**DUL Agata**	WARSZAWA		POL	1994	K20	97	04:58:18	04:50:56	702
		5km:00:29:19 | 10km:00:58:13 | 15km: 01:27:49 | 20km:01:59:50 | 21km:02:06:56 | 25km:02:36:34 | 30km:03:13:40 | 35km:03:52:36 | 40km:04:35:27									
4552	10734	**CHOIŃSKI Paweł**	ZAMBRÓW		POL	1977	M40	1355	04:59:49	04:51:01	3850
		5km:00:28:20 | 10km:00:57:24 | 15km: 01:27:11 | 20km:01:57:07 | 21km:02:03:43 | 25km:02:28:43 | 30km:03:03:19 | 35km:03:51:53 | 40km:04:33:08									
4553	10615	**CISZEK Łukasz**	PIASECZNO		POL	2002	M20	651	04:56:56	04:51:03	3851
		5km:00:29:20 | 10km:00:58:11 | 15km: 01:27:50 | 20km:01:59:52 | 21km:02:06:57 | 25km:02:36:34 | 30km:03:13:42 | 35km:03:52:38 | 40km:04:35:29									
4554	4617	**CISZEK Michał**	PIASECZNO		POL	1999	M20	651	04:56:57	04:51:03	3851
		5km:00:29:19 | 10km:00:58:13 | 15km: 01:27:49 | 20km:01:59:50 | 21km:02:06:56 | 25km:02:36:34 | 30km:03:13:40 | 35km:03:52:36 | 40km:04:35:27									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:31:54 | 10km:01:03:25 | 15km: 01:33:52 | 20km:02:05:55 | 21km:02:13:11 | 25km:02:38:46 | 30km:03:12:16 | 35km:03:50:33 | 40km:04:33:45									
4555	3077	**SZRAMOWSKI Przemek**	WARSZAWA	Pszczółkowski Team	POL	1983	M40	1356	04:59:01	04:51:04	3853
		5km:00:30:24 | 10km:01:01:25 | 15km: 01:31:53 | 20km:02:03:32 | 21km:02:10:04 | 25km:02:35:03 | 30km:03:08:46 | 35km:03:47:42 | 40km:04:32:42									
4556	3689	**DZIEWULSKA Henryka**	PIASTÓW	Rozbiegany Piastów	POL	1965	K50	48	04:58:06	04:51:04	703
		5km:00:31:59 | 10km:01:04:16 | 15km: 01:36:37 | 20km:02:08:59 | 21km:02:15:46 | 25km:02:41:55 | 30km:03:17:10 | 35km:03:55:48 | 40km:04:34:54									
4557	10047	**NOWICKA Joanna**	PŁOCK		POL	1985	K30	264	04:58:20	04:51:06	704
		5km:00:29:50 | 10km:00:58:07 | 15km: 01:25:42 | 20km:01:56:44 | 21km:02:03:20 | 25km:02:29:05 | 30km:03:06:03 | 35km:03:50:02 | 40km:04:35:01									
4558	7870	**CURTIS Robert**	WARSZAWA		AUS	1983	M40	1357	05:00:12	04:51:06	3854
		5km:00:33:22 | 10km:01:05:47 | 15km: 01:39:07 | 20km:02:13:14 | 21km:02:20:32 | 25km:02:49:09 | 30km:03:26:19 | 35km:03:58:51 | 40km:04:35:19									
4559	7721	**HOLOVKO Nadiia**	KYIV		UKR	1986	K30	265	05:00:00	04:51:07	705
		5km:00:32:26 | 10km:01:06:33 | 15km: 01:38:40 | 20km:02:12:27 | 21km:02:19:45 | 25km:02:44:23 | 30km:03:18:27 | 35km:03:54:46 | 40km:04:34:30									
4560	10550	**MAĆKOWIAK Dariusz**	LESZNO		POL	1983	M40	1358	04:57:14	04:51:08	3855
		5km:00:27:17 | 10km:00:56:59 | 15km: 01:31:09 | 20km:02:06:30 | 21km:02:14:10 | 25km:02:43:19 | 30km:03:20:38 | 35km:03:57:28 | 40km:04:36:45									
4561	4287	**ŚLIWOSKI Gabriel**	WARSZAWA		POL	1993	M30	1252	04:56:53	04:51:10	3856
		5km:00:30:55 | 10km:01:02:18 | 15km: 01:34:00 | 20km:02:04:23 | 21km:02:10:56 | 25km:02:38:55 | 30km:03:14:46 | 35km:03:52:24 | 40km:04:34:20									
4562	8452	**KOCOŃ Igor**	RADZIECHOWY		POL	2003	M20	653	04:53:29	04:51:10	3856
		5km:00:34:07 | 10km:01:06:41 | 15km: 01:39:15 | 20km:02:12:40 | 21km:02:20:02 | 25km:02:48:10 | 30km:03:22:53 | 35km:03:59:00 | 40km:04:35:58									
4563	3202	**MIZUŁA Hanna**	POŁCZYN-ZDRÓJ		POL	1984	K30	266	05:00:39	04:51:12	706
		5km:00:31:46 | 10km:01:03:07 | 15km: 01:33:54 | 20km:02:05:51 | 21km:02:12:47 | 25km:02:38:13 | 30km:03:10:47 | 35km:03:47:08 | 40km:04:32:16									
4564	3986	**MAGIERA Patryk**	KRAKÓW		POL	1996	M20	654	04:59:36	04:51:13	3858
		5km:00:30:57 | 10km:01:02:39 | 15km: 01:33:09 | 20km:02:03:59 | 21km:02:10:42 | 25km:02:35:09 | 30km:03:07:05 | 35km:03:42:56 | 40km:04:31:47									
4565	7974	**MROZIŃSKI Michał**	WARSZAWA	BeActiveTrucker	POL	1982	M40	1359	04:58:19	04:51:13	3858
		5km:00:34:44 | 10km:01:09:53 | 15km: 01:44:03 | 20km:02:18:19 | 21km:02:25:40 | 25km:02:52:48 | 30km:03:28:23 | 35km:04:00:36 | 40km:04:35:40									
4566	14501	**LEWANDOWSKI Jakub**	WARSZAWA		POL	1989	M30	1253	05:02:53	04:51:14	3860
		5km:00:30:52 | 10km:01:01:22 | 15km: 01:31:58 | 20km:02:02:39 | 21km:02:09:23 | 25km:02:35:01 | 30km:03:09:08 | 35km:03:48:18 | 40km:04:32:27									
4567	7307	**KSIĘŻYK Szymon**	POZNAŃ		POL	1990	M30	1254	04:58:07	04:51:15	3861
		5km:00:29:40 | 10km:00:59:39 | 15km: 01:29:38 | 20km:01:59:59 | 21km:02:06:36 | 25km:02:30:14 | 30km:03:02:01 | 35km:03:45:12 | 40km:04:33:18									
4568	12049	**ŻMIJEWSKI Michał**	WARSZAWA		POL	1978	M40	1360	04:56:25	04:51:17	3862
		5km:00:30:38 | 10km:01:02:24 | 15km: 01:34:39 | 20km:02:08:19 | 21km:02:15:35 | 25km:02:43:17 | 30km:03:17:59 | 35km:03:55:47 | 40km:04:35:28									
4569	15516	**ZAROBIAK Katarzyna**	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	1978	K40	290	04:59:04	04:51:20	707
		5km:00:32:26 | 10km:01:04:39 | 15km: 01:36:15 | 20km:02:08:51 | 21km:02:15:53 | 25km:02:42:09 | 30km:03:18:24 | 35km:03:54:24 | 40km:04:35:41									
4570	2457	**RICHTER Frank**	JÓZEFÓW		GER	1984	M30	1255	04:59:49	04:51:20	3863
		5km:00:32:23 | 10km:01:05:03 | 15km: 01:38:14 | 20km:02:12:06 | 21km:02:19:22 | 25km:02:45:46 | 30km:03:19:06 | 35km:03:54:01 | 40km:04:34:36									
4571	3223	**SKRZESZEWSKI Grzegorz**	WARSZAWA		POL	1958	M60	112	05:01:17	04:51:20	3863
		5km:00:30:37 | 10km:01:02:23 | 15km: 01:34:38 | 20km:02:08:17 | 21km:02:15:35 | 25km:02:43:17 | 30km:03:17:57 | 35km:03:55:46 | 40km:04:35:27									
4572	6399	**STYLSKA Anna**	SZCZECIN		POL	1977	K40	290	04:59:05	04:51:20	707
		5km:00:33:36 | 10km:01:06:15 | 15km: 01:39:05 | 20km:02:11:54 | 21km:02:18:56 | 25km:02:44:45 | 30km:03:17:45 | 35km:03:54:05 | 40km:04:33:55									
4573	2612	**ZIENOWICZ Artur**	WARSZAWA		POL	1975	M40	1361	05:00:17	04:51:30	3865
		5km:00:29:30 | 10km:00:59:30 | 15km: 01:29:41 | 20km:02:01:22 | 21km:02:09:31 | 25km:02:39:13 | 30km:03:17:48 | 35km:03:58:00 | 40km:04:36:40									
4574	10128	**SOBOL Magdalena**	NAKŁO NAD NOTECIĄ		POL	1976	K40	292	04:58:59	04:51:31	709
		5km:00:33:59 | 10km:01:06:49 | 15km: 01:40:44 | 20km:02:14:23 | 21km:02:21:41 | 25km:02:49:23 | 30km:03:24:32 | 35km:04:00:59 | 40km:04:36:05									
4575	10698	**KAŁAS Wojciech**	KUNICE		POL	1974	M40	1362	05:01:25	04:51:31	3866
		5km:00:30:33 | 10km:01:03:38 | 15km: 01:34:45 | 20km:02:06:54 | 21km:02:13:43 | 25km:02:39:45 | 30km:03:16:10 | 35km:03:55:18 | 40km:04:34:14									
4576	4263	**WARDAK Tomasz**	RADZYMIN	RADZYMIN RUN TEAM	POL	1973	M50	472	04:55:54	04:51:31	3866
		5km:00:32:30 | 10km:01:03:35 | 15km: 01:34:47 | 20km:02:06:50 | 21km:02:13:44 | 25km:02:39:46 | 30km:03:16:24 | 35km:03:55:19 | 40km:04:34:23									
4577	4565	**KOSZOŁKO Agnieszka**	WARSZAWA		POL	1991	K30	267	04:55:54	04:51:33	710
		5km:00:29:40 | 10km:00:59:07 | 15km: 01:29:29 | 20km:01:59:20 | 21km:02:06:00 | 25km:02:30:06 | 30km:03:13:36 | 35km:03:56:41 | 40km:04:36:37									
4578	4688	**LEWANDOWSKI Paweł**	SPRANG-CAPELLE		POL	1990	M30	1256	05:01:10	04:51:33	3868
		5km:00:29:40 | 10km:00:59:48 | 15km: 01:29:43 | 20km:01:59:48 | 21km:02:06:27 | 25km:02:29:57 | 30km:03:06:24 | 35km:03:54:23 | 40km:04:37:38									
4579	4205	**DĘBSKI Robert**	WARSZAWA	KJCh Warszawa	POL	1973	M50	473	04:58:25	04:51:35	3869
		5km:00:30:36 | 10km:01:02:48 | 15km: 01:35:22 | 20km:02:09:04 | 21km:02:16:42 | 25km:02:44:25 | 30km:03:19:13 | 35km:03:57:33 | 40km:04:38:39									
4580	5079	**RUBINKOWSKA Patrycja**	WARSZAWA		POL	1992	K30	268	04:55:26	04:51:41	711
		5km:00:32:22 | 10km:01:05:51 | 15km: 01:38:56 | 20km:02:12:47 | 21km:02:19:55 | 25km:02:46:33 | 30km:03:21:49 | 35km:03:57:57 | 40km:04:35:49									
4581	2662	**DROŻDŻEWSKI Michał**	ŁÓDŹ		POL	1981	M40	1363	05:00:48	04:51:46	3870
		5km:00:33:25 | 10km:01:05:59 | 15km: 01:38:25 | 20km:02:10:58 | 21km:02:17:54 | 25km:02:45:17 | 30km:03:20:35 | 35km:03:55:17 | 40km:04:34:17									
4582	3905	**SOCHA Jacek**	WARSZAWA		POL	1975	M40	1363	05:01:36	04:51:46	3870
		5km:00:33:20 | 10km:01:05:55 | 15km: 01:38:14 | 20km:02:10:12 | 21km:02:17:07 | 25km:02:42:59 | 30km:03:16:13 | 35km:03:53:51 | 40km:04:36:21									
4583	7286	**ŁABUDA Agnieszka**	IŁAWA		POL	1982	K40	293	05:01:45	04:51:48	712
		5km:00:32:39 | 10km:01:04:53 | 15km: 01:36:35 | 20km:02:09:31 | 21km:02:16:39 | 25km:02:44:02 | 30km:03:18:58 | 35km:03:55:41 | 40km:04:35:12									
4584	7551	**DZIEKOŃSKI Jakub**	WARSZAWA		POL	1984	M30	1257	04:57:53	04:51:48	3872
		5km:00:31:24 | 10km:01:01:53 | 15km: 01:32:18 | 20km:02:02:46 | 21km:02:10:20 | 25km:02:37:25 | 30km:03:14:47 | 35km:03:54:04 | 40km:04:37:00									
4585	7734	**BODYCH Maciej**	ZĄBKI		POL	1978	M40	1365	04:58:41	04:51:49	3873
		5km:00:32:18 | 10km:01:05:37 | 15km: 01:38:34 | 20km:02:11:34 | 21km:02:18:40 | 25km:02:45:20 | 30km:03:20:48 | 35km:03:58:00 | 40km:04:36:34									
4586	3146	**DIDENKO Vladyslav**	WARSZAWA		UKR	1993	M30	1258	04:57:32	04:51:54	3874
		5km:00:31:42 | 10km:01:03:19 | 15km: 01:34:33 | 20km:02:06:31 | 21km:02:13:31 | 25km:02:39:56 | 30km:03:14:15 | 35km:03:54:05 | 40km:04:34:23									
4587	4588	**MARCINKOWSKI Krzysztof**	WARSZAWA		POL	1977	M40	1366	04:59:43	04:51:57	3875
		5km:00:33:37 | 10km:01:06:44 | 15km: 01:39:50 | 20km:02:13:42 | 21km:02:21:02 | 25km:02:47:37 | 30km:03:21:40 | 35km:03:57:24 | 40km:04:36:47									
4588	2771	**FURDAL Przemysław**	WARSZAWA		POL	1988	M30	1259	05:00:18	04:51:59	3876
		5km:00:26:49 | 10km:00:55:31 | 15km: 01:23:51 | 20km:01:53:59 | 21km:02:00:07 | 25km:02:26:33 | 30km:03:04:24 | 35km:03:50:06 | 40km:04:35:26									
4589	7304	**ROMANIUK Wojciech**	WARSZAWA		POL	1978	M40	1367	04:55:08	04:52:00	3877
		5km:00:30:07 | 10km:01:01:58 | 15km: 01:35:28 | 20km:02:09:17 | 21km:02:16:31 | 25km:02:44:59 | 30km:03:21:35 | 35km:03:58:22 | 40km:04:36:41									
4590	2035	**ABAKUMOVA Kateryna**	WARSZAWA		UKR	1975	K40	294	04:58:55	04:52:02	713
		5km:00:29:39 | 10km:01:01:00 | 15km: 01:33:13 | 20km:02:06:49 | 21km:02:14:04 | 25km:02:40:56 | 30km:03:17:32 | 35km:03:55:35 | 40km:04:36:04									
4591	6374	**KRÓL Paweł**	ZABIERZÓW		POL	1989	M30	1260	04:56:59	04:52:02	3878
		5km:00:29:32 | 10km:00:59:25 | 15km: 01:29:03 | 20km:02:00:34 | 21km:02:07:29 | 25km:02:34:49 | 30km:03:15:11 | 35km:03:54:20 | 40km:04:35:52									
4592	8022	**ŚWIĄTEK Michał**	MARKI		POL	1978	M40	1368	04:59:20	04:52:02	3878
		5km:00:30:43 | 10km:01:02:20 | 15km: 01:33:41 | 20km:02:05:20 | 21km:02:12:15 | 25km:02:38:56 | 30km:03:16:04 | 35km:03:54:47 | 40km:04:35:26									
4593	10081	**KAŹMIERCZAK Karol**	LUBIN		POL	1998	M20	655	04:59:20	04:52:06	3880
		5km:00:29:49 | 10km:00:59:35 | 15km: 01:29:49 | 20km:02:00:24 | 21km:02:07:05 | 25km:02:35:48 | 30km:03:15:18 | 35km:03:54:43 | 40km:04:35:35									
4594	5024	**DOMARADZKA Agnieszka**	RZESZÓW	Bbl Rzeszów	POL	1977	K40	295	04:58:23	04:52:06	714
		5km:00:31:44 | 10km:01:03:28 | 15km: 01:34:22 | 20km:02:06:41 | 21km:02:13:41 | 25km:02:40:28 | 30km:03:16:24 | 35km:03:54:10 | 40km:04:35:16									
4595	7978	**KULIK Agnieszka**	BIAŁA PODLASKA		POL	1986	K30	269	04:59:54	04:52:06	714
		5km:00:30:40 | 10km:01:02:40 | 15km: 01:36:00 | 20km:02:09:20 | 21km:02:16:23 | 25km:02:43:11 | 30km:03:17:32 | 35km:03:54:57 | 40km:04:35:37									
4596	7156	**SATORA Piotr**	WARSZAWA		POL	1965	M50	474	04:59:13	04:52:07	3881
		5km:00:31:42 | 10km:01:03:16 | 15km: 01:34:52 | 20km:02:07:16 | 21km:02:14:38 | 25km:02:41:23 | 30km:03:17:01 | 35km:03:54:24 | 40km:04:34:39									
4597	2393	**SOSIK Tomasz**	ŚWIEBODZICE		POL	1970	M50	475	05:00:28	04:52:09	3882
		5km:00:31:46 | 10km:01:03:31 | 15km: 01:34:24 | 20km:02:06:41 | 21km:02:13:43 | 25km:02:40:30 | 30km:03:16:27 | 35km:03:54:12 | 40km:04:35:19									
4598	7977	**KULIK Marek**	BIAŁA PODLASKA	Straż Graniczna	POL	1984	M30	1261	04:59:54	04:52:09	3882
		5km:00:31:58 | 10km:01:05:18 | 15km: 01:37:57 | 20km:02:10:50 | 21km:02:18:00 | 25km:02:44:27 | 30km:03:19:36 | 35km:03:55:53 | 40km:04:35:05									
4599	10225	**PIASEK Rafał**	PRZEWORSK		POL	1975	M40	1369	04:58:57	04:52:11	3884
		5km:00:30:22 | 10km:00:59:39 | 15km: 01:29:03 | 20km:01:58:41 | 21km:02:05:12 | 25km:02:30:24 | 30km:03:06:32 | 35km:03:44:53 | 40km:04:32:41									
4600	3368	**POŚPIECH Dawid**	GDAŃSK		POL	2001	M20	656	04:57:37	04:52:12	3885

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:27:08 | 10km:00:54:21 | 15km: 01:21:03 | 20km:01:47:40 | 21km:01:53:29 | 25km:02:15:21 | 30km:02:50:55 | 35km:03:55:57 | 40km:04:37:29									
4601	8496	**KRASKO Dzmitry**	MINSK			1983	M40	1370	04:55:53	04:52:12	3885
		5km:00:31:27 | 10km:01:03:51 | 15km: 01:35:19 | 20km:02:06:52 | 21km:02:14:02 | 25km:02:40:26 | 30km:03:14:33 | 35km:03:54:38 | 40km:04:35:45									
4602	4196	**FIOR Anna**	OTWOCK		POL	1981	K40	296	04:59:21	04:52:15	716
		5km:00:30:57 | 10km:01:03:15 | 15km: 01:35:46 | 20km:02:09:26 | 21km:02:16:42 | 25km:02:43:25 | 30km:03:18:57 | 35km:03:56:20 | 40km:04:37:22									
4603	6072	**CZERNIAK Artur**	WARSZAWA		POL	1965	M50	476	04:57:51	04:52:15	3887
		5km:00:33:37 | 10km:01:07:36 | 15km: 01:41:17 | 20km:02:15:38 | 21km:02:22:47 | 25km:02:50:02 | 30km:03:24:35 | 35km:04:00:08 | 40km:04:37:09									
4604	4685	**SZUMNY Paweł**	WARSZAWA		POL	1982	M40	1371	05:02:00	04:52:18	3888
		5km:00:30:50 | 10km:01:07:05 | 15km: 01:36:42 | 20km:02:06:51 | 21km:02:13:16 | 25km:02:46:13 | 30km:03:25:58 | 35km:04:00:32 | 40km:04:39:09									
4605	4039	**KANIA Rafał**	WARSZAWA		POL	1984	M30	1262	04:59:17	04:52:20	3889
		5km:00:30:51 | 10km:01:01:18 | 15km: 01:32:39 | 20km:02:05:01 | 21km:02:11:40 | 25km:02:37:15 | 30km:03:13:19 | 35km:03:54:06 | 40km:04:37:03									
4606	6800	**BODECKI Bartłomiej**	MIŃSK MAZOWIECKI		POL	1997	M20	657	05:00:40	04:52:22	3890
		5km:00:28:41 | 10km:01:00:20 | 15km: 01:34:08 | 20km:02:08:45 | 21km:02:16:32 | 25km:02:45:13 | 30km:03:20:39 | 35km:03:57:51 | 40km:04:37:01									
4607	2388	**BIAŁAS Bartosz**	BRUDZOWICE	DEAF RUNNER	POL	1985	M30	1263	04:55:07	04:52:31	3891
		5km:00:29:48 | 10km:01:00:58 | 15km: 01:30:52 | 20km:02:01:17 | 21km:02:07:50 | 25km:02:35:44 | 30km:03:08:34 | 35km:03:49:55 | 40km:04:33:49									
4608	5251	**MIL Michał**	BIAŁA PODLASKA		POL	2002	M20	658	05:02:09	04:52:31	3891
		5km:00:26:33 | 10km:00:55:33 | 15km: 01:26:54 | 20km:02:00:39 | 21km:02:08:01 | 25km:02:34:55 | 30km:03:13:32 | 35km:03:56:52 | 40km:04:35:35									
4609	8474	**SOBANIEC Weronika**	WARSZAWA		POL	1996	K20	98	04:54:45	04:52:40	717
		5km:00:33:59 | 10km:01:07:05 | 15km: 01:40:56 | 20km:02:14:07 | 21km:02:21:19 | 25km:02:49:55 | 30km:03:25:06 | 35km:04:01:01 | 40km:04:37:29									
4610	10798	**DZIEDZINA Jerzy**	JASTRZĘBIE-ZDRÓJ		POL	1984	M30	1264	05:01:35	04:52:43	3893
		5km:00:32:08 | 10km:01:05:51 | 15km: 01:37:59 | 20km:02:12:38 | 21km:02:19:53 | 25km:02:47:50 | 30km:03:24:09 | 35km:04:00:29 | 40km:04:38:10									
4611	4266	**ANTCZAK Robert**	GUTY		POL	1972	M50	477	04:57:45	04:52:49	3894
		5km:00:28:23 | 10km:00:57:12 | 15km: 01:26:28 | 20km:01:56:27 | 21km:02:03:09 | 25km:02:28:52 | 30km:03:08:25 | 35km:03:51:41 | 40km:04:35:28									
4612	6198	**WÓJCIK Kamil**	KAJETANY	MetaNadarzyn	POL	1984	M30	1265	04:58:01	04:52:57	3895
		5km:00:34:46 | 10km:01:10:13 | 15km: 01:45:13 | 20km:02:22:35 | 21km:02:30:06 | 25km:02:57:19 | 30km:03:32:46 | 35km:04:06:57 | 40km:04:39:30									
4613	10749	**OLESIŃSKI Wojciech**	WARSZAWA		POL	2000	M20	659	05:00:32	04:52:58	3896
		5km:00:31:40 | 10km:01:03:21 | 15km: 01:34:42 | 20km:02:07:37 | 21km:02:14:38 | 25km:02:41:33 | 30km:03:16:27 | 35km:03:55:57 | 40km:04:35:30									
4614	4082	**GRĄDZKI Adam**	WARSZAWA		POL	1972	M50	478	05:00:47	04:52:58	3896
		5km:00:30:30 | 10km:01:01:15 | 15km: 01:32:50 | 20km:02:06:16 | 21km:02:13:12 | 25km:02:39:36 | 30km:03:12:45 | 35km:03:53:41 | 40km:04:37:21									
4615	3325	**STĘPIEŃ Wojciech**	PAJĘCZNO		POL	1996	M20	660	04:58:30	04:53:08	3898
		5km:00:30:18 | 10km:01:01:00 | 15km: 01:31:59 | 20km:02:03:20 | 21km:02:10:10 | 25km:02:40:37 | 30km:03:15:12 | 35km:03:52:13 | 40km:04:35:53									
4616	7392	**BOGUSZEWSKA Agata**	OTWOCK		POL	1993	K30	270	04:59:03	04:53:11	718
		5km:00:31:21 | 10km:01:03:20 | 15km: 01:36:02 | 20km:02:09:20 | 21km:02:16:41 | 25km:02:43:22 | 30km:03:18:35 | 35km:03:55:34 | 40km:04:36:11									
4617	6082	**CZAPIŃSKA Katarzyna**	WARSZAWA	AR	POL	1981	K40	297	04:59:47	04:53:15	719
		5km:00:34:40 | 10km:01:10:26 | 15km: 01:44:06 | 20km:02:17:39 | 21km:02:24:43 | 25km:02:53:16 | 30km:03:26:07 | 35km:04:01:05 | 40km:04:38:10									
4618	14021	**CYWIŃSKI Marcin**	WARSZAWA		POL	1989	M30	1266	04:55:30	04:53:17	3899
		5km:00:25:40 | 10km:00:52:10 | 15km: 01:40:29 | 20km:02:10:11 | 21km:02:16:28 | 25km:02:39:39 | 30km:03:16:36 | 35km:03:58:13 | 40km:04:37:34									
4619	6195	**TUMIŃSKI Artur**	WARSZAWA		POL	1974	M40	1372	05:03:09	04:53:17	3899
		5km:00:33:37 | 10km:01:06:13 | 15km: 01:39:23 | 20km:02:12:43 | 21km:02:19:51 | 25km:02:45:53 | 30km:03:20:11 | 35km:03:57:22 | 40km:04:36:54									
4620	5017	**MAŁECKA Hanka**	PRUSZKÓW		POL	1971	K50	49	05:02:00	04:53:18	720
		5km:00:34:11 | 10km:01:09:49 | 15km: 01:43:05 | 20km:02:16:18 | 21km:02:22:56 | 25km:02:48:12 | 30km:03:23:13 | 35km:03:57:34 | 40km:04:37:53									
4621	7130	**MATWIJCZYK Adam**	WARSZAWA		CZE	1986	M30	1267	05:01:07	04:53:18	3901
		5km:00:31:54 | 10km:01:04:43 | 15km: 01:38:06 | 20km:02:11:59 | 21km:02:19:21 | 25km:02:47:11 | 30km:03:22:29 | 35km:03:59:00 | 40km:04:37:34									
4622	10147	**ZALETSKYI Maksym**	WARSZAWA		UKR	2002	M20	661	05:02:11	04:53:19	3902
		5km:00:33:24 | 10km:01:06:58 | 15km: 01:41:06 | 20km:02:15:23 | 21km:02:22:43 | 25km:02:50:09 | 30km:03:25:52 | 35km:04:00:56 | 40km:04:37:28									
4623	6232	**KARÓLKOWSKI Artur**	WARSZAWA		POL	1976	M40	1373	05:02:40	04:53:21	3903
		5km:00:31:44 | 10km:01:03:28 | 15km: 01:35:09 | 20km:02:08:22 | 21km:02:15:11 | 25km:02:41:03 | 30km:03:16:28 | 35km:03:55:41 | 40km:04:37:57									
4624	7246	**GILNER Mariusz**	SOSNOWIEC	Spartan Training Group Sosnowiec	POL	1976	M40	1373	05:01:13	04:53:21	3903
		5km:00:33:26 | 10km:01:06:59 | 15km: 01:41:07 | 20km:02:15:25 | 21km:02:22:40 | 25km:02:50:10 | 30km:03:25:52 | 35km:04:00:53 | 40km:04:37:28									
4625	2309	**KARÓLKOWSKA Monika**	WARSZAWA		POL	1981	K40	298	05:02:40	04:53:22	721
		5km:00:33:20 | 10km:01:06:21 | 15km: 01:39:10 | 20km:02:12:38 | 21km:02:19:48 | 25km:02:47:21 | 30km:03:23:05 | 35km:03:57:57 | 40km:04:37:54									
4626	2505	**SKUBISZ Dominik**	BIŁGORAJ		POL	1998	M20	662	05:02:33	04:53:22	3905
		5km:00:31:43 | 10km:01:03:51 | 15km: 01:35:15 | 20km:02:07:22 | 21km:02:14:24 | 25km:02:40:21 | 30km:03:16:54 | 35km:03:53:18 | 40km:04:34:37									
4627	6230	**DAROWSKA Izabela**	PIASECZNO	Smak Maraton	POL	1982	K40	299	05:01:15	04:53:23	722
		5km:00:28:14 | 10km:00:56:25 | 15km: 01:24:04 | 20km:01:54:14 | 21km:02:00:58 | 25km:02:26:49 | 30km:03:06:26 | 35km:03:48:43 | 40km:04:34:12									
4628	10144	**KURLEJ Robert**	PRUSZKÓW		POL	1983	M40	1375	04:58:09	04:53:24	3906
		5km:00:31:45 | 10km:01:03:30 | 15km: 01:35:11 | 20km:02:08:19 | 21km:02:15:11 | 25km:02:41:03 | 30km:03:16:27 | 35km:03:55:41 | 40km:04:37:58									
4629	6967	**KUDERA Dominik**	DĄBROWA GÓRNICZA		POL	1979	M40	1375	05:01:16	04:53:24	3906
		5km:00:30:12 | 10km:01:00:51 | 15km: 01:31:38 | 20km:02:03:10 | 21km:02:10:04 | 25km:02:37:15 | 30km:03:15:04 | 35km:03:54:01 | 40km:04:36:10									
4630	3704	**DYRDAK Leo**	STOCKHOLM		POL	1986	M30	1268	05:02:43	04:53:25	3908
		5km:00:33:38 | 10km:01:06:25 | 15km: 01:39:20 | 20km:02:13:04 | 21km:02:20:31 | 25km:02:46:49 | 30km:03:21:06 | 35km:03:57:27 | 40km:04:36:45									
4631	7072	**KULESZA Jakub**	WYSZKÓW		POL	1995	M20	663	05:02:27	04:53:26	3909
		5km:00:30:05 | 10km:01:01:33 | 15km: 01:33:29 | 20km:02:07:11 | 21km:02:14:23 | 25km:02:41:31 | 30km:03:17:41 | 35km:03:54:14 | 40km:04:35:46									
4632	2749	**DANILUK Andrzej**	WARSZAWA	Burgmania Runners Team	POL	1971	M50	479	05:01:16	04:53:30	3910
		5km:00:31:25 | 10km:00:59:48 | 15km: 01:28:32 | 20km:02:12:32 | 21km:02:21:35 | 25km:03:01:56 | 30km: | 35km: | 40km:									
4633	4408	**CISZEWSKI Marcin**	WARSZAWA	jesteś zwycięzcą	POL	1983	M40	1377	05:02:16	04:53:32	3911
		5km:00:32:17 | 10km:01:04:42 | 15km: 01:37:03 | 20km:02:09:15 | 21km:02:16:25 | 25km:02:42:27 | 30km:03:20:39 | 35km:03:59:18 | 40km:04:38:04									
4634	2008	**NOWAK Maciej**	WARSZAWA		POL	1984	M30	1269	05:02:07	04:53:34	3912
		5km:00:32:33 | 10km:01:04:28 | 15km: 01:36:32 | 20km:02:08:47 | 21km:02:15:18 | 25km:02:40:56 | 30km:03:15:15 | 35km:03:52:37 | 40km:04:34:58									
4635	6783	**WIELGUS Artur**	KRAŚNIK		POL	2001	M20	664	05:02:09	04:53:35	3913
		5km:00:32:52 | 10km:01:05:17 | 15km: 01:35:27 | 20km:02:05:55 | 21km:02:13:02 | 25km:02:39:22 | 30km:03:15:32 | 35km:03:56:15 | 40km:04:37:41									
4636	8330	**ŁOŃ Kamil**	WARSZAWA		POL	1997	M20	665	05:02:12	04:53:47	3914
		5km:00:28:40 | 10km:00:56:54 | 15km: 01:24:34 | 20km:01:52:32 | 21km:01:58:45 | 25km:02:22:39 | 30km:02:58:54 | 35km:03:40:34 | 40km:04:33:59									
4637	5188	**ZAKRZEWSKI Marcin**	WARSZAWA		POL	1977	M40	1378	04:57:53	04:53:50	3915
		5km:00:30:43 | 10km:01:02:43 | 15km: 01:34:25 | 20km:02:05:55 | 21km:02:12:46 | 25km:02:37:53 | 30km:03:12:02 | 35km:03:49:37 | 40km:04:32:22									
4638	3963	**MIKULSKI Jacek**	KOWALE		POL	1969	M50	480	05:01:03	04:53:55	3916
		5km:00:30:00 | 10km:01:00:05 | 15km: 01:30:03 | 20km:02:00:57 | 21km:02:07:45 | 25km:02:35:16 | 30km:03:16:15 | 35km:03:53:19 | 40km:04:36:13									
4639	10439	**DZIEWA Krzysiek**	ŚWIDNIK		POL	1992	M30	1270	05:00:39	04:53:58	3917
		5km:00:34:24 | 10km:01:07:13 | 15km: 01:39:46 | 20km:02:13:35 | 21km:02:20:23 | 25km:02:47:16 | 30km:03:22:24 | 35km:04:02:07 | 40km:04:38:49									
4640	2004	**BUDNIK Szymon**	WARSZAWA		POL	1991	M30	1270	05:02:13	04:53:58	3917
		5km:00:34:27 | 10km:01:07:29 | 15km: 01:39:33 | 20km:02:11:38 | 21km:02:18:17 | 25km:02:43:44 | 30km:03:19:06 | 35km:03:54:56 | 40km:04:37:19									
4641	3403	**PARZYGNAT Alicja**	WARSZAWA		POL	1994	K20	99	05:02:44	04:54:01	723
		5km:00:33:59 | 10km:01:07:17 | 15km: 01:43:59 | 20km:02:19:29 | 21km:02:26:46 | 25km:02:54:40 | 30km:03:29:47 | 35km:04:05:55 | 40km:04:40:03									
4642	10780	**KOSSAKOWSKA Natalia**	WARSZAWA		POL	1993	K30	271	05:02:55	04:54:02	724
		5km:00:28:08 | 10km:00:56:44 | 15km: 01:26:54 | 20km:02:01:11 | 21km:02:08:40 | 25km:02:37:18 | 30km:03:16:21 | 35km:03:57:05 | 40km:04:38:34									
4643	4024	**GUMIŃSKI Krzysztof**	WARSZAWA		POL	2004	M20	666	05:03:30	04:54:03	3919
		5km:00:33:06 | 10km:01:07:10 | 15km: 01:39:54 | 20km:02:13:13 | 21km:02:20:23 | 25km:02:47:48 | 30km:03:22:08 | 35km:03:59:36 | 40km:04:38:54									
4644	4608	**MRÓZ Sebastian**	KOMORÓW		POL	1976	M40	1379	05:01:55	04:54:03	3919
		5km:00:33:49 | 10km:01:09:11 | 15km: 01:42:03 | 20km:02:15:16 | 21km:02:22:45 | 25km:02:49:22 | 30km:03:22:45 | 35km:03:59:40 | 40km:04:37:55									
4645	7020	**BESTER Piotr**	ŁÓDŹ	Szakale Bałut Łódź	POL	1976	M40	1380	05:00:03	04:54:04	3921
		5km:00:31:54 | 10km:01:05:36 | 15km: 01:39:16 | 20km:02:14:14 | 21km:02:21:28 | 25km:02:48:33 | 30km:03:23:44 | 35km:04:00:03 | 40km:04:38:16									
4646	8375	**SIUDEK Aleksandra**	WARSZAWA		POL	1989	K30	272	04:57:58	04:54:07	725

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4647	7285	**PYRAK Joanna**	WARSZAWA		POL	1987	K30	273	04:57:57	04:54:08	726
		5km:00:31:56| 10km:01:05:35| 15km: 01:39:18 | 20km:02:14:19 | 21km:02:21:31 | 25km:02:48:34 | 30km:03:23:46 | 35km:04:00:06 | 40km:04:38:18								
4648	3392	**CHENG Yen Sen**	TAICHUNG		TPE	1955	M60	113	05:02:25	04:54:09	3922
		5km:00:34:21| 10km:01:05:57| 15km: 01:38:10 | 20km:02:11:30 | 21km:02:18:34 | 25km:02:46:54 | 30km:03:20:38 | 35km:03:56:37 | 40km:04:36:54								
4649	3229	**ZIMAK Joanna**	SKELMERSDALE		GBR	1994	K20	100	04:59:07	04:54:12	727
		5km:00:28:42| 10km:00:57:10| 15km: 01:26:12 | 20km:01:57:20 | 21km:02:04:34 | 25km:02:31:40 | 30km:03:09:39 | 35km:03:52:41 | 40km:04:37:14								
4650	10514	**SYLWESTRUK Marta**	INOWROCŁAW		POL	1985	K30	274	05:02:59	04:54:14	728
		5km:00:33:35| 10km:01:06:08| 15km: 01:37:54 | 20km:02:08:41 | 21km:02:15:46 | 25km:02:41:50 | 30km:03:18:19 | 35km:03:57:31 | 40km:04:39:48								
4651	7743	**BARCZAK Katarzyna**	MILEJÓW	RUN TEAM MILEJÓW	POL	1977	K40	300	04:58:32	04:54:15	729
		5km:00:27:53| 10km:00:55:09| 15km: 01:23:27 | 20km:01:52:05 | 21km:01:58:16 | 25km:02:21:57 | 30km:02:57:35 | 35km:03:47:17 | 40km:04:36:06								
4652	4102	**CHOWANIEC Wojciech**	KRAKÓW		POL	1985	M30	1272	05:00:51	04:54:18	3923
		5km:00:29:59| 10km:01:00:12| 15km: 01:30:13 | 20km:02:00:09 | 21km:02:06:45 | 25km:02:30:28 | 30km:03:07:56 | 35km:03:51:43 | 40km:04:36:51								
4653	2978	**KAROZEWSKA Sylwia**	WARSZAWA		POL	1991	M30	1273	05:01:20	04:54:22	3924
		5km:00:30:37| 10km:01:01:29| 15km: 01:32:09 | 20km:02:03:46 | 21km:02:10:40 | 25km:02:37:14 | 30km:03:13:07 | 35km:03:53:20 | 40km:04:37:25								
4654	4344	**PENDRAS Cezary**	SUWAŁKI	AZS SGH	POL	2003	M20	667	04:58:04	04:54:22	3924
		5km:00:27:14| 10km:00:55:47| 15km: 01:25:46 | 20km:01:56:33 | 21km:02:03:26 | 25km:02:29:50 | 30km:03:11:20 | 35km:03:54:56 | 40km:04:37:37								
4655	3245	**TRAUTSOLT Paweł**	WARSZAWA		POL	1991	M30	1274	04:57:37	04:54:26	3926
		5km:00:26:51| 10km:00:53:53| 15km: 01:21:02 | 20km:01:49:57 | 21km:01:56:25 | 25km:02:22:19 | 30km:02:58:54 | 35km:03:44:08 | 40km:04:35:05								
4656	7393	**HALULKO Mateusz**	MIŃSK MAZOWIECKI	Inter Cars Team	POL	1992	M30	1274	05:02:08	04:54:26	3926
		5km:00:31:46| 10km:01:03:20| 15km: 01:33:54 | 20km:02:05:39 | 21km:02:12:21 | 25km:02:40:37 | 30km:03:20:28 | 35km:04:00:22 | 40km:04:39:16								
4657	2804	**ZABŁOTNIAK Jacek**	WARSZAWA	Pierwszy i ostatni raz, nigdy więcej.	POL	1990	M30	1276	04:56:35	04:54:27	3928
		5km:00:29:31| 10km:00:59:45| 15km: 01:29:54 | 20km:02:00:38 | 21km:02:07:17 | 25km:02:32:22 | 30km:03:09:40 | 35km:03:52:45 | 40km:04:37:04								
4658	10611	**MALARSKI Bernard**	SEROCK		POL	1980	M40	1381	05:00:22	04:54:30	3929
		5km:00:30:13| 10km:01:00:28| 15km: 01:31:20 | 20km:02:03:10 | 21km:02:10:16 | 25km:02:36:54 | 30km:03:12:39 | 35km:03:51:44 | 40km:04:38:48								
4659	14025	**PESZEK Agnieszka**	WARSZAWA		POL	1983	K40	301	05:01:11	04:54:30	730
		5km:00:29:57| 10km:01:00:52| 15km: 01:33:23 | 20km:02:11:05 | 21km:02:18:32 | 25km:02:47:47 | 30km:03:24:18 | 35km:04:01:22 | 40km:04:39:06								
4660	2776	**STASZEWSKI Piotr**	WARSZAWA	Anpharm Run Team	POL	1973	M50	481	05:02:48	04:54:31	3930
		5km:00:33:19| 10km:01:07:10| 15km: 01:42:00 | 20km:02:16:27 | 21km:02:23:45 | 25km:02:50:15 | 30km:03:24:02 | 35km:03:59:21 | 40km:04:38:35								
4661	3329	**PRZYBYSZ Leszek**	WARSZAWA		POL	1969	M50	481	05:02:59	04:54:31	3930
		5km:00:33:20| 10km:01:06:51| 15km: 01:40:10 | 20km:02:13:20 | 21km:02:20:26 | 25km:02:46:05 | 30km:03:19:44 | 35km:03:55:10 | 40km:04:37:25								
4662	6596	**TOMASZKIEWICZ Marek**	ZĄBKI		POL	1971	M50	483	04:57:52	04:54:32	3932
		5km:00:27:21| 10km:00:54:46| 15km: 01:22:24 | 20km:01:51:17 | 21km:01:57:38 | 25km:02:24:04 | 30km:03:03:11 | 35km:03:50:20 | 40km:04:34:31								
4663	7821	**PISZCZAŁKA Krzysztof**	RUDA ŚLĄSKA		POL	1977	M40	1382	05:02:16	04:54:32	3932
		5km:00:31:50| 10km:01:03:37| 15km: 01:34:32 | 20km:02:06:17 | 21km:02:13:26 | 25km:02:42:38 | 30km:03:20:32 | 35km:03:59:00 | 40km:04:39:11								
4664	10343	**STANKIEWICZ Tomasz**	LUBLIN		POL	1977	M40	1383	05:00:41	04:54:33	3934
		5km:00:30:22| 10km:01:00:25| 15km: 01:30:10 | 20km:02:00:28 | 21km:02:07:00 | 25km:02:35:08 | 30km:03:11:26 | 35km:03:53:38 | 40km:04:37:25								
4665	12048	**MAJ Donat**	WARSZAWA		POL	1969	M50	484	05:04:12	04:54:34	3935
		5km:00:32:51| 10km:01:05:50| 15km: 01:38:34 | 20km:02:11:52 | 21km:02:19:02 | 25km:02:44:49 | 30km:03:20:41 | 35km:03:58:30 | 40km:04:37:44								
4666	3116	**WĘDZONKA Mateusz**	RADOMSKO		POL	2002	M20	668	05:02:04	04:54:35	3936
		5km:00:32:13| 10km:01:03:52| 15km: 01:34:41 | 20km:02:07:32 | 21km:02:14:44 | 25km:02:40:59 | 30km:03:15:55 | 35km:03:54:57 | 40km:04:38:16								
4667	14510	**KACZMAREK Witold**	SIERADZ		POL	1975	M40	1384	05:03:03	04:54:36	3937
		5km:00:32:41| 10km:01:08:17| 15km: 01:44:33 | 20km:02:18:42 | 21km:02:26:06 | 25km:02:52:56 | 30km:03:26:17 | 35km:04:02:51 | 40km:04:39:04								
4668	14508	**KACZMAREK Mateusz**	SZCZĘSNE		POL	1986	M30	1277	05:03:03	04:54:37	3938
		5km:00:32:41| 10km:01:08:17| 15km: 01:44:34 | 20km:02:18:39 | 21km:02:26:07 | 25km:02:52:58 | 30km:03:26:18 | 35km:04:02:52 | 40km:04:39:06								
4669	10486	**DULA Michał**	CZĘSTOCHOWA		POL	2001	M20	669	05:00:57	04:54:39	3939
		5km:00:29:40| 10km:00:58:51| 15km: 01:28:04 | 20km:01:57:52 | 21km:02:04:25 | 25km:02:34:15 | 30km:03:12:07 | 35km:03:56:01 | 40km:04:38:12								
4670	7364	**WYSTRYCHOWSKA Marzena**	WARSZAWA	bfagencja.pl	POL	1974	K40	302	05:01:04	04:54:42	731
		5km:00:29:39| 10km:01:00:14| 15km: 01:32:03 | 20km:02:05:39 | 21km:02:13:04 | 25km:02:41:51 | 30km:03:21:41 | 35km:04:01:00 | 40km:04:40:18								
4671	7539	**KRZYMOWSKI Piotr**	WASILKÓW	KRZYM TEAM	POL	1980	M40	1385	05:01:34	04:54:51	3940
		5km:00:29:52| 10km:01:00:22| 15km: 01:31:51 | 20km:02:05:18 | 21km:02:12:26 | 25km:02:41:43 | 30km:03:18:40 | 35km:03:56:17 | 40km:04:37:35								
4672	2102	**ŁĘCKI Marek**	WARSZAWA		POL	1997	M20	670	05:03:54	04:54:52	3941
		5km:00:33:52| 10km:01:07:56| 15km: 01:42:26 | 20km:02:15:51 | 21km:02:22:46 | 25km:02:49:40 | 30km:03:23:55 | 35km:04:00:10 | 40km:04:40:21								
4673	7501	**POMIANOWSKA Kamila**	WARSZAWA		POL	1996	K20	101	05:03:55	04:54:53	732
		5km:00:33:52| 10km:01:07:55| 15km: 01:42:29 | 20km:02:15:47 | 21km:02:22:46 | 25km:02:49:39 | 30km:03:23:56 | 35km:04:00:12 | 40km:04:40:21								
4674	2772	**SAMOREK Paweł**	PRUSZKÓW		POL	1982	M40	1386	05:00:45	04:54:57	3942
		5km:00:30:20| 10km:01:00:45| 15km: 01:32:06 | 20km:02:03:25 | 21km:02:10:13 | 25km:02:36:59 | 30km:03:14:19 | 35km:03:55:43 | 40km:04:38:39								
4675	3501	**DROZD Joanna**	CORBY		GBR	1985	K30	275	05:00:15	04:54:57	733
		5km:00:32:26| 10km:01:04:58| 15km: 01:37:30 | 20km:02:11:38 | 21km:02:18:45 | 25km:02:47:57 | 30km:03:24:15 | 35km:04:01:26 | 40km:04:39:17								
4676	8500	**IDZIASZEK Tomasz**	BRZEG DOLNY		POL	1983	M40	1387	05:01:12	04:55:00	3943
		5km:00:29:49| 10km:00:58:58| 15km: 01:28:26 | 20km:01:59:33 | 21km:02:06:33 | 25km:02:32:31 | 30km:03:09:10 | 35km:03:51:51 | 40km:04:37:08								
4677	12088	**MAŁEK Paweł**	RZESZÓW		POL	1970	M50	485	05:02:32	04:55:05	3944
		5km:00:30:25| 10km:01:01:13| 15km: 01:31:32 | 20km:02:02:49 | 21km:02:09:39 | 25km:02:37:23 | 30km:03:10:55 | 35km:03:52:13 | 40km:04:37:13								
4678	8372	**GOŁKOWSKI Zbigniew**	WARSZAWA	eAzymut.pl	POL	1973	M50	486	05:02:23	04:55:07	3945
		5km:00:29:23| 10km:01:00:03| 15km: 01:31:19 | 20km:02:03:38 | 21km:02:10:47 | 25km:02:37:37 | 30km:03:14:05 | 35km:03:54:50 | 40km:04:39:09								
4679	3287	**TARNOWSKI Szymon**	KRAKÓW		POL	1987	M30	1278	05:03:51	04:55:10	3946
		5km:00:31:37| 10km:01:03:04| 15km: 01:34:31 | 20km:02:07:19 | 21km:02:14:11 | 25km:02:40:38 | 30km:03:18:10 | 35km:03:56:14 | 40km:04:38:11								
4680	2938	**MIELCZAREK Kazimierz**	KICZYCE	4Muszkieter.pl	POL	1975	M40	1388	05:01:52	04:55:20	3947
		5km:00:31:16| 10km:01:04:39| 15km: 01:36:43 | 20km:02:12:35 | 21km:02:19:28 | 25km:02:48:37 | 30km:03:23:24 | 35km:04:01:07 | 40km:04:39:48								
4681	6157	**BRZOZOWSKI Marcin**	NIDZICA		POL	1978	M40	1389	05:04:40	04:55:22	3948
		5km:00:29:43| 10km:01:00:30| 15km: 01:30:19 | 20km:02:01:15 | 21km:02:07:43 | 25km:02:32:39 | 30km:03:08:11 | 35km:03:49:07 | 40km:04:35:46								
4682	6227	**BRZOZOWSKA Marlena**	NIDZICA		POL	1979	K40	303	05:04:40	04:55:22	734
		5km:00:29:44| 10km:01:00:29| 15km: 01:30:18 | 20km:02:01:14 | 21km:02:07:43 | 25km:02:32:39 | 30km:03:06:06 | 35km:03:43:50 | 40km:04:35:40								
4683	7758	**BERENDT Sebastian**	WARSZAWA		POL	1986	M30	1279	05:03:24	04:55:24	3949
		5km:00:31:32| 10km:01:03:05| 15km: 01:33:40 | 20km:02:05:42 | 21km:02:12:41 | 25km:02:38:31 | 30km:03:15:29 | 35km:03:56:53 | 40km:04:39:32								
4684	10331	**WASILEWSKI Paweł**	SOCHACZEW		POL	1984	M30	1280	04:55:26	04:55:26	3950
		5km:00:46:50| 10km:01:19:27| 15km: 01:49:08 | 20km:02:19:01 | 21km:02:25:34 | 25km:02:49:34 | 30km: | 35km:03:53:01 | 40km:04:33:49								
4685	5263	**GROMADZKI Wiktor**	MICHAŁOWICE		POL	2002	M20	671	05:00:12	04:55:31	3951
		5km:00:28:14| 10km:00:56:25| 15km: 01:24:33 | 20km:01:56:27 | 21km:02:04:11 | 25km:02:32:31 | 30km:03:12:24 | 35km:03:56:21 | 40km:04:41:21								
4686	4134	**ISASI Gorka**	MARKI	BILBAO	ESP	1971	M50	487	05:04:18	04:55:32	3952
		5km:00:32:20| 10km:01:03:41| 15km: 01:33:55 | 20km:02:05:07 | 21km:02:11:47 | 25km:02:36:24 | 30km:03:11:39 | 35km:03:52:41 | 40km:04:38:33								
4687	4657	**GRABOWSKI Andrzej**	SŁUPNO	PTT DELTA	POL	1976	M40	1390	05:04:24	04:55:32	3952
		5km:00:32:16| 10km:01:04:26| 15km: 01:35:20 | 20km:02:09:09 | 21km:02:16:01 | 25km:02:42:55 | 30km:03:18:20 | 35km:03:56:36 | 40km:04:38:29								
4688	15575	**GOLIŃSKA Anna**	TRZEBINIA	Nauka Biega	POL	1974	K40	304	05:00:24	04:55:37	735
		5km:00:32:31| 10km:01:08:00| 15km: 01:39:33 | 20km:02:11:48 | 21km:02:19:15 | 25km:02:47:44 | 30km:03:23:55 | 35km:04:01:55 | 40km:04:39:56								
4689	5180	**BADOWSKA Justyna**	RAWA MAZOWIECKA		POL	1983	K40	305	05:04:46	04:55:40	736
		5km:00:33:22| 10km:01:06:06| 15km: 01:39:09 | 20km:02:12:32 | 21km:02:19:46 | 25km:02:46:50 | 30km:03:21:29 | 35km:03:57:39 | 40km:04:36:36								
4690	7512	**LOREK Paweł**	ZIELONKI-WIEŚ		POL	1981	M40	1391	05:01:03	04:55:42	3954
		5km:00:28:31| 10km:00:57:02| 15km: 01:24:36 | 20km:01:52:10 | 21km:01:58:07 | 25km:02:20:05 | 30km:02:53:41 | 35km:03:35:01 | 40km:04:38:12								
4691	10269	**TYMOSIAK Kamila**	CIELE		POL	1988	K30	276	05:05:07	04:55:47	737
		5km:00:35:28| 10km:01:10:52| 15km: 01:46:04 | 20km:02:21:18 | 21km:02:28:57 | 25km:02:56:25 | 30km:03:31:07 | 35km:04:05:54 | 40km:04:41:35								
4692	15550	**MIKRUT Karolina**	KRAKÓW		POL	1986	K30	277	05:05:09	04:55:48	738
		5km:00:34:22| 10km:01:08:43| 15km: 01:42:54 | 20km:02:19:09 | 21km:02:26:25 | 25km:02:53:51 | 30km:03:30:01 | 35km:04:06:11 | 40km:04:41:17								

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4693	3254	**URBAN Aleksander**	WARSZAWA		POL	1981	M40	1392	05:04:01	04:55:50	3955
		5km:00:32:40| 10km:01:05:45| 15km: 01:38:53 | 20km:02:12:36 | 21km:02:19:51 | 25km:02:47:02 | 30km:03:21:54 | 35km:03:58:35 | 40km:04:39:39								
4694	2383	**SZAŁEK Marcin**	ŁÓDŹ		POL	1995	M20	672	05:05:23	04:55:51	3956
		5km:00:35:25| 10km:01:10:47| 15km: 01:46:55 | 20km:02:23:31 | 21km:02:31:00 | 25km:02:58:01 | 30km:03:32:54 | 35km:04:07:48 | 40km:04:42:04								
4695	8487	**ZAITSEV Alex**	WARSAW			1987	M30	1281	05:04:38	04:55:51	3956
		5km:00:32:50| 10km:01:05:41| 15km: 01:38:59 | 20km:02:12:40 | 21km:02:19:44 | 25km:02:47:02 | 30km:03:22:06 | 35km:04:00:02 | 40km:04:39:58								
4696	10171	**FIEBICH Michał**	ŁĄCZNIK		POL	1999	M20	673	04:59:08	04:55:54	3958
		5km:00:31:28| 10km:01:04:17| 15km: 01:36:39 | 20km:02:09:14 | 21km:02:16:26 | 25km:02:41:57 | 30km:03:17:13 | 35km:03:58:53 | 40km:04:39:31								
4697	3209	**MYŚLIŃSKI Dariusz**	KRAKÓW		POL	1992	M30	1282	04:59:56	04:55:57	3959
		5km:00:27:26| 10km:00:54:59| 15km: 01:23:43 | 20km:01:55:38 | 21km:02:03:15 | 25km:02:32:20 | 30km:03:14:45 | 35km:03:59:32 | 40km:04:38:52								
4698	10288	**JAGIEŁŁO Joanna**	MILEJÓW	Run Team Milejów	POL	1980	K40	306	04:58:32	04:55:58	739
		5km:00:26:29| 10km:00:52:54| 15km: 01:19:27 | 20km:01:48:16 | 21km:01:54:45 | 25km:02:19:42 | 30km:02:59:16 | 35km:03:48:59 | 40km:04:37:49								
4699	10158	**GAWRYLUK Michał**	BIAŁYSTOK		POL	1984	M30	1283	05:03:28	04:55:59	3960
		5km:00:31:33| 10km:01:02:50| 15km: 01:34:07 | 20km:02:06:29 | 21km:02:13:37 | 25km:02:41:16 | 30km:03:18:29 | 35km:03:58:26 | 40km:04:39:39								
4700	8364	**CHROBOCIŃSKI Patryk**	WARSZAWA		POL	1980	M40	1393	05:02:09	04:55:59	3960
		5km:00:29:49| 10km:01:00:24| 15km: 01:33:18 | 20km:02:11:28 | 21km:02:18:23 | 25km:02:46:12 | 30km:03:23:25 | 35km:04:00:45 | 40km:04:40:48								
4701	15557	**DROZD Marek**	WARSZAWA		POL	1973	M50	488	05:03:21	04:56:01	3962
		5km:00:31:48| 10km:01:03:37| 15km: 01:34:39 | 20km:02:06:21 | 21km:02:13:16 | 25km:02:38:58 | 30km:03:14:56 | 35km:03:53:21 | 40km:04:38:48								
4702	8445	**KWIECIŃSKI Dominik**	TOMASZÓW MAZOWIECKI		POL	1994	M20	674	05:00:14	04:56:06	3963
		5km:00:28:36| 10km:00:56:52| 15km: 01:24:36 | 20km:01:54:20 | 21km:02:01:11 | 25km:02:28:22 | 30km:03:08:13 | 35km:03:53:47 | 40km:04:38:28								
4703	6267	**SULIMA Robert**	GDAŃSK		POL	1971	M50	489	05:04:07	04:56:08	3964
		5km:00:31:51| 10km:01:03:25| 15km: 01:34:53 | 20km:02:06:36 | 21km:02:13:31 | 25km:02:40:36 | 30km:03:16:59 | 35km:03:57:29 | 40km:04:38:44								
4704	2739	**WACHOWICZ Tomasz**	WARSZAWA		POL	1986	M30	1284	05:05:53	04:56:11	3965
		5km:00:34:04| 10km:01:09:00| 15km: 01:42:45 | 20km:02:16:22 | 21km:02:23:39 | 25km:02:50:49 | 30km:03:26:17 | 35km:04:02:59 | 40km:04:41:00								
4705	3085	**JONES Andrew**	ENNISCORTHY		GBR	1967	M50	490	05:00:57	04:56:11	3965
		5km:00:30:39| 10km:01:01:50| 15km: 01:33:53 | 20km:02:08:05 | 21km:02:14:59 | 25km:02:41:09 | 30km:03:20:44 | 35km:04:00:22 | 40km:04:38:59								
4706	10661	**SZMIGIELSKA Agata**	ŁÓDŹ		POL	1995	K20	102	05:01:27	04:56:13	740
		5km:00:31:09| 10km:01:03:56| 15km: 01:37:17 | 20km:02:14:02 | 21km:02:21:24 | 25km:02:49:22 | 30km:03:25:38 | 35km:04:02:22 | 40km:04:41:08								
4707	3999	**BERGLIHN Iver**	KRISTIANSAND S		NOR	1998	M20	675	05:02:23	04:56:13	3967
		5km:00:31:18| 10km:01:02:12| 15km: 01:32:59 | 20km:02:05:39 | 21km:02:12:35 | 25km:02:39:01 | 30km:03:13:17 | 35km:03:54:47 | 40km:04:38:22								
4708	3433	**HAMILTON Ashley**	KILMARNOCK		GBR	1979	M40	1394	05:05:59	04:56:14	3968
		5km:00:29:29| 10km:01:00:27| 15km: 01:32:11 | 20km:02:05:38 | 21km:02:12:43 | 25km:02:39:58 | 30km:03:14:13 | 35km:03:56:43 | 40km:04:41:29								
4709	10612	**PIĄTEK Michał**	SIEDLCE		POL	1984	M30	1285	05:04:20	04:56:18	3969
		5km:00:33:43| 10km:01:07:34| 15km: 01:39:58 | 20km:02:13:25 | 21km:02:20:55 | 25km:02:47:57 | 30km:03:23:28 | 35km:04:03:04 | 40km:04:39:55								
4710	10636	**SMOŁKOWSKI Wojciech**	WARSZAWA		POL	1980	M40	1395	04:56:59	04:56:18	3969
		5km:00:31:52| 10km:01:04:02| 15km: 01:36:38 | 20km:02:10:14 | 21km:02:17:25 | 25km:02:44:31 | 30km:03:20:35 | 35km:03:58:24 | 40km:04:39:38								
4711	15507	**ZORSKI Artur**	MARKI	Markowi Biegacze	POL	1975	M40	1396	05:03:09	04:56:19	3971
		5km:00:29:09| 10km:00:58:57| 15km: 01:29:10 | 20km:02:00:58 | 21km:02:07:44 | 25km:02:33:53 | 30km:03:10:48 | 35km:03:53:26 | 40km:04:37:41								
4712	2098	**GAŁĄZKA Leszek**	BUDY-GRZYBEK		POL	1980	M40	1396	04:56:59	04:56:19	3971
		5km:00:31:53| 10km:01:04:04| 15km: 01:36:37 | 20km:02:10:14 | 21km:02:17:26 | 25km:02:44:31 | 30km:03:20:36 | 35km:03:58:25 | 40km:04:39:40								
4713	3318	**ŁAZOWSKI Mariusz**	SIEMIANOWICE ŚLĄSKIE		POL	1974	M40	1398	05:03:03	04:56:21	3973
		5km:00:30:38| 10km:01:02:35| 15km: 01:35:06 | 20km:02:08:14 | 21km:02:15:39 | 25km:02:44:36 | 30km:03:21:02 | 35km:03:59:29 | 40km:04:39:55								
4714	6277	**MAGDIJ Marek**	KRAKÓW		POL	1989	M30	1286	05:04:19	04:56:25	3974
		5km:00:31:25| 10km:01:03:12| 15km: 01:34:49 | 20km:02:09:04 | 21km:02:16:13 | 25km:02:44:43 | 30km:03:19:58 | 35km:04:00:47 | 40km:04:40:27								
4715	7121	**TOLAK Piotr**	WARSZAWA	Team Tolak	POL	1986	M30	1287	04:58:37	04:56:26	3975
		5km:00:25:37| 10km:00:51:06| 15km: 01:17:27 | 20km:01:45:46 | 21km:01:52:00 | 25km:02:19:43 | 30km:03:04:12 | 35km:03:54:09 | 40km:04:41:28								
4716	2973	**KAPCIA Katarzyna**	KRAKÓW		POL	1986	K30	278	05:05:58	04:56:27	741
		5km:00:34:49| 10km:01:08:41| 15km: 01:42:12 | 20km:02:15:55 | 21km:02:23:12 | 25km:02:49:51 | 30km:03:24:50 | 35km:04:00:31 | 40km:04:39:24								
4717	8422	**SPERCZYŃSKI Mariusz**	WARSZAWA		POL	1972	M50	491	05:03:50	04:56:28	3976
		5km:00:31:44| 10km:01:04:38| 15km: 01:38:19 | 20km:02:13:06 | 21km:02:22:30 | 25km:02:49:42 | 30km:03:23:46 | 35km:04:02:27 | 40km:04:40:40								
4718	8494	**LENART Wioleta**	GRÓJEC	PGB Sportowa Paczka	POL	1987	K30	279	05:05:21	04:56:29	742
		5km:00:34:00| 10km:01:07:18| 15km: 01:44:01 | 20km:02:19:30 | 21km:02:26:48 | 25km:02:54:40 | 30km:03:29:48 | 35km:04:05:56 | 40km:04:42:14								
4719	10677	**STANICKI Łukasz**	WARSZAWA	Trzy Ciotki	POL	1969	M50	492	05:02:19	04:56:34	3977
		5km:00:30:49| 10km:01:02:44| 15km: 01:33:06 | 20km:02:04:39 | 21km:02:11:20 | 25km:02:35:32 | 30km:03:17:05 | 35km:03:52:21 | 40km:04:38:59								
4720	8425	**AMILIANOWICZ Dariusz**	POZNAŃ		POL	1975	M40	1399	05:02:22	04:56:35	3978
		5km:00:30:20| 10km:01:01:44| 15km: 01:32:44 | 20km:02:06:23 | 21km:02:13:16 | 25km:02:40:09 | 30km:03:16:15 | 35km:03:55:16 | 40km:04:38:03								
4721	12014	**BIAŁEK Agnieszka**	WARSZAWA		POL	1979	K40	307	05:05:05	04:56:36	743
		5km:00:30:23| 10km:01:00:17| 15km: 01:29:38 | 20km:01:59:37 | 21km:02:06:14 | 25km:02:33:45 | 30km:03:11:12 | 35km:03:57:30 | 40km:04:39:43								
4722	7043	**KAWALEC Ela**	WARSZAWA		POL	1990	K30	280	05:04:41	04:56:36	743
		5km:00:33:12| 10km:01:06:34| 15km: 01:38:54 | 20km:02:11:21 | 21km:02:18:38 | 25km:02:46:14 | 30km:03:21:08 | 35km:04:02:07 | 40km:04:40:51								
4723	3979	**LAZARIDIS Aris**	ATHENS		GRE	1983	M40	1400	05:06:35	04:56:38	3979
		5km:00:34:21| 10km:01:08:08| 15km: 01:42:17 | 20km:02:17:31 | 21km:02:24:34 | 25km:02:50:27 | 30km:03:23:57 | 35km:04:07:31 | 40km:04:41:41								
4724	5261	**KAPETANAKIS Eleftherios**	HERAKLION		GRE	1985	M30	1288	05:06:38	04:56:41	3980
		5km:00:34:21| 10km:01:08:08| 15km: 01:42:17 | 20km:02:15:29 | 21km:02:22:33 | 25km:02:48:17 | 30km:03:22:18 | 35km:04:07:29 | 40km:04:41:43								
4725	2411	**BANASIK Tomasz**	WARSZAWA		POL	1993	M30	1289	04:59:48	04:56:42	3981
		5km:00:27:27| 10km:00:55:00| 15km: 01:23:10 | 20km:01:54:30 | 21km:02:01:04 | 25km:02:31:39 | 30km:03:12:17 | 35km:03:55:49 | 40km:04:39:45								
4726	6293	**MIKULSKI Patryk**	WARSZAWA		POL	1995	M20	676	05:05:36	04:56:42	3981
		5km:00:30:54| 10km:01:01:48| 15km: 01:31:28 | 20km:02:02:51 | 21km:02:09:30 | 25km:02:36:28 | 30km:03:14:46 | 35km:03:54:37 | 40km:04:38:32								
4727	10664	**PODOLAK Alfred**	PYSKOWICE	PPHU FRETPOL Pyskowice	POL	1960	M60	114	05:06:06	04:56:47	3983
		5km:00:30:44| 10km:01:01:55| 15km: 01:32:14 | 20km:02:04:34 | 21km:02:11:48 | 25km:02:39:23 | 30km:03:16:52 | 35km:03:55:51 | 40km:04:38:27								
4728	13045	**KOZICKI Marcin**	WARSZAWA		POL	1984	M30	1290	05:03:37	04:56:47	3983
		5km:00:30:10| 10km:01:00:41| 15km: 01:32:23 | 20km:02:03:07 | 21km:02:09:48 | 25km:02:39:02 | 30km:03:17:52 | 35km:03:58:30 | 40km:04:41:02								
4729	8495	**CHUDY Michał**	WARSZAWA		POL	1985	M30	1290	05:03:35	04:56:47	3983
		5km:00:30:11| 10km:01:00:42| 15km: 01:32:25 | 20km:02:03:06 | 21km:02:09:49 | 25km:02:39:02 | 30km:03:17:55 | 35km:03:58:33 | 40km:04:41:04								
4730	10689	**BOŻEK Edward**	MILANÓWEK		POL	1952	M70	13	05:05:11	04:56:49	3986
		5km:00:32:26| 10km:01:05:04| 15km: 01:37:38 | 20km:02:10:46 | 21km:02:17:47 | 25km:02:43:44 | 30km:03:19:57 | 35km:03:58:11 | 40km:04:38:49								
4731	8447	**BUKOWSKI Krzysztof**	WARSZAWA	Vege Runners	POL	1973	M50	493	05:04:01	04:56:49	3986
		5km:00:29:45| 10km:00:59:29| 15km: 01:29:00 | 20km:01:58:34 | 21km:02:05:07 | 25km:02:29:41 | 30km:03:03:28 | 35km:03:55:52 | 40km:04:41:09								
4732	10125	**GIL Marek**	OPATÓW		POL	1978	M40	1401	05:05:22	04:56:50	3988
		5km:00:31:48| 10km:01:03:13| 15km: 01:33:11 | 20km:02:03:50 | 21km:02:10:29 | 25km:02:35:58 | 30km:03:11:53 | 35km:03:53:23 | 40km:04:38:13								
4733	2737	**MASTALERZ Katarzyna**	KARNICE	Słoniówka	POL	1971	K50	50	05:04:16	04:56:52	745
		5km:00:32:22| 10km:01:04:40| 15km: 01:37:02 | 20km:02:10:35 | 21km:02:17:39 | 25km:02:45:26 | 30km:03:21:23 | 35km:04:01:37 | 40km:04:40:41								
4734	2511	**WRĄBEL Milena**	WARSZAWA		POL	1993	K30	281	05:03:55	04:56:53	746
		5km:00:30:55| 10km:01:05:12| 15km: 01:39:41 | 20km:02:15:01 | 21km:02:22:39 | 25km:02:50:37 | 30km:03:28:23 | 35km:04:05:16 | 40km:04:41:48								
4735	5239	**PORYZIŃSKI Adam**	PŁOŃSK		POL	2000	M20	677	05:06:33	04:56:53	3989
		5km:00:35:13| 10km:01:09:39| 15km: 01:45:21 | 20km:02:22:13 | 21km:02:30:02 | 25km:02:57:42 | 30km:03:32:28 | 35km:04:07:14 | 40km:04:42:39								
4736	3673	**SŁONKA Tomasz**	WARSZAWA		POL	1980	M40	1402	05:01:52	04:56:54	3990
		5km:00:29:43| 10km:01:00:30| 15km: 01:32:11 | 20km:02:07:11 | 21km:02:14:33 | 25km:02:43:23 | 30km:03:21:17 | 35km:04:00:35 | 40km:04:40:29								
4737	3288	**KORNACKI Robert**	WARSZAWA		POL	1982	M40	1403	05:06:57	04:56:56	3991
		5km:00:34:36| 10km:01:09:41| 15km: 01:43:40 | 20km:02:18:47 | 21km:02:25:52 | 25km:02:53:06 | 30km:03:26:57 | 35km:04:02:43 | 40km:04:40:48								
4738	8446	**HAŁUBEK Eryk**	SULEJÓW		POL	2002	M20	678	05:03:38	04:56:56	3991
		5km:00:34:02| 10km:01:07:42| 15km: 01:41:12 | 20km:02:15:29 | 21km:02:23:12 | 25km:02:48:42 | 30km:03:21:43 | 35km:03:55:46 | 40km:04:39:46								

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:14 | 10km:01:00:21 | 15km: 01:33:09 | 20km:02:09:57 | 21km:02:17:38 | 25km:02:47:03 | 30km:03:24:52 | 35km:04:01:42 | 40km:04:40:57									
4739	15001	**JABLKOWSKA Miki**	LONDON	Kent Athletics	GBR	1953	K70	3	04:59:23	04:57:00	747
		5km:00:27:21 | 10km:00:55:07 | 15km: 01:25:03 | 20km:02:00:42 | 21km:02:08:01 | 25km:02:37:49 | 30km:03:18:14 | 35km:03:59:58 | 40km:04:41:51									
4740	2191	**HEJKA Władek**	KARTUZY	Akademia Biegowa Kartuzy	POL	1973	M50	494	05:00:19	04:57:01	3993
		5km:00:27:57 | 10km:00:58:03 | 15km: 01:28:56 | 20km:02:00:24 | 21km:02:07:18 | 25km:02:33:08 | 30km:03:09:22 | 35km:03:50:24 | 40km:04:39:31									
4741	13019	**CHODUBSKI Arkadiusz**	WECHENBEUREN		POL	1961	M60	115	04:57:29	04:57:03	3994
		5km:00:33:07 | 10km:01:05:35 | 15km: 01:38:23 | 20km:02:12:19 | 21km:02:19:44 | 25km:02:46:17 | 30km:03:23:25 | 35km:04:04:42 | 40km:04:40:01									
4742	6732	**BANAŚ Michał**	SAMBORZEC		POL	1997	M20	679	05:06:39	04:57:03	3994
		5km:00:34:03 | 10km:01:07:11 | 15km: 01:41:40 | 20km:02:13:56 | 21km:02:20:54 | 25km:02:47:34 | 30km:03:23:24 | 35km:04:02:06 | 40km:04:41:27									
4743	4270	**KUBINOWSKI Maciek**	WARSZAWA		POL	1984	M30	1292	05:06:04	04:57:09	3996
		5km:00:29:47 | 10km:00:59:59 | 15km: 01:29:54 | 20km:02:02:04 | 21km:02:09:42 | 25km:02:37:45 | 30km:03:16:23 | 35km:04:01:16 | 40km:04:41:14									
4744	4194	**JĄCZYK Bartosz**	PARKOSZOWICE		POL	2002	M20	680	05:01:46	04:57:10	3997
		5km:00:29:47 | 10km:00:59:59 | 15km: 01:29:53 | 20km:02:02:02 | 21km:02:09:42 | 25km:02:37:45 | 30km:03:16:22 | 35km:04:01:13 | 40km:04:41:13									
4745	4225	**GRAJDA Michał**	MIŃSK MAZOWIECKI		POL	1997	M20	680	05:01:46	04:57:10	3997
		5km:00:34:10 | 10km:01:08:40 | 15km: 01:43:46 | 20km:02:19:43 | 21km:02:26:51 | 25km:02:55:45 | 30km:03:32:25 | 35km:04:09:36 | 40km:04:44:07									
4746	8314	**CONNAIRE Adrian**	GALWAY		IRL	1972	M50	495	05:02:44	04:57:10	3997
		5km:00:30:12 | 10km:00:59:50 | 15km: 01:29:10 | 20km:01:59:02 | 21km:02:05:49 | 25km:02:33:44 | 30km:03:12:15 | 35km:03:55:01 | 40km:04:40:00									
4747	5236	**ŚWIĘTANOWSKI Błażej**	WARSZAWA		POL	1989	M30	1293	05:03:20	04:57:12	4000
		5km:00:31:33 | 10km:01:02:59 | 15km: 01:34:00 | 20km:02:05:27 | 21km:02:12:14 | 25km:02:37:22 | 30km:03:11:28 | 35km:03:51:37 | 40km:04:38:08									
4748	2696	**JANEWICZ Michał**	WARSZAWA		POL	1988	M30	1294	05:04:53	04:57:16	4001
		5km:00:33:30 | 10km:01:06:41 | 15km: 01:39:12 | 20km:02:12:15 | 21km:02:19:11 | 25km:02:45:48 | 30km:03:20:22 | 35km:04:01:17 | 40km:04:41:54									
4749	2300	**SKOWROŃSKI Marcin**	WARSZAWA		POL	1995	M20	682	05:06:34	04:57:17	4002
		5km:00:31:39 | 10km:01:03:06 | 15km: 01:35:04 | 20km:02:08:47 | 21km:02:16:15 | 25km:02:44:23 | 30km:03:22:28 | 35km:04:02:27 | 40km:04:43:40									
4750	8436	**WYRWAŁ Monika**	WARSZAWA		POL	1995	K20	103	05:05:33	04:57:21	748
		5km:00:31:23 | 10km:01:02:54 | 15km: 01:34:29 | 20km:02:07:52 | 21km:02:14:32 | 25km:02:39:46 | 30km:03:17:36 | 35km:04:02:43 | 40km:04:42:53									
4751	2679	**MUSZAŁ Marcin**	OSOWIEC		POL	1977	M40	1404	05:06:14	04:57:28	4003
		5km:00:33:25 | 10km:01:06:32 | 15km: 01:39:42 | 20km:02:13:28 | 21km:02:20:38 | 25km:02:46:48 | 30km:03:21:36 | 35km:03:57:43 | 40km:04:37:25									
4752	6961	**LIEKENS Arne**	LOKEREN		BEL	1997	M20	683	05:06:06	04:57:29	4004
		5km:00:27:50 | 10km:00:57:26 | 15km: 01:27:31 | 20km:01:58:35 | 21km:02:06:11 | 25km:02:32:56 | 30km:03:09:45 | 35km:03:52:06 | 40km:04:38:02									
4753	6883	**KOLASA Andrzej**	WARSZAWA	Klub J.Słowackiego	POL	1951	M70	14	04:58:26	04:57:31	4005
		5km:00:30:01 | 10km:01:01:49 | 15km: 01:34:41 | 20km:02:09:39 | 21km:02:16:55 | 25km:02:45:01 | 30km:03:22:12 | 35km:04:00:50 | 40km:04:41:04									
4754	6166	**KURZAWIŃSKA-JABŁOŃSKA Kasia**	CZARNE	Czarne Biega	POL	1972	K50	51	05:01:38	04:57:33	749
		5km:00:28:24 | 10km:00:56:44 | 15km: 01:25:47 | 20km:01:56:17 | 21km:02:03:07 | 25km:02:29:24 | 30km:03:10:18 | 35km:03:56:01 | 40km:04:40:45									
4755	10152	**STEPANKEVIČIUS Mantas**	BYDGOSZCZ		LTU	1981	M40	1405	05:01:58	04:57:37	4006
		5km:00:32:31 | 10km:01:05:05 | 15km: 01:37:31 | 20km:02:11:23 | 21km:02:18:34 | 25km:02:46:42 | 30km:03:23:54 | 35km:04:01:18 | 40km:04:41:05									
4756	3346	**SMOGOL Maksym**	BERLIN		UKR	1983	M40	1405	05:03:56	04:57:37	4006
		5km:00:33:41 | 10km:01:06:21 | 15km: 01:39:31 | 20km:02:13:13 | 21km:02:20:39 | 25km:02:46:59 | 30km:03:20:23 | 35km:03:55:29 | 40km:04:40:50									
4757	3793	**PALGAN Tomasz**	WADOWICE		POL	1986	M30	1295	05:06:22	04:57:41	4008
		5km:00:31:20 | 10km:01:03:46 | 15km: 01:34:58 | 20km:02:07:26 | 21km:02:14:51 | 25km:02:42:44 | 30km:03:21:06 | 35km:04:01:56 | 40km:04:43:23									
4758	7632	**OBROŚLAK Krzysztof**	WARSZAWA		POL	1993	M30	1296	05:04:58	04:57:43	4009
		5km:00:32:15 | 10km:01:04:36 | 15km: 01:36:29 | 20km:02:07:21 | 21km:02:14:09 | 25km:02:41:17 | 30km:03:18:22 | 35km:03:58:44 | 40km:04:40:49									
4759	7131	**ZDZIEBŁOWSKI Kamil**	WARSZAWA		POL	1992	M30	1297	05:05:40	04:57:44	4010
		5km:00:32:55 | 10km:01:04:04 | 15km: 01:35:57 | 20km:02:10:43 | 21km:02:17:57 | 25km:02:45:57 | 30km:03:23:55 | 35km:04:02:14 | 40km:04:41:23									
4760	10756	**SIGER Małgorzata**	ŁÓDŹ		POL	1969	K50	52	05:06:47	04:57:45	750
		5km:00:31:49 | 10km:01:03:16 | 15km: 01:34:10 | 20km:02:06:11 | 21km:02:13:21 | 25km:02:39:04 | 30km:03:14:51 | 35km:03:52:42 | 40km:04:39:16									
4761	3778	**ODROWĄŻ-ARTYMIUK Bożena**	LEGIONOWO		POL	1985	K30	282	05:05:48	04:57:47	751
		5km:00:35:24 | 10km:01:09:50 | 15km: 01:47:25 | 20km:02:24:13 | 21km:02:31:53 | 25km:03:00:05 | 30km:03:35:54 | 35km:04:11:13 | 40km:04:46:08									
4762	10281	**WIERZBOWSKI Krzysztof**	BARTOSZYCE		POL	1994	M20	684	05:07:03	04:57:50	4011
		5km:00:35:24 | 10km:01:09:49 | 15km: 01:47:25 | 20km:02:24:16 | 21km:02:31:54 | 25km:03:00:05 | 30km:03:35:54 | 35km:04:11:13 | 40km:04:46:08									
4763	10289	**WIERZBOWSKI Tomasz**	BARTOSZYCE		POL	1995	M20	684	05:07:03	04:57:50	4011
		5km:00:33:08 | 10km:01:06:52 | 15km: 01:40:38 | 20km:02:13:46 | 21km:02:21:03 | 25km:02:48:03 | 30km:03:23:42 | 35km:04:02:58 | 40km:04:43:01									
4764	3438	**PIRAIEE Ahmad**	WARSZAWA		IRI	1983	M40	1407	05:00:39	04:57:50	4011
		5km:00:33:44 | 10km:01:06:17 | 15km: 01:38:25 | 20km:02:11:49 | 21km:02:18:35 | 25km:02:44:22 | 30km:03:18:20 | 35km:03:57:51 | 40km:04:40:49									
4765	10057	**HLAVATSKYI Serhii**	WARSZAWA		UKR	1993	M30	1298	05:05:03	04:57:53	4014
		5km:00:27:17 | 10km:00:57:00 | 15km: 01:29:25 | 20km:02:03:40 | 21km:02:11:00 | 25km:02:39:45 | 30km:03:15:46 | 35km:04:02:19 | 40km:04:42:28									
4766	10529	**FILARSKI Krzysztof**	WARSZAWA		POL	1978	M40	1408	04:59:03	04:57:53	4014
		5km:00:31:51 | 10km:01:03:20 | 15km: 01:33:52 | 20km:02:06:03 | 21km:02:13:11 | 25km:02:40:47 | 30km:03:15:56 | 35km:03:54:02 | 40km:04:38:32									
4767	6352	**HANKIEWICZ Aleksander**	WARSZAWA		POL	1974	M40	1409	05:05:56	04:57:55	4016
		5km:00:33:44 | 10km:01:06:17 | 15km: 01:38:25 | 20km:02:11:49 | 21km:02:18:35 | 25km:02:44:22 | 30km:03:18:20 | 35km:03:57:51 | 40km:04:40:49									
4768	3849	**LASECKI Piotr**	WARSZAWA		POL	1973	M50	496	05:07:55	04:58:02	4017
		5km:00:35:07 | 10km:01:10:30 | 15km: 01:46:00 | 20km:02:20:34 | 21km:02:27:43 | 25km:02:55:14 | 30km:03:30:12 | 35km:04:05:52 | 40km:04:42:41									
4769	2748	**CHRISOSTOMIDOU Evlampia**	DRAMA		GRE	1966	K50	53	05:06:27	04:58:03	752
		5km:00:33:08 | 10km:01:06:52 | 15km: 01:40:38 | 20km:02:13:46 | 21km:02:21:03 | 25km:02:48:03 | 30km:03:23:42 | 35km:04:02:58 | 40km:04:43:01									
4770	2839	**MAZUR Michał**	WIĘCŁAWICE STARE	G.O.A.T. TEAM MICHAŁOWICE	POL	1983	M40	1410	05:07:06	04:58:05	4018
		5km:00:31:39 | 10km:01:04:37 | 15km: 01:38:15 | 20km:02:12:30 | 21km:02:19:33 | 25km:02:46:42 | 30km:03:23:39 | 35km:04:00:37 | 40km:04:41:14									
4771	3542	**MURACH Agnieszka**	OSTROŁĘKA		POL	1969	K50	54	05:05:43	04:58:05	753
		5km:00:35:12 | 10km:01:10:06 | 15km: 01:46:24 | 20km:02:22:41 | 21km:02:30:29 | 25km:02:57:24 | 30km:03:30:36 | 35km:04:04:47 | 40km:04:42:57									
4772	3365	**WĘGLEWSKI Krzysztof**	ŁĄCK	Nadleśnictwo Łąck	POL	1974	M40	1411	05:07:40	04:58:09	4019
		5km:00:33:35 | 10km:01:06:14 | 15km: 01:39:26 | 20km:02:13:08 | 21km:02:20:33 | 25km:02:46:54 | 30km:03:20:18 | 35km:03:57:52 | 40km:04:40:13									
4773	10729	**RABA Mirosław**	WARSZAWA		POL	1985	M30	1299	05:06:56	04:58:10	4020
		5km:00:33:14 | 10km:01:08:00 | 15km: 01:42:26 | 20km:02:16:18 | 21km:02:23:51 | 25km:02:51:28 | 30km:03:26:57 | 35km:04:03:08 | 40km:04:41:37									
4774	3676	**JAROSIŃSKA Agnieszka**	ANTONIÓW		POL	1981	K40	308	05:02:42	04:58:11	754
		5km:00:31:02 | 10km:01:03:43 | 15km: 01:37:56 | 20km:02:11:25 | 21km:02:18:32 | 25km:02:46:16 | 30km:03:23:25 | 35km:04:01:50 | 40km:04:41:43									
4775	6671	**CHRAPEK Gabriel**	KRAKÓW		POL	1965	M50	497	05:01:37	04:58:13	4021
		5km:00:31:46 | 10km:01:04:22 | 15km: 01:34:41 | 20km:02:05:42 | 21km:02:12:20 | 25km:02:38:23 | 30km:03:13:14 | 35km:03:53:43 | 40km:04:41:34									
4776	7163	**WOJTAK Dominik**	WARSZAWA	Bemowo Biega	POL	1981	M40	1412	05:06:07	04:58:15	4022
		5km:00:31:48 | 10km:01:03:41 | 15km: 01:34:45 | 20km:02:05:44 | 21km:02:12:21 | 25km:02:38:24 | 30km:03:13:17 | 35km:03:53:45 | 40km:04:41:35									
4777	2153	**SZAFRAN Mariusz**	BRWINÓW		POL	1978	M40	1413	05:06:07	04:58:17	4023
		5km:00:33:20 | 10km:01:05:57 | 15km: 01:39:00 | 20km:02:12:53 | 21km:02:20:05 | 25km:02:46:42 | 30km:03:22:00 | 35km:04:01:28 | 40km:04:41:50									
4778	3864	**SAWICKA Dorota**	ZIELONKI-WIEŚ	Stare Babice Biegają	POL	1975	K40	309	05:07:20	04:58:18	755
		5km:00:33:52 | 10km:01:07:09 | 15km: 01:40:49 | 20km:02:15:55 | 21km:02:23:13 | 25km:02:50:38 | 30km:03:27:37 | 35km:04:04:38 | 40km:04:42:53									
4779	10172	**BEŁKOWSKA Paulina**	BYDGOSZCZ		POL	1988	K30	283	05:07:05	04:58:20	756
		5km:00:33:42 | 10km:01:06:24 | 15km: 01:39:32 | 20km:02:12:55 | 21km:02:20:12 | 25km:02:46:34 | 30km:03:22:46 | 35km:04:01:07 | 40km:04:41:46									
4780	2015	**SZPERNALOWSKI Cezary**	SZCZECINEK	Kompania Braci Floorball group Szczecinek	POL	1963	M60	116	05:07:09	04:58:29	4024
		5km:00:29:21 | 10km:00:58:39 | 15km: 01:27:24 | 20km:01:56:43 | 21km:02:03:03 | 25km:02:26:41 | 30km:03:06:03 | 35km:03:51:28 | 40km:04:39:27									
4781	2258	**MAZUR Michał**	WARSZAWA		POL	1981	M40	1414	05:05:39	04:58:35	4025
		5km:00:32:29 | 10km:01:05:47 | 15km: 01:41:26 | 20km:02:16:48 | 21km:02:24:26 | 25km:02:52:21 | 30km:03:30:09 | 35km:04:07:04 | 40km:04:43:36									
4782	10348	**KRZYSZTOF Kamil**	KRAKÓW		POL	1995	M20	686	05:03:55	04:58:40	4026
		5km:00:29:05 | 10km:00:58:44 | 15km: 01:28:16 | 20km:01:58:32 | 21km:02:05:13 | 25km:02:31:02 | 30km:03:10:30 | 35km:03:54:20 | 40km:04:41:32									
4783	2622	**CHILMANOWICZ Maciej**	WARSZAWA		POL	1986	M30	1300	05:04:03	04:58:41	4027
		5km:00:32:26 | 10km:01:06:20 | 15km: 01:40:39 | 20km:02:15:00 | 21km:02:22:19 | 25km:02:50:51 | 30km:03:26:58 | 35km:04:04:30 | 40km:04:42:51									
4784	6247	**WILCZAK Marek**	DĄBROWA GÓRNICZA		POL	1989	M30	1301	05:05:29	04:58:43	4028

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:44 | 10km:01:05:26 | 15km: 01:38:00 | 20km:02:10:23 | 21km:02:17:36 | 25km:02:46:35 | 30km:03:21:19 | 35km:04:02:12 | 40km:04:43:22									
4785	6319	**ZARĘBA Aneta**	WARSZAWA		POL	1979	K40	310	05:07:40	04:58:43	757
		5km:00:30:15 | 10km:01:00:56 | 15km: 01:32:35 | 20km:02:09:51 | 21km:02:16:48 | 25km:02:43:00 | 30km:03:18:15 | 35km:03:55:54 | 40km:04:39:22									
4786	8462	**SMITH Christopher**	WARSAW		USA	1962	M60	117	05:05:46	04:58:47	4029
		5km:00:34:02 | 10km:01:05:00 | 15km: 01:37:46 | 20km:02:11:16 | 21km:02:18:30 | 25km:02:45:18 | 30km:03:19:04 | 35km:03:59:01 | 40km:04:41:13									
4787	2617	**BERMES Mateusz**	WARSZAWA	Bługarski Pościg	POL	1989	M30	1302	05:08:48	04:58:51	4030
		5km:00:28:24 | 10km:00:57:35 | 15km: 01:27:33 | 20km:01:59:09 | 21km:02:06:09 | 25km:02:36:14 | 30km:03:14:44 | 35km:04:00:21 | 40km:04:41:55									
4788	4286	**KAŹMIERCZAK Mateusz**	WARSZAWA		POL	1993	M30	1302	05:04:24	04:58:51	4030
		5km:00:32:33 | 10km:01:06:58 | 15km: 01:41:52 | 20km:02:17:04 | 21km:02:24:27 | 25km:02:52:21 | 30km:03:28:04 | 35km:04:04:33 | 40km:04:43:26									
4789	5064	**CALLSEN Thomas**	BELTSVILLE		USA	1961	M60	118	05:07:40	04:58:51	4030
		5km:00:35:21 | 10km:01:10:54 | 15km: 01:46:54 | 20km:02:24:16 | 21km:02:31:21 | 25km:02:57:56 | 30km:03:32:37 | 35km:04:06:00 | 40km:04:42:29									
4790	4236	**DĄBROWSKI Cezary**	PIASECZNO	MAXI Piaseczno	POL	1971	M50	498	05:08:21	04:58:52	4033
		5km:00:31:57 | 10km:01:05:03 | 15km: 01:38:04 | 20km:02:12:30 | 21km:02:19:53 | 25km:02:47:47 | 30km:03:24:57 | 35km:04:03:59 | 40km:04:43:09									
4791	6804	**KOTYNIEWICZ Brygida**	WARSZAWA		POL	1976	K40	311	05:07:39	04:58:57	758
		5km:00:32:15 | 10km:01:04:26 | 15km: 01:36:57 | 20km:02:10:40 | 21km:02:17:57 | 25km:02:46:56 | 30km:03:25:33 | 35km:04:05:17 | 40km:04:43:53									
4792	6860	**BARTNIK Wojciech**	HRUBIESZÓW	Unia Hrubieszów	POL	1960	M60	119	05:07:41	04:58:59	4034
		5km:00:30:12 | 10km:01:01:00 | 15km: 01:32:31 | 20km:02:04:44 | 21km:02:12:04 | 25km:02:40:51 | 30km:03:17:59 | 35km:03:59:25 | 40km:04:41:55									
4793	8228	**FILON Małgorzata**	WARSZAWA		POL	1981	K40	312	05:05:46	04:58:59	759
		5km:00:30:34 | 10km:01:01:42 | 15km: 01:32:27 | 20km:02:03:34 | 21km:02:10:23 | 25km:02:38:25 | 30km:03:14:27 | 35km:03:55:07 | 40km:04:39:56									
4794	10688	**SLADECZEK Jarek**	PAWŁOWICE		POL	1977	M40	1415	05:07:10	04:59:01	4035
		5km:00:32:33 | 10km:01:05:16 | 15km: 01:37:44 | 20km:02:11:40 | 21km:02:19:17 | 25km:02:45:32 | 30km:03:21:25 | 35km:04:02:03 | 40km:04:43:51									
4795	10451	**SAWICKI Radosław**	STARE POLE		POL	1980	M40	1416	05:00:44	04:59:09	4036
		5km:00:29:15 | 10km:01:00:16 | 15km: 01:32:05 | 20km:02:06:09 | 21km:02:13:26 | 25km:02:42:23 | 30km:03:20:46 | 35km:04:06:09 | 40km:04:46:03									
4796	4000	**GRABOŃ Maciej**	WARSZAWA	Eh	POL	1987	M30	1304	05:06:01	04:59:13	4037
		5km:00:33:40 | 10km:01:06:19 | 15km: 01:39:29 | 20km:02:13:20 | 21km:02:20:37 | 25km:02:47:01 | 30km:03:23:19 | 35km:04:05:44 | 40km:04:44:25									
4797	2715	**SZCZESNIAK Kamil**	WARSZAWA		POL	1995	M20	687	05:08:00	04:59:16	4038
		5km:00:33:40 | 10km:01:06:19 | 15km: 01:39:29 | 20km:02:13:20 | 21km:02:20:37 | 25km:02:47:01 | 30km:03:23:18 | 35km:04:05:45 | 40km:04:44:24									
4798	2714	**PASZYŃ Karolina**	WARSZAWA		POL	1998	K20	104	05:08:01	04:59:17	760
		5km:00:29:46 | 10km:01:01:09 | 15km: 01:33:15 | 20km:02:11:59 | 21km:02:19:04 | 25km:02:47:57 | 30km:03:25:48 | 35km:04:03:29 | 40km:04:42:53									
4799	3484	**ZYGADŁO Piotr**	WARSZAWA		POL	1982	M40	1417	05:00:10	04:59:19	4039
		5km:00:27:33 | 10km:00:57:17 | 15km: 01:27:14 | 20km:01:58:16 | 21km:02:05:40 | 25km:02:32:42 | 30km:03:09:32 | 35km:03:52:00 | 40km:04:38:26									
4800	4219	**PRUSINOWSKI Roland**	LOMZA		POL	1990	M30	1305	05:00:33	04:59:19	4039
		5km:00:30:14 | 10km:01:00:30 | 15km: 01:31:21 | 20km:02:03:11 | 21km:02:10:18 | 25km:02:36:56 | 30km:03:12:39 | 35km:03:56:22 | 40km:04:43:25									
4801	6020	**SOBCZAK Krzysztof**	SEROCK		POL	1982	M40	1418	05:05:12	04:59:21	4041
		5km:00:29:00 | 10km:00:59:43 | 15km: 01:30:47 | 20km:02:02:30 | 21km:02:09:31 | 25km:02:35:03 | 30km:03:17:56 | 35km:03:59:32 | 40km:04:42:29									
4802	4254	**JARYCH Adam**	OSTRÓW WIELKOPOLSKI		POL	1974	M40	1419	05:00:59	04:59:22	4042
		5km:00:29:58 | 10km:00:59:49 | 15km: 01:32:07 | 20km:02:05:40 | 21km:02:12:52 | 25km:02:40:11 | 30km:03:16:38 | 35km:02:59:17 | 40km:04:41:04									
4803	10504	**PRZYBYSZ Arkadiusz**	JAŹWINY		POL	1994	M20	688	05:06:35	04:59:24	4043
		5km:00:32:29 | 10km:01:04:57 | 15km: 01:36:55 | 20km:02:10:08 | 21km:02:17:18 | 25km:02:45:49 | 30km:03:23:24 | 35km:04:04:19 | 40km:04:44:24									
4804	4566	**GRYCUK Piotr**	WARSZAWA		POL	1970	M50	499	05:09:19	04:59:24	4043
		5km:00:29:34 | 10km:00:59:37 | 15km: 01:29:38 | 20km:01:59:32 | 21km:02:05:59 | 25km:02:29:06 | 30km:03:00:04 | 35km:03:36:46 | 40km:04:31:24									
4805	10699	**OBUCHOWICZ Maciej**	WARSZAWA	McKinsey&Co	POL	1972	M50	500	05:04:24	04:59:25	4045
		5km:00:31:55 | 10km:01:01:59 | 15km: 01:31:58 | 20km:02:04:32 | 21km:02:11:55 | 25km:02:40:48 | 30km:03:17:04 | 35km:04:01:00 | 40km:04:43:55									
4806	13055	**MANKA Andrzej**	LONDYN		POL	1969	M50	501	05:04:37	04:59:30	4046
		5km:00:34:18 | 10km:01:08:33 | 15km: 01:43:16 | 20km:02:18:04 | 21km:02:25:39 | 25km:02:53:20 | 30km:03:28:24 | 35km:04:05:49 | 40km:04:46:11									
4807	3830	**PLISIECKI Hubert**	WARSZAWA		POL	1996	M20	689	05:08:35	04:59:39	4047
		5km:00:31:30 | 10km:01:05:47 | 15km: 01:38:49 | 20km:02:12:43 | 21km:02:19:45 | 25km:02:49:27 | 30km:03:28:05 | 35km:04:05:03 | 40km:04:43:50									
4808	10555	**DUMKA Katarzyna**	PABIANICE	Heros Team Pabianice	POL	1973	K50	55	05:07:46	04:59:41	761
		5km:00:33:14 | 10km:01:06:46 | 15km: 01:41:43 | 20km:02:17:17 | 21km:02:25:18 | 25km:02:55:13 | 30km:03:30:22 | 35km:04:06:57 | 40km:04:44:26									
4809	3600	**ŻWAWY Marek**	WARSZAWA		POL	1971	M50	502	05:09:26	04:59:41	4048
		5km:00:26:42 | 10km:00:54:07 | 15km: 01:25:09 | 20km:01:58:42 | 21km:02:06:03 | 25km:02:35:17 | 30km:03:15:48 | 35km:03:59:57 | 40km:04:42:42									
4810	4105	**KLIMAŁA Nikodem**	ZAWADA		POL	1997	M20	690	05:09:22	04:59:54	4049
		5km:00:29:43 | 10km:01:01:51 | 15km: 01:33:34 | 20km:02:07:50 | 21km:02:15:36 | 25km:02:44:06 | 30km:03:22:07 | 35km:04:01:07 | 40km:04:43:40									
4811	8405	**KARASIEWICZ Marek**	WARSZAWA		POL	1997	M20	691	05:06:13	04:59:57	4050
		5km:00:33:28 | 10km:01:06:54 | 15km: 01:39:33 | 20km:02:13:06 | 21km:02:20:10 | 25km:02:47:32 | 30km:03:23:37 | 35km:04:03:30 | 40km:04:43:07									
4812	3774	**MORGIEL Eulalia**	WARSZAWA		POL	1989	K30	284	05:09:10	05:00:00	762
		5km:00:29:19 | 10km:00:58:50 | 15km: 01:28:01 | 20km:01:57:34 | 21km:02:03:59 | 25km:02:32:40 | 30km:03:17:53 | 35km:04:03:02 | 40km:04:43:19									
4813	12039	**KUBIAK Katarzyna**	WARSZAWA	#ekipaodwina	POL	1985	K30	285	05:05:06	05:00:04	763
		5km:00:26:26 | 10km:00:54:07 | 15km: 01:25:09 | 20km:01:58:42 | 21km:02:06:03 | 25km:02:35:17 | 30km:03:15:48 | 35km:03:59:57 | 40km:04:42:42									
4814	4399	**ADAMCZEWSKI Sebastian**	WROCŁAW		POL	1988	M30	1306	05:02:28	05:00:04	4051
		5km:00:29:43 | 10km:01:01:51 | 15km: 01:33:34 | 20km:02:07:50 | 21km:02:15:36 | 25km:02:44:06 | 30km:03:22:07 | 35km:04:01:07 | 40km:04:43:40									
4815	7636	**EL HAJJAMI - GNIEWEK Zakaria**	WARSZAWA		POL	1975	M40	1420	05:07:17	05:00:06	4052
		5km:00:31:46 | 10km:01:04:20 | 15km: 01:35:22 | 20km:02:06:59 | 21km:02:13:57 | 25km:02:42:09 | 30km:03:18:22 | 35km:03:58:14 | 40km:04:40:47									
4816	6390	**BĄK Ewa**	RADOM		POL	1973	K50	56	05:07:35	05:00:08	764
		5km:00:30:07 | 10km:01:00:32 | 15km: 01:33:15 | 20km:02:07:19 | 21km:02:14:04 | 25km:02:44:51 | 30km:03:27:15 | 35km:04:10:06 | 40km:04:46:18									
4817	8393	**OLCZAK Rafał**	WARSZAWA		POL	1998	M20	692	05:06:24	05:00:10	4053
		5km:00:32:52 | 10km:01:06:42 | 15km: 01:39:21 | 20km:02:12:35 | 21km:02:20:15 | 25km:02:48:08 | 30km:03:25:25 | 35km:04:05:23 | 40km:04:46:36									
4818	7011	**KONDRACKI Kacper**	WARSZAWA		POL	1998	M20	693	05:07:45	05:00:11	4054
		5km:00:30:08 | 10km:00:59:00 | 15km: 01:28:37 | 20km:02:04:15 | 21km:02:12:34 | 25km:02:39:22 | 30km:03:22:47 | 35km:04:02:52 | 40km:04:44:46									
4819	5241	**MARCINKOWSKI Mateusz**	GLIWICE		POL	1997	M20	694	05:07:05	05:00:12	4055
		5km:00:28:25 | 10km:00:56:53 | 15km: 01:24:58 | 20km:01:54:19 | 21km:02:01:30 | 25km:02:28:23 | 30km:03:04:37 | 35km:03:50:11 | 40km:04:40:59									
4820	3308	**TEMPLER Marek**	WARSZAWA	TeamZabieganeDni	POL	1983	M40	1421	05:05:28	05:00:15	4056
		5km:00:35:30 | 10km:01:10:54 | 15km: 01:47:07 | 20km:02:23:41 | 21km: | 25km: | 30km: | 35km: | 40km:									
4821	4703	**KOSIM Mariola**	WARSZAWA	Team ZabieganeDni	POL	1990	K30	286	05:09:35	05:00:15	765
		5km:00:31:31 | 10km:01:03:03 | 15km: 01:36:13 | 20km:02:11:56 | 21km:02:19:02 | 25km:02:47:11 | 30km:03:25:15 | 35km:04:04:54 | 40km:04:45:49									
4822	2473	**KOT-KRUPA Aleksandra**	WARSZAWA		POL	1992	K30	287	05:08:58	05:00:21	766
		5km:00:31:45 | 10km:01:03:40 | 15km: 01:35:38 | 20km:02:10:45 | 21km:02:18:37 | 25km:02:47:12 | 30km:03:23:51 | 35km:04:04:31 | 40km:04:44:58									
4823	3710	**BUDEK Tomasz**	ŻYRARDÓW		POL	1987	M30	1307	05:08:47	05:00:26	4057
		5km:00:34:55 | 10km:01:10:33 | 15km: 01:46:53 | 20km:02:24:06 | 21km:02:31:36 | 25km:03:00:36 | 30km:03:35:33 | 35km:04:10:31 | 40km:04:46:48									
4824	3559	**JUREWICZ Ewa**	ELBLĄG		POL	1992	K30	288	05:09:14	05:00:30	767
		5km:00:30:37 | 10km:01:00:38 | 15km: 01:31:36 | 20km:02:04:44 | 21km:02:12:12 | 25km:02:38:32 | 30km:03:17:20 | 35km:03:59:24 | 40km:04:43:33									
4825	2051	**JEMIELITA Magdalena**	BŁONIE		POL	1991	K30	289	05:06:08	05:00:38	768
		5km:00:33:58 | 10km:01:06:18 | 15km: 01:38:57 | 20km:02:11:44 | 21km:02:18:41 | 25km:02:46:20 | 30km:03:24:09 | 35km:04:05:07 | 40km:04:44:47									
4826	3567	**MITUŁA Rafał**	WARSZAWA		POL	1997	M20	695	05:09:31	05:00:41	4058
		5km:00:27:36 | 10km:00:57:03 | 15km: 01:26:58 | 20km:01:59:49 | 21km:02:06:41 | 25km:02:34:44 | 30km:03:15:04 | 35km:03:57:50 | 40km:04:42:15									
4827	6343	**FLOREA Andrei**	BUCURESTI		ROU	1985	M30	1308	05:04:05	05:00:45	4059
		5km:00:31:43 | 10km:01:03:27 | 15km: 01:34:35 | 20km:02:06:07 | 21km:02:13:12 | 25km:02:38:39 | 30km:03:12:49 | 35km:03:59:14 | 40km:04:46:02									
4828	10360	**IWANDOWSKI Mateusz**	WARSZAWA		POL	1992	M30	1309	05:08:46	05:00:47	4060
		5km:00:27:06 | 10km:00:54:07 | 15km: 01:21:47 | 20km:01:53:08 | 21km:02:00:15 | 25km:02:30:58 | 30km:03:13:43 | 35km:03:59:23 | 40km:04:43:08									
4829	10557	**KRUPIŃSKI Tomek**	RAWA MAZOWIECKA		POL	1982	M40	1422	05:03:50	05:00:47	4060
		5km:00:31:09 | 10km:01:02:25 | 15km: 01:34:36 | 20km:02:07:28 | 21km:02:14:14 | 25km:02:42:30 | 30km:03:20:17 | 35km:04:01:04 | 40km:04:41:57									
4830	13521	**LATAŃSKA Iwona**	PUŁAWY	Myślę, więc biegnę	POL	1970	K50	57	05:07:59	05:00:48	769

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
4831	7509	**SYGOCKI Konrad**	WARSZAWA	1 Baza Lotnictwa Transportowego	POL	1978	M40	1423	05:10:44	05:00:56	4062
		5km:00:35:08| 10km:01:10:27| 15km: 01:46:42 | 20km:02:23:50 | 21km:02:31:05 | 25km:02:58:16 | 30km:03:35:25 | 35km:04:12:40 | 40km:04:47:25									
4832	3514	**CHRZANOWSKI Piotr**	KIELCE		POL	1960	M60	120	05:08:41	05:00:59	4063
		5km:00:31:45| 10km:01:03:19| 15km: 01:33:52 | 20km:02:05:22 | 21km:02:12:14 | 25km:02:44:05 | 30km:03:21:38 | 35km:04:01:08 | 40km:04:42:18									
4833	12023	**SADOWSKA Marzena**	WARSZAWA	PKP S.A.	POL	1983	K40	313	05:05:09	05:01:08	770
		5km:00:29:26| 10km:01:01:25| 15km: 01:33:47 | 20km:02:11:18 | 21km:02:20:27 | 25km:02:54:30 | 30km:03:33:59 | 35km:04:12:51 | 40km:04:47:19									
4834	7639	**KALMAN Piotr**	LUBLIN		POL	1985	M30	1310	05:09:17	05:01:12	4064
		5km:00:33:21| 10km:01:06:54| 15km: 01:40:11 | 20km:02:14:00 | 21km:02:21:22 | 25km:02:47:38 | 30km:03:21:07 | 35km:03:57:09 | 40km:04:44:59									
4835	10608	**ZLOTO Adam**	LUBLIN		POL	1986	M30	1311	05:01:16	05:01:13	4065
		5km:00:26:51| 10km:00:56:48| 15km: 01:29:01 | 20km:02:03:44 | 21km:02:12:05 | 25km:02:40:52 | 30km:03:17:22 | 35km:04:00:12 | 40km:04:42:25									
4836	6301	**MORIN Ana?S**	CHAMPIGNY-SUR-MARNE		FRA	1995	K20	105	05:08:11	05:01:15	771
		5km:00:30:07| 10km:01:00:48| 15km: 01:33:12 | 20km:02:11:12 | 21km:02:19:04 | 25km:02:48:44 | 30km:03:26:50 | 35km:04:05:13 | 40km:04:45:04									
4837	10541	**PIECZARKA Damian**	SOBOTA		POL	1996	M20	696	05:08:04	05:01:16	4066
		5km:00:30:33| 10km:01:01:33| 15km: 01:31:01 | 20km:02:01:39 | 21km:02:08:14 | 25km:02:35:46 | 30km:03:14:04 | 35km:03:56:19 | 40km:04:42:04									
4838	2842	**PIETRUSZKIEWICZ Krzysztof**	PUCK		POL	1981	M40	1424	05:11:15	05:01:16	4066
		5km:00:33:53| 10km:| 15km: 01:38:19 | 20km:02:11:55 | 21km:02:19:00 | 25km:02:46:19 | 30km:03:21:50 | 35km:04:11:54 | 40km:04:44:01									
4839	10276	**PATORA Paweł**	ŁÓDŹ		POL	1948	M70	15	05:08:41	05:01:17	4068
		5km:00:31:43| 10km:01:03:45| 15km: 01:35:59 | 20km:02:08:58 | 21km:02:16:08 | 25km:02:42:53 | 30km:03:19:07 | 35km:04:00:05 | 40km:04:43:31									
4840	7410	**STASIEWICZ Marek**	ŁÓDŹ	Orange Polska	POL	1977	M40	1425	05:09:03	05:01:19	4069
		5km:00:31:25| 10km:01:03:18| 15km: 01:33:34 | 20km:02:06:06 | 21km:02:13:05 | 25km:02:43:01 | 30km:03:21:19 | 35km:04:03:08 | 40km:04:44:46									
4841	7170	**MILESZCZYK Paweł**	WARSZAWA		POL	1958	M60	121	05:10:49	05:01:26	4070
		5km:00:33:59| 10km:01:07:24| 15km: 01:40:18 | 20km:02:13:36 | 21km:02:20:50 | 25km:02:46:37 | 30km:03:20:05 | 35km:04:00:22 | 40km:04:44:07									
4842	5167	**RUMAK Piotr**	WARSZAWA		POL	1993	M30	1312	05:05:31	05:01:36	4071
		5km:00:28:55| 10km:00:58:15| 15km: 01:28:51 | 20km:01:59:37 | 21km:02:06:02 | 25km:02:31:15 | 30km:03:05:32 | 35km:03:52:09 | 40km:04:42:16									
4843	6035	**OLCZAK Witold**	WARSZAWA	UMCS Biega	POL	1961	M60	122	05:11:30	05:01:36	4071
		5km:00:35:11| 10km:01:10:33| 15km: 01:46:52 | 20km:02:23:18 | 21km:02:30:50 | 25km:02:57:54 | 30km:03:32:38 | 35km:04:07:22 | 40km:04:45:04									
4844	5207	**WIERZBICKI Kamil**	WROCŁAW		POL	1992	M30	1313	05:05:31	05:01:37	4073
		5km:00:28:56| 10km:00:58:17| 15km: 01:28:53 | 20km:01:59:38 | 21km:02:06:02 | 25km:02:31:16 | 30km:03:05:33 | 35km:03:52:07 | 40km:04:42:15									
4845	10779	**HULEK Wojtek**	RUDNA MAŁA		POL	1990	M30	1314	05:05:50	05:01:39	4074
		5km:00:28:01| 10km:00:55:39| 15km: 01:25:19 | 20km:01:55:26 | 21km:02:02:06 | 25km:02:29:00 | 30km:03:04:59 | 35km:03:49:59 | 40km:04:43:19									
4846	3334	**NAPIÓRKOWSKI Piotr**	WARSZAWA		POL	1986	M30	1315	05:06:32	05:01:41	4075
		5km:00:31:41| 10km:01:05:39| 15km: 01:39:38 | 20km:02:15:08 | 21km:02:22:46 | 25km:02:51:18 | 30km:03:29:27 | 35km:04:08:24 | 40km:04:46:47									
4847	5324	**HUDZINSKI Romuald**	WIELEŃ	Debiut Wieleń	POL	1958	M60	123	05:06:35	05:01:42	4076
		5km:00:29:23| 10km:01:03:30| 15km: 01:37:06 | 20km:02:10:46 | 21km:02:17:21 | 25km:02:45:19 | 30km:03:22:50 | 35km:04:01:22 | 40km:04:45:08									
4848	3131	**HERTIN Anna**	HUSKVARNA		SWE	1966	K50	58	05:07:54	05:01:43	772
		5km:00:32:17| 10km:01:05:10| 15km: 01:39:43 | 20km:02:14:50 | 21km:02:22:00 | 25km:02:49:21 | 30km:03:25:36 | 35km:04:02:49 | 40km:04:44:26									
4849	8025	**KOSIŃSKI Dariusz**	WARSZAWA		POL	1981	M40	1426	05:11:12	05:01:43	4077
		5km:00:34:03| 10km:01:09:26| 15km: 01:45:15 | 20km:02:21:04 | 21km:02:28:40 | 25km:02:56:50 | 30km:03:32:17 | 35km:04:07:41 | 40km:04:45:16									
4850	4004	**NOWICKI Jakub**	WARSZAWA	FF	POL	1981	M40	1427	05:09:07	05:01:50	4078
		5km:00:31:24| 10km:01:03:15| 15km: 01:34:45 | 20km:02:06:44 | 21km:02:13:50 | 25km:02:40:02 | 30km:03:15:36 | 35km:03:58:12 | 40km:04:44:00									
4851	3476	**CHRZANOWSKI Michał**	WARSZAWA		POL	1981	M40	1428	05:09:13	05:01:52	4079
		5km:00:30:24| 10km:01:02:03| 15km: 01:33:02 | 20km:02:03:51 | 21km:02:10:34 | 25km:02:35:22 | 30km:03:11:54 | 35km:03:53:35 | 40km:04:43:17									
4852	6960	**STACHNIK Ryszard**	RZESZÓW		POL	1971	M50	503	05:06:12	05:01:57	4080
		5km:00:27:14| 10km:00:56:36| 15km: 01:27:34 | 20km:02:03:20 | 21km:02:10:18 | 25km:02:38:48 | 30km:03:19:30 | 35km:04:01:03 | 40km:04:44:35									
4853	2972	**URBANIK Jarek**	KRAKÓW		POL	1977	M40	1429	05:11:32	05:02:01	4081
		5km:00:34:49| 10km:01:08:40| 15km: 01:42:12 | 20km:02:15:53 | 21km:02:23:11 | 25km:02:49:51 | 30km:03:24:52 | 35km:04:00:32 | 40km:04:43:15									
4854	3612	**TOMASZEWSKA Krystyna**	PRUSZKÓW	parkrun Pruszków	POL	1958	K60	5	05:09:16	05:02:05	773
		5km:00:34:55| 10km:01:10:56| 15km: 01:47:39 | 20km:02:25:01 | 21km:02:32:48 | 25km:02:59:15 | 30km:03:32:54 | 35km:04:07:05 | 40km:04:45:53									
4855	2498	**BURDA Artur**	WARSZAWA		POL	1993	M30	1316	05:10:35	05:02:08	4082
		5km:00:34:31| 10km:01:09:26| 15km: 01:43:44 | 20km:02:18:19 | 21km:02:25:45 | 25km:02:53:23 | 30km:03:30:18 | 35km:04:06:44 | 40km:04:47:09									
4856	3725	**PRZEŹDZIĘK Małgorzata**	WARSZAWA		POL	1980	K40	314	05:10:11	05:02:25	774
		5km:00:31:37| 10km:01:03:16| 15km: 01:35:04 | 20km:02:07:31 | 21km:02:14:16 | 25km:02:41:13 | 30km:03:20:33 | 35km:04:01:19 | 40km:04:45:40									
4857	13018	**MRÓZ Adam**	KRAŚNIK		POL	1990	M30	1317	05:04:22	05:02:33	4083
		5km:00:29:28| 10km:01:00:29| 15km: 01:32:18 | 20km:02:05:16 | 21km:02:12:36 | 25km:02:42:03 | 30km:03:22:05 | 35km:04:04:29 | 40km:04:46:08									
4858	8331	**SENDECKI Janusz**	KATOWICE		POL	1965	M50	504	05:09:50	05:02:34	4084
		5km:00:29:26| 10km:00:59:17| 15km: 01:29:49 | 20km:02:01:59 | 21km:02:09:00 | 25km:02:37:23 | 30km:03:17:52 | 35km:04:01:58 | 40km:04:44:45									
4859	4660	**DANIELIK Damian**	WARSZAWA		POL	1986	M30	1318	05:08:54	05:02:35	4085
		5km:00:27:40| 10km:00:55:59| 15km: 01:24:10 | 20km:01:53:25 | 21km:01:59:57 | 25km:02:26:09 | 30km:03:05:38 | 35km:03:54:47 | 40km:04:43:33									
4860	8036	**NOSEK Michał**	WAŁBRZYCH		POL	1982	M40	1430	05:06:51	05:02:36	4086
		5km:00:31:43| 10km:01:03:23| 15km: 01:35:30 | 20km:02:14:31 | 21km:02:21:28 | 25km:02:48:01 | 30km:03:28:07 | 35km:04:04:34 | 40km:04:46:51									
4861	12119	**SZYMKOWSKA Natalia**	WAŁBRZYCH		POL	1989	K30	290	05:06:52	05:02:37	775
		5km:00:31:43| 10km:01:03:20| 15km: 01:35:30 | 20km:02:14:29 | 21km:02:21:27 | 25km:02:48:01 | 30km:03:28:05 | 35km:04:04:34 | 40km:04:46:51									
4862	12086	**BAKOWSKI Kacper**	WARSZAWA	Makabi Warszawa	POL	1990	M30	1319	05:07:56	05:02:39	4087
		5km:00:28:57| 10km:01:00:48| 15km: 01:34:17 | 20km:02:11:16 | 21km:02:19:47 | 25km:02:49:03 | 30km:03:27:08 | 35km:04:06:55 | 40km:04:46:18									
4863	7040	**LALIK Natan**	JÓZEFOSŁAW		POL	2004	M20	697	05:10:55	05:02:41	4088
		5km:00:31:37| 10km:01:03:03| 15km: 01:33:27 | 20km:02:06:33 | 21km:02:14:07 | 25km:02:41:31 | 30km:03:19:04 | 35km:03:59:37 | 40km:04:43:14									
4864	15555	**KANIA Leszek**	BASZKÓWKA		POL	1970	M50	505	05:11:22	05:02:46	4089
		5km:00:32:32| 10km:01:05:10| 15km: 01:36:45 | 20km:02:08:41 | 21km:02:15:56 | 25km:02:43:34 | 30km:03:19:23 | 35km:04:01:02 | 40km:04:46:22									
4865	3466	**SAPRYK Piotr**	WĘGRÓW	AKTYWNI WĘGRÓW	POL	1979	M40	1431	05:11:45	05:02:52	4090
		5km:00:33:30| 10km:01:06:15| 15km: 01:38:52 | 20km:02:12:13 | 21km:02:19:17 | 25km:02:45:39 | 30km:03:22:14 | 35km:04:03:51 | 40km:04:46:06									
4866	6921	**GOS Paweł**	WARSZAWA		POL	1974	M40	1431	05:11:14	05:02:52	4090
		5km:00:31:10| 10km:01:02:46| 15km: 01:33:39 | 20km:02:06:00 | 21km:02:12:55 | 25km:02:38:42 | 30km:03:14:02 | 35km:03:57:32 | 40km:04:45:01									
4867	6821	**JĘDRUSZCZAK Przemysław**	LUBLIN		POL	1995	M20	698	05:11:40	05:02:56	4092
		5km:00:33:48| 10km:01:07:38| 15km: 01:41:32 | 20km:02:16:10 | 21km:02:23:30 | 25km:02:52:08 | 30km:03:29:12 | 35km:04:07:58 | 40km:04:46:48									
4868	7717	**KOMENDACKI Edward**	TUCHÓW	Edi Team	POL	1974	M40	1433	05:08:38	05:02:56	4092
		5km:00:30:35| 10km:01:01:57| 15km: 01:33:50 | 20km:02:06:47 | 21km:02:13:46 | 25km:02:41:28 | 30km:03:18:42 | 35km:04:02:48 | 40km:04:45:36									
4869	7262	**NOWAK Mateusz**	BIELSKO-BIAŁA		POL	2003	M20	699	05:05:16	05:02:58	4094
		5km:00:30:57| 10km:01:02:19| 15km: 01:34:01 | 20km:02:06:59 | 21km:02:14:23 | 25km:02:42:09 | 30km:03:20:18 | 35km:04:00:40 | 40km:04:46:17									
4870	10709	**JOLLES Simon**	WARSZAWA		FRA	1982	M40	1434	05:06:46	05:03:00	4095
		5km:00:30:40| 10km:01:02:39| 15km: 01:34:19 | 20km:02:06:57 | 21km:02:14:14 | 25km:02:42:19 | 30km:03:22:28 | 35km:04:01:39 | 40km:04:45:09									
4871	7982	**KOMINEK Grażyna**	WARSZAWA		POL	1985	K30	291	05:13:03	05:03:02	776
		5km:00:34:51| 10km:01:10:16| 15km: 01:46:25 | 20km:02:22:58 | 21km:02:30:21 | 25km:02:57:24 | 30km:03:31:57 | 35km:04:06:30 | 40km:04:46:10									
4872	10323	**GRABARA Krzysztof**	SIEMIANOWICE SLASKIE		POL	1982	M40	1435	05:12:58	05:03:03	4096
		5km:00:34:58| 10km:01:09:33| 15km: 01:43:37 | 20km:02:17:14 | 21km:02:24:42 | 25km:02:53:00 | 30km:03:30:13 | 35km:04:09:14 | 40km:04:48:25									
4873	10655	**KŁOSEK Robert Cyprian**	KOSZĘCIN		POL	1986	M30	1320	05:07:54	05:03:06	4097
		5km:00:28:14| 10km:00:56:56| 15km: 01:25:35 | 20km:01:58:36 | 21km:02:05:20 | 25km:02:38:28 | 30km:03:17:47 | 35km:03:59:10 | 40km:04:44:30									
4874	3749	**STANKIEWICZ Maciej**	WARSZAWA	Ami & Auri Runners Club	POL	1980	M40	1436	05:10:29	05:03:07	4098
		5km:00:32:58| 10km:01:07:31| 15km: 01:42:23 | 20km:02:17:50 | 21km:02:25:02 | 25km:02:53:14 | 30km:03:28:19 | 35km:04:06:09 | 40km:04:48:05									
4875	2374	**SELLWOOD Jo**	ANDOVER		GBR	1968	K50	59	05:12:59	05:03:20	777
		5km:00:35:17| 10km:01:11:16| 15km: 01:46:38 | 20km:02:22:58 | 21km:02:30:40 | 25km:02:57:26 | 30km:03:31:59 | 35km:04:07:32 | 40km:04:46:12									
4876	10428	**BILECKI Wojciech**	ŁÓDŹ		POL	1961	M60	124	05:12:00	05:03:22	4099
		5km:00:34:02| 10km:01:04:45| 15km: 01:35:46 | 20km:02:08:55 | 21km:02:15:30 | 25km:02:41:11 | 30km:03:19:39 | 35km:04:02:11 | 40km:04:45:35									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:29:07 | 10km:00:58:51 | 15km:01:28:34 | 20km:01:59:30 | 21km:02:06:10 | 25km:02:33:47 | 30km:03:14:03 | 35km:03:57:23 | 40km:04:45:25									
4877	4295	**ŻYDAK Krzysztof**	WARSZAWA		POL	1977	M40	1437	05:10:28	05:03:22	4099
		5km:00:28:41 | 10km:00:57:01 | 15km:01:24:40 | 20km:01:52:50 | 21km:01:58:58 | 25km:02:21:31 | 30km:02:55:47 | 35km:03:55:40 | 40km:04:48:11									
4878	7558	**GRZEMBA Wojciech**	LASOWICE WIELKIE	Dzikie Lejenie	POL	1991	M30	1321	05:07:30	05:03:25	4101
		5km:00:30:26 | 10km:01:01:25 | 15km:01:32:56 | 20km:02:05:48 | 21km:02:13:01 | 25km:02:40:48 | 30km:03:19:27 | 35km:04:01:02 | 40km:04:45:11									
4879	2158	**FLORKIEWICZ Michał**	WARSZAWA		POL	1986	M30	1322	05:11:31	05:03:28	4102
		5km:00:31:44 | 10km:01:02:45 | 15km:01:33:21 | 20km:02:05:38 | 21km:02:12:53 | 25km:02:39:33 | 30km:03:20:38 | 35km:04:03:00 | 40km:04:47:09									
4880	4702	**GĘBCZYK Zygmunt**	SPYTKOWICE		POL	1960	M60	125	05:07:13	05:03:30	4103
		5km:00:26:56 | 10km:00:53:51 | 15km:01:21:36 | 20km:01:50:58 | 21km:01:57:29 | 25km:02:23:12 | 30km:03:00:46 | 35km:03:49:25 | 40km:04:41:21									
4881	3196	**SOULOVIKAS Dimitrios**	KATERINI	ZEUS RUNNERS CLUB	GRE	1974	M40	1438	05:11:56	05:03:39	4104
		5km:00:28:02 | 10km:00:57:16 | 15km:01:26:30 | 20km:01:58:42 | 21km:02:05:16 | 25km:02:35:19 | 30km:03:12:22 | 35km:03:57:11 | 40km:04:44:52									
4882	7169	**AL-KOUBAISI Ayser**	WARSZAWA		POL	1992	M30	1323	05:09:35	05:03:52	4105
		5km:00:29:03 | 10km:00:57:26 | 15km:01:27:24 | 20km:01:59:34 | 21km:02:06:52 | 25km:02:37:23 | 30km:03:18:29 | 35km:04:00:52 | 40km:04:46:44									
4883	3059	**XIAO Yuanli**	WARSZAWA		CHN	1995	K20	106	05:07:20	05:03:59	778
		5km:00:33:31 | 10km:01:06:14 | 15km:01:38:50 | 20km:02:12:01 | 21km:02:19:04 | 25km:02:45:26 | 30km:03:21:21 | 35km:04:02:54 | 40km:04:47:30									
4884	3692	**SIKORA Renata**	LEŚNA PODLASKA	ZSCKR Leśna Podlaska	POL	1965	K50	60	05:13:01	05:04:04	779
		5km:00:31:18 | 10km:01:02:05 | 15km:01:32:57 | 20km:02:05:30 | 21km:02:12:35 | 25km:02:39:04 | 30km:03:18:09 | 35km:04:01:22 | 40km:04:45:56									
4885	5133	**NOT? Torstein**	?LESUND		NOR	2000	M20	700	05:10:17	05:04:07	4106
		5km:00:34:28 | 10km:01:09:02 | 15km:01:43:04 | 20km:02:16:41 | 21km:02:24:01 | 25km:02:51:15 | 30km:03:27:18 | 35km:04:06:41 | 40km:04:49:17									
4886	8322	**SIUCIAK Robert**	WARSZAWA		POL	1964	M50	506	05:13:51	05:04:11	4107
		5km:00:36:20 | 10km:01:10:06 | 15km:01:45:28 | 20km:02:20:12 | 21km:02:27:46 | 25km:02:55:03 | 30km:03:30:24 | 35km:04:06:38 | 40km:04:47:43									
4887	7305	**SOBCZYK Dawid**	BRYNEK		POL	1992	M30	1324	05:11:22	05:04:12	4108
		5km:00:29:27 | 10km:00:59:29 | 15km:01:30:06 | 20km:02:06:27 | 21km:02:13:45 | 25km:02:44:26 | 30km:03:22:13 | 35km:04:03:40 | 40km:04:46:09									
4888	2835	**POTOCKA Małgorzata**	BODZECHÓW		POL	2003	K20	107	05:13:34	05:04:13	780
		5km:00:34:16 | 10km:01:08:29 | 15km:01:42:31 | 20km:02:16:59 | 21km:02:24:23 | 25km:02:52:10 | 30km:03:28:23 | 35km:04:06:43 | 40km:04:48:20									
4889	10375	**GOWIN Jakub**	GÓRA KALWARIA		POL	1972	M50	507	05:13:29	05:04:15	4109
		5km:00:33:23 | 10km:01:06:21 | 15km:01:39:31 | 20km:02:13:14 | 21km:02:20:35 | 25km:02:48:07 | 30km:03:27:15 | 35km:04:05:52 | 40km:04:47:04									
4890	13526	**RUCYK Justyna**	WARSZAWA		POL	1979	K40	315	05:13:47	05:04:15	781
		5km:00:34:35 | 10km:01:10:00 | 15km:01:44:51 | 20km:02:21:11 | 21km:02:28:37 | 25km:02:56:27 | 30km:03:30:58 | 35km:04:09:35 | 40km:04:48:38									
4891	12114	**STARTEK Jakub**	WARSZAWA		POL	2000	M20	701	05:13:34	05:04:23	4110
		5km:00:33:22 | 10km:01:06:25 | 15km:01:39:11 | 20km:02:12:39 | 21km:02:19:50 | 25km:02:47:21 | 30km:03:23:07 | 35km:04:07:18 | 40km:04:48:30									
4892	3695	**PACEK Piotr**	WARSZAWA		POL	1995	M20	702	05:12:24	05:04:27	4111
		5km:00:32:04 | 10km:01:04:09 | 15km:01:36:37 | 20km:02:10:02 | 21km:02:17:10 | 25km:02:47:21 | 30km:03:25:48 | 35km:04:05:20 | 40km:04:49:15									
4893	3355	**WILLIAMS Jessica**	NEWCASTLE	Jesmond Joggers	GBR	1986	K30	292	05:12:55	05:04:28	782
		5km:00:34:22 | 10km:01:08:47 | 15km:01:44:34 | 20km:02:21:28 | 21km:02:29:04 | 25km:02:57:33 | 30km:03:33:15 | 35km:04:08:57 | 40km:04:48:00									
4894	7086	**PRESTON Claire**	MIDDLESBROUGH		GBR	1968	K50	61	05:12:54	05:04:29	783
		5km:00:34:24 | 10km:01:08:48 | 15km:01:44:36 | 20km:02:21:30 | 21km:02:29:05 | 25km:02:57:35 | 30km:03:33:17 | 35km:04:09:00 | 40km:04:48:04									
4895	10184	**EINORIS Regimantas**	BYDGOSZCZ		LTU	1982	M40	1439	05:12:13	05:04:34	4112
		5km:00:34:34 | 10km:01:11:10 | 15km:01:46:38 | 20km:02:22:47 | 21km:02:30:40 | 25km:02:58:39 | 30km:03:33:54 | 35km:04:09:10 | 40km:04:48:05									
4896	2077	**POKRZYWKA Łukasz**	WARSZAWA		POL	1995	M20	703	05:14:08	05:04:36	4113
		5km:00:35:21 | 10km:01:10:44 | 15km:01:47:00 | 20km:02:23:27 | 21km:02:30:51 | 25km:02:57:55 | 30km:03:32:43 | 35km:04:07:31 | 40km:04:48:08									
4897	2182	**WIŚNIEWSKI Rafał**	WARSZAWA		POL	1977	M40	1440	05:13:46	05:04:37	4114
		5km:00:33:23 | 10km:01:05:49 | 15km:01:37:38 | 20km:02:10:51 | 21km:02:17:47 | 25km:02:44:33 | 30km:03:22:11 | 35km:04:05:31 | 40km:04:48:13									
4898	6853	**MŁODAWSKA Ewa**	STĄPORKÓW		POL	1994	K20	108	05:12:46	05:04:42	784
		5km:00:34:59 | 10km:01:11:51 | 15km:01:48:52 | 20km:02:23:32 | 21km:02:31:22 | 25km:02:59:25 | 30km:03:33:45 | 35km:04:10:41 | 40km:04:49:30									
4899	2042	**CZĘŚCIK Krzysztof**	WARSZAWA		POL	1970	M50	508	05:05:28	05:04:43	4115
		5km:00:26:36 | 10km:00:55:56 | 15km:01:28:03 | 20km:02:03:58 | 21km:02:11:28 | 25km:02:42:48 | 30km:03:25:01 | 35km:04:08:38 | 40km:04:49:28									
4900	6281	**INGRAM Joseph**	NOTTINGHAM		GBR	1994	M20	704	05:13:19	05:04:52	4116
		5km:00:32:52 | 10km:01:06:34 | 15km:01:39:51 | 20km:02:13:13 | 21km:02:20:19 | 25km:02:46:40 | 30km:03:25:06 | 35km:04:06:19 | 40km:04:49:16									
4901	7782	**DEMBSKI Gustaw**	OSTRZESZÓW		POL	2004	M20	705	05:05:42	05:04:53	4117
		5km:00:23:33 | 10km:00:50:10 | 15km:01:21:07 | 20km:01:55:01 | 21km:02:03:02 | 25km:02:32:44 | 30km:03:17:02 | 35km:04:01:56 | 40km:04:46:44									
4902	10407	**KRYŃSKI Michał**	POZNAŃ		POL	1999	M20	706	05:10:11	05:04:56	4118
		5km:00:30:22 | 10km:01:00:48 | 15km:01:32:16 | 20km:02:03:21 | 21km:02:10:04 | 25km:02:39:08 | 30km:03:22:51 | 35km:04:05:07 | 40km:04:48:55									
4903	4641	**DZWONKOWSKA-SMOŁKO Sylwia**	WARSZAWA		POL	1978	K40	316	05:13:27	05:04:57	785
		5km:00:31:20 | 10km:01:03:55 | 15km:01:36:17 | 20km:02:09:42 | 21km:02:17:14 | 25km:02:46:08 | 30km:03:28:41 | 35km:04:08:05 | 40km:04:50:00									
4904	7008	**BRUNET Karolina**	WARSZAWA		POL	1990	K30	293	05:13:54	05:05:02	786
		5km:00:31:12 | 10km:01:02:28 | 15km:01:33:51 | 20km:02:07:43 | 21km:02:15:10 | 25km:02:44:06 | 30km:03:23:35 | 35km:04:06:45 | 40km:04:47:45									
4905	7093	**BRUNET Robert**	WARSZAWA		ESP	1986	M30	1325	05:13:54	05:05:02	4119
		5km:00:31:12 | 10km:01:02:28 | 15km:01:33:50 | 20km:02:07:43 | 21km:02:15:09 | 25km:02:44:06 | 30km:03:23:31 | 35km:04:06:45 | 40km:04:47:46									
4906	2240	**SYTA Jakub**	WARSZAWA		POL	1977	M40	1441	05:12:11	05:05:03	4120
		5km:00:29:32 | 10km:01:01:03 | 15km:01:35:11 | 20km:02:10:41 | 21km:02:17:48 | 25km:02:48:39 | 30km:03:26:47 | 35km:04:08:00 | 40km:04:49:18									
4907	2114	**EHRLICH Rich**	NEW YORK		USA	1953	M70	16	05:13:21	05:05:06	4121
		5km:00:31:37 | 10km:01:03:06 | 15km:01:34:25 | 20km:02:07:15 | 21km:02:14:30 | 25km:02:42:33 | 30km:03:21:02 | 35km:04:01:33 | 40km:04:46:24									
4908	10576	**PIĄTEK Piotr**	SIEDLCE		POL	1989	M30	1326	05:13:09	05:05:07	4122
		5km:00:33:43 | 10km:01:07:35 | 15km:01:39:57 | 20km:02:13:26 | 21km:02:20:54 | 25km:02:47:56 | 30km:03:23:35 | 35km:04:03:05 | 40km:04:47:57									
4909	10602	**ŚLIWA Nina**	KRAKÓW		POL	1987	K30	294	05:14:21	05:05:10	787
		5km:00:36:09 | 10km:01:12:58 | 15km:01:48:06 | 20km:02:24:44 | 21km:02:32:15 | 25km:03:00:30 | 30km:03:36:25 | 35km:04:12:06 | 40km:04:49:31									
4910	13050	**STEFAN Aleksander**	RUDAWA		POL	1967	M50	509	05:09:59	05:05:17	4123
		5km:00:31:09 | 10km:01:05:20 | 15km:01:38:57 | 20km:02:13:14 | 21km:02:21:26 | 25km:02:52:20 | 30km:03:31:20 | 35km:04:08:30 | 40km:04:48:03									
4911	15574	**STEFAN Edyta**	RUDAWA	Paris 2024	POL	1971	K50	62	05:09:59	05:05:17	788
		5km:00:30:16 | 10km:01:02:14 | 15km:01:36:13 | 20km:02:11:37 | 21km:02:19:21 | 25km:02:49:08 | 30km:03:28:50 | 35km:04:08:06 | 40km:04:47:41									
4912	7797	**RATAJ Barbara**	JEJKOWICE		POL	1985	K30	295	05:08:26	05:05:17	788
		5km:00:29:39 | 10km:01:01:40 | 15km:01:35:24 | 20km:02:09:13 | 21km:02:16:42 | 25km:02:46:00 | 30km:03:25:23 | 35km:04:07:05 | 40km:04:48:05									
4913	3224	**WÓJCIK MICKIEWICZ Anna**	WARSZAWA		POL	1971	K50	63	05:10:00	05:05:18	790
		5km:00:30:15 | 10km:01:02:13 | 15km:01:36:12 | 20km:02:11:37 | 21km:02:19:21 | 25km:02:49:10 | 30km:03:28:52 | 35km:04:08:10 | 40km:04:47:44									
4914	6606	**FICEK Ela**	JEJKOWICE		POL	1978	K40	317	05:08:27	05:05:18	790
		5km:00:29:39 | 10km:01:01:40 | 15km:01:35:23 | 20km:02:09:12 | 21km:02:16:42 | 25km:02:46:00 | 30km:03:25:20 | 35km:04:07:05 | 40km:04:48:02									
4915	8315	**GODLEWSKI Krzysztof**	BRWINÓW		POL	1982	M40	1442	05:14:56	05:05:21	4124
		5km:00:32:38 | 10km:01:06:22 | 15km:01:40:03 | 20km:02:14:16 | 21km:02:21:54 | 25km:02:51:27 | 30km:03:27:37 | 35km:04:05:12 | 40km:04:46:42									
4916	2031	**WÓJCIK Mateusz**	WARSZAWA		POL	1998	M20	707	05:12:06	05:05:23	4125
		5km:00:28:27 | 10km:00:57:56 | 15km:01:27:37 | 20km:01:59:30 | 21km:02:06:59 | 25km:02:39:07 | 30km:03:23:59 | 35km:04:07:21 | 40km:04:46:44									
4917	6989	**GŁÓWKA Alfred**	KĘDZIERZYN-KOŹLE	karczma u freda	POL	1963	M60	126	05:15:13	05:05:36	4126
		5km:00:34:53 | 10km:01:08:26 | 15km:01:41:43 | 20km:02:15:17 | 21km:02:22:25 | 25km:02:49:15 | 30km:03:24:34 | 35km:04:00:19 | 40km:04:47:18									
4918	7569	**JANICKI Michał**	DZIAŁDOWO		POL	1995	M20	708	05:15:38	05:05:36	4126
		5km:00:31:39 | 10km:01:03:09 | 15km:01:33:34 | 20km:02:05:19 | 21km:02:12:18 | 25km:02:38:45 | 30km:03:17:39 | 35km:04:02:49 | 40km:04:48:08									
4919	6777	**JASKOT Sebastian**	PUŁTUSK		POL	1981	M40	1443	05:13:57	05:05:43	4128
		5km:00:35:00 | 10km:01:08:18 | 15km:01:41:00 | 20km:02:19:06 | 21km:02:26:10 | 25km:02:53:57 | 30km:03:31:24 | 35km:04:12:28 | 40km:04:49:11									
4920	3562	**KRASZEWSKA Liwia**	WARSZAWA		POL	1994	K20	109	05:15:40	05:05:45	792
		5km:00:35:00 | 10km:01:08:20 | 15km:01:41:01 | 20km:02:19:09 | 21km:02:26:13 | 25km:02:53:59 | 30km:03:31:25 | 35km:04:12:29 | 40km:04:49:12									
4921	3561	**KRASZEWSKA Ewelina**	WARSZAWA		POL	1996	K20	110	05:15:40	05:05:47	793
		5km:00:29:20 | 10km:00:58:58 | 15km:01:30:07 | 20km:02:04:35 | 21km:02:12:22 | 25km:02:44:58 | 30km:03:24:35 | 35km:04:08:06 | 40km:04:50:36									
4922	5033	**KORNAŚ Mariusz**	WROCŁAW	Team zabiegane dni	POL	1987	M30	1327	05:14:35	05:06:00	4129

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:04 | 10km:01:01:57 | 15km: 01:34:48 | 20km:02:08:31 | 21km:02:15:50 | 25km:02:43:34 | 30km:03:21:08 | 35km:04:01:50 | 40km:04:45:54									
4923	7091	**MARIANI Lorenzo**	ROME		ITA	1951	M70	17	05:07:49	05:06:05	4130
		5km:00:33:17 | 10km:01:04:30 | 15km: 01:34:39 | 20km:02:08:26 | 21km:02:15:35 | 25km:02:44:50 | 30km:03:23:20 | 35km:04:07:03 | 40km:04:48:45									
4924	7807	**MARSZAŁKOWSKI Przemysław**	KRAKÓW		POL	1996	M20	709	05:15:35	05:06:09	4131
		5km:00:29:28 | 10km:00:59:00 | 15km: 01:30:17 | 20km:02:05:24 | 21km:02:12:28 | 25km:02:45:46 | 30km:03:26:34 | 35km:04:08:16 | 40km:04:50:47									
4925	2811	**PYTEL Renata**	PIELGRZYMOWICE		POL	1969	K50	64	05:12:46	05:06:17	794
		5km:00:31:34 | 10km:01:03:03 | 15km: 01:33:57 | 20km:02:05:48 | 21km:02:12:46 | 25km:02:40:21 | 30km:03:21:02 | 35km:04:02:51 | 40km:04:47:29									
4926	4571	**MALEŃCZYK Sylwester**	PRUSZKÓW		POL	1980	M40	1444	05:14:30	05:06:38	4132
		5km:00:33:37 | 10km:01:07:51 | 15km: 01:42:35 | 20km:02:18:24 | 21km:02:26:05 | 25km:02:55:40 | 30km:03:32:47 | 35km:04:11:55 | 40km:04:50:51									
4927	10446	**SHAMANSKA Anastasiia**	WARSZAWA		UKR	1988	K30	296	05:15:04	05:06:47	795
		5km:00:33:16 | 10km:01:06:26 | 15km: 01:38:24 | 20km:02:11:51 | 21km:02:19:04 | 25km:02:48:37 | 30km:03:26:47 | 35km:04:06:56 | 40km:04:47:54									
4928	6473	**ZAJĄC Jagoda**	MILTON KEYNES		POL	1983	K40	318	05:16:55	05:06:54	796
		5km:00:35:25 | 10km:01:08:53 | 15km: 01:41:19 | 20km:02:18:04 | 21km:02:24:46 | 25km:02:54:27 | 30km:03:30:47 | 35km:04:09:47 | 40km:04:50:10									
4929	10526	**STEFAŃCZYK Aleksander**	RADOM	Radom	POL	1998	M20	710	05:16:32	05:06:55	4133
		5km:00:31:29 | 10km:01:03:25 | 15km: 01:34:22 | 20km:02:06:14 | 21km:02:13:09 | 25km:02:39:33 | 30km:03:18:33 | 35km:04:02:05 | 40km:04:47:55									
4930	6308	**RUDZKI Marcin**	WARSZAWA		POL	1981	M40	1445	05:14:20	05:06:59	4134
		5km:00:33:13 | 10km:01:05:52 | 15km: 01:38:02 | 20km:02:11:03 | 21km:02:18:10 | 25km:02:45:57 | 30km:03:23:37 | 35km:04:04:59 | 40km:04:47:59									
4931	10423	**ZALEWSKI Przemek**	ZIELONA GÓRA		POL	1981	M40	1446	05:15:45	05:07:04	4135
		5km:00:32:49 | 10km:01:05:25 | 15km: 01:37:33 | 20km:02:09:47 | 21km:02:16:51 | 25km:02:42:45 | 30km:03:18:56 | 35km:04:02:41 | 40km:04:47:20									
4932	4214	**KABZA Mariusz**	ŁÓDŹ		POL	1970	M50	510	05:16:53	05:07:04	4135
		5km:00:33:08 | 10km:01:07:06 | 15km: 01:42:27 | 20km:02:18:08 | 21km:02:25:30 | 25km:02:54:14 | 30km:03:31:23 | 35km:04:08:58 | 40km:04:49:27									
4933	7078	**ŚWIERKOWSKI Marek**	WROCŁAW	Rusz Dupe	POL	1974	M40	1447	05:15:39	05:07:05	4137
		5km:00:29:10 | 10km:00:58:45 | 15km: 01:29:57 | 20km:02:04:32 | 21km:02:12:24 | 25km:02:42:50 | 30km:03:23:35 | 35km:04:06:52 | 40km:04:50:23									
4934	6949	**KRĘPICZ Marek**	WARSZAWA		POL	1978	M40	1448	05:14:03	05:07:06	4138
		5km:00:34:01 | 10km:01:07:15 | 15km: 01:40:35 | 20km:02:14:20 | 21km:02:21:58 | 25km:02:52:19 | 30km:03:30:19 | 35km:04:09:58 | 40km:04:50:59									
4935	10714	**ZMARZŁY Wiktor**	DĄBROWA GÓRNICZA		POL	1977	M40	1449	05:16:36	05:07:08	4139
		5km:00:32:25 | 10km:01:04:45 | 15km: 01:38:37 | 20km:02:13:15 | 21km:02:20:55 | 25km:02:48:24 | 30km:03:26:37 | 35km:04:02:41 | 40km:04:51:00									
4936	7902	**PLEBAN Feliks**	WARSZAWA		POL	1999	M20	711	05:15:13	05:07:14	4140
		5km:00:29:48 | 10km:00:59:23 | 15km: 01:30:04 | 20km:02:04:43 | 21km:02:11:58 | 25km:02:39:47 | 30km:03:18:50 | 35km:04:04:22 | 40km:04:48:11									
4937	4691	**WASIK Marta**	WARSZAWA	EDC Runners	POL	1983	K40	319	05:08:18	05:07:21	797
		5km:00:33:01 | 10km:01:08:06 | 15km: 01:45:00 | 20km:02:21:10 | 21km:02:28:12 | 25km:02:57:49 | 30km:03:34:32 | 35km:04:11:15 | 40km:04:51:11									
4938	4059	**TOMCZYK Monika**	SULEJÓWEK		POL	1978	K40	320	05:17:10	05:07:22	798
		5km:00:33:02 | 10km:01:08:11 | 15km: 01:45:04 | 20km:02:21:11 | 21km:02:28:13 | 25km:02:57:51 | 30km:03:34:34 | 35km:04:11:17 | 40km:04:51:13									
4939	4678	**GALASZEWSKA Izabela**	SULEJÓWEK		POL	1978	K40	321	05:17:10	05:07:24	799
		5km:00:25:36 | 10km:00:52:54 | 15km: 01:24:06 | 20km:01:56:15 | 21km:02:03:32 | 25km:02:33:44 | 30km:03:12:32 | 35km:03:58:49 | 40km:04:47:19									
4940	3524	**MARCINIAK Łukasz**	WŁOSZAKOWICE	MRiT	POL	1976	M40	1450	05:09:03	05:07:25	4141
		5km:00:32:17 | 10km:01:03:52 | 15km: 01:34:43 | 20km:02:07:56 | 21km:02:14:53 | 25km:02:41:56 | 30km:03:19:05 | 35km:04:01:10 | 40km:04:50:16									
4941	3038	**SEDDIKI Abdelkader**	WARSZAWA		FRA	1993	M30	1328	05:14:47	05:07:27	4142
		5km:00:34:27 | 10km:01:07:34 | 15km: 01:41:12 | 20km:02:15:59 | 21km:02:23:56 | 25km:02:53:54 | 30km:03:31:58 | 35km:04:10:14 | 40km:04:50:53									
4942	8342	**WACH Zdzisław**	AUGUSTÓW		POL	1953	M70	18	05:16:28	05:07:27	4142
		5km:00:33:55 | 10km:01:07:18 | 15km: 01:41:19 | 20km:02:16:31 | 21km:02:23:57 | 25km:02:53:54 | 30km:03:32:15 | 35km:04:10:54 | 40km:04:51:59									
4943	3622	**DALKE Jowita**	GDAŃSK		POL	1983	K40	322	05:16:00	05:07:28	800
		5km:00:33:57 | 10km:01:07:19 | 15km: 01:41:22 | 20km:02:16:34 | 21km:02:23:59 | 25km:02:53:56 | 30km:03:32:17 | 35km:04:10:57 | 40km:04:52:01									
4944	3619	**WIŚNIEWSKA Kornelia**	GDAŃSK	ZABIEGANE KIWIE	POL	1974	K40	323	05:16:01	05:07:31	801
		5km:00:28:11 | 10km:00:56:50 | 15km: 01:25:34 | 20km:01:54:22 | 21km:02:00:49 | 25km:02:27:44 | 30km:03:09:11 | 35km:03:57:35 | 40km:04:49:36									
4945	3560	**JANKOWSKI Sławomir**	OSTRÓW WIELKOPOLSKI		POL	1968	M50	511	05:12:27	05:07:35	4144
		5km:00:33:00 | 10km:01:08:08 | 15km: 01:44:59 | 20km:02:21:13 | 21km:02:28:12 | 25km:02:57:51 | 30km:03:34:33 | 35km:04:11:15 | 40km:04:51:11									
4946	13002	**KOZIARSKI Maciej**	KATOWICE	Huragan Ligota	POL	1979	M40	1451	05:17:23	05:07:36	4145
		5km:00:33:42 | 10km:01:07:35 | 15km: 01:41:29 | 20km:02:13:51 | 21km:02:20:54 | 25km:02:47:56 | 30km:03:24:26 | 35km:04:09:59 | 40km:04:53:20									
4947	8440	**MĘCZYŃSKA Agnieszka**	WARSZAWA		POL	2001	K20	111	05:16:45	05:07:38	802
		5km:00:31:42 | 10km:01:03:13 | 15km: 01:33:37 | 20km:02:05:40 | 21km:02:12:54 | 25km:02:38:25 | 30km:03:23:15 | 35km:04:05:26 | 40km:04:48:59									
4948	3857	**KOLEŚNIK Sławomir**	WROCŁAW		POL	1996	M20	712	05:15:54	05:07:45	4146
		5km:00:31:55 | 10km:01:03:50 | 15km: 01:35:32 | 20km:02:09:09 | 21km:02:16:21 | 25km:02:44:21 | 30km:03:21:44 | 35km:04:03:39 | 40km:04:49:16									
4949	3126	**PECCOUD Denis**	WARSZAWA		FRA	1977	M40	1452	05:15:07	05:07:47	4147
		5km:00:31:47 | 10km:01:04:01 | 15km: 01:37:08 | 20km:02:12:40 | 21km:02:20:32 | 25km:02:50:04 | 30km:03:29:17 | 35km:04:08:08 | 40km:04:50:20									
4950	10491	**BERNACH Przemysław**	WARSZAWA		POL	1998	M20	713	05:15:57	05:07:48	4148
		5km:00:31:53 | 10km:01:03:33 | 15km: 01:34:54 | 20km:02:06:13 | 21km:02:13:27 | 25km:02:38:46 | 30km:03:21:21 | 35km:04:09:03 | 40km:04:49:14									
4951	2760	**SILVA Goncalo**	WARSZAWA		POR	1996	M20	714	05:15:31	05:07:49	4149
		5km:00:29:50 | 10km:01:02:02 | 15km: 01:34:50 | 20km:02:08:45 | 21km:02:15:58 | 25km:02:44:57 | 30km:03:22:28 | 35km:04:03:11 | 40km:04:48:51									
4952	7309	**KIN Rafał**	ODRZYKOŃ		POL	1980	M40	1453	05:12:02	05:07:57	4150
		5km:00:28:46 | 10km:00:58:38 | 15km: 01:31:02 | 20km:02:05:35 | 21km:02:12:51 | 25km:02:42:41 | 30km:03:24:26 | 35km:04:07:19 | 40km:04:50:58									
4953	5141	**STAŃCZAK Dariusz**	WARSZAWA		POL	1961	M60	127	05:11:47	05:08:03	4151
		5km:00:32:15 | 10km:01:05:30 | 15km: 01:38:47 | 20km:02:13:14 | 21km:02:20:46 | 25km:02:49:49 | 30km:03:28:18 | 35km:04:08:23 | 40km:04:50:34									
4954	10507	**SEREDYCH Mykola**	ŁÓDŹ		UKR	1962	M60	128	05:17:05	05:08:07	4152
		5km:00:29:48 | 10km:00:59:26 | 15km: 01:30:18 | 20km:02:04:39 | 21km:02:12:00 | 25km:02:39:48 | 30km:03:18:48 | 35km:04:04:24 | 40km:04:48:12									
4955	12113	**WĄSIK Michał**	WARSZAWA	Lisek Team	POL	1987	M30	1329	05:09:04	05:08:07	4152
		5km:00:32:48 | 10km:01:06:41 | 15km: 01:42:06 | 20km:02:18:48 | 21km:02:25:17 | 25km:02:57:46 | 30km:03:35:36 | 35km:04:13:26 | 40km:04:51:43									
4956	2157	**CZAJKOWSKI Marcin**	OŻARÓW MAZOWIECKI	KB Ożarów Mazowiecki Biega	POL	1977	M40	1454	05:15:35	05:08:10	4154
		5km:00:35:15 | 10km:01:08:53 | 15km: 01:43:20 | 20km:02:17:30 | 21km:02:24:56 | 25km:02:53:15 | 30km:03:32:19 | 35km:04:07:23 | 40km:04:50:13									
4957	7327	**ZIĘTEK Krzysztof**	OSTRÓW WIELKOPOLSKI	adidas Runners	POL	1973	M50	512	05:17:47	05:08:13	4155
		5km:00:35:16 | 10km:01:08:54 | 15km: 01:43:21 | 20km:02:17:31 | 21km:02:24:59 | 25km:02:53:15 | 30km:03:32:24 | 35km:04:07:25 | 40km:04:50:15									
4958	5058	**KLAUS Joanna**	WROCŁAW		POL	1986	K30	297	05:17:47	05:08:14	803
		5km:00:35:02 | 10km:01:08:40 | 15km: 01:42:05 | 20km:02:17:52 | 21km:02:24:48 | 25km:02:53:58 | 30km:03:32:30 | 35km:04:11:50 | 40km:04:52:18									
4959	2967	**BATOR Karol**	BRZEG		POL	1987	M30	1330	05:17:44	05:08:15	4156
		5km:00:33:53 | 10km:01:09:20 | 15km: 01:44:28 | 20km:02:21:00 | 21km:02:28:29 | 25km:02:57:53 | 30km:03:32:52 | 35km:04:10:03 | 40km:04:50:42									
4960	6199	**KAŁUŻNY Karol**	WARSZAWA		POL	1981	M40	1455	05:16:36	05:08:18	4157
		5km:00:33:55 | 10km:01:09:22 | 15km: 01:44:30 | 20km:02:21:01 | 21km:02:28:31 | 25km:02:57:55 | 30km:03:32:53 | 35km:04:10:04 | 40km:04:50:46									
4961	6200	**KAŁUŻNA Justyna**	WARSZAWA		POL	1981	K40	324	05:16:35	05:08:19	804
		5km:00:35:22 | 10km:01:10:44 | 15km: 01:46:57 | 20km:02:23:05 | 21km:02:30:46 | 25km:02:57:55 | 30km:03:33:50 | 35km:04:09:46 | 40km:04:51:57									
4962	2424	**GODLEWSKI Maciej**	WARSZAWA	PLAY	POL	1979	M40	1456	05:17:50	05:08:22	4158
		5km:00:29:31 | 10km:01:00:45 | 15km: 01:34:53 | 20km:02:12:39 | 21km:02:21:07 | 25km:02:47:56 | 30km:03:25:22 | 35km:04:07:08 | 40km:04:49:49									
4963	8361	**MIKŁASZ Paweł**	RZESZÓW		POL	1996	M20	715	05:17:38	05:08:27	4159
		5km:00:30:39 | 10km:01:02:49 | 15km: 01:36:10 | 20km:02:11:30 | 21km:02:19:00 | 25km:02:48:02 | 30km:03:27:41 | 35km:04:08:40 | 40km:04:51:51									
4964	7754	**NOWAK Piotr**	WARSZAWA		POL	1991	M30	1331	05:15:32	05:08:35	4160
		5km:00:30:41 | 10km:01:02:06 | 15km: 01:33:39 | 20km:02:04:50 | 21km:02:11:44 | 25km:02:37:36 | 30km:03:13:08 | 35km:03:56:46 | 40km:04:49:36									
4965	8319	**DUBOVIK Andrei**	SULEJÓWEK			1982	M40	1457	05:18:01	05:08:37	4161
		5km:00:30:41 | 10km:01:02:53 | 15km: 01:36:13 | 20km:02:11:32 | 21km:02:19:02 | 25km:02:48:04 | 30km:03:27:43 | 35km:04:08:42 | 40km:04:51:54									
4966	13025	**SZALA Aleksandra**	WARSZAWA	Off-Road Runners Benefit Systems	POL	1988	K30	298	05:15:33	05:08:38	805
		5km:00:35:18 | 10km:01:08:04 | 15km: 01:39:57 | 20km:02:12:41 | 21km:02:19:52 | 25km:02:47:00 | 30km:03:25:50 | 35km:04:10:10 | 40km:04:52:35									
4967	5231	**TEREBELSKI Marcin**	WARSZAWA		POL	1983	M40	1458	05:18:15	05:08:39	4162
		5km:00:32:14 | 10km:01:04:04 | 15km: 01:35:51 | 20km:02:08:09 | 21km:02:15:03 | 25km:02:42:36 | 30km:03:20:15 | 35km:04:01:02 | 40km:04:49:52									
4968	2988	**CISZEWSKI Jakub**	PUSZCZA MARIAŃSKA		POL	2001	M20	716	05:16:28	05:08:42	4163

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:17 | 10km:01:04:05 | 15km: 01:35:52 | 20km:02:08:12 | 21km:02:15:03 | 25km:02:42:35 | 30km:03:20:16 | 35km:04:01:12 | 40km:04:49:52									
4969	7638	**MYK Kaja**	BIAŁYSTOK		POL	2001	K20	112	05:16:28	05:08:42	806
		5km:00:32:07 | 10km:01:04:34 | 15km: 01:37:08 | 20km:02:11:15 | 21km:02:18:36 | 25km:02:47:14 | 30km:03:28:15 | 35km:04:09:21 | 40km:04:53:08									
4970	2885	**OCHMAŃSKA Magdalena**	WARSZAWA		POL	1987	K30	299	05:16:48	05:08:46	807
		5km:00:31:44 | 10km:01:05:18 | 15km: 01:38:07 | 20km:02:12:17 | 21km:02:19:36 | 25km:02:49:09 | 30km:03:26:46 | 35km:04:07:36 | 40km:04:51:23									
4971	2616	**AUGUŚCIK Kacper**	PIONKI		POL	1997	M20	717	05:16:38	05:08:48	4164
		5km:00:31:43 | 10km:01:05:17 | 15km: 01:38:07 | 20km:02:12:19 | 21km:02:19:36 | 25km:02:49:08 | 30km:03:26:45 | 35km:04:07:30 | 40km:04:51:26									
4972	7652	**KĘSKA Adrian**	PIONKI		POL	1999	M20	717	05:16:39	05:08:48	4164
		5km:00:32:23 | 10km:01:05:48 | 15km: 01:41:25 | 20km:02:17:13 | 21km:02:24:27 | 25km:02:55:58 | 30km:03:33:33 | 35km:04:12:24 | 40km:04:53:13									
4973	6513	**WASIELEWSKI Sebastian**	WRZEŚNIA	MANDELA ŁAJT PAŁER TIM	POL	1971	M50	513	05:17:18	05:08:49	4166
		5km:00:32:21 | 10km:01:05:47 | 15km: 01:41:24 | 20km:02:17:08 | 21km:02:24:24 | 25km:02:55:57 | 30km:03:33:33 | 35km:04:12:24 | 40km:04:53:12									
4974	2837	**WASIELEWSKA Anna**	WRZEŚNIA		POL	1971	K50	65	05:17:21	05:08:50	808
		5km:00:32:31 | 10km:01:05:13 | 15km: 01:37:48 | 20km:02:10:01 | 21km:02:16:30 | 25km:02:44:24 | 30km:03:22:21 | 35km:04:04:27 | 40km:04:50:18									
4975	10680	**GALICKI Waldemar**	KIERSZTANOWO	Wrobel Team	POL	1960	M60	129	05:17:48	05:09:06	4167
		5km:00:31:03 | 10km:01:01:36 | 15km: 01:34:03 | 20km:02:09:33 | 21km:02:17:24 | 25km:02:46:19 | 30km:03:27:25 | 35km:04:09:55 | 40km:04:51:53									
4976	8459	**KRZYŻAN Michał**	WARSZAWA		POL	1986	M30	1332	05:16:15	05:09:19	4168
		5km:00:35:59 | 10km:01:11:40 | 15km: 01:46:18 | 20km:02:22:11 | 21km:02:29:46 | 25km:02:57:31 | 30km:03:34:38 | 35km:04:11:46 | 40km:04:53:29									
4977	10124	**RAJTER Ksawery**	RYBNIK		POL	1992	M30	1333	05:19:12	05:09:21	4169
		5km:00:33:56 | 10km:01:06:14 | 15km: 01:39:25 | 20km:02:13:16 | 21km:02:20:36 | 25km:02:49:48 | 30km:03:30:13 | 35km:04:12:26 | 40km:04:52:59									
4978	3232	**SOBANIA Karolina**	GDAŃSK		POL	1987	K30	300	05:18:06	05:09:24	809
		5km:00:33:19 | 10km:01:09:01 | 15km: 01:45:15 | 20km:02:21:43 | 21km:02:29:23 | 25km:02:57:48 | 30km:03:35:30 | 35km:04:13:13 | 40km:04:52:55									
4979	7656	**TOLL Katarzyna**	GLIWICE	zatyrani gratisownia.pl gmina pilchowice	POL	1975	K40	325	05:17:30	05:09:25	810
		5km:00:35:26 | 10km:01:08:48 | 15km: 01:41:15 | 20km:02:13:35 | 21km:02:20:40 | 25km:02:47:42 | 30km:03:24:11 | 35km:04:09:45 | 40km:04:53:04									
4980	10625	**GRACZYK Wojciech**	POZNAŃ		POL	2001	M20	719	05:18:54	05:09:32	4170
		5km:00:24:06 | 10km:00:48:02 | 15km: 01:12:32 | 20km:01:37:07 | 21km:01:42:44 | 25km:02:06:58 | 30km:02:47:07 | 35km:03:46:37 | 40km:04:47:35									
4981	6500	**KOCIŃSKI Patryk**	WARSZAWA	KS PŁUDY	POL	1998	M20	719	05:11:00	05:09:32	4170
		5km:00:33:49 | 10km:01:08:45 | 15km: 01:41:12 | 20km:02:13:33 | 21km:02:20:36 | 25km:02:46:18 | 30km:03:24:05 | 35km:04:09:40 | 40km:04:53:03									
4982	3121	**SOWIŃSKI Mikołaj**	KOMORNIKI		POL	2001	M20	721	05:18:59	05:09:34	4172
		5km:00:30:59 | 10km:01:01:29 | 15km: 01:35:24 | 20km:02:10:11 | 21km:02:17:39 | 25km:02:46:38 | 30km:03:22:58 | 35km:04:01:51 | 40km:04:48:20									
4983	7603	**LULA Radek**	PIASECZNO	Fundacja Run Vegan!	POL	1977	M40	1459	05:18:47	05:09:45	4173
		5km:00:31:05 | 10km:01:02:52 | 15km: 01:34:43 | 20km:02:09:08 | 21km:02:17:14 | 25km:02:45:29 | 30km:03:25:28 | 35km:04:09:16 | 40km:04:51:36									
4984	7827	**SZELĄG Piotr**	WARSZAWA	Turbo Jeże Team	POL	1974	M40	1460	05:18:18	05:09:47	4174
		5km:00:35:43 | 10km:01:11:02 | 15km: 01:47:16 | 20km:02:23:41 | 21km:02:31:09 | 25km:02:58:11 | 30km:03:33:17 | 35km:04:08:23 | 40km:04:54:00									
4985	7712	**PIDZYVAILO Anastasiia**	WARSZAWA		UKR	2004	K20	113	05:19:02	05:09:48	811
		5km:00:28:19 | 10km:00:56:36 | 15km: 01:24:44 | 20km:01:53:46 | 21km:02:00:13 | 25km:02:27:33 | 30km:03:10:40 | 35km:04:11:22 | 40km:04:54:15									
4986	2148	**GAJEK Mariusz**	WARSZAWA		POL	1995	M20	722	05:15:36	05:09:57	4175
		5km:00:31:33 | 10km:01:03:38 | 15km: 01:36:45 | 20km:02:12:27 | 21km:02:20:39 | 25km:02:50:11 | 30km:03:31:28 | 35km:04:13:56 | 40km:04:55:17									
4987	5049	**KWIATKOWSKA Ewa**	GRODZISK MAZOWIECKI		POL	1988	K30	301	05:18:44	05:10:05	812
		5km:00:33:38 | 10km:01:06:22 | 15km: 01:39:45 | 20km:02:15:34 | 21km:02:23:01 | 25km:02:53:08 | 30km:03:31:22 | 35km:04:11:59 | 40km:04:54:09									
4988	5269	**KALINOWSKA Aleksandra**	WARSZAWA		POL	1993	K30	302	05:18:49	05:10:08	813
		5km:00:34:12 | 10km:01:07:43 | 15km: 01:41:32 | 20km:02:15:14 | 21km:02:22:25 | 25km:02:49:34 | 30km:03:22:43 | 35km:04:04:43 | 40km:04:50:24									
4989	10298	**BOGUSŁAWSKI Jakub**	JEDLICZE B	Vetineo	POL	1977	M40	1461	05:17:18	05:10:12	4176
		5km:00:28:13 | 10km:00:55:16 | 15km: 01:22:45 | 20km:01:51:49 | 21km:01:58:08 | 25km:02:23:46 | 30km:03:12:35 | 35km:04:03:08 | 40km:04:51:44									
4990	4365	**DRĄCZKOWSKI Adam**	WARSZAWA		POL	1994	M20	723	05:14:38	05:10:14	4177
		5km:00:28:40 | 10km:01:02:40 | 15km: 01:39:11 | 20km:02:16:30 | 21km:02:24:02 | 25km:02:56:28 | 30km:03:35:53 | 35km:04:13:18 | 40km:04:53:28									
4991	15532	**GAZICKA Dobrosława**	SŁAWNO		POL	1985	K30	303	05:14:16	05:10:21	814
		5km:00:29:29 | 10km:00:58:24 | 15km: 01:27:27 | 20km:01:56:58 | 21km:02:03:23 | 25km:02:28:48 | 30km:03:11:39 | 35km:04:19:37 | 40km:04:56:51									
4992	10238	**KOWALIK Karolina**	PANIÓWKI	SAINT-GOBAIN SQUAD	POL	1992	K30	304	05:17:13	05:10:27	815
		5km:00:34:27 | 10km:01:07:28 | 15km: 01:39:47 | 20km:02:13:11 | 21km:02:20:50 | 25km:02:47:51 | 30km:03:24:37 | 35km:04:05:26 | 40km:04:52:11									
4993	7345	**LEWASZOW Jerzy**	WARSZAWA		POL	1980	M40	1462	05:19:50	05:10:46	4178
		5km:00:31:11 | 10km:01:02:05 | 15km: 01:32:59 | 20km:02:05:57 | 21km:02:12:50 | 25km:02:39:41 | 30km:03:22:25 | 35km:04:08:43 | 40km:04:51:53									
4994	3833	**KOWALCZYK Kamil**	DLUGA SZLACHECKA		POL	1998	M20	724	05:19:32	05:10:52	4179
		5km:00:37:36 | 10km:01:15:13 | 15km: 01:52:26 | 20km:02:28:44 | 21km:02:36:29 | 25km:03:05:50 | 30km:03:40:53 | 35km:04:17:02 | 40km:04:55:24									
4995	2909	**GRUDZIŃSKA Katarzyna**	KRAKÓW		POL	1979	K40	326	05:20:30	05:10:54	816
		5km:00:35:13 | 10km:01:09:48 | 15km: 01:45:57 | 20km:02:21:20 | 21km:02:29:47 | 25km:02:59:13 | 30km:03:37:32 | 35km:04:19:27 | 40km:04:57:47									
4996	4615	**WODZYŃSKI Adrian**	DZIAŁDOWO		POL	2000	M20	725	05:19:42	05:10:55	4180
		5km:00:29:49 | 10km:00:59:28 | 15km: 01:28:32 | 20km:01:57:53 | 21km:02:04:18 | 25km:02:31:40 | 30km:03:15:38 | 35km:04:03:41 | 40km:04:52:39									
4997	4689	**ADAMCZUK Karol**	WARSZAWA		POL	1989	M30	1334	05:17:38	05:10:56	4181
		5km:00:35:31 | 10km:01:10:51 | 15km: 01:47:03 | 20km:02:23:40 | 21km:02:31:04 | 25km:02:58:02 | 30km:03:33:41 | 35km:04:09:20 | 40km:04:52:50									
4998	2600	**BRZESKI Piotr**	PŁOCK		POL	1974	M40	1463	05:20:23	05:10:59	4182
		5km:00:29:17 | 10km:00:58:46 | 15km: 01:27:44 | 20km:01:57:18 | 21km:02:03:43 | 25km:02:27:27 | 30km:03:06:26 | 35km:04:01:14 | 40km:04:50:21									
4999	7517	**FITRZYK Łukasz**	WARSZAWA		POL	1985	M30	1335	05:17:13	05:10:59	4182
		5km:00:33:13 | 10km:01:07:56 | 15km: 01:43:51 | 20km:02:19:03 | 21km:02:26:31 | 25km:02:56:03 | 30km:03:31:58 | 35km:04:10:50 | 40km:04:53:09									
5000	5164	**DOBOSZ Romuald**	USTKA	KB "TUPOT" Ustka	POL	1951	M70	19	05:18:55	05:11:01	4184
		5km:00:33:59 | 10km:01:08:14 | 15km: 01:40:38 | 20km:02:15:25 | 21km:02:23:07 | 25km:02:51:21 | 30km:03:29:40 | 35km:04:13:08 | 40km:04:54:27									
5001	4289	**CIOSEK Marcin**	WARSZAWA		POL	1976	M40	1464	05:20:42	05:11:11	4185
		5km:00:33:30 | 10km:01:07:19 | 15km: 01:40:26 | 20km:02:14:53 | 21km:02:22:33 | 25km:02:51:36 | 30km:03:29:40 | 35km:04:09:44 | 40km:04:53:04									
5002	7707	**WÓJTOWICZ Hubert**	MILANÓWEK		POL	1983	M40	1464	05:20:07	05:11:11	4185
		5km:00:35:27 | 10km:01:10:55 | 15km: 01:47:04 | 20km:02:23:32 | 21km:02:30:57 | 25km:02:58:02 | 30km:03:35:57 | 35km:04:13:52 | 40km:04:55:26									
5003	8416	**PRASKI Michał**	WARSZAWA	Metro Warszawskie Sp. z o.o	POL	1980	M40	1466	05:20:37	05:11:12	4187
		5km:00:30:53 | 10km:01:02:37 | 15km: 01:34:33 | 20km:02:08:04 | 21km:02:15:09 | 25km:02:41:57 | 30km:03:17:48 | 35km:03:58:07 | 40km:04:50:08									
5004	2981	**SZACHNA Krzysztof**	WARSZAWA		POL	1970	M50	514	05:19:35	05:11:14	4188
		5km:00:34:27 | 10km:01:11:35 | 15km: 01:47:00 | 20km:02:24:01 | 21km:02:31:19 | 25km:02:59:05 | 30km:03:36:23 | 35km:04:17:05 | 40km:04:54:32									
5005	7372	**KOSTYRA Krzysztof**	WARSZAWA	biegusiem.pl	POL	1968	M50	515	05:20:09	05:11:17	4189
		5km:00:34:31 | 10km:01:11:42 | 15km: 01:47:01 | 20km:02:24:05 | 21km:02:31:21 | 25km:02:59:06 | 30km:03:36:22 | 35km:04:17:05 | 40km:04:54:42									
5006	7552	**TIMOSZUK Dagmara**	RYKI	Lost In Sport	POL	1983	K40	327	05:20:10	05:11:20	817
		5km:00:35:29 | 10km:01:10:50 | 15km: 01:47:03 | 20km:02:23:38 | 21km:02:31:02 | 25km:02:58:03 | 30km:03:34:32 | 35km:04:11:01 | 40km:04:55:10									
5007	5114	**KOŁODZIEJ Roman**	WARSZAWA		POL	1965	M50	516	05:20:45	05:11:23	4190
		5km:00:31:05 | 10km:01:01:13 | 15km: 01:31:27 | 20km:02:03:03 | 21km:02:10:07 | 25km:02:38:05 | 30km:03:15:57 | 35km:04:02:25 | 40km:04:53:15									
5008	8469	**SIKORSKI Dominik**	HALINÓW		POL	1998	M20	726	05:16:32	05:11:23	4190
		5km:00:31:41 | 10km:01:04:21 | 15km: 01:37:07 | 20km:02:10:29 | 21km:02:17:34 | 25km:02:45:44 | 30km:03:24:49 | 35km:04:06:27 | 40km:04:54:22									
5009	7172	**BOSEK Robert**	WARSZAWA	Orange Polska	POL	1979	M40	1467	05:18:03	05:11:26	4192
		5km:00:32:12 | 10km:01:06:13 | 15km: 01:41:57 | 20km:02:17:40 | 21km:02:25:53 | 25km:02:55:51 | 30km:03:35:08 | 35km:04:14:23 | 40km:04:54:49									
5010	3584	**BERDZIK Katarzyna**	SZCZECIN		POL	1988	K30	305	05:14:40	05:11:30	818
		5km:00:32:11 | 10km:01:06:12 | 15km: 01:41:56 | 20km:02:17:36 | 21km:02:25:51 | 25km:02:55:50 | 30km:03:35:07 | 35km:04:14:22 | 40km:04:54:48									
5011	2821	**ZIELIŃSKA Grażyna**	SZCZECIN		POL	1980	K40	328	05:14:44	05:11:33	819
		5km:00:27:55 | 10km:00:56:25 | 15km: 01:25:35 | 20km:01:59:27 | 21km:02:07:01 | 25km:02:37:37 | 30km:03:17:34 | 35km:04:05:21 | 40km:04:52:12									
5012	3732	**SROCZYŃSKI Maciej**	BRZESKO		POL	1985	M30	1336	05:21:25	05:11:34	4193
		5km:00:31:41 | 10km:01:05:26 | 15km: 01:39:38 | 20km:02:15:26 | 21km:02:23:26 | 25km:02:53:18 | 30km:03:30:49 | 35km:04:10:12 | 40km:04:53:39									
5013	7607	**OLSZEWSKI Jarosław**	LEGIONOWO		POL	1956	M60	130	05:18:58	05:11:34	4193
		5km:00:31:05 | 10km:01:01:53 | 15km: 01:32:49 | 20km:02:06:14 | 21km:02:13:19 | 25km:02:42:53 | 30km:03:24:20 | 35km:04:05:29 | 40km:04:51:08									
5014	12029	**MILANOWSKI Błażej**	HALIFAX		POL	1990	M30	1337	05:20:23	05:11:36	4195

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:36:36| 10km:01:13:17| 15km: 01:49:11 | 20km:02:27:47 | 21km:02:35:44 | 25km:03:06:06 | 30km:03:41:46 | 35km:04:17:24 | 40km:04:54:25									
5015	10539	**CHO Yongwan**	IŁAWA		KOR	1977	M40	1468	05:21:31	05:11:38	4196
		5km:00:33:36| 10km:01:08:06| 15km: 01:42:50 | 20km:02:17:35 | 21km:02:25:14 | 25km:02:52:50 | 30km:03:29:55 | 35km:04:07:40 | 40km:04:55:06									
5016	5129	**DORSZ Maciej**	KOBYŁKA		POL	2001	M20	727	05:19:55	05:11:47	4197
		5km:00:29:13| 10km:00:59:01| 15km: 01:32:10 | 20km:02:10:40 | 21km:02:19:13 | 25km:02:51:18 | 30km:03:30:40 | 35km:04:10:40 | 40km:04:51:46									
5017	6957	**WYPYCH Radosław**	LEGIONOWO	maratonczyk.pl	POL	1969	M50	517	05:17:15	05:11:47	4197
		5km:00:31:32| 10km:01:02:56| 15km: 01:33:44 | 20km:02:05:42 | 21km:02:12:47 | 25km:02:40:29 | 30km:03:20:23 | 35km:04:04:15 | 40km:04:51:02									
5018	3113	**SKUTELI Paweł**	WARSZAWA		POL	1987	M30	1338	05:19:34	05:11:48	4199
		5km:00:32:27| 10km:01:04:53| 15km: 01:39:39 | 20km:02:15:19 | 21km:02:22:56 | 25km:02:53:18 | 30km:03:30:58 | 35km:04:10:56 | 40km:04:52:43									
5019	6021	**DZIELNICKA Ewa**	WARSZAWA		POL	1979	K40	329	05:21:39	05:11:48	820
		5km:00:32:06| 10km:01:04:54| 15km: 01:37:44 | 20km:02:11:08 | 21km:02:18:15 | 25km:02:46:27 | 30km:03:25:53 | 35km:04:08:53 | 40km:04:54:03									
5020	2305	**MIROSŁAW Piotr**	SIEDLCE		POL	1970	M50	518	05:20:40	05:11:56	4200
		5km:00:32:06| 10km:01:05:28| 15km: 01:40:36 | 20km:02:15:02 | 21km:02:22:08 | 25km:02:49:48 | 30km:03:27:42 | 35km:04:10:16 | 40km:04:53:25									
5021	6311	**MALER Władysław**	WARSZAWA	Reebok Run Crew	POL	1940	M80	1	05:17:30	05:11:58	4201
		5km:00:27:51| 10km:00:57:01| 15km: 01:27:48 | 20km:01:58:59 | 21km:02:05:35 | 25km:02:33:57 | 30km:03:16:16 | 35km:04:04:39 | 40km:04:54:08									
5022	8491	**BERNAŚ Paweł**	MARKI		POL	1976	M40	1469	05:19:46	05:12:02	4202
		5km:00:34:38| 10km:01:09:43| 15km: 01:45:29 | 20km:02:21:18 | 21km:02:29:04 | 25km:02:57:55 | 30km:03:35:04 | 35km:04:12:13 | 40km:04:54:37									
5023	5174	**MENDYGRAŁ Emilia**	DZIAŁKI	Biegowy Wariat Running Team	POL	1978	K40	330	05:21:41	05:12:04	821
		5km:00:38:20| 10km:01:14:25| 15km: 01:50:11 | 20km:02:24:28 | 21km:02:31:42 | 25km:02:59:24 | 30km:03:36:10 | 35km:04:18:17 | 40km:04:57:50									
5024	7582	**NOWAK Mateusz**	WARSZAWA		POL	1996	M20	728	05:20:54	05:12:10	4203
		5km:00:31:15| 10km:01:02:50| 15km: 01:33:24 | 20km:02:08:03 | 21km:02:16:10 | 25km:02:44:23 | 30km:03:24:16 | 35km:04:05:47 | 40km:04:52:58									
5025	10368	**ANTONIUK Łukasz**	GÓROWO-TRZĄSKI		POL	1984	M30	1339	05:20:23	05:12:14	4204
		5km:00:33:06| 10km:01:06:34| 15km: 01:39:35 | 20km:02:13:41 | 21km:02:21:05 | 25km:02:48:33 | 30km:03:25:20 | 35km:04:09:05 | 40km:04:58:34									
5026	12063	**WAGIH AMMAR Ahmed**	WARSZAWA		EGY	1997	M20	729	05:20:34	05:12:18	4205
		5km:00:33:15| 10km:01:06:17| 15km: 01:40:45 | 20km:02:14:35 | 21km:02:22:24 | 25km:02:52:07 | 30km:03:29:22 | 35km:04:07:40 | 40km:04:53:10									
5027	7503	**YANG Chuchuan**	WARSZAWA		TPE	1968	M50	519	05:21:50	05:12:19	4206
		5km:00:32:14| 10km:01:03:56| 15km: 01:35:20 | 20km:02:09:09 | 21km:02:16:30 | 25km:02:43:45 | 30km:03:22:07 | 35km:04:05:39 | 40km:04:53:23									
5028	3215	**RÖNNQVIST Linnéa**	BERLIN		GER	1992	K30	306	05:19:14	05:12:22	822
		5km:00:30:25| 10km:01:03:33| 15km: 01:35:47 | 20km:02:11:38 | 21km:02:18:55 | 25km:02:47:17 | 30km:03:25:47 | 35km:04:09:50 | 40km:04:54:20									
5029	6761	**CARLIER Claire**	PAMIERS		FRA	1986	K30	306	05:15:50	05:12:22	822
		5km:00:30:32| 10km:01:01:17| 15km: 01:32:15 | 20km:02:04:27 | 21km:02:11:39 | 25km:02:41:03 | 30km:03:24:23 | 35km:04:09:11 | 40km:04:55:01									
5030	3625	**BAGIŃSKI Przemysław**	SUWAŁKI		POL	1994	M20	730	05:21:08	05:12:24	4207
		5km:00:30:00| 10km:01:00:45| 15km: 01:31:13 | 20km:02:04:31 | 21km:02:12:36 | 25km:02:43:04 | 30km:03:23:56 | 35km:04:10:12 | 40km:04:55:06									
5031	8371	**MAJ Łukasz**	WARSZAWA		POL	1993	M30	1340	05:19:26	05:12:27	4208
		5km:00:28:22| 10km:00:56:33| 15km: 01:26:02 | 20km:01:57:22 | 21km:02:03:51 | 25km:02:29:23 | 30km:03:06:20 | 35km:03:53:00 | 40km:04:51:25									
5032	6855	**MATYSIAK Mariusz**	PRZYJMY		POL	1990	M30	1341	05:18:45	05:12:32	4209
		5km:00:35:04| 10km:01:14:18| 15km: 01:50:10 | 20km:02:27:35 | 21km:02:36:20 | 25km:03:06:20 | 30km:03:42:36 | 35km:04:18:38 | 40km:04:57:05									
5033	3255	**WRONKA Małgorzata**	SWARZĘDZ		POL	1969	K50	66	05:18:14	05:12:34	824
		5km:00:33:42| 10km:01:06:05| 15km: 01:39:14 | 20km:02:13:09 | 21km:02:20:22 | 25km:02:46:43 | 30km:03:21:02 | 35km:04:01:02 | 40km:04:49:59									
5034	6364	**BURZYKOWSKI Stanisław**	LUBLIN		POL	1959	M60	131	05:21:34	05:12:35	4210
		5km:00:35:05| 10km:01:14:23| 15km: 01:50:11 | 20km:02:27:33 | 21km:02:36:23 | 25km:03:06:21 | 30km:03:42:40 | 35km:04:18:41 | 40km:04:57:07									
5035	6920	**ZIELIŃSKI-WRONKA Dariusz**	SWARZĘDZ		POL	1970	M50	520	05:18:14	05:12:37	4211
		5km:00:35:31| 10km:01:10:52| 15km: 01:47:05 | 20km:02:23:20 | 21km:02:31:01 | 25km:02:58:53 | 30km:03:35:58 | 35km:04:13:03 | 40km:04:55:23									
5036	1028	**WICIŃSKI Rafał**	WARSZAWA		POL	1968	M50	521	05:22:00	05:12:40	4212
		5km:00:30:08| 10km:01:00:57| 15km: 01:31:06 | 20km:02:02:49 | 21km:02:10:09 | 25km:02:39:47 | 30km:03:23:02 | 35km:04:07:45 | 40km:04:53:05									
5037	2264	**BODZON Krzysztof**	WARSZAWA	Warszawska Akademia Karate Tradycyjnego	POL	1979	M40	1470	05:19:50	05:12:51	4213
		5km:00:34:25| 10km:01:10:02| 15km: 01:46:03 | 20km:02:22:47 | 21km:02:30:47 | 25km:02:59:22 | 30km:03:35:51 | 35km:04:14:52 | 40km:04:56:04									
5038	8382	**KRZESIAK VEL CZYŻEWSKA Małgorzata**	LUBLIN		POL	1974	K40	331	05:21:56	05:12:51	825
		5km:00:35:07| 10km:01:10:06| 15km: 01:44:32 | 20km:02:19:22 | 21km:02:27:00 | 25km:02:55:19 | 30km:03:32:23 | 35km:04:10:55 | 40km:04:55:00									
5039	4117	**MAŁEK Stanisław**	GŁUSK		POL	1983	M40	1471	05:22:25	05:12:59	4214
		5km:00:32:54| 10km:01:05:15| 15km: 01:38:08 | 20km:02:12:08 | 21km:02:19:19 | 25km:02:51:32 | 30km:03:30:50 | 35km:04:11:44 | 40km:04:57:13									
5040	3928	**PANEK Krzysztof**	NADMA	Makabi Warszawa	POL	1967	M50	522	05:23:09	05:13:02	4215
		5km:00:29:43| 10km:01:00:33| 15km: 01:34:53 | 20km:02:10:59 | 21km:02:19:17 | 25km:02:49:40 | 30km:03:32:10 | 35km:04:14:36 | 40km:04:57:01									
5041	6165	**NAPIERAJ Rafał**	WARSZAWA		POL	1981	M40	1472	05:21:40	05:13:05	4216
		5km:00:33:30| 10km:01:07:36| 15km: 01:42:10 | 20km:02:18:36 | 21km:02:26:00 | 25km:02:54:04 | 30km:03:32:42 | 35km:04:14:20 | 40km:04:56:14									
5042	5118	**KOTKO Damian**	GRODZISK MAZOWIECKI		POL	1985	M30	1342	05:21:32	05:13:09	4217
		5km:00:33:39| 10km:01:07:59| 15km: 01:40:40 | 20km:02:13:46 | 21km:02:20:45 | 25km:02:46:38 | 30km:03:25:15 | 35km:04:09:28 | 40km:04:55:27									
5043	3959	**KUTNIEWSKI Łukasz**	WARSZAWA	Nordea	POL	1994	M20	731	05:21:09	05:13:11	4218
		5km:00:34:27| 10km:01:10:40| 15km: 01:44:00 | 20km:02:21:29 | 21km:02:28:37 | 25km:02:57:33 | 30km:03:33:39 | 35km:04:14:37 | 40km:04:55:16									
5044	2743	**MROZIŃSKI Piotr**	WARSZAWA		POL	1983	M40	1473	05:21:37	05:13:13	4219
		5km:00:33:46| 10km:01:06:34| 15km: 01:39:46 | 20km:02:13:57 | 21km:02:21:34 | 25km:02:50:20 | 30km:03:29:08 | 35km:04:09:37 | 40km:04:54:49									
5045	8483	**KOZACZEWSKA Anna**	NOWA WOLA		POL	1986	K30	308	05:21:48	05:13:13	826
		5km:00:35:39| 10km:01:10:22| 15km: 01:45:49 | 20km:02:21:06 | 21km:02:28:35 | 25km:02:56:29 | 30km:03:34:12 | 35km:04:11:55 | 40km:04:54:25									
5046	10535	**UCHMAN Rafał**	RZESZÓW		POL	1987	M30	1343	05:23:24	05:13:21	4220
		5km:00:31:17| 10km:01:05:26| 15km: 01:35:42 | 20km:02:08:41 | 21km:02:16:12 | 25km:02:46:51 | 30km:03:28:13 | 35km:04:10:04 | 40km:04:54:43									
5047	8468	**NIEWIADOMSKI Karol**	WARSZAWA		POL	1990	M30	1344	05:22:08	05:13:25	4221
		5km:00:29:17| 10km:00:59:34| 15km: 01:30:41 | 20km:02:04:06 | 21km:02:12:18 | 25km:02:41:58 | 30km:03:22:39 | 35km:04:06:35 | 40km:04:54:10									
5048	6914	**WRZESIŃSKI Zdzisław**	BIAŁYSTOK	Osk SzAŁ	POL	1965	M50	523	05:19:19	05:13:30	4222
		5km:00:32:37| 10km:01:06:56| 15km: 01:41:05 | 20km:02:16:22 | 21km:02:24:07 | 25km:02:53:22 | 30km:03:32:35 | 35km:04:12:50 | 40km:04:55:34									
5049	8354	**GÓRAL Bartłomiej**	CEREKWICA		POL	1976	M40	1474	05:18:27	05:13:30	4222
		5km:00:35:01| 10km:01:14:17| 15km: 01:49:31 | 20km:02:26:39 | 21km:02:34:51 | 25km:03:03:07 | 30km:03:38:29 | 35km:04:13:51 | 40km:04:55:54									
5050	4704	**SHPYRKO Serge**	LEGIONOWO		UKR	1971	M50	524	05:17:59	05:13:31	4224
		5km:00:31:01| 10km:01:02:00| 15km: 01:32:14 | 20km:02:03:24 | 21km:02:10:11 | 25km:02:37:09 | 30km:03:16:46 | 35km:04:05:05 | 40km:04:53:46									
5051	8365	**OŁOWSKI Maciej**	KOBYŁKA		POL	1998	M20	732	05:21:35	05:13:32	4225
		5km:00:31:03| 10km:01:02:02| 15km: 01:32:17 | 20km:02:03:22 | 21km:02:10:12 | 25km:02:37:11 | 30km:03:16:50 | 35km:04:05:10 | 40km:04:53:55									
5052	4616	**MATUŁKA Szymon**	KOBYŁKA		POL	1998	M20	733	05:21:35	05:13:34	4226
		5km:00:31:41| 10km:01:03:45| 15km: 01:35:36 | 20km:02:08:13 | 21km:02:15:18 | 25km:02:40:57 | 30km:03:19:49 | 35km:04:02:23 | 40km:04:52:04									
5053	13049	**CIERPKA Grzegorz**	PIASTÓW		POL	1971	M50	525	05:20:46	05:13:35	4227
		5km:00:27:30| 10km:00:57:29| 15km: 01:30:21 | 20km:02:09:11 | 21km:02:16:59 | 25km:02:47:56 | 30km:03:30:31 | 35km:04:13:34 | 40km:04:55:54									
5054	12096	**SZYMAŃSKA Małgorzata**	WARSZAWA		POL	1977	K40	332	05:16:45	05:13:36	827
		5km:00:34:49| 10km:01:12:02| 15km: 01:46:16 | 20km:02:21:55 | 21km:02:29:49 | 25km:02:59:57 | 30km:03:38:32 | 35km:04:17:08 | 40km:04:56:42									
5055	4201	**KEARY Kenneth**	LOUGHREA	Keary?s Bar	IRL	1973	M50	526	05:19:13	05:13:40	4228
		5km:00:31:56| 10km:01:03:22| 15km: 01:34:04 | 20km:02:10:38 | 21km:02:18:57 | 25km:02:49:46 | 30km:03:34:02 | 35km:04:16:11 | 40km:04:56:52									
5056	4628	**REWERA Robert**	WARSZAWA	PKO BANK POLSKI	POL	1972	M50	526	05:21:27	05:13:40	4228
		5km:00:31:30| 10km:01:03:01| 15km: 01:33:37 | 20km:02:07:10 | 21km:02:14:58 | 25km:02:44:24 | 30km:03:22:24 | 35km:04:09:35 | 40km:04:55:43									
5057	2312	**RUDNICKI Marek**	OTWOCK	Running Frogs	POL	1979	M40	1475	05:20:51	05:13:50	4230
		5km:00:30:54| 10km:01:03:18| 15km: 01:35:49 | 20km:02:09:30 | 21km:02:18:01 | 25km:02:50:53 | 30km:03:32:26 | 35km:04:14:28 | 40km:04:56:02									
5058	13005	**PAWŁOWSKI Remigiusz**	SKIERDY		POL	1975	M40	1476	05:21:42	05:13:52	4231
		5km:00:32:41| 10km:01:04:44| 15km: 01:37:10 | 20km:02:10:24 | 21km:02:17:37 | 25km:02:45:27 | 30km:03:23:22 | 35km:04:07:05 | 40km:04:54:18									
5059	5046	**KOSTRZEWA Tadeusz**	WYSZLÓW		POL	1959	M60	132	05:21:56	05:13:58	4232
		5km:00:31:30| 10km:01:03:01| 15km: 01:33:37 | 20km:02:07:10 | 21km:02:14:58 | 25km:02:44:24 | 30km:03:22:24 | 35km:04:09:35 | 40km:04:55:43									
5060	2710	**WILK Artur**	DĘBICA	Wilcza_wataha	POL	1962	M60	133	05:22:14	05:14:12	4233

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski





Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:35:19 | 10km:01:09:35 | 15km: 01:43:16 | 20km:02:17:45 | 21km:02:25:35 | 25km:02:54:37 | 30km:03:32:53 | 35km:04:11:09 | 40km:04:55:08									
5061	10524	**DERLETA Bartłomiej**	PĘPOWO		POL	1991	M30	1345	05:23:48	05:14:14	4234
		5km:00:33:14 | 10km:01:05:47 | 15km: 01:37:50 | 20km:02:10:41 | 21km:02:18:11 | 25km:02:44:52 | 30km:03:23:21 | 35km:04:10:08 | 40km:04:55:47									
5062	4626	**ŻAK Aleksandra**	BRZEG DOLNY		POL	1980	K40	333	05:22:30	05:14:17	828
		5km:00:31:21 | 10km:01:03:57 | 15km: 01:38:05 | 20km:02:14:04 | 21km:02:21:47 | 25km:02:52:08 | 30km:03:29:50 | 35km:04:09:24 | 40km:04:53:53									
5063	3954	**GNIADEK Mateusz**	WARSZAWA		POL	1989	M30	1346	05:23:32	05:14:18	4235
		5km:00:32:29 | 10km:01:06:14 | 15km: 01:39:59 | 20km:02:15:54 | 21km:02:23:32 | 25km:02:52:07 | 30km:03:31:07 | 35km:04:10:07 | 40km:04:56:26									
5064	3435	**SMYK Julia**	ŻYTKIEJMY		POL	2000	K20	114	05:22:18	05:14:20	829
		5km:00:32:09 | 10km:01:05:22 | 15km: 01:38:28 | 20km:02:11:45 | 21km:02:19:03 | 25km:02:46:11 | 30km:03:23:44 | 35km:04:07:27 | 40km:04:54:05									
5065	3100	**MOROHARA Mitsuhito**	WARSZAWA	Drunk Samurai	JPN	1977	M40	1477	05:23:33	05:14:38	4236
		5km:00:35:29 | 10km:01:10:47 | 15km: 01:47:10 | 20km:02:24:30 | 21km:02:32:35 | 25km:03:03:08 | 30km:03:42:21 | 35km:04:21:09 | 40km:04:59:42									
5066	12059	**FRUK Natalia**	GLIWICE		POL	1990	K30	309	05:24:20	05:14:56	830
		5km:00:30:33 | 10km:01:01:40 | 15km: 01:32:29 | 20km:02:03:35 | 21km:02:10:00 | 25km:02:36:44 | 30km:03:18:53 | 35km:04:08:00 | 40km:04:58:14									
5067	10628	**PIETRZAK Marcin**	TORUŃ	Runcross Rozgarty	POL	1982	M40	1478	05:23:34	05:14:57	4237
		5km:00:32:34 | 10km:01:05:49 | 15km: 01:38:34 | 20km:02:11:54 | 21km:02:19:15 | 25km:02:50:16 | 30km:03:32:26 | 35km:04:15:54 | 40km:04:59:10									
5068	10410	**WIECZOREK Radosław**	SOSNOWIEC		POL	1990	M30	1347	05:23:45	05:14:59	4238
		5km:00:29:28 | 10km:00:59:00 | 15km: 01:28:16 | 20km:01:58:34 | 21km:02:05:27 | 25km:02:37:32 | 30km:03:20:55 | 35km:04:08:42 | 40km:04:55:31									
5069	10673	**POPEK Barbara**	JASTRZĘBIE-ZDRÓJ	Sobieski6	POL	1972	K50	67	05:21:28	05:14:59	831
		5km:00:31:53 | 10km:01:04:34 | 15km: 01:35:55 | 20km:02:08:40 | 21km:02:15:50 | 25km:02:44:06 | 30km:03:25:25 | 35km:04:07:23 | 40km:04:56:22									
5070	3378	**TERCZYŃSKI Paweł**	WARSZAWA	Sii Running Team	POL	1973	M50	528	05:23:36	05:15:11	4239
		5km:00:35:35 | 10km:01:10:57 | 15km: 01:46:46 | 20km:02:23:22 | 21km:02:31:03 | 25km:02:59:39 | 30km:03:36:18 | 35km:04:14:54 | 40km:04:58:11									
5071	10149	**DAWIDOWICZ Bolesław**	PRUSZKÓW		POL	1983	M40	1479	05:25:19	05:15:17	4240
		5km:00:33:39 | 10km:01:07:00 | 15km: 01:40:43 | 20km:02:15:21 | 21km:02:22:53 | 25km:02:50:40 | 30km:03:28:09 | 35km:04:07:33 | 40km:04:54:54									
5072	6517	**VIRTALA Janne**	HELSINKI		FIN	1974	M40	1479	05:24:11	05:15:17	4240
		5km:00:37:43 | 10km:01:15:23 | 15km: 01:51:54 | 20km:02:29:32 | 21km:02:37:37 | 25km:03:07:30 | 30km:03:44:03 | 35km:04:22:46 | 40km:05:00:31									
5073	12050	**MALINOWSKI Antoni**	MARKI		POL	2004	M20	734	05:25:14	05:15:28	4242
		5km:00:31:47 | 10km:01:03:43 | 15km: 01:35:39 | 20km:02:09:32 | 21km:02:17:00 | 25km:02:44:44 | 30km:03:20:53 | 35km:04:09:11 | 40km:04:56:28									
5074	8344	**JABŁOŃSKI Radosław**	WARSZAWA		POL	1995	M20	735	05:23:50	05:15:30	4243
		5km:00:33:28 | 10km:01:06:33 | 15km: 01:38:58 | 20km:02:11:24 | 21km:02:18:36 | 25km:02:46:53 | 30km:03:26:34 | 35km:04:09:31 | 40km:04:59:22									
5075	6100	**ŚPIEWAK Arkadiusz**	PARYSÓW		POL	1998	M20	736	05:23:56	05:15:41	4244
		5km:00:30:00 | 10km:01:04:41 | 15km: 01:39:02 | 20km:02:15:25 | 21km:02:22:41 | 25km:02:50:53 | 30km:03:29:49 | 35km:04:14:11 | 40km:04:56:10									
5076	6649	**BINEK-TROJAK Agnieszka**	SIERADZ		POL	1982	K40	334	05:16:01	05:15:41	832
		5km:00:30:23 | 10km:01:02:14 | 15km: 01:35:58 | 20km:02:11:28 | 21km:02:18:27 | 25km:02:46:49 | 30km:03:26:03 | 35km:04:10:59 | 40km:04:57:06									
5077	7577	**SZYMCZAK Agnieszka**	CELESTYNÓW	wataha	POL	1985	K30	310	05:20:52	05:15:41	832
		5km:00:33:31 | 10km:01:06:31 | 15km: 01:40:12 | 20km:02:16:59 | 21km:02:24:57 | 25km:02:54:35 | 30km:03:35:02 | 35km:04:15:30 | 40km:04:57:51									
5078	6710	**OZGUVEN Tevfik Ozgur**	LONDON		GBR	1978	M40	1481	05:25:06	05:15:46	4245
		5km:00:33:29 | 10km:01:08:36 | 15km: 01:42:36 | 20km:02:17:25 | 21km:02:25:23 | 25km:02:55:13 | 30km:03:37:55 | 35km:04:20:38 | 40km:05:01:10									
5079	10381	**CICHOŃ Agnieszka**	KRAKÓW		POL	1974	K40	335	05:23:55	05:15:49	834
		5km:00:30:06 | 10km:01:01:59 | 15km: 01:34:32 | 20km:02:08:35 | 21km:02:16:46 | 25km:02:50:47 | 30km:03:32:46 | 35km:04:16:21 | 40km:04:59:30									
5080	3522	**KOSIŃSKI Mateusz**	GUBIN		POL	1994	M20	737	05:19:59	05:15:49	4246
		5km:00:33:50 | 10km:01:07:38 | 15km: 01:42:46 | 20km:02:19:12 | 21km:02:27:07 | 25km:02:57:33 | 30km:03:36:13 | 35km:04:16:50 | 40km:04:58:32									
5081	3761	**LEWICKI Mateusz**	WARSZAWA	Team Krzysio	POL	1989	M30	1348	05:24:07	05:15:50	4247
		5km:00:33:20 | 10km:01:07:49 | 15km: 01:42:36 | 20km:02:17:42 | 21km:02:25:25 | 25km:02:55:02 | 30km:03:34:29 | 35km:04:13:57 | 40km:04:59:02									
5082	3463	**WAJDOWICZ Ignacy**	DĘBOWIEC	Spróchniali Herkulesi	POL	1978	M40	1482	05:25:23	05:15:52	4248
		5km:00:32:57 | 10km:01:04:28 | 15km: 01:38:36 | 20km:02:11:50 | 21km:02:19:41 | 25km:02:52:14 | 30km:03:27:56 | 35km:04:07:04 | 40km:04:53:51									
5083	6579	**ANDERSON Andrew**	LONDON	Dynafit	GBR	1977	M40	1483	05:24:37	05:15:54	4249
		5km:00:32:59 | 10km:01:04:29 | 15km: 01:38:38 | 20km:02:11:49 | 21km:02:19:41 | 25km:02:52:22 | 30km:03:28:00 | 35km:04:07:06 | 40km:04:53:58									
5084	6580	**KUPCZYNSKA Katarzyna**	LONDYN		POL	1985	K30	311	05:24:37	05:15:56	835
		5km:00:33:40 | 10km:01:06:25 | 15km: 01:38:49 | 20km:02:11:45 | 21km:02:18:51 | 25km:02:45:44 | 30km:03:23:22 | 35km:04:08:15 | 40km:04:55:57									
5085	6905	**GOTTLEBEN Roger**	VANTAA		FIN	1990	M30	1349	05:24:31	05:16:00	4250
		5km:00:34:52 | 10km:01:10:13 | 15km: 01:46:27 | 20km:02:22:59 | 21km:02:30:30 | 25km:02:57:59 | 30km:03:36:03 | 35km:04:14:07 | 40km:04:56:20									
5086	2169	**DE LEÓN AMADOR Jesús**	LA LAGUNA		ESP	1965	M50	529	05:26:09	05:16:08	4251
		5km:00:34:21 | 10km:01:09:34 | 15km: 01:44:28 | 20km:02:19:28 | 21km:02:27:04 | 25km:02:56:03 | 30km:03:37:34 | 35km:04:18:46 | 40km:04:59:00									
5087	2469	**OLEJARZ Jasiek**	KAŃCZUGA	Kańczucka Grupa Biegowa	POL	1971	M50	530	05:25:29	05:16:09	4252
		5km:00:34:25 | 10km:01:09:16 | 15km: 01:45:10 | 20km:02:26:34 | 21km:02:33:52 | 25km:03:02:44 | 30km:03:43:06 | 35km:04:21:41 | 40km:05:01:03									
5088	4031	**BUCZKOWICZ Piotr**	KRAKÓW		POL	1998	M20	738	05:25:44	05:16:12	4253
		5km:00:31:15 | 10km:01:02:29 | 15km: 01:33:31 | 20km:02:04:52 | 21km:02:11:33 | 25km:02:39:19 | 30km:03:20:42 | 35km:04:10:53 | 40km:04:59:21									
5089	5134	**DYBICH Cezary**	IŁAWA		POL	1983	M40	1484	05:25:10	05:16:21	4254
		5km:00:33:00 | 10km:01:07:39 | 15km: 01:41:50 | 20km:02:17:40 | 21km:02:25:04 | 25km:02:54:23 | 30km:03:35:06 | 35km:04:15:49 | 40km:04:59:17									
5090	2852	**SZALENIEC Sebastian**	BĘDZIN	Biegowa Kuźnia	POL	1980	M40	1485	05:23:42	05:16:24	4255
		5km:00:33:00 | 10km:01:07:40 | 15km: 01:41:41 | 20km:02:17:39 | 21km:02:25:03 | 25km:02:54:25 | 30km:03:34:53 | 35km:04:15:21 | 40km:04:58:53									
5091	3966	**ANYŻ Łukasz**	BĘDZIN	BIEGOWA KUŹNIA	POL	1980	M40	1486	05:23:44	05:16:26	4256
		5km:00:30:56 | 10km:01:04:33 | 15km: 01:38:46 | 20km:02:14:52 | 21km:02:21:50 | 25km:02:49:01 | 30km:03:29:34 | 35km:04:12:17 | 40km:04:59:34									
5092	3955	**RUIZ Daniel**	SAINT JOHN		USA	1968	M50	531	05:20:51	05:16:31	4257
		5km:00:30:50 | 10km:01:01:59 | 15km: 01:34:05 | 20km:02:08:30 | 21km:02:15:57 | 25km:02:47:44 | 30km:03:33:58 | 35km:04:17:36 | 40km:04:59:49									
5093	2368	**SIERZPUTOWSKA Joanna**	DOBRA		POL	1969	K50	68	05:21:28	05:16:45	836
		5km:00:35:50 | 10km:01:12:05 | 15km: 01:48:23 | 20km:02:24:55 | 21km:02:32:36 | 25km:03:00:21 | 30km:03:37:20 | 35km:04:16:58 | 40km:04:59:32									
5094	10361	**MIKOŁAJCZYK Michał**	MAKÓW PODHALAŃSKI		POL	2005	M20	739	05:26:15	05:16:50	4258
		5km:00:27:58 | 10km:00:58:18 | 15km: 01:29:45 | 20km:02:05:38 | 21km:02:13:03 | 25km:02:44:07 | 30km:03:26:35 | 35km:04:12:24 | 40km:04:59:02									
5095	4659	**MARCINIAK Michał**	BYDGOSZCZ		POL	1984	M30	1350	05:25:06	05:16:50	4258
		5km:00:33:46 | 10km:01:06:27 | 15km: 01:39:00 | 20km:02:15:39 | 21km:02:22:53 | 25km:02:53:27 | 30km:03:34:45 | 35km:04:16:03 | 40km:04:58:26									
5096	7988	**DEMECKI Przemyslaw**	GRODZISK MAZOWIECKI	DOGOŃ Grodzisk Mazowiecki	POL	1980	M40	1487	05:26:41	05:16:51	4260
		5km:00:34:04 | 10km:01:06:51 | 15km: 01:41:29 | 20km:02:18:33 | 21km:02:26:11 | 25km:02:59:24 | 30km:03:36:30 | 35km:04:15:50 | 40km:05:00:12									
5097	8489	**KORYCKI Krzysztof**	WARSZAWA		POL	1984	M30	1351	05:25:45	05:16:54	4261
		5km:00:34:05 | 10km:01:06:53 | 15km: 01:41:30 | 20km:02:18:39 | 21km:02:26:11 | 25km:02:59:28 | 30km:03:36:31 | 35km:04:15:52 | 40km:05:00:12									
5098	2693	**KRUSZEWSKA Ewa**	WARSZAWA		POL	1969	K50	69	05:25:47	05:16:56	837
		5km:00:30:33 | 10km:01:01:40 | 15km: 01:32:29 | 20km:02:03:35 | 21km:02:10:00 | 25km:02:36:44 | 30km:03:18:53 | 35km:04:08:00 | 40km:04:58:14									
5099	10447	**PODOLAK Krzysztof**	RZESZOW		POL	1986	M30	1352	05:26:42	05:16:57	4262
		5km:00:34:11 | 10km:01:08:30 | 15km: 01:43:57 | 20km:02:21:28 | 21km:02:28:58 | 25km:03:00:05 | 30km:03:39:21 | 35km:04:19:23 | 40km:05:00:47									
5100	7426	**OBROŚLAK Grzegorz**	WARSZAWA		POL	1999	M20	740	05:24:14	05:16:59	4263
		5km:00:31:20 | 10km:01:03:17 | 15km: 01:34:21 | 20km:02:07:27 | 21km:02:15:04 | 25km:02:47:56 | 30km:03:31:00 | 35km:04:16:36 | 40km:05:01:01									
5101	10347	**NOMURA Masashi**	WARSZAWA		JPN	1968	M50	532	05:26:44	05:17:02	4264
		5km:00:33:15 | 10km:01:06:30 | 15km: 01:39:39 | 20km:02:14:03 | 21km:02:21:39 | 25km:02:47:58 | 30km:03:22:13 | 35km:04:18:12 | 40km:04:59:10									
5102	12057	**LABA Wojciech**	STALOWA WOLA		POL	1979	M40	1488	05:25:49	05:17:03	4265
		5km:00:35:48 | 10km:01:13:17 | 15km: 01:49:50 | 20km:02:26:22 | 21km:02:34:05 | 25km:03:02:40 | 30km:03:40:35 | 35km:04:18:36 | 40km:04:57:39									
5103	7910	**HAPUNIK Dariusz**	BIAŁYSTOK		POL	1970	M50	533	05:26:50	05:17:04	4266
		5km:00:33:30 | 10km:01:05:44 | 15km: 01:39:35 | 20km:02:14:45 | 21km:02:22:19 | 25km:02:50:47 | 30km:03:33:46 | 35km:04:14:29 | 40km:04:58:26									
5104	4093	**JEDNORALSKA Aleksandra**	WARSZAWA		POL	1989	K30	312	05:26:26	05:17:05	838
		5km:00:35:30 | 10km:01:10:53 | 15km: 01:47:06 | 20km:02:23:38 | 21km:02:31:02 | 25km:02:58:05 | 30km:03:35:37 | 35km:04:13:09 | 40km:04:58:03									
5105	2552	**AU Chi Kan Frederick**	HONG KONG		HKG	1976	M40	1489	05:24:23	05:17:08	4267
		5km:00:29:01 | 10km:00:58:14 | 15km: 01:29:01 | 20km:02:03:43 | 21km:02:11:31 | 25km:02:40:15 | 30km:03:20:32 | 35km:04:08:51 | 40km:04:57:38									
5106	2731	**SZULAWSKI Robert**	WARSZAWA	GSD RUNNER.	POL	1969	M50	534	05:21:34	05:17:15	4268

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:36:31 | 10km:01:09:31 | 15km: 01:45:35 | 20km:02:22:00 | 21km:02:29:32 | 25km:02:57:41 | 30km:03:35:24 | 35km:04:17:23 | 40km:05:01:00									
5107	7188	**KRYSZKIEWICZ Paweł**	EWA BEACH		POL	1975	M40	1490	05:27:13	05:17:17	4269
		5km:00:34:30 | 10km:01:09:33 | 15km: 01:47:18 | 20km:02:23:03 | 21km:02:30:04 | 25km:02:59:29 | 30km:03:39:09 | 35km:04:18:05 | 40km:05:01:04									
5108	2339	**TYSZAK Maja**	WARSZAWA		POL	1989	K30	313	05:27:11	05:17:18	839
		5km:00:36:06 | 10km:01:11:19 | 15km: 01:47:33 | 20km:02:23:36 | 21km:02:31:14 | 25km:02:58:49 | 30km:03:36:52 | 35km:04:16:57 | 40km:04:59:11									
5109	10078	**ZIÓŁKOWSKI Jacek**	GRODZISK MAZOWIECKI		POL	1976	M40	1491	05:26:17	05:17:19	4270
		5km:00:28:15 | 10km:01:00:41 | 15km: 01:36:22 | 20km:02:16:35 | 21km:02:24:44 | 25km:03:01:03 | 30km:03:41:15 | 35km:04:20:42 | 40km:05:01:30									
5110	10658	**IWAŃSKI Jacek**	SKARYSZEW	UKS OLIMP Skaryszew	POL	1973	M50	535	05:23:17	05:17:26	4271
		5km:00:35:16 | 10km:01:10:40 | 15km: 01:46:49 | 20km:02:23:25 | 21km:02:30:47 | 25km:02:57:58 | 30km:03:33:59 | 35km:04:10:01 | 40km:04:57:44									
5111	2621	**KORDEK Jan**	SZCZECIN	CHRZEŚCIJANIE	POL	1959	M60	134	05:27:07	05:17:30	4272
		5km:00:33:42 | 10km:01:08:04 | 15km: 01:40:52 | 20km:02:16:33 | 21km:02:23:46 | 25km:02:51:22 | 30km:03:28:26 | 35km:04:12:47 | 40km:04:57:50									
5112	13017	**GORCZYCA Jędrzej**	WARSZAWA		POL	1991	M30	1353	05:21:41	05:17:32	4273
		5km:00:33:42 | 10km:01:08:04 | 15km: 01:40:52 | 20km:02:16:33 | 21km:02:23:46 | 25km:02:51:22 | 30km:03:28:26 | 35km:04:12:47 | 40km:04:57:50									
5113	3960	**SZUŚCIK Kamil**	PRUSZKÓW	Nordea	POL	1987	M30	1354	05:25:34	05:17:36	4274
		5km:00:32:34 | 10km:01:05:47 | 15km: 01:38:45 | 20km:02:14:03 | 21km:02:21:13 | 25km:02:50:43 | 30km:03:30:11 | 35km:04:11:47 | 40km:04:58:09									
5114	2613	**ZIELIŃSKI Krzysztof**	WARSZAWA		POL	1959	M60	135	05:26:33	05:17:37	4275
		5km:00:32:03 | 10km:01:04:59 | 15km: 01:40:26 | 20km:02:20:23 | 21km:02:29:07 | 25km:03:00:21 | 30km:03:42:38 | 35km:04:21:31 | 40km:05:02:13									
5115	4045	**MANTUR Bogdan**	JABŁOŃ JANKOWCE	KGW Janko-wianki	POL	1972	M50	536	05:21:40	05:17:37	4275
		5km:00:33:25 | 10km:01:07:06 | 15km: 01:40:36 | 20km:02:14:56 | 21km:02:22:35 | 25km:02:53:43 | 30km:03:33:25 | 35km:04:17:38 | 40km:05:01:25									
5116	8380	**CHMIELEWSKI Mariusz**	SULEJÓW		POL	1998	M20	741	05:24:57	05:17:38	4277
		5km:00:33:43 | 10km:01:07:59 | 15km: 01:42:28 | 20km:02:14:58 | 21km:02:21:48 | 25km:02:47:54 | 30km:03:24:40 | 35km:04:03:57 | 40km:04:56:04									
5117	10216	**ASŁANOWICZ Maksymilian**	WARSZAWA		POL	2004	M20	742	05:25:48	05:17:39	4278
		5km:00:33:51 | 10km:01:07:11 | 15km: 01:41:15 | 20km:02:16:03 | 21km:02:23:32 | 25km:02:52:59 | 30km:03:33:57 | 35km:04:14:55 | 40km:04:59:50									
5118	4583	**BUCZEK Marcin**	ZAWIERCIE		POL	1967	M50	537	05:26:59	05:17:41	4279
		5km:00:30:04 | 10km:00:59:52 | 15km: 01:30:36 | 20km:02:03:39 | 21km:02:11:37 | 25km:02:38:06 | 30km:03:22:11 | 35km:04:11:07 | 40km:05:00:46									
5119	4682	**CHOJECKI Piotr**	WARSZAWA		POL	1989	M30	1355	05:27:26	05:17:50	4280
		5km:00:31:14 | 10km:01:03:10 | 15km: 01:38:07 | 20km:02:15:15 | 21km:02:23:00 | 25km:02:53:43 | 30km:03:34:16 | 35km:04:17:35 | 40km:05:00:38									
5120	3442	**AUCH Bartek**	WROCŁAW		POL	1993	M30	1356	05:25:40	05:17:55	4281
		5km:00:34:36 | 10km:01:10:34 | 15km: 01:47:08 | 20km:02:24:47 | 21km:02:33:22 | 25km:03:03:55 | 30km:03:41:59 | 35km:04:20:03 | 40km:05:01:08									
5121	7400	**PIETRZAK Dariusz**	WARSZAWA		POL	1973	M50	538	05:19:00	05:17:55	4281
		5km:00:33:15 | 10km:01:06:47 | 15km: 01:40:27 | 20km:02:14:24 | 21km:02:21:44 | 25km:02:50:38 | 30km:03:31:08 | 35km:04:12:33 | 40km:04:57:41									
5122	2774	**RAPCEWICZ Marcin**	KNURÓW		POL	1985	M30	1357	05:21:23	05:18:00	4283
		5km:00:33:16 | 10km:01:06:49 | 15km: 01:40:28 | 20km:02:14:25 | 21km:02:21:46 | 25km:02:50:40 | 30km:03:31:09 | 35km:04:12:35 | 40km:04:57:41									
5123	2398	**PALENGA Adrian**	GLIWICE		POL	1983	M40	1492	05:21:23	05:18:01	4284
		5km:00:26:32 | 10km:00:56:39 | 15km: 01:29:13 | 20km:02:04:59 | 21km:02:12:33 | 25km:02:44:42 | 30km:03:27:04 | 35km:04:11:41 | 40km:04:59:10									
5124	6180	**ZALEWSKA Katarzyna**	MILANÓWEK		POL	1996	K20	115	05:18:47	05:18:06	840
		5km:00:36:34 | 10km:01:12:29 | 15km: 01:48:10 | 20km:02:26:43 | 21km:02:35:14 | 25km:03:02:59 | 30km:03:41:40 | 35km:04:20:22 | 40km:05:01:30									
5125	5074	**MYTYCH Mateusz**	KRAKÓW		POL	1987	M30	1358	05:23:08	05:18:13	4285
		5km:00:38:14 | 10km:01:15:10 | 15km: 01:52:55 | 20km:02:30:50 | 21km:02:38:42 | 25km:03:08:10 | 30km:03:46:27 | 35km:04:24:39 | 40km:05:03:50									
5126	7709	**KLECHOWSKI Karol**	WARSZAWA		POL	1991	M30	1359	05:27:51	05:18:15	4286
		5km:00:37:25 | 10km:01:13:13 | 15km: 01:49:08 | 20km:02:26:09 | 21km:02:33:38 | 25km:03:04:25 | 30km:03:43:43 | 35km:04:21:41 | 40km:05:01:49									
5127	2800	**KOWACKA-KUCZEK Anna**	BRZEG		POL	1981	K40	336	05:27:53	05:18:27	841
		5km:00:37:25 | 10km:01:13:06 | 15km: 01:49:08 | 20km:02:26:06 | 21km:02:33:37 | 25km:03:04:24 | 30km:03:43:43 | 35km:04:21:41 | 40km:05:01:46									
5128	2799	**KUCZEK Krzysztof**	BRZEG		POL	1981	M40	1493	05:27:54	05:18:28	4287
		5km:00:35:41 | 10km:01:12:02 | 15km: 01:49:44 | 20km:02:28:51 | 21km:02:37:45 | 25km:03:08:39 | 30km:03:45:56 | 35km:04:24:31 | 40km:05:02:36									
5129	15006	**SIERY Artur**	MONACHIUM		POL	1986	M30	1360	05:27:43	05:18:29	4288
		5km:00:35:20 | 10km:01:09:58 | 15km: 01:45:10 | 20km:02:21:38 | 21km:02:29:07 | 25km:02:58:09 | 30km:03:35:40 | 35km:04:14:37 | 40km:04:59:25									
5130	6785	**SŁOWIŃSKI Szymon**	WARSZAWA		POL	1989	M30	1361	05:28:06	05:18:34	4289
		5km:00:35:35 | 10km:01:10:53 | 15km: 01:47:02 | 20km:02:23:42 | 21km:02:31:13 | 25km:02:58:58 | 30km:03:36:25 | 35km:04:16:26 | 40km:05:00:30									
5131	10021	**WADOWSKI Dariusz**	LUBLIN	forBET Runners	POL	1986	M30	1362	05:27:55	05:18:38	4290
		5km:00:33:23 | 10km:01:06:37 | 15km: 01:39:03 | 20km:02:11:21 | 21km:02:18:25 | 25km:02:44:09 | 30km:03:22:47 | 35km:04:09:30 | 40km:04:59:26									
5132	2591	**SCHEURING Jan**	TORUŃ		POL	1998	M20	743	05:26:55	05:18:39	4291
		5km:00:34:02 | 10km:01:07:57 | 15km: 01:42:12 | 20km:02:17:45 | 21km:02:25:54 | 25km:02:54:52 | 30km:03:33:08 | 35km:04:14:05 | 40km:04:58:42									
5133	4189	**NOWOTNIAK Krzysztof**	WARSZAWA		POL	1974	M40	1494	05:27:15	05:18:42	4292
		5km:00:30:30 | 10km:01:00:13 | 15km: 01:30:22 | 20km:02:01:39 | 21km:02:08:39 | 25km:02:39:55 | 30km:03:24:50 | 35km:04:13:24 | 40km:05:00:30									
5134	4076	**MASEWICZ Zbigniew**	WARSZAWA	4muszkieter.pl	POL	1968	M50	539	05:25:16	05:18:43	4293
		5km:00:35:02 | 10km:01:10:04 | 15km: 01:44:42 | 20km:02:19:34 | 21km:02:27:14 | 25km:02:55:25 | 30km:03:35:39 | 35km:04:15:53 | 40km:04:59:57									
5135	2286	**RYBKA Tomasz**	DZIECHCINIEC		POL	1958	M60	136	05:28:25	05:18:52	4294
		5km:00:35:21 | 10km:01:10:46 | 15km: 01:46:34 | 20km:02:23:01 | 21km:02:30:28 | 25km:02:58:06 | 30km:03:35:06 | 35km:04:17:01 | 40km:04:59:21									
5136	3291	**MILEWSKI Arkadiusz**	KNUROW	Happy Runners	POL	1979	M40	1495	05:28:03	05:18:52	4294
		5km:00:33:51 | 10km:01:07:31 | 15km: 01:40:51 | 20km:02:15:23 | 21km:02:23:40 | 25km:02:53:55 | 30km:03:33:43 | 35km:04:13:32 | 40km:04:58:24									
5137	8397	**WIECZOREK Michał**	RYDUŁTOWY		POL	2000	M20	744	05:28:26	05:18:56	4296
		5km:00:33:43 | 10km:01:07:31 | 15km: 01:40:51 | 20km:02:15:23 | 21km:02:23:40 | 25km:02:53:55 | 30km:03:33:43 | 35km:04:13:32 | 40km:04:58:24									
5138	10354	**ZIÓŁKOWSKI Michał**	SIERPC		POL	1979	M40	1496	05:27:05	05:18:57	4297
		5km:00:35:28 | 10km:01:10:50 | 15km: 01:47:04 | 20km:02:23:34 | 21km:02:30:59 | 25km:02:58:03 | 30km:03:36:21 | 35km:04:14:40 | 40km:05:00:47									
5139	4149	**NOWAK Marcin**	KOBYŁKA		POL	1976	M40	1496	05:28:19	05:18:57	4297
		5km:00:35:21 | 10km:01:11:25 | 15km: 01:46:32 | 20km:02:22:49 | 21km:02:30:37 | 25km:02:58:14 | 30km:03:37:54 | 35km:04:18:30 | 40km:05:02:35									
5140	2836	**SPADŁO Damian**	JASTRZĘBIE		POL	1986	M30	1363	05:28:25	05:19:01	4299
		5km:00:31:25 | 10km:01:05:02 | 15km: 01:39:42 | 20km:02:15:45 | 21km:02:22:51 | 25km:02:52:33 | 30km:03:29:25 | 35km:04:13:43 | 40km:05:00:32									
5141	6781	**GKOUNTOURAS Nikolaos**	ELASSONA		GRE	1962	M60	137	05:27:19	05:19:05	4300
		5km:00:27:21 | 10km:00:56:30 | 15km: 01:28:01 | 20km:02:04:31 | 21km:02:12:34 | 25km:02:42:39 | 30km:03:26:36 | 35km:04:14:06 | 40km:05:00:50									
5142	10746	**ROJEWSKI Jarosław**	KUTNO		POL	1969	M50	540	05:21:14	05:19:06	4301
		5km:00:28:55 | 10km:00:58:29 | 15km: 01:29:17 | 20km:02:01:00 | 21km:02:08:07 | 25km:02:37:48 | 30km:03:19:14 | 35km:04:09:17 | 40km:04:57:39									
5143	7478	**SHYBANAU Stanislau**	VITEBSK	23.34BY		1970	M50	541	05:24:13	05:19:23	4302
		5km:00:31:09 | 10km:01:02:14 | 15km: 01:33:26 | 20km:02:06:11 | 21km:02:13:32 | 25km:02:41:52 | 30km:03:26:36 | 35km:04:13:34 | 40km:04:59:35									
5144	6467	**SELWA Abel**	LUBLIN		POL	1999	M20	745	05:25:24	05:19:27	4303
		5km:00:35:06 | 10km:01:10:32 | 15km: 01:46:40 | 20km:02:23:21 | 21km:02:30:48 | 25km:02:57:56 | 30km:03:35:05 | 35km:04:17:40 | 40km:05:02:47									
5145	4681	**PUCH Dominik**	DWORSZOWICE KOŚCIELNE		POL	1996	M20	746	05:29:15	05:19:31	4304
		5km:00:34:59 | 10km:01:11:58 | 15km: 01:47:58 | 20km:02:24:31 | 21km:02:31:57 | 25km:03:00:31 | 30km:03:37:09 | 35km:04:13:48 | 40km:05:00:36									
5146	2983	**KLIMEK Mateusz**	MALBORK		POL	1987	M30	1364	05:28:10	05:19:32	4305
		5km:00:35:52 | 10km:01:10:18 | 15km: 01:45:53 | 20km:02:22:15 | 21km:02:29:42 | 25km:02:58:29 | 30km:03:36:10 | 35km:04:19:20 | 40km:05:00:48									
5147	5274	**BOGACKI Piotr**	BARTĄG		POL	2001	M20	747	05:28:31	05:19:37	4306
		5km:00:32:42 | 10km:01:04:38 | 15km: 01:37:30 | 20km:02:15:15 | 21km:02:22:17 | 25km:02:52:32 | 30km:03:32:37 | 35km:04:16:44 | 40km:05:00:33									
5148	2287	**JANYSZKO Małgorzata**	WARSZAWA		POL	1971	K50	70	05:26:37	05:19:38	842
		5km:00:31:44 | 10km:01:03:19 | 15km: 01:33:51 | 20km:02:05:25 | 21km:02:12:16 | 25km:02:43:33 | 30km:03:28:22 | 35km:04:14:13 | 40km:04:57:50									
5149	6463	**CHYLIŃSKI Adam**	WARSZAWA		POL	1991	M30	1365	05:27:31	05:19:47	4307
		5km:00:35:27 | 10km:01:09:57 | 15km: 01:45:46 | 20km:02:23:48 | 21km:02:32:12 | 25km:03:05:32 | 30km:03:45:17 | 35km:04:25:27 | 40km:05:04:42									
5150	3419	**SZEFER Karolina**	OCYPEL		POL	1994	K20	116	05:28:55	05:19:50	843
		5km:00:30:06 | 10km:01:00:36 | 15km: 01:31:25 | 20km:02:07:30 | 21km:02:14:39 | 25km:02:44:43 | 30km:03:28:41 | 35km:04:13:43 | 40km:04:59:57									
5151	4663	**NYKAZA Adam**	KLIKUSZOWA		POL	1965	M50	542	05:26:26	05:19:54	4308
		5km:00:30:31 | 10km:01:01:49 | 15km: 01:33:41 | 20km:02:06:50 | 21km:02:14:08 | 25km:02:42:37 | 30km:03:22:32 | 35km:04:05:54 | 40km:04:56:31									
5152	10195	**GRABOWSKI Konrad**	ŚWIDNIK		POL	1981	M40	1498	05:27:09	05:19:55	4309

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:30:13 | 10km:01:01:53 | 15km: 01:33:42 | 20km:02:08:06 | 21km:02:15:10 | 25km:02:44:15 | 30km:03:26:10 | 35km:04:12:26 | 40km:05:00:15									
5153	3930	**GWIAZDOWSKI Tomasz**	GDYNIA		POL	1970	M50	543	05:27:06	05:19:56	4310
		5km:00:33:51 | 10km:01:08:25 | 15km: 01:42:18 | 20km:02:17:58 | 21km:02:25:55 | 25km:02:55:54 | 30km:03:35:48 | 35km:04:18:04 | 40km:05:03:30									
5154	10001	**MIKSA Marija**	WARSZAWA		LTU	1991	K30	314	05:28:51	05:20:03	844
		5km:00:32:12 | 10km:01:03:46 | 15km: 01:36:55 | 20km:02:12:22 | 21km:02:20:11 | 25km:02:49:02 | 30km:03:27:26 | 35km:04:16:46 | 40km:05:04:12									
5155	5162	**KONICZ Sebastian**	WARSZAWA	Mastercard	POL	1987	M30	1366	05:27:20	05:20:03	4311
		5km:00:31:51 | 10km:01:03:20 | 15km: 01:35:06 | 20km:02:09:50 | 21km:02:18:25 | 25km:02:48:49 | 30km:03:31:56 | 35km:04:17:04 | 40km:05:03:48									
5156	6424	**NUMMINEN Mia**	ESPOO	Espoon Tapiot Juoksuklubi	FIN	1979	K40	337	05:28:04	05:20:06	845
		5km:00:34:39 | 10km:01:09:28 | 15km: 01:45:16 | 20km:02:22:51 | 21km:02:30:20 | 25km:03:00:47 | 30km:03:39:30 | 35km:04:19:51 | 40km:05:02:25									
5157	12042	**DOMAŃSKA Katarzyna**	WARSZAWA	ING HUBS POLAND RUNNERS	POL	1980	K40	338	05:29:50	05:20:09	846
		5km:00:32:12 | 10km:01:04:40 | 15km: 01:37:19 | 20km:02:09:14 | 21km:02:16:01 | 25km:02:40:34 | 30km:03:14:41 | 35km:04:01:54 | 40km:04:57:31									
5158	6428	**WIĘSIK Michał**	OTWOCK		POL	1990	M30	1367	05:27:38	05:20:10	4312
		5km:00:28:44 | 10km:00:57:09 | 15km: 01:25:35 | 20km:02:02:30 | 21km:02:11:52 | 25km:02:45:20 | 30km:03:32:49 | 35km:04:18:17 | 40km:05:03:16									
5159	2483	**WINDLOCH Mateusz**	WARSZAWA		POL	1990	M30	1368	05:25:17	05:20:18	4313
		5km:00:33:18 | 10km:01:06:00 | 15km: 01:38:07 | 20km:02:10:24 | 21km:02:17:29 | 25km:02:45:53 | 30km:03:26:31 | 35km:04:15:18 | 40km:05:02:08									
5160	13524	**PIOTROWSKI Maciej**	WARSZAWA	ExBoylerTeam	POL	1971	M50	544	05:29:11	05:20:23	4314
		5km:00:30:22 | 10km:01:01:19 | 15km: 01:31:45 | 20km:02:03:19 | 21km:02:10:35 | 25km:02:41:11 | 30km:03:23:39 | 35km:04:08:26 | 40km:05:01:06									
5161	3722	**CENDROWSKI Michał**	WARSZAWA		POL	1994	M20	748	05:27:38	05:20:26	4315
		5km:00:35:53 | 10km:01:12:00 | 15km: 01:48:38 | 20km:02:24:50 | 21km:02:33:01 | 25km:03:01:57 | 30km:03:39:41 | 35km:04:19:08 | 40km:05:02:06									
5162	6642	**STARZECKA Joanna**	JAROSŁAW		POL	1973	K50	71	05:30:08	05:20:26	847
		5km:00:30:23 | 10km:01:01:20 | 15km: 01:31:46 | 20km:02:03:17 | 21km:02:10:28 | 25km:02:41:12 | 30km:03:23:38 | 35km:04:08:28 | 40km:05:01:06									
5163	3775	**GOLANKO Mateusz**	WARSZAWA		POL	1994	M20	749	05:27:38	05:20:27	4316
		5km:00:35:31 | 10km:01:10:55 | 15km: 01:47:05 | 20km:02:23:48 | 21km:02:31:10 | 25km:02:58:22 | 30km:03:36:19 | 35km:04:14:16 | 40km:05:03:03									
5164	5056	**DWORAKOWSKI Piotr**	BIAŁYSTOK		POL	1978	M40	1499	05:29:57	05:20:33	4317
		5km:00:28:56 | 10km:00:57:27 | 15km: 01:26:03 | 20km:01:54:39 | 21km:02:00:50 | 25km:02:28:31 | 30km:03:08:50 | 35km:03:59:29 | 40km:04:54:02									
5165	6956	**PUCZEL Mateusz**	OLSZTYN		POL	1998	M20	750	05:25:02	05:20:43	4318
		5km:00:38:06 | 10km:01:14:47 | 15km: 01:52:05 | 20km:02:29:40 | 21km:02:38:00 | 25km:03:08:18 | 30km:03:46:41 | 35km:04:25:53 | 40km:05:04:58									
5166	7303	**ŁUKASIK Renata**	PRUSZKÓW		POL	1973	K50	72	05:27:25	05:20:46	848
		5km:00:33:34 | 10km:01:07:13 | 15km: 01:40:24 | 20km:02:15:04 | 21km:02:22:35 | 25km:02:54:07 | 30km:03:35:51 | 35km:04:18:42 | 40km:05:03:31									
5167	7398	**WASILEWSKA Aleksandra**	OSTROWIEC ŚWIĘTOKRZYSKI		POL	1992	K30	315	05:29:56	05:20:47	849
		5km:00:38:09 | 10km:01:14:48 | 15km: 01:52:09 | 20km:02:29:43 | 21km:02:38:02 | 25km:03:08:21 | 30km:03:46:43 | 35km:04:25:55 | 40km:05:05:02									
5168	7733	**TUCZYŃSKA Elżbieta**	PRUSZKÓW		POL	1965	K50	73	05:27:26	05:20:50	850
		5km:00:35:02 | 10km:01:10:00 | 15km: 01:45:09 | 20km:02:21:05 | 21km:02:29:04 | 25km:02:57:47 | 30km:03:36:00 | 35km:04:17:54 | 40km:05:03:08									
5169	5244	**STASZAK Tomasz**	POZNAŃ		POL	1998	M20	751	05:29:24	05:20:51	4319
		5km:00:33:56 | 10km:01:08:39 | 15km: 01:44:07 | 20km:02:20:30 | 21km:02:28:20 | 25km:02:58:00 | 30km:03:36:11 | 35km:04:17:43 | 40km:05:02:21									
5170	5183	**GAWEŁEK Krystian**	WARSZAWA		POL	1970	M50	545	05:30:04	05:21:00	4320
		5km:00:32:06 | 10km:01:05:41 | 15km: 01:38:47 | 20km:02:12:36 | 21km:02:20:05 | 25km:02:46:57 | 30km:03:22:52 | 35km:04:07:36 | 40km:04:59:08									
5171	8403	**DADAN Marek**	WARSZAWA		POL	1964	M50	545	05:27:40	05:21:00	4320
		5km:00:33:11 | 10km:01:06:42 | 15km: 01:41:16 | 20km:02:15:46 | 21km:02:23:40 | 25km:02:53:21 | 30km:03:35:39 | 35km:04:19:18 | 40km:05:03:59									
5172	7491	**QUEZADA Akamitl**	POTSDAM		MEX	1983	M40	1500	05:26:36	05:21:11	4322
		5km:00:35:13 | 10km:01:10:36 | 15km: 01:46:50 | 20km:02:22:55 | 21km:02:30:22 | 25km:02:57:14 | 30km:03:36:42 | 35km:04:16:11 | 40km:05:01:05									
5173	14507	**DEREBECKI Michał**	SZCZĘSNE		POL	1977	M40	1501	05:30:53	05:21:15	4323
		5km:00:34:50 | 10km:01:09:30 | 15km: 01:44:31 | 20km:02:20:23 | 21km:02:28:13 | 25km:02:56:01 | 30km:03:32:20 | 35km:04:16:27 | 40km:05:03:09									
5174	3844	**WEEKS Benjamin**	KAISERSLAUTERN		USA	1978	M40	1502	05:30:23	05:21:18	4324
		5km:00:30:09 | 10km:01:02:35 | 15km: 01:36:43 | 20km:02:14:06 | 21km:02:21:18 | 25km:02:49:15 | 30km:03:26:42 | 35km:04:07:20 | 40km:04:58:32									
5175	10256	**BALUK Iwona**	CHEŁM	Borek-Chełm	POL	1963	K60	6	05:28:51	05:21:25	851
		5km:00:34:56 | 10km:01:08:43 | 15km: 01:42:42 | 20km:02:17:31 | 21km:02:25:04 | 25km:02:54:10 | 30km:03:37:47 | 35km:04:21:25 | 40km:05:05:32									
5176	2784	**KUDRASHOU Mikalai**	WARSZAWA			1981	M40	1503	05:30:54	05:21:29	4325
		5km:00:32:21 | 10km:01:05:37 | 15km: 01:39:19 | 20km:02:13:14 | 21km:02:20:44 | 25km:02:48:15 | 30km:03:27:56 | 35km:04:09:12 | 40km:05:02:24									
5177	6371	**BERNATOWICZ Sebastian**	WARSZAWA		POL	1981	M40	1503	05:31:06	05:21:29	4325
		5km:00:33:42 | 10km:01:06:23 | 15km: 01:39:35 | 20km:02:13:12 | 21km:02:20:42 | 25km:02:48:16 | 30km:03:30:23 | 35km:04:17:44 | 40km:05:03:19									
5178	7968	**GUTKOWSKI Maciej**	PIASECZNO		POL	1993	M30	1369	05:30:08	05:21:29	4325
		5km:00:32:36 | 10km:01:07:30 | 15km: 01:43:58 | 20km:02:21:20 | 21km:02:29:24 | 25km:02:59:35 | 30km:03:39:26 | 35km:04:19:09 | 40km:05:03:43									
5179	7231	**GROCHOWSKA-MEJER Patrycja**	GDYNIA	MSC Running Team	POL	1992	K30	316	05:29:53	05:21:32	852
		5km:00:34:56 | 10km:01:10:09 | 15km: 01:46:50 | 20km:02:23:55 | 21km:02:31:53 | 25km:03:00:04 | 30km:03:38:01 | 35km:04:15:58 | 40km:05:01:31									
5180	6246	**JANCZARSKI Piotr**	GDAŃSK		POL	1978	M40	1505	05:29:38	05:21:45	4328
		5km:00:31:41 | 10km:01:05:54 | 15km: 01:40:30 | 20km:02:17:07 | 21km:02:24:22 | 25km:02:52:24 | 30km:03:34:49 | 35km:04:19:44 | 40km:05:04:21									
5181	8391	**JASIŃSKA Patrycja**	WARSZAWA		POL	1977	K40	339	05:26:20	05:21:49	853
		5km:00:32:40 | 10km:01:06:42 | 15km: 01:42:16 | 20km:02:18:43 | 21km:02:27:01 | 25km:02:57:45 | 30km:03:38:01 | 35km:04:20:28 | 40km:05:04:47									
5182	3496	**ŁUCZAK Małgorzata**	WARSZAWA	Runnersi ze Skarbka	POL	1979	K40	340	05:29:24	05:21:53	854
		5km:00:32:42 | 10km:01:06:41 | 15km: 01:42:17 | 20km:02:18:38 | 21km:02:27:02 | 25km:02:57:26 | 30km:03:38:02 | 35km:04:20:29 | 40km:05:04:51									
5183	3498	**ŁUCZAK Piotr**	WARSZAWA	PKO Bank Polski	POL	1975	M40	1506	05:29:24	05:21:55	4329
		5km:00:35:32 | 10km:01:11:15 | 15km: 01:47:19 | 20km:02:24:20 | 21km:02:32:07 | 25km:03:01:18 | 30km:03:41:07 | 35km:04:22:54 | 40km:05:06:23									
5184	12020	**SIENIUTA Piotr**	WARSZAWA		POL	1978	M40	1507	05:25:35	05:21:56	4330
		5km:00:34:56 | 10km:01:09:43 | 15km: 01:44:59 | 20km:02:21:59 | 21km:02:29:36 | 25km:02:59:10 | 30km:03:37:42 | 35km:04:17:59 | 40km:05:03:30									
5185	15518	**MIJALSKI Bogusław**	BIAŁYSTOK		POL	1958	M60	138	05:23:44	05:22:04	4331
		5km:00:32:33 | 10km:01:05:49 | 15km: 01:39:20 | 20km:02:13:36 | 21km:02:21:12 | 25km:02:50:35 | 30km:03:32:34 | 35km:04:16:26 | 40km:05:02:55									
5186	10026	**WICHORSKI Jacek**	KALISZ		POL	1973	M50	547	05:30:31	05:22:09	4332
		5km:00:37:09 | 10km:01:14:28 | 15km: 01:51:51 | 20km:02:28:47 | 21km:02:36:40 | 25km:03:05:55 | 30km:03:43:46 | 35km:04:22:20 | 40km:05:04:31									
5187	2335	**FRĄCKOWIAK Anna**	JELCZ-LASKOWICE	KB Harcownik Jelcz-Laskowice	POL	1967	K50	74	05:31:42	05:22:14	855
		5km:00:27:05 | 10km:00:58:49 | 15km: 01:33:27 | 20km:02:12:29 | 21km:02:21:36 | 25km:02:55:09 | 30km:03:39:57 | 35km:04:21:49 | 40km:05:05:39									
5188	5157	**GAJDUK Andreas**	MENZINGEN		GER	1990	M30	1370	05:23:05	05:22:17	4333
		5km:00:33:59 | 10km:01:08:02 | 15km: 01:41:40 | 20km:02:15:52 | 21km:02:23:14 | 25km:02:50:52 | 30km:03:27:49 | 35km:04:16:23 | 40km:05:01:54									
5189	10405	**KWAPISZ CICHOWSKA Katarzyna**	OSTROŁĘKA	Ostrołęka	POL	1974	K40	341	05:32:21	05:22:18	856
		5km:00:31:53 | 10km:01:08:08 | 15km: 01:45:06 | 20km:02:22:50 | 21km:02:30:30 | 25km:03:02:59 | 30km:03:42:29 | 35km:04:22:59 | 40km:05:04:58									
5190	2228	**ŚLUSARZ Joanna**	GDAŃSK		POL	1983	K40	342	05:29:31	05:22:23	857
		5km:00:31:57 | 10km:01:03:44 | 15km: 01:35:55 | 20km:02:08:45 | 21km:02:16:09 | 25km:02:45:29 | 30km:03:29:15 | 35km:04:14:56 | 40km:05:03:19									
5191	7379	**FORKASIEWICZ Jakub**	BYSTRZYCA KŁODZKA		POL	2000	M20	752	05:30:44	05:22:39	4334
		5km:00:37:05 | 10km:01:14:35 | 15km: 01:51:48 | 20km:02:29:42 | 21km:02:38:00 | 25km:03:08:50 | 30km:03:48:02 | 35km:04:26:00 | 40km:05:07:10									
5192	6948	**JUŠKEVICS Kristaps**	RIGA		LAT	1991	M30	1371	05:32:24	05:22:54	4335
		5km:00:30:04 | 10km:01:00:12 | 15km: 01:30:37 | 20km:02:02:54 | 21km:02:09:49 | 25km:02:37:32 | 30km:03:23:18 | 35km:04:12:34 | 40km:05:05:10									
5193	6753	**ŚMIECH Mariusz**	KRAKÓW	AGH	POL	1978	M40	1508	05:31:48	05:22:55	4336
		5km:00:32:27 | 10km:01:09:11 | 15km: 01:44:18 | 20km:02:23:32 | 21km:02:30:56 | 25km:03:04:26 | 30km:03:43:28 | 35km:04:31:46 | 40km:05:08:10									
5194	5147	**OSTROWSKI Mateusz**	GDAŃSK		POL	2001	M20	753	05:31:54	05:23:00	4337
		5km:00:32:25 | 10km:01:09:10 | 15km: 01:44:19 | 20km:02:23:24 | 21km:02:30:56 | 25km:03:04:19 | 30km:03:43:25 | 35km:04:31:46 | 40km:05:08:08									
5195	14504	**STYPUŁKOWSKI Dariusz**	BIERUŃ	Runaways	POL	1979	M40	1509	05:28:27	05:23:05	4338
		5km:00:30:03 | 10km:01:00:46 | 15km: 01:32:30 | 20km:02:08:17 | 21km:02:16:10 | 25km:02:50:13 | 30km:03:33:58 | 35km:04:16:50 | 40km:05:02:27									
5196	10568	**SALWA Jakub**	KIELCE		POL	1978	M40	1510	05:30:34	05:23:06	4339
		5km:00:32:27 | 10km:01:09:11 | 15km: 01:44:18 | 20km:02:23:32 | 21km:02:30:56 | 25km:03:04:26 | 30km:03:43:28 | 35km:04:31:46 | 40km:05:08:10									
5197	14511	**MAŁKOWSKI Bogdan**	MURÓW		POL	1968	M50	548	05:28:30	05:23:07	4340
		5km:00:32:26 | 10km:01:09:11 | 15km: 01:44:22 | 20km:02:23:31 | 21km:02:30:56 | 25km:03:04:13 | 30km:03:43:20 | 35km:04:31:47 | 40km:05:08:14									
5198	7087	**KOMOROWSKI Marcin**	PRUSZKÓW	Spartanie Dzieciom	POL	1980	M40	1511	05:28:29	05:23:08	4341

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:32:27 | 10km:01:09:10 | 15km: 01:44:19 | 20km:02:23:33 | 21km:02:30:58 | 25km:03:04:28 | 30km:03:43:29 | 35km:04:31:50 | 40km:05:08:16									
5199	7543	**RUTKOWSKA Agnieszka**	WOŁOMIN	PGB Sportowa Paczka	POL	1984	K30	317	05:28:28	05:23:08	858
		5km:00:32:27 | 10km:01:09:09 | 15km: 01:44:17 | 20km:02:23:33 | 21km:02:30:57 | 25km:03:04:23 | 30km:03:43:30 | 35km:04:31:48 | 40km:05:08:16									
5200	7814	**GUZIŃSKA Aleksandra**	ZĄBKI		POL	1979	K40	343	05:28:29	05:23:09	859
		5km:00:32:28 | 10km:01:09:13 | 15km: 01:44:22 | 20km:02:23:33 | 21km:02:31:00 | 25km:03:04:29 | 30km:03:43:30 | 35km:04:31:52 | 40km:05:08:17									
5201	7815	**WĄSIK Izabela**	WARSZAWA	Bemowo Biega	POL	1971	K50	75	05:28:26	05:23:09	859
		5km:00:32:26 | 10km:01:09:11 | 15km: 01:44:22 | 20km:02:23:39 | 21km:02:30:58 | 25km:03:04:28 | 30km:03:43:34 | 35km:04:31:51 | 40km:05:08:16									
5202	8057	**MYŚLIŃSKA Anna**	WARSZAWA	Spartanie Dzieciom	POL	1975	K40	343	05:28:28	05:23:09	859
		5km:00:32:27 | 10km:01:09:12 | 15km: 01:44:24 | 20km:02:23:31 | 21km:02:30:59 | 25km:03:04:25 | 30km:03:43:25 | 35km:04:31:47 | 40km:05:08:14									
5203	8357	**STRZYŻEWSKI Paweł**	WARSZAWA	Bemowo Biega	POL	1978	M40	1512	05:28:30	05:23:09	4342
		5km:00:32:29 | 10km:01:09:15 | 15km: 01:44:24 | 20km:02:23:33 | 21km:02:30:59 | 25km:03:04:25 | 30km:03:43:27 | 35km:04:31:48 | 40km:05:08:17									
5204	6244	**BAKALARSKA Mariola**	WARSZAWA		POL	1968	K50	76	05:28:29	05:23:11	862
		5km:00:36:10 | 10km:01:13:40 | 15km: 01:48:11 | 20km:02:23:41 | 21km:02:31:05 | 25km:02:58:09 | 30km:03:37:16 | 35km:04:22:50 | 40km:05:04:18									
5205	7640	**ŻOCHOWSKI Jan**	GARWOLIN		POL	1999	M20	754	05:32:32	05:23:12	4343
		5km:00:33:09 | 10km:01:06:31 | 15km: 01:38:52 | 20km:02:11:19 | 21km:02:18:35 | 25km:02:46:10 | 30km:03:42:52 | 35km:04:28:04 | 40km:05:07:50									
5206	5194	**OBRĘBSKI Paweł**	RZESZÓW		POL	1996	M20	755	05:31:21	05:23:13	4344
		5km:00:33:57 | 10km:01:08:15 | 15km: 01:41:09 | 20km:02:15:10 | 21km:02:21:58 | 25km:02:49:28 | 30km:03:27:22 | 35km:04:13:07 | 40km:04:57:34									
5207	10013	**BUDNIAK Kacper**	SZCZECIN		POL	2002	M20	756	05:33:13	05:23:18	4345
		5km:00:34:58 | 10km:01:10:22 | 15km: 01:46:25 | 20km:02:22:50 | 21km:02:30:32 | 25km:02:59:33 | 30km:03:40:36 | 35km:04:23:16 | 40km:05:06:05									
5208	7419	**SUWALSKA Katarzyna**	EŁK		POL	2002	K20	117	05:33:26	05:23:30	863
		5km:00:34:04 | 10km:01:10:41 | 15km: 01:48:47 | 20km:02:28:56 | 21km:02:36:42 | 25km:03:08:50 | 30km:03:51:54 | 35km:04:31:07 | 40km:05:09:23									
5209	7114	**KARWAT Stanisław**	SZCZECINEK	Parkrun Szczecinek	POL	1959	M60	139	05:34:00	05:23:51	4346
		5km:00:30:49 | 10km:01:03:30 | 15km: 01:37:44 | 20km:02:14:03 | 21km:02:21:38 | 25km:02:54:15 | 30km:03:38:27 | 35km:04:22:39 | 40km:05:06:54									
5210	8426	**AMILIANOWICZ Marzena**	POZNAŃ		POL	1977	K40	345	05:29:39	05:23:52	864
		5km:00:36:24 | 10km:01:11:44 | 15km: 01:46:51 | 20km:02:22:57 | 21km:02:30:24 | 25km:02:59:31 | 30km:03:40:33 | 35km:04:21:12 | 40km:05:05:15									
5211	12018	**SZELKOWSKA Marta**	WARSZAWA		POL	1987	K30	318	05:33:46	05:23:57	865
		5km:00:29:56 | 10km:01:00:02 | 15km: 01:30:39 | 20km:02:05:22 | 21km:02:12:59 | 25km:02:43:53 | 30km:03:26:12 | 35km:04:14:14 | 40km:05:03:43									
5212	7699	**WŁODARSKI Leszek**	WARSZAWA		POL	1979	M40	1513	05:28:58	05:24:00	4347
		5km:00:34:03 | 10km:01:11:27 | 15km: 01:47:54 | 20km:02:25:03 | 21km:02:32:58 | 25km:03:04:00 | 30km:03:43:57 | 35km:04:24:05 | 40km:05:07:30									
5213	7705	**OLSZAŃSKA Krystyna**	BIAŁA PODLASKA	KB Biała Biega	POL	1954	K60	7	05:30:51	05:24:02	866
		5km:00:35:22 | 10km:01:10:00 | 15km: 01:43:34 | 20km:02:17:05 | 21km:02:24:46 | 25km:02:53:01 | 30km:03:35:28 | 35km:04:17:55 | 40km:05:04:09									
5214	2567	**PÓŁTORAK Bartłomiej**	WARSZAWA	3x JEZU, UFAM TOBIE!	POL	1990	M30	1372	05:33:40	05:24:05	4348
		5km:00:31:28 | 10km:01:02:12 | 15km: 01:34:00 | 20km:02:08:58 | 21km:02:17:04 | 25km:02:49:27 | 30km:03:33:33 | 35km:04:19:11 | 40km:05:06:06									
5215	7029	**ROSA Juliusz**	GDAŃSK		POL	2001	M20	757	05:29:35	05:24:08	4349
		5km:00:33:37 | 10km:01:07:41 | 15km: 01:42:44 | 20km:02:21:26 | 21km:02:29:29 | 25km:03:01:11 | 30km:03:40:55 | 35km:04:22:55 | 40km:05:06:30									
5216	2239	**ZACZEK Przemysław**	MARKI		POL	1978	M40	1514	05:33:15	05:24:12	4350
		5km:00:33:38 | 10km:01:07:38 | 15km: 01:42:44 | 20km:02:21:29 | 21km:02:29:30 | 25km:03:01:11 | 30km:03:40:55 | 35km:04:22:56 | 40km:05:06:28									
5217	3607	**KARAŚ Sylwia**	WARSZAWA		POL	1991	K30	319	05:33:15	05:24:12	867
		5km:00:32:57 | 10km:01:05:41 | 15km: 01:37:51 | 20km:02:12:36 | 21km:02:20:33 | 25km:02:47:26 | 30km:03:31:56 | 35km:04:16:34 | 40km:05:05:58									
5218	7808	**MISZEWSKI Krzysztof**	GDYNIA		POL	1997	M20	758	05:32:46	05:24:19	4351
		5km:00:30:48 | 10km:01:03:45 | 15km: 01:38:44 | 20km:02:17:35 | 21km:02:25:48 | 25km:02:57:17 | 30km:03:35:59 | 35km:04:21:18 | 40km:05:05:02									
5219	7647	**SZEWCZYK Michał**	PRUSZKÓW		POL	2004	M20	759	05:30:02	05:24:21	4352
		5km:00:35:24 | 10km:01:10:47 | 15km: 01:46:57 | 20km:02:24:11 | 21km:02:31:49 | 25km:03:02:47 | 30km:03:43:11 | 35km:04:25:15 | 40km:05:07:19									
5220	4162	**NOWICKA Joanna**	WARSZAWA		POL	1953	K70	4	05:33:49	05:24:22	868
		5km:00:31:47 | 10km:01:04:47 | 15km: 01:40:03 | 20km:02:16:42 | 21km:02:24:30 | 25km:02:58:35 | 30km:03:41:28 | 35km:04:24:30 | 40km:05:08:18									
5221	7488	**PIECUCH Damian**	KOZODRZA		POL	1987	M30	1373	05:27:08	05:24:32	4353
		5km:00:35:36 | 10km:01:11:32 | 15km: 01:46:37 | 20km:02:22:57 | 21km:02:30:39 | 25km:02:59:08 | 30km:03:39:33 | 35km:04:24:30 | 40km:05:07:24									
5222	10692	**KUFFEL Bartosz**	CHEŁMŻA		POL	1991	M30	1374	05:34:29	05:24:34	4354
		5km:00:34:29 | 10km:01:09:33 | 15km: 01:47:19 | 20km:02:23:01 | 21km:02:30:02 | 25km:02:59:34 | 30km:03:39:09 | 35km:04:20:34 | 40km:05:06:01									
5223	7460	**KACPRZAK Zbigniew**	ŁÓDŹ	Szakale Bałut Łódź	POL	1971	M50	549	05:32:28	05:24:39	4355
		5km:00:29:38 | 10km:01:00:32 | 15km: 01:32:36 | 20km:02:06:38 | 21km:02:14:28 | 25km:02:45:26 | 30km:03:29:35 | 35km:04:16:33 | 40km:05:03:53									
5224	15503	**MAZUR Magdalena**	TIVERTON		POL	1987	K30	320	05:32:34	05:24:49	869
		5km:00:35:36 | 10km:01:11:32 | 15km: 01:46:37 | 20km:02:22:57 | 21km:02:30:39 | 25km:02:59:08 | 30km:03:39:33 | 35km:04:24:30 | 40km:05:07:24									
5225	3657	**PARCHETA Izabela**	LUBLIN		POL	1995	K20	118	05:34:45	05:24:49	869
		5km:00:35:42 | 10km:01:12:12 | 15km: 01:48:58 | 20km:02:27:20 | 21km:02:35:36 | 25km:03:06:59 | 30km:03:45:58 | 35km:04:25:25 | 40km:05:07:24									
5226	6604	**KACZKOWSKI Jarogniew**	PRUSZKÓW	Pruszkowskie Ogonki	POL	1964	M50	550	05:33:04	05:24:50	4356
		5km:00:34:24 | 10km:01:10:21 | 15km: 01:45:43 | 20km:02:21:36 | 21km:02:29:36 | 25km:02:57:35 | 30km:03:35:23 | 35km:04:13:12 | 40km:05:03:15									
5227	4243	**KNYBA Dariusz**	WARSZAWA		POL	1976	M40	1515	05:34:41	05:24:52	4357
		5km:00:35:02 | 10km:01:10:05 | 15km: 01:46:52 | 20km:02:23:27 | 21km:02:30:46 | 25km:02:58:03 | 30km:03:35:03 | 35km:04:20:16 | 40km:05:05:42									
5228	4020	**MĘŻYŃSKI Michał**	WARSZAWA		POL	1977	M40	1516	05:34:36	05:24:56	4358
		5km:00:36:29 | 10km:01:12:48 | 15km: 01:49:32 | 20km:02:25:32 | 21km:02:33:48 | 25km:03:03:01 | 30km:03:42:10 | 35km:04:25:04 | 40km:05:07:42									
5229	6046	**DAMIĘCKI Jan**	WARSZAWA	MASAKRA KLUB SPORTOWY	POL	1977	M40	1517	05:34:16	05:25:14	4359
		5km:00:35:02 | 10km:01:10:00 | 15km: 01:45:18 | 20km:02:21:21 | 21km:02:29:16 | 25km:02:59:00 | 30km:03:39:31 | 35km:04:20:47 | 40km:05:04:18									
5230	2536	**HUZIUK Jarosław**	WARSZAWA		POL	1981	M40	1518	05:34:46	05:25:18	4360
		5km:00:33:36 | 10km:01:06:01 | 15km: 01:38:53 | 20km:02:12:49 | 21km:02:20:21 | 25km:02:51:20 | 30km:03:33:04 | 35km:04:19:14 | 40km:05:08:09									
5231	7780	**RUDOMANENKO Igor**	WARSZAWA			1994	M20	760	05:34:17	05:25:21	4361
		5km:00:35:30 | 10km:01:10:42 | 15km: 01:46:55 | 20km:02:23:28 | 21km:02:31:27 | 25km:03:01:16 | 30km:03:40:51 | 35km:04:23:00 | 40km:05:07:24									
5232	2438	**MOSOŃ Sławomir**	STOCKHOLM		POL	1983	M40	1519	05:35:01	05:25:22	4362
		5km:00:33:48 | 10km:01:07:59 | 15km: 01:43:05 | 20km:02:20:15 | 21km:02:28:12 | 25km:02:59:04 | 30km:03:42:33 | 35km:04:21:54 | 40km:05:06:24									
5233	6462	**SZYRWIŃSKI Andrzej**	WARSZAWA		POL	1955	M60	140	05:34:43	05:25:25	4363
		5km:00:31:26 | 10km:01:04:08 | 15km: 01:35:33 | 20km:02:09:12 | 21km:02:16:37 | 25km:02:46:30 | 30km:03:27:21 | 35km:04:15:28 | 40km:05:03:53									
5234	2216	**ROJEK Stanisław**	WARSZAWA		POL	1970	M50	551	05:31:18	05:25:34	4364
		5km:00:28:22 | 10km:00:56:44 | 15km: 01:24:39 | 20km:01:59:01 | 21km:02:06:55 | 25km:02:38:35 | 30km:03:25:58 | 35km:04:15:20 | 40km:05:05:31									
5235	2986	**SUNUWAR My Life**	TIDWORTH		GBR	1994	M20	761	05:26:50	05:25:34	4364
		5km:00:33:42 | 10km:01:07:13 | 15km: 01:43:15 | 20km:02:22:46 | 21km:02:30:55 | 25km:03:01:22 | 30km:03:42:04 | 35km:04:25:06 | 40km:05:08:02									
5236	6996	**NAROŻNIAK Rajmund**	WARSZAWA		POL	1966	M50	552	05:34:30	05:25:47	4366
		5km:00:27:31 | 10km:00:56:36 | 15km: 01:27:23 | 20km:02:02:05 | 21km:02:11:16 | 25km:02:45:24 | 30km:03:30:15 | 35km:04:17:39 | 40km:05:05:24									
5237	10595	**JUREWICZ Jan**	WARSZAWA		POL	1969	M50	553	05:34:52	05:25:49	4367
		5km:00:33:57 | 10km:01:08:23 | 15km: 01:43:18 | 20km:02:18:36 | 21km:02:26:18 | 25km:02:54:36 | 30km:03:35:57 | 35km:04:26:13 | 40km:05:10:58									
5238	7433	**SZELIGA Liliana**	RADOM	Biegiem Radom	POL	1970	K50	77	05:34:43	05:25:55	871
		5km:00:29:03 | 10km:01:00:24 | 15km: 01:35:52 | 20km:02:12:17 | 21km:02:20:50 | 25km:02:53:22 | 30km:03:34:34 | 35km:04:18:20 | 40km:05:06:16									
5239	10387	**BOŻEK Marlena**	BALIN		POL	1994	K20	119	05:27:29	05:26:00	872
		5km:00:27:29 | 10km:00:55:56 | 15km: 01:25:05 | 20km:01:56:08 | 21km:02:02:59 | 25km:02:30:02 | 30km:03:50:29 | 35km:04:35:27 | 40km:05:10:38									
5240	4664	**SAŁEK Mateusz**	CHYLICE		POL	2004	M20	762	05:27:29	05:26:01	4368
		5km:00:37:12 | 10km:01:14:02 | 15km: 01:48:09 | 20km:02:25:36 | 21km:02:33:30 | 25km:03:02:30 | 30km:03:40:43 | 35km:04:22:41 | 40km:05:05:16									
5241	2592	**SAKAKIBARA Hiroshi**	WARSZAWA		JPN	1981	M40	1520	05:35:30	05:26:02	4369
		5km:00:33:10 | 10km:01:07:39 | 15km: 01:43:35 | 20km:02:22:35 | 21km:02:30:37 | 25km:02:59:47 | 30km:03:40:13 | 35km:04:22:43 | 40km:05:07:46									
5242	7826	**LEONKIEWICZ Marta**	WARSZAWA	Radcy prawni	POL	1994	K20	120	05:33:49	05:26:02	873
		5km:00:31:56 | 10km:01:03:41 | 15km: 01:34:38 | 20km:02:06:41 | 21km:02:14:29 | 25km:02:45:34 | 30km:03:35:06 | 35km:04:24:38 | 40km:05:11:48									
5243	6122	**BIAŁORUCKI Adrian**	WARSZAWA		POL	1987	M30	1375	05:33:46	05:26:03	4370
		5km:00:32:54 | 10km:01:08:07 | 15km: 01:43:25 | 20km:02:24:11 | 21km:02:31:26 | 25km:02:59:10 | 30km:03:39:03 | 35km:04:22:30 | 40km:05:09:36									
5244	7034	**NIEWIADOMSKI Zdzisław**	WARSZAWA		POL	1949	M70	20	05:31:37	05:26:06	4371

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:28:02 | 10km:00:58:08 | 15km: 01:31:59 | 20km:02:15:30 | 21km:02:22:39 | 25km:02:53:52 | 30km:03:37:18 | 35km:04:25:28 | 40km:05:09:31									
5245	3503	**SAPIECHA Adam**	WARSZAWA		POL	2005	M20	763	05:30:11	05:26:10	4372
		5km:00:32:45 | 10km:01:07:06 | 15km: 01:42:37 | 20km:02:20:52 | 21km:02:28:54 | 25km:02:59:24 | 30km:03:41:09 | 35km:04:24:04 | 40km:05:07:59									
5246	2728	**MUCHA Jakub**	WARSZAWA		POL	1985	M30	1376	05:34:35	05:26:11	4373
		5km:00:34:27 | 10km:01:10:00 | 15km: 01:44:00 | 20km:02:21:30 | 21km:02:28:37 | 25km:02:57:28 | 30km:03:33:42 | 35km:04:17:47 | 40km:05:05:10									
5247	7868	**HUBICKA Oksana**	WARSZAWA	GTECH Running Team	POL	1983	K40	346	05:34:39	05:26:13	874
		5km:00:33:53 | 10km:01:08:44 | 15km: 01:44:10 | 20km:02:23:41 | 21km:02:32:04 | 25km:03:04:35 | 30km:03:47:02 | 35km:04:29:38 | 40km:05:11:53									
5248	3220	**JAGIELSKI Krzysztof**	BYDGOSZCZ		POL	1990	M30	1377	05:33:25	05:26:14	4374
		5km:00:31:29 | 10km:01:04:08 | 15km: 01:37:57 | 20km:02:13:46 | 21km:02:21:07 | 25km:02:51:38 | 30km:03:33:53 | 35km:04:21:00 | 40km:05:08:22									
5249	10257	**BALUK Marek**	CHEŁM	Borek - Chełm	POL	1962	M60	141	05:33:39	05:26:16	4375
		5km:00:31:14 | 10km:01:05:26 | 15km: 01:40:49 | 20km:02:20:07 | 21km:02:28:09 | 25km:03:00:32 | 30km:03:44:09 | 35km:04:29:10 | 40km:05:10:48									
5250	10384	**HORODECKA Olga**	ŚRODA ŚLĄSKA		POL	1986	K30	321	05:30:38	05:26:26	875
		5km:00:33:13 | 10km:01:07:52 | 15km: 01:42:51 | 20km:02:17:55 | 21km:02:25:36 | 25km:02:54:48 | 30km:03:36:08 | 35km:04:18:53 | 40km:05:06:12									
5251	8067	**NOWICKI Michael**	NOWY SĄCZ	Ultra Miles of Beskid Wyspowy	POL	1978	M40	1521	05:33:37	05:26:27	4376
		5km:00:30:43 | 10km:01:01:48 | 15km: 01:33:59 | 20km:02:09:09 | 21km:02:17:09 | 25km:02:47:42 | 30km:03:29:50 | 35km:04:16:05 | 40km:05:06:16									
5252	5178	**CHODKIEWICZ Wiesław**	ŚWIEBODZIN	KB CHODAK TEAM	POL	1960	M60	142	05:32:34	05:26:35	4377
		5km:00:34:42 | 10km:01:12:26 | 15km: 01:50:25 | 20km:02:28:51 | 21km:02:37:07 | 25km:03:07:27 | 30km:03:48:34 | 35km:04:28:29 | 40km:05:09:35									
5253	6245	**GIERASIMOWICZ Kamila**	WARSZAWA		POL	2005	K20	121	05:36:10	05:26:37	876
		5km:00:33:02 | 10km:01:05:26 | 15km: 01:38:41 | 20km:02:14:57 | 21km:02:22:42 | 25km:02:54:31 | 30km:03:38:29 | 35km:04:21:30 | 40km:05:08:31									
5254	2823	**ZAGRODZKI Rafał**	WARSZAWA		POL	1978	M40	1522	05:35:01	05:26:42	4378
		5km:00:32:52 | 10km:01:06:41 | 15km: 01:41:41 | 20km:02:17:28 | 21km:02:25:38 | 25km:02:55:42 | 30km:03:36:57 | 35km:04:21:31 | 40km:05:07:15									
5255	6257	**STAŃCZYK Kacper**	KIELCE		POL	1988	M30	1378	05:35:25	05:26:43	4379
		5km:00:33:39 | 10km:01:07:28 | 15km: 01:42:06 | 20km:02:16:46 | 21km:02:24:26 | 25km:02:54:30 | 30km:03:37:44 | 35km:04:20:58 | 40km:05:06:47									
5256	2927	**MARCHEWKA Monika**	MARKI		POL	1977	K40	347	05:35:02	05:26:44	877
		5km:00:32:54 | 10km:01:06:44 | 15km: 01:41:44 | 20km:02:17:59 | 21km:02:25:46 | 25km:02:55:44 | 30km:03:37:09 | 35km:04:21:35 | 40km:05:07:14									
5257	6337	**STAŃCZYK Mateusz**	WARSZAWA	PERN Runners	POL	1986	M30	1379	05:35:24	05:26:44	4380
		5km:00:33:42 | 10km:01:07:29 | 15km: 01:42:07 | 20km:02:16:50 | 21km:02:24:29 | 25km:02:54:38 | 30km:03:37:49 | 35km:04:21:01 | 40km:05:06:49									
5258	3730	**BUDZIS Przemysław**	WARSZAWA		POL	1984	M30	1380	05:34:58	05:26:45	4381
		5km:00:32:40 | 10km:01:06:47 | 15km: 01:39:59 | 20km:02:17:01 | 21km:02:25:30 | 25km:02:56:44 | 30km:03:37:03 | 35km:04:21:19 | 40km:05:08:22									
5259	7798	**DOMOSŁAWSKI Paweł**	WROCLAW		POL	1962	M60	143	05:34:04	05:26:46	4382
		5km:00:33:44 | 10km:01:09:22 | 15km: 01:45:27 | 20km:02:22:32 | 21km:02:30:39 | 25km:03:00:04 | 30km:03:40:15 | 35km:04:22:52 | 40km:05:08:09									
5260	2476	**KATO Yuichiro**	WARSZAWA		JPN	1988	M30	1381	05:33:22	05:26:54	4383
		5km:00:32:58 | 10km:01:05:24 | 15km: 01:39:11 | 20km:02:22:30 | 21km:02:30:53 | 25km:03:02:03 | 30km:03:44:11 | 35km:04:26:35 | 40km:05:10:06									
5261	4256	**SZYMAŃSKI Adam**	POŁANIEC		POL	1960	M60	144	05:36:04	05:26:54	4383
		5km:00:33:30 | 10km:01:07:01 | 15km: 01:41:44 | 20km:02:17:42 | 21km:02:25:34 | 25km:02:55:53 | 30km:03:36:10 | 35km:04:19:40 | 40km:05:07:05									
5262	7186	**RECHMAN-NOWAKOWSKA Dorota**	GLIWICE	Zatyrani gratisownia.pl gmina Pilchowice	POL	1975	K40	348	05:35:02	05:26:54	878
		5km:00:33:17 | 10km:01:08:28 | 15km: 01:45:14 | 20km:02:22:10 | 21km:02:30:00 | 25km:03:00:28 | 30km:03:43:03 | 35km:04:26:25 | 40km:05:08:30									
5263	3512	**ZAJĄC Rafał**	ŁÓDŹ	Beauty Sport Run	POL	1978	M40	1523	05:34:28	05:26:59	4385
		5km:00:31:32 | 10km:01:03:54 | 15km: 01:36:17 | 20km:02:09:37 | 21km:02:17:14 | 25km:02:46:12 | 30km:03:30:07 | 35km:04:17:46 | 40km:05:08:20									
5264	2779	**SKRYPKA Glib**	WARSZAWA		UKR	1993	M30	1382	05:35:22	05:27:05	4386
		5km:00:33:21 | 10km:01:06:36 | 15km: 01:38:46 | 20km:02:13:23 | 21km:02:21:20 | 25km:02:52:16 | 30km:03:39:56 | 35km:04:24:37 | 40km:05:10:17									
5265	5029	**BIELAWA Szymon**	WARSZAWA		POL	1979	M40	1524	05:33:29	05:27:09	4387
		5km:00:31:46 | 10km:01:06:09 | 15km: 01:41:43 | 20km:02:19:38 | 21km:02:28:19 | 25km:03:00:50 | 30km:03:42:37 | 35km:04:26:01 | 40km:05:08:56									
5266	6067	**ROGIŃSKI Rafał**	OSTROŁĘKA		POL	1972	M50	554	05:36:33	05:27:11	4388
		5km:00:33:32 | 10km:01:07:48 | 15km: 01:42:40 | 20km:02:17:46 | 21km:02:25:21 | 25km:02:53:31 | 30km:03:30:54 | 35km:04:12:53 | 40km:05:04:06									
5267	6235	**KOPRZYWA Daniel**	WARSZAWA		POL	1976	M40	1525	05:33:39	05:27:14	4389
		5km:00:32:19 | 10km:01:05:01 | 15km: 01:42:21 | 20km:02:18:57 | 21km:02:26:29 | 25km:02:59:09 | 30km:03:40:02 | 35km:04:22:10 | 40km:05:06:20									
5268	5158	**TEICHERT Maria**	WARSZAWA	kb Activesport warszawa	POL	1964	K50	78	05:35:37	05:27:15	879
		5km:00:32:02 | 10km:01:06:20 | 15km: 01:43:29 | 20km:02:22:19 | 21km:02:30:38 | 25km:03:03:02 | 30km:03:44:23 | 35km:04:27:12 | 40km:05:09:37									
5269	6543	**SIEG Karolina**	IŁAWA	Happy runners	POL	1994	K20	122	05:36:27	05:27:19	880
		5km:00:37:40 | 10km:01:16:27 | 15km: 01:52:34 | 20km:02:28:01 | 21km:02:34:50 | 25km:03:05:02 | 30km:03:40:28 | 35km:04:23:02 | 40km:05:13:14									
5270	4252	**CEBULA Magdalena**	WARSZAWA		POL	1995	K20	123	05:36:08	05:27:27	881
		5km:00:33:59 | 10km:01:08:20 | 15km: 01:41:56 | 20km:02:15:16 | 21km:02:22:17 | 25km:02:55:15 | 30km:03:37:06 | 35km:04:18:58 | 40km:05:06:53									
5271	6139	**WOJTAL Katarzyna**	PIASECZNO		POL	1987	K30	322	05:37:17	05:27:42	882
		5km:00:35:24 | 10km:01:10:43 | 15km: 01:46:48 | 20km:02:23:05 | 21km:02:30:46 | 25km:02:58:12 | 30km:03:40:38 | 35km:04:23:15 | 40km:05:08:22									
5272	15008	**WAJDZIAK Marcin**	SZCZECIN		POL	1973	M50	555	05:37:55	05:28:02	4390
		5km:00:35:01 | 10km:01:10:20 | 15km: 01:46:30 | 20km:02:23:00 | 21km:02:30:40 | 25km:03:01:25 | 30km:03:41:25 | 35km:04:23:40 | 40km:05:08:48									
5273	7637	**NIEDZIÓŁKA Marek**	SIEDLCE		POL	1996	M20	764	05:29:48	05:28:02	4390
		5km:00:25:52 | 10km:00:53:31 | 15km: 01:26:37 | 20km:02:02:32 | 21km:02:10:04 | 25km:02:43:00 | 30km:03:30:29 | 35km:04:21:18 | 40km:05:09:21									
5274	15515	**KURASIŃSKI Robert**	SZCZECIN		POL	1974	M40	1526	05:37:57	05:28:06	4392
		5km:00:35:03 | 10km:01:10:28 | 15km: 01:46:33 | 20km:02:23:10 | 21km:02:30:45 | 25km:03:01:29 | 30km:03:41:33 | 35km:04:23:51 | 40km:05:08:52									
5275	2455	**SĘK Sebastian**	WARSZAWA		POL	1995	M20	765	05:38:13	05:28:12	4393
		5km:00:35:12 | 10km:01:10:28 | 15km: 01:46:52 | 20km:02:23:40 | 21km:02:31:50 | 25km:03:01:05 | 30km:03:41:13 | 35km:04:22:19 | 40km:05:09:20									
5276	4259	**LOSCALZO Emily**	COLLINGSWOOD		USA	1984	K30	323	05:37:18	05:28:15	883
		5km:00:38:37 | 10km:01:16:55 | 15km: 01:54:39 | 20km:02:35:13 | 21km:02:43:22 | 25km:03:13:05 | 30km:03:52:14 | 35km:04:30:01 | 40km:05:10:34									
5277	5069	**ZABROCKA Ola**	WARSZAWA		POL	2001	K20	124	05:38:14	05:28:45	884
		5km:00:35:26 | 10km:01:10:46 | 15km: 01:47:01 | 20km:02:23:36 | 21km:02:31:30 | 25km:03:03:32 | 30km:03:46:34 | 35km:04:32:20 | 40km:05:13:38									
5278	5070	**MOLSKI Jan**	WARSZAWA		POL	2001	M20	766	05:38:14	05:28:45	4394
		5km:00:35:26 | 10km:01:10:46 | 15km: 01:47:01 | 20km:02:23:39 | 21km:02:31:31 | 25km:03:03:33 | 30km:03:46:33 | 35km:04:32:19 | 40km:05:13:39									
5279	4083	**SZŁAPA Urszula**	CZARKÓW	SPOT Pszczyna	POL	1983	K40	349	05:38:30	05:28:49	885
		5km:00:33:53 | 10km:01:08:44 | 15km: 01:44:10 | 20km:02:23:41 | 21km:02:32:04 | 25km:03:04:35 | 30km:03:47:02 | 35km:04:29:38 | 40km:05:11:53									
5280	3551	**FLORCZAK Kamil**	BOŻA WOLA		POL	1982	M40	1527	05:36:01	05:28:53	4395
		5km:00:30:03 | 10km:01:01:13 | 15km: 01:31:56 | 20km:02:03:37 | 21km:02:11:20 | 25km:02:47:41 | 30km:03:33:26 | 35km:04:18:48 | 40km:05:08:21									
5281	5166	**SKURSKA Monika**	RASZYN		POL	1974	K40	350	05:37:26	05:28:54	886
		5km:00:31:38 | 10km:01:03:23 | 15km: 01:37:32 | 20km:02:15:26 | 21km:02:23:22 | 25km:02:56:12 | 30km:03:40:21 | 35km:04:26:03 | 40km:05:10:03									
5282	10052	**MUSIAŁ Michał**	DZIEKANÓW LEŚNY		POL	1982	M40	1528	05:38:53	05:28:55	4396
		5km:00:35:28 | 10km:01:10:26 | 15km: 01:46:36 | 20km:02:24:05 | 21km:02:31:53 | 25km:03:01:02 | 30km:03:41:55 | 35km:04:26:48 | 40km:05:09:49									
5283	4587	**ŁUKASZUK Bartłomiej**	WARSZAWA		POL	1997	M20	767	05:38:26	05:28:57	4397
		5km:00:33:02 | 10km:01:05:34 | 15km: 01:39:25 | 20km:02:16:28 | 21km:02:24:10 | 25km:02:55:20 | 30km:03:37:30 | 35km:04:23:08 | 40km:05:09:07									
5284	7401	**PIETRZAK Monika**	WARSZAWA		POL	1973	K50	79	05:30:04	05:28:59	887
		5km:00:34:36 | 10km:01:10:37 | 15km: 01:47:07 | 20km:02:24:50 | 21km:02:33:23 | 25km:03:04:26 | 30km:03:46:30 | 35km:04:30:05 | 40km:05:13:12									
5285	5240	**DZIANOWICZ Anna**	CHORZÓW		POL	1967	K50	80	05:39:18	05:29:05	888
		5km:00:38:38 | 10km:01:18:55 | 15km: 01:59:12 | 20km:02:42:09 | 21km:02:51:01 | 25km:03:22:40 | 30km:04:01:28 | 35km:04:40:16 | 40km:05:14:54									
5286	4240	**DĘBIŃSKI Michał**	WARSZAWA		POL	1973	M50	556	05:39:02	05:29:12	4398
		5km:00:35:02 | 10km:01:10:22 | 15km: 01:45:41 | 20km:02:21:40 | 21km:02:29:36 | 25km:02:58:52 | 30km:03:42:27 | 35km:04:26:53 | 40km:05:11:54									
5287	6391	**BĄK Marek**	RADOM		POL	1970	M50	557	05:36:44	05:29:18	4399
		5km:00:31:47 | 10km:01:04:20 | 15km: 01:35:22 | 20km:02:07:00 | 21km:02:13:57 | 25km:02:46:56 | 30km:03:32:16 | 35km:04:18:55 | 40km:05:07:56									
5288	8383	**DMYTRACH Konrad**	WARSZAWA		POL	1980	M40	1529	05:38:43	05:29:19	4400
		5km:00:34:30 | 10km:01:09:11 | 15km: 01:43:29 | 20km:02:18:35 | 21km:02:26:15 | 25km:02:54:43 | 30km:03:38:29 | 35km:04:23:02 | 40km:05:09:25									
5289	4136	**CULOTTA Joseph**	COPPELL		USA	1958	M60	145	05:34:36	05:29:20	4401
		5km:00:37:12 | 10km:01:12:25 | 15km: 01:50:38 | 20km:02:27:48 | 21km:02:35:36 | 25km:03:05:46 | 30km:03:46:52 | 35km:04:30:55 | 40km:05:13:09									
5290	6485	**OLENDRZYNSKI Krzysztof**	WARSZAWA		POL	1957	M60	146	05:39:35	05:29:26	4402
		5km:00:33:03 | 10km:01:07:59 | 15km: 01:43:17 | 20km:02:20:48 | 21km:02:28:33 | 25km:02:57:26 | 30km:03:40:11 | 35km:04:24:55 | 40km:05:11:31									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:31:07| 10km:01:02:11| 15km: 01:34:21 | 20km:02:11:03 | 21km:02:20:54 | 25km:03:05:27 | 30km:03:54:57 | 35km:04:36:54 | 40km:05:14:27									
5291	6468	**SELWA Dawid**	LUBLIN		POL	1996	M20	768	05:35:28	05:29:28	4403
		5km:00:33:06| 10km:01:08:01| 15km: 01:43:58 | 20km:02:22:47 | 21km:02:30:32 | 25km:03:02:38 | 30km:03:43:31 | 35km:04:26:56 | 40km:05:12:29									
5292	10104	**SOBIERALSKA Magdalena**	WROCŁAW		POL	1988	K30	324	05:39:04	05:29:34	889
		5km:00:32:24| 10km:01:05:44| 15km: 01:39:19 | 20km:02:15:17 | 21km:02:22:51 | 25km:02:54:00 | 30km:03:38:06 | 35km:04:27:40 | 40km:05:13:14									
5293	2856	**MACHOLC John**	ACCRINGTON		GBR	1961	M60	147	05:39:12	05:29:34	4404
		5km:00:37:27| 10km:01:15:32| 15km: 01:52:31 | 20km:02:28:40 | 21km:02:37:12 | 25km:03:06:57 | 30km:03:45:58 | 35km:04:26:50 | 40km:05:09:46									
5294	2198	**NIEWCZAS Marcin**	WARSZAWA	NIEWCZAS TEAM	POL	1975	M40	1530	05:34:39	05:29:35	4405
		5km:00:32:00| 10km:01:05:38| 15km: 01:40:21 | 20km:02:15:55 | 21km:02:23:00 | 25km:02:53:33 | 30km:03:33:38 | 35km:04:28:11 | 40km:05:10:57									
5295	210	**KĄKOL Franciszek**	CHOJNICE	Florian	POL	1955	M60	148	05:29:47	05:29:43	4406
		5km:00:29:59| 10km:01:01:33| 15km: 01:31:58 | 20km:02:04:26 | 21km:02:12:12 | 25km:02:47:24 | 30km:03:30:31 | 35km:04:24:07 | 40km:05:09:17									
5296	2375	**KITCHEN Reuben**	ANDOVER		GBR	2003	M20	769	05:39:24	05:29:46	4407
		5km:00:30:00| 10km:01:01:38| 15km: 01:32:01 | 20km:02:04:32 | 21km:02:12:12 | 25km:02:47:26 | 30km:03:30:32 | 35km:04:24:08 | 40km:05:09:17									
5297	8390	**KITCHEN Guy**	ANDOVER		GBR	1969	M50	558	05:39:24	05:29:48	4408
		5km:00:33:43| 10km:01:08:04| 15km: 01:44:34 | 20km:02:23:54 | 21km:02:31:27 | 25km:03:02:08 | 30km:03:43:36 | 35km:04:29:03 | 40km:05:12:03									
5298	7489	**KWIETNIEWSKA Katarzyna**	WARSZAWA		POL	1971	K50	81	05:39:12	05:30:06	890
		5km:00:33:44| 10km:01:08:07| 15km: 01:44:35 | 20km:02:23:50 | 21km:02:31:18 | 25km:03:02:10 | 30km:03:43:36 | 35km:04:29:07 | 40km:05:12:08									
5299	7605	**ŻURAWSKA Agnieszka**	WARSZAWA	CMKP	POL	1969	K50	82	05:39:14	05:30:10	891
		5km:00:31:27| 10km:01:04:11| 15km: 01:38:26 | 20km:02:13:22 | 21km:02:21:03 | 25km:02:50:58 | 30km:03:31:25 | 35km:04:18:10 | 40km:05:11:47									
5300	10707	**WIŚNIEWSKI Grzegorz**	SZCZYTNO		POL	1970	M50	559	05:38:48	05:30:15	4409
		5km:00:33:20| 10km:01:07:54| 15km: 01:43:07 | 20km:02:21:18 | 21km:02:29:31 | 25km:03:02:05 | 30km:03:47:32 | 35km:04:34:49 | 40km:05:13:21									
5301	2940	**APTOWICZ Paweł**	IŁAWA		POL	1993	M30	1383	05:38:04	05:30:17	4410
		5km:00:31:20| 10km:01:03:56| 15km: 01:36:50 | 20km:02:14:03 | 21km:02:22:06 | 25km:02:55:55 | 30km:03:41:53 | 35km:04:23:50 | 40km:05:10:27									
5302	5078	**BARANOWSKI Łukasz**	WARSZAWA		POL	1989	M30	1384	05:38:51	05:30:18	4411
		5km:00:33:23| 10km:01:07:57| 15km: 01:43:10 | 20km:02:21:20 | 21km:02:29:35 | 25km:03:02:08 | 30km:03:47:34 | 35km:04:34:52 | 40km:05:13:23									
5303	2941	**PIEKARSKA Monika**	ORZYSZ		POL	1993	K30	325	05:38:03	05:30:19	892
		5km:00:35:38| 10km:01:12:00| 15km: 01:47:20 | 20km:02:22:27 | 21km:02:30:10 | 25km:02:59:44 | 30km:03:40:13 | 35km:04:24:31 | 40km:05:10:32									
5304	6982	**ZARZYCKI Zdzisław**	HERMANOWA		POL	1958	M60	149	05:36:10	05:30:20	4412
		5km:00:33:25| 10km:01:06:40| 15km: 01:40:39 | 20km:02:16:56 | 21km:02:25:19 | 25km:02:58:03 | 30km:03:41:27 | 35km:04:27:18 | 40km:05:11:45									
5305	10639	**ŁAZOWSKI Marcin**	BŁONIE	Pluton Alpha	POL	1983	M40	1531	05:39:40	05:30:28	4413
		5km:00:33:24| 10km:01:06:26| 15km: 01:39:38 | 20km:02:14:18 | 21km:02:21:44 | 25km:02:54:20 | 30km:03:40:19 | 35km:04:27:43 | 40km:05:12:01									
5306	2537	**SZAJDA Ilona**	STRZELNO		POL	1982	K40	351	05:39:13	05:30:37	893
		5km:00:29:29| 10km:01:00:43| 15km: 01:34:51 | 20km:02:12:34 | 21km:02:21:05 | 25km:02:52:39 | 30km:03:37:08 | 35km:04:23:50 | 40km:05:10:57									
5307	7864	**GEMRA Krzysztof**	RZESZÓW	Nationale-Nederlanden Running Team	POL	1996	M20	770	05:39:59	05:30:45	4414
		5km:00:35:30| 10km:01:10:22| 15km: 01:45:07 | 20km:02:20:04 | 21km:02:27:40 | 25km:02:55:32 | 30km:03:36:17 | 35km:04:17:03 | 40km:05:09:43									
5308	4636	**CZUBACKI Mateusz**	LUBARTÓW		POL	1997	M20	771	05:39:26	05:30:47	4415
		5km:00:34:31| 10km:01:09:37| 15km: 01:47:24 | 20km:02:24:39 | 21km:02:33:08 | 25km:03:05:26 | 30km:03:48:11 | 35km:04:29:12 | 40km:05:11:49									
5309	10025	**MEŁNICKI Kamil**	TORUŃ	darkness.run	POL	1982	M40	1532	05:40:40	05:30:48	4416
		5km:00:34:32| 10km:01:09:37| 15km: 01:47:24 | 20km:02:24:43 | 21km:02:33:09 | 25km:03:05:24 | 30km:03:48:11 | 35km:04:29:11 | 40km:05:11:50									
5310	10133	**MEŁNICKA Karolina**	TORUŃ		POL	1982	K40	352	05:40:42	05:30:50	894
		5km:00:35:15| 10km:01:10:32| 15km: 01:46:52 | 20km:02:23:50 | 21km:02:31:20 | 25km:02:59:28 | 30km:03:37:42 | 35km:04:18:33 | 40km:05:07:30									
5311	4060	**JANICZEK Lesław**	TARNÓW		POL	1967	M50	560	05:40:33	05:30:50	4417
		5km:00:30:39| 10km:01:03:03| 15km: 01:38:17 | 20km:02:15:27 | 21km:02:23:45 | 25km:02:54:42 | 30km:03:37:55 | 35km:04:23:00 | 40km:05:11:03									
5312	3663	**VUCO Ivo**	STARE GROCHALE	Hultaj Literacki	POL	1977	M40	1533	05:38:53	05:30:52	4418
		5km:00:29:25| 10km:00:59:20| 15km: 01:29:07 | 20km:02:00:07 | 21km:02:06:49 | 25km:02:33:45 | 30km:03:15:16 | 35km:04:09:24 | 40km:05:07:19									
5313	3910	**BARSKI Dominik**	IŁOWO		POL	1992	M30	1385	05:38:06	05:30:52	4418
		5km:00:34:48| 10km:01:10:45| 15km: 01:46:53 | 20km:02:23:34 | 21km:02:30:57 | 25km:02:58:33 | 30km:03:41:01 | 35km:04:26:48 | 40km:05:12:38									
5314	2325	**WALENTO Zbigniew**	MRĄGOWO		POL	1953	M70	21	05:40:29	05:31:03	4420
		5km:00:32:42| 10km:01:05:14| 15km: 01:37:53 | 20km:02:11:12 | 21km:02:18:35 | 25km:02:47:05 | 30km:03:28:34 | 35km:04:16:04 | 40km:05:11:14									
5315	3888	**CHANG Che Hui**	TAICHUNG		TPE	1955	M60	150	05:39:23	05:31:07	4421
		5km:00:32:51| 10km:01:06:09| 15km: 01:39:06 | 20km:02:13:21 | 21km:02:21:26 | 25km:02:53:38 | 30km:03:42:27 | 35km:04:30:40 | 40km:05:13:34									
5316	10173	**WYSMOLIŃSKI Mateusz**	OSTROWIEC ŚWIĘTOKRZYSKI		POL	1991	M30	1386	05:40:19	05:31:30	4422
		5km:00:34:33| 10km:01:09:23| 15km: 01:45:33 | 20km:02:23:52 | 21km:02:33:16 | 25km:03:06:51 | 30km:03:49:20 | 35km:04:30:36 | 40km:05:13:35									
5317	6418	**OSOSIŃSKI Wiktor**	BOROWNO-KOLONIA		POL	1993	M30	1387	05:40:46	05:31:32	4423
		5km:00:33:29| 10km:01:06:55| 15km: 01:39:33 | 20km:02:13:09 | 21km:02:20:11 | 25km:02:47:35 | 30km:03:23:39 | 35km:04:17:54 | 40km:05:10:19									
5318	4074	**MISTARZ Paweł**	ŁYCZANKA		POL	2000	M20	772	05:41:13	05:31:46	4424
		5km:00:36:39| 10km:01:15:18| 15km: 01:52:40 | 20km:02:30:12 | 21km:02:38:22 | 25km:03:10:24 | 30km:03:50:49 | 35km:04:32:52 | 40km:05:14:51									
5319	3155	**SZYMCZYŃSKI Błażej**	KATOWICE		POL	1988	M30	1388	05:40:53	05:31:49	4425
		5km:00:34:54| 10km:01:10:19| 15km: 01:46:29 | 20km:02:24:13 | 21km:02:31:32 | 25km:03:02:01 | 30km:03:43:45 | 35km:04:28:32 | 40km:05:13:31									
5320	2081	**POURSIAMI Darek**	KOMORÓW		POL	1994	M20	773	05:41:57	05:31:55	4426
		5km:00:28:49| 10km:00:58:43| 15km: 01:32:25 | 20km:02:09:44 | 21km:02:18:42 | 25km:02:51:21 | 30km:03:37:47 | 35km:04:24:02 | 40km:05:12:50									
5321	10778	**KUN Jakub**	SZTUM		POL	2000	M20	774	05:36:02	05:31:56	4427
		5km:00:31:58| 10km:01:05:51| 15km: 01:40:53 | 20km:02:17:59 | 21km:02:25:48 | 25km:02:58:01 | 30km:03:41:06 | 35km:04:24:12 | 40km:05:12:46									
5322	10279	**PELC Czesław**	RYBNIK		POL	1957	M60	151	05:35:16	05:32:06	4428
		5km:00:31:15| 10km:01:01:32| 15km: 01:32:24 | 20km:02:10:38 | 21km:02:20:40 | 25km:02:57:18 | 30km:03:42:47 | 35km:04:28:48 | 40km:05:13:03									
5323	3428	**CZUBAJ Jacek**	WARSZAWA		POL	1979	M40	1534	05:40:21	05:32:18	4429
		5km:00:34:43| 10km:01:08:32| 15km: 01:41:32 | 20km:02:14:31 | 21km:02:21:35 | 25km:02:50:54 | 30km:03:30:27 | 35km:04:19:58 | 40km:05:13:49									
5324	6633	**KATA Wioletta**	PRZEJĘSŁAW	FIT STYLE ZONE	POL	1971	K50	83	05:41:45	05:32:22	895
		5km:00:35:28| 10km:01:10:51| 15km: 01:47:04 | 20km:02:24:17 | 21km:02:32:07 | 25km:03:02:41 | 30km:03:44:14 | 35km:04:29:11 | 40km:05:14:21									
5325	6931	**PIEKARSKA Aleksandra**	WARSZAWA		POL	2001	K20	125	05:41:45	05:32:22	895
		5km:00:33:19| 10km:01:05:41| 15km: 01:37:59 | 20km:02:12:01 | 21km:02:19:17 | 25km:02:49:37 | 30km:03:36:52 | 35km:04:24:07 | 40km:05:16:12									
5326	3744	**KACZOROWSKI Robert**	MARKI		POL	1965	M50	561	05:41:24	05:32:23	4430
		5km:00:33:40| 10km:01:08:28| 15km: 01:45:20 | 20km:02:24:11 | 21km:02:32:07 | 25km:03:04:26 | 30km:03:48:17 | 35km:04:30:36 | 40km:05:14:23									
5327	6834	**GÓRCZYŃSKA Stella**	OSTROWIEC ŚWIĘTOKRZYSKI	OSTROBIEC	POL	1974	K40	353	05:41:26	05:32:24	897
		5km:00:35:56| 10km:01:12:13| 15km: 01:49:37 | 20km:02:28:06 | 21km:02:36:17 | 25km:03:07:44 | 30km:03:48:32 | 35km:04:30:23 | 40km:05:13:09									
5328	6365	**JONES Garfield**	PENARTH		GBR	1965	M50	562	05:42:18	05:32:34	4431
		5km:00:35:09| 10km:01:10:31| 15km: 01:46:46 | 20km:02:22:29 | 21km:02:30:25 | 25km:02:57:58 | 30km:03:46:38 | 35km:04:30:54 | 40km:05:15:47									
5329	15543	**KUROWSKI Damian**	SZCZECIN	nie należę	POL	1968	M50	563	05:42:19	05:32:35	4432
		5km:00:33:07| 10km:01:05:42| 15km: 01:38:36 | 20km:02:12:00 | 21km:02:19:26 | 25km:02:49:32 | 30km:03:31:20 | 35km:04:24:47 | 40km:05:14:10									
5330	6816	**KOCIK Maciej**	PLEWISKA		POL	1981	M40	1535	05:42:13	05:32:51	4433
		5km:00:36:05| 10km:01:12:25| 15km: 01:49:38 | 20km:02:27:01 | 21km:02:35:12 | 25km:03:05:32 | 30km:03:46:36 | 35km:04:31:55 | 40km:05:16:29									
5331	15508	**MATKOWSKA Sandra**	GLIWICE		POL	1996	K20	126	05:42:33	05:32:57	898
		5km:00:32:58| 10km:01:07:59| 15km: 01:44:26 | 20km:02:22:20 | 21km:02:31:32 | 25km:03:03:26 | 30km:03:45:53 | 35km:04:29:49 | 40km:05:14:29									
5332	5135	**STACHOWIAK Robert**	WARSZAWA		POL	1976	M40	1536	05:36:58	05:32:57	4434
		5km:00:34:21| 10km:01:08:42| 15km: 01:43:08 | 20km:02:19:09 | 21km:02:26:25 | 25km:02:56:04 | 30km:03:39:21 | 35km:04:24:28 | 40km:05:12:45									
5333	10492	**ŚWIERCZEK Przemek**	TARNÓW		POL	1989	M30	1389	05:42:22	05:33:00	4435
		5km:00:32:32| 10km:01:06:19| 15km: 01:39:40 | 20km:02:16:34 | 21km:02:26:02 | 25km:02:57:08 | 30km:03:40:31 | 35km:04:27:41 | 40km:05:13:58									
5334	7799	**PIERŚCIŃSKI Maksymilian**	WARSZAWA		POL	2002	M20	775	05:42:30	05:33:00	4435
		5km:00:34:57| 10km:01:08:59| 15km: 01:42:23 | 20km:02:15:57 | 21km:02:23:40 | 25km:02:52:49 | 30km:03:37:55 | 35km:04:26:10 | 40km:05:13:55									
5335	13520	**GROCHOWSKA Joanna**	WARSZAWA	Biegamy z Ochotą	POL	1964	K50	84	05:42:55	05:33:03	899
		5km:00:34:15| 10km:01:09:43| 15km: 01:47:39 | 20km:02:27:43 | 21km:02:37:23 | 25km:03:07:00 | 30km:03:45:50 | 35km:04:26:34 | 40km:05:13:29									
5336	3156	**WITAK Mateusz**	WARSZAWA		POL	1991	M30	1390	05:41:48	05:33:06	4437

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:35:10 | 10km:01:10:01 | 15km: 01:45:11 | 20km:02:21:42 | 21km:02:29:38 | 25km:02:59:10 | 30km:03:41:54 | 35km:04:28:49 | 40km:05:14:09									
5337	6983	**DOMINICZAK Dariusz**	WARSZAWA		POL	1989	M30	1391	05:43:12	05:33:22	4438
		5km:00:35:25 | 10km:01:11:25 | 15km: 01:49:19 | 20km:02:28:19 | 21km:02:36:40 | 25km:03:08:46 | 30km:03:49:32 | 35km:04:31:11 | 40km:05:14:34									
5338	13054	**SIKORA Mateusz**	BEŁCHATÓW		POL	1991	M30	1392	05:43:15	05:33:24	4439
		5km:00:29:47 | 10km:00:59:58 | 15km: 01:32:06 | 20km:02:11:27 | 21km:02:18:42 | 25km:02:50:51 | 30km:03:37:24 | 35km:04:23:57 | 40km:05:13:33									
5339	6929	**PIECYK Renata**	WARSZAWA		POL	1980	K40	354	05:41:27	05:33:55	900
		5km:00:35:18 | 10km:01:10:41 | 15km: 01:46:54 | 20km:02:23:29 | 21km:02:31:05 | 25km:03:04:20 | 30km:03:46:34 | 35km:04:33:50 | 40km:05:17:23									
5340	2028	**BRYLAK Anita**	OLSZYNKA		POL	1995	K20	127	05:43:33	05:34:01	901
		5km:00:30:36 | 10km:01:05:12 | 15km: 01:44:06 | 20km:02:20:50 | 21km:02:28:12 | 25km:03:02:01 | 30km:03:40:50 | 35km:04:29:05 | 40km:05:17:53									
5341	3633	**HOŁUBKA Zuzanna**	WARSZAWA		POL	1999	K20	128	05:34:54	05:34:02	902
		5km:00:35:58 | 10km:01:10:52 | 15km: 01:45:37 | 20km:02:21:14 | 21km:02:29:07 | 25km:02:58:59 | 30km:03:39:35 | 35km:04:25:09 | 40km:05:12:33									
5342	5020	**SOKOŁOWSKI Tomasz**	WARSZAWA		POL	1994	M20	776	05:42:40	05:34:08	4440
		5km:00:32:53 | 10km:01:06:23 | 15km: 01:39:58 | 20km:02:13:47 | 21km:02:21:22 | 25km:02:55:45 | 30km:03:41:12 | 35km:04:27:28 | 40km:05:14:13									
5343	2419	**DOMAŃSKI Kamil**	WARSZAWA		POL	1995	M20	777	05:37:38	05:34:17	4441
		5km:00:36:01 | 10km:01:11:48 | 15km: 01:47:03 | 20km:02:26:42 | 21km:02:34:30 | 25km:03:06:36 | 30km:03:48:00 | 35km:04:31:52 | 40km:05:15:48									
5344	3897	**MALINOWSKA Angelika**	GÓRA KALWARIA		POL	2000	K20	129	05:43:49	05:34:26	903
		5km:00:39:19 | 10km:01:20:33 | 15km: 01:57:02 | 20km:02:35:01 | 21km:02:43:19 | 25km:03:13:50 | 30km:03:54:40 | 35km:04:36:28 | 40km:05:17:19									
5345	10401	**RYBAK Patryk**	WARSZAWA		POL	1996	M20	778	05:44:26	05:34:27	4442
		5km:00:33:55 | 10km:01:08:06 | 15km: 01:43:35 | 20km:02:21:08 | 21km:02:28:56 | 25km:02:59:24 | 30km:03:42:19 | 35km:04:26:45 | 40km:05:17:10									
5346	5045	**NIEPORĘCKA Sylwia**	WARSZAWA		POL	1977	K40	355	05:43:08	05:34:28	904
		5km:00:34:01 | 10km:01:10:38 | 15km: 01:48:54 | 20km:02:26:58 | 21km:02:35:38 | 25km:03:07:07 | 30km:03:49:54 | 35km:04:32:56 | 40km:05:16:46									
5347	4575	**ŻYLIŃSKI Józef**	WARSZAWA		POL	1954	M60	152	05:42:42	05:34:29	4443
		5km:00:31:42 | 10km:01:02:36 | 15km: 01:33:58 | 20km:02:06:15 | 21km:02:13:22 | 25km:02:42:27 | 30km:03:33:21 | 35km:04:17:06 | 40km:05:06:49									
5348	10750	**RZEPECKI Piotr**	PIOTRKÓW TRYBUNALSKI		POL	1998	M20	779	05:42:18	05:34:31	4444
		5km:00:38:46 | 10km:01:17:54 | 15km: 01:52:56 | 20km:02:31:19 | 21km:02:39:09 | 25km:03:12:03 | 30km:03:55:46 | 35km:04:37:28 | 40km:05:16:39									
5349	13016	**KOLASA Konrad**	WARSZAWA		POL	1991	M30	1393	05:43:48	05:34:46	4445
		5km:00:31:37 | 10km:01:03:27 | 15km: 01:37:12 | 20km:02:14:09 | 21km:02:22:31 | 25km:02:56:36 | 30km:03:45:11 | 35km:04:34:05 | 40km:05:16:21									
5350	3345	**PATIL Girish**	WARSZAWA	Nordea	IND	1992	M30	1394	05:43:29	05:34:47	4446
		5km:00:33:14 | 10km:01:05:56 | 15km: 01:38:43 | 20km:02:12:38 | 21km:02:19:54 | 25km:02:47:29 | 30km:03:31:29 | 35km:04:26:58 | 40km:05:16:39									
5351	4141	**SÖNMEZ Fesih**	WARSZAWA		POL	1966	M50	564	05:43:59	05:34:55	4447
		5km:00:31:52 | 10km:01:04:03 | 15km: 01:36:56 | 20km:02:11:49 | 21km:02:19:37 | 25km:02:52:45 | 30km:03:37:28 | 35km:04:27:06 | 40km:05:17:32									
5352	5125	**MARUSZAK Łukasz**	WARSZAWA	Biegam na Tarchominie	POL	1986	M30	1395	05:43:20	05:35:02	4448
		5km:00:35:30 | 10km:01:12:54 | 15km: 01:50:03 | 20km:02:27:49 | 21km:02:36:10 | 25km:03:07:20 | 30km:03:49:09 | 35km:04:33:18 | 40km:05:17:00									
5353	3080	**PASTUSZKA Mirosław**	ŁÓDŹ		POL	1966	M50	565	05:41:46	05:35:06	4449
		5km:00:35:29 | 10km:01:10:50 | 15km: 01:47:04 | 20km:02:23:39 | 21km:02:31:24 | 25km:03:01:21 | 30km:03:43:32 | 35km:04:28:51 | 40km:05:16:13									
5354	2880	**SITEK Ewa**	GDAŃSK		POL	1959	K60	8	05:44:30	05:35:07	905
		5km:00:35:31 | 10km:01:12:58 | 15km: 01:50:04 | 20km:02:27:50 | 21km:02:36:13 | 25km:03:07:19 | 30km:03:49:09 | 35km:04:33:20 | 40km:05:16:45									
5355	2826	**PAŚNIK Jarosław**	ŁÓDŹ	niezrzeszony	POL	1966	M50	566	05:41:46	05:35:08	4450
		5km:00:35:31 | 10km:01:12:56 | 15km: 01:50:08 | 20km:02:27:48 | 21km:02:36:13 | 25km:03:07:22 | 30km:03:49:12 | 35km:04:33:23 | 40km:05:17:03									
5356	4181	**PASTUSZKA Joanna**	ŁÓDŹ		POL	1965	K50	85	05:41:46	05:35:08	906
		5km:00:28:25 | 10km:00:56:26 | 15km: 01:24:34 | 20km:01:53:58 | 21km:02:01:13 | 25km:02:36:14 | 30km:03:19:16 | 35km:04:21:38 | 40km:05:20:43									
5357	4179	**GORTYCH Adam**	ZŁOTORYJA		POL	1997	M20	780	05:41:10	05:35:26	4451
		5km:00:28:25 | 10km:00:56:26 | 15km: 01:24:34 | 20km:01:53:59 | 21km:02:01:13 | 25km:02:36:13 | 30km:03:19:19 | 35km:04:21:37 | 40km:05:20:37									
5358	4624	**MARCHEWKA Marcin**	ZŁOTORYJA		POL	1997	M20	780	05:41:10	05:35:26	4451
		5km:00:35:12 | 10km:01:10:30 | 15km: 01:46:47 | 20km:02:23:52 | 21km:02:32:17 | 25km:03:05:48 | 30km:03:48:52 | 35km:04:32:34 | 40km:05:16:37									
5359	4244	**SZNERCH Łukasz**	PŁOCK		POL	1988	M30	1396	05:45:31	05:35:45	4453
		5km:00:35:12 | 10km:01:11:51 | 15km: 01:46:32 | 20km:02:23:08 | 21km:02:30:33 | 25km:02:59:59 | 30km:03:43:28 | 35km:04:32:28 | 40km:05:17:53									
5360	6268	**SUCHECKI Tobiasz**	WROCŁAW		POL	1994	M20	782	05:45:56	05:36:05	4454
		5km:00:34:44 | 10km:01:09:43 | 15km: 01:46:11 | 20km:02:22:50 | 21km:02:30:36 | 25km:03:04:34 | 30km:03:45:18 | 35km:04:32:33 | 40km:05:18:37									
5361	7576	**KNIZA Maksym**	EŁK		POL	1996	M20	783	05:46:06	05:36:06	4455
		5km:00:30:57 | 10km:01:01:53 | 15km: 01:33:47 | 20km:02:08:29 | 21km:02:16:03 | 25km:02:47:54 | 30km:03:39:25 | 35km:04:34:09 | 40km:05:18:47									
5362	6581	**PODLASIAK Robert**	ŁÓDŹ	Rysioteam	POL	1979	M40	1537	05:43:26	05:36:17	4456
		5km:00:36:13 | 10km:01:11:22 | 15km: 01:47:40 | 20km:02:24:04 | 21km:02:32:18 | 25km:03:02:13 | 30km:03:43:28 | 35km:04:30:40 | 40km:05:18:06									
5363	6160	**WOLF Weronika**	MCHAWA	W górach jest wszystko co kocham ??	POL	1975	K40	356	05:45:18	05:36:18	907
		5km:00:36:15 | 10km:01:11:21 | 15km: 01:47:46 | 20km:02:24:10 | 21km:02:32:20 | 25km:03:02:16 | 30km:03:43:29 | 35km:04:30:45 | 40km:05:18:11									
5364	7315	**WOLF Bartosz**	WARSZAWA		POL	1998	M20	784	05:45:19	05:36:21	4457
		5km:00:32:36 | 10km:01:06:36 | 15km: 01:39:19 | 20km:02:12:28 | 21km:02:20:00 | 25km:02:48:44 | 30km:03:32:22 | 35km:04:20:19 | 40km:05:12:14									
5365	6479	**PRESKO Paweł**	WARSZAWA	Vege Runners	POL	1979	M40	1538	05:42:44	05:36:44	4458
		5km:00:30:31 | 10km:01:04:01 | 15km: 01:42:42 | 20km:02:23:57 | 21km:02:32:45 | 25km:03:04:37 | 30km:03:49:43 | 35km:04:37:12 | 40km:05:19:45									
5366	6998	**ŁOŚNIAK Szymon**	PIASECZNO		POL	2002	M20	785	05:43:54	05:36:48	4459
		5km:00:33:35 | 10km:01:06:10 | 15km: 01:39:12 | 20km:02:14:27 | 21km:02:21:48 | 25km:02:52:02 | 30km:03:38:20 | 35km:04:24:39 | 40km:05:15:08									
5367	8455	**GREGAJTYS Jacek**	WARSZAWA	PGE Energetic Running	POL	1971	M50	567	05:46:01	05:37:06	4460
		5km:00:36:42 | 10km:01:14:34 | 15km: 01:53:53 | 20km:02:32:49 | 21km:02:42:30 | 25km:03:13:02 | 30km:03:54:35 | 35km:04:38:54 | 40km:05:20:40									
5368	4705	**MAZUREK Ilona**	SIEDLCE		POL	1986	K30	326	05:47:04	05:37:08	908
		5km:00:34:44 | 10km:01:10:56 | 15km: 01:46:36 | 20km:02:23:10 | 21km:02:31:32 | 25km:03:03:12 | 30km:03:45:28 | 35km:04:27:29 | 40km:05:16:47									
5369	3142	**MACIEJCZAK Renata**	WARSZAWA		POL	1977	K40	357	05:47:15	05:37:23	909
		5km:00:35:04 | 10km:01:10:50 | 15km: 01:46:38 | 20km:02:23:17 | 21km:02:31:34 | 25km:03:03:13 | 30km:03:45:27 | 35km:04:27:32 | 40km:05:16:51									
5370	3143	**SOŁTYSIAK Grzegorz**	WARSZAWA		POL	1961	M60	153	05:47:15	05:37:25	4461
		5km:00:35:02 | 10km:01:11:12 | 15km: 01:46:58 | 20km:02:23:35 | 21km:02:31:46 | 25km:03:01:48 | 30km:03:45:26 | 35km:04:29:04 | 40km:05:16:54									
5371	206	**MRÓZ Stanisław**	ŁABOWA		POL	1950	M70	22	05:37:28	05:37:26	4462
		5km:00:34:21 | 10km:01:09:26 | 15km: 01:45:42 | 20km:02:22:44 | 21km:02:30:42 | 25km:03:02:58 | 30km:03:45:43 | 35km:04:33:04 | 40km:05:18:53									
5372	3698	**SZEWCZYK Rafał**	KSIĄŻENICE	Dogoń Grodzisk Mazowiecki	POL	1977	M40	1539	05:46:36	05:37:28	4463
		5km:00:36:36 | 10km:01:11:58 | 15km: 01:48:54 | 20km:02:25:34 | 21km:02:32:35 | 25km:03:02:56 | 30km:03:45:32 | 35km:04:30:17 | 40km:05:16:40									
5373	7608	**BOGACKA Renata**	HECZNAROWICE		POL	1973	K50	86	05:47:12	05:37:28	910
		5km:00:33:11 | 10km:01:08:03 | 15km: 01:44:31 | 20km:02:22:04 | 21km:02:30:03 | 25km:03:01:40 | 30km:03:46:43 | 35km:04:32:22 | 40km:05:19:16									
5374	2369	**GŁOGOWSKA Patrycja**	WARSZAWA		POL	1994	K20	130	05:47:26	05:37:43	911
		5km:00:35:22 | 10km:01:10:27 | 15km: 01:46:27 | 20km:02:23:25 | 21km:02:31:14 | 25km:03:01:33 | 30km:03:45:25 | 35km:04:32:33 | 40km:05:20:12									
5375	3628	**SYPIAŃSKI Paweł**	WARSZAWA		POL	1970	M50	568	05:47:06	05:37:43	4464
		5km:00:35:02 | 10km:01:12:10 | 15km: 01:48:02 | 20km:02:25:45 | 21km:02:34:00 | 25km:03:05:55 | 30km:03:48:33 | 35km:04:33:36 | 40km:05:18:20									
5376	7792	**KULICKA Monika**	WARSZAWA	Nationale-Nederlanden Running Team	POL	1989	K30	327	05:47:17	05:37:44	912
		5km:00:34:55 | 10km:01:10:34 | 15km: 01:46:58 | 20km:02:24:06 | 21km:02:31:37 | 25km:03:02:21 | 30km:03:46:12 | 35km:04:32:28 | 40km:05:17:57									
5377	3473	**JUREWICZ Paweł**	ELBLĄG		POL	1991	M30	1397	05:46:30	05:37:46	4465
		5km:00:29:15 | 10km:01:01:14 | 15km: 01:34:46 | 20km:02:12:27 | 21km:02:21:12 | 25km:02:57:28 | 30km:03:40:39 | 35km:04:29:38 | 40km:05:17:54									
5378	4182	**CANIA Paweł**	GRÓJEC		POL	1991	M30	1398	05:42:55	05:37:53	4466
		5km:00:37:18 | 10km:01:15:47 | 15km: 01:54:20 | 20km:02:34:18 | 21km:02:42:43 | 25km:03:14:09 | 30km:03:55:36 | 35km:04:36:13 | 40km:05:18:51									
5379	2797	**FLORCZAK Eryk**	WARSZAWA		POL	2001	M20	786	05:48:08	05:38:14	4467
		5km:00:28:28 | 10km:00:56:45 | 15km: 01:26:45 | 20km:02:08:10 | 21km:02:18:13 | 25km:03:05:40 | 30km:04:05:51 | 35km:05:06:57 | 40km:									
5380	7732	**STEPANIUK Robert**	WARSZAWA		POL	1984	M30	1399	05:42:55	05:38:27	4468
		5km:00:36:31 | 10km:01:12:50 | 15km: 01:50:07 | 20km:02:27:49 | 21km:02:36:13 | 25km:03:07:11 | 30km:03:50:24 | 35km:04:34:42 | 40km:05:18:51									
5381	2421	**BĄK Tomasz**	WARSZAWA		POL	1978	M40	1540	05:47:22	05:38:44	4469
		5km:00:36:48 | 10km:01:15:34 | 15km: 01:54:31 | 20km:02:32:27 | 21km:02:40:54 | 25km:03:10:39 | 30km:03:52:18 | 35km:04:36:37 | 40km:05:20:33									
5382	10772	**WOJTYŚ Andrzej**	KRAKÓW		POL	1982	M40	1541	05:48:36	05:38:56	4470

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:37:07 | 10km:01:14:36 | 15km:01:51:48 | 20km:02:29:42 | 21km:02:38:00 | 25km:03:08:50 | 30km:03:53:55 | 35km:04:38:01 | 40km:05:21:29									
5383	6950	**MALNIEKS Arturs**	RIGA		LAT	1992	M30	1400	05:48:26	05:38:56	4470
		5km:00:32:13 | 10km:01:06:15 | 15km:01:40:23 | 20km:02:17:29 | 21km:02:25:31 | 25km:02:56:35 | 30km:03:39:33 | 35km:04:29:09 | 40km:05:19:04									
5384	3777	**MAZUR Piotr**	JÓZEFOSŁAW		POL	1991	M30	1401	05:47:32	05:39:00	4472
		5km:00:33:36 | 10km:01:06:05 | 15km:01:39:24 | 20km:02:13:16 | 21km:02:20:45 | 25km:02:53:15 | 30km:03:35:37 | 35km:04:25:28 | 40km:05:17:40									
5385	2894	**ŁUSZCZYŃSKI Dominik**	LUBLIN		POL	2001	M20	787	05:48:07	05:39:04	4473
		5km:00:33:28 | 10km:01:07:54 | 15km:01:45:16 | 20km:02:23:29 | 21km:02:31:27 | 25km:03:05:32 | 30km:03:47:12 | 35km:04:33:49 | 40km:05:21:18									
5386	6250	**ZGIERSKA Roksana**	GDAŃSK		POL	1988	K30	328	05:47:41	05:39:11	913
		5km:00:35:11 | 10km:01:10:32 | 15km:01:46:38 | 20km:02:22:30 | 21km:02:30:07 | 25km:02:57:53 | 30km:03:40:58 | 35km:04:29:20 | 40km:05:19:51									
5387	13503	**MICHALUK Tomasz**	WARSZAWA		POL	1978	M40	1542	05:49:09	05:39:15	4474
		5km:00:23:50 | 10km:00:48:25 | 15km:01:13:55 | 20km:01:39:57 | 21km:01:45:41 | 25km:02:06:31 | 30km:02:36:23 | 35km:03:13:24 | 40km:03:50:25									
5388	3616	**PRZEŹDZIECKI Jakub**	WARSZAWA		POL	1982	M40	1543	05:39:57	05:39:18	4475
		5km:00:36:51 | 10km:01:15:27 | 15km:01:53:59 | 20km:02:33:19 | 21km:02:41:47 | 25km:03:12:57 | 30km:03:54:22 | 35km:04:36:56 | 40km:05:20:17									
5389	10105	**METELSKI Janusz**	LESZNO		POL	1967	M50	569	05:49:09	05:39:19	4476
		5km:00:36:05 | 10km:01:12:30 | 15km:01:48:42 | 20km:02:25:13 | 21km:02:33:08 | 25km:03:03:54 | 30km:03:47:45 | 35km:04:40:38 | 40km:05:22:28									
5390	3068	**ĆWIKLAK Adam**	TOMASZÓW MAZOWIECKI		POL	1990	M30	1402	05:49:33	05:39:49	4477
		5km:00:32:04 | 10km:01:05:00 | 15km:01:40:26 | 20km:02:20:27 | 21km:02:29:09 | 25km:03:00:25 | 30km:03:47:51 | 35km:04:32:20 | 40km:05:18:53									
5391	4029	**MANTUR Katarzyna**	JABŁOŃ JANKOWCE	KGW JANKO-WIANKI	POL	1973	K50	87	05:43:54	05:39:52	914
		5km:00:29:09 | 10km:00:59:47 | 15km:01:35:37 | 20km:02:11:56 | 21km:02:20:00 | 25km:02:51:41 | 30km:03:35:58 | 35km:04:31:23 | 40km:05:22:56									
5392	10122	**CHMARA Aleksander**	SZCZECIN		POL	1963	M60	154	05:44:38	05:40:04	4478
		5km:00:33:53 | 10km:01:09:05 | 15km:01:44:00 | 20km:02:23:09 | 21km:02:31:07 | 25km:03:06:16 | 30km:03:50:10 | 35km:04:35:07 | 40km:05:21:05									
5393	12022	**NOSOWSKA Aleksandra**	WARSZAWA		POL	1995	K20	131	05:49:59	05:40:11	915
		5km:00:35:07 | 10km:01:10:18 | 15km:01:46:17 | 20km:02:27:22 | 21km:02:34:41 | 25km:03:04:00 | 30km:03:44:36 | 35km:04:38:18 | 40km:05:20:20									
5394	2394	**BACZYŃSKI Daniel**	ŁOMNA		POL	1959	M60	155	05:49:37	05:40:27	4479
		5km:00:33:04 | 10km:01:05:11 | 15km:01:37:52 | 20km:02:17:06 | 21km:02:26:12 | 25km:03:00:55 | 30km:03:49:29 | 35km:04:37:58 | 40km:05:23:51									
5395	6942	**DOBRZYŃSKI Feliks**	WARSZAWA		POL	1967	M50	570	05:50:33	05:40:30	4480
		5km:00:32:14 | 10km:01:05:54 | 15km:01:40:44 | 20km:02:18:00 | 21km:02:26:36 | 25km:03:01:04 | 30km:03:47:03 | 35km:04:35:54 | 40km:05:22:46									
5396	8345	**PAWKA Igor**	JARNOLTOWEK		POL	2000	M20	788	05:49:37	05:40:37	4481
		5km:00:32:26 | 10km:01:09:10 | 15km:01:44:22 | 20km:02:23:36 | 21km:02:32:12 | 25km:03:04:38 | 30km:03:48:15 | 35km:04:33:29 | 40km:05:23:06									
5397	2575	**OTHONOS Karolina**	WARSZAWA		POL	1997	K20	132	05:47:08	05:40:39	916
		5km:00:29:09 | 10km:01:00:38 | 15km:01:35:50 | 20km:02:14:00 | 21km:02:22:46 | 25km:02:55:42 | 30km:03:41:48 | 35km:04:31:45 | 40km:05:21:34									
5398	5225	**BUBICZ Jarosław**	LEGIONOWO		POL	1966	M50	571	05:47:03	05:40:48	4482
		5km:00:32:13 | 10km:01:07:20 | 15km:01:43:43 | 20km:02:22:33 | 21km:02:31:20 | 25km:03:04:10 | 30km:03:48:57 | 35km:04:35:41 | 40km:05:22:23									
5399	6379	**PISZCZYGŁOWA Bernadeta**	GORZÓW WIELKOPOLSKI		POL	1971	K50	88	05:47:56	05:40:54	917
		5km:00:33:36 | 10km:01:08:40 | 15km:01:44:20 | 20km:02:22:24 | 21km:02:30:39 | 25km:03:03:44 | 30km:03:49:30 | 35km:04:38:25 | 40km:05:23:40									
5400	2709	**MISTRIDIS Christos**	KATERINI	ZEUS RUNNERS CLUB KATERINI	GRE	1983	M40	1544	05:49:39	05:41:20	4483
		5km:00:33:04 | 10km:01:07:10 | 15km:01:42:15 | 20km:02:18:34 | 21km:02:27:25 | 25km:03:00:03 | 30km:03:44:47 | 35km:04:31:42 | 40km:05:21:10									
5401	4620	**PAJĄK Łukasz**	WARSZAWA		POL	1984	M30	1403	05:50:20	05:41:45	4484
		5km:00:37:12 | 10km:01:14:37 | 15km:01:52:47 | 20km:02:31:26 | 21km:02:39:50 | 25km:03:12:04 | 30km:03:54:46 | 35km:04:38:19 | 40km:05:24:27									
5402	12021	**FLASZCZYNSKI Michał**	PRUSZKÓW		POL	1985	M30	1404	05:51:22	05:41:48	4485
		5km:00:35:53 | 10km:01:13:31 | 15km:01:51:50 | 20km:02:30:43 | 21km:02:39:24 | 25km:03:11:30 | 30km:03:58:20 | 35km:04:41:29 | 40km:05:24:02									
5403	14520	**NOWAK Wiktor**	WARSZAWA	Spartanie Dzieciom	POL	1960	M60	156	05:47:20	05:41:57	4486
		5km:00:32:25 | 10km:01:09:12 | 15km:01:44:20 | 20km:02:23:33 | 21km:02:32:08 | 25km:03:04:36 | 30km:03:48:15 | 35km:04:33:23 | 40km:05:22:56									
5404	14512	**DOROTA Jola**	OLESZYCE	Spartanie Dzieciom, Run Run Oleszyce	POL	1975	K40	358	05:47:21	05:41:58	918
		5km:00:33:59 | 10km:01:08:47 | 15km:01:44:42 | 20km:02:21:44 | 21km:02:29:50 | 25km:03:01:22 | 30km:03:45:44 | 35km:04:35:02 | 40km:05:21:27									
5405	2403	**CIESZYŃSKA Jolanta**	KNURÓW		POL	1962	K60	9	05:50:55	05:42:00	919
		5km:00:33:59 | 10km:01:08:47 | 15km:01:44:42 | 20km:02:21:44 | 21km:02:29:50 | 25km:03:01:22 | 30km:03:45:44 | 35km:04:35:02 | 40km:05:21:27									
5406	4099	**MATSUMOTO Tatsuo**	WARSZAWA	Drunk Samurai	JPN	1974	M40	1545	05:51:19	05:42:29	4487
		5km:00:37:25 | 10km:01:15:49 | 15km:01:53:23 | 20km:02:32:01 | 21km:02:40:17 | 25km:03:10:43 | 30km:03:52:13 | 35km:04:37:26 | 40km:05:22:53									
5407	2366	**ORZECHOWSKI Grzegorz**	KWIDZYN		POL	1982	M40	1546	05:52:12	05:42:30	4488
		5km:00:37:28 | 10km:01:15:52 | 15km:01:53:28 | 20km:02:32:04 | 21km:02:40:18 | 25km:03:10:47 | 30km:03:52:15 | 35km:04:37:29 | 40km:05:19:49									
5408	2346	**SOKOŁOWSKI Robert**	KOSTRZYN NAD ODRĄ	Solenis	POL	1970	M50	572	05:52:11	05:42:32	4489
		5km:00:37:25 | 10km:01:15:51 | 15km:01:54:30 | 20km:02:34:22 | 21km:02:42:50 | 25km:03:14:27 | 30km:03:55:58 | 35km:04:37:25 | 40km:05:22:55									
5409	6411	**BEDNARSKI Jarosław**	KWIDZYN		POL	1984	M30	1405	05:52:12	05:42:32	4489
		5km:00:29:29 | 10km:00:59:42 | 15km:01:33:21 | 20km:02:16:48 | 21km:02:26:08 | 25km:03:02:28 | 30km:03:51:50 | 35km:04:38:05 | 40km:05:23:57									
5410	4228	**SŁONIEWSKI Kacper**	WARSZAWA		POL	2001	M20	789	05:48:18	05:42:35	4491
		5km:00:30:00 | 10km:00:57:18 | 15km:01:28:45 | 20km:02:18:13 | 21km:02:28:13 | 25km:03:02:27 | 30km:03:44:44 | 35km:04:37:14 | 40km:05:27:40									
5411	4301	**KOZUBOWSKI Joseph**	WARSZAWA		USA	1999	M20	790	05:53:51	05:43:03	4492
		5km:00:31:41 | 10km:01:05:14 | 15km:01:38:29 | 20km:02:17:45 | 21km:02:26:35 | 25km:03:01:04 | 30km:03:48:15 | 35km:04:36:43 | 40km:05:24:47									
5412	2230	**ZIARA Agnieszka**	JASŁO		POL	1998	K20	133	05:52:58	05:43:19	920
		5km:00:33:34 | 10km:01:07:10 | 15km:01:42:15 | 20km:02:18:34 | 21km:02:27:25 | 25km:03:00:03 | 30km:03:44:47 | 35km:04:31:42 | 40km:05:21:10									
5413	4623	**KRÓL Maciej**	PUŁAWY		POL	1997	M20	791	05:52:09	05:43:25	4493
		5km:00:30:32 | 10km:01:00:32 | 15km:01:31:42 | 20km:02:03:03 | 21km:02:10:16 | 25km:02:37:43 | 30km:03:34:36 | 35km:04:31:30 | 40km:05:22:36									
5414	10577	**KACZMAREK Adam**	NOWY TOMYŚL		POL	1991	M30	1406	05:50:58	05:43:28	4494
		5km:00:30:35 | 10km:01:03:30 | 15km:01:38:38 | 20km:02:16:22 | 21km:02:25:14 | 25km:03:00:45 | 30km:03:47:49 | 35km:04:34:06 | 40km:05:22:32									
5415	2778	**MOOREKITE Janice**	MAIDSTONE	Larkfield AC	GBR	1957	K60	10	05:43:32	05:43:28	921
		5km:00:36:05 | 10km:01:13:23 | 15km:01:52:56 | 20km:02:31:57 | 21km:02:40:58 | 25km:03:13:06 | 30km:03:52:01 | 35km:04:35:44 | 40km:05:23:44									
5416	4258	**MAKOWSKI Mateusz**	CLARKSBURG		USA	1985	M30	1407	05:52:32	05:43:31	4495
		5km:00:30:04 | 10km:01:04:29 | 15km:01:40:33 | 20km:02:20:58 | 21km:02:31:33 | 25km:03:07:55 | 30km:03:55:17 | 35km:04:40:24 | 40km:05:26:18									
5417	8045	**RATAJCZAK Monika**	ZIELONA GÓRA	Zdrofit	POL	1989	K30	329	05:49:10	05:43:55	922
		5km:00:36:20 | 10km:01:15:07 | 15km:01:53:12 | 20km:02:34:18 | 21km:02:43:07 | 25km:03:15:43 | 30km:03:57:03 | 35km:04:38:46 | 40km:05:25:15									
5418	3119	**RICK Jerry**	BRECKENRIDGE		USA	1959	M60	157	05:45:15	05:44:04	4496
		5km:00:35:33 | 10km:01:12:24 | 15km:01:50:40 | 20km:02:27:49 | 21km:02:35:46 | 25km:03:05:48 | 30km:03:47:39 | 35km:04:31:06 | 40km:05:25:43									
5419	4135	**LUNSFORD Sarah**	COPPELL		USA	1970	K50	89	05:49:52	05:44:36	923
		5km:00:35:21 | 10km:01:11:23 | 15km:01:49:05 | 20km:02:27:29 | 21km:02:37:47 | 25km:03:09:34 | 30km:03:52:36 | 35km:04:37:59 | 40km:05:24:10									
5420	2142	**ZASKIEWICZ Michał**	ELBLĄG		POL	1980	M40	1547	05:54:26	05:44:37	4497
		5km:00:31:52 | 10km:01:03:25 | 15km:01:33:42 | 20km:02:06:03 | 21km:02:13:08 | 25km:02:43:11 | 30km:03:26:01 | 35km:04:29:00 | 40km:05:23:33									
5421	7461	**MARZEC Mikołaj**	ZEMBORZYCE		POL	1982	M40	1548	05:52:49	05:44:47	4498
		5km:00:35:37 | 10km:01:10:50 | 15km:01:47:24 | 20km:02:25:13 | 21km:02:33:28 | 25km:03:04:22 | 30km:03:48:03 | 35km:04:35:45 | 40km:05:24:23									
5422	15520	**TOKARSKI Stanisław**	KRAKÓW		POL	1995	M20	792	05:54:17	05:44:50	4499
		5km:00:35:34 | 10km:01:10:58 | 15km:01:47:07 | 20km:02:23:40 | 21km:02:31:04 | 25km:02:59:46 | 30km:03:41:27 | 35km:04:29:49 | 40km:05:22:42									
5423	8373	**KOPYRA Tomasz**	WARSZAWA		POL	1967	M50	573	05:54:11	05:44:53	4500
		5km:00:32:40 | 10km:01:08:04 | 15km:01:43:42 | 20km:02:21:29 | 21km:02:29:28 | 25km:03:01:17 | 30km:03:45:08 | 35km:04:35:27 | 40km:05:27:08									
5424	4169	**RĄCZKA Julia**	OTWOCK		POL	2003	K20	134	05:52:24	05:44:58	924
		5km:00:30:27 | 10km:01:04:15 | 15km:01:41:25 | 20km:02:26:06 | 21km:02:34:24 | 25km:03:09:40 | 30km:03:58:15 | 35km:04:44:43 | 40km:05:28:42									
5425	8408	**BARNAS Ilona**	WARSZAWA	prettyfittyteam	POL	1982	K40	359	05:51:16	05:45:25	925
		5km:00:30:19 | 10km:01:04:05 | 15km:01:41:17 | 20km:02:25:57 | 21km:02:34:16 | 25km:03:09:32 | 30km:03:58:07 | 35km:04:44:35 | 40km:05:28:35									
5426	12115	**ADAMUS Katarzyna**	PIASECZNO	Decathlon	POL	1978	K40	360	05:51:28	05:45:29	926
		5km:00:35:24 | 10km:01:14:36 | 15km:01:54:31 | 20km:02:33:40 | 21km:02:41:52 | 25km:03:11:45 | 30km:03:55:38 | 35km:04:41:36 | 40km:05:27:23									
5427	5101	**STANISŁAWSKA Anna**	WARSZAWA		POL	2001	K20	135	05:55:20	05:45:38	927
		5km:00:35:42 | 10km:01:12:42 | 15km:01:50:42 | 20km:02:30:27 | 21km:02:39:06 | 25km:03:10:01 | 30km:03:51:46 | 35km:04:36:44 | 40km:05:25:22									
5428	5084	**BULL Chris**	PARIS		GBR	1978	M40	1549	05:54:33	05:45:46	4501

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:36:31 | 10km:01:12:47 | 15km: 01:48:28 | 20km:02:22:53 | 21km:02:30:33 | 25km:03:02:05 | 30km:03:42:52 | 35km:04:35:46 | 40km:05:27:47									
5429	7579	**GÓRECKI Miłosz**	TUCHOLA	Happy Runners	POL	2002	M20	793	05:54:57	05:45:47	4502
		5km:00:34:21 | 10km:01:08:00 | 15km: 01:46:59 | 20km:02:27:53 | 21km:02:35:58 | 25km:03:06:26 | 30km:03:49:46 | 35km:04:34:47 | 40km:05:24:59									
5430	6694	**BRZOZOWSKI Ernest**	BŁONIE	KS Staszewscy	POL	1976	M40	1550	05:55:43	05:45:54	4503
		5km:00:39:50 | 10km:01:19:06 | 15km: 01:58:10 | 20km:02:38:14 | 21km:02:47:14 | 25km:03:21:51 | 30km:04:03:19 | 35km:04:44:56 | 40km:05:28:51									
5431	12036	**BADOWSKA Katarzyna**	WARSZAWA		POL	1983	K40	361	05:57:03	05:47:03	928
		5km:00:37:37 | 10km:01:15:45 | 15km: 01:54:53 | 20km:02:34:45 | 21km:02:43:22 | 25km:03:15:18 | 30km:03:59:25 | 35km:04:39:50 | 40km:05:27:45									
5432	13529	**KABUT Tomasz**	PETERBOROUGH		POL	1983	M40	1551	05:56:27	05:47:16	4504
		5km:00:36:22 | 10km:01:13:17 | 15km: 01:50:25 | 20km:02:27:51 | 21km:02:35:54 | 25km:03:05:14 | 30km:03:47:54 | 35km:04:31:13 | 40km:05:25:55									
5433	10210	**KOŁOMAŃSKI Michał**	KRAKÓW		POL	1997	M20	794	05:56:13	05:47:17	4505
		5km:00:36:51 | 10km:01:14:12 | 15km: 01:53:42 | 20km:02:33:16 | 21km:02:41:45 | 25km:03:15:18 | 30km:03:59:40 | 35km:04:46:12 | 40km:05:29:05									
5434	3001	**KRUTALEVICH Nadzeya**	MIŃSK MAZOWIECKI		POL	1981	K40	362	05:56:58	05:47:33	929
		5km:00:35:21 | 10km:01:10:45 | 15km: 01:47:04 | 20km:02:27:06 | 21km:02:35:20 | 25km:03:09:37 | 30km:03:54:53 | 35km:04:43:05 | 40km:05:29:41									
5435	7035	**SERAFIN Daria**	NOWA DĘBA		POL	1993	K30	330	05:57:10	05:47:38	930
		5km:00:34:29 | 10km:01:10:35 | 15km: 01:47:15 | 20km:02:23:41 | 21km:02:31:30 | 25km:02:58:39 | 30km:03:34:19 | 35km:04:09:59 | 40km:04:52:22									
5436	3348	**DANILUK Grzegorz**	KWIDZYN	Happy Runers	POL	1984	M30	1408	05:56:27	05:47:40	4506
		5km:00:35:09 | 10km:01:12:32 | 15km: 01:50:35 | 20km:02:31:13 | 21km:02:39:36 | 25km:03:14:04 | 30km:03:56:36 | 35km:04:40:11 | 40km:05:27:17									
5437	2423	**PRZYBYLAK Wanda**	PIASTÓW	Rozbiegany Piastów	POL	1955	K60	11	05:54:47	05:47:42	931
		5km:00:39:38 | 10km:01:18:31 | 15km: 01:56:29 | 20km:02:37:20 | 21km:02:45:58 | 25km:03:16:48 | 30km:03:58:07 | 35km:04:43:05 | 40km:05:29:04									
5438	2649	**BERSCH Alex**	PAPHOS		GER	1986	M30	1409	05:58:08	05:48:04	4507
		5km:00:37:40 | 10km:01:15:44 | 15km: 01:54:56 | 20km:02:34:53 | 21km:02:43:27 | 25km:03:16:11 | 30km:03:59:28 | 35km:04:43:56 | 40km:05:29:43									
5439	6566	**ŚLIWKA Alina**	ŚLIWA	Happy runners	POL	1985	K30	331	05:57:42	05:48:34	932
		5km:00:37:39 | 10km:01:15:44 | 15km: 01:54:56 | 20km:02:34:51 | 21km:02:43:26 | 25km:03:16:09 | 30km:03:59:28 | 35km:04:43:55 | 40km:05:29:40									
5440	6550	**SLIWKA Tomasz**	SLIWA	Happy runners	POL	1985	M30	1410	05:57:43	05:48:35	4508
		5km:00:37:12 | 10km:01:15:37 | 15km: 01:54:19 | 20km:02:34:12 | 21km:02:42:35 | 25km:03:14:26 | 30km:03:57:23 | 35km:04:43:33 | 40km:05:31:02									
5441	10394	**ZARĘBSKI Szczepan**	RADOM		POL	1984	M30	1411	05:58:39	05:48:45	4509
		5km:00:33:16 | 10km:01:05:56 | 15km: 01:39:11 | 20km:02:16:21 | 21km:02:25:07 | 25km:03:00:16 | 30km:03:47:49 | 35km:04:35:25 | 40km:05:27:12									
5442	5242	**NYC Adam**	WARSZAWA	RKS URSUS- Traktorki to my	POL	1967	M50	574	05:57:54	05:48:47	4510
		5km:00:34:50 | 10km:01:12:07 | 15km: 01:50:15 | 20km:02:28:02 | 21km:02:36:02 | 25km:03:08:34 | 30km:03:53:35 | 35km:04:40:15 | 40km:05:28:38									
5443	4653	**BRYCHKOVSKYI Vitalii**	ZYTOMIERZ		UKR	1978	M40	1552	05:50:11	05:48:57	4511
		5km:00:37:24 | 10km:01:15:50 | 15km: 01:54:32 | 20km:02:34:26 | 21km:02:42:47 | 25km:03:15:20 | 30km:04:00:22 | 35km:04:46:05 | 40km:05:31:08									
5444	2333	**MODRZEJEWSKI Miłosz**	ŚWIECIE	Solenis	POL	1973	M50	575	05:59:28	05:49:47	4512
		5km:00:37:23 | 10km:01:15:52 | 15km: 01:54:29 | 20km:02:34:24 | 21km:02:42:48 | 25km:03:15:16 | 30km:04:00:23 | 35km:04:46:02 | 40km:05:31:15									
5445	5030	**OJA Timo**	JOUTSENO	Solenis	FIN	1972	M50	575	05:59:29	05:49:47	4512
		5km:00:33:56 | 10km:01:10:05 | 15km: 01:48:51 | 20km:02:30:22 | 21km:02:39:47 | 25km:03:14:25 | 30km:04:01:04 | 35km:04:42:28 | 40km:05:29:25									
5446	7584	**IJAM Birhang**	WARSZAWA		NEP	1991	M30	1412	05:59:02	05:49:48	4514
		5km:00:32:27 | 10km:01:06:10 | 15km: 01:40:30 | 20km:02:15:32 | 21km:02:24:08 | 25km:02:59:11 | 30km:03:48:47 | 35km:04:40:50 | 40km:05:30:26									
5447	2066	**LECHOWICZ Katarzyna**	WARSZAWA		POL	1983	K40	363	05:55:02	05:49:52	933
		5km:00:34:17 | 10km:01:10:55 | 15km: 01:53:46 | 20km:02:34:12 | 21km:02:43:08 | 25km:03:17:42 | 30km:04:02:03 | 35km:04:46:28 | 40km:05:32:54									
5448	2345	**PRUUNLEP Marlen**	TALLINN		EST	1976	K40	364	05:59:03	05:50:24	934
		5km:00:33:41 | 10km:01:09:13 | 15km: 01:44:44 | 20km:02:22:18 | 21km:02:29:50 | 25km:03:01:15 | 30km:03:47:44 | 35km:04:35:40 | 40km:05:28:03									
5449	7708	**KOZAK Weronika**	WARSZAWA		POL	1999	K20	136	05:56:35	05:50:25	935
		5km:00:29:19 | 10km:00:59:48 | 15km: 01:31:41 | 20km:02:05:26 | 21km:02:14:12 | 25km:02:50:21 | 30km:03:44:12 | 35km:04:38:04 | 40km:05:32:29									
5450	2685	**NOWAKOWSKI Norbert**	GDYNIA		POL	1977	M40	1553	05:55:27	05:50:29	4515
		5km:00:29:15 | 10km:00:57:49 | 15km: 01:25:57 | 20km:01:54:21 | 21km:02:00:26 | 25km:02:25:44 | 30km:03:15:02 | 35km:04:25:02 | 40km:05:26:13									
5451	3899	**RYBACKI Patryk**	GDAŃSK		POL	2003	M20	795	05:55:05	05:51:00	4516
		5km:00:34:45 | 10km:01:10:50 | 15km: 01:47:55 | 20km:02:28:41 | 21km:02:36:57 | 25km:03:10:02 | 30km:03:56:51 | 35km:04:43:55 | 40km:05:30:42									
5452	6336	**KLUSKIEWICZ Mateusz**	WARSZAWA		POL	1995	M20	796	06:01:34	05:51:01	4517
		5km:00:34:38 | 10km:01:13:54 | 15km: 01:52:06 | 20km:02:33:39 | 21km:02:41:48 | 25km:03:15:23 | 30km:04:00:22 | 35km:04:44:18 | 40km:05:31:05									
5453	3203	**PIECHALAK Jacek**	ROKIETNICA	Kuna Kowanówko	POL	1969	M50	577	06:01:29	05:51:22	4518
		5km:00:35:44 | 10km:01:11:34 | 15km: 01:47:43 | 20km:02:24:41 | 21km:02:32:53 | 25km:03:05:14 | 30km:03:51:53 | 35km:04:40:33 | 40km:05:31:01									
5454	10205	**BANASIK Paweł**	RADOM		POL	1963	M60	158	06:00:12	05:51:23	4519
		5km:00:37:28 | 10km:01:16:29 | 15km: 01:54:11 | 20km:02:34:15 | 21km:02:43:02 | 25km:03:16:24 | 30km:04:02:51 | 35km:04:50:28 | 40km:05:35:25									
5455	10191	**CICHA Katarzyna**	BORÓW		POL	1990	K30	332	05:58:14	05:51:24	936
		5km:00:28:05 | 10km:00:57:31 | 15km: 01:31:49 | 20km:02:11:19 | 21km:02:21:27 | 25km:02:57:56 | 30km:03:50:26 | 35km:04:40:00 | 40km:05:31:01									
5456	2726	**WIŚNIEWSKI Dominik**	WARSZAWA		POL	1998	M20	797	05:56:27	05:51:35	4520
		5km:00:34:45 | 10km:01:11:19 | 15km: 01:48:03 | 20km:02:27:19 | 21km:02:35:39 | 25km:03:09:12 | 30km:03:54:30 | 35km:04:44:26 | 40km:05:32:58									
5457	3422	**ZAMIELA Tomasz**	WARSZAWA		POL	1979	M40	1554	06:00:55	05:51:35	4520
		5km:00:36:10 | 10km:01:13:02 | 15km: 01:51:38 | 20km:02:30:19 | 21km:02:38:42 | 25km:03:12:08 | 30km:04:00:21 | 35km:04:43:18 | 40km:05:31:43									
5458	6287	**RURKA Grzegorz**	WARSZAWA	Sam Biegam	POL	1963	M60	159	06:01:23	05:51:35	4520
		5km:00:37:55 | 10km:01:18:10 | 15km: 01:58:49 | 20km:02:40:06 | 21km:02:48:51 | 25km:03:22:28 | 30km:04:03:44 | 35km:04:46:56 | 40km:05:32:13									
5459	7275	**BEDNARZAK Tadeusz**	SIEDLCE	YULO RUN TEAM SIEDLCE	POL	1958	M60	160	06:01:32	05:52:00	4523
		5km:00:37:08 | 10km:01:14:36 | 15km: 01:52:34 | 20km:02:33:35 | 21km:02:42:12 | 25km:03:14:12 | 30km:03:58:26 | 35km:04:45:03 | 40km:05:32:30									
5460	3340	**GARAM Nina**	HELSINKI		FIN	1965	K50	90	06:02:12	05:52:07	937
		5km:00:30:14 | 10km:01:02:03 | 15km: 01:35:44 | 20km:02:11:46 | 21km:02:19:40 | 25km:02:54:18 | 30km:03:44:22 | 35km:04:35:59 | 40km:05:31:25									
5461	6205	**FAJER Markus**	DOBRA SZCZECIŃSKA	RAZ SZCZECIN	POL	1948	M70	23	05:58:32	05:52:22	4524
		5km:00:35:32 | 10km:01:13:54 | 15km: 01:53:08 | 20km:02:33:42 | 21km:02:42:44 | 25km:03:16:02 | 30km:03:59:22 | 35km:04:46:39 | 40km:05:33:01									
5462	10443	**JĘDRZEJCZYK Małgorzata**	WARSZAWA		POL	1981	K40	365	06:01:06	05:52:32	938
		5km:00:35:30 | 10km:01:10:51 | 15km: 01:47:04 | 20km:02:23:40 | 21km:02:31:04 | 25km:02:58:27 | 30km:03:38:39 | 35km:04:33:40 | 40km:05:29:18									
5463	4562	**LEWICKI Krzysztof**	PŁOCK		POL	1974	M40	1555	06:02:29	05:53:04	4525
		5km:00:35:46 | 10km:01:13:59 | 15km: 01:53:13 | 20km:02:33:57 | 21km:02:42:37 | 25km:03:15:45 | 30km:04:00:39 | 35km:04:45:55 | 40km:05:35:12									
5464	6478	**RĘKOŚ Martyna**	BRENNO		POL	1989	K30	333	06:02:37	05:53:09	939
		5km:00:35:11 | 10km:01:10:22 | 15km: 01:46:35 | 20km:02:24:34 | 21km:02:32:55 | 25km:03:05:36 | 30km:03:50:53 | 35km:04:40:21 | 40km:05:32:22									
5465	10712	**HINZ Damian**	OLSZTYN		POL	1991	M30	1413	06:03:28	05:53:32	4526
		5km:00:33:21 | 10km:01:06:26 | 15km: 01:41:18 | 20km:02:18:54 | 21km:02:27:43 | 25km:02:59:52 | 30km:03:45:51 | 35km:04:38:01 | 40km:05:31:28									
5466	12509	**REDECKI Damian**	POZNAŃ		POL	1993	M30	1414	06:02:46	05:53:35	4527
		5km:00:33:21 | 10km:01:06:24 | 15km: 01:41:14 | 20km:02:17:49 | 21km:02:25:04 | 25km:02:58:34 | 30km:03:38:21 | 35km:04:35:15 | 40km:05:22:15									
5467	14019	**SKUBISZ Dawid**	BIŁGORAJ		POL	1996	M20	798	06:02:47	05:53:37	4528
		5km:00:35:10 | 10km:01:10:45 | 15km: 01:47:03 | 20km:02:28:04 | 21km:02:38:24 | 25km:03:15:13 | 30km:04:04:12 | 35km:04:53:25 | 40km:05:36:45									
5468	10049	**NOWICKI Artur**	PŁOCK		POL	1984	M30	1415	06:03:52	05:54:02	4529
		5km:00:34:47 | 10km:01:11:27 | 15km: 01:49:03 | 20km:02:29:43 | 21km:02:38:21 | 25km:03:11:39 | 30km:03:58:38 | 35km:04:44:33 | 40km:05:34:31									
5469	10007	**ROSA Elwira**	WARSZAWA		POL	1978	K40	366	05:56:24	05:54:11	940
		5km:00:32:17 | 10km:01:05:13 | 15km: 01:40:56 | 20km:02:20:21 | 21km:02:29:54 | 25km:03:04:54 | 30km:03:53:51 | 35km:04:46:14 | 40km:05:36:09									
5470	4204	**BIERER Donald**	HAAN		USA	1958	M60	161	05:56:54	05:54:22	4530
		5km:00:35:33 | 10km:01:12:47 | 15km: 01:52:42 | 20km:02:31:48 | 21km:02:40:36 | 25km:03:12:52 | 30km:03:56:50 | 35km:04:43:22 | 40km:05:32:42									
5471	3807	**OSUCHOWSKA Wioletta**	WARSZAWA	PKO Bank Polski	POL	1972	K50	91	06:00:20	05:54:32	941
		5km:00:33:17 | 10km:01:10:44 | 15km: 01:49:56 | 20km:02:30:13 | 21km:02:38:52 | 25km:03:13:43 | 30km:03:59:31 | 35km:04:46:33 | 40km:05:34:53									
5472	7756	**SKRZYPIEC Emilia**	BEZRZECZE		POL	2000	K20	137	06:04:26	05:54:36	942
		5km:00:39:40 | 10km:01:19:10 | 15km: 01:58:23 | 20km:02:38:16 | 21km:02:48:01 | 25km:03:20:23 | 30km:04:04:35 | 40km:04:49:26 | 40km:05:35:01									
5473	3380	**SZCZERBICKI Maciej**	WARSZAWA		POL	1984	M30	1416	05:55:56	05:55:08	4531
		5km:00:30:52 | 10km:01:04:14 | 15km: 01:39:32 | 20km:02:21:12 | 21km:02:30:03 | 25km:03:06:19 | 30km:03:53:58 | 35km:04:46:59 | 40km:05:35:10									
5474	16004	**ĆWIAN Michał**	CHRZĄSTAWA MAŁA		POL	1993	M30	1417	06:03:52	05:56:12	4532

Opracowanie wyników: Daniel Kacprowicz
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45. Nationale-Nederlanden Maraton Warszawski



Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:38:18 | 10km:01:22:30 | 15km:02:05:09 | 20km:02:47:04 | 21km:02:55:25 | 25km:03:27:12 | 30km:04:08:44 | 35km:04:52:53 | 40km:05:38:32									
5475	15552	**KORULCZYK Katarzyna**	STRZYKUŁY	Nationale-Nederlanden Running Team	POL	1986	K30	334	06:03:49	05:57:20	943
		5km:00:35:36 | 10km:01:11:03 | 15km:01:47:09 | 20km:02:24:00 | 21km:02:32:41 | 25km:03:10:31 | 30km:03:58:28 | 35km:04:47:14 | 40km:05:35:31									
5476	3137	**GOŁDOWSKI Włodzimierz**	WARSZAWA		POL	1988	M30	1418	06:06:51	05:57:35	4533
		5km:00:35:37 | 10km:01:14:33 | 15km:01:53:25 | 20km:02:34:45 | 21km:02:43:44 | 25km:03:17:45 | 30km:04:03:13 | 35km:04:50:07 | 40km:05:37:33									
5477	6822	**KOBAK Cezary**	SZELIGI		POL	1988	M30	1419	06:06:51	05:57:36	4534
		5km:00:36:02 | 10km:01:13:47 | 15km:01:51:30 | 20km:02:31:53 | 21km:02:41:11 | 25km:03:14:46 | 30km:04:01:03 | 35km:04:50:02 | 40km:05:38:37									
5478	13004	**CIOSEK Marta**	WARSZAWA		POL	1981	K40	367	06:07:40	05:58:06	944
		5km:00:29:42 | 10km:01:05:19 | 15km:01:43:05 | 20km:02:24:25 | 21km:02:32:54 | 25km:03:05:28 | 30km:03:55:47 | 35km:04:43:39 | 40km:05:30:55									
5479	3182	**MATYSIAK Damian**	GNIEZNO		POL	1986	M30	1420	06:02:54	05:58:15	4535
		5km:00:34:41 | 10km:01:09:22 | 15km:01:45:03 | 20km:02:22:07 | 21km:02:30:20 | 25km:03:08:22 | 30km:04:01:37 | 35km:04:51:00 | 40km:05:39:38									
5480	10197	**BUDGE Bradley**	MARINA DEL REY		CAN	1972	M50	578	06:08:39	05:58:38	4536
		5km:00:33:40 | 10km:01:08:27 | 15km:01:44:50 | 20km:02:26:02 | 21km:02:34:15 | 25km:03:11:00 | 30km:03:58:09 | 35km:04:50:09 | 40km:05:39:42									
5481	3565	**KAIM Dominika**	SKARYSZEW		POL	1999	K20	138	06:06:07	05:59:55	945
		5km:00:29:58 | 10km:00:59:54 | 15km:01:31:29 | 20km:02:19:37 | 21km:02:31:03 | 25km:03:08:49 | 30km:03:54:23 | 35km:04:47:07 | 40km:05:38:05									
5482	8493	**SIERANT Cezary**	WARSZAWA		POL	1995	M20	799	06:06:24	06:00:29	4537
		5km:00:36:42 | 10km:01:14:18 | 15km:01:51:41 | 20km:02:30:28 | 21km:02:38:35 | 25km:03:09:33 | 30km:03:58:13 | 35km:04:49:06 | 40km:05:40:51									
5483	7019	**CIECIERĘGA Mateusz**	WARSZAWA		POL	1994	M20	800	06:10:33	06:00:32	4538
		5km:00:35:10 | 10km:01:10:32 | 15km:01:49:21 | 20km:02:34:15 | 21km:02:43:55 | 25km:03:21:44 | 30km:04:07:31 | 35km:04:52:50 | 40km:05:40:51									
5484	3445	**STANICKA Sylwia**	DUCZKI		POL	1981	K40	368	06:10:17	06:00:36	946
		5km:00:31:15 | 10km:01:04:00 | 15km:01:38:38 | 20km:02:16:59 | 21km:02:26:02 | 25km:03:01:49 | 30km:03:56:40 | 35km:04:47:54 | 40km:05:39:15									
5485	3828	**BOCHEŃSKI Szymon**	MAKÓW		POL	1999	M20	801	06:06:29	06:00:53	4539
		5km:00:35:22 | 10km:01:14:53 | 15km:01:56:26 | 20km:02:37:51 | 21km:02:46:54 | 25km:03:20:05 | 30km:04:07:24 | 35km:04:58:07 | 40km:05:44:07									
5486	6565	**BŁONIARZ Jan**	WARSZAWA		POL	2002	M20	802	06:10:51	06:00:56	4540
		5km:00:35:22 | 10km:01:10:21 | 15km:01:46:35 | 20km:02:23:46 | 21km:02:33:03 | 25km:03:10:52 | 30km:04:01:02 | 35km:04:51:08 | 40km:05:44:33									
5487	2197	**SYKUT Sylwester**	OTWOCK		POL	1990	M30	1421	06:10:44	06:01:13	4541
		5km:00:35:22 | 10km:01:10:47 | 15km:01:46:54 | 20km:02:24:20 | 21km:02:33:39 | 25km:03:10:20 | 30km:03:57:51 | 35km:04:48:08 | 40km:05:40:06									
5488	2590	**ZAWADA Martyna**	WARSZAWA		POL	2003	K20	139	06:11:00	06:01:14	947
		5km:00:34:29 | 10km:01:14:53 | 15km:01:56:26 | 20km:02:37:51 | 21km:02:46:54 | 25km:03:20:05 | 30km:04:07:24 | 35km:04:58:07 | 40km:05:44:07									
5489	2029	**KOWNACKI Arkadiusz**	WITKOWO	Wy-Biegani Szczecin	POL	1967	M50	579	06:11:00	06:01:48	4542
		5km:00:37:34 | 10km:01:16:47 | 15km:01:57:02 | 20km:02:38:27 | 21km:02:47:29 | 25km:03:20:39 | 30km:04:07:55 | 35km:04:58:41 | 40km:05:44:39									
5490	12093	**ŁOWCZAK Jacek**	WARSZAWA	Team ZabieganeDni	POL	1983	M40	1556	06:12:20	06:02:56	4543
		5km:00:35:24 | 10km:01:13:17 | 15km:01:53:33 | 20km:02:37:35 | 21km:02:47:48 | 25km:03:26:21 | 30km:04:12:51 | 35km:04:58:06 | 40km:05:45:47									
5491	2166	**KILKOWSKA Joanna**	WARSZAWA		POL	1969	K50	92	06:11:39	06:03:04	948
		5km:00:35:58 | 10km:01:13:14 | 15km:01:53:00 | 20km:02:35:27 | 21km:02:44:42 | 25km:03:19:26 | 30km:04:05:44 | 35km:04:53:28 | 40km:05:42:13									
5492	2167	**KILKOWSKI Jarosław**	TORUŃ		POL	1966	M50	580	06:11:40	06:03:07	4544
		5km:00:36:01 | 10km:01:13:16 | 15km:01:53:02 | 20km:02:35:32 | 21km:02:44:46 | 25km:03:19:28 | 30km:04:05:47 | 35km:04:53:32 | 40km:05:42:16									
5493	6586	**ŚMIETANA Przemysław**	BYTOM		POL	1996	M20	803	06:06:24	06:03:28	4545
		5km:00:31:09 | 10km:01:03:41 | 15km:01:36:59 | 20km:02:14:35 | 21km:02:23:39 | 25km:02:59:51 | 30km:03:58:06 | 35km:04:50:27 | 40km:05:41:37									
5494	2165	**KACZMAREK Julia**	ZAWADA		POL	2002	K20	140	06:12:24	06:03:49	949
		5km:00:33:51 | 10km:01:13:02 | 15km:01:52:53 | 20km:02:35:59 | 21km:02:44:58 | 25km:03:20:17 | 30km:04:08:47 | 35km:04:54:35 | 40km:05:44:01									
5495	3037	**SEDDIKI Ali**	WARSZAWA		FRA	1981	M40	1557	06:11:22	06:04:02	4546
		5km:00:33:02 | 10km:01:11:57 | 15km:01:53:12 | 20km:02:35:58 | 21km:02:44:49 | 25km:03:17:56 | 30km:04:05:58 | 35km:04:54:00 | 40km:05:44:10									
5496	8439	**CHLEBNY Konrad**	WARSZAWA		POL	1996	M20	804	06:15:44	06:04:08	4547
		5km:00:34:23 | 10km:01:11:06 | 15km:01:48:54 | 20km:02:29:51 | 21km:02:39:11 | 25km:03:15:56 | 30km:04:03:08 | 35km:04:54:40 | 40km:05:44:43									
5497	2471	**KRYSZCZAK Mikołaj**	WARSZAWA		POL	1982	M40	1558	06:14:17	06:04:20	4548
		5km:00:40:09 | 10km:01:25:04 | 15km:02:08:00 | 20km:02:49:57 | 21km:02:59:53 | 25km:03:31:56 | 30km:04:15:41 | 35km:04:59:06 | 40km:05:45:07									
5498	6986	**ŻELAZNY Konrad**	KRAKÓW		POL	1994	M20	805	06:13:45	06:04:37	4549
		5km:00:34:00 | 10km:01:10:16 | 15km:01:47:59 | 20km:02:29:37 | 21km:02:38:14 | 25km:03:12:56 | 30km:03:57:02 | 35km:04:47:02 | 40km:05:41:14									
5499	10671	**WOŁEJSZO Joanna**	BARTĄG		POL	1986	K30	335	06:15:19	06:05:37	950
		5km:00:37:29 | 10km:01:15:51 | 15km:01:54:30 | 20km:02:36:26 | 21km:02:45:49 | 25km:03:20:09 | 30km:04:07:35 | 35km:04:58:16 | 40km:05:44:14									
5500	7686	**STANIASZEK Bogusław**	GŁOBIONO	tupot ustka	POL	1952	M70	24	06:16:03	06:06:13	4550
		5km:00:35:47 | 10km:01:14:13 | 15km:01:54:22 | 20km:02:34:12 | 21km:02:42:40 | 25km:03:14:43 | 30km:04:02:20 | 35km:04:53:32 | 40km:05:45:40									
5501	3618	**MISIAK Ula**	WROCŁAW		POL	1988	K30	336	06:14:43	06:06:39	951
		5km:00:33:48 | 10km:01:12:14 | 15km:01:52:55 | 20km:02:35:09 | 21km:02:43:54 | 25km:03:19:26 | 30km:04:04:34 | 35km:04:53:28 | 40km:05:44:38									
5502	8007	**BŁAŻEJEWSKI Zdzisław**	PRZASNYSZ	KS Prząśnik Przasnysz	POL	1956	M60	162	06:16:30	06:06:56	4551
		5km:00:34:58 | 10km:01:09:27 | 15km:01:45:18 | 20km:02:23:15 | 21km:02:31:43 | 25km:03:05:02 | 30km:03:54:48 | 35km:04:54:04 | 40km:05:46:50									
5503	3901	**LAI A Wan**	TAICHUNG		TPE	1951	M70	25	06:15:40	06:07:26	4552
		5km:00:32:50 | 10km:01:05:13 | 15km:01:37:47 | 20km:02:12:29 | 21km:02:21:34 | 25km:03:02:19 | 30km:03:59:00 | 35km:04:55:15 | 40km:05:46:48									
5504	3605	**MACISZEWSKA Martyna**	WARSZAWA		POL	1993	K30	337	06:10:43	06:07:28	952
		5km:00:32:52 | 10km:01:08:47 | 15km:01:48:11 | 20km:02:34:22 | 21km:02:42:57 | 25km:03:20:09 | 30km:04:09:40 | 35km:04:57:23 | 40km:05:48:31									
5505	8413	**DĘBOWSKA Ada**	KOŃSKIE	Pasat Końskie	POL	1991	K30	338	06:14:56	06:09:04	953
		5km:00:31:51 | 10km:01:04:57 | 15km:01:41:19 | 20km:02:20:37 | 21km:02:30:19 | 25km:03:06:55 | 30km:03:58:33 | 35km:05:04:30 | 40km:05:52:23									
5506	4667	**KITA Grzegorz**	WARSZAWA	Sport Management Polska	POL	1971	M50	581	06:18:31	06:09:15	4553
		5km:00:33:46 | 10km:01:08:41 | 15km:01:44:22 | 20km:02:30:24 | 21km:02:39:36 | 25km:03:16:56 | 30km:04:04:54 | 35km:04:56:57 | 40km:05:47:59									
5507	2359	**KAŹMIERCZYK Jan**	WARSZAWA	TEAM KURTZ GALOPKIEM	POL	1953	M70	26	06:16:16	06:09:16	4554
		5km:00:37:42 | 10km:01:18:14 | 15km:02:00:40 | 20km:02:44:12 | 21km:02:53:48 | 25km:03:28:58 | 30km:04:14:49 | 35km:05:01:31 | 40km:05:49:09									
5508	2571	**PISULIŃSKA Ewa**	KRAKÓW		POL	1990	K30	339	06:18:38	06:09:31	954
		5km:00:33:50 | 10km:01:09:48 | 15km:01:48:53 | 20km:02:33:09 | 21km:02:43:05 | 25km:03:21:52 | 30km:04:11:48 | 35km:04:59:41 | 40km:05:50:44									
5509	6288	**BORKO Krzysztof**	DĄBROWA BIAŁOSTOCKA		POL	1988	M30	1422	06:12:50	06:09:47	4555
		5km:00:36:57 | 10km:01:15:56 | 15km:01:56:19 | 20km:02:38:03 | 21km:02:47:27 | 25km:03:23:43 | 30km:04:09:25 | 35km:04:55:05 | 40km:05:47:44									
5510	6106	**TAKEDA Tomoki**	WARSZAWA		JPN	1970	M50	582	06:20:42	06:11:15	4556
		5km:00:32:56 | 10km:01:06:58 | 15km:01:46:58 | 20km:02:25:08 | 21km:02:35:03 | 25km:03:08:58 | 30km:04:01:34 | 35km:04:54:17 | 40km:05:51:06									
5511	10444	**SUROWIEC Michał**	TRZEBOŚ		POL	1999	M20	806	06:14:11	06:11:56	4557
		5km:00:28:48 | 10km:00:59:30 | 15km:01:38:14 | 20km:02:18:35 | 21km:02:26:50 | 25km:03:08:23 | 30km:04:03:47 | 35km:04:59:15 | 40km:05:52:26									
5512	7475	**ROPIAK Ryszard**	MYSZYNIEC	KURPIE Myszyniec	POL	1944	M70	27	06:18:18	06:12:39	4558
		5km:00:35:26 | 10km:01:16:03 | 15km:01:58:27 | 20km:02:42:24 | 21km:02:52:15 | 25km:03:28:44 | 30km:04:16:50 | 35km:05:05:42 | 40km:05:53:38									
5513	6304	**RZEPKA Mirosław**	WARSZAWA	New Balance Run Club	POL	1960	M60	163	06:21:24	06:12:47	4559
		5km:00:35:53 | 10km:01:16:50 | 15km:01:58:06 | 20km:02:41:01 | 21km:02:50:47 | 25km:03:26:22 | 30km:04:13:45 | 35km:05:03:51 | 40km:05:53:17									
5514	4019	**MASŁYK Jan**	KRAKÓW		POL	1957	M60	164	06:14:31	06:12:51	4560
		5km:00:34:44 | 10km:01:13:18 | 15km:01:55:02 | 20km:02:38:23 | 21km:02:48:31 | 25km:03:25:50 | 30km:04:11:23 | 35km:05:00:36 | 40km:05:51:02									
5515	5107	**PARANIAK Barbro**	HUDDINGE	Boraas LK	SWE	1956	K60	12	06:22:37	06:12:52	955
		5km:00:37:23 | 10km:01:16:41 | 15km:01:54:44 | 20km:02:35:55 | 21km:02:44:49 | 25km:03:18:52 | 30km:04:03:54 | 35km:04:51:10 | 40km:05:49:08									
5516	15015	**BANASIK Bartosz Wojciech**	WARSZAWA	@razemwdobrymnastroju	POL	1985	M30	1423	06:19:31	06:13:09	4561
		5km:00:32:33 | 10km:01:10:24 | 15km:01:53:04 | 20km:02:40:04 | 21km:02:56:10 | 25km:03:29:11 | 30km:04:14:01 | 35km:05:01:04 | 40km:05:51:49									
5517	4215	**WRÓBEL Arkadiusz**	STRYSZAWA		POL	2002	M20	807	06:15:54	06:13:39	4562
		5km:00:29:38 | 10km:01:05:29 | 15km:01:43:18 | 20km:02:27:06 | 21km:02:36:51 | 25km:03:12:59 | 30km:03:58:26 | 35km:04:54:58 | 40km:05:50:51									
5518	2408	**DAWID Katarzyna**	SIEMIANOWICE ŚLĄSKIE	Happy Runners	POL	1966	K50	93	06:23:57	06:14:42	956
		5km:00:36:57 | 10km:01:15:58 | 15km:01:58:19 | 20km:02:43:26 | 21km:02:52:00 | 25km:03:28:49 | 30km:04:15:53 | 35km:05:03:40 | 40km:05:53:42									
5519	5047	**KUŚ Tomasz**	ŚWIĘTOCHŁOWICE	Happy Runners	POL	1986	M30	1424	06:23:58	06:14:47	4563
		5km:00:37:38 | 10km:01:16:00 | 15km:01:58:20 | 20km:02:43:26 | 21km:02:52:02 | 25km:03:28:50 | 30km:04:15:56 | 35km:05:03:43 | 40km:05:53:43									
5520	2137	**NASKRĘT Mariusz**	RACOT		POL	1975	M40	1559	06:24:28	06:14:58	4564
		5km:00:37:57 | 10km:01:18:05 | 15km:01:58:52 | 20km:02:40:11 | 21km:02:48:54 | 25km:03:25:07 | 30km:04:12:56 | 35km:05:02:55 | 40km:05:53:52									

Opracowanie wyników: Daniel Kacprowicz
Kontakt: daniel.kacprowicz@sts-timing.pl

45. Nationale-Nederlanden Maraton Warszawski



45. NATIONALE-NEDERLANDEN
MARATON WARSZAWSKI

Organizator: Fundacja Maraton Warszawski
Data: 24.09.2023r.
Dystans: Maraton
Miejscowość: Warszawa

M-ce. Pos.	Nr Bib	Nazwisko Imię Full Name	Miasto City	Team	Kraj Country	Rok YoB	Kat AG	Msc Kat Age Pos.	Czas brutto Gun Time	Czas netto Chip Time	K/M
		5km:00:38:07| 10km:01:15:51| 15km: 01:55:53 | 20km:02:38:25 | 21km:02:48:05 | 25km:03:25:13 | 30km:04:15:07 | 35km:05:04:52 | 40km:05:54:39									
5521	6445	**SZTORC Artur**	GRODZISK MAZOWIECKI		POL	1974	M40	1560	06:24:45	06:15:10	4565
		5km:00:36:59| 10km:01:14:51| 15km: 01:52:50 | 20km:02:34:14 | 21km:02:42:39 | 25km:03:17:47 | 30km:04:08:38 | 35km:05:02:00 | 40km:05:55:06									
5522	8325	**MAJKOWSKI Jerzy**	WARSZAWA		POL	1957	M60	165	06:25:58	06:16:07	4566
		5km:00:36:06| 10km:01:15:25| 15km: 01:55:30 | 20km:02:38:07 | 21km:02:47:37 | 25km:03:27:06 | 30km:04:19:06 | 35km:05:06:26 | 40km:05:55:22									
5523	8434	**ODZIMEK Agnieszka**	WARSZAWA		POL	1988	K30	340	06:23:25	06:16:19	957
		5km:00:34:15| 10km:01:09:45| 15km: 01:47:42 | 20km:02:28:25 | 21km:02:38:29 | 25km:03:16:29 | 30km:04:08:05 | 35km:04:58:17 | 40km:05:52:30									
5524	13508	**SZOSTAKOWSKI Jarosław**	WARSZAWA	Biegamy z Ochotą	POL	1967	M50	583	06:26:21	06:16:29	4567
		5km:00:40:17| 10km:01:20:23| 15km: 02:01:07 | 20km:02:44:07 | 21km:02:53:24 | 25km:03:28:50 | 30km:04:15:54 | 35km:05:04:04 | 40km:05:55:10									
5525	4669	**BENDER KOCZOROWSKA Katarzyna**	WARSZAWA		POL	1972	K50	94	06:25:16	06:17:00	958
		5km:00:42:00| 10km:01:27:50| 15km: 02:13:58 | 20km:02:59:10 | 21km:03:08:07 | 25km:03:42:26 | 30km:04:27:07 | 35km:05:12:34 | 40km:05:58:08									
5526	6885	**BARANOWSKI Tadeusz**	WARSZAWA	-	POL	1937	M80	2	06:21:23	06:17:15	4568
		5km:00:34:50| 10km:01:13:40| 15km: 01:54:18 | 20km:02:36:56 | 21km:02:46:23 | 25km:03:27:52 | 30km:04:15:36 | 35km:05:05:09 | 40km:05:56:19									
5527	2255	**BRĄGIEL Piotr**	ŚWIEBODZICE	NWOK	POL	1978	M40	1561	06:22:25	06:17:34	4569
		5km:00:36:53| 10km:| 15km: 01:56:40 | 20km:02:42:54 | 21km:02:52:53 | 25km:03:30:33 | 30km:04:20:15 | 35km:05:08:34 | 40km:05:57:50									
5528	2431	**ZIARA Michał**	JASŁO	Fistaszki	POL	1991	M30	1425	06:27:46	06:18:02	4570
		5km:00:31:36| 10km:01:08:31| 15km: 01:49:21 | 20km:02:35:21 | 21km:02:45:29 | 25km:03:23:06 | 30km:04:14:40 | 35km:05:05:56 | 40km:05:57:39									
5529	6901	**RIBAREVIĆ Sretan**	MAKARSKA		CRO	1974	M40	1562	06:27:15	06:18:42	4571
		5km:00:34:02| 10km:01:09:42| 15km: 01:46:22 | 20km:02:31:30 | 21km:02:42:14 | 25km:03:24:20 | 30km:04:16:31 | 35km:05:06:37 | 40km:05:59:30									
5530	4578	**MAEDA Toshinao**	WARSZAWA		JPN	1964	M50	584	06:29:05	06:19:21	4572
		5km:00:36:06| 10km:01:14:17| 15km: 01:58:11 | 20km:02:45:10 | 21km:02:55:39 | 25km:03:35:21 | 30km:04:24:52 | 35km:05:14:19 | 40km:06:02:25									
5531	212	**PASEK Wojciech**	KOŃSKIE	Pasat Końskie	POL	1959	M60	166	06:25:49	06:20:00	4573
		5km:00:27:21| 10km:00:54:41| 15km: 01:21:59 | 20km:01:49:26 | 21km:01:55:22 | 25km:02:17:09 | 30km:02:46:50 | 35km:05:23:09 | 40km:06:02:31									
5532	10466	**SĘDZIKOWSKI Jarosław**	PIASTÓW		POL	1982	M40	1563	06:26:07	06:20:27	4574
		5km:00:35:26| 10km:01:14:33| 15km: 01:54:20 | 20km:02:35:43 | 21km:02:45:28 | 25km:03:21:31 | 30km:04:14:05 | 35km:05:07:48 | 40km:06:00:23									
5533	4701	**CZAPKA Marek**	WARSZAWA		POL	1972	M50	585	06:26:15	06:20:50	4575
		5km:00:38:07| 10km:01:19:51| 15km: 02:02:10 | 20km:02:46:22 | 21km:02:55:54 | 25km:03:32:01 | 30km:04:20:00 | 35km:05:10:50 | 40km:06:01:13									
5534	2692	**PRZEWOŹNY Krzysztof**	ŁÓDŹ	Szakale Bałut Łódź	POL	1973	M50	586	06:29:17	06:21:13	4576
		5km:00:35:16| 10km:01:12:51| 15km: 01:53:02 | 20km:02:35:05 | 21km:02:44:08 | 25km:03:19:22 | 30km:04:20:34 | 35km:05:08:33 | 40km:06:01:25									
5535	4679	**DEMBSKA Nadia**	POZNAŃ		POL	2000	K20	141	06:22:21	06:21:29	959
		5km:00:35:29| 10km:01:14:22| 15km: 01:55:40 | 20km:02:43:03 | 21km:02:53:16 | 25km:03:38:54 | 30km:04:25:51 | 35km:05:09:52 | 40km:06:00:40									
5536	2943	**MATSUKADO Takako**	FUKUOKA	TEAM OHHORI 555	JPN	1962	K60	13	06:25:18	06:22:28	960
		5km:00:35:29| 10km:01:14:23| 15km: 01:55:41 | 20km:02:43:04 | 21km:02:53:14 | 25km:03:38:54 | 30km:04:25:51 | 35km:05:09:56 | 40km:06:00:41									
5537	3009	**WATANABE Ryoko**	FUKUOKA		JPN	1967	K50	95	06:25:17	06:22:28	960
		5km:00:35:30| 10km:01:14:23| 15km: 01:55:43 | 20km:02:43:03 | 21km:02:53:16 | 25km:03:38:57 | 30km:04:25:53 | 35km:05:09:57 | 40km:06:00:42									
5538	6774	**INABA Megumi**	FUKUOKA		JPN	1976	K40	369	06:25:18	06:22:30	962
		5km:00:36:46| 10km:01:16:55| 15km: 01:59:03 | 20km:02:42:23 | 21km:02:54:38 | 25km:03:32:32 | 30km:04:22:56 | 35km:05:11:33 | 40km:06:01:38									
5539	7319	**WĘGRZYNOWSKI Tadeusz**	PŁOCHOCIN		POL	1957	M60	167	06:27:15	06:22:41	4577
		5km:00:32:45| 10km:01:06:35| 15km: 01:42:03 | 20km:02:22:08 | 21km:02:33:24 | 25km:03:14:26 | 30km:04:11:23 | 35km:05:05:12 | 40km:05:58:34									
5540	2094	**ŚWIDERSKI Dawid**	WARSZAWA		POL	1997	M20	808	06:26:21	06:22:42	4578
		5km:00:39:23| 10km:01:20:54| 15km: 02:04:55 | 20km:02:47:33 | 21km:02:56:12 | 25km:03:31:34 | 30km:04:19:59 | 35km:05:09:31 | 40km:06:00:44									
5541	2496	**ŻÓŁTKIEWICZ Natalia**	POZNAŃ	KB Maniac Poznań	POL	1993	K30	341	06:32:55	06:23:01	963
		5km:00:34:05| 10km:01:15:01| 15km: 02:00:48 | 20km:02:46:40 | 21km:02:56:32 | 25km:03:36:34 | 30km:04:27:17 | 35km:05:14:49 | 40km:06:04:52									
5542	10350	**KACPERSKA Anna**	PABIANICE	O CO BIEGA	POL	1983	K40	370	06:28:00	06:23:13	964
		5km:00:34:31| 10km:01:11:09| 15km: 01:49:52 | 20km:02:33:13 | 21km:02:43:42 | 25km:03:19:50 | 30km:04:09:16 | 35km:05:03:54 | 40km:05:59:38									
5543	7842	**JELANDER Anders**	PERSTORP		SWE	1964	M50	587	06:32:30	06:23:17	4579
		5km:00:34:36| 10km:01:11:17| 15km: 01:50:04 | 20km:02:33:22 | 21km:02:43:51 | 25km:03:19:57 | 30km:04:09:39 | 35km:05:04:27 | 40km:05:59:50									
5544	7843	**HENRIKSSON Catharina**	PERSTORP		SWE	1969	K50	96	06:32:29	06:23:18	965
		5km:00:37:23| 10km:01:18:24| 15km: 02:01:17 | 20km:02:47:19 | 21km:02:57:32 | 25km:03:35:13 | 30km:04:25:01 | 35km:05:13:13 | 40km:06:02:29									
5545	2202	**LEWANDOWSKI Krzysztof**	WARSZAWA		POL	1983	M40	1564	06:28:38	06:23:34	4580
		5km:00:35:47| 10km:01:10:41| 15km: 01:47:00 | 20km:02:25:33 | 21km:02:35:54 | 25km:03:14:57 | 30km:04:12:10 | 35km:05:07:26 | 40km:06:03:35									
5546	4111	**WALUSZKO Cezary**	KOBYŁKA		POL	1998	M20	809	06:37:30	06:28:32	4581
		5km:00:37:18| 10km:01:19:34| 15km: 02:03:25 | 20km:02:49:10 | 21km:02:59:38 | 25km:03:38:44 | 30km:04:28:10 | 35km:05:18:23 | 40km:06:10:31									
5547	6884	**KOLASA Barbara**	WARSZAWA	Klub J.Słowackiego	POL	1956	K60	14	06:33:34	06:32:39	966
		5km:00:39:17| 10km:01:19:39| 15km: 02:00:08 | 20km:02:43:05 | 21km:02:52:44 | 25km:03:29:26 | 30km:04:15:35 | 35km:05:06:52 | 40km:06:07:49									
5548	6638	**ABDALLAH Yousry**	WARSZAWA		POL	1948	M70	28	06:47:21	06:38:05	4582
		5km:00:36:14| 10km:01:11:17| 15km: 01:47:26 | 20km:02:23:54 | 21km:02:31:59 | 25km:03:09:03 | 30km:04:05:52 | 35km:05:05:51 | 40km:06:12:47									
5549	3825	**PARGULSKI Paweł**	ZŁAWIEŚ WIELKA		POL	2000	M20	810	06:48:37	06:39:58	4583
		5km:| 10km:01:17:10| 15km: 01:58:35 | 20km:02:49:29 | 21km:03:00:21 | 25km:03:39:58 | 30km: | 35km:05:29:16 | 40km:06:24:33									
5550	3789	**KOWALSKI Robert**	WARSZAWA		POL	1974	M40	1565	06:44:00	06:44:00	4584
		5km:00:35:55| 10km:01:14:01| 15km: 01:58:29 | 20km:02:46:30 | 21km:02:55:25 | 25km:03:31:56 | 30km:04:31:42 | 35km:05:28:54 | 40km:06:24:16									
5551	3461	**GRUDZIŃSKI Piotr**	WARSZAWA	OSiR Wola	POL	1990	M30	1426	06:52:27	06:44:17	4585
		5km:00:40:58| 10km:01:24:12| 15km: 02:11:31 | 20km:02:59:31 | 21km:03:10:21 | 25km:03:49:18 | 30km:04:38:36 | 35km:05:30:40 | 40km:06:24:20									
5552	4071	**DYLĄG Roman**	DĄBROWA GÓRNICZA		POL	1957	M60	168	06:56:54	06:46:51	4586
		5km:00:38:50| 10km:01:23:39| 15km: 02:11:59 | 20km:03:02:28 | 21km:03:13:07 | 25km:03:52:17 | 30km:04:42:30 | 35km:05:32:14 | 40km:06:25:23									
5553	2463	**BARRIENTOS Sergio Barrientos**	BERWYN ILL		USA	1961	M60	169	06:47:38	06:47:22	4587
		5km:00:39:34| 10km:01:25:35| 15km: 02:11:04 | 20km:03:00:25 | 21km:03:10:30 | 25km:03:49:52 | 30km:04:40:21 | 35km:05:32:23 | 40km:06:26:00									
5554	5067	**KOWALCZYK Klaudia**	WARSZAWA	Team ZabieganeDni	POL	1980	K40	371	06:56:55	06:48:37	967
		5km:00:43:04| 10km:01:30:05| 15km: 02:17:22 | 20km:03:03:37 | 21km:03:12:38 | 25km:03:51:38 | 30km:04:41:41 | 35km:05:36:45 | 40km:06:32:18									
5555	7583	**KIHIU Barbara**	WARSZAWA		KEN	1989	K30	342	07:06:29	06:56:38	968
		5km:00:40:37| 10km:01:33:13| 15km: 02:13:47 | 20km:03:00:22 | 21km:03:13:21 | 25km:03:55:48 | 30km:04:45:59 | 35km:05:38:38 | 40km:06:33:17									
5556	1972	**MEJ Paweł**	BACZKÓ	BOSY BIEGACZ - Gm. Bochnia - Małopolska	POL	1972	M50	588	07:07:42	07:01:47	4588
		5km:00:34:31| 10km:01:21:55| 15km: 02:15:08 | 20km: | 21km: | 25km: | 30km: | 35km:05:50:35 | 40km:06:46:05									
5557	2468	**DOMINIAK Aleksandra**	WARSZAWA		POL	1974	K40	372	07:15:13	07:05:50	969
		5km:00:46:37| 10km:01:45:31| 15km: 02:33:44 | 20km:03:21:58 | 21km: | 25km: | 30km:05:07:29 | 35km:05:59:53 | 40km:06:55:25									
5558	205	**STRZAŁKOWSKI Michał**	SIEDLCE	MKS Pogoń Siedlce	POL	1949	M70	29	07:16:05	07:16:01	4589

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